



# III PÓŁMARATON GLIWICKI

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Punkt pomiarowy: 10,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km
1	<b>HANKE Dominika</b>	<b>367</b>		K-40	00:00:42	00:23:05	00:46:54
2	<b>MIELCZAREK Aleksandra</b>	<b>928</b>	STS BIEGATON MIKOŁÓW	K-40	00:00:12	00:23:55	00:47:45
3	<b>ŻUKOWSKA Anna</b>	<b>862</b>	ATHLETICS NYSA	K-40	00:01:22	00:24:24	00:48:16
4	<b>BLASZKE Beata</b>	<b>158</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:15	00:24:05	00:48:47
5	<b>GRABOWSKA Joanna</b>	<b>1164</b>		K-40	00:00:39	00:23:55	00:49:06
6	<b>KONIK Sylwia</b>	<b>369</b>	KONIKI TEAM	K-40	00:00:36	00:24:23	00:49:55
7	<b>CZAUDERNA Klaudia</b>	<b>178</b>	OCHAJORUN&FRIENDS	K-40	00:00:57	00:25:10	00:49:59
8	<b>MAJEWSKA Gizela</b>	<b>24</b>	BIEGAJ Z TRENERAMI FC24	K-40	00:00:44	00:25:13	00:50:22
9	<b>GRACH Aleksandra</b>	<b>185</b>	RUN AND FUN TEAM	K-40	00:00:17	00:24:39	00:50:41
10	<b>CZARNIK-PECIAK Aleksandra</b>	<b>198</b>	BRAK	K-40	00:00:04	00:24:59	00:50:42
11	<b>RYZIŃSKA Aneta</b>	<b>150</b>	AMATOR	K-40	00:01:40	00:25:58	00:51:10
12	<b>DELEWSKA Dorota</b>	<b>735</b>	NIGHT RUNNERS ZABRZE	K-40	00:00:47	00:25:51	00:51:24
13	<b>GOLEC Aleksandra</b>	<b>212</b>	PTTK ŻYWIEC	K-40	00:00:37	00:26:12	00:52:07
14	<b>NANCKA Brygida</b>	<b>406</b>		K-40	00:00:23	00:26:05	00:52:53
15	<b>MATUSIK-SKALSKA Renata</b>	<b>966</b>		K-40	00:01:00	00:27:01	00:53:39
16	<b>DOMARADZKA Ewa</b>	<b>306</b>		K-40	00:00:25	00:26:35	00:53:56
17	<b>KAROLCZAK Joanna</b>	<b>791</b>		K-40	00:00:28	00:26:00	00:53:58
18	<b>OLESIŃSKA Joanna</b>	<b>372</b>		K-40	00:00:28	00:26:41	00:54:06
19	<b>PAWLIK Agnieszka</b>	<b>193</b>	ATHLETICS NYSA	K-40	00:01:23	00:26:49	00:54:09
20	<b>BIĄŁY Dagmara</b>	<b>996</b>		K-40	00:01:46	00:27:25	00:54:39
21	<b>HORDZIEJEWICZ-KARASIŃSKA Ewa</b>	<b>816</b>	PURE FIRE BYTOM	K-40	00:00:57	00:27:37	00:54:45
22	<b>KOWALCZYK Bożena</b>	<b>1044</b>		K-40	00:01:43	00:27:21	00:54:49
23	<b>HANKE Klaudia</b>	<b>815</b>		K-40	00:00:08	00:26:45	00:55:20
24	<b>KUCZMA Joanna</b>	<b>162</b>		K-40	00:00:42	00:27:38	00:55:23
25	<b>LERCH Dagmara</b>	<b>1126</b>		K-40	00:00:40	00:27:36	00:55:26
26	<b>LESZCZYŃSKA Małgorzata</b>	<b>189</b>	STEP-DANCE RUN	K-40	00:00:51	00:27:28	00:55:30
27	<b>KOWALCZYK Anna</b>	<b>814</b>	HIRSCHVOGEL COMPONENTS POLAND	K-40	00:00:53	00:27:44	00:55:34
28	<b>SANOCKA Dorota</b>	<b>331</b>		K-40	00:01:03	00:28:01	00:55:54

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km
29	<b>JACHYMSKA Katarzyna</b>	<b>1290</b>	MOMO RESTAURANT & COCKTAIL BAR	K-40	00:00:33	00:27:03	00:56:13
30	<b>CZERNIAK Żaneta</b>	<b>249</b>		K-40	00:01:33	00:28:00	00:56:13
31	<b>BRZEZIŃSKA Teresa</b>	<b>251</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:28:00	00:56:32
32	<b>KAISER-CHROMIK Beata</b>	<b>258</b>		K-40	00:00:32	00:28:09	00:56:43
33	<b>KONIECZKA Katarzyna</b>	<b>455</b>	MIECHOWICKA GRUPA BIEGOWA	K-40	00:00:54	00:27:48	00:56:43
34	<b>RYCHLEWSKA Kasia</b>	<b>279</b>	KATE & KATE	K-40	00:01:07	00:28:28	00:56:51
35	<b>PORĘBA Gabriela</b>	<b>554</b>		K-40	00:01:41	00:28:48	00:57:20
36	<b>KRÓL Krystyna</b>	<b>478</b>	RAJSPOORT ACTIVE	K-40	00:01:12	00:29:04	00:57:25
37	<b>ŻUCHOWSKA Aneta</b>	<b>834</b>		K-40	00:01:34	00:29:02	00:57:28
38	<b>MELCHER Ewa</b>	<b>950</b>		K-40	00:01:34	00:29:02	00:57:28
39	<b>BUCHAL Katarzyna</b>	<b>783</b>		K-40	00:01:00	00:28:33	00:57:34
40	<b>SYGUŁA Katarzyna</b>	<b>647</b>	KB MCKIS JAWORZNO	K-40	00:01:15	00:28:39	00:57:36
41	<b>GOŁĘBIEWSKA Aleksandra</b>	<b>42</b>	BIEGAJ S TRENERAMI	K-40	00:00:40	00:28:06	00:57:47
42	<b>GLINIANY Małgorzata</b>	<b>1083</b>	ZABIEGANA RODZINKA	K-40	00:01:28	00:29:03	00:57:53
43	<b>SZOŁTYSEK Beata</b>	<b>1282</b>	OCHAJORUN & FRIENDS	K-40	00:00:29	00:28:23	00:58:21
44	<b>GABRYŚ Jola</b>	<b>1300</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:29:01	00:58:32
45	<b>SAP Alina</b>	<b>362</b>	NR GLIWICE	K-40	00:00:50	00:29:11	00:58:36
46	<b>MAKSYMIUK- KONOPKA Ewa</b>	<b>557</b>		K-40	00:01:26	00:29:25	00:59:15
47	<b>STOKŁOSA Magdalena</b>	<b>223</b>		K-40	00:01:11	00:30:22	00:59:24
48	<b>KOŻUCH Agnieszka</b>	<b>139</b>	1975	K-40	00:01:01	00:29:21	00:59:32
49	<b>WESTER Halina</b>	<b>1274</b>	NIGHT RUNNERS	K-40	00:00:34	00:29:21	00:59:40
50	<b>CYWIŃSKA Elżbieta</b>	<b>1010</b>		K-40	00:00:58	00:29:58	00:59:41
51	<b>SOSIN Sylwia</b>	<b>201</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K-40	00:01:20	00:30:12	00:59:43
52	<b>BATEJKO Beata</b>	<b>417</b>		K-40	00:00:56	00:28:31	00:59:48
53	<b>CHOJOWSKA Edyta</b>	<b>153</b>		K-40	00:01:01	00:29:54	00:59:53
54	<b>KROCZEK Liliana</b>	<b>1269</b>	NIGHT RUNNER'S GLIWICE	K-40	00:00:51	00:29:43	01:00:05
55	<b>PAUL Violetta</b>	<b>119</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:29:43	01:00:05
56	<b>DĘBSKA Joanna</b>		NIGHT RUNNERS GLIWICE	K-40	00:00:50	00:29:44	01:00:09
57	<b>WILSZ Ewa</b>	<b>26</b>	UNISONO	K-40	00:01:06	00:30:05	01:00:13
58	<b>ĆWIOK Barbara</b>	<b>806</b>	UNISONO	K-40	00:01:06	00:30:06	01:00:14
59	<b>MAZUR Ewelina</b>	<b>102</b>		K-40	00:00:57	00:29:55	01:00:16
60	<b>BUKSINSKA Iwona</b>	<b>272</b>		K-40	00:00:48	00:29:45	01:00:19
61	<b>ONAK Izabela</b>	<b>1134</b>	OCHAJORUN & FRIENDS	K-40	00:01:13	00:30:22	01:00:22
62	<b>CZAPEK Anna</b>	<b>310</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:33	00:29:59	01:00:26
63	<b>SKORUPA Agnieszka</b>	<b>391</b>	RUN AND FUN	K-40	00:00:59	00:29:50	01:00:39
64	<b>NAWROT Bożena</b>	<b>804</b>		K-40	00:00:59	00:29:50	01:00:39
65	<b>RÓŻYC Barbara</b>	<b>366</b>	NIGHT RUNNERS ZABRZE	K-40	00:01:12	00:30:08	01:01:43
66	<b>SOKÓŁ-OLEŚ Ewelina</b>	<b>656</b>	RUNTEAM PAWŁOWICE	K-40	00:01:52	00:31:35	01:01:56
67	<b>STOLARZ Agnieszka</b>	<b>976</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:30:34	01:02:09
68	<b>RECHMAN-NOWAKOWSKA Dorota</b>	<b>122</b>	NIGHT RUNNERS	K-40	00:01:38	00:30:45	01:02:14
69	<b>ZUWAŁA Anna</b>	<b>1167</b>	RAGNAR TEAM	K-40	00:01:28	00:30:37	01:02:28
70	<b>WALIGÓRA Aleksandra</b>	<b>770</b>	BBL KĘDZIERZYN-KOŻLE	K-40	00:01:17	00:30:50	01:02:31
71	<b>STĘPIEŃ-KUCHNIA Anna</b>	<b>910</b>	TS REGLE SZKLARSKA PORĘBA	K-40	00:01:10	00:30:59	01:02:33
72	<b>STALICA Marzena</b>	<b>468</b>		K-40	00:01:24	00:30:50	01:02:34
73	<b>BOŚ Iwona</b>	<b>690</b>	WIŚLAŃSKA AKADEMIA BIEGOWA	K-40	00:01:25	00:31:16	01:02:44

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km
74	<b>LEDWOŃ Aneta</b>	<b>88</b>	NIGHT RUNNERS GLIWICE	K-40	00:01:18	00:30:59	01:03:38
75	<b>STĘPKA Daria</b>	<b>1253</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54
76	<b>DOBAJ Katarzyna</b>	<b>1246</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54
77	<b>DOROTA Jola</b>	<b>1503</b>	RUN RUN OLESZYCE	K-40	00:01:03	00:30:56	01:03:54
78	<b>CZAPKIEWICZ Gosia</b>	<b>1201</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:58	01:03:55
79	<b>REITER Hanna</b>	<b>363</b>	BIEGAMY Z SERCEM	K-40	00:01:41	00:33:11	01:07:21
80	<b>GROSS Teresa</b>	<b>231</b>	UNISONO	K-40	00:01:06	00:31:43	01:08:40

Znaleziono 80 wynik(ów)