



## III PÓŁMARATON GLIWICKI

B4SPORT  
INTELIĞENTNE ZAWODY SPORTOWE

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	<b>HANKE Dominika</b>	<b>367</b>		K-40	00:00:42	00:23:05	00:46:54	01:11:22
2	<b>MIELCZAREK Aleksandra</b>	<b>928</b>	STS BIEGATON MIKOŁÓW	K-40	00:00:12	00:23:55	00:47:45	01:12:03
3	<b>ŻUKOWSKA Anna</b>	<b>862</b>	ATHLETICS NYSA	K-40	00:01:22	00:24:24	00:48:16	01:12:40
4	<b>BLASZKE Beata</b>	<b>158</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:15	00:24:05	00:48:47	01:14:03
5	<b>GRABOWSKA Joanna</b>	<b>1164</b>		K-40	00:00:39	00:23:55	00:49:06	01:14:47
6	<b>CZAUDERNA Klaudia</b>	<b>178</b>	OCHAJORUN&FRIENDS	K-40	00:00:57	00:25:10	00:49:59	01:15:20
7	<b>MAJEWSKA Gizela</b>	<b>24</b>	BIEGAJ Z TRENERAMI FC24	K-40	00:00:44	00:25:13	00:50:22	01:15:28
8	<b>KONIK Sylwia</b>	<b>369</b>	KONIKI TEAM	K-40	00:00:36	00:24:23	00:49:55	01:16:12
9	<b>CZARNIK-PECIAK Aleksandra</b>	<b>198</b>	BRAK	K-40	00:00:04	00:24:59	00:50:42	01:16:19
10	<b>GRACH Aleksandra</b>	<b>185</b>	RUN AND FUN TEAM	K-40	00:00:17	00:24:39	00:50:41	01:16:23
11	<b>RYZIŃSKA Aneta</b>	<b>150</b>	AMATOR	K-40	00:01:40	00:25:58	00:51:10	01:16:37
12	<b>DELEWSKA Dorota</b>	<b>735</b>	NIGHT RUNNERS ZABRZE	K-40	00:00:47	00:25:51	00:51:24	01:17:27
13	<b>GOLEC Aleksandra</b>	<b>212</b>	PTTK ŻYWIEC	K-40	00:00:37	00:26:12	00:52:07	01:17:56
14	<b>NANCKA Brygida</b>	<b>406</b>		K-40	00:00:23	00:26:05	00:52:53	01:19:19
15	<b>MATUSIK-SKALSKA Renata</b>	<b>966</b>		K-40	00:01:00	00:27:01	00:53:39	01:20:50
16	<b>OLESIŃSKA Joanna</b>	<b>372</b>		K-40	00:00:28	00:26:41	00:54:06	01:21:28
17	<b>HORDZIEJEWICZ-KARASIŃSKA Ewa</b>	<b>816</b>	PURE FIRE BYTOM	K-40	00:00:57	00:27:37	00:54:45	01:21:48
18	<b>PAWLIK Agnieszka</b>	<b>193</b>	ATHLETICS NYSA	K-40	00:01:23	00:26:49	00:54:09	01:21:51
19	<b>BIAŁY Dagmara</b>	<b>996</b>		K-40	00:01:46	00:27:25	00:54:39	01:22:12
20	<b>KOWALCZYK Bożena</b>	<b>1044</b>		K-40	00:01:43	00:27:21	00:54:49	01:22:13
21	<b>KUCZMA Joanna</b>	<b>162</b>		K-40	00:00:42	00:27:38	00:55:23	01:22:16
22	<b>DOMARADZKA Ewa</b>	<b>306</b>		K-40	00:00:25	00:26:35	00:53:56	01:22:48
23	<b>KOWALCZYK Anna</b>	<b>814</b>	HIRSCHVOGEL COMPONENTS POLAND	K-40	00:00:53	00:27:44	00:55:34	01:22:50
24	<b>LERCH Dagmara</b>	<b>1126</b>		K-40	00:00:40	00:27:36	00:55:26	01:23:24
25	<b>KAROLCZAK Joanna</b>	<b>791</b>		K-40	00:00:28	00:26:00	00:53:58	01:23:43
26	<b>CZERNIAK Żaneta</b>	<b>249</b>		K-40	00:01:33	00:28:00	00:56:13	01:24:15
27	<b>ŻUCHOWSKA Aneta</b>	<b>834</b>		K-40	00:01:34	00:29:02	00:57:28	01:24:22
28	<b>KAISER-CHROMIK Beata</b>	<b>258</b>		K-40	00:00:32	00:28:09	00:56:43	01:24:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
29	MELCHER Ewa	950		K-40	00:01:34	00:29:02	00:57:28	01:24:44
30	LESZCZYŃSKA Małgorzata	189	STEP-DANCE RUN	K-40	00:00:51	00:27:28	00:55:30	01:24:45
31	HANKE Klaudia	815		K-40	00:00:08	00:26:45	00:55:20	01:25:08
32	BRZEZIŃSKA Teresa	251	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:28:00	00:56:32	01:25:11
33	PORĘBA Gabriela	554		K-40	00:01:41	00:28:48	00:57:20	01:25:11
34	JACHYMSKA Katarzyna	1290	MOMO RESTAURANT & COCKTAIL BAR	K-40	00:00:33	00:27:03	00:56:13	01:25:18
35	SANOCKA Dorota	331		K-40	00:01:03	00:28:01	00:55:54	01:25:19
36	KRÓL Krystyna	478	RAJSPOORT ACTIVE	K-40	00:01:12	00:29:04	00:57:25	01:25:36
37	RYCHLEWSKA Kasia	279	KATE & KATE	K-40	00:01:07	00:28:28	00:56:51	01:25:42
38	GLINIANY Małgorzata	1083	ZABIEGANA RODZINKA	K-40	00:01:28	00:29:03	00:57:53	01:26:15
39	BUCHAL Katarzyna	783		K-40	00:01:00	00:28:33	00:57:34	01:26:26
40	SYGUŁA Katarzyna	647	KB MCKIS JAWORZNO	K-40	00:01:15	00:28:39	00:57:36	01:26:57
41	STOKŁOSA Magdalena	223		K-40	00:01:11	00:30:22	00:59:24	01:27:50
42	GABRYŚ Jola	1300	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:29:01	00:58:32	01:27:52
43	KONIECZKA Katarzyna	455	MIECHOWICKA GRUPA BIEGOWA	K-40	00:00:54	00:27:48	00:56:43	01:28:05
44	MAKSYMIOUK- KONOPKA Ewa	557		K-40	00:01:26	00:29:25	00:59:15	01:28:08
45	GOŁĘBIEWSKA Aleksandra	42	BIEGAJ S TRENERAMI	K-40	00:00:40	00:28:06	00:57:47	01:28:13
46	SAP Alina	362	NR GLIWICE	K-40	00:00:50	00:29:11	00:58:36	01:28:54
47	SOSIN Sylwia	201	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K-40	00:01:20	00:30:12	00:59:43	01:29:07
48	SZOŁTYSEK Beata	1282	OCHAJORUN & FRIENDS	K-40	00:00:29	00:28:23	00:58:21	01:29:10
49	KOŻUCH Agnieszka	139	1975	K-40	00:01:01	00:29:21	00:59:32	01:29:22
50	CYWIŃSKA Elżbieta	1010		K-40	00:00:58	00:29:58	00:59:41	01:29:24
51	CHOJOWSKA Edyta	153		K-40	00:01:01	00:29:54	00:59:53	01:29:35
52	PAUL Violetta	119	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:04
53	KROCZEK Liliana	1269	NIGHT RUNNER'S GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:05
54	DĘBSKA Joanna		NIGHT RUNNERS GLIWICE	K-40	00:00:50	00:29:44	01:00:09	01:30:06
55	ONAK Izabela	1134	OCHAJORUN & FRIENDS	K-40	00:01:13	00:30:22	01:00:22	01:30:08
56	MAZUR Ewelina	102		K-40	00:00:57	00:29:55	01:00:16	01:30:14
57	ĆWIOK Barbara	806	UNISONO	K-40	00:01:06	00:30:06	01:00:14	01:30:22
58	WESTER Halina	1274	NIGHT RUNNERS	K-40	00:00:34	00:29:21	00:59:40	01:30:23
59	CZAPEK Anna	310	NIGHT RUNNERS GLIWICE	K-40	00:00:33	00:29:59	01:00:26	01:30:24
60	WILSZ Ewa	26	UNISONO	K-40	00:01:06	00:30:05	01:00:13	01:30:24
61	SKORUPA Agnieszka	391	RUN AND FUN	K-40	00:00:59	00:29:50	01:00:39	01:31:15
62	NAWROT Bożena	804		K-40	00:00:59	00:29:50	01:00:39	01:31:15
63	SOKÓŁ-OLEŚ Ewelina	656	RUNTEAM PAWŁOWICE	K-40	00:01:52	00:31:35	01:01:56	01:31:26
64	BUKSINSKA Iwona	272		K-40	00:00:48	00:29:45	01:00:19	01:32:42
65	STOLARZ Agnieszka	976	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:30:34	01:02:09	01:33:39
66	RECHMAN-NOWAKOWSKA Dorota	122	NIGHT RUNNERS	K-40	00:01:38	00:30:45	01:02:14	01:33:42
67	RÓŻYC Barbara	366	NIGHT RUNNERS ZABRZE	K-40	00:01:12	00:30:08	01:01:43	01:33:50
68	BATEJKO Beata	417		K-40	00:00:56	00:28:31	00:59:48	01:33:54
69	BOŚ Iwona	690	WIŚLAŃSKA AKADEMIA BIEGOWA	K-40	00:01:25	00:31:16	01:02:44	01:34:03
70	STALICA Marzena	468		K-40	00:01:24	00:30:50	01:02:34	01:34:17
71	WALIGÓRA Aleksandra	770	BBL KĘDZIERZYN-KOŻŁE	K-40	00:01:17	00:30:50	01:02:31	01:34:45
72	STĘPIEŃ-KUCHNIA Anna	910	TS REGLE SZKLARSKA PORĘBA	K-40	00:01:10	00:30:59	01:02:33	01:35:19
73	ZUWAŁA Anna	1167	RAGNAR TEAM	K-40	00:01:28	00:30:37	01:02:28	01:35:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
74	<b>LEDWOŃ Aneta</b>	<b>88</b>	NIGHT RUNNERS GLIWICE	K-40	00:01:18	00:30:59	01:03:38	01:36:27
75	<b>STĘPKA Daria</b>	<b>1253</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49
76	<b>DOBAJ Katarzyna</b>	<b>1246</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49
77	<b>DOROTA Jola</b>	<b>1503</b>	RUN RUN OLESZYCE	K-40	00:01:03	00:30:56	01:03:54	01:37:49
78	<b>CZAPKIEWICZ Gosia</b>	<b>1201</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:58	01:03:55	01:37:50
79	<b>REITER Hanna</b>	<b>363</b>	BIEGAMY Z SERCEM	K-40	00:01:41	00:33:11	01:07:21	01:41:58
80	<b>GROSS Teresa</b>	<b>231</b>	UNISONO	K-40	00:01:06	00:31:43	01:08:40	01:46:16

Znaleziono 80 wynik(ów)