



# III PÓLMARATON GLIWICKI

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	<b>GORTEL-MACIUK Agnieszka</b>	<b>1506</b>	NIEWYMIĘKACZE	K-30	00:00:02	00:17:54	00:35:54	00:54:05
2	<b>KUCHARSKA Ewa</b>	<b>1310</b>		K-30	00:00:01	00:18:54	00:38:01	00:56:43
3	<b>NAGIRNIAK Natalia</b>	<b>496</b>	LKB RUDNIK	K-20	00:00:02	00:18:44	00:37:48	00:56:53
4	<b>SZECÓWKA Aneta</b>	<b>687</b>		K-30	00:00:06	00:19:38	00:39:56	01:00:11
5	<b>WYLEŻAŁEK Alina</b>	<b>438</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:06	00:20:36	00:41:26	01:02:09
6	<b>KOCZUR Tamara</b>	<b>1085</b>		K-30	00:00:06	00:20:25	00:41:29	01:02:39
7	<b>SAP Karolina</b>	<b>355</b>	NR GLIWICE	K-20	00:00:07	00:20:54	00:42:15	01:04:05
8	<b>FYSZ Karolina</b>	<b>1215</b>	SBRT GLIWICE	K-20	00:00:11	00:22:25	00:45:05	01:07:41
9	<b>HILASZEK Agata</b>	<b>124</b>	NIGHT RUNNERS GLIWICE	K-20	00:00:16	00:22:19	00:45:06	01:08:07
10	<b>CHRZANOWSKA Barbara</b>	<b>1285</b>	ZDZIERAJ KAPCIE WWW.AGATSU.PL	K-30	00:00:07	00:22:37	00:45:36	01:08:48
11	<b>KOCZAR Paulina</b>	<b>368</b>		K-16	00:00:42	00:23:02	00:46:18	01:09:36
12	<b>POPIEL- KRUK Aleksandra</b>	<b>1209</b>	SBRT GLIWICE	K-30	00:00:15	00:23:28	00:46:44	01:10:03
13	<b>SZPILOWSKA Paulina</b>	<b>146</b>	KS OLKUSZ	K-20	00:00:00	00:23:42	00:46:59	01:10:17
14	<b>HANKE Dominika</b>	<b>367</b>		K-40	00:00:42	00:23:05	00:46:54	01:11:22
15	<b>MIELCZAREK Aleksandra</b>	<b>928</b>	STS BIEGATON MIKOŁÓW	K-40	00:00:12	00:23:55	00:47:45	01:12:03
16	<b>ŻUKOWSKA Anna</b>	<b>862</b>	ATHLETICS NYSA	K-40	00:01:22	00:24:24	00:48:16	01:12:40
17	<b>BŁAŻYTKO Monika</b>	<b>31</b>	BIEGAJ Z TRENERAMI GLIWICE	K-20	00:00:12	00:23:33	00:47:25	01:12:41
18	<b>BOCHĘNSKA Agnieszka</b>	<b>91</b>	SBRT GLIWICE	K-30	00:00:15	00:23:41	00:47:37	01:12:59
19	<b>BIAŁOŃCZYK Joanna</b>	<b>876</b>		K-20	00:00:30	00:24:06	00:48:37	01:13:04
20	<b>MATERZOK Aleksandra</b>	<b>388</b>	FUTURE PROCESSING RUNNING TEAM	K-20	00:00:13	00:23:21	00:47:58	01:13:09
21	<b>KONOPACKA-BESSA Magdalena</b>	<b>1267</b>		K-30	00:00:13	00:23:30	00:47:48	01:13:43
22	<b>BLASZKE Beata</b>	<b>158</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:15	00:24:05	00:48:47	01:14:03
23	<b>LEWICKA Justyna</b>	<b>235</b>	AKMB PĘDZIWIATR GLIWICE	K-30	00:00:12	00:23:43	00:48:20	01:14:23
24	<b>NASIENIAK-CZECH Anna</b>	<b>766</b>		K-30	00:00:27	00:25:34	00:50:30	01:14:30
25	<b>GRABOWSKA Joanna</b>	<b>1164</b>		K-40	00:00:39	00:23:55	00:49:06	01:14:47
26	<b>KARŁOWSKA Katarzyna</b>	<b>528</b>		K-30	00:00:36	00:24:45	00:49:51	01:14:50
27	<b>JANTAS Dominika</b>	<b>300</b>		K-16	00:00:17	00:24:50	00:49:46	01:14:59
28	<b>BARTECKA Sabina</b>	<b>853</b>	HRMAX ŻORY	K-30	00:00:24	00:24:35	00:49:48	01:15:02

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
29	<b>JAGŁA Aleksandra</b>	<b>798</b>		K-30	00:00:53	00:24:37	00:49:32	01:15:04
30	<b>PIETRAS Sylwia</b>	<b>463</b>	MIECHOWICKA GRUPA BIEGOWA	K-20	00:00:23	00:25:47	00:50:10	01:15:05
31	<b>CZAUDERNA Klaudia</b>	<b>178</b>	OCHAJORUN&FRIENDS	K-40	00:00:57	00:25:10	00:49:59	01:15:20
32	<b>CHWAŁ Magdalena</b>	<b>573</b>		K-30	00:00:25	00:25:24	00:50:35	01:15:24
33	<b>MAJEWSKA Gizela</b>	<b>24</b>	BIEGAJ Z TRENERAMI FC24	K-40	00:00:44	00:25:13	00:50:22	01:15:28
34	<b>PUDLO Hanna</b>	<b>945</b>		K-30	00:00:49	00:25:14	00:50:22	01:15:32
35	<b>CHODAWSKA Dorota</b>	<b>790</b>	OPEL ACTIVE TEAM	K-30	00:00:42	00:25:28	00:50:30	01:15:35
36	<b>SMOLARCZYK Agnieszka</b>	<b>314</b>		K-30	00:00:53	00:24:49	00:50:01	01:15:39
37	<b>NIŻNIKIEWICZ Elżbieta</b>	<b>578</b>		K-30	00:00:10	00:24:53	00:50:04	01:15:49
38	<b>MAJ-DZIUBAŃSKA Izabela</b>	<b>1239</b>	PYSKOWICE	K-30	00:00:42	00:24:34	00:49:28	01:16:09
39	<b>KONIK Sylwia</b>	<b>369</b>	KONIKI TEAM	K-40	00:00:36	00:24:23	00:49:55	01:16:12
40	<b>MACEŁAJTIS Elżbieta</b>	<b>105</b>		K-20	00:01:12	00:25:56	00:50:55	01:16:18
41	<b>CZARNIK-PECIAK Aleksandra</b>	<b>198</b>	BRAK	K-40	00:00:04	00:24:59	00:50:42	01:16:19
42	<b>GRACH Aleksandra</b>	<b>185</b>	RUN AND FUN TEAM	K-40	00:00:17	00:24:39	00:50:41	01:16:23
43	<b>RYZIŃSKA Aneta</b>	<b>150</b>	AMATOR	K-40	00:01:40	00:25:58	00:51:10	01:16:37
44	<b>SKACZKOWSKA Barbara</b>	<b>863</b>	POLSKI KLUB MTB	K-30	00:00:32	00:25:11	00:50:57	01:16:45
45	<b>PIECUCH Agnieszka</b>	<b>1217</b>	SBRT GLIWICE	K-20	00:00:20	00:25:54	00:51:23	01:16:47
46	<b>PIECHOWICZ-KUROWSKA Agata</b>	<b>1218</b>	SBRT GLIWICE	K-30	00:00:28	00:25:33	00:51:17	01:16:48
47	<b>SKÓRA Aneta</b>	<b>1268</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:18	00:25:40	00:51:13	01:16:51
48	<b>BOCHEŃSKA Wiktoria</b>	<b>1210</b>	SBRT GLIWICE	K-16	00:00:20	00:25:54	00:51:23	01:16:56
49	<b>LASICZ Aleksandra</b>	<b>702</b>	ALEKSANDRA K. LASICZ	K-30	00:00:54	00:26:14	00:51:52	01:16:59
50	<b>SŁOMIAN Marcelina</b>	<b>1011</b>		K-20	00:00:26	00:25:32	00:51:24	01:17:18
51	<b>CANIBOŁ Anna</b>	<b>444</b>		K-20	00:00:42	00:25:45	00:51:46	01:17:25
52	<b>DELEWSKA Dorota</b>	<b>735</b>	NIGHT RUNNERS ZABRZE	K-40	00:00:47	00:25:51	00:51:24	01:17:27
53	<b>WALASZCZYK Anna</b>	<b>451</b>	RUN & FUN	K-30	00:00:17	00:24:39	00:50:41	01:17:33
54	<b>RUPNIK Asia</b>	<b>188</b>		K-30	00:00:22	00:25:43	00:51:32	01:17:33
55	<b>ŻOŁNOWSKA Anna</b>	<b>427</b>		K-30	00:01:23	00:25:00	00:51:01	01:17:53
56	<b>GOLEC Aleksandra</b>	<b>212</b>	PTTK ŻYWIEC	K-40	00:00:37	00:26:12	00:52:07	01:17:56
57	<b>JANKOWSKA Justyna</b>	<b>1059</b>		K-30	00:00:18	00:25:44	00:51:33	01:17:57
58	<b>POPLAWSKA-WAL Agata</b>	<b>1120</b>	OPEL ACTIVE TEAM	K-30	00:00:35	00:25:45	00:52:01	01:18:22
59	<b>GRODZKA-SZKÓŁKA Ewa</b>	<b>895</b>		K-30	00:00:44	00:25:20	00:51:29	01:18:25
60	<b>DYCHA Eliza</b>	<b>33</b>		K-30	00:00:49	00:25:50	00:51:51	01:18:25
61	<b>KALUS Marta</b>	<b>1060</b>		K-20	00:01:17	00:27:00	00:53:09	01:18:33
62	<b>BŁOŃSKA Monika</b>	<b>692</b>		K-30	00:01:36	00:28:24	00:53:56	01:18:36
63	<b>GERLE Anna</b>	<b>287</b>		K-30	00:00:35	00:25:35	00:51:50	01:18:46
64	<b>KOZMINCZUK-MARKULAK Agnieszka</b>	<b>1101</b>		K-30	00:00:32	00:25:06	00:50:57	01:18:52
65	<b>KONOPKA Agnieszka</b>	<b>68</b>		K-30	00:01:24	00:26:20	00:52:38	01:19:03
66	<b>WILCZEK Małgorzata</b>	<b>596</b>	ISTA BIEGAMY	K-30	00:00:28	00:25:54	00:52:42	01:19:04
67	<b>NANCKA Brygida</b>	<b>406</b>		K-40	00:00:23	00:26:05	00:52:53	01:19:19
68	<b>WOLAŃCZYK Kamila</b>	<b>1149</b>		K-30	00:00:48	00:25:20	00:52:07	01:19:20
69	<b>GŁOWACKA Małgorzata</b>	<b>728</b>	NOWOSOLSKA GRUPA BIEGOWA	K-30	00:00:48	00:26:30	00:52:45	01:19:22
70	<b>SZOTA Magdalena</b>	<b>1091</b>		K-30	00:00:24	00:26:30	00:53:15	01:19:42
71	<b>KARNIA Agnieszka</b>	<b>617</b>	SBRT	K-30	00:00:39	00:27:09	00:53:38	01:19:58
72	<b>RACZEK Magdalena</b>	<b>649</b>		K-30	00:00:29	00:26:54	00:53:27	01:20:00
73	<b>BZOWSKA Aleksandra</b>	<b>86</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:44	00:26:08	00:52:47	01:20:02

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
74	<b>HOMA Dorota</b>	<b>551</b>		K-20	00:01:36	00:26:25	00:53:13	01:20:03
75	<b>MILIK Dagmara</b>	<b>986</b>		K-20	00:00:50	00:26:20	00:52:59	01:20:06
76	<b>GOGOLIN Anna</b>	<b>1107</b>		K-30	00:01:19	00:26:59	00:53:38	01:20:17
77	<b>CHROBAK Ania</b>	<b>767</b>	OPEL ACTIVE TEAM	K-30	00:01:30	00:26:47	00:53:23	01:20:23
78	<b>CHOJCAN Beata</b>	<b>1228</b>	RYBNICKA GRUPA BIEGOWA PEDZIMY RAZEM	K-30	00:00:24	00:26:49	00:53:38	01:20:32
79	<b>SPODZIEJA Aleksandra</b>	<b>137</b>		K-20	00:01:03	00:28:12	00:55:09	01:20:46
80	<b>MATUSIK-SKALSKA Renata</b>	<b>966</b>		K-40	00:01:00	00:27:01	00:53:39	01:20:50
81	<b>MALSKA - WYROZUMSKA Małgorzata</b>	<b>984</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:25:51	00:52:29	01:20:54
82	<b>KOCIELSKA Anna</b>	<b>810</b>	AKMB PĘDZIWIATR GLIWICE	K-20	00:00:28	00:26:12	00:53:24	01:20:56
83	<b>KOPLIN Kasia</b>	<b>281</b>		K-30	00:00:17	00:25:05	00:52:45	01:21:02
84	<b>WARECKA Agata</b>	<b>697</b>		K-20	00:01:23	00:27:20	00:55:10	01:21:15
85	<b>OLESIŃSKA Joanna</b>	<b>372</b>		K-40	00:00:28	00:26:41	00:54:06	01:21:28
86	<b>GABOR Katarzyna</b>	<b>1235</b>		K-20	00:01:20	00:27:37	00:55:00	01:21:30
87	<b>KULIK Katarzyna</b>	<b>462</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:19	00:26:47	00:54:18	01:21:32
88	<b>TARTANUS-ORYSZCZAK Marta</b>	<b>239</b>		K-30	00:01:21	00:27:12	00:54:25	01:21:42
89	<b>LAMPA Alicja</b>	<b>84</b>	NIGHT RUNNERS GLIWICE	K-20	00:00:26	00:26:20	00:53:56	01:21:46
90	<b>KRZYSZKOWSKA Agnieszka</b>	<b>1211</b>	SBRT GLIWICE	K-30	00:00:31	00:26:21	00:53:52	01:21:47
91	<b>BDZIONEK Jolanta</b>	<b>958</b>		K-30	00:01:36	00:27:29	00:54:37	01:21:47
92	<b>HORDZIEJEWICZ-KARASIŃSKA Ewa</b>	<b>816</b>	PURE FIRE BYTOM	K-40	00:00:57	00:27:37	00:54:45	01:21:48
93	<b>PAWLIK Agnieszka</b>	<b>193</b>	ATHLETICS NYSA	K-40	00:01:23	00:26:49	00:54:09	01:21:51
94	<b>PRACKA Danuta</b>	<b>377</b>		K-30	00:01:33	00:27:02	00:54:27	01:22:04
95	<b>ŚNIEGOWSKA Julia</b>	<b>1102</b>		K-20	00:00:26	00:26:49	00:54:17	01:22:07
96	<b>LIPKA Katarzyna</b>	<b>1017</b>	NIGHT RUNNERS GLIWICE	K-20	00:00:37	00:27:38	00:55:14	01:22:07
97	<b>TYLMAN-MADEJCZYK Marta</b>	<b>1</b>	MTM	K-30	00:01:40	00:27:44	00:54:54	01:22:08
98	<b>KOLASIŃSKA Monika</b>	<b>292</b>		K-20	00:00:11	00:26:55	00:55:06	01:22:09
99	<b>BIAŁY Dagmara</b>	<b>996</b>		K-40	00:01:46	00:27:25	00:54:39	01:22:12
100	<b>KOWALCZYK Bożena</b>	<b>1044</b>		K-40	00:01:43	00:27:21	00:54:49	01:22:13
101	<b>KUCZMA Joanna</b>	<b>162</b>		K-40	00:00:42	00:27:38	00:55:23	01:22:16
102	<b>KANIGOWSKA Kaja</b>	<b>1058</b>		K-20	00:01:18	00:27:02	00:54:41	01:22:18
103	<b>NIESLER Magdalena</b>	<b>338</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:37	00:26:32	00:54:14	01:22:20
104	<b>PECIAK Kamila</b>	<b>606</b>		K-30	00:00:31	00:26:04	00:54:04	01:22:34
105	<b>RADECKA Paulina</b>	<b>167</b>		K-20	00:00:43	00:27:54	00:55:21	01:22:44
106	<b>PAWEŁKÓW Alicja</b>	<b>168</b>		K-20	00:00:43	00:27:54	00:55:21	01:22:45
107	<b>DOMARADZKA Ewa</b>	<b>306</b>		K-40	00:00:25	00:26:35	00:53:56	01:22:48
108	<b>KOWALCZYK Anna</b>	<b>814</b>	HIRSCHVOGEL COMPONENTS POLAND	K-40	00:00:53	00:27:44	00:55:34	01:22:50
109	<b>GÓRNY Magdalena</b>	<b>1511</b>	CA AKTYWNI	K-30	00:00:30	00:27:44	00:55:31	01:23:05
110	<b>ŁAGOSZ Kasia</b>	<b>1509</b>	CA AKTYWNI / BROKER	K-30	00:00:30	00:27:44	00:55:31	01:23:05
111	<b>PILCH-NANOWSKA Agnieszka</b>	<b>587</b>		K-30	00:01:17	00:27:48	00:55:06	01:23:05
112	<b>SZOŁTYSEK - GRZESIKIEWICZ Anna</b>	<b>425</b>	TORCIDA GLIWICE	K-30	00:00:30	00:27:46	00:55:33	01:23:06
113	<b>NIEGOWSKA Anna</b>	<b>94</b>	ZSO10 GLIWICE	K-50	00:01:27	00:27:45	00:55:20	01:23:08
114	<b>POPIEL Adriana</b>	<b>23</b>		K-30	00:01:05	00:27:59	00:55:18	01:23:12
115	<b>JANIK Basia</b>	<b>615</b>		K-30	00:01:41	00:26:57	00:54:44	01:23:12
116	<b>STUDNICKA Katarzyna</b>	<b>1038</b>		K-30	00:01:41	00:27:22	00:54:51	01:23:16
117	<b>LERCH Dagmara</b>	<b>1126</b>		K-40	00:00:40	00:27:36	00:55:26	01:23:24
118	<b>SZAMPERA Agnieszka</b>	<b>771</b>	RUN AND FUN TEAM	K-30	00:00:43	00:27:06	00:55:10	01:23:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
119	ZIMOCH Beata	214		K-30	00:00:12	00:26:19	00:54:41	01:23:37
120	KAROLCZAK Joanna	791		K-40	00:00:28	00:26:00	00:53:58	01:23:43
121	HANZEL Anna	110	AKMB PĘDZIWIATR GLIWICE	K-50	00:00:41	00:27:38	00:55:43	01:23:56
122	CEGIELSKA Dorota	977		K-30	00:00:42	00:27:44	00:55:54	01:24:14
123	WÓJCIAK Katarzyna	1229		K-30	00:01:33	00:28:00	00:56:13	01:24:14
124	CZERNIAK Żaneta	249		K-40	00:01:33	00:28:00	00:56:13	01:24:15
125	ŻUCHOWSKA Aneta	834		K-40	00:01:34	00:29:02	00:57:28	01:24:22
126	BAK Magdalena	1048		K-20	00:01:14	00:28:20	00:56:25	01:24:23
127	SALA Nela	621	AKTYWNE ATOMOOFKI	K-30	00:01:36	00:27:46	00:56:15	01:24:25
128	KAISER-CHROMIK Beata	258		K-40	00:00:32	00:28:09	00:56:43	01:24:39
129	MELCHER Ewa	950		K-40	00:01:34	00:29:02	00:57:28	01:24:44
130	MULARCZYK Agnieszka	888		K-30	00:00:51	00:27:27	00:55:30	01:24:45
131	LESZCZYŃSKA Małgorzata	189	STEP-DANCE RUN	K-40	00:00:51	00:27:28	00:55:30	01:24:45
132	LĘCZJAR Ewelina	998		K-30	00:01:15	00:28:03	00:56:09	01:24:47
133	PROKOP Elżbieta	546		K-50	00:00:56	00:27:47	00:56:02	01:24:55
134	BULENDA Patrycja	351		K-30	00:00:15	00:28:23	00:56:18	01:24:58
135	KRZAK Wioleta	675		K-20	00:00:55	00:26:29	00:54:31	01:25:02
136	HANKE Klaudia	815		K-40	00:00:08	00:26:45	00:55:20	01:25:08
137	BOROWICZ Roksana	776	NIGHT RUNNERS GLIWICE	K-20	00:00:30	00:27:59	00:56:30	01:25:10
138	BRZEZIŃSKA Teresa	251	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:28:00	00:56:32	01:25:11
139	PORĘBA Gabriela	554		K-40	00:01:41	00:28:48	00:57:20	01:25:11
140	KOWALCZYK Katarzyna	739	RUN AND FUN	K-30	00:00:44	00:27:28	00:55:16	01:25:14
141	WOJTAS Magdalena	498		K-30	00:01:36	00:27:56	00:55:56	01:25:17
142	JACHYMSKA Katarzyna	1290	MOMO RESTAURANT & COCKTAIL BAR	K-40	00:00:33	00:27:03	00:56:13	01:25:18
143	SANOCKA Dorota	331		K-40	00:01:03	00:28:01	00:55:54	01:25:19
144	BALIŃSKA-SANOCKA Aneta	334		K-30	00:01:01	00:28:03	00:55:56	01:25:21
145	MUZA Karolina	126		K-30	00:00:52	00:29:25	00:57:46	01:25:31
146	KRÓL Krystyna	478	RAJSPOORT ACTIVE	K-40	00:01:12	00:29:04	00:57:25	01:25:36
147	RYCHLEWSKA Kasia	279	KATE & KATE	K-40	00:01:07	00:28:28	00:56:51	01:25:42
148	ŻBEL Anna	1129		K-30	00:00:28	00:28:02	00:56:29	01:25:54
149	WIEDERMANN Anita	1308		K-30	00:00:44	00:27:46	00:56:49	01:26:13
150	KOCÓJ Dominika	534	NIGHT RUNNER'S GLIWICE	K-20	00:00:29	00:28:00	00:56:56	01:26:15
151	GLINIANY Małgorzata	1083	ZABIEGANA RODZINKA	K-40	00:01:28	00:29:03	00:57:53	01:26:15
152	SIEDLECKA Anna	400	NIGHT RUNNERS GLIWICE	K-30	00:00:34	00:28:23	00:57:11	01:26:17
153	WINICKA Daria	710	AMATOR	K-30	00:00:50	00:27:49	00:56:45	01:26:19
154	DZIERŻANOWSKA Blanka	654	NIGHT RUNNERS ZABRZE	K-20	00:00:46	00:27:21	00:56:39	01:26:21
155	HARAZIN Anna	142		K-20	00:00:57	00:28:30	00:57:41	01:26:25
156	BUCHAL Katarzyna	783		K-40	00:01:00	00:28:33	00:57:34	01:26:26
157	KNAPIK Karolina	1174		K-30	00:01:46	00:28:55	00:57:42	01:26:47
158	BARAN Michalina	1139		K-30	00:00:21	00:28:13	00:57:03	01:26:48
159	PUŁTORAK Roksana	1504		K-30	00:01:48	00:28:55	00:57:53	01:26:52
160	SYGUŁA Katarzyna	647	KB MCKIS JAWORZNO	K-40	00:01:15	00:28:39	00:57:36	01:26:57
161	WITCZAK Dagmara	1144		K-30	00:01:23	00:28:24	00:57:29	01:27:01
162	BUDZIŃSKA Ania	567		K-30	00:01:12	00:27:29	00:56:45	01:27:17
163	GOŁOFIT Aneta	570		K-30	00:00:45	00:28:44	00:58:10	01:27:43

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
164	<b>RATAJ Adrianna</b>	<b>825</b>	1992	K-20	00:00:18	00:28:22	00:57:34	01:27:49
164	<b>SALICKA Izabela</b>	<b>1143</b>	PURE FIRE TEAM	K-20	00:00:17	00:28:23	00:57:35	01:27:50
166	<b>STOKŁOSA Magdalena</b>	<b>223</b>		K-40	00:01:11	00:30:22	00:59:24	01:27:50
167	<b>GABRYŚ Jola</b>	<b>1300</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:29	00:29:01	00:58:32	01:27:52
168	<b>POSTÓŁ Karolina</b>	<b>983</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:29	00:29:01	00:58:31	01:27:52
169	<b>KONIECZKA Katarzyna</b>	<b>455</b>	MIECHOWICKA GRUPA BIEGOWA	K-40	00:00:54	00:27:48	00:56:43	01:28:05
170	<b>MAKSYMIOUK- KONOPKA Ewa</b>	<b>557</b>		K-40	00:01:26	00:29:25	00:59:15	01:28:08
171	<b>STERNAL Marta</b>	<b>951</b>		K-20	00:01:31	00:28:07	00:58:13	01:28:09
172	<b>GOŁĘBIEWSKA Aleksandra</b>	<b>42</b>	BIEGAJ S TRENERAMI	K-40	00:00:40	00:28:06	00:57:47	01:28:13
173	<b>GÓRECKA Anna</b>	<b>474</b>		K-30	00:00:31	00:27:45	00:57:59	01:28:18
174	<b>WOŁCZYK Aldona</b>	<b>881</b>		K-20	00:00:54	00:28:29	00:57:42	01:28:19
175	<b>BŁASZCZYK Paulina</b>	<b>37</b>		K-30	00:00:58	00:28:03	00:57:52	01:28:20
176	<b>UCIŃSKA Anna</b>	<b>1080</b>		K-30	00:00:58	00:28:21	00:59:09	01:28:22
177	<b>MUSIOŁ Małgorzata</b>	<b>395</b>		K-30	00:00:46	00:28:37	00:57:49	01:28:26
178	<b>STANIK Sonia</b>	<b>765</b>		K-20	00:00:59	00:27:20	00:57:34	01:28:36
179	<b>ULIASZ Natalia</b>	<b>980</b>		K-20	00:00:34	00:28:23	00:58:13	01:28:40
180	<b>SAP Alina</b>	<b>362</b>	NR GLIWICE	K-40	00:00:50	00:29:11	00:58:36	01:28:54
181	<b>JANGROT Dominika</b>	<b>1081</b>	NIGHT RUNNERS GLIWICE	K-30	00:00:50	00:29:11	00:58:36	01:28:55
182	<b>SOSIN Sylwia</b>	<b>201</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K-40	00:01:20	00:30:12	00:59:43	01:29:07
183	<b>SZOŁTYSEK Beata</b>	<b>1282</b>	OCHAJORUN & FRIENDS	K-40	00:00:29	00:28:23	00:58:21	01:29:10
184	<b>MURDZEK Aleksandra</b>	<b>997</b>	PURE FIRE BYTOM	K-20	00:00:57	00:28:55	00:58:53	01:29:20
185	<b>CHMIELEWSKA Anna</b>	<b>144</b>		K-30	00:01:01	00:29:21	00:59:32	01:29:22
186	<b>KOŻUCH Agnieszka</b>	<b>139</b>	1975	K-40	00:01:01	00:29:21	00:59:32	01:29:22
187	<b>CYWIŃSKA Elżbieta</b>	<b>1010</b>		K-40	00:00:58	00:29:58	00:59:41	01:29:24
188	<b>ZAMOJSKA Iwona</b>	<b>797</b>	MIECHOWICKA GRUPA BIEGOWA	K-30	00:00:41	00:28:01	00:57:04	01:29:31
189	<b>CHOJOWSKA Edyta</b>	<b>153</b>		K-40	00:01:01	00:29:54	00:59:53	01:29:35
190	<b>JUSZCZAK Kalina</b>	<b>181</b>		K-20	00:00:47	00:28:47	00:59:04	01:29:38
191	<b>CICHY Agnieszka</b>	<b>408</b>		K-30	00:01:20	00:29:14	00:59:41	01:29:38
192	<b>DYLONG Natalia</b>	<b>947</b>		K-16	00:00:44	00:30:31	01:00:38	01:29:51
193	<b>HRISTOVA-KOSOBUDZKA Daria</b>	<b>1097</b>	SPOT PSZCZYNA	K-20	00:01:21	00:29:34	00:59:52	01:29:52
194	<b>PAUL Violetta</b>	<b>119</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:04
195	<b>KROCZEK Liliana</b>	<b>1269</b>	NIGHT RUNNER'S GLIWICE	K-40	00:00:51	00:29:43	01:00:05	01:30:05
196	<b>SZCZEŚNIAK Barbara</b>	<b>580</b>		K-30	00:00:50	00:29:44	01:00:10	01:30:06
197	<b>DĘBSKA Joanna</b>		NIGHT RUNNERS GLIWICE	K-40	00:00:50	00:29:44	01:00:09	01:30:06
198	<b>FURMAN Agnieszka</b>	<b>1140</b>	OCHAJO RUN&FRIENDS	K-30	00:01:15	00:30:20	01:00:21	01:30:06
199	<b>ONAK Izabela</b>	<b>1134</b>	OCHAJORUN & FRIENDS	K-40	00:01:13	00:30:22	01:00:22	01:30:08
200	<b>MAZUR Ewelina</b>	<b>102</b>		K-40	00:00:57	00:29:55	01:00:16	01:30:14
201	<b>SMIESZKOŁ-BRYKOWSKA Sonia</b>	<b>501</b>	RUN AND FUN TEAM	K-30	00:00:57	00:29:55	01:00:15	01:30:15
202	<b>DYLONG Mariola</b>	<b>266</b>		K-16	00:00:26	00:27:23	00:58:06	01:30:17
203	<b>KRASZKIEWICZ Marta</b>	<b>969</b>	NASNIEDOGONIAT	K-30	00:00:51	00:29:59	01:00:08	01:30:19
204	<b>KĘDZIOR Wiesława</b>	<b>961</b>	NAS NIE DOGONIAT	K-50	00:00:48	00:30:01	01:00:10	01:30:21
205	<b>PREJS Beata</b>	<b>1224</b>	NIGHT RUNNER'S	K-30	00:00:49	00:30:02	01:00:23	01:30:22
206	<b>ĆWIOK Barbara</b>	<b>806</b>	UNISONO	K-40	00:01:06	00:30:06	01:00:14	01:30:22
207	<b>WESTER Halina</b>	<b>1274</b>	NIGHT RUNNERS	K-40	00:00:34	00:29:21	00:59:40	01:30:23
208	<b>CZAPEK Anna</b>	<b>310</b>	NIGHT RUNNERS GLIWICE	K-40	00:00:33	00:29:59	01:00:26	01:30:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
209	WILSZ Ewa	26	UNISONO	K-40	00:01:06	00:30:05	01:00:13	01:30:24
210	BIAŁOŻYT Agata	873		K-20	00:01:32	00:29:56	01:00:23	01:30:24
211	FIEDOR Anna	107		K-30	00:01:26	00:31:00	01:01:53	01:30:46
212	BIGAJ Agnieszka	347		K-20	00:01:04	00:29:54	01:00:42	01:30:51
213	GORELL Bogumiła	446		K-30	00:00:53	00:30:11	01:00:47	01:30:55
214	DĄBROWSKA Halina	1130	BIEGOWA ŚWIDNICA	K-30	00:00:45	00:29:01	00:59:37	01:31:06
215	SKORUPA Agnieszka	391	RUN AND FUN	K-40	00:00:59	00:29:50	01:00:39	01:31:15
216	NAWROT Bożena	804		K-40	00:00:59	00:29:50	01:00:39	01:31:15
217	HRYSZKO Jagoda	1172		K-20	00:01:34	00:29:32	01:00:39	01:31:21
218	STANGEL Dorota	1262		K-30	00:01:16	00:29:54	01:00:23	01:31:24
219	GORUS Anna	113	NIGHT RUNNERS ZABRZE	K-30	00:01:52	00:31:35	01:01:55	01:31:26
220	SOKÓŁ-OLEŚ Ewelina	656	RUNTEAM PAWŁOWICE	K-40	00:01:52	00:31:35	01:01:56	01:31:26
221	WOJTAS - WÓJCIK Justyna	511		K-20	00:00:59	00:29:15	01:00:20	01:31:43
222	MACKIEWICZ Katarzyna	308		K-50	00:00:40	00:30:14	01:00:44	01:31:51
223	MULARCZYK Teresa	409	BIEGAM,	K-50	00:00:57	00:29:33	01:00:01	01:32:05
224	CIOMEK Marta	99	SBRT	K-20	00:00:43	00:28:19	00:59:29	01:32:12
225	WIRA Agnieszka	1161	NIGHT RUNNERS GLIWICE	K-20	00:01:50	00:29:09	00:59:55	01:32:12
225	TUMIDAJEWICZ Beata	1151		K-30	00:01:49	00:29:10	00:59:56	01:32:13
227	BUKSINSKA Iwona	272		K-40	00:00:48	00:29:45	01:00:19	01:32:42
228	MĄCZKA Krystyna	988		K-60	00:00:54	00:29:38	01:00:19	01:33:04
229	KLEJNOWSKA Katarzyna	903		K-20	00:01:18	00:30:24	01:01:56	01:33:26
230	KUSZ Gosia	705		K-30	00:00:51	00:28:56	01:00:00	01:33:28
231	BALICZ Agnieszka	148		K-20	00:00:55	00:30:16	01:01:06	01:33:38
232	STOLARZ Agnieszka	976	NIGHT RUNNERS GLIWICE	K-40	00:00:51	00:30:34	01:02:09	01:33:39
233	RECHMAN-NOWAKOWSKA Dorota	122	NIGHT RUNNERS	K-40	00:01:38	00:30:45	01:02:14	01:33:42
234	PIKULSKA Beata	104	NIGHT RUNNERS	K-30	00:01:37	00:30:46	01:02:15	01:33:43
235	RÓŻYC Barbara	366	NIGHT RUNNERS ZABRZE	K-40	00:01:12	00:30:08	01:01:43	01:33:50
236	BATEJKO Beata	417		K-40	00:00:56	00:28:31	00:59:48	01:33:54
237	NOWAK-BODUCH Joanna	1259	NIGHT RUNNERS	K-50	00:00:53	00:30:00	01:00:41	01:34:00
238	ESTKO Anna	788		K-30	00:01:27	00:30:56	01:02:23	01:34:01
239	BOŚ Iwona	690	WIŚLAŃSKA AKADEMIA BIEGOWA	K-40	00:01:25	00:31:16	01:02:44	01:34:03
240	MALCHERCZYK Anna	866		K-20	00:01:45	00:30:42	01:02:13	01:34:07
241	CESARZ Alicja	553		K-30	00:01:38	00:30:57	01:02:16	01:34:08
242	STALICA Marzena	468		K-40	00:01:24	00:30:50	01:02:34	01:34:17
243	KOWALSKA Natalia	219	NIGHT RUNNERS GLIWICE	K-20	00:01:39	00:30:56	01:02:21	01:34:34
244	WALIGÓRA Aleksandra	770	BBL KĘDZIERZYN-KOŻLE	K-40	00:01:17	00:30:50	01:02:31	01:34:45
245	SKĄPSKA Joanna	688		K-20	00:00:57	00:32:37	01:04:01	01:34:46
246	BIERNACKA Agnieszka	623		K-30	00:01:19	00:30:58	01:02:45	01:34:54
247	STĘPIEŃ-KUCHNIA Anna	910	TS REGLE SZKLARSKA PORĘBA	K-40	00:01:10	00:30:59	01:02:33	01:35:19
248	ZUWAŁA Anna	1167	RAGNAR TEAM	K-40	00:01:28	00:30:37	01:02:28	01:35:30
249	WÓJTOWICZ Liza	514		K-20	00:01:51	00:30:56	01:03:22	01:35:38
250	BOGACZ Jadwiga	482	JAGODA TEAM	K-30	00:01:47	00:30:51	01:03:03	01:35:50
251	SZALA Beata	191	SBD ENERGETYK RYBNIK	K-30	00:01:25	00:29:08	01:00:46	01:35:59
252	KOŁODZIEJCZAK Kinga	63	ACCENTURE	K-30	00:01:01	00:29:28	01:01:25	01:36:04
253	MIŚKIEWICZ Lucyna	1148		K-50	00:01:22	00:31:41	01:03:50	01:36:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
254	<b>LEDWOŃ Aneta</b>	<b>88</b>	NIGHT RUNNERS GLIWICE	K-40	00:01:18	00:30:59	01:03:38	01:36:27
255	<b>DOGIEL Agnieszka</b>	<b>1109</b>		K-30	00:00:53	00:30:08	01:02:46	01:36:47
256	<b>MOKRZYCKA Justyna</b>	<b>493</b>	BIEGAMY Z SERCEM	K-30	00:01:52	00:31:37	01:03:11	01:36:55
257	<b>ŚCISŁOWICZ Natalia</b>	<b>989</b>		K-30	00:01:30	00:30:36	01:03:19	01:36:57
258	<b>GRUBICH Irena</b>	<b>526</b>		K-60	00:00:02	00:29:46	01:01:35	01:37:15
259	<b>GAWLIK - RYBIŃSKA Kasia</b>	<b>855</b>	EŁKA TEAM	K-30	00:00:48	00:30:50	01:03:16	01:37:30
260	<b>BAK Katarzyna</b>	<b>1249</b>	SPARTANIE DZIECIOM	K-30	00:01:02	00:30:56	01:03:54	01:37:49
261	<b>STĘPKA Daria</b>	<b>1253</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49
262	<b>DOBAJ Katarzyna</b>	<b>1246</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:56	01:03:54	01:37:49
263	<b>RAJCHERT Joanna</b>	<b>1254</b>	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:37:49
263	<b>DOROTA Jola</b>	<b>1503</b>	RUN RUN OLESZYCE	K-40	00:01:03	00:30:56	01:03:54	01:37:49
265	<b>RÓŻOWICZ Eliza</b>	<b>1188</b>	SPARTANIE DZIECIOM	K-30	00:01:01	00:30:57	01:03:54	01:37:50
266	<b>CZAPKIEWICZ Gosia</b>	<b>1201</b>	SPARTANIE DZIECIOM	K-40	00:01:02	00:30:58	01:03:55	01:37:50
267	<b>SOJKA Anna</b>	<b>685</b>		K-30	00:01:22	00:29:50	01:02:33	01:37:56
268	<b>STAŃCZYK Paulina</b>	<b>1275</b>		K-20	00:01:46	00:30:33	01:03:18	01:38:10
269	<b>DYRAGA Barbara</b>	<b>204</b>	NIEZRZESZONA	K-30	00:01:37	00:33:04	01:05:54	01:38:24
270	<b>RAKOWSKA Katarzyna</b>	<b>1187</b>	SPARTANIE DZIECIOM	K-30	00:01:03	00:30:56	01:03:54	01:38:34
271	<b>BUCHALIK Katarzyna</b>	<b>513</b>		K-20	00:01:22	00:32:21	01:06:03	01:39:53
272	<b>PLESZCZYŃSKA Iwona</b>	<b>743</b>		K-30	00:01:04	00:31:36	01:04:58	01:40:23
273	<b>KOCH Marta</b>	<b>942</b>		K-30	00:01:19	00:32:21	01:06:26	01:41:27
274	<b>REITER Hanna</b>	<b>363</b>	BIEGAMY Z SERCEM	K-40	00:01:41	00:33:11	01:07:21	01:41:58
274	<b>BOGDANOWICZ Maja</b>	<b>304</b>		K-30	00:01:40	00:33:11	01:07:21	01:41:59
276	<b>WŁOSZCZYŃSKA Ewa</b>	<b>329</b>		K-30	00:01:30	00:35:10	01:10:07	01:44:21
277	<b>WALCZYŃSKA Karolina</b>	<b>747</b>	NIGHT RUNNERS GLIWICE	K-30	00:01:30	00:35:11	01:10:04	01:45:00
278	<b>ZAWISZA Joanna</b>	<b>106</b>		K-20	00:01:21	00:35:20	01:10:15	01:45:09
279	<b>NOWAK-KASPRZAK Anna</b>	<b>127</b>		K-30	00:01:18	00:32:35	01:08:08	01:45:55
280	<b>GROSS Teresa</b>	<b>231</b>	UNISONO	K-40	00:01:06	00:31:43	01:08:40	01:46:16
281	<b>BIJAK Adriana</b>	<b>1508</b>	NIGHT RUNNER'S	K-30	00:01:30	00:35:11	01:10:03	01:46:38
282	<b>RUDNICKA Maria</b>	<b>803</b>	BBL KĘDZIERZYN-KOŹLE	K-50	00:01:18	00:34:03	01:10:29	01:46:51
283	<b>DYDYCZ Marta</b>	<b>652</b>	AKMB PĘDZIWIATR GLIWICE	K-20	00:00:19	00:30:11	01:04:45	01:47:04
284	<b>ZAWADA Ewa</b>	<b>77</b>	NIGHT RUNNERS	K-20	00:01:51	00:36:29	01:13:27	01:47:45
285	<b>PASIEKA Anna</b>	<b>402</b>		K-30	00:01:02	00:33:15	01:10:05	01:48:35
286	<b>LATOS Barbara</b>	<b>874</b>	ZABRZAŃSKIE TOWARZYSTWO TRIATHLONOWE	K-60	00:01:26	00:36:25	01:15:04	01:55:17

Znaleziono 286 wynik(ów)