



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-20

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	STARŻYŃSKI Andrii	487	KLEMENTYNKA	M-20	00:00:01	00:16:03	00:32:28	00:49:00
2	CIEPLAK Marcin	11	TL ROW RYBNIK	M-20	00:00:01	00:16:58	00:33:46	00:50:31
3	NAGIZNJAK Wiktor	56	IKB RUDNIK	M-20	00:00:00	00:16:23	00:33:25	00:50:32
4	KAWIK Tomasz	1049	INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE	M-20	00:00:01	00:17:04	00:34:16	00:51:25
5	GRAJCAR Łukasz	1181	CKS BUDOWLANI CZĘSTOCHOWA	M-20	00:00:01	00:16:42	00:34:02	00:52:01
6	FORMICKI Rafał	450		M-20	00:00:01	00:17:04	00:34:31	00:52:24
7	PAWEŁCZAK Mateusz	434	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:01	00:17:39	00:35:58	00:55:33
8	MUSKIETORZ Piotr	517		M-20	00:00:02	00:18:11	00:37:44	00:56:45
9	KŁĘBEK Kamil	1182	AWF KATOWICE	M-20	00:00:03	00:18:44	00:38:11	00:58:00
10	FLIEGERT Mateusz	1222	SBRT GLIWICE	M-20	00:00:04	00:20:10	00:39:52	00:58:29
11	POŚNIAK Tomasz	600	ISTA BIEGAMY	M-20	00:00:02	00:19:40	00:39:30	00:59:18
12	PLOCH Jakub	229	NIGHT RUNNERS ZABRZE	M-20	00:00:02	00:19:21	00:39:47	01:00:08
13	STACHURA Mateusz	1213	SBRT GLIWICE	M-20	00:00:03	00:18:11	00:39:19	01:00:13
14	PIEKARCZYK Sławomir	650	UNIwersytet Śląski	M-20	00:00:05	00:19:44	00:40:04	01:00:31
15	GROŃ Krystian	1043		M-20	00:00:06	00:20:08	00:40:16	01:00:40
16	SLADEK Dawid	210		M-20	00:00:05	00:19:52	00:40:24	01:00:56
17	HOZAKOWSKI Marcin	860		M-20	00:00:04	00:20:38	00:40:55	01:00:59
18	BIALIK Marcin	971		M-20	00:00:03	00:19:33	00:40:02	01:01:06
19	RUDKO Michał	544	KLUCZBORSKA GRUPA BIEGOWA	M-20	00:00:05	00:19:33	00:40:06	01:01:43
20	SKRZYDELSKI Tomasz	1023		M-20	00:00:33	00:20:40	00:41:14	01:02:02
21	KUPIJAJ Marcin	410	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36
22	OŚLIZŁO Tomasz	1132		M-20	00:00:04	00:21:21	00:42:32	01:02:52
23	MAŚCIBRZUCH Marcin	273		M-20	00:00:07	00:21:06	00:42:07	01:02:58
24	HOŁDA Marek	1510		M-20	00:00:05	00:21:09	00:42:07	01:02:59
25	BOGUS Bartosz	228		M-20	00:00:06	00:21:07	00:42:08	01:02:59
26	ZAWIŚLAK Patryk	1119	RUNNERS WOJKOWICE TEAM	M-20	00:00:06	00:20:24	00:42:07	01:03:57
27	SURMA Jakub	1263		M-20	00:00:58	00:20:54	00:42:40	01:04:15
28	SKWORC Grzegorz	1013	NIGHT RUNNERS GLIWICE	M-20	00:00:03	00:20:22	00:42:35	01:05:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
29	ZASADA Adrian	756	BETANIA TEAM	M-20	00:00:07	00:21:42	00:43:48	01:06:07
30	FIELHAUER Mateusz	673	KP PSP RACIBÓRZ / EASY RUN	M-20	00:00:11	00:21:59	00:44:12	01:06:07
31	OZYP Mariusz	1288	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18
32	OZYP Mariusz	303	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18
33	RZEPKA Piotr	564	PARKRUN KATOWICE	M-20	00:00:29	00:22:20	00:44:27	01:06:28
34	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29
35	MULARCZYK Marek	320		M-20	00:00:29	00:21:21	00:43:41	01:06:36
36	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58
37	KOWOLIK Łukasz	994	AMATOR	M-20	00:00:20	00:22:11	00:44:55	01:07:15
38	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16
39	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54
40	BULIŃSKI Przemysław			M-20	00:00:33	00:22:26	00:45:22	01:08:32
41	SKOWROŃSKI Michał	993		M-20	00:00:45	00:23:13	00:46:26	01:09:23
42	KLYSZCZ Michał	382		M-20	00:01:37	00:24:19	00:46:57	01:09:26
43	MARCINIAK Damian	750		M-20	00:00:11	00:22:29	00:46:04	01:09:27
44	MARKOWSKI Przemysław	700	MIECHOWICKA GRUPA BIEGOWA	M-20	00:00:10	00:25:09	00:47:14	01:09:56
45	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59
46	BŁASZCZYK Dominik	170	NIGHT RUNNER GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:04
47	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05
48	GIEROŃ Bartosz	920		M-20	00:00:15	00:22:06	00:45:37	01:10:21
49	LOSKA Tomasz	644	TOMASZ LOSKA	M-20	00:00:22	00:24:10	00:47:47	01:10:39
50	SZULC Sebastian	114	EXLABS	M-20	00:00:13	00:24:14	00:47:58	01:11:34
51	CICHY Andrzej	651	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35
52	GARUS Tomasz	611	304	M-20	00:00:52	00:23:56	00:47:41	01:11:39
53	ŻÓRAW Tomek	754	BETANIA TEAM	M-20	00:00:10	00:21:42	00:46:24	01:11:40
54	WALKOWSKI Kamil	943	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:11:44
55	ADAMSKI Kamil	655	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06
56	SZEWczyk Michał	911		M-20	00:01:05	00:23:22	00:47:42	01:12:13
57	MARCOL Tomasz	941		M-20	00:01:14	00:23:46	00:48:12	01:12:21
58	RUTKOWSKI Michał	224		M-20	00:01:16	00:24:51	00:48:58	01:12:29
59	TRZASKA Wojciech	935	FUCHS OIL TEAM	M-20	00:01:08	00:24:56	00:49:26	01:12:42
60	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43
61	LEBEK Adam	503	VEGE RUNNERS	M-20	00:00:30	00:23:56	00:48:30	01:12:59
62	ZAWADZKI Karol	533	RADLIN	M-20	00:01:05	00:25:18	00:49:42	01:13:01
63	KOSMACZEWSKI Michał	684		M-20	00:00:20	00:23:49	00:48:03	01:13:03
64	PRENZENA Paweł	64		M-20	00:00:19	00:22:46	00:47:32	01:13:09
65	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12
66	SKOLUDEK Robert	98		M-20	00:00:36	00:24:54	00:49:29	01:13:20
67	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24
68	STAŃCZAK Grzegorz	173		M-20	00:00:09	00:23:12	00:47:56	01:13:27
69	PLUSZKE Paweł	880	BIEGACZE CSR	M-20	00:01:36	00:25:49	00:50:31	01:13:43
70	CHROBOK Mateusz	164	NIGHT RUNNERS ZABRZE	M-20	00:00:16	00:23:48	00:48:22	01:13:53
71	NAWARA Arkadiusz	720		M-20	00:01:10	00:25:03	00:49:26	01:13:58
72	MAŁEK Andrzej	970	ABAKON	M-20	00:00:33	00:23:40	00:48:33	01:14:00
73	MUCHA Krzysztof	938	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:14:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
74	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11
75	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15
76	BALWIERZ Kamil	907		M-20	00:01:10	00:24:28	00:48:55	01:14:23
77	ZWALIŃSKI Przemysław	671		M-20	00:00:37	00:22:41	00:47:49	01:14:34
78	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35
79	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52
80	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01
81	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06
82	GRYSZYN Michał	1035		M-20	00:00:35	00:23:48	00:48:10	01:15:15
83	BIEŃKOWSKI Piotr	922		M-20	00:00:21	00:24:01	00:49:12	01:15:49
84	SIWCZYK Robert	538		M-20	00:01:20	00:24:55	00:50:01	01:15:51
85	RÓG Marcin	1054		M-20	00:00:19	00:25:54	00:51:02	01:15:59
86	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01
87	ZAWADA Marcin	79	NIGHT RUNNERS	M-20	00:01:12	00:25:57	00:50:54	01:16:18
88	WAŚ Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21
89	KARSKI Oskar	745		M-20	00:01:02	00:25:19	00:50:52	01:16:23
90	POGORZAŁEK Mateusz	1231		M-20	00:00:45	00:25:57	00:51:33	01:16:37
91	RAWŁUSZEWICZ Maksymilian	956		M-20	00:00:13	00:25:16	00:51:02	01:16:39
92	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48
93	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48
94	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52
95	MASARCZYK Wojciech	269	NIEZRZESZONY	M-20	00:00:17	00:23:55	00:48:45	01:17:00
96	MADEJSKI Kamil	1502		M-20	00:00:56	00:25:18	00:51:24	01:17:23
97	MACIOSZEK Mariusz	712		M-20	00:00:22	00:25:50	00:51:39	01:17:32
98	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35
99	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40
100	KUROWSKI Michał	540	NIGHT RUNNERS GLIWICE	M-20	00:01:00	00:25:30	00:51:22	01:17:42
101	JAGODA Mateusz	972	FUCHS OIL TEAM	M-20	00:01:10	00:26:28	00:52:52	01:17:54
102	SZMIDT Marcin	1216	SBRT GLIWICE	M-20	00:02:19	00:26:08	00:51:34	01:17:56
103	TALKOWSKI Gabriel	1513	EXLABS	M-20	00:00:47	00:26:19	00:52:07	01:18:15
104	JADCZYK Jarosław	753	JCOMMERCE	M-20	00:01:14	00:26:16	00:52:42	01:18:17
105	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24
106	MIKA Szymon	628		M-20	00:00:14	00:26:20	00:52:46	01:18:37
107	SOREMSKI Dominik	480	BZUT	M-20	00:00:39	00:26:43	00:53:11	01:18:37
108	POKRYSZKA Wojciech	360		M-20	00:00:29	00:25:39	00:51:49	01:18:56
109	ADAMCZYK Marcin	364		M-20	00:00:32	00:24:04	00:50:45	01:19:18
110	KOŁAKOWSKI Bartosz	817		M-20	00:00:50	00:26:08	00:52:40	01:19:27
111	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19
112	SZCZĘŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22
113	HNATIUK Mateusz	679		M-20	00:01:06	00:27:58	00:54:50	01:20:36
114	KOWALSKI Rafał	494		M-20	00:00:47	00:27:21	00:54:20	01:20:47
115	TATERKA Michał	764		M-20	00:01:37	00:28:14	00:54:10	01:20:48
116	BUK Marcin	286		M-20	00:01:53	00:27:19	00:54:11	01:20:49
117	KUZIOR Karol	1256		M-20	00:01:33	00:24:29	00:53:11	01:20:56
118	RATAJCZAK Krystian	1042		M-20	00:01:08	00:27:08	00:53:51	01:21:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
119	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05
120	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06
121	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09
122	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44
123	KĘPSKI Albert	784		M-20	00:01:21	00:28:04	00:56:07	01:21:54
124	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55
125	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57
126	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57
127	WOLANIN Maciej	645		M-20	00:00:38	00:27:37	00:55:12	01:22:05
128	ROZCIECHA Radosław	1069		M-20	00:01:15	00:27:00	00:54:41	01:22:21
129	URBANKE Bartosz	1305		M-20	00:01:07	00:28:29	00:54:52	01:22:35
130	MACIASZEK Grzegorz	414		M-20	00:00:17	00:27:58	00:55:52	01:22:53
131	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53
132	GAŁĘCZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06
133	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21
134	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52
135	WOŁOWSKI Michał	1160	SLAM DRINKERS BIŁGORAJ	M-20	00:00:10	00:28:08	00:55:53	01:25:02
136	BŁASZCZYSZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27
137	OGIŃSKI Daniel	1106	1992	M-20	00:00:47	00:27:52	00:57:12	01:25:56
138	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04
139	MULLER Rafał	890		M-20	00:00:41	00:27:57	00:57:10	01:26:21
140	ZDRZAŁEK Jan	624		M-20	00:01:58	00:29:04	00:58:21	01:26:46
141	JABŁOŃSKI Łukasz	889	UNISONO	M-20	00:01:07	00:30:06	00:59:29	01:27:56
142	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02
143	WILCZOK Krzysztof	129		M-20	00:01:36	00:30:39	00:59:47	01:28:03
144	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38
145	CABAŁA Adam	918		M-20	00:01:02	00:29:49	00:59:30	01:30:09
146	ŚLĘZAK Jakub	963	BANDA PE	M-20	00:01:32	00:29:55	01:00:23	01:30:24
147	KOSTORZ Paweł	613	PAWEŁ KOSTORZ	M-20	00:01:21	00:29:15	00:59:52	01:30:34
148	KWAŚNIOK Rafał	348	NIGHT RUNNERS GLIWICE	M-20	00:01:04	00:29:54	01:00:42	01:30:51
149	DWORNICZAK Paweł	887		M-20	00:01:34	00:29:32	01:00:38	01:31:21
150	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25
151	GORZAWSKI Andrzej	1200	SPARTANIE DZIECIOM	M-20	00:01:38	00:30:20	01:03:18	01:37:22
152	SZAŁAŚNY Piotr	601	TESTYOUTDOOROWE.PL	M-20	00:01:11	00:30:54	01:03:51	01:37:47
153	SANECKI Patryk	1194	SPARTANIE DZIECIOM	M-20	00:01:11	00:30:54	01:03:52	01:37:48
154	BEJNAROWICZ Damian	1196	SPARTANIE DZIECIOM	M-20	00:01:04	00:30:58	01:03:56	01:37:52
155	SUSEŁ Aleksander	16		M-20	00:00:00	00:31:26	01:04:00	01:42:57
156	KAPICA Wojciech	883	BANDA PE	M-20	00:00:00			
157	RESZKE Marek	1154	OPOLEBIEGA.PL	M-20	00:00:34	00:21:53	00:43:34	
158	JASIKOWSKI Łukasz	89		M-20	00:01:23	00:27:20		

Znaleziono 158 wynik(ów)