



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Punkt pomiarowy: 10,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_km 5km | 10_km 10km |
|-----|------------------------------|-------------|-------------------------------------|-----------|-------------|-------------|---------------|
| DQ | LEGIEŻYŃSKI Krzysztof | 45 | KATAGURUME | M-30 | DQ | DQ | 00:24:04 DQ |
| 2 | STARŻYŃSKI Andrii | 487 | KLEMENTYNKA | M-20 | 00:00:01 | 00:16:03 | 00:32:28 |
| 3 | NAGIZNJAK Wiktor | 56 | IKB RUDNIK | M-20 | 00:00:00 | 00:16:23 | 00:33:25 |
| 4 | CIEPLAK Marcin | 11 | TL ROW RYBNIK | M-20 | 00:00:01 | 00:16:58 | 00:33:46 |
| 5 | GRAJCAR Łukasz | 1181 | CKS BUDOWLANI CZĘSTOCHOWA | M-20 | 00:00:01 | 00:16:42 | 00:34:02 |
| 6 | KAWIK Tomasz | 1049 | INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE | M-20 | 00:00:01 | 00:17:04 | 00:34:16 |
| 7 | FORMICKI Rafał | 450 | | M-20 | 00:00:01 | 00:17:04 | 00:34:31 |
| 8 | PAWEŁCZAK Mateusz | 434 | KB FLORIAN ZAJĄCZKI DRUGIE | M-20 | 00:00:01 | 00:17:39 | 00:35:58 |
| 9 | RZEPKA Bernard | 805 | #SOBASTEAM | M-40 | 00:00:02 | 00:18:05 | 00:36:41 |
| 10 | ŻABA Marek | 1019 | TRIATHLON X-TEAM | M-30 | 00:00:03 | 00:18:09 | 00:36:57 |
| 11 | ŚLIWIŃSKI Piotr | 252 | OPEL ACTIVE TEAM GLIWICE | M-30 | 00:00:01 | 00:18:16 | 00:37:26 |
| 12 | MUSKIETORZ Piotr | 517 | | M-20 | 00:00:02 | 00:18:11 | 00:37:44 |
| 13 | BOCHEŃSKI Grzegorz | 90 | SBRT GLIWICE | M-40 | 00:00:03 | 00:18:49 | 00:37:47 |
| 14 | KŁĘBEK Kamil | 1182 | AWF KATOWICE | M-20 | 00:00:03 | 00:18:44 | 00:38:11 |
| 15 | RAJEK Sebastian | 1145 | | M-40 | 00:00:02 | 00:18:40 | 00:38:21 |
| 16 | NOWICKI Michał | 669 | KW GLIWICE | M-16 | 00:00:03 | 00:19:19 | 00:38:37 |
| 17 | SZCZECIŃSKI Maciej | 1024 | | M-30 | 00:00:03 | 00:19:24 | 00:38:38 |
| 18 | KULIG Rafał | 28 | 6BPD | M-30 | 00:00:06 | 00:19:21 | 00:38:42 |
| 19 | MATLOK Marek | 859 | BIEGAJ Z PILECKIM | M-40 | 00:00:03 | 00:19:19 | 00:39:00 |
| 20 | ROGACZ Piotr | 583 | SZAKALE | M-30 | 00:00:05 | 00:19:23 | 00:39:09 |
| 21 | LUBNAU Marek | 1203 | HARPAGAN SOSNOWIEC | M-50 | 00:00:02 | 00:19:36 | 00:39:10 |
| 22 | KRZAK Robert | 1312 | AUTHOR BICYCLES | M-50 | 00:00:01 | 00:19:36 | 00:39:16 |
| 23 | BUDKA Borys | 4 | SEJM RP | M-30 | 00:00:01 | 00:19:36 | 00:39:16 |
| 24 | STACHURA Mateusz | 1213 | SBRT GLIWICE | M-20 | 00:00:03 | 00:18:11 | 00:39:19 |
| 25 | POŚNIAK Tomasz | 600 | ISTA BIEGAMY | M-20 | 00:00:02 | 00:19:40 | 00:39:30 |
| 26 | PLOCH Jakub | 229 | NIGHT RUNNERS ZABRZE | M-20 | 00:00:02 | 00:19:21 | 00:39:47 |
| 27 | FLIEGERT Mateusz | 1222 | SBRT GLIWICE | M-20 | 00:00:04 | 00:20:10 | 00:39:52 |
| 28 | HETMAN Radosław | 662 | GRUPA NOMAX | M-30 | 00:00:05 | 00:20:09 | 00:39:52 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|------------------------------|-------------|-------------------------------------|-----------|-------------|-------------|---------------|
| 29 | DUŻNIAK Dominik | 166 | STEP-DANCE RUN | M-30 | 00:00:02 | 00:19:41 | 00:40:01 |
| 30 | BIALIK Marcin | 971 | | M-20 | 00:00:03 | 00:19:33 | 00:40:02 |
| 31 | SPYCHALSKI Adam | 1204 | | M-40 | 00:00:03 | 00:19:46 | 00:40:03 |
| 32 | PIEKARCZYK Sławomir | 650 | UNIWERSYTET ŚLĄSKI | M-20 | 00:00:05 | 00:19:44 | 00:40:04 |
| 33 | RUDKO Michał | 544 | KLUCZBORSKA GRUPA BIEGOWA | M-20 | 00:00:05 | 00:19:33 | 00:40:06 |
| 34 | GROŃ Krystian | 1043 | | M-20 | 00:00:06 | 00:20:08 | 00:40:16 |
| 35 | SLADEK Dawid | 210 | | M-20 | 00:00:05 | 00:19:52 | 00:40:24 |
| 36 | BAGAN Grzegorz | 12 | GOGGLE PAE TEAM | M-40 | 00:00:03 | 00:19:53 | 00:40:26 |
| 37 | SZWEDA Piotr | 778 | MIECHOWICKA GRUPA BIEGOWA | M-40 | 00:00:09 | 00:20:32 | 00:40:36 |
| 38 | SZCZESNY Damian | 1142 | WIELUŃ BIEGA | M-30 | 00:00:07 | 00:20:10 | 00:40:38 |
| 39 | PETRUS Łukasz | 1117 | | M-30 | 00:06:20 | 00:20:13 | 00:40:45 |
| 40 | KILIŃSKI Jacek | 1238 | | M-40 | 00:00:02 | 00:19:31 | 00:40:46 |
| 41 | NIESLON Marek | 603 | | M-30 | 00:00:36 | 00:20:42 | 00:40:46 |
| 42 | KRZESIAK Marcin | 852 | | M-30 | 00:00:05 | 00:20:05 | 00:40:47 |
| 43 | WALKOWIAK Artur | 634 | UCIEKAM PRZED DOBRĄ ZMIANĄ | M-40 | 00:00:05 | 00:20:07 | 00:40:48 |
| 44 | WOLNY Krzysztof | 358 | | M-30 | 00:00:03 | 00:20:24 | 00:40:51 |
| 45 | HOZAKOWSKI Marcin | 860 | | M-20 | 00:00:04 | 00:20:38 | 00:40:55 |
| 46 | POLACZEK Alexander | 405 | | M-40 | 00:00:04 | 00:20:11 | 00:40:55 |
| 47 | GICZEWSKI Grzegorz | 839 | MIECHOWICKA GRUPA BIEGOWA | M-50 | 00:00:09 | 00:20:33 | 00:40:55 |
| 48 | WIECHUŁA Marcin | 169 | | M-30 | 00:00:06 | 00:20:02 | 00:40:56 |
| 49 | CHOMIK Rafał | 869 | T2 TRIATHLON TEAM | M-30 | 00:00:03 | 00:19:42 | 00:40:57 |
| 50 | MAJCHRZAK Marcin | 261 | HOLBOX RUNNERS | M-40 | 00:00:05 | 00:20:21 | 00:41:01 |
| 51 | ŁUSZCZ Remigiusz | 589 | NASNIEDOGONIAT | M-16 | 00:00:47 | 00:20:12 | 00:41:02 |
| 52 | ORZECHOWSKI Arkadiusz | 794 | MIECHOWICKA GRUPA BIEGOWA | M-40 | 00:00:08 | 00:20:33 | 00:41:09 |
| 53 | SKRZYDELSKI Tomasz | 1023 | | M-20 | 00:00:33 | 00:20:40 | 00:41:14 |
| 54 | LIGOCKI Michał | 959 | CHOP ZE ŻELAZA TRI TEAM | M-30 | 00:00:03 | 00:20:34 | 00:41:21 |
| 55 | MAŁKA Bartosz | 152 | | M-30 | 00:00:04 | 00:20:27 | 00:41:21 |
| 56 | PYSZ Grzegorz | 396 | HR MAX ŻORY | M-40 | 00:00:10 | 00:20:32 | 00:41:24 |
| 57 | MATERLA Marek | 196 | ZRYW SŁUPSKO | M-30 | 00:00:06 | 00:20:36 | 00:41:29 |
| 58 | BIŃCZYK Dariusz | 821 | ZABIEGANI CZĘSTOCHOWA | M-30 | 00:00:04 | 00:20:41 | 00:41:30 |
| 59 | CISZEWSKI Wojciech | 957 | | M-40 | 00:00:04 | 00:20:11 | 00:41:43 |
| 60 | KUPIJAJ Marcin | 410 | SOCIOS GÓRNIK | M-20 | 00:00:30 | 00:20:44 | 00:41:43 |
| 61 | JACHYMEK Bartłomiej | 1076 | JACEKBIEGA RUNNING TEAM | M-40 | 00:00:05 | 00:20:56 | 00:41:45 |
| 62 | PACZKA Michał | 1299 | | M-40 | 00:00:10 | 00:20:35 | 00:41:49 |
| 63 | BAŃSKI Szymon | 872 | KS HALNY WĘGIERSKA GÓRKA | M-30 | 00:00:12 | 00:20:54 | 00:41:51 |
| 64 | LASKOWSKI Tomasz | 118 | AKMB PĘDZIWIATR GLIWICE | M-30 | 00:00:07 | 00:20:54 | 00:42:03 |
| 65 | LEWICKI Tomasz | 15 | AKMB PĘDZIWIATR GLIWICE | M-30 | 00:00:07 | 00:20:45 | 00:42:03 |
| 66 | SARNECKI Adam | 801 | | M-30 | 00:00:12 | 00:21:03 | 00:42:03 |
| 67 | DWORNICZAK Łukasz | 716 | | M-30 | 00:00:07 | 00:20:52 | 00:42:06 |
| 68 | GRZYB Dariusz | 894 | BRAK | M-40 | 00:00:08 | 00:20:35 | 00:42:06 |
| 69 | HOŁDA Marek | 1510 | | M-20 | 00:00:05 | 00:21:09 | 00:42:07 |
| 70 | ZAWIŚLAK Patryk | 1119 | RUNNERS WOJKOWICE TEAM | M-20 | 00:00:06 | 00:20:24 | 00:42:07 |
| 71 | MAŚCIBRZUCH Marcin | 273 | | M-20 | 00:00:07 | 00:21:06 | 00:42:07 |
| 72 | SKORUPKA Adam | 575 | III LO IM. WINCENTEGO STYCZYŃSKIEGO | M-16 | 00:00:08 | 00:20:53 | 00:42:07 |
| 73 | BOGUS Bartosz | 228 | | M-20 | 00:00:06 | 00:21:07 | 00:42:08 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|----------------------------|-------------|--------------------------------|-----------|-------------|-------------|---------------|
| 74 | WOLNY Dariusz | 336 | LIDEON | M-30 | 00:00:06 | 00:20:55 | 00:42:08 |
| 75 | MUSZKIET Piotr | 836 | MAXIMUS ZAWADZKIE | M-40 | 00:00:05 | 00:21:09 | 00:42:09 |
| 76 | NOGAJ Janusz | 1037 | OCHAJORUN & FRIENDS | M-30 | 00:00:08 | 00:21:09 | 00:42:11 |
| 77 | DAMEC Olek | 718 | | M-40 | 00:00:07 | 00:21:11 | 00:42:13 |
| 78 | OKOŃ Łukasz | 226 | | M-30 | 00:00:08 | 00:20:37 | 00:42:15 |
| 79 | CYROŃ Adrian | 1122 | | M-30 | 00:00:07 | 00:21:15 | 00:42:18 |
| 80 | ŚWIDA Adam | 1514 | TRIDEA TEAM | M-30 | 00:00:07 | 00:21:15 | 00:42:19 |
| 81 | WYŁUPEK Tomasz | 812 | SZAKALE | M-40 | 00:00:09 | 00:21:14 | 00:42:21 |
| 82 | STASIAK Mirosław | 588 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:30 | 00:21:11 | 00:42:26 |
| 83 | HOŁA Paweł | 1183 | BTM RUNNERS | M-30 | 00:00:09 | 00:21:16 | 00:42:31 |
| 84 | OŚLIZŁO Tomasz | 1132 | | M-20 | 00:00:04 | 00:21:21 | 00:42:32 |
| 85 | OŚLIZŁO Marcin | 1157 | 31 URODZINY:) | M-30 | 00:00:04 | 00:21:21 | 00:42:32 |
| 86 | SKWORC Grzegorz | 1013 | NIGHT RUNNERS GLIWICE | M-20 | 00:00:03 | 00:20:22 | 00:42:35 |
| 87 | SURMA Jakub | 1263 | | M-20 | 00:00:58 | 00:20:54 | 00:42:40 |
| 88 | GŁUSZAK Adam | 721 | | M-30 | 00:00:59 | 00:21:21 | 00:42:40 |
| 89 | PAWLIK Marek | 192 | ATHLETICS NYSA | M-40 | 00:00:06 | 00:21:22 | 00:42:43 |
| 90 | KAWELCZYK Robert | 973 | | M-40 | 00:00:04 | 00:21:07 | 00:42:45 |
| 91 | BOSAK Sławomir | 760 | BIŁGORAJ BIEGA | M-40 | 00:00:21 | 00:21:07 | 00:42:49 |
| 92 | WÓJCIK Dariusz | 1156 | | M-40 | 00:00:10 | 00:21:07 | 00:42:52 |
| 93 | OLESIŃSKI Tomasz | 374 | | M-40 | 00:00:10 | 00:21:22 | 00:42:52 |
| 94 | BIELECKI Krzysztof | 939 | | M-30 | 00:00:10 | 00:21:22 | 00:42:53 |
| 95 | DZIUBAŃSKI Grzegorz | 1110 | OPEL ACTIVE TEAM | M-30 | 00:00:07 | 00:21:06 | 00:42:57 |
| 96 | WALIGÓRSKI Robert | 633 | PARKRUN KĘDZIERZYN-KOŹLE | M-40 | 00:00:07 | 00:21:18 | 00:42:58 |
| 97 | IMAŃSKI Grzegorz | 1136 | | M-40 | 00:00:08 | 00:21:20 | 00:42:59 |
| 98 | FALKENBERG Ludwik | 41 | RUN-LOG.COM | M-40 | 00:00:21 | 00:21:14 | 00:42:59 |
| 99 | GRAETSCH Sebastian | 1266 | | M-30 | 00:00:07 | 00:21:06 | 00:43:01 |
| 100 | RACZEK Sławomir | 46 | KELLER TEAM | M-30 | 00:00:06 | 00:21:09 | 00:43:03 |
| 101 | BŁACH Piotr | 1221 | SBRT GLIWICE | M-40 | 00:00:08 | 00:21:18 | 00:43:03 |
| 102 | MICHALSKI Jarosław | 832 | HETMAN TARNOWSKIE GÓRY | M-30 | 00:00:05 | 00:21:12 | 00:43:07 |
| 103 | PUC Paweł | 1104 | | M-30 | 00:00:16 | 00:21:03 | 00:43:12 |
| 104 | BAK Henryk | 960 | | M-40 | 00:01:24 | 00:21:21 | 00:43:12 |
| 105 | BEŚKA Sławomir | 183 | OCHAJORUN & FRIENDS | M-40 | 00:00:08 | 00:21:10 | 00:43:14 |
| 106 | FURMANEK Łukasz | 175 | KLUB BIEGACZA SANTANDERA | M-30 | 00:00:08 | 00:21:42 | 00:43:25 |
| 107 | JAWOROWSKI Witold | 774 | AMATOR | M-50 | 00:00:13 | 00:21:38 | 00:43:25 |
| 108 | STAROSTKA Jacek | 1089 | PKO BANK POLSKI BIEGAJMY RAZEM | M-40 | 00:00:07 | 00:21:41 | 00:43:33 |
| 109 | DRAGA Marek | 773 | | M-40 | 00:00:07 | 00:21:08 | 00:43:33 |
| 110 | CZABAŃSKI Rafał | 259 | RUNHOGS TYCHY | M-30 | 00:00:09 | 00:21:41 | 00:43:33 |
| 111 | RESZKE Marek | 1154 | OPOLEBIEGA.PL | M-20 | 00:00:34 | 00:21:53 | 00:43:34 |
| 112 | FOJCIK Rafał | 411 | OPEL ACTIV TEAM | M-30 | 00:00:19 | 00:21:29 | 00:43:35 |
| 113 | BEHRENDT Jakub | 931 | KB LECE BO CHCE | M-40 | 00:00:08 | 00:21:10 | 00:43:38 |
| 114 | KOWALCZYK Adam | 1025 | STS BIEGATON | M-40 | 00:00:08 | 00:21:32 | 00:43:40 |
| 115 | CHROBOK Łukasz | 165 | NIGHT RUNNERS ZABRZE | M-30 | 00:00:12 | 00:21:35 | 00:43:41 |
| 116 | MULARCZYK Marek | 320 | | M-20 | 00:00:29 | 00:21:21 | 00:43:41 |
| 117 | ZWOLAK Tomasz | 190 | NIGHT RUNNERS ZABRZE | M-30 | 00:00:12 | 00:21:34 | 00:43:42 |
| 118 | WAWRZAK Ryszard | 1515 | SBRT | M-40 | 00:00:16 | 00:21:27 | 00:43:42 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-------------------------|-------|--------------------------------|-----------|-------------|-------------|---------------|
| 119 | MAJERANOWSKI Marek | 1063 | SMOLEŃ BYTOM | M-30 | 00:00:17 | 00:21:13 | 00:43:43 |
| 120 | LATOŃ Adam | 748 | | M-30 | 00:00:08 | 00:21:35 | 00:43:46 |
| 121 | KORKUŚ Jarosław | 871 | WOSIEK TEAM | M-30 | 00:00:08 | 00:21:58 | 00:43:47 |
| 122 | ZASADA Adrian | 756 | BETANIA TEAM | M-20 | 00:00:07 | 00:21:42 | 00:43:48 |
| 123 | RODAK Piotr | 298 | MZT | M-50 | 00:00:10 | 00:21:54 | 00:43:49 |
| 124 | DOMAŃSKI Marcin | 83 | BFRT & LAUF TEAM THIESEN | M-40 | 00:00:14 | 00:21:43 | 00:43:49 |
| 125 | SŁOMCZYŃSKI Bartosz | 694 | 10 BLOG | M-30 | 00:00:09 | 00:21:54 | 00:43:52 |
| 126 | KSIĄŻKIEWICZ Bartłomiej | 732 | ROCKY BALBOA RUNNING CLUB | M-30 | 00:00:03 | 00:21:20 | 00:43:54 |
| 127 | KANIA Michał | 325 | | M-40 | 00:00:04 | 00:21:39 | 00:44:00 |
| 128 | KREŻOŁEK Daniel | 741 | | M-30 | 00:00:25 | 00:22:11 | 00:44:02 |
| 129 | DĄBROWSKI Piotr | 1131 | BIEGOWA ŚWIDNICA | M-30 | 00:00:38 | 00:21:56 | 00:44:11 |
| 130 | OZYP Mariusz | 303 | 607376112 | M-20 | 00:00:03 | 00:21:54 | 00:44:12 |
| 131 | FIELHAUER Mateusz | 673 | KP PSP RACIBÓRZ / EASY RUN | M-20 | 00:00:11 | 00:21:59 | 00:44:12 |
| 132 | OZYP Mariusz | 1288 | MOMO RESTAURANT & COCKTAIL BAR | M-20 | 00:00:03 | 00:21:54 | 00:44:13 |
| 133 | STAWARCZYK Krystian | 840 | OPEL ACTIVE TEAM | M-30 | 00:00:08 | 00:21:55 | 00:44:13 |
| 134 | WIECZOREK Andrzej | 768 | HASIOK | M-30 | 00:00:10 | 00:21:57 | 00:44:15 |
| 135 | KRÓL Dariusz | 449 | SPELEOKLUB DĄBROWA GÓRNICZA | M-30 | 00:00:40 | 00:22:00 | 00:44:16 |
| 136 | KROCZEK Andrzej | 1061 | | M-40 | 00:00:53 | 00:22:34 | 00:44:16 |
| 137 | GRAMATYKA Jan | 729 | | M-30 | 00:00:16 | 00:22:05 | 00:44:17 |
| 138 | CHRAPKOWICZ Damian | 365 | 304 | M-20 | 00:00:37 | 00:22:11 | 00:44:18 |
| 139 | KĘSICKI Robert | 1004 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:06 | 00:21:59 | 00:44:19 |
| 140 | PTAK Krzysztof | 777 | HR MAX ŻORY | M-30 | 00:00:12 | 00:22:09 | 00:44:22 |
| 141 | STRUK Maciej | 974 | DREAM RUN | M-30 | 00:00:36 | 00:22:03 | 00:44:22 |
| 142 | SIEJA Sebastian | 7 | JW 4415 | M-20 | 00:00:11 | 00:22:19 | 00:44:23 |
| 143 | RZEPKA Piotr | 564 | PARKRUN KATOWICE | M-20 | 00:00:29 | 00:22:20 | 00:44:27 |
| 144 | FIJĄLKOWSKI Paweł | 936 | KALINOWSKI TEAM | M-30 | 00:00:19 | 00:22:15 | 00:44:30 |
| 145 | SLUPINA Maciej | 270 | | M-30 | 00:00:05 | 00:21:54 | 00:44:42 |
| 146 | ŁUKASZEK Grzegorz | 1230 | | M Open | 00:00:10 | 00:21:57 | 00:44:42 |
| 147 | OLSZESKI Zbigniew | 1303 | ROZTOCZE KRASNOBRÓD | M-40 | 00:00:10 | | 00:44:42 |
| 148 | SOSNA Adrian | 1000 | | M-30 | 00:00:10 | 00:21:57 | 00:44:42 |
| 149 | BERNACKI Eugeniusz | 1006 | GPRS HYDROKOP | M-50 | 00:00:50 | 00:21:59 | 00:44:45 |
| 150 | FRĄC Dariusz | 1296 | MOMO RESTAURANT & COCKTAIL BAR | M-40 | 00:00:14 | 00:22:16 | 00:44:46 |
| 151 | ZOK Karol | 221 | | M-30 | 00:00:27 | 00:22:33 | 00:44:47 |
| 152 | JACKOWSKI Piotr | 646 | | M-40 | 00:00:06 | 00:22:15 | 00:44:49 |
| 153 | KUCHNIA Krzysztof | 909 | TS REGLE SZKLARSKA PORĘBA | M-50 | 00:00:09 | 00:22:04 | 00:44:50 |
| 154 | DZIEDZIC Andrzej | 582 | BHP | M-40 | 00:00:11 | 00:21:54 | 00:44:53 |
| 155 | CHOJNA Zygmunt | 933 | SOCIOS GÓRNIK | M-50 | 00:00:04 | 00:21:43 | 00:44:55 |
| 156 | KOWOLIK Łukasz | 994 | AMATOR | M-20 | 00:00:20 | 00:22:11 | 00:44:55 |
| 157 | HRYSZKO Kazimierz | 1170 | 40-LATEK TYCHY | M-50 | 00:00:22 | 00:23:00 | 00:44:59 |
| 158 | SIKORA Rafał | 849 | NIGHT RUNNERS ZABRZE | M-30 | 00:00:15 | 00:21:52 | 00:45:03 |
| 159 | WIECZOREK Dawid | 638 | PSYCHONAUCI | M-30 | 00:00:54 | 00:22:40 | 00:45:03 |
| 160 | WAWRZYNIAK Mariusz | 780 | DIKOM | M-30 | 00:00:37 | 00:22:37 | 00:45:05 |
| 161 | CICHY Andrzej | 651 | OPEL ACTIVE TEAM | M-20 | 00:00:06 | 00:21:16 | 00:45:07 |
| 162 | KAŁAMARZ Mariusz | 1099 | RUN KAZIK RUN | M-40 | 00:00:09 | 00:22:02 | 00:45:08 |
| 163 | PUŚCIZNA Paweł | 775 | SAINT-GOBAIN SQUAD | M-40 | 00:00:08 | 00:22:28 | 00:45:09 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-------------------------------|-------------|---|-----------|-------------|-------------|---------------|
| 164 | LESZCZYŃSKI Mariusz | 843 | | M-40 | 00:00:13 | 00:22:33 | 00:45:12 |
| 165 | WILK Andrzej | 605 | | M-30 | 00:01:12 | 00:22:16 | 00:45:13 |
| 166 | NAWRAT Piotr | 132 | | M-30 | 00:00:05 | 00:21:47 | 00:45:14 |
| 167 | WANIEWSKI Michał | 250 | | M-30 | 00:00:18 | 00:22:47 | 00:45:14 |
| 168 | ŚLIWA Paweł | 908 | | M-20 | 00:00:14 | 00:23:02 | 00:45:15 |
| 169 | KACZOR Sebastian | 845 | MIĘDZYGALAKTYCZNY KLUB ROZBIEGANYCH KACZEK | M-40 | 00:00:14 | 00:22:39 | 00:45:16 |
| 170 | ROSIKOŃ Tomasz | 934 | | M-30 | 00:00:20 | 00:22:33 | 00:45:16 |
| 171 | BUJOK Mariusz | 787 | | M-30 | 00:00:30 | 00:22:37 | 00:45:16 |
| 172 | SZKÓŁKA Marcin | 896 | WARY PANY | M-30 | 00:00:43 | 00:22:45 | 00:45:21 |
| 173 | BULIŃSKI Przemysław | | | M-20 | 00:00:33 | 00:22:26 | 00:45:22 |
| 174 | KOCHUIEVSKYI Oleksandr | 904 | | M-20 | 00:01:35 | 00:22:39 | 00:45:22 |
| 175 | BARAN Łukasz | 1108 | | M-30 | 00:00:21 | 00:22:50 | 00:45:25 |
| 176 | PIENIAŻEK Krzysztof | 318 | | M-40 | 00:00:24 | 00:22:34 | 00:45:25 |
| 177 | ZDEBEL Dariusz | 401 | | M-40 | 00:00:06 | 00:22:33 | 00:45:27 |
| 178 | ŻEBROWSKI Cezary | 1115 | | M-50 | 00:00:07 | 00:21:46 | 00:45:27 |
| 179 | DIDYK Grzegorz | 826 | MIASTO NIERUCHOMOŚCI BYTOM | M-30 | 00:00:18 | 00:22:44 | 00:45:27 |
| 180 | NOWAKOWSKI Zenon | 841 | - | M-50 | 00:00:14 | 00:23:11 | 00:45:32 |
| 181 | BOROWSKI Piotr | 177 | OPEL ACTIVE TEAM | M-50 | 00:00:31 | 00:22:51 | 00:45:36 |
| 182 | GIEROŃ Bartosz | 920 | | M-20 | 00:00:15 | 00:22:06 | 00:45:37 |
| 183 | GOŁĘBIEWSKI Bartek | 696 | | M-40 | 00:00:18 | 00:22:44 | 00:45:37 |
| 184 | JACHIMOWSKI Waldemar | 383 | VIBOVIT KNURÓW | M-40 | 00:00:21 | 00:22:36 | 00:45:40 |
| 185 | ŁYCZAK Artur | 653 | VIBOVIT KNURÓW | M-40 | 00:00:21 | 00:22:35 | 00:45:40 |
| 186 | PODRYGAŁA Tomasz | 1223 | RYBNICKA GRUPA BIEGOWA | M-40 | 00:00:24 | 00:22:33 | 00:45:40 |
| 187 | WRÓBEL Adam | 59 | | M-30 | 00:01:54 | 00:22:30 | 00:45:40 |
| 188 | MAJEREK Marek | 199 | | M-40 | 00:00:10 | 00:22:38 | 00:45:44 |
| 189 | SYDA Andrzej | 1225 | GORKI TEAM | M-40 | 00:00:05 | 00:22:24 | 00:45:45 |
| 190 | NIŻNIKIEWICZ Grzegorz | 577 | | M-40 | 00:00:09 | 00:22:35 | 00:45:46 |
| 191 | ROSKOSZ Rafał | 1178 | OBERSCHLESIEN TEAM ROHOL TARNOWSKIE GÓRY | M-30 | 00:00:41 | 00:22:40 | 00:45:46 |
| 192 | MADEJCZYK Tomasz | 381 | MTM | M-30 | 00:01:39 | 00:22:53 | 00:45:47 |
| 193 | JANIK Johan | 1177 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:15 | 00:22:49 | 00:45:48 |
| 194 | JEZUSEK Piotr | 432 | SBRT | M-30 | 00:00:17 | 00:22:51 | 00:45:49 |
| 195 | SMUDA Grzegorz | 1138 | | M-30 | 00:00:00 | 00:22:57 | 00:45:54 |
| 196 | PIELKA Erwin | 197 | | M-50 | 00:00:24 | 00:22:41 | 00:45:55 |
| 197 | SADŁO Tomasz | 278 | KOLEGIUM SĘDZIÓW ZABRZE | M-30 | 00:00:27 | 00:22:51 | 00:45:55 |
| 198 | JAMRÓZ Wojciech | 625 | | M-40 | 00:00:09 | 00:21:24 | 00:45:56 |
| 199 | KARGÓL Rafał | 658 | LOGTECH TEAM RADZIONKÓW | M-30 | 00:00:17 | 00:23:26 | 00:45:56 |
| 200 | SZPONARSKI Paweł | 1020 | MASAKRA RZECZYCE | M-40 | 00:00:31 | 00:22:51 | 00:45:59 |
| 201 | SŁODKOWSKI Marek | 392 | MALA PANA ZAWADZKIE | M-30 | 00:00:39 | 00:22:46 | 00:45:59 |
| 202 | PIŁAT Jarosław | 65 | KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA | M-30 | 00:00:11 | 00:22:27 | 00:46:01 |
| 203 | KĘDZIOR Łukasz | 536 | HOLBOX RUNNERS | M-30 | 00:00:33 | 00:22:47 | 00:46:03 |
| 204 | MARCINIAK Damian | 750 | | M-20 | 00:00:11 | 00:22:29 | 00:46:04 |
| 205 | ZAWADA Sebastian | 350 | BIEGAMY DLA LAURY | M-30 | 00:00:20 | 00:22:31 | 00:46:05 |
| 206 | NOCOŃ Sławek | 831 | GNAJ FRETKA, GNAJ... SZYBCIEJ, SZYBCIEJ !!! | M-40 | 00:00:09 | 00:22:55 | 00:46:07 |
| 207 | ĆWIKLIŃSKI Piotr | 932 | KLUB ŻEGLARSKI ZAGŁĘBIE | M-30 | 00:00:13 | 00:23:15 | 00:46:08 |
| 208 | KŁOSOWSKI Karol | 237 | LOS TREPOS COMPANIEROS | M-30 | 00:00:38 | 00:22:25 | 00:46:08 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|--------------------------------|-------------|--|-----------|-------------|-------------|---------------|
| 209 | ŻEBROWSKI Adrian | 404 | | M-20 | 00:00:38 | 00:22:26 | 00:46:09 |
| 210 | BRYKOWSKI Przemysław | 500 | RUN AND FUN TEAM | M-30 | 00:00:15 | 00:23:10 | 00:46:13 |
| 211 | BEZUSZKO Tomasz | 206 | | M-40 | 00:01:08 | 00:23:26 | 00:46:17 |
| 212 | BYLINOWSKI Oleg | 1307 | GTT | M-40 | 00:00:14 | 00:23:12 | 00:46:18 |
| 213 | GOCYK Leszek | 572 | | M-30 | 00:00:31 | 00:23:03 | 00:46:18 |
| 214 | BOROWIAK Piotr | 465 | | M-40 | 00:00:39 | 00:23:03 | 00:46:19 |
| 215 | FLASIŃSKI Michał | 912 | | M-30 | 00:00:17 | 00:23:03 | 00:46:20 |
| 216 | GŁOWACKI Jordan | 727 | JW 4115 | M-30 | 00:02:10 | 00:23:52 | 00:46:20 |
| 217 | SZWAJNOCH Piotr | 584 | IMPERIAL PIOTR SZWAJNOCH | M-30 | 00:00:23 | 00:22:51 | 00:46:23 |
| 218 | ŻÓRAW Tomek | 754 | BETANIA TEAM | M-20 | 00:00:10 | 00:21:42 | 00:46:24 |
| 219 | ZIAJA Stefan | 453 | | M-40 | 00:00:12 | 00:23:23 | 00:46:24 |
| 220 | SZCZEPAŃSKI Tomasz | 964 | | M-30 | 00:00:13 | 00:23:03 | 00:46:26 |
| 221 | SKOWROŃSKI Michał | 993 | | M-20 | 00:00:45 | 00:23:13 | 00:46:26 |
| 222 | MILLER Ryszard | 639 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | M-50 | 00:00:30 | 00:23:13 | 00:46:29 |
| 223 | BELUCH Witold | 322 | | M-40 | 00:00:17 | 00:23:26 | 00:46:32 |
| 224 | OZIĘBAŁA Ignacy | 284 | WKB META LUBLINIEC | M-60 | 00:01:29 | 00:23:31 | 00:46:32 |
| 225 | ANDRACZEK Bartosz | 1265 | | M-40 | 00:00:17 | 00:23:11 | 00:46:34 |
| 226 | TYCZYŃSKI Ryszard | 1075 | FC KNURÓW/COMBAT 56 | M-30 | 00:00:53 | 00:23:04 | 00:46:34 |
| 227 | SKRZYPCZYK Paweł | 948 | | M-40 | 00:00:22 | 00:22:52 | 00:46:35 |
| 228 | MISZTAL Kamil | 1012 | | M-30 | 00:00:22 | 00:23:20 | 00:46:36 |
| 229 | GOLDA Piotr | 827 | | M-40 | 00:00:26 | 00:24:12 | 00:46:36 |
| 230 | BORSIAK Sebastian | 151 | | M-30 | 00:01:01 | 00:23:23 | 00:46:36 |
| 231 | MEKIER Bartek | 262 | | M-30 | 00:00:22 | 00:23:21 | 00:46:37 |
| 232 | MYKAŁA Rafał | 393 | NBK | M-40 | 00:00:19 | 00:23:23 | 00:46:39 |
| 233 | CZAUDERNA Adrian | 179 | OCHAJORUN&FRIENDS | M-40 | 00:00:20 | 00:23:25 | 00:46:39 |
| 234 | GOLEC Ryszard | 145 | KT ŻYWIEC | M-40 | 00:00:13 | 00:23:23 | 00:46:40 |
| 235 | KADZIELA Jan | 795 | | M-30 | 00:00:19 | 00:23:25 | 00:46:41 |
| 236 | GAŁKIEWICZ Marcin | 1046 | WOJEWÓDZKIE POGOTOWIE RATUNKOWE W KATOWICACH | M-30 | 00:00:20 | 00:23:34 | 00:46:41 |
| 237 | GRONDYS Michał | 17 | SBRT | M-30 | 00:00:21 | 00:23:23 | 00:46:41 |
| 238 | STANISŁAWCZUK Sebastian | 689 | | M-30 | 00:00:13 | 00:23:20 | 00:46:43 |
| 239 | PODOLAK Alfred | 1501 | PIAST GLIWICE | M-50 | 00:00:15 | 00:23:26 | 00:46:43 |
| 240 | PIETREK Daniel | 1034 | | M-40 | 00:00:14 | 00:23:28 | 00:46:44 |
| 241 | BRONOWSKI Dariusz | 276 | SZOMBIERKI RUNNERS / BIEGAM PO ŚLĄSKU | M-30 | 00:00:40 | 00:23:29 | 00:46:44 |
| 242 | BURZAWA Grzegorz | 1518 | | M-30 | 00:00:12 | 00:23:30 | 00:46:45 |
| 243 | BŁASZCZYK Dominik | 170 | NIGHT RUNNER GLIWICE | M-20 | 00:00:13 | 00:23:28 | 00:46:45 |
| 244 | URBAŃCZYK Karol | 160 | NIGHT RUNNERS GLIWICE | M-20 | 00:00:13 | 00:23:28 | 00:46:45 |
| 245 | CZAJA Jarosław | 502 | FUTURE PROCESSING RUNNING TEAM | M-30 | 00:00:15 | 00:23:29 | 00:46:45 |
| 246 | NIEDZIELA Janusz | 850 | | M-30 | 00:00:34 | 00:23:08 | 00:46:45 |
| 247 | PACAN Tomasz | 448 | | M-30 | 00:00:14 | 00:23:29 | 00:46:46 |
| 248 | SKOWRON Marcin | 714 | | M-30 | 00:00:14 | 00:23:30 | 00:46:46 |
| 249 | IMIOŁEK Krzysztof | 717 | | M-30 | 00:00:14 | 00:23:29 | 00:46:46 |
| 250 | ŚWIDEREK Andrzej | 460 | MIECHOWICKA GRUPA BIEGOWA | M-50 | 00:00:38 | 00:23:31 | 00:46:46 |
| 251 | SUDNIK Krzysztof | 1015 | | M-30 | 00:00:15 | 00:23:29 | 00:46:47 |
| 252 | KULASEK Michał | 917 | | M-20 | 00:00:08 | 00:22:13 | 00:46:48 |
| 253 | PACUŁA Piotr | 194 | OPEL ACTIVE TEAM GLIWICE | M-50 | 00:00:03 | 00:23:18 | 00:46:49 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-----------------------------|-------------|------------------------------------|-----------|-------------|-------------|---------------|
| 254 | GAWĘŁKO Janusz | 953 | | M-50 | 00:00:11 | 00:23:13 | 00:46:49 |
| 255 | PIKTAS Paweł | 811 | | M-40 | 00:00:10 | 00:23:23 | 00:46:50 |
| 256 | PTASZYŃSKI Tomasz | 157 | STARY HANGAR | M-30 | 00:00:16 | 00:23:11 | 00:46:50 |
| 257 | ZASUŃ Marcin | 1315 | | M-30 | 00:00:17 | 00:23:30 | 00:46:50 |
| 258 | PRACKI Dariusz | 473 | | M-30 | 00:01:33 | 00:23:22 | 00:46:52 |
| 259 | TRZASKALIK Piotr | 1137 | | M-40 | 00:00:08 | 00:23:36 | 00:46:53 |
| 260 | SIEKIERKA Janusz | 76 | | M-30 | 00:00:07 | 00:23:11 | 00:46:54 |
| 261 | KUKUCZKA Mateusz | 846 | | M-30 | 00:00:29 | 00:23:22 | 00:46:55 |
| 262 | GRAJNY Piotr | 1153 | AMATORSKIE BIEGANIE/ULKS LACHOWICE | M-40 | 00:00:39 | 00:23:46 | 00:46:56 |
| 263 | SZCZEPAŃSKI Rafał | 864 | OPEL ACTIVE TEAM | M-40 | 00:00:41 | 00:23:27 | 00:46:57 |
| 264 | KLYSZCZ Michał | 382 | | M-20 | 00:01:37 | 00:24:19 | 00:46:57 |
| 265 | HULIN Sebastian | 885 | UKS JUDO MYSŁOWICE | M-40 | 00:01:24 | 00:23:54 | 00:47:03 |
| 266 | KURCZEK Tomasz | 484 | | M-40 | 00:00:11 | 00:23:23 | 00:47:07 |
| 267 | RIMPLER Łukasz | 1050 | BIEGNĘ DLA ZUZI | M-30 | 00:00:16 | 00:23:36 | 00:47:09 |
| 268 | KASZUBSKI Andrzej | 1212 | SBRT GLIWICE | M-30 | 00:00:40 | 00:23:02 | 00:47:13 |
| 269 | MARKOWSKI Przemysław | 700 | MIECHOWICKA GRUPA BIEGOWA | M-20 | 00:00:10 | 00:25:09 | 00:47:14 |
| 270 | JASIŃSKI Dawid | 802 | | M-16 | 00:00:52 | 00:23:50 | 00:47:15 |
| 271 | BONK Sebastian | 82 | BMS | M-40 | 00:00:50 | 00:23:41 | 00:47:18 |
| 272 | SZCZYRA Jan | 592 | ISTA BIEGAMY | M-30 | 00:01:11 | 00:23:25 | 00:47:19 |
| 273 | KUBIS Adrian | 954 | | M-40 | 00:00:21 | 00:23:47 | 00:47:22 |
| 274 | FLORIAN Krzysztof | 459 | | M-30 | 00:00:23 | 00:23:44 | 00:47:24 |
| 275 | SZOŁTYSEK Wojciech | 1128 | OCHAJORUN&FRIENDS | M-40 | 00:00:22 | 00:23:47 | 00:47:25 |
| 276 | GORCZYCA Jakub | 808 | | M-40 | 00:00:07 | 00:23:26 | 00:47:26 |
| 277 | PODGÓRSKI Tomasz | 541 | | M-30 | 00:00:39 | 00:24:03 | 00:47:26 |
| 278 | KUSZ Janusz | 706 | | M-30 | 00:00:24 | 00:23:29 | 00:47:30 |
| 279 | PRENZENA Paweł | 64 | | M-20 | 00:00:19 | 00:22:46 | 00:47:32 |
| 280 | DYMNICKI Andrzej | 120 | OCHAJORUN & FRIENDS | M-40 | 00:00:20 | 00:23:29 | 00:47:32 |
| 281 | NOGA Łukasz | 879 | ZDZIERAJ KAPCIE | M-30 | 00:00:07 | 00:23:13 | 00:47:35 |
| 282 | SUTKOWSKI Jan | 614 | | M-30 | 00:00:51 | 00:23:56 | 00:47:36 |
| 283 | RYBIŃSKI Łukasz | 854 | EŁKA TEAM | M-30 | 00:00:47 | 00:23:24 | 00:47:37 |
| 284 | GARUS Tomasz | 611 | 304 | M-20 | 00:00:52 | 00:23:56 | 00:47:41 |
| 285 | SZEWczyk Michał | 911 | | M-20 | 00:01:05 | 00:23:22 | 00:47:42 |
| 286 | MIERZWA Adam | 569 | | M-40 | 00:00:22 | 00:23:21 | 00:47:43 |
| 287 | MAZUR Krzysztof | 1007 | NOWA GLIWICE | M-40 | 00:00:25 | 00:24:04 | 00:47:43 |
| 288 | FUGOWSKI Roman | 380 | | M-50 | 00:00:13 | 00:23:53 | 00:47:45 |
| 289 | LOSKA Tomasz | 644 | TOMASZ LOSKA | M-20 | 00:00:22 | 00:24:10 | 00:47:47 |
| 290 | WALICKI Bogdan | 1047 | OPEL ACTIVE TEAM | M-40 | 00:00:41 | 00:23:44 | 00:47:47 |
| 291 | NITKA Sebastian | 52 | | M-40 | 00:00:30 | 00:23:40 | 00:47:49 |
| 292 | ZWALIŃSKI Przemysław | 671 | | M-20 | 00:00:37 | 00:22:41 | 00:47:49 |
| 293 | DESZYŃSKI Damian | 590 | ISTA BIEGAMY | M-30 | 00:00:09 | 00:23:45 | 00:47:50 |
| 294 | ADAMSKI Kamil | 655 | LEGION WILCZE GARDŁO | M-20 | 00:00:53 | 00:23:51 | 00:47:50 |
| 295 | KOWALCZYK Grzegorz | 247 | | M-40 | 00:00:27 | 00:23:28 | 00:47:51 |
| 296 | KOŁAK Szymon | 335 | PIAST GLIWICE | M-20 | 00:00:24 | 00:23:20 | 00:47:52 |
| 297 | NITARSKI Patryk | 899 | | M-30 | 00:01:44 | 00:23:51 | 00:47:53 |
| 298 | GIESE Michał | 609 | | M-30 | 00:01:43 | 00:23:52 | 00:47:54 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-------------------------------|-------------|--------------------------------|-----------|-------------|-------------|---------------|
| 299 | MAĆZKA Bronisław | 987 | | M-60 | 00:00:32 | 00:23:58 | 00:47:55 |
| 300 | STAŃCZAK Grzegorz | 173 | | M-20 | 00:00:09 | 00:23:12 | 00:47:56 |
| 301 | DUDEK Jan | 828 | HONOROWI DAWCY KRWI | M-40 | 00:00:25 | 00:23:17 | 00:47:57 |
| 302 | SZULC Sebastian | 114 | EXLABS | M-20 | 00:00:13 | 00:24:14 | 00:47:58 |
| 303 | SZNYDER Wojciech | 439 | SPORTSTYLE GLIWICE | M-40 | 00:00:15 | 00:24:01 | 00:48:01 |
| 304 | KUBACZ Piotr | 227 | | M-40 | 00:00:28 | 00:23:58 | 00:48:01 |
| 305 | KOSMACZEWSKI Michał | 684 | | M-20 | 00:00:20 | 00:23:49 | 00:48:03 |
| 306 | SOSINOWSKI-MRÓZ Tomasz | 1123 | MIECHOWICKA GRUPA BIEGOWA | M-30 | 00:00:17 | 00:23:34 | 00:48:05 |
| 307 | LIC Janusz | 693 | | M-40 | 00:00:23 | 00:24:07 | 00:48:05 |
| 308 | TOMAL Marek | 1314 | | M-50 | 00:00:15 | 00:23:44 | 00:48:06 |
| 309 | WIEKIERA Adam | 385 | | M-30 | 00:00:11 | 00:23:41 | 00:48:09 |
| 310 | BUCHAŁA Bartek | 479 | | M-30 | 00:01:30 | 00:24:09 | 00:48:09 |
| 311 | GRYSZYN Michał | 1035 | | M-20 | 00:00:35 | 00:23:48 | 00:48:10 |
| 312 | LUBICKI Wojciech | 14 | TRIUMF | M-50 | 00:00:13 | 00:24:02 | 00:48:11 |
| 313 | GAŚCZYK Grzegorz | 1152 | NOWA HUTA TEAM | M-40 | 00:00:31 | 00:24:03 | 00:48:11 |
| 314 | BEHRENDT Bartek | 695 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:50 | 00:24:04 | 00:48:11 |
| 315 | MARCOL Tomasz | 941 | | M-20 | 00:01:14 | 00:23:46 | 00:48:12 |
| 316 | SZEREMETA Andrzej | 759 | PZU SPORT TEAM | M-40 | 00:00:13 | 00:23:40 | 00:48:13 |
| 317 | KRUK Tomasz | 861 | NYSA BIEGA | M-40 | 00:01:23 | 00:24:23 | 00:48:15 |
| 318 | BŁASZCZYK Marek | 495 | OPEL ACTIVE TEAM GLIWICE | M-40 | 00:00:16 | 00:24:04 | 00:48:19 |
| 319 | KILIJANEK Adrian | 1163 | | M-30 | 00:01:09 | 00:24:11 | 00:48:20 |
| 320 | BIERNAT Wojtek | 93 | OPEL ACTIVE TEAM | M-40 | 00:00:21 | 00:24:14 | 00:48:21 |
| 321 | KOWAL Bartosz | 95 | | M-30 | 00:01:06 | 00:24:07 | 00:48:21 |
| 322 | CHROBOK Mateusz | 164 | NIGHT RUNNERS ZABRZE | M-20 | 00:00:16 | 00:23:48 | 00:48:22 |
| 323 | STASIK Krzysztof | 666 | LOGTECH TEAM RADZIONKÓW | M-30 | 00:00:17 | 00:23:48 | 00:48:22 |
| 324 | WANDOCH Tyberiusz | 333 | CARRY ON WCZORAJSI | M-30 | 00:00:38 | 00:24:01 | 00:48:25 |
| 325 | KLAMECKI Marek | 789 | | M-30 | 00:01:03 | 00:23:48 | 00:48:25 |
| 326 | BAJ Tomasz | 236 | | M-20 | 00:00:19 | 00:23:37 | 00:48:27 |
| 327 | SOLICH Patryk | 1208 | SBRT GLIWICE | M-30 | 00:00:20 | 00:23:55 | 00:48:29 |
| 328 | BOJANEK Tomasz | 1031 | | M-20 | 00:00:20 | 00:24:12 | 00:48:29 |
| 329 | SCHAB Bartłomiej | 642 | | M-20 | 00:00:38 | 00:23:41 | 00:48:29 |
| 330 | LEBEK Adam | 503 | VEGE RUNNERS | M-20 | 00:00:30 | 00:23:56 | 00:48:30 |
| 331 | TYRTANIA Tomasz | 925 | BOR TEAM BORUSZOWICE | M-40 | 00:00:11 | 00:24:23 | 00:48:31 |
| 332 | JASIK Grzegorz | 1293 | MOMO RESTAURANT & COCKTAIL BAR | M-40 | 00:00:19 | 00:23:56 | 00:48:31 |
| 333 | MUCHA Krzysztof | 938 | TEAM PAPRY 20 | M-20 | 00:01:18 | 00:24:27 | 00:48:32 |
| 334 | WALKOWSKI Kamil | 943 | TEAM PAPRY 20 | M-20 | 00:01:18 | 00:24:27 | 00:48:32 |
| 335 | ORLIK Jerzy | 340 | PLASTIC OMNIUM | M-50 | 00:01:24 | 00:24:27 | 00:48:32 |
| 336 | MAŁEK Andrzej | 970 | ABAKON | M-20 | 00:00:33 | 00:23:40 | 00:48:33 |
| 337 | HAŁADUS Dominik | 1026 | ŻYCIE CZĘSTOCHOWY TEAM | M-30 | 00:00:19 | 00:24:11 | 00:48:36 |
| 338 | SZOT Wojciech | 11 | | M-30 | 00:01:13 | 00:24:51 | 00:48:38 |
| 339 | CHMURKO Michał | 1278 | | M-30 | 00:00:26 | 00:24:00 | 00:48:39 |
| 340 | OCHMAN Ireneusz | 234 | OPEL ACTIVE TEAM | M-40 | 00:00:40 | 00:23:44 | 00:48:39 |
| 341 | STULIK Pawel | 661 | | M-30 | 00:00:22 | 00:23:55 | 00:48:40 |
| 342 | HOŁYŃSKI Tomasz | 477 | | M-40 | 00:00:28 | 00:24:06 | 00:48:40 |
| 343 | KNUTELSKI Mariusz | 1155 | | M-30 | 00:00:18 | 00:23:36 | 00:48:41 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|------------------------|-------|---------------------------------|-----------|-------------|-------------|---------------|
| 344 | WALASZEK Sławomir | 507 | | M-30 | 00:00:27 | 00:24:08 | 00:48:43 |
| 345 | KIDOŃ Krzysztof | 877 | BYTOM | M-30 | 00:00:30 | 00:23:51 | 00:48:43 |
| 346 | FILIPCZYK Przemysław | 995 | | M-30 | 00:01:22 | 00:24:41 | 00:48:44 |
| 347 | MASARCZYK Wojciech | 269 | NIEZRZESZONY | M-20 | 00:00:17 | 00:23:55 | 00:48:45 |
| 348 | PIETRZAK Marcin | 244 | STRAŻAK JRG GLIWICE | M-40 | 00:00:19 | 00:23:51 | 00:48:45 |
| 349 | LIGOCKI Szymon | 1255 | CHOP ZE ŻELAZA TRI TEAM | M-20 | 00:00:19 | 00:23:50 | 00:48:45 |
| 350 | ADAMOWSKI Jacek | 1005 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:54 | 00:23:37 | 00:48:49 |
| 351 | ULIASZ Krzysztof | 979 | | M-30 | 00:00:59 | 00:24:13 | 00:48:52 |
| 352 | BALWIERZ Kamil | 907 | | M-20 | 00:01:10 | 00:24:28 | 00:48:55 |
| 353 | PLOCH Adam | 886 | | M-30 | 00:01:09 | 00:24:24 | 00:48:56 |
| 354 | RUTKOWSKI Michał | 224 | | M-20 | 00:01:16 | 00:24:51 | 00:48:58 |
| 355 | KUCH Paweł | 630 | | M-50 | 00:00:38 | 00:24:21 | 00:49:03 |
| 356 | STANIK Bogdan | 763 | 6 BPD | M-30 | 00:00:59 | 00:24:24 | 00:49:03 |
| 357 | GÓRKA Szymon | 833 | | M-30 | 00:01:19 | 00:24:43 | 00:49:05 |
| 358 | KUŹNICKI Tomasz | 686 | | M-30 | 00:00:31 | 00:24:02 | 00:49:06 |
| 359 | HADZIK Rafał | 602 | | M-30 | 00:00:37 | 00:24:32 | 00:49:06 |
| 360 | CHWALISZEWSKI Jarosław | 585 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:33 | 00:23:57 | 00:49:10 |
| 361 | SELIGA Paweł | 60 | BIEGAJ Z TRENERAMI GLIWICE | M-30 | 00:00:13 | 00:24:16 | 00:49:12 |
| 362 | BIEŃKOWSKI Piotr | 922 | | M-20 | 00:00:21 | 00:24:01 | 00:49:12 |
| 363 | MIECZNIKOWSKI Jacek | 1173 | | M-40 | 00:00:25 | 00:24:50 | 00:49:13 |
| 364 | FAŁEK Krzysztof | 475 | | M-40 | 00:01:08 | 00:25:20 | 00:49:13 |
| 365 | MIROWSKI Zbigniew | 1098 | 48605681921 | M-50 | 00:00:20 | 00:24:45 | 00:49:14 |
| 366 | KONIK Tomasz | 370 | KONIK TEAM | M-40 | 00:00:37 | 00:24:19 | 00:49:14 |
| 367 | SKOTNICKI Paweł | 34 | | M-20 | 00:00:20 | 00:24:13 | 00:49:15 |
| 368 | SPINCZYK Andrzej | 1009 | | M-40 | 00:00:59 | 00:24:19 | 00:49:16 |
| 369 | GAWROŃSKI Paweł | 967 | | M-40 | 00:00:35 | 00:24:47 | 00:49:17 |
| 370 | MULEWSKI Bogdan | 454 | NIGHT RUNNERS ZABRZE | M-40 | 00:01:27 | 00:25:11 | 00:49:17 |
| 371 | JAZOWY Tomasz | 1261 | | M-30 | 00:00:08 | 00:24:11 | 00:49:19 |
| 372 | DYLONG Piotr | 265 | | M-50 | 00:01:13 | 00:24:48 | 00:49:19 |
| 373 | ORZECH Michał | 820 | | M-30 | 00:00:44 | 00:24:07 | 00:49:20 |
| 374 | STACHOWICZ Michał | 407 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | M-30 | 00:01:12 | 00:25:26 | 00:49:21 |
| 375 | PYTŁASIŃSKI Adam | 672 | AKTYWNE ZABRZE | M-40 | 00:00:14 | 00:24:28 | 00:49:23 |
| 376 | KRZYWICKI Jan | 923 | | M-60 | 00:00:40 | 00:24:35 | 00:49:23 |
| 377 | DUDA Piotr | 1162 | | M-30 | 00:00:36 | 00:24:42 | 00:49:26 |
| 378 | TRZASKA Wojciech | 935 | FUCHS OIL TEAM | M-20 | 00:01:08 | 00:24:56 | 00:49:26 |
| 379 | NAWARA Arkadiusz | 720 | | M-20 | 00:01:10 | 00:25:03 | 00:49:26 |
| 380 | CHUDZIŃSKI Tomasz | 835 | | M-40 | 00:00:15 | 00:23:54 | 00:49:27 |
| 381 | SPIECHOWICZ Andrzej | 703 | POLICJA | M-30 | 00:01:42 | 00:24:33 | 00:49:27 |
| 382 | NOWAK Mariusz | 813 | HIRSCHVOGEL COMPONENTS POLAND | M-30 | 00:00:35 | 00:25:04 | 00:49:29 |
| 383 | SKOLUDEK Robert | 98 | | M-20 | 00:00:36 | 00:24:54 | 00:49:29 |
| 384 | STRUG Mariusz | 800 | | M-40 | 00:01:14 | 00:25:01 | 00:49:29 |
| 385 | SADOWSKI Tomasz | 1072 | | M-30 | 00:00:36 | 00:24:40 | 00:49:30 |
| 386 | KOTAJNY Piotr | 704 | | M-40 | 00:00:34 | 00:24:59 | 00:49:31 |
| 387 | ŁOBKO Adam | 1052 | | M-40 | 00:01:10 | 00:25:18 | 00:49:32 |
| 388 | MALEC Arkadiusz | 875 | | M-30 | 00:01:21 | 00:24:15 | 00:49:33 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-----------------------|-------|-------------------------------------|-------------------|-------------|-------------|---------------|
| 389 | PARUZEL Ireneusz | 681 | | M-40 | 00:00:38 | 00:24:22 | 00:49:34 |
| 390 | KIEŁBASA Artur | 779 | DIKOM | M-30 | 00:00:37 | 00:25:28 | 00:49:35 |
| 391 | SŁOWIKOWSKI Damian | 707 | | M-20 | 00:01:27 | 00:24:44 | 00:49:35 |
| 392 | MACIASZEK Maciek | 202 | | M-30 | 00:00:09 | 00:24:25 | 00:49:36 |
| 393 | ŁAKOMSKI Marcin | 203 | | M-40 | 00:00:32 | 00:24:50 | 00:49:36 |
| 394 | TURNIAK Miłosz | 373 | | M-20 | 00:00:34 | 00:24:31 | 00:49:36 |
| 395 | ZAMOJSKI Bartek | 796 | MIECHOWICKA GRUPA BIEGOWA | M-40 | 00:00:41 | 00:24:51 | 00:49:36 |
| 396 | URBANEK Darek | 635 | PRZED LIMITEM | M-40 | 00:00:14 | 00:24:09 | 00:49:39 |
| 397 | STALICA Wojciech | 723 | IZOERG | M-40 | 00:00:13 | 00:24:16 | 00:49:40 |
| 398 | ZAWADZKI Karol | 533 | RADLIN | M-20 | 00:01:05 | 00:25:18 | 00:49:42 |
| 399 | CZYŻYKOWSKI Marcin | 898 | | M-40 | 00:01:33 | 00:25:03 | 00:49:44 |
| 400 | SAMUL Bartłomiej | 1121 | WKS DESANT BOKS | M-20 | 00:00:11 | 00:24:04 | 00:49:45 |
| 401 | SIEJA Szymon | 1103 | JW AGAT | M-20 | 00:00:10 | 00:24:04 | 00:49:46 |
| 402 | ZIELONKA Jacek | 457 | | M-30 | 00:00:45 | 00:25:07 | 00:49:47 |
| 403 | WÓJCIK Rafał | 807 | | M-30 | 00:00:19 | 00:24:49 | 00:49:48 |
| 404 | RENKE Piotr | 565 | BAUREN TEAM | M-40 | 00:00:33 | 00:24:44 | 00:49:48 |
| 405 | KUSEK Andrzej | 1226 | | M-40 | 00:00:25 | 00:25:32 | 00:49:52 |
| 406 | FRANKIEWICZ Artur | 915 | | M-30 | 00:00:36 | 00:25:12 | 00:49:53 |
| 407 | PANZ Krzysztof | 838 | | M-30 | 00:00:36 | 00:25:12 | 00:49:53 |
| 408 | KUCZMA Jarosław | 161 | | M-40 | 00:00:30 | 00:25:10 | 00:49:56 |
| 409 | SIWCZYK Robert | 538 | | M-20 | 00:01:20 | 00:24:55 | 00:50:01 |
| 410 | DZIDA Janusz | 999 | EXME BERGER GROUP ZOK SPÓŁKA Z O.O. | M-30 | 00:00:18 | 00:24:22 | 00:50:02 |
| 411 | KRAJEWSKI Michał | 818 | | M-30 | 00:00:28 | 00:25:29 | 00:50:02 |
| 412 | BOCZAROWSKI Michał | 1014 | EXPERT TRAVEL | M-40 | 00:00:45 | 00:24:57 | 00:50:02 |
| 413 | STEFAŃCZYK Krzysztof | 752 | | M-30 | 00:01:28 | 00:24:49 | 00:50:06 |
| 414 | KOZIELEC Tomasz | 240 | PĘDZĄCE MISIE | M-40 | 00:00:22 | 00:25:05 | 00:50:07 |
| 415 | ORZECH Michał | 857 | AMATOR | M-30 | 00:00:27 | 00:25:19 | 00:50:08 |
| 416 | STOLARCZYK Marcin | 1291 | MOMO RESTAURANT & COCKTAIL BAR | M-40 | 00:00:32 | 00:25:19 | 00:50:08 |
| 417 | NOWAKOWSKI Jarosław | 555 | FORGOSIA | M-40 | 00:00:15 | 00:25:14 | 00:50:11 |
| 418 | ROŻEK Jacek | 53 | PSYCHONAUCI | M-30 | 00:00:28 | 00:23:59 | 00:50:11 |
| 419 | FILIPIAK Hieronim | 1171 | KADRA BOBREK-CENTRUM | M-40 | 00:00:16 | 00:25:35 | 00:50:12 |
| 420 | MIŚKÓW Marcin | 629 | ZARAZIĆ PASJĄ | M-30 | 00:01:20 | 00:25:05 | 00:50:15 |
| 421 | STANISZEWSKI Krzysiek | 637 | BIEGAMY Z SERCEM.PL | M-20 | 00:01:20 | 00:25:06 | 00:50:15 |
| 422 | GRUSZCZYŃSKI Bogusław | 902 | | M-60 | 00:00:32 | 00:24:57 | 00:50:16 |
| 423 | NOWAKOWSKI Dominik | 1294 | MOMO RESTAURANT & COCKTAIL BAR | Mieszkańcy Gliwic | 00:01:05 | 00:24:18 | 00:50:17 |
| 424 | ŻARSKI Sławomir | 867 | | M-50 | 00:00:39 | 00:25:05 | 00:50:22 |
| 425 | MODZELEWSKI Michał | 1074 | | M-30 | 00:01:01 | 00:25:04 | 00:50:22 |
| 426 | SMOTER Wojciech | 35 | | M-30 | 00:01:27 | 00:25:00 | 00:50:23 |
| 427 | DACZYŃSKI Michał | 431 | GRUPA CMYKI | M-30 | 00:00:22 | 00:25:39 | 00:50:25 |
| 428 | HAJDA Marek | 749 | | M-40 | 00:00:41 | 00:24:48 | 00:50:26 |
| 429 | MANDRYSZ Jacek | 1055 | | M-30 | 00:00:50 | 00:25:06 | 00:50:27 |
| 430 | FATYGA Arkadiusz | 1302 | | M-30 | 00:00:56 | 00:25:10 | 00:50:28 |
| 431 | BIOLIK Piotr | 413 | -- | M-40 | 00:00:21 | 00:24:21 | 00:50:29 |
| 432 | MAJDA Kamil | 786 | PSYCHONAUCI | M-30 | 00:00:53 | 00:25:37 | 00:50:29 |
| 433 | SOBEL Łukasz | 419 | OPEL ACTIVE TEAM | M-30 | 00:00:41 | 00:25:29 | 00:50:31 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|---------------------------------|-------------|--------------------------------|-----------|-------------|-------------|---------------|
| 434 | PLUSZKE Paweł | 880 | BIEGACZE CSR | M-20 | 00:01:36 | 00:25:49 | 00:50:31 |
| 435 | MICHALAK Grzegorz | 659 | TOTALNY AMATOR | M-40 | 00:00:20 | 00:24:48 | 00:50:33 |
| 436 | IZBICKI Zbigniew | 1113 | | M-40 | 00:00:28 | 00:25:25 | 00:50:33 |
| 437 | PIETRYSIAK Stefan | 772 | | M-50 | 00:00:32 | 00:25:31 | 00:50:38 |
| 438 | RAJTOR Paweł | 558 | | M-30 | 00:00:16 | 00:25:47 | 00:50:39 |
| 439 | PĘDOWSKI Wojciech | 1056 | | M-50 | 00:00:54 | 00:25:15 | 00:50:39 |
| 440 | CIEŚLAK Paweł | 725 | | M-30 | 00:00:44 | 00:25:08 | 00:50:41 |
| 441 | PANOCHA Daniel | 452 | | M-30 | 00:01:06 | 00:25:03 | 00:50:41 |
| 442 | KAFARSKI Robert | 829 | MALA PANA ZAWADZKIE | M-40 | 00:00:42 | 00:25:26 | 00:50:43 |
| 443 | ADAMCZYK Marcin | 364 | | M-20 | 00:00:32 | 00:24:04 | 00:50:45 |
| 444 | DAWIEC Michał | 418 | FAT ZABRZE | M-30 | 00:01:09 | 00:25:45 | 00:50:45 |
| 445 | WALSKI Łukasz | 680 | RANGER SURVIVAL CLUB | M-30 | 00:01:42 | 00:26:20 | 00:50:46 |
| 446 | ĆWIKŁA Kamil | 315 | HARPAGANY | M-30 | 00:00:36 | 00:25:15 | 00:50:47 |
| 447 | MACYSZYN Waldemar | 730 | | M-50 | 00:01:34 | 00:25:30 | 00:50:47 |
| 447 | NAWROCKI Paweł | 1118 | | M-40 | 00:01:34 | 00:25:30 | 00:50:47 |
| 449 | ZIĘBIK Grzegorz | 891 | | M-30 | 00:00:46 | 00:25:18 | 00:50:48 |
| 450 | JAWOREK Jacek | 837 | OPEL ACTIVE TEAM | M-30 | 00:01:02 | 00:25:03 | 00:50:48 |
| 451 | BORSUK Mirosław | 682 | NIGHT RUNNERS GLIWICE | M-40 | 00:01:01 | 00:25:49 | 00:50:50 |
| 452 | SWOBODA Jarosław | 1158 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:59 | 00:25:51 | 00:50:51 |
| 453 | KABAŁA Sebastian | 1241 | | M-40 | 00:00:16 | 00:25:26 | 00:50:52 |
| 454 | KOZIEŁ Kamil | 893 | | M-30 | 00:00:30 | 00:25:33 | 00:50:52 |
| 455 | KARSKI Oskar | 745 | | M-20 | 00:01:02 | 00:25:19 | 00:50:52 |
| 456 | JARUGA Damian Izabela | 944 | DIKOM.PL | M-30 | 00:00:36 | 00:25:39 | 00:50:54 |
| 457 | ZAWADA Marcin | 79 | NIGHT RUNNERS | M-20 | 00:01:12 | 00:25:57 | 00:50:54 |
| 458 | ZAWADZKI Robert | 937 | | M-30 | 00:00:16 | 00:25:47 | 00:50:55 |
| 459 | GRONDECKI Grzegorz | 302 | BIEGAMY Z SERCEM.PL | M-40 | 00:00:18 | 00:25:06 | 00:50:55 |
| 460 | KOŁODZIEJ Jacek | 70 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:20 | 00:25:46 | 00:50:56 |
| 461 | WALCZAK Mateusz | 734 | | M-30 | 00:00:30 | 00:25:30 | 00:50:56 |
| 462 | TEICHMANN Norbert | 1002 | | M-50 | 00:01:21 | 00:25:43 | 00:50:56 |
| 463 | NIESZPOREK Adam | 344 | RUN-3 | M-40 | 00:00:56 | 00:25:34 | 00:50:57 |
| 464 | PRZYBYLSKI Mariusz | 330 | | M-40 | 00:00:26 | 00:25:39 | 00:50:59 |
| 465 | KOTNIS Bogusław | 620 | RFC ACTIVE TEAM | M-40 | 00:01:31 | 00:25:24 | 00:50:59 |
| 466 | MAY-MAJEWSKI Michał | 793 | | M-30 | 00:00:48 | 00:25:35 | 00:51:01 |
| 467 | RYZIŃSKI Dariusz | 255 | | M-40 | 00:01:40 | 00:25:20 | 00:51:01 |
| 468 | RAWŁUSZEWICZ Maksymilian | 956 | | M-20 | 00:00:13 | 00:25:16 | 00:51:02 |
| 469 | RÓG Marcin | 1054 | | M-20 | 00:00:19 | 00:25:54 | 00:51:02 |
| 470 | WAŚ Szymon | 1292 | MOMO RESTAURANT & COCKTAIL BAR | M-20 | 00:00:20 | 00:25:43 | 00:51:02 |
| 471 | WIETRZYCKI Mariusz | 353 | BIEGAJ Z TRENERAMI | M-30 | 00:00:20 | 00:25:43 | 00:51:02 |
| 472 | RAWŁUSZEWICZ Waldemar | 674 | | M-50 | 00:00:12 | 00:25:17 | 00:51:03 |
| 473 | SOŚNIAK Tomasz | 25 | KUDŁATY ART ACTIVE TEAM | M-30 | 00:00:21 | 00:25:35 | 00:51:03 |
| 474 | KOŁODZIEJ Kamil | 1276 | PB TEAM PYSKOWICE | M-30 | 00:00:27 | 00:25:39 | 00:51:03 |
| 475 | LEWANDOWSKI Henryk | 733 | | M-40 | 00:01:03 | 00:25:23 | 00:51:03 |
| 476 | WIETRZYCKI Zenon | 354 | POLSKA | M-50 | 00:00:19 | 00:25:46 | 00:51:04 |
| 477 | GORECKI Janusz | 361 | | M-50 | 00:00:18 | 00:25:22 | 00:51:05 |
| 478 | PATYNEK Sebastian | 516 | BRAK | M-30 | 00:00:18 | 00:25:22 | 00:51:05 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|------------------------------|-------------|---------------------------------------|-----------|-------------|-------------|---------------|
| 479 | MALINOWSKI Mihał | 952 | | M-30 | 00:00:38 | 00:25:26 | 00:51:06 |
| 480 | DYDO Arkadiusz | 865 | | M-40 | 00:00:22 | 00:25:39 | 00:51:08 |
| 481 | DRYNDA Andrzej | 18 | | M-40 | 00:00:40 | 00:25:36 | 00:51:08 |
| 482 | IMIOŁEK Arkadiusz | 121 | ED-CERT | M-40 | 00:00:15 | 00:25:24 | 00:51:11 |
| 483 | STEC Marcin | 657 | KW GLIWICE | M-30 | 00:00:35 | 00:25:28 | 00:51:11 |
| 484 | MARCINKIEWICZ Paweł | 1036 | UNIwersytet Opolski | M-40 | 00:00:37 | 00:25:32 | 00:51:11 |
| 485 | SOJKA Łukasz | 1301 | | M-30 | 00:01:29 | 00:25:26 | 00:51:12 |
| 486 | WALCZAK Bartłomiej | 1287 | | M-30 | 00:00:11 | 00:25:29 | 00:51:13 |
| 487 | ĆWIK Paweł | 1003 | | M-40 | 00:00:39 | 00:25:37 | 00:51:13 |
| 488 | DROZD Grzegorz | 274 | | M-20 | 00:00:43 | 00:26:13 | 00:51:14 |
| 489 | KLIKS Andrzej | 125 | UNISONO | M-40 | 00:01:09 | 00:25:21 | 00:51:14 |
| 490 | DADAŚ Janusz | 13 | | M-40 | 00:00:37 | 00:25:37 | 00:51:15 |
| 491 | CZERNIK Andrzej | 337 | | M-60 | 00:02:18 | 00:25:39 | 00:51:15 |
| 492 | KREMPA Sławomir | 1030 | | M-30 | 00:00:25 | 00:25:39 | 00:51:16 |
| 493 | KACZKIEWICZ Damian | 683 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:28 | 00:25:35 | 00:51:17 |
| 494 | SZWAJKOSZ Szczepan | 275 | NIGHT RUNNERS GLIWICE | M-20 | 00:00:26 | 00:25:36 | 00:51:19 |
| 495 | BRZEZINA Arkadiusz | 54 | TARNOGÓRSKA GRUPA BIEGOWA | M-30 | 00:00:29 | 00:25:38 | 00:51:20 |
| 496 | ZAJDEL Dariusz | 390 | | M-50 | 00:00:30 | 00:25:42 | 00:51:20 |
| 497 | GRAMATYKA Paweł | 631 | | M-40 | 00:00:31 | 00:25:32 | 00:51:20 |
| 498 | FIDOR Damian | 924 | RUNHOGS TYCHY | M-30 | 00:00:24 | 00:25:40 | 00:51:21 |
| 499 | POKRYSZKA Bartosz | 156 | KOMBO KURCZAKI | M-30 | 00:00:25 | 00:25:42 | 00:51:21 |
| 500 | GIERAS Mirosław | 469 | | M-40 | 00:00:33 | 00:25:29 | 00:51:22 |
| 501 | SITEK Grzegorz | 892 | TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE | M-40 | 00:00:38 | 00:25:34 | 00:51:22 |
| 502 | KUROWSKI Michał | 540 | NIGHT RUNNERS GLIWICE | M-20 | 00:01:00 | 00:25:30 | 00:51:22 |
| 503 | WIKIERSKI Michał | 36 | | M-30 | 00:00:24 | 00:25:40 | 00:51:23 |
| 504 | CIEŚLIK Bartłomiej | 531 | CHATEAU CHALIN | M-30 | 00:00:26 | 00:25:39 | 00:51:23 |
| 505 | CIEŚLIK Paweł | 421 | CHATEAU CHALIN | M-40 | 00:00:26 | | 00:51:23 |
| 506 | WITEK Jacek | 1086 | OPEL ACTIVE TEAM | M-30 | 00:00:42 | 00:25:35 | 00:51:23 |
| 507 | BUCZYŃSKI Radosław | 307 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:18 | 00:25:21 | 00:51:24 |
| 508 | KŁYK Dominik | 1127 | RUN FOREST! RUN!!! | M-30 | 00:00:29 | 00:26:11 | 00:51:24 |
| 509 | GAWEŁ Krzysztof | 1029 | NIEZRZESZONY | M-50 | 00:00:34 | 00:25:07 | 00:51:24 |
| 510 | KĄDZIOŁKA Jan | 868 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:35 | 00:25:39 | 00:51:24 |
| 511 | RABIEJ Rafał | 906 | | M-40 | 00:00:35 | 00:25:39 | 00:51:24 |
| 512 | MADEJSKI Kamil | 1502 | | M-20 | 00:00:56 | 00:25:18 | 00:51:24 |
| 513 | BOGACZ Paweł | 481 | JAGODA TEAM | M-30 | 00:00:22 | 00:25:40 | 00:51:25 |
| 514 | KRUK Krzysztof | 842 | CROSSFIT ZABRZE | M-30 | 00:00:26 | 00:25:32 | 00:51:25 |
| 515 | ŁUKASZKIEWICZ Michał | 530 | | M-30 | 00:00:35 | 00:25:37 | 00:51:25 |
| 516 | GOLIASZ Bartłomiej | 1100 | | M-30 | 00:00:23 | 00:25:42 | 00:51:26 |
| 517 | KWIATKOWSKI Krzysztof | 1087 | | M-30 | 00:00:35 | 00:24:57 | 00:51:26 |
| 518 | STĘPIEŃ Wojciech | 217 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:18 | 00:25:44 | 00:51:27 |
| 519 | SZADKOWSKI Paweł | 1313 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:18 | 00:25:43 | 00:51:27 |
| 520 | KRAKOWCZYK Adam | 496 | SBRT GLIWICE | M-30 | 00:00:19 | 00:25:45 | 00:51:27 |
| 521 | DZIURA Arkadiusz | 50 | | M-40 | 00:00:48 | 00:26:05 | 00:51:28 |
| 522 | SŁUSZNIAK Sławomir | 799 | | M-40 | 00:01:21 | 00:25:35 | 00:51:28 |
| 523 | SIKORA Mariusz | 758 | | M-40 | 00:00:29 | 00:25:44 | 00:51:29 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|--------------------------------|-------------|-------------------------------------|-----------|-------------|-------------|---------------|
| 524 | BIAŁAS Krzysztof | 47 | ZESPÓŁ SZKÓŁ NR 2 W RUDZIE ŚLĄSKIEJ | M-40 | 00:01:07 | 00:26:10 | 00:51:29 |
| 525 | GOMOLA Zbigniew | 461 | | M-40 | 00:01:07 | 00:26:10 | 00:51:29 |
| 526 | FAMUŁA Tomasz | 389 | FUTURE PROCESSING RUNNING TEAM | M-30 | 00:01:19 | 00:25:49 | 00:51:29 |
| 527 | MILER Ireneusz | 182 | | M-30 | 00:01:23 | 00:25:54 | 00:51:29 |
| 528 | GRĄBCZEWSKI Marcin | 171 | | M-30 | 00:00:21 | 00:25:43 | 00:51:31 |
| 529 | POGORZAŁEK Mateusz | 1231 | | M-20 | 00:00:45 | 00:25:57 | 00:51:33 |
| 530 | MRÓZ Dawid | 746 | | M-30 | 00:01:50 | 00:25:40 | 00:51:33 |
| 531 | SZMIDT Marcin | 1216 | SBRT GLIWICE | M-20 | 00:02:19 | 00:26:08 | 00:51:34 |
| 532 | CZERNY Michał | 464 | | M-30 | 00:01:08 | 00:25:51 | 00:51:35 |
| 533 | WIORA Łukasz | 297 | | M-30 | 00:00:23 | 00:25:47 | 00:51:36 |
| 534 | KWAPIEŃ Paweł | 1133 | | M-30 | 00:00:09 | 00:25:38 | 00:51:37 |
| 535 | KWAPIEŃ Aleksander | 1111 | | M-30 | 00:00:09 | 00:25:38 | 00:51:38 |
| 536 | KORPETTA Andrzej | 568 | | M-40 | 00:01:13 | 00:25:56 | 00:51:38 |
| 537 | GRUSZKA Sławomir | 740 | | M-30 | 00:01:13 | 00:25:57 | 00:51:38 |
| 538 | PACAN Krzysztof | 713 | | M-30 | 00:00:15 | 00:25:01 | 00:51:39 |
| 539 | MACIOSZEK Mariusz | 712 | | M-20 | 00:00:22 | 00:25:50 | 00:51:39 |
| 540 | PISINGAS Mariusz | 1150 | | M-30 | 00:01:13 | 00:25:38 | 00:51:41 |
| 541 | DZIECIĄTKOWSKI Jarosław | 1237 | OPEL ACTIVE TEAM | M-30 | 00:00:42 | 00:24:48 | 00:51:42 |
| 542 | SOSZYŃSKI Wojtek | 291 | PZU SPORT TEAM | M-40 | 00:00:26 | 00:25:55 | 00:51:46 |
| 543 | SMUDA Andrzej | 512 | AKMB PĘDZIWIATR GLIWICE | M-40 | 00:01:26 | 00:26:13 | 00:51:46 |
| 544 | ZDZIEBKO Artur | 176 | | M-40 | 00:00:24 | 00:26:01 | 00:51:47 |
| 545 | SZUMSKI Tomasz | 321 | | M-40 | 00:00:27 | 00:25:52 | 00:51:47 |
| 546 | RYMASZEWSKI Wojciech | 20 | | M-30 | 00:00:55 | 00:26:04 | 00:51:48 |
| 547 | MAŁKOWSKI Tomasz | 207 | NIGHT RUNNERS ZABRZE | M-30 | 00:00:00 | 00:26:30 | 00:51:49 |
| 548 | POKRYSZKA Wojciech | 360 | | M-20 | 00:00:29 | 00:25:39 | 00:51:49 |
| 549 | NIKODON Paweł | 343 | PLASTIC OMNIUM | M-30 | 00:01:25 | 00:26:14 | 00:51:49 |
| 550 | ZYMELA Dawid | 524 | | M-30 | 00:00:54 | 00:25:32 | 00:51:50 |
| 551 | ZELMANOWICZ Jacek | 1272 | | M-40 | 00:00:24 | 00:25:24 | 00:51:51 |
| 552 | KLEWANIEC Jakub | 299 | | M-30 | 00:00:37 | 00:25:45 | 00:51:52 |
| 553 | PAWLIK Wojtek | 736 | | M-30 | 00:00:25 | 00:25:46 | 00:51:53 |
| 554 | OLSZEWSKI Tomasz | 440 | | M-20 | 00:01:16 | 00:25:41 | 00:51:54 |
| 555 | DROZD Kajetan | 677 | STREFAGITARY.PL | M-30 | 00:00:28 | 00:26:04 | 00:51:57 |
| 556 | KRUSZYŃSKI Marcin | 301 | STADO PĘDZĄCYCH IMADEŁ | M-40 | 00:00:46 | 00:26:07 | 00:51:58 |
| 557 | OSIŃSKI Paweł | 187 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:24 | 00:25:35 | 00:52:00 |
| 558 | KUPKA Bartosz | 1232 | OPEL ACTIV TEAM | M-30 | 00:00:36 | 00:25:44 | 00:52:00 |
| 559 | KAMECKI Maciej | 870 | GOOD TIME - SPORT | M-30 | 00:00:42 | 00:25:44 | 00:52:00 |
| 560 | KOPCIK Tomasz | 982 | COMBAT56 | M-30 | 00:00:34 | 00:25:47 | 00:52:01 |
| 561 | BUDKA Henryk | 632 | | M-50 | 00:01:25 | 00:26:43 | 00:52:02 |
| 562 | TROJAK Grzegorz | 1116 | | M-16 | 00:01:13 | 00:26:32 | 00:52:04 |
| 563 | TALKOWSKI Gabriel | 1513 | EXLABS | M-20 | 00:00:47 | 00:26:19 | 00:52:07 |
| 564 | BUGAJSKI Mariusz | 844 | | M-40 | 00:00:02 | 00:24:36 | 00:52:11 |
| 565 | DYMAREK Łukasz | 57 | KM PSP GLIWICE | M-30 | 00:00:18 | 00:25:56 | 00:52:11 |
| 566 | PŁOTEK Tomasz | 561 | | M-30 | 00:00:32 | 00:25:44 | 00:52:11 |
| 567 | MOCEK Roman | 751 | | M-50 | 00:01:54 | 00:26:19 | 00:52:14 |
| 568 | KONDRUSIEWICZ Michał | 1064 | BIEGACZE CSR | M-20 | 00:01:36 | 00:26:43 | 00:52:16 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|---------------------|-------|--------------------------------------|-----------|-------------|-------------|---------------|
| 569 | KANIOWSKI Andrzej | 205 | | M-30 | 00:00:23 | 00:25:51 | 00:52:17 |
| 570 | LUKOSZEK Marek | 349 | RUN3 | M-40 | 00:00:56 | 00:26:06 | 00:52:18 |
| 571 | SITKO Filip | 387 | | M-20 | 00:00:14 | 00:24:50 | 00:52:19 |
| 572 | WRÓBEL Maciej | 1289 | MOMO RESTAURANT & COCKTAIL BAR | M-30 | 00:00:34 | 00:26:26 | 00:52:19 |
| 573 | BAUMERT Rafał | 597 | ISTA BIEGAMY | M-30 | 00:00:47 | 00:26:09 | 00:52:23 |
| 574 | PRUSKO Adrian | 627 | | M-40 | 00:00:11 | 00:25:07 | 00:52:29 |
| 575 | SOSNOWSKI Maciej | 581 | | M-30 | 00:01:24 | 00:26:59 | 00:52:29 |
| 576 | WICHARY Marcin | 594 | ISTA BIEGAMY | M-30 | 00:00:40 | 00:25:51 | 00:52:30 |
| 577 | ZGÓRSKI Grzegorz | 116 | | M-30 | 00:00:42 | 00:25:47 | 00:52:30 |
| 578 | SIKORA Grzegorz | 882 | | M-40 | 00:01:51 | 00:26:35 | 00:52:38 |
| 579 | KOŁAKOWSKI Bartosz | 817 | | M-20 | 00:00:50 | 00:26:08 | 00:52:40 |
| 580 | SZOLC Grzegorz | 1078 | | M-40 | 00:01:05 | 00:26:17 | 00:52:40 |
| 581 | BEDNORZ Adam | 1243 | | M-30 | 00:00:09 | 00:25:11 | 00:52:41 |
| 582 | JADCZYK Jarosław | 753 | JCOMMERCE | M-20 | 00:01:14 | 00:26:16 | 00:52:42 |
| 583 | GRABOWSKI Maciej | 61 | | M-30 | 00:00:49 | 00:26:18 | 00:52:45 |
| 584 | MIKA Szymon | 628 | | M-20 | 00:00:14 | 00:26:20 | 00:52:46 |
| 585 | BABIŃSKI Szymon | 263 | | M-30 | 00:00:44 | 00:26:08 | 00:52:47 |
| 586 | DOBOSZ Mariusz | 130 | GO-LEASING | M-30 | 00:00:23 | 00:26:22 | 00:52:49 |
| 587 | PENKALA Artur | 131 | GO-LEASING | M-30 | 00:00:23 | 00:26:22 | 00:52:50 |
| 588 | GANSZCZYK Rafał | 823 | OPEL ACTIVE TEAM | M-30 | 00:00:43 | 00:26:11 | 00:52:50 |
| 589 | KOWALCZYK Robert | 599 | BIEGAMY | M-40 | 00:00:46 | 00:26:12 | 00:52:50 |
| 590 | JAGODA Mateusz | 972 | FUCHS OIL TEAM | M-20 | 00:01:10 | 00:26:28 | 00:52:52 |
| 591 | CZEMPIEL Łukasz | 441 | | M-30 | 00:01:53 | 00:26:45 | 00:52:52 |
| 592 | MUSIALIK Jan | 991 | CARPE DIEM | M-40 | 00:00:44 | 00:26:11 | 00:52:53 |
| 593 | MAJEWSKI Grzegorz | 108 | | M-30 | 00:01:19 | 00:25:19 | 00:52:53 |
| 594 | ZDANIEWICZ Radosław | 1065 | PSYCHONAUCI | M-30 | 00:00:56 | 00:26:39 | 00:52:54 |
| 595 | KUŚKA Paweł | 346 | | M-30 | 00:00:45 | 00:26:03 | 00:52:55 |
| 596 | BAK-CESARZ Damian | 552 | | M-40 | 00:01:38 | 00:26:39 | 00:52:55 |
| 597 | WIECZORKE Marcin | 488 | | M-40 | 00:01:05 | 00:25:26 | 00:52:56 |
| 598 | BUJALSKI Michał | 571 | AKS DRAGON | M-30 | 00:01:32 | 00:27:08 | 00:53:00 |
| 599 | MACIEJCZYK Marcin | 429 | AKS DRAGON | M-30 | 00:01:32 | 00:27:08 | 00:53:00 |
| 600 | FUGOWSKI Grzegorz | 283 | | M-30 | 00:01:33 | 00:25:47 | 00:53:00 |
| 601 | WESTER Mieczysław | 1219 | SBRT GLIWICE | M-40 | 00:02:18 | 00:26:09 | 00:53:01 |
| 602 | KOSMAL Marek | 1159 | | M-50 | 00:01:52 | 00:27:00 | 00:53:03 |
| 603 | CZARNIK Stanisław | 848 | MIECHOWICKA GRUPA BIEGOWA | M-30 | 00:00:09 | 00:26:37 | 00:53:06 |
| 604 | GUJA Bogusław | 858 | | M-60 | 00:00:27 | 00:25:51 | 00:53:07 |
| 605 | KACZOR Rafał | 1027 | PKO BANK POLSKI | M-40 | 00:01:27 | 00:26:32 | 00:53:08 |
| 606 | SOREMSKI Dominik | 480 | BZUT | M-20 | 00:00:39 | 00:26:43 | 00:53:11 |
| 607 | ERDMANN Robert | 280 | | M-30 | 00:00:59 | 00:26:26 | 00:53:11 |
| 608 | JANOSZEK Piotr | 293 | | M-30 | 00:00:59 | 00:26:26 | 00:53:11 |
| 609 | KUZIOR Karol | 1256 | | M-20 | 00:01:33 | 00:24:29 | 00:53:11 |
| 610 | GADAWSKI Bartłomiej | 242 | SBRT GLIWICE | M-16 | 00:00:45 | 00:26:09 | 00:53:12 |
| 611 | BIAŁECKI Jan | 916 | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | M-60 | 00:01:09 | 00:26:35 | 00:53:16 |
| 612 | FEREFCKI Paweł | 604 | | M-30 | 00:01:15 | 00:25:40 | 00:53:16 |
| 613 | GÓRNIAK Adam | 884 | HARPAGAN SOSNOWIEC | M-40 | 00:00:34 | 00:26:39 | 00:53:17 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|----------------------|-------|---------------------------|-----------|-------------|-------------|---------------|
| 614 | WÓJCIK Tomasz | 22 | | M-30 | 00:01:16 | 00:26:37 | 00:53:17 |
| 615 | KRAJEWSKI Radosław | 486 | | M-30 | 00:00:41 | 00:26:05 | 00:53:18 |
| 616 | WOŹNIAK Marek | 608 | | M-40 | 00:00:45 | 00:26:26 | 00:53:18 |
| 617 | SZCZĘŚNIAK Krzysztof | 1264 | | M-20 | 00:01:08 | 00:26:35 | 00:53:19 |
| 618 | ROŻEK Michał | 550 | | M-40 | 00:01:03 | 00:26:43 | 00:53:24 |
| 619 | MELLER Tadeusz | 312 | | M-20 | 00:01:21 | 00:26:58 | 00:53:24 |
| 620 | JANUSZKA Mariusz | 822 | | M-40 | 00:00:50 | 00:26:51 | 00:53:26 |
| 621 | GONERA Paweł | 676 | | M-40 | 00:00:47 | 00:25:59 | 00:53:27 |
| 622 | PTAK Leszek | 824 | | M-40 | 00:00:21 | 00:26:04 | 00:53:28 |
| 623 | KAMPKA Aleksander | 149 | | M-40 | 00:00:34 | 00:26:34 | 00:53:29 |
| 624 | URBANEK Marcin | 595 | ISTA BIEGAMY | M-30 | 00:00:46 | 00:26:21 | 00:53:29 |
| 625 | PYZIK Marek | 96 | OPEL ACTIVE TEAM | M-50 | 00:00:28 | 00:26:25 | 00:53:30 |
| 626 | TUREK Maciej | 375 | | M-40 | 00:01:06 | 00:26:20 | 00:53:30 |
| 627 | ŁĄTKOWSKI Marcin | 1205 | SBRT GLIWICE | M-20 | 00:01:26 | 00:26:53 | 00:53:36 |
| 628 | GRYGIEREK Marcin | 420 | | M-20 | 00:00:34 | 00:26:14 | 00:53:38 |
| 629 | PODSIADŁY Tomasz | 616 | | M-30 | 00:00:39 | 00:27:09 | 00:53:39 |
| 630 | ZEMŁA Piotr | 195 | | M-40 | 00:00:42 | 00:26:25 | 00:53:40 |
| 631 | IZDEBSKI Adrian | 527 | | M-30 | 00:00:55 | 00:26:23 | 00:53:43 |
| 632 | JAGOSZ Patryk | 519 | PATRYK JAGOSZ | M-30 | 00:00:54 | 00:26:24 | 00:53:44 |
| 633 | SIUDEK Kazimierz | 1088 | | M-50 | 00:00:26 | 00:25:48 | 00:53:46 |
| 634 | WÓJCIK Bartłomiej | 670 | | M-20 | 00:01:08 | 00:27:08 | 00:53:50 |
| 635 | KATA Damian | 1207 | SBRT GLIWICE | M-20 | 00:00:22 | 00:26:07 | 00:53:51 |
| 636 | CICHOWSKI Marcin | 722 | | M-30 | 00:00:22 | 00:26:07 | 00:53:51 |
| 637 | RATAJCZAK Krystian | 1042 | | M-20 | 00:01:08 | 00:27:08 | 00:53:51 |
| 638 | KONIECKO Łukasz | 545 | | M-30 | 00:00:49 | 00:27:09 | 00:53:54 |
| 639 | SAWIOŃEK Robert | 1516 | | M-40 | 00:00:23 | 00:25:25 | 00:53:57 |
| 640 | KRZESIAK Michał | 1041 | 3SOFT S.A. | M-30 | 00:00:51 | 00:26:28 | 00:54:03 |
| 641 | PAWLINA Piotr | 103 | | M-40 | 00:01:27 | 00:27:06 | 00:54:03 |
| 642 | ZACHARA Michał | 1051 | | M-20 | 00:01:31 | 00:26:15 | 00:54:03 |
| 643 | MRÓZEK Przemysław | 379 | KB ŚPIOCHY OPATÓW | M-30 | 00:00:27 | 00:26:46 | 00:54:04 |
| 644 | IGNASIAK Rafał | 378 | XXX | M-30 | 00:00:27 | 00:26:46 | 00:54:04 |
| 645 | DREWUSZEWSKI Maciej | 515 | 4M | M-30 | 00:00:49 | 00:25:34 | 00:54:04 |
| 646 | BOROWIEC Wojciech | 946 | | M-20 | 00:01:31 | 00:26:23 | 00:54:06 |
| 647 | KROPKA Szymon | 140 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:28 | 00:26:40 | 00:54:08 |
| 648 | BŁASZCZYSZYN Łukasz | 135 | HEAVY METAL ALL-STAR TEAM | M-30 | 00:00:58 | 00:26:58 | 00:54:08 |
| 649 | TATERKA Michał | 764 | | M-20 | 00:01:37 | 00:28:14 | 00:54:10 |
| 650 | BUK Marcin | 286 | | M-20 | 00:01:53 | 00:27:19 | 00:54:11 |
| 651 | ZIOBER Grzegorz | 1092 | SPARTA PLATFUS | M-30 | 00:00:33 | 00:27:21 | 00:54:12 |
| 652 | WIECHOWSKI Artur | 209 | SPARTA PLATFUS | M-30 | 00:00:33 | 00:27:22 | 00:54:12 |
| 653 | CZAJKA Edward | 1234 | BRAK | M-40 | 00:00:47 | 00:26:27 | 00:54:12 |
| 654 | BURY Mirosław | 271 | | M-20 | 00:01:17 | 00:27:16 | 00:54:13 |
| 655 | DEBOIBE Loic | 341 | PLASTIC OMNIUM | M-20 | 00:00:28 | 00:26:47 | 00:54:15 |
| 656 | SZKUDLAREK Michał | 761 | | M-30 | 00:00:42 | 00:26:34 | 00:54:17 |
| 657 | WIŚNIEWSKI Paweł | 1169 | JW AGAT | M-30 | 00:00:39 | 00:26:52 | 00:54:18 |
| 658 | CIMAŁA Rafał | 598 | ISTA BIEGAMY | M-40 | 00:00:55 | 00:27:39 | 00:54:19 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|------------------------------|-------------|----------------------------------|-----------|-------------|-------------|---------------|
| 659 | HAHN Piotr | 532 | NORRUN TEAM | M-30 | 00:00:34 | 00:27:19 | 00:54:20 |
| 660 | KOWALSKI Rafał | 494 | | M-20 | 00:00:47 | 00:27:21 | 00:54:20 |
| 661 | KOWALCZYK Józef | 1045 | | M-40 | 00:01:43 | 00:27:19 | 00:54:20 |
| 662 | KLYTA Wojciech | 1284 | | M-40 | 00:01:41 | 00:27:13 | 00:54:21 |
| 663 | NOWAKOWSKI Marek | 386 | AMEC FOSTER WHEELER RUNNING TEAM | M-40 | 00:01:44 | 00:27:01 | 00:54:24 |
| 664 | MICHALSKI Bartosz | 85 | | M-40 | 00:01:14 | 00:27:21 | 00:54:28 |
| 665 | DĄBROWSKI Marcin | 257 | | M-30 | 00:01:10 | 00:26:33 | 00:54:30 |
| 666 | SZESZKO Sławomir | 612 | | M-50 | 00:01:34 | 00:27:26 | 00:54:33 |
| 667 | WOJTASIŃSKI Robert | 819 | MIECHOWICKA GRUPA BIEGOWA | M-30 | 00:00:16 | 00:27:03 | 00:54:34 |
| 668 | NAGEL Jan | 1227 | | M-30 | 00:01:16 | 00:27:03 | 00:54:36 |
| 669 | BOGULAK Grzegorz | 184 | RUN GB! RUN | M-30 | 00:00:29 | 00:27:06 | 00:54:37 |
| 670 | TKOCZ Rafał | 323 | | M-30 | 00:01:09 | 00:27:22 | 00:54:37 |
| 671 | KOZDRA Krzysztof | 579 | NIEZRZESZONY | M-50 | 00:01:38 | 00:27:25 | 00:54:39 |
| 672 | ZIMOCH Grzegorz | 215 | | M-30 | 00:00:12 | 00:26:19 | 00:54:41 |
| 673 | ROZCIECHA Radosław | 1069 | | M-20 | 00:01:15 | 00:27:00 | 00:54:41 |
| 674 | WOJTAS Marcin | 593 | ISTA BIEGAMY | M-30 | 00:01:38 | 00:27:53 | 00:54:46 |
| 675 | ZALEWSKI Krzysztof | 900 | | M-40 | 00:00:47 | 00:26:46 | 00:54:47 |
| 676 | BATKO Dawid | 711 | | M-30 | 00:00:47 | 00:27:43 | 00:54:48 |
| 677 | BALCAREK Grzegorz | 1073 | | M-30 | 00:01:30 | 00:27:22 | 00:54:49 |
| 678 | CIASTO Sebastian | 1039 | | M-30 | 00:00:39 | 00:26:51 | 00:54:50 |
| 679 | HNATIUK Mateusz | 679 | | M-20 | 00:01:06 | 00:27:58 | 00:54:50 |
| 680 | LUDWIG Marcin | 518 | | M-30 | 00:00:49 | 00:27:33 | 00:54:51 |
| 681 | SZULC Michał | 1021 | 4M | M-40 | 00:00:49 | 00:27:33 | 00:54:51 |
| 682 | KLEKOWSKI Włodzimierz | 1028 | NIGHT RUNNERS ZABRZE | M-50 | 00:00:49 | 00:27:16 | 00:54:52 |
| 683 | URBANKE Bartosz | 1305 | | M-20 | 00:01:07 | 00:28:29 | 00:54:52 |
| 684 | BARAŃSKI Grzegorz | 111 | | M-30 | 00:01:12 | 00:27:29 | 00:54:53 |
| 685 | ZWOLIŃSKI Gabriel | 1273 | | M-30 | 00:00:44 | 00:26:49 | 00:54:55 |
| 686 | WYPCHOŁ Piotr | 254 | | M-50 | 00:01:11 | 00:27:58 | 00:54:55 |
| 687 | WIERZBICA Adrian | 403 | | M-30 | 00:00:33 | 00:27:34 | 00:54:56 |
| 688 | KOSTRZAK Czesław | 489 | KB ENDURANCE SOLIDARNI KNURÓW | M-50 | 00:01:02 | 00:26:45 | 00:55:00 |
| 689 | KUBIT Bartłomiej | 1304 | | M-30 | 00:00:55 | 00:28:41 | 00:55:02 |
| 690 | SKRZYPCZAK Tomasz | 288 | KFPR | M-30 | 00:01:19 | 00:27:42 | 00:55:04 |
| 691 | KOWALSKI Zbyszek | 913 | MARYSIA & SZYMEK TEAM | M-30 | 00:00:56 | 00:27:21 | 00:55:05 |
| 692 | UJMA Michał | 962 | | M-30 | 00:00:51 | 00:28:44 | 00:55:06 |
| 693 | ROLEK Marcin | 73 | | M-30 | 00:01:39 | 00:27:27 | 00:55:06 |
| 694 | HONISZ Andrzej | 1179 | | M-30 | 00:00:52 | 00:27:24 | 00:55:10 |
| 695 | WOLANIN Maciej | 645 | | M-20 | 00:00:38 | 00:27:37 | 00:55:12 |
| 696 | WILSZ Adam | 27 | UNISONO | M-40 | 00:01:10 | 00:28:19 | 00:55:12 |
| 697 | HRYSZKIEWICZ Janusz | 467 | UNISONO/AKMB PĘDZIWIATR GLIWICE | M-40 | 00:01:10 | 00:28:19 | 00:55:14 |
| 698 | JARECKI Ryszard | 1180 | | M-50 | 00:00:46 | 00:27:29 | 00:55:15 |
| 699 | POPIEL Artur | 21 | | M-40 | 00:01:08 | 00:27:56 | 00:55:15 |
| 700 | WRÓBEL Jarosław | 1233 | | M-30 | 00:01:25 | 00:27:34 | 00:55:15 |
| 701 | KOWALCZYK Wojciech | 738 | RUN AND FUN | M-30 | 00:00:44 | 00:27:28 | 00:55:16 |
| 702 | SZYLER Kamil | 660 | | M-20 | 00:00:45 | 00:27:30 | 00:55:16 |
| 703 | KOŚNIEWSKI Paweł | 245 | | M-30 | 00:00:48 | 00:27:36 | 00:55:16 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-------------------------------|-------------|-------------------------------|-----------|-------------|-------------|---------------|
| 704 | SZPALA Ireneusz | 897 | WKU GLIWICE | M-50 | 00:01:09 | 00:27:14 | 00:55:16 |
| 705 | ŁUSIAK Mariusz | 1135 | | M-30 | 00:00:45 | 00:27:33 | 00:55:21 |
| 706 | SZOŁTYSIK Paweł | 213 | SPARTA PLATFUS | M-30 | 00:00:33 | 00:27:22 | 00:55:22 |
| 707 | PRYMAS Krystian | 32 | | M-30 | 00:00:48 | 00:26:24 | 00:55:23 |
| 708 | WÓJCIK Rafał | 327 | | M-40 | 00:00:35 | 00:27:40 | 00:55:24 |
| 709 | JĘDRYCHA Artur | 708 | | M-40 | 00:00:38 | 00:27:39 | 00:55:24 |
| 710 | JĘDRYCHA Zbigniew | 709 | | M-60 | 00:00:38 | 00:27:39 | 00:55:24 |
| 711 | PŁOMIN Marcin | 1206 | SBRT GLIWICE | M-30 | 00:00:39 | 00:27:41 | 00:55:26 |
| 712 | CZAJKA Aleksander | 1124 | | M-40 | 00:00:40 | 00:27:36 | 00:55:26 |
| 713 | SZUBERT Grzegorz | 6 | | M-40 | 00:00:46 | 00:26:29 | 00:55:26 |
| 714 | KOŁODZIEJ Paweł | 505 | | M-30 | 00:00:39 | 00:27:49 | 00:55:27 |
| 715 | WILIMSKI Tomasz | 101 | SBRT GLIWICE | M-40 | 00:00:34 | 00:27:41 | 00:55:28 |
| 716 | BLASZKE Waldemar | 159 | NIGHT RUNNERS GLIWICE | M-50 | 00:00:51 | 00:27:46 | 00:55:31 |
| 717 | PAWIŃSKI Wojciech | 285 | | M-40 | 00:00:50 | 00:27:46 | 00:55:32 |
| 718 | STAROŃ Sylwester | 470 | | M-40 | 00:01:04 | 00:27:31 | 00:55:35 |
| 719 | KOZŁOWSKI Przemysław | 549 | | M-30 | 00:00:43 | 00:27:49 | 00:55:38 |
| 720 | TISZBIEREK Henryk | 180 | SBRT GLIWICE | M-40 | 00:01:12 | 00:27:58 | 00:55:43 |
| 721 | UCHNAST Sebastian | 990 | | M-40 | 00:01:26 | 00:27:37 | 00:55:43 |
| 722 | GRUSZKA Michał | 371 | | M-40 | 00:01:26 | 00:27:37 | 00:55:44 |
| 723 | BIERNAT Adam | 268 | | M-40 | 00:01:38 | 00:28:06 | 00:55:49 |
| 724 | MACHNOWSKI Wojciech | 19 | NIGHT RUNNERS GLIWICE | M-30 | 00:01:02 | 00:28:02 | 00:55:51 |
| 725 | MACIASZEK Grzegorz | 414 | | M-20 | 00:00:17 | 00:27:58 | 00:55:52 |
| 726 | WOŁOWSKI Michał | 1160 | SLAM DRINKERS BIŁGORAJ | M-20 | 00:00:10 | 00:28:08 | 00:55:53 |
| 727 | RENKIEL Tomasz | 55 | NIGHT RUNNERS GLIWICE | M-40 | 00:01:00 | 00:28:03 | 00:55:53 |
| 728 | DĘBSKI Mariusz | 1270 | NIGHT RUNNER'S GLIWICE | M-40 | 00:00:29 | 00:27:59 | 00:55:54 |
| 729 | ZIELIŃSKI Marek | 317 | | M-30 | 00:01:47 | 00:27:52 | 00:55:55 |
| 730 | SMOŁA Mieczysław | 1240 | PĘDZIWIATR GLIWICE | M-60 | 00:00:02 | 00:27:57 | 00:56:01 |
| 731 | PADOŁ Zbigniew | 141 | NIEZRZESZONY | M-50 | 00:00:17 | 00:27:56 | 00:56:03 |
| 732 | CIESIELSKI Radosław | 757 | BETANIA TEAM | M-30 | 00:00:22 | 00:28:16 | 00:56:05 |
| 733 | KĘPSKI Albert | 784 | | M-20 | 00:01:21 | 00:28:04 | 00:56:07 |
| 734 | HEFFNER Remigiusz | 762 | OPEL ACTIVE TEAM | M-30 | 00:01:15 | 00:28:02 | 00:56:08 |
| 735 | KOŁODZIEJCZYK Zbigniew | 491 | KB ENDURANCE SOLIDARNI KNURÓW | M-60 | 00:01:42 | 00:28:01 | 00:56:08 |
| 736 | BUFNAL Krzysztof | 574 | | M-40 | 00:01:53 | 00:29:00 | 00:56:08 |
| 737 | GRABOWSKI Lech | 1165 | | M-50 | 00:00:06 | 00:26:55 | 00:56:12 |
| 738 | KLAWENDER Ryszard | 1090 | BIEGAMY Z SERCEM.PL | M-50 | 00:00:43 | 00:27:44 | 00:56:12 |
| 739 | ORYSZCZAK Łukasz | 313 | | M-30 | 00:01:21 | 00:27:13 | 00:56:17 |
| 740 | MAĆZKO Jan | 914 | | M-50 | 00:01:04 | 00:27:57 | 00:56:22 |
| 741 | SKRABA Krzysztof | 1077 | AMATOR SZCZYGLOWICE | M-30 | 00:00:59 | 00:28:49 | 00:56:28 |
| 742 | WOJTAS Paweł | 510 | | M-20 | 00:00:43 | 00:27:48 | 00:56:30 |
| 743 | GAŁECZKA Michał | 548 | | M-20 | 00:01:06 | 00:28:43 | 00:56:30 |
| 744 | TOCZYDŁOWSKI Łukasz | 1095 | HALEMBA | M-30 | 00:01:07 | 00:28:35 | 00:56:32 |
| 745 | SOŁTYSIAK Robert | 1258 | HALEMBA | M-30 | 00:01:08 | 00:28:34 | 00:56:32 |
| 746 | KOTWICKI Marek | 332 | | M-30 | 00:01:46 | 00:28:03 | 00:56:34 |
| 747 | WRÓBLEWSKI Robert | 456 | MIECHOWICKA GRUPA BIEGOWA | M-40 | 00:00:54 | 00:27:48 | 00:56:43 |
| 748 | OSIŃSKI Robert | 399 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:55 | 00:28:39 | 00:56:54 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-----------------------------|-------------|---------------------------------|-----------|-------------|-------------|---------------|
| 749 | STYPA Jerzy | 415 | STONOGI MILANÓWEK | M-50 | 00:00:55 | 00:28:39 | 00:56:54 |
| 750 | WIECZOREK Jarosław | 2 | | M-30 | 00:00:54 | 00:29:07 | 00:57:05 |
| 751 | MULLER Rafał | 890 | | M-20 | 00:00:41 | 00:27:57 | 00:57:10 |
| 752 | OGIŃSKI Daniel | 1106 | 1992 | M-20 | 00:00:47 | 00:27:52 | 00:57:12 |
| 753 | WYLEŻAŁEK Irek | 985 | NIGHT RUNNER GLIWICE | M-40 | 00:01:47 | 00:28:19 | 00:57:12 |
| 754 | MICEK Marek | 929 | | M-30 | 00:01:13 | 00:27:57 | 00:57:13 |
| 755 | KURIANOWICZ Wiesław | 436 | BIEGAM BO LUBIĘ | M-50 | 00:01:32 | 00:28:45 | 00:57:19 |
| 756 | BŁASZCZYSZYN Michał | 138 | | M-20 | 00:00:58 | 00:28:33 | 00:57:24 |
| 757 | PLEWIK Michał | 667 | GRAMMI | M-40 | 00:00:41 | 00:28:17 | 00:57:32 |
| 758 | ORLEF Jarosław | 566 | | M-40 | 00:00:39 | 00:28:19 | 00:57:34 |
| 759 | MIRSKI Rafał | 663 | IMPULS DO DZIAŁANIA | M-40 | 00:00:40 | 00:28:18 | 00:57:34 |
| 760 | BUCHAL Grzegorz | 782 | | M-40 | 00:01:00 | 00:28:32 | 00:57:34 |
| 761 | KUROWICZ Marcin | 539 | NIEZRZESZONY | M-40 | 00:01:18 | 00:28:43 | 00:57:40 |
| 762 | KRZOS Piotr | 74 | | M-30 | 00:01:57 | 00:29:08 | 00:57:45 |
| 763 | MUSIOŁ Grzegorz | 394 | OPEL ACTIVE TEAM | M-40 | 00:00:46 | 00:28:37 | 00:57:49 |
| 764 | RYGIEL Sebastian | 143 | | M-30 | 00:01:54 | 00:29:04 | 00:57:51 |
| 765 | BILON Bogdan | 1146 | ZBROJOWNIA SULECHÓW | M-60 | 00:00:53 | 00:28:46 | 00:57:55 |
| 766 | GLINIANY Adam | 1082 | ZABIEGANA RODZINKA | M-40 | 00:01:28 | 00:29:04 | 00:57:58 |
| 767 | BURLIGA Mariusz | 492 | KB ENDURANCE SOLIDARNI KNURÓW | M-40 | 00:01:23 | 00:29:10 | 00:58:02 |
| 768 | GUZDEK Sławomir | 940 | | M-30 | 00:01:32 | 00:29:22 | 00:58:03 |
| 769 | DROZDOWSKI Wojciech | 1125 | BIEGAJ Z TRENERAMI | M-30 | 00:00:37 | 00:28:06 | 00:58:11 |
| 770 | SYNÓWKA Maciej | 981 | | M-30 | 00:00:34 | 00:28:23 | 00:58:13 |
| 771 | WIEDERMANN Krzysztof | 1309 | PEDRA FORCH | M-30 | 00:00:44 | 00:28:21 | 00:58:19 |
| 772 | ZDRZAŁEK Jan | 624 | | M-20 | 00:01:58 | 00:29:04 | 00:58:21 |
| 773 | GAŚCZAK Tadeusz | 1279 | | M-70 | 00:00:32 | 00:29:15 | 00:58:24 |
| 774 | WANAT Wacław | 1008 | SKY TOWER RUNNERS WROCŁAW | M-70 | 00:01:05 | 00:29:28 | 00:58:29 |
| 775 | SEWERYNIAK Adam | 1260 | | M-50 | 00:00:56 | 00:29:14 | 00:58:41 |
| 776 | KRAKOWSKI Jacek | 1505 | | M-40 | 00:01:18 | 00:29:36 | 00:59:00 |
| 777 | BRODIUK Norbert | 622 | SBRT GLIWICE | M-40 | 00:00:37 | 00:28:02 | 00:59:02 |
| 778 | SZAŁAJKO Jerzy | 665 | DUCH GÓR | M-50 | 00:01:28 | 00:28:44 | 00:59:03 |
| 779 | WIŚNIEWSKI Paweł | 5 | NIGHT RUNNERS GLIWICE | M-20 | 00:00:47 | 00:28:47 | 00:59:04 |
| 780 | MAŚLANKA Ireneusz | 1093 | NIGHT RUNNERS GLIWICE | M-50 | 00:00:58 | 00:29:18 | 00:59:04 |
| 781 | SMAGOROWICZ Artur | 1079 | W POGONI ZA DUCHEM | M-40 | 00:00:58 | 00:28:21 | 00:59:08 |
| 782 | MUSIOŁ Janusz | 830 | UNISONO | M-30 | 00:01:05 | 00:30:06 | 00:59:15 |
| 783 | MANDOK Bogdan | 742 | | M-30 | 00:00:07 | 00:28:10 | 00:59:23 |
| 784 | STOKŁOSA Marcin | 222 | | M-40 | 00:01:11 | 00:30:23 | 00:59:25 |
| 785 | KOWALIK Tomasz | 1066 | KALINOWSKI TEAM | M-30 | 00:00:53 | 00:28:51 | 00:59:27 |
| 786 | JABŁOŃSKI Łukasz | 889 | UNISONO | M-20 | 00:01:07 | 00:30:06 | 00:59:29 |
| 787 | CABAŁA Adam | 918 | | M-20 | 00:01:02 | 00:29:49 | 00:59:30 |
| 788 | SATKO Jacek | 238 | | M-50 | 00:00:51 | 00:30:04 | 00:59:38 |
| 789 | CYWIŃSKI Robert | 1176 | | M-40 | 00:00:58 | 00:29:58 | 00:59:41 |
| 790 | SOSIN Adam | 200 | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ | M-30 | 00:01:20 | 00:30:12 | 00:59:43 |
| 791 | BOBKOWSKI Maciej | 58 | PĘDZACE ŻÓŁWIE | M-40 | 00:00:48 | 00:28:52 | 00:59:47 |
| 792 | ROKOSZ Łukasz | 128 | | M-20 | 00:01:36 | 00:30:39 | 00:59:47 |
| 793 | WILCZOK Krzysztof | 129 | | M-20 | 00:01:36 | 00:30:39 | 00:59:47 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|--------------------------------|-------------|--------------------------------------|-----------|-------------|-------------|---------------|
| 794 | MIGDAŁ Grzegorz | 29 | SBRT GLIWICE | M-40 | 00:01:12 | 00:29:31 | 00:59:49 |
| 795 | CHOJOWSKI Oskar | 154 | | M-40 | 00:01:02 | 00:29:53 | 00:59:52 |
| 796 | KOSTORZ Paweł | 613 | PAWEŁ KOSTORZ | M-20 | 00:01:21 | 00:29:15 | 00:59:52 |
| 797 | GRACH Tomasz | 311 | RUN AND FUN TEAM | M-40 | 00:00:59 | 00:29:53 | 01:00:06 |
| 798 | KRASZKIEWICZ Aleksander | 968 | NASNIEDOGONIAT | M-30 | 00:00:50 | 00:29:59 | 01:00:08 |
| 799 | LEWICKI Krzysztof | 43 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:51 | 00:29:41 | 01:00:09 |
| 800 | TKACZUK Marcin | 1016 | NIGHT RUNNERS GLIWICE | M-30 | 00:00:50 | 00:29:42 | 01:00:10 |
| 801 | KAPIAS Krystian | 521 | | M-40 | 00:01:07 | 00:30:05 | 01:00:12 |
| 802 | WOJTASZEK Grzegorz | 324 | MOSIR PIEKARY ŚLĄSKIE | M-40 | 00:01:43 | 00:28:50 | 01:00:13 |
| 803 | POŁOK Adrian | 1022 | OPEL ACTIVE TEAM | M-30 | 00:00:52 | 00:29:58 | 01:00:19 |
| 804 | DACZYŃSKI Kajetan | 458 | GRUPA CMYKI | M-16 | 00:00:53 | 00:29:57 | 01:00:19 |
| 805 | BOH Mariusz | 1306 | | M-60 | 00:00:52 | 00:30:00 | 01:00:20 |
| 806 | ŻOCHOWSKI Leszek | 225 | | M-40 | 00:00:52 | 00:29:58 | 01:00:21 |
| 807 | STOLARCZYK Robert | 115 | NIGHT RUNNERS | M-30 | 00:00:49 | 00:30:01 | 01:00:23 |
| 808 | ŚLĘZAK Jakub | 963 | BANDA PE | M-20 | 00:01:32 | 00:29:55 | 01:00:23 |
| 809 | CZAPEK Marek | 309 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:34 | 00:29:58 | 01:00:25 |
| 810 | MATECKI Maciej | 520 | 2XM | M-30 | 00:00:56 | 00:30:04 | 01:00:25 |
| 811 | GABRYŚ Seba | 1277 | NIGHT RUNNERS GLIWICE | M-40 | 00:00:30 | 00:30:02 | 01:00:31 |
| 812 | DWORNICZAK Paweł | 887 | | M-20 | 00:01:34 | 00:29:32 | 01:00:38 |
| 813 | KWAŚNIOK Rafał | 348 | NIGHT RUNNERS GLIWICE | M-20 | 00:01:04 | 00:29:54 | 01:00:42 |
| 814 | BRZÓZKA Sebastian | 233 | SBD ENERGETYK RYBNIK | M-30 | 00:01:26 | 00:29:07 | 01:00:46 |
| 815 | GRZESIKIEWICZ Mariusz | 426 | | M-30 | 00:00:53 | 00:30:11 | 01:00:47 |
| 816 | FURMANIK Jacek | 648 | AKMB PĘDZIWIATR GLIWICE | M-50 | 00:01:53 | 00:30:56 | 01:00:54 |
| 817 | KUPCZAK Rafał | 1084 | | M-40 | 00:01:05 | 00:30:32 | 01:00:55 |
| 818 | ĆWIKŁA Andrzej | 1067 | TENT GRUPA | M-60 | 00:01:00 | 00:30:16 | 01:00:59 |
| 819 | LIPSKI Dariusz | 71 | | M-30 | 00:01:52 | 00:29:39 | 01:00:59 |
| 820 | KORDECKI Bartosz | 1071 | | M-30 | 00:01:35 | 00:30:33 | 01:01:02 |
| 821 | STEINHOFF Adam | 1033 | WIKTOR TEAM | M-40 | 00:01:15 | 00:30:19 | 01:01:06 |
| 822 | KUŚ Michał | 1236 | 1982 | M-30 | 00:01:16 | 00:30:09 | 01:01:21 |
| 823 | STACHOWSKI Wojciech | 930 | | M-30 | 00:01:30 | 00:30:12 | 01:01:48 |
| 824 | KLEJNOWSKI Mateusz | 878 | | M-20 | 00:01:19 | 00:30:23 | 01:01:55 |
| 825 | CIEŚLAK Michał | 376 | | M-30 | 00:01:37 | 00:30:22 | 01:01:59 |
| 826 | HAŃCZUR Józef | 792 | B T M RUNNERS | M-50 | 00:01:14 | 00:30:53 | 01:02:01 |
| 827 | ROJEK Michał | 856 | | M-30 | 00:00:58 | 00:29:20 | 01:02:08 |
| 828 | DRABIK Krzysztof | 1257 | FUNDACJA DZIECIOM TWÓJ REKORD POMAGA | M-30 | 00:01:56 | 00:30:41 | 01:02:13 |
| 829 | BANASIK Wiesław | 1062 | | M-50 | 00:00:49 | 00:30:04 | 01:02:16 |
| 830 | WOJTUKIEWICZ Artur | 691 | | M-30 | 00:01:35 | 00:28:58 | 01:02:18 |
| 831 | MARKOWICZ Piotr | 1298 | MOMO RESTAURANT & COCKTAIL BAR | M-30 | 00:01:15 | 00:30:51 | 01:02:25 |
| 832 | ZUWAŁA Robert | 1168 | RAGNAR TEAM | M-40 | 00:01:29 | 00:30:36 | 01:02:27 |
| 833 | WALIGÓRA Aleksander | 769 | BBL KĘDZIERZYN-KOŻLE | M-40 | 00:01:17 | 00:30:50 | 01:02:31 |
| 834 | GRUCHALSKI Jakub | 591 | ISTA BIEGAMY | M-30 | 00:01:23 | 00:30:10 | 01:02:32 |
| 835 | KONOPKA Marek | 556 | ŚAF-OBRO | M-40 | 00:01:25 | 00:30:38 | 01:02:32 |
| 836 | BIERNACKI Tomasz | 626 | | M-40 | 00:01:19 | 00:30:59 | 01:02:44 |
| 837 | KONTNY Paweł | 1032 | | M-70 | 00:01:55 | 00:31:00 | 01:02:50 |
| 838 | MISZTAŁ Andrzej | 975 | | M-40 | 00:01:52 | 00:30:56 | 01:02:52 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5 km 5km | 10 km 10km |
|-----|-----------------------|-------|-------------------------|-----------|-------------|-------------|---------------|
| 839 | DYNEK Sebastian | | PĘDZIWIATR | M-30 | 00:00:00 | 00:31:32 | 01:02:59 |
| 840 | DUDZIAK Piotr | 978 | OPEL ACTIVE TEAM | M-40 | 00:01:17 | 00:30:55 | 01:03:09 |
| 841 | ŁYSIUK Grzegorz | 506 | | M-30 | 00:01:30 | 00:30:59 | 01:03:13 |
| 842 | GORZAWSKI Andrzej | 1200 | SPARTANIE DZIECIOM | M-20 | 00:01:38 | 00:30:20 | 01:03:18 |
| 843 | MAŁYSA Łukasz | 509 | | M-30 | 00:01:28 | 00:30:18 | 01:03:22 |
| 844 | FORYST Wojciech | 560 | | M-60 | 00:01:22 | 00:31:01 | 01:03:26 |
| 845 | FLORECKI Andrzej | 112 | AKMB PĘDZIWIATR GLIWICE | M-60 | 00:00:44 | 00:30:51 | 01:03:30 |
| 846 | PASSIA Robert | 1141 | | M-30 | 00:01:19 | 00:30:59 | 01:03:32 |
| 847 | LEDWOŃ Jakub | 87 | NIGHT RUNNERS GLIWICE | M-30 | 00:01:17 | 00:31:01 | 01:03:41 |
| 848 | KRÓL Adam | 1250 | SPARTANIE DZIECIOM | M-50 | 00:01:10 | 00:30:54 | 01:03:45 |
| 849 | CHRYCIUK Wojciech | 1245 | SPARTANIE DZIECIOM | M-50 | 00:01:10 | 00:30:54 | 01:03:49 |
| 850 | KOWALCZYK Mariusz | 1185 | SPARTANIE DZIECIOM | M-40 | 00:01:11 | 00:30:54 | 01:03:50 |
| 851 | KANIEWSKI Paweł | 1248 | | M-30 | 00:01:12 | 00:30:53 | 01:03:50 |
| 852 | KOŁKOWSKI Andrzej | 1189 | SPARTANIE DZIECIOM | M-40 | 00:01:13 | 00:30:53 | 01:03:50 |
| 853 | ZYCH Dawid | 1190 | SPARTANIE DZIECIOM | M-40 | 00:01:13 | 00:30:53 | 01:03:50 |
| 854 | KĘCIK Janusz | 1184 | SPARTANIE DZIECIOM | M-60 | 00:01:14 | 00:30:53 | 01:03:50 |
| 855 | MIŚKIEWICZ Andrzej | 1147 | | M-50 | 00:01:22 | 00:31:41 | 01:03:50 |
| 856 | SERWACZYŃSKI Mirosław | 1191 | SPARTANIE DZIECIOM | M-50 | 00:01:04 | 00:30:57 | 01:03:51 |
| 857 | GRONOWSKI Waldemar | 1198 | SPARTANIE DZIECIOM | M-50 | 00:01:09 | 00:30:54 | 01:03:51 |
| 858 | SZAŁAŚNY Piotr | 601 | TESTYOUTDOOROWE.PL | M-20 | 00:01:11 | 00:30:54 | 01:03:51 |
| 859 | SULIN Marek | 949 | SPARTANIE DZIECIOM | M-40 | 00:01:06 | 00:30:56 | 01:03:52 |
| 860 | SOLBIATI Davide | 1199 | SPARTANIE DZIECIOM | M-40 | 00:01:06 | 00:30:56 | 01:03:52 |
| 861 | RESZKE Michał | 1195 | SPARTANIE DZIECIOM | M-30 | 00:01:08 | 00:30:55 | 01:03:52 |
| 862 | DOROTA Zbigniew | 1247 | SPARTANIE DZIECIOM | M-40 | 00:01:09 | 00:30:55 | 01:03:52 |
| 863 | SANECKI Patryk | 1194 | SPARTANIE DZIECIOM | M-20 | 00:01:11 | 00:30:54 | 01:03:52 |
| 864 | KREMPA Michał | 1192 | SPARTANIE DZIECIOM | M-40 | 00:01:05 | 00:30:56 | 01:03:53 |
| 865 | LASKOWSKI Piotr | 1251 | SPARTANIE DZIECIOM | M-40 | 00:01:06 | 00:30:54 | 01:03:53 |
| 866 | SZAFRAŃSKI Krzysztof | 295 | SPARTANIE DZIECIOM | M-40 | 00:01:07 | 00:30:56 | 01:03:53 |
| 867 | MAŁKOWSKI Bogdan | 1202 | SPARTANIE DZIECIOM | M-40 | 00:01:08 | 00:30:55 | 01:03:53 |
| 868 | PTAK Arkadiusz | 1197 | SPARTANIE DZIECIOM | M-30 | 00:01:09 | 00:30:55 | 01:03:53 |
| 869 | NOWAK Wiktor | 1186 | SPARTANIE DZIECIOM | M-50 | 00:01:04 | 00:30:57 | 01:03:54 |
| 870 | PIORKOWSKI Karol | 1193 | SPARTANIE DZIECIOM | M-40 | 00:01:05 | 00:30:52 | 01:03:55 |
| 871 | BEJNAROWICZ Damian | 1196 | SPARTANIE DZIECIOM | M-20 | 00:01:04 | 00:30:58 | 01:03:56 |
| 872 | LEŚNIEWSKI Michał | 1252 | SPARTANIE DZIECIOM | M-40 | 00:01:01 | 00:30:59 | 01:03:57 |
| 873 | SUSEŁ Aleksander | 16 | | M-20 | 00:00:00 | 00:31:26 | 01:04:00 |
| 874 | GILEWSKI Franciszek | 543 | BIEGAMY Z SERCEM | M-70 | 00:00:43 | 00:31:25 | 01:04:02 |
| 875 | KOPYŚĆ Jarosław | 1112 | PSZCZÓLKOWSKI TEAM | M-40 | 00:01:43 | 00:32:01 | 01:04:02 |
| 876 | JEŻEWSKI Adam | 328 | VRC | M-30 | 00:01:28 | 00:31:15 | 01:04:09 |
| 877 | BOBA Ryszard | 485 | | M-60 | 00:01:31 | 00:30:25 | 01:04:21 |
| 878 | SZYMAŃSKI Jacek | 472 | TELESKOPY.PL | M-40 | 00:01:41 | 00:32:57 | 01:04:35 |
| 879 | DZIEDZIC Dominik | 39 | PIŃCET PLUS | M-30 | 00:01:52 | 00:32:10 | 01:05:23 |
| 880 | RAKINT Bogdan | 44 | PIŃCET PLUS | M-30 | 00:01:53 | 00:31:56 | 01:05:30 |
| 881 | DYRAGA Marcin | 559 | SAINT-GOBAIN SQUAD | M-40 | 00:01:37 | 00:33:04 | 01:05:54 |
| 882 | KURPIOS Piotr | 542 | | M-30 | 00:01:35 | 00:34:02 | 01:06:49 |
| 883 | JURETKO Adam | 97 | | M-40 | 00:00:56 | 00:32:56 | 01:07:59 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_km 5km | 10_km 10km |
|-----|-----------------------------|-------------|-----------------------|-----------|-------------|-------------|---------------|
| 884 | RECZKO Mariusz | 476 | | M-40 | 00:01:27 | 00:32:11 | 01:09:31 |
| 885 | ŻELEZNY Tomasz | 69 | NIGHT RUNNERS GLIWICE | M-30 | 00:01:33 | 00:35:07 | 01:10:02 |
| 886 | ZAWADA Piotr | 78 | NIGHT RUNNERS | M-30 | 00:01:51 | 00:36:29 | 01:13:28 |
| 887 | BROSZ Michał | 1175 | | M-40 | 00:00:00 | | |
| 888 | KAPICA Wojciech | 883 | BANDA PE | M-20 | 00:00:00 | | |
| 889 | KACZMARCZYK Grzegorz | 186 | | M-30 | 00:00:56 | | |
| 890 | JASIKOWSKI Łukasz | 89 | | M-20 | 00:01:23 | 00:27:20 | |

Znaleziono 890 wynik(ów)