



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	STARŻYŃSKI Andrii	487	KLEMENTYNKA	M-20	00:00:01	00:16:03	00:32:28	00:49:00
2	CIEPLAK Marcin	11	TL ROW RYBNIK	M-20	00:00:01	00:16:58	00:33:46	00:50:31
3	NAGIZNJAK Wiktor	56	IKB RUDNIK	M-20	00:00:00	00:16:23	00:33:25	00:50:32
4	KAWIK Tomasz	1049	INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE	M-20	00:00:01	00:17:04	00:34:16	00:51:25
5	GRAJCAR Łukasz	1181	CKS BUDOWLANI CZĘSTOCHOWA	M-20	00:00:01	00:16:42	00:34:02	00:52:01
6	FORMICKI Rafał	450		M-20	00:00:01	00:17:04	00:34:31	00:52:24
7	RZEPKA Bernard	805	#SOBASTEAM	M-40	00:00:02	00:18:05	00:36:41	00:55:31
8	PAWEŁCZAK Mateusz	434	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:01	00:17:39	00:35:58	00:55:33
9	ŻABA Marek	1019	TRIATHLON X-TEAM	M-30	00:00:03	00:18:09	00:36:57	00:55:52
10	MUSKIETORZ Piotr	517		M-20	00:00:02	00:18:11	00:37:44	00:56:45
11	BOCHEŃSKI Grzegorz	90	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56
12	ŚLIWIŃSKI Piotr	252	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05
13	SZCZECIŃSKI Maciej	1024		M-30	00:00:03	00:19:24	00:38:38	00:57:37
14	NOWICKI Michał	669	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45
15	KŁĘBEK Kamil	1182	AWF KATOWICE	M-20	00:00:03	00:18:44	00:38:11	00:58:00
16	KULIG Rafał	28	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14
17	RAJEK Sebastian	1145		M-40	00:00:02	00:18:40	00:38:21	00:58:18
18	MATLOK Marek	859	BIEGAJ Z PILECKIM	M-40	00:00:03	00:19:19	00:39:00	00:58:28
19	FLIEGERT Mateusz	1222	SBRT GLIWICE	M-20	00:00:04	00:20:10	00:39:52	00:58:29
20	LUBNAU Marek	1203	HARPAGAN SOSNOWIEC	M-50	00:00:02	00:19:36	00:39:10	00:58:49
21	ROGACZ Piotr	583	SZAKALE	M-30	00:00:05	00:19:23	00:39:09	00:58:50
22	KRZAK Robert	1312	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51
23	BUDKA Borys	4	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52
24	POŚNIAK Tomasz	600	ISTA BIEGAMY	M-20	00:00:02	00:19:40	00:39:30	00:59:18
25	HETMAN Radosław	662	GRUPA NOMAX	M-30	00:00:05	00:20:09	00:39:52	00:59:30
26	PLOCH Jakub	229	NIGHT RUNNERS ZABRZE	M-20	00:00:02	00:19:21	00:39:47	01:00:08
27	STACHURA Mateusz	1213	SBRT GLIWICE	M-20	00:00:03	00:18:11	00:39:19	01:00:13
28	SPYCHAŁSKI Adam	1204		M-40	00:00:03	00:19:46	00:40:03	01:00:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
29	DUŻNIAK Dominik	166	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25
30	PIEKARCZYK Sławomir	650	UNIwersytet Śląski	M-20	00:00:05	00:19:44	00:40:04	01:00:31
31	NIESLON Marek	603		M-30	00:00:36	00:20:42	00:40:46	01:00:32
32	GROŃ Krystian	1043		M-20	00:00:06	00:20:08	00:40:16	01:00:40
33	SZWEDA Piotr	778	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:09	00:20:32	00:40:36	01:00:46
34	GICZEWSKI Grzegorz	839	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:09	00:20:33	00:40:55	01:00:55
35	SLADEK Dawid	210		M-20	00:00:05	00:19:52	00:40:24	01:00:56
36	HOZAKOWSKI Marcin	860		M-20	00:00:04	00:20:38	00:40:55	01:00:59
37	SZCZESNY Damian	1142	WIELUŃ BIEGA	M-30	00:00:07	00:20:10	00:40:38	01:00:59
38	KRZESIAK Marcin	852		M-30	00:00:05	00:20:05	00:40:47	01:01:01
39	WOLNY Krzysztof	358		M-30	00:00:03	00:20:24	00:40:51	01:01:03
40	BIALIK Marcin	971		M-20	00:00:03	00:19:33	00:40:02	01:01:06
41	PETRUS Łukasz	1117		M-30	00:06:20	00:20:13	00:40:45	01:01:18
42	WALKOWIAK Artur	634	UCIEKAM PRZED DOBRĄ ZMIANĄ	M-40	00:00:05	00:20:07	00:40:48	01:01:22
43	ORZECHOWSKI Arkadiusz	794	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:08	00:20:33	00:41:09	01:01:39
44	RUDKO Michał	544	KLUCZBORSKA GRUPA BIEGOWA	M-20	00:00:05	00:19:33	00:40:06	01:01:43
45	BAGAN Grzegorz	12	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54
46	MAJCHRZAK Marcin	261	HOLBOX RUNNERS	M-40	00:00:05	00:20:21	00:41:01	01:01:54
47	SKRZYDELSKI Tomasz	1023		M-20	00:00:33	00:20:40	00:41:14	01:02:02
48	LIGOCKI Michał	959	CHOP ZE ŻELAZA TRI TEAM	M-30	00:00:03	00:20:34	00:41:21	01:02:08
49	MAŁKA Bartosz	152		M-30	00:00:04	00:20:27	00:41:21	01:02:11
50	BIŃCZYK Dariusz	821	ZABIEGANI CZĘSTOCHOWA	M-30	00:00:04	00:20:41	00:41:30	01:02:13
51	POLACZEK Alexander	405		M-40	00:00:04	00:20:11	00:40:55	01:02:18
52	WIECHUŁA Marcin	169		M-30	00:00:06	00:20:02	00:40:56	01:02:20
53	MATERLA Marek	196	ZRYW SŁUPSKO	M-30	00:00:06	00:20:36	00:41:29	01:02:23
54	KUPIJAJ Marcin	410	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36
55	JACHYMEK Bartłomiej	1076	JACEKBIEGA RUNNING TEAM	M-40	00:00:05	00:20:56	00:41:45	01:02:41
56	PYSZ Grzegorz	396	HR MAX ŻORY	M-40	00:00:10	00:20:32	00:41:24	01:02:42
57	BĄBSKI Szymon	872	KS HALNY WĘGIERSKA GÓRKA	M-30	00:00:12	00:20:54	00:41:51	01:02:43
58	KILIŃSKI Jacek	1238		M-40	00:00:02	00:19:31	00:40:46	01:02:47
59	OŚLIZŁO Tomasz	1132		M-20	00:00:04	00:21:21	00:42:32	01:02:52
60	PACZKA Michał	1299		M-40	00:00:10	00:20:35	00:41:49	01:02:53
61	CHOMIK Rafał	869	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55
62	MAŚCIBRZUCH Marcin	273		M-20	00:00:07	00:21:06	00:42:07	01:02:58
63	HOŁDA Marek	1510		M-20	00:00:05	00:21:09	00:42:07	01:02:59
64	BOGUS Bartosz	228		M-20	00:00:06	00:21:07	00:42:08	01:02:59
65	DWORNICZAK Łukasz	716		M-30	00:00:07	00:20:52	00:42:06	01:02:59
66	SKORUPKA Adam	575	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59
67	GRZYB Dariusz	894	BRĄK	M-40	00:00:08	00:20:35	00:42:06	01:03:00
68	ŚWIDA Adam	1514	TRIDEA TEAM	M-30	00:00:07	00:21:15	00:42:19	01:03:01
69	WYŁUPEK Tomasz	812	SZAKALE	M-40	00:00:09	00:21:14	00:42:21	01:03:06
70	CYROŃ Adrian	1122		M-30	00:00:07	00:21:15	00:42:18	01:03:11
71	SARNECKI Adam	801		M-30	00:00:12	00:21:03	00:42:03	01:03:11
72	WOLNY Dariusz	336	LIDEON	M-30	00:00:06	00:20:55	00:42:08	01:03:13
73	LASKOWSKI Tomasz	118	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
74	LEWICKI Tomasz	15	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30
75	NOGAJ Janusz	1037	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31
76	ŁUSZCZ Remigiusz	589	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33
77	DAMEC Olek	718		M-40	00:00:07	00:21:11	00:42:13	01:03:35
78	ZAWIŚLAK Patryk	1119	RUNNERS WOJKOWICE TEAM	M-20	00:00:06	00:20:24	00:42:07	01:03:57
79	OKOŃ Łukasz	226		M-30	00:00:08	00:20:37	00:42:15	01:03:58
80	OŚLIZŁO Marcin	1157	31 URODZINY:)	M-30	00:00:04	00:21:21	00:42:32	01:04:00
81	HOŁA Paweł	1183	BTM RUNNERS	M-30	00:00:09	00:21:16	00:42:31	01:04:04
82	MUSZKIET Piotr	836	MAXIMUS ZAWADZKIE	M-40	00:00:05	00:21:09	00:42:09	01:04:06
83	PAWLIK Marek	192	ATHLETICS NYSA	M-40	00:00:06	00:21:22	00:42:43	01:04:09
84	GŁUSZAK Adam	721		M-30	00:00:59	00:21:21	00:42:40	01:04:10
85	SURMA Jakub	1263		M-20	00:00:58	00:20:54	00:42:40	01:04:15
86	BIELECKI Krzysztof	939		M-30	00:00:10	00:21:22	00:42:53	01:04:17
87	BOSAK Sławomir	760	BIŁGORAJ BIEGA	M-40	00:00:21	00:21:07	00:42:49	01:04:17
88	WÓJCIK Dariusz	1156		M-40	00:00:10	00:21:07	00:42:52	01:04:23
89	CISZEWSKI Wojciech	957		M-40	00:00:04	00:20:11	00:41:43	01:04:41
90	OLESIŃSKI Tomasz	374		M-40	00:00:10	00:21:22	00:42:52	01:04:45
91	BAK Henryk	960		M-40	00:01:24	00:21:21	00:43:12	01:04:48
92	JAWOROWSKI Witold	774	AMATOR	M-50	00:00:13	00:21:38	00:43:25	01:04:56
93	WALIGÓRSKI Robert	633	PARKRUN KĘDZIERZYN-KOŻLE	M-40	00:00:07	00:21:18	00:42:58	01:04:58
94	FALKENBERG Ludwik	41	RUN-LOG.COM	M-40	00:00:21	00:21:14	00:42:59	01:04:58
95	IMAŃSKI Grzegorz	1136		M-40	00:00:08	00:21:20	00:42:59	01:05:00
96	RODAK Piotr	298	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05
97	STASIAK Mirosław	588	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06
98	CZABAŃSKI Rafał	259	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08
99	SKWORC Grzegorz	1013	NIGHT RUNNERS GLIWICE	M-20	00:00:03	00:20:22	00:42:35	01:05:12
100	KORKUŚ Jarosław	871	WOSIEK TEAM	M-30	00:00:08	00:21:58	00:43:47	01:05:17
101	KAWELCZYK Robert	973		M-40	00:00:04	00:21:07	00:42:45	01:05:25
102	STAROSTKA Jacek	1089	PKO BANK POLSKI BIEGAJMY RAZEM	M-40	00:00:07	00:21:41	00:43:33	01:05:26
103	BEŚKA Sławomir	183	OCHAJORUN & FRIENDS	M-40	00:00:08	00:21:10	00:43:14	01:05:28
104	FURMANEK Łukasz	175	KLUB BIEGACZA SANTANDERA	M-30	00:00:08	00:21:42	00:43:25	01:05:30
105	RACZEK Sławomir	46	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31
106	KROCZEK Andrzej	1061		M-40	00:00:53	00:22:34	00:44:16	01:05:40
107	LATOŃ Adam	748		M-30	00:00:08	00:21:35	00:43:46	01:05:43
108	CHROBOK Łukasz	165	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:35	00:43:41	01:05:45
109	ZWOLAK Tomasz	190	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:34	00:43:42	01:05:45
110	KRÓL Dariusz	449	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:40	00:22:00	00:44:16	01:05:46
111	MICHALSKI Jarosław	832	HETMAN TARNOWSKIE GÓRY	M-30	00:00:05	00:21:12	00:43:07	01:05:47
112	SŁOMCZYŃSKI Bartosz	694	10 BLOG	M-30	00:00:09	00:21:54	00:43:52	01:05:47
113	KOWALCZYK Adam	1025	STS BIEGATON	M-40	00:00:08	00:21:32	00:43:40	01:05:50
114	KRĘŻOŁEK Daniel	741		M-30	00:00:25	00:22:11	00:44:02	01:05:51
115	GRAETSCH Sebastian	1266		M-30	00:00:07	00:21:06	00:43:01	01:06:03
116	FOJCIK Rafał	411	OPEL ACTIV TEAM	M-30	00:00:19	00:21:29	00:43:35	01:06:03
117	ZASADA Adrian	756	BETANIA TEAM	M-20	00:00:07	00:21:42	00:43:48	01:06:07
118	WIECZOREK Andrzej	768	HASIOK	M-30	00:00:10	00:21:57	00:44:15	01:06:07

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
119	FIELHAUER Mateusz	673	KP PSP RACIBÓRZ / EASY RUN	M-20	00:00:11	00:21:59	00:44:12	01:06:07
120	KANIA Michał	325		M-40	00:00:04	00:21:39	00:44:00	01:06:13
121	MAJERANOWSKI Marek	1063	SMOLEŃ BYTOM	M-30	00:00:17	00:21:13	00:43:43	01:06:13
122	BEHRENDT Jakub	931	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15
123	PTAK Krzysztof	777	HR MAX ŻORY	M-30	00:00:12	00:22:09	00:44:22	01:06:16
124	GRAMATYKA Jan	729		M-30	00:00:16	00:22:05	00:44:17	01:06:16
125	FIJAŁKOWSKI Paweł	936	KALINOWSKI TEAM	M-30	00:00:19	00:22:15	00:44:30	01:06:16
126	OZYP Mariusz	1288	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18
127	OZYP Mariusz	303	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18
128	STRUK Maciej	974	DREAM RUN	M-30	00:00:36	00:22:03	00:44:22	01:06:23
129	WAWRZAK Ryszard	1515	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24
130	STAWARCZYK Krystian	840	OPEL ACTIVE TEAM	M-30	00:00:08	00:21:55	00:44:13	01:06:26
131	KĘSICKI Robert	1004	NIGHT RUNNERS GLIWICE	M-30	00:00:06	00:21:59	00:44:19	01:06:28
132	DOMAŃSKI Marcin	83	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28
133	RZEPKA Piotr	564	PARKRUN KATOWICE	M-20	00:00:29	00:22:20	00:44:27	01:06:28
134	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29
135	DĄBROWSKI Piotr	1131	BIEGOWA ŚWIDNICA	M-30	00:00:38	00:21:56	00:44:11	01:06:30
136	BŁACH Piotr	1221	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32
137	MULARCZYK Marek	320		M-20	00:00:29	00:21:21	00:43:41	01:06:36
138	DZIUBAŃSKI Grzegorz	1110	OPEL ACTIVE TEAM	M-30	00:00:07	00:21:06	00:42:57	01:06:37
139	DRAGA Marek	773		M-40	00:00:07	00:21:08	00:43:33	01:06:38
140	HRYSZKO Kazimierz	1170	40-LATEK TYCHY	M-50	00:00:22	00:23:00	00:44:59	01:06:41
141	PUC Paweł	1104		M-30	00:00:16	00:21:03	00:43:12	01:06:42
142	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58
143	WANIEWSKI Michał	250		M-30	00:00:18	00:22:47	00:45:14	01:06:59
144	ŁUKASZEK Grzegorz	1230		M Open	00:00:10	00:21:57	00:44:42	01:07:01
145	OLSZESKI Zbigniew	1303	ROZTOCZE KRASNOBRÓD	M-40	00:00:10		00:44:42	01:07:01
146	SOSNA Adrian	1000		M-30	00:00:10	00:21:57	00:44:42	01:07:01
147	KUCHNIA Krzysztof	909	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:09	00:22:04	00:44:50	01:07:03
148	ZOK Karol	221		M-30	00:00:27	00:22:33	00:44:47	01:07:13
149	KSIĄŻKIEWICZ Bartłomiej	732	ROCKY BALBOA RUNNING CLUB	M-30	00:00:03	00:21:20	00:43:54	01:07:14
150	KOWOLIK Łukasz	994	AMATOR	M-20	00:00:20	00:22:11	00:44:55	01:07:15
151	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16
152	KACZOR Sebastian	845	MIĘDZYGALAKTYCZNY KLUB ROZBIEGANYCH KACZEK	M-40	00:00:14	00:22:39	00:45:16	01:07:17
153	FRĄC Dariusz	1296	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24
154	SLUPINA Maciej	270		M-30	00:00:05	00:21:54	00:44:42	01:07:28
155	JACKOWSKI Piotr	646		M-40	00:00:06	00:22:15	00:44:49	01:07:30
156	KARGÓL Rafał	658	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:26	00:45:56	01:07:36
157	WIECZOREK Dawid	638	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37
158	SZKÓŁKA Marcin	896	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39
159	PUŚCIZNA Paweł	775	SAINT-GOBAIN SQUAD	M-40	00:00:08	00:22:28	00:45:09	01:07:43
160	BERNACKI Eugeniusz	1006	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45
161	WAWRZYNIAK Mariusz	780	DIKOM	M-30	00:00:37	00:22:37	00:45:05	01:07:46
162	NOWAKOWSKI Zenon	841	-	M-50	00:00:14	00:23:11	00:45:32	01:07:51
163	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
164	BARAN Łukasz	1108		M-30	00:00:21	00:22:50	00:45:25	01:07:56
165	SIKORA Rafał	849	NIGHT RUNNERS ZABRZE	M-30	00:00:15	00:21:52	00:45:03	01:07:58
166	DIDYK Grzegorz	826	MIASTO NIERUCHOMOŚCI BYTOM	M-30	00:00:18	00:22:44	00:45:27	01:08:04
167	GOŁĘBIEWSKI Bartek	696		M-40	00:00:18	00:22:44	00:45:37	01:08:07
168	BUJOK Mariusz	787		M-30	00:00:30	00:22:37	00:45:16	01:08:08
169	ROSIKOŃ Tomasz	934		M-30	00:00:20	00:22:33	00:45:16	01:08:09
170	CHOJNA Zygmunt	933	SOCIOS GÓRNIK	M-50	00:00:04	00:21:43	00:44:55	01:08:12
171	DZIEDZIC Andrzej	582	BHP	M-40	00:00:11	00:21:54	00:44:53	01:08:16
172	LESZCZYŃSKI Mariusz	843		M-40	00:00:13	00:22:33	00:45:12	01:08:16
173	PIENIAŻEK Krzysztof	318		M-40	00:00:24	00:22:34	00:45:25	01:08:18
174	WILK Andrzej	605		M-30	00:01:12	00:22:16	00:45:13	01:08:21
175	KAŁAMARZ Mariusz	1099	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23
176	ROSKOSZ Rafał	1178	OBERSCHLESIEN TEAM ROHOL TARNOWSKIE GÓRY	M-30	00:00:41	00:22:40	00:45:46	01:08:25
177	GOLDA Piotr	827		M-40	00:00:26	00:24:12	00:46:36	01:08:27
178	BULIŃSKI Przemysław			M-20	00:00:33	00:22:26	00:45:22	01:08:32
179	BEZUSZKO Tomasz	206		M-40	00:01:08	00:23:26	00:46:17	01:08:32
180	BRYKOWSKI Przemysław	500	RUN AND FUN TEAM	M-30	00:00:15	00:23:10	00:46:13	01:08:35
181	JANIK Johan	1177	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40
182	BOROWSKI Piotr	177	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40
183	SADŁO Tomasz	278	KOLEGIUM SĘDZIÓW ZABRZE	M-30	00:00:27	00:22:51	00:45:55	01:08:41
184	MADEJCZYK Tomasz	381	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44
185	SMUDA Grzegorz	1138		M-30	00:00:00	00:22:57	00:45:54	01:08:47
186	NIŻNIKIEWICZ Grzegorz	577		M-40	00:00:09	00:22:35	00:45:46	01:08:47
187	ĆWIKLIŃSKI Piotr	932	KLUB ŻEGLARSKI ZAGŁĘBIE	M-30	00:00:13	00:23:15	00:46:08	01:08:49
188	ŁYCZAK Artur	653	VIBOVIT KNURÓW	M-40	00:00:21	00:22:35	00:45:40	01:08:53
189	JACHIMOWSKI Waldemar	383	VIBOVIT KNURÓW	M-40	00:00:21	00:22:36	00:45:40	01:08:54
190	BYLINOWSKI Oleg	1307	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56
191	MAJEREK Marek	199		M-40	00:00:10	00:22:38	00:45:44	01:08:57
192	ZDEBEL Dariusz	401		M-40	00:00:06	00:22:33	00:45:27	01:08:58
193	PODRYGAŁA Tomasz	1223	RYBNICKA GRUPA BIEGOWA	M-40	00:00:24	00:22:33	00:45:40	01:09:02
194	JEZUSEK Piotr	432	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10
195	KĘDZIOR Łukasz	536	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14
196	SZPONARSKI Paweł	1020	MASAKRA RZECZYCE	M-40	00:00:31	00:22:51	00:45:59	01:09:23
197	BOROWIAK Piotr	465		M-40	00:00:39	00:23:03	00:46:19	01:09:23
198	SKOWROŃSKI Michał	993		M-20	00:00:45	00:23:13	00:46:26	01:09:23
199	NAWRAT Piotr	132		M-30	00:00:05	00:21:47	00:45:14	01:09:26
200	KLYSZCZ Michał	382		M-20	00:01:37	00:24:19	00:46:57	01:09:26
201	MARCINIAK Damian	750		M-20	00:00:11	00:22:29	00:46:04	01:09:27
202	WRÓBEL Adam	59		M-30	00:01:54	00:22:30	00:45:40	01:09:29
203	ANDRACZEK Bartosz	1265		M-40	00:00:17	00:23:11	00:46:34	01:09:36
204	SZCZEPAŃSKI Tomasz	964		M-30	00:00:13	00:23:03	00:46:26	01:09:37
205	BRONOWSKI Dariusz	276	SZOMBIERKI RUNNERS / BIEGAM PO ŚLĄSKU	M-30	00:00:40	00:23:29	00:46:44	01:09:38
206	GOCYK Leszek	572		M-30	00:00:31	00:23:03	00:46:18	01:09:39
207	ŚWIDEREK Andrzej	460	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:38	00:23:31	00:46:46	01:09:40
208	BURZAWA Grzegorz	1518		M-30	00:00:12	00:23:30	00:46:45	01:09:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
209	SYDA Andrzej	1225	GORKI TEAM	M-40	00:00:05	00:22:24	00:45:45	01:09:44
210	SŁODKOWSKI Marek	392	MALA PANA ZAWADZKIE	M-30	00:00:39	00:22:46	00:45:59	01:09:44
211	MILLER Ryszard	639	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	M-50	00:00:30	00:23:13	00:46:29	01:09:49
212	KUKUCZKA Mateusz	846		M-30	00:00:29	00:23:22	00:46:55	01:09:50
213	OZIĘBAŁA Ignacy	284	WKB META LUBLINIEC	M-60	00:01:29	00:23:31	00:46:32	01:09:50
214	ZAWADA Sebastian	350	BIEGAMY DLA LAURY	M-30	00:00:20	00:22:31	00:46:05	01:09:51
215	SZWAJNOCH Piotr	584	IMPERIAL PIOTR SZWAJNOCH	M-30	00:00:23	00:22:51	00:46:23	01:09:51
216	GŁOWACKI Jordan	727	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51
217	ŻEBROWSKI Cezary	1115		M-50	00:00:07	00:21:46	00:45:27	01:09:53
218	NOCOŃ Sławek	831	GNAJ FRETKA, GNAJ... SZYBCIEJ, SZYBCIEJ !!!	M-40	00:00:09	00:22:55	00:46:07	01:09:53
219	FLASIŃSKI Michał	912		M-30	00:00:17	00:23:03	00:46:20	01:09:54
220	MARKOWSKI Przemysław	700	MIECHOWICKA GRUPA BIEGOWA	M-20	00:00:10	00:25:09	00:47:14	01:09:56
221	BELUCH Witold	322		M-40	00:00:17	00:23:26	00:46:32	01:09:56
222	MEKIER Bartek	262		M-30	00:00:22	00:23:21	00:46:37	01:09:56
223	MISZTAL Kamil	1012		M-30	00:00:22	00:23:20	00:46:36	01:09:56
224	TYCZYŃSKI Ryszard	1075	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57
225	MYKAŁA Rafał	393	NBK	M-40	00:00:19	00:23:23	00:46:39	01:09:58
226	GAŁKIEWICZ Marcin	1046	WOJEWÓDZKIE POGOTOWIE RATUNKOWE W KATOWICACH	M-30	00:00:20	00:23:34	00:46:41	01:09:58
227	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59
228	PODOLAK Alfred	1501	PIAST GLIWICE	M-50	00:00:15	00:23:26	00:46:43	01:10:02
229	CZAUDERNA Adrian	179	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02
230	PIETREK Daniel	1034		M-40	00:00:14	00:23:28	00:46:44	01:10:03
231	KADZIELA Jan	795		M-30	00:00:19	00:23:25	00:46:41	01:10:03
232	HULIN Sebastian	885	UKS JUDO MYŚŁOWICE	M-40	00:01:24	00:23:54	00:47:03	01:10:03
233	BŁASZCZYK Dominik	170	NIGHT RUNNER GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:04
234	CZAJA Jarosław	502	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:15	00:23:29	00:46:45	01:10:04
235	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05
236	PACAN Tomasz	448		M-30	00:00:14	00:23:29	00:46:46	01:10:05
237	SKOWRON Marcin	714		M-30	00:00:14	00:23:30	00:46:46	01:10:05
238	BORSIAK Sebastian	151		M-30	00:01:01	00:23:23	00:46:36	01:10:05
239	GOLEC Ryszard	145	KT ŻYWIEC	M-40	00:00:13	00:23:23	00:46:40	01:10:06
240	IMIOŁEK Krzysztof	717		M-30	00:00:14	00:23:29	00:46:46	01:10:07
241	SKRZYPCZYK Paweł	948		M-40	00:00:22	00:22:52	00:46:35	01:10:11
242	PRACKI Dariusz	473		M-30	00:01:33	00:23:22	00:46:52	01:10:14
243	SUDNIK Krzysztof	1015		M-30	00:00:15	00:23:29	00:46:47	01:10:15
244	PACUŁA Piotr	194	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17
245	SIEKIERKA Janusz	76		M-30	00:00:07	00:23:11	00:46:54	01:10:19
246	GIEROŃ Bartosz	920		M-20	00:00:15	00:22:06	00:45:37	01:10:21
247	TRZASKALIK Piotr	1137		M-40	00:00:08	00:23:36	00:46:53	01:10:23
248	GAWĘŁKO Janusz	953		M-50	00:00:11	00:23:13	00:46:49	01:10:24
249	PODGÓRSKI Tomasz	541		M-30	00:00:39	00:24:03	00:47:26	01:10:27
250	LOSKA Tomasz	644	TOMASZ LOSKA	M-20	00:00:22	00:24:10	00:47:47	01:10:39
251	STANISŁAWCZUK Sebastian	689		M-30	00:00:13	00:23:20	00:46:43	01:10:43
252	RIMPLER Łukasz	1050	BIEGNĘ DLA ZUZI	M-30	00:00:16	00:23:36	00:47:09	01:10:44
253	ZIAJA Stefan	453		M-40	00:00:12	00:23:23	00:46:24	01:10:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
254	SZCZYRA Jan	592	ISTA BIEGAMY	M-30	00:01:11	00:23:25	00:47:19	01:10:49
255	ZASUŃ Marcin	1315		M-30	00:00:17	00:23:30	00:46:50	01:10:52
256	SUTKOWSKI Jan	614		M-30	00:00:51	00:23:56	00:47:36	01:10:53
257	KURCZEK Tomasz	484		M-40	00:00:11	00:23:23	00:47:07	01:10:56
258	SZOŁTYSEK Wojciech	1128	OCHAJORUN&FRIENDS	M-40	00:00:22	00:23:47	00:47:25	01:10:57
259	GRONDYS Michał	17	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00
260	KUBIS Adrian	954		M-40	00:00:21	00:23:47	00:47:22	01:11:01
261	MAZUR Krzysztof	1007	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01
262	GRAJNY Piotr	1153	AMATORSKIE BIEGANIE/ULKS LACHOWICE	M-40	00:00:39	00:23:46	00:46:56	01:11:01
263	KŁOSOWSKI Karol	237	LOS TREPOS COMPANIEROS	M-30	00:00:38	00:22:25	00:46:08	01:11:02
264	SZCZEPAŃSKI Rafał	864	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:27	00:46:57	01:11:07
265	BONK Sebastian	82	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09
266	PIELKA Erwin	197		M-50	00:00:24	00:22:41	00:45:55	01:11:10
267	PIŁAT Jarosław	65	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-30	00:00:11	00:22:27	00:46:01	01:11:17
268	GAŚCZYK Grzegorz	1152	NOWA HUTA TEAM	M-40	00:00:31	00:24:03	00:48:11	01:11:20
269	JASIŃSKI Dawid	802		M-16	00:00:52	00:23:50	00:47:15	01:11:28
270	GORCZYCA Jakub	808		M-40	00:00:07	00:23:26	00:47:26	01:11:31
271	TYRTANIA Tomasz	925	BOR TEAM BORUSZOWICE	M-40	00:00:11	00:24:23	00:48:31	01:11:31
272	SZNYDER Wojciech	439	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33
273	SZULC Sebastian	114	EXLABS	M-20	00:00:13	00:24:14	00:47:58	01:11:34
274	CICHY Andrzej	651	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35
275	BUCHAŁA Bartek	479		M-30	00:01:30	00:24:09	00:48:09	01:11:37
276	WALICKI Bogdan	1047	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:44	00:47:47	01:11:38
277	GARUS Tomasz	611	304	M-20	00:00:52	00:23:56	00:47:41	01:11:39
278	ŻÓRAW Tomek	754	BETANIA TEAM	M-20	00:00:10	00:21:42	00:46:24	01:11:40
279	FLORIAN Krzysztof	459		M-30	00:00:23	00:23:44	00:47:24	01:11:42
280	WALKOWSKI Kamil	943	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:11:44
281	NIEDZIELA Janusz	850		M-30	00:00:34	00:23:08	00:46:45	01:11:49
282	NITARSKI Patryk	899		M-30	00:01:44	00:23:51	00:47:53	01:11:49
283	JAMRÓZ Wojciech	625		M-40	00:00:09	00:21:24	00:45:56	01:11:50
284	GIESE Michał	609		M-30	00:01:43	00:23:52	00:47:54	01:11:50
285	PIKTAS Paweł	811		M-40	00:00:10	00:23:23	00:46:50	01:11:51
286	NITKA Sebastian	52		M-40	00:00:30	00:23:40	00:47:49	01:11:54
287	DESZYŃSKI Damian	590	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56
288	KUBACZ Piotr	227		M-40	00:00:28	00:23:58	00:48:01	01:12:00
289	FUGOWSKI Roman	380		M-50	00:00:13	00:23:53	00:47:45	01:12:02
290	SOSINOWSKI-MRÓZ Tomasz	1123	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:17	00:23:34	00:48:05	01:12:02
291	KUSZ Janusz	706		M-30	00:00:24	00:23:29	00:47:30	01:12:03
292	ADAMSKI Kamil	655	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06
293	SZEWczyk Michał	911		M-20	00:01:05	00:23:22	00:47:42	01:12:13
294	FILIPCZYK Przemysław	995		M-30	00:01:22	00:24:41	00:48:44	01:12:13
295	SZOT Wojciech	11		M-30	00:01:13	00:24:51	00:48:38	01:12:15
296	DYMNICKI Andrzej	120	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17
297	BŁASZCZYK Marek	495	OPEL ACTIVE TEAM GLIWICE	M-40	00:00:16	00:24:04	00:48:19	01:12:21
298	MAĆZKA Bronisław	987		M-60	00:00:32	00:23:58	00:47:55	01:12:21

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
299	MARCOL Tomasz	941		M-20	00:01:14	00:23:46	00:48:12	01:12:21
300	LUBICKI Wojciech	14	TRIUMF	M-50	00:00:13	00:24:02	00:48:11	01:12:24
301	RYBIŃSKI Łukasz	854	EŁKA TEAM	M-30	00:00:47	00:23:24	00:47:37	01:12:24
302	TOMAL Marek	1314		M-50	00:00:15	00:23:44	00:48:06	01:12:25
303	PLOCH Adam	886		M-30	00:01:09	00:24:24	00:48:56	01:12:28
304	RUTKOWSKI Michał	224		M-20	00:01:16	00:24:51	00:48:58	01:12:29
305	BEHRENDT Bartek	695	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32
306	KRUK Tomasz	861	NYSA BIEGA	M-40	00:01:23	00:24:23	00:48:15	01:12:38
307	PTASZYŃSKI Tomasz	157	STARY HANGAR	M-30	00:00:16	00:23:11	00:46:50	01:12:39
308	TRZASKA Wojciech	935	FUCHS OIL TEAM	M-20	00:01:08	00:24:56	00:49:26	01:12:42
309	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43
310	LIC Janusz	693		M-40	00:00:23	00:24:07	00:48:05	01:12:44
311	BIERNAT Wojtek	93	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46
312	WANDOCH Tyberiusz	333	CARRY ON W CZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46
313	ORLIK Jerzy	340	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52
314	NOGA Łukasz	879	ZDZIERAJ KAPCIE	M-30	00:00:07	00:23:13	00:47:35	01:12:57
315	STACHOWICZ Michał	407	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58
316	LEBEK Adam	503	VEGE RUNNERS	M-20	00:00:30	00:23:56	00:48:30	01:12:59
317	KIEŁBASA Artur	779	DIKOM	M-30	00:00:37	00:25:28	00:49:35	01:13:00
318	ZAWADZKI Karol	533	RADLIN	M-20	00:01:05	00:25:18	00:49:42	01:13:01
319	SOLICH Patryk	1208	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02
320	KOSMACZEWSKI Michał	684		M-20	00:00:20	00:23:49	00:48:03	01:13:03
321	CHMURKO Michał	1278		M-30	00:00:26	00:24:00	00:48:39	01:13:03
322	MULEWSKI Bogdan	454	NIGHT RUNNERS ZABRZE	M-40	00:01:27	00:25:11	00:49:17	01:13:04
323	KUSEK Andrzej	1226		M-40	00:00:25	00:25:32	00:49:52	01:13:05
324	KILIJANEK Adrian	1163		M-30	00:01:09	00:24:11	00:48:20	01:13:05
325	HAŁADUS Dominik	1026	ŻYCIE CZĘSTOCHOWY TEAM	M-30	00:00:19	00:24:11	00:48:36	01:13:06
326	SZEREMETA Andrzej	759	PZU SPORT TEAM	M-40	00:00:13	00:23:40	00:48:13	01:13:08
327	PRENZENA Paweł	64		M-20	00:00:19	00:22:46	00:47:32	01:13:09
328	KLAMECKI Marek	789		M-30	00:01:03	00:23:48	00:48:25	01:13:11
329	FAŁEK Krzysztof	475		M-40	00:01:08	00:25:20	00:49:13	01:13:11
330	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12
331	HOŁYŃSKI Tomasz	477		M-40	00:00:28	00:24:06	00:48:40	01:13:16
332	STASIK Krzysztof	666	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:48	00:48:22	01:13:17
333	MIECZNIKOWSKI Jacek	1173		M-40	00:00:25	00:24:50	00:49:13	01:13:17
334	ULIASZ Krzysztof	979		M-30	00:00:59	00:24:13	00:48:52	01:13:19
335	WALASZEK Sławomir	507		M-30	00:00:27	00:24:08	00:48:43	01:13:20
336	SKOLUDEK Robert	98		M-20	00:00:36	00:24:54	00:49:29	01:13:20
337	KOWAL Bartosz	95		M-30	00:01:06	00:24:07	00:48:21	01:13:23
338	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24
339	STAŃCZAK Grzegorz	173		M-20	00:00:09	00:23:12	00:47:56	01:13:27
340	JASIK Grzegorz	1293	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34
341	KRAJEWSKI Michał	818		M-30	00:00:28	00:25:29	00:50:02	01:13:34
342	DUDEK Jan	828	HONOROWI DAWCY KRWI	M-40	00:00:25	00:23:17	00:47:57	01:13:35
343	NOWAK Mariusz	813	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
344	HADZIK Rafał	602		M-30	00:00:37	00:24:32	00:49:06	01:13:37
345	OCHMAN Ireneusz	234	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39
346	PLUSZKE Paweł	880	BIEGACZE CSR	M-20	00:01:36	00:25:49	00:50:31	01:13:43
347	ŁAKOMSKI Marcin	203		M-40	00:00:32	00:24:50	00:49:36	01:13:44
348	MIROWSKI Zbigniew	1098	48605681921	M-50	00:00:20	00:24:45	00:49:14	01:13:45
349	WIEKIERA Adam	385		M-30	00:00:11	00:23:41	00:48:09	01:13:53
350	CHROBOK Mateusz	164	NIGHT RUNNERS ZABRZE	M-20	00:00:16	00:23:48	00:48:22	01:13:53
351	CHWALISZEWSKI Jarosław	585	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54
352	NAWARA Arkadiusz	720		M-20	00:01:10	00:25:03	00:49:26	01:13:58
353	MAŁEK Andrzej	970	ABAKON	M-20	00:00:33	00:23:40	00:48:33	01:14:00
354	KOTAJNY Piotr	704		M-40	00:00:34	00:24:59	00:49:31	01:14:00
355	KUCH Paweł	630		M-50	00:00:38	00:24:21	00:49:03	01:14:00
356	KASZUBSKI Andrzej	1212	SBRT GLIWICE	M-30	00:00:40	00:23:02	00:47:13	01:14:00
357	STRUG Mariusz	800		M-40	00:01:14	00:25:01	00:49:29	01:14:05
358	KONIK Tomasz	370	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09
359	MUCHA Krzysztof	938	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:14:09
360	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11
361	PIETRZAK Marcin	244	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12
362	WALSKI Łukasz	680	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13
363	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15
364	ZAMOJSKI Bartek	796	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:41	00:24:51	00:49:36	01:14:15
365	STANIK Bogdan	763	6 BPD	M-30	00:00:59	00:24:24	00:49:03	01:14:16
366	STULIK Paweł	661		M-30	00:00:22	00:23:55	00:48:40	01:14:19
367	ZIELONKA Jacek	457		M-30	00:00:45	00:25:07	00:49:47	01:14:22
368	KRZYWICKI Jan	923		M-60	00:00:40	00:24:35	00:49:23	01:14:23
369	BALWIERZ Kamil	907		M-20	00:01:10	00:24:28	00:48:55	01:14:23
370	FRANKIEWICZ Artur	915		M-30	00:00:36	00:25:12	00:49:53	01:14:25
371	PANZ Krzysztof	838		M-30	00:00:36	00:25:12	00:49:53	01:14:25
372	SELIGA Paweł	60	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26
373	MIERZWA Adam	569		M-40	00:00:22	00:23:21	00:47:43	01:14:26
374	GÓRKA Szymon	833		M-30	00:01:19	00:24:43	00:49:05	01:14:26
375	KUCZMA Jarosław	161		M-40	00:00:30	00:25:10	00:49:56	01:14:27
376	ŁOBKO Adam	1052		M-40	00:01:10	00:25:18	00:49:32	01:14:30
377	MALEC Arkadiusz	875		M-30	00:01:21	00:24:15	00:49:33	01:14:30
378	PĘDOWSKI Wojciech	1056		M-50	00:00:54	00:25:15	00:50:39	01:14:31
379	ADAMOWSKI Jacek	1005	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31
380	KIDOŃ Krzysztof	877	BYTOM	M-30	00:00:30	00:23:51	00:48:43	01:14:32
381	MACIASZEK Maciek	202		M-30	00:00:09	00:24:25	00:49:36	01:14:33
382	KUŹNICKI Tomasz	686		M-30	00:00:31	00:24:02	00:49:06	01:14:33
383	JAZOWY Tomasz	1261		M-30	00:00:08	00:24:11	00:49:19	01:14:34
384	FILIPIAK Hieronim	1171	KADRA BOBREK-CENTRUM	M-40	00:00:16	00:25:35	00:50:12	01:14:34
385	ZWALIŃSKI Przemysław	671		M-20	00:00:37	00:22:41	00:47:49	01:14:34
386	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35
387	PYTŁASIŃSKI Adam	672	AKTYWNE ZABRZE	M-40	00:00:14	00:24:28	00:49:23	01:14:38
388	SADOWSKI Tomasz	1072		M-30	00:00:36	00:24:40	00:49:30	01:14:38

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
389	NOWAKOWSKI Jarosław	555	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39
390	DYLONG Piotr	265		M-50	00:01:13	00:24:48	00:49:19	01:14:44
391	MODZELEWSKI Michał	1074		M-30	00:01:01	00:25:04	00:50:22	01:14:45
392	WÓJCIK Rafał	807		M-30	00:00:19	00:24:49	00:49:48	01:14:47
393	TEICHMANN Norbert	1002		M-50	00:01:21	00:25:43	00:50:56	01:14:47
394	CZYŻYKOWSKI Marcin	898		M-40	00:01:33	00:25:03	00:49:44	01:14:47
395	KNUTELSKI Mariusz	1155		M-30	00:00:18	00:23:36	00:48:41	01:14:49
396	SPINCZYK Andrzej	1009		M-40	00:00:59	00:24:19	00:49:16	01:14:49
397	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52
398	KOWALCZYK Grzegorz	247		M-40	00:00:27	00:23:28	00:47:51	01:14:54
399	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01
400	STOLARCZYK Marcin	1291	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02
401	DUDA Piotr	1162		M-30	00:00:36	00:24:42	00:49:26	01:15:02
402	MAJDA Kamil	786	PSYCHONAUCI	M-30	00:00:53	00:25:37	00:50:29	01:15:02
403	URBANEK Darek	635	PRZED LIMITEM	M-40	00:00:14	00:24:09	00:49:39	01:15:03
404	STALICA Wojciech	723	IZOERG	M-40	00:00:13	00:24:16	00:49:40	01:15:04
405	ORZECH Michał	857	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04
406	GAWROŃSKI Paweł	967		M-40	00:00:35	00:24:47	00:49:17	01:15:04
407	KOZIELEC Tomasz	240	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05
408	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06
409	RAJTOR Paweł	558		M-30	00:00:16	00:25:47	00:50:39	01:15:09
410	SPIECHOWICZ Andrzej	703	POLICJA	M-30	00:01:42	00:24:33	00:49:27	01:15:12
411	DACZYŃSKI Michał	431	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13
412	GRYSZYN Michał	1035		M-20	00:00:35	00:23:48	00:48:10	01:15:15
413	BOCZAROWSKI Michal	1014	EXPERT TRAVEL	M-40	00:00:45	00:24:57	00:50:02	01:15:15
414	DAWIEC Michał	418	FAT ZABRZE	M-30	00:01:09	00:25:45	00:50:45	01:15:16
415	RENKE Piotr	565	BAUREN TEAM	M-40	00:00:33	00:24:44	00:49:48	01:15:18
416	PARUZEL Ireneusz	681		M-40	00:00:38	00:24:22	00:49:34	01:15:21
417	ŻARSKI Sławomir	867		M-50	00:00:39	00:25:05	00:50:22	01:15:24
418	GRUSZCZYŃSKI Bogusław	902		M-60	00:00:32	00:24:57	00:50:16	01:15:28
419	MANDRYSZ Jacek	1055		M-30	00:00:50	00:25:06	00:50:27	01:15:32
420	BORSUK Mirosław	682	NIGHT RUNNERS GLIWICE	M-40	00:01:01	00:25:49	00:50:50	01:15:32
421	SWOBODA Jarosław	1158	NIGHT RUNNERS GLIWICE	M-30	00:00:59	00:25:51	00:50:51	01:15:34
422	ORZECH Michał	820		M-30	00:00:44	00:24:07	00:49:20	01:15:35
423	SOBEL Łukasz	419	OPEL ACTIVE TEAM	M-30	00:00:41	00:25:29	00:50:31	01:15:36
424	KABAŁA Sebastian	1241		M-40	00:00:16	00:25:26	00:50:52	01:15:38
425	HAJDA Marek	749		M-40	00:00:41	00:24:48	00:50:26	01:15:42
426	PRZYBYLSKI Mariusz	330		M-40	00:00:26	00:25:39	00:50:59	01:15:43
427	BIENKOWSKI Piotr	922		M-20	00:00:21	00:24:01	00:49:12	01:15:49
428	SIWCZYK Robert	538		M-20	00:01:20	00:24:55	00:50:01	01:15:51
429	IZBICKI Zbigniew	1113		M-40	00:00:28	00:25:25	00:50:33	01:15:52
430	JARUGA Damian Izabela	944	DIKOM.PL	M-30	00:00:36	00:25:39	00:50:54	01:15:54
431	BIAŁAS Krzysztof	47	ZESPÓŁ SZKÓŁ NR 2 W RUDZIE ŚLĄSKIEJ	M-40	00:01:07	00:26:10	00:51:29	01:15:57
432	RÓG Marcin	1054		M-20	00:00:19	00:25:54	00:51:02	01:15:59
433	STEFAŃCZYK Krzysztof	752		M-30	00:01:28	00:24:49	00:50:06	01:15:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
434	FATYGA Arkadiusz	1302		M-30	00:00:56	00:25:10	00:50:28	01:16:00
435	KOZIEŁ Kamil	893		M-30	00:00:30	00:25:33	00:50:52	01:16:01
436	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01
437	ZAWADZKI Robert	937		M-30	00:00:16	00:25:47	00:50:55	01:16:03
438	KOŁODZIEJ Jacek	70	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10
439	SOŚNIAK Tomasz	25	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10
440	ĆWIKŁA Kamil	315	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10
441	KOTNIS Bogusław	620	RFC ACTIVE TEAM	M-40	00:01:31	00:25:24	00:50:59	01:16:10
442	PIETRYSIAK Stefan	772		M-50	00:00:32	00:25:31	00:50:38	01:16:11
443	ZIĘBIK Grzegorz	891		M-30	00:00:46	00:25:18	00:50:48	01:16:11
444	GOMOLA Zbigniew	461		M-40	00:01:07	00:26:10	00:51:29	01:16:13
445	MRÓZ Dawid	746		M-30	00:01:50	00:25:40	00:51:33	01:16:15
446	JAWOREK Jacek	837	OPEL ACTIVE TEAM	M-30	00:01:02	00:25:03	00:50:48	01:16:16
447	DZIDA Janusz	999	EXME BERGER GROUP ZOK SPÓŁKA Z O.O.	M-30	00:00:18	00:24:22	00:50:02	01:16:17
448	WALCZAK Mateusz	734		M-30	00:00:30	00:25:30	00:50:56	01:16:18
449	ZAWADA Marcin	79	NIGHT RUNNERS	M-20	00:01:12	00:25:57	00:50:54	01:16:18
450	MAY-MAJEWSKI Michał	793		M-30	00:00:48	00:25:35	00:51:01	01:16:19
451	NIESZPOREK Adam	344	RUN-3	M-40	00:00:56	00:25:34	00:50:57	01:16:20
452	WĄS Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21
453	ROŻEK Jacek	53	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21
454	KARSKI Oskar	745		M-20	00:01:02	00:25:19	00:50:52	01:16:23
455	KOŁODZIEJ Kamil	1276	PB TEAM PYSKOWICE	M-30	00:00:27	00:25:39	00:51:03	01:16:24
456	PANOCHA Daniel	452		M-30	00:01:06	00:25:03	00:50:41	01:16:24
457	CIEŚLIK Paweł	421	CHATEAU CHALIN	M-40	00:00:26		00:51:23	01:16:25
458	GORECKI Janusz	361		M-50	00:00:18	00:25:22	00:51:05	01:16:29
459	PATYNEK Sebastian	516	BRAK	M-30	00:00:18	00:25:22	00:51:05	01:16:29
460	KAFARSKI Robert	829	MALA PANA ZAWADZKIE	M-40	00:00:42	00:25:26	00:50:43	01:16:31
461	MILER Ireneusz	182		M-30	00:01:23	00:25:54	00:51:29	01:16:31
462	CIEŚLAK Paweł	725		M-30	00:00:44	00:25:08	00:50:41	01:16:33
463	GRUSZKA Sławomir	740		M-30	00:01:13	00:25:57	00:51:38	01:16:33
464	DRYNDĄ Andrzej	18		M-40	00:00:40	00:25:36	00:51:08	01:16:37
465	POGORZAŁEK Mateusz	1231		M-20	00:00:45	00:25:57	00:51:33	01:16:37
466	MACYSZYN Waldemar	730		M-50	00:01:34	00:25:30	00:50:47	01:16:37
466	NAWROCKI Paweł	1118		M-40	00:01:34	00:25:30	00:50:47	01:16:37
468	BRZEZINA Arkadiusz	54	TARNOGÓRSKA GRUPA BIEGOWA	M-30	00:00:29	00:25:38	00:51:20	01:16:38
469	RAWŁUSZEWICZ Maksymilian	956		M-20	00:00:13	00:25:16	00:51:02	01:16:39
470	RAWŁUSZEWICZ Waldemar	674		M-50	00:00:12	00:25:17	00:51:03	01:16:40
471	KORPETTA Andrzej	568		M-40	00:01:13	00:25:56	00:51:38	01:16:41
472	KREMPA Sławomir	1030		M-30	00:00:25	00:25:39	00:51:16	01:16:43
473	STEC Marcin	657	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45
474	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45
475	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48
476	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48
477	ZAJDEL Dariusz	390		M-50	00:00:30	00:25:42	00:51:20	01:16:48
478	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
479	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50
480	KŁYK Dominik	1127	RUN FOREST! RUN!!!	M-30	00:00:29	00:26:11	00:51:24	01:16:51
481	MALINOWSKI Mihał	952		M-30	00:00:38	00:25:26	00:51:06	01:16:51
482	DYDO Arkadiusz	865		M-40	00:00:22	00:25:39	00:51:08	01:16:52
483	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52
484	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53
485	FIDOR Damian	924	RUNHOGS TYCHY	M-30	00:00:24	00:25:40	00:51:21	01:16:53
486	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54
487	POKRYSZKA Bartosz	156	KOMBO KURCZAKI	M-30	00:00:25	00:25:42	00:51:21	01:16:54
488	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55
489	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58
490	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58
491	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58
492	CIEŚLIK Bartłomiej	531	CHATEAU CHALIN	M-30	00:00:26	00:25:39	00:51:23	01:16:58
493	WALCZAK Bartłomiej	1287		M-30	00:00:11	00:25:29	00:51:13	01:16:59
494	MASARCZYK Wojciech	269	NIEZRZESZONY	M-20	00:00:17	00:23:55	00:48:45	01:17:00
495	IMIOŁEK Arkadiusz	121	ED-CERT	M-40	00:00:15	00:25:24	00:51:11	01:17:01
496	MICHALAK Grzegorz	659	TOTALNY AMATOR	M-40	00:00:20	00:24:48	00:50:33	01:17:01
497	DADAŚ Janusz	13		M-40	00:00:37	00:25:37	00:51:15	01:17:02
498	RYZIŃSKI Dariusz	255		M-40	00:01:40	00:25:20	00:51:01	01:17:03
499	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04
500	KĄDZIOŁKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06
501	CZERNY Michał	464		M-30	00:01:08	00:25:51	00:51:35	01:17:07
502	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10
503	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11
504	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11
505	SOJKA Łukasz	1301		M-30	00:01:29	00:25:26	00:51:12	01:17:11
506	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12
507	NOWAKOWSKI Dominik	1294	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13
508	MAŁKOWSKI Tomasz	207	NIGHT RUNNERS ZABRZE	M-30	00:00:00	00:26:30	00:51:49	01:17:16
509	SITEK Grzegorz	892	TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE	M-40	00:00:38	00:25:34	00:51:22	01:17:17
510	KRUK Krzysztof	842	CROSSFIT ZABRZE	M-30	00:00:26	00:25:32	00:51:25	01:17:18
511	FAMUŁA Tomasz	389	FUTURE PROCESSING RUNNING TEAM	M-30	00:01:19	00:25:49	00:51:29	01:17:18
512	CZERNIK Andrzej	337		M-60	00:02:18	00:25:39	00:51:15	01:17:19
513	GRĄBCZEWSKI Marcin	171		M-30	00:00:21	00:25:43	00:51:31	01:17:21
514	ĆWIK Paweł	1003		M-40	00:00:39	00:25:37	00:51:13	01:17:21
515	BUDKA Henryk	632		M-50	00:01:25	00:26:43	00:52:02	01:17:21
516	MADEJSKI Kamil	1502		M-20	00:00:56	00:25:18	00:51:24	01:17:23
517	GRAMATYKA Paweł	631		M-40	00:00:31	00:25:32	00:51:20	01:17:24
518	PISINGAS Mariusz	1150		M-30	00:01:13	00:25:38	00:51:41	01:17:25
519	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28
520	KLIKS Andrzej	125	UNISONO	M-40	00:01:09	00:25:21	00:51:14	01:17:28
521	SOSZYŃSKI Wojtek	291	PZU SPORT TEAM	M-40	00:00:26	00:25:55	00:51:46	01:17:31
522	MACIOSZEK Mariusz	712		M-20	00:00:22	00:25:50	00:51:39	01:17:32
523	LEWANDOWSKI Henryk	733		M-40	00:01:03	00:25:23	00:51:03	01:17:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
524	RYMASZEWSKI Wojciech	20		M-30	00:00:55	00:26:04	00:51:48	01:17:35
525	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35
526	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40
527	BAK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40
528	KUROWSKI Michał	540	NIGHT RUNNERS GLIWICE	M-20	00:01:00	00:25:30	00:51:22	01:17:42
529	SIKORA Mariusz	758		M-40	00:00:29	00:25:44	00:51:29	01:17:43
530	WIORA Łukasz	297		M-30	00:00:23	00:25:47	00:51:36	01:17:44
531	KWAPIEŃ Aleksander	1111		M-30	00:00:09	00:25:38	00:51:38	01:17:45
532	KWAPIEŃ Paweł	1133		M-30	00:00:09	00:25:38	00:51:37	01:17:45
533	TROJAK Grzegorz	1116		M-16	00:01:13	00:26:32	00:52:04	01:17:48
534	RABIEJ Rafał	906		M-40	00:00:35	00:25:39	00:51:24	01:17:50
535	MARCINKIEWICZ Paweł	1036	UNIWERSYTET OPOLSKI	M-40	00:00:37	00:25:32	00:51:11	01:17:50
536	GAWEŁ Krzysztof	1029	NIEZRZESZONY	M-50	00:00:34	00:25:07	00:51:24	01:17:53
537	PAWLIK Wojtek	736		M-30	00:00:25	00:25:46	00:51:53	01:17:54
538	JAGODA Mateusz	972	FUCHS OIL TEAM	M-20	00:01:10	00:26:28	00:52:52	01:17:54
539	MOCEK Roman	751		M-50	00:01:54	00:26:19	00:52:14	01:17:55
540	SZMIDT Marcin	1216	SBRT GLIWICE	M-20	00:02:19	00:26:08	00:51:34	01:17:56
541	LUKOSZEK Marek	349	RUN3	M-40	00:00:56	00:26:06	00:52:18	01:18:08
542	CZEMPIEL Łukasz	441		M-30	00:01:53	00:26:45	00:52:52	01:18:11
543	TALKOWSKI Gabriel	1513	EXLABS	M-20	00:00:47	00:26:19	00:52:07	01:18:15
544	WITEK Jacek	1086	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16
545	JADCZYK Jarosław	753	JCOMMERCE	M-20	00:01:14	00:26:16	00:52:42	01:18:17
546	KUPKA Bartosz	1232	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21
547	KLEWANIEC Jakub	299		M-30	00:00:37	00:25:45	00:51:52	01:18:23
548	MIŚKÓW Marcin	629	ZARAZIĆ PASJĄ	M-30	00:01:20	00:25:05	00:50:15	01:18:24
549	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24
550	ŁUKASZKIEWICZ Michał	530		M-30	00:00:35	00:25:37	00:51:25	01:18:28
551	ZYMELA Dawid	524		M-30	00:00:54	00:25:32	00:51:50	01:18:31
552	MIKA Szymon	628		M-20	00:00:14	00:26:20	00:52:46	01:18:37
553	SOREMSKI Dominik	480	BZUT	M-20	00:00:39	00:26:43	00:53:11	01:18:37
554	DROZD Kajetan	677	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39
555	IZDEBSKI Adrian	527		M-30	00:00:55	00:26:23	00:53:43	01:18:41
556	MACIEJCZYK Marcin	429	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41
557	BUJALSKI Michał	571	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42
558	ZDANIEWICZ Radosław	1065	PSYCHONAUCI	M-30	00:00:56	00:26:39	00:52:54	01:18:43
559	BAUMERT Rafał	597	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45
560	WRÓBEL Maciej	1289	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46
561	SŁUSZNIAK Sławomir	799		M-40	00:01:21	00:25:35	00:51:28	01:18:46
562	SZUMSKI Tomasz	321		M-40	00:00:27	00:25:52	00:51:47	01:18:47
563	SZOLC Grzegorz	1078		M-40	00:01:05	00:26:17	00:52:40	01:18:48
564	SOSNOWSKI Maciej	581		M-30	00:01:24	00:26:59	00:52:29	01:18:48
565	KOSMAL Marek	1159		M-50	00:01:52	00:27:00	00:53:03	01:18:48
566	OSIŃSKI Paweł	187	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52
567	WICHARY Marcin	594	ISTA BIEGAMY	M-30	00:00:40	00:25:51	00:52:30	01:18:52
568	POKRYSZKA Wojciech	360		M-20	00:00:29	00:25:39	00:51:49	01:18:56

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
569	SIKORA Grzegorz	882		M-40	00:01:51	00:26:35	00:52:38	01:18:56
570	BIOLIK Piotr	413	--	M-40	00:00:21	00:24:21	00:50:29	01:18:58
571	KRUSZYŃSKI Marcin	301	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59
572	GANSZCZYK Rafał	823	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00
573	DZIECIĄTKOWSKI Jarosław	1237	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01
574	DYMAREK Łukasz	57	KM PSP GLIWICE	M-30	00:00:18	00:25:56	00:52:11	01:19:02
575	KWIATKOWSKI Krzysztof	1087		M-30	00:00:35	00:24:57	00:51:26	01:19:11
576	MUSIALIK Jan	991	CARPE DIEM	M-40	00:00:44	00:26:11	00:52:53	01:19:11
577	KOWALCZYK Robert	599	BIEGAMY	M-40	00:00:46	00:26:12	00:52:50	01:19:16
578	ADAMCZYK Marcin	364		M-20	00:00:32	00:24:04	00:50:45	01:19:18
579	GRABOWSKI Maciej	61		M-30	00:00:49	00:26:18	00:52:45	01:19:18
580	BEDNORZ Adam	1243		M-30	00:00:09	00:25:11	00:52:41	01:19:21
581	JANUSZKA Mariusz	822		M-40	00:00:50	00:26:51	00:53:26	01:19:26
582	KOŁAKOWSKI Bartosz	817		M-20	00:00:50	00:26:08	00:52:40	01:19:27
583	ZELMANOWICZ Jacek	1272		M-40	00:00:24	00:25:24	00:51:51	01:19:29
584	PENKALA Artur	131	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30
585	DOBOSZ Mariusz	130	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30
586	GIERAS Mirosław	469		M-40	00:00:33	00:25:29	00:51:22	01:19:30
587	CZARNIK Stanisław	848	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:09	00:26:37	00:53:06	01:19:31
588	WIECHOWSKI Artur	209	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32
589	ZIOBER Grzegorz	1092	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33
590	GÓRNIAK Adam	884	HARPAGAN SOSNOWIEC	M-40	00:00:34	00:26:39	00:53:17	01:19:37
591	WOŹNIAK Marek	608		M-40	00:00:45	00:26:26	00:53:18	01:19:43
592	PŁOTEK Tomasz	561		M-30	00:00:32	00:25:44	00:52:11	01:19:44
593	KACZOR Rafał	1027	PKO BANK POLSKI	M-40	00:01:27	00:26:32	00:53:08	01:19:45
594	WÓJCIK Tomasz	22		M-30	00:01:16	00:26:37	00:53:17	01:19:47
595	PACAN Krzysztof	713		M-30	00:00:15	00:25:01	00:51:39	01:19:48
596	PODSIADŁY Tomasz	616		M-30	00:00:39	00:27:09	00:53:39	01:19:58
597	BABIŃSKI Szymon	263		M-30	00:00:44	00:26:08	00:52:47	01:20:01
598	CIMAŁA Rafał	598	ISTA BIEGAMY	M-40	00:00:55	00:27:39	00:54:19	01:20:08
599	KAMECKI Maciej	870	GOOD TIME - SPORT	M-30	00:00:42	00:25:44	00:52:00	01:20:12
600	KUŚKA Paweł	346		M-30	00:00:45	00:26:03	00:52:55	01:20:12
601	WILSZ Adam	27	UNISONO	M-40	00:01:10	00:28:19	00:55:12	01:20:16
602	KOPCIK Tomasz	982	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17
603	ROŻEK Michał	550		M-40	00:01:03	00:26:43	00:53:24	01:20:17
604	TUREK Maciej	375		M-40	00:01:06	00:26:20	00:53:30	01:20:17
605	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19
606	KAMPKA Aleksander	149		M-40	00:00:34	00:26:34	00:53:29	01:20:21
607	SZCZĘŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22
608	URBANEK Marcin	595	ISTA BIEGAMY	M-30	00:00:46	00:26:21	00:53:29	01:20:23
609	JAGOSZ Patryk	519	PATRYK JAGOSZ	M-30	00:00:54	00:26:24	00:53:44	01:20:28
610	KONIECKO Łukasz	545		M-30	00:00:49	00:27:09	00:53:54	01:20:30
611	WOJTAS Marcin	593	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32
612	HNATIUK Mateusz	679		M-20	00:01:06	00:27:58	00:54:50	01:20:36
613	KRAJEWSKI Radosław	486		M-30	00:00:41	00:26:05	00:53:18	01:20:38

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
614	GADAWSKI Bartłomiej	242	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38
615	PRUSKO Adrian	627		M-40	00:00:11	00:25:07	00:52:29	01:20:42
616	FUGOWSKI Grzegorz	283		M-30	00:01:33	00:25:47	00:53:00	01:20:45
617	ZEMŁA Piotr	195		M-40	00:00:42	00:26:25	00:53:40	01:20:46
618	KOWALSKI Rafał	494		M-20	00:00:47	00:27:21	00:54:20	01:20:47
619	TATERKA Michał	764		M-20	00:01:37	00:28:14	00:54:10	01:20:48
620	BUK Marcin	286		M-20	00:01:53	00:27:19	00:54:11	01:20:49
621	PAWLINA Piotr	103		M-40	00:01:27	00:27:06	00:54:03	01:20:50
622	ERDMANN Robert	280		M-30	00:00:59	00:26:26	00:53:11	01:20:54
623	JANOSZEK Piotr	293		M-30	00:00:59	00:26:26	00:53:11	01:20:54
624	BALCAREK Grzegorz	1073		M-30	00:01:30	00:27:22	00:54:49	01:20:56
625	KUZIOR Karol	1256		M-20	00:01:33	00:24:29	00:53:11	01:20:56
626	SZESZKO Sławomir	612		M-50	00:01:34	00:27:26	00:54:33	01:20:57
627	MAJEWSKI Grzegorz	108		M-30	00:01:19	00:25:19	00:52:53	01:21:02
628	BŁASZCZYSZYN Łukasz	135	HEAVY METAL ALL-STAR TEAM	M-30	00:00:58	00:26:58	00:54:08	01:21:04
629	BUGAJSKI Mariusz	844		M-40	00:00:02	00:24:36	00:52:11	01:21:05
630	RATAJCZAK Krystian	1042		M-20	00:01:08	00:27:08	00:53:51	01:21:05
631	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05
632	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06
633	HAHN Piotr	532	NORRUN TEAM	M-30	00:00:34	00:27:19	00:54:20	01:21:08
634	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09
635	BUCZYŃSKI Radosław	307	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:21	00:51:24	01:21:11
636	BIAŁECKI Jan	916	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-60	00:01:09	00:26:35	00:53:16	01:21:15
637	NIKODON Paweł	343	PLASTIC OMNIUM	M-30	00:01:25	00:26:14	00:51:49	01:21:17
638	KROPKA Szymon	140	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18
639	KOZDRA Krzysztof	579	NIEZRZESZONY	M-50	00:01:38	00:27:25	00:54:39	01:21:28
640	MICHALSKI Bartosz	85		M-40	00:01:14	00:27:21	00:54:28	01:21:31
641	KANIOWSKI Andrzej	205		M-30	00:00:23	00:25:51	00:52:17	01:21:32
642	PAWIŃSKI Wojciech	285		M-40	00:00:50	00:27:46	00:55:32	01:21:33
643	GONERA Paweł	676		M-40	00:00:47	00:25:59	00:53:27	01:21:34
644	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44
645	KOWALCZYK Józef	1045		M-40	00:01:43	00:27:19	00:54:20	01:21:46
646	MRÓZEK Przemysław	379	KB ŚPIOCHY OPATÓW	M-30	00:00:27	00:26:46	00:54:04	01:21:49
647	IGNASIAK Rafał	378	XXX	M-30	00:00:27	00:26:46	00:54:04	01:21:49
648	PYLIK Marek	96	OPEL ACTIVE TEAM	M-50	00:00:28	00:26:25	00:53:30	01:21:52
649	KĘPSKI Albert	784		M-20	00:01:21	00:28:04	00:56:07	01:21:54
650	FEREFCKI Paweł	604		M-30	00:01:15	00:25:40	00:53:16	01:21:55
651	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55
652	WIERZBICA Adrian	403		M-30	00:00:33	00:27:34	00:54:56	01:21:56
653	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57
654	CICHOWSKI Marcin	722		M-30	00:00:22	00:26:07	00:53:51	01:21:57
655	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57
656	TKOCZ Rafał	323		M-30	00:01:09	00:27:22	00:54:37	01:21:58
657	WOLANIN Maciej	645		M-20	00:00:38	00:27:37	00:55:12	01:22:05
658	KLYTA Wojciech	1284		M-40	00:01:41	00:27:13	00:54:21	01:22:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
659	LUDWIG Marcin	518		M-30	00:00:49	00:27:33	00:54:51	01:22:10
660	SZULC Michał	1021	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10
661	BARAŃSKI Grzegorz	111		M-30	00:01:12	00:27:29	00:54:53	01:22:11
662	PTAK Leszek	824		M-40	00:00:21	00:26:04	00:53:28	01:22:13
663	SKRZYPCZAK Tomasz	288	KFPR	M-30	00:01:19	00:27:42	00:55:04	01:22:16
664	ROLEK Marcin	73		M-30	00:01:39	00:27:27	00:55:06	01:22:17
665	WIŚNIEWSKI Paweł	1169	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19
666	ROZCIECHA Radosław	1069		M-20	00:01:15	00:27:00	00:54:41	01:22:21
667	WIECZORKE Marcin	488		M-40	00:01:05	00:25:26	00:52:56	01:22:23
668	DREWUSZEWSKI Maciej	515	4M	M-30	00:00:49	00:25:34	00:54:04	01:22:24
669	GUJA Bogusław	858		M-60	00:00:27	00:25:51	00:53:07	01:22:25
670	HRYSZKIEWICZ Janusz	467	UNISONO/AKMB PĘDZIWIATR GLIWICE	M-40	00:01:10	00:28:19	00:55:14	01:22:27
671	WYPCHOŁ Piotr	254		M-50	00:01:11	00:27:58	00:54:55	01:22:28
672	ZALEWSKI Krzysztof	900		M-40	00:00:47	00:26:46	00:54:47	01:22:31
673	WOJTASIŃSKI Robert	819	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:16	00:27:03	00:54:34	01:22:32
674	NAGEL Jan	1227		M-30	00:01:16	00:27:03	00:54:36	01:22:33
675	KRZESIAK Michał	1041	3SOFT S.A.	M-30	00:00:51	00:26:28	00:54:03	01:22:34
676	URBANKE Bartosz	1305		M-20	00:01:07	00:28:29	00:54:52	01:22:35
677	DĄBROWSKI Marcin	257		M-30	00:01:10	00:26:33	00:54:30	01:22:35
678	KOWALSKI Zbyszek	913	MARYSIA & SZYMEK TEAM	M-30	00:00:56	00:27:21	00:55:05	01:22:39
679	SKRABA Krzysztof	1077	AMATOR SZCZYGLOWICE	M-30	00:00:59	00:28:49	00:56:28	01:22:39
680	ZIMOCH Grzegorz	215		M-30	00:00:12	00:26:19	00:54:41	01:22:40
681	ZGÓRSKI Grzegorz	116		M-30	00:00:42	00:25:47	00:52:30	01:22:42
682	HONISZ Andrzej	1179		M-30	00:00:52	00:27:24	00:55:10	01:22:44
683	CZAJKA Edward	1234	BRAK	M-40	00:00:47	00:26:27	00:54:12	01:22:45
684	SIUDEK Kazimierz	1088		M-50	00:00:26	00:25:48	00:53:46	01:22:46
685	KLEKOWSKI Włodzimierz	1028	NIGHT RUNNERS ZABRZE	M-50	00:00:49	00:27:16	00:54:52	01:22:47
686	NOWAKOWSKI Marek	386	AMEC FOSTER WHEELER RUNNING TEAM	M-40	00:01:44	00:27:01	00:54:24	01:22:48
687	JARECKI Ryszard	1180		M-50	00:00:46	00:27:29	00:55:15	01:22:49
688	BATKO Dawid	711		M-30	00:00:47	00:27:43	00:54:48	01:22:49
689	UJMA Michał	962		M-30	00:00:51	00:28:44	00:55:06	01:22:51
690	KOŚNIEWSKI Paweł	245		M-30	00:00:48	00:27:36	00:55:16	01:22:52
691	MACIASZEK Grzegorz	414		M-20	00:00:17	00:27:58	00:55:52	01:22:53
692	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53
693	ŁUSIAK Mariusz	1135		M-30	00:00:45	00:27:33	00:55:21	01:22:55
694	SZKUDLAREK Michał	761		M-30	00:00:42	00:26:34	00:54:17	01:22:56
695	JĘDRYCHA Artur	708		M-40	00:00:38	00:27:39	00:55:24	01:22:59
696	JĘDRYCHA Zbigniew	709		M-60	00:00:38	00:27:39	00:55:24	01:22:59
697	PŁOMIN Marcin	1206	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00
698	WILIMSKI Tomasz	101	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01
699	CIASTO Sebastian	1039		M-30	00:00:39	00:26:51	00:54:50	01:23:05
700	GAŁĘCZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06
701	POPIEL Artur	21		M-40	00:01:08	00:27:56	00:55:15	01:23:09
702	KOŁODZIEJ Paweł	505		M-30	00:00:39	00:27:49	00:55:27	01:23:12
703	BOGULAK Grzegorz	184	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
704	KOSTRZAK Czesław	489	KB ENDURANCE SOLIDARNI KNURÓW	M-50	00:01:02	00:26:45	00:55:00	01:23:15
705	BIERNAT Adam	268		M-40	00:01:38	00:28:06	00:55:49	01:23:20
706	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21
707	CZAJKA Aleksander	1124		M-40	00:00:40	00:27:36	00:55:26	01:23:24
708	SZPALA Ireneusz	897	WKU GLIWICE	M-50	00:01:09	00:27:14	00:55:16	01:23:31
709	KOZŁOWSKI Przemysław	549		M-30	00:00:43	00:27:49	00:55:38	01:23:32
710	WRÓBEL Jarosław	1233		M-30	00:01:25	00:27:34	00:55:15	01:23:32
711	PADOŁ Zbigniew	141	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34
712	TISZBIEREK Henryk	180	SBRT GLIWICE	M-40	00:01:12	00:27:58	00:55:43	01:23:35
713	SZOŁTYSIK Paweł	213	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36
714	WÓJCIK Rafał	327		M-40	00:00:35	00:27:40	00:55:24	01:23:39
715	GRUSZKA Michał	371		M-40	00:01:26	00:27:37	00:55:44	01:23:44
716	UCHNAST Sebastian	990		M-40	00:01:26	00:27:37	00:55:43	01:23:44
717	RENKIEL Tomasz	55	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50
718	STAROŃ Sylwester	470		M-40	00:01:04	00:27:31	00:55:35	01:24:01
719	MACHNOWSKI Wojciech	19	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09
720	BUFNAL Krzysztof	574		M-40	00:01:53	00:29:00	00:56:08	01:24:11
721	ZWOLIŃSKI Gabriel	1273		M-30	00:00:44	00:26:49	00:54:55	01:24:15
722	SOŁTYSIAK Robert	1258	HALEMBA	M-30	00:01:08	00:28:34	00:56:32	01:24:19
723	TOCZYDŁOWSKI Łukasz	1095	HALEMBA	M-30	00:01:07	00:28:35	00:56:32	01:24:20
724	BLASZKE Waldemar	159	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26
725	MAĆZKO Jan	914		M-50	00:01:04	00:27:57	00:56:22	01:24:32
726	OSIŃSKI Robert	399	NIGHT RUNNERS GLIWICE	M-30	00:00:55	00:28:39	00:56:54	01:24:33
727	STYPA Jerzy	415	STONOGI MILANÓWEK	M-50	00:00:55	00:28:39	00:56:54	01:24:33
728	ZIELIŃSKI Marek	317		M-30	00:01:47	00:27:52	00:55:55	01:24:37
729	HEFFNER Remigiusz	762	OPEL ACTIVE TEAM	M-30	00:01:15	00:28:02	00:56:08	01:24:47
730	DĘBSKI Mariusz	1270	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48
731	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52
732	KLAWENDER Ryszard	1090	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55
733	WOŁOWSKI Michał	1160	SLAM DRINKERS BIŁGORAJ	M-20	00:00:10	00:28:08	00:55:53	01:25:02
734	WIECZOREK Jarosław	2		M-30	00:00:54	00:29:07	00:57:05	01:25:09
735	WESTER Mieczysław	1219	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13
736	KOWALCZYK Wojciech	738	RUN AND FUN	M-30	00:00:44	00:27:28	00:55:16	01:25:14
737	KRZOS Piotr	74		M-30	00:01:57	00:29:08	00:57:45	01:25:17
738	SZUBERT Grzegorz	6		M-40	00:00:46	00:26:29	00:55:26	01:25:20
739	KUROWICZ Marcin	539	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26
740	BŁASZCZYSZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27
741	KOTWICKI Marek	332		M-30	00:01:46	00:28:03	00:56:34	01:25:32
742	RYGIEL Sebastian	143		M-30	00:01:54	00:29:04	00:57:51	01:25:35
743	OGIŃSKI Daniel	1106	1992	M-20	00:00:47	00:27:52	00:57:12	01:25:56
744	ORYSZCZAK Łukasz	313		M-30	00:01:21	00:27:13	00:56:17	01:26:03
745	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04
746	GLINIANY Adam	1082	ZABIEGANA RODZINKA	M-40	00:01:28	00:29:04	00:57:58	01:26:14
747	WYLEŻAŁEK Irek	985	NIGHT RUNNER GLIWICE	M-40	00:01:47	00:28:19	00:57:12	01:26:17
748	BURLIGA Mariusz	492	KB ENDURANCE SOLIDARNI KNURÓW	M-40	00:01:23	00:29:10	00:58:02	01:26:20

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
749	MULLER Rafał	890		M-20	00:00:41	00:27:57	00:57:10	01:26:21
750	BUCHAL Grzegorz	782		M-40	00:01:00	00:28:32	00:57:34	01:26:25
751	GUZDEK Sławomir	940		M-30	00:01:32	00:29:22	00:58:03	01:26:32
752	KOŁODZIEJCZYK Zbigniew	491	KB ENDURANCE SOLIDARNI KNURÓW	M-60	00:01:42	00:28:01	00:56:08	01:26:32
753	MICEK Marek	929		M-30	00:01:13	00:27:57	00:57:13	01:26:37
754	ZDRZAŁEK Jan	624		M-20	00:01:58	00:29:04	00:58:21	01:26:46
755	BILON Bogdan	1146	ZBROJOWNIA SULECHÓW	M-60	00:00:53	00:28:46	00:57:55	01:26:53
756	SAWIOŃEK Robert	1516		M-40	00:00:23	00:25:25	00:53:57	01:27:01
757	KURIANOWICZ Wiesław	436	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09
758	KRAKOWSKI Jacek	1505		M-40	00:01:18	00:29:36	00:59:00	01:27:31
759	WANAT Wacław	1008	SKY TOWER RUNNERS WROCŁAW	M-70	00:01:05	00:29:28	00:58:29	01:27:39
760	PLEWIK Michał	667	GRAMMI	M-40	00:00:41	00:28:17	00:57:32	01:27:41
761	ORLEF Jarosław	566		M-40	00:00:39	00:28:19	00:57:34	01:27:43
762	MIRSKI Rafał	663	IMPULS DO DZIAŁANIA	M-40	00:00:40	00:28:18	00:57:34	01:27:43
763	STOKŁOSA Marcin	222		M-40	00:01:11	00:30:23	00:59:25	01:27:51
764	JABŁOŃSKI Łukasz	889	UNISONO	M-20	00:01:07	00:30:06	00:59:29	01:27:56
765	MUSIOŁ Janusz	830	UNISONO	M-30	00:01:05	00:30:06	00:59:15	01:28:00
766	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02
767	WILCZOK Krzysztof	129		M-20	00:01:36	00:30:39	00:59:47	01:28:03
768	WRÓBLEWSKI Robert	456	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:54	00:27:48	00:56:43	01:28:04
769	SEWERYNIAK Adam	1260		M-50	00:00:56	00:29:14	00:58:41	01:28:06
770	GAŚCZAK Tadeusz	1279		M-70	00:00:32	00:29:15	00:58:24	01:28:08
771	GRABOWSKI Lech	1165		M-50	00:00:06	00:26:55	00:56:12	01:28:19
772	SMAGOROWICZ Artur	1079	W POGONI ZA DUCHEM	M-40	00:00:58	00:28:21	00:59:08	01:28:22
773	MUSIOŁ Grzegorz	394	OPEL ACTIVE TEAM	M-40	00:00:46	00:28:37	00:57:49	01:28:25
774	GRACH Tomasz	311	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31
775	SYNÓWKA Maciej	981		M-30	00:00:34	00:28:23	00:58:13	01:28:40
776	SATKO Jacek	238		M-50	00:00:51	00:30:04	00:59:38	01:28:53
777	PRYMAS Krystian	32		M-30	00:00:48	00:26:24	00:55:23	01:29:02
778	SOSIN Adam	200	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:20	00:30:12	00:59:43	01:29:06
779	MAŚLANKA Ireneusz	1093	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19
780	CYWIŃSKI Robert	1176		M-40	00:00:58	00:29:58	00:59:41	01:29:24
781	WIEDERMANN Krzysztof	1309	PEDRA FORCH	M-30	00:00:44	00:28:21	00:58:19	01:29:28
782	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38
783	CHOJOWSKI Oskar	154		M-40	00:01:02	00:29:53	00:59:52	01:29:38
784	DROZDOWSKI Wojciech	1125	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39
785	KORDECKI Bartosz	1071		M-30	00:01:35	00:30:33	01:01:02	01:29:57
786	MANDOK Bogdan	742		M-30	00:00:07	00:28:10	00:59:23	01:30:02
787	MIGDAŁ Grzegorz	29	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07
788	CABAŁA Adam	918		M-20	00:01:02	00:29:49	00:59:30	01:30:09
789	DACZYŃSKI Kajetan	458	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18
790	KRASZKIEWICZ Aleksander	968	NASNIEDOGONIAT	M-30	00:00:50	00:29:59	01:00:08	01:30:19
791	CZAPEK Marek	309	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20
792	BOH Mariusz	1306		M-60	00:00:52	00:30:00	01:00:20	01:30:20
793	KAPIAS Krystian	521		M-40	00:01:07	00:30:05	01:00:12	01:30:21

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
794	STOLARCZYK Robert	115	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22
795	LIPSKI Dariusz	71		M-30	00:01:52	00:29:39	01:00:59	01:30:22
796	GABRYŚ Seba	1277	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24
797	ŚLĘZAK Jakub	963	BANDA PE	M-20	00:01:32	00:29:55	01:00:23	01:30:24
798	LEWICKI Krzysztof	43	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25
799	TKACZUK Marcin	1016	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26
800	KOSTORZ Paweł	613	PAWEŁ KOSTORZ	M-20	00:01:21	00:29:15	00:59:52	01:30:34
801	CIEŚIELSKI Radosław	757	BETANIA TEAM	M-30	00:00:22	00:28:16	00:56:05	01:30:35
802	MATECKI Maciej	520	2XM	M-30	00:00:56	00:30:04	01:00:25	01:30:36
803	KWAŚNIOK Rafał	348	NIGHT RUNNERS GLIWICE	M-20	00:01:04	00:29:54	01:00:42	01:30:51
804	GRZESIKIEWICZ Mariusz	426		M-30	00:00:53	00:30:11	01:00:47	01:30:55
805	HAŃCZUR Józef	792	B T M RUNNERS	M-50	00:01:14	00:30:53	01:02:01	01:31:02
806	KOWALIK Tomasz	1066	KALINOWSKI TEAM	M-30	00:00:53	00:28:51	00:59:27	01:31:09
807	DWORNICZAK Paweł	887		M-20	00:01:34	00:29:32	01:00:38	01:31:21
808	ŻOCHOWSKI Leszek	225		M-40	00:00:52	00:29:58	01:00:21	01:31:40
809	FURMANIK Jacek	648	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40
810	KUPCZAK Rafał	1084		M-40	00:01:05	00:30:32	01:00:55	01:31:52
811	ĆWIKŁA Andrzej	1067	TENT GRUPA	M-60	00:01:00	00:30:16	01:00:59	01:31:54
812	STEINHOFF Adam	1033	WIKTOR TEAM	M-40	00:01:15	00:30:19	01:01:06	01:32:11
813	POŁOK Adrian	1022	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12
814	DYNEK Sebastian		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14
815	SZAŁAJKO Jerzy	665	DUCH GÓR	M-50	00:01:28	00:28:44	00:59:03	01:32:19
816	BRODIUK Norbert	622	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26
817	KUŚ Michał	1236	1982	M-30	00:01:16	00:30:09	01:01:21	01:32:52
818	MARKOWICZ Piotr	1298	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54
819	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25
820	BOBKOWSKI Maciej	58	PĘDZACE ŻÓŁWIE	M-40	00:00:48	00:28:52	00:59:47	01:34:01
821	STACHOWSKI Wojciech	930		M-30	00:01:30	00:30:12	01:01:48	01:34:18
822	GRUCHALSKI Jakub	591	ISTA BIEGAMY	M-30	00:01:23	00:30:10	01:02:32	01:34:27
823	WOJTASZEK Grzegorz	324	MOSIR PIEKARY ŚLĄSKIE	M-40	00:01:43	00:28:50	01:00:13	01:34:33
824	WALIGÓRA Aleksander	769	BBL KĘDZIERZYN-KOŻLE	M-40	00:01:17	00:30:50	01:02:31	01:34:45
825	BIERNACKI Tomasz	626		M-40	00:01:19	00:30:59	01:02:44	01:34:51
826	CIEŚLAK Michał	376		M-30	00:01:37	00:30:22	01:01:59	01:35:16
827	ZUWAŁA Robert	1168	RAGNAR TEAM	M-40	00:01:29	00:30:36	01:02:27	01:35:29
828	DRABIK Krzysztof	1257	FUNDACJA DZIECIOM TWÓJ REKORD POMAGA	M-30	00:01:56	00:30:41	01:02:13	01:35:35
829	PASSIA Robert	1141		M-30	00:01:19	00:30:59	01:03:32	01:35:37
830	KONTNY Paweł	1032		M-70	00:01:55	00:31:00	01:02:50	01:35:38
831	KOPYŚĆ Jarosław	1112	PSZCZÓŁKOWSKI TEAM	M-40	00:01:43	00:32:01	01:04:02	01:35:53
832	BANASIK Wiesław	1062		M-50	00:00:49	00:30:04	01:02:16	01:35:56
833	ŁYSIUK Grzegorz	506		M-30	00:01:30	00:30:59	01:03:13	01:35:58
834	BRZÓZKA Sebastian	233	SBD ENERGETYK RYBNIK	M-30	00:01:26	00:29:07	01:00:46	01:35:59
835	DUDZIAK Piotr	978	OPEL ACTIVE TEAM	M-40	00:01:17	00:30:55	01:03:09	01:36:04
836	MIŚKIEWICZ Andrzej	1147		M-50	00:01:22	00:31:41	01:03:50	01:36:06
837	MISZTAŁ Andrzej	975		M-40	00:01:52	00:30:56	01:02:52	01:36:06
838	KONOPKA Marek	556	ŚAF-OBRO	M-40	00:01:25	00:30:38	01:02:32	01:36:10

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
839	SZYMAŃSKI Jacek	472	TELESKOPY.PL	M-40	00:01:41	00:32:57	01:04:35	01:36:13
840	ROJEK Michał	856		M-30	00:00:58	00:29:20	01:02:08	01:36:14
841	LEDWOŃ Jakub	87	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37
842	GILEWSKI Franciszek	543	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50
843	MAŁYSA Łukasz	509		M-30	00:01:28	00:30:18	01:03:22	01:37:20
844	GORZAWSKI Andrzej	1200	SPARTANIE DZIECIOM	M-20	00:01:38	00:30:20	01:03:18	01:37:22
845	FLORECKI Andrzej	112	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30
846	KRÓL Adam	1250	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:45	01:37:40
847	DOROTA Zbigniew	1247	SPARTANIE DZIECIOM	M-40	00:01:09	00:30:55	01:03:52	01:37:44
848	CHRYCIUK Wojciech	1245	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:49	01:37:45
849	PTAK Arkadiusz	1197	SPARTANIE DZIECIOM	M-30	00:01:09	00:30:55	01:03:53	01:37:46
850	KOŁKOWSKI Andrzej	1189	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46
851	ZYCH Dawid	1190	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46
852	KĘCIK Janusz	1184	SPARTANIE DZIECIOM	M-60	00:01:14	00:30:53	01:03:50	01:37:46
853	SERWACZYŃSKI Mirosław	1191	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:51	01:37:47
854	SOLBIATI Davide	1199	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:47
855	KOWALCZYK Mariusz	1185	SPARTANIE DZIECIOM	M-40	00:01:11	00:30:54	01:03:50	01:37:47
856	SZAŁAŚNY Piotr	601	TESTYOUTDOOROWE.PL	M-20	00:01:11	00:30:54	01:03:51	01:37:47
857	KANIEWSKI Paweł	1248		M-30	00:01:12	00:30:53	01:03:50	01:37:47
858	NOWAK Wiktor	1186	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:54	01:37:48
859	SULIN Marek	949	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48
860	GRONOWSKI Waldemar	1198	SPARTANIE DZIECIOM	M-50	00:01:09	00:30:54	01:03:51	01:37:48
861	SANECKI Patryk	1194	SPARTANIE DZIECIOM	M-20	00:01:11	00:30:54	01:03:52	01:37:48
862	KREMPA Michał	1192	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:56	01:03:53	01:37:49
863	LASKOWSKI Piotr	1251	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:54	01:03:53	01:37:49
864	MAŁKOWSKI Bogdan	1202	SPARTANIE DZIECIOM	M-40	00:01:08	00:30:55	01:03:53	01:37:49
865	RESZKE Michał	1195	SPARTANIE DZIECIOM	M-30	00:01:08	00:30:55	01:03:52	01:37:49
866	SZAFRAŃSKI Krzysztof	295	SPARTANIE DZIECIOM	M-40	00:01:07	00:30:56	01:03:53	01:37:50
867	PIORKOWSKI Karol	1193	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:52	01:03:55	01:37:51
868	LEŚNIEWSKI Michał	1252	SPARTANIE DZIECIOM	M-40	00:01:01	00:30:59	01:03:57	01:37:52
869	BEJNAROWICZ Damian	1196	SPARTANIE DZIECIOM	M-20	00:01:04	00:30:58	01:03:56	01:37:52
870	KURPIOS Piotr	542		M-30	00:01:35	00:34:02	01:06:49	01:37:57
871	DYRAGA Marcin	559	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24
872	FORYST Wojciech	560		M-60	00:01:22	00:31:01	01:03:26	01:38:35
873	JĘŻEWSKI Adam	328	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42
874	BOBA Ryszard	485		M-60	00:01:31	00:30:25	01:04:21	01:38:56
875	DZIEDZIC Dominik	39	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01
876	RAKINT Bogdan	44	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23
877	SUSEŁ Aleksander	16		M-20	00:00:00	00:31:26	01:04:00	01:42:57
878	JURETKO Adam	97		M-40	00:00:56	00:32:56	01:07:59	01:43:05
879	ŻELEZNY Tomasz	69	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36
880	RECZKO Mariusz	476		M-40	00:01:27	00:32:11	01:09:31	01:47:32
881	ZAWADA Piotr	78	NIGHT RUNNERS	M-30	00:01:51	00:36:29	01:13:28	01:47:45
882	BROSZ Michał	1175		M-40	00:00:00			
883	KAPICA Wojciech	883	BANDA PE	M-20	00:00:00			

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
884	SMOŁA Mieczysław	1240	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01	
885	RESZKE Marek	1154	OPOLEBIEGA.PL	M-20	00:00:34	00:21:53	00:43:34	
886	KUBIT Bartłomiej	1304		M-30	00:00:55	00:28:41	00:55:02	
887	KACZMARCZYK Grzegorz	186		M-30	00:00:56			
888	JASIKOWSKI Łukasz	89		M-20	00:01:23	00:27:20		
889	WOJTUKIEWICZ Artur	691		M-30	00:01:35	00:28:58	01:02:18	
DQ	LEGIEŻYŃSKI Krzysztof	45	KATAGURUME	M-30	DQ	DQ	00:24:04 DQ	DQ

Znaleziono 890 wynik(ów)