



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Punkt pomiarowy: 19,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km			
DQ	LEGIEŻYŃSKI Krzysztof	45	KATAGURUME	M-30	DQ	DQ	00:24:04	DQ	DQ	00:48:09	DQ	00:52:36	DQ
2	STARŻYŃSKI Andrii	487	KLEMENTYNKA	M-20	00:00:01	00:16:03	00:32:28	00:49:00	01:03:29	01:06:06			
3	CIEPLAK Marcin	11	TL ROW RYBNIK	M-20	00:00:01	00:16:58	00:33:46	00:50:31	01:05:13	01:07:42			
4	NAGIZNJAK Wiktor	56	IKB RUDNIK	M-20	00:00:00	00:16:23	00:33:25	00:50:32	01:05:14	01:07:50			
5	KAWIK Tomasz	1049	INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE	M-20	00:00:01	00:17:04	00:34:16	00:51:25	01:06:45	01:09:26			
6	GRAJCAR Łukasz	1181	CKS BUDOWLANI CZĘSTOCHOWA	M-20	00:00:01	00:16:42	00:34:02	00:52:01	01:07:40	01:10:32			
7	FORMICKI Rafał	450		M-20	00:00:01	00:17:04	00:34:31	00:52:24	01:08:12	01:11:03			
8	RZEPKA Bernard	805	#SOBASTEAM	M-40	00:00:02	00:18:05	00:36:41	00:55:31	01:11:57	01:14:54			
9	ŻABA Marek	1019	TRIATHLON X-TEAM	M-30	00:00:03	00:18:09	00:36:57	00:55:52	01:12:18	01:15:21			
10	PAWEŁCZAK Mateusz	434	KB FLORIAN ZAJĄCZKI DRUGIE	M-20	00:00:01	00:17:39	00:35:58	00:55:33	01:12:51	01:15:51			
11	MUSKIETORZ Piotr	517		M-20	00:00:02	00:18:11	00:37:44	00:56:45	01:13:30	01:16:32			
12	SZCZECIŃSKI Maciej	1024		M-30	00:00:03	00:19:24	00:38:38	00:57:37	01:13:42	01:16:35			
13	BOCHEŃSKI Grzegorz	90	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56	01:13:58	01:17:00			
14	NOWICKI Michał	669	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45	01:14:11	01:17:29			
15	ŚLIWIŃSKI Piotr	252	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05	01:14:26	01:17:33			
16	FLIEGERT Mateusz	1222	SBRT GLIWICE	M-20	00:00:04	00:20:10	00:39:52	00:58:29	01:14:56	01:17:54			
17	KULIG Rafał	28	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14	01:15:07	01:18:04			
18	MATLOK Marek	859	BIEGAJ Z PILECKIM	M-40	00:00:03	00:19:19	00:39:00	00:58:28	01:15:27	01:18:25			
19	KŁĘBEK Kamil	1182	AWF KATOWICE	M-20	00:00:03	00:18:44	00:38:11	00:58:00	01:15:21	01:18:30			
20	RAJEK Sebastian	1145		M-40	00:00:02	00:18:40	00:38:21	00:58:18	01:15:37	01:18:35			
21	LUBNAU Marek	1203	HARPAGAN SOSNOWIEC	M-50	00:00:02	00:19:36	00:39:10	00:58:49	01:15:43	01:18:41			
22	KRZAK Robert	1312	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51	01:15:51	01:18:52			
23	BUDKA Borys	4	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52	01:15:52	01:18:53			
24	ROGACZ Piotr	583	SZAKALE	M-30	00:00:05	00:19:23	00:39:09	00:58:50	01:16:25	01:19:33			
25	POŚNIAK Tomasz	600	ISTA BIEGAMY	M-20	00:00:02	00:19:40	00:39:30	00:59:18	01:16:43	01:19:44			
26	HETMAN Radosław	662	GRUPA NOMAX	M-30	00:00:05	00:20:09	00:39:52	00:59:30	01:16:48	01:19:54			
27	PLOCH Jakub	229	NIGHT RUNNERS ZABRZE	M-20	00:00:02	00:19:21	00:39:47	01:00:08	01:17:40	01:20:50			
28	GICZEWSKI Grzegorz	839	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:09	00:20:33	00:40:55	01:00:55	01:17:52	01:20:50			

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
29	NIESLON Marek	603		M-30	00:00:36	00:20:42	00:40:46	01:00:32	01:17:48	01:20:55
30	HOZAKOWSKI Marcin	860		M-20	00:00:04	00:20:38	00:40:55	01:00:59	01:17:58	01:20:56
31	SPYCHALSKI Adam	1204		M-40	00:00:03	00:19:46	00:40:03	01:00:18	01:17:57	01:21:08
32	SZWEDA Piotr	778	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:09	00:20:32	00:40:36	01:00:46	01:18:18	01:21:29
33	STACHURA Mateusz	1213	SBRT GLIWICE	M-20	00:00:03	00:18:11	00:39:19	01:00:13	01:18:23	01:21:43
34	WOLNY Krzysztof	358		M-30	00:00:03	00:20:24	00:40:51	01:01:03	01:18:31	01:21:44
35	PIEKARCZYK Sławomir	650	UNIWERSYTET ŚLĄSKI	M-20	00:00:05	00:19:44	00:40:04	01:00:31	01:18:35	01:21:52
36	GROŃ Krystian	1043		M-20	00:00:06	00:20:08	00:40:16	01:00:40	01:18:38	01:21:58
37	DUŻNIAK Dominik	166	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25	01:18:33	01:22:07
38	SLADEK Dawid	210		M-20	00:00:05	00:19:52	00:40:24	01:00:56	01:18:55	01:22:19
39	SZCZESNY Damian	1142	WIELUŃ BIEGA	M-30	00:00:07	00:20:10	00:40:38	01:00:59	01:19:14	01:22:34
40	BIALIK Marcin	971		M-20	00:00:03	00:19:33	00:40:02	01:01:06	01:19:28	01:22:45
41	PETRUS Łukasz	1117		M-30	00:06:20	00:20:13	00:40:45	01:01:18	01:19:31	01:22:46
42	ORZECHOWSKI Arkadiusz	794	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:08	00:20:33	00:41:09	01:01:39	01:19:42	01:22:58
43	OŚLIZŁO Tomasz	1132		M-20	00:00:04	00:21:21	00:42:32	01:02:52	01:20:22	01:23:29
44	WALKOWIAK Artur	634	UCIEKAM PRZED DOBRĄ ZMIANĄ	M-40	00:00:05	00:20:07	00:40:48	01:01:22	01:20:13	01:23:35
45	LIGOCKI Michał	959	CHOP ZE ŻELAZA TRI TEAM	M-30	00:00:03	00:20:34	00:41:21	01:02:08	01:20:22	01:23:36
46	MAJCHRZAK Marcin	261	HOLBOX RUNNERS	M-40	00:00:05	00:20:21	00:41:01	01:01:54		01:23:38
47	BIŃCZYK Dariusz	821	ZABIEGANI CZĘSTOCHOWA	M-30	00:00:04	00:20:41	00:41:30	01:02:13	01:20:22	01:23:39
48	MAŁKA Bartosz	152		M-30	00:00:04	00:20:27	00:41:21	01:02:11	01:20:27	01:23:44
49	BAGAN Grzegorz	12	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54	01:20:26	01:23:48
50	MATERLA Marek	196	ZRYW SŁUPSKO	M-30	00:00:06	00:20:36	00:41:29	01:02:23	01:20:38	01:23:49
51	JACHYMEK Bartłomiej	1076	JACEKBIEGA RUNNING TEAM	M-40	00:00:05	00:20:56	00:41:45	01:02:41	01:20:36	01:23:51
52	BĄBSKI Szymon	872	KS HALNY WĘGIERSKA GÓRKA	M-30	00:00:12	00:20:54	00:41:51	01:02:43	01:20:40	01:23:54
53	SKORUPKA Adam	575	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59	01:20:53	01:24:03
54	MAŚCIBRZUCH Marcin	273		M-20	00:00:07	00:21:06	00:42:07	01:02:58	01:20:48	01:24:05
55	PACZKA Michał	1299		M-40	00:00:10	00:20:35	00:41:49	01:02:53	01:20:46	01:24:05
56	HOŁDA Marek	1510		M-20	00:00:05	00:21:09	00:42:07	01:02:59	01:20:51	01:24:10
57	BOGUS Bartosz	228		M-20	00:00:06	00:21:07	00:42:08	01:02:59	01:21:00	01:24:11
58	SKRZYDELSKI Tomasz	1023		M-20	00:00:33	00:20:40	00:41:14	01:02:02	01:20:48	01:24:14
59	WYŁUPEK Tomasz	812	SZAKALE	M-40	00:00:09	00:21:14	00:42:21	01:03:06	01:21:06	01:24:24
60	CYROŃ Adrian	1122		M-30	00:00:07	00:21:15	00:42:18	01:03:11	01:21:18	01:24:33
61	KUPIJAJ Marcin	410	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36	01:21:09	01:24:34
62	ŚWIDA Adam	1514	TRIDEA TEAM	M-30	00:00:07	00:21:15	00:42:19	01:03:01	01:21:17	01:24:38
63	WIECHUŁA Marcin	169		M-30	00:00:06	00:20:02	00:40:56	01:02:20	01:21:12	01:24:42
64	POLACZEK Alexander	405		M-40	00:00:04	00:20:11	00:40:55	01:02:18	01:21:39	01:25:12
65	GRZYB Dariusz	894	BRAK	M-40	00:00:08	00:20:35	00:42:06	01:03:00	01:21:56	01:25:26
66	DWORNICZAK Łukasz	716		M-30	00:00:07	00:20:52	00:42:06	01:02:59	01:21:37	01:25:37
67	LASKOWSKI Tomasz	118	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21	01:22:35	01:25:51
68	SARNECKI Adam	801		M-30	00:00:12	00:21:03	00:42:03	01:03:11	01:22:11	01:25:52
69	NOGAJ Janusz	1037	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31	01:22:35	01:25:57
70	WOLNY Dariusz	336	LIDEON	M-30	00:00:06	00:20:55	00:42:08	01:03:13	01:22:25	01:25:58
71	PYSZ Grzegorz	396	HR MAX ŻORY	M-40	00:00:10	00:20:32	00:41:24	01:02:42	01:22:36	01:25:58
72	PAWLIK Marek	192	ATHLETICS NYSA	M-40	00:00:06	00:21:22	00:42:43	01:04:09	01:22:41	01:26:02
73	DAMEC Olek	718		M-40	00:00:07	00:21:11	00:42:13	01:03:35		01:26:07

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
74	KILIŃSKI Jacek	1238		M-40	00:00:02	00:19:31	00:40:46	01:02:47	01:22:31	01:26:09
75	LEWICKI Tomasz	15	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30	01:22:44	01:26:11
76	CHOMIK Rafał	869	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55	01:22:53	01:26:23
77	RUDKO Michał	544	KLUCZBORSKA GRUPA BIEGOWA	M-20	00:00:05	00:19:33	00:40:06	01:01:43	01:22:20	01:26:23
78	JAWOROWSKI Witold	774	AMATOR	M-50	00:00:13	00:21:38	00:43:25	01:04:56	01:23:16	01:26:31
79	OKOŃ Łukasz	226		M-30	00:00:08	00:20:37	00:42:15	01:03:58	01:23:04	01:26:35
80	ZAWIŚLAK Patryk	1119	RUNNERS WOJKOWICE TEAM	M-20	00:00:06	00:20:24	00:42:07	01:03:57		01:26:46
81	OŚLIZŁO Marcin	1157	31 URODZINY:)	M-30	00:00:04	00:21:21	00:42:32	01:04:00	01:23:17	01:26:48
82	RODAK Piotr	298	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05	01:23:29	01:26:48
83	GŁUSZAK Adam	721		M-30	00:00:59	00:21:21	00:42:40	01:04:10	01:23:14	01:26:50
84	BOSAK Sławomir	760	BIŁGORAJ BIEGA	M-40	00:00:21	00:21:07	00:42:49	01:04:17	01:23:23	01:26:55
85	BIELECKI Krzysztof	939		M-30	00:00:10	00:21:22	00:42:53	01:04:17	01:23:25	01:26:59
86	HOŁA Paweł	1183	BTM RUNNERS	M-30	00:00:09	00:21:16	00:42:31	01:04:04	01:23:31	01:27:02
87	SURMA Jakub	1263		M-20	00:00:58	00:20:54	00:42:40	01:04:15	01:23:32	01:27:04
88	BAK Henryk	960		M-40	00:01:24	00:21:21	00:43:12	01:04:48	01:23:46	01:27:13
89	CISZEWSKI Wojciech	957		M-40	00:00:04	00:20:11	00:41:43	01:04:41	01:23:50	01:27:18
90	CZABAŃSKI Rafał	259	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08	01:23:57	01:27:23
91	STASIAK Mirosław	588	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06	01:24:19	01:27:43
92	WÓJCIK Dariusz	1156		M-40	00:00:10	00:21:07	00:42:52	01:04:23	01:24:11	01:27:51
93	SKWORC Grzegorz	1013	NIGHT RUNNERS GLIWICE	M-20	00:00:03	00:20:22	00:42:35	01:05:12	01:24:30	01:27:53
94	KRÓL Dariusz	449	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:40	00:22:00	00:44:16	01:05:46	01:24:27	01:27:56
95	KROCZEK Andrzej	1061		M-40	00:00:53	00:22:34	00:44:16	01:05:40	01:24:35	01:28:03
96	MUSZKIET Piotr	836	MAXIMUS ZAWADZKIE	M-40	00:00:05	00:21:09	00:42:09	01:04:06		01:28:05
97	LATOŃ Adam	748		M-30	00:00:08	00:21:35	00:43:46	01:05:43	01:24:37	01:28:05
98	FALKENBERG Ludwik	41	RUN-LOG.COM	M-40	00:00:21	00:21:14	00:42:59	01:04:58	01:24:36	01:28:06
99	OLESIŃSKI Tomasz	374		M-40	00:00:10	00:21:22	00:42:52	01:04:45	01:24:32	01:28:13
100	KRĘŻOŁEK Daniel	741		M-30	00:00:25	00:22:11	00:44:02	01:05:51	01:24:52	01:28:14
101	IMAŃSKI Grzegorz	1136		M-40	00:00:08	00:21:20	00:42:59	01:05:00	01:24:44	01:28:17
102	KORKUŚ Jarosław	871	WOSIEK TEAM	M-30	00:00:08	00:21:58	00:43:47	01:05:17		01:28:18
103	CHROBOK Łukasz	165	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:35	00:43:41	01:05:45	01:24:59	01:28:25
104	WALIGÓRSKI Robert	633	PARKRUN KĘDZIERZYN-KOŹLE	M-40	00:00:07	00:21:18	00:42:58	01:04:58	01:25:08	01:28:40
105	SŁOMCZYŃSKI Bartosz	694	10 BLOG	M-30	00:00:09	00:21:54	00:43:52	01:05:47	01:25:16	01:28:47
106	KOWALCZYK Adam	1025	STS BIEGATON	M-40	00:00:08	00:21:32	00:43:40	01:05:50	01:25:21	01:28:48
107	WIECZOREK Andrzej	768	HASIOK	M-30	00:00:10	00:21:57	00:44:15	01:06:07	01:25:23	01:28:50
108	ZWOLAK Tomasz	190	NIGHT RUNNERS ZABRZE	M-30	00:00:12	00:21:34	00:43:42	01:05:45	01:25:22	01:28:51
109	FIJĄLKOWSKI Paweł	936	KALINOWSKI TEAM	M-30	00:00:19	00:22:15	00:44:30	01:06:16	01:25:23	01:29:00
110	GRAMATYKA Jan	729		M-30	00:00:16	00:22:05	00:44:17	01:06:16	01:25:38	01:29:04
111	RZEPKA Piotr	564	PARKRUN KATOWICE	M-20	00:00:29	00:22:20	00:44:27	01:06:28	01:25:39	01:29:04
112	HRYSZKO Kazimierz	1170	40-LATEK TYCHY	M-50	00:00:22	00:23:00	00:44:59	01:06:41	01:25:38	01:29:05
113	BEŚKA Sławomir	183	OCHAJORUN & FRIENDS	M-40	00:00:08	00:21:10	00:43:14	01:05:28	01:25:33	01:29:11
114	FIELHAUER Mateusz	673	KP PSP RACIBÓRZ / EASY RUN	M-20	00:00:11	00:21:59	00:44:12	01:06:07	01:25:44	01:29:11
115	RACZEK Sławomir	46	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31	01:25:38	01:29:17
116	KANIA Michał	325		M-40	00:00:04	00:21:39	00:44:00	01:06:13	01:25:48	01:29:19
117	STAROSTKA Jacek	1089	PKO BANK POLSKI BIEGAJMY RAZEM	M-40	00:00:07	00:21:41	00:43:33	01:05:26	01:25:46	01:29:24
118	BEHRENDT Jakub	931	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15	01:25:59	01:29:28

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
119	OZYP Mariusz	1288	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18	01:25:58	01:29:29
120	OZYP Mariusz	303	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18		01:29:29
121	STAWARCZYK Krystian	840	OPEL ACTIVE TEAM	M-30	00:00:08	00:21:55	00:44:13	01:06:26	01:26:00	01:29:31
122	DĄBROWSKI Piotr	1131	BIEGOWA ŚWIDNICA	M-30	00:00:38	00:21:56	00:44:11	01:06:30	01:26:04	01:29:31
123	KACZOR Sebastian	845	MIĘDZYGALAKTYCZNY KLUB ROZBIEGANYCH KACZEK	M-40	00:00:14	00:22:39	00:45:16	01:07:17	01:26:17	01:29:32
124	PTAK Krzysztof	777	HR MAX ŻORY	M-30	00:00:12	00:22:09	00:44:22	01:06:16	01:25:57	01:29:33
125	STRUK Maciej	974	DREAM RUN	M-30	00:00:36	00:22:03	00:44:22	01:06:23		01:29:37
126	WANIEWSKI Michał	250		M-30	00:00:18	00:22:47	00:45:14	01:06:59	01:26:13	01:29:38
127	ŁUSZCZ Remigiusz	589	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33	01:25:29	01:29:39
128	DOMAŃSKI Marcin	83	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28	01:26:11	01:29:41
129	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16	01:26:17	01:29:41
130	MAJERANOWSKI Marek	1063	SMOLEŃ BYTOM	M-30	00:00:17	00:21:13	00:43:43	01:06:13		01:29:41
131	ŁUKASZEK Grzegorz	1230		M Open	00:00:10	00:21:57	00:44:42	01:07:01	01:26:16	01:29:42
132	SOSNA Adrian	1000		M-30	00:00:10	00:21:57	00:44:42	01:07:01	01:26:17	01:29:43
133	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29	01:26:19	01:29:44
134	KARGÓL Rafał	658	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:26	00:45:56	01:07:36	01:26:26	01:29:46
135	MICHALSKI Jarosław	832	HETMAN TARNOWSKIE GÓRY	M-30	00:00:05	00:21:12	00:43:07	01:05:47	01:26:07	01:29:47
136	FURMANEK Łukasz	175	KLUB BIEGACZA SANTANDERA	M-30	00:00:08	00:21:42	00:43:25	01:05:30		01:29:48
137	FOJCIK Rafał	411	OPEL ACTIV TEAM	M-30	00:00:19	00:21:29	00:43:35	01:06:03	01:26:09	01:29:49
138	KUCHNIA Krzysztof	909	TS REGLE SZKLARSKA PORĘBA	M-50	00:00:09	00:22:04	00:44:50	01:07:03	01:26:19	01:29:50
139	KOWOLIK Łukasz	994	AMATOR	M-20	00:00:20	00:22:11	00:44:55	01:07:15	01:26:37	01:30:11
140	WAWRZAK Ryszard	1515	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24	01:26:36	01:30:12
141	JACKOWSKI Piotr	646		M-40	00:00:06	00:22:15	00:44:49	01:07:30		01:30:19
142	BŁACH Piotr	1221	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32	01:26:43	01:30:20
143	SZKÓŁKA Marcin	896	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39	01:26:54	01:30:25
144	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58		01:30:33
145	BARAN Łukasz	1108		M-30	00:00:21	00:22:50	00:45:25	01:07:56	01:27:08	01:30:35
146	OLSZESKI Zbigniew	1303	ROZTOCZE KRASNOBRÓD	M-40	00:00:10		00:44:42	01:07:01	01:27:05	01:30:45
147	KĘSICKI Robert	1004	NIGHT RUNNERS GLIWICE	M-30	00:00:06	00:21:59	00:44:19	01:06:28	01:26:59	01:30:47
148	ROSKOSZ Rafał	1178	OBERSCHLESIEIEN TEAM ROHOL TARNOWSKIE GÓRY	M-30	00:00:41	00:22:40	00:45:46	01:08:25	01:27:26	01:30:47
149	GOŁĘBIEWSKI Bartek	696		M-40	00:00:18	00:22:44	00:45:37	01:08:07		01:30:50
150	GOLDA Piotr	827		M-40	00:00:26	00:24:12	00:46:36	01:08:27	01:27:29	01:30:51
151	ZOK Karol	221		M-30	00:00:27	00:22:33	00:44:47	01:07:13	01:27:15	01:30:51
152	MULARCZYK Marek	320		M-20	00:00:29	00:21:21	00:43:41	01:06:36	01:27:11	01:30:52
153	NOWAKOWSKI Zenon	841	-	M-50	00:00:14	00:23:11	00:45:32	01:07:51	01:27:26	01:30:53
154	PUŚCIZNA Paweł	775	SAINT-GOBAIN SQUAD	M-40	00:00:08	00:22:28	00:45:09	01:07:43	01:27:26	01:30:58
155	WIECZOREK Dawid	638	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37	01:27:34	01:31:04
156	KAWELCZYK Robert	973		M-40	00:00:04	00:21:07	00:42:45	01:05:25		01:31:07
157	FRAĆ Dariusz	1296	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24	01:27:33	01:31:09
158	DRAGA Marek	773		M-40	00:00:07	00:21:08	00:43:33	01:06:38	01:27:24	01:31:11
159	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54	01:27:41	01:31:11
160	WAWRZYNIAK Mariusz	780	DIKOM	M-30	00:00:37	00:22:37	00:45:05	01:07:46	01:27:51	01:31:21
161	SLUPINA Maciej	270		M-30	00:00:05	00:21:54	00:44:42	01:07:28	01:27:40	01:31:22
162	BERNACKI Eugeniusz	1006	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45	01:27:46	01:31:24
163	MYKAŁA Rafał	393	NBK	M-40	00:00:19	00:23:23	00:46:39	01:09:58	01:28:29	01:31:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
164	BOROWIAK Piotr	465		M-40	00:00:39	00:23:03	00:46:19	01:09:23		01:31:36
165	BRYKOWSKI Przemysław	500	RUN AND FUN TEAM	M-30	00:00:15	00:23:10	00:46:13	01:08:35	01:28:12	01:31:42
166	SADŁO Tomasz	278	KOLEGIUM SĘDZIÓW ZABRZE	M-30	00:00:27	00:22:51	00:45:55	01:08:41	01:28:14	01:31:47
167	ZASADA Adrian	756	BETANIA TEAM	M-20	00:00:07	00:21:42	00:43:48	01:06:07	01:27:32	01:31:48
168	BEZUSZKO Tomasz	206		M-40	00:01:08	00:23:26	00:46:17	01:08:32	01:28:13	01:31:49
169	KSIĄŻKIEWICZ Bartłomiej	732	ROCKY BALBOA RUNNING CLUB	M-30	00:00:03	00:21:20	00:43:54	01:07:14	01:28:02	01:31:50
170	SIKORA Rafał	849	NIGHT RUNNERS ZABRZE	M-30	00:00:15	00:21:52	00:45:03	01:07:58	01:28:22	01:32:01
171	ĆWIKLIŃSKI Piotr	932	KLUB ŻEGLARSKI ZAGŁĘBIE	M-30	00:00:13	00:23:15	00:46:08	01:08:49	01:28:32	01:32:03
172	PIENIAŻEK Krzysztof	318		M-40	00:00:24	00:22:34	00:45:25	01:08:18	01:28:28	01:32:04
173	GRAETSCH Sebastian	1266		M-30	00:00:07	00:21:06	00:43:01	01:06:03	01:28:11	01:32:08
174	PUC Paweł	1104		M-30	00:00:16	00:21:03	00:43:12	01:06:42	01:28:16	01:32:11
175	BYLINOWSKI Oleg	1307	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56	01:28:37	01:32:13
176	JANIK Johan	1177	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40	01:28:31	01:32:13
177	NIŻNIKIEWICZ Grzegorz	577		M-40	00:00:09	00:22:35	00:45:46	01:08:47	01:28:41	01:32:17
178	DZIEDZIC Andrzej	582	BHP	M-40	00:00:11	00:21:54	00:44:53	01:08:16	01:28:41	01:32:19
179	KLYSZCZ Michał	382		M-20	00:01:37	00:24:19	00:46:57	01:09:26	01:28:47	01:32:19
180	ROSIKOŃ Tomasz	934		M-30	00:00:20	00:22:33	00:45:16	01:08:09	01:28:36	01:32:20
181	LESZCZYŃSKI Mariusz	843		M-40	00:00:13	00:22:33	00:45:12	01:08:16	01:28:38	01:32:21
182	CHOJNA Zygmunt	933	SOCIOS GÓRNIK	M-50	00:00:04	00:21:43	00:44:55	01:08:12	01:28:45	01:32:22
183	SMUDA Grzegorz	1138		M-30	00:00:00	00:22:57	00:45:54	01:08:47	01:28:49	01:32:23
184	BURZAWA Grzegorz	1518		M-30	00:00:12	00:23:30	00:46:45	01:09:42		01:32:30
185	SKOWROŃSKI Michał	993		M-20	00:00:45	00:23:13	00:46:26	01:09:23	01:29:08	01:32:39
186	ŁYCZAK Artur	653	VIBOVIT KNURÓW	M-40	00:00:21	00:22:35	00:45:40	01:08:53	01:29:05	01:32:41
187	WILK Andrzej	605		M-30	00:01:12	00:22:16	00:45:13	01:08:21	01:29:01	01:32:43
188	MADEJCZYK Tomasz	381	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44	01:29:02	01:32:44
189	KĄLAMARZ Mariusz	1099	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23	01:29:07	01:32:46
190	BULIŃSKI Przemysław			M-20	00:00:33	00:22:26	00:45:22	01:08:32	01:29:09	01:32:57
191	BOROWSKI Piotr	177	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40	01:29:20	01:32:58
192	DZIUBAŃSKI Grzegorz	1110	OPEL ACTIVE TEAM	M-30	00:00:07	00:21:06	00:42:57	01:06:37	01:28:56	01:32:59
193	KĘDZIOR Łukasz	536	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14	01:29:20	01:33:02
194	BRONOWSKI Dariusz	276	SZOMBIERKI RUNNERS / BIEGAM PO ŚLĄSKU	M-30	00:00:40	00:23:29	00:46:44	01:09:38	01:29:50	01:33:13
195	BUJOK Mariusz	787		M-30	00:00:30	00:22:37	00:45:16	01:08:08	01:29:16	01:33:14
196	ZDEBEL Dariusz	401		M-40	00:00:06	00:22:33	00:45:27	01:08:58	01:29:38	01:33:19
197	PODRYGAŁA Tomasz	1223	RYBNICKA GRUPA BIEGOWA	M-40	00:00:24	00:22:33	00:45:40	01:09:02	01:29:46	01:33:22
198	MAJEREK Marek	199		M-40	00:00:10	00:22:38	00:45:44	01:08:57	01:29:40	01:33:30
199	SZCZEPAŃSKI Tomasz	964		M-30	00:00:13	00:23:03	00:46:26	01:09:37	01:29:54	01:33:32
200	LOSKA Tomasz	644	TOMASZ LOSKA	M-20	00:00:22	00:24:10	00:47:47	01:10:39	01:30:03	01:33:32
201	MARCINIAK Damian	750		M-20	00:00:11	00:22:29	00:46:04	01:09:27	01:29:54	01:33:35
202	OZIĘBAŁA Ignacy	284	WKB META LUBLINIEC	M-60	00:01:29	00:23:31	00:46:32	01:09:50	01:30:03	01:33:35
203	ŚWIDEREK Andrzej	460	MIECHOWICKA GRUPA BIEGOWA	M-50	00:00:38	00:23:31	00:46:46	01:09:40	01:29:58	01:33:38
204	GŁOWACKI Jordan	727	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51	01:29:56	01:33:39
205	MARKOWSKI Przemysław	700	MIECHOWICKA GRUPA BIEGOWA	M-20	00:00:10	00:25:09	00:47:14	01:09:56	01:30:02	01:33:40
206	GOCYK Leszek	572		M-30	00:00:31	00:23:03	00:46:18	01:09:39	01:29:57	01:33:40
207	JACHIMOWSKI Waldemar	383	VIBOVIT KNURÓW	M-40	00:00:21	00:22:36	00:45:40	01:08:54	01:30:04	01:33:41
208	GAŁKIEWICZ Marcin	1046	WOJEWÓDZKIE POGOTOWIE RATUNKOWE W KATOWICACH	M-30	00:00:20	00:23:34	00:46:41	01:09:58	01:30:08	01:33:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
209	MISZTAL Kamil	1012		M-30	00:00:22	00:23:20	00:46:36	01:09:56	01:30:14	01:33:45
210	KUKUCZKA Mateusz	846		M-30	00:00:29	00:23:22	00:46:55	01:09:50	01:30:07	01:33:48
211	PIETREK Daniel	1034		M-40	00:00:14	00:23:28	00:46:44	01:10:03	01:30:17	01:33:50
212	FLASIŃSKI Michał	912		M-30	00:00:17	00:23:03	00:46:20	01:09:54		01:33:51
213	SKOWRON Marcin	714		M-30	00:00:14	00:23:30	00:46:46	01:10:05		01:33:52
213	CZAJA Jarosław	502	FUTURE PROCESSING RUNNING TEAM	M-30	00:00:15	00:23:29	00:46:45	01:10:04	01:30:22	01:33:52
215	MEKIER Bartek	262		M-30	00:00:22	00:23:21	00:46:37	01:09:56	01:30:16	01:33:55
216	ANDRACZEK Bartosz	1265		M-40	00:00:17	00:23:11	00:46:34	01:09:36	01:30:20	01:33:56
217	ZAWADA Sebastian	350	BIEGAMY DLA LAURY	M-30	00:00:20	00:22:31	00:46:05	01:09:51	01:30:19	01:33:56
218	MILLER Ryszard	639	BIEGNĘ, ŻEBY BARTEK MÓĞŁ BIEGAĆ	M-50	00:00:30	00:23:13	00:46:29	01:09:49	01:30:12	01:33:57
219	SZWAJNOCH Piotr	584	IMPERIAL PIOTR SZWAJNOCH	M-30	00:00:23	00:22:51	00:46:23	01:09:51		01:33:58
220	HULIN Sebastian	885	UKS JUDO MYSŁOWICE	M-40	00:01:24	00:23:54	00:47:03	01:10:03	01:30:18	01:33:58
221	PODOLAK Alfred	1501	PIAST GLIWICE	M-50	00:00:15	00:23:26	00:46:43	01:10:02	01:30:20	01:34:00
222	GOLEC Ryszard	145	KT ŻYWIEC	M-40	00:00:13	00:23:23	00:46:40	01:10:06		01:34:01
223	PODGÓRSKI Tomasz	541		M-30	00:00:39	00:24:03	00:47:26	01:10:27	01:30:21	01:34:01
224	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05	01:30:23	01:34:03
225	PACAN Tomasz	448		M-30	00:00:14	00:23:29	00:46:46	01:10:05	01:30:32	01:34:16
226	BELUCH Witold	322		M-40	00:00:17	00:23:26	00:46:32	01:09:56	01:30:27	01:34:17
227	BORSIAK Sebastian	151		M-30	00:01:01	00:23:23	00:46:36	01:10:05	01:30:37	01:34:17
228	PRACKI Dariusz	473		M-30	00:01:33	00:23:22	00:46:52	01:10:14	01:30:44	01:34:26
229	SUTKOWSKI Jan	614		M-30	00:00:51	00:23:56	00:47:36	01:10:53	01:30:50	01:34:28
230	KADZIELA Jan	795		M-30	00:00:19	00:23:25	00:46:41	01:10:03	01:30:39	01:34:30
231	TYCZYŃSKI Ryszard	1075	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57	01:30:48	01:34:34
232	CZAUDERNA Adrian	179	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02	01:30:48	01:34:39
233	TRZASKALIK Piotr	1137		M-40	00:00:08	00:23:36	00:46:53	01:10:23	01:30:59	01:34:43
234	TYRTANIA Tomasz	925	BOR TEAM BORUSZOWICE	M-40	00:00:11	00:24:23	00:48:31	01:11:31	01:31:22	01:34:49
235	NOCOŃ Sławek	831	GNAJ FRETKA, GNAJ... SZYBCIEJ, SZYBCIEJ !!!	M-40	00:00:09	00:22:55	00:46:07	01:09:53	01:31:00	01:34:58
236	SYDA Andrzej	1225	GORKI TEAM	M-40	00:00:05	00:22:24	00:45:45	01:09:44	01:31:12	01:35:00
237	RIMPLER Łukasz	1050	BIEGNĘ DLA ZUZI	M-30	00:00:16	00:23:36	00:47:09	01:10:44	01:31:23	01:35:02
238	IMIOŁEK Krzysztof	717		M-30	00:00:14	00:23:29	00:46:46	01:10:07		01:35:05
239	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59	01:31:11	01:35:05
240	SKRZYPCZYK Paweł	948		M-40	00:00:22	00:22:52	00:46:35	01:10:11	01:31:17	01:35:07
241	SZOŁTYSEK Wojciech	1128	OCHAJORUN&FRIENDS	M-40	00:00:22	00:23:47	00:47:25	01:10:57	01:31:25	01:35:08
242	SZPONARSKI Paweł	1020	MASAKRA RZECZYCE	M-40	00:00:31	00:22:51	00:45:59	01:09:23	01:31:04	01:35:08
243	TRZASKA Wojciech	935	FUCHS OIL TEAM	M-20	00:01:08	00:24:56	00:49:26	01:12:42	01:31:52	01:35:10
244	SIEKIERKA Janusz	76		M-30	00:00:07	00:23:11	00:46:54	01:10:19	01:31:21	01:35:11
245	PACUŁA Piotr	194	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17	01:31:30	01:35:16
246	SZCZYRA Jan	592	ISTA BIEGAMY	M-30	00:01:11	00:23:25	00:47:19	01:10:49	01:31:32	01:35:16
247	GAWEŁKO Janusz	953		M-50	00:00:11	00:23:13	00:46:49	01:10:24	01:31:31	01:35:17
248	KUSEK Andrzej	1226		M-40	00:00:25	00:25:32	00:49:52	01:13:05	01:32:01	01:35:19
249	ŻEBROWSKI Cezary	1115		M-50	00:00:07	00:21:46	00:45:27	01:09:53	01:31:34	01:35:28
250	JEZUSEK Piotr	432	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10	01:31:13	01:35:28
251	KURCZEK Tomasz	484		M-40	00:00:11	00:23:23	00:47:07	01:10:56	01:31:42	01:35:31
252	WRÓBEL Adam	59		M-30	00:01:54	00:22:30	00:45:40	01:09:29		01:35:35
253	SZNYDER Wojciech	439	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33	01:31:58	01:35:38

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
254	NAWRAT Piotr	132		M-30	00:00:05	00:21:47	00:45:14	01:09:26	01:31:35	01:35:40
255	MAZUR Krzysztof	1007	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01	01:31:53	01:35:42
256	GRAJNY Piotr	1153	AMATORSKIE BIEGANIE/ULKS LACHOWICE	M-40	00:00:39	00:23:46	00:46:56	01:11:01	01:31:53	01:35:45
257	PLUSZKE Paweł	880	BIEGACZE CSR	M-20	00:01:36	00:25:49	00:50:31	01:13:43	01:32:23	01:35:48
258	WALKOWSKI Kamil	943	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:11:44	01:32:30	01:36:08
259	WALICKI Bogdan	1047	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:44	00:47:47	01:11:38	01:32:33	01:36:10
260	BONK Sebastian	82	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09	01:32:21	01:36:11
261	GĄSZCZYK Grzegorz	1152	NOWA HUTA TEAM	M-40	00:00:31	00:24:03	00:48:11	01:11:20	01:32:17	01:36:13
262	SŁODKOWSKI Marek	392	MALA PANA ZAWADZKIE	M-30	00:00:39	00:22:46	00:45:59	01:09:44	01:32:12	01:36:18
263	RUTKOWSKI Michał	224		M-20	00:01:16	00:24:51	00:48:58	01:12:29	01:32:41	01:36:18
264	KUBIS Adrian	954		M-40	00:00:21	00:23:47	00:47:22	01:11:01	01:32:23	01:36:19
265	SOSINOWSKI-MRÓZ Tomasz	1123	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:17	00:23:34	00:48:05	01:12:02	01:32:37	01:36:20
266	BUCHAŁA Bartek	479		M-30	00:01:30	00:24:09	00:48:09	01:11:37	01:32:26	01:36:22
267	KUBACZ Piotr	227		M-40	00:00:28	00:23:58	00:48:01	01:12:00	01:32:51	01:36:24
268	ZASUŃ Marcin	1315		M-30	00:00:17	00:23:30	00:46:50	01:10:52	01:32:31	01:36:26
269	JASIŃSKI Dawid	802		M-16	00:00:52	00:23:50	00:47:15	01:11:28	01:32:33	01:36:27
270	GORCZYCA Jakub	808		M-40	00:00:07	00:23:26	00:47:26	01:11:31	01:32:36	01:36:28
271	NITARSKI Patryk	899		M-30	00:01:44	00:23:51	00:47:53	01:11:49		01:36:34
272	GIESE Michał	609		M-30	00:01:43	00:23:52	00:47:54	01:11:50	01:32:47	01:36:35
273	FLORIAN Krzysztof	459		M-30	00:00:23	00:23:44	00:47:24	01:11:42	01:32:58	01:36:37
274	ZIAJA Stefan	453		M-40	00:00:12	00:23:23	00:46:24	01:10:47	01:32:38	01:36:38
275	SZCZEPAŃSKI Rafał	864	OPEL ACTIVE TEAM	M-40	00:00:41	00:23:27	00:46:57	01:11:07	01:32:49	01:36:39
276	SUDNIK Krzysztof	1015		M-30	00:00:15	00:23:29	00:46:47	01:10:15	01:32:26	01:36:40
277	FILIPCZYK Przemysław	995		M-30	00:01:22	00:24:41	00:48:44	01:12:13	01:32:48	01:36:45
278	SZOT Wojciech	11		M-30	00:01:13	00:24:51	00:48:38	01:12:15	01:33:04	01:36:46
279	KRAJEWSKI Michał	818		M-30	00:00:28	00:25:29	00:50:02	01:13:34	01:33:22	01:36:48
280	KIEŁBASA Artur	779	DIKOM	M-30	00:00:37	00:25:28	00:49:35	01:13:00	01:33:10	01:36:48
281	ZAWADZKI Karol	533	RADLIN	M-20	00:01:05	00:25:18	00:49:42	01:13:01	01:33:23	01:36:51
282	GARUS Tomasz	611	304	M-20	00:00:52	00:23:56	00:47:41	01:11:39	01:33:04	01:36:54
283	STANISŁAWCZUK Sebastian	689		M-30	00:00:13	00:23:20	00:46:43	01:10:43	01:33:00	01:36:57
284	KUSZ Janusz	706		M-30	00:00:24	00:23:29	00:47:30	01:12:03	01:33:12	01:37:00
285	GIEROŃ Bartosz	920		M-20	00:00:15	00:22:06	00:45:37	01:10:21	01:33:01	01:37:02
286	MULEWSKI Bogdan	454	NIGHT RUNNERS ZABRZE	M-40	00:01:27	00:25:11	00:49:17	01:13:04	01:33:21	01:37:02
287	GRONDYS Michał	17	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00	01:33:10	01:37:08
288	MARCOL Tomasz	941		M-20	00:01:14	00:23:46	00:48:12	01:12:21	01:33:17	01:37:10
289	SKOLUDEK Robert	98		M-20	00:00:36	00:24:54	00:49:29	01:13:20		01:37:17
290	ADAMSKI Kamil	655	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06	01:33:32	01:37:17
291	BŁASZCZYK Marek	495	OPEL ACTIVE TEAM GLIWICE	M-40	00:00:16	00:24:04	00:48:19	01:12:21		01:37:18
292	STACHOWICZ Michał	407	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58	01:33:33	01:37:19
293	MIECZNIKOWSKI Jacek	1173		M-40	00:00:25	00:24:50	00:49:13	01:13:17	01:33:56	01:37:30
294	CHMURKO Michał	1278		M-30	00:00:26	00:24:00	00:48:39	01:13:03	01:33:49	01:37:31
295	SZULC Sebastian	114	EXLABS	M-20	00:00:13	00:24:14	00:47:58	01:11:34	01:33:29	01:37:33
296	NITKA Sebastian	52		M-40	00:00:30	00:23:40	00:47:49	01:11:54		01:37:37
297	LUBICKI Wojciech	14	TRIUMF	M-50	00:00:13	00:24:02	00:48:11	01:12:24	01:33:42	01:37:39
298	PIŁAT Jarosław	65	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-30	00:00:11	00:22:27	00:46:01	01:11:17	01:33:42	01:37:43

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
299	DESZYŃSKI Damian	590	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56	01:33:41	01:37:44
300	KŁOSOWSKI Karol	237	LOS TREPOS COMPANIEROS	M-30	00:00:38	00:22:25	00:46:08	01:11:02	01:33:39	01:37:44
301	HADZIK Rafał	602		M-30	00:00:37	00:24:32	00:49:06	01:13:37	01:34:06	01:37:47
302	LEBEK Adam	503	VEGE RUNNERS	M-20	00:00:30	00:23:56	00:48:30	01:12:59	01:34:08	01:37:51
303	TOMAL Marek	1314		M-50	00:00:15	00:23:44	00:48:06	01:12:25	01:34:01	01:37:52
304	MAĆZKA Bronisław	987		M-60	00:00:32	00:23:58	00:47:55	01:12:21	01:34:10	01:38:05
305	ŁAKOMSKI Marcin	203		M-40	00:00:32	00:24:50	00:49:36	01:13:44	01:34:22	01:38:07
306	ORLIK Jerzy	340	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52	01:34:15	01:38:07
307	PLOCH Adam	886		M-30	00:01:09	00:24:24	00:48:56	01:12:28	01:34:10	01:38:10
308	BEHRENDT Bartek	695	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32	01:34:26	01:38:14
309	KILIJANEK Adrian	1163		M-30	00:01:09	00:24:11	00:48:20	01:13:05	01:34:21	01:38:14
310	ULIASZ Krzysztof	979		M-30	00:00:59	00:24:13	00:48:52	01:13:19	01:34:24	01:38:17
311	NOWAK Mariusz	813	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36	01:34:38	01:38:25
312	WALSKI Łukasz	680	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13	01:34:42	01:38:25
313	FAŁEK Krzysztof	475		M-40	00:01:08	00:25:20	00:49:13	01:13:11	01:34:34	01:38:29
314	PTASZYŃSKI Tomasz	157	STARY HANGAR	M-30	00:00:16	00:23:11	00:46:50	01:12:39	01:34:44	01:38:31
315	KRUK Tomasz	861	NYSA BIEGA	M-40	00:01:23	00:24:23	00:48:15	01:12:38	01:34:38	01:38:31
316	CICHY Andrzej	651	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35	01:34:45	01:38:34
317	WANDOCH Tyberiusz	333	CARRY ON WCZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46	01:34:34	01:38:35
318	FUGOWSKI Roman	380		M-50	00:00:13	00:23:53	00:47:45	01:12:02	01:34:33	01:38:39
319	PĘDOWSKI Wojciech	1056		M-50	00:00:54	00:25:15	00:50:39	01:14:31	01:34:59	01:38:39
320	HAŁADUS Dominik	1026	ŻYCIE CZĘSTOCHOWY TEAM	M-30	00:00:19	00:24:11	00:48:36	01:13:06	01:34:55	01:38:51
321	SOLICH Patryk	1208	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02	01:34:57	01:38:53
322	BIERNAT Wojtek	93	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46	01:34:48	01:38:55
323	HOŁYŃSKI Tomasz	477		M-40	00:00:28	00:24:06	00:48:40	01:13:16	01:35:07	01:38:55
324	WALASZEK Sławomir	507		M-30	00:00:27	00:24:08	00:48:43	01:13:20	01:35:10	01:38:57
325	SZEWCZYK Michał	911		M-20	00:01:05	00:23:22	00:47:42	01:12:13	01:34:50	01:38:57
326	CHWALISZEWSKI Jarosław	585	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54	01:35:04	01:39:00
327	KUCZMA Jarosław	161		M-40	00:00:30	00:25:10	00:49:56	01:14:27	01:35:15	01:39:01
328	NOGA Łukasz	879	ZDZIERAJ KAPCIE	M-30	00:00:07	00:23:13	00:47:35	01:12:57	01:35:15	01:39:03
329	MIROWSKI Zbigniew	1098	48605681921	M-50	00:00:20	00:24:45	00:49:14	01:13:45	01:35:09	01:39:04
330	SZEREMETA Andrzej	759	PZU SPORT TEAM	M-40	00:00:13	00:23:40	00:48:13	01:13:08	01:35:27	01:39:16
331	PANZ Krzysztof	838		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:38	01:39:19
332	FILIPIAK Hieronim	1171	KADRA BOBREK-CENTRUM	M-40	00:00:16	00:25:35	00:50:12	01:14:34	01:35:36	01:39:20
333	STASIK Krzysztof	666	LOGTECH TEAM RADZIONKÓW	M-30	00:00:17	00:23:48	00:48:22	01:13:17	01:35:15	01:39:22
334	NOWAKOWSKI Jarosław	555	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39	01:35:39	01:39:23
335	RAJTOR Paweł	558		M-30	00:00:16	00:25:47	00:50:39	01:15:09	01:35:43	01:39:28
336	PIKTAS Paweł	811		M-40	00:00:10	00:23:23	00:46:50	01:11:51	01:35:13	01:39:30
337	MALEC Arkadiusz	875		M-30	00:01:21	00:24:15	00:49:33	01:14:30	01:35:47	01:39:31
338	TEICHMANN Norbert	1002		M-50	00:01:21	00:25:43	00:50:56	01:14:47		01:39:37
339	ZIELONKA Jacek	457		M-30	00:00:45	00:25:07	00:49:47	01:14:22	01:35:55	01:39:40
340	NIEDZIELA Janusz	850		M-30	00:00:34	00:23:08	00:46:45	01:11:49	01:35:14	01:39:41
341	BIAŁAS Krzysztof	47	ZESPÓŁ SZKÓŁ NR 2 W RUDZIE ŚLĄSKIEJ	M-40	00:01:07	00:26:10	00:51:29	01:15:57	01:36:10	01:39:43
342	NAWARA Arkadiusz	720		M-20	00:01:10	00:25:03	00:49:26	01:13:58	01:35:51	01:39:46
343	STRUG Mariusz	800		M-40	00:01:14	00:25:01	00:49:29	01:14:05	01:35:51	01:39:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
344	FRANKIEWICZ Artur	915		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:52	01:39:48
345	KOWAL Bartosz	95		M-30	00:01:06	00:24:07	00:48:21	01:13:23	01:35:40	01:39:49
346	OCHMAN Ireneusz	234	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39	01:36:02	01:39:55
347	ŻÓRAW Tomek	754	BETANIA TEAM	M-20	00:00:10	00:21:42	00:46:24	01:11:40	01:35:24	01:39:56
348	PIELKA Erwin	197		M-50	00:00:24	00:22:41	00:45:55	01:11:10	01:35:34	01:39:58
349	PRENZENA Paweł	64		M-20	00:00:19	00:22:46	00:47:32	01:13:09	01:36:06	01:40:00
350	ŁOBKO Adam	1052		M-40	00:01:10	00:25:18	00:49:32	01:14:30	01:36:03	01:40:04
351	KOTAJNY Piotr	704		M-40	00:00:34	00:24:59	00:49:31	01:14:00	01:36:02	01:40:06
352	STANIK Bogdan	763	6 BPD	M-30	00:00:59	00:24:24	00:49:03	01:14:16	01:36:11	01:40:08
353	WÓJCIK Rafał	807		M-30	00:00:19	00:24:49	00:49:48	01:14:47	01:36:28	01:40:10
354	KONIK Tomasz	370	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09	01:36:23	01:40:12
355	RYBIŃSKI Łukasz	854	EŁKA TEAM	M-30	00:00:47	00:23:24	00:47:37	01:12:24	01:36:04	01:40:13
356	JAMRÓZ Wojciech	625		M-40	00:00:09	00:21:24	00:45:56	01:11:50	01:35:46	01:40:14
357	MODZELEWSKI Michał	1074		M-30	00:01:01	00:25:04	00:50:22	01:14:45	01:36:28	01:40:17
358	KOSMACZEWSKI Michał	684		M-20	00:00:20	00:23:49	00:48:03	01:13:03	01:36:06	01:40:22
359	KABAŁA Sebastian	1241		M-40	00:00:16	00:25:26	00:50:52	01:15:38	01:36:45	01:40:24
360	DACZYŃSKI Michał	431	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13	01:36:43	01:40:24
361	CZYŻYKOWSKI Marcin	898		M-40	00:01:33	00:25:03	00:49:44	01:14:47	01:36:41	01:40:39
362	KRZYWICKI Jan	923		M-60	00:00:40	00:24:35	00:49:23	01:14:23	01:36:44	01:40:41
363	ZAMOJSKI Bartek	796	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:41	00:24:51	00:49:36	01:14:15	01:36:33	01:40:41
364	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11	01:36:52	01:40:48
365	URBANEK Darek	635	PRZED LIMITEM	M-40	00:00:14	00:24:09	00:49:39	01:15:03	01:37:01	01:40:49
366	STALICA Wojciech	723	IZOERG	M-40	00:00:13	00:24:16	00:49:40	01:15:04		01:40:50
367	KOZIELEC Tomasz	240	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05	01:36:50	01:40:50
368	DAWIEC Michał	418	FAT ZABRZE	M-30	00:01:09	00:25:45	00:50:45	01:15:16	01:36:53	01:40:50
369	DYMNICKI Andrzej	120	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17	01:34:59	01:40:53
370	JAZOWY Tomasz	1261		M-30	00:00:08	00:24:11	00:49:19	01:14:34	01:36:55	01:40:54
371	BORSUK Mirosław	682	NIGHT RUNNERS GLIWICE	M-40	00:01:01	00:25:49	00:50:50	01:15:32	01:37:06	01:40:55
372	GAWROŃSKI Paweł	967		M-40	00:00:35	00:24:47	00:49:17	01:15:04	01:36:51	01:40:56
373	SWOBODA Jarosław	1158	NIGHT RUNNERS GLIWICE	M-30	00:00:59	00:25:51	00:50:51	01:15:34	01:37:07	01:40:57
374	KLAMECKI Marek	789		M-30	00:01:03	00:23:48	00:48:25	01:13:11	01:36:37	01:40:58
375	MACIASZEK Maciek	202		M-30	00:00:09	00:24:25	00:49:36	01:14:33	01:36:55	01:41:02
376	STOLARCZYK Marcin	1291	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02	01:37:03	01:41:03
377	STAŃCZAK Grzegorz	173		M-20	00:00:09	00:23:12	00:47:56	01:13:27	01:36:50	01:41:04
378	JAWOREK Jacek	837	OPEL ACTIVE TEAM	M-30	00:01:02	00:25:03	00:50:48	01:16:16	01:37:20	01:41:05
379	MANDRYSZ Jacek	1055		M-30	00:00:50	00:25:06	00:50:27	01:15:32	01:37:10	01:41:09
380	SPINCZYK Andrzej	1009		M-40	00:00:59	00:24:19	00:49:16	01:14:49	01:37:09	01:41:10
381	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12	01:36:55	01:41:14
382	MAŁEK Andrzej	970	ABAKON	M-20	00:00:33	00:23:40	00:48:33	01:14:00	01:37:05	01:41:14
383	BAK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40	01:37:47	01:41:15
384	DYLONG Piotr	265		M-50	00:01:13	00:24:48	00:49:19	01:14:44	01:37:13	01:41:16
385	GÓRKA Szymon	833		M-30	00:01:19	00:24:43	00:49:05	01:14:26	01:37:12	01:41:17
386	PRZYBYLSKI Mariusz	330		M-40	00:00:26	00:25:39	00:50:59	01:15:43	01:37:20	01:41:20
387	SOBEL Łukasz	419	OPEL ACTIVE TEAM	M-30	00:00:41	00:25:29	00:50:31	01:15:36	01:37:36	01:41:23
388	GRUSZKA Sławomir	740		M-30	00:01:13	00:25:57	00:51:38	01:16:33	01:37:37	01:41:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
389	JASIK Grzegorz	1293	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34	01:37:18	01:41:26
390	CIEŚLIK Paweł	421	CHATEAU CHALIN	M-40	00:00:26		00:51:23	01:16:25	01:37:43	01:41:27
391	KUŹNICKI Tomasz	686		M-30	00:00:31	00:24:02	00:49:06	01:14:33	01:37:16	01:41:27
392	ŻARSKI Sławomir	867		M-50	00:00:39	00:25:05	00:50:22	01:15:24	01:37:31	01:41:28
393	MUCHA Krzysztof	938	TEAM PAPRY 20	M-20	00:01:18	00:24:27	00:48:32	01:14:09	01:37:20	01:41:28
394	KOTNIS Bogusław	620	RFC ACTIVE TEAM	M-40	00:01:31	00:25:24	00:50:59	01:16:10	01:37:36	01:41:28
395	KUCH Paweł	630		M-50	00:00:38	00:24:21	00:49:03	01:14:00	01:37:28	01:41:30
396	LIC Janusz	693		M-40	00:00:23	00:24:07	00:48:05	01:12:44	01:37:04	01:41:32
397	PIETRZAK Marcin	244	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12	01:37:22	01:41:35
398	ZIĘBIK Grzegorz	891		M-30	00:00:46	00:25:18	00:50:48	01:16:11	01:37:48	01:41:37
399	ZAWADZKI Robert	937		M-30	00:00:16	00:25:47	00:50:55	01:16:03	01:37:53	01:41:38
400	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15	01:37:30	01:41:45
401	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52	01:37:41	01:41:45
402	MIERZWA Adam	569		M-40	00:00:22	00:23:21	00:47:43	01:14:26	01:38:04	01:41:47
403	DUDEK Jan	828	HONOROWI DAWCY KRWI	M-40	00:00:25	00:23:17	00:47:57	01:13:35	01:37:29	01:41:48
404	DRYNDA Andrzej	18		M-40	00:00:40	00:25:36	00:51:08	01:16:37	01:38:04	01:41:48
405	SADOWSKI Tomasz	1072		M-30	00:00:36	00:24:40	00:49:30	01:14:38	01:37:42	01:41:49
406	SELIGA Paweł	60	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26	01:37:41	01:41:50
407	KOZIEŁ Kamil	893		M-30	00:00:30	00:25:33	00:50:52	01:16:01	01:37:55	01:41:52
408	STULIK Paweł	661		M-30	00:00:22	00:23:55	00:48:40	01:14:19	01:37:45	01:41:53
409	JARUGA Damian Izabela	944	DIKOM.PL	M-30	00:00:36	00:25:39	00:50:54	01:15:54	01:37:55	01:41:56
410	KOLODZIEJ Jacek	70	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10	01:38:04	01:41:59
411	GRUSZCZYŃSKI Bogusław	902		M-60	00:00:32	00:24:57	00:50:16	01:15:28	01:38:03	01:42:04
412	KASZUBSKI Andrzej	1212	SBRT GLIWICE	M-30	00:00:40	00:23:02	00:47:13	01:14:00	01:38:22	01:42:07
413	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58	01:38:20	01:42:08
414	KOŁODZIEJ Kamil	1276	PB TEAM PYSKOWICE	M-30	00:00:27	00:25:39	00:51:03	01:16:24	01:38:20	01:42:08
415	BRZEZINA Arkadiusz	54	TARNOGÓRSKA GRUPA BIEGOWA	M-30	00:00:29	00:25:38	00:51:20	01:16:38	01:38:18	01:42:10
416	KIDOŃ Krzysztof	877	BYTOM	M-30	00:00:30	00:23:51	00:48:43	01:14:32	01:37:57	01:42:10
417	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01	01:38:13	01:42:10
418	WIEKIERA Adam	385		M-30	00:00:11	00:23:41	00:48:09	01:13:53	01:37:52	01:42:13
419	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43	01:37:28	01:42:14
420	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35	01:38:14	01:42:16
421	RENKE Piotr	565	BAUREN TEAM	M-40	00:00:33	00:24:44	00:49:48	01:15:18	01:38:09	01:42:16
422	BOCZAROWSKI Michal	1014	EXPERT TRAVEL	M-40	00:00:45	00:24:57	00:50:02	01:15:15	01:38:07	01:42:18
423	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24	01:37:41	01:42:19
424	KORPETTA Andrzej	568		M-40	00:01:13	00:25:56	00:51:38	01:16:41	01:38:23	01:42:20
425	MASARCZYK Wojciech	269	NIEZRZESZONY	M-20	00:00:17	00:23:55	00:48:45	01:17:00	01:38:34	01:42:23
426	SOŚNIAK Tomasz	25	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10	01:38:22	01:42:24
427	MRÓZ Dawid	746		M-30	00:01:50	00:25:40	00:51:33	01:16:15	01:38:27	01:42:24
428	HAJDA Marek	749		M-40	00:00:41	00:24:48	00:50:26	01:15:42	01:38:33	01:42:25
429	WALCZAK Mateusz	734		M-30	00:00:30	00:25:30	00:50:56	01:16:18	01:38:30	01:42:26
430	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01	01:38:17	01:42:30
431	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06	01:38:19	01:42:32
432	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55	01:38:42	01:42:32
433	POKRYSZKA Bartosz	156	KOMBO KURCZAKI	M-30	00:00:25	00:25:42	00:51:21	01:16:54	01:38:50	01:42:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
434	IZBICKI Zbigniew	1113		M-40	00:00:28	00:25:25	00:50:33	01:15:52	01:38:30	01:42:34
435	PATYNEK Sebastian	516	BRAK	M-30	00:00:18	00:25:22	00:51:05	01:16:29	01:38:52	01:42:36
436	FIDOR Damian	924	RUNHOGS TYCHY	M-30	00:00:24	00:25:40	00:51:21	01:16:53	01:38:50	01:42:36
437	ROŻEK Jacek	53	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21	01:38:42	01:42:36
438	ZAJDEL Dariusz	390		M-50	00:00:30	00:25:42	00:51:20	01:16:48		01:42:37
439	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54	01:38:51	01:42:39
440	WAŚ Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21	01:38:43	01:42:41
441	KŁYK Dominik	1127	RUN FOREST! RUN!!!	M-30	00:00:29	00:26:11	00:51:24	01:16:51		01:42:41
442	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58	01:38:54	01:42:43
443	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58	01:38:53	01:42:43
444	MILER Ireneusz	182		M-30	00:01:23	00:25:54	00:51:29	01:16:31	01:38:37	01:42:43
445	RAWŁUSZEWICZ Maksymilian	956		M-20	00:00:13	00:25:16	00:51:02	01:16:39	01:38:42	01:42:44
446	RAWŁUSZEWICZ Waldemar	674		M-50	00:00:12	00:25:17	00:51:03	01:16:40	01:38:43	01:42:45
447	FAMUŁA Tomasz	389	FUTURE PROCESSING RUNNING TEAM	M-30	00:01:19	00:25:49	00:51:29	01:17:18		01:42:45
448	MAY-MAJEWSKI Michał	793		M-30	00:00:48	00:25:35	00:51:01	01:16:19		01:42:46
449	PYTLASIŃSKI Adam	672	AKTYWNE ZABRZE	M-40	00:00:14	00:24:28	00:49:23	01:14:38	01:38:37	01:42:48
450	POGORZAŁEK Mateusz	1231		M-20	00:00:45	00:25:57	00:51:33	01:16:37	01:38:53	01:42:49
451	GORECKI Janusz	361		M-50	00:00:18	00:25:22	00:51:05	01:16:29	01:38:54	01:42:50
452	ORZECH Michał	857	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04	01:38:26	01:42:50
453	SPIECHOWICZ Andrzej	703	POLICJA	M-30	00:01:42	00:24:33	00:49:27	01:15:12	01:38:36	01:42:50
454	ZAWADA Marcin	79	NIGHT RUNNERS	M-20	00:01:12	00:25:57	00:50:54	01:16:18		01:42:51
455	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12	01:38:59	01:42:58
456	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53	01:38:55	01:43:04
457	KARSKI Oskar	745		M-20	00:01:02	00:25:19	00:50:52	01:16:23	01:39:03	01:43:06
458	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11	01:39:12	01:43:08
459	ADAMOWSKI Jacek	1005	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31	01:38:44	01:43:08
460	CHROBOK Mateusz	164	NIGHT RUNNERS ZABRZE	M-20	00:00:16	00:23:48	00:48:22	01:13:53	01:38:34	01:43:16
461	KNUTELSKI Mariusz	1155		M-30	00:00:18	00:23:36	00:48:41	01:14:49	01:38:51	01:43:17
462	MAJDA Kamil	786	PSYCHONAUCI	M-30	00:00:53	00:25:37	00:50:29	01:15:02	01:38:50	01:43:24
463	DYDO Arkadiusz	865		M-40	00:00:22	00:25:39	00:51:08	01:16:52	01:39:18	01:43:27
464	CZERNY Michał	464		M-30	00:01:08	00:25:51	00:51:35	01:17:07		01:43:33
465	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40	01:39:36	01:43:34
466	KAFARSKI Robert	829	MALA PANA ZAWADZKIE	M-40	00:00:42	00:25:26	00:50:43	01:16:31	01:39:29	01:43:38
467	KĄDZIOŁKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06	01:39:39	01:43:41
468	PAWLIK Wojtek	736		M-30	00:00:25	00:25:46	00:51:53	01:17:54	01:39:54	01:43:42
469	ĆWIKŁA Kamil	315	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10	01:39:20	01:43:43
470	KRUK Krzysztof	842	CROSSFIT ZABRZE	M-30	00:00:26	00:25:32	00:51:25	01:17:18	01:39:50	01:43:45
471	NIESZPOREK Adam	344	RUN-3	M-40	00:00:56	00:25:34	00:50:57	01:16:20	01:39:24	01:43:45
472	IMIOŁEK Arkadiusz	121	ED-CERT	M-40	00:00:15	00:25:24	00:51:11	01:17:01	01:39:42	01:43:46
473	ĆWIK Paweł	1003		M-40	00:00:39	00:25:37	00:51:13	01:17:21	01:39:46	01:43:46
474	KREMPA Sławomir	1030		M-30	00:00:25	00:25:39	00:51:16	01:16:43	01:39:40	01:43:50
475	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04	01:39:42	01:43:50
476	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49	01:39:46	01:43:52
477	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35	01:39:57	01:43:53
478	GOMOLA Zbigniew	461		M-40	00:01:07	00:26:10	00:51:29	01:16:13	01:38:34	01:43:54

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
479	BUDKA Henryk	632		M-50	00:01:25	00:26:43	00:52:02	01:17:21	01:39:50	01:44:01
480	CIEŚLIK Bartłomiej	531	CHATEAU CHALIN	M-30	00:00:26	00:25:39	00:51:23	01:16:58	01:39:47	01:44:05
481	ORZECH Michał	820		M-30	00:00:44	00:24:07	00:49:20	01:15:35	01:39:37	01:44:07
482	PISINGAS Mariusz	1150		M-30	00:01:13	00:25:38	00:51:41	01:17:25	01:39:55	01:44:07
483	RÓG Marcin	1054		M-20	00:00:19	00:25:54	00:51:02	01:15:59	01:39:51	01:44:12
484	FATYGA Arkadiusz	1302		M-30	00:00:56	00:25:10	00:50:28	01:16:00	01:39:52	01:44:15
485	PIETRYSIAK Stefan	772		M-50	00:00:32	00:25:31	00:50:38	01:16:11	01:40:00	01:44:17
486	IZDEBSKI Adrian	527		M-30	00:00:55	00:26:23	00:53:43	01:18:41	01:40:36	01:44:18
487	MOCEK Roman	751		M-50	00:01:54	00:26:19	00:52:14	01:17:55	01:40:11	01:44:19
488	CIEŚLAK Paweł	725		M-30	00:00:44	00:25:08	00:50:41	01:16:33	01:39:50	01:44:20
489	TALKOWSKI Gabriel	1513	EXLABS	M-20	00:00:47	00:26:19	00:52:07	01:18:15	01:40:24	01:44:20
490	STEFAŃCZYK Krzysztof	752		M-30	00:01:28	00:24:49	00:50:06	01:15:59	01:39:54	01:44:21
491	GANSZCZYK Rafał	823	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00	01:40:33	01:44:29
492	TROJAK Grzegorz	1116		M-16	00:01:13	00:26:32	00:52:04	01:17:48	01:40:30	01:44:31
493	DZIDA Janusz	999	EXME BERGER GROUP ZOK SPÓŁKA Z O.O.	M-30	00:00:18	00:24:22	00:50:02	01:16:17	01:40:09	01:44:35
494	KLIKS Andrzej	125	UNISONO	M-40	00:01:09	00:25:21	00:51:14	01:17:28		01:44:38
495	SITEK Grzegorz	892	TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE	M-40	00:00:38	00:25:34	00:51:22	01:17:17	01:40:27	01:44:39
496	ZIOBER Grzegorz	1092	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33	01:40:51	01:44:40
497	PARUZEL Ireneusz	681		M-40	00:00:38	00:24:22	00:49:34	01:15:21	01:40:06	01:44:40
498	WIECHOWSKI Artur	209	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32	01:40:52	01:44:41
499	KOSMAL Marek	1159		M-50	00:01:52	00:27:00	00:53:03	01:18:48	01:40:43	01:44:41
500	WALCZAK Bartłomiej	1287		M-30	00:00:11	00:25:29	00:51:13	01:16:59	01:40:20	01:44:43
501	JAGODA Mateusz	972	FUCHS OIL TEAM	M-20	00:01:10	00:26:28	00:52:52	01:17:54	01:40:44	01:44:43
502	MALINOWSKI Mihał	952		M-30	00:00:38	00:25:26	00:51:06	01:16:51	01:40:20	01:44:44
503	MACYSZYN Waldemar	730		M-50	00:01:34	00:25:30	00:50:47	01:16:37	01:40:12	01:44:45
503	NAWROCKI Paweł	1118		M-40	00:01:34	00:25:30	00:50:47	01:16:37	01:40:11	01:44:45
505	RYZIŃSKI Dariusz	255		M-40	00:01:40	00:25:20	00:51:01	01:17:03		01:44:45
506	MICHALAK Grzegorz	659	TOTALNY AMATOR	M-40	00:00:20	00:24:48	00:50:33	01:17:01	01:40:23	01:44:47
507	STEC Marcin	657	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45	01:40:24	01:44:51
508	ZDANIEWICZ Radosław	1065	PSYCHONAUCI	M-30	00:00:56	00:26:39	00:52:54	01:18:43	01:40:54	01:44:52
509	KUROWSKI Michał	540	NIGHT RUNNERS GLIWICE	M-20	00:01:00	00:25:30	00:51:22	01:17:42	01:40:52	01:44:52
510	MADEJSKI Kamil	1502		M-20	00:00:56	00:25:18	00:51:24	01:17:23	01:40:49	01:44:56
511	DADAŚ Janusz	13		M-40	00:00:37	00:25:37	00:51:15	01:17:02	01:40:40	01:44:58
512	SOREMSKI Dominik	480	BZUT	M-20	00:00:39	00:26:43	00:53:11	01:18:37	01:41:03	01:45:01
513	BAUMERT Rafał	597	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45	01:41:14	01:45:05
514	PANOCHA Daniel	452		M-30	00:01:06	00:25:03	00:50:41	01:16:24	01:40:42	01:45:07
515	CIMAŁA Rafał	598	ISTA BIEGAMY	M-40	00:00:55	00:27:39	00:54:19	01:20:08	01:41:32	01:45:14
516	SIWCZYK Robert	538		M-20	00:01:20	00:24:55	00:50:01	01:15:51	01:40:31	01:45:14
517	SOSZYŃSKI Wojtek	291	PZU SPORT TEAM	M-40	00:00:26	00:25:55	00:51:46	01:17:31	01:41:02	01:45:17
518	MARCINKIEWICZ Paweł	1036	UNIWERSYTET OPOLSKI	M-40	00:00:37	00:25:32	00:51:11	01:17:50	01:41:16	01:45:20
519	GRĄBCZEWSKI Marcin	171		M-30	00:00:21	00:25:43	00:51:31	01:17:21	01:41:11	01:45:21
520	JADCZYK Jarosław	753	JCOMMERCE	M-20	00:01:14	00:26:16	00:52:42	01:18:17	01:41:08	01:45:27
521	KUPKA Bartosz	1232	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21		01:45:32
522	BIEŃKOWSKI Piotr	922		M-20	00:00:21	00:24:01	00:49:12	01:15:49		01:45:33
523	MACIOSZEK Mariusz	712		M-20	00:00:22	00:25:50	00:51:39	01:17:32	01:41:13	01:45:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
524	CZERNIK Andrzej	337		M-60	00:02:18	00:25:39	00:51:15	01:17:19	01:41:19	01:45:33
525	KOWALCZYK Grzegorz	247		M-40	00:00:27	00:23:28	00:47:51	01:14:54	01:40:44	01:45:34
526	BALWIERZ Kamil	907		M-20	00:01:10	00:24:28	00:48:55	01:14:23	01:40:24	01:45:35
527	WICHARY Marcin	594	ISTA BIEGAMY	M-30	00:00:40	00:25:51	00:52:30	01:18:52	01:41:37	01:45:42
528	BUJALSKI Michał	571	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42	01:41:30	01:45:43
529	MACIEJCZYK Marcin	429	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41	01:41:29	01:45:43
530	MIKA Szymon	628		M-20	00:00:14	00:26:20	00:52:46	01:18:37	01:41:32	01:45:44
531	WOJTAS Marcin	593	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32	01:42:06	01:45:46
532	KWAPIEŃ Paweł	1133		M-30	00:00:09	00:25:38	00:51:37	01:17:45	01:41:32	01:45:47
533	WILSZ Adam	27	UNISONO	M-40	00:01:10	00:28:19	00:55:12	01:20:16	01:41:54	01:45:47
534	CZEMPIEL Łukasz	441		M-30	00:01:53	00:26:45	00:52:52	01:18:11	01:41:28	01:45:47
535	LUKOSZEK Marek	349	RUN3	M-40	00:00:56	00:26:06	00:52:18	01:18:08	01:41:26	01:45:55
536	SOJKA Łukasz	1301		M-30	00:01:29	00:25:26	00:51:12	01:17:11	01:41:25	01:45:58
537	ZWALIŃSKI Przemysław	671		M-20	00:00:37	00:22:41	00:47:49	01:14:34	01:41:00	01:46:02
538	JANUSZKA Mariusz	822		M-40	00:00:50	00:26:51	00:53:26	01:19:26	01:42:02	01:46:06
539	WRÓBEL Maciej	1289	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46	01:41:55	01:46:11
540	SZOLC Grzegorz	1078		M-40	00:01:05	00:26:17	00:52:40	01:18:48	01:42:04	01:46:13
541	RABIEJ Rafał	906		M-40	00:00:35	00:25:39	00:51:24	01:17:50	01:41:51	01:46:17
542	KLEWANIEC Jakub	299		M-30	00:00:37	00:25:45	00:51:52	01:18:23	01:42:02	01:46:18
543	WIORA Łukasz	297		M-30	00:00:23	00:25:47	00:51:36	01:17:44	01:41:49	01:46:21
544	KOWALCZYK Robert	599	BIEGAMY	M-40	00:00:46	00:26:12	00:52:50	01:19:16	01:42:16	01:46:30
545	HNATIUK Mateusz	679		M-20	00:01:06	00:27:58	00:54:50	01:20:36	01:42:36	01:46:31
546	GRYSZYN Michał	1035		M-20	00:00:35	00:23:48	00:48:10	01:15:15	01:42:11	01:46:32
547	SIKORA Grzegorz	882		M-40	00:01:51	00:26:35	00:52:38	01:18:56	01:42:13	01:46:34
548	GAWEŁ Krzysztof	1029	NIEZRZESZONY	M-50	00:00:34	00:25:07	00:51:24	01:17:53	01:42:20	01:46:38
549	DROZD Kajetan	677	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39	01:42:18	01:46:39
550	MUSIALIK Jan	991	CARPE DIEM	M-40	00:00:44	00:26:11	00:52:53	01:19:11	01:42:34	01:46:50
551	TUREK Maciej	375		M-40	00:01:06	00:26:20	00:53:30	01:20:17	01:43:03	01:46:52
552	SIKORA Mariusz	758		M-40	00:00:29	00:25:44	00:51:29	01:17:43	01:42:24	01:47:00
553	DOBOSZ Mariusz	130	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30	01:42:45	01:47:01
554	DUDA Piotr	1162		M-30	00:00:36	00:24:42	00:49:26	01:15:02	01:41:35	01:47:04
555	GÓRNIAK Adam	884	HARPAGAN SOSNOWIEC	M-40	00:00:34	00:26:39	00:53:17	01:19:37	01:42:56	01:47:08
556	KWAPIEŃ Aleksander	1111		M-30	00:00:09	00:25:38	00:51:38	01:17:45	01:42:15	01:47:10
557	DYMAREK Łukasz	57	KM PSP GLIWICE	M-30	00:00:18	00:25:56	00:52:11	01:19:02	01:42:47	01:47:10
558	OSIŃSKI Paweł	187	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52	01:42:48	01:47:10
559	CZARNIK Stanisław	848	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:09	00:26:37	00:53:06	01:19:31	01:43:06	01:47:13
560	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48	01:42:33	01:47:15
561	PAWIŃSKI Wojciech	285		M-40	00:00:50	00:27:46	00:55:32	01:21:33	01:43:29	01:47:16
562	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48	01:42:31	01:47:17
563	KOWALSKI Rafał	494		M-20	00:00:47	00:27:21	00:54:20	01:20:47	01:43:16	01:47:17
564	BEDNORZ Adam	1243		M-30	00:00:09	00:25:11	00:52:41	01:19:21	01:43:05	01:47:20
565	KOŁAKOWSKI Bartosz	817		M-20	00:00:50	00:26:08	00:52:40	01:19:27	01:43:05	01:47:21
566	SZESZKO Sławomir	612		M-50	00:01:34	00:27:26	00:54:33	01:20:57	01:43:32	01:47:27
567	KONIECKO Łukasz	545		M-30	00:00:49	00:27:09	00:53:54	01:20:30	01:43:25	01:47:36
568	ZYMELA Dawid	524		M-30	00:00:54	00:25:32	00:51:50	01:18:31	01:43:12	01:47:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
569	BUK Marcin	286		M-20	00:01:53	00:27:19	00:54:11	01:20:49	01:43:37	01:47:37
570	PAWLINA Piotr	103		M-40	00:01:27	00:27:06	00:54:03	01:20:50	01:43:26	01:47:38
571	PODSIADŁY Tomasz	616		M-30	00:00:39	00:27:09	00:53:39	01:19:58	01:43:22	01:47:39
572	SŁUSZNIAK Sławomir	799		M-40	00:01:21	00:25:35	00:51:28	01:18:46	01:43:18	01:47:39
573	ZIMOCH Grzegorz	215		M-30	00:00:12	00:26:19	00:54:41	01:22:40	01:43:44	01:47:43
574	WITEK Jacek	1086	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16	01:43:18	01:47:43
575	ROŻEK Michał	550		M-40	00:01:03	00:26:43	00:53:24	01:20:17	01:43:33	01:47:44
576	SOSNOWSKI Maciej	581		M-30	00:01:24	00:26:59	00:52:29	01:18:48	01:43:07	01:47:44
577	BALCAREK Grzegorz	1073		M-30	00:01:30	00:27:22	00:54:49	01:20:56	01:43:31	01:47:44
578	POKRYSZKA Wojciech	360		M-20	00:00:29	00:25:39	00:51:49	01:18:56	01:43:39	01:47:46
579	PENKALA Artur	131	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30	01:43:22	01:47:49
580	LEWANDOWSKI Henryk	733		M-40	00:01:03	00:25:23	00:51:03	01:17:34	01:43:07	01:47:49
581	KACZOR Rafał	1027	PKO BANK POLSKI	M-40	00:01:27	00:26:32	00:53:08	01:19:45	01:43:33	01:47:49
582	WOŹNIAK Marek	608		M-40	00:00:45	00:26:26	00:53:18	01:19:43	01:43:32	01:47:52
583	GRABOWSKI Maciej	61		M-30	00:00:49	00:26:18	00:52:45	01:19:18	01:43:28	01:47:58
584	KAMPKA Aleksander	149		M-40	00:00:34	00:26:34	00:53:29	01:20:21	01:43:51	01:47:59
585	GRAMATYKA Paweł	631		M-40	00:00:31	00:25:32	00:51:20	01:17:24	01:43:08	01:48:05
586	NOWAKOWSKI Dominik	1294	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13	01:43:19	01:48:07
587	SZUMSKI Tomasz	321		M-40	00:00:27	00:25:52	00:51:47	01:18:47	01:43:38	01:48:16
588	DZIECIAŃKOWSKI Jarosław	1237	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01		01:48:16
589	RATAJCZAK Krystian	1042		M-20	00:01:08	00:27:08	00:53:51	01:21:05		01:48:29
590	WÓJCIK Tomasz	22		M-30	00:01:16	00:26:37	00:53:17	01:19:47	01:44:05	01:48:29
591	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52	01:43:12	01:48:30
592	KOWALCZYK Józef	1045		M-40	00:01:43	00:27:19	00:54:20	01:21:46	01:44:27	01:48:33
593	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06	01:44:27	01:48:37
594	KĘPSKI Albert	784		M-20	00:01:21	00:28:04	00:56:07	01:21:54	01:44:45	01:48:44
595	BABIŃSKI Szymon	263		M-30	00:00:44	00:26:08	00:52:47	01:20:01	01:44:20	01:48:49
596	ZEMŁA Piotr	195		M-40	00:00:42	00:26:25	00:53:40	01:20:46	01:44:33	01:48:51
597	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19	01:44:27	01:48:51
598	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10	01:44:36	01:48:53
599	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45	01:43:59	01:48:57
600	SZMIDT Marcin	1216	SBRT GLIWICE	M-20	00:02:19	00:26:08	00:51:34	01:17:56	01:44:27	01:48:58
601	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11	01:44:40	01:49:02
602	GIERAS Mirosław	469		M-40	00:00:33	00:25:29	00:51:22	01:19:30	01:44:43	01:49:07
603	GADAWSKI Bartłomiej	242	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38	01:44:46	01:49:10
604	HAHN Piotr	532	NORRUN TEAM	M-30	00:00:34	00:27:19	00:54:20	01:21:08	01:44:50	01:49:11
605	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05	01:44:58	01:49:14
606	RYMASZEWSKI Wojciech	20		M-30	00:00:55	00:26:04	00:51:48	01:17:35	01:43:26	01:49:16
607	SZCZEŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22	01:44:44	01:49:19
608	KWIATKOWSKI Krzysztof	1087		M-30	00:00:35	00:24:57	00:51:26	01:19:11	01:44:45	01:49:23
609	KUŚKA Paweł	346		M-30	00:00:45	00:26:03	00:52:55	01:20:12	01:44:54	01:49:26
610	WIERZBICA Adrian	403		M-30	00:00:33	00:27:34	00:54:56	01:21:56	01:45:08	01:49:27
611	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28	01:45:01	01:49:31
612	FUGOWSKI Grzegorz	283		M-30	00:01:33	00:25:47	00:53:00	01:20:45	01:45:18	01:49:32
613	ZELMANOWICZ Jacek	1272		M-40	00:00:24	00:25:24	00:51:51	01:19:29	01:45:15	01:49:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
614	MICHALSKI Bartosz	85		M-40	00:01:14	00:27:21	00:54:28	01:21:31	01:45:20	01:49:40
615	KUZIOR Karol	1256		M-20	00:01:33	00:24:29	00:53:11	01:20:56	01:45:31	01:49:44
616	JAGOSZ Patryk	519	PATRYK JAGOSZ	M-30	00:00:54	00:26:24	00:53:44	01:20:28	01:45:09	01:49:45
617	KOZDRA Krzysztof	579	NIEZRZESZONY	M-50	00:01:38	00:27:25	00:54:39	01:21:28	01:45:31	01:49:46
618	BŁASZCZY SZYŃ Łukasz	135	HEAVY METAL ALL-STAR TEAM	M-30	00:00:58	00:26:58	00:54:08	01:21:04	01:45:17	01:49:48
619	URBANEK Marcin	595	ISTA BIEGAMY	M-30	00:00:46	00:26:21	00:53:29	01:20:23	01:45:12	01:49:50
620	KROPKA Szymon	140	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18	01:45:37	01:49:56
621	SKRABA Krzysztof	1077	AMATOR SZCZYGLOWICE	M-30	00:00:59	00:28:49	00:56:28	01:22:39	01:45:48	01:49:56
622	KOPCIK Tomasz	982	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17	01:45:36	01:49:58
623	SKRZYPCZAK Tomasz	288	KFPR	M-30	00:01:19	00:27:42	00:55:04	01:22:16	01:45:54	01:50:00
624	BIOLIK Piotr	413	--	M-40	00:00:21	00:24:21	00:50:29	01:18:58	01:45:24	01:50:02
625	PŁOTEK Tomasz	561		M-30	00:00:32	00:25:44	00:52:11	01:19:44	01:45:37	01:50:06
626	TATERKA Michał	764		M-20	00:01:37	00:28:14	00:54:10	01:20:48	01:45:42	01:50:06
627	KRUSZYŃSKI Marcin	301	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59	01:45:13	01:50:09
628	TKOCZ Rafał	323		M-30	00:01:09	00:27:22	00:54:37	01:21:58	01:46:03	01:50:14
629	ŁUKASZKIEWICZ Michał	530		M-30	00:00:35	00:25:37	00:51:25	01:18:28	01:45:53	01:50:21
630	MRÓZEK Przemysław	379	KB ŚPIOCHY OPATÓW	M-30	00:00:27	00:26:46	00:54:04	01:21:49	01:45:54	01:50:23
631	IGNASIAK Rafał	378	XXX	M-30	00:00:27	00:26:46	00:54:04	01:21:49	01:45:54	01:50:23
632	BARAŃSKI Grzegorz	111		M-30	00:01:12	00:27:29	00:54:53	01:22:11	01:46:04	01:50:25
633	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50	01:46:03	01:50:27
634	GAŁECZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06	01:46:12	01:50:27
635	JARECKI Ryszard	1180		M-50	00:00:46	00:27:29	00:55:15	01:22:49	01:46:23	01:50:31
636	SZULC Michał	1021	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17	01:50:35
637	LUDWIG Marcin	518		M-30	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17	01:50:36
638	KOWALSKI Zbyszek	913	MARYSIA & SZYMEK TEAM	M-30	00:00:56	00:27:21	00:55:05	01:22:39	01:46:30	01:50:41
639	WOLANIN Maciej	645		M-20	00:00:38	00:27:37	00:55:12	01:22:05	01:46:16	01:50:42
640	URBANKE Bartosz	1305		M-20	00:01:07	00:28:29	00:54:52	01:22:35	01:46:43	01:50:58
641	BIAŁECKI Jan	916	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-60	00:01:09	00:26:35	00:53:16	01:21:15	01:46:23	01:50:58
642	HRYSZKIEWICZ Janusz	467	UNISONO/AKMB PĘDZIWIATR GLIWICE	M-40	00:01:10	00:28:19	00:55:14	01:22:27	01:46:40	01:50:58
643	WYPCHOŁ Piotr	254		M-50	00:01:11	00:27:58	00:54:55	01:22:28	01:46:39	01:50:59
644	MIŚKÓW Marcin	629	ZARAZIĆ PASJĄ	M-30	00:01:20	00:25:05	00:50:15	01:18:24	01:46:16	01:51:05
645	KOSTRZAK Czesław	489	KB ENDURANCE SOLIDARNI KNURÓW	M-50	00:01:02	00:26:45	00:55:00	01:23:15	01:46:55	01:51:06
646	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24	01:46:16	01:51:06
647	GONERA Paweł	676		M-40	00:00:47	00:25:59	00:53:27	01:21:34	01:46:28	01:51:08
648	ADAMCZYK Marcin	364		M-20	00:00:32	00:24:04	00:50:45	01:19:18	01:46:49	01:51:09
649	PACAN Krzysztof	713		M-30	00:00:15	00:25:01	00:51:39	01:19:48	01:46:15	01:51:10
650	JĘDRYCHA Artur	708		M-40	00:00:38	00:27:39	00:55:24	01:22:59	01:46:55	01:51:10
651	JĘDRYCHA Zbigniew	709		M-60	00:00:38	00:27:39	00:55:24	01:22:59	01:46:56	01:51:10
652	KUBIT Bartłomiej	1304		M-30	00:00:55	00:28:41	00:55:02		01:46:54	01:51:10
653	UJMA Michał	962		M-30	00:00:51	00:28:44	00:55:06	01:22:51	01:46:48	01:51:13
654	KAMECKI Maciej	870	GOOD TIME - SPORT	M-30	00:00:42	00:25:44	00:52:00	01:20:12	01:46:32	01:51:20
655	PYZIK Marek	96	OPEL ACTIVE TEAM	M-50	00:00:28	00:26:25	00:53:30	01:21:52	01:46:54	01:51:21
656	GRUSZKA Michał	371		M-40	00:01:26	00:27:37	00:55:44	01:23:44	01:47:14	01:51:22
657	UCHNAST Sebastian	990		M-40	00:01:26	00:27:37	00:55:43	01:23:44	01:47:15	01:51:22
658	PŁOMIN Marcin	1206	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00	01:47:12	01:51:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km	20 km 19.9km
659	SZPALA Ireneusz	897	WKU GLIWICE	M-50	00:01:09	00:27:14	00:55:16	01:23:31	01:47:24	01:51:30
660	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44	01:46:45	01:51:30
661	MACIASZEK Grzegorz	414		M-20	00:00:17	00:27:58	00:55:52	01:22:53	01:46:58	01:51:31
662	HONISZ Andrzej	1179		M-30	00:00:52	00:27:24	00:55:10	01:22:44	01:46:56	01:51:33
663	ROLEK Marcin	73		M-30	00:01:39	00:27:27	00:55:06	01:22:17	01:47:15	01:51:33
664	RENKIEL Tomasz	55	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50	01:47:25	01:51:35
665	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53	01:47:04	01:51:39
666	ŁUSIAK Mariusz	1135		M-30	00:00:45	00:27:33	00:55:21	01:22:55	01:47:10	01:51:41
667	BIERNAT Adam	268		M-40	00:01:38	00:28:06	00:55:49	01:23:20	01:47:40	01:51:46
668	WILIMSKI Tomasz	101	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01	01:47:14	01:51:50
669	TISZBIEREK Henryk	180	SBRT GLIWICE	M-40	00:01:12	00:27:58	00:55:43	01:23:35	01:47:38	01:51:51
670	DĄBROWSKI Marcin	257		M-30	00:01:10	00:26:33	00:54:30	01:22:35	01:47:48	01:51:57
671	POPIEL Artur	21		M-40	00:01:08	00:27:56	00:55:15	01:23:09	01:47:38	01:51:59
672	PRUSKO Adrian	627		M-40	00:00:11	00:25:07	00:52:29	01:20:42	01:47:20	01:52:08
673	MAJEWSKI Grzegorz	108		M-30	00:01:19	00:25:19	00:52:53	01:21:02	01:47:26	01:52:13
674	FEREFCKI Pawel	604		M-30	00:01:15	00:25:40	00:53:16	01:21:55	01:47:47	01:52:17
675	KOŁODZIEJ Paweł	505		M-30	00:00:39	00:27:49	00:55:27	01:23:12	01:47:49	01:52:18
676	KRAJEWSKI Radosław	486		M-30	00:00:41	00:26:05	00:53:18	01:20:38	01:47:12	01:52:27
677	OSIŃSKI Robert	399	NIGHT RUNNERS GLIWICE	M-30	00:00:55	00:28:39	00:56:54	01:24:33	01:48:16	01:52:29
678	STYPA Jerzy	415	STONOGI MILANÓWEK	M-50	00:00:55	00:28:39	00:56:54	01:24:33	01:48:15	01:52:29
679	WIŚNIEWSKI Paweł	1169	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19	01:47:53	01:52:31
680	KOŚNIEWSKI Paweł	245		M-30	00:00:48	00:27:36	00:55:16	01:22:52	01:47:57	01:52:34
681	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57	01:47:49	01:52:37
682	KLEKOWSKI Włodzimierz	1028	NIGHT RUNNERS ZABRZE	M-50	00:00:49	00:27:16	00:54:52	01:22:47	01:48:08	01:52:44
683	PADOŁ Zbigniew	141	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34	01:48:31	01:53:00
684	MAĆZKO Jan	914		M-50	00:01:04	00:27:57	00:56:22	01:24:32	01:48:53	01:53:11
685	STAROŃ Sylwester	470		M-40	00:01:04	00:27:31	00:55:35	01:24:01	01:48:52	01:53:13
686	ROZCIECHA Radosław	1069		M-20	00:01:15	00:27:00	00:54:41	01:22:21	01:48:34	01:53:16
687	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09	01:48:32	01:53:18
688	CZAJKA Aleksander	1124		M-40	00:00:40	00:27:36	00:55:26	01:23:24	01:48:37	01:53:19
689	WIECZOREK Jarosław	2		M-30	00:00:54	00:29:07	00:57:05	01:25:09	01:49:16	01:53:24
690	KOZŁOWSKI Przemysław	549		M-30	00:00:43	00:27:49	00:55:38	01:23:32	01:49:05	01:53:33
691	NAGEL Jan	1227		M-30	00:01:16	00:27:03	00:54:36	01:22:33	01:48:31	01:53:33
692	RYGIEL Sebastian	143		M-30	00:01:54	00:29:04	00:57:51	01:25:35	01:49:13	01:53:35
693	TOCZYDŁOWSKI Łukasz	1095	HALEMBA	M-30	00:01:07	00:28:35	00:56:32	01:24:20		01:53:40
694	DREWUSZEWSKI Maciej	515	4M	M-30	00:00:49	00:25:34	00:54:04	01:22:24	01:49:01	01:53:45
695	WRÓBEL Jarosław	1233		M-30	00:01:25	00:27:34	00:55:15	01:23:32	01:49:27	01:53:52
696	PTAK Leszek	824		M-40	00:00:21	00:26:04	00:53:28	01:22:13	01:49:02	01:53:56
697	ERDMANN Robert	280		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04	01:54:01
698	JANOSZEK Piotr	293		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04	01:54:01
699	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31	01:54:10
700	NIKODON Paweł	343	PLASTIC OMNIUM	M-30	00:01:25	00:26:14	00:51:49	01:21:17	01:49:45	01:54:10
701	CICHOWSKI Marcin	722		M-30	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31	01:54:11
702	BUFNAL Krzysztof	574		M-40	00:01:53	00:29:00	00:56:08	01:24:11	01:49:21	01:54:13
703	WOJTASIŃSKI Robert	819	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:16	00:27:03	00:54:34	01:22:32	01:49:37	01:54:14

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
704	CZAJKA Edward	1234	BRAK	M-40	00:00:47	00:26:27	00:54:12	01:22:45	01:49:44	01:54:15
705	SIUDEK Kazimierz	1088		M-50	00:00:26	00:25:48	00:53:46	01:22:46	01:49:47	01:54:25
706	BUGAJSKI Mariusz	844		M-40	00:00:02	00:24:36	00:52:11	01:21:05	01:49:22	01:54:27
707	KLYTA Wojciech	1284		M-40	00:01:41	00:27:13	00:54:21	01:22:05	01:49:30	01:54:34
708	SZOŁTYSIK Paweł	213	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36	01:49:46	01:54:36
709	BATKO Dawid	711		M-30	00:00:47	00:27:43	00:54:48	01:22:49	01:50:12	01:54:39
710	HEFFNER Remigiusz	762	OPEL ACTIVE TEAM	M-30	00:01:15	00:28:02	00:56:08	01:24:47	01:50:08	01:54:44
711	NOWAKOWSKI Marek	386	AMEC FOSTER WHEELER RUNNING TEAM	M-40	00:01:44	00:27:01	00:54:24	01:22:48	01:49:58	01:54:48
712	GUZDEK Sławomir	940		M-30	00:01:32	00:29:22	00:58:03	01:26:32	01:50:33	01:54:56
713	GUJA Bogusław	858		M-60	00:00:27	00:25:51	00:53:07	01:22:25	01:49:53	01:54:59
714	SZKUDLAREK Michał	761		M-30	00:00:42	00:26:34	00:54:17	01:22:56	01:50:25	01:55:01
715	WIECZORKE Marcin	488		M-40	00:01:05	00:25:26	00:52:56	01:22:23	01:50:14	01:55:02
716	KUROWICZ Marcin	539	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26		01:55:03
717	ZALEWSKI Krzysztof	900		M-40	00:00:47	00:26:46	00:54:47	01:22:31	01:50:17	01:55:04
718	BLASZKE Waldemar	159	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26	01:50:22	01:55:05
719	SOŁTYSIAK Robert	1258	HALEMBA	M-30	00:01:08	00:28:34	00:56:32	01:24:19	01:50:28	01:55:16
720	MICEK Marek	929		M-30	00:01:13	00:27:57	00:57:13	01:26:37	01:50:46	01:55:16
721	KANIOWSKI Andrzej	205		M-30	00:00:23	00:25:51	00:52:17	01:21:32	01:50:14	01:55:18
722	KLAWENDER Ryszard	1090	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55	01:50:56	01:55:20
723	BUCZYŃSKI Radosław	307	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:21	00:51:24	01:21:11	01:49:36	01:55:23
724	BŁASZCZY SZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27	01:50:44	01:55:24
725	GLINIANY Adam	1082	ZABIEGANA RODZINKA	M-40	00:01:28	00:29:04	00:57:58	01:26:14	01:51:02	01:55:26
726	DĘBSKI Mariusz	1270	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48	01:50:52	01:55:31
727	KRZESIAK Michał	1041	3SOFT S.A.	M-30	00:00:51	00:26:28	00:54:03	01:22:34	01:50:22	01:55:35
728	ZDRZAŁEK Jan	624		M-20	00:01:58	00:29:04	00:58:21	01:26:46	01:51:12	01:55:40
729	ZWOLIŃSKI Gabriel	1273		M-30	00:00:44	00:26:49	00:54:55	01:24:15	01:51:00	01:55:41
730	BURLIGA Mariusz	492	KB ENDURANCE SOLIDARNI KNURÓW	M-40	00:01:23	00:29:10	00:58:02	01:26:20	01:51:10	01:55:41
731	KRAKOWSKI Jacek	1505		M-40	00:01:18	00:29:36	00:59:00	01:27:31	01:51:36	01:55:50
732	ZGÓRSKI Grzegorz	116		M-30	00:00:42	00:25:47	00:52:30	01:22:42	01:51:39	01:55:52
733	CIASTO Sebastian	1039		M-30	00:00:39	00:26:51	00:54:50	01:23:05	01:50:31	01:55:53
734	JABŁOŃSKI Łukasz	889	UNISONO	M-20	00:01:07	00:30:06	00:59:29	01:27:56	01:51:58	01:56:09
735	ZIELIŃSKI Marek	317		M-30	00:01:47	00:27:52	00:55:55	01:24:37	01:51:15	01:56:17
736	WÓJCIK Rafał	327		M-40	00:00:35	00:27:40	00:55:24	01:23:39	01:51:29	01:56:21
737	KOTWICKI Marek	332		M-30	00:01:46	00:28:03	00:56:34	01:25:32	01:51:59	01:56:31
738	WYLEŻAŁEK Irek	985	NIGHT RUNNER GLIWICE	M-40	00:01:47	00:28:19	00:57:12	01:26:17	01:51:56	01:56:34
739	WANAT Wacław	1008	SKY TOWER RUNNERS WROCŁAW	M-70	00:01:05	00:29:28	00:58:29	01:27:39	01:52:43	01:57:05
740	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02	01:52:35	01:57:06
741	WILCZOK Krzysztof	129		M-20	00:01:36	00:30:39	00:59:47	01:28:03	01:52:34	01:57:06
742	BUCHAL Grzegorz	782		M-40	00:01:00	00:28:32	00:57:34	01:26:25	01:52:22	01:57:08
743	BILON Bogdan	1146	ZBROJOWNIA SULECHÓW	M-60	00:00:53	00:28:46	00:57:55	01:26:53	01:52:50	01:57:11
744	BOGULAK Grzegorz	184	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13	01:52:04	01:57:15
745	MACHNOWSKI Wojciech	19	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09	01:52:42	01:57:38
746	ORYSZCZAK Łukasz	313		M-30	00:01:21	00:27:13	00:56:17	01:26:03	01:53:08	01:57:59
747	SMAGOROWICZ Artur	1079	W POGONI ZA DUCHEM	M-40	00:00:58	00:28:21	00:59:08	01:28:22	01:53:10	01:58:15
748	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04	01:53:10	01:58:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
749	SATKO Jacek	238		M-50	00:00:51	00:30:04	00:59:38	01:28:53	01:53:52	01:58:20
750	GĄSZCZAK Tadeusz	1279		M-70	00:00:32	00:29:15	00:58:24	01:28:08	01:53:35	01:58:24
751	KOWALCZYK Wojciech	738	RUN AND FUN	M-30	00:00:44	00:27:28	00:55:16	01:25:14	01:53:40	01:58:30
752	STOKŁOSA Marcin	222		M-40	00:01:11	00:30:23	00:59:25	01:27:51	01:53:42	01:58:34
753	SZUBERT Grzegorz	6		M-40	00:00:46	00:26:29	00:55:26	01:25:20	01:53:53	01:58:48
754	OGIŃSKI Daniel	1106	1992	M-20	00:00:47	00:27:52	00:57:12	01:25:56	01:53:54	01:59:00
755	GRACH Tomasz	311	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31	01:54:28	01:59:02
756	ŚLĘZAK Jakub	963	BANDA PE	M-20	00:01:32	00:29:55	01:00:23	01:30:24	01:54:45	01:59:04
757	SEWERYNIAK Adam	1260		M-50	00:00:56	00:29:14	00:58:41	01:28:06	01:54:23	01:59:06
758	MUSIOŁ Janusz	830	UNISONO	M-30	00:01:05	00:30:06	00:59:15	01:28:00	01:54:12	01:59:06
759	MAŁKOWSKI Tomasz	207	NIGHT RUNNERS ZABRZE	M-30	00:00:00	00:26:30	00:51:49	01:17:16	01:51:27	01:59:07
760	KORDECKI Bartosz	1071		M-30	00:01:35	00:30:33	01:01:02	01:29:57	01:54:39	01:59:14
761	MULLER Rafał	890		M-20	00:00:41	00:27:57	00:57:10	01:26:21	01:54:19	01:59:18
762	CYWIŃSKI Robert	1176		M-40	00:00:58	00:29:58	00:59:41	01:29:24	01:54:55	01:59:36
763	DACZYŃSKI Kajetan	458	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18	01:55:26	01:59:44
764	MAŚLANKA Ireneusz	1093	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19	01:55:16	01:59:44
765	SOSIN Adam	200	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:20	00:30:12	00:59:43	01:29:06	01:55:10	01:59:52
766	KURIANOWICZ Wiesław	436	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09	01:55:15	01:59:52
767	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21	01:54:23	02:00:06
768	CIEŚIELSKI Radosław	757	BETANIA TEAM	M-30	00:00:22	00:28:16	00:56:05	01:30:35	01:55:44	02:00:12
769	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55	01:54:00	02:00:26
770	CZAPEK Marek	309	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20	01:56:36	02:01:04
771	SYNÓWKA Maciej	981		M-30	00:00:34	00:28:23	00:58:13	01:28:40	01:56:23	02:01:05
772	PLEWIK Michał	667	GRAMMI	M-40	00:00:41	00:28:17	00:57:32	01:27:41	01:56:00	02:01:07
773	GABRYŚ Seba	1277	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24	01:56:40	02:01:08
774	MIRSKI Rafał	663	IMPULS DO DZIAŁANIA	M-40	00:00:40	00:28:18	00:57:34	01:27:43	01:56:02	02:01:08
775	ORLEF Jarosław	566		M-40	00:00:39	00:28:19	00:57:34	01:27:43	01:56:03	02:01:09
776	MANDOK Bogdan	742		M-30	00:00:07	00:28:10	00:59:23	01:30:02	01:56:19	02:01:10
777	STOLARCZYK Robert	115	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22	01:56:24	02:01:13
778	BOH Mariusz	1306		M-60	00:00:52	00:30:00	01:00:20	01:30:20	01:56:27	02:01:13
779	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38	01:56:28	02:01:15
780	CHOJOWSKI Oskar	154		M-40	00:01:02	00:29:53	00:59:52	01:29:38	01:56:31	02:01:26
781	DWORNICZAK Paweł	887		M-20	00:01:34	00:29:32	01:00:38	01:31:21	01:57:03	02:01:30
782	LEWICKI Krzysztof	43	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25	01:56:44	02:01:31
783	TKACZUK Marcin	1016	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26	01:56:44	02:01:32
784	KRASZKIEWICZ Aleksander	968	NASNIEDOGONIAT	M-30	00:00:50	00:29:59	01:00:08	01:30:19	01:56:57	02:01:36
785	MUSIOŁ Grzegorz	394	OPEL ACTIVE TEAM	M-40	00:00:46	00:28:37	00:57:49	01:28:25	01:56:42	02:01:37
786	KWAŚNIOK Rafał	348	NIGHT RUNNERS GLIWICE	M-20	00:01:04	00:29:54	01:00:42	01:30:51	01:57:13	02:01:48
787	WOŁOWSKI Michał	1160	SLAM DRINKERS BIŁGORAJ	M-20	00:00:10	00:28:08	00:55:53	01:25:02	01:56:12	02:01:52
788	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52	01:56:45	02:01:53
789	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25	01:57:34	02:01:54
790	KAPIAS Krystian	521		M-40	00:01:07	00:30:05	01:00:12	01:30:21	01:57:15	02:02:02
791	GRZESIKIEWICZ Mariusz	426		M-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:15	02:02:04
792	LIPSKI Dariusz	71		M-30	00:01:52	00:29:39	01:00:59	01:30:22	01:57:15	02:02:20
793	PRYMAS Krystian	32		M-30	00:00:48	00:26:24	00:55:23	01:29:02	01:57:25	02:02:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
794	KOŁODZIEJCZYK Zbigniew	491	KB ENDURANCE SOLIDARNI KNURÓW	M-60	00:01:42	00:28:01	00:56:08	01:26:32	01:57:35	02:02:53
795	HANCZUR Józef	792	B T M RUNNERS	M-50	00:01:14	00:30:53	01:02:01	01:31:02	01:58:49	02:03:07
796	GRABOWSKI Lech	1165		M-50	00:00:06	00:26:55	00:56:12	01:28:19	01:57:40	02:03:11
797	DYNEK Sebastian		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14	01:58:33	02:03:12
798	DROZDOWSKI Wojciech	1125	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39	01:58:05	02:03:13
799	SAWIONEK Robert	1516		M-40	00:00:23	00:25:25	00:53:57	01:27:01	01:58:45	02:03:29
800	WIEDERMANN Krzysztof	1309	PEDRA FORCH	M-30	00:00:44	00:28:21	00:58:19	01:29:28	01:58:20	02:03:31
801	KUPCZAK Rafał	1084		M-40	00:01:05	00:30:32	01:00:55	01:31:52	01:58:50	02:03:42
802	CABAŁA Adam	918		M-20	00:01:02	00:29:49	00:59:30	01:30:09	01:58:23	02:04:03
803	MIGDAŁ Grzegorz	29	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07	01:58:57	02:04:12
804	FURMANIK Jacek	648	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40	01:59:24	02:04:22
805	MARKOWICZ Piotr	1298	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54	01:59:28	02:04:25
806	MATECKI Maciej	520	2XM	M-30	00:00:56	00:30:04	01:00:25	01:30:36	01:59:11	02:04:36
807	KOWALIK Tomasz	1066	KALINOWSKI TEAM	M-30	00:00:53	00:28:51	00:59:27	01:31:09	01:59:14	02:04:39
808	WRÓBLEWSKI Robert	456	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:54	00:27:48	00:56:43	01:28:04	02:00:20	02:05:13
809	ĆWIKŁA Andrzej	1067	TENT GRUPA	M-60	00:01:00	00:30:16	01:00:59	01:31:54	02:00:33	02:05:53
810	PASSIA Robert	1141		M-30	00:01:19	00:30:59	01:03:32	01:35:37	02:01:40	02:06:09
811	KOSTORZ Paweł	613	PAWEŁ KOSTORZ	M-20	00:01:21	00:29:15	00:59:52	01:30:34	02:00:59	02:06:12
812	WESTER Mieczysław	1219	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13	01:59:31	02:06:32
813	STEINHOFF Adam	1033	WIKTOR TEAM	M-40	00:01:15	00:30:19	01:01:06	01:32:11	02:01:21	02:06:38
814	BIERNACKI Tomasz	626		M-40	00:01:19	00:30:59	01:02:44	01:34:51	02:02:00	02:06:43
815	KUŚ Michał	1236	1982	M-30	00:01:16	00:30:09	01:01:21	01:32:52	02:01:49	02:07:04
816	SZYMAŃSKI Jacek	472	TELESKOPY.PL	M-40	00:01:41	00:32:57	01:04:35	01:36:13	02:03:08	02:07:51
817	POLOK Adrian	1022	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12	02:02:30	02:08:12
818	ŻOCHOWSKI Leszek	225		M-40	00:00:52	00:29:58	01:00:21	01:31:40	02:02:54	02:08:24
819	KOPYŚĆ Jarosław	1112	PSZCZÓLKOWSKI TEAM	M-40	00:01:43	00:32:01	01:04:02	01:35:53	02:03:30	02:08:30
820	BRODIUK Norbert	622	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26	02:03:02	02:08:37
821	GRUCHALSKI Jakub	591	ISTA BIEGAMY	M-30	00:01:23	00:30:10	01:02:32	01:34:27	02:03:34	02:08:38
822	MIŚKIEWICZ Andrzej	1147		M-50	00:01:22	00:31:41	01:03:50	01:36:06	02:03:59	02:08:50
823	STACHOWSKI Wojciech	930		M-30	00:01:30	00:30:12	01:01:48	01:34:18	02:03:35	02:08:51
824	SZAŁAJKO Jerzy	665	DUCH GÓR	M-50	00:01:28	00:28:44	00:59:03	01:32:19	02:04:15	02:09:08
825	CIEŚLAK Michał	376		M-30	00:01:37	00:30:22	01:01:59	01:35:16	02:04:23	02:09:34
826	WALIGÓRA Aleksander	769	BBL KĘDZIERZYN-KOŻLE	M-40	00:01:17	00:30:50	01:02:31	01:34:45	02:04:44	02:09:55
827	WOJTASZEK Grzegorz	324	MOSIR PIEKARY ŚLĄSKIE	M-40	00:01:43	00:28:50	01:00:13	01:34:33	02:04:52	02:10:04
828	ŁYSIUK Grzegorz	506		M-30	00:01:30	00:30:59	01:03:13	01:35:58	02:04:51	02:10:14
829	DUDZIAK Piotr	978	OPEL ACTIVE TEAM	M-40	00:01:17	00:30:55	01:03:09	01:36:04	02:05:09	02:10:20
830	BOBKOWSKI Maciej	58	PĘDZACE ŻÓŁWIE	M-40	00:00:48	00:28:52	00:59:47	01:34:01	02:04:58	02:10:29
831	LEDWOŃ Jakub	87	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37	02:05:30	02:10:39
832	KURPIOS Piotr	542		M-30	00:01:35	00:34:02	01:06:49	01:37:57	02:05:43	02:10:41
833	GORZAWSKI Andrzej	1200	SPARTANIE DZIECIOM	M-20	00:01:38	00:30:20	01:03:18	01:37:22	02:06:11	02:11:00
834	KONTNY Paweł	1032		M-70	00:01:55	00:31:00	01:02:50	01:35:38	02:05:53	02:11:15
835	CHRYCIUK Wojciech	1245	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:49	01:37:45	02:06:34	02:11:22
836	DOROTA Zbigniew	1247	SPARTANIE DZIECIOM	M-40	00:01:09	00:30:55	01:03:52	01:37:44	02:06:27	02:11:26
837	KĘCIK Janusz	1184	SPARTANIE DZIECIOM	M-60	00:01:14	00:30:53	01:03:50	01:37:46	02:06:38	02:11:26
838	GRONOWSKI Waldemar	1198	SPARTANIE DZIECIOM	M-50	00:01:09	00:30:54	01:03:51	01:37:48	02:06:31	02:11:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km	20 km 19.9km
839	KANIEWSKI Paweł	1248		M-30	00:01:12	00:30:53	01:03:50	01:37:47	02:06:34	02:11:27
840	KOŁKOWSKI Andrzej	1189	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46	02:06:32	02:11:27
841	ZYCH Dawid	1190	SPARTANIE DZIECIOM	M-40	00:01:13	00:30:53	01:03:50	01:37:46	02:06:34	02:11:27
842	MAŁKOWSKI Bogdan	1202	SPARTANIE DZIECIOM	M-40	00:01:08	00:30:55	01:03:53	01:37:49	02:06:32	02:11:28
843	PTAK Arkadiusz	1197	SPARTANIE DZIECIOM	M-30	00:01:09	00:30:55	01:03:53	01:37:46	02:06:34	02:11:28
844	KRÓL Adam	1250	SPARTANIE DZIECIOM	M-50	00:01:10	00:30:54	01:03:45	01:37:40	02:06:34	02:11:28
845	SANECKI Patryk	1194	SPARTANIE DZIECIOM	M-20	00:01:11	00:30:54	01:03:52	01:37:48	02:06:36	02:11:28
846	KOWALCZYK Mariusz	1185	SPARTANIE DZIECIOM	M-40	00:01:11	00:30:54	01:03:50	01:37:47	02:06:33	02:11:28
847	SZAŁAŚNY Piotr	601	TESTYOUTDOOROWE.PL	M-20	00:01:11	00:30:54	01:03:51	01:37:47	02:06:33	02:11:28
848	SERWACZYŃSKI Mirosław	1191	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:51	01:37:47	02:06:32	02:11:29
849	SULIN Marek	949	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48	02:06:34	02:11:29
850	SOLBIATI Davide	1199	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:47	02:06:33	02:11:29
851	SZAFRAŃSKI Krzysztof	295	SPARTANIE DZIECIOM	M-40	00:01:07	00:30:56	01:03:53	01:37:50	02:06:35	02:11:29
852	LASKOWSKI Piotr	1251	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:54	01:03:53	01:37:49	02:06:36	02:11:30
853	LEŚNIEWSKI Michał	1252	SPARTANIE DZIECIOM	M-40	00:01:01	00:30:59	01:03:57	01:37:52	02:06:32	02:11:31
854	NOWAK Wiktor	1186	SPARTANIE DZIECIOM	M-50	00:01:04	00:30:57	01:03:54	01:37:48	02:06:35	02:11:31
855	RESZKE Michał	1195	SPARTANIE DZIECIOM	M-30	00:01:08	00:30:55	01:03:52	01:37:49	02:06:39	02:11:31
856	BANASIK Wiesław	1062		M-50	00:00:49	00:30:04	01:02:16	01:35:56	02:05:54	02:11:32
857	PIORKOWSKI Karol	1193	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:52	01:03:55	01:37:51	02:06:39	02:11:32
858	BEJNAROWICZ Damian	1196	SPARTANIE DZIECIOM	M-20	00:01:04	00:30:58	01:03:56	01:37:52	02:06:39	02:11:33
859	KREMPA Michał	1192	SPARTANIE DZIECIOM	M-40	00:01:05	00:30:56	01:03:53	01:37:49	02:06:40	02:11:33
860	MISZTAL Andrzej	975		M-40	00:01:52	00:30:56	01:02:52	01:36:06	02:06:19	02:11:35
861	ZUWAŁA Robert	1168	RAGNAR TEAM	M-40	00:01:29	00:30:36	01:02:27	01:35:29	02:06:12	02:11:54
862	DYRAGA Marcin	559	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24	02:06:45	02:11:56
863	GILEWSKI Franciszek	543	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50	02:07:06	02:12:27
864	BRZÓZKA Sebastian	233	SBD ENERGETYK RYBNIK	M-30	00:01:26	00:29:07	01:00:46	01:35:59	02:08:01	02:13:55
865	KONOPKA Marek	556	ŚAF-OBRO	M-40	00:01:25	00:30:38	01:02:32	01:36:10	02:08:45	02:14:36
866	MAŁYSA Łukasz	509		M-30	00:01:28	00:30:18	01:03:22	01:37:20	02:08:45	02:15:09
867	FLORECKI Andrzej	112	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30	02:09:25	02:15:21
868	JEŻEWSKI Adam	328	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42	02:11:09	02:17:02
869	ROJEK Michał	856		M-30	00:00:58	00:29:20	01:02:08	01:36:14	02:11:15	02:17:28
870	BOBA Ryszard	485		M-60	00:01:31	00:30:25	01:04:21	01:38:56	02:11:51	02:17:47
871	FORYST Wojciech	560		M-60	00:01:22	00:31:01	01:03:26	01:38:35	02:13:56	02:19:55
872	RAKINT Bogdan	44	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23	02:15:23	02:21:08
873	DZIEDZIC Dominik	39	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01	02:15:22	02:21:09
874	JURETKO Adam	97		M-40	00:00:56	00:32:56	01:07:59	01:43:05	02:15:41	02:21:26
875	DRABIK Krzysztof	1257	FUNDACJA DZIECIOM TWÓJ REKORD POMAGA	M-30	00:01:56	00:30:41	01:02:13	01:35:35	02:13:36	02:22:47
876	SUSEŁ Aleksander	16		M-20	00:00:00	00:31:26	01:04:00	01:42:57	02:20:05	02:26:02
877	ZAWADA Piotr	78	NIGHT RUNNERS	M-30	00:01:51	00:36:29	01:13:28	01:47:45	02:21:57	02:27:27
878	ŻELEZNY Tomasz	69	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36	02:21:19	02:27:45
879	RECZKO Mariusz	476		M-40	00:01:27	00:32:11	01:09:31	01:47:32	02:23:51	02:29:33
880	BROSZ Michał	1175		M-40	00:00:00					
881	KAPICA Wojciech	883	BANDA PE	M-20	00:00:00					
882	SMOŁA Mieczysław	1240	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01			
883	KRZESIAK Marcin	852		M-30	00:00:05	00:20:05	00:40:47	01:01:01	01:18:27	

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
884	BŁASZCZYK Dominik	170	NIGHT RUNNER GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:04	01:30:22	
885	DIDYK Grzegorz	826	MIASTO NIERUCHOMOŚCI BYTOM	M-30	00:00:18	00:22:44	00:45:27	01:08:04	01:28:07	
886	RESZKE Marek	1154	OPOLEBIEGA.PL	M-20	00:00:34	00:21:53	00:43:34			
887	KACZMARCZYK Grzegorz	186		M-30	00:00:56					
888	JASIKOWSKI Łukasz	89		M-20	00:01:23	00:27:20				
889	WOJTUKIEWICZ Artur	691		M-30	00:01:35	00:28:58	01:02:18			
890	KRZOS Piotr	74		M-30	00:01:57	00:29:08	00:57:45	01:25:17	01:48:34	

Znaleziono 890 wynik(ów)