



# III PÓŁMARATON GLIWICKI

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	<b>BOCHEŃSKI Grzegorz</b>	<b>90</b>	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56
2	<b>ŚLIWIŃSKI Piotr</b>	<b>252</b>	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05
3	<b>SZCZECIŃSKI Maciej</b>	<b>1024</b>		M-30	00:00:03	00:19:24	00:38:38	00:57:37
4	<b>NOWICKI Michał</b>	<b>669</b>	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45
5	<b>KULIG Rafał</b>	<b>28</b>	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14
6	<b>KRZAK Robert</b>	<b>1312</b>	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51
7	<b>BUDKA Borys</b>	<b>4</b>	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52
8	<b>DUŻNIAK Dominik</b>	<b>166</b>	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25
9	<b>BAGAN Grzegorz</b>	<b>12</b>	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54
10	<b>WIECHUŁA Marcin</b>	<b>169</b>		M-30	00:00:06	00:20:02	00:40:56	01:02:20
11	<b>KUPIJAJ Marcin</b>	<b>410</b>	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36
12	<b>PACZKA Michał</b>	<b>1299</b>		M-40	00:00:10	00:20:35	00:41:49	01:02:53
13	<b>CHOMIK Rafał</b>	<b>869</b>	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55
14	<b>SKORUPKA Adam</b>	<b>575</b>	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59
15	<b>LASKOWSKI Tomasz</b>	<b>118</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21
16	<b>LEWICKI Tomasz</b>	<b>15</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30
17	<b>NOGAJ Janusz</b>	<b>1037</b>	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31
18	<b>ŁUSZCZ Remigiusz</b>	<b>589</b>	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33
19	<b>WÓJCIK Dariusz</b>	<b>1156</b>		M-40	00:00:10	00:21:07	00:42:52	01:04:23
20	<b>RODAK Piotr</b>	<b>298</b>	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05
21	<b>STASIAK Mirosław</b>	<b>588</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06
22	<b>CZABAŃSKI Rafał</b>	<b>259</b>	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08
23	<b>RACZEK Sławomir</b>	<b>46</b>	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31
24	<b>KRĘŻOŁEK Daniel</b>	<b>741</b>		M-30	00:00:25	00:22:11	00:44:02	01:05:51
25	<b>BEHRENDT Jakub</b>	<b>931</b>	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15
26	<b>GRAMATYKA Jan</b>	<b>729</b>		M-30	00:00:16	00:22:05	00:44:17	01:06:16
27	<b>OZYP Mariusz</b>	<b>1288</b>	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18
28	<b>OZYP Mariusz</b>	<b>303</b>	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
29	WAWRZAK Ryszard	1515	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24
30	DOMAŃSKI Marcin	83	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28
31	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29
32	BŁACH Piotr	1221	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32
33	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58
34	WANIEWSKI Michał	250		M-30	00:00:18	00:22:47	00:45:14	01:06:59
35	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16
36	FRAĆ Dariusz	1296	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24
37	SLUPINA Maciej	270		M-30	00:00:05	00:21:54	00:44:42	01:07:28
38	WIECZOREK Dawid	638	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37
39	SZKÓŁKA Marcin	896	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39
40	BERNACKI Eugeniusz	1006	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45
41	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54
42	GOŁĘBIEWSKI Bartek	696		M-40	00:00:18	00:22:44	00:45:37	01:08:07
43	ROSIKOŃ Tomasz	934		M-30	00:00:20	00:22:33	00:45:16	01:08:09
44	LESZCZYŃSKI Mariusz	843		M-40	00:00:13	00:22:33	00:45:12	01:08:16
45	PIENIAŻEK Krzysztof	318		M-40	00:00:24	00:22:34	00:45:25	01:08:18
46	WILK Andrzej	605		M-30	00:01:12	00:22:16	00:45:13	01:08:21
47	KAŁAMARZ Mariusz	1099	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23
48	GOLDA Piotr	827		M-40	00:00:26	00:24:12	00:46:36	01:08:27
49	BEZUSZKO Tomasz	206		M-40	00:01:08	00:23:26	00:46:17	01:08:32
50	JANIK Johan	1177	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40
51	BOROWSKI Piotr	177	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40
52	MADEJCZYK Tomasz	381	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44
53	BYLINOWSKI Oleg	1307	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56
54	MAJEREK Marek	199		M-40	00:00:10	00:22:38	00:45:44	01:08:57
55	JEZUSEK Piotr	432	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10
56	KĘDZIOR Łukasz	536	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14
57	NAWRAT Piotr	132		M-30	00:00:05	00:21:47	00:45:14	01:09:26
58	WRÓBEL Adam	59		M-30	00:01:54	00:22:30	00:45:40	01:09:29
59	ANDRACZEK Bartosz	1265		M-40	00:00:17	00:23:11	00:46:34	01:09:36
60	SZCZEPAŃSKI Tomasz	964		M-30	00:00:13	00:23:03	00:46:26	01:09:37
61	KUKUCZKA Mateusz	846		M-30	00:00:29	00:23:22	00:46:55	01:09:50
62	GŁOWACKI Jordan	727	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51
63	FLASIŃSKI Michał	912		M-30	00:00:17	00:23:03	00:46:20	01:09:54
64	BELUCH Witold	322		M-40	00:00:17	00:23:26	00:46:32	01:09:56
65	MISZTAL Kamil	1012		M-30	00:00:22	00:23:20	00:46:36	01:09:56
66	TYCZYŃSKI Ryszard	1075	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57
67	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59
68	CZAUDERNA Adrian	179	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02
69	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05
70	BORSIAK Sebastian	151		M-30	00:01:01	00:23:23	00:46:36	01:10:05
71	IMIOŁEK Krzysztof	717		M-30	00:00:14	00:23:29	00:46:46	01:10:07
72	PACUŁA Piotr	194	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17
73	GAWEŁKO Janusz	953		M-50	00:00:11	00:23:13	00:46:49	01:10:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
74	<b>PODGÓRSKI Tomasz</b>	<b>541</b>		M-30	00:00:39	00:24:03	00:47:26	01:10:27
75	<b>SUTKOWSKI Jan</b>	<b>614</b>		M-30	00:00:51	00:23:56	00:47:36	01:10:53
76	<b>KURCZEK Tomasz</b>	<b>484</b>		M-40	00:00:11	00:23:23	00:47:07	01:10:56
77	<b>GRONDYS Michał</b>	<b>17</b>	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00
78	<b>KUBIS Adrian</b>	<b>954</b>		M-40	00:00:21	00:23:47	00:47:22	01:11:01
79	<b>MAZUR Krzysztof</b>	<b>1007</b>	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01
80	<b>BONK Sebastian</b>	<b>82</b>	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09
81	<b>SZNYDER Wojciech</b>	<b>439</b>	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33
82	<b>CICHY Andrzej</b>	<b>651</b>	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35
83	<b>NITARSKI Patryk</b>	<b>899</b>		M-30	00:01:44	00:23:51	00:47:53	01:11:49
84	<b>JAMRÓZ Wojciech</b>	<b>625</b>		M-40	00:00:09	00:21:24	00:45:56	01:11:50
85	<b>PIKTAS Paweł</b>	<b>811</b>		M-40	00:00:10	00:23:23	00:46:50	01:11:51
86	<b>NITKA Sebastian</b>	<b>52</b>		M-40	00:00:30	00:23:40	00:47:49	01:11:54
87	<b>DESZYŃSKI Damian</b>	<b>590</b>	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56
88	<b>FUGOWSKI Roman</b>	<b>380</b>		M-50	00:00:13	00:23:53	00:47:45	01:12:02
89	<b>ADAMSKI Kamil</b>	<b>655</b>	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06
90	<b>SZEWCZYK Michał</b>	<b>911</b>		M-20	00:01:05	00:23:22	00:47:42	01:12:13
91	<b>SZOT Wojciech</b>	<b>11</b>		M-30	00:01:13	00:24:51	00:48:38	01:12:15
92	<b>DYMNICKI Andrzej</b>	<b>120</b>	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17
93	<b>MAĆZKA Bronisław</b>	<b>987</b>		M-60	00:00:32	00:23:58	00:47:55	01:12:21
94	<b>RUTKOWSKI Michał</b>	<b>224</b>		M-20	00:01:16	00:24:51	00:48:58	01:12:29
95	<b>BEHRENDT Bartek</b>	<b>695</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32
96	<b>KULASEK Michał</b>	<b>917</b>		M-20	00:00:08	00:22:13	00:46:48	01:12:43
97	<b>BIERNAT Wojtek</b>	<b>93</b>	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46
98	<b>WANDOCH Tyberiusz</b>	<b>333</b>	CARRY ON W CZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46
99	<b>ORLIK Jerzy</b>	<b>340</b>	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52
100	<b>STACHOWICZ Michał</b>	<b>407</b>	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58
101	<b>SOLICH Patryk</b>	<b>1208</b>	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02
102	<b>KOSMACZEWSKI Michał</b>	<b>684</b>		M-20	00:00:20	00:23:49	00:48:03	01:13:03
103	<b>CHMURKO Michał</b>	<b>1278</b>		M-30	00:00:26	00:24:00	00:48:39	01:13:03
104	<b>KUSEK Andrzej</b>	<b>1226</b>		M-40	00:00:25	00:25:32	00:49:52	01:13:05
105	<b>KILIJANEK Adrian</b>	<b>1163</b>		M-30	00:01:09	00:24:11	00:48:20	01:13:05
106	<b>BOJANEK Tomasz</b>	<b>1031</b>		M-20	00:00:20	00:24:12	00:48:29	01:13:12
107	<b>KOWAL Bartosz</b>	<b>95</b>		M-30	00:01:06	00:24:07	00:48:21	01:13:23
108	<b>KOŁAK Szymon</b>	<b>335</b>	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24
109	<b>STAŃCZAK Grzegorz</b>	<b>173</b>		M-20	00:00:09	00:23:12	00:47:56	01:13:27
110	<b>JASIK Grzegorz</b>	<b>1293</b>	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34
111	<b>KRAJEWSKI Michał</b>	<b>818</b>		M-30	00:00:28	00:25:29	00:50:02	01:13:34
112	<b>NOWAK Mariusz</b>	<b>813</b>	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36
113	<b>HADZIK Rafał</b>	<b>602</b>		M-30	00:00:37	00:24:32	00:49:06	01:13:37
114	<b>OCHMAN Ireneusz</b>	<b>234</b>	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39
115	<b>WIEKIERA Adam</b>	<b>385</b>		M-30	00:00:11	00:23:41	00:48:09	01:13:53
116	<b>CHWALISZEWSKI Jarosław</b>	<b>585</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54
117	<b>KOTAJNY Piotr</b>	<b>704</b>		M-40	00:00:34	00:24:59	00:49:31	01:14:00
118	<b>STRUG Mariusz</b>	<b>800</b>		M-40	00:01:14	00:25:01	00:49:29	01:14:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
119	<b>KONIK Tomasz</b>	<b>370</b>	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09
120	<b>LIGOCKI Szymon</b>	<b>1255</b>	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11
121	<b>PIETRZAK Marcin</b>	<b>244</b>	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12
122	<b>WALSKI Łukasz</b>	<b>680</b>	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13
123	<b>SCHAB Bartłomiej</b>	<b>642</b>		M-20	00:00:38	00:23:41	00:48:29	01:14:15
124	<b>KRZYWICKI Jan</b>	<b>923</b>		M-60	00:00:40	00:24:35	00:49:23	01:14:23
125	<b>FRANKIEWICZ Artur</b>	<b>915</b>		M-30	00:00:36	00:25:12	00:49:53	01:14:25
126	<b>PANZ Krzysztof</b>	<b>838</b>		M-30	00:00:36	00:25:12	00:49:53	01:14:25
127	<b>SELIGA Paweł</b>	<b>60</b>	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26
128	<b>GÓRKA Szymon</b>	<b>833</b>		M-30	00:01:19	00:24:43	00:49:05	01:14:26
129	<b>KUCZMA Jarosław</b>	<b>161</b>		M-40	00:00:30	00:25:10	00:49:56	01:14:27
130	<b>MALEC Arkadiusz</b>	<b>875</b>		M-30	00:01:21	00:24:15	00:49:33	01:14:30
131	<b>PĘDOWSKI Wojciech</b>	<b>1056</b>		M-50	00:00:54	00:25:15	00:50:39	01:14:31
132	<b>ADAMOWSKI Jacek</b>	<b>1005</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31
133	<b>BAJ Tomasz</b>	<b>236</b>		M-20	00:00:19	00:23:37	00:48:27	01:14:35
134	<b>NOWAKOWSKI Jarosław</b>	<b>555</b>	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39
135	<b>DYLONG Piotr</b>	<b>265</b>		M-50	00:01:13	00:24:48	00:49:19	01:14:44
136	<b>TEICHMANN Norbert</b>	<b>1002</b>		M-50	00:01:21	00:25:43	00:50:56	01:14:47
137	<b>SPINCZYK Andrzej</b>	<b>1009</b>		M-40	00:00:59	00:24:19	00:49:16	01:14:49
138	<b>SŁOWIKOWSKI Damian</b>	<b>707</b>		M-20	00:01:27	00:24:44	00:49:35	01:14:52
139	<b>KOWALCZYK Grzegorz</b>	<b>247</b>		M-40	00:00:27	00:23:28	00:47:51	01:14:54
140	<b>TURNIAK Miłosz</b>	<b>373</b>		M-20	00:00:34	00:24:31	00:49:36	01:15:01
141	<b>STOLARCZYK Marcin</b>	<b>1291</b>	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02
142	<b>MAJDA Kamil</b>	<b>786</b>	PSYCHONAUCI	M-30	00:00:53	00:25:37	00:50:29	01:15:02
143	<b>ORZECH Michał</b>	<b>857</b>	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04
144	<b>KOZIELEC Tomasz</b>	<b>240</b>	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05
145	<b>SKOTNICKI Paweł</b>	<b>34</b>		M-20	00:00:20	00:24:13	00:49:15	01:15:06
146	<b>RAJTOR Paweł</b>	<b>558</b>		M-30	00:00:16	00:25:47	00:50:39	01:15:09
147	<b>DACZYŃSKI Michał</b>	<b>431</b>	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13
148	<b>GRUSZCZYŃSKI Bogusław</b>	<b>902</b>		M-60	00:00:32	00:24:57	00:50:16	01:15:28
149	<b>PRZYBYLSKI Mariusz</b>	<b>330</b>		M-40	00:00:26	00:25:39	00:50:59	01:15:43
150	<b>BIEŃKOWSKI Piotr</b>	<b>922</b>		M-20	00:00:21	00:24:01	00:49:12	01:15:49
151	<b>SIWCZYK Robert</b>	<b>538</b>		M-20	00:01:20	00:24:55	00:50:01	01:15:51
152	<b>IZBICKI Zbigniew</b>	<b>1113</b>		M-40	00:00:28	00:25:25	00:50:33	01:15:52
153	<b>DROZD Grzegorz</b>	<b>274</b>		M-20	00:00:43	00:26:13	00:51:14	01:16:01
154	<b>KOŁODZIEJ Jacek</b>	<b>70</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10
155	<b>SOŚNIAK Tomasz</b>	<b>25</b>	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10
156	<b>ĆWIKŁA Kamil</b>	<b>315</b>	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10
157	<b>ZIĘBIK Grzegorz</b>	<b>891</b>		M-30	00:00:46	00:25:18	00:50:48	01:16:11
158	<b>MAY-MAJEWSKI Michał</b>	<b>793</b>		M-30	00:00:48	00:25:35	00:51:01	01:16:19
159	<b>WAŚ Szymon</b>	<b>1292</b>	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21
160	<b>ROŻEK Jacek</b>	<b>53</b>	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21
161	<b>GORECKI Janusz</b>	<b>361</b>		M-50	00:00:18	00:25:22	00:51:05	01:16:29
162	<b>GRUSZKA Sławomir</b>	<b>740</b>		M-30	00:01:13	00:25:57	00:51:38	01:16:33
163	<b>MACYSZYN Waldemar</b>	<b>730</b>		M-50	00:01:34	00:25:30	00:50:47	01:16:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
164	STEC Marcin	657	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45
165	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45
166	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48
167	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48
168	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49
169	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50
170	MALINOWSKI Mihał	952		M-30	00:00:38	00:25:26	00:51:06	01:16:51
171	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52
172	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53
173	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54
174	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55
175	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58
176	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58
177	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58
178	DADAŚ Janusz	13		M-40	00:00:37	00:25:37	00:51:15	01:17:02
179	RYZIŃSKI Dariusz	255		M-40	00:01:40	00:25:20	00:51:01	01:17:03
180	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04
181	KĄDZIOLKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06
182	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10
183	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11
184	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11
185	SOJKA Łukasz	1301		M-30	00:01:29	00:25:26	00:51:12	01:17:11
186	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12
187	NOWAKOWSKI Dominik	1294	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13
188	GRĄBCZEWSKI Marcin	171		M-30	00:00:21	00:25:43	00:51:31	01:17:21
189	PISINGAS Mariusz	1150		M-30	00:01:13	00:25:38	00:51:41	01:17:25
190	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28
191	LEWANDOWSKI Henryk	733		M-40	00:01:03	00:25:23	00:51:03	01:17:34
192	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35
193	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40
194	BĄK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40
195	WIORA Łukasz	297		M-30	00:00:23	00:25:47	00:51:36	01:17:44
196	KWAPIEŃ Aleksander	1111		M-30	00:00:09	00:25:38	00:51:38	01:17:45
197	KWAPIEŃ Paweł	1133		M-30	00:00:09	00:25:38	00:51:37	01:17:45
198	TROJAK Grzegorz	1116		M-16	00:01:13	00:26:32	00:52:04	01:17:48
199	RABIEJ Rafał	906		M-40	00:00:35	00:25:39	00:51:24	01:17:50
200	WITEK Jacek	1086	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16
201	KUPKA Bartosz	1232	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21
202	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24
203	DROZD Kajetan	677	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39
204	MACIEJCZYK Marcin	429	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41
205	BUJALSKI Michał	571	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42
206	ZDANIEWICZ Radosław	1065	PSYCHONAUCI	M-30	00:00:56	00:26:39	00:52:54	01:18:43
207	BAUMERT Rafał	597	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45
208	WRÓBEL Maciej	1289	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
209	<b>SŁUSZNIAK Sławomir</b>	<b>799</b>		M-40	00:01:21	00:25:35	00:51:28	01:18:46
210	<b>SZUMSKI Tomasz</b>	<b>321</b>		M-40	00:00:27	00:25:52	00:51:47	01:18:47
211	<b>OSIŃSKI Paweł</b>	<b>187</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52
212	<b>POKRYSZKA Wojciech</b>	<b>360</b>		M-20	00:00:29	00:25:39	00:51:49	01:18:56
213	<b>KRUSZYŃSKI Marcin</b>	<b>301</b>	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59
214	<b>GANSZCZYK Rafał</b>	<b>823</b>	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00
215	<b>DZIECIĄTKOWSKI Jarosław</b>	<b>1237</b>	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01
216	<b>PENKALA Artur</b>	<b>131</b>	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30
217	<b>DOBOSZ Mariusz</b>	<b>130</b>	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30
218	<b>GIERAS Mirosław</b>	<b>469</b>		M-40	00:00:33	00:25:29	00:51:22	01:19:30
219	<b>WIECHOWSKI Artur</b>	<b>209</b>	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32
220	<b>ZIOBER Grzegorz</b>	<b>1092</b>	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33
221	<b>WOŹNIAK Marek</b>	<b>608</b>		M-40	00:00:45	00:26:26	00:53:18	01:19:43
222	<b>WÓJCIK Tomasz</b>	<b>22</b>		M-30	00:01:16	00:26:37	00:53:17	01:19:47
223	<b>KUŚKA Paweł</b>	<b>346</b>		M-30	00:00:45	00:26:03	00:52:55	01:20:12
224	<b>KOPCIK Tomasz</b>	<b>982</b>	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17
225	<b>ROŻEK Michał</b>	<b>550</b>		M-40	00:01:03	00:26:43	00:53:24	01:20:17
226	<b>TUREK Maciej</b>	<b>375</b>		M-40	00:01:06	00:26:20	00:53:30	01:20:17
227	<b>ŁĄTKOWSKI Marcin</b>	<b>1205</b>	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19
228	<b>KAMPKA Aleksander</b>	<b>149</b>		M-40	00:00:34	00:26:34	00:53:29	01:20:21
229	<b>SZCZĘŚNIAK Krzysztof</b>	<b>1264</b>		M-20	00:01:08	00:26:35	00:53:19	01:20:22
230	<b>WOJTAS Marcin</b>	<b>593</b>	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32
231	<b>HNATIUK Mateusz</b>	<b>679</b>		M-20	00:01:06	00:27:58	00:54:50	01:20:36
232	<b>KRAJEWSKI Radosław</b>	<b>486</b>		M-30	00:00:41	00:26:05	00:53:18	01:20:38
233	<b>GADAWSKI Bartłomiej</b>	<b>242</b>	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38
234	<b>FUGOWSKI Grzegorz</b>	<b>283</b>		M-30	00:01:33	00:25:47	00:53:00	01:20:45
235	<b>ZEMŁA Piotr</b>	<b>195</b>		M-40	00:00:42	00:26:25	00:53:40	01:20:46
236	<b>BUK Marcin</b>	<b>286</b>		M-20	00:01:53	00:27:19	00:54:11	01:20:49
237	<b>PAWLINA Piotr</b>	<b>103</b>		M-40	00:01:27	00:27:06	00:54:03	01:20:50
238	<b>JANOSZEK Piotr</b>	<b>293</b>		M-30	00:00:59	00:26:26	00:53:11	01:20:54
239	<b>SZESZKO Sławomir</b>	<b>612</b>		M-50	00:01:34	00:27:26	00:54:33	01:20:57
240	<b>BUGAJSKI Mariusz</b>	<b>844</b>		M-40	00:00:02	00:24:36	00:52:11	01:21:05
241	<b>ZACHARA Michał</b>	<b>1051</b>		M-20	00:01:31	00:26:15	00:54:03	01:21:05
242	<b>WÓJCIK Bartłomiej</b>	<b>670</b>		M-20	00:01:08	00:27:08	00:53:50	01:21:06
243	<b>MELLER Tadeusz</b>	<b>312</b>		M-20	00:01:21	00:26:58	00:53:24	01:21:09
244	<b>KROPKA Szymon</b>	<b>140</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18
245	<b>MICHALSKI Bartosz</b>	<b>85</b>		M-40	00:01:14	00:27:21	00:54:28	01:21:31
246	<b>GONERA Paweł</b>	<b>676</b>		M-40	00:00:47	00:25:59	00:53:27	01:21:34
247	<b>BOROWIEC Wojciech</b>	<b>946</b>		M-20	00:01:31	00:26:23	00:54:06	01:21:44
248	<b>FEREFCKI Paweł</b>	<b>604</b>		M-30	00:01:15	00:25:40	00:53:16	01:21:55
249	<b>BURY Mirosław</b>	<b>271</b>		M-20	00:01:17	00:27:16	00:54:13	01:21:55
250	<b>KATA Damian</b>	<b>1207</b>	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57
251	<b>GRYGIEREK Marcin</b>	<b>420</b>		M-20	00:00:34	00:26:14	00:53:38	01:21:57
252	<b>TKOCZ Rafał</b>	<b>323</b>		M-30	00:01:09	00:27:22	00:54:37	01:21:58
253	<b>KLYTA Wojciech</b>	<b>1284</b>		M-40	00:01:41	00:27:13	00:54:21	01:22:05

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
254	<b>SZULC Michał</b>	<b>1021</b>	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10
255	<b>BARAŃSKI Grzegorz</b>	<b>111</b>		M-30	00:01:12	00:27:29	00:54:53	01:22:11
256	<b>ROLEK Marcin</b>	<b>73</b>		M-30	00:01:39	00:27:27	00:55:06	01:22:17
257	<b>WIŚNIEWSKI Paweł</b>	<b>1169</b>	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19
258	<b>ZALEWSKI Krzysztof</b>	<b>900</b>		M-40	00:00:47	00:26:46	00:54:47	01:22:31
259	<b>DĄBROWSKI Marcin</b>	<b>257</b>		M-30	00:01:10	00:26:33	00:54:30	01:22:35
260	<b>ZIMOCH Grzegorz</b>	<b>215</b>		M-30	00:00:12	00:26:19	00:54:41	01:22:40
261	<b>ZGÓRSKI Grzegorz</b>	<b>116</b>		M-30	00:00:42	00:25:47	00:52:30	01:22:42
262	<b>UJMA Michał</b>	<b>962</b>		M-30	00:00:51	00:28:44	00:55:06	01:22:51
263	<b>SZYLER Kamil</b>	<b>660</b>		M-20	00:00:45	00:27:30	00:55:16	01:22:53
264	<b>ŁUSIAK Mariusz</b>	<b>1135</b>		M-30	00:00:45	00:27:33	00:55:21	01:22:55
265	<b>PŁOMIN Marcin</b>	<b>1206</b>	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00
266	<b>WILIMSKI Tomasz</b>	<b>101</b>	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01
267	<b>GAŁECZKA Michał</b>	<b>548</b>		M-20	00:01:06	00:28:43	00:56:30	01:23:06
268	<b>POPIEL Artur</b>	<b>21</b>		M-40	00:01:08	00:27:56	00:55:15	01:23:09
269	<b>BOGULAK Grzegorz</b>	<b>184</b>	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13
270	<b>BIERNAT Adam</b>	<b>268</b>		M-40	00:01:38	00:28:06	00:55:49	01:23:20
271	<b>SITKO Filip</b>	<b>387</b>		M-20	00:00:14	00:24:50	00:52:19	01:23:21
272	<b>KOZŁOWSKI Przemysław</b>	<b>549</b>		M-30	00:00:43	00:27:49	00:55:38	01:23:32
273	<b>PADOŁ Zbigniew</b>	<b>141</b>	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34
274	<b>SZOŁTYSIK Paweł</b>	<b>213</b>	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36
275	<b>WÓJCIK Rafał</b>	<b>327</b>		M-40	00:00:35	00:27:40	00:55:24	01:23:39
276	<b>RENKIEL Tomasz</b>	<b>55</b>	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50
277	<b>MACHNOWSKI Wojciech</b>	<b>19</b>	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09
278	<b>BUFNAL Krzysztof</b>	<b>574</b>		M-40	00:01:53	00:29:00	00:56:08	01:24:11
279	<b>BLASZKE Waldemar</b>	<b>159</b>	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26
280	<b>ZIELIŃSKI Marek</b>	<b>317</b>		M-30	00:01:47	00:27:52	00:55:55	01:24:37
281	<b>DĘBSKI Mariusz</b>	<b>1270</b>	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48
282	<b>DEBOIBE Loic</b>	<b>341</b>	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52
283	<b>KLAWENDER Ryszard</b>	<b>1090</b>	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55
284	<b>WIECZOREK Jarosław</b>	<b>2</b>		M-30	00:00:54	00:29:07	00:57:05	01:25:09
285	<b>WESTER Mieczysław</b>	<b>1219</b>	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13
286	<b>SZUBERT Grzegorz</b>	<b>6</b>		M-40	00:00:46	00:26:29	00:55:26	01:25:20
287	<b>KUROWICZ Marcin</b>	<b>539</b>	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26
288	<b>BŁASZCZYSZYN Michał</b>	<b>138</b>		M-20	00:00:58	00:28:33	00:57:24	01:25:27
289	<b>RYGIEL Sebastian</b>	<b>143</b>		M-30	00:01:54	00:29:04	00:57:51	01:25:35
290	<b>ORYSZCZAK Łukasz</b>	<b>313</b>		M-30	00:01:21	00:27:13	00:56:17	01:26:03
291	<b>WOJTAS Paweł</b>	<b>510</b>		M-20	00:00:43	00:27:48	00:56:30	01:26:04
292	<b>KURIANOWICZ Wiesław</b>	<b>436</b>	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09
293	<b>KRAKOWSKI Jacek</b>	<b>1505</b>		M-40	00:01:18	00:29:36	00:59:00	01:27:31
294	<b>ORLEF Jarosław</b>	<b>566</b>		M-40	00:00:39	00:28:19	00:57:34	01:27:43
295	<b>STOKŁOSA Marcin</b>	<b>222</b>		M-40	00:01:11	00:30:23	00:59:25	01:27:51
296	<b>ROKOSZ Łukasz</b>	<b>128</b>		M-20	00:01:36	00:30:39	00:59:47	01:28:02
297	<b>GĄSZCZAK Tadeusz</b>	<b>1279</b>		M-70	00:00:32	00:29:15	00:58:24	01:28:08
298	<b>GRABOWSKI Lech</b>	<b>1165</b>		M-50	00:00:06	00:26:55	00:56:12	01:28:19

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
299	<b>GRACH Tomasz</b>	<b>311</b>	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31
300	<b>PRYMAS Krystian</b>	<b>32</b>		M-30	00:00:48	00:26:24	00:55:23	01:29:02
301	<b>MAŚLANKA Ireneusz</b>	<b>1093</b>	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19
302	<b>WIŚNIEWSKI Paweł</b>	<b>5</b>	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38
303	<b>DROZDOWSKI Wojciech</b>	<b>1125</b>	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39
304	<b>KORDECKI Bartosz</b>	<b>1071</b>		M-30	00:01:35	00:30:33	01:01:02	01:29:57
305	<b>MIGDAŁ Grzegorz</b>	<b>29</b>	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07
306	<b>DACZYŃSKI Kajetan</b>	<b>458</b>	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18
307	<b>CZAPEK Marek</b>	<b>309</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20
308	<b>KAPIAS Krystian</b>	<b>521</b>		M-40	00:01:07	00:30:05	01:00:12	01:30:21
309	<b>STOLARCZYK Robert</b>	<b>115</b>	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22
310	<b>LIPSKI Dariusz</b>	<b>71</b>		M-30	00:01:52	00:29:39	01:00:59	01:30:22
311	<b>GABRYŚ Seba</b>	<b>1277</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24
312	<b>LEWICKI Krzysztof</b>	<b>43</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25
313	<b>TKACZUK Marcin</b>	<b>1016</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26
314	<b>GRZESIKIEWICZ Mariusz</b>	<b>426</b>		M-30	00:00:53	00:30:11	01:00:47	01:30:55
315	<b>ŻOCHOWSKI Leszek</b>	<b>225</b>		M-40	00:00:52	00:29:58	01:00:21	01:31:40
316	<b>FURMANIK Jacek</b>	<b>648</b>	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40
317	<b>POŁOK Adrian</b>	<b>1022</b>	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12
318	<b>DYNEK Sebastian</b>		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14
319	<b>BRODIUK Norbert</b>	<b>622</b>	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26
320	<b>MARKOWICZ Piotr</b>	<b>1298</b>	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54
321	<b>KLEJNOWSKI Mateusz</b>	<b>878</b>		M-20	00:01:19	00:30:23	01:01:55	01:33:25
322	<b>STACHOWSKI Wojciech</b>	<b>930</b>		M-30	00:01:30	00:30:12	01:01:48	01:34:18
323	<b>BIERNACKI Tomasz</b>	<b>626</b>		M-40	00:01:19	00:30:59	01:02:44	01:34:51
324	<b>KONTNY Paweł</b>	<b>1032</b>		M-70	00:01:55	00:31:00	01:02:50	01:35:38
325	<b>ŁYSIUK Grzegorz</b>	<b>506</b>		M-30	00:01:30	00:30:59	01:03:13	01:35:58
326	<b>MISZTAL Andrzej</b>	<b>975</b>		M-40	00:01:52	00:30:56	01:02:52	01:36:06
327	<b>ROJEK Michał</b>	<b>856</b>		M-30	00:00:58	00:29:20	01:02:08	01:36:14
328	<b>LEDWOŃ Jakub</b>	<b>87</b>	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37
329	<b>GILEWSKI Franciszek</b>	<b>543</b>	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50
330	<b>FLORECKI Andrzej</b>	<b>112</b>	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30
331	<b>SULIN Marek</b>	<b>949</b>	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48
332	<b>KURPIOS Piotr</b>	<b>542</b>		M-30	00:01:35	00:34:02	01:06:49	01:37:57
333	<b>DYRAGA Marcin</b>	<b>559</b>	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24
334	<b>FORYST Wojciech</b>	<b>560</b>		M-60	00:01:22	00:31:01	01:03:26	01:38:35
335	<b>JEŻEWSKI Adam</b>	<b>328</b>	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42
336	<b>BOBA Ryszard</b>	<b>485</b>		M-60	00:01:31	00:30:25	01:04:21	01:38:56
337	<b>DZIEDZIC Dominik</b>	<b>39</b>	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01
338	<b>RAKINT Bogdan</b>	<b>44</b>	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23
339	<b>ŻELEZNY Tomasz</b>	<b>69</b>	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36
340	<b>SMOŁA Mieczysław</b>	<b>1240</b>	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01	
341	<b>KUBIT Bartłomiej</b>	<b>1304</b>		M-30	00:00:55	00:28:41	00:55:02	
342	<b>JASIKOWSKI Łukasz</b>	<b>89</b>		M-20	00:01:23	00:27:20		
343	<b>WOJTUKIEWICZ Artur</b>	<b>691</b>		M-30	00:01:35	00:28:58	01:02:18	



Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
DQ	<b>LEGIEŻYŃSKI Krzysztof</b>	<b>45</b>	KATAGURUME	M-30	DQ	DQ	00:24:04 DQ	DQ

Znaleziono 344 wynik(ów)