



# III PÓŁMARATON GLIWICKI

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 21.1 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Punkt pomiarowy: 19,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
DQ	<b>LEGIEŻYŃSKI Krzysztof</b>	<b>45</b>	KATAGURUME	M-30	DQ	DQ	00:24:04 DQ	DQ	00:48:09 DQ
2	<b>SZCZECIŃSKI Maciej</b>	<b>1024</b>		M-30	00:00:03	00:19:24	00:38:38	00:57:37	01:13:42
3	<b>BOCHEŃSKI Grzegorz</b>	<b>90</b>	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56	01:13:58
4	<b>NOWICKI Michał</b>	<b>669</b>	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45	01:14:11
5	<b>ŚLIWIŃSKI Piotr</b>	<b>252</b>	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05	01:14:26
6	<b>KULIG Rafał</b>	<b>28</b>	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14	01:15:07
7	<b>KRZAK Robert</b>	<b>1312</b>	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51	01:15:51
8	<b>BUDKA Borys</b>	<b>4</b>	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52	01:15:52
9	<b>DUŻNIAK Dominik</b>	<b>166</b>	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25	01:18:33
10	<b>BAGAN Grzegorz</b>	<b>12</b>	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54	01:20:26
11	<b>PACZKA Michał</b>	<b>1299</b>		M-40	00:00:10	00:20:35	00:41:49	01:02:53	01:20:46
12	<b>SKORUPKA Adam</b>	<b>575</b>	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59	01:20:53
13	<b>KUPIJAJ Marcin</b>	<b>410</b>	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36	01:21:09
14	<b>WIECHUŁA Marcin</b>	<b>169</b>		M-30	00:00:06	00:20:02	00:40:56	01:02:20	01:21:12
15	<b>LASKOWSKI Tomasz</b>	<b>118</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21	01:22:35
16	<b>NOGAJ Janusz</b>	<b>1037</b>	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31	01:22:35
17	<b>LEWICKI Tomasz</b>	<b>15</b>	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30	01:22:44
18	<b>CHOMIK Rafał</b>	<b>869</b>	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55	01:22:53
19	<b>RODAK Piotr</b>	<b>298</b>	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05	01:23:29
20	<b>CZABAŃSKI Rafał</b>	<b>259</b>	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08	01:23:57
21	<b>WÓJCIK Dariusz</b>	<b>1156</b>		M-40	00:00:10	00:21:07	00:42:52	01:04:23	01:24:11
22	<b>STASIAK Mirosław</b>	<b>588</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06	01:24:19
23	<b>KRĘŻOŁEK Daniel</b>	<b>741</b>		M-30	00:00:25	00:22:11	00:44:02	01:05:51	01:24:52
24	<b>ŁUSZCZ Remigiusz</b>	<b>589</b>	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33	01:25:29
25	<b>RACZEK Sławomir</b>	<b>46</b>	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31	01:25:38
26	<b>GRAMATYKA Jan</b>	<b>729</b>		M-30	00:00:16	00:22:05	00:44:17	01:06:16	01:25:38
27	<b>OZYP Mariusz</b>	<b>1288</b>	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18	01:25:58
28	<b>BEHRENDT Jakub</b>	<b>931</b>	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15	01:25:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
29	<b>DOMAŃSKI Marcin</b>	<b>83</b>	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28	01:26:11
30	<b>WANIEWSKI Michał</b>	<b>250</b>		M-30	00:00:18	00:22:47	00:45:14	01:06:59	01:26:13
31	<b>ŚLIWA Paweł</b>	<b>908</b>		M-20	00:00:14	00:23:02	00:45:15	01:07:16	01:26:17
32	<b>CHRAPKOWICZ Damian</b>	<b>365</b>	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29	01:26:19
33	<b>WAWRZAK Ryszard</b>	<b>1515</b>	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24	01:26:36
34	<b>BŁACH Piotr</b>	<b>1221</b>	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32	01:26:43
35	<b>SZKÓŁKA Marcin</b>	<b>896</b>	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39	01:26:54
36	<b>GOLDA Piotr</b>	<b>827</b>		M-40	00:00:26	00:24:12	00:46:36	01:08:27	01:27:29
37	<b>FRĄC Dariusz</b>	<b>1296</b>	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24	01:27:33
38	<b>WIECZOREK Dawid</b>	<b>638</b>	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37	01:27:34
39	<b>SLUPINA Maciej</b>	<b>270</b>		M-30	00:00:05	00:21:54	00:44:42	01:07:28	01:27:40
40	<b>KOCHUIEVSKYI Oleksandr</b>	<b>904</b>		M-20	00:01:35	00:22:39	00:45:22	01:07:54	01:27:41
41	<b>BERNACKI Eugeniusz</b>	<b>1006</b>	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45	01:27:46
42	<b>BEZUSZKO Tomasz</b>	<b>206</b>		M-40	00:01:08	00:23:26	00:46:17	01:08:32	01:28:13
43	<b>PIENIAŻEK Krzysztof</b>	<b>318</b>		M-40	00:00:24	00:22:34	00:45:25	01:08:18	01:28:28
44	<b>JANIK Johan</b>	<b>1177</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40	01:28:31
45	<b>ROSIKOŃ Tomasz</b>	<b>934</b>		M-30	00:00:20	00:22:33	00:45:16	01:08:09	01:28:36
46	<b>BYLINOWSKI Oleg</b>	<b>1307</b>	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56	01:28:37
47	<b>LESZCZYŃSKI Mariusz</b>	<b>843</b>		M-40	00:00:13	00:22:33	00:45:12	01:08:16	01:28:38
48	<b>WILK Andrzej</b>	<b>605</b>		M-30	00:01:12	00:22:16	00:45:13	01:08:21	01:29:01
49	<b>MADEJCZYK Tomasz</b>	<b>381</b>	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44	01:29:02
50	<b>KAŁAMARZ Mariusz</b>	<b>1099</b>	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23	01:29:07
51	<b>BOROWSKI Piotr</b>	<b>177</b>	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40	01:29:20
52	<b>KĘDZIOR Łukasz</b>	<b>536</b>	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14	01:29:20
53	<b>MAJEREK Marek</b>	<b>199</b>		M-40	00:00:10	00:22:38	00:45:44	01:08:57	01:29:40
54	<b>SZCZEPAŃSKI Tomasz</b>	<b>964</b>		M-30	00:00:13	00:23:03	00:46:26	01:09:37	01:29:54
55	<b>GŁOWACKI Jordan</b>	<b>727</b>	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51	01:29:56
56	<b>KUKUCZKA Mateusz</b>	<b>846</b>		M-30	00:00:29	00:23:22	00:46:55	01:09:50	01:30:07
57	<b>MISZTAL Kamil</b>	<b>1012</b>		M-30	00:00:22	00:23:20	00:46:36	01:09:56	01:30:14
58	<b>ANDRACZEK Bartosz</b>	<b>1265</b>		M-40	00:00:17	00:23:11	00:46:34	01:09:36	01:30:20
59	<b>PODGÓRSKI Tomasz</b>	<b>541</b>		M-30	00:00:39	00:24:03	00:47:26	01:10:27	01:30:21
60	<b>URBAŃCZYK Karol</b>	<b>160</b>	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05	01:30:23
61	<b>BELUCH Witold</b>	<b>322</b>		M-40	00:00:17	00:23:26	00:46:32	01:09:56	01:30:27
62	<b>BORSIAK Sebastian</b>	<b>151</b>		M-30	00:01:01	00:23:23	00:46:36	01:10:05	01:30:37
63	<b>CZAUDERNA Adrian</b>	<b>179</b>	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02	01:30:48
64	<b>TYCZYŃSKI Ryszard</b>	<b>1075</b>	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57	01:30:48
65	<b>SUTKOWSKI Jan</b>	<b>614</b>		M-30	00:00:51	00:23:56	00:47:36	01:10:53	01:30:50
66	<b>ŻEBROWSKI Adrian</b>	<b>404</b>		M-20	00:00:38	00:22:26	00:46:09	01:09:59	01:31:11
67	<b>JEZUSEK Piotr</b>	<b>432</b>	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10	01:31:13
68	<b>PACUŁA Piotr</b>	<b>194</b>	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17	01:31:30
69	<b>GAWĘŁKO Janusz</b>	<b>953</b>		M-50	00:00:11	00:23:13	00:46:49	01:10:24	01:31:31
70	<b>NAWRAT Piotr</b>	<b>132</b>		M-30	00:00:05	00:21:47	00:45:14	01:09:26	01:31:35
71	<b>KURCZEK Tomasz</b>	<b>484</b>		M-40	00:00:11	00:23:23	00:47:07	01:10:56	01:31:42
72	<b>MAZUR Krzysztof</b>	<b>1007</b>	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01	01:31:53
73	<b>SZNYDER Wojciech</b>	<b>439</b>	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33	01:31:58

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
74	<b>KUSEK Andrzej</b>	<b>1226</b>		M-40	00:00:25	00:25:32	00:49:52	01:13:05	01:32:01
75	<b>BONK Sebastian</b>	<b>82</b>	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09	01:32:21
76	<b>KUBIS Adrian</b>	<b>954</b>		M-40	00:00:21	00:23:47	00:47:22	01:11:01	01:32:23
77	<b>RUTKOWSKI Michał</b>	<b>224</b>		M-20	00:01:16	00:24:51	00:48:58	01:12:29	01:32:41
78	<b>SZOT Wojciech</b>	<b>11</b>		M-30	00:01:13	00:24:51	00:48:38	01:12:15	01:33:04
79	<b>GRONDYS Michał</b>	<b>17</b>	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00	01:33:10
80	<b>KRAJEWSKI Michał</b>	<b>818</b>		M-30	00:00:28	00:25:29	00:50:02	01:13:34	01:33:22
81	<b>ADAMSKI Kamil</b>	<b>655</b>	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06	01:33:32
82	<b>STACHOWICZ Michał</b>	<b>407</b>	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58	01:33:33
83	<b>DESZYŃSKI Damian</b>	<b>590</b>	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56	01:33:41
84	<b>CHMURKO Michał</b>	<b>1278</b>		M-30	00:00:26	00:24:00	00:48:39	01:13:03	01:33:49
85	<b>HADZIK Rafał</b>	<b>602</b>		M-30	00:00:37	00:24:32	00:49:06	01:13:37	01:34:06
86	<b>MAĆZKA Bronisław</b>	<b>987</b>		M-60	00:00:32	00:23:58	00:47:55	01:12:21	01:34:10
87	<b>ORLIK Jerzy</b>	<b>340</b>	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52	01:34:15
88	<b>KILIJANEK Adrian</b>	<b>1163</b>		M-30	00:01:09	00:24:11	00:48:20	01:13:05	01:34:21
89	<b>BEHRENDT Bartek</b>	<b>695</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32	01:34:26
90	<b>FUGOWSKI Roman</b>	<b>380</b>		M-50	00:00:13	00:23:53	00:47:45	01:12:02	01:34:33
91	<b>WANDOCH Tyberiusz</b>	<b>333</b>	CARRY ON W CZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46	01:34:34
92	<b>NOWAK Mariusz</b>	<b>813</b>	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36	01:34:38
93	<b>WALSKI Łukasz</b>	<b>680</b>	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13	01:34:42
94	<b>CICHY Andrzej</b>	<b>651</b>	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35	01:34:45
95	<b>BIERNAT Wojtek</b>	<b>93</b>	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46	01:34:48
96	<b>SZEWczyk Michał</b>	<b>911</b>		M-20	00:01:05	00:23:22	00:47:42	01:12:13	01:34:50
97	<b>SOLICH Patryk</b>	<b>1208</b>	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02	01:34:57
98	<b>DYMNICKI Andrzej</b>	<b>120</b>	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17	01:34:59
99	<b>PĘDOWSKI Wojciech</b>	<b>1056</b>		M-50	00:00:54	00:25:15	00:50:39	01:14:31	01:34:59
100	<b>CHWALISZEWSKI Jarosław</b>	<b>585</b>	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54	01:35:04
101	<b>PIKTAS Paweł</b>	<b>811</b>		M-40	00:00:10	00:23:23	00:46:50	01:11:51	01:35:13
102	<b>KUCZMA Jarosław</b>	<b>161</b>		M-40	00:00:30	00:25:10	00:49:56	01:14:27	01:35:15
103	<b>PANZ Krzysztof</b>	<b>838</b>		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:38
104	<b>NOWAKOWSKI Jarosław</b>	<b>555</b>	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39	01:35:39
105	<b>KOWAL Bartosz</b>	<b>95</b>		M-30	00:01:06	00:24:07	00:48:21	01:13:23	01:35:40
106	<b>RAJTOR Paweł</b>	<b>558</b>		M-30	00:00:16	00:25:47	00:50:39	01:15:09	01:35:43
107	<b>JAMRÓZ Wojciech</b>	<b>625</b>		M-40	00:00:09	00:21:24	00:45:56	01:11:50	01:35:46
108	<b>MALEC Arkadiusz</b>	<b>875</b>		M-30	00:01:21	00:24:15	00:49:33	01:14:30	01:35:47
109	<b>STRUG Mariusz</b>	<b>800</b>		M-40	00:01:14	00:25:01	00:49:29	01:14:05	01:35:51
110	<b>FRANKIEWICZ Artur</b>	<b>915</b>		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:52
111	<b>KOTAJNY Piotr</b>	<b>704</b>		M-40	00:00:34	00:24:59	00:49:31	01:14:00	01:36:02
112	<b>OCHMAN Ireneusz</b>	<b>234</b>	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39	01:36:02
113	<b>KOSMACZEWSKI Michał</b>	<b>684</b>		M-20	00:00:20	00:23:49	00:48:03	01:13:03	01:36:06
114	<b>KONIK Tomasz</b>	<b>370</b>	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09	01:36:23
115	<b>DACZYŃSKI Michał</b>	<b>431</b>	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13	01:36:43
116	<b>KRZYWICKI Jan</b>	<b>923</b>		M-60	00:00:40	00:24:35	00:49:23	01:14:23	01:36:44
117	<b>STAŃCZAK Grzegorz</b>	<b>173</b>		M-20	00:00:09	00:23:12	00:47:56	01:13:27	01:36:50
118	<b>KOZIELEC Tomasz</b>	<b>240</b>	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05	01:36:50

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
119	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11	01:36:52
120	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12	01:36:55
121	STOLARCZYK Marcin	1291	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02	01:37:03
122	SPINCZYK Andrzej	1009		M-40	00:00:59	00:24:19	00:49:16	01:14:49	01:37:09
123	GÓRKA Szymon	833		M-30	00:01:19	00:24:43	00:49:05	01:14:26	01:37:12
124	DYLONG Piotr	265		M-50	00:01:13	00:24:48	00:49:19	01:14:44	01:37:13
125	JASIK Grzegorz	1293	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34	01:37:18
126	PRZYBYLSKI Mariusz	330		M-40	00:00:26	00:25:39	00:50:59	01:15:43	01:37:20
127	PIETRZAK Marcin	244	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12	01:37:22
128	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43	01:37:28
129	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15	01:37:30
130	GRUSZKA Sławomir	740		M-30	00:01:13	00:25:57	00:51:38	01:16:33	01:37:37
131	SELIGA Paweł	60	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26	01:37:41
132	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24	01:37:41
133	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52	01:37:41
134	BAK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40	01:37:47
135	ZIĘBIK Grzegorz	891		M-30	00:00:46	00:25:18	00:50:48	01:16:11	01:37:48
136	WIEKIERA Adam	385		M-30	00:00:11	00:23:41	00:48:09	01:13:53	01:37:52
137	GRUSZCZYŃSKI Bogusław	902		M-60	00:00:32	00:24:57	00:50:16	01:15:28	01:38:03
138	KOŁODZIEJ Jacek	70	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10	01:38:04
139	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01	01:38:13
140	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35	01:38:14
141	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01	01:38:17
142	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06	01:38:19
143	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58	01:38:20
144	SOŚNIAK Tomasz	25	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10	01:38:22
145	ORZECH Michał	857	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04	01:38:26
146	IZBICKI Zbigniew	1113		M-40	00:00:28	00:25:25	00:50:33	01:15:52	01:38:30
147	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55	01:38:42
148	ROŻEK Jacek	53	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21	01:38:42
149	WAŚ Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21	01:38:43
150	ADAMOWSKI Jacek	1005	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31	01:38:44
151	MAJDA Kamil	786	PSYCHONAUCI	M-30	00:00:53	00:25:37	00:50:29	01:15:02	01:38:50
152	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54	01:38:51
153	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58	01:38:53
154	GORECKI Janusz	361		M-50	00:00:18	00:25:22	00:51:05	01:16:29	01:38:54
155	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58	01:38:54
156	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53	01:38:55
157	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12	01:38:59
158	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11	01:39:12
159	ĆWIKŁA Kamil	315	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10	01:39:20
160	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40	01:39:36
161	KĄDZIOŁKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06	01:39:39
162	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04	01:39:42
163	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49	01:39:46

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
164	<b>PISINGAS Mariusz</b>	<b>1150</b>		M-30	00:01:13	00:25:38	00:51:41	01:17:25	01:39:55
165	<b>OLSZEWSKI Tomasz</b>	<b>440</b>		M-20	00:01:16	00:25:41	00:51:54	01:17:35	01:39:57
166	<b>MACYSZYN Waldemar</b>	<b>730</b>		M-50	00:01:34	00:25:30	00:50:47	01:16:37	01:40:12
167	<b>MALINOWSKI Mihał</b>	<b>952</b>		M-30	00:00:38	00:25:26	00:51:06	01:16:51	01:40:20
168	<b>STEC Marcin</b>	<b>657</b>	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45	01:40:24
169	<b>TROJAK Grzegorz</b>	<b>1116</b>		M-16	00:01:13	00:26:32	00:52:04	01:17:48	01:40:30
170	<b>SIWCZYK Robert</b>	<b>538</b>		M-20	00:01:20	00:24:55	00:50:01	01:15:51	01:40:31
171	<b>GANSZCZYK Rafał</b>	<b>823</b>	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00	01:40:33
172	<b>DADAŚ Janusz</b>	<b>13</b>		M-40	00:00:37	00:25:37	00:51:15	01:17:02	01:40:40
173	<b>KOWALCZYK Grzegorz</b>	<b>247</b>		M-40	00:00:27	00:23:28	00:47:51	01:14:54	01:40:44
174	<b>ZIOBER Grzegorz</b>	<b>1092</b>	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33	01:40:51
175	<b>WIECHOWSKI Artur</b>	<b>209</b>	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32	01:40:52
176	<b>ZDANIEWICZ Radosław</b>	<b>1065</b>	PSYCHONAUCI	M-30	00:00:56	00:26:39	00:52:54	01:18:43	01:40:54
177	<b>GRABCZEWSKI Marcin</b>	<b>171</b>		M-30	00:00:21	00:25:43	00:51:31	01:17:21	01:41:11
178	<b>BAUMERT Rafał</b>	<b>597</b>	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45	01:41:14
179	<b>SOJKA Łukasz</b>	<b>1301</b>		M-30	00:01:29	00:25:26	00:51:12	01:17:11	01:41:25
180	<b>MACIEJCZYK Marcin</b>	<b>429</b>	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41	01:41:29
181	<b>BUJALSKI Michał</b>	<b>571</b>	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42	01:41:30
182	<b>KWAPIEŃ Paweł</b>	<b>1133</b>		M-30	00:00:09	00:25:38	00:51:37	01:17:45	01:41:32
183	<b>WIORA Łukasz</b>	<b>297</b>		M-30	00:00:23	00:25:47	00:51:36	01:17:44	01:41:49
184	<b>RABIEJ Rafał</b>	<b>906</b>		M-40	00:00:35	00:25:39	00:51:24	01:17:50	01:41:51
185	<b>WRÓBEL Maciej</b>	<b>1289</b>	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46	01:41:55
186	<b>WOJTAS Marcin</b>	<b>593</b>	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32	01:42:06
187	<b>KWAPIEŃ Aleksander</b>	<b>1111</b>		M-30	00:00:09	00:25:38	00:51:38	01:17:45	01:42:15
188	<b>DROZD Kajetan</b>	<b>677</b>	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39	01:42:18
189	<b>SIEJA Szymon</b>	<b>1103</b>	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48	01:42:31
190	<b>SAMUL Bartłomiej</b>	<b>1121</b>	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48	01:42:33
191	<b>HNATIUK Mateusz</b>	<b>679</b>		M-20	00:01:06	00:27:58	00:54:50	01:20:36	01:42:36
192	<b>DOBOSZ Mariusz</b>	<b>130</b>	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30	01:42:45
193	<b>OSIŃSKI Paweł</b>	<b>187</b>	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52	01:42:48
194	<b>TUREK Maciej</b>	<b>375</b>		M-40	00:01:06	00:26:20	00:53:30	01:20:17	01:43:03
195	<b>LEWANDOWSKI Henryk</b>	<b>733</b>		M-40	00:01:03	00:25:23	00:51:03	01:17:34	01:43:07
196	<b>SZWAJKOSZ Szczepan</b>	<b>275</b>	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52	01:43:12
197	<b>WITEK Jacek</b>	<b>1086</b>	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16	01:43:18
198	<b>SŁUSZNIAK Sławomir</b>	<b>799</b>		M-40	00:01:21	00:25:35	00:51:28	01:18:46	01:43:18
199	<b>NOWAKOWSKI Dominik</b>	<b>1294</b>	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13	01:43:19
200	<b>PENKALA Artur</b>	<b>131</b>	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30	01:43:22
201	<b>PAWLINA Piotr</b>	<b>103</b>		M-40	00:01:27	00:27:06	00:54:03	01:20:50	01:43:26
202	<b>WOŹNIAK Marek</b>	<b>608</b>		M-40	00:00:45	00:26:26	00:53:18	01:19:43	01:43:32
203	<b>SZESZKO Sławomir</b>	<b>612</b>		M-50	00:01:34	00:27:26	00:54:33	01:20:57	01:43:32
204	<b>ROŻEK Michał</b>	<b>550</b>		M-40	00:01:03	00:26:43	00:53:24	01:20:17	01:43:33
205	<b>BUK Marcin</b>	<b>286</b>		M-20	00:01:53	00:27:19	00:54:11	01:20:49	01:43:37
206	<b>SZUMSKI Tomasz</b>	<b>321</b>		M-40	00:00:27	00:25:52	00:51:47	01:18:47	01:43:38
207	<b>POKRYSZKA Wojciech</b>	<b>360</b>		M-20	00:00:29	00:25:39	00:51:49	01:18:56	01:43:39
208	<b>ZIMOCH Grzegorz</b>	<b>215</b>		M-30	00:00:12	00:26:19	00:54:41	01:22:40	01:43:44

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
209	KAMPKA Aleksander	149		M-40	00:00:34	00:26:34	00:53:29	01:20:21	01:43:51
210	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45	01:43:59
211	WÓJCIK Tomasz	22		M-30	00:01:16	00:26:37	00:53:17	01:19:47	01:44:05
212	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06	01:44:27
213	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19	01:44:27
214	ZEMŁA Piotr	195		M-40	00:00:42	00:26:25	00:53:40	01:20:46	01:44:33
215	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10	01:44:36
216	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11	01:44:40
217	GIERAS Mirosław	469		M-40	00:00:33	00:25:29	00:51:22	01:19:30	01:44:43
218	SZCZĘŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22	01:44:44
219	GADAWSKI Bartłomiej	242	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38	01:44:46
220	KUŚKA Paweł	346		M-30	00:00:45	00:26:03	00:52:55	01:20:12	01:44:54
221	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05	01:44:58
222	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28	01:45:01
223	KRUSZYŃSKI Marcin	301	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59	01:45:13
224	FUGOWSKI Grzegorz	283		M-30	00:01:33	00:25:47	00:53:00	01:20:45	01:45:18
225	MICHALSKI Bartosz	85		M-40	00:01:14	00:27:21	00:54:28	01:21:31	01:45:20
226	KOPCIK Tomasz	982	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17	01:45:36
227	KROPKA Szymon	140	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18	01:45:37
228	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50	01:46:03
229	TKOCZ Rafał	323		M-30	00:01:09	00:27:22	00:54:37	01:21:58	01:46:03
230	BARAŃSKI Grzegorz	111		M-30	00:01:12	00:27:29	00:54:53	01:22:11	01:46:04
231	GAŁECZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06	01:46:12
232	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24	01:46:16
233	SZULC Michał	1021	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17
234	GONERA Paweł	676		M-40	00:00:47	00:25:59	00:53:27	01:21:34	01:46:28
235	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44	01:46:45
236	UJMA Michał	962		M-30	00:00:51	00:28:44	00:55:06	01:22:51	01:46:48
237	KUBIT Bartłomiej	1304		M-30	00:00:55	00:28:41	00:55:02		01:46:54
238	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53	01:47:04
239	ŁUSIAK Mariusz	1135		M-30	00:00:45	00:27:33	00:55:21	01:22:55	01:47:10
240	PŁOMIN Marcin	1206	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00	01:47:12
241	KRAJEWSKI Radosław	486		M-30	00:00:41	00:26:05	00:53:18	01:20:38	01:47:12
242	WILIMSKI Tomasz	101	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01	01:47:14
243	ROLEK Marcin	73		M-30	00:01:39	00:27:27	00:55:06	01:22:17	01:47:15
244	RENKIEL Tomasz	55	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50	01:47:25
245	POPIEL Artur	21		M-40	00:01:08	00:27:56	00:55:15	01:23:09	01:47:38
246	BIERNAT Adam	268		M-40	00:01:38	00:28:06	00:55:49	01:23:20	01:47:40
247	FEREFCKI Paweł	604		M-30	00:01:15	00:25:40	00:53:16	01:21:55	01:47:47
248	DĄBROWSKI Marcin	257		M-30	00:01:10	00:26:33	00:54:30	01:22:35	01:47:48
249	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57	01:47:49
250	WIŚNIEWSKI Paweł	1169	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19	01:47:53
251	PADOŁ Zbigniew	141	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34	01:48:31
252	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31
253	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09	01:48:32

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
254	JANOSZEK Piotr	293		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04
255	KOZŁOWSKI Przemysław	549		M-30	00:00:43	00:27:49	00:55:38	01:23:32	01:49:05
256	RYGIEL Sebastian	143		M-30	00:01:54	00:29:04	00:57:51	01:25:35	01:49:13
257	WIECZOREK Jarosław	2		M-30	00:00:54	00:29:07	00:57:05	01:25:09	01:49:16
258	BUFNAL Krzysztof	574		M-40	00:01:53	00:29:00	00:56:08	01:24:11	01:49:21
259	BUGAJSKI Mariusz	844		M-40	00:00:02	00:24:36	00:52:11	01:21:05	01:49:22
260	KLYTA Wojciech	1284		M-40	00:01:41	00:27:13	00:54:21	01:22:05	01:49:30
261	SZOŁTYSIK Paweł	213	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36	01:49:46
262	ZALEWSKI Krzysztof	900		M-40	00:00:47	00:26:46	00:54:47	01:22:31	01:50:17
263	BLASZKE Waldemar	159	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26	01:50:22
264	BŁASZCZYSZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27	01:50:44
265	DĘBSKI Mariusz	1270	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48	01:50:52
266	KLAWENDER Ryszard	1090	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55	01:50:56
267	ZIELIŃSKI Marek	317		M-30	00:01:47	00:27:52	00:55:55	01:24:37	01:51:15
268	WÓJCIK Rafał	327		M-40	00:00:35	00:27:40	00:55:24	01:23:39	01:51:29
269	KRAKOWSKI Jacek	1505		M-40	00:01:18	00:29:36	00:59:00	01:27:31	01:51:36
270	ZGÓRSKI Grzegorz	116		M-30	00:00:42	00:25:47	00:52:30	01:22:42	01:51:39
271	BOGULAK Grzegorz	184	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13	01:52:04
272	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02	01:52:35
273	MACHNOWSKI Wojciech	19	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09	01:52:42
274	ORYSZCZAK Łukasz	313		M-30	00:01:21	00:27:13	00:56:17	01:26:03	01:53:08
275	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04	01:53:10
276	GAŚCZCZAK Tadeusz	1279		M-70	00:00:32	00:29:15	00:58:24	01:28:08	01:53:35
277	STOKŁOSA Marcin	222		M-40	00:01:11	00:30:23	00:59:25	01:27:51	01:53:42
278	SZUBERT Grzegorz	6		M-40	00:00:46	00:26:29	00:55:26	01:25:20	01:53:53
279	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55	01:54:00
280	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21	01:54:23
281	GRACH Tomasz	311	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31	01:54:28
282	KORDECKI Bartosz	1071		M-30	00:01:35	00:30:33	01:01:02	01:29:57	01:54:39
283	KURIANOWICZ Wiesław	436	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09	01:55:15
284	MAŚLANKA Ireneusz	1093	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19	01:55:16
285	DACZYŃSKI Kajetan	458	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18	01:55:26
286	ORLEF Jarosław	566		M-40	00:00:39	00:28:19	00:57:34	01:27:43	01:56:03
287	STOLARCZYK Robert	115	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22	01:56:24
288	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38	01:56:28
289	CZAPEK Marek	309	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20	01:56:36
290	GABRYŚ Seba	1277	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24	01:56:40
291	TKACZUK Marcin	1016	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26	01:56:44
292	LEWICKI Krzysztof	43	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25	01:56:44
293	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52	01:56:45
294	GRZESIKIEWICZ Mariusz	426		M-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:15
295	KAPIAS Krystian	521		M-40	00:01:07	00:30:05	01:00:12	01:30:21	01:57:15
296	LIPSKI Dariusz	71		M-30	00:01:52	00:29:39	01:00:59	01:30:22	01:57:15
297	PRYMAS Krystian	32		M-30	00:00:48	00:26:24	00:55:23	01:29:02	01:57:25
298	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25	01:57:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km	19 km 19.2km
299	<b>GRABOWSKI Lech</b>	<b>1165</b>		M-50	00:00:06	00:26:55	00:56:12	01:28:19	01:57:40
300	<b>DROZDOWSKI Wojciech</b>	<b>1125</b>	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39	01:58:05
301	<b>DYNEK Sebastian</b>		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14	01:58:33
302	<b>MIGDAŁ Grzegorz</b>	<b>29</b>	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07	01:58:57
303	<b>FURMANIK Jacek</b>	<b>648</b>	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40	01:59:24
304	<b>MARKOWICZ Piotr</b>	<b>1298</b>	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54	01:59:28
305	<b>WESTER Mieczysław</b>	<b>1219</b>	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13	01:59:31
306	<b>BIERNACKI Tomasz</b>	<b>626</b>		M-40	00:01:19	00:30:59	01:02:44	01:34:51	02:02:00
307	<b>POŁOK Adrian</b>	<b>1022</b>	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12	02:02:30
308	<b>ŻOCHOWSKI Leszek</b>	<b>225</b>		M-40	00:00:52	00:29:58	01:00:21	01:31:40	02:02:54
309	<b>BRODIUK Norbert</b>	<b>622</b>	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26	02:03:02
310	<b>STACHOWSKI Wojciech</b>	<b>930</b>		M-30	00:01:30	00:30:12	01:01:48	01:34:18	02:03:35
311	<b>ŁYSIUK Grzegorz</b>	<b>506</b>		M-30	00:01:30	00:30:59	01:03:13	01:35:58	02:04:51
312	<b>LEDWOŃ Jakub</b>	<b>87</b>	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37	02:05:30
313	<b>KURPIOS Piotr</b>	<b>542</b>		M-30	00:01:35	00:34:02	01:06:49	01:37:57	02:05:43
314	<b>KONTNY Paweł</b>	<b>1032</b>		M-70	00:01:55	00:31:00	01:02:50	01:35:38	02:05:53
315	<b>MISZTAŁ Andrzej</b>	<b>975</b>		M-40	00:01:52	00:30:56	01:02:52	01:36:06	02:06:19
316	<b>SULIN Marek</b>	<b>949</b>	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48	02:06:34
317	<b>DYRAGA Marcin</b>	<b>559</b>	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24	02:06:45
318	<b>GILEWSKI Franciszek</b>	<b>543</b>	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50	02:07:06
319	<b>FLORECKI Andrzej</b>	<b>112</b>	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30	02:09:25
320	<b>JEŻEWSKI Adam</b>	<b>328</b>	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42	02:11:09
321	<b>ROJEK Michał</b>	<b>856</b>		M-30	00:00:58	00:29:20	01:02:08	01:36:14	02:11:15
322	<b>BOBA Ryszard</b>	<b>485</b>		M-60	00:01:31	00:30:25	01:04:21	01:38:56	02:11:51
323	<b>FORYST Wojciech</b>	<b>560</b>		M-60	00:01:22	00:31:01	01:03:26	01:38:35	02:13:56
324	<b>DZIEDZIC Dominik</b>	<b>39</b>	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01	02:15:22
325	<b>RAKINT Bogdan</b>	<b>44</b>	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23	02:15:23
326	<b>ŻELEZNY Tomasz</b>	<b>69</b>	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36	02:21:19
327	<b>SMOŁA Mieczysław</b>	<b>1240</b>	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01		
328	<b>OZYP Mariusz</b>	<b>303</b>	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18	
329	<b>SIEJA Sebastian</b>	<b>7</b>	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58	
330	<b>IMIOŁEK Krzysztof</b>	<b>717</b>		M-30	00:00:14	00:23:29	00:46:46	01:10:07	
331	<b>FLASIŃSKI Michał</b>	<b>912</b>		M-30	00:00:17	00:23:03	00:46:20	01:09:54	
332	<b>GOŁĘBIEWSKI Bartek</b>	<b>696</b>		M-40	00:00:18	00:22:44	00:45:37	01:08:07	
333	<b>BIEŃKOWSKI Piotr</b>	<b>922</b>		M-20	00:00:21	00:24:01	00:49:12	01:15:49	
334	<b>NITKA Sebastian</b>	<b>52</b>		M-40	00:00:30	00:23:40	00:47:49	01:11:54	
335	<b>KUPKA Bartosz</b>	<b>1232</b>	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21	
336	<b>DZIECIĄTKOWSKI Jarosław</b>	<b>1237</b>	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01	
337	<b>MAY-MAJEWSKI Michał</b>	<b>793</b>		M-30	00:00:48	00:25:35	00:51:01	01:16:19	
338	<b>KUROWICZ Marcin</b>	<b>539</b>	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26	
339	<b>TEICHMANN Norbert</b>	<b>1002</b>		M-50	00:01:21	00:25:43	00:50:56	01:14:47	
340	<b>JASIKOWSKI Łukasz</b>	<b>89</b>		M-20	00:01:23	00:27:20			
341	<b>WOJTUKIEWICZ Artur</b>	<b>691</b>		M-30	00:01:35	00:28:58	01:02:18		
342	<b>RYZIŃSKI Dariusz</b>	<b>255</b>		M-40	00:01:40	00:25:20	00:51:01	01:17:03	
343	<b>NITARSKI Patryk</b>	<b>899</b>		M-30	00:01:44	00:23:51	00:47:53	01:11:49	



Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km
344	<b>WRÓBEL Adam</b>	<b>59</b>		M-30	00:01:54	00:22:30	00:45:40	01:09:29	

Znaleziono 344 wynik(ów)