



III PÓŁMARATON GLIWICKI

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Punkt pomiarowy: 19,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
DQ	LEGIEŻYŃSKI Krzysztof	45	KATAGURUME	M-30	DQ	DQ	00:24:04 DQ	DQ	00:48:09 DQ	00:52:36 DQ
2	SZCZECIŃSKI Maciej	1024		M-30	00:00:03	00:19:24	00:38:38	00:57:37	01:13:42	01:16:35
3	BOCHEŃSKI Grzegorz	90	SBRT GLIWICE	M-40	00:00:03	00:18:49	00:37:47	00:56:56	01:13:58	01:17:00
4	NOWICKI Michał	669	KW GLIWICE	M-16	00:00:03	00:19:19	00:38:37	00:57:45	01:14:11	01:17:29
5	ŚLIWIŃSKI Piotr	252	OPEL ACTIVE TEAM GLIWICE	M-30	00:00:01	00:18:16	00:37:26	00:57:05	01:14:26	01:17:33
6	KULIG Rafał	28	6BPD	M-30	00:00:06	00:19:21	00:38:42	00:58:14	01:15:07	01:18:04
7	KRZAK Robert	1312	AUTHOR BICYCLES	M-50	00:00:01	00:19:36	00:39:16	00:58:51	01:15:51	01:18:52
8	BUDKA Borys	4	SEJM RP	M-30	00:00:01	00:19:36	00:39:16	00:58:52	01:15:52	01:18:53
9	DUŻNIAK Dominik	166	STEP-DANCE RUN	M-30	00:00:02	00:19:41	00:40:01	01:00:25	01:18:33	01:22:07
10	BAGAN Grzegorz	12	GOGGLE PAE TEAM	M-40	00:00:03	00:19:53	00:40:26	01:01:54	01:20:26	01:23:48
11	SKORUPKA Adam	575	III LO IM. WINCENTEGO STYCZYŃSKIEGO	M-16	00:00:08	00:20:53	00:42:07	01:02:59	01:20:53	01:24:03
12	PACZKA Michał	1299		M-40	00:00:10	00:20:35	00:41:49	01:02:53	01:20:46	01:24:05
13	KUPIJAJ Marcin	410	SOCIOS GÓRNIK	M-20	00:00:30	00:20:44	00:41:43	01:02:36	01:21:09	01:24:34
14	WIECHUŁA Marcin	169		M-30	00:00:06	00:20:02	00:40:56	01:02:20	01:21:12	01:24:42
15	LASKOWSKI Tomasz	118	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:54	00:42:03	01:03:21	01:22:35	01:25:51
16	NOGAJ Janusz	1037	OCHAJORUN & FRIENDS	M-30	00:00:08	00:21:09	00:42:11	01:03:31	01:22:35	01:25:57
17	LEWICKI Tomasz	15	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:07	00:20:45	00:42:03	01:03:30	01:22:44	01:26:11
18	CHOMIK Rafał	869	T2 TRIATHLON TEAM	M-30	00:00:03	00:19:42	00:40:57	01:02:55	01:22:53	01:26:23
19	RODAK Piotr	298	MZT	M-50	00:00:10	00:21:54	00:43:49	01:05:05	01:23:29	01:26:48
20	CZABAŃSKI Rafał	259	RUNHOGS TYCHY	M-30	00:00:09	00:21:41	00:43:33	01:05:08	01:23:57	01:27:23
21	STASIAK Mirosław	588	NIGHT RUNNERS GLIWICE	M-30	00:00:30	00:21:11	00:42:26	01:05:06	01:24:19	01:27:43
22	WÓJCIK Dariusz	1156		M-40	00:00:10	00:21:07	00:42:52	01:04:23	01:24:11	01:27:51
23	KRĘŻOŁEK Daniel	741		M-30	00:00:25	00:22:11	00:44:02	01:05:51	01:24:52	01:28:14
24	GRAMATYKA Jan	729		M-30	00:00:16	00:22:05	00:44:17	01:06:16	01:25:38	01:29:04
25	RACZEK Sławomir	46	KELLER TEAM	M-30	00:00:06	00:21:09	00:43:03	01:05:31	01:25:38	01:29:17
26	BEHRENDT Jakub	931	KB LECE BO CHCE	M-40	00:00:08	00:21:10	00:43:38	01:06:15	01:25:59	01:29:28
27	OZYP Mariusz	1288	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:03	00:21:54	00:44:13	01:06:18	01:25:58	01:29:29
28	OZYP Mariusz	303	607376112	M-20	00:00:03	00:21:54	00:44:12	01:06:18		01:29:29

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
29	WANIEWSKI Michał	250		M-30	00:00:18	00:22:47	00:45:14	01:06:59	01:26:13	01:29:38
30	ŁUSZCZ Remigiusz	589	NASNIEDOGONIAT	M-16	00:00:47	00:20:12	00:41:02	01:03:33	01:25:29	01:29:39
31	DOMAŃSKI Marcin	83	BFRT & LAUF TEAM THIESEN	M-40	00:00:14	00:21:43	00:43:49	01:06:28	01:26:11	01:29:41
32	ŚLIWA Paweł	908		M-20	00:00:14	00:23:02	00:45:15	01:07:16	01:26:17	01:29:41
33	CHRAPKOWICZ Damian	365	304	M-20	00:00:37	00:22:11	00:44:18	01:06:29	01:26:19	01:29:44
34	WAWRZAK Ryszard	1515	SBRT	M-40	00:00:16	00:21:27	00:43:42	01:06:24	01:26:36	01:30:12
35	BŁACH Piotr	1221	SBRT GLIWICE	M-40	00:00:08	00:21:18	00:43:03	01:06:32	01:26:43	01:30:20
36	SZKÓŁKA Marcin	896	WARY PANY	M-30	00:00:43	00:22:45	00:45:21	01:07:39	01:26:54	01:30:25
37	SIEJA Sebastian	7	JW 4415	M-20	00:00:11	00:22:19	00:44:23	01:06:58		01:30:33
38	GOŁĘBIEWSKI Bartek	696		M-40	00:00:18	00:22:44	00:45:37	01:08:07		01:30:50
39	GOLDA Piotr	827		M-40	00:00:26	00:24:12	00:46:36	01:08:27	01:27:29	01:30:51
40	WIECZOREK Dawid	638	PSYCHONAUCI	M-30	00:00:54	00:22:40	00:45:03	01:07:37	01:27:34	01:31:04
41	FRĄC Dariusz	1296	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:14	00:22:16	00:44:46	01:07:24	01:27:33	01:31:09
42	KOCHUIEVSKYI Oleksandr	904		M-20	00:01:35	00:22:39	00:45:22	01:07:54	01:27:41	01:31:11
43	SLUPINA Maciej	270		M-30	00:00:05	00:21:54	00:44:42	01:07:28	01:27:40	01:31:22
44	BERNACKI Eugeniusz	1006	GPRS HYDROKOP	M-50	00:00:50	00:21:59	00:44:45	01:07:45	01:27:46	01:31:24
45	BEZUSZKO Tomasz	206		M-40	00:01:08	00:23:26	00:46:17	01:08:32	01:28:13	01:31:49
46	PIENIAŻEK Krzysztof	318		M-40	00:00:24	00:22:34	00:45:25	01:08:18	01:28:28	01:32:04
47	BYLINOWSKI Oleg	1307	GTT	M-40	00:00:14	00:23:12	00:46:18	01:08:56	01:28:37	01:32:13
48	JANIK Johan	1177	NIGHT RUNNERS GLIWICE	M-30	00:00:15	00:22:49	00:45:48	01:08:40	01:28:31	01:32:13
49	ROSIKOŃ Tomasz	934		M-30	00:00:20	00:22:33	00:45:16	01:08:09	01:28:36	01:32:20
50	LESZCZYŃSKI Mariusz	843		M-40	00:00:13	00:22:33	00:45:12	01:08:16	01:28:38	01:32:21
51	WILK Andrzej	605		M-30	00:01:12	00:22:16	00:45:13	01:08:21	01:29:01	01:32:43
52	MADEJCZYK Tomasz	381	MTM	M-30	00:01:39	00:22:53	00:45:47	01:08:44	01:29:02	01:32:44
53	KAŁAMARZ Mariusz	1099	RUN KAZIK RUN	M-40	00:00:09	00:22:02	00:45:08	01:08:23	01:29:07	01:32:46
54	BOROWSKI Piotr	177	OPEL ACTIVE TEAM	M-50	00:00:31	00:22:51	00:45:36	01:08:40	01:29:20	01:32:58
55	KĘDZIOR Łukasz	536	HOLBOX RUNNERS	M-30	00:00:33	00:22:47	00:46:03	01:09:14	01:29:20	01:33:02
56	MAJEREK Marek	199		M-40	00:00:10	00:22:38	00:45:44	01:08:57	01:29:40	01:33:30
57	SZCZEPAŃSKI Tomasz	964		M-30	00:00:13	00:23:03	00:46:26	01:09:37	01:29:54	01:33:32
58	GŁOWACKI Jordan	727	JW 4115	M-30	00:02:10	00:23:52	00:46:20	01:09:51	01:29:56	01:33:39
59	MISZTAL Kamil	1012		M-30	00:00:22	00:23:20	00:46:36	01:09:56	01:30:14	01:33:45
60	KUKUCZKA Mateusz	846		M-30	00:00:29	00:23:22	00:46:55	01:09:50	01:30:07	01:33:48
61	FLASIŃSKI Michał	912		M-30	00:00:17	00:23:03	00:46:20	01:09:54		01:33:51
62	ANDRACZEK Bartosz	1265		M-40	00:00:17	00:23:11	00:46:34	01:09:36	01:30:20	01:33:56
63	PODGÓRSKI Tomasz	541		M-30	00:00:39	00:24:03	00:47:26	01:10:27	01:30:21	01:34:01
64	URBAŃCZYK Karol	160	NIGHT RUNNERS GLIWICE	M-20	00:00:13	00:23:28	00:46:45	01:10:05	01:30:23	01:34:03
65	BELUCH Witold	322		M-40	00:00:17	00:23:26	00:46:32	01:09:56	01:30:27	01:34:17
66	BORSIAK Sebastian	151		M-30	00:01:01	00:23:23	00:46:36	01:10:05	01:30:37	01:34:17
67	SUTKOWSKI Jan	614		M-30	00:00:51	00:23:56	00:47:36	01:10:53	01:30:50	01:34:28
68	TYCZYŃSKI Ryszard	1075	FC KNURÓW/COMBAT 56	M-30	00:00:53	00:23:04	00:46:34	01:09:57	01:30:48	01:34:34
69	CZAUDERNA Adrian	179	OCHAJORUN&FRIENDS	M-40	00:00:20	00:23:25	00:46:39	01:10:02	01:30:48	01:34:39
70	IMIOŁEK Krzysztof	717		M-30	00:00:14	00:23:29	00:46:46	01:10:07		01:35:05
71	ŻEBROWSKI Adrian	404		M-20	00:00:38	00:22:26	00:46:09	01:09:59	01:31:11	01:35:05
72	PACUŁA Piotr	194	OPEL ACTIVE TEAM GLIWICE	M-50	00:00:03	00:23:18	00:46:49	01:10:17	01:31:30	01:35:16
73	GAWEŁKO Janusz	953		M-50	00:00:11	00:23:13	00:46:49	01:10:24	01:31:31	01:35:17

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
74	KUSEK Andrzej	1226		M-40	00:00:25	00:25:32	00:49:52	01:13:05	01:32:01	01:35:19
75	JEZUSEK Piotr	432	SBRT	M-30	00:00:17	00:22:51	00:45:49	01:09:10	01:31:13	01:35:28
76	KURCZEK Tomasz	484		M-40	00:00:11	00:23:23	00:47:07	01:10:56	01:31:42	01:35:31
77	WRÓBEL Adam	59		M-30	00:01:54	00:22:30	00:45:40	01:09:29		01:35:35
78	SZNYDER Wojciech	439	SPORTSTYLE GLIWICE	M-40	00:00:15	00:24:01	00:48:01	01:11:33	01:31:58	01:35:38
79	NAWRAT Piotr	132		M-30	00:00:05	00:21:47	00:45:14	01:09:26	01:31:35	01:35:40
80	MAZUR Krzysztof	1007	NOWA GLIWICE	M-40	00:00:25	00:24:04	00:47:43	01:11:01	01:31:53	01:35:42
81	BONK Sebastian	82	BMS	M-40	00:00:50	00:23:41	00:47:18	01:11:09	01:32:21	01:36:11
82	RUTKOWSKI Michał	224		M-20	00:01:16	00:24:51	00:48:58	01:12:29	01:32:41	01:36:18
83	KUBIS Adrian	954		M-40	00:00:21	00:23:47	00:47:22	01:11:01	01:32:23	01:36:19
84	NITARSKI Patryk	899		M-30	00:01:44	00:23:51	00:47:53	01:11:49		01:36:34
85	SZOT Wojciech	11		M-30	00:01:13	00:24:51	00:48:38	01:12:15	01:33:04	01:36:46
86	KRAJEWSKI Michał	818		M-30	00:00:28	00:25:29	00:50:02	01:13:34	01:33:22	01:36:48
87	GRONDYS Michał	17	SBRT	M-30	00:00:21	00:23:23	00:46:41	01:11:00	01:33:10	01:37:08
88	ADAMSKI Kamil	655	LEGION WILCZE GARDŁO	M-20	00:00:53	00:23:51	00:47:50	01:12:06	01:33:32	01:37:17
89	STACHOWICZ Michał	407	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:01:12	00:25:26	00:49:21	01:12:58	01:33:33	01:37:19
90	CHMURKO Michał	1278		M-30	00:00:26	00:24:00	00:48:39	01:13:03	01:33:49	01:37:31
91	NITKA Sebastian	52		M-40	00:00:30	00:23:40	00:47:49	01:11:54		01:37:37
92	DESZYŃSKI Damian	590	ISTA BIEGAMY	M-30	00:00:09	00:23:45	00:47:50	01:11:56	01:33:41	01:37:44
93	HADZIK Rafał	602		M-30	00:00:37	00:24:32	00:49:06	01:13:37	01:34:06	01:37:47
94	MAĆZKA Bronisław	987		M-60	00:00:32	00:23:58	00:47:55	01:12:21	01:34:10	01:38:05
95	ORLIK Jerzy	340	PLASTIC OMNIUM	M-50	00:01:24	00:24:27	00:48:32	01:12:52	01:34:15	01:38:07
96	BEHRENDT Bartek	695	NIGHT RUNNERS GLIWICE	M-40	00:00:50	00:24:04	00:48:11	01:12:32	01:34:26	01:38:14
97	KILIJANEK Adrian	1163		M-30	00:01:09	00:24:11	00:48:20	01:13:05	01:34:21	01:38:14
98	NOWAK Mariusz	813	HIRSCHVOGEL COMPONENTS POLAND	M-30	00:00:35	00:25:04	00:49:29	01:13:36	01:34:38	01:38:25
99	WALSKI Łukasz	680	RANGER SURVIVAL CLUB	M-30	00:01:42	00:26:20	00:50:46	01:14:13	01:34:42	01:38:25
100	CICHY Andrzej	651	OPEL ACTIVE TEAM	M-20	00:00:06	00:21:16	00:45:07	01:11:35	01:34:45	01:38:34
101	WANDOCH Tyberiusz	333	CARRY ON W CZORAJSI	M-30	00:00:38	00:24:01	00:48:25	01:12:46	01:34:34	01:38:35
102	FUGOWSKI Roman	380		M-50	00:00:13	00:23:53	00:47:45	01:12:02	01:34:33	01:38:39
103	PĘDOWSKI Wojciech	1056		M-50	00:00:54	00:25:15	00:50:39	01:14:31	01:34:59	01:38:39
104	SOLICH Patryk	1208	SBRT GLIWICE	M-30	00:00:20	00:23:55	00:48:29	01:13:02	01:34:57	01:38:53
105	BIERNAT Wojtek	93	OPEL ACTIVE TEAM	M-40	00:00:21	00:24:14	00:48:21	01:12:46	01:34:48	01:38:55
106	SZEWCZYK Michał	911		M-20	00:01:05	00:23:22	00:47:42	01:12:13	01:34:50	01:38:57
107	CHWALISZEWSKI Jarosław	585	NIGHT RUNNERS GLIWICE	M-40	00:00:33	00:23:57	00:49:10	01:13:54	01:35:04	01:39:00
108	KUCZMA Jarosław	161		M-40	00:00:30	00:25:10	00:49:56	01:14:27	01:35:15	01:39:01
109	PANZ Krzysztof	838		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:38	01:39:19
110	NOWAKOWSKI Jarosław	555	FORGOSIA	M-40	00:00:15	00:25:14	00:50:11	01:14:39	01:35:39	01:39:23
111	RAJTOR Paweł	558		M-30	00:00:16	00:25:47	00:50:39	01:15:09	01:35:43	01:39:28
112	PIKTAS Paweł	811		M-40	00:00:10	00:23:23	00:46:50	01:11:51	01:35:13	01:39:30
113	MALEC Arkadiusz	875		M-30	00:01:21	00:24:15	00:49:33	01:14:30	01:35:47	01:39:31
114	TEICHMANN Norbert	1002		M-50	00:01:21	00:25:43	00:50:56	01:14:47		01:39:37
115	STRUG Mariusz	800		M-40	00:01:14	00:25:01	00:49:29	01:14:05	01:35:51	01:39:46
116	FRANKIEWICZ Artur	915		M-30	00:00:36	00:25:12	00:49:53	01:14:25	01:35:52	01:39:48
117	KOWAL Bartosz	95		M-30	00:01:06	00:24:07	00:48:21	01:13:23	01:35:40	01:39:49
118	OCHMAN Ireneusz	234	OPEL ACTIVE TEAM	M-40	00:00:40	00:23:44	00:48:39	01:13:39	01:36:02	01:39:55

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119	KOTAJNY Piotr	704		M-40	00:00:34	00:24:59	00:49:31	01:14:00	01:36:02	01:40:06
120	KONIK Tomasz	370	KONIK TEAM	M-40	00:00:37	00:24:19	00:49:14	01:14:09	01:36:23	01:40:12
121	JAMRÓZ Wojciech	625		M-40	00:00:09	00:21:24	00:45:56	01:11:50	01:35:46	01:40:14
122	KOSMACZEWSKI Michał	684		M-20	00:00:20	00:23:49	00:48:03	01:13:03	01:36:06	01:40:22
123	DACZYŃSKI Michał	431	GRUPA CMYKI	M-30	00:00:22	00:25:39	00:50:25	01:15:13	01:36:43	01:40:24
124	KRZYWICKI Jan	923		M-60	00:00:40	00:24:35	00:49:23	01:14:23	01:36:44	01:40:41
125	LIGOCKI Szymon	1255	CHOP ZE ŻELAZA TRI TEAM	M-20	00:00:19	00:23:50	00:48:45	01:14:11	01:36:52	01:40:48
126	KOZIELEC Tomasz	240	PĘDZĄCE MISIE	M-40	00:00:22	00:25:05	00:50:07	01:15:05	01:36:50	01:40:50
127	DYMNICKI Andrzej	120	OCHAJORUN & FRIENDS	M-40	00:00:20	00:23:29	00:47:32	01:12:17	01:34:59	01:40:53
128	STOLARCZYK Marcin	1291	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:32	00:25:19	00:50:08	01:15:02	01:37:03	01:41:03
129	STAŃCZAK Grzegorz	173		M-20	00:00:09	00:23:12	00:47:56	01:13:27	01:36:50	01:41:04
130	SPINCZYK Andrzej	1009		M-40	00:00:59	00:24:19	00:49:16	01:14:49	01:37:09	01:41:10
131	BOJANEK Tomasz	1031		M-20	00:00:20	00:24:12	00:48:29	01:13:12	01:36:55	01:41:14
132	BAK-CESARZ Damian	552		M-40	00:01:38	00:26:39	00:52:55	01:17:40	01:37:47	01:41:15
133	DYLONG Piotr	265		M-50	00:01:13	00:24:48	00:49:19	01:14:44	01:37:13	01:41:16
134	GÓRKA Szymon	833		M-30	00:01:19	00:24:43	00:49:05	01:14:26	01:37:12	01:41:17
135	PRZYBYLSKI Mariusz	330		M-40	00:00:26	00:25:39	00:50:59	01:15:43	01:37:20	01:41:20
136	GRUSZKA Sławomir	740		M-30	00:01:13	00:25:57	00:51:38	01:16:33	01:37:37	01:41:25
137	JASIK Grzegorz	1293	MOMO RESTAURANT & COCKTAIL BAR	M-40	00:00:19	00:23:56	00:48:31	01:13:34	01:37:18	01:41:26
138	PIETRZAK Marcin	244	STRAŻAK JRG GLIWICE	M-40	00:00:19	00:23:51	00:48:45	01:14:12	01:37:22	01:41:35
139	ZIĘBIK Grzegorz	891		M-30	00:00:46	00:25:18	00:50:48	01:16:11	01:37:48	01:41:37
140	SCHAB Bartłomiej	642		M-20	00:00:38	00:23:41	00:48:29	01:14:15	01:37:30	01:41:45
141	SŁOWIKOWSKI Damian	707		M-20	00:01:27	00:24:44	00:49:35	01:14:52	01:37:41	01:41:45
142	SELIGA Paweł	60	BIEGAJ Z TRENERAMI GLIWICE	M-30	00:00:13	00:24:16	00:49:12	01:14:26	01:37:41	01:41:50
143	KOŁODZIEJ Jacek	70	NIGHT RUNNERS GLIWICE	M-40	00:00:20	00:25:46	00:50:56	01:16:10	01:38:04	01:41:59
144	GRUSZCZYŃSKI Bogusław	902		M-60	00:00:32	00:24:57	00:50:16	01:15:28	01:38:03	01:42:04
145	KRAKOWCZYK Adam	496	SBRT GLIWICE	M-30	00:00:19	00:25:45	00:51:27	01:16:58	01:38:20	01:42:08
146	DROZD Grzegorz	274		M-20	00:00:43	00:26:13	00:51:14	01:16:01	01:38:13	01:42:10
147	WIEKIERA Adam	385		M-30	00:00:11	00:23:41	00:48:09	01:13:53	01:37:52	01:42:13
148	KULASEK Michał	917		M-20	00:00:08	00:22:13	00:46:48	01:12:43	01:37:28	01:42:14
149	BAJ Tomasz	236		M-20	00:00:19	00:23:37	00:48:27	01:14:35	01:38:14	01:42:16
150	KOŁAK Szymon	335	PIAST GLIWICE	M-20	00:00:24	00:23:20	00:47:52	01:13:24	01:37:41	01:42:19
151	SOŚNIAK Tomasz	25	KUDŁATY ART ACTIVE TEAM	M-30	00:00:21	00:25:35	00:51:03	01:16:10	01:38:22	01:42:24
152	TURNIAK Miłosz	373		M-20	00:00:34	00:24:31	00:49:36	01:15:01	01:38:17	01:42:30
153	SKOTNICKI Paweł	34		M-20	00:00:20	00:24:13	00:49:15	01:15:06	01:38:19	01:42:32
154	GOLIASZ Bartłomiej	1100		M-30	00:00:23	00:25:42	00:51:26	01:16:55	01:38:42	01:42:32
155	IZBICKI Zbigniew	1113		M-40	00:00:28	00:25:25	00:50:33	01:15:52	01:38:30	01:42:34
156	ROŻEK Jacek	53	PSYCHONAUCI	M-30	00:00:28	00:23:59	00:50:11	01:16:21	01:38:42	01:42:36
157	BOGACZ Paweł	481	JAGODA TEAM	M-30	00:00:22	00:25:40	00:51:25	01:16:54	01:38:51	01:42:39
158	WAŚ Szymon	1292	MOMO RESTAURANT & COCKTAIL BAR	M-20	00:00:20	00:25:43	00:51:02	01:16:21	01:38:43	01:42:41
159	STĘPIEŃ Wojciech	217	NIGHT RUNNERS GLIWICE	M-40	00:00:18	00:25:44	00:51:27	01:16:58	01:38:54	01:42:43
160	SZADKOWSKI Paweł	1313	NIGHT RUNNERS GLIWICE	M-30	00:00:18	00:25:43	00:51:27	01:16:58	01:38:53	01:42:43
161	MAY-MAJEWSKI Michał	793		M-30	00:00:48	00:25:35	00:51:01	01:16:19		01:42:46
162	GORECKI Janusz	361		M-50	00:00:18	00:25:22	00:51:05	01:16:29	01:38:54	01:42:50
163	ORZECH Michał	857	AMATOR	M-30	00:00:27	00:25:19	00:50:08	01:15:04	01:38:26	01:42:50

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
164	SMUDA Andrzej	512	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:26	00:26:13	00:51:46	01:17:12	01:38:59	01:42:58
165	WIKIERSKI Michał	36		M-30	00:00:24	00:25:40	00:51:23	01:16:53	01:38:55	01:43:04
166	ZDZIEBKO Artur	176		M-40	00:00:24	00:26:01	00:51:47	01:17:11	01:39:12	01:43:08
167	ADAMOWSKI Jacek	1005	NIGHT RUNNERS GLIWICE	M-30	00:00:54	00:23:37	00:48:49	01:14:31	01:38:44	01:43:08
168	MAJDA Kamil	786	PSYCHONAUICI	M-30	00:00:53	00:25:37	00:50:29	01:15:02	01:38:50	01:43:24
169	KONDRUSIEWICZ Michał	1064	BIEGACZE CSR	M-20	00:01:36	00:26:43	00:52:16	01:17:40	01:39:36	01:43:34
170	KĄDZIOŁKA Jan	868	NIGHT RUNNERS GLIWICE	M-40	00:00:35	00:25:39	00:51:24	01:17:06	01:39:39	01:43:41
171	ĆWIKŁA Kamil	315	HARPAGANY	M-30	00:00:36	00:25:15	00:50:47	01:16:10	01:39:20	01:43:43
172	DZIURA Arkadiusz	50		M-40	00:00:48	00:26:05	00:51:28	01:17:04	01:39:42	01:43:50
173	KACZKIEWICZ Damian	683	NIGHT RUNNERS GLIWICE	M-40	00:00:28	00:25:35	00:51:17	01:16:49	01:39:46	01:43:52
174	OLSZEWSKI Tomasz	440		M-20	00:01:16	00:25:41	00:51:54	01:17:35	01:39:57	01:43:53
175	PISINGAS Mariusz	1150		M-30	00:01:13	00:25:38	00:51:41	01:17:25	01:39:55	01:44:07
176	GANSZCZYK Rafał	823	OPEL ACTIVE TEAM	M-30	00:00:43	00:26:11	00:52:50	01:19:00	01:40:33	01:44:29
177	TROJAK Grzegorz	1116		M-16	00:01:13	00:26:32	00:52:04	01:17:48	01:40:30	01:44:31
178	ZIOBER Grzegorz	1092	SPARTA PLATFUS	M-30	00:00:33	00:27:21	00:54:12	01:19:33	01:40:51	01:44:40
179	WIECHOWSKI Artur	209	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:54:12	01:19:32	01:40:52	01:44:41
180	MALINOWSKI Mihał	952		M-30	00:00:38	00:25:26	00:51:06	01:16:51	01:40:20	01:44:44
181	MACYSZYN Waldemar	730		M-50	00:01:34	00:25:30	00:50:47	01:16:37	01:40:12	01:44:45
182	RYZIŃSKI Dariusz	255		M-40	00:01:40	00:25:20	00:51:01	01:17:03		01:44:45
183	STEC Marcin	657	KW GLIWICE	M-30	00:00:35	00:25:28	00:51:11	01:16:45	01:40:24	01:44:51
184	ZDANIEWICZ Radosław	1065	PSYCHONAUICI	M-30	00:00:56	00:26:39	00:52:54	01:18:43	01:40:54	01:44:52
185	DADAŚ Janusz	13		M-40	00:00:37	00:25:37	00:51:15	01:17:02	01:40:40	01:44:58
186	BAUMERT Rafał	597	ISTA BIEGAMY	M-30	00:00:47	00:26:09	00:52:23	01:18:45	01:41:14	01:45:05
187	SIWCZYK Robert	538		M-20	00:01:20	00:24:55	00:50:01	01:15:51	01:40:31	01:45:14
188	GRĄBCZEWSKI Marcin	171		M-30	00:00:21	00:25:43	00:51:31	01:17:21	01:41:11	01:45:21
189	KUPKA Bartosz	1232	OPEL ACTIV TEAM	M-30	00:00:36	00:25:44	00:52:00	01:18:21		01:45:32
190	BIĘNKOWSKI Piotr	922		M-20	00:00:21	00:24:01	00:49:12	01:15:49		01:45:33
191	KOWALCZYK Grzegorz	247		M-40	00:00:27	00:23:28	00:47:51	01:14:54	01:40:44	01:45:34
192	BUJALSKI Michał	571	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:42	01:41:30	01:45:43
193	MACIEJCZYK Marcin	429	AKS DRAGON	M-30	00:01:32	00:27:08	00:53:00	01:18:41	01:41:29	01:45:43
194	WOJTAS Marcin	593	ISTA BIEGAMY	M-30	00:01:38	00:27:53	00:54:46	01:20:32	01:42:06	01:45:46
195	KWAPIEŃ Paweł	1133		M-30	00:00:09	00:25:38	00:51:37	01:17:45	01:41:32	01:45:47
196	SOJKA Łukasz	1301		M-30	00:01:29	00:25:26	00:51:12	01:17:11	01:41:25	01:45:58
197	WRÓBEL Maciej	1289	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:00:34	00:26:26	00:52:19	01:18:46	01:41:55	01:46:11
198	RABIEJ Rafał	906		M-40	00:00:35	00:25:39	00:51:24	01:17:50	01:41:51	01:46:17
199	WIORA Łukasz	297		M-30	00:00:23	00:25:47	00:51:36	01:17:44	01:41:49	01:46:21
200	HNATIUK Mateusz	679		M-20	00:01:06	00:27:58	00:54:50	01:20:36	01:42:36	01:46:31
201	DROZD Kajetan	677	STREFAGITARY.PL	M-30	00:00:28	00:26:04	00:51:57	01:18:39	01:42:18	01:46:39
202	TUREK Maciej	375		M-40	00:01:06	00:26:20	00:53:30	01:20:17	01:43:03	01:46:52
203	DOBOSZ Mariusz	130	GO-LEASING	M-30	00:00:23	00:26:22	00:52:49	01:19:30	01:42:45	01:47:01
204	KWAPIEŃ Aleksander	1111		M-30	00:00:09	00:25:38	00:51:38	01:17:45	01:42:15	01:47:10
205	OSIŃSKI Paweł	187	NIGHT RUNNERS GLIWICE	M-30	00:00:24	00:25:35	00:52:00	01:18:52	01:42:48	01:47:10
206	SAMUL Bartłomiej	1121	WKS DESANT BOKS	M-20	00:00:11	00:24:04	00:49:45	01:16:48	01:42:33	01:47:15
207	SIEJA Szymon	1103	JW AGAT	M-20	00:00:10	00:24:04	00:49:46	01:16:48	01:42:31	01:47:17
208	SZESZKO Sławomir	612		M-50	00:01:34	00:27:26	00:54:33	01:20:57	01:43:32	01:47:27

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
209	BUK Marcin	286		M-20	00:01:53	00:27:19	00:54:11	01:20:49	01:43:37	01:47:37
210	PAWLINA Piotr	103		M-40	00:01:27	00:27:06	00:54:03	01:20:50	01:43:26	01:47:38
211	SŁUSZNIAK Sławomir	799		M-40	00:01:21	00:25:35	00:51:28	01:18:46	01:43:18	01:47:39
212	ZIMOCH Grzegorz	215		M-30	00:00:12	00:26:19	00:54:41	01:22:40	01:43:44	01:47:43
213	WITEK Jacek	1086	OPEL ACTIVE TEAM	M-30	00:00:42	00:25:35	00:51:23	01:18:16	01:43:18	01:47:43
214	ROŻEK Michał	550		M-40	00:01:03	00:26:43	00:53:24	01:20:17	01:43:33	01:47:44
215	POKRYSZKA Wojciech	360		M-20	00:00:29	00:25:39	00:51:49	01:18:56	01:43:39	01:47:46
216	PENKALA Artur	131	GO-LEASING	M-30	00:00:23	00:26:22	00:52:50	01:19:30	01:43:22	01:47:49
217	LEWANDOWSKI Henryk	733		M-40	00:01:03	00:25:23	00:51:03	01:17:34	01:43:07	01:47:49
218	WOŹNIAK Marek	608		M-40	00:00:45	00:26:26	00:53:18	01:19:43	01:43:32	01:47:52
219	KAMPKA Aleksander	149		M-40	00:00:34	00:26:34	00:53:29	01:20:21	01:43:51	01:47:59
220	NOWAKOWSKI Dominik	1294	MOMO RESTAURANT & COCKTAIL BAR	Mieszkańcy Gliwic	00:01:05	00:24:18	00:50:17	01:17:13	01:43:19	01:48:07
221	SZUMSKI Tomasz	321		M-40	00:00:27	00:25:52	00:51:47	01:18:47	01:43:38	01:48:16
222	DZIECIĄTKOWSKI Jarosław	1237	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:48	00:51:42	01:19:01		01:48:16
223	WÓJCIK Tomasz	22		M-30	00:01:16	00:26:37	00:53:17	01:19:47	01:44:05	01:48:29
224	SZWAJKOSZ Szczepan	275	NIGHT RUNNERS GLIWICE	M-20	00:00:26	00:25:36	00:51:19	01:16:52	01:43:12	01:48:30
225	WÓJCIK Bartłomiej	670		M-20	00:01:08	00:27:08	00:53:50	01:21:06	01:44:27	01:48:37
226	ZEMŁA Piotr	195		M-40	00:00:42	00:26:25	00:53:40	01:20:46	01:44:33	01:48:51
227	ŁĄTKOWSKI Marcin	1205	SBRT GLIWICE	M-20	00:01:26	00:26:53	00:53:36	01:20:19	01:44:27	01:48:51
228	WIETRZYCKI Mariusz	353	BIEGAJ Z TRENERAMI	M-30	00:00:20	00:25:43	00:51:02	01:17:10	01:44:36	01:48:53
229	SMOTER Wojciech	35		M-30	00:01:27	00:25:00	00:50:23	01:16:45	01:43:59	01:48:57
230	WIETRZYCKI Zenon	354	POLSKA	M-50	00:00:19	00:25:46	00:51:04	01:17:11	01:44:40	01:49:02
231	GIERAS Mirosław	469		M-40	00:00:33	00:25:29	00:51:22	01:19:30	01:44:43	01:49:07
232	GADAWSKI Bartłomiej	242	SBRT GLIWICE	M-16	00:00:45	00:26:09	00:53:12	01:20:38	01:44:46	01:49:10
233	ZACHARA Michał	1051		M-20	00:01:31	00:26:15	00:54:03	01:21:05	01:44:58	01:49:14
234	SZCZĘŚNIAK Krzysztof	1264		M-20	00:01:08	00:26:35	00:53:19	01:20:22	01:44:44	01:49:19
235	KUŚKA Paweł	346		M-30	00:00:45	00:26:03	00:52:55	01:20:12	01:44:54	01:49:26
236	GRONDECKI Grzegorz	302	BIEGAMY Z SERCEM.PL	M-40	00:00:18	00:25:06	00:50:55	01:17:28	01:45:01	01:49:31
237	FUGOWSKI Grzegorz	283		M-30	00:01:33	00:25:47	00:53:00	01:20:45	01:45:18	01:49:32
238	MICHALSKI Bartosz	85		M-40	00:01:14	00:27:21	00:54:28	01:21:31	01:45:20	01:49:40
239	KROPKA Szymon	140	NIGHT RUNNERS GLIWICE	M-30	00:00:28	00:26:40	00:54:08	01:21:18	01:45:37	01:49:56
240	KOPCIK Tomasz	982	COMBAT56	M-30	00:00:34	00:25:47	00:52:01	01:20:17	01:45:36	01:49:58
241	KRUSZYŃSKI Marcin	301	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:46	00:26:07	00:51:58	01:18:59	01:45:13	01:50:09
242	TKOCZ Rafał	323		M-30	00:01:09	00:27:22	00:54:37	01:21:58	01:46:03	01:50:14
243	BARAŃSKI Grzegorz	111		M-30	00:01:12	00:27:29	00:54:53	01:22:11	01:46:04	01:50:25
244	CHUDZIŃSKI Tomasz	835		M-40	00:00:15	00:23:54	00:49:27	01:16:50	01:46:03	01:50:27
245	GAŁECZKA Michał	548		M-20	00:01:06	00:28:43	00:56:30	01:23:06	01:46:12	01:50:27
246	SZULC Michał	1021	4M	M-40	00:00:49	00:27:33	00:54:51	01:22:10	01:46:17	01:50:35
247	STANISZEWSKI Krzysiek	637	BIEGAMY Z SERCEM.PL	M-20	00:01:20	00:25:06	00:50:15	01:18:24	01:46:16	01:51:06
248	GONERA Paweł	676		M-40	00:00:47	00:25:59	00:53:27	01:21:34	01:46:28	01:51:08
249	KUBIT Bartłomiej	1304		M-30	00:00:55	00:28:41	00:55:02		01:46:54	01:51:10
250	UJMA Michał	962		M-30	00:00:51	00:28:44	00:55:06	01:22:51	01:46:48	01:51:13
251	PŁOMIN Marcin	1206	SBRT GLIWICE	M-30	00:00:39	00:27:41	00:55:26	01:23:00	01:47:12	01:51:25
252	BOROWIEC Wojciech	946		M-20	00:01:31	00:26:23	00:54:06	01:21:44	01:46:45	01:51:30
253	ROLEK Marcin	73		M-30	00:01:39	00:27:27	00:55:06	01:22:17	01:47:15	01:51:33

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
254	RENKIEL Tomasz	55	NIGHT RUNNERS GLIWICE	M-40	00:01:00	00:28:03	00:55:53	01:23:50	01:47:25	01:51:35
255	SZYLER Kamil	660		M-20	00:00:45	00:27:30	00:55:16	01:22:53	01:47:04	01:51:39
256	ŁUSIAK Mariusz	1135		M-30	00:00:45	00:27:33	00:55:21	01:22:55	01:47:10	01:51:41
257	BIERNAT Adam	268		M-40	00:01:38	00:28:06	00:55:49	01:23:20	01:47:40	01:51:46
258	WILIMSKI Tomasz	101	SBRT GLIWICE	M-40	00:00:34	00:27:41	00:55:28	01:23:01	01:47:14	01:51:50
259	DĄBROWSKI Marcin	257		M-30	00:01:10	00:26:33	00:54:30	01:22:35	01:47:48	01:51:57
260	POPIEL Artur	21		M-40	00:01:08	00:27:56	00:55:15	01:23:09	01:47:38	01:51:59
261	FEREFCKI Pawel	604		M-30	00:01:15	00:25:40	00:53:16	01:21:55	01:47:47	01:52:17
262	KRAJEWSKI Radosław	486		M-30	00:00:41	00:26:05	00:53:18	01:20:38	01:47:12	01:52:27
263	WIŚNIEWSKI Paweł	1169	JW AGAT	M-30	00:00:39	00:26:52	00:54:18	01:22:19	01:47:53	01:52:31
264	GRYGIEREK Marcin	420		M-20	00:00:34	00:26:14	00:53:38	01:21:57	01:47:49	01:52:37
265	PADOŁ Zbigniew	141	NIEZRZESZONY	M-50	00:00:17	00:27:56	00:56:03	01:23:34	01:48:31	01:53:00
266	MELLER Tadeusz	312		M-20	00:01:21	00:26:58	00:53:24	01:21:09	01:48:32	01:53:18
267	WIECZOREK Jarosław	2		M-30	00:00:54	00:29:07	00:57:05	01:25:09	01:49:16	01:53:24
268	KOZŁOWSKI Przemysław	549		M-30	00:00:43	00:27:49	00:55:38	01:23:32	01:49:05	01:53:33
269	RYGIEL Sebastian	143		M-30	00:01:54	00:29:04	00:57:51	01:25:35	01:49:13	01:53:35
270	JANOSZEK Piotr	293		M-30	00:00:59	00:26:26	00:53:11	01:20:54	01:49:04	01:54:01
271	KATA Damian	1207	SBRT GLIWICE	M-20	00:00:22	00:26:07	00:53:51	01:21:57	01:48:31	01:54:10
272	BUFNAL Krzysztof	574		M-40	00:01:53	00:29:00	00:56:08	01:24:11	01:49:21	01:54:13
273	BUGAJSKI Mariusz	844		M-40	00:00:02	00:24:36	00:52:11	01:21:05	01:49:22	01:54:27
274	KLYTA Wojciech	1284		M-40	00:01:41	00:27:13	00:54:21	01:22:05	01:49:30	01:54:34
275	SZOŁTYSIK Paweł	213	SPARTA PLATFUS	M-30	00:00:33	00:27:22	00:55:22	01:23:36	01:49:46	01:54:36
276	KUROWICZ Marcin	539	NIEZRZESZONY	M-40	00:01:18	00:28:43	00:57:40	01:25:26		01:55:03
277	ZALEWSKI Krzysztof	900		M-40	00:00:47	00:26:46	00:54:47	01:22:31	01:50:17	01:55:04
278	BLASZKE Waldemar	159	NIGHT RUNNERS GLIWICE	M-50	00:00:51	00:27:46	00:55:31	01:24:26	01:50:22	01:55:05
279	KLAWENDER Ryszard	1090	BIEGAMY Z SERCEM.PL	M-50	00:00:43	00:27:44	00:56:12	01:24:55	01:50:56	01:55:20
280	BŁASZCZYSZYN Michał	138		M-20	00:00:58	00:28:33	00:57:24	01:25:27	01:50:44	01:55:24
281	DĘBSKI Mariusz	1270	NIGHT RUNNER'S GLIWICE	M-40	00:00:29	00:27:59	00:55:54	01:24:48	01:50:52	01:55:31
282	KRAKOWSKI Jacek	1505		M-40	00:01:18	00:29:36	00:59:00	01:27:31	01:51:36	01:55:50
283	ZGÓRSKI Grzegorz	116		M-30	00:00:42	00:25:47	00:52:30	01:22:42	01:51:39	01:55:52
284	ZIELIŃSKI Marek	317		M-30	00:01:47	00:27:52	00:55:55	01:24:37	01:51:15	01:56:17
285	WÓJCIK Rafał	327		M-40	00:00:35	00:27:40	00:55:24	01:23:39	01:51:29	01:56:21
286	ROKOSZ Łukasz	128		M-20	00:01:36	00:30:39	00:59:47	01:28:02	01:52:35	01:57:06
287	BOGULAK Grzegorz	184	RUN GB! RUN	M-30	00:00:29	00:27:06	00:54:37	01:23:13	01:52:04	01:57:15
288	MACHNOWSKI Wojciech	19	NIGHT RUNNERS GLIWICE	M-30	00:01:02	00:28:02	00:55:51	01:24:09	01:52:42	01:57:38
289	ORYSZCZAK Łukasz	313		M-30	00:01:21	00:27:13	00:56:17	01:26:03	01:53:08	01:57:59
290	WOJTAS Paweł	510		M-20	00:00:43	00:27:48	00:56:30	01:26:04	01:53:10	01:58:16
291	GĄSZCZAK Tadeusz	1279		M-70	00:00:32	00:29:15	00:58:24	01:28:08	01:53:35	01:58:24
292	STOKŁOSA Marcin	222		M-40	00:01:11	00:30:23	00:59:25	01:27:51	01:53:42	01:58:34
293	SZUBERT Grzegorz	6		M-40	00:00:46	00:26:29	00:55:26	01:25:20	01:53:53	01:58:48
294	GRACH Tomasz	311	RUN AND FUN TEAM	M-40	00:00:59	00:29:53	01:00:06	01:28:31	01:54:28	01:59:02
295	KORDECKI Bartosz	1071		M-30	00:01:35	00:30:33	01:01:02	01:29:57	01:54:39	01:59:14
296	DACZYŃSKI Kajetan	458	GRUPA CMYKI	M-16	00:00:53	00:29:57	01:00:19	01:30:18	01:55:26	01:59:44
297	MAŚLANKA Ireneusz	1093	NIGHT RUNNERS GLIWICE	M-50	00:00:58	00:29:18	00:59:04	01:29:19	01:55:16	01:59:44
298	KURIANOWICZ Wiesław	436	BIEGAM BO LUBIĘ	M-50	00:01:32	00:28:45	00:57:19	01:27:09	01:55:15	01:59:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
299	SITKO Filip	387		M-20	00:00:14	00:24:50	00:52:19	01:23:21	01:54:23	02:00:06
300	BURY Mirosław	271		M-20	00:01:17	00:27:16	00:54:13	01:21:55	01:54:00	02:00:26
301	CZAPEK Marek	309	NIGHT RUNNERS GLIWICE	M-40	00:00:34	00:29:58	01:00:25	01:30:20	01:56:36	02:01:04
302	GABRYŚ Seba	1277	NIGHT RUNNERS GLIWICE	M-40	00:00:30	00:30:02	01:00:31	01:30:24	01:56:40	02:01:08
303	ORLEF Jarosław	566		M-40	00:00:39	00:28:19	00:57:34	01:27:43	01:56:03	02:01:09
304	STOLARCZYK Robert	115	NIGHT RUNNERS	M-30	00:00:49	00:30:01	01:00:23	01:30:22	01:56:24	02:01:13
305	WIŚNIEWSKI Paweł	5	NIGHT RUNNERS GLIWICE	M-20	00:00:47	00:28:47	00:59:04	01:29:38	01:56:28	02:01:15
306	LEWICKI Krzysztof	43	NIGHT RUNNERS GLIWICE	M-30	00:00:51	00:29:41	01:00:09	01:30:25	01:56:44	02:01:31
307	TKACZUK Marcin	1016	NIGHT RUNNERS GLIWICE	M-30	00:00:50	00:29:42	01:00:10	01:30:26	01:56:44	02:01:32
308	DEBOIBE Loic	341	PLASTIC OMNIUM	M-20	00:00:28	00:26:47	00:54:15	01:24:52	01:56:45	02:01:53
309	KLEJNOWSKI Mateusz	878		M-20	00:01:19	00:30:23	01:01:55	01:33:25	01:57:34	02:01:54
310	KAPIAS Krystian	521		M-40	00:01:07	00:30:05	01:00:12	01:30:21	01:57:15	02:02:02
311	GRZESIKIEWICZ Mariusz	426		M-30	00:00:53	00:30:11	01:00:47	01:30:55	01:57:15	02:02:04
312	LIPSKI Dariusz	71		M-30	00:01:52	00:29:39	01:00:59	01:30:22	01:57:15	02:02:20
313	PRYMAS Krystian	32		M-30	00:00:48	00:26:24	00:55:23	01:29:02	01:57:25	02:02:27
314	GRABOWSKI Lech	1165		M-50	00:00:06	00:26:55	00:56:12	01:28:19	01:57:40	02:03:11
315	DYNEK Sebastian		PĘDZIWIATR	M-30	00:00:00	00:31:32	01:02:59	01:32:14	01:58:33	02:03:12
316	DROZDOWSKI Wojciech	1125	BIEGAJ Z TRENERAMI	M-30	00:00:37	00:28:06	00:58:11	01:29:39	01:58:05	02:03:13
317	MIGDAŁ Grzegorz	29	SBRT GLIWICE	M-40	00:01:12	00:29:31	00:59:49	01:30:07	01:58:57	02:04:12
318	FURMANIK Jacek	648	AKMB PĘDZIWIATR GLIWICE	M-50	00:01:53	00:30:56	01:00:54	01:31:40	01:59:24	02:04:22
319	MARKOWICZ Piotr	1298	MOMO RESTAURANT & COCKTAIL BAR	M-30	00:01:15	00:30:51	01:02:25	01:32:54	01:59:28	02:04:25
320	WESTER Mieczysław	1219	SBRT GLIWICE	M-40	00:02:18	00:26:09	00:53:01	01:25:13	01:59:31	02:06:32
321	BIERNACKI Tomasz	626		M-40	00:01:19	00:30:59	01:02:44	01:34:51	02:02:00	02:06:43
322	POŁOK Adrian	1022	OPEL ACTIVE TEAM	M-30	00:00:52	00:29:58	01:00:19	01:32:12	02:02:30	02:08:12
323	ŻOCHOWSKI Leszek	225		M-40	00:00:52	00:29:58	01:00:21	01:31:40	02:02:54	02:08:24
324	BRODIUK Norbert	622	SBRT GLIWICE	M-40	00:00:37	00:28:02	00:59:02	01:32:26	02:03:02	02:08:37
325	STACHOWSKI Wojciech	930		M-30	00:01:30	00:30:12	01:01:48	01:34:18	02:03:35	02:08:51
326	ŁYSIUK Grzegorz	506		M-30	00:01:30	00:30:59	01:03:13	01:35:58	02:04:51	02:10:14
327	LEDWOŃ Jakub	87	NIGHT RUNNERS GLIWICE	M-30	00:01:17	00:31:01	01:03:41	01:36:37	02:05:30	02:10:39
328	KURPIOS Piotr	542		M-30	00:01:35	00:34:02	01:06:49	01:37:57	02:05:43	02:10:41
329	KONTNY Paweł	1032		M-70	00:01:55	00:31:00	01:02:50	01:35:38	02:05:53	02:11:15
330	SULIN Marek	949	SPARTANIE DZIECIOM	M-40	00:01:06	00:30:56	01:03:52	01:37:48	02:06:34	02:11:29
331	MISZTAL Andrzej	975		M-40	00:01:52	00:30:56	01:02:52	01:36:06	02:06:19	02:11:35
332	DYRAGA Marcin	559	SAINT-GOBAIN SQUAD	M-40	00:01:37	00:33:04	01:05:54	01:38:24	02:06:45	02:11:56
333	GILEWSKI Franciszek	543	BIEGAMY Z SERCEM	M-70	00:00:43	00:31:25	01:04:02	01:36:50	02:07:06	02:12:27
334	FLORECKI Andrzej	112	AKMB PĘDZIWIATR GLIWICE	M-60	00:00:44	00:30:51	01:03:30	01:37:30	02:09:25	02:15:21
335	JEŻEWSKI Adam	328	VRC	M-30	00:01:28	00:31:15	01:04:09	01:38:42	02:11:09	02:17:02
336	ROJEK Michał	856		M-30	00:00:58	00:29:20	01:02:08	01:36:14	02:11:15	02:17:28
337	BOBA Ryszard	485		M-60	00:01:31	00:30:25	01:04:21	01:38:56	02:11:51	02:17:47
338	FORYST Wojciech	560		M-60	00:01:22	00:31:01	01:03:26	01:38:35	02:13:56	02:19:55
339	RAKINT Bogdan	44	PIŃCET PLUS	M-30	00:01:53	00:31:56	01:05:30	01:42:23	02:15:23	02:21:08
340	DZIEDZIC Dominik	39	PIŃCET PLUS	M-30	00:01:52	00:32:10	01:05:23	01:41:01	02:15:22	02:21:09
341	ŻELEZNY Tomasz	69	NIGHT RUNNERS GLIWICE	M-30	00:01:33	00:35:07	01:10:02	01:46:36	02:21:19	02:27:45
342	SMOŁA Mieczysław	1240	PĘDZIWIATR GLIWICE	M-60	00:00:02	00:27:57	00:56:01			
343	JASIKOWSKI Łukasz	89		M-20	00:01:23	00:27:20				

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km	19_km 19.2km	20_km 19.9km
344	WOJTUKIEWICZ Artur	691		M-30	00:01:35	00:28:58	01:02:18			

Znaleziono 344 wynik(ów)