



## III PÓŁMARATON PUSZCZY BYDGOSKIEJ

B4SPORT

**Wydarzenie:**  
**Organizator:**

Biegi Puszczy Bydgoskiej  
Joanna Maciejewska reprezentująca firmę Life+  
Joanna Maciejewska oraz Wojciech Wrzesiński i  
Arkadiusz Koryciński.

**Data:**  
**Miejsce:**  
**Dystans:**

2018-10-06  
BYDGOSZCZ  
21 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	<b>CZAJKOWSKA Sylwia</b>	<b>265</b>	#ŻÓŁTOKRÓLEWSCY	K40	1	00:43:23	<b>01:51:48.10</b>		4:51	12.3 (100%)
2	<b>PALACZ Wioletta</b>	<b>339</b>		K40	2	00:44:15	<b>01:55:56.35</b>	+00:04:08 (3.6%)	5:02	11.9 (96.7%)
3	<b>ĆWIKLIŃSKA Anna</b>	<b>267</b>		K40	3	01:07:33	<b>02:02:18.85</b>	+00:10:30 (8.6%)	5:19	11.3 (91.9%)
4	<b>SZOPIŃSKA Agnieszka</b>	<b>370</b>	STRZELECKA 3	K30	1	00:48:12	<b>02:03:05.15</b>	+00:11:17 (9.2%)	5:21	11.2 (91.1%)
5	<b>MICHALIK Joanna</b>	<b>324</b>	ARUN	K30	2	00:47:54	<b>02:07:34.65</b>	+00:15:46 (12.4%)	5:32	10.8 (87.8%)
6	<b>REDMANN Edyta</b>	<b>391</b>		K40	4	00:50:03	<b>02:09:23.80</b>	+00:17:35 (13.6%)	5:37	10.7 (87.0%)
7	<b>RATKOWSKA Małgorzata</b>	<b>346</b>	THE RUNNERS ŚWIECIE	K40	5	00:49:33	<b>02:09:49.90</b>	+00:18:01 (13.9%)	5:38	10.6 (86.2%)
8	<b>KARCZ Anna</b>	<b>290</b>		K20	1	00:49:36	<b>02:11:45.55</b>	+00:19:57 (15.1%)	5:43	10.5 (85.4%)
9	<b>SALWA Justyna</b>	<b>355</b>	POLKRYŚ TEAM	K30	3	00:49:38	<b>02:14:20.80</b>	+00:22:32 (16.8%)	5:50	10.3 (83.7%)
10	<b>SZYNKIEWICZ Agnieszka</b>	<b>393</b>		K40	6	00:51:11	<b>02:16:08.50</b>	+00:24:20 (17.9%)	5:55	10.1 (82.1%)
11	<b>ROBACZEWSKA Kinga</b>	<b>347</b>		K30	4	00:54:26	<b>02:20:46.50</b>	+00:28:58 (20.6%)	6:07	9.8 (79.7%)
12	<b>MICHALSKA Daria</b>	<b>325</b>	BOHAR PALETY RUNNERS	K30	5	00:52:22	<b>02:21:35.95</b>	+00:29:47 (21.0%)	6:09	9.7 (78.9%)
13	<b>TARCZYŃSKA Marta</b>	<b>372</b>		K30	6	00:56:00	<b>02:21:53.30</b>	+00:30:05 (21.2%)	6:10	9.7 (78.9%)
14	<b>EISERT Edyta</b>	<b>272</b>		K30	7	00:54:25	<b>02:23:17.15</b>	+00:31:29 (22.0%)	6:13	9.6 (78.0%)
15	<b>TESSA Justyna</b>	<b>374</b>		K40	7	00:53:56	<b>02:24:13.60</b>	+00:32:25 (22.5%)	6:16	9.6 (78.0%)
16	<b>MISUN- NOWAK Katarzyna</b>	<b>385</b>	AMS	K30	8	00:54:03	<b>02:24:21.25</b>	+00:32:33 (22.6%)	6:16	9.6 (78.0%)
17	<b>KOLASIŃSKA Joanna</b>	<b>293</b>		K30	9	00:55:33	<b>02:24:56.15</b>	+00:33:08 (22.9%)	6:18	9.5 (77.2%)
18	<b>PODZEREK Iwona</b>	<b>345</b>		K40	8	00:57:11	<b>02:25:41.70</b>	+00:33:53 (23.3%)	6:20	9.5 (77.2%)
19	<b>KOPKA Elżbieta</b>	<b>296</b>	AGB TORFY	K40	9	00:54:42	<b>02:26:28.50</b>	+00:34:40 (23.7%)	6:22	9.4 (76.4%)
20	<b>ZIMIŃSKA Joanna</b>	<b>386</b>	HAPPYRUNNERS	K40	10	00:54:43	<b>02:26:28.75</b>	+00:34:40 (23.7%)	6:22	9.4 (76.4%)
21	<b>ROGUT Katarzyna</b>	<b>348</b>	AGB TORFY	K40	11	00:54:43	<b>02:26:28.90</b>	+00:34:40 (23.7%)	6:22	9.4 (76.4%)
22	<b>GROBELNA Monika</b>	<b>278</b>		K30	10	00:55:00	<b>02:28:09.10</b>	+00:36:21 (24.5%)	6:26	9.3 (75.6%)
23	<b>STACHOWIAK ZALEWSKA Joanna</b>	<b>364</b>	POGRANICZNIK	K30	11	00:53:18	<b>02:28:57.95</b>	+00:37:09 (24.9%)	6:28	9.3 (75.6%)
24	<b>KRYGIER Paulina</b>	<b>307</b>		K30	12	00:57:36	<b>02:32:14.70</b>	+00:40:26 (26.6%)	6:37	9.1 (74.0%)
25	<b>MORGA Izabela</b>	<b>328</b>	COKE RUNNERS	K40	12	00:55:31	<b>02:33:27.25</b>	+00:41:39 (27.1%)	6:40	9 (73.2%)
26	<b>SOBKOWIAK Justyna</b>	<b>363</b>		K30	13	00:57:02	<b>02:37:09.05</b>	+00:45:20 (28.9%)	6:49	8.8 (71.5%)
27	<b>BUDZIAK Mirosława</b>	<b>390</b>		K40	13	00:56:17	<b>02:37:10.30</b>	+00:45:22 (28.9%)	6:50	8.8 (71.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
28	<b>BARWIKOWSKA Bogusia</b>	<b>254</b>		K40	14	00:59:50	<b>02:40:24.10</b>	+00:48:36 (30.3%)	6:58	8.6 (69.9%)
29	<b>LORENC-KRUSZYŃSKA Sylwia</b>	<b>317</b>		K30	14	00:59:51	<b>02:40:24.25</b>	+00:48:36 (30.3%)	6:58	8.6 (69.9%)
30	<b>CZYŻEWSKA Anna</b>	<b>266</b>		K30	15	00:58:37	<b>02:40:58.65</b>	+00:49:10 (30.5%)	6:59	8.6 (69.9%)
31	<b>KOZŁOWSKA Katarzyna</b>	<b>303</b>	WOMAN RUNNING PALMA DE MALLORCA	K20	2		<b>02:41:14.80</b>	+00:49:26 (30.7%)	7:00	8.6 (69.9%)
32	<b>KROPIDŁOWSKA Magdalena</b>	<b>306</b>	OCELOTY KRUSZYN KRAJEŃSKI	K30	16	00:59:52	<b>02:41:39.15</b>	+00:49:51 (30.8%)	7:01	8.5 (69.1%)
33	<b>SZYMAŃSKA Alicja</b>	<b>371</b>	FUNDACJA WIELKA RODZINA	K30	17	01:01:12	<b>02:44:22.70</b>	+00:52:34 (32.0%)	7:08	8.4 (68.3%)
34	<b>WOJTANOWICZ Beata</b>	<b>381</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	1	01:00:59	<b>02:44:51.45</b>	+00:53:03 (32.2%)	7:10	8.4 (68.3%)
34	<b>HAUSMAN Magdalena</b>	<b>280</b>		K40	15	01:00:59	<b>02:44:51.45</b>	+00:53:03 (32.2%)	7:10	8.4 (68.3%)
36	<b>GARDYZA Lidia</b>	<b>274</b>	NAKIELSKI KB	K40	16	01:03:07	<b>02:48:38.35</b>	+00:56:50 (33.7%)	7:19	8.2 (66.7%)
37	<b>MAZUREK Anita</b>	<b>323</b>		K40	17	01:02:00	<b>02:51:08.00</b>	+00:59:19 (34.7%)	7:26	8.1 (65.9%)
38	<b>KARDACH Magdalena</b>	<b>291</b>	WATAHA - ŁĄCZY NAS BIEGANIE	K30	18	01:03:17	<b>02:53:13.00</b>	+01:01:24 (35.5%)	7:31	8 (65.0%)
39	<b>GRZYWACZ Karolina</b>	<b>279</b>		K30	19	01:03:17	<b>02:53:17.15</b>	+01:01:29 (35.5%)	7:32	8 (65.0%)
40	<b>KOWALCZYK Olka</b>	<b>300</b>	AGB TORFY	K40	18	01:03:09	<b>03:21:01.00</b>	+01:29:12 (44.4%)	8:44	6.9 (56.1%)
41	<b>GÓRSKA Joanna</b>	<b>277</b>	TASAK TEAM	K30	20	01:25:10	<b>03:31:01.10</b>	+01:39:13 (47.0%)	9:10	6.5 (52.8%)
42	<b>RUDNICKA Karolina</b>	<b>350</b>	TASAK TEAM	K30	21	01:25:09	<b>03:31:01.45</b>	+01:39:13 (47.0%)	9:10	6.5 (52.8%)
43	<b>SIERANT Anna</b>	<b>358</b>		K40	19	01:33:10	<b>04:10:46.40</b>	+02:18:58 (55.4%)	10:54	5.5 (44.7%)
44	<b>GORGOL Renata</b>	<b>276</b>	LP500FORDONRUNNERS	K40	20	01:33:42	<b>04:13:41.45</b>	+02:21:53 (55.9%)	11:01	5.4 (43.9%)
45	<b>ANDRYSZAK Karolina</b>	<b>252</b>		K40	21	01:33:45	<b>04:13:41.55</b>	+02:21:53 (55.9%)	11:01	5.4 (43.9%)

Znaleziono 45 wynik(ów)