



## III SŁUPSKI BIEG KAZIUKÓW – „KAZIUKOWA PIĄTKA”

B4SPORT

**Wydarzenie:** III SŁUPSKI BIEG KAZIUKÓW – „KAZIUKOWA PIĄTKA”  
**Organizator:** Parafia pw. Św. Jana Kantego w Słupsku; Modular Consulting  
**Data:** 2019-03-16  
**Miejsce:** Słupsk  
**Dystans:** 6 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	JAKUBEK Patryk	263	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	1	00:23:45.63		3:57	15.1 (100%)
2	JANISZEWSKI Marek	255	DRUTEX	M-Open	2	00:23:53.20	+00:00:07 (0.5%)	3:58	15.1 (100%)
3	WENT Jakub	413		M-Open	3	00:23:59.82	+00:00:14 (1.0%)	4:00	15 (99.3%)
4	JURCZYSZYN Rafał	264	A&R	M-Open	4	00:23:59.95	+00:00:14 (1.0%)	4:00	15 (99.3%)
5	MASŁOWSKI Mateusz	317	ROGELLI TEAM	M-Open	5	00:24:45.96	+00:01:00 (4.1%)	4:07	14.5 (96.0%)
6	WRÓBLEWSKI Leszek	431	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	6	00:25:08.41	+00:01:22 (5.5%)	4:11	14.3 (94.7%)
7	JĘCEK Krzysztof	261	MARKOS RUNNING TEAM	M-Open	7	00:25:26.25	+00:01:40 (6.6%)	4:14	14.1 (93.4%)
8	DUDA Grzegorz	233	BEST BEASTS, METALCORP TEAM	M-Open	8	00:25:39.74	+00:01:54 (7.4%)	4:16	14 (92.7%)
9	CHOLEWIŃSKI Artur	215	DECATHLON POWER	M-Open	9	00:25:59.39	+00:02:13 (8.6%)	4:19	13.9 (92.1%)
10	DASZKIEWICZ Dominik	224	BEST BEASTS	M-Open	10	00:26:24.92	+00:02:39 (10.1%)	4:24	13.6 (90.1%)
11	CENDER Szymon	446	WPK SŁON TEAM	M-Open	11	00:26:29.72	+00:02:44 (10.3%)	4:24	13.6 (90.1%)
12	KROPIDŁOWSKI Grzegorz	442	BEST BEAST	M-Open	12	00:26:49.71	+00:03:04 (11.4%)	4:28	13.4 (88.7%)
13	GRACHEL Przemek	245	NA TRASIE TEAM	M-Open	13	00:26:50.27	+00:03:04 (11.5%)	4:28	13.4 (88.7%)
14	STEC Jakub	367		M-Open	14	00:26:50.57	+00:03:04 (11.5%)	4:28	13.4 (88.7%)
15	PAZDA-POZORSKA Malgorzata	343		K-Open	1	00:27:01.03	+00:03:15 (12.1%)	4:30	13.3 (88.1%)
16	MEDWID Michał	318	BATALION OCHRONY BAZY W REDZIKOWIE	M-Open	15	00:27:02.43	+00:03:16 (12.1%)	4:30	13.3 (88.1%)
17	KAWKA Adrian	274		M-Open	16	00:27:06.02	+00:03:20 (12.3%)	4:31	13.3 (88.1%)
18	JANKOWSKI Grzegorz	256	ŚWIAT PŁYTEK U KRYSPIŃ	M-Open	17	00:27:13.44	+00:03:27 (12.7%)	4:32	13.2 (87.4%)
19	WĘGRZYN Rafał	414		M-Open	18	00:27:17.21	+00:03:31 (12.9%)	4:33	13.2 (87.4%)
20	OSIŃSKI Wojciech	338		M-Open	19	00:27:21.38	+00:03:35 (13.1%)	4:33	13.2 (87.4%)
21	JABŁOŃSKI Tomasz	253	KB SPOKO SŁAWNO	M-Open	20	00:27:38.15	+00:03:52 (14.0%)	4:36	13 (86.1%)
22	SZCZERBATY Paweł	412		M-Open	21	00:27:48.50	+00:04:02 (14.6%)	4:38	12.9 (85.4%)
23	WILUSZ Krzysztof	419	STOPA SŁUPSK	M-Open	22	00:27:56.81	+00:04:11 (15.0%)	4:39	12.9 (85.4%)
24	CZYŻYKOWSKI Mateusz	220		M-Open	23	00:27:57.80	+00:04:12 (15.0%)	4:39	12.9 (85.4%)
25	ADAMOWICZ Jakub	202		M-Open	24	00:27:59.31	+00:04:13 (15.1%)	4:39	12.9 (85.4%)
26	POSZEPZYŃSKI Łukasz	355		M-Open	25	00:28:05.04	+00:04:19 (15.4%)	4:40	12.8 (84.8%)
27	BENGIER Kamil	206	BEST BEASTS	M-Open	26	00:28:08.91	+00:04:23 (15.6%)	4:41	12.8 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 6km	Różn		
28	KONKEL Agnieszka	279		K-Open	2	00:28:10.79	+00:04:25 (15.7%)	4:41	12.8 (84.8%)
29	TRZEBIATOWSKA Kinga	401		K-Open	3	00:28:19.91	+00:04:34 (16.1%)	4:43	12.7 (84.1%)
30	KIJEWSKI Mariusz	277		M-Open	27	00:28:39.44	+00:04:53 (17.1%)	4:46	12.6 (83.4%)
31	DUTKIEWICZ Maria	354		K-Open	4	00:28:58.39	+00:05:12 (18.0%)	4:49	12.4 (82.1%)
32	SITEK Mariusz	376		M-Open	28	00:29:02.21	+00:05:16 (18.2%)	4:50	12.4 (82.1%)
33	JAŹDŹYK Łukasz	259		M-Open	29	00:29:07.91	+00:05:22 (18.4%)	4:51	12.4 (82.1%)
34	CZYŻYKOWSKI Krzysztof	219		M-Open	30	00:29:14.19	+00:05:28 (18.7%)	4:52	12.3 (81.5%)
35	KAPCZYŃSKI Damian	269	BEST BEASTS	M-Open	31	00:29:18.25	+00:05:32 (18.9%)	4:53	12.3 (81.5%)
36	ŁATUSZYŃSKI Piotr	447		M-Open	32	00:30:09.40	+00:06:23 (21.2%)	5:01	11.9 (78.8%)
37	WIŚNIEWSKI Patryk	421		M-Open	33	00:30:19.37	+00:06:33 (21.6%)	5:03	11.9 (78.8%)
38	LANGNER-KAPCZYŃSKA Edyta	299	BEST BEASTS	K-Open	5	00:30:24.88	+00:06:39 (21.9%)	5:04	11.8 (78.1%)
39	DADACZ Rafał	221		M-Open	34	00:30:50.75	+00:07:05 (23.0%)	5:08	11.7 (77.5%)
40	NOWICKI Mateusz	334	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	M-Open	35	00:31:03.33	+00:07:17 (23.5%)	5:10	11.6 (76.8%)
41	WIATRZYK Krzysztof	416	DARŁOWO	M-Open	36	00:31:05.27	+00:07:19 (23.6%)	5:10	11.6 (76.8%)
42	LITWIN Barbara	307	STOPA SŁUPSK /NIGHT RUNNERS	K-Open	6	00:31:10.25	+00:07:24 (23.8%)	5:11	11.6 (76.8%)
43	KARAŚ Radosław	271	NIGHT RUNNERS SŁUPSK	M-Open	37	00:31:12.46	+00:07:26 (23.9%)	5:12	11.5 (76.2%)
44	KACZMAROWSKI Andrzej	234		M-Open	38	00:31:14.77	+00:07:29 (24.0%)	5:12	11.5 (76.2%)
45	OLECHNOWICZ Sławomir	337	STOPA SŁUPSK	M-Open	39	00:31:17.42	+00:07:31 (24.1%)	5:12	11.5 (76.2%)
46	SULL Tygrys	381	NIGHT RUNNERS SŁUPSK	M-Open	40	00:31:19.31	+00:07:33 (24.1%)	5:13	11.5 (76.2%)
47	KĘSIK Agnieszka	276	ŚWIAT PŁYTEK U KRYSPINA	K-Open	7	00:31:25.47	+00:07:39 (24.4%)	5:14	11.5 (76.2%)
48	WŁODARCZYK Paweł	422		M-Open	41	00:31:25.91	+00:07:40 (24.4%)	5:14	11.5 (76.2%)
49	LEWANDOWSKA Sylwia	303	ŚWIAT PŁYTEK U KRYSPINA	K-Open	8	00:31:42.20	+00:07:56 (25.1%)	5:17	11.4 (75.5%)
50	GLISZCZYŃSKI Łukasz	242	ŚWIAT PŁYTEK U KRYSPINA	M-Open	42	00:31:42.27	+00:07:56 (25.1%)	5:17	11.4 (75.5%)
51	TOMCZAK Sebastian	398	6 WOG USTKA	M-Open	43	00:31:44.45	+00:07:58 (25.1%)	5:17	11.3 (74.8%)
52	URBANIAK Szymon	406	CSSP KOSZALIN	M-Open	44	00:31:54.05	+00:08:08 (25.5%)	5:19	11.3 (74.8%)
53	MAJCHRZAK Łukasz	310	AWL WROCŁAW	M-Open	45	00:32:08.80	+00:08:23 (26.1%)	5:21	11.2 (74.2%)
54	KONKEL Łukasz	280		M-Open	46	00:32:08.92	+00:08:23 (26.1%)	5:21	11.2 (74.2%)
55	MAJCHRZAK Dariusz	342		M-Open	47	00:32:09.27	+00:08:23 (26.1%)	5:21	11.2 (74.2%)
56	POTOCKI Hubert	357	BEST BEASTS	M-Open	48	00:32:18.07	+00:08:32 (26.4%)	5:23	11.1 (73.5%)
57	AGAPOW Emilia	203	BEST BEASTS	K-Open	9	00:32:25.05	+00:08:39 (26.7%)	5:24	11.1 (73.5%)
58	KWAŚNIAK Zdzisław	298	TOYOTA KAWISBIKE	M-Open	49	00:32:35.60	+00:08:49 (27.1%)	5:25	11 (72.8%)
59	PIECHOTA Cezary	347	KMT SŁUPSK	M-Open	50	00:32:35.79	+00:08:50 (27.1%)	5:26	11 (72.8%)
60	GIERCZAK Piotr	240	USTKA	M-Open	51	00:32:41.63	+00:08:56 (27.3%)	5:27	11 (72.8%)
61	GRABOWSKI Grzegorz	244	ORANGE POLSKA	M-Open	52	00:32:52.19	+00:09:06 (27.7%)	5:28	11 (72.8%)
62	PETRYSZAK Andrzej	345		M-Open	53	00:33:02.84	+00:09:17 (28.1%)	5:30	10.9 (72.2%)
63	PIŁAT Kacper	351		M-Open	54	00:33:12.42	+00:09:26 (28.4%)	5:32	10.8 (71.5%)
64	NAZARKO Małgorzata	331		K-Open	10	00:33:13.06	+00:09:27 (28.5%)	5:32	10.8 (71.5%)
65	KAMIENIECKI Kacper	339		M-Open	55	00:33:26.41	+00:09:40 (28.9%)	5:34	10.8 (71.5%)
66	KAMIENIECKI Rafał	267	TUPOT-USTKA	M-Open	56	00:33:27.55	+00:09:41 (29.0%)	5:34	10.8 (71.5%)
67	KSIĄŻEK Waldemar	293		M-Open	57	00:33:28.95	+00:09:43 (29.0%)	5:34	10.8 (71.5%)
68	SIDOR Mariusz	441		M-Open	58	00:33:34.84	+00:09:49 (29.2%)	5:35	10.7 (70.9%)
69	BIKON Łukasz	438		M-Open	59	00:33:35.52	+00:09:49 (29.3%)	5:35	10.7 (70.9%)
70	PIŁAT Paweł	350	BEST BEASTS	M-Open	60	00:33:35.59	+00:09:49 (29.3%)	5:36	10.7 (70.9%)
71	KUBIŃSKI Rafał	295	NIGHT RUNNERS SŁUPSK	M-Open	61	00:33:39.52	+00:09:53 (29.4%)	5:36	10.7 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
72	<b>DAWIDOWICZ Łukasz</b>	<b>225</b>	BEST BEASTS	M-Open	62	<b>00:33:41.89</b>	+00:09:56 (29.5%)	5:36	10.7 (70.9%)
73	<b>LEWANDOWSKA Maria</b>	<b>302</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	11	<b>00:33:42.18</b>	+00:09:56 (29.5%)	5:37	10.7 (70.9%)
74	<b>KURYŁOWICZ Kamil</b>	<b>297</b>		M-Open	63	<b>00:33:48.12</b>	+00:10:02 (29.7%)	5:38	10.7 (70.9%)
75	<b>KACZMAREK Eugeniusz</b>	<b>265</b>		M-Open	64	<b>00:33:55.57</b>	+00:10:09 (30.0%)	5:39	10.6 (70.2%)
76	<b>TRUSIAK Agnieszka</b>	<b>399</b>	MUAY NIGHT RUNNERS SŁUPSK	K-Open	12	<b>00:33:57.14</b>	+00:10:11 (30.0%)	5:39	10.6 (70.2%)
77	<b>SOBCZYK Urszula</b>	<b>379</b>		K-Open	13	<b>00:33:58.18</b>	+00:10:12 (30.1%)	5:39	10.6 (70.2%)
78	<b>MAŁECKI Tomasz</b>	<b>314</b>	VACU ACTIV GYM	M-Open	65	<b>00:33:59.26</b>	+00:10:13 (30.1%)	5:39	10.6 (70.2%)
79	<b>SYCHLA Mateusz</b>	<b>383</b>	VACU ACTIV GYM	M-Open	66	<b>00:34:01.05</b>	+00:10:15 (30.2%)	5:40	10.6 (70.2%)
80	<b>KOSICKA Iwona</b>	<b>284</b>	STOPA SŁUPSK	K-Open	14	<b>00:34:01.99</b>	+00:10:16 (30.2%)	5:40	10.6 (70.2%)
81	<b>LEWANDOWSKI Adam</b>	<b>304</b>	W.P.K SŁOŃ TEAM USTKA	M-Open	67	<b>00:34:10.68</b>	+00:10:25 (30.5%)	5:41	10.5 (69.5%)
82	<b>ŻYCKA Ewelina</b>	<b>437</b>		K-Open	15	<b>00:34:20.98</b>	+00:10:35 (30.8%)	5:43	10.5 (69.5%)
83	<b>FREJ Adam</b>	<b>237</b>	ZS GOGOLEWO	M-Open	68	<b>00:34:22.32</b>	+00:10:36 (30.9%)	5:43	10.5 (69.5%)
84	<b>PATYNA Paweł</b>	<b>340</b>		M-Open	69	<b>00:34:27.71</b>	+00:10:42 (31.1%)	5:44	10.4 (68.9%)
85	<b>TYRKA Małgorzata</b>	<b>403</b>		K-Open	16	<b>00:34:31.11</b>	+00:10:45 (31.2%)	5:45	10.4 (68.9%)
86	<b>MINKO Mariola</b>	<b>320</b>		K-Open	17	<b>00:34:33.72</b>	+00:10:48 (31.3%)	5:45	10.4 (68.9%)
87	<b>LEWICZ Jan</b>	<b>306</b>	CPSP USTKA	M-Open	70	<b>00:34:35.23</b>	+00:10:49 (31.3%)	5:45	10.4 (68.9%)
88	<b>LEWICZ Ewa</b>	<b>305</b>		K-Open	18	<b>00:34:35.72</b>	+00:10:50 (31.3%)	5:45	10.4 (68.9%)
89	<b>DOWNAR-ZAPOLSKI Paweł</b>	<b>230</b>		M-Open	71	<b>00:34:38.21</b>	+00:10:52 (31.4%)	5:46	10.4 (68.9%)
90	<b>WAWRZY尼亚K Anna</b>	<b>409</b>		K-Open	19	<b>00:34:38.76</b>	+00:10:53 (31.4%)	5:46	10.4 (68.9%)
91	<b>MINKO Bartosz</b>	<b>321</b>		M-Open	72	<b>00:34:40.66</b>	+00:10:55 (31.5%)	5:46	10.4 (68.9%)
92	<b>RYCHLIŃSKI Damian</b>	<b>370</b>	WATAHA - ŁĄCZY NAS BIEGANIE	M-Open	73	<b>00:34:41.64</b>	+00:10:56 (31.5%)	5:46	10.4 (68.9%)
93	<b>BRODACKA Katarzyna</b>	<b>212</b>		K-Open	20	<b>00:34:42.69</b>	+00:10:57 (31.5%)	5:47	10.4 (68.9%)
94	<b>WAŁASZEWSKI Witold</b>	<b>408</b>		M-Open	74	<b>00:34:46.72</b>	+00:11:01 (31.7%)	5:47	10.4 (68.9%)
95	<b>GREGORCZYK Piotr</b>	<b>247</b>		M-Open	75	<b>00:34:46.86</b>	+00:11:01 (31.7%)	5:47	10.3 (68.2%)
96	<b>KOŚLA Justyna</b>	<b>285</b>	NIGHT RUNNERS SŁUPSK	K-Open	21	<b>00:34:48.13</b>	+00:11:02 (31.7%)	5:48	10.3 (68.2%)
97	<b>MAGIŃSKA Edyta</b>	<b>443</b>		K-Open	22	<b>00:34:49.14</b>	+00:11:03 (31.8%)	5:48	10.3 (68.2%)
98	<b>TRUSIAK Miłosz</b>	<b>400</b>	MUAY NIGHT RUNNERS SŁUPSK	M-Open	76	<b>00:34:59.09</b>	+00:11:13 (32.1%)	5:49	10.3 (68.2%)
99	<b>WĘCŁAWSKI Michał</b>	<b>440</b>	DECATHLON POWER	M-Open	77	<b>00:34:59.72</b>	+00:11:14 (32.1%)	5:50	10.3 (68.2%)
100	<b>PIWOŃSKI Robert</b>	<b>353</b>		M-Open	78	<b>00:35:05.21</b>	+00:11:19 (32.3%)	5:50	10.3 (68.2%)
101	<b>GROCHOWSKI Henryk</b>	<b>248</b>		M-Open	79	<b>00:35:06.08</b>	+00:11:20 (32.3%)	5:51	10.3 (68.2%)
102	<b>ZIELINSKA Marzena</b>	<b>433</b>	DECATHLON SŁUPSK	K-Open	23	<b>00:35:18.14</b>	+00:11:32 (32.7%)	5:53	10.2 (67.5%)
103	<b>NIZIOŁ Patryk</b>	<b>332</b>	BEST BEASTS	M-Open	80	<b>00:35:20.20</b>	+00:11:34 (32.8%)	5:53	10.2 (67.5%)
104	<b>DADACZ Malwina</b>	<b>222</b>		K-Open	24	<b>00:35:29.63</b>	+00:11:44 (33.1%)	5:55	10.1 (66.9%)
105	<b>MALKIEWICZ Kacper</b>	<b>313</b>	ZS GOGOLEWO	M-Open	81	<b>00:35:34.50</b>	+00:11:48 (33.2%)	5:55	10.1 (66.9%)
106	<b>SZYMAŃSKI Rafał</b>	<b>397</b>		M-Open	82	<b>00:35:41.22</b>	+00:11:55 (33.4%)	5:56	10.1 (66.9%)
107	<b>GONTEK Łukasz</b>	<b>243</b>	VW BATORY	M-Open	83	<b>00:35:43.62</b>	+00:11:57 (33.5%)	5:57	10.1 (66.9%)
108	<b>WOŚ Przemek</b>	<b>439</b>		M-Open	84	<b>00:35:45.01</b>	+00:11:59 (33.5%)	5:57	10.1 (66.9%)
109	<b>PROTASEWICZ Andrzej</b>	<b>359</b>	KB SPOKO SŁAWNO	M-Open	85	<b>00:35:49.88</b>	+00:12:04 (33.7%)	5:58	10 (66.2%)
110	<b>BOŚ Grzegorz</b>	<b>211</b>	KLUB CZERWONEJ TOREBKI	M-Open	86	<b>00:35:58.80</b>	+00:12:13 (34.0%)	5:59	10 (66.2%)
111	<b>KANIUK Maja</b>	<b>268</b>		K-Open	25	<b>00:35:58.97</b>	+00:12:13 (34.0%)	5:59	10 (66.2%)
112	<b>KLUK Sylwia</b>	<b>278</b>		K-Open	26	<b>00:36:10.68</b>	+00:12:25 (34.3%)	6:01	9.9 (65.6%)
113	<b>ZANIEWSKI Grzegorz</b>	<b>432</b>		M-Open	87	<b>00:36:11.43</b>	+00:12:25 (34.3%)	6:02	9.9 (65.6%)
114	<b>ANDRZEJCZAK Sławomir</b>	<b>204</b>	GRZESŁAW USTKA	M-Open	88	<b>00:36:11.82</b>	+00:12:26 (34.4%)	6:02	9.9 (65.6%)
115	<b>BURDA Sebastian</b>	<b>214</b>	WPK SŁON TEAM	M-Open	89	<b>00:36:12.73</b>	+00:12:27 (34.4%)	6:02	9.9 (65.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
						6km			
116	<b>PIECHOTA Edyta</b>	<b>346</b>		K-Open	27	<b>00:36:15.31</b>	+00:12:29 (34.5%)	6:02	9.9 (65.6%)
117	<b>WAȚOR Rafał</b>	<b>410</b>		M-Open	90	<b>00:36:25.49</b>	+00:12:39 (34.8%)	6:04	9.9 (65.6%)
118	<b>SIKORSKI Witold</b>	<b>375</b>	KB RUN 42	M-Open	91	<b>00:36:26.54</b>	+00:12:40 (34.8%)	6:04	9.9 (65.6%)
119	<b>WILAND Cyprian</b>	<b>444</b>	NIGHT WOLVES SŁUPSK	M-Open	92	<b>00:36:28.56</b>	+00:12:42 (34.9%)	6:04	9.9 (65.6%)
120	<b>ŁUBKOWSKA Magdalena</b>	<b>308</b>		K-Open	28	<b>00:36:35.47</b>	+00:12:49 (35.1%)	6:05	9.8 (64.9%)
121	<b>ŻURAWIK Piotr</b>	<b>436</b>	KORZYBSKIE REKINY	M-Open	93	<b>00:36:41.56</b>	+00:12:55 (35.2%)	6:07	9.8 (64.9%)
122	<b>KOWALSKI Bartosz</b>	<b>287</b>	SAMOLEJ ZTS	M-Open	94	<b>00:36:46.15</b>	+00:13:00 (35.4%)	6:07	9.8 (64.9%)
123	<b>WEILAND Agnieszka</b>	<b>411</b>	NIGHT WOLVES SŁUPSK	K-Open	29	<b>00:36:52.16</b>	+00:13:06 (35.6%)	6:08	9.8 (64.9%)
124	<b>PYTLAK Michał</b>	<b>364</b>		M-Open	95	<b>00:37:04.30</b>	+00:13:18 (35.9%)	6:10	9.7 (64.2%)
125	<b>LINKIEWICZ Paweł</b>	<b>385</b>		M-Open	96	<b>00:37:04.65</b>	+00:13:19 (35.9%)	6:10	9.7 (64.2%)
126	<b>BANCEWICZ Radek</b>	<b>205</b>	METALCORP TEAM	M-Open	97	<b>00:37:12.57</b>	+00:13:26 (36.1%)	6:12	9.7 (64.2%)
127	<b>SAWICKA Małgorzata</b>	<b>373</b>	CSMW	K-Open	30	<b>00:37:12.99</b>	+00:13:27 (36.2%)	6:12	9.7 (64.2%)
128	<b>RUTKOWSKI Mateusz</b>	<b>369</b>		M-Open	98	<b>00:37:22.30</b>	+00:13:36 (36.4%)	6:13	9.6 (63.6%)
129	<b>KONKEL Joanna</b>	<b>281</b>	ŚWIĘC SŁAWNO	K-Open	31	<b>00:37:25.10</b>	+00:13:39 (36.5%)	6:14	9.6 (63.6%)
130	<b>MARUSZAK Anna</b>	<b>352</b>	BEST BEAST	K-Open	32	<b>00:37:26.24</b>	+00:13:40 (36.5%)	6:14	9.6 (63.6%)
131	<b>WOŹNIAK Ola</b>	<b>430</b>		K-Open	33	<b>00:37:27.12</b>	+00:13:41 (36.6%)	6:14	9.6 (63.6%)
132	<b>GRUSZCZYŃSKI Ariel</b>	<b>252</b>		M-Open	99	<b>00:37:33.47</b>	+00:13:47 (36.7%)	6:15	9.6 (63.6%)
133	<b>PRUS Tomasz</b>	<b>361</b>	TRIPAKA PRZECHELEWO	M-Open	100	<b>00:37:35.73</b>	+00:13:50 (36.8%)	6:16	9.6 (63.6%)
134	<b>ZBLEWSKI Patryk</b>	<b>387</b>	TUPOT USTKA	M-Open	101	<b>00:37:37.06</b>	+00:13:51 (36.8%)	6:16	9.6 (63.6%)
135	<b>SEWERYN Tomasz</b>	<b>374</b>		M-Open	102	<b>00:37:48.28</b>	+00:14:02 (37.1%)	6:18	9.5 (62.9%)
136	<b>SAŁAJ Angelika</b>	<b>372</b>	STAROSTWO POWIATOWE SŁUPSK	K-Open	34	<b>00:37:48.41</b>	+00:14:02 (37.2%)	6:18	9.5 (62.9%)
137	<b>MROZIK Joanna</b>	<b>324</b>		K-Open	35	<b>00:37:53.86</b>	+00:14:08 (37.3%)	6:19	9.5 (62.9%)
138	<b>DELIGA Agata</b>	<b>227</b>		K-Open	36	<b>00:37:58.18</b>	+00:14:12 (37.4%)	6:19	9.5 (62.9%)
139	<b>DELIGA Szymon</b>	<b>228</b>		M-Open	103	<b>00:37:58.26</b>	+00:14:12 (37.4%)	6:19	9.5 (62.9%)
140	<b>WIESIOŁEK Urszula</b>	<b>417</b>	OSOBA INDYWIDUALNA	K-Open	37	<b>00:38:05.48</b>	+00:14:19 (37.6%)	6:21	9.4 (62.3%)
141	<b>BORODZIUK Aneta</b>	<b>210</b>	FIT MAMA	K-Open	38	<b>00:38:07.32</b>	+00:14:21 (37.7%)	6:21	9.4 (62.3%)
142	<b>GUTOWSKA-SZAPIEL Małgorzata</b>	<b>250</b>		K-Open	39	<b>00:38:08.27</b>	+00:14:22 (37.7%)	6:21	9.4 (62.3%)
143	<b>SZABŁOWIŃSKA Małgorzata</b>	<b>384</b>	FIT MAMUŚKA	K-Open	40	<b>00:38:13.10</b>	+00:14:27 (37.8%)	6:22	9.4 (62.3%)
144	<b>JURA Kazimierz</b>	<b>262</b>	MTS HAMER MIASTKO	M-Open	104	<b>00:38:19.84</b>	+00:14:34 (38.0%)	6:23	9.4 (62.3%)
145	<b>PAŹDZIORKO Arkadiusz</b>	<b>344</b>		M-Open	105	<b>00:38:22.40</b>	+00:14:36 (38.1%)	6:23	9.4 (62.3%)
146	<b>URBAN Ewelina</b>	<b>405</b>	GMINA SŁUPSK	K-Open	41	<b>00:38:26.72</b>	+00:14:41 (38.2%)	6:24	9.4 (62.3%)
147	<b>DOMAŃSKA Justyna</b>	<b>229</b>		K-Open	42	<b>00:38:43.98</b>	+00:14:58 (38.7%)	6:27	9.3 (61.6%)
148	<b>POTOCKA Kinga</b>	<b>356</b>	BEST BEASTS	K-Open	43	<b>00:38:50.48</b>	+00:15:04 (38.8%)	6:28	9.3 (61.6%)
149	<b>MURAWSKI Rafał</b>	<b>327</b>	DECATHLON POWER	M-Open	106	<b>00:39:03.26</b>	+00:15:17 (39.2%)	6:30	9.2 (60.9%)
150	<b>KRYGIER Ireneusz</b>	<b>289</b>	W.P.K.SLON TEAM USTKA	M-Open	107	<b>00:39:04.91</b>	+00:15:19 (39.2%)	6:30	9.2 (60.9%)
151	<b>SZUMSKA Monika</b>	<b>393</b>	NIGHT RUNNERS SŁUPSK	K-Open	44	<b>00:39:11.64</b>	+00:15:26 (39.4%)	6:32	9.2 (60.9%)
152	<b>MYSZKOWSKI Maciej</b>	<b>328</b>	NIGHT RUNNERS	M-Open	108	<b>00:39:12.21</b>	+00:15:26 (39.4%)	6:32	9.2 (60.9%)
153	<b>KENIG Agnieszka</b>	<b>415</b>	KS OLSZEWSKI	K-Open	45	<b>00:39:24.21</b>	+00:15:38 (39.7%)	6:34	9.1 (60.3%)
154	<b>ZIELIŃSKI Krystian</b>	<b>434</b>		M-Open	109	<b>00:39:28.54</b>	+00:15:42 (39.8%)	6:34	9.1 (60.3%)
155	<b>NIZIOŁ Małgorzata</b>	<b>333</b>	BEST BEASTS	K-Open	46	<b>00:39:35.64</b>	+00:15:50 (40.0%)	6:35	9.1 (60.3%)
156	<b>DUDA Róża</b>	<b>232</b>	BEST BEASTS, METALCORP TEAM	K-Open	47	<b>00:39:46.62</b>	+00:16:00 (40.3%)	6:37	9 (59.6%)
157	<b>MARCZAK Małgorzata</b>	<b>315</b>	-	K-Open	48	<b>00:39:52.17</b>	+00:16:06 (40.4%)	6:38	9 (59.6%)
158	<b>MRUGALSKI Stanisław</b>	<b>325</b>	MTS HAMER MIASTKO	M-Open	110	<b>00:39:52.19</b>	+00:16:06 (40.4%)	6:38	9 (59.6%)
159	<b>KARWASZ Krzysztof</b>	<b>273</b>	MECHANIK SŁUPSK	M-Open	111	<b>00:39:58.58</b>	+00:16:12 (40.6%)	6:39	9 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
160	<b>MICHALAK-MAŁECKA Anna</b>	<b>319</b>	VACU ACTIV GYM	K-Open	49	<b>00:39:59.24</b>	+00:16:13 (40.6%)	6:39	9 (59.6%)
161	<b>MURAWSKA Katarzyna</b>	<b>326</b>	DECATHLON POWER	K-Open	50	<b>00:40:03.69</b>	+00:16:18 (40.7%)	6:40	9 (59.6%)
162	<b>KONKOL Katarzyna</b>	<b>282</b>		K-Open	51	<b>00:40:06.64</b>	+00:16:21 (40.8%)	6:41	9 (59.6%)
163	<b>GIERESZ Agnieszka</b>	<b>241</b>	KLUB CZERWONEJ TOREBKI	K-Open	52	<b>00:40:06.86</b>	+00:16:21 (40.8%)	6:41	9 (59.6%)
164	<b>SKIBIŃSKI Rafał</b>	<b>378</b>		M-Open	112	<b>00:40:29.88</b>	+00:16:44 (41.3%)	6:45	8.9 (58.9%)
165	<b>ADAMCZYK Ewa</b>	<b>201</b>		K-Open	53	<b>00:40:33.73</b>	+00:16:48 (41.4%)	6:45	8.9 (58.9%)
166	<b>KAJA Justyna</b>	<b>266</b>		K-Open	54	<b>00:40:34.21</b>	+00:16:48 (41.4%)	6:45	8.9 (58.9%)
167	<b>CZECH Roman</b>	<b>217</b>	GOCH BYTÓW	M-Open	113	<b>00:40:38.47</b>	+00:16:52 (41.5%)	6:46	8.9 (58.9%)
168	<b>PROTASEWICZ Renata</b>	<b>360</b>	KB SPOKO SŁAWNO	K-Open	55	<b>00:40:55.18</b>	+00:17:09 (41.9%)	6:49	8.8 (58.3%)
169	<b>SZLACHETKA Małgorzata</b>	<b>388</b>		K-Open	56	<b>00:40:55.74</b>	+00:17:10 (41.9%)	6:49	8.8 (58.3%)
170	<b>CZERWIŃSKA Anna</b>	<b>218</b>		K-Open	57	<b>00:40:56.42</b>	+00:17:10 (42.0%)	6:49	8.8 (58.3%)
171	<b>FRUBA Karina</b>	<b>238</b>	STOPA SŁUPSK / KORONA SZCZECIN	K-Open	58	<b>00:41:05.86</b>	+00:17:20 (42.2%)	6:51	8.8 (58.3%)
172	<b>FRUBA Andrzej</b>	<b>239</b>		M-Open	114	<b>00:41:06.43</b>	+00:17:20 (42.2%)	6:51	8.8 (58.3%)
173	<b>SIUPIK WINISZEWSKA Małgorzata</b>	<b>377</b>		K-Open	59	<b>00:41:32.12</b>	+00:17:46 (42.8%)	6:55	8.7 (57.6%)
174	<b>REMUS Janusz</b>	<b>366</b>	BEST BEAST	M-Open	115	<b>00:41:41.13</b>	+00:17:55 (43.0%)	6:56	8.6 (57.0%)
175	<b>REMUS Monika</b>	<b>365</b>	BEST BEAST	K-Open	60	<b>00:41:42.11</b>	+00:17:56 (43.0%)	6:57	8.6 (57.0%)
176	<b>MIRON Katarzyna</b>	<b>322</b>		K-Open	61	<b>00:41:47.03</b>	+00:18:01 (43.1%)	6:57	8.6 (57.0%)
177	<b>SYCHLA Monika</b>	<b>382</b>	VACU ACTIV GYM	K-Open	62	<b>00:41:52.63</b>	+00:18:06 (43.3%)	6:58	8.6 (57.0%)
178	<b>GRAJCZAK Dagmara</b>	<b>246</b>	PARAFIA EWANGELICKO-AUGSBURSKA	K-Open	63	<b>00:42:10.28</b>	+00:18:24 (43.7%)	7:01	8.5 (56.3%)
179	<b>POTOMSKA Magdalena</b>	<b>358</b>		K-Open	64	<b>00:42:16.25</b>	+00:18:30 (43.8%)	7:02	8.5 (56.3%)
180	<b>KAPUSTA Daniel</b>	<b>270</b>		M-Open	116	<b>00:43:02.21</b>	+00:19:16 (44.8%)	7:10	8.4 (55.6%)
181	<b>KOCH Katarzyna</b>	<b>450</b>		K-Open	65	<b>00:43:24.12</b>	+00:19:38 (45.3%)	7:14	8.3 (55.0%)
182	<b>PIEKARSKA Aneta</b>	<b>349</b>	MECHANIK	K-Open	66	<b>00:43:26.24</b>	+00:19:40 (45.3%)	7:14	8.3 (55.0%)
183	<b>BUDZYŃSKA Elżbieta</b>	<b>341</b>		K-Open	67	<b>00:43:28.39</b>	+00:19:42 (45.3%)	7:14	8.3 (55.0%)
184	<b>WALKOWIAK Dariusz</b>	<b>407</b>		M-Open	117	<b>00:43:31.44</b>	+00:19:45 (45.4%)	7:15	8.3 (55.0%)
185	<b>WOŹNIAK Dorota</b>	<b>429</b>	GRZESŁAW WPK SŁOŃ TEAM	K-Open	68	<b>00:43:36.29</b>	+00:19:50 (45.5%)	7:16	8.3 (55.0%)
186	<b>WOŹNIAK Grzegorz</b>	<b>428</b>	GRZESŁAW WPK SŁOŃ TEAM	M-Open	118	<b>00:43:37.17</b>	+00:19:51 (45.5%)	7:16	8.3 (55.0%)
187	<b>TURCZYN Grzegorz</b>	<b>402</b>	NIGHT RUNNERS SŁUPSK	M-Open	119	<b>00:43:55.29</b>	+00:20:09 (45.9%)	7:19	8.2 (54.3%)
188	<b>DREWNIAK Magdalena</b>	<b>231</b>		K-Open	69	<b>00:44:08.02</b>	+00:20:22 (46.2%)	7:21	8.2 (54.3%)
189	<b>JEŻYNA Igor</b>	<b>260</b>	WATAHA ŻÓŁWI	M-Open	120	<b>00:44:24.21</b>	+00:20:38 (46.5%)	7:24	8.1 (53.6%)
190	<b>BLUMCZYŃSKA Anna</b>	<b>207</b>	WATAHA ŻÓŁWI	K-Open	70	<b>00:44:24.27</b>	+00:20:38 (46.5%)	7:24	8.1 (53.6%)
191	<b>MAKOWSKA Monika</b>	<b>312</b>		K-Open	71	<b>00:44:30.68</b>	+00:20:45 (46.6%)	7:25	8.1 (53.6%)
192	<b>KSIĄŻEK Małgorzata</b>	<b>292</b>		K-Open	72	<b>00:47:30.03</b>	+00:23:44 (50.0%)	7:55	7.6 (50.3%)
193	<b>RUTKOWSKI Krzysztof</b>	<b>368</b>	REBELION OF FREE RUNNERS	M-Open	121	<b>00:50:01.22</b>	+00:26:15 (52.5%)	8:20	7.2 (47.7%)
194	<b>RYNG Kamila</b>	<b>371</b>		K-Open	73	<b>00:50:02.88</b>	+00:26:17 (52.5%)	8:20	7.2 (47.7%)
195	<b>GZIK Seweryn</b>	<b>251</b>	W.P.K. SŁOŃ TEAM USTKA	M-Open	122	<b>00:50:08.22</b>	+00:26:22 (52.6%)	8:21	7.2 (47.7%)
196	<b>GZIK Radosław</b>	<b>445</b>	WPK SŁON TEAM	M-Open	123	<b>00:50:08.42</b>	+00:26:22 (52.6%)	8:21	7.2 (47.7%)
197	<b>DAMPS Juita</b>	<b>223</b>	NIGHT RUNNERS SŁUPSK	K-Open	74	<b>00:50:26.74</b>	+00:26:41 (52.9%)	8:24	7.1 (47.0%)
198	<b>SULL Aga</b>	<b>380</b>	NIGHT RUNNERS SŁUPSK	K-Open	75	<b>00:50:27.02</b>	+00:26:41 (52.9%)	8:24	7.1 (47.0%)

Znaleziono 198 wynik(ów)