



III ULTRA MARATON BIESZCZADZKI

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Organizator: OTK Rzeźnik
Data: 2015-10-11
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	11km	30km	37.8km	50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	STELMACH Dominika	4		K30	1	00:51:39	02:26:04	03:24:38		05:03:20.75	05:03:24.00		5:50	10.3 (100%)
2	TOMASIK Natalia	8		K20	1	00:57:41	02:38:22	03:40:35		05:12:11.80	05:12:14.80	+00:08:50 (2.8%)	6:00	10 (97.1%)
3	DESSAUER Wioletta	6	LUBARTÓW	K40	1	01:00:57	02:49:00	03:52:56		05:25:55.40	05:26:06.15	+00:22:42 (7.0%)	6:16	9.6 (93.2%)
4	KĄCKA Anna	776	ZAKOPANE	K20	2	00:55:16	02:41:17	03:50:22		05:28:37.60	05:28:41.70	+00:25:17 (7.7%)	6:19	9.5 (92.2%)
5	KRAWCZYK Karolina	651	ORTOREH TEAM	K30	2	01:00:06	02:50:09	04:00:41		05:49:53.75	05:50:02.20	+00:46:38 (13.3%)	6:43	8.9 (86.4%)
6	PRZEŹDZIECKA Katarzyna	345	SMASHING PĄPKINS	K30	3	01:00:27	02:54:35	04:05:34		05:54:54.00	05:55:11.90	+00:51:47 (14.6%)	6:49	8.8 (85.4%)
7	BARCEWICZ Marta	383	12TRI.PL DRUŻYNA WILKA / ASICS FRONTRUNNER	K20	3	00:53:44	02:45:47	03:58:37		05:58:02.90	05:58:07.95	+00:54:43 (15.3%)	6:53	8.7 (84.5%)
8	PASZCZAK Alicja	611	KWW	K40	2	01:02:35	03:02:47	04:13:49		06:06:11.30	06:06:20.50	+01:02:56 (17.2%)	7:02	8.5 (82.5%)
9	KOCHANIAK Agnieszka	386	SMASHING PĄPKINS	K30	4	01:05:08	03:01:24	04:15:43		06:09:03.45	06:09:43.30	+01:06:19 (17.9%)	7:05	8.5 (82.5%)
10	JOSYPENKO Bożena	138	JACEKBIEGA RUNNINGTEAM	K30	5	01:01:20	03:01:47	04:17:15		06:10:24.20	06:10:27.05	+01:07:03 (18.1%)	7:07	8.4 (81.6%)
11	LEBDA Małgorzata	178	KRAKÓW	K30	6	01:06:42	03:10:27	04:21:37		06:15:00.50	06:15:08.30	+01:11:44 (19.1%)	7:12	8.3 (80.6%)
12	MALINOWSKA Anna	100	GDAŃSK	K20	4	01:04:46	03:04:17	04:20:08		06:14:38.90	06:15:21.85	+01:11:57 (19.2%)	7:12	8.3 (80.6%)
13	WYSTRYCHOWSKA Marzena	272	BFAGENCJA.PL	K40	3	01:06:52	03:15:34	04:28:24		06:21:00.55	06:21:07.10	+01:17:43 (20.4%)	7:19	8.2 (79.6%)
14	CIEŚLA Elżbieta	567	BIEGAJĄCE MAŁŻEŃSTWO	K40	4	01:00:03	02:57:54	04:17:54		06:25:20.50	06:25:35.05	+01:22:11 (21.3%)	7:24	8.1 (78.6%)
15	IWAN Małgorzata	547	DRUŻYNA SZPIKU	K30	7	01:07:53	03:09:38	04:25:32		06:25:34.00	06:26:02.95	+01:22:38 (21.4%)	7:24	8.1 (78.6%)
16	KOZŁOWSKA Agnieszka	490	KKL/BBM KIELCE	K40	5	01:07:02	03:10:05	04:28:13		06:28:40.35	06:29:08.10	+01:25:44 (22.0%)	7:28	8 (77.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	11km	30km	37.8km	50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
17	CHRZAŚCIK Anna	617	KRZESZOWICE	K30	8	01:04:50	03:07:06	04:25:34		06:29:05.20	06:29:42.45	+01:26:18 (22.1%)	7:28	8 (77.7%)
18	MĘDREK Paulina	395		K20	5	01:06:07	03:16:01	04:36:22		06:30:35.05	06:30:42.45	+01:27:18 (22.3%)	7:30	8 (77.7%)
19	KOWALSKA Kasia	527		K30	9	01:07:04	03:14:24	04:34:13		06:30:01.55	06:30:43.70	+01:27:19 (22.4%)	7:30	8 (77.7%)
20	PAŁKA Magdalena	276	WYTYCZNO	K30	10	01:05:25	03:08:50	04:29:27		06:32:15.95	06:32:41.80	+01:29:17 (22.7%)	7:32	8 (77.7%)
21	TUSIŃSKA Aleksandra	339	RADOM	K30	11	01:05:13	03:15:14	04:33:06		06:32:46.30	06:33:39.65	+01:30:15 (22.9%)	7:33	7.9 (76.7%)
22	MASALSKA-PAWLAK Agata	30	RADWANICE	K30	12	01:08:31	03:20:26	04:39:05		06:35:24.95	06:35:40.80	+01:32:16 (23.3%)	7:36	7.9 (76.7%)
23	SZEWCZYK Katarzyna	628	KS LIMANOWA FORREST	K20	6	01:07:35	03:19:01	04:39:29		06:37:29.30	06:38:11.85	+01:34:47 (23.8%)	7:38	7.8 (75.7%)
24	PORCZYŃSKA Patrycja	619	SPOT PSZCZYNA	K20	7	01:07:35	03:18:35	04:36:13		06:38:02.15	06:38:11.90	+01:34:47 (23.8%)	7:39	7.8 (75.7%)
25	BOROWSKA-PAWLUŚ Ewelina	585	JASŁO	K30	13	01:10:04	03:22:27	04:39:29		06:37:30.65	06:38:23.65	+01:34:59 (23.8%)	7:38	7.8 (75.7%)
26	KONARZEWSKA Marta	332	OLSZTYŃSKIE U STAWKI BIEGOWE	K30	14	01:10:28	03:16:57	04:34:32		06:41:39.45	06:42:16.90	+01:38:52 (24.6%)	7:43	7.8 (75.7%)
27	BYLICA Paulina	290	PGB POCZTOWA PACZKA	K30	15	01:11:12	03:21:06	04:40:40		06:43:11.20	06:44:21.95	+01:40:57 (25.0%)	7:45	7.7 (74.8%)
28	PIETRUSZCZAK Agnieszka	13	TOMASZÓW MAZOWIECKI	K40	6	01:06:53	03:16:42	04:38:42		06:44:41.15	06:45:08.70	+01:41:44 (25.1%)	7:46	7.7 (74.8%)
29	WYTYKOWSKA Joanna	213	RYSIE ŁÓDŹ	K30	16	01:11:50	03:20:41	04:42:10		06:48:42.90	06:49:14.80	+01:45:50 (25.9%)	7:51	7.6 (73.8%)
30	PACH Agnieszka	734	POZNAŃ	K40	7	01:09:21	03:20:58	04:42:14		06:53:20.85	06:53:52.75	+01:50:28 (26.7%)	7:56	7.5 (72.8%)
31	SIWOŃ Ewa	401	SMASHING PĄPKINS	K40	8	01:06:40	03:10:54	04:37:06		06:54:40.45	06:55:19.60	+01:51:55 (26.9%)	7:58	7.5 (72.8%)
32	PAPIEWSKA Marzena	425		K30	17	01:13:45	03:26:20	04:50:16		06:55:45.25	06:56:48.85	+01:53:24 (27.2%)	7:59	7.5 (72.8%)
33	STAFIEJ Anna	408	ŚWINOUJŚCIE	K30	18	01:16:43	03:37:16	04:57:09		06:56:08.30	06:56:56.10	+01:53:32 (27.2%)	8:00	7.5 (72.8%)
34	STENCEL Wiktoria	515	WODZISŁAW ŚLĄSKI	K20	8	01:08:57	03:23:12	04:44:43		06:56:58.85	06:57:02.65	+01:53:38 (27.2%)	8:01	7.5 (72.8%)
35	CIEŚLAK Dominika	670		K30	19	01:10:01	03:31:18	04:52:59		06:57:36.70	06:58:14.95	+01:54:50 (27.5%)	8:01	7.5 (72.8%)
36	FOJCIK Asia	462	SBD ENERGETYK RYBNIK	K30	20	01:09:36	03:22:37	04:44:24		06:58:33.95	06:59:16.40	+01:55:52 (27.6%)	8:02	7.5 (72.8%)
37	KUNCEWICZ Anna	37		K30	21	01:08:08	03:20:18	04:46:41		06:58:28.80	06:59:24.95	+01:56:00 (27.7%)	8:02	7.5 (72.8%)
38	PASECKA Sylwia	248	GLIWICE	K40	9	01:17:56	03:37:25	04:56:28		06:59:05.80	07:00:14.15	+01:56:50 (27.8%)	8:03	7.4 (71.8%)
39	TABASZEWSKA Karolina	81	ZAKOPANE	K30	22	01:07:46	03:22:37	04:50:25		06:59:35.00	07:00:34.15	+01:57:10 (27.9%)	8:04	7.4 (71.8%)

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										netto 52km	brutto 52km			
40	KUZA Daria	545	GDAŃSK	K30	23	01:17:18	03:43:29	05:00:54		07:02:30.55	07:03:30.25	+02:00:06 (28.4%)	8:07	7.4 (71.8%)
41	WIERZBA Monika	75	GDAŃSK	K20	9	01:14:16	03:33:44	04:52:53		07:03:11.05	07:03:40.50	+02:00:16 (28.4%)	8:08	7.4 (71.8%)
42	MAŃKOWSKA Anna	627	12TRI.PL DRUŻYNA WILKA	K30	24	01:09:41	03:27:10	04:50:44		07:04:04.15	07:04:23.00	+02:00:59 (28.5%)	8:09	7.4 (71.8%)
43	JANOWSKA Anna	334		K30	25	01:11:34	03:37:33	04:56:10		07:04:04.50	07:04:23.35	+02:00:59 (28.5%)	8:09	7.4 (71.8%)
44	HAŁASA Joanna	608	TY KRAKUSIE	K30	26	01:05:41	03:21:29	04:48:59		07:04:37.75	07:05:27.50	+02:02:03 (28.7%)	8:09	7.3 (70.9%)
45	SZUMIGAJ Alicja	434	SĘPÓLNO KRAJEŃSKIE	K30	27	01:11:20	03:27:22	04:52:19		07:06:28.95	07:07:23.40	+02:03:59 (29.0%)	8:12	7.3 (70.9%)
46	GRĘZIAK Ewa	167	YULO RUN TEAM SIEDLCE	K40	10	01:09:35	03:18:08	04:45:16		07:07:27.70	07:07:53.50	+02:04:29 (29.1%)	8:13	7.3 (70.9%)
47	POTĘGA Izabela	160	DELPHI RUNNING TEAM	K30	28	01:11:25	03:27:25	04:54:50		07:08:32.90	07:08:42.55	+02:05:18 (29.2%)	8:14	7.3 (70.9%)
48	WALASZKOWSKA Dominika	537	GOŚCICINO	K30	29	01:11:51	03:34:19	04:57:17		07:08:04.00	07:08:53.35	+02:05:29 (29.3%)	8:13	7.3 (70.9%)
49	OPOWICZ Marzena	614	WARSZAWA	K50	1	01:11:59	03:28:00	04:53:08		07:09:53.25	07:10:04.50	+02:06:40 (29.5%)	8:16	7.3 (70.9%)
50	WÓJCIK Małgorzata	360	WIĄZOWNA	K40	11	01:09:40	03:37:07	05:01:20		07:10:19.70	07:10:28.65	+02:07:04 (29.5%)	8:16	7.3 (70.9%)
51	DĘBIEC Karina	216	FINISZ RYMANÓW	K30	30	01:11:31	03:34:11	05:01:08		07:10:36.15	07:11:02.55	+02:07:38 (29.6%)	8:16	7.2 (69.9%)
52	DZIAŁABIJ Beata	796	OLKUSZ	K30	31	01:15:28	03:33:45	04:55:46		07:13:23.30	07:14:22.80	+02:10:58 (30.2%)	8:20	7.2 (69.9%)
53	DABKIEWICZ Monika	562	GDANSK	K40	12	01:17:15	03:43:28	05:05:55		07:15:43.45	07:16:42.35	+02:13:18 (30.5%)	8:22	7.2 (69.9%)
54	STEFAŃCZYK Monika	750	LES FEMMES COURANT DANS LES FOR?TS	K30	32	01:16:46	03:42:06	05:08:54		07:18:01.35	07:19:11.90	+02:15:47 (30.9%)	8:25	7.1 (68.9%)
55	PÓŁTORAK Katarzyna	126	WARSZAWA	K30	33	01:13:01	03:32:46	05:00:36		07:19:31.85	07:20:39.75	+02:17:15 (31.1%)	8:27	7.1 (68.9%)
56	TURSKA Agnieszka	168	AKADEMIA BIEGANIA	K30	34	01:13:48	03:33:44	05:00:57		07:21:57.60	07:22:37.65	+02:19:13 (31.5%)	8:29	7.1 (68.9%)
57	MŁODECKA Sylwia	338		K40	13	01:11:55	03:42:12	05:14:27		07:28:05.20	07:28:38.30	+02:25:14 (32.4%)	8:37	7 (68.0%)
58	FILIPOWICZ Joanna	235	WARSZAWA	K40	14	01:12:44	03:41:39	05:10:39		07:30:49.90	07:32:01.90	+02:28:37 (32.9%)	8:40	6.9 (67.0%)
59	PAUSZEK Marlena	529	WĄGROWIEC	K40	15	01:17:35	03:47:43	05:17:48		07:33:19.10	07:34:19.70	+02:30:55 (33.2%)	8:43	6.9 (67.0%)
60	GURAK-STENCEL Izabela	496	WODZISŁAW ŚLĄSKI	K40	16	01:11:48	03:39:18	05:10:39		07:37:19.55	07:37:23.20	+02:33:59 (33.7%)	8:47	6.8 (66.0%)
61	KWIATKOWSKA-SITEK Ewa	413	RZESZÓW	K30	35	01:12:59	03:36:05	05:06:59		07:39:32.05	07:39:56.65	+02:36:32 (34.0%)	8:50	6.8 (66.0%)
62	MURAWSKA Joanna	474	MIKI TEAM	K30	36	01:14:54	03:46:23	05:16:38		07:39:29.15	07:40:06.40	+02:36:42 (34.1%)	8:50	6.8 (66.0%)

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63	CHWISTEK Katarzyna	157	ZABRZE	K30	37	01:14:22	03:40:10	05:09:43		07:40:12.95	07:41:12.15	+02:37:48 (34.2%)	8:51	6.8 (66.0%)
64	JASKULSKA Mirela	531	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	2	01:10:31	03:39:43	05:12:50		07:41:02.85	07:41:18.95	+02:37:54 (34.2%)	8:51	6.8 (66.0%)
65	ZARZYCKA Monika	477	BOOT CAMP POLSKA	K20	10	01:14:03	03:38:03	05:12:12		07:42:30.05	07:43:35.05	+02:40:11 (34.6%)	8:53	6.7 (65.0%)
66	BARAŃSKA Celestyna	344	ACCENTURE	K30	38	01:17:59	03:52:23	05:24:31		07:42:42.85	07:43:36.85	+02:40:12 (34.6%)	8:53	6.7 (65.0%)
67	SARAT Ewa	798		K40	17	01:16:25	03:47:02	05:19:06		07:43:19.45	07:44:09.35	+02:40:45 (34.6%)	8:54	6.7 (65.0%)
68	DOMAŃSKA Ewelina	689	ZAKOPANE	K30	39	01:16:29	03:48:32	05:15:28		07:44:00.35	07:45:02.10	+02:41:38 (34.8%)	8:55	6.7 (65.0%)
69	KAMIŃSKA Jolanta	347	12TRI.PL/WARSZAWA	K20	11	01:18:36	03:49:14	05:24:08		07:45:46.75	07:46:02.10	+02:42:38 (34.9%)	8:57	6.7 (65.0%)
70	WĄSOWSKA Jagoda	68	PIASECZNO	K40	18	01:19:10	03:55:18	05:27:06		07:46:00.70	07:46:10.10	+02:42:46 (34.9%)	8:57	6.7 (65.0%)
71	BEDNARCZYK Paulina	483	MADRABBIT	K30	40	01:13:01	03:44:58	05:19:16		07:47:54.90	07:49:03.25	+02:45:39 (35.3%)	8:59	6.7 (65.0%)
72	ZBYSŁAW Beata	26	SSP ORKA IŁAWA	K40	19	01:17:33	03:45:47	05:20:27		07:48:16.55	07:49:05.75	+02:45:41 (35.3%)	9:00	6.7 (65.0%)
73	OSIKOWSKA Teresa	768		K30	41	01:14:28	03:46:43	05:22:23		07:48:43.70	07:49:39.30	+02:46:15 (35.4%)	9:00	6.7 (65.0%)
74	CAŁKA Agnieszka	583	RADZYMIN RUN TEAM	K30	42	01:16:15	03:47:23	05:18:27		07:49:23.70	07:49:43.60	+02:46:19 (35.4%)	9:01	6.6 (64.1%)
75	CZYZEWSKA Mariola	340	12TRI.PL DRUZYNA WILKA	K20	12	01:11:34	03:38:09	05:06:37		07:51:06.50	07:51:26.15	+02:48:02 (35.6%)	9:03	6.6 (64.1%)
76	SOSZYŃSKA Gosia	470	CZŁAPACZE	K50	3	01:19:50	03:54:56	05:27:47		07:51:31.10	07:52:32.95	+02:49:08 (35.8%)	9:04	6.6 (64.1%)
77	OSIŃSKA Dominika	663		K30	43	01:17:44	03:55:40	05:32:41		07:53:00.40	07:53:29.80	+02:50:05 (35.9%)	9:05	6.6 (64.1%)
78	JACKOWSKA Ewa	243	JGB "SOKÓŁ"	K40	20	01:20:24	03:51:48	05:26:29		07:54:32.70	07:54:44.85	+02:51:20 (36.1%)	9:07	6.6 (64.1%)
79	MORAWSKA Anna	57	WARSZAWA	K60	1	01:19:53	03:59:56	05:31:55		07:55:28.75	07:55:39.75	+02:52:15 (36.2%)	9:08	6.6 (64.1%)
80	GEZELA Joanna	190	EUFORIABIEGACZA.PL	K40	21	01:21:42	04:02:58	05:33:27		07:55:14.00	07:56:05.20	+02:52:41 (36.3%)	9:08	6.6 (64.1%)
81	NITA Małgorzata	486	POZNAŃ	K40	22	01:14:13	03:51:35	05:25:06		07:55:30.20	07:56:33.20	+02:53:09 (36.3%)	9:08	6.6 (64.1%)
82	SĘPKA Daria	415	SPARTANIE DZIECIOM	K40	23	01:16:59	03:52:32	05:27:39		07:58:08.55	07:59:03.30	+02:55:39 (36.7%)	9:11	6.5 (63.1%)
83	JĘCZMIEŃ Marlena	563		K20	13	01:17:56	03:53:35	05:27:24		07:58:51.20	08:00:00.05	+02:56:36 (36.8%)	9:12	6.5 (63.1%)
84	PACANOWSKA Paula	94	WEŁNICA BIEGA	K20	14	01:15:36	03:48:28	05:31:11		07:59:59.35	08:00:22.25	+02:56:58 (36.8%)	9:13	6.5 (63.1%)
85	MROZOWSKA Magdalena	706	WARSZAWA	K40	24	01:19:07	03:51:08	05:23:13		08:01:06.70	08:01:39.35	+02:58:15 (37.0%)	9:15	6.5 (63.1%)

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										netto 52km	brutto 52km			
86	SZYMAŃSKA Agnieszka	543	WYSZKÓW	K40	25	01:15:33	03:54:36	05:26:09		08:00:59.50	08:01:41.15	+02:58:17 (37.0%)	9:14	6.5 (63.1%)
87	ADAMCZYK Edyta	771	LIMANOWA	K30	44	01:19:45	04:03:23	05:33:09		08:02:55.30	08:03:40.60	+03:00:16 (37.3%)	9:17	6.5 (63.1%)
88	RÓŻOWICZ Eliza	423	SPARTANIE DZIECIOM	K30	45	01:18:22	04:13:23	05:45:15		08:08:02.15	08:08:58.05	+03:05:34 (38.0%)	9:23	6.4 (62.1%)
89	KITA Ewa	326	KĘDZIERZYN-KOŹLE	K50	4	01:18:53	04:01:36	05:39:45		08:09:54.45	08:10:14.10	+03:06:50 (38.1%)	9:25	6.4 (62.1%)
90	CZERWIŃSKA Magdalena	475	GLIWICE	K40	26	01:14:04	03:57:04	05:32:30		08:11:31.95	08:12:33.40	+03:09:09 (38.4%)	9:27	6.3 (61.2%)
91	MARCHEWKA Elżbieta	644	BRAK	K40	27	01:19:11	03:58:14	05:34:16		08:11:57.70	08:12:51.55	+03:09:27 (38.4%)	9:27	6.3 (61.2%)
92	MACIEJEWSKA-BŁACHEWICZ Joanna	518	BYDGOSZCZ	K30	46	01:16:38	03:57:46	05:39:49		08:14:20.50	08:14:49.90	+03:11:25 (38.7%)	9:30	6.3 (61.2%)
93	DOMARADZKA Ewa	786	PYSKOWICE	K40	28	01:20:04	04:03:45	05:44:49		08:17:16.05	08:18:21.65	+03:14:57 (39.1%)	9:33	6.3 (61.2%)
94	POLEWKA Aneta	268	FINISZ RYMANÓW	K40	29	01:11:50	03:52:01	05:21:04		08:19:46.45	08:20:11.05	+03:16:47 (39.3%)	9:36	6.2 (60.2%)
95	PIETRZAK Małgorzata	812		K40	30	01:17:39	04:05:18	05:44:44		08:22:11.75	08:22:16.15	+03:18:52 (39.6%)	9:39	6.2 (60.2%)
96	PANEK Aleksandra	274	DĘBOGÓRA	K40	31	01:17:59	03:58:20	05:34:18		08:21:43.05	08:22:41.15	+03:19:17 (39.6%)	9:38	6.2 (60.2%)
97	SZYMURA Aleksandra	621	RYBNIK	K40	32	01:15:41	04:01:48	05:45:08		08:23:38.25	08:24:26.35	+03:21:02 (39.9%)	9:41	6.2 (60.2%)
98	GARCARZ Monika	746	LIMANOWA	K40	33	01:19:47	04:03:48	05:44:18		08:26:15.35	08:27:00.70	+03:23:36 (40.2%)	9:44	6.2 (60.2%)
99	OCYTKO Edyta	523		K30	47	01:20:11	04:03:17	05:46:20		08:26:24.25	08:27:12.45	+03:23:48 (40.2%)	9:44	6.2 (60.2%)
100	GORZUCH Justyna	808	KLUB WYSOKOGÓRSKI WARSZAWA	K30	48	01:23:28	04:00:59	05:43:55		08:28:22.15	08:29:00.75	+03:25:36 (40.4%)	9:46	6.1 (59.2%)
101	SASIN Anna	591	RUN VEGAN TEAM	K30	49	01:23:27	04:01:27	05:43:58		08:28:22.05	08:29:00.85	+03:25:36 (40.4%)	9:46	6.1 (59.2%)
102	MORDAS Magdalena	642	KW WARSZAWA	K30	50	01:23:30	04:01:26	05:43:42		08:28:23.40	08:29:01.25	+03:25:37 (40.4%)	9:46	6.1 (59.2%)
103	CISEK Agnieszcz	115	VISUM CLINIC TEAM	K30	51	01:20:51	04:08:12	05:51:47		08:28:28.20	08:29:35.60	+03:26:11 (40.5%)	9:46	6.1 (59.2%)
104	HUZIOR Ela	716		K40	34	01:20:21	04:10:09	05:58:38		08:30:10.80	08:31:17.25	+03:27:53 (40.7%)	9:48	6.1 (59.2%)
105	NOJSZEWSKA Anika	273	WARSZAWA	K30	52	01:13:02	03:46:00	05:21:18		08:30:32.80	08:31:37.70	+03:28:13 (40.7%)	9:49	6.1 (59.2%)
106	PLISZCZYŃSKA Justyna	193	LUBLIN	K40	35	01:15:36	03:55:28	05:43:27		08:32:06.95	08:32:41.25	+03:29:17 (40.8%)	9:50	6.1 (59.2%)
107	SIKORSKA Agnieszka	615	WARSZAWA	K40	36	01:19:58	04:03:39	05:48:43		08:32:18.80	08:33:10.00	+03:29:46 (40.9%)	9:51	6.1 (59.2%)
108	SOBOL Agnieszka	641		K30	53	01:14:55	03:47:56	05:18:42		08:33:04.80	08:33:51.35	+03:30:27 (41.0%)	9:52	6.1 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	11km	30km	37.8km	50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
109	BORAWSKA Anna	149	PŁOCK BIEGA NO AGE LIMIT	K30	54	01:14:20	03:41:34	05:20:57		08:33:39.30	08:34:02.95	+03:30:38 (41.0%)	9:52	6.1 (59.2%)
110	BOGUCKA Joanna	805	NIGHT RUNNERS GLIWICE	K40	37	01:18:28	04:00:47	05:44:14		08:37:29.25	08:38:35.35	+03:35:11 (41.5%)	9:57	6 (58.3%)
111	FIGEL Monika	738	MIKI TEAM	K30	55	01:26:10	04:11:15	05:52:19		08:39:25.70	08:40:04.35	+03:36:40 (41.7%)	9:59	6 (58.3%)
112	BORZYŃSKA Marta	152		K30	56	01:11:35	03:29:21	05:00:50		08:40:57.20	08:41:34.30	+03:38:10 (41.8%)	10:01	6 (58.3%)
113	GMAJ Karolina	790	GRÓJEC	K30	57	01:17:58	03:58:34	05:51:32		08:50:24.85	08:51:14.00	+03:47:50 (42.9%)	10:12	5.9 (57.3%)
114	WRÓBEL Agnieszka	295		K20	15	01:22:39	04:13:05	06:05:04		08:50:51.80	08:51:29.60	+03:48:05 (42.9%)	10:12	5.9 (57.3%)
115	BRZEZOWSKA Beata	397	ALBATROSY	K40	38	01:30:08	04:25:46	06:01:34		08:54:10.35	08:54:52.00	+03:51:28 (43.3%)	10:16	5.8 (56.3%)
116	DOBAJ Katarzyna	358	KRAKÓW	K30	58	01:18:34	04:13:24	06:01:06		08:56:28.90	08:57:23.00	+03:53:59 (43.5%)	10:19	5.8 (56.3%)
117	DOMIAN Marta	23	WARSZAWA	K30	59	01:22:34	04:11:11	06:05:10		09:18:44.90	09:19:09.50	+04:15:45 (45.7%)	10:44	5.6 (54.4%)
	ROMANOWICZ Emilia	758	SUPRAŚL	K20		00:57:36 DNF	02:39:13 DNF	03:44:40 DNF	DNF	DNF	DNF		-	- (0.0%)
	GRABOWSKA Maria	791	FUNDACJA AKTYWNA TRZEMESZNO	K40		01:04:03 DNF	03:20:47 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KĘPA Justyna	631	1BSP	K30		01:05:23 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 120 wynik(ów)