



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## III ZIMOWA BIESZCZADZKA DYCHA 2017

Zimowy Maraton Bieszczadzki 2017  
Fundacja Bieg Rzeźnika  
2017-01-29  
Cisna  
10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: K20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>PAWLAK Magdalena</b>	<b>1137</b>	BIEGACZ CEGŁÓW	K20	1	00:00:40	00:29:23	<b>00:44:46.55</b>	<b>00:44:46.55</b>		4:28	13.4 (100%)
2	<b>WITEK Elżbieta</b>	<b>1334</b>		K20	2	00:00:31	00:30:01	<b>00:45:46.30</b>	<b>00:45:46.30</b>	+00:00:59 (2.2%)	4:34	13.1 (97.8%)
3	<b>RYBIŃSKA Anna</b>	<b>1249</b>		K20	3	00:01:28	00:38:07	<b>00:56:50.10</b>	<b>00:56:50.10</b>	+00:12:03 (21.2%)	5:41	10.6 (79.1%)
4	<b>NIEDZIAŁEK Katarzyna</b>	<b>1161</b>	BIEGAJĄCY ŚWIDNIK	K20	4	00:02:12	00:38:15	<b>00:57:43.75</b>	<b>00:57:43.75</b>	+00:12:57 (22.4%)	5:46	10.4 (77.6%)
5	<b>MOTYLEWSKA Marta</b>	<b>1319</b>	BIEGAM W SFETRZE	K20	5	00:02:14	00:39:43	<b>01:00:44.00</b>	<b>01:00:44.00</b>	+00:15:57 (26.3%)	6:04	9.9 (73.9%)
6	<b>KASPROWICZ Wioletta</b>	<b>1198</b>	ALGORYTM.EDU.PL	K20	6	00:01:08	00:41:54	<b>01:05:15.60</b>	<b>01:05:15.60</b>	+00:20:29 (31.4%)	6:31	9.2 (68.7%)
7	<b>HARTMAN Jadwiga</b>	<b>1317</b>		K20	7	00:02:13	00:44:08	<b>01:06:34.65</b>	<b>01:06:34.65</b>	+00:21:48 (32.7%)	6:39	9 (67.2%)
8	<b>GĘBSKA Karolina</b>	<b>1307</b>		K20	8	00:01:56	00:44:14	<b>01:08:13.20</b>	<b>01:08:13.20</b>	+00:23:26 (34.4%)	6:49	8.8 (65.7%)
9	<b>KĘDRA Agnieszka</b>	<b>1210</b>	PODKARPACKA SZKOŁA KRAV MAGA	K20	9	00:01:42	00:44:06	<b>01:09:57.80</b>	<b>01:09:57.80</b>	+00:25:11 (36.0%)	6:59	8.6 (64.2%)
10	<b>STRYCZEK Aleksandra</b>	<b>1046</b>		K20	10	00:00:57	00:43:48	<b>01:10:42.85</b>	<b>01:10:42.85</b>	+00:25:56 (36.7%)	7:04	8.5 (63.4%)
11	<b>ANUSZEWSKA Agata</b>	<b>1328</b>		K20	11	00:02:24	00:46:43	<b>01:13:26.45</b>	<b>01:13:26.45</b>	+00:28:39 (39.0%)	7:20	8.2 (61.2%)
12	<b>GIEŁWANOWSKA Justyna</b>	<b>1140</b>		K20	12	00:02:37	00:48:14	<b>01:14:46.75</b>	<b>01:14:46.75</b>	+00:30:00 (40.1%)	7:28	8 (59.7%)
13	<b>BADZIO Dominika</b>	<b>1047</b>	ENDORŚWINKI	K20	13	00:02:19	00:48:01	<b>01:16:02.05</b>	<b>01:16:02.05</b>	+00:31:15 (41.1%)	7:36	7.9 (59.0%)
14	<b>LIS Maria</b>	<b>1259</b>		K20	14	00:02:16	00:48:53	<b>01:16:14.15</b>	<b>01:16:14.15</b>	+00:31:27 (41.3%)	7:37	7.9 (59.0%)
15	<b>CYPCAR Anna</b>	<b>1166</b>		K20	15	00:02:32	00:49:05	<b>01:17:46.70</b>	<b>01:17:46.70</b>	+00:33:00 (42.4%)	7:46	7.7 (57.5%)
16	<b>NIEDŹWIECKA Natalia</b>	<b>1193</b>		K20	16	00:02:35	00:52:42	<b>01:21:59.80</b>	<b>01:21:59.80</b>	+00:37:13 (45.4%)	8:11	7.3 (54.5%)
17	<b>SWATEK Anna</b>	<b>1017</b>		K20	17	00:03:00	00:53:44	<b>01:23:59.15</b>	<b>01:23:59.15</b>	+00:39:12 (46.7%)	8:23	7.1 (53.0%)
18	<b>WABNIC Klaudia</b>	<b>1027</b>	NIGHTRUNNERS ZABRZE	K20	18	00:03:00	00:53:57	<b>01:24:46.50</b>	<b>01:24:46.50</b>	+00:39:59 (47.2%)	8:28	7.1 (53.0%)
19	<b>SEREWA Paulina</b>	<b>1078</b>	OWM LUBLIN	K20	19	00:03:06	00:55:51	<b>01:26:21.50</b>	<b>01:26:21.50</b>	+00:41:34 (48.2%)	8:38	6.9 (51.5%)

Znaleziono 19 wynik(ów)