



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III ZIMOWA BIESZCZADZKA DYCHA 2017

Zimowy Maraton Bieszczadzki 2017
Fundacja Bieg Rzeźnika
2017-01-29
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MERCIK Agnieszka	1090	PRZEMYSKI KLUB BIEGACZA	K30	1	00:00:51	00:32:03	00:47:44.05	00:47:44.05		4:46	12.6 (100%)
2	SOJKA Agnieszka	1194	PRZEMYSKI KLUB BIEGACZA	K30	2	00:01:10	00:35:35	00:53:40.80	00:53:40.80	+00:05:56 (11.1%)	5:22	11.2 (88.9%)
3	ŁUSZCZYC Anna	1297		K30	3	00:02:11	00:36:13	00:53:41.25	00:53:41.25	+00:05:57 (11.1%)	5:22	11.2 (88.9%)
4	BOGUTA Monika	1288	WW TEAM	K30	4	00:00:48	00:35:52	00:55:18.55	00:55:18.55	+00:07:34 (13.7%)	5:31	10.8 (85.7%)
5	DOROSZ Barbara	1094		K30	5	00:01:11	00:37:06	00:56:03.80	00:56:03.80	+00:08:19 (14.9%)	5:36	10.7 (84.9%)
6	GARBARZ Monika	1293		K30	6	00:01:43	00:38:33	00:57:25.10	00:57:25.10	+00:09:41 (16.9%)	5:44	10.4 (82.5%)
7	SASAL Monika	1295		K30	7	00:01:21	00:38:00	00:58:44.35	00:58:44.35	+00:11:00 (18.7%)	5:52	10.2 (81.0%)
8	LENART-KŁOŚ Katarzyna	1248	PKO BANK POLSKI	K30	8	00:01:28	00:38:48	00:58:45.05	00:58:45.05	+00:11:01 (18.8%)	5:52	10.2 (81.0%)
9	LEDWOLORZ Anna	1068	VEGE RUNNERS	K30	9	00:01:36	00:38:36	00:59:43.55	00:59:43.55	+00:11:59 (20.1%)	5:58	10 (79.4%)
10	KOBIAŁKA Paulina	1336		K30	10	00:01:51	00:40:21	01:01:15.75	01:01:15.75	+00:13:31 (22.1%)	6:07	9.8 (77.8%)
11	LISOWSKA Kamila	1115		K30	11	00:02:27	00:41:23	01:01:58.80	01:01:58.80	+00:14:14 (23.0%)	6:11	9.7 (77.0%)
12	DZIEDZIC Joanna	1233		K30	12	00:01:05	00:40:28	01:02:24.30	01:02:24.30	+00:14:40 (23.5%)	6:14	9.6 (76.2%)
13	BIAŁECKA Magdalena	1147	EPIDEMIASPORTU	K30	13	00:01:53	00:41:08	01:03:00.25	01:03:00.25	+00:15:16 (24.2%)	6:18	9.5 (75.4%)
14	GRUDZIEN Sandra	1176	50 TWARZY GRZYBIARZY	K30	14	00:02:02	00:41:35	01:04:19.15	01:04:19.15	+00:16:35 (25.8%)	6:25	9.3 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	SURMACZ Dorota	1292		K30	15	00:01:51	00:42:03	01:04:34.05	01:04:34.05	+00:16:50 (26.1%)	6:27	9.3 (73.8%)
16	LENKIEWICZ-BARDZIŃSKA Agata	1211	NADLEŚNICTWO LUTOWISKA, MKS HALICZ USTRZYKI	K30	16	00:01:07	00:41:32	01:04:35.10	01:04:35.10	+00:16:51 (26.1%)	6:27	9.3 (73.8%)
17	QUIRINI Ewa	1232		K30	17	00:02:07	00:42:13	01:04:46.60	01:04:46.60	+00:17:02 (26.3%)	6:28	9.3 (73.8%)
18	KNAP Ewa	1215	ALBATROSY	K30	18	00:01:38	00:42:33	01:05:03.95	01:05:03.95	+00:17:19 (26.6%)	6:30	9.2 (73.0%)
19	PAWELCZYK Anita	1274		K30	19	00:02:30	00:42:21	01:05:06.90	01:05:06.90	+00:17:22 (26.7%)	6:30	9.2 (73.0%)
20	PREJZNAR Nina	1097		K30	20	00:01:44	00:42:16	01:06:11.20	01:06:11.20	+00:18:27 (27.9%)	6:37	9.1 (72.2%)
21	KORZENIOWSKA Joanna	1253	UMCS BIEGA	K30	21	00:02:43	00:43:35	01:06:20.95	01:06:20.95	+00:18:36 (28.1%)	6:38	9 (71.4%)
22	WUJDA Magdalena	1157		K30	22	00:03:13	00:43:20	01:06:23.05	01:06:23.05	+00:18:39 (28.1%)	6:38	9 (71.4%)
23	ZADROŻNA Ania	1145		K30	23	00:02:07	00:43:15	01:06:41.35	01:06:41.35	+00:18:57 (28.4%)	6:40	9 (71.4%)
24	NIERADKA Katarzyna	1224		K30	24	00:03:10	00:44:25	01:07:06.05	01:07:06.05	+00:19:22 (28.9%)	6:42	8.9 (70.6%)
25	MAZUR Joanna	1153		K30	25	00:01:24	00:44:10	01:08:10.75	01:08:10.75	+00:20:26 (30.0%)	6:49	8.8 (69.8%)
26	GARBOWSKA Monika	1244	NIGHT RUNNERS	K30	26	00:01:34	00:45:03	01:08:34.65	01:08:34.65	+00:20:50 (30.4%)	6:51	8.8 (69.8%)
27	WYSZYŃSKA Kinga	1060		K30	27	00:01:59	00:44:06	01:08:37.90	01:08:37.90	+00:20:53 (30.4%)	6:51	8.7 (69.0%)
28	NOWAK Katarzyna	1053	DZIKIE GRUBASY SZATANA	K30	28	00:01:40	00:43:17	01:08:42.00	01:08:42.00	+00:20:57 (30.5%)	6:52	8.7 (69.0%)
29	BARTOSIEWICZ Daria	1071	DZIKIE GRUBASY SZATANA	K30	29	00:01:39	00:43:19	01:08:44.30	01:08:44.30	+00:21:00 (30.6%)	6:52	8.7 (69.0%)
30	GUZEK Ewa	1050	DZIKIE GRUBASY SZATANA	K30	30	00:01:36	00:43:18	01:08:46.25	01:08:46.25	+00:21:02 (30.6%)	6:52	8.7 (69.0%)
31	KOWALIK Anna	1254	UMCS BIEGA	K30	31	00:02:42	00:43:45	01:09:27.40	01:09:27.40	+00:21:43 (31.3%)	6:56	8.6 (68.3%)
32	RAZNATOWSKA Anastazja	1257	UMCS BIEGA	K30	32	00:02:43	00:43:45	01:09:27.90	01:09:27.90	+00:21:43 (31.3%)	6:56	8.6 (68.3%)
33	ZIEŃKOWSKA Izabela	1185	LUBLIN BIEGA/ WW TEAM	K30	33	00:02:48	00:44:46	01:10:03.05	01:10:03.05	+00:22:19 (31.9%)	7:00	8.6 (68.3%)
34	MUCHA Justyna	1246		K30	34	00:02:18	00:45:39	01:10:19.70	01:10:19.70	+00:22:35 (32.1%)	7:01	8.5 (67.5%)
35	POSTÓŁ Karolina	1020	NIGHT RUNNERS GLIWICE	K30	35	00:01:33	00:45:08	01:10:20.35	01:10:20.35	+00:22:36 (32.1%)	7:02	8.5 (67.5%)
36	BYCZAK Karolina	1285		K30	36	00:02:47	00:45:23	01:10:21.75	01:10:21.75	+00:22:37 (32.2%)	7:02	8.5 (67.5%)
37	KUPIDŁO Joanna	1284		K30	37	00:02:47	00:45:23	01:10:22.15	01:10:22.15	+00:22:38 (32.2%)	7:02	8.5 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	SZPINDA Marta	1057		K30	38	00:01:41	00:45:11	01:10:23.65	01:10:23.65	+00:22:39 (32.2%)	7:02	8.5 (67.5%)
39	WENECKA-FLIS Anna	1333		K30	39	00:02:05	00:46:09	01:11:08.35	01:11:08.35	+00:23:24 (32.9%)	7:06	8.4 (66.7%)
40	GOSIACZEK Lusina	1213	50 TWARZY GRZYBIARZY	K30	40	00:02:02	00:46:03	01:11:09.20	01:11:09.20	+00:23:25 (32.9%)	7:06	8.4 (66.7%)
41	ROSIEK Anna	1155	MKS HALICZ USTRZYKI DOLNE	K30	41	00:02:59	00:45:46	01:11:10.75	01:11:10.75	+00:23:26 (32.9%)	7:07	8.4 (66.7%)
42	KORYCKA Mariola	1314		K30	42	00:03:07	00:47:15	01:11:33.05	01:11:33.05	+00:23:49 (33.3%)	7:09	8.4 (66.7%)
43	POTRACHA Katarzyna	1312		K30	43	00:02:25	00:45:59	01:11:58.00	01:11:58.00	+00:24:13 (33.7%)	7:11	8.3 (65.9%)
44	KARPIŃSKA Aneta	1260		K30	44	00:02:08	00:45:37	01:12:00.35	01:12:00.35	+00:24:16 (33.7%)	7:12	8.3 (65.9%)
45	AUGUSTYŃSKA Kinga	1033	LACHO TEAM	K30	45	00:02:19	00:46:24	01:12:21.10	01:12:21.10	+00:24:37 (34.0%)	7:14	8.3 (65.9%)
46	WIECZOREK Beata	1074	DZIKIE GRUBASY SZATANA	K30	46	00:01:42	00:46:42	01:12:29.75	01:12:29.75	+00:24:45 (34.2%)	7:14	8.3 (65.9%)
47	RADZICKA Aleksandra	1264	ZGRABNE ŁANIE	K30	47	00:01:33	00:46:03	01:13:34.35	01:13:34.35	+00:25:50 (35.1%)	7:21	8.2 (65.1%)
48	WÓJCIK Agnieszka	1270	TRUCHT TARCHOMIN TEAM	K30	48	00:01:32	00:45:55	01:13:37.45	01:13:37.45	+00:25:53 (35.2%)	7:21	8.2 (65.1%)
49	POPOWICZ Marcela	1209		K30	49	00:02:59	00:47:49	01:13:40.70	01:13:40.70	+00:25:56 (35.2%)	7:22	8.1 (64.3%)
50	MICHALSKA Marta	1278	TECHNIKUM LEŚNE W LESKU	K30	50	00:03:10	00:48:23	01:13:42.95	01:13:42.95	+00:25:58 (35.2%)	7:22	8.1 (64.3%)
51	GAJGER Joanna	1227		K30	51	00:03:05	00:49:47	01:18:28.75	01:18:28.75	+00:30:44 (39.2%)	7:50	7.6 (60.3%)
52	FURMAN Agnieszka	1168	OCHAJO RUN&FRIENDS	K30	52	00:02:12	00:53:11	01:23:15.55	01:23:15.55	+00:35:31 (42.7%)	8:19	7.2 (57.1%)
53	OWOCKA Ewa	1170	MIECHOWICKA GRUPA BIEGOWA	K30	53	00:03:02	00:53:46	01:23:46.30	01:23:46.30	+00:36:02 (43.0%)	8:22	7.2 (57.1%)
54	MARONDEL Katarzyna	1181	FESTIWAL BIEGOWY	K30	54	00:02:00	00:53:46	01:23:48.75	01:23:48.75	+00:36:04 (43.0%)	8:22	7.2 (57.1%)
55	GLINSKA Aleksandra	1133		K30	55	00:03:01	00:53:54	01:24:45.85	01:24:45.85	+00:37:01 (43.7%)	8:28	7.1 (56.3%)
56	ŚWIGONIAK Anna	1131	NOWA HUTA TEAM	K30	56	00:02:58	00:54:37	01:25:07.25	01:25:07.25	+00:37:23 (43.9%)	8:30	7 (55.6%)
57	OLEKSY Sabina	1979	NOWA HUTA TEAM	K30	57	00:02:58	00:54:39	01:25:33.35	01:25:33.35	+00:37:49 (44.2%)	8:33	7 (55.6%)
58	DĘBSKA Małgorzata	1119	NOWA HUTA TEAM	K30	58	00:02:58	00:54:38	01:25:53.95	01:25:53.95	+00:38:09 (44.4%)	8:35	7 (55.6%)
59	STAWSKA Natalia	1043	LACHO TEAM	K30	59	00:03:06	00:56:46	01:26:49.40	01:26:49.40	+00:39:05 (45.0%)	8:40	6.9 (54.8%)
60	WIŚNIEWSKA-PIĄTY Katarzyna	1040		K30	60	00:03:18	00:56:29	01:28:59.25	01:28:59.25	+00:41:15 (46.4%)	8:53	6.7 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	SŁOBODA Magdalena	1231	SISTARS	K30	61	00:03:01	00:57:59	01:29:57.90	01:29:57.90	+00:42:13 (46.9%)	8:59	6.7 (53.2%)

Znaleziono 61 wynik(ów)