



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III ZIMOWA BIESZCZADZKA DYCHA 2017

Zimowy Maraton Bieszczadzki 2017
Fundacja Bieg Rzeźnika
2017-01-29
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SNOPKIEWICZ Joanna	1135	BIEGACZ CEGŁÓW	K40	1	00:00:49	00:36:14	00:53:37.75	00:53:37.75		5:21	11.2 (100%)
2	MAJEWSKA Joanna	1072	RUN PGE OBRÓT	K40	2	00:02:13	00:36:24	00:56:09.55	00:56:09.55	+00:02:31 (4.5%)	5:36	10.7 (95.5%)
3	RYŁKO Mariola	1235	SOLINA TEAM	K40	3	00:00:52	00:37:01	00:57:00.85	00:57:00.85	+00:03:23 (5.9%)	5:42	10.5 (93.8%)
4	ŻELAZNY Agnieszka	1204		K40	4	00:02:22	00:39:23	00:58:34.25	00:58:34.25	+00:04:56 (8.4%)	5:51	10.2 (91.1%)
5	WODYŃSKA Dagmara	1100	EQUIDO TEAM SCHODZI Z ASFALTU	K40	5	00:01:36	00:39:08	00:58:37.10	00:58:37.10	+00:04:59 (8.5%)	5:51	10.2 (91.1%)
6	LUBAŃSKA Alicja	1199		K40	6	00:02:34	00:40:26	01:01:15.00	01:01:15.00	+00:07:37 (12.4%)	6:07	9.8 (87.5%)
7	MAZUREK Katarzyna	1113	SKLEP BIEGACZA LUBLIN TEAM / LSB	K40	7	00:02:04	00:40:47	01:01:16.40	01:01:16.40	+00:07:38 (12.5%)	6:07	9.8 (87.5%)
8	GALANTY Agnieszka	1279		K40	8	00:01:41	00:43:00	01:06:15.10	01:06:15.10	+00:12:37 (19.1%)	6:37	9.1 (81.3%)
9	SZYBIAK Joanna	1120	AGONA W&M	K40	9	00:01:42	00:43:08	01:06:20.25	01:06:20.25	+00:12:42 (19.2%)	6:38	9 (80.4%)
10	CYBULSKA Dominika	1172		K40	10	00:02:29	00:43:31	01:06:33.65	01:06:33.65	+00:12:55 (19.4%)	6:39	9 (80.4%)
11	STARCZEWSKA Sylwia	1175	MINDFULNESS INSIDE	K40	11	00:02:33	00:44:13	01:07:12.90	01:07:12.90	+00:13:35 (20.2%)	6:43	8.9 (79.5%)
12	GARCZYŃSKA Ania	1026		K40	12	00:02:09	00:43:53	01:07:18.65	01:07:18.65	+00:13:40 (20.3%)	6:43	8.9 (79.5%)
13	STARZECKA Joanna	1130		K40	13	00:02:14	00:43:53	01:07:49.85	01:07:49.85	+00:14:12 (20.9%)	6:46	8.8 (78.6%)
14	HERMANIUK Iwona	1063		K40	14	00:01:59	00:44:02	01:08:40.90	01:08:40.90	+00:15:03 (21.9%)	6:52	8.7 (77.7%)
15	GLINIANY Małgorzata	1126	ZABIEGANA RODZINKA	K40	15	00:03:07	00:45:25	01:10:08.70	01:10:08.70	+00:16:30 (23.5%)	7:00	8.6 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	SZPYT Justyna	1062		K40	16	00:01:41	00:45:10	01:10:24.25	01:10:24.25	+00:16:46 (23.8%)	7:02	8.5 (75.9%)
17	SADOWIŃSKA Adriana	1151	NOWA HUTA TEAM	K40	17	00:02:57	00:45:40	01:10:26.20	01:10:26.20	+00:16:48 (23.9%)	7:02	8.5 (75.9%)
18	KOZAKIEWICZ Aneta	1316		K40	18	00:02:01	00:45:20	01:10:39.45	01:10:39.45	+00:17:01 (24.1%)	7:03	8.5 (75.9%)
19	SZWEJKA Renata	1326		K40	19	00:02:48	00:47:28	01:10:59.90	01:10:59.90	+00:17:22 (24.5%)	7:05	8.5 (75.9%)
20	KARPIŃSKA Anna	1283	DZIKIE GRUBASY SZATANA	K40	20	00:01:39	00:46:40	01:12:02.60	01:12:02.60	+00:18:24 (25.6%)	7:12	8.3 (74.1%)
21	DOROTA Jola	1048	RUN RUN OLESZYCE	K40	21	00:02:20	00:46:45	01:12:07.20	01:12:07.20	+00:18:29 (25.6%)	7:12	8.3 (74.1%)
22	GABRYŚ Jola	1321	NIGHT RUNNERS GLIWICE	K40	22	00:01:34	00:45:31	01:12:34.50	01:12:34.50	+00:18:56 (26.1%)	7:15	8.3 (74.1%)
23	RĄPAŁA Beata	1290		K40	23	00:02:53	00:47:11	01:13:32.55	01:13:32.55	+00:19:54 (27.1%)	7:21	8.2 (73.2%)
24	LUZAR Monika	1079	MIA	K40	24	00:01:00	00:46:53	01:13:43.70	01:13:43.70	+00:20:05 (27.3%)	7:22	8.1 (72.3%)
25	HYZIAK Joanna	1103	JJ.RUNNERS	K40	25	00:02:06	00:49:12	01:16:01.05	01:16:01.05	+00:22:23 (29.5%)	7:36	7.9 (70.5%)
26	ZAJĄC Monika	1206		K40	26	00:02:37	00:47:49	01:16:03.55	01:16:03.55	+00:22:25 (29.5%)	7:36	7.9 (70.5%)
27	SUCHODOLSKA Wioletta	1189		K40	27	00:02:36	00:52:11	01:19:56.65	01:19:56.65	+00:26:18 (32.9%)	7:59	7.5 (67.0%)
28	MICHNO Anna	1032	LACHO TEAM	K40	28	00:02:19	00:51:23	01:20:12.05	01:20:12.05	+00:26:34 (33.1%)	8:01	7.5 (67.0%)
29	NIEDZWIECKA Barbara	1188		K40	29	00:02:36	00:52:37	01:22:06.40	01:22:06.40	+00:28:28 (34.7%)	8:12	7.3 (65.2%)
30	WASIELEWSKA Teresa	1082	KLUB SPORTOWY ZDZIESZOWICE-BIKETEAM	K40	30	00:01:42	00:54:34	01:25:05.75	01:25:05.75	+00:31:28 (37.0%)	8:30	7.1 (63.4%)
31	FRAĆ Elżbieta	1146	NIGHT RUNNERS GLIWICE	K40	31	00:03:14	00:54:03	01:26:20.80	01:26:20.80	+00:32:43 (37.9%)	8:38	6.9 (61.6%)
32	KOLAKOWSKA Anna	1138	NIGHT RUNNERS GLIWICE	K40	32	00:03:15	01:03:22	01:41:50.90	01:41:50.90	+00:48:13 (47.3%)	10:11	5.9 (52.7%)
33	GRABOWSKA Anna	1305	-	K40	33	00:00:59	01:03:21	01:41:52.05	01:41:52.05	+00:48:14 (47.4%)	10:11	5.9 (52.7%)

Znaleziono 33 wynik(ów)