



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

III ZIMOWA BIESZCZADZKA DYCHA 2017

Zimowy Maraton Bieszczadzki 2017
Fundacja Bieg Rzeźnika
2017-01-29
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MAZURKIEWICZ Tomasz	1331	ZAPOROWY MARATON TEAM	M40	1	00:00:33	00:29:52	00:45:11.75	00:45:11.75		4:31	13.3 (100%)
2	ŚWIDZIŃSKI Tomasz	1263	VEGE RUNNERS	M40	2	00:00:40	00:31:08	00:46:43.70	00:46:43.70	+00:01:31 (3.3%)	4:40	12.8 (96.2%)
3	BEREZOWSKI Waldemar	1289	PGE RUN OBRÓT	M40	3	00:01:59	00:32:02	00:47:33.60	00:47:33.60	+00:02:21 (5.0%)	4:45	12.6 (94.7%)
4	GOŁĄBEK Wojciech	1160	MOSIR DUKLA	M40	4	00:01:27	00:32:04	00:47:55.10	00:47:55.10	+00:02:43 (5.7%)	4:47	12.5 (94.0%)
5	KŁOSIŃSKI Rafał	1106	MKB DREPTAK	M40	5	00:00:53	00:32:32	00:49:00.15	00:49:00.15	+00:03:48 (7.8%)	4:54	12.2 (91.7%)
6	KAJDROWICZ Grzegorz	1310	WWW.PRZEMYSLNEPODROZE.PL	M40	6	00:00:50	00:34:03	00:50:58.90	00:50:58.90	+00:05:47 (11.3%)	5:05	11.8 (88.7%)
7	BIELKOWSKI Wojciech	1167	COCERUNNERS	M40	7	00:00:41	00:34:09	00:51:09.00	00:51:09.00	+00:05:57 (11.6%)	5:06	11.7 (88.0%)
8	PŁESZKA Marek	1311	OTRYT LUTOWISKA	M40	8	00:01:07	00:34:48	00:51:10.60	00:51:10.60	+00:05:58 (11.7%)	5:07	11.7 (88.0%)
9	HERMANIUK Tomasz	1064		M40	9	00:01:50	00:35:12	00:51:41.05	00:51:41.05	+00:06:29 (12.6%)	5:10	11.6 (87.2%)
10	DRAŻEK Sławomir	1324		M40	10	00:01:05	00:35:20	00:53:32.35	00:53:32.35	+00:08:20 (15.6%)	5:21	11.2 (84.2%)
11	WILCZAK Janusz	1243		M40	11	00:00:52	00:35:02	00:54:06.75	00:54:06.75	+00:08:55 (16.5%)	5:24	11.1 (83.5%)
12	STANKIEWICZ Jacek	1245		M40	12	00:00:41	00:36:10	00:55:20.55	00:55:20.55	+00:10:08 (18.3%)	5:32	10.8 (81.2%)
13	WODYŃSKI Jacek	1101	EQUIDO TEAM SCHODZI Z ASFALTU	M40	13	00:01:36	00:38:02	00:55:56.45	00:55:56.45	+00:10:44 (19.2%)	5:35	10.7 (80.5%)
14	WRÓBEL Bartłomiej	1309	CISNA GÓRĄ	M40	14	00:00:54	00:36:58	00:56:10.70	00:56:10.70	+00:10:58 (19.5%)	5:37	10.7 (80.5%)
15	RYZIŃSKI Ryszard	1030		M40	15	00:00:56	00:38:24	00:56:49.30	00:56:49.30	+00:11:37 (20.5%)	5:40	10.6 (79.7%)
16	RAPACZ Marcin	1075		M40	16	00:01:19	00:36:41	00:58:09.20	00:58:09.20	+00:12:57 (22.3%)	5:48	10.3 (77.4%)
17	BRZEZIŃSKI Arkadiusz	1061	RUN BABY RUN TEAM PL	M40	17	00:02:56	00:39:19	00:58:47.60	00:58:47.60	+00:13:35 (23.1%)	5:52	10.2 (76.7%)
18	BUGAJSKI Artur	1105	JABIEGAM	M40	18	00:02:56	00:39:41	00:58:59.35	00:58:59.35	+00:13:47 (23.4%)	5:53	10.2 (76.7%)
19	BODZIOCH Grzegorz	1268	GORLICKA GRUPA BIEGOWA	M40	19	00:02:22	00:39:26	00:59:50.45	00:59:50.45	+00:14:38 (24.5%)	5:59	10 (75.2%)
20	MAJDA Robert	1149	ROMB	M40	20	00:01:30	00:40:05	01:01:55.15	01:01:55.15	+00:16:43 (27.0%)	6:11	9.7 (72.9%)
21	NIEDZWIECKI Zenon	1226		M40	21	00:03:10	00:40:46	01:02:32.00	01:02:32.00	+00:17:20 (27.7%)	6:15	9.6 (72.2%)
22	BILSKI Marek	1081		M40	22	00:00:56	00:41:24	01:04:46.05	01:04:46.05	+00:19:34 (30.2%)	6:28	9.3 (69.9%)
23	KASZUBA Robert	1076		M40	23	00:01:52	00:40:54	01:05:53.40	01:05:53.40	+00:20:41 (31.4%)	6:35	9.1 (68.4%)
24	NAWROT Waldek	1156		M40	24	00:03:13	00:43:22	01:06:23.90	01:06:23.90	+00:21:12 (31.9%)	6:38	9 (67.7%)
25	CZECHOWICZ Dariusz	1301	DZIKIE ŻYCIE RUN TEAM	M40	25	00:02:56	00:43:56	01:06:35.50	01:06:35.50	+00:21:23 (32.1%)	6:39	9 (67.7%)
26	WASILEWSKI Marcin	1287	WW TEAM	M40	26	00:02:48	00:42:03	01:06:54.55	01:06:54.55	+00:21:42 (32.5%)	6:41	9 (67.7%)
27	CYBULSKI Piotr	1173		M40	27	00:02:29	00:44:05	01:07:20.45	01:07:20.45	+00:22:08 (32.9%)	6:44	8.9 (66.9%)
28	GUTKOWSKI Wojciech	1265		M40	28	00:02:55	00:44:30	01:07:28.15	01:07:28.15	+00:22:16 (33.0%)	6:44	8.9 (66.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
29	MAZUR Sebastian	1154		M40	29	00:01:24	00:44:11	01:08:11.10	01:08:11.10	+00:22:59 (33.7%)	6:49	8.8 (66.2%)
30	CZAJA Wacław	1229		M40	30			01:08:33.95	01:08:33.95	+00:23:22 (34.1%)	6:51	8.8 (66.2%)
31	GLINIANY Adam	1125	ZABIEGANA RODZINKA	M40	31	00:03:07	00:45:17	01:10:09.45	01:10:09.45	+00:24:57 (35.6%)	7:00	8.6 (64.7%)
32	MARMUROWICZ Krystian	1073	SILESIA RUNNING TEAM	M40	32	00:03:02	00:45:14	01:10:20.90	01:10:20.90	+00:25:09 (35.8%)	7:02	8.5 (63.9%)
33	KRYGOWSKI Zbigniew	1014	AKADEMIA SPORTU LUBACZÓW	M40	33	00:02:27	00:46:26	01:12:09.55	01:12:09.55	+00:26:57 (37.4%)	7:12	8.3 (62.4%)
34	SZWEJKA Krzysztof	1325		M40	34	00:02:48	00:47:24	01:12:37.00	01:12:37.00	+00:27:25 (37.8%)	7:15	8.3 (62.4%)
35	KUROWSKI Jaromir	1327		M40	35	00:02:59	00:47:44	01:13:41.90	01:13:41.90	+00:28:30 (38.7%)	7:22	8.1 (60.9%)
36	LUZAR Andrzej	1080	MIA	M40	36	00:01:00	00:45:48	01:13:44.35	01:13:44.35	+00:28:32 (38.7%)	7:22	8.1 (60.9%)
37	BARANOWSKI Krzysztof	1195		M40	37	00:03:03	00:46:28	01:13:45.90	01:13:45.90	+00:28:34 (38.7%)	7:22	8.1 (60.9%)
38	BAJAK Mirosław	1045		M40	38	00:02:40	00:50:04	01:14:47.35	01:14:47.35	+00:29:35 (39.6%)	7:28	8 (60.2%)
39	JAWOREK Dariusz	1304	OTK RZEŹNIK	M40	39	00:02:48	00:48:27	01:18:39.85	01:18:39.85	+00:33:28 (42.5%)	7:51	7.6 (57.1%)
40	SZYJA Dariusz	1134	ADS MASNA KRYTYCZNA	M40	40	00:03:00	00:53:55	01:24:46.15	01:24:46.15	+00:39:34 (46.7%)	8:28	7.1 (53.4%)
41	JACYNA Adam	1024	FUNDACJA LATARNIA	M40	41	00:01:23	00:59:37	01:36:45.00	01:36:45.00	+00:51:33 (53.3%)	9:40	6.2 (46.6%)
42	MIRECKI Jan	1184		M40	42	00:03:23	01:09:15	01:51:39.80	01:51:39.80	+01:06:28 (59.5%)	11:09	5.4 (40.6%)

Znaleziono 42 wynik(ów)