

III ZIMOWY CROSS BOCIANA BIEG 10 KM

B4SPORT

Wydarzenie: III Zimowy Cross Bociana w Nadleśnictwie Czarnobór
Organizator: Stowarzyszenie Team Biegowy Szczecinek
Data: 2018-12-30
Miejsce: Szczecinek
Dystans: 10 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|-----------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1 | SZYMAŃSKI Sylwester | 174 | ULKS BARWICE-MKL SZCZECINEK | M-OPEN | 1 | 00:39:15.71 | | 3:55 | 15.3 (100%) |
| 2 | CERK Łukasz | 11 | „BIEGAJ Z CERKIEM ” | M-OPEN | 2 | 00:41:30.29 | +00:02:14 (5.4%) | 4:09 | 14.5 (94.8%) |
| 3 | KAMIONKA Mateusz | 51 | HUSARIA RACE TEAM | M-OPEN | 3 | 00:42:27.07 | +00:03:11 (7.5%) | 4:14 | 14.1 (92.2%) |
| 4 | SZYŁO Michał | 172 | „BIEGAJ Z CERKIEM ” | M-OPEN | 4 | 00:43:20.20 | +00:04:04 (9.4%) | 4:20 | 13.8 (90.2%) |
| 5 | GOLIŃSKI Daniel | 36 | | M-OPEN | 5 | 00:43:58.04 | +00:04:42 (10.7%) | 4:23 | 13.6 (88.9%) |
| 6 | ŻYJEWSKI Piotr | 198 | | M-OPEN | 6 | 00:46:36.40 | +00:07:20 (15.8%) | 4:39 | 12.9 (84.3%) |
| 7 | RYNDAK Mariusz | 148 | | M-OPEN | 7 | 00:47:05.73 | +00:07:50 (16.6%) | 4:42 | 12.7 (83.0%) |
| 8 | SULIK Krzysztof | 164 | SUSE-Ł BIEGOWY | M-OPEN | 8 | 00:47:12.80 | +00:07:57 (16.8%) | 4:43 | 12.7 (83.0%) |
| 9 | WERNER Kamila | 189 | 'BIEGAJ Z CERKIEM' | K-OPEN | 1 | 00:47:16.94 | +00:08:01 (17.0%) | 4:43 | 12.7 (83.0%) |
| 10 | MERK Michał | 91 | | M-OPEN | 9 | 00:47:36.85 | +00:08:21 (17.5%) | 4:45 | 12.6 (82.4%) |
| 11 | SĘKULSKI Tomasz | 152 | | M-OPEN | 10 | 00:48:39.51 | +00:09:23 (19.3%) | 4:51 | 12.3 (80.4%) |
| 12 | ZIOJŁA David | 194 | BIEGAM BO LUBIĘ :-) | M-OPEN | 11 | 00:49:13.54 | +00:09:57 (20.2%) | 4:55 | 12.2 (79.7%) |
| 13 | PIASKOWIAK Artur | 117 | BORNE BIEGA | M-OPEN | 12 | 00:49:34.43 | +00:10:18 (20.8%) | 4:57 | 12.1 (79.1%) |
| 14 | MAKSELON Maciej | 86 | TORPEDO SZCZECINEK | M-OPEN | 13 | 00:49:46.30 | +00:10:30 (21.1%) | 4:58 | 12.1 (79.1%) |
| 15 | JAKIMIEC Tadeusz | 46 | HUSARIA RAC TIM | M-OPEN | 14 | 00:49:47.43 | +00:10:31 (21.1%) | 4:58 | 12.1 (79.1%) |
| 16 | KUŹMA Mariusz | 71 | CROSS TEAM SZCZECINEK | M-OPEN | 15 | 00:50:12.41 | +00:10:56 (21.8%) | 5:01 | 12 (78.4%) |
| 17 | KUBIŚ Paweł | 68 | RUNDORFINA | M-OPEN | 16 | 00:50:26.06 | +00:11:10 (22.2%) | 5:02 | 11.9 (77.8%) |
| 18 | PYRKA Adam | 139 | SUSE-Ł BIEGOWY | M-OPEN | 17 | 00:50:31.50 | +00:11:15 (22.3%) | 5:03 | 11.9 (77.8%) |
| 19 | KOCLEJDA Grzegorz | 54 | RUNDORFINA | M-OPEN | 18 | 00:50:33.16 | +00:11:17 (22.3%) | 5:03 | 11.9 (77.8%) |
| 20 | NOCEK Paweł | 96 | | M-OPEN | 19 | 00:50:34.46 | +00:11:18 (22.4%) | 5:03 | 11.9 (77.8%) |
| 21 | RYCERSKI Rafał | 147 | | M-OPEN | 20 | 00:50:40.16 | +00:11:24 (22.5%) | 5:04 | 11.8 (77.1%) |
| 22 | KOŁATKA Mariusz | 57 | BORNE BIEGA | M-OPEN | 21 | 00:50:40.40 | +00:11:24 (22.5%) | 5:04 | 11.8 (77.1%) |
| 23 | SZYMAŃSKI Aleksander | 175 | OLEKSY BIEGA | M-OPEN | 22 | 00:51:03.69 | +00:11:47 (23.1%) | 5:06 | 11.8 (77.1%) |
| 24 | FIŁONOWICZ Monika | 27 | | K-OPEN | 2 | 00:51:29.28 | +00:12:13 (23.7%) | 5:08 | 11.7 (76.5%) |
| 25 | KOCZWARA Joanna | 55 | | K-OPEN | 3 | 00:51:44.65 | +00:12:28 (24.1%) | 5:10 | 11.6 (75.8%) |
| 26 | SUCHOŃSKA Grzegorz | 162 | | M-OPEN | 23 | 00:52:15.11 | +00:12:59 (24.9%) | 5:13 | 11.5 (75.2%) |
| 27 | SUCHOŃSKI Tomasz | 163 | | M-OPEN | 24 | 00:52:21.05 | +00:13:05 (25.0%) | 5:14 | 11.5 (75.2%) |

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|-----|----------------------------------|------------|------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 28 | SZKOPEK Krzysztof | 171 | | M-OPEN | 25 | 00:52:26.28 | +00:13:10 (25.1%) | 5:14 | 11.4 (74.5%) |
| 29 | ŁOCHOCKI Łukasz | 80 | CROSSTEAM SZCZECINEK | M-OPEN | 26 | 00:52:31.93 | +00:13:16 (25.3%) | 5:15 | 11.4 (74.5%) |
| 30 | KRÓLIKOWSKI Bartłomiej | 66 | | M-OPEN | 27 | 00:52:54.71 | +00:13:38 (25.8%) | 5:17 | 11.3 (73.9%) |
| 31 | SZYMECKA Monika | 176 | TOTALNIE BIEGNIĘCI | K-OPEN | 4 | 00:52:57.67 | +00:13:41 (25.9%) | 5:17 | 11.3 (73.9%) |
| 32 | NOWAK Mateusz | 97 | DEBRZNO | M-OPEN | 28 | 00:52:59.69 | +00:13:43 (25.9%) | 5:17 | 11.3 (73.9%) |
| 33 | JANKOWSKI Mariusz | 48 | | M-OPEN | 29 | 00:53:05.42 | +00:13:49 (26.0%) | 5:18 | 11.3 (73.9%) |
| 34 | PEKAŁA Piotr | 116 | | M-OPEN | 30 | 00:53:22.28 | +00:14:06 (26.4%) | 5:20 | 11.2 (73.2%) |
| 35 | ZIOJŁA Zbigniew | 196 | BIEGAM BO LUBIĘ :-) | M-OPEN | 31 | 00:53:35.04 | +00:14:19 (26.7%) | 5:21 | 11.2 (73.2%) |
| 36 | MAKSELON Anna | 87 | | K-OPEN | 5 | 00:53:42.66 | +00:14:26 (26.9%) | 5:22 | 11.2 (73.2%) |
| 37 | WILKOWSKI Krzysztof | 191 | FOR-REST-RUN KOSZALIN | M-OPEN | 32 | 00:54:13.43 | +00:14:57 (27.6%) | 5:25 | 11.1 (72.5%) |
| 38 | LECKI Seweryn | 73 | TEAM BIEGOWY SZCZECINEK | M-OPEN | 33 | 00:54:50.10 | +00:15:34 (28.4%) | 5:29 | 10.9 (71.2%) |
| 39 | POLIWKA-KISIEL Małgorzata | 131 | TEAM BIEGOWY SZCZECINEK | K-OPEN | 6 | 00:55:18.26 | +00:16:02 (29.0%) | 5:31 | 10.8 (70.6%) |
| 40 | PIEKARZEWICZ Tomasz | 119 | BOBOLICKIE BRACTWO BIEGOWE | M-OPEN | 34 | 00:57:07.48 | +00:17:51 (31.3%) | 5:42 | 10.5 (68.6%) |
| 41 | ORLIKOWSKI Robert | 103 | POŁCZYN-ZDRÓJ | M-OPEN | 35 | 00:57:36.19 | +00:18:20 (31.8%) | 5:45 | 10.4 (68.0%) |
| 42 | OLEARCZYK Arkadiusz | 101 | BOBOLICKIE BRACTWO BIEGOWE | M-OPEN | 36 | 00:57:39.41 | +00:18:23 (31.9%) | 5:45 | 10.4 (68.0%) |
| 43 | PABISIAK Miłosz | 108 | HUSARIA RACE TEAM SZCZECINEK | M-OPEN | 37 | 00:57:49.62 | +00:18:33 (32.1%) | 5:46 | 10.4 (68.0%) |
| 44 | SIEG Żaneta | 153 | TRIPAKA PRZECHLEWO | K-OPEN | 7 | 00:58:22.29 | +00:19:06 (32.7%) | 5:50 | 10.3 (67.3%) |
| 45 | PUŚCIAN Krzysztof | 134 | SZKOŁA PODSTAWOWA W MANOWIE | M-OPEN | 38 | 00:58:51.47 | +00:19:35 (33.3%) | 5:53 | 10.2 (66.7%) |
| 46 | JANUCHOWSKI Arkadiusz | 49 | | M-OPEN | 39 | 00:59:07.45 | +00:19:51 (33.6%) | 5:54 | 10.1 (66.0%) |
| 47 | VANDERFERJ Eva | 85 | | K-OPEN | 8 | 00:59:13.49 | +00:19:57 (33.7%) | 5:55 | 10.1 (66.0%) |
| 48 | SZYSZKOWSKI Tomasz | 179 | | M-OPEN | 40 | 00:59:37.03 | +00:20:21 (34.1%) | 5:57 | 10.1 (66.0%) |
| 49 | KORDOWSKI Mariusz | 59 | | M-OPEN | 41 | 01:00:02.78 | +00:20:47 (34.6%) | 6:00 | 10 (65.4%) |
| 50 | SZYNKARUK Marek | 178 | TEAM BIEGOWY SZCZECINEK | M-OPEN | 42 | 01:00:06.97 | +00:20:51 (34.7%) | 6:00 | 10 (65.4%) |
| 51 | GUTKOWSKI Wojciech | 40 | | M-OPEN | 43 | 01:00:28.67 | +00:21:12 (35.1%) | 6:02 | 9.9 (64.7%) |
| 52 | KORZENIOWSKA Ewa | 60 | | K-OPEN | 9 | 01:00:35.33 | +00:21:19 (35.2%) | 6:03 | 9.9 (64.7%) |
| 53 | MYK Paweł | 95 | | M-OPEN | 44 | 01:00:35.45 | +00:21:19 (35.2%) | 6:03 | 9.9 (64.7%) |
| 54 | SCHIENBEIN Jacek | 151 | PARKRUNSZCZECINEK | M-OPEN | 45 | 01:01:05.04 | +00:21:49 (35.7%) | 6:06 | 9.8 (64.1%) |
| 55 | PYREK Iwona | 138 | | K-OPEN | 10 | 01:02:44.66 | +00:23:28 (37.4%) | 6:16 | 9.6 (62.7%) |
| 56 | KRÓLIKOWSKI Andrzej | 67 | | M-OPEN | 46 | 01:02:45.00 | +00:23:29 (37.4%) | 6:16 | 9.6 (62.7%) |
| 57 | DOLAT Justyna | 20 | HUSARIARACE TEAM SZCZECINEK | K-OPEN | 11 | 01:02:58.74 | +00:23:43 (37.7%) | 6:17 | 9.5 (62.1%) |
| 58 | METKOWSKA Beata | 92 | HUSARIA RACE TEAM | K-OPEN | 12 | 01:03:19.74 | +00:24:04 (38.0%) | 6:19 | 9.5 (62.1%) |
| 59 | SZYMECKI Rafał | 177 | TOTALNIE BIEGNIĘCI | M-OPEN | 47 | 01:05:00.85 | +00:25:45 (39.6%) | 6:30 | 9.2 (60.1%) |
| 60 | HELLER Zdzisław | 41 | NIEZRZESZONY | M-OPEN | 48 | 01:05:49.77 | +00:26:34 (40.4%) | 6:34 | 9.1 (59.5%) |
| 61 | PYDYN Regina | 135 | | K-OPEN | 13 | 01:05:49.97 | +00:26:34 (40.4%) | 6:34 | 9.1 (59.5%) |
| 62 | SZYMAŃSKI Tomasz | 173 | TEAM BIEGOWY SZCZECINEK | M-OPEN | 49 | 01:06:31.23 | +00:27:15 (41.0%) | 6:39 | 9 (58.8%) |
| 63 | ZIOJŁA Natalia | 195 | BIEGAM BO LUBIĘ :-) | K-OPEN | 14 | 01:09:07.32 | +00:29:51 (43.2%) | 6:54 | 8.7 (56.9%) |
| 64 | DUCHNOWSKA Kamila | 22 | HUSARIA RACE TEAM | K-OPEN | 15 | 01:09:36.02 | +00:30:20 (43.6%) | 6:57 | 8.6 (56.2%) |
| 65 | ANDRUSZKIEWICZ Grzegorz | 1 | PARKRUN SZCZECINEK | M-OPEN | 50 | 01:11:47.13 | +00:32:31 (45.3%) | 7:10 | 8.4 (54.9%) |
| 66 | PALUCH Piotr | 109 | | M-OPEN | 51 | 01:11:56.45 | +00:32:40 (45.4%) | 7:11 | 8.3 (54.2%) |
| 67 | KOPKIEWICZ Konrad | 58 | OSP LOTYŃ | M-OPEN | 52 | 01:11:56.77 | +00:32:41 (45.4%) | 7:11 | 8.3 (54.2%) |

Znaleziono 67 wynik(ów)