



III ZIMOWY CROSS BOCIANA BIEG 10 KM

B4SPORT

Wydarzenie: III Zimowy Cross Bociana w Nadleśnictwie Czarnobór
Organizator: Stowarzyszenie Team Biegowy Szczecinek
Data: 2018-12-30
Miejsce: Szczecinek
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Sylwester	174	ULKS BARWICE-MKL SZCZECINEK	M-OPEN	1	00:39:15.71		3:55	15.3 (100%)
2	CERK Łukasz	11	„BIEGAJ Z CERKIEM ”	M-OPEN	2	00:41:30.29	+00:02:14 (5.4%)	4:09	14.5 (94.8%)
3	KAMIONKA Mateusz	51	HUSARIA RACE TEAM	M-OPEN	3	00:42:27.07	+00:03:11 (7.5%)	4:14	14.1 (92.2%)
4	SZYŁO Michał	172	„BIEGAJ Z CERKIEM ”	M-OPEN	4	00:43:20.20	+00:04:04 (9.4%)	4:20	13.8 (90.2%)
5	GOLIŃSKI Daniel	36		M-OPEN	5	00:43:58.04	+00:04:42 (10.7%)	4:23	13.6 (88.9%)
6	ŻYJEWSKI Piotr	198		M-OPEN	6	00:46:36.40	+00:07:20 (15.8%)	4:39	12.9 (84.3%)
7	RYNDAK Mariusz	148		M-OPEN	7	00:47:05.73	+00:07:50 (16.6%)	4:42	12.7 (83.0%)
8	SULIK Krzysztof	164	SUSE-Ł BIEGOWY	M-OPEN	8	00:47:12.80	+00:07:57 (16.8%)	4:43	12.7 (83.0%)
9	WERNER Kamila	189	'BIEGAJ Z CERKIEM'	K-OPEN	1	00:47:16.94	+00:08:01 (17.0%)	4:43	12.7 (83.0%)
10	MERK Michał	91		M-OPEN	9	00:47:36.85	+00:08:21 (17.5%)	4:45	12.6 (82.4%)
11	SĘKULSKI Tomasz	152		M-OPEN	10	00:48:39.51	+00:09:23 (19.3%)	4:51	12.3 (80.4%)
12	ZIOJŁA David	194	BIEGAM BO LUBIĘ :-)	M-OPEN	11	00:49:13.54	+00:09:57 (20.2%)	4:55	12.2 (79.7%)
13	PIASKOWIAK Artur	117	BORNE BIEGA	M-OPEN	12	00:49:34.43	+00:10:18 (20.8%)	4:57	12.1 (79.1%)
14	MAKSELON Maciej	86	TORPEDO SZCZECINEK	M-OPEN	13	00:49:46.30	+00:10:30 (21.1%)	4:58	12.1 (79.1%)
15	JAKIMIEC Tadeusz	46	HUSARIA RAC TIM	M-OPEN	14	00:49:47.43	+00:10:31 (21.1%)	4:58	12.1 (79.1%)
16	KUŹMA Mariusz	71	CROSS TEAM SZCZECINEK	M-OPEN	15	00:50:12.41	+00:10:56 (21.8%)	5:01	12 (78.4%)
17	KUBIŚ Paweł	68	RUNDORFINA	M-OPEN	16	00:50:26.06	+00:11:10 (22.2%)	5:02	11.9 (77.8%)
18	PYRKA Adam	139	SUSE-Ł BIEGOWY	M-OPEN	17	00:50:31.50	+00:11:15 (22.3%)	5:03	11.9 (77.8%)
19	KOCLEJDA Grzegorz	54	RUNDORFINA	M-OPEN	18	00:50:33.16	+00:11:17 (22.3%)	5:03	11.9 (77.8%)
20	NOCEK Paweł	96		M-OPEN	19	00:50:34.46	+00:11:18 (22.4%)	5:03	11.9 (77.8%)
21	RYCERSKI Rafał	147		M-OPEN	20	00:50:40.16	+00:11:24 (22.5%)	5:04	11.8 (77.1%)
22	KOŁATKA Mariusz	57	BORNE BIEGA	M-OPEN	21	00:50:40.40	+00:11:24 (22.5%)	5:04	11.8 (77.1%)
23	SZYMAŃSKI Aleksander	175	OLEKSY BIEGA	M-OPEN	22	00:51:03.69	+00:11:47 (23.1%)	5:06	11.8 (77.1%)
24	FIŁONOWICZ Monika	27		K-OPEN	2	00:51:29.28	+00:12:13 (23.7%)	5:08	11.7 (76.5%)
25	KOCZWARA Joanna	55		K-OPEN	3	00:51:44.65	+00:12:28 (24.1%)	5:10	11.6 (75.8%)
26	SUCHOŃSKA Grzegorz	162		M-OPEN	23	00:52:15.11	+00:12:59 (24.9%)	5:13	11.5 (75.2%)
27	SUCHOŃSKI Tomasz	163		M-OPEN	24	00:52:21.05	+00:13:05 (25.0%)	5:14	11.5 (75.2%)

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28	SZKOPEK Krzysztof	171		M-OPEN	25	00:52:26.28	+00:13:10 (25.1%)	5:14	11.4 (74.5%)
29	ŁOCHOCKI Łukasz	80	CROSSTEAM SZCZECINEK	M-OPEN	26	00:52:31.93	+00:13:16 (25.3%)	5:15	11.4 (74.5%)
30	KRÓLIKOWSKI Bartłomiej	66		M-OPEN	27	00:52:54.71	+00:13:38 (25.8%)	5:17	11.3 (73.9%)
31	SZYMECKA Monika	176	TOTALNIE BIEGNIĘCI	K-OPEN	4	00:52:57.67	+00:13:41 (25.9%)	5:17	11.3 (73.9%)
32	NOWAK Mateusz	97	DEBRZNO	M-OPEN	28	00:52:59.69	+00:13:43 (25.9%)	5:17	11.3 (73.9%)
33	JANKOWSKI Mariusz	48		M-OPEN	29	00:53:05.42	+00:13:49 (26.0%)	5:18	11.3 (73.9%)
34	PEKAŁA Piotr	116		M-OPEN	30	00:53:22.28	+00:14:06 (26.4%)	5:20	11.2 (73.2%)
35	ZIOJŁA Zbigniew	196	BIEGAM BO LUBIĘ :-)	M-OPEN	31	00:53:35.04	+00:14:19 (26.7%)	5:21	11.2 (73.2%)
36	MAKSELON Anna	87		K-OPEN	5	00:53:42.66	+00:14:26 (26.9%)	5:22	11.2 (73.2%)
37	WILKOWSKI Krzysztof	191	FOR-REST-RUN KOSZALIN	M-OPEN	32	00:54:13.43	+00:14:57 (27.6%)	5:25	11.1 (72.5%)
38	LECKI Seweryn	73	TEAM BIEGOWY SZCZECINEK	M-OPEN	33	00:54:50.10	+00:15:34 (28.4%)	5:29	10.9 (71.2%)
39	POLIWKA-KISIEL Małgorzata	131	TEAM BIEGOWY SZCZECINEK	K-OPEN	6	00:55:18.26	+00:16:02 (29.0%)	5:31	10.8 (70.6%)
40	PIEKARZEWICZ Tomasz	119	BOBOLICKIE BRACTWO BIEGOWE	M-OPEN	34	00:57:07.48	+00:17:51 (31.3%)	5:42	10.5 (68.6%)
41	ORLIKOWSKI Robert	103	POŁCZYN-ZDRÓJ	M-OPEN	35	00:57:36.19	+00:18:20 (31.8%)	5:45	10.4 (68.0%)
42	OLEARCZYK Arkadiusz	101	BOBOLICKIE BRACTWO BIEGOWE	M-OPEN	36	00:57:39.41	+00:18:23 (31.9%)	5:45	10.4 (68.0%)
43	PABISIAK Miłosz	108	HUSARIA RACE TEAM SZCZECINEK	M-OPEN	37	00:57:49.62	+00:18:33 (32.1%)	5:46	10.4 (68.0%)
44	SIEG Żaneta	153	TRIPAKA PRZECHLEWO	K-OPEN	7	00:58:22.29	+00:19:06 (32.7%)	5:50	10.3 (67.3%)
45	PUŚCIAN Krzysztof	134	SZKOŁA PODSTAWOWA W MANOWIE	M-OPEN	38	00:58:51.47	+00:19:35 (33.3%)	5:53	10.2 (66.7%)
46	JANUCHOWSKI Arkadiusz	49		M-OPEN	39	00:59:07.45	+00:19:51 (33.6%)	5:54	10.1 (66.0%)
47	VANDERFERJ Eva	85		K-OPEN	8	00:59:13.49	+00:19:57 (33.7%)	5:55	10.1 (66.0%)
48	SZYSZKOWSKI Tomasz	179		M-OPEN	40	00:59:37.03	+00:20:21 (34.1%)	5:57	10.1 (66.0%)
49	KORDOWSKI Mariusz	59		M-OPEN	41	01:00:02.78	+00:20:47 (34.6%)	6:00	10 (65.4%)
50	SZYNKARUK Marek	178	TEAM BIEGOWY SZCZECINEK	M-OPEN	42	01:00:06.97	+00:20:51 (34.7%)	6:00	10 (65.4%)
51	GUTKOWSKI Wojciech	40		M-OPEN	43	01:00:28.67	+00:21:12 (35.1%)	6:02	9.9 (64.7%)
52	KORZENIOWSKA Ewa	60		K-OPEN	9	01:00:35.33	+00:21:19 (35.2%)	6:03	9.9 (64.7%)
53	MYK Paweł	95		M-OPEN	44	01:00:35.45	+00:21:19 (35.2%)	6:03	9.9 (64.7%)
54	SCHIENBEIN Jacek	151	PARKRUNSZCZECINEK	M-OPEN	45	01:01:05.04	+00:21:49 (35.7%)	6:06	9.8 (64.1%)
55	PYREK Iwona	138		K-OPEN	10	01:02:44.66	+00:23:28 (37.4%)	6:16	9.6 (62.7%)
56	KRÓLIKOWSKI Andrzej	67		M-OPEN	46	01:02:45.00	+00:23:29 (37.4%)	6:16	9.6 (62.7%)
57	DOLAT Justyna	20	HUSARIARACE TEAM SZCZECINEK	K-OPEN	11	01:02:58.74	+00:23:43 (37.7%)	6:17	9.5 (62.1%)
58	METKOWSKA Beata	92	HUSARIA RACE TEAM	K-OPEN	12	01:03:19.74	+00:24:04 (38.0%)	6:19	9.5 (62.1%)
59	SZYMECKI Rafał	177	TOTALNIE BIEGNIĘCI	M-OPEN	47	01:05:00.85	+00:25:45 (39.6%)	6:30	9.2 (60.1%)
60	HELLER Zdzisław	41	NIEZRZESZONY	M-OPEN	48	01:05:49.77	+00:26:34 (40.4%)	6:34	9.1 (59.5%)
61	PYDYN Regina	135		K-OPEN	13	01:05:49.97	+00:26:34 (40.4%)	6:34	9.1 (59.5%)
62	SZYMAŃSKI Tomasz	173	TEAM BIEGOWY SZCZECINEK	M-OPEN	49	01:06:31.23	+00:27:15 (41.0%)	6:39	9 (58.8%)
63	ZIOJŁA Natalia	195	BIEGAM BO LUBIĘ :-)	K-OPEN	14	01:09:07.32	+00:29:51 (43.2%)	6:54	8.7 (56.9%)
64	DUCHNOWSKA Kamila	22	HUSARIA RACE TEAM	K-OPEN	15	01:09:36.02	+00:30:20 (43.6%)	6:57	8.6 (56.2%)
65	ANDRUSZKIEWICZ Grzegorz	1	PARKRUN SZCZECINEK	M-OPEN	50	01:11:47.13	+00:32:31 (45.3%)	7:10	8.4 (54.9%)
66	PALUCH Piotr	109		M-OPEN	51	01:11:56.45	+00:32:40 (45.4%)	7:11	8.3 (54.2%)
67	KOPKIEWICZ Konrad	58	OSP LOTYŃ	M-OPEN	52	01:11:56.77	+00:32:41 (45.4%)	7:11	8.3 (54.2%)

Znaleziono 67 wynik(ów)