



III ZIMOWY CROSS BOCIANA NORDIC WALKING 5 KM

B4SPORT

Wydarzenie: III Zimowy Cross Bociana w Nadleśnictwie Czarnobór
Organizator: Stowarzyszenie Team Biegowy Szczecinek
Data: 2018-12-30
Miejsce: Szczecinek
Dystans: 5 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	OKRZESIK-FRĄCKOWIAK Izabela	100		K-OPEN	1	00:36:28.12		7:17	8.2 (100%)
2	RAKOWSKA Justyna	140		K-OPEN	2	00:36:44.61	+00:00:16 (0.7%)	7:20	8.2 (100%)
3	RYCERSKA Magdalena	146		K-OPEN	3	00:41:07.71	+00:04:39 (11.3%)	8:13	7.3 (89.0%)
4	KNITTER Monika	53		K-OPEN	4	00:41:49.09	+00:05:20 (12.8%)	8:21	7.2 (87.8%)
5	PIĘNKOS Lidia	121		K-OPEN	5	00:41:55.39	+00:05:27 (13.0%)	8:23	7.2 (87.8%)
6	KOWALIK Renata	62		K-OPEN	6	00:42:58.75	+00:06:30 (15.1%)	8:35	7 (85.4%)
7	DENESZEWSKA Halina	17		K-OPEN	7	00:46:44.38	+00:10:16 (22.0%)	9:20	6.4 (78.0%)
8	PAWLICZUK Teresa	111		K-OPEN	8	00:46:59.47	+00:10:31 (22.4%)	9:23	6.4 (78.0%)
9	LINKO Jolanta	76	GAJA	K-OPEN	9	00:47:09.93	+00:10:41 (22.7%)	9:25	6.4 (78.0%)
10	PIOTROWICZ Izabela	126		K-OPEN	10	00:47:39.90	+00:11:11 (23.5%)	9:31	6.3 (76.8%)
11	ŁUCZKO Grażyna	81	GAJA	K-OPEN	11	00:47:40.57	+00:11:12 (23.5%)	9:32	6.3 (76.8%)
12	WAWRZONKOWSKA-GRYGAS Justyna	184		K-OPEN	12	00:47:41.41	+00:11:13 (23.5%)	9:32	6.3 (76.8%)
13	BRUKSZTUS Anetta	8	GAJA	K-OPEN	13	00:47:42.87	+00:11:14 (23.6%)	9:32	6.3 (76.8%)
14	DZIUBCZYŃSKA Ewa	25	WAŁECKA ŚCIEMA	K-OPEN	14	00:48:31.58	+00:12:03 (24.8%)	9:42	6.2 (75.6%)
15	ŚWIERCZ Beata	180	WAŁECKA ŚCIEMA	K-OPEN	15	00:48:33.91	+00:12:05 (24.9%)	9:42	6.2 (75.6%)
16	HUSAKOWSKA Teresa	43		K-OPEN	16	00:48:55.47	+00:12:27 (25.5%)	9:47	6.1 (74.4%)
17	PIASKOWIAK Karolina	118	BORNE BIEGA	K-OPEN	17	00:49:30.60	+00:13:02 (26.3%)	9:54	6.1 (74.4%)
18	WDOWIAK Kasia	185		K-OPEN	18	00:49:44.78	+00:13:16 (26.7%)	9:56	6 (73.2%)
19	ANTOLAK Magdalena	2		K-OPEN	19	00:49:47.76	+00:13:19 (26.8%)	9:57	6 (73.2%)
20	JANKOWSKA Alicja	47		K-OPEN	20	00:50:14.62	+00:13:46 (27.4%)	10:02	6 (73.2%)
21	SUSIAK Ewelina	167		K-OPEN	21	00:51:01.52	+00:14:33 (28.5%)	10:12	5.9 (72.0%)
22	ZALEWSKA-NOWAKOWSKA Agnieszka	199	GAJA	K-OPEN	22	00:52:00.43	+00:15:32 (29.9%)	10:24	5.8 (70.7%)
23	SALMANOWICZ Dorota	149	AMATOR	K-OPEN	23	00:52:54.85	+00:16:26 (31.1%)	10:34	5.7 (69.5%)
24	DENESZEWSKA Elżbieta	16		K-OPEN	24	00:55:24.36	+00:18:56 (34.2%)	11:04	5.4 (65.9%)
25	MROZICKA Iwona	93		K-OPEN	25	00:57:21.52	+00:20:53 (36.4%)	11:28	5.2 (63.4%)
26	FIURST-STECENKO Irena	31	BORNE BIEGA	K-OPEN	26	00:59:24.44	+00:22:56 (38.6%)	11:52	5.1 (62.2%)
27	ZAGACKA Anna	193		K-OPEN	27	00:59:25.11	+00:22:56 (38.6%)	11:53	5 (61.0%)

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28	JADWIZYC Izabela	45	BORNE BIEGA	K-OPEN	28	00:59:25.75	+00:22:57 (38.6%)	11:53	5 (61.0%)
29	GABALIS Lucyna	34	BORNE BIEGA	K-OPEN	29	00:59:26.40	+00:22:58 (38.6%)	11:53	5 (61.0%)
30	DZIĘCIOŁ Anna	24	BORNE BIEGA	K-OPEN	30	00:59:26.58	+00:22:58 (38.6%)	11:53	5 (61.0%)

Znaleziono 30 wynik(ów)