

CROSS BOCIANA



## III ZIMOWY CROSS BOCIANA NORDIC WALKING 5 KM

B4SPORT

**Wydarzenie:** III Zimowy Cross Bociana w Nadleśnictwie Czarnobór  
**Organizator:** Stowarzyszenie Team Biegowy Szczecinek  
**Data:** 2018-12-30  
**Miejsce:** Szczecinek  
**Dystans:** 5 km



Klasyfikacja: M-OPEN

| Msc | Zawodnik                    | Numer      | Klub                      | Kategoria | Mkat | Czas netto 5km     | Różn              | Tempo min/km | Tempo km/h  |
|-----|-----------------------------|------------|---------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 1   | <b>DZIEDZIEWICZ Andrzej</b> | <b>308</b> |                           | M-OPEN    | 1    | <b>00:32:47.37</b> |                   | 6:33         | 9.2 (100%)  |
| 2   | <b>JAKIMIEC Tadeusz</b>     | <b>46</b>  | HUSARIA RAC TIM           | M-OPEN    | 2    | <b>00:33:10.17</b> | +00:00:22 (1.1%)  | 6:38         | 9 (97.8%)   |
| 3   | <b>FRĄCKOWIAK Roman</b>     | <b>32</b>  |                           | M-OPEN    | 3    | <b>00:33:40.76</b> | +00:00:53 (2.6%)  | 6:44         | 8.9 (96.7%) |
| 4   | <b>PYREK Krzysztof</b>      | <b>137</b> | 1 RBLOG                   | M-OPEN    | 4    | <b>00:34:36.75</b> | +00:01:49 (5.3%)  | 6:55         | 8.7 (94.6%) |
| 5   | <b>FRĄCKOWIAK Mateusz</b>   | <b>33</b>  |                           | M-OPEN    | 5    | <b>00:38:18.25</b> | +00:05:30 (14.4%) | 7:39         | 7.8 (84.8%) |
| 6   | <b>PAŁUBICKI Marcin</b>     | <b>110</b> | PGB SPORTOWA PACZKA       | M-OPEN    | 6    | <b>00:38:20.52</b> | +00:05:33 (14.5%) | 7:40         | 7.8 (84.8%) |
| 7   | <b>PINDRAL Piotr</b>        | <b>122</b> | NORDIC WALKING SZCZECINEK | M-OPEN    | 7    | <b>00:39:14.95</b> | +00:06:27 (16.5%) | 7:50         | 7.6 (82.6%) |
| 8   | <b>BERCZYŃSKI Henryk</b>    | <b>4</b>   | NADLEŚNICTWO OKONEK       | M-OPEN    | 8    | <b>00:39:24.61</b> | +00:06:37 (16.8%) | 7:52         | 7.6 (82.6%) |
| 9   | <b>BALON Marek</b>          | <b>3</b>   | NIEZRZESZONY              | M-OPEN    | 9    | <b>00:39:35.24</b> | +00:06:47 (17.2%) | 7:55         | 7.6 (82.6%) |
| 10  | <b>MROZICKI Andrzej</b>     | <b>94</b>  |                           | M-OPEN    | 10   | <b>00:40:32.46</b> | +00:07:45 (19.1%) | 8:06         | 7.4 (80.4%) |
| 11  | <b>FIURST Marcin</b>        | <b>30</b>  | BORNE BIEGA               | M-OPEN    | 11   | <b>00:56:01.08</b> | +00:23:13 (41.5%) | 11:12        | 5.4 (58.7%) |

Znaleziono 11 wynik(ów)