



## III ZIMOWY MARATON BIESZCZADZKI 2017 - 30KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** Zimowy Maraton Bieszczadzki 2017  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2017-01-29  
**Place:** Cisna  
**Distance:** 30 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: K30

| Place | Participant                  | Number     | Club                                  | Category | MCat | Start_2k<br>2km | Net<br>time<br>30.5km | Czas<br>brutto<br>30.5km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|------------------------------|------------|---------------------------------------|----------|------|-----------------|-----------------------|--------------------------|-------------------|----------------|--------------|
| 1     | <b>NOWOSIELSKA Agnieszka</b> | <b>83</b>  | TRIPAKA                               | K30      | 1    | 00:01:04        | <b>04:00:24.00</b>    | <b>04:00:24.00</b>       |                   | 7:52           | 7.6 (100%)   |
| 2     | <b>GEMZIK Agata</b>          | <b>24</b>  | NIGHT RUNNERS KRAKOW                  | K30      | 2    | 00:02:50        | <b>04:05:25.15</b>    | <b>04:05:25.15</b>       | +00:05:01 (2.0%)  | 8:02           | 7.5 (98.7%)  |
| 3     | <b>PODLASIŃSKA Paulina</b>   | <b>174</b> | DOM                                   | K30      | 3    | 00:03:04        | <b>04:12:02.85</b>    | <b>04:12:02.85</b>       | +00:11:38 (4.6%)  | 8:15           | 7.3 (96.1%)  |
| 4     | <b>HERNAS Aneta</b>          | <b>372</b> | CENTRUM MEDYCZNE ORTO-OPTYMIST LUBLIN | K30      | 4    | 00:02:41        | <b>04:32:48.00</b>    | <b>04:32:48.00</b>       | +00:32:24 (11.9%) | 8:56           | 6.7 (88.2%)  |

Total 4 results.