



# 10 KM ATEST PZLA GLIWICKI 2016

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	LEWICKA Elżbieta	2178	NIEZRZESZONA	K-40	1	00:00:03	00:42:26.55	00:42:30.15		4:14	14.1
2	SURMAN Julia	2220		K-16	1	00:00:03	00:44:24.65	00:44:27.65	+00:01:58	4:26	13.5
3	CUL Aleksandra	339	PLASTIC OMNIUM	K-20	1	00:00:30	00:49:28.75	00:49:59.50	+00:07:02	4:56	12.1
4	USZYŃSKA Aldona	8		K-40	2	00:00:31	00:49:45.90	00:50:17.80	+00:07:19	4:58	12.1
5	CUPIAŁ Joanna	2281		K-20	2	00:00:51	00:50:24.20	00:51:15.60	+00:07:57	5:02	11.9
6	HERMAN Anna	2248		K-40	3	00:01:22	00:50:35.25	00:51:58.20	+00:08:08	5:03	11.9
7	PIETRZYK Agnieszka	35		K-30	2	00:00:04	00:52:29.10	00:52:33.85	+00:10:02	5:14	11.4
8	MUSIAŁ Bożena	2340		K-30	1	00:01:35	00:51:03.75	00:52:39.60	+00:08:37	5:06	11.7
9	PIKUL Wiktoria	3077	KK TRAMWAJARZ ŁÓDŹ	K-16	2	00:00:04	00:52:38.40	00:52:42.50	+00:10:11	5:15	11.4
10	LASKOWSKA Katarzyna	2014	BIEGAJ Z TRENERAMI GLIWICE	K-40	4	00:01:28	00:52:42.40	00:54:11.25	+00:10:15	5:16	11.4
11	KOSMACZEWSKA Anna	2031		K-30	3	00:01:33	00:53:33.15	00:55:06.90	+00:11:06	5:21	11.2
12	WOJAKOWSKA Katarzyna	2280		K-30	6	00:00:47	00:54:20.60	00:55:08.20	+00:11:54	5:26	11
13	BIER Agnieszka	2301		K-30	4	00:01:40	00:53:47.90	00:55:28.45	+00:11:21	5:22	11.2
14	ZIOMEK Katarzyna	2128		K-30	5	00:01:20	00:54:16.70	00:55:37.60	+00:11:50	5:25	11.1
15	MAĆZYŃSKA Agnieszka	2279		K-40	5	00:01:28	00:54:15.10	00:55:43.15	+00:11:48	5:25	11.1
16	KAMIŃSKA Aleksandra	2094		K-20	3	00:00:23	00:55:21.20	00:55:44.35	+00:12:54	5:32	10.8
17	WANDEL Ewa	2055		K-20	4	00:00:32	00:55:23.30	00:55:55.65	+00:12:56	5:32	10.8
18	KOZŁOWSKA Sandra	2215		K-20	5	00:01:16	00:55:27.30	00:56:44.05	+00:13:00	5:32	10.8
19	PLOCH Karolina	2195		K-30	8	00:01:09	00:55:42.05	00:56:51.70	+00:13:15	5:34	10.8
20	STOLARCZYK Anna	2232		K-30	7	00:01:42	00:55:12.05	00:56:54.80	+00:12:45	5:31	10.9
21	JAWOR Magdalena	2192		K-20	6	00:00:31	00:56:31.40	00:57:03.05	+00:14:04	5:39	10.6
22	BROŻEK Anna	2073		K-30	10	00:00:24	00:56:47.70	00:57:12.65	+00:14:21	5:40	10.6
23	SIKORSKA Katarzyna	2322		K-30	9	00:01:26	00:55:55.95	00:57:22.80	+00:13:29	5:35	10.7
24	KŁĘBEK Barbara	2148	RUNNERS WOJKOWICE TEAM	K-40	6	00:01:13	00:56:15.05	00:57:28.50	+00:13:48	5:37	10.7
25	LASAK Aleksandra	2277	FC KNURÓW/COMBAT 56	K-20	7	00:00:53	00:56:36.85	00:57:30.70	+00:14:10	5:39	10.6
26	LESISZ Katarzyna	2339		K-40	7	00:01:34	00:56:17.15	00:57:51.85	+00:13:50	5:37	10.7
27	FILIPIAK Beata	2328	KADRA BOBREK -CENTRUM	K-40	9	00:00:09	00:58:02.45	00:58:11.50	+00:15:35	5:48	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 10km	brutto 10km			
28	<b>WÓJCIK Józefa</b>	<b>2125</b>	AMATOR	K-50	1	00:01:33	<b>00:56:44.90</b>	<b>00:58:18.25</b>	+00:14:18	5:40	10.6
29	<b>BANASZEWSKA Aleksandra</b>	<b>2252</b>	GBC RUNNERS	K-20	8	00:00:25	<b>00:58:20.25</b>	<b>00:58:45.35</b>	+00:15:53	5:50	10.3
30	<b>ZAPOTOCZNA Renata</b>	<b>2082</b>		K-40	8	00:01:33	<b>00:57:20.20</b>	<b>00:58:53.30</b>	+00:14:53	5:44	10.5
31	<b>EICHHOF Joanna</b>	<b>2011</b>		K-30	11	00:01:27	<b>00:57:26.45</b>	<b>00:58:53.75</b>	+00:14:59	5:44	10.4
32	<b>CZAŃKIEWICZ Alicja</b>	<b>2069</b>		K-30	12	00:01:31	<b>00:57:33.10</b>	<b>00:59:04.50</b>	+00:15:06	5:45	10.4
32	<b>SŁABOŃ Roma</b>	<b>2001</b>	ROMINATOR	K-30	13	00:01:30	<b>00:57:33.60</b>	<b>00:59:04.50</b>	+00:15:07	5:45	10.4
34	<b>GRUCHAŁA Anna</b>	<b>2250</b>	MK TEAM	K-30	15	00:01:17	<b>00:57:55.25</b>	<b>00:59:12.45</b>	+00:15:28	5:47	10.4
35	<b>DOMAGALSKA Justyna</b>	<b>2144</b>		K-30	18	00:01:00	<b>00:58:25.30</b>	<b>00:59:25.45</b>	+00:15:58	5:50	10.3
36	<b>JANKOWSKA Anna</b>	<b>2253</b>		K-30	14	00:01:42	<b>00:57:47.45</b>	<b>00:59:29.70</b>	+00:15:20	5:46	10.4
37	<b>CZAJA Ewa</b>	<b>2189</b>		K-20	11	00:00:31	<b>00:58:59.40</b>	<b>00:59:30.45</b>	+00:16:32	5:53	10.2
38	<b>HEHLMANN Beata</b>	<b>2344</b>		K-40	10	00:00:26	<b>00:59:07.40</b>	<b>00:59:34.05</b>	+00:16:40	5:54	10.1
39	<b>LEŚNIAK Ewa</b>	<b>19</b>		K-30	16	00:01:40	<b>00:58:10.55</b>	<b>00:59:51.40</b>	+00:15:44	5:49	10.3
40	<b>FILIPCZYK Anna</b>	<b>2221</b>		K-30	19	00:01:22	<b>00:58:35.10</b>	<b>00:59:57.50</b>	+00:16:08	5:51	10.2
41	<b>WÓJCIK Anna</b>	<b>2231</b>	STEP-DANCA RUN	K-30	17	00:01:36	<b>00:58:21.25</b>	<b>00:59:58.05</b>	+00:15:54	5:50	10.3
42	<b>KALINKA-BASZUN Daria</b>	<b>2283</b>		K-30	20	00:01:16	<b>00:58:54.40</b>	<b>01:00:10.55</b>	+00:16:27	5:53	10.2
43	<b>SZWIEC Sandra</b>	<b>2171</b>	ORNONTOWICE BIEGA	K-20	9	00:01:27	<b>00:58:54.15</b>	<b>01:00:21.40</b>	+00:16:27	5:53	10.2
44	<b>DRAGON Karolina</b>	<b>2213</b>	NIGHT RUNNERS GLIWICE	K-30	21	00:01:17	<b>00:59:13.45</b>	<b>01:00:30.75</b>	+00:16:46	5:55	10.1
45	<b>PIPER Agnieszka</b>	<b>2012</b>		K-20	10	00:01:39	<b>00:58:55.15</b>	<b>01:00:35.05</b>	+00:16:28	5:53	10.2
46	<b>LIPIŃSKA Anita</b>	<b>2216</b>		K-20	12	00:01:13	<b>00:59:29.60</b>	<b>01:00:43.45</b>	+00:17:03	5:57	10.1
47	<b>BALCER Weronika</b>	<b>2153</b>		K-20	13	00:00:54	<b>01:00:01.60</b>	<b>01:00:56.50</b>	+00:17:35	6:00	10
48	<b>JURECZKO Joanna</b>	<b>2151</b>	MIECHOWICKA GRUPA BIEGOWA	K-20	15	00:00:10	<b>01:00:55.65</b>	<b>01:01:05.80</b>	+00:18:29	6:05	9.8
49	<b>KNEBEL Patrycja</b>	<b>2152</b>		K-30	22	00:01:35	<b>00:59:52.85</b>	<b>01:01:28.15</b>	+00:17:26	5:59	10
50	<b>STANISŁAWISZYN Małgorzata</b>	<b>2127</b>		K-40	11	00:00:33	<b>01:01:07.80</b>	<b>01:01:41.55</b>	+00:18:41	6:06	9.8
51	<b>DOWEJKO Katarzyna</b>	<b>2049</b>		K-30	23	00:01:34	<b>01:00:10.50</b>	<b>01:01:44.65</b>	+00:17:43	6:01	10
52	<b>USTRZYCKA Kinga</b>	<b>2206</b>		K-20	14	00:01:37	<b>01:00:13.65</b>	<b>01:01:51.10</b>	+00:17:47	6:01	10
53	<b>BAL-BURZAWA Renata</b>	<b>2159</b>	HIRSCHVOGEL COMPONENTS POLAND	K-30	24	00:00:58	<b>01:01:20.35</b>	<b>01:02:18.80</b>	+00:18:53	6:08	9.8
54	<b>GOCYK Patrycja</b>	<b>2090</b>		K-30	26	00:01:10	<b>01:01:22.20</b>	<b>01:02:32.75</b>	+00:18:55	6:08	9.8
55	<b>ZIĘTEK Anna</b>	<b>2032</b>		K-20	16	00:01:34	<b>01:00:59.80</b>	<b>01:02:33.95</b>	+00:18:33	6:05	9.8
56	<b>TETLAK-TRACZ Barbara</b>	<b>2240</b>		K-30	25	00:01:42	<b>01:01:21.10</b>	<b>01:03:03.45</b>	+00:18:54	6:08	9.8
57	<b>KASZUB-DEDYK Katarzyna</b>	<b>2040</b>		K-20	18	00:01:14	<b>01:01:52.50</b>	<b>01:03:07.05</b>	+00:19:25	6:11	9.7
58	<b>MAZURCZAK Diana</b>	<b>2303</b>		K-20	17	00:01:36	<b>01:01:34.90</b>	<b>01:03:11.05</b>	+00:19:08	6:09	9.7
59	<b>SITARZ Sabina</b>	<b>2223</b>		K-30	27	00:01:30	<b>01:01:45.05</b>	<b>01:03:15.35</b>	+00:19:18	6:10	9.7
60	<b>FJAŁKOWSKA Małgorzata</b>	<b>2102</b>		K-30	28	00:01:10	<b>01:02:12.80</b>	<b>01:03:23.20</b>	+00:19:46	6:13	9.6
61	<b>KOMAR Anna</b>	<b>2074</b>		K-30	33	00:00:24	<b>01:03:11.60</b>	<b>01:03:35.60</b>	+00:20:45	6:19	9.5
62	<b>PEREK Justyna</b>	<b>2268</b>	GTT INTER PROJEKT	K-30	29	00:01:26	<b>01:02:25.45</b>	<b>01:03:52.10</b>	+00:19:58	6:14	9.6
63	<b>TENEROWICZ Anna</b>	<b>2005</b>	BIEGANKA	K-40	12	00:01:22	<b>01:02:32.35</b>	<b>01:03:54.45</b>	+00:20:05	6:15	9.6
64	<b>KUKUCZKA Ewa</b>	<b>2187</b>		K-30	30	00:01:23	<b>01:02:51.85</b>	<b>01:04:14.95</b>	+00:20:25	6:17	9.5
65	<b>WARYCH Beata</b>	<b>2024</b>	CHORZOWSKA GRUPA BIEGOWA	K-40	13	00:01:29	<b>01:02:47.30</b>	<b>01:04:16.65</b>	+00:20:20	6:16	9.6
66	<b>SOBOLEWSKA Agnieszka</b>	<b>2214</b>		K-30	31	00:01:16	<b>01:03:04.85</b>	<b>01:04:21.30</b>	+00:20:38	6:18	9.5
67	<b>WYCIŚLIK Wioleta</b>	<b>2064</b>		K-20	21	00:01:01	<b>01:03:24.40</b>	<b>01:04:25.65</b>	+00:20:57	6:20	9.5
68	<b>ŚWIERC Ewelina</b>	<b>2146</b>	PROGRESJA BYTOM	K-20	22	00:01:09	<b>01:03:29.65</b>	<b>01:04:38.80</b>	+00:21:03	6:20	9.5
69	<b>LUKOSZEK Weronika</b>	<b>2138</b>		K-20	19	00:01:55	<b>01:02:44.75</b>	<b>01:04:40.25</b>	+00:20:18	6:16	9.6
70	<b>BAJEK Dorota</b>	<b>23</b>		K-30	32	00:01:35	<b>01:03:08.05</b>	<b>01:04:43.45</b>	+00:20:41	6:18	9.5
71	<b>CHWAŁ Karolina</b>	<b>2038</b>	PLASTIC OMNIUM	K-20	20	00:01:34	<b>01:03:12.25</b>	<b>01:04:46.95</b>	+00:20:45	6:19	9.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
72	<b>SZEWczyk Krystyna</b>	<b>2033</b>		K-20	23	00:01:18	<b>01:03:45.10</b>	<b>01:05:03.80</b>	+00:21:18	6:22	9.4
73	<b>OKOŃ Elżbieta</b>	<b>2201</b>		K-30	35	00:01:06	<b>01:03:58.30</b>	<b>01:05:05.20</b>	+00:21:31	6:23	9.4
74	<b>GARNOWSKA Anetta</b>	<b>2079</b>		K-50	2	00:01:54	<b>01:03:20.05</b>	<b>01:05:14.40</b>	+00:20:53	6:20	9.5
75	<b>DUDZICZ Anna</b>	<b>2264</b>		K-40	14	00:01:27	<b>01:03:47.20</b>	<b>01:05:14.95</b>	+00:21:20	6:22	9.4
76	<b>SKWARA Katarzyna</b>	<b>2161</b>	HIRSCHVOGEL COMPONENTS POLAND	K-30	36	00:01:01	<b>01:04:19.20</b>	<b>01:05:20.85</b>	+00:21:52	6:25	9.3
77	<b>SZWARC Barbara</b>	<b>2035</b>		K-30	34	00:01:49	<b>01:03:43.00</b>	<b>01:05:32.55</b>	+00:21:16	6:22	9.4
78	<b>KUBICA Bożena</b>	<b>2278</b>	ORNONTOWICE BIEGA	K-40	16	00:01:27	<b>01:04:13.65</b>	<b>01:05:40.75</b>	+00:21:47	6:25	9.3
79	<b>TOPOLSKA Anna</b>	<b>5</b>	HIWASHIWAS	K-40	15	00:01:54	<b>01:03:50.50</b>	<b>01:05:44.55</b>	+00:21:23	6:23	9.4
80	<b>KIEREPKA Justyna</b>	<b>2212</b>		K-20	24	00:01:08	<b>01:04:42.65</b>	<b>01:05:51.15</b>	+00:22:16	6:28	9.3
81	<b>URBAŃCZYK Agnieszka</b>	<b>2141</b>	NIGHT RUNNERS GLIWICE	K-40	17	00:01:15	<b>01:04:51.30</b>	<b>01:06:06.90</b>	+00:22:24	6:29	9.3
82	<b>PIETRZAK-DZIKOWSKA Wioletta</b>	<b>2037</b>		K-30	38	00:01:07	<b>01:05:10.95</b>	<b>01:06:18.10</b>	+00:22:44	6:31	9.2
83	<b>PUCEK Aleksandra</b>	<b>2167</b>		K-30	37	00:01:47	<b>01:04:31.50</b>	<b>01:06:19.25</b>	+00:22:04	6:27	9.3
84	<b>WALIGÓRA Julia</b>	<b>2155</b>	BBL KĘDZIERZYN-KOŻŁE	K-16	3	00:01:17	<b>01:05:31.40</b>	<b>01:06:49.35</b>	+00:23:04	6:33	9.2
85	<b>TARNOWSKA Edyta</b>	<b>2025</b>		K-20	25	00:01:18	<b>01:05:31.35</b>	<b>01:06:50.00</b>	+00:23:04	6:33	9.2
86	<b>WOJTUKIEWICZ Justyna</b>	<b>2147</b>		K-30	39	00:01:36	<b>01:05:18.75</b>	<b>01:06:55.40</b>	+00:22:52	6:31	9.2
87	<b>ŁUKASZEWSKA Justyna</b>	<b>2070</b>		K-30	41	00:00:59	<b>01:06:03.90</b>	<b>01:07:03.45</b>	+00:23:37	6:36	9.1
88	<b>JUSZCZAK Ewa</b>	<b>2052</b>		K-50	3	00:00:13	<b>01:06:51.30</b>	<b>01:07:04.35</b>	+00:24:24	6:41	9
89	<b>PEŁKA Joanna</b>	<b>2143</b>		K-30	42	00:01:00	<b>01:06:07.85</b>	<b>01:07:08.00</b>	+00:23:41	6:36	9.1
90	<b>CZENCZEK Magdalena</b>	<b>2088</b>		K-30	40	00:01:48	<b>01:05:30.60</b>	<b>01:07:19.05</b>	+00:23:04	6:33	9.2
91	<b>KACZKIEWICZ Agnieszka</b>	<b>1242</b>	NIGHT RUNNERS GLIWICE	K-40	19	00:00:25	<b>01:06:57.75</b>	<b>01:07:23.05</b>	+00:24:31	6:41	9
92	<b>DULINIEC Karolina</b>	<b>2230</b>		K-16	4	00:01:35	<b>01:06:09.00</b>	<b>01:07:44.35</b>	+00:23:42	6:36	9.1
93	<b>RAZMUS Katarzyna</b>			K-30	44	00:01:22	<b>01:06:33.25</b>	<b>01:07:56.05</b>	+00:24:06	6:39	9
94	<b>NOWAKOWSKA Agnieszka</b>	<b>2334</b>	HAPPY RUNNERKA :)	K-30	45	00:01:21	<b>01:06:35.45</b>	<b>01:07:57.05</b>	+00:24:08	6:39	9
95	<b>PIECZKA Aleksandra</b>	<b>36</b>		K-30	43	00:01:49	<b>01:06:14.20</b>	<b>01:08:03.80</b>	+00:23:47	6:37	9.1
96	<b>KLEMCZAK Ewa</b>	<b>2210</b>		K-40	18	00:01:35	<b>01:06:36.80</b>	<b>01:08:11.90</b>	+00:24:10	6:39	9
97	<b>WAJMAN Katarzyna</b>	<b>2142</b>	STEP RUN	K-30	46	00:01:15	<b>01:07:01.15</b>	<b>01:08:17.00</b>	+00:24:34	6:42	9
98	<b>ZEMŁA Dorota</b>	<b>2086</b>		K-16	5	00:01:19	<b>01:07:41.00</b>	<b>01:09:00.65</b>	+00:25:14	6:46	8.9
99	<b>OLEJNICZAK Wioletta</b>	<b>2113</b>		K-40	20	00:01:55	<b>01:08:07.95</b>	<b>01:10:03.00</b>	+00:25:41	6:48	8.8
100	<b>EICHHORN Danuta</b>	<b>2197</b>		K-40	21	00:01:17	<b>01:08:47.25</b>	<b>01:10:04.80</b>	+00:26:20	6:52	8.7
101	<b>CUDECKA Marzena</b>	<b>2078</b>		K-30	47	00:01:49	<b>01:08:28.40</b>	<b>01:10:17.55</b>	+00:26:01	6:50	8.8
102	<b>WALIGÓRA Marta</b>	<b>2179</b>	BBL KĘDZIERZYN-KOŻŁE	K-16	6	00:01:18	<b>01:09:20.90</b>	<b>01:10:39.60</b>	+00:26:54	6:56	8.7
103	<b>DZIEMIAŃCZUK Monika</b>	<b>2326</b>		K-40	22	00:01:55	<b>01:09:25.50</b>	<b>01:11:20.55</b>	+00:26:58	6:56	8.6
104	<b>KOBIERSKA Anna</b>	<b>2015</b>	BÓL TO SŁABOŚĆ OPUSZCZAJĄCA CIAŁO	K-20	26	00:01:19	<b>01:10:07.85</b>	<b>01:11:26.90</b>	+00:27:41	7:00	8.6
105	<b>GORAJ-ZAJĄC Aleksandra</b>	<b>c18</b>	NIGHT RUNNERS GLIWICE	K-40	23	00:01:33	<b>01:10:18.05</b>	<b>01:11:51.45</b>	+00:27:51	7:01	8.5
106	<b>MISIEK Jolanta</b>	<b>2110</b>	GB GWAREK TARNOWSKIE GÓRY	K-40	24	00:00:47	<b>01:11:17.00</b>	<b>01:12:04.15</b>	+00:28:50	7:07	8.4
107	<b>MATYSIOK Monika</b>	<b>2104</b>		K-16	7	00:01:37	<b>01:10:54.60</b>	<b>01:12:32.05</b>	+00:28:28	7:05	8.5
108	<b>PANKIEWICZ Katarzyna</b>	<b>2345</b>	GRUPACMYKI	K-40	25	00:00:55	<b>01:11:43.45</b>	<b>01:12:38.75</b>	+00:29:16	7:10	8.4
109	<b>CYBULSKA Marta</b>	<b>12</b>		K-30	49	00:01:20	<b>01:11:41.35</b>	<b>01:13:01.65</b>	+00:29:14	7:10	8.4
110	<b>MAZURKIEWICZ Agnieszka</b>	<b>2347</b>	PIŃCET PLUS	K-30	48	00:01:57	<b>01:11:17.55</b>	<b>01:13:14.80</b>	+00:28:51	7:07	8.4
111	<b>JONASZ Julia</b>	<b>2222</b>		K-30	50	00:01:17	<b>01:11:57.15</b>	<b>01:13:15.10</b>	+00:29:30	7:11	8.3
112	<b>BRATEK Maja</b>	<b>2349</b>	OTK RZEŻNIK	Mieszkanki Gliwic	1	00:00:24	<b>01:12:51.95</b>	<b>01:13:16.15</b>	+00:30:25	7:17	8.2
113	<b>BOMASTYK Beata</b>	<b>2300</b>		K-40	27	00:01:38	<b>01:11:44.70</b>	<b>01:13:23.35</b>	+00:29:18	7:10	8.4
114	<b>STRASSBERGER Katarzyna</b>	<b>2341</b>	SPORT-RELAKS NASZA SZKÓŁKA PŁYWANI	K-40	26	00:01:38	<b>01:11:44.60</b>	<b>01:13:23.50</b>	+00:29:18	7:10	8.4
115	<b>RADZIKOWSKA-BUCHAŁA Magdalena</b>	<b>2238</b>		K-30	51	00:01:30	<b>01:12:00.35</b>	<b>01:13:31.25</b>	+00:29:33	7:12	8.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
116	<b>BIĘNKOWSKA Maria</b>	<b>2172</b>		K-20	27	00:01:18	<b>01:12:18.00</b>	<b>01:13:36.90</b>	+00:29:51	7:13	8.3
117	<b>KOCYAN Małgorzata</b>	<b>2021</b>	BIEGAJ Z TRENERAMI	K-50	4	00:01:53	<b>01:11:49.90</b>	<b>01:13:43.25</b>	+00:29:23	7:11	8.4
118	<b>KRZEMIŃSKA Jadwiga</b>	<b>2132</b>		K-40	28	00:01:55	<b>01:11:57.35</b>	<b>01:13:52.60</b>	+00:29:30	7:11	8.3
119	<b>BOREK Jadwiga</b>	<b>2093</b>	KS KOZIOŁEK KĘDZIERZYN-KOŹLE	K-30	52	00:01:13	<b>01:12:48.55</b>	<b>01:14:02.35</b>	+00:30:22	7:16	8.2
120	<b>NIEDŹWIEDZKA Aleksandra</b>	<b>2072</b>	NORRUN TEAM	K-20	28	00:01:39	<b>01:12:41.75</b>	<b>01:14:20.95</b>	+00:30:15	7:16	8.3
121	<b>PYTEL Klaudia</b>	<b>2053</b>	NIGHT RUNNERS ZABRZE	K-40	29	00:01:11	<b>01:13:54.95</b>	<b>01:15:06.10</b>	+00:31:28	7:23	8.1
122	<b>FRĄC Elżbieta</b>	<b>4</b>	NIGHT RUNNERS GLIWICE	K-30	53	00:01:38	<b>01:14:05.35</b>	<b>01:15:44.25</b>	+00:31:38	7:24	8.1
123	<b>OCHAB Józefina</b>	<b>2065</b>		K-20	30	00:00:46	<b>01:15:14.95</b>	<b>01:16:01.00</b>	+00:32:48	7:31	8
123	<b>VEGA ZUMETA Brygida</b>	<b>2321</b>	NIGHT RUNNERS GLIWICE	K-30	54	00:00:46	<b>01:15:14.45</b>	<b>01:16:01.00</b>	+00:32:47	7:31	8
125	<b>SZCZECLA Ewa</b>	<b>2241</b>		K-20	29	00:01:17	<b>01:14:53.80</b>	<b>01:16:11.30</b>	+00:32:27	7:29	8
126	<b>KACZMARSKA Małgorzata</b>	<b>2249</b>		K-40	30	00:01:45	<b>01:14:42.35</b>	<b>01:16:27.50</b>	+00:32:15	7:28	8
127	<b>MATUSZEWSKA Monika</b>	<b>2124</b>	NIGHT RUNNERS GLIWICE	K-40	31	00:01:39	<b>01:15:07.30</b>	<b>01:16:46.50</b>	+00:32:40	7:30	8
128	<b>WICHRZYCKA Katarzyna</b>	<b>2273</b>		K-20	31	00:01:02	<b>01:16:12.80</b>	<b>01:17:15.30</b>	+00:33:46	7:37	7.9
129	<b>PIERNIKARCZYK Mirela</b>	<b>2020</b>		K-30	55	00:01:25	<b>01:16:56.65</b>	<b>01:18:21.70</b>	+00:34:30	7:41	7.8
130	<b>WYSOCKA Magdalena</b>	<b>2325</b>	OCHAJO RUN & FRIENDS	K-40	32	00:01:14	<b>01:18:09.55</b>	<b>01:19:24.40</b>	+00:35:43	7:49	7.7
131	<b>KISTELLA Paulina</b>	<b>2309</b>		K-20	32	00:01:50	<b>01:20:26.85</b>	<b>01:22:16.95</b>	+00:38:00	8:02	7.5
132	<b>ZAKLIŃSKA Katarzyna</b>	<b>2246</b>		K-40	33	00:01:39	<b>01:20:46.90</b>	<b>01:22:26.80</b>	+00:38:20	8:04	7.4
133	<b>WÓJCIK Justyna</b>	<b>2163</b>	HIRSCHVOGEL COMPONENTS POLAND	K-20	33	00:01:02	<b>01:22:08.40</b>	<b>01:23:11.25</b>	+00:39:41	8:12	7.3
134	<b>BOCZAROWSKA Barbara</b>	<b>16</b>		K-30	56	00:00:44	<b>01:22:29.80</b>	<b>01:23:13.85</b>	+00:40:03	8:14	7.3
135	<b>CIEŚLAK Agnieszka</b>	<b>22</b>	NIGHT RUNNERS GLIWICE	K-40	34	00:01:39	<b>01:23:32.00</b>	<b>01:25:11.95</b>	+00:41:05	8:21	7.2
136	<b>KOLAKOWSKA Ania</b>	<b>24</b>	NIGHT RUNNERS GLIWICE	K-40	35	00:01:39	<b>01:23:35.85</b>	<b>01:25:15.10</b>	+00:41:09	8:21	7.2
137	<b>SIERADZKA Agnieszka</b>	<b>2057</b>	BIEGAJ Z TRENERAMI GLIWICE	K-30	57	00:00:26					

Znaleziono 137 wynik(ów)