



Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 10 km

10 KM ATEST PZLA GLIWICKI 2016

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KASPRZAK Radosław	1281	INŻYNIERIA BIEGANIA	M-20	1	00:00:00	00:34:45.15	00:34:45.95		3:28	17.3 (100%)
2	SZYMAŃSKI Paweł	3	NIEWYMIĘKACZE / TENNECO AUTOMOTIVE	M-20	2	00:00:02	00:36:11.15	00:36:13.50	+00:01:26 (4.0%)	3:37	16.6 (96.0%)
3	BABULA Przemysław	2317	AZS AGH KRAKÓW	M-20	3	00:00:02	00:36:47.40	00:36:49.65	+00:02:02 (5.5%)	3:40	16.3 (94.2%)
4	BIELIŃSKI Piotr	2266	SOKÓŁ KNURÓW/RYZDZ TEAM	M-20	4	00:00:01	00:37:32.45	00:37:34.20	+00:02:47 (7.4%)	3:45	16 (92.5%)
5	BOK Marcin	2099	AZS KU POLITECHNIKA OPOLSKA / RAJSPOORT ACTIVE	M-20	5	00:00:01	00:39:02.15	00:39:03.25	+00:04:17 (11.0%)	3:54	15.4 (89.0%)
6	BUJNOWSKI Artur	2089	KB ENDURANCE SOLIDARNI KNURÓW/SOKÓŁ KNURÓW	M-20	6	00:00:03	00:39:15.70	00:39:19.30	+00:04:30 (11.5%)	3:55	15.3 (88.4%)
7	SZABELSKI Krzysztof	2235	FUTURE PROCESSING RUNNING TEAM	M-20	7	00:00:05	00:40:44.60	00:40:50.35	+00:05:59 (14.7%)	4:04	14.7 (85.0%)
8	REMPUSZEWSKI Mateusz	2137		M-20	8	00:00:02	00:41:28.85	00:41:31.55	+00:06:43 (16.2%)	4:08	14.5 (83.8%)
9	TRZOPEK Marcin	2041		M-20	9	00:00:05	00:43:24.30	00:43:29.90	+00:08:39 (19.9%)	4:20	13.8 (79.8%)
10	SŁOMKOWSKI Mateusz	2211		M-20	10	00:00:12	00:46:19.55	00:46:31.75	+00:11:34 (25.0%)	4:37	13 (75.1%)
11	HERZ Krzysztof	2122	FUCHS OIL TEAM	M-20	11	00:00:10	00:46:45.45	00:46:55.50	+00:12:00 (25.7%)	4:40	12.8 (74.0%)
12	BUGAJCZYK Piotr	2254		M-20	12	00:00:10	00:47:20.60	00:47:31.05	+00:12:35 (26.6%)	4:44	12.7 (73.4%)
13	PACANA Patryk	2181	DRUŻYNA ŚWIĘTEGO MARCINA	M-20	13	00:00:09	00:47:36.70	00:47:46.40	+00:12:51 (27.0%)	4:45	12.6 (72.8%)
14	NOWAK Mateusz	2287		M-20	14	00:00:56	00:47:46.65	00:48:42.75	+00:13:01 (27.3%)	4:46	12.6 (72.8%)
15	NOWALIŃSKI Grzegorz	2169		M-20	15	00:00:34	00:48:01.60	00:48:36.15	+00:13:16 (27.6%)	4:48	12.5 (72.3%)
16	WÓJTOWICZ Błażej	2068		M-20	16	00:00:56	00:49:58.95	00:50:55.90	+00:15:13 (30.5%)	4:59	12 (69.4%)
17	CUPIAŁ Dawid	2284		M-20	17	00:00:52	00:50:23.50	00:51:15.55	+00:15:38 (31.0%)	5:02	11.9 (68.8%)
18	ZAWIŚLAK Dawid	2226	RUNNERS WOJKOWICE TEAM	M-20	18	00:01:14	00:50:31.10	00:51:45.35	+00:15:45 (31.2%)	5:03	11.9 (68.8%)
19	JUROWICZ Daniel	2289		M-20	19	00:01:23	00:50:45.60	00:52:09.45	+00:16:00 (31.5%)	5:04	11.8 (68.2%)
20	PAKULSKI Przemysław	2042	JW 3946 BYTOM	M-20	20	00:00:42	00:50:48.40	00:51:30.85	+00:16:03 (31.6%)	5:04	11.8 (68.2%)
21	CUPIAŁ Jakub	2105	ARTGROUP	M-20	21	00:00:46	00:51:23.40	00:52:09.40	+00:16:38 (32.4%)	5:08	11.7 (67.6%)
22	JUROWICZ Mariusz	2260		M-20	22	00:01:25	00:51:54.00	00:53:19.55	+00:17:08 (33.0%)	5:11	11.6 (67.1%)
23	RUTKOWSKI Bartłomiej	2313		M-20	23	00:01:16	00:51:57.60	00:53:14.45	+00:17:12 (33.1%)	5:11	11.5 (66.5%)
24	PACANA Krzysztof	2180		M-20	24	00:00:34	00:52:07.60	00:52:41.85	+00:17:22 (33.3%)	5:12	11.5 (66.5%)
25	SZABRA Dawid	2135		M-20	25	00:01:05	00:52:28.55	00:53:34.20	+00:17:43 (33.8%)	5:14	11.4 (65.9%)
26	ŁUCZAK Marek	2207		M-20	26	00:01:04	00:52:43.85	00:53:48.40	+00:17:58 (34.1%)	5:16	11.4 (65.9%)
27	RYBAK Andrzej	2157	HIRSCHVOGEL COMPONENTS POLAND	M-20	27	00:00:57	00:53:50.15	00:54:47.75	+00:19:05 (35.4%)	5:23	11.1 (64.2%)

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28	NICIŃSKI Denis	2228		M-20	28	00:01:28	00:54:43.50	00:56:12.25	+00:19:58 (36.5%)	5:28	11 (63.6%)
29	NIEWIEDZIOŁ Robert	2342		M-20	29	00:01:32	00:54:45.75	00:56:17.75	+00:20:00 (36.5%)	5:28	11 (63.6%)
30	LUDYGA Sebastian	2229		M-20	30	00:01:00	00:54:53.80	00:55:54.15	+00:20:08 (36.7%)	5:29	10.9 (63.0%)
31	MATYSIEWICZ Piotr	2312	INTER PROJEKT	M-20	31	00:00:00	00:54:54.00	00:54:54.00	+00:20:08 (36.7%)	5:29	10.9 (63.0%)
32	MICHULEC Kuba	2106	ARTGROUP	M-20	32	00:01:32	00:55:08.90	00:56:41.75	+00:20:23 (37.0%)	5:30	10.9 (63.0%)
33	TURCZYN Mateusz	2162	HIRSCHVOGEL COMPONENTS POLAND	M-20	33	00:00:57	00:55:14.30	00:56:12.25	+00:20:29 (37.1%)	5:31	10.9 (63.0%)
34	CIUMAN Piotr	2336		M-20	34	00:00:45	00:55:49.20	00:56:34.70	+00:21:04 (37.7%)	5:34	10.7 (61.8%)
35	KUBIT Tomasz	2203		M-20	35	00:00:55	00:56:25.20	00:57:20.65	+00:21:40 (38.4%)	5:38	10.6 (61.3%)
36	MAZUR Krzysztof	2194	UNISONO	M-20	36	00:01:07	00:56:36.25	00:57:43.90	+00:21:51 (38.6%)	5:39	10.6 (61.3%)
37	DURAJ Michał	2276		M-20	37	00:01:07	00:57:44.20	00:58:51.90	+00:22:59 (39.8%)	5:46	10.4 (60.1%)
38	JUROWICZ Damian	2010		M-20	38	00:01:24	01:00:22.80	01:01:47.55	+00:25:37 (42.4%)	6:02	9.9 (57.2%)
39	MALEC Marek	2060		M-20	39	00:01:47	01:01:04.05	01:02:51.50	+00:26:18 (43.1%)	6:06	9.8 (56.6%)
40	RATKA Dawid	2247		M-20	40	00:01:24	01:02:53.60	01:04:18.30	+00:28:08 (44.7%)	6:17	9.5 (54.9%)
41	KIJANKA Damian	2158	HIRSCHVOGEL COMPONENTS POLAND	M-20	41	00:01:03	01:04:17.50	01:05:21.15	+00:29:32 (45.9%)	6:25	9.3 (53.8%)
42	KRZEMIŃSKI Kamil	2243		M-20	42	00:01:24	01:04:33.15	01:05:57.55	+00:29:48 (46.2%)	6:27	9.3 (53.8%)
43	KUPISZEWSKI Tomasz	2045	PLASTIC OMNIUM	M-20	43	00:01:24	01:04:41.50	01:06:06.45	+00:29:56 (46.3%)	6:28	9.3 (53.8%)
44	WYLĘŻEK Piotr	2066		M-20	44	00:01:23	01:06:35.60	01:07:58.85	+00:31:50 (47.8%)	6:39	9 (52.0%)
45	STEBEL Damian	2007		M-20	45	00:01:44	01:07:37.70	01:09:22.25	+00:32:52 (48.6%)	6:45	8.9 (51.4%)
46	GALOCH Bartosz	2218		M-20	46	00:01:50	01:15:17.45	01:17:07.75	+00:40:32 (53.8%)	7:31	8 (46.2%)
47	OPILSKI Mateusz	2234		M-20	47	00:01:16	01:20:05.90	01:21:22.45	+00:45:20 (56.6%)	8:00	7.5 (43.4%)

Znaleziono 47 wynik(ów)