



## 5 MIL – BIEG DZIELNICY WŁOCHY

B4SPORT

**Organizator:** Urząd Dzielnicy Warszawa – Włochy  
**Data:** 2022-11-06  
**Miejsce:** Warszawa  
**Dystans:** 8 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K 50-59 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	<b>RZYMOWSKA Krystyna</b>	<b>288</b>		K 50-59 lat	1	00:00:10	<b>00:36:18.15</b>	<b>00:36:28.25</b>		4:32	13.2
2	<b>WIŚNIEWSKA Ewa</b>	<b>397</b>		K 50-59 lat	2	00:00:09	<b>00:36:36.10</b>	<b>00:36:45.25</b>	+00:00:17	4:34	13.1
3	<b>KWIATKOWSKA Renata</b>	<b>187</b>	KB OŻARÓW MAZOWIECKI BIEGA	K 50-59 lat	3	00:00:06	<b>00:37:01.60</b>	<b>00:37:08.25</b>	+00:00:43	4:37	13
4	<b>KARASIEWICZ Katarzyna</b>	<b>132</b>		K 50-59 lat	4	00:00:05	<b>00:39:46.65</b>	<b>00:39:52.55</b>	+00:03:28	4:58	12.1
5	<b>LEWANDOWSKA Joanna</b>	<b>192</b>		K 50-59 lat	5	00:00:29	<b>00:42:15.55</b>	<b>00:42:44.80</b>	+00:05:57	5:16	11.4
6	<b>GADOMSKA Małgorzata</b>	<b>74</b>		K 50-59 lat	6	00:00:16	<b>00:42:37.50</b>	<b>00:42:53.65</b>	+00:06:19	5:19	11.3
7	<b>HAWRYLUK-STASIAK Ewa</b>	<b>105</b>	BIEGUNI 2022	K 50-59 lat	7	00:00:10	<b>00:42:49.85</b>	<b>00:43:00.55</b>	+00:06:31	5:21	11.2
8	<b>FICOŃ Monika</b>	<b>71</b>		K 50-59 lat	8	00:00:28	<b>00:43:43.75</b>	<b>00:44:12.45</b>	+00:07:25	5:27	11
9	<b>MIELNICZEK Magdalena</b>	<b>220</b>		K 50-59 lat	9	00:00:13	<b>00:44:08.00</b>	<b>00:44:21.80</b>	+00:07:49	5:31	10.9
10	<b>WASOWSKA Jagoda</b>	<b>586</b>	KS PEGAZ PIASECZNO	K 50-59 lat	10	00:00:30	<b>00:45:41.20</b>	<b>00:46:11.90</b>	+00:09:23	5:42	10.5
11	<b>KERNER Agnieszka</b>	<b>139</b>	GRUPA BIEGOWA UM W-WA	K 50-59 lat	11	00:00:37	<b>00:48:39.10</b>	<b>00:49:16.75</b>	+00:12:20	6:04	9.9
12	<b>GOŁACKA-PIOTOWSKA Beata</b>	<b>83</b>		K 50-59 lat	12	00:00:15	<b>00:50:54.80</b>	<b>00:51:10.10</b>	+00:14:36	6:21	9.4
13	<b>SZULC Joanna</b>	<b>326</b>		K 50-59 lat	13	00:00:23	<b>00:51:19.20</b>	<b>00:51:42.80</b>	+00:15:01	6:24	9.4
14	<b>KOCHMAN Iwona</b>	<b>417</b>	VEGE RUNNERS	K 50-59 lat	14	00:00:27	<b>00:52:02.80</b>	<b>00:52:30.25</b>	+00:15:44	6:30	9.2
15	<b>SZOT Maria</b>	<b>325</b>	JASIELSKIE PIORUNY	K 50-59 lat	15	00:00:27	<b>00:53:31.25</b>	<b>00:53:58.90</b>	+00:17:13	6:41	9
16	<b>KILKOWSKA Joanna</b>	<b>140</b>		K 50-59 lat	16	00:00:28	<b>00:58:30.35</b>	<b>00:58:59.05</b>	+00:22:12	7:18	8.2
17	<b>OLCZAK Urszula</b>	<b>237</b>	UMCS BIEGA	K 50-59 lat	17	00:00:57	<b>01:06:05.90</b>	<b>01:07:03.40</b>	+00:29:47	8:15	7.3
18	<b>GROCHOWSKA Joanna</b>	<b>95</b>	BIEGAMY Z OCHOTĄ	K 50-59 lat	18	00:00:57	<b>01:06:08.20</b>	<b>01:07:05.60</b>	+00:29:50	8:16	7.3

Znaleziono 18 wynik(ów)