



## 5 MIL – BIEG DZIELNICY WŁOCHY

B4SPORT

**Organizator:** Urząd Dzielnicy Warszawa – Włochy  
**Data:** 2022-11-06  
**Miejsce:** Warszawa  
**Dystans:** 8 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M 20-29 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
1	ŻOCHOWSKI Daniel	386	ŻÓRAWSKI TEAM	M 20-29 lat	1	00:00:01	00:25:15.65	00:25:17.25		3:09	19
2	KAŁDOWSKI Łukasz	129	KAROMET TEAM	M 20-29 lat	2	00:00:02	00:29:08.50	00:29:10.85	+00:03:52	3:38	16.5
3	MAMCARZ Bartłomiej	206	LUBELSKIBIEGACZTEAM.PL	M 20-29 lat	3	00:00:02	00:29:34.40	00:29:36.90	+00:04:18	3:41	16.2
4	MARCZAK Krzysztof	208	STARE BABICE BIEGAJĄ	M 20-29 lat	4	00:00:03	00:30:20.65	00:30:23.65	+00:05:05	3:47	15.8
5	KACZOROWSKI Daniel	591	1BLTR	M 20-29 lat	5	00:00:01	00:31:29.60	00:31:31.50	+00:06:13	3:56	15.2
6	KŁYS Mateusz	147		M 20-29 lat	6	00:00:35	00:33:14.70	00:33:49.90	+00:07:59	4:09	14.4
7	STOBNICKI Mateusz	312	GĄBIN BIEGA/ PARKRUN PRUSZKÓW	M 20-29 lat	7	00:00:15	00:33:42.20	00:33:57.40	+00:08:26	4:12	14.2
8	WOJEWÓDZKI Marcin	364	WOJEWÓDZCY TEAM	M 20-29 lat	8	00:00:27	00:34:13.70	00:34:41.60	+00:08:58	4:16	14
9	BIERNAT Dawid	24		M 20-29 lat	9	00:00:19	00:35:17.55	00:35:37.35	+00:10:01	4:24	13.6
10	NAWROCKI Piotr	230		M 20-29 lat	10	00:00:11	00:35:40.20	00:35:52.10	+00:10:24	4:27	13.5
11	MARTSENIUK Volodymyr	212		M 20-29 lat	11	00:00:11	00:35:40.65	00:35:52.20	+00:10:25	4:27	13.5
12	SKOCZYPIEC Antoni	413		M 20-29 lat	12	00:00:17	00:36:12.15	00:36:29.50	+00:10:56	4:31	13.3
13	OSTROWSKI Krzysztof	246		M 20-29 lat	13	00:00:06	00:36:59.10	00:37:05.55	+00:11:43	4:37	13
14	SZEWCZUK Szymon	583		M 20-29 lat	14	00:00:35	00:37:59.05	00:38:34.35	+00:12:43	4:44	12.6
15	CLAJOT Fabian	47	FC GRABOWA	M 20-29 lat	15	00:00:23	00:38:04.75	00:38:28.05	+00:12:49	4:45	12.6
16	PIETRUSZEWSKI Krystian	262		M 20-29 lat	16	00:00:21	00:38:19.40	00:38:40.75	+00:13:03	4:47	12.5
17	KUBISA Michał	176		M 20-29 lat	17	00:00:10	00:38:56.60	00:39:06.80	+00:13:40	4:52	12.3
18	PRĘGOWSKI Bartosz	272		M 20-29 lat	18	00:00:12	00:39:13.30	00:39:26.20	+00:13:57	4:54	12.2
19	ŚWIĘTOCHOWSKI Jarosław	336	BESTIE OCR LEGIONOWO	M 20-29 lat	19	00:00:11	00:39:16.00	00:39:27.40	+00:14:00	4:54	12.2
20	SZCZEPAŃSKI Adam	319		M 20-29 lat	20	00:00:21	00:39:25.10	00:39:46.10	+00:14:09	4:55	12.2
21	ŁYSIAK Mateusz	197		M 20-29 lat	21	00:00:12	00:39:45.30	00:39:57.90	+00:14:29	4:58	12.1
22	WRÓBLEWSKI Kacper	369		M 20-29 lat	22	00:00:43	00:40:27.70	00:41:10.75	+00:15:12	5:03	11.9
23	HOROŚ Łukasz	108		M 20-29 lat	23	00:00:22	00:40:40.45	00:41:03.30	+00:15:24	5:05	11.8
24	SIEMBAB Paweł	294		M 20-29 lat	24	00:00:40	00:40:51.25	00:41:31.55	+00:15:35	5:06	11.8
25	KACZMARSKI Mateusz	447		M 20-29 lat	25	00:00:39	00:41:16.90	00:41:56.70	+00:16:01	5:09	11.6
26	SADOWY Emilian	290	SADOWY	M 20-29 lat	26	00:00:16	00:41:59.05	00:42:15.95	+00:16:43	5:14	11.4
27	ZIELINSKI Filip	380	PRZEGLĄD SPORTOWY	M 20-29 lat	27	00:00:14	00:43:15.65	00:43:30.25	+00:18:00	5:24	11.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
28	<b>BUJALSKI Konrad</b>	<b>34</b>		M 20-29 lat	28	00:00:19	<b>00:47:01.35</b>	<b>00:47:20.85</b>	+00:21:45	5:52	10.2
29	<b>MAŁYSA Michał</b>	<b>205</b>	PGR MYŚLAKI	M 20-29 lat	29	00:00:43	<b>00:47:45.65</b>	<b>00:48:29.20</b>	+00:22:30	5:58	10.1
30	<b>CHUDOBINSKI Tomasz</b>	<b>43</b>		M 20-29 lat	30	00:00:19	<b>00:47:47.15</b>	<b>00:48:06.35</b>	+00:22:31	5:58	10
31	<b>KURT Ali</b>	<b>182</b>		M 20-29 lat	31	00:00:15	<b>00:47:58.55</b>	<b>00:48:14.35</b>	+00:22:42	5:59	10
32	<b>DŁUGOŁĘCKI Jakub</b>	<b>412</b>	KS PRZAŚNIK	M 20-29 lat	32	00:00:36	<b>00:53:36.50</b>	<b>00:54:12.80</b>	+00:28:20	6:42	9
33	<b>WYMYSŁOWSKI Dominik</b>	<b>371</b>		M 20-29 lat	33	00:00:30	<b>00:55:02.45</b>	<b>00:55:32.70</b>	+00:29:46	6:52	8.7
34	<b>UMOWSKI Paweł Franciszek</b>	<b>350</b>	PYKAM PARKRUNY	M 20-29 lat	34	00:00:18	<b>01:06:45.15</b>	<b>01:07:04.00</b>	+00:41:29	8:20	7.2

Znaleziono 34 wynik(ów)