# BIAŁOŁĘCKI BIEG WOLNOŚCI

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa
**Data:** 2019-12-14
**Miejsce:** Warszawa
**Dystans:** 13 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

## Klasyfikacja: Wszyscy

## Punkt pomiarowy: 8,7 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 1 | **PARSZCZYŃSKI Łukasz** | **277** | TEAM PARSZCZYNSKICH | M2 30-39 lat | 00:00:01 | 00:00:16 | 00:14:15 | 00:28:26 |
| 2 | **SŁUPIK Tomasz** | **455** | | M1 < 29 lat | 00:00:01 | 00:00:15 | 00:14:15 | 00:28:39 |
| 3 | **FALKOWSKI Bartek** | **77** | PIEKIELNI WARSZAWA | M2 30-39 lat | 00:00:01 | 00:00:16 | 00:14:44 | 00:29:30 |
| 4 | **BĘTKOWSKI Piotr** | **475** | | M2 30-39 lat | 00:00:01 | 00:00:17 | 00:14:45 | 00:29:35 |
| 5 | **JOSYPENKO Jędrzej** | **487** | DREAM RUN | M2 30-39 lat | 00:00:02 | 00:00:16 | 00:14:44 | 00:30:01 |
| 6 | **TABER Konrad** | **371** | ACTIVE PROSPERIA/ STO-NOGI MILANÓWEK | M1 < 29 lat | 00:00:01 | 00:00:16 | 00:15:23 | 00:30:52 |
| 7 | **MASIAREK Maciej** | **227** | | M1 < 29 lat | 00:00:03 | 00:00:15 | 00:15:08 | 00:30:57 |
| 8 | **URMANOWSKI Daniel** | **386** | DREAM RUN | M2 30-39 lat | 00:00:02 | 00:00:16 | 00:15:23 | 00:31:27 |
| 9 | **FIEODOROW Tomasz** | **79** | BSB BARCZEWO BIEGA/ZK BARCZEWO | M2 30-39 lat | 00:00:01 | 00:00:15 | 00:15:32 | 00:31:42 |
| 10 | **HILDEBRAND Marcin** | **127** | BIEGAM NA TARCHOMINIE | M2 30-39 lat | 00:00:02 | 00:00:19 | 00:16:05 | 00:32:03 |
| 11 | **GRZYBOWSKI Paweł** | **119** | TEAM PARSZCZYŃSKICH | M2 30-39 lat | 00:00:01 | 00:00:16 | 00:15:39 | 00:32:16 |
| 12 | **KIELAK Leszek** | **488** | ENTRE RUNNING | M2 30-39 lat | 00:00:00 | 00:00:22 | 00:16:10 | 00:32:19 |
| 13 | **ŁABĘDZKI Konrad** | **520** | ADIDAS RUNNERS WARSAW | M2 30-39 lat | 00:00:02 | 00:00:18 | 00:16:29 | 00:32:29 |
| 14 | **GOZDEK Scyzoryk** | **106** | TRUCHT TARCHOMIN TEAM BIEGANIEPO40.PL | M3 40-49 lat | 00:00:02 | 00:00:18 | 00:16:19 | 00:32:46 |
| 15 | **WERNER Kamil** | **394** | BIEGAM NA TARCHOMINIE/ŻMUDARUNNINGTEAM | M2 30-39 lat | 00:00:03 | 00:00:17 | 00:16:08 | 00:32:49 |
| 16 | **NOWOSIELSKI Grzegorz** | **448** | ŻÓRAWSKI TEAM | M1 < 29 lat | 00:00:02 | 00:00:20 | 00:16:46 | 00:33:20 |
| 17 | **PRZYBYŁA Krzysztof** | **499** | ADIDAS RUNNERS WARSAW | M2 30-39 lat | 00:00:02 | 00:00:18 | 00:16:37 | 00:33:21 |
| 18 | **MIELCZAREK Krzysztof** | **236** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:04 | 00:00:18 | 00:16:26 | 00:33:27 |
| 19 | **GAŁUSZKA Filip** | **92** | KOKOSZKA36TEAM | M2 30-39 lat | 00:00:03 | 00:00:20 | 00:16:53 | 00:33:39 |
| 20 | **MAJCHRZAK Sławomir** | **218** | UKS TYCHOW STARY | M4 50-59 | 00:00:03 | 00:00:18 | 00:16:52 | 00:33:53 |
| 21 | **BIAŁEK Piotr** | **476** | 3BRO | M2 30-39 lat | 00:00:02 | 00:00:18 | 00:16:53 | 00:33:54 |
| 22 | **KOTLENGA Przemysław** | **180** | | M2 30-39 lat | 00:00:02 | 00:00:18 | 00:16:46 | 00:34:05 |
| 23 | **PARSZCZYŃSKA Izabela** | **276** | TEAM PARSZCZYŃSKICH | K2 30-39 lat | 00:00:02 | 00:00:19 | 00:16:52 | 00:34:14 |
| 24 | **KRÓL Dariusz** | **534** | ZABIEGANY WOŁOMIN | M4 50-59 | 00:00:02 | 00:00:21 | 00:17:07 | 00:34:14 |
| 25 | **TOMCZAK Marcin** | **377** | 1980 | M2 30-39 lat | 00:00:03 | 00:00:20 | 00:17:07 | 00:34:41 |
| 26 | **SZMIGIELSKI Mateusz** | **531** | | M1 < 29 lat | 00:00:08 | 00:00:27 | 00:17:33 | 00:35:01 |
| 27 | **KUBERA Piotr** | **194** | ADIDAS RUNNERS WARSAW | M3 40-49 lat | 00:00:00 | 00:00:22 | 00:17:21 | 00:35:04 |
| 28 | **STRADOMSKI Artur** | **345** | MARKOWI BIEGACZE | M3 40-49 lat | 00:00:03 | 00:00:20 | 00:17:33 | 00:35:05 |
| 29 | **SAWICKA Anna** | **502** | DREAM RUN | K2 30-39 lat | 00:00:03 | 00:00:21 | 00:17:32 | 00:35:06 |
| 30 | **UGRYN Maciej** | **384** | WWW.RUNISMYFUN.COM | M2 30-39 lat | 00:00:02 | 00:00:20 | 00:17:34 | 00:35:28 |
| 31 | **PYTLINSKI Rafał** | **298** | | M3 40-49 lat | 00:00:03 | 00:00:20 | 00:17:53 | 00:35:38 |
| 32 | **ANUSIEWICZ Robert** | **474** | | M3 40-49 lat | 00:00:04 | 00:00:21 | 00:17:55 | 00:35:41 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 33 | **GAJEK Ireneusz** | **89** | | M3 40-49 lat | 00:00:10 | 00:00:25 | 00:18:02 | 00:35:42 |
| 34 | **NOWOCIEŃ Jacek** | **258** | UCZNIOWSKI KLUB SPORTOWY RUSIEC | M5 60+ | 00:00:03 | 00:00:21 | 00:17:57 | 00:35:44 |
| 35 | **GOŁYŃSKI Tomasz** | **483** | | M2 30-39 lat | 00:00:09 | 00:00:24 | 00:17:32 | 00:35:47 |
| 36 | **TURSKI Maciej** | **511** | MMA, TYLKO MMA | M1 < 29 lat | 00:00:06 | 00:00:21 | 00:18:07 | 00:36:17 |
| 37 | **TARAS Marcin** | **372** | | M2 30-39 lat | 00:00:08 | 00:00:25 | 00:17:48 | 00:36:17 |
| 38 | **SZWARC Szymon** | **364** | | M1 < 29 lat | 00:00:06 | 00:00:23 | 00:17:51 | 00:36:22 |
| 39 | **BRODACKI Waldemar** | **36** | CHEMIK NOXY PUŁAWY | M5 60+ | 00:00:08 | 00:00:26 | 00:18:34 | 00:36:34 |
| 40 | **SIERZPUTOWSKI Robert** | **453** | NASIELSK BASZTA TEAM | M3 40-49 lat | 00:00:03 | 00:00:20 | 00:18:18 | 00:36:40 |
| 41 | **MIELCZAREK Marek** | **235** | MARKOWI BIEGACZE | M3 40-49 lat | 00:00:05 | 00:00:19 | 00:18:12 | 00:36:42 |
| 42 | **ROWIŃSKI Tomasz** | **307** | | M3 40-49 lat | 00:00:02 | 00:00:17 | 00:17:43 | 00:36:46 |
| 43 | **OCZKOWSKI Mateusz** | **264** | GRUPA BIEGOWA CHTMO | M3 40-49 lat | 00:00:17 | 00:00:34 | 00:18:44 | 00:36:48 |
| 44 | **MANELSKI Artur** | **442** | DOBRZYNSKI KLUB ZEGLARSKI | M2 30-39 lat | 00:00:04 | 00:00:21 | 00:18:35 | 00:37:06 |
| 45 | **KOŚCIK Jakub** | **436** | | M2 30-39 lat | 00:00:05 | 00:00:30 | 00:19:03 | 00:37:08 |
| 46 | **DĄBROWSKI Michał** | **63** | | M2 30-39 lat | 00:00:06 | 00:00:23 | 00:18:22 | 00:37:12 |
| 47 | **NIEZGODA Przemysław** | **250** | | M2 30-39 lat | 00:00:07 | 00:00:26 | 00:18:40 | 00:37:16 |
| 48 | **TYMICKI Zbigniew** | **382** | ENTRE.PL TEAM | M4 50-59 | 00:00:08 | 00:00:27 | 00:19:02 | 00:37:19 |
| 49 | **GWIZDALA Cezary** | **122** | KUŹNIA TRIATHLONU | M3 40-49 lat | 00:00:05 | 00:00:22 | 00:18:40 | 00:37:23 |
| 50 | **ZIÓŁKOWSKI Jacek** | **420** | | M4 50-59 | 00:00:01 | 00:00:21 | 00:18:35 | 00:37:28 |
| 51 | **KALINOWSKI Łukasz** | **148** | | M2 30-39 lat | 00:00:07 | 00:00:24 | 00:19:05 | 00:37:30 |
| 52 | **PUTON Michał** | **295** | | M2 30-39 lat | 00:00:08 | 00:00:25 | 00:18:30 | 00:37:30 |
| 53 | **KOWALEWSKI Łukasz** | **491** | BISKUPIEC BIEGA | M2 30-39 lat | 00:00:00 | 00:01:48 | 00:18:55 | 00:37:33 |
| 54 | **JAWORSKI Piotr** | **137** | EKOBIEGI | M3 40-49 lat | 00:00:04 | 00:00:19 | 00:18:15 | 00:37:34 |
| 55 | **MACANDER Jakub** | **496** | | M1 < 29 lat | 00:04:34 | 00:00:17 | 00:18:38 | 00:37:35 |
| 56 | **SARZAŁA Dariusz** | **315** | AKS POLONIA WARSZAWA | M5 60+ | 00:00:02 | 00:00:20 | 00:18:52 | 00:37:43 |
| 57 | **KACZMARZYK Hubert** | **146** | WOJSKOWA AKADEMIA TECHNICZNA | M1 < 29 lat | 00:00:25 | 00:00:33 | 00:18:34 | 00:37:54 |
| 58 | **SKOTNICKI Piotr** | **325** | | M2 30-39 lat | 00:00:09 | 00:00:25 | 00:18:47 | 00:37:58 |
| 59 | **JASKÓŁOWSKI Waldemar** | **135** | WOJSKOWA AKADEMIA TECHNICZNA | M4 50-59 | 00:00:00 | 00:00:41 | 00:19:15 | 00:38:02 |
| 60 | **MICHNOWSKI Sebastian** | **233** | | M3 40-49 lat | 00:00:08 | 00:00:27 | 00:18:58 | 00:38:02 |
| 61 | **BRODZIK Arkadiusz** | **426** | | M2 30-39 lat | 00:00:02 | 00:00:16 | 00:18:16 | 00:38:04 |
| 62 | **KORKOSZ Andrzej** | **174** | | M3 40-49 lat | 00:00:05 | 00:00:24 | 00:19:14 | 00:38:06 |
| 63 | **MAMLA Zbigniew** | **221** | TRUCHT TARCHOMIN TEAM | M3 40-49 lat | 00:00:09 | 00:00:26 | 00:18:40 | 00:38:18 |
| 64 | **FILIPCZUK Dariusz** | **83** | | M4 50-59 | 00:00:06 | 00:00:23 | 00:19:05 | 00:38:23 |
| 65 | **GĘBALA Wojtek** | **94** | | M3 40-49 lat | 00:00:06 | 00:00:24 | 00:19:04 | 00:38:25 |
| 66 | **OCHENKOWSKI Sebastian** | **263** | | M2 30-39 lat | 00:00:04 | 00:00:24 | 00:19:05 | 00:38:26 |
| 67 | **WASZKIEWICZ Ariel** | **465** | WASZKA TEAM | M3 40-49 lat | 00:00:11 | 00:00:30 | 00:19:42 | 00:38:30 |
| 68 | **TROJANOWSKI Rafał** | **379** | BIEGAM BO LUBIĘ ZĄBKI TEAM | M1 < 29 lat | 00:00:04 | 00:00:22 | 00:19:05 | 00:38:32 |
| 69 | **KALKO Vitalii** | **149** | | M2 30-39 lat | 00:00:04 | 00:00:24 | 00:18:34 | 00:38:39 |
| 70 | **WIŚNIEWSKI Krzysztof** | **467** | ZAKŁAD KARNY W PRZYTUŁACH STARYCH | M3 40-49 lat | 00:00:06 | 00:00:25 | 00:19:20 | 00:38:39 |
| 71 | **PUCHACZ Piotr** | **294** | MPK | M3 40-49 lat | 00:00:15 | 00:00:36 | 00:19:20 | 00:38:45 |
| 72 | **WITKOWSKI Łukasz** | **405** | NASIELSK BASZTA TEAM | M2 30-39 lat | 00:00:20 | 00:00:35 | 00:19:31 | 00:38:46 |
| 73 | **SMORAWSKI Wodzisław** | **331** | | M2 30-39 lat | 00:00:00 | 00:00:48 | 00:19:57 | 00:38:48 |
| 74 | **ŚMIETAŃSKI Piotr** | **459** | NASIELSK BASZTA TEAM | M3 40-49 lat | 00:00:16 | 00:00:29 | 00:19:34 | 00:38:50 |
| 75 | **MISZTA Barbara** | **240** | KS STASZEWSCY | K3 40-49 lat | 00:00:04 | 00:00:22 | 00:19:30 | 00:38:51 |
| 76 | **KANIA Paweł** | **153** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:06 | 00:00:23 | 00:18:57 | 00:38:55 |
| 77 | **SYGOCKI Konrad** | **352** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:20 | 00:00:35 | 00:19:25 | 00:38:56 |
| 78 | **NAPIÓRKOWSKI Grzegorz** | **246** | ŁOMIANKOWSKA GRUPA BIEGOWA | M3 40-49 lat | 00:00:06 | 00:00:27 | 00:19:04 | 00:39:04 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 79 | **GÓRAL Tadeusz** | **540** | KKB | M3 40-49 lat | 00:00:02 | 00:00:23 | 00:19:25 | 00:39:05 |
| 80 | **KSIEL Artur** | **192** | | M2 30-39 lat | 00:00:07 | 00:00:27 | 00:19:36 | 00:39:06 |
| 81 | **RESZCZYK Marcin** | **302** | | M3 40-49 lat | 00:00:33 | 00:00:33 | 00:19:56 | 00:39:17 |
| 82 | **SERAFIN Tomasz** | **503** | | M3 40-49 lat | 00:00:06 | 00:00:25 | 00:19:08 | 00:39:20 |
| 83 | **ROPIAK Paweł** | **305** | | M1 < 29 lat | 00:00:00 | 00:01:02 | 00:20:04 | 00:39:27 |
| 84 | **MICHALSKI Ryszard** | **445** | WWW.SENSORYBEAUTY.PL | M2 30-39 lat | 00:00:09 | 00:00:23 | 00:19:31 | 00:39:32 |
| 85 | **RYMKIEWICZ Zbigniew** | **312** | | M2 30-39 lat | 00:00:07 | 00:00:25 | 00:19:35 | 00:39:33 |
| 86 | **RZEPLIŃSKI Jacek** | **501** | | M4 50-59 | 00:00:12 | 00:00:27 | 00:19:38 | 00:39:36 |
| 87 | **PŁATEK Tomasz** | **529** | | M2 30-39 lat | 00:00:05 | 00:00:26 | 00:19:45 | 00:39:41 |
| 88 | **HAJKOWICZ Adam** | **528** | | M4 50-59 | 00:00:05 | 00:00:25 | 00:19:45 | 00:39:43 |
| 89 | **WISZOWATY Piotr** | **401** | | M2 30-39 lat | 00:00:07 | 00:00:28 | 00:19:52 | 00:39:44 |
| 90 | **FRANK Michał** | **85** | JW 2414 | M2 30-39 lat | 00:00:07 | 00:00:27 | 00:19:53 | 00:39:52 |
| 91 | **CNOTA Maciek** | **55** | | M2 30-39 lat | 00:00:11 | 00:00:27 | 00:19:49 | 00:39:57 |
| 92 | **ZELENT Arkadiusz** | **415** | SĄD REJONOWY W MIŃSKU MAZOWIECKIM | M3 40-49 lat | 00:00:09 | 00:00:26 | 00:19:53 | 00:40:02 |
| 93 | **STĘPIEŃ Adam** | **342** | | M2 30-39 lat | 00:00:06 | 00:00:26 | 00:20:01 | 00:40:05 |
| 94 | **KRUPIŃSKI Marek** | **437** | 1995 | M1 < 29 lat | 00:00:03 | 00:00:18 | 00:18:56 | 00:40:11 |
| 95 | **ŚWIERCZ Andrzej** | **509** | KB IM. PIOTRA SĘKOWSKIEGO | M4 50-59 | 00:00:10 | 00:00:26 | 00:20:01 | 00:40:19 |
| 96 | **GÓJSKI Mirosław** | **107** | HYDROMIR | M4 50-59 | 00:00:15 | 00:00:28 | 00:20:00 | 00:40:19 |
| 97 | **WINKOWSKA-STRUZIK Magdalena** | **400** | DUKLANOWSKI TEAM | K2 30-39 lat | 00:00:08 | 00:00:27 | 00:19:48 | 00:40:21 |
| 98 | **OPIATOWSKI Ryszard** | **269** | | M4 50-59 | 00:00:11 | 00:00:28 | 00:20:11 | 00:40:22 |
| 99 | **IWANIUK Tomasz** | **486** | ŻYWCEM ZABIEGANI | M2 30-39 lat | 00:00:10 | 00:00:27 | 00:19:46 | 00:40:23 |
| 100 | **KACZMAREK Jakub** | **144** | | M1 < 29 lat | 00:00:00 | 00:00:20 | 00:18:03 | 00:40:25 |
| 101 | **STAŃCZUK Leszek** | **505** | YULO RUN TEAM SIEDLCE | M4 50-59 | 00:00:10 | 00:00:26 | 00:20:15 | 00:40:26 |
| 102 | **HELMAN Filip** | **432** | FR WARSZAWA | M1 < 29 lat | 00:00:14 | 00:00:25 | 00:19:43 | 00:40:26 |
| 103 | **KOŁODZIEJCZYK Krzysztof** | **170** | NASIELSK BASZTA TEAM | M3 40-49 lat | 00:00:19 | 00:00:36 | 00:19:31 | 00:40:26 |
| 104 | **FRE Luis** | **430** | WOLNA WENEZUELA | M4 50-59 | 00:00:04 | 00:00:22 | 00:20:18 | 00:40:30 |
| 105 | **BYSTRY Grzegorz** | **41** | KS LENIWIEC | M3 40-49 lat | 00:00:24 | 00:00:30 | 00:20:30 | 00:40:37 |
| 106 | **GLINKA Karol** | **97** | | M2 30-39 lat | 00:00:32 | 00:00:36 | 00:20:35 | 00:40:40 |
| 107 | **CHARLEJ Ireneusz** | **45** | WIECZORNE BIEGANIE W SZCZECINIE | M3 40-49 lat | 00:00:09 | 00:00:26 | 00:19:57 | 00:40:42 |
| 108 | **MAZUR Piotr** | **228** | | M2 30-39 lat | 00:00:27 | 00:00:33 | 00:20:50 | 00:40:44 |
| 109 | **ORLIŃSKI Krzysztof** | **498** | | M2 30-39 lat | 00:00:37 | 00:00:35 | 00:20:44 | 00:40:49 |
| 110 | **CIMOCHOWSKI Mieczysław** | **53** | MC SERWIS | M3 40-49 lat | 00:00:09 | 00:00:28 | 00:20:06 | 00:40:55 |
| 111 | **ŁUBIŃSKI Krzysztof** | **495** | | M3 40-49 lat | 00:00:24 | 00:00:35 | 00:20:35 | 00:40:59 |
| 112 | **MORELOWSKA Maria** | **241** | WALHALLA FIGHT CLUB | K3 40-49 lat | 00:00:03 | 00:00:25 | 00:20:27 | 00:41:02 |
| 113 | **SZYSZKO Ewa** | **368** | MARKOWI BIEGACZE | K2 30-39 lat | 00:00:04 | 00:00:23 | 00:20:25 | 00:41:03 |
| 114 | **KOWALSKA Kasia** | **184** | TEAM ZABIEGANEDNI | K3 40-49 lat | 00:00:14 | 00:00:29 | 00:20:18 | 00:41:03 |
| 115 | **GRUMBIANIN Paulina** | **115** | LOGWIN | K3 40-49 lat | 00:00:06 | 00:00:25 | 00:20:26 | 00:41:04 |
| 116 | **DĄBROWSKI Daniel** | **61** | FARMACJA TARCHOMIN | M1 < 29 lat | 00:00:16 | 00:00:35 | 00:20:21 | 00:41:12 |
| | **FICEK Łukasz** | **78** | CYTRYNOWI STUDENCI | M2 30-39 lat | DNF | 00:00:38 DNF | 00:32:14 DNF | 00:41:15 DNF |
| 118 | **STYKOWSKI Michał** | **348** | TARCHOŚFIRY | M2 30-39 lat | 00:00:18 | 00:00:28 | 00:20:19 | 00:41:21 |
| 119 | **KUBAN Sebastian** | **193** | | M3 40-49 lat | 00:00:20 | 00:00:33 | 00:20:50 | 00:41:22 |
| 120 | **SZYMCZAK Jacek** | **367** | BIEGAM BO LUBIĘ ZĄBKI TEAM | M2 30-39 lat | 00:00:06 | 00:00:28 | 00:20:45 | 00:41:24 |
| 121 | **DERESZEWSKI Piotr** | **64** | ZABIEGANY WOŁOMIN | M3 40-49 lat | 00:00:15 | 00:00:30 | 00:21:11 | 00:41:25 |
| 122 | **MOSUR Kamil** | **242** | | M3 40-49 lat | 00:00:15 | 00:00:30 | 00:21:05 | 00:41:25 |
| 123 | **KUSY Marcin** | **493** | | M3 40-49 lat | 00:00:13 | 00:00:29 | 00:20:47 | 00:41:26 |
| 124 | **KUSY Marcin** | **493** | | M3 40-49 lat | 00:00:13 | 00:00:29 | 00:20:47 | 00:41:26 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 125 | **SUTUŁA Dariusz** | **350** | BIEGAM BO LUBIĘ ZĄBKI TEAM | M3 40-49 lat | 00:00:21 | 00:00:33 | 00:21:00 | 00:41:31 |
| 126 | **TENDERENDA Kamil** | **460** | | M2 30-39 lat | 00:00:49 | 00:00:33 | 00:21:03 | 00:41:34 |
| 127 | **CAŁKA Marek** | **480** | | M3 40-49 lat | 00:00:21 | 00:00:35 | 00:20:56 | 00:41:37 |
| 128 | **LEWANDOWSKI Robert** | **207** | | M3 40-49 lat | 00:00:13 | 00:00:34 | 00:20:50 | 00:41:43 |
| 129 | **NOWAK Jakub** | **101** | DOBRZYŃSKI KLUB ŻEGLARSKI | M3 40-49 lat | 00:00:02 | 00:00:22 | 00:20:39 | 00:41:48 |
| 130 | **OLSZANKA Arkadiusz** | **266** | | M3 40-49 lat | 00:00:15 | 00:00:30 | 00:21:10 | 00:41:55 |
| 131 | **SUCHODOLSKI Mariusz** | **349** | TRUCHT TARCHOMIN TEAM | M3 40-49 lat | 00:00:13 | 00:00:27 | 00:21:19 | 00:42:11 |
| 132 | **ZIELIŃSKI Łukasz** | **471** | BIEGAM BO LUBIĘ OSTROŁĘKA | M2 30-39 lat | 00:00:04 | 00:00:25 | 00:21:00 | 00:42:12 |
| 133 | **CEGIEŁKA Dawid** | **42** | KS BACHMATY | M2 30-39 lat | 00:00:41 | 00:00:32 | 00:20:49 | 00:42:12 |
| 134 | **ŁATKOWSKI Łukasz** | **209** | GRUPA BIEGOWA UM W-WA | M3 40-49 lat | 00:00:24 | 00:00:34 | 00:21:37 | 00:42:18 |
| 135 | **BIALOKOS Kamil** | **29** | GRUPA BIEGOWA UM W-WA | M3 40-49 lat | 00:00:25 | 00:00:35 | 00:21:38 | 00:42:18 |
| 136 | **FRĄCKIEWICZ Dariusz** | **86** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:23 | 00:00:35 | 00:21:05 | 00:42:19 |
| 137 | **LEWANDOWSKI Piotr** | **206** | TRUCH TARCHOMINTEAM | M3 40-49 lat | 00:00:10 | 00:00:26 | 00:20:16 | 00:42:20 |
| 138 | **STRÓŻYK Piotrek** | **346** | | M3 40-49 lat | 00:00:25 | 00:00:33 | 00:21:17 | 00:42:20 |
| 139 | **CELIŃSKI Tomasz** | **43** | TUPTUŚ OTWOCK | M4 50-59 | 00:00:05 | 00:00:25 | 00:21:18 | 00:42:23 |
| 140 | **ZAJAC Bartosz** | **514** | BSB BARCZEWO BIEGA/ ZK BARCZEWO | M2 30-39 lat | 00:00:14 | 00:00:32 | 00:21:17 | 00:42:26 |
| 141 | **KAROLAK Rafał** | **155** | STOMILEX | M3 40-49 lat | 00:00:33 | 00:00:37 | 00:21:09 | 00:42:27 |
| 142 | **MIĘTEK Artur** | **237** | III ZKSS SR LEGIONOWO | M3 40-49 lat | 00:00:12 | 00:00:34 | 00:21:24 | 00:42:29 |
| 143 | **GAJEWSKI Mariusz** | **90** | | M3 40-49 lat | 00:00:33 | 00:00:35 | 00:20:49 | 00:42:34 |
| 144 | **ROKITA Andrzej** | **304** | | M3 40-49 lat | 00:00:34 | 00:00:35 | 00:21:46 | 00:42:36 |
| 145 | **KOŚCIUK Maciek** | **179** | | M3 40-49 lat | 00:00:00 | 00:00:33 | 00:20:58 | 00:42:40 |
| 146 | **DZIARNOWSKI Włodek** | **73** | BIEGAMPŁOCK TEAM | M4 50-59 | 00:00:14 | 00:00:30 | 00:21:11 | 00:42:41 |
| 147 | **TWORZEWSKK Piotr** | **523** | OSTROBIEC / SEKCJA BOKSERSKA KSZO | M1 < 29 lat | 00:00:37 | 00:00:36 | 00:21:30 | 00:42:42 |
| 148 | **MUSIAŁ Krzysztof** | **243** | | M1 < 29 lat | 00:00:22 | 00:00:30 | 00:20:48 | 00:42:43 |
| 149 | **SZACHNA Piotr** | **354** | EKOBIEGI | M3 40-49 lat | 00:00:18 | 00:00:36 | 00:22:45 | 00:42:49 |
| 150 | **STĘPIEŃ Paulina** | **507** | | K2 30-39 lat | 00:00:22 | 00:00:32 | 00:21:30 | 00:42:50 |
| 151 | **KUREK Wojceich** | **202** | 1 BAZA LOTNICTWA TRANSPORTOWEGO | M2 30-39 lat | 00:00:26 | 00:00:36 | 00:21:48 | 00:42:50 |
| 152 | **GOLIASZ Paweł** | **102** | BIEGAM I JUŻ | M3 40-49 lat | 00:00:19 | 00:00:32 | 00:21:09 | 00:42:52 |
| 153 | **GOŁASZEWSKI Marcin** | **103** | | M3 40-49 lat | 00:00:10 | 00:00:28 | 00:21:28 | 00:42:54 |
| 154 | **NADOBNIK Konrad** | **245** | BIEGAM BO LUBIĘ ZĄBKI TEAM | M2 30-39 lat | 00:00:05 | 00:00:27 | 00:21:14 | 00:42:56 |
| 155 | **CZAJKOWSKI Marcin** | **59** | OMB OŻARÓW MAZOWIECKI | M3 40-49 lat | 00:00:25 | 00:00:37 | 00:21:48 | 00:42:56 |
| 156 | **CZAJKOWSKI Marek** | **58** | --- | M3 40-49 lat | 00:00:23 | 00:00:35 | 00:21:50 | 00:42:58 |
| 157 | **PIOTROWSKI Artur** | **521** | NASIELSK BASZTA TEAM | M3 40-49 lat | 00:00:23 | 00:00:35 | 00:21:06 | 00:42:58 |
| 158 | **WYDRA Mariusz** | **469** | | M3 40-49 lat | 00:00:34 | 00:00:37 | 00:22:11 | 00:43:02 |
| 159 | **MYSTKOWSKI Mieczysław** | **447** | | M4 50-59 | 00:00:16 | 00:00:33 | 00:21:09 | 00:43:10 |
| 160 | **JANECKI Przemysław** | **131** | | M2 30-39 lat | 00:00:16 | 00:00:34 | 00:21:09 | 00:43:10 |
| 161 | **STACHOWICZ Paweł** | **458** | | M1 < 29 lat | 00:00:31 | 00:00:33 | 00:21:46 | 00:43:12 |
| 162 | **SŁOWIŃSKI Marcin** | **328** | 1.OREL | M2 30-39 lat | 00:00:35 | 00:00:35 | 00:21:48 | 00:43:15 |
| 163 | **GULCZ Katarzyna** | **120** | SR GDAŃSK-PÓŁNOC/KUJAWSCY RUNNERS | K3 40-49 lat | 00:00:06 | 00:00:27 | 00:21:36 | 00:43:19 |
| 164 | **URBANIAK Michał** | **385** | | M2 30-39 lat | 00:00:07 | 00:00:28 | 00:21:28 | 00:43:19 |
| 165 | **FIRYSIUK Tomasz** | **84** | | M3 40-49 lat | 00:00:32 | 00:00:38 | 00:22:11 | 00:43:19 |
| 166 | **ZRAZEK Piotr** | **421** | | M3 40-49 lat | 00:00:34 | 00:00:39 | 00:21:37 | 00:43:20 |
| 167 | **POTRZEBOWSKI Dominik** | **292** | | M2 30-39 lat | 00:00:24 | 00:00:35 | 00:22:06 | 00:43:21 |
| 168 | **SĄGOL Sylwester** | **316** | | M3 40-49 lat | 00:00:52 | 00:00:33 | 00:21:52 | 00:43:21 |
| 169 | **RUDNIK Jarosław** | **309** | ZABIEGANY WOŁOMIN | M3 40-49 lat | 00:00:10 | 00:00:28 | 00:21:13 | 00:43:24 |
| 170 | **BUCHALSKA Ewa** | **478** | EKOBIEGI | K3 40-49 lat | 00:00:20 | 00:00:34 | 00:21:36 | 00:43:24 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 171 | **STEMPEL Tomasz** | **341** | MARYSIN WAWERSKI BIEGA | M3 40-49 lat | 00:00:16 | 00:00:31 | 00:21:29 | 00:43:26 |
| 172 | **MAGOT Tomasz** | **497** | | M2 30-39 lat | 00:00:31 | 00:00:37 | 00:22:15 | 00:43:30 |
| 173 | **KOPER Sebastian** | **173** | CARREFOUR RUNNING TEAM | M3 40-49 lat | 00:00:04 | 00:00:23 | 00:21:27 | 00:43:34 |
| 174 | **PISAREK Norbert** | **289** | | M3 40-49 lat | 00:00:49 | 00:00:35 | 00:22:16 | 00:43:34 |
| 175 | **POPOWICZ Bartłomiej** | **291** | | M1 < 29 lat | 00:00:32 | 00:00:30 | 00:21:40 | 00:43:35 |
| 176 | **PIERAŃSKI Adam** | **284** | VEGE RUNNERS | M4 50-59 | 00:00:11 | 00:00:33 | 00:22:04 | 00:43:36 |
| 177 | **PAZIEWSKI Andrzej** | **281** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:20 | 00:00:35 | 00:22:05 | 00:43:37 |
| 178 | **STANKOWSKI Paweł** | **337** | | M2 30-39 lat | 00:00:11 | 00:00:31 | 00:21:47 | 00:43:38 |
| 179 | **SZYMAŃSKI Robert** | **366** | KREWKI URSYNÓW HDK | M3 40-49 lat | 00:00:31 | 00:00:32 | 00:21:42 | 00:43:39 |
| 180 | **SZELĄG Tomasz** | **360** | MKB DREPTAK | M3 40-49 lat | 00:00:35 | 00:00:34 | 00:21:42 | 00:43:40 |
| 181 | **ŚCISŁOWICZ Krzysztof** | **369** | STOMILEX | M2 30-39 lat | 00:00:04 | 00:00:25 | 00:21:40 | 00:43:46 |
| 182 | **BABIUCH Marek** | **18** | | M4 50-59 | 00:00:09 | 00:00:27 | 00:22:02 | 00:43:46 |
| 183 | **KALICZYŃSKA Wioletta** | **147** | CYTRYNOWI STUDENCI / RUNEDA | K3 40-49 lat | 00:00:09 | 00:00:28 | 00:21:47 | 00:43:50 |
| 184 | **BIEDKA Robert** | **533** | REBOOK RUN CREW | M3 40-49 lat | 00:00:09 | 00:00:29 | 00:21:47 | 00:43:51 |
| 185 | **SOBCZAK Bogusław** | **457** | M.I.L.A - MASTERS IWICZNA LIFE ATHLETICS | M3 40-49 lat | 00:00:31 | 00:00:33 | 00:21:53 | 00:43:51 |
| 186 | **KUCHTA Pawel** | **195** | | M2 30-39 lat | 00:00:08 | 00:00:28 | 00:20:54 | 00:44:05 |
| 187 | **TEJCHMA Natalia** | **373** | BIEGAM NA TARCHOMINIE | K3 40-49 lat | 00:00:23 | 00:00:36 | 00:22:51 | 00:44:06 |
| 188 | **MILANIAK Bogdan** | **446** | | M3 40-49 lat | 00:00:32 | 00:00:37 | 00:22:06 | 00:44:08 |
| 189 | **EWERTOWSKI Piotr** | **76** | MARKOWI BIEGACZE | M4 50-59 | 00:00:26 | 00:00:37 | 00:22:33 | 00:44:21 |
| 190 | **KOSMALA Dariusz** | **178** | | M4 50-59 | 00:00:11 | 00:00:32 | 00:21:44 | 00:44:27 |
| 191 | **MUSIAŁ Marcin** | **538** | | M2 30-39 lat | 00:00:21 | 00:00:35 | 00:22:02 | 00:44:30 |
| 192 | **GRZEGORSKI Arkadiusz** | **117** | KB FOLIE | M4 50-59 | 00:00:34 | 00:00:36 | 00:22:10 | 00:44:35 |
| 193 | **OCHAB Janusz** | **261** | | M3 40-49 lat | 00:00:26 | 00:00:35 | 00:22:37 | 00:44:38 |
| 194 | **MANCZENKO Eugeniusz** | **222** | | M2 30-39 lat | 00:00:22 | 00:00:31 | 00:21:23 | 00:44:39 |
| 195 | **CZAJKA Piotr** | **56** | BIEGAM NA TARCHOMINIE | M2 30-39 lat | 00:00:19 | 00:00:37 | 00:22:34 | 00:44:48 |
| 196 | **KUCKI Kamil** | **197** | MAZOVIA PROACTIV CIECHANÓW | M2 30-39 lat | 00:00:33 | 00:00:37 | 00:22:42 | 00:44:51 |
| 197 | **WIERBIŁOWICZ Dariusz** | **397** | | M3 40-49 lat | 00:00:30 | 00:00:34 | 00:22:33 | 00:44:54 |
| 198 | **BRONISZEWSKI Jakub** | **477** | | M3 40-49 lat | 00:00:40 | 00:00:36 | 00:22:23 | 00:44:54 |
| 199 | **TOMCZAK Karol** | **510** | | M1 < 29 lat | 00:00:11 | 00:00:30 | 00:22:10 | 00:44:55 |
| 200 | **SCHINDLER Żaneta** | **318** | | K3 40-49 lat | 00:00:07 | 00:00:27 | 00:22:12 | 00:44:58 |
| 201 | **KOSIŃSKI Aleksander** | **177** | | M2 30-39 lat | 00:00:36 | 00:00:38 | 00:22:45 | 00:45:02 |
| 202 | **WYSOCKI Robert** | **408** | GRUPA BIEGOWA UM WA-WA | M3 40-49 lat | 00:00:25 | 00:00:35 | 00:22:35 | 00:45:06 |
| 203 | **PIOTROWSKI Kamil** | **287** | | M2 30-39 lat | 00:00:26 | 00:00:37 | 00:23:12 | 00:45:07 |
| 204 | **TYMIŃSKI Mariusz** | **383** | | M2 30-39 lat | 00:00:32 | 00:00:37 | 00:22:35 | 00:45:07 |
| 205 | **KSENIAK Szymon** | **191** | | M3 40-49 lat | 00:00:23 | 00:00:34 | 00:22:40 | 00:45:08 |
| 206 | **SIEDLACZEK Zbigniew** | **321** | | M5 60+ | 00:00:24 | 00:00:36 | 00:22:17 | 00:45:08 |
| 207 | **RUSIN Bartosz** | **310** | KS STASZEWSCY | M3 40-49 lat | 00:00:18 | 00:00:34 | 00:22:18 | 00:45:11 |
| 208 | **GRZECHNIK Renata** | **431** | | K3 40-49 lat | 00:00:17 | 00:00:31 | 00:22:43 | 00:45:12 |
| 209 | **FILC Łukasz** | **82** | | M2 30-39 lat | 00:00:26 | 00:00:35 | 00:22:29 | 00:45:14 |
| 210 | **WOJCIECHOWSKA Klaudia** | **468** | TEAM ZABIEGANEDNI | K3 40-49 lat | 00:00:07 | 00:00:30 | 00:22:49 | 00:45:15 |
| 211 | **KONARSKI Maciej** | **490** | DOGOŃ GRODZISK MAZOWIECKI | M2 30-39 lat | 00:00:08 | 00:00:29 | 00:22:48 | 00:45:15 |
| 212 | **SMOLEŃSKI Piotr** | **330** | TRUCHT TARCHOMIN TEAM | M4 50-59 | 00:00:12 | 00:00:29 | 00:22:34 | 00:45:16 |
| 213 | **TRZASKOWSKI Dariusz** | **381** | TRUCHT TARCHOMIN TEAM | M3 40-49 lat | 00:00:13 | 00:00:29 | 00:22:34 | 00:45:17 |
| 214 | **CICHOŃSKA Elżbieta** | **49** | TRUCHT TARCHOMIN TEAM | K4 50-59 lat | 00:00:11 | 00:00:31 | 00:22:35 | 00:45:18 |
| 215 | **KILIAŃSKI Rafał** | **162** | TRUCHT TARCHOMIN TEAM | M3 40-49 lat | 00:00:12 | 00:00:30 | 00:22:34 | 00:45:19 |
| 216 | **SZULAWSKI Robert** | **363** | GSD. ŻOLIBORZ. | M4 50-59 | 00:00:08 | 00:00:30 | 00:22:39 | 00:45:22 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 217 | **ZUBELEWICZ-JERUZALSKA Anna** | **472** | | K2 30-39 lat | 00:00:14 | 00:00:34 | 00:22:34 | 00:45:22 |
| 218 | **KUFLOWSKI Artur** | **199** | JW.3411 | M3 40-49 lat | 00:00:28 | 00:00:37 | 00:22:52 | 00:45:22 |
| 219 | **LEŃCZUK Andrzej** | **440** | | M4 50-59 | 00:00:23 | 00:00:33 | 00:22:25 | 00:45:23 |
| 220 | **TOMCZAK Andrzej** | **522** | | M1 < 29 lat | 00:00:13 | 00:00:27 | 00:22:08 | 00:45:24 |
| 221 | **JĘDRACHOWICZ Agnieszka** | **140** | | K2 30-39 lat | 00:00:27 | 00:00:35 | 00:23:05 | 00:45:26 |
| 222 | **TODORSKI Tomasz** | **375** | | M3 40-49 lat | 00:00:19 | 00:00:33 | 00:23:07 | 00:45:28 |
| 223 | **WILEŃSKI Zbigniew** | **398** | GRUPA BIEGOWA UM W-WA | M4 50-59 | 00:00:27 | 00:00:36 | 00:22:58 | 00:45:28 |
| 224 | **PYTKA Andrzej** | **297** | | M4 50-59 | 00:00:44 | 00:00:36 | 00:22:43 | 00:45:30 |
| 225 | **KWIATKOWSKI Tomasz** | **204** | | M3 40-49 lat | 00:00:43 | 00:00:37 | 00:22:43 | 00:45:31 |
| 226 | **DALECKI Łukasz** | **536** | NASIELSK BASZTA TEAM | M2 30-39 lat | 00:00:22 | 00:00:35 | 00:22:47 | 00:45:32 |
| 227 | **GONTARZ Mateusz** | **484** | | M2 30-39 lat | 00:00:41 | 00:00:36 | 00:23:32 | 00:45:33 |
| 228 | **MALINOWSKI Mikołaj** | **530** | | M3 40-49 lat | 00:00:05 | 00:00:25 | 00:22:54 | 00:45:35 |
| 229 | **NOGAL Robert** | **253** | | M2 30-39 lat | 00:00:24 | 00:00:35 | 00:22:08 | 00:45:35 |
| 230 | **SYPNIEWSKI Tomasz** | **353** | EMO OI | M2 30-39 lat | 00:00:37 | 00:00:37 | 00:22:29 | 00:45:35 |
| 231 | **WACH Michał** | **387** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:22 | 00:00:36 | 00:23:12 | 00:45:38 |
| 232 | **TRZASKOWSKA Justyna** | **462** | | K2 30-39 lat | 00:00:43 | 00:00:35 | 00:23:15 | 00:45:38 |
| 233 | **FIGIEL Michał** | **80** | AMATORSKI KLUB ŻUŻLOWY | M1 < 29 lat | 00:00:18 | 00:00:32 | 00:22:09 | 00:45:40 |
| 234 | **BARAN Przemysław** | **23** | | M1 < 29 lat | 00:00:36 | 00:00:34 | 00:22:55 | 00:45:40 |
| 235 | **GÓRECKI Krzysztof** | **110** | | M3 40-49 lat | 00:00:43 | 00:00:38 | 00:23:06 | 00:45:40 |
| 236 | **KADUK Łukasz** | **542** | CEZAR | M2 30-39 lat | 00:00:00 | 00:00:51 | 00:23:00 | 00:45:41 |
| 237 | **WIŚNIEWSKI Tomasz** | **403** | KPMG RUNNING TEAM | M3 40-49 lat | 00:00:25 | 00:00:34 | 00:23:09 | 00:45:48 |
| 238 | **STARZYŃSKI Piotr** | **506** | | M2 30-39 lat | 00:00:31 | 00:00:34 | 00:23:22 | 00:45:51 |
| 239 | **KASKA Mateusz** | **158** | | M2 30-39 lat | 00:00:35 | 00:00:37 | 00:23:26 | 00:45:52 |
| 240 | **ZWOLIŃSKI Grzegorz** | **422** | REEBOK RUN CREW | M3 40-49 lat | 00:00:31 | 00:00:34 | 00:23:11 | 00:45:53 |
| 241 | **WIŚNIEWSKI Paweł** | **404** | ŁOMIANKOWSKA GRUPA BIEGOWA | M3 40-49 lat | 00:00:07 | 00:00:27 | 00:22:01 | 00:45:58 |
| 242 | **PŁÓCIENNIK Renata** | **290** | NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | K4 50-59 lat | 00:00:25 | 00:00:33 | 00:22:52 | 00:46:00 |
| 243 | **BĄK Łukasz** | **25** | AGD WRONIAK | M2 30-39 lat | 00:00:33 | 00:00:32 | 00:23:15 | 00:46:04 |
| 244 | **BORAWSKA Emilia** | **34** | | K2 30-39 lat | 00:00:28 | 00:00:34 | 00:23:06 | 00:46:07 |
| 245 | **CZAJKA Justyna** | **57** | | K3 40-49 lat | 00:00:21 | 00:00:36 | 00:22:57 | 00:46:08 |
| 246 | **BARTNIK Rafał** | **24** | | M3 40-49 lat | 00:00:16 | 00:00:31 | 00:22:30 | 00:46:12 |
| 247 | **GRZESZCZYK Michał** | **118** | EKOBIEGI | M2 30-39 lat | 00:00:17 | 00:00:38 | 00:23:10 | 00:46:12 |
| | **KOŁOSOWSKI Piotr** | **434** | KUNGFU PANDA TEAM | M2 30-39 lat | DNF | 00:00:38 DNF | 00:23:17 DNF | 00:46:12 DNF |
| 249 | **JAROŃ Jarosław** | **133** | KOKOSZKA36TEAM | M3 40-49 lat | 00:00:18 | 00:00:35 | 00:22:59 | 00:46:13 |
| 250 | **MYŚLIŃSKA Anna** | **1** | EKOBIEGI | K3 40-49 lat | 00:00:15 | 00:00:32 | 00:23:05 | 00:46:14 |
| 251 | **JABŁONKA Radosław** | **128** | DZIADY OCR | M3 40-49 lat | 00:00:20 | 00:00:34 | 00:23:04 | 00:46:14 |
| 252 | **GÓRECKI Rajmund** | **109** | | M3 40-49 lat | 00:00:36 | 00:00:36 | 00:23:19 | 00:46:27 |
| 253 | **MĘDRZYCKI Mirosław** | **232** | PARKRUN BRÓDNO | M4 50-59 | 00:00:01 | 00:00:22 | 00:23:00 | 00:46:33 |
| 254 | **GRYCNER Paweł** | **116** | | M2 30-39 lat | 00:00:23 | 00:00:34 | 00:22:50 | 00:46:35 |
| 255 | **STASIAK Piotr** | **340** | | M2 30-39 lat | 00:00:38 | 00:00:36 | 00:23:41 | 00:46:40 |
| 256 | **MALINOWSKI Mariusz** | **220** | | M2 30-39 lat | 00:00:39 | 00:00:36 | 00:23:40 | 00:46:40 |
| 257 | **SUCHOCKA Monika** | **525** | | K2 30-39 lat | 00:00:02 | 00:00:27 | 00:23:04 | 00:46:46 |
| 258 | **BAKUŁA Wiesław** | **517** | WAMPIR | M4 50-59 | 00:00:04 | 00:00:27 | 00:23:19 | 00:46:52 |
| 259 | **ŁĘCKI Tomasz** | **211** | | M3 40-49 lat | 00:00:20 | 00:00:32 | 00:23:06 | 00:47:00 |
| 260 | **SOPYŁO Stefan** | **334** | | M2 30-39 lat | 00:00:26 | 00:00:35 | 00:23:59 | 00:47:04 |
| 261 | **PARADOWSKI Andrzej** | **275** | | M3 40-49 lat | 00:00:52 | 00:00:33 | 00:23:31 | 00:47:04 |
| 262 | **SKOWRON Wojciech** | **543** | | M4 50-59 | 00:00:46 | 00:00:39 | 00:24:06 | 00:47:08 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 263 | **HARTMAN Łukasz** | **123** | OFF-ROAD RUNNERS BENEFIT SYSTEMS | M2 30-39 lat | 00:00:24 | 00:00:36 | 00:23:16 | 00:47:10 |
| 264 | **KULESZA Agnieszka** | **439** | TRUCHT TARCHOMIN TEAM | K1 < 29 lat | 00:00:15 | 00:00:34 | 00:23:50 | 00:47:11 |
| 265 | **SOCHACKI Mariusz** | **332** | | M3 40-49 lat | 00:00:15 | 00:00:32 | 00:23:25 | 00:47:13 |
| 266 | **NIEDZIELA Dominik** | **249** | | M3 40-49 lat | 00:00:50 | 00:00:37 | 00:24:28 | 00:47:14 |
| 267 | **AMROZIK Anna** | **13** | | K2 30-39 lat | 00:00:32 | 00:00:38 | 00:23:44 | 00:47:15 |
| 268 | **GODLEWSKI Daniel** | **99** | | M2 30-39 lat | 00:00:41 | 00:00:37 | 00:23:11 | 00:47:20 |
| 269 | **KORYCKI Karol** | **175** | | M2 30-39 lat | 00:00:21 | 00:00:45 | 00:26:11 | 00:47:21 |
| 270 | **RODAK Zbigniew** | **303** | | M4 50-59 | 00:00:25 | 00:00:36 | 00:24:26 | 00:47:30 |
| 271 | **DOMAŃSKI Piotr** | **428** | | M2 30-39 lat | 00:00:05 | 00:00:30 | 00:24:15 | 00:47:36 |
| 272 | **SKRZYŃSKI Adam** | **327** | | M1 < 29 lat | 00:00:32 | 00:00:39 | 00:24:13 | 00:47:36 |
| 273 | **BORUSZEWSKI Maciej** | **35** | | M3 40-49 lat | 00:00:13 | 00:00:34 | 00:24:00 | 00:47:40 |
| 274 | **MĘDEL Cezary** | **230** | | M3 40-49 lat | 00:00:19 | 00:00:37 | 00:24:11 | 00:47:48 |
| 275 | **MĘDEL Marta** | **231** | | K3 40-49 lat | 00:00:18 | 00:00:37 | 00:24:12 | 00:47:49 |
| 276 | **ZDUNIAK Marcin** | **516** | BIEGAM NA TARCHOMINIE | M2 30-39 lat | 00:00:42 | 00:00:36 | 00:24:18 | 00:47:50 |
| 277 | **NOWAK Karolina** | **255** | | K2 30-39 lat | 00:00:03 | 00:00:28 | 00:23:46 | 00:47:53 |
| 278 | **GALIŃSKA Magdalena** | **91** | WARSZAWSKI ZAUŁEK | K2 30-39 lat | 00:00:40 | 00:00:36 | 00:23:54 | 00:47:58 |
| 279 | **SMOCZYK Hubert** | **329** | WARSZAWSKI ZAUŁEK | M2 30-39 lat | 00:00:40 | 00:00:37 | 00:23:54 | 00:47:58 |
| 280 | **MAJEWSKA Hanna** | **219** | BIEGAM NA TARCHOMINIE | K2 30-39 lat | 00:00:21 | 00:00:34 | 00:23:39 | 00:48:01 |
| 281 | **CHOJNOWSKI Andrzej** | **47** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:23 | 00:00:35 | 00:24:23 | 00:48:03 |
| 282 | **JAROSZ-PIWONSKA Aldona** | **134** | | K3 40-49 lat | 00:00:51 | 00:00:33 | 00:23:52 | 00:48:12 |
| 283 | **OLESIAK Arkadiusz** | **265** | BIEGAM NA TARCHOMINIE | M3 40-49 lat | 00:00:19 | 00:00:37 | 00:24:36 | 00:48:13 |
| 284 | **NOSARZEWSKI Mariusz** | **254** | | M3 40-49 lat | 00:00:20 | 00:00:37 | 00:24:10 | 00:48:16 |
| 285 | **KULIK Karol** | **539** | | M3 40-49 lat | 00:00:37 | 00:00:37 | 00:25:09 | 00:48:20 |
| 286 | **ŻAK Oliwia** | **423** | PIASECZNO RUNNING | K2 30-39 lat | 00:00:43 | 00:00:37 | 00:24:00 | 00:48:20 |
| 287 | **BRZOSKA Małgorzata** | **427** | BRACTWO BIEGOWE BGK | K3 40-49 lat | 00:00:04 | 00:00:28 | 00:23:42 | 00:48:21 |
| 288 | **KARWOWSKA Mariusz** | **156** | GRUPA BIEGOWA UM W-WA | M3 40-49 lat | 00:00:26 | 00:00:35 | 00:24:24 | 00:48:25 |
| 289 | **ANDRUKIEWICZ Anita** | **14** | GRUPA BIEGOWA CHTMO | K2 30-39 lat | 00:00:25 | 00:00:37 | 00:24:25 | 00:48:26 |
| 290 | **ANTONOWICZ Maciek** | **15** | DEAF RUNNING | M2 30-39 lat | 00:00:30 | 00:00:37 | 00:25:13 | 00:48:35 |
| 291 | **MARCZAK Grażyna** | **223** | LECZO TEAM | K5 60 + | 00:00:36 | 00:00:36 | 00:24:27 | 00:48:39 |
| 292 | **KARASIEWICZ Katarzyna** | **154** | | K3 40-49 lat | 00:00:17 | 00:00:34 | 00:24:15 | 00:48:40 |
| 293 | **STĘPIŃSKA Anna** | **343** | | K1 < 29 lat | 00:00:26 | 00:00:35 | 00:24:45 | 00:48:46 |
| 294 | **KOSEWSKA Dorota** | **176** | BIEGAM NA TARCHOMINIE | K4 50-59 lat | 00:00:22 | 00:00:36 | 00:24:35 | 00:48:50 |
| 295 | **KOZIATEK Mariusz** | **186** | | M3 40-49 lat | 00:00:23 | 00:00:36 | 00:24:54 | 00:48:55 |
| 296 | **BUKOWSKI Janusz** | **5** | STOWARZYSZENIE DAĆ SIEBIE INNYM | M5 60+ | 00:00:03 | 00:00:31 | 00:24:10 | 00:49:10 |
| 297 | **CIERNIAK Michał** | **50** | GRUPA BIEGOWA UM W-WA | M3 40-49 lat | 00:00:46 | 00:00:36 | 00:25:02 | 00:49:14 |
| 298 | **LACH Adrian** | **205** | TRICLUB | M3 40-49 lat | 00:00:12 | 00:00:33 | 00:23:02 | 00:49:18 |
| 299 | **TRZASKOWSKA Joanna** | **380** | TRUCHT TARCHOMIN TEAM | K2 30-39 lat | 00:00:34 | 00:00:38 | 00:24:34 | 00:49:21 |
| 300 | **MATWIEJ Adam** | **443** | ADAM MATWIEJ | M2 30-39 lat | 00:00:44 | 00:00:37 | 00:24:55 | 00:49:21 |
| 301 | **HERNIK Jacek** | **126** | BABABARANEK RUNNERS | M5 60+ | 00:00:43 | 00:00:38 | 00:25:02 | 00:49:23 |
| 302 | **KUNKA Piotr** | **201** | TEAM ZABIEGANEDNI | M2 30-39 lat | 00:00:20 | 00:00:34 | 00:25:00 | 00:49:27 |
| 303 | **DZIDECZEK Marcin** | **74** | TEAM ZABIEGANEDNI | M2 30-39 lat | 00:00:20 | 00:00:33 | 00:25:00 | 00:49:27 |
| 304 | **KONIECZNY Piotr** | **172** | | M2 30-39 lat | 00:00:44 | 00:00:37 | 00:24:52 | 00:49:32 |
| 305 | **KRZYSIAK Aneczka** | **190** | | K3 40-49 lat | 00:00:39 | 00:00:38 | 00:24:13 | 00:49:36 |
| 306 | **FABISIAK Damian** | **429** | | M2 30-39 lat | 00:00:14 | 00:00:32 | 00:23:26 | 00:49:37 |
| 307 | **DZIEPAK Piotr** | **75** | 1. BLTR | M2 30-39 lat | 00:00:26 | 00:00:36 | 00:24:35 | 00:49:37 |
| 308 | **KOWALCZYK Mateusz** | **183** | | M1 < 29 lat | 00:00:40 | 00:00:34 | 00:24:42 | 00:49:40 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 309 | **REGUCKI Ryszard** | **301** | | M3 40-49 lat | 00:00:36 | 00:00:31 | 00:24:34 | 00:49:42 |
| 310 | **PIRÓG Kamil** | **288** | 1. OREL | M2 30-39 lat | 00:00:28 | 00:00:38 | 00:25:38 | 00:49:47 |
| 311 | **WEBER Agata** | **393** | JACEKBIEGA RUNNING TEAM | K3 40-49 lat | 00:00:00 | 00:01:03 | 00:24:46 | 00:49:49 |
| 312 | **SAŁAJCZYK Sylwester** | **452** | | M4 50-59 | 00:00:34 | 00:00:38 | 00:25:08 | 00:49:49 |
| 313 | **KOLASA Paulina** | **168** | KLUB GORDONA I GINY | K2 30-39 lat | 00:00:38 | 00:00:35 | 00:24:37 | 00:49:51 |
| 314 | **ZDUŃSKI Jarosław** | **414** | | M4 50-59 | 00:00:22 | 00:00:38 | 00:24:29 | 00:49:52 |
| 315 | **GADOMSKA Małgorzata** | **88** | NW CZŁAPSKI TEAM | K3 40-49 lat | 00:00:14 | 00:00:36 | 00:24:56 | 00:49:54 |
| 316 | **SELERSKI Krzysztof** | **319** | MARCIN.BIZ | M4 50-59 | 00:00:58 | 00:00:28 | 00:24:33 | 00:49:59 |
| 317 | **BOJAR Paweł** | **33** | | M3 40-49 lat | 00:00:23 | 00:00:36 | 00:25:21 | 00:50:01 |
| 318 | **WIDERA Tomasz** | **395** | KOKOSZKA36TEAM | M2 30-39 lat | 00:00:40 | 00:00:35 | 00:25:21 | 00:50:11 |
| 319 | **RYBARCZYK Kamil** | **311** | | M2 30-39 lat | 00:00:46 | 00:00:38 | 00:26:15 | 00:50:12 |
| 320 | **PEPŁAWSKA Małgorzata** | **282** | III ZKSS SR LEGIONOWO | K2 30-39 lat | 00:00:09 | 00:00:29 | 00:24:40 | 00:50:14 |
| 321 | **ŁOZIŃSKI Piotr** | **494** | BRACTWO BIEGOWE BGK | M3 40-49 lat | 00:00:11 | 00:00:34 | 00:25:17 | 00:50:14 |
| 322 | **CIEŚLIŃSKI Dariusz** | **52** | DARIOS | M3 40-49 lat | 00:00:18 | 00:00:37 | 00:24:24 | 00:50:19 |
| 323 | **KOMOROWSKI Piotrek** | **435** | | M2 30-39 lat | 00:00:10 | 00:00:29 | 00:24:47 | 00:50:26 |
| 324 | **BIDZINSKI Krzysztof** | **31** | LEBIEGI | M3 40-49 lat | 00:00:29 | 00:00:38 | 00:25:14 | 00:50:35 |
| 325 | **WALIGÓRSKI Krzysztof** | **463** | MARKOWI BIEGACZE | M4 50-59 | 00:00:27 | 00:00:37 | 00:26:05 | 00:50:43 |
| 326 | **ADAMCZUK Agnieszka** | **11** | MARKOWI BIEGACZE | K3 40-49 lat | 00:00:27 | 00:00:37 | 00:26:05 | 00:50:43 |
| 327 | **SKIBIŃSKA Małgorzata** | **454** | ZOLWIKIERSI | K3 40-49 lat | 00:00:39 | 00:00:36 | 00:25:50 | 00:50:43 |
| 328 | **KRÓLIK Tomasz** | **188** | | M3 40-49 lat | 00:00:33 | 00:00:35 | 00:25:36 | 00:50:45 |
| 329 | **ZARĘBA Jarosław** | **410** | | M3 40-49 lat | 00:00:30 | 00:00:37 | 00:25:14 | 00:50:47 |
| 330 | **SZYMAŃSKI Paweł** | **365** | | M2 30-39 lat | 00:00:39 | 00:00:36 | 00:25:08 | 00:50:48 |
| 331 | **TELAKOWSKA Anita** | **374** | | K2 30-39 lat | 00:00:13 | 00:00:36 | 00:24:31 | 00:50:51 |
| 332 | **CHĄDZYŃSKI Marcin** | **46** | | M2 30-39 lat | 00:00:33 | 00:00:38 | 00:25:41 | 00:50:51 |
| 333 | **KLUZIAK Jarosław** | **165** | | M2 30-39 lat | 00:00:27 | 00:00:36 | 00:24:57 | 00:50:53 |
| 334 | **PANCEROW Marcin** | **449** | | M3 40-49 lat | 00:00:10 | 00:00:33 | 00:24:38 | 00:50:56 |
| 335 | **KRÓL Ryszard** | **187** | LUBLIN BIEGA | M4 50-59 | 00:00:25 | 00:00:36 | 00:25:32 | 00:51:04 |
| 336 | **NOWAKOWSKI Czesław** | **257** | KLUB. BIEGACZAGOCH | M5 60+ | 00:00:25 | 00:00:34 | 00:25:03 | 00:51:04 |
| 337 | **OSUCH Dorota** | **273** | NWST | K3 40-49 lat | 00:00:30 | 00:00:37 | 00:25:33 | 00:51:04 |
| 338 | **KWIATEK Jacek** | **203** | | M4 50-59 | 00:00:35 | 00:00:37 | 00:25:28 | 00:51:04 |
| 339 | **KOTLENGA Monika** | **181** | | K3 40-49 lat | 00:00:13 | 00:00:33 | 00:25:24 | 00:51:09 |
| 340 | **GROBEREK Monika** | **113** | | K3 40-49 lat | 00:00:22 | 00:00:34 | 00:25:49 | 00:51:13 |
| 341 | **DĘBSKA Joanna** | **65** | | K2 30-39 lat | 00:00:32 | 00:00:39 | 00:25:37 | 00:51:15 |
| 342 | **NOBERT Marta** | **252** | CYTRYNOWI STUDENCI | K3 40-49 lat | 00:00:09 | 00:00:34 | 00:25:39 | 00:51:23 |
| 343 | **WALCZAK Dariusz** | **389** | CYTRYNOWI STUDENCI | M3 40-49 lat | 00:00:09 | 00:00:35 | 00:25:39 | 00:51:23 |
| 344 | **WĄSIK Izabela** | **392** | | K3 40-49 lat | 00:00:31 | 00:00:37 | 00:25:59 | 00:51:23 |
| 345 | **DĄBROWSKI Andrzej** | **62** | | M5 60+ | 00:00:09 | 00:00:36 | 00:25:39 | 00:51:25 |
| 346 | **GONET Katarzyna** | **105** | | K3 40-49 lat | 00:00:28 | 00:00:38 | 00:26:00 | 00:51:25 |
| 347 | **MAZUR Jowita** | **229** | FUNKCJONUJ | K3 40-49 lat | 00:00:28 | 00:00:39 | 00:26:01 | 00:51:25 |
| 348 | **ŁOZOWSKA Aneta** | **212** | | K3 40-49 lat | 00:00:29 | 00:00:38 | 00:26:00 | 00:51:25 |
| 349 | **RZEPLIŃSKA Dorota** | **500** | | K3 40-49 lat | 00:00:11 | 00:00:31 | 00:25:33 | 00:51:29 |
| 350 | **JERZAK Eryk** | **139** | | M4 50-59 | 00:00:45 | 00:00:36 | 00:25:36 | 00:51:30 |
| 351 | **ŁUCAK Piotr** | **213** | OSTRÓW BIEGA | M2 30-39 lat | 00:00:19 | 00:00:35 | 00:26:16 | 00:51:34 |
| 352 | **BARAN Wojciech** | **22** | | M1 < 29 lat | 00:00:36 | 00:00:35 | 00:25:52 | 00:51:37 |
| 353 | **KŁOS Anna** | **166** | PO PROSTU MY | K3 40-49 lat | 00:00:42 | 00:00:38 | 00:26:38 | 00:51:40 |
| 354 | **FIJAŁKOWSKI Michał** | **81** | PO PROSTU MY | M3 40-49 lat | 00:00:42 | 00:00:38 | 00:26:39 | 00:51:40 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 355 | **GÓRSKI Krzysztof** | **111** | | M3 40-49 lat | 00:00:13 | 00:00:33 | 00:25:13 | 00:51:42 |
| 356 | **SWIETLIK Magdalena** | **351** | | K2 30-39 lat | 00:00:29 | 00:00:38 | 00:26:09 | 00:51:44 |
| 357 | **KMIEĆ Agnieszka** | **489** | | K2 30-39 lat | 00:00:32 | 00:00:38 | 00:25:58 | 00:51:46 |
| 358 | **TROJANEK Edyta** | **378** | WWW.SENSORYBEAUTY.PL | K3 40-49 lat | 00:00:16 | 00:00:35 | 00:26:10 | 00:51:47 |
| 359 | **GOLENIEWSKI Patryk** | **482** | 1992 | M1 < 29 lat | 00:00:16 | 00:00:33 | 00:25:17 | 00:51:52 |
| 360 | **ADAMOWSKA Barbara** | **12** | | K3 40-49 lat | 00:00:24 | 00:00:36 | 00:26:04 | 00:52:08 |
| 361 | **RZEPKA Mirek** | **313** | AKTYWNI BIEGACZE | M4 50-59 | 00:00:31 | 00:00:34 | 00:25:48 | 00:52:18 |
| 362 | **NOWOSIELSKI Tomasz** | **260** | HERO | M4 50-59 | 00:00:29 | 00:00:39 | 00:25:24 | 00:52:24 |
| 363 | **ZIEŃ Agnieszka** | **419** | | K2 30-39 lat | 00:00:45 | 00:00:40 | 00:26:39 | 00:52:33 |
| 364 | **ŚWISTOWSKA Anna** | **370** | | K2 30-39 lat | 00:00:17 | 00:00:34 | 00:25:50 | 00:52:34 |
| 365 | **SIKORSKI Michał** | **535** | EKO BIEGI | M3 40-49 lat | 00:00:51 | 00:00:37 | 00:26:32 | 00:52:51 |
| 366 | **SIKORSKA Agnieszka** | **504** | EKOBIEGI | K3 40-49 lat | 00:00:50 | 00:00:37 | 00:26:33 | 00:52:54 |
| 367 | **BĄK Hubert** | **27** | | M1 < 29 lat | 00:00:30 | 00:00:38 | 00:26:07 | 00:52:58 |
| 368 | **RACZKOWSKA Dorota** | **299** | BRACTWO BIEGOWE BGK | K3 40-49 lat | 00:00:12 | 00:00:33 | 00:26:07 | 00:53:00 |
| 369 | **BĄK Andrzej** | **26** | | M4 50-59 | 00:00:30 | 00:00:38 | 00:26:07 | 00:53:05 |
| 370 | **GRACZYK Roman** | **112** | | M3 40-49 lat | 00:00:18 | 00:00:38 | 00:26:09 | 00:53:11 |
| 371 | **BRZEZICKI Michał** | **39** | | M2 30-39 lat | 00:00:39 | 00:00:36 | 00:26:24 | 00:53:16 |
| 372 | **SIERZPUTOWSKA Ewa** | **323** | SIE_BIEGA | K4 50-59 lat | 00:00:34 | 00:00:37 | 00:26:40 | 00:53:39 |
| 373 | **BEDNARZAK Tadeusz** | **28** | YULO RUN TEAM SIEDLCE | M5 60+ | 00:00:37 | 00:00:37 | 00:26:42 | 00:53:40 |
| 374 | **TOMASZEWSKA Mariola** | **376** | WATAHA ŁĄCZY NAS BIEGANIE | K4 50-59 lat | 00:00:28 | 00:00:38 | 00:26:46 | 00:53:51 |
| 375 | **NIEZGODA Ewa** | **251** | NIEZGODNIKI | K3 40-49 lat | 00:00:07 | 00:00:32 | 00:26:50 | 00:53:54 |
| 376 | **STANKIEWICZ Malgorzata** | **336** | | K2 30-39 lat | 00:00:32 | 00:00:38 | 00:26:35 | 00:53:55 |
| 377 | **DŁUŻNIEWSKI Tomasz** | **66** | | M3 40-49 lat | 00:00:46 | 00:00:37 | 00:26:56 | 00:53:57 |
| 378 | **JACHOWICZ Łukasz** | **129** | | M2 30-39 lat | 00:00:46 | 00:00:37 | 00:26:35 | 00:53:57 |
| 379 | **JERUZAL Jacek** | **138** | TUPTUŚ OTWOCK | M4 50-59 | 00:00:05 | 00:00:32 | 00:26:39 | 00:53:59 |
| 380 | **KULAK Paweł** | **200** | | M3 40-49 lat | 00:00:31 | 00:00:38 | 00:26:49 | 00:54:03 |
| 381 | **KOWALSKI Kamil** | **185** | CYTRYNOWI STUDENCI | M2 30-39 lat | 00:00:48 | 00:00:39 | 00:27:29 | 00:54:10 |
| 382 | **PAWŁOWSKI Jakub** | **280** | CYTRYNOWI STUDENCI | M2 30-39 lat | 00:00:48 | 00:00:39 | 00:27:29 | 00:54:11 |
| 383 | **SOBCZAK Anna** | **456** | M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS | K3 40-49 lat | 00:00:38 | 00:00:36 | 00:26:55 | 00:54:27 |
| 384 | **FRENKEL Marek** | **87** | | M4 50-59 | 00:00:48 | 00:00:39 | 00:27:31 | 00:54:29 |
| 385 | **STRACHOCKA Anna** | **344** | GRUPA BIEGOWA UM W-WA | K5 60 + | 00:00:42 | 00:00:36 | 00:27:15 | 00:54:31 |
| 386 | **PETRYCKI Marcin** | **283** | PUMP!T | M3 40-49 lat | 00:00:11 | 00:00:35 | 00:27:59 | 00:54:43 |
| 387 | **RUCIŃSKA Jolanta** | **308** | NASIELSK BASZTA TEAM | K2 30-39 lat | 00:00:22 | 00:00:35 | 00:27:41 | 00:54:51 |
| 388 | **STAŃCZYK Zofia** | **339** | | K1 < 29 lat | 00:00:49 | 00:00:37 | 00:27:17 | 00:54:55 |
| 389 | **ZAWADKA Agnieszka** | **411** | | K3 40-49 lat | 00:00:48 | 00:00:38 | 00:27:31 | 00:55:06 |
| 390 | **JAWORSKA Joanna** | **136** | | K2 30-39 lat | 00:00:28 | 00:00:38 | 00:26:47 | 00:55:28 |
| 391 | **ZYGMUNT Natalia** | **473** | | K1 < 29 lat | 00:00:13 | 00:00:36 | 00:27:14 | 00:55:42 |
| 392 | **KAWKA Andrzej** | **159** | | M5 60+ | 00:00:45 | 00:00:38 | 00:27:49 | 00:55:47 |
| 393 | **ROMANOWSKA Ewa** | **451** | KUNGFU PANDA | K2 30-39 lat | 00:00:39 | 00:00:38 | 00:28:03 | 00:56:28 |
| 394 | **KAMIONOWSKI Mariusz-Jacek** | **152** | MORSY OSTROŁĘKA | M4 50-59 | 00:00:06 | 00:00:32 | 00:25:45 | 00:56:40 |
| 395 | **ROSZAK Waldemar** | **306** | BIEGAM NA ZIELONEJ BIAŁOŁĘCE | M4 50-59 | 00:01:01 | 00:00:27 | 00:27:26 | 00:56:47 |
| 396 | **WINDER Agnieszka** | **399** | | K2 30-39 lat | 00:00:29 | 00:00:36 | 00:27:39 | 00:56:53 |
| 397 | **SZAFRAN Beata** | **355** | PUMP!T | K3 40-49 lat | 00:00:11 | 00:00:36 | 00:28:09 | 00:56:55 |
| 398 | **PAWEŁEK Krzysztof** | **279** | PO PROSTU MY | M3 40-49 lat | 00:00:43 | 00:00:37 | 00:28:14 | 00:57:07 |
| 399 | **HAJKOWICZ Dorota** | **541** | | K3 40-49 lat | 00:00:00 | 00:00:36 | 00:26:58 | 00:57:11 |
| 400 | **STAŃCZYK Grzegorz** | **338** | | M4 50-59 | 00:00:49 | 00:00:37 | 00:28:27 | 00:57:15 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 401 | **CHOŁUJ Agata** | **48** | PO PROSTU MY | K3 40-49 lat | 00:00:42 | 00:00:37 | 00:28:15 | 00:57:19 |
| 402 | **KUCICKI Krzysztof** | **196** | | M3 40-49 lat | 00:00:05 | 00:00:26 | 00:26:22 | 00:57:23 |
| 403 | **ŁĄCKA Ilona** | **210** | BIAŁOŁĘKA JEST KOBIETĄ | K3 40-49 lat | 00:00:17 | 00:00:37 | 00:28:15 | 00:57:31 |
| 404 | **ŁUKASIEWICZ Robert** | **216** | KOKOSZKA36TEAM | M3 40-49 lat | 00:00:40 | 00:00:36 | 00:28:18 | 00:58:05 |
| 405 | **ŁUCZAK Małgorzata** | **215** | RUNNERSI ZE SKARBKA | K3 40-49 lat | 00:00:34 | 00:00:39 | 00:28:50 | 00:58:20 |
| 406 | **ŁUCZAK Piotr** | **214** | PKO BANK POLSKI | M3 40-49 lat | 00:00:34 | 00:00:39 | 00:28:50 | 00:58:21 |
| 407 | **WASZKIEWICZ Marta** | **464** | WASZKA TEAM | K3 40-49 lat | 00:00:12 | 00:00:36 | 00:28:41 | 00:58:38 |
| 408 | **SOJKA Łukasz** | **333** | | M2 30-39 lat | 00:00:33 | 00:00:38 | 00:28:44 | 00:58:55 |
| 409 | **SIEKIERKO Łukasz** | **322** | | M2 30-39 lat | 00:00:06 | 00:00:26 | 00:39:35 | 00:58:59 |
| 410 | **SALAMON Kinga** | **314** | | K2 30-39 lat | 00:00:46 | 00:00:36 | 00:27:43 | 00:59:43 |
| 411 | **KOCHAN Piotr** | **167** | ZABIEGANY WOŁOMIN | M2 30-39 lat | 00:00:39 | 00:00:37 | 00:29:59 | 00:59:45 |
| 412 | **GŁOWACKA Elżbieta** | **98** | TEAM ZABIEGANEDNI | K5 60 + | 00:00:30 | 00:00:39 | 00:29:07 | 00:59:51 |
| 413 | **LEZNER Karolina** | **208** | KURATOR ZAWODOWY | K1 < 29 lat | 00:00:36 | 00:00:37 | 00:28:40 | 01:00:13 |
| 414 | **CZARNECKI Piotr** | **60** | TARCHOŚFIRY | M2 30-39 lat | 00:00:17 | 00:00:33 | 00:29:08 | 01:00:26 |
| 415 | **KASIERSKA Ewa Katarzyna** | **157** | WKB META LUBLINIEC | K5 60 + | 00:00:33 | 00:00:38 | 00:30:13 | 01:01:14 |
| 416 | **GÓRECKA Anna** | **108** | | K3 40-49 lat | 00:00:14 | 00:00:36 | 00:30:09 | 01:01:15 |
| 417 | **CIEŚLAK Pawel** | **51** | SLOWJOGGING BIAŁOŁEKA | M4 50-59 | 00:01:05 | 00:00:42 | 00:35:43 | 01:01:19 |
| 418 | **GOJAN Joanna** | **537** | VEGE RUNNERS | K1 < 29 lat | 00:00:41 | 00:00:38 | 00:30:49 | 01:02:03 |
| 419 | **JANKOWSKA Agnieszka** | **132** | NASIELSK BASZTA TEAM | K3 40-49 lat | 00:00:20 | 00:21:59 | 00:43:30 | 01:04:47 |
| 420 | **JURKOWSKA Irena** | **526** | | K5 60 + | 00:00:37 | 00:00:39 | 00:32:15 | 01:04:50 |
| 421 | **NASKRĘT Mariusz** | **247** | | M3 40-49 lat | 00:00:45 | 00:00:39 | 00:32:16 | 01:05:01 |
| 422 | **WARZECHA Jolanta** | **390** | BIEGAM NA TARCHOMINIE | K2 30-39 lat | 00:00:54 | 00:00:36 | 00:31:31 | 01:05:12 |
| 423 | **DOBOSZ Marek** | **67** | | M3 40-49 lat | 00:00:55 | 00:00:36 | 00:31:31 | 01:05:13 |
| 424 | **WOŹNIAK Barbara** | **524** | KS LIMANOWA FORREST | K5 60 + | 00:00:08 | 00:00:40 | 00:32:45 | 01:05:19 |
| 425 | **WIŚNIEWSKA Katarzyna** | **402** | INDYWIDUALISTKA | K3 40-49 lat | 00:00:14 | 00:00:36 | 00:32:28 | 01:05:32 |
| 426 | **DUDA Kamil** | **70** | | M1 < 29 lat | 00:00:39 | 00:00:38 | 00:31:42 | 01:05:48 |
| 427 | **MADEJEK Jacek** | **441** | ZABIEGANI PO USZY | M2 30-39 lat | 00:00:51 | 00:00:37 | 00:32:23 | 01:07:51 |
| 428 | **TENDERENDA Natalia** | **461** | | K2 30-39 lat | 00:00:48 | 00:00:38 | 00:35:10 | 01:11:27 |
| 429 | **KOZŁOWSKI Robert** | **519** | CHUDY BYK | M1 < 29 lat | 00:00:50 | 00:00:39 | 00:46:52 | 01:13:14 |
| 430 | **SZCZEPKOWSKI Przemysław** | **508** | | M2 30-39 lat | 00:00:00 | 00:39:17 | | |
| 431 | **NOWAK Bartłomiej** | **256** | | M3 40-49 lat | 00:00:03 | 00:00:27 | 00:43:14 | |
| 432 | **BOGUSZ Agnieszka** | **32** | CYTRYNOWI STUDENCI | K3 40-49 lat | 00:00:07 | 00:00:37 | 00:39:55 | |
| 433 | **SZOT Agnieszka** | **362** | CYTRYNOWI STUDENCI | K3 40-49 lat | 00:00:08 | 00:00:36 | 00:39:54 | |
| 434 | **ANUSZKIEWICZ Włodzimierz** | **16** | | M4 50-59 | 00:00:08 | 00:00:32 | 00:36:39 | |
| 435 | **MIŚTA Grzegorz** | **100** | FRONTIS | M3 40-49 lat | 00:00:10 | 00:00:35 | 00:28:05 | |
| 436 | **MAREK Roman** | **225** | | M4 50-59 | 00:00:10 | 00:00:29 | 00:23:21 | |
| 437 | **KILKOWSKI Jarosław** | **164** | | M4 50-59 | 00:00:10 | 00:00:31 | 00:26:37 | |
| 438 | **KILKOWSKA Joanna** | **163** | | K4 50-59 lat | 00:00:10 | 00:00:31 | 00:28:41 | |
| 439 | **MIKOŁAJCZYK Małgorzata** | **238** | | K3 40-49 lat | 00:00:12 | 00:00:37 | 00:28:38 | |
| 440 | **DYMEL Piotr** | **481** | 12TRI.PL | M5 60+ | 00:00:15 | 00:00:37 | 00:28:18 | |
| 441 | **STYKOWSKA Wiktoria** | **547** | TARKOŚWIRY | K1 < 29 lat | 00:00:15 | 00:00:36 | 00:31:03 | |
| 442 | **STYKOWSKA Beata** | **347** | TARCHOŚFIRY | K2 30-39 lat | 00:00:16 | 00:00:36 | 00:31:02 | |
| 443 | **STYKOWSKA Zosia** | **546** | TARKOŚWIRY | K1 < 29 lat | 00:00:16 | 00:00:36 | 00:29:09 | |
| 444 | **RADWAN-PYTLEWSKI Paweł** | **300** | FUNDACJA MORSY WOŁOMIN-KOBYŁKA | M2 30-39 lat | 00:00:16 | 00:00:37 | 00:33:20 | |
| 445 | **MIKULIK Piotr** | **239** | | M2 30-39 lat | 00:00:17 | 00:00:35 | 00:27:26 | |
| 446 | **NACZULSKI Witold** | **244** | GRUPA BIEGOWA UM W-WA | M2 30-39 lat | 00:00:26 | 00:00:39 | 00:28:17 | |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 0.1km | 4.4km | 8.7km |
|---|---|---|---|---|---|---|---|---|
| 447 | **OSTASZEWSKI Wojciech** | **271** | WERKUS RUNNERS | M2 30-39 lat | 00:00:27 | 00:00:37 | 00:23:39 | |
| 448 | **UCHROŃSKA Justyna** | **512** | | K2 30-39 lat | 00:00:29 | 00:00:42 | 00:29:32 | |
| 449 | **ZYGMUNT Kamil** | **527** | | M2 30-39 lat | 00:00:31 | 00:00:40 | 00:29:30 | |
| 450 | **DUCH Emil** | **69** | JB WARSAW | M2 30-39 lat | 00:00:36 | 00:00:38 | 00:23:48 | |
| 451 | **PIETRAS Tomasz** | **285** | NASIELSK BASZTA TEAM | M3 40-49 lat | 00:00:38 | 00:00:38 | 00:24:38 | |
| 452 | **BAJOREK Jacek** | **19** | MARKOWI BIEGACZE | M3 40-49 lat | 00:00:38 | 00:00:37 | 00:28:05 | |
| 453 | **DYMEL Andrzej** | **72** | MARKOWI BIEGACZE | M5 60+ | 00:00:38 | 00:00:37 | 00:30:00 | |
| 454 | **KĘPCZYŃSKI Janusz** | **161** | KB OŻARÓW MAZOWIECKI BIEGA | M5 60+ | 00:00:42 | 00:00:38 | 00:30:20 | |
| 455 | **KOLEBSKA Mirosława** | **169** | | K4 50-59 lat | 00:00:42 | 00:00:38 | 00:33:40 | |
| 456 | **ZIELIŃSKI Paweł** | **417** | BRAK | M2 30-39 lat | 00:00:42 | 00:00:37 | 00:29:50 | |
| 457 | **NOWORYTA Jacek** | **259** | ASA TEAM BIEGIEM PO ZDROWIE | M5 60+ | 00:00:43 | 00:00:36 | 00:30:46 | |
| 458 | **ARTYMIUK Olaf** | **17** | | M2 30-39 lat | 00:00:44 | 00:00:38 | 00:29:10 | |
| 459 | **KOMOŃ Maciej** | **171** | | M2 30-39 lat | 00:00:44 | 00:00:38 | 00:27:46 | |
| 460 | **SOSNÓWKA Magdalena** | **335** | | K3 40-49 lat | 00:00:45 | 00:00:39 | 00:32:17 | |
| 461 | **KRAWCZYK Karolina** | **544** | | K2 30-39 lat | 00:00:47 | 00:00:38 | 00:43:42 | |
| 462 | **WILCZYŃSKA Małgorzata** | **545** | | K3 40-49 lat | 00:00:47 | 00:00:38 | 00:43:42 | |
| 463 | **SKRZYDŁOWSKA-KALUKIN Katarzyna** | **326** | SLOWJOGGING BIAŁOŁĘKA | K4 50-59 lat | 00:01:06 | 00:00:41 | 00:35:43 | |
| 464 | **KAMIŃSKI Waldemar** | **433** | | M4 50-59 | 00:01:08 | 00:00:39 | 00:35:42 | |
| | **OSTASZEWSKI Marek** | **270** | | M2 30-39 lat | DNF | 00:00:37 DNF | 00:23:37 DNF | DNF |
| | **BANAŚ Malwina** | **20** | PUSTELNIK | K2 30-39 lat | DNF | 00:00:33 DNF | 00:23:04 DNF | DNF |
| | **SCHILLER Monika** | **317** | SLOW JOGGING BIAŁOŁĘKA | K4 50-59 lat | DNF | 00:00:37 DNF | 00:28:37 DNF | DNF |
| | **ŻÓŁCIŃSKI Waldemar** | **424** | GRUPA BIEGOWA UM W-WA | M5 60+ | DNF | 00:00:37 DNF | 00:27:04 DNF | DNF |
| | **KERNER Agnieszka** | **160** | GRUPA BIEGOWA UM W-WA | K4 50-59 lat | DNF | 00:00:37 DNF | 00:27:16 DNF | DNF |
| | **NIEWCZAS Zdzisław** | **532** | | M5 60+ | DNF | 00:00:32 DNF | 00:38:02 DNF | DNF |
| | **TERZONI Karina** | **600** | VIRTUAL RUNNERS CLUB | K2 30-39 lat | DNF | 00:00:33 DNF | 00:23:42 DNF | DNF |
| | **GAŁUSZKA Katarzyna** | **93** | KOKOSZKA36TEAM | K2 30-39 lat | DNF | 00:00:37 DNF | 00:26:15 DNF | DNF |
| | **PYL Karolina** | **296** | | K1 < 29 lat | DNF | 00:00:44 DNF | 00:26:19 DNF | DNF |
| | **JÓZWIK Robert** | **142** | HARX TEAM | M3 40-49 lat | DNF | 00:00:36 DNF | 00:24:17 DNF | DNF |
| | **DOMAŃSKI Jacek Expedyt** | **68** | WKB META LUBLINIEC | M5 60+ | DNF | 00:00:52 DNF | 00:41:24 DNF | DNF |
| | **SZCZEPAŃSKA DUDA Monika** | **358** | | K3 40-49 lat | DNF | 00:00:36 DNF | 00:26:17 DNF | DNF |
| | **ZIELIŃSKA Aleksandra** | **470** | KOKOSZKA36TEAM | K2 30-39 lat | DNF | 00:00:37 DNF | 00:25:48 DNF | DNF |
| | **BUDNIK Stanisław** | **479** | NASIELSK BASZTA TEAM | M1 < 29 lat | DNF | 00:00:39 DNF | 00:30:00 DNF | DNF |
| | **OSTASZEWSKI Marcin** | **272** | | M2 30-39 lat | DNF | 00:00:37 DNF | 00:23:03 DNF | DNF |
| | **OLSZEWSKA Mariola** | **268** | RAZEM DLA BIAŁOŁĘKI | K3 40-49 lat | DNF | 00:00:36 DNF | 00:26:17 DNF | DNF |
| | **TYBURC Paweł** | **548** | | M3 40-49 lat | DNF | 01:09:11 DNF | DNF | DNF |
| | **UZIĘBŁO Wiesław** | **555** | SDP | M5 60+ | DNF | 00:00:48 DNF | 01:24:06 DNF | DNF |

Znaleziono 482 wynik(ów)