

**Organizator:** Urząd Dzielnicy Białołęka m.st. Warszawa  
**Data:** 2022-12-11  
**Miejsce:** Warszawa  
**Dystans:** 13 km

Klasyfikacja: M4 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkańcy Białołęki	Pracownicy Służby Więziennej	0.2km	4.4km	8.7km	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	<b>SIEPIETOWSKI Piotr</b>	<b>387</b>	LS AIRPORT RUN WARSZAWA	M4 50-59	1			00:00:23	00:18:01	00:35:51	<b>00:53:34.85</b>	<b>00:53:34.85</b>		4:07	14.6
2	<b>MAJCHRZAK Sławomir</b>	<b>277</b>	UKS TYCHÓW STARY	M4 50-59	2			00:00:26	00:18:46	00:37:53	<b>00:57:10.65</b>	<b>00:57:10.65</b>	+00:03:35	4:23	13.6
3	<b>ŚWIERCZ Jacek</b>	<b>455</b>	BYLEDOBIEC ANIN	M4 50-59	3			00:00:33	00:20:39	00:41:28	<b>01:02:01.60</b>	<b>01:02:01.60</b>	+00:08:26	4:46	12.6
4	<b>OSTAPIŃSKI Wojtek</b>	<b>335</b>	OSTRESROKI	M4 50-59	4			00:00:58	00:21:44	00:42:01	<b>01:02:06.30</b>	<b>01:02:06.30</b>	+00:08:31	4:46	12.6
5	<b>MACIEJEWSKI Stanisław</b>	<b>275</b>	WPRUNNING	M4 50-59	5			00:00:26	00:20:45	00:41:39	<b>01:02:43.35</b>	<b>01:02:43.35</b>	+00:09:08	4:49	12.4
6	<b>JAKUBOWSKI Dariusz</b>	<b>148</b>	BIEGAM SOBIE	M4 50-59	6			00:00:31	00:20:39	00:41:41	<b>01:02:46.10</b>	<b>01:02:46.10</b>	+00:09:11	4:49	12.4
7	<b>KAKOLECKI Michał</b>	<b>174</b>		M4 50-59	7	Yes		00:01:02	00:22:30	00:43:34	<b>01:04:09.00</b>	<b>01:04:09.00</b>	+00:10:34	4:56	12.2
8	<b>CHARLEJ Ireneusz</b>	<b>60</b>		M4 50-59	8			00:00:36	00:22:22	00:44:29	<b>01:06:19.70</b>	<b>01:06:19.70</b>	+00:12:44	5:06	11.8
9	<b>RAPCZYŃSKI Witold</b>	<b>547</b>		M4 50-59	9			00:00:53	00:22:28	00:44:37	<b>01:06:43.55</b>	<b>01:06:43.55</b>	+00:13:08	5:07	11.7
10	<b>OWOC Tomasz</b>	<b>338</b>	PKO BANK POLSKI / NEW BALANCE RUN CLUB	M4 50-59	10			00:00:43	00:22:09	00:44:24	<b>01:06:47.70</b>	<b>01:06:47.70</b>	+00:13:12	5:08	11.7
11	<b>KANIA Paweł</b>	<b>182</b>	BIEGAM NA TARCHOMINIE	M4 50-59	11	Tak		00:01:08	00:23:04	00:45:19	<b>01:07:56.35</b>	<b>01:07:56.35</b>	+00:14:21	5:13	11.5
12	<b>CELIŃSKI Tomasz</b>	<b>236</b>		M4 50-59	12			00:00:49	00:23:40	00:46:18	<b>01:08:00.75</b>	<b>01:08:00.75</b>	+00:14:25	5:13	11.5
13	<b>RODAK Zbigniew</b>	<b>367</b>		M4 50-59	13			00:01:29	00:24:51	00:46:51	<b>01:08:15.50</b>	<b>01:08:15.50</b>	+00:14:40	5:15	11.4
14	<b>GWIZDAŁA Cezary</b>	<b>135</b>		M4 50-59	14	Tak		00:00:30	00:22:50	00:46:01	<b>01:09:19.30</b>	<b>01:09:19.30</b>	+00:15:44	5:19	11.3
15	<b>WALIGÓRSKI Krzysztof</b>	<b>477</b>	MARKOWI BIEGACZE	M4 50-59	15			00:00:51	00:24:13	00:47:01	<b>01:09:25.05</b>	<b>01:09:25.05</b>	+00:15:50	5:20	11.2
16	<b>PTASIŃSKI Piotr</b>	<b>362</b>		M4 50-59	16			00:00:47	00:24:02	00:47:51	<b>01:11:07.50</b>	<b>01:11:07.50</b>	+00:17:32	5:28	11
17	<b>SOBCZAK Bogusław</b>	<b>404</b>	M.I.L.A.	M4 50-59	17			00:00:56	00:24:04	00:47:07	<b>01:11:09.00</b>	<b>01:11:09.00</b>	+00:17:34	5:28	11
18	<b>GIL Wojciech</b>	<b>114</b>	TEAM ZABIEGANEDNI	M4 50-59	18			00:00:36	00:23:06	00:46:48	<b>01:11:38.40</b>	<b>01:11:38.40</b>	+00:18:03	5:30	10.9
19	<b>GÓRAL Tadeusz</b>	<b>119</b>	KKB	M4 50-59	19			00:00:31	00:24:50	00:48:20	<b>01:11:44.00</b>	<b>01:11:44.00</b>	+00:18:09	5:31	10.9
20	<b>WIŚNIEWSKI Tomasz</b>	<b>488</b>		M4 50-59	20			00:01:09	00:25:27	00:49:02	<b>01:12:02.70</b>	<b>01:12:02.70</b>	+00:18:27	5:32	10.8

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						Mieszkańcy Białoleęki	Służby Więziennej								
21	<b>KOSMALA Dariusz</b>	<b>223</b>		M4 50-59	21			00:00:45	00:24:54	00:49:29	<b>01:14:12.45</b>	<b>01:14:12.45</b>	+00:20:37	5:42	10.5
22	<b>ŚWIDERSKI Darek</b>	<b>453</b>	POLYPHARM	M4 50-59	22			00:00:49	00:24:18	00:48:39	<b>01:15:06.90</b>	<b>01:15:06.90</b>	+00:21:32	5:46	10.4
23	<b>MIŁOSZ Marek</b>	<b>301</b>		M4 50-59	23	Tak		00:01:25	00:25:53	00:50:25	<b>01:15:09.40</b>	<b>01:15:09.40</b>	+00:21:34	5:46	10.4
24	<b>ZAKRZEWSKI Marek</b>	<b>439</b>		M4 50-59	24			00:01:03	00:28:15	00:52:02	<b>01:15:33.45</b>	<b>01:15:33.45</b>	+00:21:58	5:48	10.3
25	<b>SUCHODOLSKI Mariusz</b>	<b>426</b>	BIEGIEM NA KAWĘ	M4 50-59	25	Tak		00:01:27	00:26:45	00:51:43	<b>01:15:35.70</b>	<b>01:15:35.70</b>	+00:22:00	5:48	10.3
26	<b>WIECZOREK Dariusz</b>	<b>482</b>		M4 50-59	26			00:03:26	00:28:14	00:52:42	<b>01:16:05.95</b>	<b>01:16:05.95</b>	+00:22:31	5:51	10.3
27	<b>BUJNICKI Kazimierz</b>	<b>58</b>	MORSY ZIELONKA	M4 50-59	27			00:00:50	00:25:52	00:51:32	<b>01:16:10.95</b>	<b>01:16:10.95</b>	+00:22:36	5:51	10.2
28	<b>BAKUŁA Wiesław</b>	<b>23</b>	WAMPIR	M4 50-59	28	Tak		00:00:32	00:24:46	00:50:13	<b>01:16:26.25</b>	<b>01:16:26.25</b>	+00:22:51	5:52	10.2
29	<b>BAK Andrzej</b>	<b>34</b>		M4 50-59	29			00:00:57	00:25:12	00:50:41	<b>01:17:18.55</b>	<b>01:17:18.55</b>	+00:23:43	5:56	10.1
30	<b>SZULAWSKI Robert</b>	<b>440</b>	GSD.RUNNERS.	M4 50-59	30			00:00:57	00:27:09	00:55:01	<b>01:21:14.30</b>	<b>01:21:14.30</b>	+00:27:39	6:14	9.6
31	<b>KOSTRZEWSKI Piotr</b>	<b>224</b>		M4 50-59	31			00:01:29	00:27:55	00:54:42	<b>01:22:01.80</b>	<b>01:22:01.80</b>	+00:28:26	6:18	9.5
32	<b>JOŃCZYK Stanisław</b>	<b>166</b>		M4 50-59	32			00:01:10	00:28:21	00:55:43	<b>01:23:07.25</b>	<b>01:23:07.25</b>	+00:29:32	6:23	9.4
33	<b>MIASTOWSKI Rafał</b>	<b>18</b>	SŁOŃ B	M4 50-59	33			00:01:23	00:29:21	00:57:17	<b>01:23:56.45</b>	<b>01:23:56.45</b>	+00:30:21	6:27	9.3
34	<b>PRĘGOWSKI Grzegorz</b>	<b>359</b>	EKOBIEGI	M4 50-59	34			00:00:57	00:28:01	00:56:23	<b>01:25:42.05</b>	<b>01:25:42.05</b>	+00:32:07	6:35	9.1
35	<b>SZOSTAKOWSKI Jarosław</b>	<b>2</b>		M4 50-59	35			00:01:22	00:31:26	01:03:15	<b>01:37:29.40</b>	<b>01:37:29.40</b>	+00:43:54	7:29	8
	<b>OLKOWSKI Robert</b>	<b>326</b>		M4 50-59				00:01:19 DNF	00:28:22 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KOSIATY Jarosław</b>	<b>221</b>	RÓBMY SWOJE	M4 50-59				00:00:55 DNF	00:30:32 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>RÓŻAŃSKI Robert</b>	<b>421</b>		M4 50-59		Tak		00:00:57 DNF	00:33:09 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KUPIEC Robert</b>	<b>248</b>	ŚWIĘTOKRZYSCY KURATORZY	M4 50-59			Tak	00:00:53 DNF	00:40:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KRUPINIEWICZ Antoni</b>	<b>238</b>		M4 50-59				00:01:30 DNF	00:41:35 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-
	<b>KAMIŃSKI Waldemar</b>	<b>179</b>	SLOW JOGGING BIAŁOLEKA	M4 50-59		Tak		00:01:41 DNF	00:44:02 DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	-

Znaleziono 41 wynik(ów)