

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa
Data: 2022-12-11
Miejsce: Warszawa
Dystans: 13 km

Klasyfikacja: M5 60+

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Pracownicy | | 0.2km | 4.4km | 8.7km | Czas netto 13km | Czas brutto 13km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|---------------------------------|-----------|------|-------------------------|----------------------|----------|----------|----------|--------------------|---------------------|-----------|-----------------|---------------|
| | | | | | | Mieszkańcy Białołęki | Stużby Więziennej | | | | | | | | |
| 1 | FALANDYSZ Janusz | 93 | WPRUNNING PRUSZKÓW | M5 60+ | 1 | | | 00:00:25 | 00:19:07 | 00:38:08 | 00:57:20.70 | 00:57:20.70 | | 4:24 | 13.6 |
| 2 | NOWOCIEŃ Jacek | 320 | UCZNIOWSKI KLUB SPORTOWY RUSIEC | M5 60+ | 2 | | | 00:00:25 | 00:19:11 | 00:38:33 | 00:57:46.30 | 00:57:46.30 | +00:00:25 | 4:26 | 13.5 |
| 3 | DALGIEWICZ Dariusz | 78 | | M5 60+ | 3 | | | 00:00:26 | 00:20:15 | 00:40:37 | 01:01:06.05 | 01:01:06.05 | +00:03:45 | 4:42 | 12.8 |
| 4 | PLUTA Ireneusz | 350 | | M5 60+ | 4 | Tak | | 00:00:24 | 00:20:19 | 00:41:20 | 01:01:56.55 | 01:01:56.55 | +00:04:35 | 4:45 | 12.6 |
| 5 | KODA Eugeniusz | 210 | TEAM ZABIEGANEDNI | M5 60+ | 5 | | | 00:00:26 | 00:20:30 | 00:41:52 | 01:03:24.25 | 01:03:24.25 | +00:06:03 | 4:52 | 12.3 |
| 6 | WOTLIŃSKI Andrzej | 494 | UKSM EKIPA MBIELACHY KIELCE | M5 60+ | 6 | | | 00:00:34 | 00:21:01 | 00:42:17 | 01:03:46.85 | 01:03:46.85 | +00:06:26 | 4:54 | 12.2 |
| 7 | BABIUCH Marek | 20 | RUN LOG | M5 60+ | 7 | Tak | Tak | 00:00:43 | 00:21:42 | 00:43:44 | 01:05:55.20 | 01:05:55.20 | +00:08:34 | 5:04 | 11.8 |
| 8 | WOJAS Tadeusz | 491 | ROZBIEGANY PIASTÓW | 70+ | 1 | | | 00:00:55 | 00:24:13 | 00:47:20 | 01:10:11.40 | 01:10:11.40 | +00:12:50 | 5:23 | 11.1 |
| 9 | MIKINA Artur | 298 | GUNS N' ROSES RUN TEAM | M5 60+ | 8 | | | 00:00:40 | 00:24:41 | 00:48:50 | 01:13:22.60 | 01:13:22.60 | +00:16:01 | 5:38 | 10.6 |
| 10 | WYRWAS Tadeusz | 504 | PGP SPORTOWA PACZKA | M5 60+ | 9 | | | 00:01:03 | 00:25:53 | 00:50:17 | 01:14:04.55 | 01:14:04.55 | +00:16:43 | 5:41 | 10.5 |
| 11 | OGRODNICZUK Józef | 323 | | M5 60+ | 10 | | | 00:01:11 | 00:26:06 | 00:50:47 | 01:15:48.05 | 01:15:48.05 | +00:18:27 | 5:49 | 10.3 |
| 12 | TELEGA Janusz | 456 | WAT | M5 60+ | 11 | | | 00:01:07 | 00:26:10 | 00:51:24 | 01:16:57.75 | 01:16:57.75 | +00:19:37 | 5:55 | 10.1 |
| 13 | MUCHA Grzegorz | 310 | | M5 60+ | 12 | Tak | | 00:01:02 | 00:26:28 | 00:51:36 | 01:17:47.70 | 01:17:47.70 | +00:20:27 | 5:59 | 10 |
| 14 | MAREK Roman | 284 | GUNS & ROSES RUN TEAM | M5 60+ | 13 | | | 00:00:44 | 00:25:57 | 00:52:31 | 01:19:00.85 | 01:19:00.85 | +00:21:40 | 6:04 | 9.9 |
| 15 | OSIŃSKI Stanisław | 332 | | 70+ | 3 | | | 00:00:48 | 00:27:30 | 00:54:03 | 01:19:55.80 | 01:19:55.80 | +00:22:35 | 6:08 | 9.8 |
| 16 | CYBULSKI Adam | 72 | RWKLL | M5 60+ | 14 | | | 00:00:48 | 00:25:39 | 00:51:46 | 01:20:04.50 | 01:20:04.50 | +00:22:43 | 6:09 | 9.7 |
| 17 | SUWALD Andrzej | 429 | | M5 60+ | 15 | | | 00:01:16 | 00:28:20 | 00:55:42 | 01:22:57.25 | 01:22:57.25 | +00:25:36 | 6:22 | 9.4 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Pracownicy | | 0.2km | 4.4km | 8.7km | Czas netto 13km | Czas brutto 13km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-----------------------|-----------|------|-------------------------|----------------------|-----------------|-----------------|-----------------|--------------------|---------------------|-----------|-----------------|---------------|
| | | | | | | Mieszkańcy Białołęki | Służby Więziennej | | | | | | | | |
| 18 | BEBNOWICZ Andrzej | 37 | | M5 60+ | 16 | | | 00:01:24 | 00:28:25 | 00:56:14 | 01:24:01.75 | 01:24:01.75 | +00:26:41 | 6:27 | 9.3 |
| 19 | JERZAK Eryk | 162 | | M5 60+ | 17 | | | 00:01:22 | 00:28:25 | 00:56:14 | 01:26:54.15 | 01:26:54.15 | +00:29:33 | 6:41 | 9 |
| 20 | BEDNARZAK Tadeusz | 38 | YULO RUN TEAM SIEDLCE | M5 60+ | 18 | | | 00:01:23 | 00:31:16 | 01:02:00 | 01:32:53.60 | 01:32:53.60 | +00:35:32 | 7:08 | 8.4 |
| 21 | KAWKA Andrzej | 196 | | M5 60+ | 19 | | | 00:01:28 | 00:31:23 | 01:02:34 | 01:34:49.50 | 01:34:49.50 | +00:37:28 | 7:17 | 8.2 |
| 22 | JAROS Arkadiusz | 158 | VEGE RUNNERS | M5 60+ | 20 | | | 00:01:06 | 00:31:59 | 01:03:51 | 01:37:53.45 | 01:37:53.45 | +00:40:32 | 7:31 | 8 |
| 23 | WTOREK Mirostaw | 501 | | M5 60+ | 21 | Tak | | 00:00:43 | 00:34:46 | 01:10:40 | 01:46:02.05 | 01:46:02.05 | +00:48:41 | 8:09 | 7.4 |
| | SOKOŁOWSKI Marian | 410 | SAMOTNY WILK | 70+ | | | | 00:00:43 DNF | 00:28:44 DNF | 01:00:03 DNF | DNF | DNF | - | - | - |
| | NOWOSIELSKI Tomasz | 322 | HERO | M5 60+ | | | | 00:01:25 DNF | 00:31:18 DNF | 01:02:36 DNF | DNF | DNF | - | - | - |
| | FREITES Luis | 543 | | M5 60+ | | | | 00:00:30 DNF | 00:24:56 DNF | DNF | DNF | DNF | - | - | - |
| | CZECHOWSKI Jerzy | 74 | MZA - WARSZAWA | 70+ | | | | 00:00:53 DNF | 00:38:34 DNF | DNF | DNF | DNF | - | - | - |
| | NIEWCZAS Zdzisław | 525 | | 70+ | | Tak | | 00:01:34 DNF | 00:42:59 DNF | DNF | DNF | DNF | - | - | - |

Znaleziono 28 wynik(ów)