



Dolnośląski Festiwal Biegów Górskich
Fundacja MARATONY GÓRSKIE
2022-07-14
Łądek-Zdrój
240 km

B4SPORT

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	A2 32km	A3 47km	A4 64km	A5 81km	A6 100km	A7 112km	A8 130km	A9 145km	A11 170km	A13 203km	A15 228km	Czas netto 240km	Czas brutto 240km	Różn	Tempo min/km	Tempo km/h
1	KOZŁOWSKI Leszek	1321	LESZ NO LIMITS RUNNERS	Weteran I M - 50	1	01:29:31	05:51:46	08:23:07	10:44:58	13:29:29	16:19:49	17:56:48	20:53:00	24:07:44	28:30:39	34:34:05	39:10:22	40:40:31.95	40:41:29.70		10:10	5.9 (100%)
2	KOCIUMBAS Bartosz	1023	KB SOBÓTKA	Weteran I M - 50	2	01:15:49	04:59:26	07:30:17	10:05:29	12:57:08	15:58:02	17:37:38	20:46:25	24:08:48	28:46:47	35:24:18	41:18:01	43:23:39.30	43:23:55.85	+02:42:26 (6.2%)	10:50	5.5 (93.2%)
3	SOSNOWSKI Michał	1172	PGB SPORTOWA PACZKA	Weteran I M - 50	3	01:24:34	05:22:57	07:55:41	10:31:32	13:04:56	15:50:31	17:26:25	20:24:35	24:13:42	29:44:25	37:22:47	43:07:34	44:44:39.60	44:45:23.45	+04:03:53 (9.1%)	11:11	5.4 (91.5%)
4	LEWANDOWSKI Janusz	1042		Weteran I M - 50	4	01:25:07	06:05:42	08:52:43	11:35:55	14:28:26	17:45:18	19:39:58	23:01:53	26:48:08	32:01:59	38:06:48	43:33:22	45:18:45.20	45:19:18.75	+04:37:49 (10.2%)	11:19	5.3 (89.8%)
5	SZYMCZYK Michał	1072	DRUŻYNA CHROBREGO	Weteran I M - 50	5	01:40:51	06:28:59	09:24:32	12:03:29	14:56:43	18:20:14	20:22:00	23:40:47	27:04:10	32:04:24	38:15:07	43:50:02	45:29:47.85	45:30:52.50	+04:49:22 (10.6%)	11:22	5.3 (89.8%)
6	ZYŚKO Tomasz	1287	MILA	Weteran I M - 50	6	01:17:59	05:39:34	08:36:51	11:06:14	13:53:35	17:03:42	18:46:36	21:59:04	25:28:14	31:39:41	39:01:37	45:05:54	47:02:22.70	47:02:30.60	+06:21:00 (13.5%)	11:45	5.1 (86.4%)
7	LENART Artur	1059	ZADYSZKA OŚWIECIM	Weteran I M - 50	7	01:32:04	05:51:13	08:37:33	11:15:35	14:06:45	17:07:25	18:58:47	22:32:10	26:02:14	32:06:02	39:07:53	45:02:48	47:07:40.20	47:08:27.45	+06:26:57 (13.7%)	11:46	5.1 (86.4%)
8	SPECJALSKI Przemysław	1043		Weteran I M - 50	8	01:44:23	06:53:33	09:53:35	12:42:00	15:41:50	19:00:11	21:03:01	24:28:52	28:05:05	34:21:16	40:50:53	47:37:53	49:46:30.45	49:47:31.10	+09:06:01 (18.3%)	12:26	4.8 (81.4%)
9	MIELNIK Krzysztof	1090	LESZ NO LIMITS RUNNERS	Weteran I M - 50	9	01:33:21	06:26:41	09:24:47	12:08:34	15:13:47	18:24:32	20:25:36	23:56:19	28:20:15	34:46:08	41:47:45	48:06:30	50:03:57.60	50:04:57.80	+09:23:28 (18.8%)	12:30	4.8 (81.4%)
10	LIK Marek	1317	CHEŁM BIEGA	Weteran I M - 50	10	01:23:43	06:07:41	09:22:04	12:16:09	14:55:50	18:14:03	20:20:44	23:49:05	27:51:04	32:49:14	41:26:49	47:50:46	50:16:24.10	50:16:59.45	+09:35:29 (19.1%)	12:34	4.8 (81.4%)
11	BLĄCHOWIAK Mariusz	1179	MARATON LESZNO	Weteran I M - 50	11	01:22:46	05:22:45	07:56:02	10:26:24	13:13:53	16:21:22	18:49:34	22:43:02	27:19:20	32:39:24	41:26:51	48:36:42	50:50:19.50	50:50:46.95	+10:09:17 (20.0%)	12:42	4.7 (79.7%)
12	POMASKI Paweł	1002	DOGOŃ GRODZISK MAZOWIECKI	Weteran I M - 50	12	01:34:33	06:14:49	09:14:52	11:51:48	15:08:28	18:32:08	20:34:10	24:01:41	28:07:15	34:19:04	42:47:59	48:57:54	51:03:29.10	51:05:09.70	+10:23:40 (20.3%)	12:45	4.7 (79.7%)
13	PAPROCKI Wiesław	1113		Weteran I M - 50	13	01:35:37	06:51:45	10:12:34	13:16:40	16:16:40	19:48:54	21:48:43	25:19:25	29:27:16	35:53:38	43:35:59	49:34:15	51:46:51.25	51:48:18.80	+11:06:49 (21.5%)	12:56	4.6 (78.0%)</

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	LAKOWSKI Sylwester	1275	P&G RUNNING TEAM	Weteran I M - 50		01:17:36 DNF	05:25:21 DNF	08:20:29 DNF	11:09:30 DNF	14:29:33 DNF	17:46:20 DNF	20:05:47 DNF	24:24:11 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BIAŁEK Adam	1151		Weteran I M - 50		01:47:33 DNF	06:58:28 DNF	10:07:07 DNF	12:49:40 DNF	15:40:23 DNF	18:54:26 DNF	20:56:56 DNF	24:29:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PAWLAK Maciej	1200	3TEAM KONIN/MPEC KONIN	Weteran I M - 50		01:31:14 DNF	06:59:16 DNF	09:53:07 DNF	12:25:43 DNF	15:56:08 DNF	19:44:07 DNF	22:06:35 DNF	24:55:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ADAMOWYCZ Bogusław	1065	BOJADELSKA BRAĆ BIEGOWA	Weteran I M - 50		01:34:22 DNF	06:39:36 DNF	09:54:24 DNF	12:45:35 DNF	15:43:11 DNF	19:14:43 DNF	21:17:30 DNF	24:57:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ZAKROCZYMSKI Michał	1350		Weteran I M - 50		01:33:36 DNF	06:05:41 DNF	08:28:57 DNF	11:02:46 DNF	14:19:08 DNF	17:53:32 DNF	20:03:54 DNF	25:10:57 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ŻUROWSKI Marcin	1012		Weteran I M - 50		01:35:21 DNF	06:20:21 DNF	09:32:03 DNF	12:32:37 DNF	15:41:19 DNF	19:35:18 DNF	21:51:19 DNF	25:24:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	URBAŃSKI Dariusz	1138		Weteran I M - 50		01:40:47 DNF	06:46:43 DNF	09:51:06 DNF	12:47:29 DNF	15:58:37 DNF	19:40:43 DNF	21:48:51 DNF	25:31:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	OSSOWSKI Arkadiusz	1217	KASZUBI LUZINO	Weteran I M - 50		01:41:18 DNF	06:46:45 DNF	09:51:09 DNF	12:47:38 DNF	15:59:12 DNF	19:40:46 DNF	21:49:27 DNF	25:31:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	DATA Tomasz	1185	HRMAX ŻORY	Weteran I M - 50		01:46:38 DNF	06:50:42 DNF	09:53:23 DNF	12:42:37 DNF	15:51:24 DNF	19:22:33 DNF	21:43:46 DNF	25:35:35 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PLANETORZ Marek	1214		Weteran I M - 50		01:39:44 DNF	07:06:44 DNF	10:17:44 DNF	13:12:11 DNF	16:16:41 DNF	19:49:47 DNF	22:17:55 DNF	25:45:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	DOLIŃSKI Tomasz	1097	UMAWIANIENABIEGANIE TEAM	Weteran I M - 50		01:37:35 DNF	06:51:12 DNF	10:14:11 DNF	13:17:54 DNF	16:17:25 DNF	20:10:00 DNF	22:19:54 DNF	25:49:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	LENARTOWICZ Adam	1326		Weteran I M - 50		01:53:07 DNF	07:15:26 DNF	10:37:48 DNF	13:15:25 DNF	16:18:42 DNF	19:48:35 DNF	22:11:48 DNF	25:55:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ZARODA Zbigniew	1051	ALOHA DZIKU!_WKURW TEAM	Weteran I M - 50		01:10:08 DNF	05:57:00 DNF	09:27:30 DNF	12:40:52 DNF	16:28:36 DNF	20:22:29 DNF	22:35:42 DNF	25:56:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	KOWALEWSKI Robert	1309		Weteran I M - 50		01:55:24 DNF	07:21:41 DNF	10:27:46 DNF	13:40:28 DNF	16:32:24 DNF	20:38:48 DNF	22:50:23 DNF	26:50:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	ŁĄK Tomasz	1121	NOA	Weteran I M - 50		01:48:16 DNF	07:28:23 DNF	10:54:55 DNF	13:54:47 DNF	16:47:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	SZCZERBA Andrzej	1281	100 MCP	Weteran I M - 50		01:59:24 DNF	07:44:34 DNF	11:04:16 DNF	14:04:47 DNF	17:30:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	BIADASIEWICZ Andrzej	1204	HTF LUDWIK SIKORSKI	Weteran I M - 50		01:38:23 DNF	06:38:53 DNF	09:32:24 DNF	12:25:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	MUCHA Adam	1066	BIEGAJĄCE KREJZOLE	Weteran I M - 50		01:58:07 DNF	07:23:21 DNF	10:29:19 DNF	13:54:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	OLSZEWSKI Jarosław	1243	NIGHT RUNNERS	Weteran I M - 50		01:43:32 DNF	07:21:51 DNF	10:28:13 DNF	13:57:10 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	PAWŁOWICZ Przemysław	1069		Weteran I M - 50		01:47:44 DNF	06:54:37 DNF	10:21:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	KITLAS Dariusz	1361	BSB	Weteran I M - 50		01:38:34 DNF	07:41:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	DZIERKA Mariusz	1216		Weteran I M - 50		01:21:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	SZCZEPAŃSKI Jakub	1262		Weteran I M - 50		01:37:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	