



BIEG GŁÓWNY - 5KM

B4SPORT

Wydarzenie:

XIII Bieg Charytatywny im. chor. Kazimierza
Masiowskiego

Organizator:

Stowarzyszenie Sportowe Grupa Biegowa
Rundorfina, Gmina Czaplinek

Data:

2023-03-12

Miejsce:

Czaplinek

Dystans:

5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BALIŃSKI Karol	85	2 BRYGADA ZMECHANIZOWANA	M-Open	1	00:09:58	00:20:28.20		4:05	14.7 (100%)
2	CHMIELEWSKI Tomasz	92		M-Open	2	00:10:08	00:21:11.90	+00:00:43 (3.4%)	4:14	14.2 (96.6%)
3	BACHANEK Paweł	84		M-Open	3	00:10:39	00:21:26.90	+00:00:58 (4.6%)	4:17	14 (95.2%)
4	KUBIŚ Paweł	111		M-Open	4	00:10:51	00:22:11.55	+00:01:43 (7.8%)	4:26	13.5 (91.8%)
5	ZIELIŃSKI Emil	146	TEAMTERMINATORUN	M-Open	5	00:10:40	00:22:27.70	+00:01:59 (8.9%)	4:29	13.4 (91.2%)
6	BARAN Krzysztof	86		M-Open	6	00:11:04	00:22:49.10	+00:02:20 (10.3%)	4:33	13.1 (89.1%)
7	CHUPTYŚ Adrian	93	RUNDORFINA	M-Open	7	00:11:13	00:22:53.65	+00:02:25 (10.6%)	4:34	13.1 (89.1%)
8	SZLAPAK Krzysztof	135		M-Open	8	00:11:18	00:22:57.40	+00:02:29 (10.8%)	4:35	13.1 (89.1%)
9	ODWROT Hubert	122	3:33 TEAM	M-Open	9	00:11:34	00:23:10.80	+00:02:42 (11.7%)	4:38	12.9 (87.8%)
10	WIŚNIEWSKA Magdalena	144		K-Open	1	00:11:37	00:23:41.90	+00:03:13 (13.6%)	4:44	12.7 (86.4%)
11	OLKOWSKI Tomasz	124		M-Open	10	00:11:40	00:23:50.00	+00:03:21 (14.1%)	4:46	12.6 (85.7%)
12	ADASZYŃSKI Wiesław	81	BIEGOLAS KOSZALIN	M-Open	11	00:11:51	00:24:18.55	+00:03:50 (15.8%)	4:51	12.3 (83.7%)
13	KAPKOWSKI Paweł	104	EL TORO DE ORO	M-Open	12	00:12:02	00:24:24.80	+00:03:56 (16.2%)	4:52	12.3 (83.7%)
14	BENECKI Krzysztof	87		M-Open	13	00:12:03	00:24:26.50	+00:03:58 (16.2%)	4:53	12.3 (83.7%)

							Czas netto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km				
15	REDLICKI Piotr	126		M-Open	14	00:11:54	00:24:34.60	+00:04:06 (16.7%)	4:54	12.2 (83.0%)
16	SZCZUKOCKI Marcin	133	TEAM TERMINATORUN	M-Open	15	00:12:02	00:24:41.10	+00:04:12 (17.1%)	4:56	12.2 (83.0%)
17	SUBERLAK Damian	130	RUNDORFINA	M-Open	16	00:12:23	00:24:41.60	+00:04:13 (17.1%)	4:56	12.2 (83.0%)
18	SKRODZKI Paweł	129		M-Open	17	00:11:53	00:24:50.55	+00:04:22 (17.6%)	4:58	12.1 (82.3%)
19	KRYK Mirosław	110	AKTYWNY MARGONIN	M-Open	18	00:12:29	00:25:06.35	+00:04:38 (18.5%)	5:01	12 (81.6%)
20	KAŹMIERSKI Marcin	105	PCH_RUN	M-Open	19	00:12:17	00:25:14.75	+00:04:46 (18.9%)	5:02	11.9 (81.0%)
21	DEMSKI Tomasz	95	EAGLETEAM	M-Open	20	00:12:43	00:25:19.95	+00:04:51 (19.2%)	5:03	11.8 (80.3%)
22	HOFFMANN Małgorzata	158		K-Open	2	00:12:30	00:25:23.90	+00:04:55 (19.4%)	5:04	11.8 (80.3%)
23	GAŁAN Leszek	99		M-Open	21	00:12:47	00:25:33.65	+00:05:05 (19.9%)	5:06	11.7 (79.6%)
24	MACIEJEWSKA Katarzyna	115		K-Open	3	00:13:06	00:25:36.70	+00:05:08 (20.1%)	5:07	11.7 (79.6%)
25	BYLEWSKA Ewa	91	3:33 TEAM	K-Open	4	00:13:06	00:26:19.30	+00:05:51 (22.2%)	5:15	11.4 (77.6%)
26	SUDER-MAKSYMOWICZ Grzegorz	132		M-Open	22	00:13:07	00:26:21.45	+00:05:53 (22.3%)	5:16	11.4 (77.6%)
27	ADAMOWICZ Kinga	80		K-Open	5	00:13:04	00:26:36.45	+00:06:08 (23.1%)	5:19	11.3 (76.9%)
28	SIELATYCKA Olga	128	EL TORO DE ORO	K-Open	6	00:12:45	00:26:51.15	+00:06:22 (23.8%)	5:22	11.2 (76.2%)
29	OGONOWSKI Marek	123	OGON TEAM	M-Open	23	00:13:38	00:27:02.35	+00:06:34 (24.3%)	5:24	11.1 (75.5%)
30	KALINA Karol	103		M-Open	24	00:13:39	00:27:10.25	+00:06:42 (24.7%)	5:26	11 (74.8%)
31	OSTROWSKI Marian	159		M-Open	25	00:13:50	00:27:26.40	+00:06:58 (25.4%)	5:29	10.9 (74.1%)
32	MAZURSKI Paweł	118		M-Open	26	00:13:27	00:27:33.10	+00:07:04 (25.7%)	5:30	10.9 (74.1%)
33	BĄK Tomasz	194		M-Open	27	00:13:24	00:27:35.45	+00:07:07 (25.8%)	5:31	10.9 (74.1%)
34	SZKOPEK Krzysztof	134		M-Open	28	00:13:42	00:27:39.40	+00:07:11 (26.0%)	5:31	10.8 (73.5%)
35	ANTONIAK Krzysztof	82		M-Open	29	00:13:55	00:27:40.20	+00:07:12 (26.0%)	5:32	10.8 (73.5%)
36	GRABCZEWSKA Ewa	101		K-Open	7	00:13:39	00:27:40.65	+00:07:12 (26.0%)	5:32	10.8 (73.5%)
37	FEDOROWIAT-NOWACKA Małgorzata	97	EL TORO DE ORO	K-Open	8	00:13:47	00:27:59.55	+00:07:31 (26.9%)	5:35	10.7 (72.8%)

							Czas netto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km				
38	SUSKA Tomasz	151	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M-Open	30	00:13:47	00:27:59.65	+00:07:31 (26.9%)	5:35	10.7 (72.8%)
39	KILIJAŃSKI Andrzej	106		M-Open	31	00:13:58	00:28:04.70	+00:07:36 (27.1%)	5:36	10.7 (72.8%)
40	WOJTANEK Krzysztof	160		M-Open	32	00:13:47	00:28:44.25	+00:08:16 (28.8%)	5:44	10.4 (70.7%)
41	SZŁAPAK Beata	136		K-Open	9	00:14:36	00:28:51.60	+00:08:23 (29.1%)	5:46	10.4 (70.7%)
42	KOZAK Marta	108		K-Open	10	00:14:40	00:29:06.70	+00:08:38 (29.7%)	5:49	10.3 (70.1%)
43	TROJNAR Jarosław	139	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M-Open	33	00:14:05	00:29:22.60	+00:08:54 (30.3%)	5:52	10.2 (69.4%)
44	AUGUSTOWSKI Krzysztof	157		M-Open	34	00:15:49	00:29:31.30	+00:09:03 (30.7%)	5:54	10.2 (69.4%)
45	LUTYŃSKA Ewa	153		K-Open	11	00:14:15	00:29:34.00	+00:09:05 (30.8%)	5:54	10.1 (68.7%)
46	ZIMNICKI Tomasz	147		M-Open	35	00:15:23	00:30:05.50	+00:09:37 (32.0%)	6:01	10 (68.0%)
47	SZWAJA Maciej	138		M-Open	36	00:15:27	00:30:10.05	+00:09:41 (32.1%)	6:02	9.9 (67.3%)
48	NIEDZWIECKI Antoni	156	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M-Open	37	00:15:50	00:30:14.35	+00:09:46 (32.3%)	6:02	9.9 (67.3%)
49	BUTOWICZ Adam	154		M-Open	38	00:15:23	00:30:45.40	+00:10:17 (33.4%)	6:09	9.8 (66.7%)
50	SIDEŁKO Robert	155		M-Open	39	00:15:50	00:30:47.75	+00:10:19 (33.5%)	6:09	9.7 (66.0%)
51	GAŁAN Joanna	100		K-Open	12	00:15:47	00:31:22.15	+00:10:53 (34.7%)	6:16	9.6 (65.3%)
52	ZALESKA Elżbieta	145		K-Open	13	00:16:26	00:31:45.30	+00:11:17 (35.5%)	6:21	9.4 (63.9%)
53	WAJDEN Iwona	152	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	K-Open	14	00:16:02	00:32:30.50	+00:12:02 (37.0%)	6:30	9.2 (62.6%)
54	SUDER-MAKSYMOWICZ Monika	131		K-Open	15	00:16:18	00:32:42.05	+00:12:13 (37.4%)	6:32	9.2 (62.6%)
55	MOZAL Maciej	120		M-Open	40	00:15:45	00:33:15.85	+00:12:47 (38.5%)	6:39	9 (61.2%)
56	RUTKOWSKA Anna	127		K-Open	16	00:16:37	00:33:20.15	+00:12:51 (38.6%)	6:40	9 (61.2%)
57	PYREK Iwona	125		K-Open	17	00:16:37	00:33:20.45	+00:12:52 (38.6%)	6:40	9 (61.2%)
58	SŁOMKA Maciej	196	WOPR CZAPLINEK	M-Open	41	00:16:34	00:33:23.15	+00:12:54 (38.7%)	6:40	9 (61.2%)
59	KOZAK Emil	107		M-Open	42	00:16:43	00:33:24.75	+00:12:56 (38.7%)	6:40	9 (61.2%)
60	BOŃKOWSKI Jakub	90		M-Open	43	00:16:55	00:33:45.20	+00:13:17 (39.4%)	6:45	8.9 (60.5%)

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61	KUŚMIDER Katarzyna	113		K-Open	18	00:16:20	00:33:50.55	+00:13:22 (39.5%)	6:46	8.9 (60.5%)
62	FRYDRYCHOWICZ Lilianna	98		K-Open	19	00:16:49	00:33:51.50	+00:13:23 (39.5%)	6:46	8.9 (60.5%)
63	BORKOWSKI Piotr	112	WOPR CZAPLINEK	M-Open	44	00:16:43	00:33:51.75	+00:13:23 (39.5%)	6:46	8.9 (60.5%)
64	MŁYNARCZYK Jolanta	119	KLUB OLIMPIJCZYKA IM.IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	K-Open	20	00:16:56	00:34:02.95	+00:13:34 (39.9%)	6:48	8.8 (59.9%)
65	MACIEJEWSKA Lucyna	114		K-Open	21	00:16:57	00:34:04.70	+00:13:36 (39.9%)	6:48	8.8 (59.9%)
65	MACIEJEWSKI Andrzej	116		M-Open	45	00:16:56	00:34:04.70	+00:13:36 (39.9%)	6:48	8.8 (59.9%)
67	TROJNAR Krzysztof	140	KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	M-Open	46	00:16:36	00:34:06.00	+00:13:37 (40.0%)	6:49	8.8 (59.9%)
68	TROJNAR Karolina	141	KLUN OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM	K-Open	22	00:16:57	00:35:03.45	+00:14:35 (41.6%)	7:00	8.6 (58.5%)
69	ANTONIAK Justyna	83		K-Open	23	00:17:03	00:35:03.80	+00:14:35 (41.6%)	7:00	8.6 (58.5%)
70	NOWACKA Ewa	121		K-Open	24	00:17:13	00:35:14.25	+00:14:46 (41.9%)	7:02	8.5 (57.8%)
71	MATYSEK Ireneusz	117	KOMANDOS WAŁECKI	M-Open	47	00:17:28	00:35:22.30	+00:14:54 (42.1%)	7:04	8.5 (57.8%)
72	WAŚNIEWSKI Arek	143	WOPR CZAPLINEK	M-Open	48	00:17:27	00:36:31.70	+00:16:03 (44.0%)	7:18	8.2 (55.8%)
73	DYCKOWSKI Andrzej	96	KLUB SPORTOWY HUSARIA SZCZECINEK	M-Open	49	00:18:12	00:36:54.15	+00:16:25 (44.5%)	7:22	8.1 (55.1%)
74	CZEREŚNIAK Iwona	94		K-Open	25	00:18:21	00:37:48.85	+00:17:20 (45.9%)	7:33	7.9 (53.7%)
75	WAŚNIEWSKA Ewa	142	RUNDORFINA CZAPLINEK	K-Open	26	00:19:10	00:38:07.90	+00:17:39 (46.3%)	7:37	7.9 (53.7%)
76	SAKOSIK Janina	182	KOMANDOSKA	K-Open	27	00:28:50	01:02:02.75	+00:41:34 (67.0%)	12:24	4.8 (32.7%)
	JASTRZĘBSKA Anna	102	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open		00:20:31 DNF	DNF		-	- (0.0%)

Znaleziono 77 wynik(ów)