



BIEG PRZECZ MOST 2019

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Urząd Dzielnicy Warszawa - Białoleka
2019-09-22
Warszawa
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Samorządowcy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	6.6km	9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PACIOREK Ewa	590	MARKOWI BIEGACZE	K 30-39	5	00:00:14	00:28:16	00:38:51	00:44:08.00	00:44:22.30		4:24	13.6 (100%)
2	CZAJKOWSKA Dorota	119		K 40-49	4	00:00:29	00:29:15	00:39:55	00:45:10.70	00:45:40.40	+00:01:02 (2.3%)	4:31	13.3 (97.8%)
3	KRUK Edyta	407	GRUPA BIEGOWA UM W-WA	K 40-49	12	00:00:47	00:31:41	00:43:47	00:49:44.90	00:50:32.30	+00:05:36 (11.3%)	4:58	12.1 (89.0%)
4	SCHINDLER Żaneta	695		K 40-49	18	00:00:42	00:33:39	00:46:01	00:52:13.35	00:52:56.00	+00:08:05 (15.5%)	5:13	11.5 (84.6%)
5	STAŃCZAK Iwona	740	TRUCHT TARCHOMIN TEAM	K 40-49	19	00:00:58	00:34:07	00:46:58	00:52:54.95	00:53:53.60	+00:08:46 (16.6%)	5:17	11.3 (83.1%)
6	MAJEWSKA Hanna	482	BIEGAM NA TARCHOMINIE	K 30-39	34	00:00:57	00:35:06	00:48:50	00:55:26.35	00:56:23.55	+00:11:18 (20.4%)	5:32	10.8 (79.4%)
7	POGORZELSKA Anna	627		K 30-39	36	00:00:57	00:35:06	00:48:42	00:55:36.95	00:56:34.80	+00:11:28 (20.6%)	5:33	10.8 (79.4%)
8	DĄBROWSKA Magdalena	135	RUN4FUN	K 40-49	32	00:00:38	00:36:23	00:50:02	00:57:02.85	00:57:40.85	+00:12:54 (22.6%)	5:42	10.5 (77.2%)
9	SIGAL Bogdana	706		K 1-29	23	00:01:01	00:36:28	00:50:22	00:57:14.00	00:58:15.40	+00:13:06 (22.9%)	5:43	10.5 (77.2%)
10	RURKA Anna	965		K 40-49	39	00:01:01	00:37:47	00:51:40	00:58:46.80	00:59:48.50	+00:14:38 (24.9%)	5:52	10.2 (75.0%)
11	SZTYGOWSKA Anna	1012		K 30-39	53	00:00:57	00:37:57	00:52:36	00:59:31.05	01:00:28.65	+00:15:23 (25.8%)	5:57	10.1 (74.3%)
12	MYŚLIŃSKA Anna	1111	BIAŁOLEKA JEST KOBIETĄ	K 40-49	48	00:01:41	00:38:29	00:52:35	01:00:05.80	01:01:46.80	+00:15:57 (26.6%)	6:00	10 (73.5%)
13	STRACHOCKA Anna	749	GRUPA BIEGOWA UM W-WA	K 60+	3	00:02:13	00:39:55	00:54:12	01:01:25.35	01:03:38.60	+00:17:17 (28.1%)	6:08	9.8 (72.1%)
14	ŁĄCKA Ilona	461	BIAŁOLEKA JEST KOBIETĄ	K 40-49	53	00:01:40	00:39:02	00:53:59	01:01:32.05	01:03:12.40	+00:17:24 (28.3%)	6:09	9.8 (72.1%)
15	STRZELEC Agnieszka	753		K 30-39	72	00:01:03	00:39:31	00:55:41	01:03:36.90	01:04:40.25	+00:19:28 (30.6%)	6:21	9.4 (69.1%)
16	BASIAK Agnieszka	25		K 30-39	74	00:01:30	00:39:18	00:55:16	01:03:40.90	01:05:11.80	+00:19:32 (30.7%)	6:22	9.4 (69.1%)
17	WYSOCKA Karolina	880		K 30-39	80	00:01:31	00:41:14	00:56:53	01:05:05.25	01:06:36.60	+00:20:57 (32.2%)	6:30	9.2 (67.6%)
18	BANASIK Katarzyna	16	GRUPA BIEGOWA UM W-WA	K 30-39	101	00:01:15	00:46:24	01:03:57	01:12:27.35	01:13:42.55	+00:28:19 (39.1%)	7:14	8.3 (61.0%)

Znaleziono 18 wynik(ów)