

BIEG ULTRA TRAIL - 68 KM

B4SPORT

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

Dolnośląski Festiwal Biegów Górskich

Fundacja MARATONY GÓRSKIE

2020-07-16

Lądek-Zdrój

68 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Senior II M - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
1	HETMAN Radosław	4323	GRUPA NOMAX	Senior II M - 30	1	00:57:06	02:22:49	03:18:32	04:34:49	05:34:15	06:30:58.60		5:44	10.4 (100%)
2	OLEKSIEWICZ Maurycy	4255	ALPIN SPORT HOKA ONE ONE TEAM	Senior II M - 30	2	00:53:28	02:16:17	03:11:20	04:27:43	05:33:38	06:35:21.65	+00:04:23 (1.1%)	5:48	10.3 (99.0%)
3	GAWLIK Sławek	4052	DYNAFIT TEAM POLAND	Senior II M - 30	3	00:56:01	02:22:36	03:20:47	04:39:00	05:39:45	06:37:13.55	+00:06:14 (1.6%)	5:50	10.3 (99.0%)
4	WOLEK Szymon	4269		Senior II M - 30	4	01:02:11	02:33:54	03:35:11	04:54:03	05:57:06	06:55:00.50	+00:24:01 (5.8%)	6:06	9.8 (94.2%)
5	KARWACZYŃSKI Roger	4276		Senior II M - 30	5	00:58:31	02:28:42	03:32:01	04:54:58	06:07:00	07:13:54.05	+00:42:55 (9.9%)	6:22	9.4 (90.4%)
6	AUGUSTYŃSKI Sylwester	4340	GRUPA LUKTRANS	Senior II M - 30	6	01:03:12	02:37:29	03:39:30	05:03:09	06:15:53	07:22:22.75	+00:51:24 (11.6%)	6:30	9.2 (88.5%)
7	WIŚNIEWSKI Paweł	4302	KARKONOSZ RUNNING TEAM	Senior II M - 30	7	01:05:11	02:45:04	03:52:45	05:23:10	06:37:45	07:50:30.30	+01:19:31 (16.9%)	6:55	8.7 (83.7%)
8	STACHOWIAK Adam	4225	LESZ NO LIMITS RUNNERS	Senior II M - 30	8	01:02:02	02:41:27	03:49:09	05:21:42	06:41:26	07:51:15.95	+01:20:17 (17.0%)	6:55	8.7 (83.7%)
9	BACYS Modestas	4290	XTRASA	Senior II M - 30	9	01:03:08	02:42:00	03:50:57	05:23:42	06:44:44	07:59:37.65	+01:28:39 (18.5%)	7:03	8.5 (81.7%)
10	NOWACZYK Piotr	4159		Senior II M - 30	10	01:14:08	03:03:53	04:17:50	05:50:22	07:08:26	08:19:26.30	+01:48:27 (21.7%)	7:20	8.2 (78.8%)
11	TOMCZYK Tomasz	4306	ZABRZAŃSKIE PARKOWE BIEGANIE	Senior II M - 30	11	01:08:24	02:55:13	04:10:57	05:52:27	07:13:44	08:33:28.95	+02:02:30 (23.9%)	7:33	7.9 (76.0%)
12	ROSOLSKI Dawid	4122		Senior II M - 30	12	01:13:07	03:01:35	04:11:03	05:47:16	07:16:12	08:34:57.45	+02:03:58 (24.1%)	7:34	7.9 (76.0%)
13	MUZYK Arkadiusz	4339	OKNOPLAST RUNNING TEAM	Senior II M - 30	13	01:11:57	02:56:01	04:07:33	05:44:04	07:09:35	08:36:38.65	+02:05:40 (24.3%)	7:35	7.9 (76.0%)
14	SIOMA Konrad	4137	ROKIETNICA BIEGA	Senior II M - 30	14	01:04:36	02:49:49	04:01:16	05:47:17	07:28:14	08:40:17.15	+02:09:18 (24.9%)	7:39	7.8 (75.0%)
15	FEDORCZAK Jacek	4293	VETCARE	Senior II M - 30	15	01:14:58	03:13:23	04:29:36	06:06:13	07:29:08	08:46:06.25	+02:15:07 (25.7%)	7:44	7.8 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
16	TAJCHMAN Jarosław	4313	STAJNIA BALONA	Senior II M - 30	16	01:12:25	03:10:43	04:38:04	06:26:16	07:43:04	08:48:33.10	+02:17:34 (26.0%)	7:46	7.7 (74.0%)
17	SKRAJNY Łukasz	4153		Senior II M - 30	17	01:07:24	02:51:22	04:11:32	05:58:59	07:28:28	08:49:14.85	+02:18:16 (26.1%)	7:46	7.7 (74.0%)
18	ROMERO GARCIA Juan	4247	WITC	Senior II M - 30	18	01:09:39	03:01:34	04:17:07	06:02:04	07:28:51	08:50:28.55	+02:19:29 (26.3%)	7:48	7.7 (74.0%)
19	SIKORA Łukasz	4344		Senior II M - 30	19	01:16:15	03:09:26	04:28:08	06:07:29	07:34:12	08:52:09.25	+02:21:10 (26.5%)	7:49	7.7 (74.0%)
20	BOGUSZ Paweł	4158	CYBINA TEAM	Senior II M - 30	20	01:14:27	03:10:42	04:26:18	06:06:28	07:32:14	08:52:22.60	+02:21:24 (26.6%)	7:49	7.7 (74.0%)
21	GAPIŃSKI Łukasz	4170		Senior II M - 30	21	01:20:19	03:17:41	04:33:52	06:10:44	07:37:19	08:56:07.05	+02:25:08 (27.1%)	7:53	7.6 (73.1%)
22	HERMAN Michał	4126		Senior II M - 30	22	01:14:24	03:09:05	04:26:38	06:11:22	07:41:39	08:59:27.80	+02:28:29 (27.5%)	7:55	7.6 (73.1%)
23	TOMAKA Maciej	4233	TEAM KURORT ŁĄDEK-ZDRÓJ	Senior II M - 30	23	01:16:23	03:10:36	04:35:11	06:26:07	07:49:14	09:04:56.70	+02:33:58 (28.3%)	8:00	7.5 (72.1%)
24	SOKULSKI Tomasz	4111		Senior II M - 30	24	01:19:53	03:17:21	04:39:53	06:26:03	07:51:27	09:12:22.15	+02:41:23 (29.2%)	8:07	7.4 (71.2%)
25	LESIAK Tomasz	4331		Senior II M - 30	25	01:14:57	03:10:39	04:27:12	06:16:02	07:43:12	09:12:28.75	+02:41:30 (29.2%)	8:07	7.4 (71.2%)
26	CZYRNIA Andrzej	4210	RAJSPOORT ACTIVE	Senior II M - 30	26	01:13:37	03:00:25	04:18:43	05:59:07	07:39:24	09:13:53.05	+02:42:54 (29.4%)	8:08	7.4 (71.2%)
27	JAMROŻY Marcin	4328	MARELLI SOSNOWIEC POLAND	Senior II M - 30	27	01:14:51	03:15:04	04:42:56	06:26:40	07:50:21	09:14:09.25	+02:43:10 (29.4%)	8:08	7.4 (71.2%)
28	GARCZYK Rafał	4187		Senior II M - 30	28	01:18:38	03:14:24	04:38:10	06:30:04	07:55:24	09:21:56.10	+02:50:57 (30.4%)	8:15	7.3 (70.2%)
29	LUPA Marcin	4260	GÓRSKIE ZAJOBY	Senior II M - 30	29	01:20:04	03:17:55	04:42:08	06:27:34	08:01:45	09:36:46.50	+03:05:47 (32.2%)	8:28	7.1 (68.3%)
30	BUK Sławomir	4288	LESZ NO LIMITS RUNNERS	Senior II M - 30	30	01:15:57	03:16:57	04:37:55	06:25:07	08:04:26	09:38:45.35	+03:07:46 (32.4%)	8:30	7 (67.3%)
31	GRABOWSKI Wojciech	4002		Senior II M - 30	31	01:23:27	03:26:26	04:57:59	06:42:33	08:13:18	09:40:11.95	+03:09:13 (32.6%)	8:31	7 (67.3%)
32	BRODA Dominik	4089		Senior II M - 30	32	01:16:31	03:10:19	04:31:21	06:28:47	08:09:01	09:40:56.20	+03:09:57 (32.7%)	8:32	7 (67.3%)
33	POPRAWSKI Mateusz	4029	KILIŃSKIEGO TEAM	Senior II M - 30	33	01:19:57	03:11:09	04:41:08	06:38:27	08:15:11	09:43:53.80	+03:12:55 (33.0%)	8:35	7 (67.3%)
34	WIERZBOWY Przemek	4295	KOKO DŻAMBO I DO PRZODU	Senior II M - 30	34	01:14:21	03:04:05	04:29:50	06:42:40	08:20:29	09:47:51.80	+03:16:53 (33.5%)	8:38	6.9 (66.3%)
35	KULGAJUK Michał	4218	SUT STRASZYN ULTRA TEAM	Senior II M - 30	35	01:28:43	03:31:14	04:52:11	06:44:01	08:16:49	09:48:28.65	+03:17:30 (33.6%)	8:39	6.9 (66.3%)
36	STOŃ Wojciech	4320		Senior II M - 30	36	01:25:21	03:30:36	04:55:58	06:41:55	08:14:16	09:49:53.25	+03:18:54 (33.7%)	8:40	6.9 (66.3%)
37	MATYJA Rafał	4256	LESZNO LIMITS RUNNERS	Senior II M - 30	37	01:22:55	03:31:48	05:03:26	06:55:32	08:28:30	09:50:20.55	+03:19:21 (33.8%)	8:40	6.9 (66.3%)
38	CORTEBEECK Bruno	4294		Senior II M - 30	38	01:23:54	03:28:52	05:00:37	06:51:09	08:25:10	09:51:53.45	+03:20:54 (33.9%)	8:42	6.9 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
39	RUŚKIEWICZ Wojciech	4097	DELOITTE ADVENTURE TEAM	Senior II M - 30	39	01:14:19	03:04:14	04:44:17	06:42:01	08:21:37	09:56:22.15	+03:25:23 (34.4%)	8:46	6.8 (65.4%)
40	KOGUT Karol	4296	FOREST WORKOUT	Senior II M - 30	40	01:13:37	03:12:45	04:36:08	06:24:08	08:07:07	09:57:43.40	+03:26:44 (34.6%)	8:47	6.8 (65.4%)
41	SIKORSKI Szymon	4223	NOA	Senior II M - 30	41	01:21:44	03:28:55	05:04:25	06:57:34	08:31:13	10:00:41.85	+03:29:43 (34.9%)	8:50	6.8 (65.4%)
42	WELTER Przemysław	4019	KB SZAMOTUŁY	Senior II M - 30	42	01:17:17	03:18:07	04:51:08	06:42:11	08:24:35	10:01:15.85	+03:30:17 (35.0%)	8:50	6.8 (65.4%)
43	KOLASA Filip	4267		Senior II M - 30	43	01:18:05	03:14:16	04:56:01	06:54:41	08:36:57	10:03:25.95	+03:32:27 (35.2%)	8:52	6.8 (65.4%)
44	FALDZINSKI Bartosz	4173		Senior II M - 30	44	01:23:58	03:30:11	05:00:40	07:00:46	08:44:21	10:18:30.30	+03:47:31 (36.8%)	9:05	6.6 (63.5%)
45	SZAFRAŃSKI Dominik	4040	OBORNICKI KLUB LEKKOATLETYCZNY	Senior II M - 30	45	01:23:41	03:27:59	05:04:31	07:15:02	08:51:28	10:25:39.85	+03:54:41 (37.5%)	9:12	6.5 (62.5%)
46	MARZEC Dominik	4055		Senior II M - 30	46	01:26:13	03:37:06	05:09:37	07:12:08	08:59:58	10:41:27.15	+04:10:28 (39.0%)	9:25	6.4 (61.5%)
47	MORAWSKI Bartosz	4013	STARE BABICE BIEGAJĄ	Senior II M - 30	47	01:31:21	03:53:47	05:42:34	07:44:53	09:22:15	10:42:06.50	+04:11:07 (39.1%)	9:26	6.4 (61.5%)
48	GAŁWA Dawid	4074		Senior II M - 30	48	01:25:39	03:34:57	05:21:52	07:27:04	09:20:43	10:50:01.55	+04:19:02 (39.9%)	9:33	6.3 (60.6%)
49	SMYK Kamil	4117		Senior II M - 30	49	01:19:53	03:21:11	04:59:38	07:07:03	09:03:31	10:52:05.95	+04:21:07 (40.0%)	9:35	6.3 (60.6%)
50	PUZIO Bartłomiej	4236		Senior II M - 30	50	01:14:00	03:20:33	04:54:53	07:14:37	09:17:14	10:52:29.20	+04:21:30 (40.1%)	9:35	6.3 (60.6%)
51	MICHAŁOWSKI Maciej	4020	KLUB PRZYJACIÓŁ MYSZKI MIKI	Senior II M - 30	51	01:23:15	03:26:49	05:10:43	07:20:36	09:18:51	10:59:55.70	+04:28:57 (40.8%)	9:42	6.2 (59.6%)
52	KAKOSZKA Marcin	4076	SALTY DOOG	Senior II M - 30	52	01:17:12	03:21:46	05:05:08	07:19:05	09:17:07	11:01:28.00	+04:30:29 (40.9%)	9:43	6.2 (59.6%)
53	ŁUKAWSKI Krzysztof	4034		Senior II M - 30	53	01:25:30	03:28:38	05:03:19	07:22:24	09:25:42	11:02:50.75	+04:31:52 (41.0%)	9:44	6.2 (59.6%)
54	KOPACKI Grzegorz	4108		Senior II M - 30	54	01:24:16	03:41:07	05:21:25	07:28:17	09:27:31	11:08:33.80	+04:37:35 (41.5%)	9:49	6.1 (58.7%)
55	PRONOBIS-PROŃSKI Michał	4027	SLOW JOGGING	Senior II M - 30	55	01:27:41	03:32:43	05:04:07	07:19:30	09:21:35	11:13:01.70	+04:42:03 (41.9%)	9:53	6.1 (58.7%)
56	BUDYCH Arek	4303		Senior II M - 30	56	01:23:50	03:38:13	05:21:43	07:32:58	09:29:15	11:13:38.00	+04:42:39 (42.0%)	9:54	6.1 (58.7%)
57	NOWICKI Piotr	4149	HTJ	Senior II M - 30	57	01:27:06	03:49:10	05:42:39	07:46:15	09:29:49	11:13:48.55	+04:42:49 (42.0%)	9:54	6.1 (58.7%)
58	ZARĘBA Adam	4008		Senior II M - 30	58	01:31:36	03:45:53	05:33:04	07:38:37	09:35:38	11:21:56.75	+04:50:58 (42.7%)	10:01	6 (57.7%)
59	MIKOŁAJCZYK Łukasz	4007	RUNTRIAL	Senior II M - 30	59	01:23:24	03:44:17	05:24:31	07:42:08	09:41:21	11:22:20.85	+04:51:22 (42.7%)	10:02	6 (57.7%)
60	GRYS Paweł	4021	BIEGIEM PO MARZENIA TEAM	Senior II M - 30	60	01:26:01	03:52:40	05:39:47	08:03:34	09:54:09	11:24:15.65	+04:53:17 (42.9%)	10:03	6 (57.7%)
61	DUCH Emil	4329	JB WARSAW	Senior II M - 30	61	01:33:12	03:58:06	05:42:28	08:00:31	09:49:16	11:29:21.45	+04:58:22 (43.3%)	10:08	5.9 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
62	ROGOWSKI Tomasz	4336	UMLAUT	Senior II M - 30	62	01:33:24	03:57:35	05:46:47	07:59:22	09:56:30	11:32:05.25	+05:01:06 (43.5%)	10:10	5.9 (56.7%)
63	KRYSKE Mariusz	4284	SPÓJNIA BIAŁE BŁOTA	Senior II M - 30	63	01:29:05	03:47:25	05:36:06	07:47:01	09:45:22	11:37:17.45	+05:06:18 (43.9%)	10:15	5.9 (56.7%)
64	GAWLAK Robert	4277	ROZBIEGAMY TO MIASTO CZECHOWICE-DZIEDZICE	Senior II M - 30	64	01:26:41	03:45:53	05:31:59	07:57:49	09:50:32	11:41:37.40	+05:10:38 (44.3%)	10:19	5.8 (55.8%)
65	BOGDAŁ Adam	4059		Senior II M - 30	65	01:32:01	03:51:46	05:46:31	08:13:19	10:07:08	11:41:54.00	+05:10:55 (44.3%)	10:19	5.8 (55.8%)
66	FALBA Karol	4298	#TEAMLATIS	Senior II M - 30	66	01:22:44	03:38:15	05:24:18	07:57:26	09:57:45	11:42:34.85	+05:11:36 (44.4%)	10:19	5.8 (55.8%)
67	LUDEWICZ Mateusz	4203	START JASTROWIE	Senior II M - 30	67	01:27:05	03:37:02	05:23:05	07:54:23	09:56:03	11:42:37.90	+05:11:39 (44.4%)	10:19	5.8 (55.8%)
68	PIOTROWSKI Michał	4058		Senior II M - 30	68	01:27:41	03:54:04	05:52:45	08:08:53	10:02:55	11:44:13.35	+05:13:14 (44.5%)	10:21	5.8 (55.8%)
69	KUPIEC Maciej	4046	ŻEBERKA TEAM	Senior II M - 30	69	01:27:48	03:54:17	05:52:54	08:09:02	10:03:05	11:44:24.05	+05:13:25 (44.5%)	10:21	5.8 (55.8%)
70	PĘKAŁA Michał	4077	POLARIS/BIEG OPOLSKI	Senior II M - 30	70	01:40:01	04:03:30	06:04:35	08:20:20	10:12:05	11:56:23.90	+05:25:25 (45.4%)	10:32	5.7 (54.8%)
71	SZAFRAN Łukasz	4091	ULTRINO AMATEUR	Senior II M - 30	71	01:30:46	03:52:16	05:36:00	07:59:18	09:54:46	11:57:11.05	+05:26:12 (45.5%)	10:32	5.7 (54.8%)
72	GRZYWIŃSKI Wojtek	4127		Senior II M - 30	72	01:30:27	04:03:59	06:02:59	08:28:49	10:27:10	12:13:51.45	+05:42:52 (46.7%)	10:47	5.6 (53.8%)
73	FURMANIAK Mateusz	4182	1989	Senior II M - 30	73	01:32:43	03:59:57	05:53:41	08:17:11	10:30:49	12:16:17.50	+05:45:18 (46.9%)	10:49	5.5 (52.9%)
74	SÓJKA Szymon	4299		Senior II M - 30	74	01:38:48	04:19:10	06:22:01	08:42:59	10:40:41	12:21:30.10	+05:50:31 (47.3%)	10:54	5.5 (52.9%)
75	WRĘCZYCKI Łukasz	4016	5 PUŁK CHEMICZNY	Senior II M - 30	75	01:31:43	04:01:04	05:54:22	08:19:16	10:24:09	12:30:36.60	+05:59:38 (47.9%)	11:02	5.4 (51.9%)
76	KLIMCZAK Marcin	4044		Senior II M - 30	76	01:35:19	04:27:59	06:29:29	08:52:14	10:53:41	12:41:14.20	+06:10:15 (48.6%)	11:11	5.4 (51.9%)
77	RULAK Jerzy	4273		Senior II M - 30	77	01:42:54	04:02:07	06:04:32	08:30:57	10:41:20	12:45:12.30	+06:14:13 (48.9%)	11:15	5.3 (51.0%)
78	GARBACZ Damian	4070		Senior II M - 30	78	01:31:25	04:10:29	06:08:00	08:38:25	10:56:16	12:58:32.00	+06:27:33 (49.8%)	11:26	5.2 (50.0%)
79	NOWAK Bartosz	4204	POMIOTY SZATANA	Senior II M - 30	79	01:35:35	04:13:40	06:20:50	08:59:38	11:06:34	13:02:08.40	+06:31:09 (50.0%)	11:30	5.2 (50.0%)
80	WIÓREK Maciej	4196	TEAM BIEGOWY SZCZECINEK	Senior II M - 30	80	01:35:15	03:57:33	06:06:34	08:56:46	10:55:50	13:02:38.35	+06:31:39 (50.0%)	11:30	5.2 (50.0%)
81	MAKSELON Maciej	4202		Senior II M - 30	81	01:40:42	04:03:12	06:07:20	08:57:28	10:54:13	13:03:23.15	+06:32:24 (50.1%)	11:31	5.2 (50.0%)
82	DOMAGAŁA Konrad	4107	KLUCZBORSKA GRUPA BIEGOWA	Senior II M - 30	82	01:32:17	04:01:09	05:53:46	08:08:31	10:30:05	13:15:27.25	+06:44:28 (50.8%)	11:41	5.1 (49.0%)
83	TRZEBSKI Adam	4161		Senior II M - 30	83	01:35:07	04:04:58	06:14:56	09:13:03	11:15:36	13:24:46.05	+06:53:47 (51.4%)	11:50	5.1 (49.0%)
84	KĘPSKI Grzegorz	4035		Senior II M - 30	84	01:42:43	04:24:54	06:28:31	09:07:31	11:23:36	13:30:01.50	+06:59:02 (51.7%)	11:54	5 (48.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	A1 10km	D1 24km	B1 34km	B2 46km	A15 57km	Czas netto 68km	Różn	Tempo min/km	Tempo km/h
85	LENARCZYK Michał	4155	BIESZCZADZKI WAGABUNDA	Senior II M - 30	85	01:39:25	04:15:48	06:10:25	08:54:55	11:10:47	13:31:31.70	+07:00:33 (51.8%)	11:56	5 (48.1%)
86	LENARCZYK Marcin	4154	BIESZCZADZKI WAGABUNDA	Senior II M - 30	86	01:39:35	04:15:57	06:10:34	08:55:05	11:11:01	13:31:40.85	+07:00:42 (51.8%)	11:56	5 (48.1%)
	JASTRZĄBEK Marek	4041	OBORNICKI KLUB LEKKOATLETYCZNY	Senior II M - 30		01:23:36 DNF	03:27:45 DNF	05:04:17 DNF	07:14:55 DNF	09:31:54 DNF	DNF		-	- (0.0%)
	SAMBORSKI Piotr	4198	WKURW_TEAM	Senior II M - 30		01:42:33 DNF	04:40:14 DNF	06:34:23 DNF	09:05:00 DNF	11:39:13 DNF	DNF		-	- (0.0%)
	KORZHUN Aliaksandr	4212	KAMIENNOGÓRSKA GRUPA BIEGOWA	Senior II M - 30		01:43:20 DNF	04:37:54 DNF	06:58:57 DNF	10:14:22 DNF	13:56:54 DNF	DNF		-	- (0.0%)
	STEFAŃSKI Krystian	4250	KS KANAŁEK	Senior II M - 30		01:07:01 DNF	02:50:41 DNF	04:01:34 DNF	DNF	DNF	DNF		-	- (0.0%)
	WARSKI Patryk	4252		Senior II M - 30		01:11:14 DNF	03:13:37 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	STANKIEWICZ Tomasz	4181		Senior II M - 30		01:34:18 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 92 wynik(ów)