



BYDGOSKI BIEG NIEPODLEGŁOŚCI 2022

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2022-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NOWAKOWSKA Anna	701	1 POMORSKA BRYGADA LOGISTYCZNA	K-30	1	00:00:01	00:17:48.35	00:17:49.90		3:33	16.9
2	DASZKIEWICZ Małgorzata	994	POWER TRAINING	K-30	2	00:00:01	00:18:34.80	00:18:36.25	+00:00:46	3:42	16.2
3	PIOTROWSKA Katarzyna	51		K-30	3	00:00:02	00:19:27.60	00:19:30.40	+00:01:39	3:53	15.4
4	STAŃCZYK Martyna	121		K-30	4	00:00:04	00:19:28.70	00:19:33.35	+00:01:40	3:53	15.4
5	KALOTA Joanna	1145	#ZALINIAMETYTEAM	K-30	5	00:00:02	00:19:31.70	00:19:33.85	+00:01:43	3:54	15.4
6	MENDEL Magdalena	985	TM IRON TEAM	K-30	6	00:00:03	00:21:27.75	00:21:31.55	+00:03:39	4:17	14
7	ANDRZEJSKA Sylwia	1148		K-30	7	00:00:03	00:21:29.25	00:21:32.30	+00:03:40	4:17	14
8	WASILEWSKA Martyna	226	AKADEMIA MISTRZÓW SPORTU	K-30	8	00:00:39	00:21:53.15	00:22:32.90	+00:04:04	4:22	13.7
9	WUJEK Magdalena	1095		K-30	9	00:00:05	00:22:18.05	00:22:23.35	+00:04:29	4:27	13.5
10	BRZYKCY Karolina	675		K-30	10	00:00:04	00:22:37.65	00:22:41.95	+00:04:49	4:31	13.3
11	REDIS Agata	883		K-30	11	00:00:08	00:22:56.15	00:23:04.65	+00:05:07	4:35	13.1
12	BIERNACKA Magdalena	42	1 BRYGADA LOGISTYCZNA	K-30	12	00:00:06	00:22:56.90	00:23:03.55	+00:05:08	4:35	13.1
13	ŚWIERCZYŃSKA Justyna	756	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	K-30	13	00:00:17	00:22:59.65	00:23:17.10	+00:05:11	4:35	13.1
14	RACZKO Agata	653		K-30	14	00:00:24	00:23:14.85	00:23:39.25	+00:05:26	4:38	12.9
15	KURZAWA Maria	1091	CB163	K-30	15	00:00:01	00:23:17.85	00:23:19.80	+00:05:29	4:39	12.9
16	SAGANOWSKA Weronika	107		K-30	16	00:00:25	00:23:25.60	00:23:51.20	+00:05:37	4:41	12.8
17	WIECZOREK Izabela	352		K-30	17	00:00:08	00:23:25.85	00:23:34.10	+00:05:37	4:41	12.8
18	POLAŃCZYK Paulina	115		K-30	18	00:00:33	00:23:31.00	00:24:04.30	+00:05:42	4:42	12.8
19	FRAĆKOWIAK Marta	894	TEAMOCHAL	K-30	19	00:00:31	00:23:41.75	00:24:13.10	+00:05:53	4:44	12.7
20	KRUSZYNA Renata	318		K-30	20	00:00:18	00:24:00.70	00:24:19.20	+00:06:12	4:48	12.5
21	KLAWIKOWSKA Julita	697	TKKF KOLEJARZ BYDGOSZCZ	K-30	21	00:00:31	00:24:19.55	00:24:50.55	+00:06:31	4:51	12.3
22	CZYŻEWSKA Justyna	155		K-30	22	00:00:16	00:24:22.25	00:24:38.75	+00:06:33	4:52	12.3
23	GACKOWSKA Daria	1026		K-30	23	00:00:00	00:24:44.10	00:24:44.10	+00:06:55	4:56	12.1
24	DUDEK Joanna	49	GMINA ŻNIN	K-30	24	00:00:41	00:24:44.40	00:25:26.30	+00:06:56	4:56	12.1
25	GĘSICKA Marta	444		K-30	25	00:00:59	00:24:56.75	00:25:56.45	+00:07:08	4:59	12
26	GURZYŃSKA Beata	703	SUPRAVIS S.A.	K-30	26	00:00:07	00:25:18.80	00:25:25.90	+00:07:30	5:03	11.9
27	PRZYBYLSKA Karolina	682		K-30	27	00:00:10	00:25:43.50	00:25:54.10	+00:07:55	5:08	11.7
28	BOROWCZAK Julita	207		K-30	28	00:01:13	00:25:46.10	00:26:59.10	+00:07:57	5:09	11.6
29	KALINOWSKA Patrycja	32		K-30	29	00:00:42	00:25:46.20	00:26:29.10	+00:07:57	5:09	11.6
30	MASŁOWSKA Angelika	547		K-30	30	00:00:34	00:25:48.20	00:26:22.70	+00:07:59	5:09	11.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	ŁUGIEWICZ Anna	946		K-30	31	00:00:50	00:26:21.65	00:27:12.15	+00:08:33	5:16	11.4
32	SZMIDT-SZYPURA Agnieszka	1151		K-30	32	00:00:13	00:26:28.55	00:26:42.45	+00:08:40	5:17	11.3
33	MAŁKOWSKA Joanna	366		K-30	33	00:00:20	00:26:29.90	00:26:50.30	+00:08:41	5:17	11.3
34	GOSIA Mał	1108		K-30	34	00:00:10	00:26:32.35	00:26:42.50	+00:08:44	5:18	11.3
35	MYŚLICKA Dalia	847	RUN BYDGOSZCZ	K-30	35	00:00:19	00:26:32.70	00:26:52.35	+00:08:44	5:18	11.3
36	GESING Joanna	370		K-30	36	00:00:20	00:26:46.70	00:27:07.00	+00:08:58	5:21	11.2
37	BAGNIEWSKA Małgorzata	137		K-30	37	00:00:57	00:26:50.35	00:27:48.30	+00:09:02	5:22	11.2
38	RÓŻYCZKA Joanna	80		K-30	38	00:00:28	00:26:57.85	00:27:26.80	+00:09:09	5:23	11.1
39	DOLATA Aneta	732		K-30	39	00:00:22	00:27:02.55	00:27:24.55	+00:09:14	5:24	11.1
40	GIERCZAK Dorota	270		K-30	40	00:00:20	00:27:07.85	00:27:28.05	+00:09:19	5:25	11.1
41	PIĄTEK Justyna	659		K-30	41	00:00:31	00:27:08.75	00:27:39.75	+00:09:20	5:25	11.1
42	WIŚNIEWSKA Aurelia	790		K-30	42	00:00:21	00:27:09.95	00:27:31.85	+00:09:21	5:25	11
43	KAJA Dominika	658		K-30	43	00:00:54	00:27:10.55	00:28:05.35	+00:09:22	5:26	11
44	HAWRYŁO Marta	580		K-30	44	00:00:06	00:27:27.65	00:27:34.55	+00:09:39	5:29	10.9
45	SPYCHALSKA Kinga	1022	KOLOROWE GACIE	K-30	45	00:00:43	00:27:30.40	00:28:14.20	+00:09:42	5:30	10.9
46	KABACIŃSKA Kinga	485		K-30	46	00:00:16	00:27:31.80	00:27:48.60	+00:09:43	5:30	10.9
47	WIŚNIEWSKA Iga	536		K-30	47	00:00:21	00:27:42.15	00:28:03.55	+00:09:53	5:32	10.8
48	SENGER Natalia	602		K-30	48	00:00:38	00:27:45.90	00:28:24.85	+00:09:57	5:33	10.8
49	MŁYNARCZYK Kamila	190	ORANGE POLSKA	K-30	49	00:01:09	00:27:47.55	00:28:57.45	+00:09:59	5:33	10.8
50	VASYLIUK Svitlana	564	SOLANKOWE BIEGACZY	K-30	50	00:00:37	00:27:48.55	00:28:25.95	+00:10:00	5:33	10.8
51	SIUDZIŃSKA-BESS Anna	449		K-30	51	00:00:07	00:27:49.40	00:27:56.60	+00:10:01	5:33	10.8
52	SZYMAŃSKA Adrianna	1143		K-30	52	00:00:19	00:28:05.55	00:28:25.20	+00:10:17	5:37	10.7
53	PILEWSKA Marta	124		K-30	53	00:00:59	00:28:26.35	00:29:26.10	+00:10:38	5:41	10.6
54	SIKORSKA Edyta	247		K-30	54	00:00:00	00:28:30.00	00:28:30.00	+00:10:41	5:42	10.5
55	KUBOWICZ-KAMIŃSKA Hania	15	BIEGAJĄCY_Z_WILKAMI	K-30	55	00:00:18	00:28:39.15	00:28:57.30	+00:10:50	5:43	10.5
56	MAKSELLON Monika	1064		K-30	56	00:00:43	00:28:43.20	00:29:26.70	+00:10:54	5:44	10.4
57	SYGNECKA Kasia	907		K-30	57	00:01:17	00:28:55.20	00:30:12.90	+00:11:06	5:47	10.4
58	KACZMAREK Angelika	543		K-30	58	00:00:14	00:28:57.90	00:29:11.95	+00:11:09	5:47	10.4
59	ZAGOŹDŻON Wioleta	353	SOLECCY BIEGACZE	K-30	59	00:00:43	00:28:58.50	00:29:42.10	+00:11:10	5:47	10.4
60	KARCZMARCZYK Dorota	519		K-30	60	00:00:46	00:29:00.45	00:29:46.70	+00:11:12	5:48	10.3
61	KILIŃSKA Magdalena	192	HELIX POMATIA	K-30	61	00:00:34	00:29:06.00	00:29:40.00	+00:11:17	5:49	10.3
62	KRAWCZUK Aleksandra	1175		K-30	62	00:00:26	00:29:06.55	00:29:33.10	+00:11:18	5:49	10.3
63	SUSZEK Kasia	1142		K-30	63	00:01:16	00:29:07.45	00:30:23.75	+00:11:19	5:49	10.3
64	PIKULSKA Monika	891		K-30	64	00:01:10	00:29:09.70	00:30:20.65	+00:11:21	5:49	10.3
65	WÓJCIK Marika	931		K-30	65	00:00:32	00:29:22.05	00:29:54.30	+00:11:33	5:52	10.2
66	FELINIAK Ewelina	620		K-30	66	00:00:38	00:29:23.75	00:30:02.55	+00:11:35	5:52	10.2
67	KOCZOROWSKA Kamila	22	KAMKOC	K-30	67	00:01:12	00:29:27.65	00:30:40.60	+00:11:39	5:53	10.2
68	BŁAŻEK-KOJRO Kasia	171		K-30	68	00:00:28	00:29:28.55	00:29:57.25	+00:11:40	5:53	10.2
68	UMIŃSKA Marzena	634		K-30	68	00:00:52	00:29:28.55	00:30:21.05	+00:11:40	5:53	10.2
70	RUTKOWSKA Virginia	664	CHMURA COACHING	K-30	70	00:00:11	00:29:37.25	00:29:49.10	+00:11:48	5:55	10.1
71	TYKWIŃSKA Agnieszka	522		K-30	71	00:00:11	00:30:21.75	00:30:32.90	+00:12:33	6:04	9.9
72	GÓRSKA Paulina	359	HARPAGAN RUNNERS	K-30	72	00:00:49	00:30:22.65	00:31:12.55	+00:12:34	6:04	9.9
73	ŚLIWIŃSKA Malwina	948	BOGMAR OSTROMECKO	K-30	73	00:00:35	00:30:32.85	00:31:07.85	+00:12:44	6:06	9.8
74	ROŚŁOŃSKA Kinga	267		K-30	74	00:01:00	00:30:33.30	00:31:34.05	+00:12:44	6:06	9.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
75	ZIÓŁKOWSKA Gosia	862	FORDON BIEGA	K-30	75	00:00:12	00:30:33.65	00:30:46.60	+00:12:45	6:06	9.8
76	TUCZKOWSKA Joanna	1157		K-30	76	00:00:36	00:30:39.85	00:31:16.65	+00:12:51	6:07	9.8
77	PODRALSKA Monika	466		K-30	77	00:01:10	00:30:40.25	00:31:50.25	+00:12:51	6:08	9.8
78	BIELUSZEWSKA Mirela	58		K-30	78	00:00:49	00:30:43.65	00:31:33.40	+00:12:55	6:08	9.8
79	GAŚSIOROWSKA Barbara	430		K-30	79	00:00:14	00:30:49.75	00:31:04.00	+00:13:01	6:09	9.7
80	WICHTOWSKA Ewa	644	SWEETVET TEAM	K-30	80	00:01:13	00:30:52.70	00:32:06.25	+00:13:04	6:10	9.7
81	MAŁKIŃSKA-BIĘGA Dorota	603		K-30	81	00:00:49	00:30:54.20	00:31:43.65	+00:13:05	6:10	9.7
82	WIATROWSKA Katarzyna	822		K-30	82	00:00:00	00:31:00.20	00:31:00.20	+00:13:11	6:12	9.7
83	DUDA Anna	139	RUN BYDGOSZCZ	K-30	83	00:01:08	00:31:05.75	00:32:14.25	+00:13:17	6:13	9.7
84	ŁUCZKOWSKA Sylwia	1114		K-30	84	00:00:28	00:31:22.20	00:31:50.65	+00:13:33	6:16	9.6
85	RÓŻYCKA Anna	1118		K-30	85	00:01:05	00:31:23.85	00:32:28.95	+00:13:35	6:16	9.6
86	MATEJA Anna	406		K-30	86	00:00:57	00:31:24.75	00:32:22.00	+00:13:36	6:16	9.6
87	WAŚNIEWSKA Ewa	914		K-30	87	00:00:29	00:31:53.35	00:32:23.15	+00:14:05	6:22	9.4
88	KAMIŃSKA Monika	191		K-30	88	00:01:09	00:31:54.50	00:33:04.40	+00:14:06	6:22	9.4
89	GAPINSKA Dorota	209		K-30	89	00:00:48	00:31:56.30	00:32:44.60	+00:14:07	6:23	9.4
90	MILARSKA Patrycja	1065		K-30	90	00:00:43	00:32:21.20	00:33:04.60	+00:14:32	6:28	9.3
91	BŁOCH Katarzyna	630		K-30	91	00:01:07	00:32:25.20	00:33:32.20	+00:14:36	6:29	9.3
92	STABRYŁA Agnieszka	842		K-30	92	00:00:51	00:32:44.90	00:33:36.55	+00:14:56	6:32	9.2
93	ZAWADZKA Monika	343		K-30	93	00:01:02	00:32:52.10	00:33:54.25	+00:15:03	6:34	9.1
94	WAWRZYŃIAK Sandra	469	BYDGOSZCZ NA START	K-30	94	00:00:54	00:32:54.00	00:33:48.40	+00:15:05	6:34	9.1
95	ŚLIWA Katarzyna	646	SWEETVET TEAM	K-30	95	00:01:15	00:32:59.05	00:34:14.20	+00:15:10	6:35	9.1
96	SIEG Małgorzata	885	BB ACTIVE TEAM	K-30	96	00:00:29	00:33:18.55	00:33:48.25	+00:15:30	6:39	9
97	JAKUBOWSKA Karina	1085		K-30	97	00:00:57	00:33:18.75	00:34:16.00	+00:15:30	6:39	9
98	BRZEZIŃSKA Sylwia	275		K-30	98	00:01:05	00:33:22.50	00:34:27.55	+00:15:34	6:40	9
99	BONIN Karolina	910		K-30	99	00:01:02	00:33:24.50	00:34:27.30	+00:15:36	6:40	9
100	OSUCH Małgorzata	1147		K-30	100	00:00:10	00:33:25.10	00:33:35.10	+00:15:36	6:41	9
101	TOMCZAK Marzena	986		K-30	101	00:00:45	00:33:30.75	00:34:15.75	+00:15:42	6:42	9
102	GRZYBCZYŃSKA Monika	803		K-30	102	00:01:20	00:33:34.50	00:34:55.00	+00:15:46	6:42	8.9
103	ŻUCHELKOWSKA Agata	143	MAMA ADAMA TEAM	K-30	103	00:01:13	00:33:45.05	00:34:58.60	+00:15:56	6:45	8.9
104	KOZIOŁ Magdalena	250	FIT FORMA BYDGOSZCZ	K-30	104	00:00:41	00:33:58.45	00:34:39.85	+00:16:10	6:47	8.8
105	ZMITROWICZ Hanna	671	FIT FORMA BYDGOSZCZ	K-30	105	00:00:41	00:33:58.85	00:34:39.95	+00:16:10	6:47	8.8
106	FELSKA Katarzyna	240		K-30	106	00:00:40	00:33:59.15	00:34:39.80	+00:16:10	6:47	8.8
107	TRACKA Monika	947		K-30	107	00:01:06	00:34:06.75	00:35:12.95	+00:16:18	6:49	8.8
108	GRABSKA-ZIELIŃSKA Sylwia	1082		K-30	108	00:00:36	00:34:15.05	00:34:51.20	+00:16:26	6:51	8.8
109	SNOPEK Edyta	219		K-30	109	00:00:19	00:34:53.95	00:35:13.35	+00:17:05	6:58	8.6
110	WILMA Patrycja	295		K-30	110	00:00:59	00:35:02.35	00:36:01.85	+00:17:14	7:00	8.6
111	ŻELAZKO Anna	875		K-30	111	00:01:24	00:35:19.60	00:36:43.80	+00:17:31	7:03	8.5
112	NOWACKA Katarzyna	874		K-30	112	00:01:24	00:35:19.80	00:36:44.10	+00:17:31	7:03	8.5
113	MUCHA Izabela	421		K-30	113	00:00:34	00:35:23.45	00:35:57.45	+00:17:35	7:04	8.5
114	KOCZWARA-SAJDAK Katarzyna	912		K-30	114	00:00:27	00:35:50.35	00:36:17.90	+00:18:02	7:10	8.4
115	WILANDT Natalia	241		K-30	115	00:01:00	00:35:51.75	00:36:52.40	+00:18:03	7:10	8.4
116	LEWANDOWSKA Izabela	741		K-30	116	00:00:15	00:35:54.25	00:36:09.75	+00:18:05	7:10	8.4
117	CZEKALSKA Beata	1031		K-30	117	00:00:44	00:36:06.20	00:36:50.35	+00:18:17	7:13	8.3
118	ĆWIK-KOTWICA Patrycja	420		K-30	118	00:00:33	00:37:07.55	00:37:41.50	+00:19:19	7:25	8.1

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119	KRANC Justyna	802		K-30	119	00:01:20	00:37:26.80	00:38:47.40	+00:19:38	7:29	8
120	ANTCZAK Natalia	506		K-30	120	00:01:11	00:37:28.65	00:38:39.95	+00:19:40	7:29	8
121	NOWAK Małgorzata	890		K-30	121	00:00:32	00:37:45.70	00:38:17.80	+00:19:57	7:33	7.9
122	SALAMON Marta	915		K-30	122	00:00:40	00:38:01.05	00:38:41.70	+00:20:12	7:36	7.9
123	POSTÓJSKA Marta	64		K-30	123	00:00:46	00:38:23.65	00:39:10.00	+00:20:35	7:40	7.8
124	CZUBEK Teresa	1102		K-30	124	00:01:14	00:39:00.15	00:40:14.95	+00:21:11	7:48	7.7
125	PRZYGOCKA Katarzyna	604		K-30	125	00:00:45	00:40:20.70	00:41:06.65	+00:22:32	8:04	7.4
	WADELSKA Joanna	210		K-30		DNF	DNF	DNF	-	-	-

Znaleziono 126 wynik(ów)