



BYDGOSKI BIEG NIEPODLEGŁOŚCI 2022

B4SPORT

Organizator: Aktywna Bydgoszcz
Data: 2022-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	NOWAKOWSKA Anna	701	1 POMORSKA BRYGADA LOGISTYCZNA	K-30	1	00:00:01	00:17:48.35	00:17:49.90		3:33	16.9
2	DASZKIEWICZ Małgorzata	994	POWER TRAINING	K-30	2	00:00:01	00:18:34.80	00:18:36.25	+00:00:46	3:42	16.2
3	SZENK Marta	220		K-40	1	00:00:02	00:18:59.50	00:19:02.10	+00:01:11	3:47	15.8
4	PIOTROWSKA Katarzyna	51		K-30	3	00:00:02	00:19:27.60	00:19:30.40	+00:01:39	3:53	15.4
5	STAŃCZYK Martyna	121		K-30	4	00:00:04	00:19:28.70	00:19:33.35	+00:01:40	3:53	15.4
6	KALOTA Joanna	1145	#ZALINIAMETYTEAM	K-30	5	00:00:02	00:19:31.70	00:19:33.85	+00:01:43	3:54	15.4
7	WITEK Magdalena	383		K-20	1	00:00:09	00:21:24.35	00:21:33.35	+00:03:36	4:16	14
8	MENDEL Magdalena	985	TM IRON TEAM	K-30	6	00:00:03	00:21:27.75	00:21:31.55	+00:03:39	4:17	14
9	ANDRZEJSKA Sylwia	1148		K-30	7	00:00:03	00:21:29.25	00:21:32.30	+00:03:40	4:17	14
10	WASILEWSKA Martyna	226	AKADEMIA MISTRZÓW SPORTU	K-30	8	00:00:39	00:21:53.15	00:22:32.90	+00:04:04	4:22	13.7
11	ŁASSA Eliza	752	PARKA BIEGA	K-20	2	00:00:10	00:21:55.60	00:22:06.05	+00:04:07	4:23	13.7
12	CIACIUCH Agnieszka	268	BIEGACZE KCYNIA TEAM	K-20	3	00:00:06	00:21:57.70	00:22:03.80	+00:04:09	4:23	13.7
13	WUJEK Magdalena	1095		K-30	9	00:00:05	00:22:18.05	00:22:23.35	+00:04:29	4:27	13.5
14	MROTEK Katarzyna	8	AKADEMIA MISTRZÓW SPORTU	K-40	2	00:00:21	00:22:18.80	00:22:40.05	+00:04:30	4:27	13.5
15	URBAŃSKA Ewa	780	TM IRONTEAM	K-40	3	00:00:04	00:22:24.20	00:22:28.65	+00:04:35	4:28	13.4
16	RZESZOTARSKA Aleksandra	784		K-20	4	00:00:18	00:22:33.05	00:22:51.75	+00:04:44	4:30	13.3
17	BRZYKCY Karolina	675		K-30	10	00:00:04	00:22:37.65	00:22:41.95	+00:04:49	4:31	13.3
18	REDIS Agata	883		K-30	11	00:00:08	00:22:56.15	00:23:04.65	+00:05:07	4:35	13.1
19	BIERNACKA Magdalena	42	1 BRYGADA LOGISTYCZNA	K-30	12	00:00:06	00:22:56.90	00:23:03.55	+00:05:08	4:35	13.1
20	ŚWIERCZYŃSKA Justyna	756	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	K-30	13	00:00:17	00:22:59.65	00:23:17.10	+00:05:11	4:35	13.1
21	RACZKO Agata	653		K-30	14	00:00:24	00:23:14.85	00:23:39.25	+00:05:26	4:38	12.9
22	KURZAWA Maria	1091	CB163	K-30	15	00:00:01	00:23:17.85	00:23:19.80	+00:05:29	4:39	12.9
23	SAGANOWSKA Weronika	107		K-30	16	00:00:25	00:23:25.60	00:23:51.20	+00:05:37	4:41	12.8
24	WIECZOREK Izabela	352		K-30	17	00:00:08	00:23:25.85	00:23:34.10	+00:05:37	4:41	12.8
25	POLAŃCZYK Paulina	115		K-30	18	00:00:33	00:23:31.00	00:24:04.30	+00:05:42	4:42	12.8
26	ŚWIETLIK Michalina	439	POLFARMEX TEAM	K-40	4	00:00:10	00:23:36.15	00:23:46.90	+00:05:47	4:43	12.7
27	FRĄCKOWIAK Marta	894	TEAMOCHAL	K-30	19	00:00:31	00:23:41.75	00:24:13.10	+00:05:53	4:44	12.7
28	PRZYBYŁA Agnieszka	459		K-40	5	00:00:13	00:23:49.90	00:24:03.30	+00:06:01	4:45	12.6
29	WOLAN Magdalena	194	AMOREK	K-40	6	00:00:20	00:23:53.10	00:24:13.90	+00:06:04	4:46	12.6
30	KARCZEWSKA Karolina	976		K-20	5	00:00:57	00:23:59.50	00:24:57.35	+00:06:11	4:47	12.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
31	KRUSZYNA Renata	318		K-30	20	00:00:18	00:24:00.70	00:24:19.20	+00:06:12	4:48	12.5
32	MŁYNARCZYK Ewa	1109	BYDGOSKIE ŻÓŁWIE	K-40	7	00:00:03	00:24:03.45	00:24:07.40	+00:06:15	4:48	12.5
33	WASILEWSKA Agata	225	AKADEMIA MISTRZÓW SPORTU	K-40	8	00:00:41	00:24:13.30	00:24:54.40	+00:06:24	4:50	12.4
34	KLAWIKOWSKA Julita	697	TKKF KOLEJARZ BYDGOSZCZ	K-30	21	00:00:31	00:24:19.55	00:24:50.55	+00:06:31	4:51	12.3
35	CZYŻEWSKA Justyna	155		K-30	22	00:00:16	00:24:22.25	00:24:38.75	+00:06:33	4:52	12.3
36	BOJAROWICZ Ewa	242		K-20	6	00:00:18	00:24:22.30	00:24:40.60	+00:06:33	4:52	12.3
37	PIOTROWSKA-RADZIEJEWSKA Marzena	831		K-40	9	00:00:11	00:24:29.35	00:24:40.50	+00:06:41	4:53	12.3
38	SPYT Dominika	381	8 K-PBOT	K-20	7	00:00:44	00:24:41.55	00:25:26.25	+00:06:53	4:56	12.2
39	GACKOWSKA Daria	1026		K-30	23	00:00:00	00:24:44.10	00:24:44.10	+00:06:55	4:56	12.1
40	DUDEK Joanna	49	GMINA ŻNIN	K-30	24	00:00:41	00:24:44.40	00:25:26.30	+00:06:56	4:56	12.1
41	KUJDA Dorota	45		K-40	10	00:00:15	00:24:45.15	00:25:00.95	+00:06:56	4:57	12.1
42	GĘSICKA Marta	444		K-30	25	00:00:59	00:24:56.75	00:25:56.45	+00:07:08	4:59	12
43	BOROŃSKA Joanna	1183	PANCAKE PLANET	K-20	8	00:00:06	00:25:03.10	00:25:10.00	+00:07:14	5:00	12
44	KARCZEWSKA Arletta	728	WHM/SPORTWAY	K-40	11	00:00:14	00:25:04.45	00:25:18.85	+00:07:16	5:00	12
45	FIRST Anna	1008		K-20	9	00:00:24	00:25:06.45	00:25:30.65	+00:07:18	5:01	12
46	MAŁKOWSKA Ewa	783		K-20	10	00:00:22	00:25:06.80	00:25:29.60	+00:07:18	5:01	12
47	ZIELIŃSKA Barbara	554	SHUGO	K-40	12	00:01:10	00:25:10.95	00:26:21.90	+00:07:22	5:02	11.9
48	GROBELNA Monika	195		K-40	13	00:00:28	00:25:12.25	00:25:41.00	+00:07:23	5:02	11.9
49	ZIMOSZ Wiktoria	484		K-20	11	00:00:13	00:25:12.80	00:25:25.95	+00:07:24	5:02	11.9
50	PIEŁOWSKA Roma	244		K-20	12	00:00:24	00:25:14.55	00:25:38.60	+00:07:26	5:02	11.9
51	GURZYŃSKA Beata	703	SUPRAVIS S.A.	K-30	26	00:00:07	00:25:18.80	00:25:25.90	+00:07:30	5:03	11.9
52	JAKUBIEC Adrianna	541		K-20	13	00:00:17	00:25:36.90	00:25:54.80	+00:07:48	5:07	11.7
53	PRZYBYLSKA Karolina	682		K-30	27	00:00:10	00:25:43.50	00:25:54.10	+00:07:55	5:08	11.7
54	ROBACZEWSKA Lidia	1044		K-50	1	00:00:18	00:25:45.30	00:26:03.70	+00:07:56	5:09	11.7
55	BOROWCZAK Julita	207		K-30	28	00:01:13	00:25:46.10	00:26:59.10	+00:07:57	5:09	11.6
56	KALINOWSKA Patrycja	32		K-30	29	00:00:42	00:25:46.20	00:26:29.10	+00:07:57	5:09	11.6
57	GOLIMOWSKA Anna	517		K-40	14	00:00:17	00:25:46.65	00:26:04.40	+00:07:58	5:09	11.6
58	NAGORZYSKA Sylwia	279	MUDFOXES	K-40	15	00:00:17	00:25:47.50	00:26:04.80	+00:07:59	5:09	11.6
59	MASŁOWSKA Angelika	547		K-30	30	00:00:34	00:25:48.20	00:26:22.70	+00:07:59	5:09	11.6
60	SZABLINSKA Honorata	423		K-40	16	00:00:34	00:25:48.50	00:26:22.95	+00:08:00	5:09	11.6
61	PRĄDZYŃSKA Weronika	690	AKADEMIAMISTRZOWSPORTU	K-10	1	00:00:37	00:26:15.95	00:26:53.30	+00:08:27	5:15	11.4
62	MACIOSZEK Ewa	1171		K-40	17	00:00:42	00:26:18.45	00:27:00.55	+00:08:30	5:15	11.4
63	ŁUGIEWICZ Anna	946		K-30	31	00:00:50	00:26:21.65	00:27:12.15	+00:08:33	5:16	11.4
64	KOMOROWSKA Iwona	1077		K-50	2	00:00:06	00:26:24.65	00:26:30.80	+00:08:36	5:16	11.4
65	SZMIDT-SZYPURA Agnieszka	1151		K-30	32	00:00:13	00:26:28.55	00:26:42.45	+00:08:40	5:17	11.3
66	HAŁAS Ewa	419	BIEGACZE KCYNIA TEAM	K-40	18	00:00:09	00:26:29.25	00:26:39.20	+00:08:40	5:17	11.3
67	MAŁKOWSKA Joanna	366		K-30	33	00:00:20	00:26:29.90	00:26:50.30	+00:08:41	5:17	11.3
68	PISKORSKA Marta	48	KOLOROWE GACIE	K-40	19	00:00:44	00:26:31.20	00:27:15.70	+00:08:42	5:18	11.3
69	GOSIA Mał	1108		K-30	34	00:00:10	00:26:32.35	00:26:42.50	+00:08:44	5:18	11.3
70	MYŚLICKA Dalia	847	RUN BYDGOSZCZ	K-30	35	00:00:19	00:26:32.70	00:26:52.35	+00:08:44	5:18	11.3
71	KUBIS Sylwia	86	YOGA BLISKO NATURY	K-40	20	00:01:06	00:26:32.75	00:27:39.25	+00:08:44	5:18	11.3
72	KASPEREK Angelika	1000		K-20	14	00:00:52	00:26:33.90	00:27:26.80	+00:08:45	5:18	11.3
73	BESS Ania	520		K-40	21	00:00:06	00:26:36.50	00:26:43.45	+00:08:48	5:19	11.3
74	LEWANDOWSKA Wanda	1193	ROLLTEAM BYDGOSZCZ	K-10	2	00:00:18	00:26:43.25	00:27:01.45	+00:08:54	5:20	11.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
75	RZESZOTARSKA Joanna	785		K-50	3	00:00:18	00:26:44.45	00:27:03.10	+00:08:56	5:20	11.2
76	JANUSZEWSKA Natalia	1155		K-20	15	00:00:23	00:26:44.75	00:27:08.25	+00:08:56	5:20	11.2
77	GESING Joanna	370		K-30	36	00:00:20	00:26:46.70	00:27:07.00	+00:08:58	5:21	11.2
78	BEM Małgorzata	628		K-50	4	00:00:23	00:26:46.85	00:27:10.60	+00:08:58	5:21	11.2
79	BAGNIEWSKA Małgorzata	137		K-30	37	00:00:57	00:26:50.35	00:27:48.30	+00:09:02	5:22	11.2
80	SKORNIA Marika	764		K-20	16	00:01:09	00:26:53.05	00:28:02.85	+00:09:04	5:22	11.2
81	RÓŻYCZKA Joanna	80		K-30	38	00:00:28	00:26:57.85	00:27:26.80	+00:09:09	5:23	11.1
82	MAGDZIARZ Emilia	162		K-10	3	00:00:40	00:26:59.00	00:27:39.60	+00:09:10	5:23	11.1
83	DOLATA Aneta	732		K-30	39	00:00:22	00:27:02.55	00:27:24.55	+00:09:14	5:24	11.1
84	ZUZA-WITKOWSKA Anna	108		K-50	5	00:00:32	00:27:05.90	00:27:38.50	+00:09:17	5:25	11.1
85	GIERSZEWSKA Grażyna	91		K-50	6	00:00:15	00:27:07.40	00:27:22.50	+00:09:19	5:25	11.1
86	GIERCZAK Dorota	270		K-30	40	00:00:20	00:27:07.85	00:27:28.05	+00:09:19	5:25	11.1
87	PIĄTEK Justyna	659		K-30	41	00:00:31	00:27:08.75	00:27:39.75	+00:09:20	5:25	11.1
88	MIKOŁAJCZAK Małgorzata	1117		K-40	22	00:00:38	00:27:08.80	00:27:46.90	+00:09:20	5:25	11.1
89	WIŚNIEWSKA Aurelia	790		K-30	42	00:00:21	00:27:09.95	00:27:31.85	+00:09:21	5:25	11
90	KAJA Dominika	658		K-30	43	00:00:54	00:27:10.55	00:28:05.35	+00:09:22	5:26	11
91	GRZESIAK-KNUT Lucyna	99		K-40	23	00:01:09	00:27:12.50	00:28:21.85	+00:09:24	5:26	11
92	LANGE Monika	706		K-40	24	00:01:09	00:27:12.65	00:28:22.05	+00:09:24	5:26	11
93	GOŁATTA Magdalena	110		K-40	25	00:01:09	00:27:12.80	00:28:22.25	+00:09:24	5:26	11
94	DAWGUL Hanna	160	AMS	K-40	26	00:00:41	00:27:13.90	00:27:55.65	+00:09:25	5:26	11
95	WYSOCKA Magdalena	427		K-20	17	00:00:47	00:27:14.30	00:28:01.30	+00:09:25	5:26	11
96	SZKOPIAK-NOWAKOWSKA Oliwia	4		K-20	18	00:00:41	00:27:16.85	00:27:58.30	+00:09:28	5:27	11
97	KOWALSKA Jolanta	391		K-40	27	00:00:52	00:27:17.90	00:28:10.75	+00:09:29	5:27	11
98	GRACZKOWSKA Mirosława	1009		K-50	7	00:00:58	00:27:24.05	00:28:22.85	+00:09:35	5:28	10.9
99	GROBELNA Ida	1063		K-20	19	00:00:55	00:27:25.05	00:28:20.05	+00:09:36	5:29	10.9
100	MAGDZIARZ Katarzyna	586		K-40	28	00:01:07	00:27:25.15	00:28:32.70	+00:09:36	5:29	10.9
101	ZAMIATOWSKA Kinga	24	BELLA LINE	K-40	29	00:00:15	00:27:25.35	00:27:40.55	+00:09:37	5:29	10.9
102	OZDARSKA Amelia	607	OZDAR TEAM	K-10	4	00:00:34	00:27:27.10	00:28:01.50	+00:09:38	5:29	10.9
103	HAWRYŁO Marta	580		K-30	44	00:00:06	00:27:27.65	00:27:34.55	+00:09:39	5:29	10.9
104	SIERADZKA Małgorzata	734		K-40	30	00:01:16	00:27:29.50	00:28:46.30	+00:09:41	5:29	10.9
105	SPYCHALSKA Kinga	1022	KOLOROWE GACIE	K-30	45	00:00:43	00:27:30.40	00:28:14.20	+00:09:42	5:30	10.9
106	KABACIŃSKA Kinga	485		K-30	46	00:00:16	00:27:31.80	00:27:48.60	+00:09:43	5:30	10.9
107	MEYER Marzena	398		K-40	31	00:00:42	00:27:32.95	00:28:15.35	+00:09:44	5:30	10.9
108	BUREK Dorota	740		K-40	32	00:00:18	00:27:33.15	00:27:52.05	+00:09:44	5:30	10.9
109	SIWAK Anna	1006		K-40	33	00:01:01	00:27:36.60	00:28:38.20	+00:09:48	5:31	10.9
110	MUSS Karolina	1067		K-40	34	00:01:08	00:27:38.80	00:28:47.35	+00:09:50	5:31	10.9
111	WIŚNIEWSKA Iga	536		K-30	47	00:00:21	00:27:42.15	00:28:03.55	+00:09:53	5:32	10.8
112	PIECHOWSKA Magdalena	257		K-40	35	00:00:54	00:27:43.00	00:28:37.65	+00:09:54	5:32	10.8
113	MISUN-NOWAK Katarzyna	227	AKADEMIA MISTRZÓW SPORTU	K-40	36	00:00:44	00:27:43.80	00:28:28.20	+00:09:55	5:32	10.8
114	BEJFUS Kinga	654		K-20	20	00:01:17	00:27:44.85	00:29:02.15	+00:09:56	5:32	10.8
115	SENGER Natalia	602		K-30	48	00:00:38	00:27:45.90	00:28:24.85	+00:09:57	5:33	10.8
116	MŁYNARCZYK Kamila	190	ORANGE POLSKA	K-30	49	00:01:09	00:27:47.55	00:28:57.45	+00:09:59	5:33	10.8
117	VASYLIUK Svitlana	564	SOLANKOWE BIEGACZY	K-30	50	00:00:37	00:27:48.55	00:28:25.95	+00:10:00	5:33	10.8
118	KRZYWAŃSKA Aleksandra	576	BIEGACZKI SIŁACZKI	K-40	37	00:00:19	00:27:49.20	00:28:09.00	+00:10:00	5:33	10.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
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119	SIUDZIŃSKA-BESS Anna	449		K-30	51	00:00:07	00:27:49.40	00:27:56.60	+00:10:01	5:33	10.8
120	KOPCZYŃSKA Ewelina	1098		K-40	38	00:01:12	00:27:51.55	00:29:03.55	+00:10:03	5:34	10.8
121	SITKO Agata	458		K-40	39	00:00:26	00:27:52.70	00:28:18.95	+00:10:04	5:34	10.8
122	WŁODARCZYK Hanna	413		K-40	40	00:00:35	00:27:58.85	00:28:34.10	+00:10:10	5:35	10.7
123	DROSDOWSKA Klara	678		K-20	21	00:00:39	00:28:02.35	00:28:41.45	+00:10:14	5:36	10.7
124	FUZ Gabriela	309	KABEL TEAM BYDGOSZCZ	K-40	41	00:00:42	00:28:03.60	00:28:46.30	+00:10:15	5:36	10.7
125	SZYMAŃSKA Adrianna	1143		K-30	52	00:00:19	00:28:05.55	00:28:25.20	+00:10:17	5:37	10.7
126	WÓJCIK Magda	251		K-20	22	00:01:11	00:28:06.45	00:29:18.35	+00:10:18	5:37	10.7
127	POSKROP Miłostawa	850		K-10	5	00:01:21	00:28:10.25	00:29:32.20	+00:10:21	5:38	10.7
128	SZCZYGIELSKA -GRZYBOWSKA Violetta	913		K-50	8	00:00:16	00:28:13.10	00:28:29.10	+00:10:24	5:38	10.6
129	ZMUDZIŃSKA Jagoda	1075		K-10	6	00:01:12	00:28:18.50	00:29:31.10	+00:10:30	5:39	10.6
130	CHYLIŃSKA Monika	339	-	K-40	42	00:00:57	00:28:24.60	00:29:22.25	+00:10:36	5:40	10.6
131	MURAWSKA Mariola	113		K-20	23	00:00:29	00:28:24.65	00:28:54.45	+00:10:36	5:40	10.6
132	PILEWSKA Marta	124		K-30	53	00:00:59	00:28:26.35	00:29:26.10	+00:10:38	5:41	10.6
133	SUCHOMSKA Beata	103		K-40	43	00:01:06	00:28:27.30	00:29:33.30	+00:10:38	5:41	10.5
134	KOZICKA Magdalena	1197		K-20	24	00:01:06	00:28:29.20	00:29:35.30	+00:10:40	5:41	10.5
135	KASPRZAK Nikola	204		K-10	7	00:00:15	00:28:29.90	00:28:45.70	+00:10:41	5:41	10.5
136	SIKORSKA Edyta	247		K-30	54	00:00:00	00:28:30.00	00:28:30.00	+00:10:41	5:42	10.5
137	PARADOWSKA Bogumiła	981		K-40	44	00:00:38	00:28:32.05	00:29:10.65	+00:10:43	5:42	10.5
138	KUBOWICZ-KAMIŃSKA Hania	15	BIEGAJĄCY_Z_WILKAMI	K-30	55	00:00:18	00:28:39.15	00:28:57.30	+00:10:50	5:43	10.5
139	POSKROP Aleksandra	849		K-10	8	00:01:22	00:28:40.80	00:30:03.20	+00:10:52	5:44	10.5
140	MAKSELLON Monika	1064		K-30	56	00:00:43	00:28:43.20	00:29:26.70	+00:10:54	5:44	10.4
141	FELKNER Alicja	1126		K-10	9	00:01:23	00:28:46.20	00:30:10.00	+00:10:57	5:45	10.4
142	ORZECHOWSKA Gabriela	526	ORZECH BIEGA	K-10	10	00:00:21	00:28:49.00	00:29:10.10	+00:11:00	5:45	10.4
143	DEMBIŃSKA Katarzyna	940		K-20	25	00:01:09	00:28:54.30	00:30:04.10	+00:11:05	5:46	10.4
144	FRANKOWSKA Małgorzata	539		K-40	45	00:00:38	00:28:54.80	00:29:32.90	+00:11:06	5:46	10.4
145	WESOŁOWSKA Aleksandra	68		K-40	46	00:00:15	00:28:55.10	00:29:10.80	+00:11:06	5:47	10.4
146	SYGNECKA Kasia	907		K-30	57	00:01:17	00:28:55.20	00:30:12.90	+00:11:06	5:47	10.4
147	WESOŁOWSKA Aleksandra	905		K-40	47	00:00:19	00:28:56.10	00:29:16.05	+00:11:07	5:47	10.4
148	KACZMAREK Angelika	543		K-30	58	00:00:14	00:28:57.90	00:29:11.95	+00:11:09	5:47	10.4
149	ZAGOŹDŻON Wioleta	353	SOLECCY BIEGACZE	K-30	59	00:00:43	00:28:58.50	00:29:42.10	+00:11:10	5:47	10.4
150	PIJAROWSKA Ilona	888	KU BLISKOŚCI	K-10	11	00:00:15	00:28:59.25	00:29:14.30	+00:11:10	5:47	10.4
151	KARCZMARCZYK Dorota	519		K-30	60	00:00:46	00:29:00.45	00:29:46.70	+00:11:12	5:48	10.3
152	CZARNECKA -PIJAROWSKA Dominika	473	KU BLISKOŚCI	K-40	48	00:00:15	00:29:04.50	00:29:19.90	+00:11:16	5:48	10.3
153	KILIŃSKA Magdalena	192	HELIX POMATIA	K-30	61	00:00:34	00:29:06.00	00:29:40.00	+00:11:17	5:49	10.3
154	KRAWCZUK Aleksandra	1175		K-30	62	00:00:26	00:29:06.55	00:29:33.10	+00:11:18	5:49	10.3
155	SUSZEK Kasia	1142		K-30	63	00:01:16	00:29:07.45	00:30:23.75	+00:11:19	5:49	10.3
156	PIKULSKA Monika	891		K-30	64	00:01:10	00:29:09.70	00:30:20.65	+00:11:21	5:49	10.3
157	RUTKA Kasia	921		K-20	26	00:00:24	00:29:10.90	00:29:35.70	+00:11:22	5:50	10.3
158	PAWLEWSKA Joanna	228		K-40	49	00:00:41	00:29:19.30	00:30:00.55	+00:11:30	5:51	10.2
159	WÓJCIK Marika	931		K-30	65	00:00:32	00:29:22.05	00:29:54.30	+00:11:33	5:52	10.2
160	FELINIAK Ewelina	620		K-30	66	00:00:38	00:29:23.75	00:30:02.55	+00:11:35	5:52	10.2
161	GADOMSKA Maria	20	RUN BYDGOSZCZ	K-70+	1	00:00:20	00:29:23.80	00:29:43.90	+00:11:35	5:52	10.2
162	KOCZOROWSKA Kamila	22	KAMKOC	K-30	67	00:01:12	00:29:27.65	00:30:40.60	+00:11:39	5:53	10.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
163	BŁAŻEK-KOJRO Kasia	171		K-30	68	00:00:28	00:29:28.55	00:29:57.25	+00:11:40	5:53	10.2
163	UMIŃSKA Marzena	634		K-30	68	00:00:52	00:29:28.55	00:30:21.05	+00:11:40	5:53	10.2
165	POLACKA Jadwiga	1104	BIEGAJ Z DĘBAMI	K-40	50	00:01:11	00:29:29.90	00:30:41.30	+00:11:41	5:53	10.2
166	GAWŁOWSKA Kinga	828		K-20	27	00:01:14	00:29:30.75	00:30:44.80	+00:11:42	5:54	10.2
167	WISNIEWSKA Małgorzata	1160		K-40	51	00:00:44	00:29:31.35	00:30:15.35	+00:11:43	5:54	10.2
168	RUTKOWSKA Virginia	664	CHMURA COACHING	K-30	70	00:00:11	00:29:37.25	00:29:49.10	+00:11:48	5:55	10.1
169	IGNASIAK Bernadeta	961		K-40	52	00:00:26	00:29:38.35	00:30:04.45	+00:11:50	5:55	10.1
170	SZAJDA Magdalena	367	TRICHICKAS	K-40	53	00:00:32	00:29:39.25	00:30:12.00	+00:11:50	5:55	10.1
171	NAWROCKA Joanna	1072		K-40	54	00:00:19	00:29:47.95	00:30:07.75	+00:11:59	5:57	10.1
172	KLIMZA Marzena	1038	LUBICZ TEAM	K-40	55	00:00:42	00:29:49.70	00:30:32.10	+00:12:01	5:57	10.1
173	GRZELAK Sylwia	1024		K-50	9	00:00:56	00:29:52.15	00:30:48.45	+00:12:03	5:58	10
174	MIŚTAK Kamila	942		K-20	28	00:00:49	00:29:52.40	00:30:41.80	+00:12:04	5:58	10
175	HORYD Justyna	37		K-40	56	00:00:54	00:29:59.20	00:30:53.60	+00:12:10	5:59	10
176	NOWICKA Małgorzata	313		K-20	29	00:01:09	00:30:03.25	00:31:12.90	+00:12:14	6:00	10
177	LENSER Ewa	759		K-40	57	00:00:45	00:30:04.40	00:30:50.05	+00:12:16	6:00	10
178	ZIELIŃSKA Justyna	14	KOLOROWE GACIE	K-40	58	00:00:44	00:30:04.80	00:30:49.50	+00:12:16	6:00	10
179	POLEWKA Aleksandra	897	UKS KOMETA GLIWICE	K-20	30	00:00:10	00:30:06.90	00:30:17.50	+00:12:18	6:01	10
180	RASSALSKA-KAUSA Jola	35		K-40	59	00:00:54	00:30:12.70	00:31:06.70	+00:12:24	6:02	9.9
181	RYBACKA Iwona	989		K-40	60	00:00:50	00:30:12.90	00:31:03.45	+00:12:24	6:02	9.9
182	AUGUSTYNOWICZ Katarzyna	283		K-40	61	00:00:15	00:30:17.30	00:30:33.20	+00:12:28	6:03	9.9
183	WOŹNIACKA Beata	84	KOLOROWE GACIE	K-50	10	00:00:45	00:30:17.95	00:31:03.05	+00:12:29	6:03	9.9
184	SZYMCZAK Barbara	1188		K-40	62	00:00:32	00:30:19.40	00:30:52.30	+00:12:31	6:03	9.9
185	TYKWIŃSKA Agnieszka	522		K-30	71	00:00:11	00:30:21.75	00:30:32.90	+00:12:33	6:04	9.9
186	GÓRSKA Paulina	359	HARPAGAN RUNNERS	K-30	72	00:00:49	00:30:22.65	00:31:12.55	+00:12:34	6:04	9.9
187	HOŁYŃSKA Katarzyna	730		K-40	63	00:00:19	00:30:23.50	00:30:43.00	+00:12:35	6:04	9.9
188	WOJCIECHOWSKA Dagmara	967		K-40	64	00:00:39	00:30:25.15	00:31:04.90	+00:12:36	6:05	9.9
189	STEGNERSKA Agnieszka	846		K-40	65	00:00:22	00:30:26.15	00:30:48.90	+00:12:37	6:05	9.9
190	ŚLIWIŃSKA Malwina	948	BOGMAR OSTROMECKO	K-30	73	00:00:35	00:30:32.85	00:31:07.85	+00:12:44	6:06	9.8
191	ROSŁOŃSKA Kinga	267		K-30	74	00:01:00	00:30:33.30	00:31:34.05	+00:12:44	6:06	9.8
192	ZIÓŁKOWSKA Gosia	862	FORDON BIEGA	K-30	75	00:00:12	00:30:33.65	00:30:46.60	+00:12:45	6:06	9.8
193	PROKOPOWICZ Aleksandra	50		K-40	66	00:01:17	00:30:33.75	00:31:50.80	+00:12:45	6:06	9.8
194	ZYGIEL Paulina	328		K-20	31	00:00:39	00:30:39.10	00:31:18.65	+00:12:50	6:07	9.8
195	TUCZKOWSKA Joanna	1157		K-30	76	00:00:36	00:30:39.85	00:31:16.65	+00:12:51	6:07	9.8
196	LUZAK Jadwiga	1168		K-60+	1	00:00:14	00:30:40.10	00:30:54.60	+00:12:51	6:08	9.8
197	PODRALSKA Monika	466		K-30	77	00:01:10	00:30:40.25	00:31:50.25	+00:12:51	6:08	9.8
198	JANULEWICZ Monika	1158		K-40	67	00:00:36	00:30:41.30	00:31:17.50	+00:12:52	6:08	9.8
198	REINKE Olivia	722		K-10	12	00:00:03	00:30:41.30	00:30:44.50	+00:12:52	6:08	9.8
200	WIATROWSKA Ewa	823		K-10	13	00:00:13	00:30:43.50	00:30:56.95	+00:12:55	6:08	9.8
201	BIELUSZEWSKA Mirela	58		K-30	78	00:00:49	00:30:43.65	00:31:33.40	+00:12:55	6:08	9.8
202	KACPERSKA Anna	583	BIEGACZKI SIŁACZKI	K-40	68	00:00:18	00:30:45.75	00:31:04.30	+00:12:57	6:09	9.8
203	BARAŃSKA Sylwia	665	PARKRUN BYDGOSZCZ	K-50	11	00:00:24	00:30:45.95	00:31:10.85	+00:12:57	6:09	9.8
204	RZEPA Karolina	794		K-20	32	00:01:19	00:30:46.05	00:32:05.75	+00:12:57	6:09	9.8
205	SZULAKOWSKA Patrycja	687	TERENOWA MASAKRA TEAM	K-40	69	00:01:05	00:30:46.95	00:31:52.75	+00:12:58	6:09	9.8
206	MIECZKOWSKA-LAPKE Weronika	750		K-20	33	00:00:37	00:30:48.15	00:31:25.15	+00:12:59	6:09	9.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
207	GĄSIOROWSKA Barbara	430		K-30	79	00:00:14	00:30:49.75	00:31:04.00	+00:13:01	6:09	9.7
208	FELKNER Sylwia	1127		K-40	70	00:01:12	00:30:50.20	00:32:02.75	+00:13:01	6:10	9.7
209	GOTOWICZ Joanna	898		K-20	34	00:00:59	00:30:50.90	00:31:50.35	+00:13:02	6:10	9.7
210	WICHTOWSKA Ewa	644	SWEETVET TEAM	K-30	80	00:01:13	00:30:52.70	00:32:06.25	+00:13:04	6:10	9.7
211	MAŁKIŃSKA-BIĘGA Dorota	603		K-30	81	00:00:49	00:30:54.20	00:31:43.65	+00:13:05	6:10	9.7
212	KŁOSOWSKA-BUTOR Beata	432		K-50	12	00:00:15	00:30:54.55	00:31:10.05	+00:13:06	6:10	9.7
213	FYDRYCH Dagmara	852		K-20	35	00:01:14	00:30:57.05	00:32:11.40	+00:13:08	6:11	9.7
214	MAZANOWSKA Ewa	1025		K-40	71	00:00:54	00:30:57.35	00:31:52.25	+00:13:09	6:11	9.7
215	WIATROWSKA Katarzyna	822		K-30	82	00:00:00	00:31:00.20	00:31:00.20	+00:13:11	6:12	9.7
216	MOSUR-GALICKA Angelina	19	AKADEMIA MISTRZÓW SPORTU	K-50	13	00:00:46	00:31:00.30	00:31:46.95	+00:13:11	6:12	9.7
217	WYPYCH Zuzanna	763	BIOTECH	K-20	36	00:00:37	00:31:05.55	00:31:43.45	+00:13:17	6:13	9.7
218	DUDA Anna	139	RUN BYDGOSZCZ	K-30	83	00:01:08	00:31:05.75	00:32:14.25	+00:13:17	6:13	9.7
219	BOROWIEC Adrianna	1159		K-20	37	00:01:03	00:31:08.50	00:32:11.70	+00:13:20	6:13	9.6
220	KRASINSKAKOBUS Agata	500		K-40	72	00:00:54	00:31:08.70	00:32:03.60	+00:13:20	6:13	9.6
221	WŁAŚNIAK Sylwia	329		K-40	73	00:00:46	00:31:09.45	00:31:55.80	+00:13:21	6:13	9.6
222	GŁĘBOCKA Agnieszka	43		K-40	74	00:01:10	00:31:10.60	00:32:21.15	+00:13:22	6:14	9.6
223	CICHULSKA-QUAAS Izabela	157		K-40	75	00:00:42	00:31:17.55	00:31:59.85	+00:13:29	6:15	9.6
224	MICHNIEWICZ Małgorzata	415		K-40	76	00:00:25	00:31:20.25	00:31:46.05	+00:13:31	6:16	9.6
225	PIERZCHALSKA Kasia	202		K-40	77	00:00:16	00:31:20.60	00:31:37.35	+00:13:32	6:16	9.6
226	STEFAŃSKA Joanna	941		K-20	38	00:00:49	00:31:21.40	00:32:10.60	+00:13:33	6:16	9.6
227	RYDELSKA Kinga	293		K-50	14	00:00:36	00:31:21.90	00:31:58.80	+00:13:33	6:16	9.6
228	ŁUCZKOWSKA Sylwia	1114		K-30	84	00:00:28	00:31:22.20	00:31:50.65	+00:13:33	6:16	9.6
229	ZAREMBA WANCZURA Joanna	1215		K-40	78	00:00:35	00:31:23.80	00:31:59.05	+00:13:35	6:16	9.6
230	RÓŻYCKA Anna	1118		K-30	85	00:01:05	00:31:23.85	00:32:28.95	+00:13:35	6:16	9.6
231	MATEJA Anna	406		K-30	86	00:00:57	00:31:24.75	00:32:22.00	+00:13:36	6:16	9.6
232	ZBIRANEK Beata	575	BIEGACZKI SIŁACZKI	K-40	79	00:00:20	00:31:25.75	00:31:45.95	+00:13:37	6:17	9.5
233	TUSZYŃSKA Anna	229		K-20	39	00:00:17	00:31:29.10	00:31:47.00	+00:13:40	6:17	9.5
234	SURMACZ Natalia	213		K-10	14	00:00:49	00:31:34.50	00:32:23.80	+00:13:46	6:18	9.5
235	JANIC Joanna	147		K-40	80	00:01:02	00:31:38.45	00:32:40.80	+00:13:50	6:19	9.5
236	JAWORSKA Michalina	856	STOWARZYSZENIE DZIĘKI WAM	K-10	15	00:00:30	00:31:38.85	00:32:08.95	+00:13:50	6:19	9.5
237	ALEKSANDER Alicja	1033		K-20	40	00:01:02	00:31:46.70	00:32:49.60	+00:13:58	6:21	9.4
238	KAŻMIERCZAK Aleksandra	788	BIEGAJ Z DĘBAMI	K-40	81	00:01:11	00:31:48.55	00:32:59.95	+00:14:00	6:21	9.4
239	WAŚNIEWSKA Ewa	914		K-30	87	00:00:29	00:31:53.35	00:32:23.15	+00:14:05	6:22	9.4
240	KAMIŃSKA Monika	191		K-30	88	00:01:09	00:31:54.50	00:33:04.40	+00:14:06	6:22	9.4
241	GAPINSKA Dorota	209		K-30	89	00:00:48	00:31:56.30	00:32:44.60	+00:14:07	6:23	9.4
242	PIONTEK Elżbieta	544		K-60+	2	00:01:12	00:31:56.65	00:33:09.05	+00:14:08	6:23	9.4
243	ROSZAK Kinga	944		K-10	16	00:00:35	00:31:57.40	00:32:32.50	+00:14:09	6:23	9.4
244	NIEMIEC Karolina	590	DLA WIKTORKA	K-40	82	00:00:56	00:31:57.45	00:32:53.45	+00:14:09	6:23	9.4
245	WIŚNIEWSKA Lucyna	301		K-50	15	00:00:39	00:32:03.40	00:32:42.75	+00:14:15	6:24	9.4
246	KWASIGROCH Aleksandra	1207		K-40	83	00:00:22	00:32:17.25	00:32:39.70	+00:14:28	6:27	9.3
247	KAJA Michalina	1179		K-10	17	00:00:25	00:32:19.55	00:32:44.90	+00:14:31	6:27	9.3
248	MILARSKA Patrycja	1065		K-30	90	00:00:43	00:32:21.20	00:33:04.60	+00:14:32	6:28	9.3
249	BŁOCH Katarzyna	630		K-30	91	00:01:07	00:32:25.20	00:33:32.20	+00:14:36	6:29	9.3
250	DĄBROWSKA Milena	1087	DA MARTYRIA	K-20	41	00:01:11	00:32:27.85	00:33:39.45	+00:14:39	6:29	9.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
251	KONOPIŃSKA Agnieszka	1010		K-40	84	00:00:27	00:32:38.10	00:33:05.45	+00:14:49	6:31	9.2
252	POLEK Krystyna	1125		K-40	85	00:00:27	00:32:38.50	00:33:05.55	+00:14:50	6:31	9.2
253	POLIWODZIŃSKA Agnieszka	476	WISŁA FORDON	K-40	86	00:01:17	00:32:39.40	00:33:56.90	+00:14:51	6:31	9.2
254	LUTKOWSKA Katarzyna	982		K-40	87	00:00:35	00:32:43.05	00:33:18.35	+00:14:54	6:32	9.2
255	STABRYŁA Agnieszka	842		K-30	92	00:00:51	00:32:44.90	00:33:36.55	+00:14:56	6:32	9.2
256	MAZELA Monika	699		K-40	88	00:00:51	00:32:45.10	00:33:36.60	+00:14:56	6:33	9.2
257	PRIETZ Agata	342		K-40	89	00:01:02	00:32:51.90	00:33:54.15	+00:15:03	6:34	9.1
258	ZAWADZKA Monika	343		K-30	93	00:01:02	00:32:52.10	00:33:54.25	+00:15:03	6:34	9.1
259	GRZESZCZUK Zuzanna	326		K-10	18	00:01:08	00:32:52.40	00:34:01.30	+00:15:04	6:34	9.1
260	TOKARSKA Alicja	401	VEGE RUNNERS	K-40	90	00:00:45	00:32:53.40	00:33:39.05	+00:15:05	6:34	9.1
261	WAWRZYŃIAK Sandra	469	BYDGOSZCZ NA START	K-30	94	00:00:54	00:32:54.00	00:33:48.40	+00:15:05	6:34	9.1
262	LEWANDOWSKA Renata	1195	ROLLTEAM BYDGOSZCZ	K-40	91	00:00:23	00:32:54.65	00:33:17.80	+00:15:06	6:34	9.1
263	SENSKA Magdalena	117		K-40	92	00:00:31	00:32:56.65	00:33:28.30	+00:15:08	6:35	9.1
264	WYSOCKA Kiara	1018	SH HORYZONT	K-20	42	00:01:01	00:32:57.40	00:33:59.05	+00:15:09	6:35	9.1
264	MARJAŃSKA Agata	1019	SH HORYZONT	K-10	19	00:01:01	00:32:57.40	00:33:59.05	+00:15:09	6:35	9.1
266	ERDMANN Agnieszka	996		K-40	93	00:00:56	00:32:58.75	00:33:55.20	+00:15:10	6:35	9.1
267	ŚLIWA Katarzyna	646	SWEETVET TEAM	K-30	95	00:01:15	00:32:59.05	00:34:14.20	+00:15:10	6:35	9.1
268	DRAFC Mariola	1136		K-40	94	00:00:56	00:32:59.35	00:33:55.80	+00:15:11	6:35	9.1
269	KUK Sylwia	568		K-40	95	00:01:14	00:33:00.50	00:34:15.40	+00:15:12	6:36	9.1
270	KOWALEWSKA Monika	1094		K-40	96	00:00:42	00:33:01.60	00:33:43.70	+00:15:13	6:36	9.1
271	RUJNER Klara	693		K-50	16	00:00:33	00:33:07.00	00:33:40.10	+00:15:18	6:37	9.1
272	MIELCAREK Małgorza	895		K-40	97	00:00:59	00:33:11.50	00:34:11.00	+00:15:23	6:38	9
273	CACAŁOWSKA Paulina	587		K-20	43	00:00:46	00:33:12.95	00:33:59.10	+00:15:24	6:38	9
274	CZYŻNIKOWSKA Anna	510		K-40	98	00:01:01	00:33:13.80	00:34:15.50	+00:15:25	6:38	9
275	KUBERSKA Roma	616		K-40	99	00:01:03	00:33:16.50	00:34:19.90	+00:15:28	6:39	9
276	SIEG Małgorzata	885	BB ACTIVE TEAM	K-30	96	00:00:29	00:33:18.55	00:33:48.25	+00:15:30	6:39	9
277	JAKUBOWSKA Karina	1085		K-30	97	00:00:57	00:33:18.75	00:34:16.00	+00:15:30	6:39	9
278	BRZEZIŃSKA Sylwia	275		K-30	98	00:01:05	00:33:22.50	00:34:27.55	+00:15:34	6:40	9
279	BONIN Karolina	910		K-30	99	00:01:02	00:33:24.50	00:34:27.30	+00:15:36	6:40	9
280	OSUCH Małgorzata	1147		K-30	100	00:00:10	00:33:25.10	00:33:35.10	+00:15:36	6:41	9
281	TOMCZAK Marzena	986		K-30	101	00:00:45	00:33:30.75	00:34:15.75	+00:15:42	6:42	9
282	GRZYBCZYŃSKA Monika	803		K-30	102	00:01:20	00:33:34.50	00:34:55.00	+00:15:46	6:42	8.9
283	BORKOWSKA Ewelina	237		K-20	44	00:00:36	00:33:36.10	00:34:12.45	+00:15:47	6:43	8.9
284	CHNURZYŃSKA Ewa	797		K-Open	1	00:00:59	00:33:43.25	00:34:42.65	+00:15:54	6:44	8.9
285	ROSIŃSKA Paulina	715		K-20	45	00:00:51	00:33:43.50	00:34:35.05	+00:15:55	6:44	8.9
286	MARCHLEWSKA Amelia	720		K-10	20	00:00:22	00:33:44.75	00:34:07.10	+00:15:56	6:44	8.9
287	ŻUCHELKOWSKA Agata	143	MAMA ADAMA TEAM	K-30	103	00:01:13	00:33:45.05	00:34:58.60	+00:15:56	6:45	8.9
288	KRYSIŃSKA Kamila	1162		K-40	100	00:01:01	00:33:45.10	00:34:46.10	+00:15:56	6:45	8.9
289	KWASIGROCH Daria	1050		K-20	46	00:00:36	00:33:55.25	00:34:31.90	+00:16:06	6:47	8.8
290	ŁUSZCZYNA Karolina	116		K-20	47	00:00:29	00:33:56.70	00:34:26.10	+00:16:08	6:47	8.8
291	KOZIOŁ Magdalena	250	FIT FORMA BYDGOSZCZ	K-30	104	00:00:41	00:33:58.45	00:34:39.85	+00:16:10	6:47	8.8
292	ZMITROWICZ Hanna	671	FIT FORMA BYDGOSZCZ	K-30	105	00:00:41	00:33:58.85	00:34:39.95	+00:16:10	6:47	8.8
293	FELSKA Katarzyna	240		K-30	106	00:00:40	00:33:59.15	00:34:39.80	+00:16:10	6:47	8.8
294	DEMBOWSKA Marta	866		K-20	48	00:00:47	00:34:02.40	00:34:49.45	+00:16:14	6:48	8.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
295	REINKE Joanna	723		K-40	101	00:00:03	00:34:03.00	00:34:06.70	+00:16:14	6:48	8.8
296	TRACKA Monika	947		K-30	107	00:01:06	00:34:06.75	00:35:12.95	+00:16:18	6:49	8.8
297	OSTROWSKA Renata	338		K-40	102	00:00:33	00:34:10.80	00:34:44.40	+00:16:22	6:50	8.8
298	TEWS Marzena	835		K-40	103	00:00:32	00:34:12.15	00:34:44.40	+00:16:23	6:50	8.8
299	MIKOŁAJEWSKA Dominika	557	WISŁA FORDON	K-20	49	00:01:17	00:34:14.00	00:35:31.80	+00:16:25	6:50	8.8
300	GRABSKA-ZIELIŃSKA Sylwia	1082		K-30	108	00:00:36	00:34:15.05	00:34:51.20	+00:16:26	6:51	8.8
301	MARKOWSKA-BAUMGART Aneta	1061	DĘBY OSIELSKO	K-60+	3	00:01:16	00:34:26.50	00:35:43.20	+00:16:38	6:53	8.7
302	SĘDZIK Joanna	1012		K-40	104	00:00:58	00:34:42.40	00:35:40.50	+00:16:54	6:56	8.6
303	BICZEL Dobrochna	1014		K-10	21	00:00:58	00:34:42.55	00:35:40.70	+00:16:54	6:56	8.6
304	MISUN Mariola	151	AKADEMIA MISTRZÓW SPORTU	K-60+	4	00:00:47	00:34:48.95	00:35:35.95	+00:17:00	6:57	8.6
305	SNOPEK Edyta	219		K-30	109	00:00:19	00:34:53.95	00:35:13.35	+00:17:05	6:58	8.6
306	WILMA Patrycja	295		K-30	110	00:00:59	00:35:02.35	00:36:01.85	+00:17:14	7:00	8.6
307	NIEDZIELSKA Małgorzata	773		K-50	17	00:00:36	00:35:11.75	00:35:48.60	+00:17:23	7:02	8.5
308	ANDRYSZCZYK Olga	1129		K-40	105	00:00:43	00:35:17.00	00:36:00.35	+00:17:28	7:03	8.5
309	ŻELAZKO Anna	875		K-30	111	00:01:24	00:35:19.60	00:36:43.80	+00:17:31	7:03	8.5
310	NOWACKA Katarzyna	874		K-30	112	00:01:24	00:35:19.80	00:36:44.10	+00:17:31	7:03	8.5
311	PALACZ Wioletta	577	POLONIA BYDGOSZCZ SLA	K-40	106	00:00:17	00:35:21.80	00:35:38.90	+00:17:33	7:04	8.5
312	MUCHA Izabela	421		K-30	113	00:00:34	00:35:23.45	00:35:57.45	+00:17:35	7:04	8.5
313	PIĘKNA Monika	738		K-40	107	00:00:53	00:35:24.35	00:36:18.00	+00:17:36	7:04	8.5
314	MYSZKOWSKA Monika	796		K-50	18	00:00:25	00:35:30.20	00:35:56.15	+00:17:41	7:06	8.5
315	MALCZEWSKA Mirka	451	FORDONRUNNERS	K-60+	5	00:01:00	00:35:32.75	00:36:33.30	+00:17:44	7:06	8.4
316	KWIATKOWSKA Małgorzata	1015		K-60+	6	00:01:16	00:35:38.80	00:36:55.70	+00:17:50	7:07	8.4
317	MIKOŁAJCZAK Aleksandra	1121		K-40	108	00:00:45	00:35:41.35	00:36:26.40	+00:17:53	7:08	8.4
318	KUCHARCZYK Jola	949	BOGMAR OSTROMECKO	K-40	109	00:00:34	00:35:41.40	00:36:16.20	+00:17:53	7:08	8.4
319	KOCZWARA-SAJDAK Katarzyna	912		K-30	114	00:00:27	00:35:50.35	00:36:17.90	+00:18:02	7:10	8.4
320	SMOLEŃ Aleksandra	836	BTW	K-10	22	00:00:47	00:35:50.80	00:36:38.65	+00:18:02	7:10	8.4
321	WILANDT Natalia	241		K-30	115	00:01:00	00:35:51.75	00:36:52.40	+00:18:03	7:10	8.4
322	GRABOWSKA Marlena	742		K-40	110	00:00:15	00:35:53.80	00:36:09.50	+00:18:05	7:10	8.4
323	ROMIANOWSKA Agnieszka	743		K-40	111	00:00:15	00:35:54.15	00:36:09.95	+00:18:05	7:10	8.4
324	LEWANDOWSKA Izabela	741		K-30	116	00:00:15	00:35:54.25	00:36:09.75	+00:18:05	7:10	8.4
325	OLSTOWSKA Maja	844	BYDGOSKIE TOWARZYSTWO SPORTOWE	K-10	23	00:00:48	00:35:54.50	00:36:42.85	+00:18:06	7:10	8.4
326	KABAT Magda	839	BTW	K-10	24	00:00:46	00:35:54.80	00:36:41.50	+00:18:06	7:10	8.4
327	WILANDT-SOBKO Marta	243		K-20	50	00:01:00	00:35:55.20	00:36:55.65	+00:18:06	7:11	8.4
328	SPRENGEL Agnieszka	737		K-40	112	00:01:16	00:35:56.50	00:37:12.65	+00:18:08	7:11	8.3
329	SADOWSKA-CHORAŻAK Aneta	968		K-40	113	00:00:20	00:35:58.25	00:36:18.35	+00:18:09	7:11	8.3
330	CZEKALSKA Beata	1031		K-30	117	00:00:44	00:36:06.20	00:36:50.35	+00:18:17	7:13	8.3
331	BETLEJ Karolina	617		K-20	51	00:00:45	00:36:06.85	00:36:52.80	+00:18:18	7:13	8.3
332	MIELCAREK Ania	760		K-40	114	00:01:03	00:36:10.20	00:37:13.60	+00:18:21	7:14	8.3
333	DALECKA Elżbieta	938		K-20	52	00:01:14	00:36:34.65	00:37:48.70	+00:18:46	7:18	8.2
334	KRUPA Paulina	804		K-20	53	00:00:00	00:37:01.95	00:37:01.95	+00:19:13	7:24	8.1
335	PIESZCZYŃSKA Oliwia	934		K-10	25	00:01:02	00:37:06.00	00:38:08.90	+00:19:17	7:25	8.1
336	IGNATOWSKA Izabella	932		K-10	26	00:01:02	00:37:06.30	00:38:08.90	+00:19:17	7:25	8.1
337	ĆWIK-KOTWICA Patrycja	420		K-30	118	00:00:33	00:37:07.55	00:37:41.50	+00:19:19	7:25	8.1
338	WOŹNIAK Anna	532		K-40	115	00:00:33	00:37:07.95	00:37:41.50	+00:19:19	7:25	8.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
339	NAWROCKA Anetta	964		K-50	19	00:00:37	00:37:24.25	00:38:01.80	+00:19:35	7:28	8
340	ŚWIĄTEK Katarzyna	793		K-20	54	00:01:20	00:37:26.75	00:38:47.20	+00:19:38	7:29	8
341	KRANC Justyna	802		K-30	119	00:01:20	00:37:26.80	00:38:47.40	+00:19:38	7:29	8
342	NOWAKOWSKA-SZWAJCA Anna	230		K-50	20	00:00:57	00:37:27.05	00:38:24.45	+00:19:38	7:29	8
343	ANTCZAK Natalia	506		K-30	120	00:01:11	00:37:28.65	00:38:39.95	+00:19:40	7:29	8
344	KARDASIŃSKA Marta	627		K-20	55	00:01:07	00:37:32.75	00:38:40.40	+00:19:44	7:30	8
345	NOWAK Małgorzata	890		K-30	121	00:00:32	00:37:45.70	00:38:17.80	+00:19:57	7:33	7.9
346	NOWAK Paulina	387		K-20	56	00:00:30	00:37:45.90	00:38:16.80	+00:19:57	7:33	7.9
347	KOSNOWICZ Alicja	825		K-10	27	00:00:37	00:37:55.65	00:38:33.45	+00:20:07	7:35	7.9
348	BAGROVA Olena	1163	RUNTEAM PRUSZCZ	K-40	116	00:01:20	00:37:55.80	00:39:16.10	+00:20:07	7:35	7.9
349	RACKA-KUBIAK Beata	78		K-40	117	00:01:21	00:37:59.35	00:39:21.10	+00:20:11	7:35	7.9
350	SALAMON Marta	915		K-30	122	00:00:40	00:38:01.05	00:38:41.70	+00:20:12	7:36	7.9
351	MATUSZEWSKA Agnieszka	710		K-40	118	00:00:27	00:38:05.65	00:38:33.00	+00:20:17	7:37	7.9
352	ARENT Marzena	304		K-50	21	00:00:50	00:38:10.60	00:39:01.50	+00:20:22	7:38	7.9
353	TWAROWSKA-ANTCZAK Emilia	1043		K-40	119	00:00:04	00:38:19.90	00:38:24.55	+00:20:31	7:39	7.8
354	ANTCZAK Olimpia	1042		K-10	28	00:00:04	00:38:20.90	00:38:25.20	+00:20:32	7:40	7.8
355	POSTÓJSKA Marta	64		K-30	123	00:00:46	00:38:23.65	00:39:10.00	+00:20:35	7:40	7.8
356	WÓJCIK Anna	177		K-40	120	00:00:48	00:38:28.40	00:39:17.20	+00:20:40	7:41	7.8
357	HEYMANN Maria	161		K-50	22	00:01:07	00:38:31.85	00:39:39.80	+00:20:43	7:42	7.8
358	RATAJCZAK Aurelia	292		K-40	121	00:01:13	00:38:35.05	00:39:48.05	+00:20:46	7:43	7.8
359	SURMACZ Agata	206		K-40	122	00:00:15	00:38:37.65	00:38:53.45	+00:20:49	7:43	7.8
360	BIELIŃSKA Joanna	1173		K-40	123	00:00:44	00:38:51.25	00:39:35.80	+00:21:02	7:46	7.7
361	BIELIŃSKA Zuzanna	1172		K-10	29	00:00:44	00:38:51.80	00:39:36.20	+00:21:03	7:46	7.7
362	PIERZGALSKA Anita	501	ZAMULONE OSTRYGI	K-40	124	00:00:53	00:38:55.65	00:39:49.50	+00:21:07	7:47	7.7
363	CZUBEK Teresa	1102		K-30	124	00:01:14	00:39:00.15	00:40:14.95	+00:21:11	7:48	7.7
364	KNUT Agnieszka	640		K-40	125	00:01:19	00:39:05.95	00:40:25.20	+00:21:17	7:49	7.7
365	IWANIUK Anita	498		K-40	126	00:00:53	00:39:06.05	00:39:59.70	+00:21:17	7:49	7.7
366	PULC Anna	412		K-40	127	00:01:04	00:39:17.00	00:40:21.50	+00:21:28	7:51	7.6
367	BURCHARD Natalia	958		K-10	30	00:00:48	00:40:18.05	00:41:06.95	+00:22:29	8:03	7.4
368	BURCHARD Weronika	959		K-10	31	00:00:48	00:40:20.55	00:41:09.45	+00:22:32	8:04	7.4
369	PRZYGOCKA Katarzyna	604		K-30	125	00:00:45	00:40:20.70	00:41:06.65	+00:22:32	8:04	7.4
370	KUGLARZ Karolina	766		K-40	128	00:01:04	00:41:30.20	00:42:34.50	+00:23:41	8:18	7.2
371	KUKUŁA Wioletta	975		K-50	23	00:00:57	00:41:36.75	00:42:34.00	+00:23:48	8:19	7.2
372	JAWORSKA Marcelina	857	STOWARZYSZENIE DZIĘKI WAM	K-10	32	00:00:30	00:41:47.05	00:42:17.60	+00:23:58	8:21	7.2
373	ŚCIUK Wiktoria Anastazja	882	BIAŁE CZAPLE SP PRZYŁĘKI	K-10	33	00:00:20	00:42:09.20	00:42:29.80	+00:24:20	8:25	7.1
374	ŚCIUK Julia	881	BIAŁE CZAPLE SP PRZYŁĘKI	K-10	34	00:00:20	00:42:09.40	00:42:29.80	+00:24:21	8:25	7.1
375	ŻYMANT-SŁODKA Magdalena	643	SWEETVET TEAM	K-40	129	00:00:00	00:45:09.65	00:45:09.65	+00:27:21	9:01	6.6
376	NIEWIADOMSKA Ania	937		K-20	57	00:01:13	00:45:36.20	00:46:49.95	+00:27:47	9:07	6.6
	WADELSKA Joanna	210		K-30		DNF	DNF	DNF	-	-	-
	JANISZAK Beata	748	BIEGACZKI SIŁACZKI	K-40		DNF	DNF	DNF	-	-	-
	JANISZAK Adrianna	749	BIEGACZKI SIŁA	K-10		DNF	DNF	DNF	-	-	-
	GMEREK Olga	920		K-20		DNF	DNF	DNF	-	-	-