BYDGOSKI BIEG NIEPODLEGŁOŚCI 2022

Organizator: Aktywna Bydgoszcz
Data: 2022-11-11
Miejsce: Bydgoszcz
Dystans: 5 km

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	**OCHAL Pawel**	**1060**	TEAMOCHAL	M-40	1	00:00:00	**00:15:43.30**	**00:15:44.00**		3:08	19.1 (100%)
2	**TULEJA Jakub**	**571**	CWZS ZAWISZA BYDGOSZCZ	M-20	1	00:00:00	**00:15:52.95**	**00:15:53.60**	+00:00:09 (1.0%)	3:10	18.9 (99.0%)
3	**NALEWALSKI Rafał**	**1140**	1 POMORSKA BRYGADA LOGISTYCZNA	M-20	2	00:00:00	**00:15:58.50**	**00:15:59.15**	+00:00:15 (1.6%)	3:11	18.8 (98.4%)
4	**MALINOWSKI Paweł**	**1123**	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	1	00:00:00	**00:16:04.90**	**00:16:05.85**	+00:00:21 (2.2%)	3:12	18.7 (97.9%)
5	**WITKOWSKI Mateusz**	**1180**	ELENSPORT SKLEP INTERNETOWY	M-20	3	00:00:00	**00:16:17.15**	**00:16:17.70**	+00:00:33 (3.5%)	3:15	18.4 (96.3%)
6	**GOŁDYN Sebastian**	**1137**	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	2	00:00:01	**00:16:59.35**	**00:17:00.65**	+00:01:16 (7.5%)	3:23	17.7 (92.7%)
7	**JURAK Krzysztof**	**1040**	KUJAWSCY RUNNERS	M-30	3	00:00:01	**00:17:16.55**	**00:17:17.60**	+00:01:33 (9.0%)	3:27	17.4 (91.1%)
8	**FLOREK Paweł**	**950**	RUNADDICTS	M-30	4	00:00:01	**00:17:37.80**	**00:17:39.40**	+00:01:54 (10.8%)	3:31	17 (89.0%)
9	**POZNAŃSKI Szymon**	**762**	BIOTECH	M-30	5	00:00:03	**00:17:38.05**	**00:17:41.55**	+00:01:54 (10.8%)	3:31	17 (89.0%)
10	**SZYSZKA Mariusz**	**674**	1 POMORSKA BRYGADA LOGISTYCZNA	M-40	2	00:00:01	**00:17:39.10**	**00:17:40.90**	+00:01:55 (10.9%)	3:31	17 (89.0%)
11	**SAWIEŁAJC Jakub**	**1002**	TM IRON TEAM	M-20	4	00:00:02	**00:17:42.05**	**00:17:44.25**	+00:01:58 (11.2%)	3:32	16.9 (88.5%)
12	**BIEGAŁA Leszek**	**446**	LINGUA PRO	M-40	3	00:00:02	**00:17:46.05**	**00:17:48.40**	+00:02:02 (11.5%)	3:33	16.9 (88.5%)
13	**SZOT Bartosz**	**656**	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	6	00:00:01	**00:17:51.65**	**00:17:53.45**	+00:02:08 (12.0%)	3:34	16.8 (88.0%)
14	**DERON Waldemar**	**1138**	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	7	00:00:01	**00:17:54.55**	**00:17:56.10**	+00:02:11 (12.2%)	3:34	16.8 (88.0%)
15	**TYMEK Kamil**	**860**	ZAWISZA	M-10	1	00:00:01	**00:17:58.15**	**00:17:59.55**	+00:02:14 (12.5%)	3:35	16.7 (87.4%)
16	**MAĆKOWSKI Maciej**	**553**	UPSBYDGOSZCZ/TEAMOCHAL	M-30	8	00:00:01	**00:18:02.40**	**00:18:03.60**	+00:02:19 (12.9%)	3:36	16.6 (86.9%)
17	**KRYSKE Bartosz**	**3**		M-30	9	00:00:01	**00:18:08.50**	**00:18:09.90**	+00:02:25 (13.3%)	3:37	16.5 (86.4%)
18	**ZEBIDA Kader**	**978**	-	M-20	5	00:00:01	**00:18:13.65**	**00:18:14.70**	+00:02:30 (13.7%)	3:38	16.5 (86.4%)
19	**PĘDZIOCH Przemysław**	**1115**		M-30	10	00:00:02	**00:18:14.05**	**00:18:16.70**	+00:02:30 (13.8%)	3:38	16.5 (86.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
20	**BURDANOWSKI Adam**	**400**		M-30	11	00:00:02	**00:18:14.25**	**00:18:16.40**	+00:02:30 (13.8%)	3:38	16.5 (86.4%)
21	**TUCHOLSKI Bartłomiej**	**394**		M-30	12	00:00:04	**00:18:17.80**	**00:18:22.25**	+00:02:34 (14.1%)	3:39	16.4 (85.9%)
22	**NOCEK Paweł**	**755**	1 POMORSKA BRYGADA LOGISTYCZNA	M-30	13	00:00:01	**00:18:19.45**	**00:18:21.10**	+00:02:36 (14.2%)	3:39	16.4 (85.9%)
23	**DEPTUŁA Grzegorz**	**286**	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M-40	4	00:00:02	**00:18:23.75**	**00:18:26.20**	+00:02:40 (14.5%)	3:40	16.3 (85.3%)
24	**GRUBICH Arkadiusz**	**1090**		M-40	5	00:00:03	**00:18:31.60**	**00:18:35.20**	+00:02:48 (15.1%)	3:42	16.2 (84.8%)
25	**KOTULA Sławomir**	**450**		M-30	14	00:00:04	**00:18:35.55**	**00:18:39.90**	+00:02:52 (15.4%)	3:43	16.1 (84.3%)
26	**ANDRZEJEWSKI Marcin**	**1210**		M-30	15	00:00:01	**00:18:42.10**	**00:18:43.15**	+00:02:58 (15.9%)	3:44	16 (83.8%)
27	**GRZĄDZIELEWSKI Igor**	**1187**	IRON RESORTS	M-20	6	00:00:02	**00:18:47.25**	**00:18:50.10**	+00:03:03 (16.3%)	3:45	16 (83.8%)
28	**SZLINGER Jakub**	**30**	DRUŻYNA STASIA	M-30	16	00:00:03	**00:18:48.00**	**00:18:51.85**	+00:03:04 (16.4%)	3:45	16 (83.8%)
29	**MENDEL Patryk**	**114**	TM IRON TEAM/SLKB	M-20	7	00:00:03	**00:18:49.65**	**00:18:52.70**	+00:03:06 (16.5%)	3:45	15.9 (83.2%)
30	**SUTKOWY Paweł**	**488**		M-30	17	00:00:03	**00:18:50.20**	**00:18:53.55**	+00:03:06 (16.5%)	3:46	15.9 (83.2%)
31	**KALOTA Tomasz**	**1146**	ELECTRUS TORUŃ	M-30	18	00:00:01	**00:18:56.50**	**00:18:58.10**	+00:03:13 (17.0%)	3:47	15.8 (82.7%)
32	**MIZIKOWSKI Wojciech**	**187**		M-40	6	00:00:03	**00:19:00.20**	**00:19:03.50**	+00:03:16 (17.3%)	3:48	15.8 (82.7%)
33	**FUZ Marek**	**310**	KABEL TEAM BYDGOSZCZ	M-50	1	00:00:02	**00:19:01.90**	**00:19:04.50**	+00:03:18 (17.4%)	3:48	15.8 (82.7%)
34	**GWIAZDOWSKI Dominik**	**399**		M-10	2	00:00:07	**00:19:02.40**	**00:19:10.35**	+00:03:19 (17.4%)	3:48	15.8 (82.7%)
35	**PIC Dawid**	**507**	BYLE DO PRZODU	M-30	19	00:00:05	**00:19:04.00**	**00:19:09.05**	+00:03:20 (17.5%)	3:48	15.7 (82.2%)
36	**JAŻDŻEWSKI Kacper**	**813**		M-10	3	00:00:02	**00:19:04.90**	**00:19:07.00**	+00:03:21 (17.6%)	3:48	15.7 (82.2%)
37	**JAŻDŻEWSKI Kacper**	**943**		M-20	8	00:00:01	**00:19:05.65**	**00:19:07.50**	+00:03:22 (17.7%)	3:49	15.7 (82.2%)
38	**KOZŁOWSKI Rafał**	**6**		M-40	7	00:00:01	**00:19:12.15**	**00:19:13.85**	+00:03:28 (18.1%)	3:50	15.6 (81.7%)
39	**WILK Łukasz**	**36**	RUNADDICTS	M-30	20	00:00:02	**00:19:13.40**	**00:19:15.60**	+00:03:30 (18.2%)	3:50	15.6 (81.7%)
40	**PAWLIK Stanisław**	**923**		M-50	2	00:00:03	**00:19:17.70**	**00:19:20.80**	+00:03:34 (18.5%)	3:51	15.6 (81.7%)
41	**WALDA Łukasz**	**613**		M-30	21	00:00:04	**00:19:22.25**	**00:19:27.05**	+00:03:38 (18.8%)	3:52	15.5 (81.2%)
42	**RZESZOTARSKI Daniel**	**592**		M-30	22	00:00:05	**00:19:24.00**	**00:19:29.50**	+00:03:40 (19.0%)	3:52	15.5 (81.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
43	**MALICKI Łukasz**	**775**		M-30	23	00:00:05	**00:19:25.35**	**00:19:31.20**	+00:03:42 (19.1%)	3:53	15.5 (81.2%)
44	**KHADDOUR Alex**	**284**	ATOS BYDGOSZCZ	M-30	24	00:00:04	**00:19:26.85**	**00:19:31.15**	+00:03:43 (19.2%)	3:53	15.4 (80.6%)
45	**MALICKI Bartosz**	**786**		M-30	25	00:00:05	**00:19:27.95**	**00:19:33.45**	+00:03:44 (19.2%)	3:53	15.4 (80.6%)
46	**BEJGIER Edmund**	**641**	BIEGAM Z DĘBAMI OSIELSKO	M-50	3	00:00:03	**00:19:33.50**	**00:19:37.00**	+00:03:50 (19.6%)	3:54	15.3 (80.1%)
47	**TELEJKO Łukasz**	**980**	RUN BYDGOSZCZ	M-20	9	00:00:04	**00:19:33.55**	**00:19:38.40**	+00:03:50 (19.6%)	3:54	15.3 (80.1%)
48	**KRZESZEWSKI Jakub**	**929**		M-30	26	00:00:02	**00:19:34.10**	**00:19:36.40**	+00:03:50 (19.7%)	3:54	15.3 (80.1%)
49	**ALEKSANDROWICZ Sebastian**	**289**	ŁOMŻA GÓRZNO	M-20	10	00:00:02	**00:19:35.50**	**00:19:37.65**	+00:03:52 (19.8%)	3:55	15.3 (80.1%)
50	**OKOŃSKI Jarosław**	**1122**	NULLPOINTEREXCEPTION	M-30	27	00:00:04	**00:19:37.00**	**00:19:41.75**	+00:03:53 (19.9%)	3:55	15.3 (80.1%)
51	**KENSIK Łukasz**	**1156**	MLKS TUCHOLANKA TUCHOLA	M-20	11	00:00:05	**00:19:37.35**	**00:19:42.40**	+00:03:54 (19.9%)	3:55	15.3 (80.1%)
52	**STASIEWICZ Filip**	**509**	SPÓJNIA BIAŁE BŁOTA	M-30	28	00:00:06	**00:19:38.60**	**00:19:45.30**	+00:03:55 (20.0%)	3:55	15.3 (80.1%)
53	**WALKOWIAK Paweł**	**72**		M-30	29	00:00:07	**00:19:38.65**	**00:19:46.15**	+00:03:55 (20.0%)	3:55	15.3 (80.1%)
54	**JANUSZEWSKI Radosław**	**1049**		M-40	8	00:00:05	**00:19:42.05**	**00:19:47.25**	+00:03:58 (20.2%)	3:56	15.2 (79.6%)
55	**BALCEREK Mateusz**	**188**	GASTRO SZEF	M-30	30	00:00:05	**00:19:46.45**	**00:19:52.30**	+00:04:03 (20.5%)	3:57	15.2 (79.6%)
56	**PITUŁA Dominik**	**524**	PARKRUN GDAŃSK POŁUDNIE	M-20	12	00:00:09	**00:19:46.55**	**00:19:55.90**	+00:04:03 (20.5%)	3:57	15.2 (79.6%)
57	**LEWANDOWSKI Piotr**	**538**	STREET WORKOUT ACADEMY TERMINATOR	M-20	13	00:00:05	**00:19:51.40**	**00:19:56.65**	+00:04:08 (20.8%)	3:58	15.1 (79.1%)
58	**WINIECKI Patryk**	**362**		M-30	31	00:00:03	**00:19:52.90**	**00:19:56.30**	+00:04:09 (20.9%)	3:58	15.1 (79.1%)
59	**KRYGOWSKI Tomasz**	**256**		M-50	4	00:00:03	**00:20:01.45**	**00:20:05.30**	+00:04:18 (21.5%)	4:00	15 (78.5%)
60	**WIECZOREK Mateusz**	**416**		M-30	32	00:00:07	**00:20:06.00**	**00:20:13.90**	+00:04:22 (21.8%)	4:01	14.9 (78.0%)
61	**CHODKIEWICZ Tomasz**	**708**	GARDEN FLORA SPORT CLUB	M-40	9	00:00:03	**00:20:06.15**	**00:20:09.80**	+00:04:22 (21.8%)	4:01	14.9 (78.0%)
62	**SIELECKI Arkadiusz**	**608**		M-20	14	00:00:05	**00:20:09.60**	**00:20:15.50**	+00:04:26 (22.0%)	4:01	14.9 (78.0%)
63	**SKORECKI Aleksander**	**341**		M-30	33	00:00:05	**00:20:13.05**	**00:20:18.60**	+00:04:29 (22.2%)	4:02	14.8 (77.5%)
64	**WITKOWSKI Łukasz**	**619**	GRILL TEAM	M-30	34	00:00:07	**00:20:14.50**	**00:20:21.90**	+00:04:31 (22.3%)	4:02	14.8 (77.5%)
65	**KLINOWSKI Radosław**	**447**		M-30	35	00:00:08	**00:20:19.50**	**00:20:27.95**	+00:04:36 (22.6%)	4:03	14.8 (77.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
66	**KRZEWIŃSKI Radosław**	**772**		M-20	15	00:00:02	**00:20:20.50**	**00:20:23.25**	+00:04:37 (22.7%)	4:04	14.8 (77.5%)
67	**ONDRA Karol**	**990**		M-20	16	00:00:17	**00:20:25.60**	**00:20:43.00**	+00:04:42 (23.0%)	4:05	14.7 (77.0%)
68	**SZYTTENHOLM Oli**	**1048**	TRISPACE	M-40	10	00:00:05	**00:20:27.75**	**00:20:32.95**	+00:04:44 (23.2%)	4:05	14.7 (77.0%)
69	**MAGRIAN Leszek**	**791**		M-40	11	00:00:05	**00:20:30.80**	**00:20:36.30**	+00:04:47 (23.4%)	4:06	14.6 (76.4%)
70	**GZYL Mikolaj**	**462**	JANUSZE TRIATHLONU 'EXODUS' TEAM	M-30	36	00:00:19	**00:20:33.45**	**00:20:52.60**	+00:04:50 (23.5%)	4:06	14.6 (76.4%)
71	**MARCINIAK Przemysław**	**146**		M-40	12	00:00:04	**00:20:33.55**	**00:20:38.00**	+00:04:50 (23.5%)	4:06	14.6 (76.4%)
72	**LEWANDOWSKI Bartłomiej**	**1058**		M-20	17	00:00:03	**00:20:34.25**	**00:20:37.90**	+00:04:50 (23.6%)	4:06	14.6 (76.4%)
73	**TOKARSKI Paweł**	**1081**		M-20	18	00:00:07	**00:20:34.35**	**00:20:42.00**	+00:04:51 (23.6%)	4:06	14.6 (76.4%)
74	**WOLSKI Tomasz**	**581**		M-30	37	00:00:06	**00:20:37.10**	**00:20:43.30**	+00:04:53 (23.7%)	4:07	14.6 (76.4%)
75	**JARMUŻ Adam**	**140**	AJ TEAM	M-40	13	00:00:03	**00:20:38.40**	**00:20:41.60**	+00:04:55 (23.8%)	4:07	14.5 (75.9%)
76	**NIEMIR Tomasz**	**1054**		M-20	19	00:00:06	**00:20:39.95**	**00:20:46.90**	+00:04:56 (23.9%)	4:07	14.5 (75.9%)
77	**BYRTEK Marcin**	**21**	TRIDROPSY	M-40	14	00:00:05	**00:20:40.10**	**00:20:45.35**	+00:04:56 (23.9%)	4:08	14.5 (75.9%)
78	**MAŁKOWSKI Iwo**	**277**	ANTIDOTUM	M-30	38	00:00:06	**00:20:40.70**	**00:20:46.90**	+00:04:57 (24.0%)	4:08	14.5 (75.9%)
79	**ZBIRANEK Remigiusz**	**552**	1. BRYGADA LOGISTYCZNA	M-40	15	00:00:06	**00:20:42.75**	**00:20:49.05**	+00:04:59 (24.1%)	4:08	14.5 (75.9%)
80	**WÓJCIK Piotr**	**179**		M-10	4	00:00:49	**00:20:44.10**	**00:21:33.80**	+00:05:00 (24.2%)	4:08	14.5 (75.9%)
81	**KOLASSA Robert**	**523**		M-30	39	00:00:02	**00:20:53.35**	**00:20:56.10**	+00:05:10 (24.7%)	4:10	14.4 (75.4%)
82	**PIEKARSKI Paweł**	**112**		M-30	40	00:00:11	**00:20:53.60**	**00:21:05.15**	+00:05:10 (24.8%)	4:10	14.4 (75.4%)
83	**STEJUK Jan**	**336**	LOTTO BYDGOSTIA	M-10	5	00:00:16	**00:20:53.75**	**00:21:09.90**	+00:05:10 (24.8%)	4:10	14.4 (75.4%)
84	**ŁUKOMSKI Marcin**	**746**		M-30	41	00:00:11	**00:20:53.80**	**00:21:04.95**	+00:05:10 (24.8%)	4:10	14.4 (75.4%)
85	**SZTEJKA Damian**	**490**		M-40	16	00:00:10	**00:20:54.85**	**00:21:05.80**	+00:05:11 (24.8%)	4:10	14.4 (75.4%)
86	**PISARSKI Igor**	**46**		M-30	42	00:00:05	**00:20:56.55**	**00:21:02.15**	+00:05:13 (24.9%)	4:11	14.3 (74.9%)
87	**SENGER Robert**	**440**		M-40	17	00:00:06	**00:20:57.50**	**00:21:03.75**	+00:05:14 (25.0%)	4:11	14.3 (74.9%)
88	**WŁODARCZYK Adam**	**681**	8 K-P BOT	M-30	43	00:00:13	**00:21:00.10**	**00:21:13.45**	+00:05:16 (25.1%)	4:12	14.3 (74.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
89	**DZIEDZIC Dawid**	**1132**		M-30	44	00:00:09	**00:21:02.00**	**00:21:11.55**	+00:05:18 (25.3%)	4:12	14.3 (74.9%)
90	**MAŁAS Marcin**	**963**	OPONEO.PL / AZS POLITECHNIKA GDAŃSKA	M-20	20	00:00:03	**00:21:06.10**	**00:21:09.20**	+00:05:22 (25.5%)	4:13	14.2 (74.3%)
91	**SZYSZKA Radosław**	**719**		M-40	18	00:00:02	**00:21:06.30**	**00:21:08.75**	+00:05:23 (25.5%)	4:13	14.2 (74.3%)
92	**POPIESZ Zbigniew**	**239**		M-40	19	00:00:45	**00:21:06.65**	**00:21:52.30**	+00:05:23 (25.5%)	4:13	14.2 (74.3%)
93	**ARNDT Jarek**	**215**		M-30	45	00:00:02	**00:21:07.50**	**00:21:10.35**	+00:05:24 (25.6%)	4:13	14.2 (74.3%)
94	**SKARBEK Marek**	**979**	RUN BYDGOSZCZ	M-50	5	00:00:05	**00:21:08.40**	**00:21:13.40**	+00:05:25 (25.6%)	4:13	14.2 (74.3%)
95	**MATEUSZCZYK Dawid**	**578**	RUN BYDGOSZCZ	M-30	46	00:00:09	**00:21:09.35**	**00:21:18.90**	+00:05:26 (25.7%)	4:13	14.2 (74.3%)
96	**SEMRAU Nikodem**	**595**	LOTTO BYDGOSTIA	M-10	6	00:00:23	**00:21:09.90**	**00:21:33.10**	+00:05:26 (25.7%)	4:13	14.2 (74.3%)
97	**LATOS Paweł**	**53**		M-30	47	00:00:17	**00:21:10.90**	**00:21:28.45**	+00:05:27 (25.8%)	4:14	14.2 (74.3%)
98	**ZAWADZKI Mikołaj**	**1186**	IX LO	M-10	7	00:00:00	**00:21:13.55**	**00:21:13.55**	+00:05:30 (25.9%)	4:14	14.1 (73.8%)
99	**FRANKOWSKI Szymon**	**263**		M-10	8	00:00:09	**00:21:14.75**	**00:21:24.40**	+00:05:31 (26.0%)	4:14	14.1 (73.8%)
100	**ADACH Pawel**	**1185**		M-30	48	00:00:06	**00:21:15.55**	**00:21:21.95**	+00:05:32 (26.0%)	4:15	14.1 (73.8%)
101	**DROCIAK Michał**	**1059**	OGR - OSOWA GÓRA RUNNER	M-40	20	00:00:04	**00:21:18.60**	**00:21:22.75**	+00:05:35 (26.2%)	4:15	14.1 (73.8%)
102	**BUZALSKI Robert**	**374**	ORANGE POLSKA	M-40	21	00:00:03	**00:21:19.75**	**00:21:23.35**	+00:05:36 (26.3%)	4:15	14.1 (73.8%)
103	**TEGI Maciej**	**638**		M-30	49	00:00:12	**00:21:22.00**	**00:21:34.85**	+00:05:38 (26.4%)	4:16	14 (73.3%)
104	**KLICKI Marcin**	**588**	GRILL TEAM	M-30	50	00:00:07	**00:21:22.25**	**00:21:29.25**	+00:05:38 (26.4%)	4:16	14 (73.3%)
105	**ANISZCZYK Igor**	**584**	LOTTO BYDGOSTIA	M-10	9	00:00:23	**00:21:24.30**	**00:21:47.65**	+00:05:41 (26.6%)	4:16	14 (73.3%)
106	**GĄSIOROWSKI Mariusz**	**431**		M-50	6	00:00:13	**00:21:25.05**	**00:21:38.95**	+00:05:41 (26.6%)	4:17	14 (73.3%)
107	**WNUCZYŃSKI Kamil**	**249**		M-10	10	00:00:08	**00:21:26.00**	**00:21:34.30**	+00:05:42 (26.6%)	4:17	14 (73.3%)
108	**SIKORSKI Arkadiusz**	**324**		M-10	11	00:00:09	**00:21:27.00**	**00:21:36.25**	+00:05:43 (26.7%)	4:17	14 (73.3%)
109	**MEYER Marek**	**1070**		M-50	7	00:00:39	**00:21:27.60**	**00:22:07.45**	+00:05:44 (26.7%)	4:17	14 (73.3%)
110	**BZDZION Marcin**	**598**		M-20	21	00:00:04	**00:21:28.15**	**00:21:32.20**	+00:05:44 (26.8%)	4:17	14 (73.3%)
111	**KOWALEWSKI Sebastian**	**1052**		M-40	22	00:00:05	**00:21:28.30**	**00:21:33.35**	+00:05:45 (26.8%)	4:17	14 (73.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
112	**GURDAK Leszek**	**408**	BYDGOSZCZ NA START	M-40	23	00:00:08	**00:21:36.70**	**00:21:44.90**	+00:05:53 (27.3%)	4:19	13.9 (72.8%)
112	**GURDAK Radosław**	**739**		M-30	51	00:00:07	**00:21:36.70**	**00:21:44.50**	+00:05:53 (27.3%)	4:19	13.9 (72.8%)
114	**ANTOSIK Patryk**	**133**		M-30	52	00:00:09	**00:21:39.35**	**00:21:48.60**	+00:05:56 (27.4%)	4:19	13.9 (72.8%)
115	**KAŁEK Artur**	**508**	TM IRON TEAM	M-40	24	00:00:22	**00:21:39.50**	**00:22:02.30**	+00:05:56 (27.4%)	4:19	13.9 (72.8%)
116	**UGOREK Mirosław**	**38**		M-40	25	00:00:02	**00:21:40.20**	**00:21:42.45**	+00:05:56 (27.4%)	4:20	13.8 (72.3%)
117	**PERKOWSKI Paweł**	**470**		M-40	26	00:00:21	**00:21:40.30**	**00:22:01.70**	+00:05:57 (27.5%)	4:20	13.8 (72.3%)
118	**GOLIMOWSKI Patryk**	**518**		M-10	12	00:00:05	**00:21:40.55**	**00:21:46.35**	+00:05:57 (27.5%)	4:20	13.8 (72.3%)
119	**MROTEK Michał**	**100**	AMS AKADEMIA MISTRZOW SPORTU	M-40	27	00:00:40	**00:21:45.80**	**00:22:26.20**	+00:06:02 (27.8%)	4:21	13.8 (72.3%)
120	**KUCZMA Mikołaj**	**1057**		M-20	22	00:00:14	**00:21:45.90**	**00:22:00.85**	+00:06:02 (27.8%)	4:21	13.8 (72.3%)
121	**ŁYSZCZARZ Błażej**	**919**		M-40	28	00:01:27	**00:21:46.15**	**00:23:14.05**	+00:06:02 (27.8%)	4:21	13.8 (72.3%)
122	**MOGILNICKI Dominik**	**445**		M-30	53	00:00:24	**00:21:46.60**	**00:22:11.15**	+00:06:03 (27.8%)	4:21	13.8 (72.3%)
123	**CHORĄŻAK Sławek**	**966**		M-50	8	00:00:18	**00:21:47.90**	**00:22:06.70**	+00:06:04 (27.9%)	4:21	13.8 (72.3%)
124	**BAGIŃSKI Marcin**	**711**		M-30	54	00:00:16	**00:21:49.00**	**00:22:05.75**	+00:06:05 (27.9%)	4:21	13.8 (72.3%)
125	**LEWANDOWSKI Rafał**	**1208**	B4SPORT	M-40	29	00:00:14	**00:21:49.90**	**00:22:04.35**	+00:06:06 (28.0%)	4:21	13.8 (72.3%)
126	**DROSDOWSKI Sebastian**	**679**		M-40	30	00:00:03	**00:21:51.60**	**00:21:55.25**	+00:06:08 (28.1%)	4:22	13.7 (71.7%)
127	**ZBIRANEK Artur**	**830**		M-40	31	00:00:20	**00:21:52.00**	**00:22:12.50**	+00:06:08 (28.1%)	4:22	13.7 (71.7%)
128	**BĄCZKOWSKI Rafał**	**347**	BUDSTOL INVEST	M-40	32	00:00:04	**00:21:52.40**	**00:21:57.30**	+00:06:09 (28.1%)	4:22	13.7 (71.7%)
129	**WARLIKOWSKI Łukasz**	**18**		M-30	55	00:00:37	**00:21:52.65**	**00:22:30.30**	+00:06:09 (28.1%)	4:22	13.7 (71.7%)
130	**CICHOWICZ Jacek**	**1096**		M-40	33	00:00:33	**00:21:52.90**	**00:22:26.60**	+00:06:09 (28.2%)	4:22	13.7 (71.7%)
131	**BUTRYM Piotr**	**1**		M-40	34	00:00:22	**00:21:53.05**	**00:22:15.15**	+00:06:09 (28.2%)	4:22	13.7 (71.7%)
132	**SZCZĘSNY Arkadiusz**	**744**	DYNAMO SKARPA	M-40	35	00:00:06	**00:21:56.50**	**00:22:02.90**	+00:06:13 (28.3%)	4:23	13.7 (71.7%)
133	**SIKORSKI Jarosław**	**196**	KABEL TEAM BYDGOSZCZ	M-40	36	00:00:10	**00:21:57.55**	**00:22:07.65**	+00:06:14 (28.4%)	4:23	13.7 (71.7%)
134	**BOROWCZAK Paweł**	**212**		M-30	56	00:01:13	**00:22:01.60**	**00:23:15.10**	+00:06:18 (28.6%)	4:24	13.6 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
135	**KRUEGER Piotr**	**141**		M-10	13	00:00:16	**00:22:01.85**	**00:22:18.00**	+00:06:18 (28.6%)	4:24	13.6 (71.2%)
136	**JURKOWSKI Paweł**	**889**	PJKANCELARIA.PL	M-30	57	00:00:35	**00:22:02.25**	**00:22:37.25**	+00:06:18 (28.7%)	4:24	13.6 (71.2%)
137	**BARSZCZ Tomasz**	**537**		M-30	58	00:00:09	**00:22:02.80**	**00:22:12.75**	+00:06:19 (28.7%)	4:24	13.6 (71.2%)
138	**WALISZEWSKI Adrian**	**405**		M-20	23	00:00:48	**00:22:02.85**	**00:22:50.90**	+00:06:19 (28.7%)	4:24	13.6 (71.2%)
139	**PRZEKWAS Paweł**	**390**		M-30	59	00:00:12	**00:22:03.90**	**00:22:16.35**	+00:06:20 (28.7%)	4:24	13.6 (71.2%)
140	**BRZUCHALSKI Mateusz**	**88**		M-30	60	00:00:09	**00:22:04.70**	**00:22:13.75**	+00:06:21 (28.8%)	4:24	13.6 (71.2%)
141	**MACIEJEWSKI Maciej**	**60**	BIEGACZE KCYNIA TEAM	M-40	37	00:00:06	**00:22:05.15**	**00:22:11.40**	+00:06:21 (28.8%)	4:25	13.6 (71.2%)
142	**MOMOT Mieczysław**	**236**		M-40	38	00:00:09	**00:22:06.20**	**00:22:15.55**	+00:06:22 (28.9%)	4:25	13.6 (71.2%)
143	**FARMAS Tomek**	**927**		M-40	39	00:00:03	**00:22:07.00**	**00:22:10.35**	+00:06:23 (28.9%)	4:25	13.6 (71.2%)
144	**JAKUBCZAK Michał**	**122**		M-30	61	00:00:19	**00:22:07.20**	**00:22:26.65**	+00:06:23 (28.9%)	4:25	13.6 (71.2%)
145	**DUDEK Marcin**	**322**	LATAJĄCY DUDEK	M-20	24	00:00:41	**00:22:07.80**	**00:22:49.00**	+00:06:24 (29.0%)	4:25	13.6 (71.2%)
146	**PINGOT Gabriel**	**1218**		M-10	14	00:00:21	**00:22:08.25**	**00:22:29.85**	+00:06:24 (29.0%)	4:25	13.6 (71.2%)
147	**KRZYŻANOWSKI Robert**	**1167**		M-50	9	00:00:09	**00:22:08.80**	**00:22:18.15**	+00:06:25 (29.0%)	4:25	13.6 (71.2%)
148	**FELINIAK Daniel**	**622**		M-30	62	00:00:37	**00:22:09.00**	**00:22:46.25**	+00:06:25 (29.0%)	4:25	13.5 (70.7%)
148	**WINIECKI Paweł**	**92**		M-30	62	00:00:12	**00:22:09.00**	**00:22:21.65**	+00:06:25 (29.0%)	4:25	13.5 (70.7%)
150	**KRUEGER Waldemar**	**150**		M-40	40	00:00:15	**00:22:10.20**	**00:22:26.10**	+00:06:26 (29.1%)	4:26	13.5 (70.7%)
151	**WNUK Mateusz**	**1134**		M-10	15	00:00:07	**00:22:12.60**	**00:22:20.10**	+00:06:29 (29.2%)	4:26	13.5 (70.7%)
152	**RYDLEWSKI Marek**	**661**	RUN BYDGOSZCZ	M-50	10	00:00:09	**00:22:13.40**	**00:22:23.20**	+00:06:30 (29.3%)	4:26	13.5 (70.7%)
153	**MODRAKOWSKI Roland**	**102**	DYSTRYBUCJA-REKLAM.PL	M-30	64	00:00:05	**00:22:13.95**	**00:22:19.00**	+00:06:30 (29.3%)	4:26	13.5 (70.7%)
154	**WNUCZYŃSKI Andrzej**	**379**	ORANGE	M-50	11	00:00:08	**00:22:15.05**	**00:22:23.65**	+00:06:31 (29.3%)	4:27	13.5 (70.7%)
155	**BARRKOWSKI Marek**	**1046**	ENDURETEAM	M-50	12	00:00:15	**00:22:16.15**	**00:22:31.80**	+00:06:32 (29.4%)	4:27	13.5 (70.7%)
156	**LIPIŃSKI Sebastian**	**201**	KOJOTY/RUN BYDGOSZCZ	M-40	41	00:00:09	**00:22:17.35**	**00:22:26.65**	+00:06:34 (29.5%)	4:27	13.5 (70.7%)
157	**SZYCHOWSKI Jarosław**	**486**	TKKF KOLEJARZ BYDGOSZCZ	M-30	65	00:00:15	**00:22:20.15**	**00:22:35.85**	+00:06:36 (29.6%)	4:28	13.4 (70.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
158	**KORCZ Piotr**	**1020**	LOTTO BYDGOSTIA	M-10	16	00:00:16	**00:22:20.40**	**00:22:37.35**	+00:06:37 (29.6%)	4:28	13.4 (70.2%)
159	**MARCHLEWSKI Marcin**	**535**		M-40	42	00:00:22	**00:22:20.70**	**00:22:43.10**	+00:06:37 (29.6%)	4:28	13.4 (70.2%)
160	**SEMRAU Julian**	**601**	LOTTO-BYDGOSTIA	M-10	17	00:00:23	**00:22:23.45**	**00:22:46.85**	+00:06:40 (29.8%)	4:28	13.4 (70.2%)
161	**MAJCHRZAK Łukasz**	**1005**		M-40	43	00:00:07	**00:22:23.55**	**00:22:31.50**	+00:06:40 (29.8%)	4:28	13.4 (70.2%)
162	**KABACIŃSKI Jarosław**	**594**		M-30	66	00:00:35	**00:22:24.35**	**00:22:59.60**	+00:06:41 (29.8%)	4:28	13.4 (70.2%)
163	**ŁASSA Rafał**	**753**	PARKA BIEGA	M-20	25	00:00:11	**00:22:24.65**	**00:22:35.80**	+00:06:41 (29.8%)	4:28	13.4 (70.2%)
164	**MIZERAKOWSKI Szymon**	**599**	HEX TORUŃ	M-20	26	00:00:12	**00:22:24.70**	**00:22:37.10**	+00:06:41 (29.9%)	4:28	13.4 (70.2%)
165	**KŁOSOWSKI Marcin**	**288**	CSM POLSKA	M-40	44	00:00:13	**00:22:25.10**	**00:22:38.50**	+00:06:41 (29.9%)	4:29	13.4 (70.2%)
166	**GIL Jarosław**	**264**		M-30	67	00:00:09	**00:22:25.65**	**00:22:34.70**	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
167	**ZIÓŁKOWSKI Włodek**	**861**		M-30	68	00:00:12	**00:22:25.75**	**00:22:38.70**	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
168	**JOPPEK Łukasz**	**629**		M-30	69	00:00:06	**00:22:26.05**	**00:22:32.55**	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
169	**CYWIŃSKI Artur**	**129**		M-30	70	00:00:08	**00:22:26.20**	**00:22:34.30**	+00:06:42 (29.9%)	4:29	13.4 (70.2%)
170	**NAPORA Mateusz**	**186**		M-30	71	00:00:08	**00:22:26.80**	**00:22:35.35**	+00:06:43 (30.0%)	4:29	13.4 (70.2%)
171	**PIENKOSZ Miroslaw**	**492**		M-60+	1	00:00:03	**00:22:28.95**	**00:22:32.55**	+00:06:45 (30.1%)	4:29	13.4 (70.2%)
172	**GUTKOWSKI Michał**	**1177**	LOTTO-BYDGOSTIA	M-10	18	00:00:16	**00:22:30.30**	**00:22:46.95**	+00:06:47 (30.1%)	4:30	13.3 (69.6%)
173	**KRETOWICZ Piotr**	**864**	POWAŻNI PRZEDSIĘBIORCY	M-20	27	00:00:35	**00:22:30.40**	**00:23:05.50**	+00:06:47 (30.1%)	4:30	13.3 (69.6%)
174	**KAŹMIRSKI Dariusz**	**928**	SUPRAVIS S.A.	M-50	13	00:00:02	**00:22:30.60**	**00:22:32.85**	+00:06:47 (30.2%)	4:30	13.3 (69.6%)
175	**BOROWICZ Bartosz**	**1124**	SZUWARY AKTYWNY OSTRZESZÓW	M-30	72	00:00:21	**00:22:31.00**	**00:22:52.70**	+00:06:47 (30.2%)	4:30	13.3 (69.6%)
176	**PAWŁOWSKI Radosław**	**233**		M-50	14	00:00:27	**00:22:31.80**	**00:22:59.60**	+00:06:48 (30.2%)	4:30	13.3 (69.6%)
177	**PAWLAK Łukasz**	**991**		M-30	73	00:00:13	**00:22:33.00**	**00:22:46.05**	+00:06:49 (30.3%)	4:30	13.3 (69.6%)
178	**GACKOWSKI Krzysztof**	**1150**		M-40	45	00:00:06	**00:22:34.70**	**00:22:41.05**	+00:06:51 (30.4%)	4:30	13.3 (69.6%)
179	**PASZKIEWICZ Jarosław**	**593**		M-40	46	00:00:05	**00:22:34.95**	**00:22:40.25**	+00:06:51 (30.4%)	4:30	13.3 (69.6%)
180	**BETHKE Jakub**	**480**		M-30	74	00:00:06	**00:22:35.15**	**00:22:41.45**	+00:06:51 (30.4%)	4:31	13.3 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
181	**PIERZGALSKI Damian**	**499**		M-20	28	00:00:19	**00:22:37.30**	**00:22:56.95**	+00:06:54 (30.5%)	4:31	13.3 (69.6%)
182	**MICHALAK Wojciech**	**467**		M-50	15	00:00:25	**00:22:37.95**	**00:23:03.10**	+00:06:54 (30.5%)	4:31	13.3 (69.6%)
183	**MAZUR Łukasz**	**1139**		M-20	29	00:00:10	**00:22:44.95**	**00:22:55.60**	+00:07:01 (30.9%)	4:32	13.2 (69.1%)
184	**JANCOWSKI Wojciech**	**1007**		M-50	16	00:00:21	**00:22:47.70**	**00:23:08.75**	+00:07:04 (31.0%)	4:33	13.2 (69.1%)
185	**NIEDBALSKI Paweł**	**1069**	MARTYRIA BYDGOSZCZ	M-40	47	00:00:07	**00:22:48.25**	**00:22:56.20**	+00:07:04 (31.1%)	4:33	13.2 (69.1%)
186	**WOLNY Ryszard**	**443**		M-40	48	00:00:10	**00:22:48.70**	**00:22:59.30**	+00:07:05 (31.1%)	4:33	13.2 (69.1%)
187	**ŻEGLICZ Marek**	**40**	SPÓJNIA BIAŁE BŁOTA	M-20	30	00:00:06	**00:22:48.80**	**00:22:54.80**	+00:07:05 (31.1%)	4:33	13.2 (69.1%)
188	**WIECZOREK Michał**	**1110**		M-20	31	00:00:08	**00:22:48.90**	**00:22:57.65**	+00:07:05 (31.1%)	4:33	13.2 (69.1%)
189	**KLAWIKOWSKI Oskar**	**698**	TKKF KOLEJARZ BYDGOSZCZ	M-10	19	00:00:31	**00:22:49.00**	**00:23:20.20**	+00:07:05 (31.1%)	4:33	13.1 (68.6%)
190	**JAGIEŁA Bartosz**	**178**	TKKF KOLEJARZ BYDGOSZCZ	M-30	75	00:00:30	**00:22:49.30**	**00:23:20.20**	+00:07:06 (31.1%)	4:33	13.1 (68.6%)
191	**NIELEK Patryk**	**1182**	TUCHOLANKA	M-20	32	00:00:51	**00:22:49.40**	**00:23:41.35**	+00:07:06 (31.1%)	4:33	13.1 (68.6%)
192	**SZYCHULEC Adam**	**1056**		M-30	76	00:00:29	**00:22:49.45**	**00:23:18.50**	+00:07:06 (31.1%)	4:33	13.1 (68.6%)
193	**DOMŻALSKI Marek**	**721**		M-50	17	00:00:24	**00:22:50.05**	**00:23:14.60**	+00:07:06 (31.1%)	4:34	13.1 (68.6%)
194	**MACIOSZEK Marcin**	**1170**		M-40	49	00:00:41	**00:22:50.65**	**00:23:32.10**	+00:07:07 (31.2%)	4:34	13.1 (68.6%)
195	**WIDŹGOWSKI Przemysław**	**10**		M-40	50	00:00:19	**00:22:52.25**	**00:23:12.05**	+00:07:08 (31.3%)	4:34	13.1 (68.6%)
196	**BERENDA Damian**	**1181**		M-40	51	00:00:38	**00:22:52.45**	**00:23:30.50**	+00:07:09 (31.3%)	4:34	13.1 (68.6%)
197	**BUTKIEWICZ Piotr**	**572**		M-30	77	00:00:49	**00:22:52.50**	**00:23:42.05**	+00:07:09 (31.3%)	4:34	13.1 (68.6%)
198	**KOZAK Krzysztof**	**33**	BB ACTIVE TEAM	M-30	78	00:00:27	**00:22:52.75**	**00:23:20.20**	+00:07:09 (31.3%)	4:34	13.1 (68.6%)
199	**ZIOŁECKI Grzegorz**	**1130**		M-30	79	00:00:16	**00:22:57.15**	**00:23:13.90**	+00:07:13 (31.5%)	4:35	13.1 (68.6%)
200	**MIKOŁAJCZAK Tomasz**	**489**		M-30	80	00:00:16	**00:22:57.25**	**00:23:13.60**	+00:07:13 (31.5%)	4:35	13.1 (68.6%)
201	**JANKOWSKI Marcin**	**974**	YES ENGLISH	M-40	52	00:00:14	**00:22:57.85**	**00:23:12.25**	+00:07:14 (31.5%)	4:35	13.1 (68.6%)
202	**KAZUBOWSKI Jacek**	**673**	KAZUBKI TEAM/TRIDARKO	M-50	18	00:00:10	**00:22:58.10**	**00:23:08.20**	+00:07:14 (31.6%)	4:35	13.1 (68.6%)
203	**PALIGA Maciej**	**472**		M-30	81	00:00:12	**00:22:58.60**	**00:23:11.25**	+00:07:15 (31.6%)	4:35	13.1 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
204	**LEWANDOWSKI Bartosz**	**1209**	LOTTO BYDGOSTIA	M-10	20	00:00:06	**00:22:59.25**	**00:23:05.80**	+00:07:15 (31.6%)	4:35	13.1 (68.6%)
204	**SIERADZKI Bartosz**	**733**		M-40	53	00:00:40	**00:22:59.25**	**00:23:39.35**	+00:07:15 (31.6%)	4:35	13.1 (68.6%)
206	**SZERWIŃSKI Mateusz**	**448**	KU AZS PBŚ	M-20	33	00:00:04	**00:22:59.45**	**00:23:04.10**	+00:07:16 (31.6%)	4:35	13.1 (68.6%)
207	**NURKIEWICZ Jarosław**	**884**	KUNG FU PANDY 3	M-50	19	00:00:22	**00:23:01.10**	**00:23:24.00**	+00:07:17 (31.7%)	4:36	13 (68.1%)
208	**KLIMZA Andrzej**	**1037**	LUBICZ TEAM	M-40	54	00:00:35	**00:23:01.50**	**00:23:36.95**	+00:07:18 (31.7%)	4:36	13 (68.1%)
209	**GLAMA Stanisław**	**414**	ASBOX	M-50	20	00:00:23	**00:23:04.65**	**00:23:27.95**	+00:07:21 (31.9%)	4:36	13 (68.1%)
210	**BICZKOWSKI Patryk**	**314**		M-30	82	00:01:04	**00:23:04.95**	**00:24:09.75**	+00:07:21 (31.9%)	4:36	13 (68.1%)
211	**SOBOCIŃSKI Grzegorz**	**635**		M-30	83	00:00:58	**00:23:06.70**	**00:24:04.80**	+00:07:23 (32.0%)	4:37	13 (68.1%)
212	**ZAJĄKAŁA Wojciech**	**717**		M-20	34	00:00:11	**00:23:08.10**	**00:23:19.70**	+00:07:24 (32.0%)	4:37	13 (68.1%)
213	**BERES Marcin**	**908**		M-40	55	00:00:38	**00:23:08.30**	**00:23:47.00**	+00:07:25 (32.1%)	4:37	13 (68.1%)
214	**BARTKOWSKI Tomasz**	**478**		M-40	56	00:00:14	**00:23:09.00**	**00:23:23.70**	+00:07:25 (32.1%)	4:37	13 (68.1%)
215	**NIEDBALSKI Grzegorz**	**999**	RUN BYDGOSZCZ	M-60+	2	00:00:17	**00:23:09.50**	**00:23:27.40**	+00:07:26 (32.1%)	4:37	13 (68.1%)
216	**ZABOROWSKI Krzysztof**	**454**		M-30	84	00:00:18	**00:23:10.45**	**00:23:29.35**	+00:07:27 (32.2%)	4:38	12.9 (67.5%)
217	**SPRAWSKI Oskar**	**134**		M-20	35	00:00:08	**00:23:11.80**	**00:23:19.90**	+00:07:28 (32.2%)	4:38	12.9 (67.5%)
218	**SZPYRKA Sebastian**	**558**		M-30	85	00:00:05	**00:23:12.00**	**00:23:17.70**	+00:07:28 (32.2%)	4:38	12.9 (67.5%)
219	**JAWORSKI Krzysztof**	**217**		M-40	57	00:00:23	**00:23:13.10**	**00:23:36.10**	+00:07:29 (32.3%)	4:38	12.9 (67.5%)
220	**ROZKWITALSKI Bartosz**	**909**		M-30	86	00:00:08	**00:23:14.60**	**00:23:23.20**	+00:07:31 (32.4%)	4:38	12.9 (67.5%)
221	**ŁUKAWSKI Tomek**	**7**	B4SPORT / BYDGOSKA MASA KRYTYCZNA	M-30	87	00:00:18	**00:23:14.90**	**00:23:33.50**	+00:07:31 (32.4%)	4:38	12.9 (67.5%)
222	**SIEJEK Błażej**	**388**		M-30	88	00:00:12	**00:23:15.45**	**00:23:28.35**	+00:07:32 (32.4%)	4:39	12.9 (67.5%)
223	**KOWALSKI Krzysztof**	**282**	OCELOTY KRUSZYN KRAJEŃSKI	M-40	58	00:00:12	**00:23:15.80**	**00:23:28.25**	+00:07:32 (32.4%)	4:39	12.9 (67.5%)
224	**KUCIŃSKI Artur**	**378**	ORANGE	M-40	59	00:00:40	**00:23:18.40**	**00:23:59.05**	+00:07:35 (32.5%)	4:39	12.9 (67.5%)
225	**BUCZEK Kamil**	**648**		M-30	89	00:00:05	**00:23:19.40**	**00:23:25.30**	+00:07:36 (32.6%)	4:39	12.9 (67.5%)
226	**ZĄBKOWSKI Krzysztof**	**252**		M-30	90	00:00:26	**00:23:21.05**	**00:23:47.55**	+00:07:37 (32.7%)	4:40	12.8 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
227	**BINIAKOWSKI Janusz**	**1191**		M-40	60	00:00:47	**00:23:21.10**	**00:24:09.00**	+00:07:37 (32.7%)	4:40	12.8 (67.0%)
228	**KAPANOWSKI Sylwester**	**39**		M-50	21	00:00:36	**00:23:21.95**	**00:23:58.30**	+00:07:38 (32.7%)	4:40	12.8 (67.0%)
229	**WRZESIŃSKI Krzysztof**	**69**		M-30	91	00:00:52	**00:23:22.15**	**00:24:14.65**	+00:07:38 (32.7%)	4:40	12.8 (67.0%)
230	**DANIELEK Piotr**	**199**		M-40	61	00:00:10	**00:23:22.95**	**00:23:33.10**	+00:07:39 (32.8%)	4:40	12.8 (67.0%)
231	**CHROMIŃSKI Fabian**	**2**		M-20	36	00:00:17	**00:23:24.00**	**00:23:41.70**	+00:07:40 (32.8%)	4:40	12.8 (67.0%)
232	**ROSÓŁ Jacek**	**11**		M-40	62	00:00:04	**00:23:25.55**	**00:23:29.70**	+00:07:42 (32.9%)	4:41	12.8 (67.0%)
233	**GALICKI Jakub**	**13**	AKADEMIA MISTRZÓW SPORTU	M-40	63	00:00:38	**00:23:25.75**	**00:24:04.10**	+00:07:42 (32.9%)	4:41	12.8 (67.0%)
234	**WATOROWSKI Irek**	**1112**		M-30	92	00:00:30	**00:23:26.20**	**00:23:56.20**	+00:07:42 (32.9%)	4:41	12.8 (67.0%)
235	**CIESIELSKI Arkadiusz**	**683**	56 BLOT	M-50	22	00:00:17	**00:23:28.45**	**00:23:45.85**	+00:07:45 (33.0%)	4:41	12.8 (67.0%)
236	**SUDOŁ Paweł**	**224**		M-20	37	00:00:39	**00:23:29.30**	**00:24:09.15**	+00:07:46 (33.1%)	4:41	12.8 (67.0%)
237	**NIESTĘPSKI Bartosz**	**951**		M-20	38	00:00:12	**00:23:29.45**	**00:23:41.80**	+00:07:46 (33.1%)	4:41	12.8 (67.0%)
238	**WÓJCIK Jacek**	**285**		M-30	93	00:00:11	**00:23:29.85**	**00:23:41.00**	+00:07:46 (33.1%)	4:41	12.8 (67.0%)
239	**CIEMNY Tomasz**	**307**		M-50	23	00:00:17	**00:23:30.25**	**00:23:47.95**	+00:07:46 (33.1%)	4:42	12.8 (67.0%)
240	**SOBAŃSKI Mariusz**	**497**		M-50	24	00:00:02	**00:23:32.90**	**00:23:35.65**	+00:07:49 (33.2%)	4:42	12.7 (66.5%)
241	**GUDELL Radosław**	**1190**	GRUPA MODERATOR	M-40	64	00:00:29	**00:23:33.55**	**00:24:03.15**	+00:07:50 (33.3%)	4:42	12.7 (66.5%)
242	**KIEŁCZYŃSKI Marek**	**770**	CSM POLSKA	M-40	65	00:00:13	**00:23:34.85**	**00:23:48.15**	+00:07:51 (33.3%)	4:42	12.7 (66.5%)
243	**WOJCIECHOWSKI Grzegorz**	**81**		M-30	94	00:00:21	**00:23:36.25**	**00:23:58.15**	+00:07:52 (33.4%)	4:43	12.7 (66.5%)
244	**SZYMAŃSKI Damian**	**417**		M-20	39	00:00:45	**00:23:37.40**	**00:24:22.65**	+00:07:54 (33.4%)	4:43	12.7 (66.5%)
245	**WĘGRZYNOWSKI Sławomir**	**312**	KABEL TEAM BYDGOSZCZ	M-50	25	00:00:56	**00:23:38.25**	**00:24:35.00**	+00:07:54 (33.5%)	4:43	12.7 (66.5%)
246	**RYWOLT Paweł**	**765**	FSSPX BYDGOSZCZ	M-30	95	00:00:18	**00:23:41.30**	**00:24:00.00**	+00:07:58 (33.6%)	4:44	12.7 (66.5%)
247	**BAUMGART Jacek**	**995**	BIEGAJ Z DĘBAMI	M-60+	3	00:00:30	**00:23:41.95**	**00:24:12.90**	+00:07:58 (33.7%)	4:44	12.7 (66.5%)
248	**KONOPIŃSKI Wojciech**	**363**	KOCHAM PIESKI	M-30	96	00:00:19	**00:23:42.30**	**00:24:01.90**	+00:07:59 (33.7%)	4:44	12.7 (66.5%)
249	**ROBACZEWSKI Artur**	**1045**		M-40	66	00:00:17	**00:23:43.60**	**00:24:00.85**	+00:08:00 (33.7%)	4:44	12.6 (66.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
250	**STĘPSKI Marek**	**724**		M-40	67	00:00:02	**00:23:43.65**	**00:23:46.40**	+00:08:00 (33.7%)	4:44	12.6 (66.0%)
251	**MEDEŃSKI Andrzej**	**494**		M-40	68	00:00:08	**00:23:44.55**	**00:23:53.30**	+00:08:01 (33.8%)	4:44	12.6 (66.0%)
252	**LESZCZYŃSKI Tomasz**	**624**		M-40	69	00:00:25	**00:23:46.35**	**00:24:11.80**	+00:08:03 (33.9%)	4:45	12.6 (66.0%)
253	**KUCZEWSKI Łukasz**	**385**		M-40	70	00:00:15	**00:23:47.95**	**00:24:03.15**	+00:08:04 (33.9%)	4:45	12.6 (66.0%)
254	**WNUCZYŃSKI Jakub**	**248**		M-10	21	00:00:08	**00:23:48.15**	**00:23:57.00**	+00:08:04 (33.9%)	4:45	12.6 (66.0%)
255	**OMNICZYŃSKI Tomasz**	**1051**		M-30	97	00:00:40	**00:23:49.10**	**00:24:30.00**	+00:08:05 (34.0%)	4:45	12.6 (66.0%)
256	**GRECHUTA Tomasz**	**468**	BKSZW	M-30	98	00:00:42	**00:23:50.40**	**00:24:32.60**	+00:08:07 (34.1%)	4:46	12.6 (66.0%)
257	**STAWSKI Piotr**	**300**		M-30	99	00:01:01	**00:23:51.10**	**00:24:52.30**	+00:08:07 (34.1%)	4:46	12.6 (66.0%)
257	**BERNACKI Dominik**	**757**		M-40	71	00:00:50	**00:23:51.10**	**00:24:41.40**	+00:08:07 (34.1%)	4:46	12.6 (66.0%)
259	**TORCHALSKI Krzysztof**	**516**		M-60+	4	00:00:10	**00:23:51.30**	**00:24:01.45**	+00:08:08 (34.1%)	4:46	12.6 (66.0%)
260	**PARDUA Łukasz**	**727**		M-30	100	00:00:30	**00:23:51.55**	**00:24:22.30**	+00:08:08 (34.1%)	4:46	12.6 (66.0%)
261	**KLARKOWSKI Adrian**	**44**	#MENTALADI	M-30	101	00:01:14	**00:23:51.85**	**00:25:06.75**	+00:08:08 (34.1%)	4:46	12.6 (66.0%)
262	**ISKRA Marcel**	**369**		M-10	22	00:00:14	**00:23:52.80**	**00:24:07.00**	+00:08:09 (34.2%)	4:46	12.6 (66.0%)
263	**PUCHACZ Marcin**	**269**		M-30	102	00:01:22	**00:23:54.10**	**00:25:16.50**	+00:08:10 (34.2%)	4:46	12.6 (66.0%)
264	**KRYSIŃSKI Adrian**	**859**	FUNDACJA CZAS NA BYDGOSZCZ	M-10	23	00:00:54	**00:23:54.30**	**00:24:48.60**	+00:08:11 (34.2%)	4:46	12.6 (66.0%)
265	**LUZAK Mirosław**	**482**	TKKF KOLEJARZ BYDGOSZCZ	M-60+	5	00:00:12	**00:23:54.75**	**00:24:07.00**	+00:08:11 (34.3%)	4:46	12.6 (66.0%)
266	**KALINOWSKI Zbigniew**	**560**		M-50	26	00:00:32	**00:23:56.90**	**00:24:29.15**	+00:08:13 (34.4%)	4:47	12.5 (65.4%)
267	**BRUDNICKI Mateusz**	**1194**		M-20	40	00:00:38	**00:23:57.15**	**00:24:35.70**	+00:08:13 (34.4%)	4:47	12.5 (65.4%)
268	**BARAŃSKI Władysław**	**769**	4DON	M-40	72	00:00:14	**00:23:58.00**	**00:24:12.15**	+00:08:14 (34.4%)	4:47	12.5 (65.4%)
269	**FIRYN Piotr**	**559**		M-20	41	00:00:43	**00:23:58.05**	**00:24:41.55**	+00:08:14 (34.4%)	4:47	12.5 (65.4%)
270	**ŚWITAŁA Adam**	**1165**		M-30	103	00:00:27	**00:23:58.50**	**00:24:26.15**	+00:08:15 (34.4%)	4:47	12.5 (65.4%)
271	**ŚWIDERSKI Bartosz**	**348**		M-20	42	00:00:42	**00:23:58.55**	**00:24:40.95**	+00:08:15 (34.4%)	4:47	12.5 (65.4%)
272	**SYKUŁA Marcin**	**382**	ORANGE	M-40	73	00:00:10	**00:24:00.15**	**00:24:10.55**	+00:08:16 (34.5%)	4:48	12.5 (65.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
273	**KRUSZYNA Robert**	**320**		M-40	74	00:00:18	**00:24:00.20**	**00:24:19.10**	+00:08:16 (34.5%)	4:48	12.5 (65.4%)
274	**NOWOTNIK Mariusz**	**461**		M-40	75	00:00:46	**00:24:01.30**	**00:24:48.05**	+00:08:18 (34.6%)	4:48	12.5 (65.4%)
275	**SZCZEPAŃSKI Łukasz**	**582**		M-30	104	00:00:40	**00:24:02.70**	**00:24:43.50**	+00:08:19 (34.6%)	4:48	12.5 (65.4%)
276	**URBAŃSKI Dawid**	**904**		M-40	76	00:00:50	**00:24:03.20**	**00:24:53.65**	+00:08:19 (34.6%)	4:48	12.5 (65.4%)
277	**KARSKI Krzysztof**	**154**		M-10	24	00:00:34	**00:24:03.30**	**00:24:37.30**	+00:08:20 (34.6%)	4:48	12.5 (65.4%)
278	**RÓŻYCKI Dariusz**	**1111**	BYDGOSKIE ŻÓŁWIE	M-50	27	00:00:04	**00:24:03.45**	**00:24:07.60**	+00:08:20 (34.6%)	4:48	12.5 (65.4%)
279	**KOSIARSKI Tomasz**	**876**		M-40	77	00:00:22	**00:24:07.35**	**00:24:30.00**	+00:08:24 (34.8%)	4:49	12.4 (64.9%)
280	**RAUNEST Adam**	**984**		M-60+	6	00:00:55	**00:24:07.40**	**00:25:02.90**	+00:08:24 (34.8%)	4:49	12.4 (64.9%)
281	**PRZYBYLSKI Remigiusz**	**502**	RUN BYDGOSZCZ	M-40	78	00:00:08	**00:24:07.90**	**00:24:16.65**	+00:08:24 (34.9%)	4:49	12.4 (64.9%)
282	**KLEPACZEWSKI Arkadiusz**	**168**		M-30	105	00:00:35	**00:24:12.45**	**00:24:47.90**	+00:08:29 (35.1%)	4:50	12.4 (64.9%)
283	**FURSEWICZ Bartłomiej**	**827**		M-40	79	00:00:08	**00:24:12.75**	**00:24:21.55**	+00:08:29 (35.1%)	4:50	12.4 (64.9%)
283	**LUTKOWSKI Dariusz**	**1214**		M-40	79	00:00:11	**00:24:12.75**	**00:24:24.50**	+00:08:29 (35.1%)	4:50	12.4 (64.9%)
285	**CIEŚLEWICZ Karol**	**487**	OLAFCREW	M-40	81	00:00:10	**00:24:13.85**	**00:24:24.80**	+00:08:30 (35.1%)	4:50	12.4 (64.9%)
286	**ŁEPEK Patryk**	**956**		M-20	43	00:00:15	**00:24:13.90**	**00:24:29.30**	+00:08:30 (35.1%)	4:50	12.4 (64.9%)
287	**ZABROCKI Adam**	**540**	SHUGO	M-40	82	00:01:10	**00:24:15.15**	**00:25:25.65**	+00:08:31 (35.2%)	4:51	12.4 (64.9%)
288	**WRZESIŃSKI Jan**	**380**	ORANGE	M-20	44	00:00:24	**00:24:17.55**	**00:24:42.05**	+00:08:34 (35.3%)	4:51	12.4 (64.9%)
288	**GÓRECKI Łukasz**	**971**		M-20	44	00:00:47	**00:24:17.55**	**00:25:05.35**	+00:08:34 (35.3%)	4:51	12.4 (64.9%)
290	**SKÓRCZEWSKI Jacek**	**407**		M-60+	7	00:00:26	**00:24:20.55**	**00:24:47.30**	+00:08:37 (35.4%)	4:52	12.3 (64.4%)
291	**JANKOWSKI Jakub**	**1161**		M-20	46	00:01:03	**00:24:21.35**	**00:25:24.70**	+00:08:38 (35.5%)	4:52	12.3 (64.4%)
292	**PIASECKI Wlodzimierz**	**1212**		M-50	28	00:00:14	**00:24:21.95**	**00:24:36.70**	+00:08:38 (35.5%)	4:52	12.3 (64.4%)
293	**KRÓL Karol**	**174**	TKKF KOLEJARZ BYDGOSZCZ	M-40	83	00:00:07	**00:24:23.30**	**00:24:31.20**	+00:08:40 (35.5%)	4:52	12.3 (64.4%)
294	**WADELSKI Maciej**	**853**		M-30	106	00:00:33	**00:24:23.40**	**00:24:56.40**	+00:08:40 (35.5%)	4:52	12.3 (64.4%)
295	**ŁUŹNIAK Łukasz**	**614**	BYLE DO METY	M-30	107	00:00:45	**00:24:23.70**	**00:25:08.75**	+00:08:40 (35.6%)	4:52	12.3 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
296	**GRAJEWSKI Tomasz**	**1039**		M-30	108	00:01:08	**00:24:25.10**	**00:25:33.75**	+00:08:41 (35.6%)	4:53	12.3 (64.4%)
297	**GRUDA Mirosław**	**197**		M-60+	8	00:00:28	**00:24:25.20**	**00:24:53.95**	+00:08:41 (35.6%)	4:53	12.3 (64.4%)
298	**ROSSA Sławomir**	**354**		M-50	29	00:00:07	**00:24:26.10**	**00:24:33.90**	+00:08:42 (35.7%)	4:53	12.3 (64.4%)
299	**CICHOWICZ Marcin**	**666**		M-40	84	00:00:31	**00:24:26.90**	**00:24:58.40**	+00:08:43 (35.7%)	4:53	12.3 (64.4%)
300	**WRZESINSKI Artur**	**62**		M-30	109	00:00:52	**00:24:26.95**	**00:25:19.60**	+00:08:43 (35.7%)	4:53	12.3 (64.4%)
301	**ANDRZEJEWSKI Piotr**	**565**		M-40	85	00:00:58	**00:24:27.65**	**00:25:26.55**	+00:08:44 (35.7%)	4:53	12.3 (64.4%)
302	**WYSOCKI Patryk**	**130**		M-30	110	00:01:03	**00:24:27.90**	**00:25:31.30**	+00:08:44 (35.7%)	4:53	12.3 (64.4%)
303	**RADZIEJEWSKI Tomasz**	**838**	TEAMOCHAL	M-40	86	00:00:11	**00:24:33.05**	**00:24:44.90**	+00:08:49 (36.0%)	4:54	12.2 (63.9%)
304	**SZUKALSKI Michał**	**364**		M-40	87	00:00:24	**00:24:33.35**	**00:24:58.25**	+00:08:50 (36.0%)	4:54	12.2 (63.9%)
305	**DYBOWSKI Dominik**	**832**		M-30	111	00:00:50	**00:24:34.60**	**00:25:25.10**	+00:08:51 (36.0%)	4:54	12.2 (63.9%)
306	**ZŁOTOWSKI Piotr**	**662**	RUN BYDGOSZCZ	M-40	88	00:00:07	**00:24:35.70**	**00:24:43.65**	+00:08:52 (36.1%)	4:55	12.2 (63.9%)
307	**SCHMIDT Artur**	**166**	BB ACTIVE TEAM	M-10	25	00:00:24	**00:24:35.80**	**00:25:00.15**	+00:08:52 (36.1%)	4:55	12.2 (63.9%)
308	**KAJA Andrzej**	**1178**		M-50	30	00:00:25	**00:24:36.60**	**00:25:02.05**	+00:08:53 (36.1%)	4:55	12.2 (63.9%)
309	**KLAWIKOWSKI Dawid**	**695**	TKKF KOLEKARZ BYDGOSZCZ	M-30	112	00:00:31	**00:24:37.50**	**00:25:08.50**	+00:08:54 (36.2%)	4:55	12.2 (63.9%)
310	**GOŁEMBIEWSKI Marcin**	**845**		M-40	89	00:00:11	**00:24:38.20**	**00:24:49.80**	+00:08:54 (36.2%)	4:55	12.2 (63.9%)
311	**JESKE Marek**	**555**	RUN BYDGOSZCZ	M-50	31	00:00:07	**00:24:38.35**	**00:24:46.15**	+00:08:55 (36.2%)	4:55	12.2 (63.9%)
312	**WŁODARCZYK Wojciech**	**411**		M-50	32	00:00:41	**00:24:38.60**	**00:25:20.55**	+00:08:55 (36.2%)	4:55	12.2 (63.9%)
313	**WNUK Rafał**	**1133**		M-40	90	00:00:07	**00:24:42.55**	**00:24:50.05**	+00:08:59 (36.4%)	4:56	12.1 (63.4%)
314	**OZDARSKI Bartosz**	**606**	OZDAR TEAM	M-40	91	00:00:16	**00:24:44.05**	**00:25:00.80**	+00:09:00 (36.4%)	4:56	12.1 (63.4%)
315	**KUJDA Arkadiusz**	**1164**	1 BRYGADA LOGISTYCZNA	M-40	92	00:00:16	**00:24:44.40**	**00:25:00.80**	+00:09:01 (36.5%)	4:56	12.1 (63.4%)
316	**BYLICA Robert**	**56**	RUNNING TEAM SPIRIT	M-40	93	00:00:28	**00:24:44.90**	**00:25:13.30**	+00:09:01 (36.5%)	4:56	12.1 (63.4%)
317	**SIĘBOR Andrzej**	**41**	RUN BYDGOSZCZ	M-40	94	00:00:07	**00:24:45.60**	**00:24:52.85**	+00:09:02 (36.5%)	4:57	12.1 (63.4%)
318	**LEWANDOWSKI Michał**	**90**		M-40	95	00:00:24	**00:24:47.35**	**00:25:11.75**	+00:09:04 (36.6%)	4:57	12.1 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
319	**MACIEJCZAK Marcin**	**566**	3GRAVITY	M-40	96	00:00:34	**00:24:48.50**	**00:25:22.95**	+00:09:05 (36.6%)	4:57	12.1 (63.4%)
320	**MONTOWSKI Filip**	**887**	BB ACTIVE TEAM	M-10	26	00:00:24	**00:24:50.90**	**00:25:15.30**	+00:09:07 (36.7%)	4:58	12.1 (63.4%)
321	**SZMELTER Michał**	**527**		M-50	33	00:00:49	**00:24:51.60**	**00:25:40.70**	+00:09:08 (36.8%)	4:58	12.1 (63.4%)
322	**SIEMIŃSKI Karol**	**953**		M-20	47	00:00:18	**00:24:51.95**	**00:25:10.90**	+00:09:08 (36.8%)	4:58	12.1 (63.4%)
323	**SMUCZYŃSKI Wojciech**	**441**		M-30	113	00:00:59	**00:24:52.35**	**00:25:51.45**	+00:09:09 (36.8%)	4:58	12.1 (63.4%)
324	**OLSZEWSKI Szymon**	**561**		M-30	114	00:00:52	**00:24:52.65**	**00:25:45.10**	+00:09:09 (36.8%)	4:58	12.1 (63.4%)
325	**KASZUBA Konrad**	**316**		M-30	115	00:01:04	**00:24:53.30**	**00:25:57.70**	+00:09:10 (36.8%)	4:58	12.1 (63.4%)
326	**CZAPLICKI Bartłomiej**	**779**	WKURW_TEAM	M-30	116	00:00:46	**00:24:53.85**	**00:25:39.95**	+00:09:10 (36.9%)	4:58	12.1 (63.4%)
327	**MROZIK Andrzej**	**672**		M-50	34	00:00:47	**00:24:54.20**	**00:25:41.80**	+00:09:10 (36.9%)	4:58	12 (62.8%)
328	**SELBURSKI Sebastian**	**700**		M-30	117	00:00:31	**00:24:54.45**	**00:25:26.30**	+00:09:11 (36.9%)	4:58	12 (62.8%)
329	**PRZYBYLSKI Dariusz**	**562**		M-30	118	00:00:51	**00:24:57.60**	**00:25:48.95**	+00:09:14 (37.0%)	4:59	12 (62.8%)
330	**BIZON Bartosz**	**94**		M-30	119	00:00:22	**00:24:58.50**	**00:25:21.25**	+00:09:15 (37.1%)	4:59	12 (62.8%)
331	**JANOWSKI Kamil**	**203**		M-30	120	00:00:38	**00:24:59.50**	**00:25:37.75**	+00:09:16 (37.1%)	4:59	12 (62.8%)
332	**JANUSZEWSKI Radosław**	**1066**		M-20	48	00:00:30	**00:25:00.60**	**00:25:30.60**	+00:09:17 (37.1%)	5:00	12 (62.8%)
333	**LICA Krzysztof**	**1036**	SISU - OWB ROWERTOUR.COM	M-60+	9	00:00:45	**00:25:01.15**	**00:25:46.15**	+00:09:17 (37.2%)	5:00	12 (62.8%)
334	**LECH Marek**	**729**	WHM	M-40	97	00:00:14	**00:25:04.70**	**00:25:19.00**	+00:09:21 (37.3%)	5:00	12 (62.8%)
335	**LENC Maciej**	**27**	WAKE UP	M-30	121	00:01:14	**00:25:08.70**	**00:26:23.55**	+00:09:25 (37.5%)	5:01	11.9 (62.3%)
336	**DROBCZYŃSKI Wojciech**	**330**		M-20	49	00:00:21	**00:25:11.20**	**00:25:32.45**	+00:09:27 (37.6%)	5:02	11.9 (62.3%)
337	**POLIWODZIŃSKI Michał**	**474**	WISŁA FORDON	M-40	98	00:00:56	**00:25:11.40**	**00:26:07.45**	+00:09:28 (37.6%)	5:02	11.9 (62.3%)
338	**OLSZÓWKA Michał**	**424**		M-40	99	00:00:17	**00:25:13.05**	**00:25:30.90**	+00:09:29 (37.7%)	5:02	11.9 (62.3%)
339	**SUCHACKI Kacper**	**403**	LOTTO BYDGOSTIA	M-10	27	00:00:20	**00:25:13.50**	**00:25:34.40**	+00:09:30 (37.7%)	5:02	11.9 (62.3%)
340	**LIZIK Aleksander**	**396**		M-20	50	00:00:53	**00:25:14.65**	**00:26:07.95**	+00:09:31 (37.7%)	5:02	11.9 (62.3%)
340	**RODAK Robert**	**397**		M-20	50	00:00:53	**00:25:14.65**	**00:26:07.65**	+00:09:31 (37.7%)	5:02	11.9 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
342	**CHOJNACKI Patryk**	**1071**		M-20	52	00:00:12	**00:25:14.90**	**00:25:27.20**	+00:09:31 (37.7%)	5:02	11.9 (62.3%)
343	**KOPACZ Radosław**	**1101**		M-40	100	00:01:18	**00:25:16.75**	**00:26:34.90**	+00:09:33 (37.8%)	5:03	11.9 (62.3%)
344	**PAŁCZYŃSKI Przemysław**	**893**		M-30	122	00:00:34	**00:25:17.20**	**00:25:51.50**	+00:09:33 (37.8%)	5:03	11.9 (62.3%)
345	**NAPIERAŁA Przemysław**	**970**		M-30	123	00:01:20	**00:25:17.95**	**00:26:38.85**	+00:09:34 (37.9%)	5:03	11.9 (62.3%)
346	**MAJDA Adrian**	**969**	DZIK SQUAD	M-30	124	00:00:17	**00:25:18.00**	**00:25:35.00**	+00:09:34 (37.9%)	5:03	11.9 (62.3%)
347	**DĄBROWSKI Arkadiusz**	**442**		M-20	53	00:01:04	**00:25:19.40**	**00:26:23.70**	+00:09:36 (37.9%)	5:03	11.8 (61.8%)
348	**DEMBSKI Marek**	**761**	TEAM PATROL	M-40	101	00:00:17	**00:25:20.00**	**00:25:37.75**	+00:09:36 (37.9%)	5:04	11.8 (61.8%)
349	**OWCZARZAK Michał**	**126**	SMAKOSZE	M-50	35	00:00:52	**00:25:20.10**	**00:26:12.90**	+00:09:36 (37.9%)	5:04	11.8 (61.8%)
349	**ŚWIĘCICKI Andrzej**	**504**		M-40	102	00:00:57	**00:25:20.10**	**00:26:17.15**	+00:09:36 (37.9%)	5:04	11.8 (61.8%)
351	**KULCZYŃSKI Przemysław**	**637**	TYPYGRUBE	M-30	125	00:00:30	**00:25:20.35**	**00:25:50.65**	+00:09:37 (38.0%)	5:04	11.8 (61.8%)
352	**SCHMIDT Marcin**	**165**	BB ACTIVE TEAM	M-40	103	00:00:26	**00:25:21.60**	**00:25:47.80**	+00:09:38 (38.0%)	5:04	11.8 (61.8%)
353	**LEWICKI Aleksander**	**993**		M-10	28	00:00:50	**00:25:22.00**	**00:26:12.60**	+00:09:38 (38.0%)	5:04	11.8 (61.8%)
354	**SOSINSKI Marcin**	**1027**		M-40	104	00:00:07	**00:25:24.65**	**00:25:32.15**	+00:09:41 (38.1%)	5:04	11.8 (61.8%)
355	**ANTCZAK Paweł**	**193**		M-40	105	00:01:10	**00:25:25.25**	**00:26:36.15**	+00:09:41 (38.2%)	5:05	11.8 (61.8%)
356	**PUK Oskar**	**872**		M-20	54	00:00:40	**00:25:26.35**	**00:26:06.80**	+00:09:43 (38.2%)	5:05	11.8 (61.8%)
357	**FRANCIS Khalil**	**1131**		M-40	106	00:00:05	**00:25:27.80**	**00:25:33.50**	+00:09:44 (38.3%)	5:05	11.8 (61.8%)
358	**DROZDOWSKI Michał**	**334**	ASTORIA	M-30	126	00:00:29	**00:25:29.90**	**00:25:59.10**	+00:09:46 (38.3%)	5:05	11.8 (61.8%)
359	**CZAJA Jarosław**	**402**		M-40	107	00:00:20	**00:25:29.95**	**00:25:50.25**	+00:09:46 (38.3%)	5:05	11.8 (61.8%)
360	**CIOS Rafał**	**1034**		M-40	108	00:00:39	**00:25:30.35**	**00:26:09.50**	+00:09:47 (38.4%)	5:06	11.8 (61.8%)
361	**SZMYT Patryk**	**465**	CSAIU	M-20	55	00:01:17	**00:25:31.45**	**00:26:49.05**	+00:09:48 (38.4%)	5:06	11.8 (61.8%)
362	**LEWICKI Piotr**	**992**		M-40	109	00:00:50	**00:25:32.20**	**00:26:22.80**	+00:09:48 (38.4%)	5:06	11.7 (61.3%)
363	**YALPI Hasan**	**223**		M-30	127	00:00:29	**00:25:32.95**	**00:26:02.40**	+00:09:49 (38.5%)	5:06	11.7 (61.3%)
364	**CIESIELSKI Mirosław**	**231**		M-50	36	00:00:42	**00:25:34.60**	**00:26:17.50**	+00:09:51 (38.5%)	5:06	11.7 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
365	**KOCHAŃSKI Sebastian**	**1088**		M-20	56	00:01:10	**00:25:37.80**	**00:26:48.30**	+00:09:54 (38.7%)	5:07	11.7 (61.3%)
366	**PYTLIŃSKI Marek**	**551**	BYDGOSKIE ŻÓŁWIE	M-10	29	00:01:21	**00:25:37.85**	**00:26:59.80**	+00:09:54 (38.7%)	5:07	11.7 (61.3%)
367	**PYTLIŃSKI Paweł**	**549**	BYDGOSKIE ŻÓŁWIE	M-40	110	00:01:22	**00:25:39.75**	**00:27:02.30**	+00:09:56 (38.7%)	5:07	11.7 (61.3%)
368	**GROSICKI Stanisław**	**528**		M-20	57	00:00:20	**00:25:39.95**	**00:26:00.15**	+00:09:56 (38.7%)	5:07	11.7 (61.3%)
369	**KUĆMIERZ Mirosław**	**434**		M-50	37	00:00:38	**00:25:43.55**	**00:26:22.30**	+00:10:00 (38.9%)	5:08	11.7 (61.3%)
370	**KILAN Kacper**	**789**	SPOGLO	M-20	58	00:00:44	**00:25:43.80**	**00:26:28.00**	+00:10:00 (38.9%)	5:08	11.7 (61.3%)
371	**ZAPARUCHA Mikołaj**	**361**		M-50	38	00:00:41	**00:25:45.40**	**00:26:26.85**	+00:10:02 (39.0%)	5:09	11.7 (61.3%)
372	**NAGORZYSKI Arek**	**278**	MUDFOXES	M-30	128	00:00:17	**00:25:48.40**	**00:26:05.70**	+00:10:05 (39.1%)	5:09	11.6 (60.7%)
373	**ŚWIETLIK Grzegorz**	**438**	POLFARMEX TEAM	M-30	129	00:00:12	**00:25:49.50**	**00:26:02.00**	+00:10:06 (39.1%)	5:09	11.6 (60.7%)
374	**TRUDNOWSKI Janusz**	**218**		M-70+	1	00:00:16	**00:25:49.75**	**00:26:06.10**	+00:10:06 (39.1%)	5:09	11.6 (60.7%)
375	**BARCZYŃSKI Mateusz**	**170**		M-30	130	00:00:28	**00:25:50.75**	**00:26:19.15**	+00:10:07 (39.2%)	5:10	11.6 (60.7%)
376	**WIŚNIEWSKI Tomasz**	**573**		M-30	131	00:00:11	**00:25:54.40**	**00:26:06.25**	+00:10:11 (39.3%)	5:10	11.6 (60.7%)
377	**SURMACZ Marcin**	**214**		M-40	111	00:00:47	**00:25:55.10**	**00:26:42.90**	+00:10:11 (39.3%)	5:11	11.6 (60.7%)
378	**KOPCZYŃSKI Piotr**	**900**		M-20	59	00:00:33	**00:25:55.25**	**00:26:29.10**	+00:10:11 (39.3%)	5:11	11.6 (60.7%)
379	**KRUCZKOWSKI Adam**	**817**		M-50	39	00:00:04	**00:25:55.65**	**00:26:00.00**	+00:10:12 (39.4%)	5:11	11.6 (60.7%)
380	**GREŃ Sebastian**	**814**		M-20	60	00:00:03	**00:25:55.75**	**00:25:59.70**	+00:10:12 (39.4%)	5:11	11.6 (60.7%)
381	**SIEGNER Mateusz**	**1199**		M-20	61	00:00:58	**00:25:56.30**	**00:26:54.75**	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
381	**KONIEC Krzysztof**	**726**	MK-BUD ATLAS RACING TEAM	M-50	40	00:00:20	**00:25:56.30**	**00:26:17.20**	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
383	**GŁOWACKI Robert**	**258**		M-40	112	00:00:19	**00:25:56.50**	**00:26:15.70**	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
384	**KOSEK Mariusz**	**787**	RCI	M-50	41	00:00:22	**00:25:57.25**	**00:26:19.40**	+00:10:13 (39.4%)	5:11	11.6 (60.7%)
385	**SIUDA Piotr**	**481**		M-40	113	00:00:55	**00:25:57.95**	**00:26:53.30**	+00:10:14 (39.5%)	5:11	11.6 (60.7%)
386	**WIŚNIEWSKI Tomasz**	**297**		M-30	132	00:00:48	**00:25:58.70**	**00:26:46.70**	+00:10:15 (39.5%)	5:11	11.6 (60.7%)
387	**DOLATA Rafał**	**731**		M-40	114	00:00:22	**00:25:59.05**	**00:26:21.15**	+00:10:15 (39.5%)	5:11	11.5 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
388	**ARACH Przemysław**	**597**		M-30	133	00:00:38	**00:25:59.45**	**00:26:38.20**	+00:10:16 (39.5%)	5:11	11.5 (60.2%)
389	**CHMURZYŃSKI Tomasz**	**806**		M-50	42	00:00:00	**00:25:59.50**	**00:25:59.50**	+00:10:16 (39.5%)	5:11	11.5 (60.2%)
390	**JASIENIECKI Piotr**	**1053**		M-50	43	00:00:32	**00:26:01.95**	**00:26:34.45**	+00:10:18 (39.6%)	5:12	11.5 (60.2%)
391	**TUREK Mateusz**	**668**		M-30	134	00:00:12	**00:26:02.25**	**00:26:14.50**	+00:10:18 (39.6%)	5:12	11.5 (60.2%)
392	**ŁATANIK Andrzej**	**758**		M-40	115	00:00:33	**00:26:02.30**	**00:26:35.65**	+00:10:19 (39.6%)	5:12	11.5 (60.2%)
393	**BIAŁOWĄS Jakub**	**306**		M-10	30	00:00:58	**00:26:03.60**	**00:27:01.75**	+00:10:20 (39.7%)	5:12	11.5 (60.2%)
394	**NAWROCKI Jarosław**	**965**		M-50	44	00:00:37	**00:26:07.20**	**00:26:45.00**	+00:10:23 (39.8%)	5:13	11.5 (60.2%)
395	**JANYSKA Adam**	**308**		M-20	62	00:00:11	**00:26:07.85**	**00:26:19.15**	+00:10:24 (39.8%)	5:13	11.5 (60.2%)
396	**DROB Julian**	**843**		M-30	135	00:00:23	**00:26:07.90**	**00:26:31.50**	+00:10:24 (39.8%)	5:13	11.5 (60.2%)
397	**OSSOWSKI Wojciech**	**735**		M-20	63	00:00:54	**00:26:08.90**	**00:27:03.10**	+00:10:25 (39.9%)	5:13	11.5 (60.2%)
398	**MAROSZCZYK Kryspin**	**716**		M-30	136	00:00:56	**00:26:13.85**	**00:27:10.70**	+00:10:30 (40.1%)	5:14	11.4 (59.7%)
399	**SIUDA Marek**	**261**		M-40	116	00:00:43	**00:26:13.90**	**00:26:56.90**	+00:10:30 (40.1%)	5:14	11.4 (59.7%)
400	**PRĄDZYŃSKI Marcin**	**180**	AKADEMIAMISTRZOWSPORTU	M-40	117	00:00:37	**00:26:15.40**	**00:26:53.00**	+00:10:32 (40.1%)	5:15	11.4 (59.7%)
401	**ŁUKASIEWICZ Krzysztof**	**128**	MAJA	M-40	118	00:00:48	**00:26:17.45**	**00:27:06.05**	+00:10:34 (40.2%)	5:15	11.4 (59.7%)
402	**RYBARCZYK Michał**	**422**		M-40	119	00:00:55	**00:26:17.65**	**00:27:13.30**	+00:10:34 (40.2%)	5:15	11.4 (59.7%)
403	**WAWRZYNIAK Andrzej**	**132**	22. ODN	M-60+	10	00:00:28	**00:26:18.75**	**00:26:47.20**	+00:10:35 (40.3%)	5:15	11.4 (59.7%)
404	**SADZIKOWSKI Michał**	**331**		M-40	120	00:00:55	**00:26:21.60**	**00:27:17.05**	+00:10:38 (40.4%)	5:16	11.4 (59.7%)
405	**KWASIGROCH Krzysztof**	**542**	TKKF KOLEJARZ BYDGOSZCZ	M-50	45	00:00:45	**00:26:22.15**	**00:27:07.80**	+00:10:38 (40.4%)	5:16	11.4 (59.7%)
406	**WINIARSKI Kacper**	**567**		M-10	31	00:00:33	**00:26:22.20**	**00:26:55.60**	+00:10:38 (40.4%)	5:16	11.4 (59.7%)
407	**JANKIEWICZ Michał**	**272**		M-30	137	00:00:59	**00:26:22.75**	**00:27:22.20**	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
408	**ŚPICA Grzegorz**	**777**		M-30	138	00:00:34	**00:26:22.90**	**00:26:57.10**	+00:10:39 (40.4%)	5:16	11.4 (59.7%)
409	**NAWROCKI Dariusz**	**1073**	OPEN PL	M-50	46	00:01:37	**00:26:23.30**	**00:28:00.90**	+00:10:40 (40.4%)	5:16	11.4 (59.7%)
410	**MICHALAK Krzysztof**	**663**		M-20	64	00:00:46	**00:26:23.60**	**00:27:09.95**	+00:10:40 (40.4%)	5:16	11.4 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
411	**KOLASIŃSKI Tomasz**	**386**		M-50	47	00:00:21	**00:26:23.75**	**00:26:45.45**	+00:10:40 (40.4%)	5:16	11.4 (59.7%)
412	**ŻUCHELKOWSKI Rafał**	**138**	TATA ADAMA TEAM	M-30	139	00:01:13	**00:26:24.85**	**00:27:38.60**	+00:10:41 (40.5%)	5:16	11.4 (59.7%)
413	**GRACZYK Dawid**	**373**	8 K-PBOT	M-20	65	00:00:33	**00:26:26.20**	**00:27:00.00**	+00:10:42 (40.5%)	5:17	11.3 (59.2%)
414	**JASKÓLSKI Andrzej**	**676**		M-40	121	00:00:29	**00:26:28.10**	**00:26:58.00**	+00:10:44 (40.6%)	5:17	11.3 (59.2%)
415	**DZIADKO Mateusz**	**858**		M-30	140	00:00:33	**00:26:30.10**	**00:27:03.85**	+00:10:46 (40.7%)	5:18	11.3 (59.2%)
416	**MAŁKIŃSKI Józef**	**754**		M-60+	11	00:00:22	**00:26:33.35**	**00:26:55.70**	+00:10:50 (40.8%)	5:18	11.3 (59.2%)
417	**ŁABENDA Piotr**	**651**	TERENOWA MASAKRA TEAM	M-50	48	00:00:42	**00:26:33.70**	**00:27:16.60**	+00:10:50 (40.8%)	5:18	11.3 (59.2%)
418	**BEDNAREK Grzegorz**	**1113**		M-20	66	00:00:53	**00:26:33.85**	**00:27:27.05**	+00:10:50 (40.8%)	5:18	11.3 (59.2%)
419	**CHOJNACKI Arkadiusz**	**677**		M-30	141	00:01:04	**00:26:36.10**	**00:27:40.95**	+00:10:52 (40.9%)	5:19	11.3 (59.2%)
420	**ŚWIDERSKI Jaromir**	**512**	ŚLĘZAK TEAM	M-60+	12	00:00:42	**00:26:37.20**	**00:27:19.70**	+00:10:53 (40.9%)	5:19	11.3 (59.2%)
421	**OLENDROWICZ Damian**	**880**	BYDGOSKIE TOWARZYSTWO WIOŚLARSKIE	M-20	67	00:00:04	**00:26:37.45**	**00:26:42.20**	+00:10:54 (40.9%)	5:19	11.3 (59.2%)
422	**CZARNECKI Michał**	**877**	BIEGAJ Z DĘBAMI	M-20	68	00:00:27	**00:26:37.70**	**00:27:05.00**	+00:10:54 (41.0%)	5:19	11.3 (59.2%)
423	**GŁOWACKI Bartosz**	**175**		M-20	69	00:00:27	**00:26:38.05**	**00:27:05.70**	+00:10:54 (41.0%)	5:19	11.3 (59.2%)
424	**KULKA Marek**	**433**		M-60+	13	00:00:52	**00:26:38.40**	**00:27:31.35**	+00:10:55 (41.0%)	5:19	11.3 (59.2%)
425	**JANKOWSKI Tomasz**	**691**	DĘBY OSIELSKO	M-50	49	00:00:27	**00:26:39.00**	**00:27:06.15**	+00:10:55 (41.0%)	5:19	11.3 (59.2%)
426	**CHĘSY Jacek**	**28**		M-40	122	00:00:39	**00:26:39.30**	**00:27:18.90**	+00:10:56 (41.0%)	5:19	11.3 (59.2%)
427	**PĄCZKOWSKI Piotr**	**340**	SALEZJANIE BIEGAJĄ	M-30	142	00:01:10	**00:26:43.00**	**00:27:53.00**	+00:10:59 (41.2%)	5:20	11.2 (58.6%)
428	**WOLNY Tomasz**	**158**		M-40	123	00:00:05	**00:26:43.85**	**00:26:49.65**	+00:11:00 (41.2%)	5:20	11.2 (58.6%)
429	**STRZAŁKOWSKI Dawid**	**1154**		M-20	70	00:00:23	**00:26:45.35**	**00:27:08.50**	+00:11:02 (41.2%)	5:21	11.2 (58.6%)
430	**ŁATKA Marcin**	**59**		M-40	124	00:00:32	**00:26:46.25**	**00:27:18.50**	+00:11:02 (41.3%)	5:21	11.2 (58.6%)
431	**SIENKIEWICZ Artur**	**34**		M-40	125	00:00:25	**00:26:46.45**	**00:27:11.90**	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
432	**LIZOŃ Dawid**	**879**		M-30	143	00:00:38	**00:26:47.25**	**00:27:25.90**	+00:11:03 (41.3%)	5:21	11.2 (58.6%)
433	**WENDA Mateusz**	**633**		M-30	144	00:00:26	**00:26:50.50**	**00:27:16.60**	+00:11:07 (41.4%)	5:22	11.2 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
434	**BARTNICZAK Bartosz**	**491**	HM FAMILIA	M-20	71	00:00:29	**00:26:50.90**	**00:27:20.35**	+00:11:07 (41.4%)	5:22	11.2 (58.6%)
435	**BRZEZIŃSKI Maciej**	**198**		M-30	145	00:00:17	**00:26:53.05**	**00:27:10.45**	+00:11:09 (41.5%)	5:22	11.2 (58.6%)
436	**HANC Michal**	**652**	HAJALE16	M-30	146	00:01:08	**00:26:53.80**	**00:28:02.10**	+00:11:10 (41.5%)	5:22	11.2 (58.6%)
437	**PIETRASZAK Tomasz**	**89**	RUN BYDGOSZCZ	M-50	50	00:00:45	**00:26:54.35**	**00:27:40.00**	+00:11:11 (41.6%)	5:22	11.2 (58.6%)
438	**RATAJ Maciej**	**173**		M-40	126	00:00:27	**00:26:56.65**	**00:27:24.20**	+00:11:13 (41.7%)	5:23	11.1 (58.1%)
439	**KARSKI Marcin**	**145**		M-40	127	00:01:02	**00:26:57.05**	**00:27:59.55**	+00:11:13 (41.7%)	5:23	11.1 (58.1%)
440	**CIEŚLEWICZ Waldemar**	**1152**		M-50	51	00:00:31	**00:26:57.10**	**00:27:28.80**	+00:11:13 (41.7%)	5:23	11.1 (58.1%)
441	**KALACZYŃSKI Grzegorz**	**615**		M-50	52	00:01:17	**00:26:58.00**	**00:28:15.50**	+00:11:14 (41.7%)	5:23	11.1 (58.1%)
442	**WILMA Paweł**	**296**		M-30	147	00:00:59	**00:27:00.55**	**00:28:00.45**	+00:11:17 (41.8%)	5:24	11.1 (58.1%)
443	**BIDAS Piotr**	**591**	DLA WIKTORKA	M-40	128	00:00:27	**00:27:01.80**	**00:27:29.75**	+00:11:18 (41.8%)	5:24	11.1 (58.1%)
444	**GRZECHULSKI Bartosz**	**463**		M-10	32	00:00:13	**00:27:01.85**	**00:27:15.25**	+00:11:18 (41.8%)	5:24	11.1 (58.1%)
445	**GRZECHULSKI Dariusz**	**464**		M-40	129	00:00:13	**00:27:01.90**	**00:27:15.40**	+00:11:18 (41.8%)	5:24	11.1 (58.1%)
446	**ZALEWSKI Patryk**	**495**		M-20	72	00:00:01	**00:27:02.45**	**00:27:04.15**	+00:11:19 (41.9%)	5:24	11.1 (58.1%)
447	**BIAŁOWĄS Dariusz**	**305**		M-40	130	00:00:57	**00:27:02.80**	**00:28:00.20**	+00:11:19 (41.9%)	5:24	11.1 (58.1%)
448	**PUJANEK Michał**	**869**		M-10	33	00:01:12	**00:27:04.95**	**00:28:17.05**	+00:11:21 (41.9%)	5:24	11.1 (58.1%)
449	**PUJANEK Piotr**	**868**		M-40	131	00:01:12	**00:27:05.10**	**00:28:17.20**	+00:11:21 (42.0%)	5:25	11.1 (58.1%)
450	**WIERZBICKI Zbigniew**	**623**		M-50	53	00:00:40	**00:27:05.15**	**00:27:45.60**	+00:11:21 (42.0%)	5:25	11.1 (58.1%)
451	**MENDOCHA Kornel**	**377**	ORANGE	M-20	73	00:00:10	**00:27:05.85**	**00:27:16.15**	+00:11:22 (42.0%)	5:25	11.1 (58.1%)
452	**MACIŃSKI Waldemar**	**156**		M-40	132	00:00:19	**00:27:06.20**	**00:27:25.40**	+00:11:22 (42.0%)	5:25	11.1 (58.1%)
453	**ŻMICH Tomasz**	**360**		M-40	133	00:00:42	**00:27:08.65**	**00:27:51.60**	+00:11:25 (42.1%)	5:25	11.1 (58.1%)
454	**MIKOŁAJCZAK Artur**	**1116**		M-40	134	00:00:38	**00:27:08.75**	**00:27:46.75**	+00:11:25 (42.1%)	5:25	11.1 (58.1%)
455	**MAGDZIARZ Jan**	**9**		M-10	34	00:01:07	**00:27:09.00**	**00:28:16.00**	+00:11:25 (42.1%)	5:25	11 (57.6%)
456	**MAGDZIARZ Jakub**	**5**		M-40	135	00:01:07	**00:27:09.75**	**00:28:17.00**	+00:11:26 (42.1%)	5:25	11 (57.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
457	**DOMERACKI Cyprian**	**707**		M-20	74	00:01:09	**00:27:11.95**	**00:28:21.80**	+00:11:28 (42.2%)	5:26	11 (57.6%)
458	**JANASZ Krzysztof**	**281**		M-50	54	00:00:43	**00:27:13.50**	**00:27:56.90**	+00:11:30 (42.3%)	5:26	11 (57.6%)
459	**GAWRYCH Adam**	**655**		M-30	148	00:00:36	**00:27:13.90**	**00:27:50.75**	+00:11:30 (42.3%)	5:26	11 (57.6%)
460	**CICHOSZ Szymon**	**333**		M-30	149	00:00:07	**00:27:14.15**	**00:27:21.45**	+00:11:30 (42.3%)	5:26	11 (57.6%)
461	**KUNICKI Michał**	**428**		M-20	75	00:00:47	**00:27:14.35**	**00:28:01.40**	+00:11:31 (42.3%)	5:26	11 (57.6%)
462	**GOCHOWSKI Mateusz**	**973**		M-10	35	00:00:48	**00:27:14.60**	**00:28:03.25**	+00:11:31 (42.3%)	5:26	11 (57.6%)
463	**CIEPŁOWSKI Wiktor**	**1184**		M-10	36	00:00:57	**00:27:17.80**	**00:28:15.45**	+00:11:34 (42.4%)	5:27	11 (57.6%)
464	**BAŁYS Łukasz**	**774**		M-30	150	00:00:17	**00:27:18.65**	**00:27:35.90**	+00:11:35 (42.4%)	5:27	11 (57.6%)
465	**TOPOLEWSKI Jakub**	**972**		M-20	76	00:00:54	**00:27:18.85**	**00:28:13.25**	+00:11:35 (42.4%)	5:27	11 (57.6%)
466	**PAWELCZYK Grzegorz**	**589**		M-20	77	00:00:11	**00:27:21.15**	**00:27:33.05**	+00:11:37 (42.5%)	5:28	11 (57.6%)
467	**MATEJA Piotr**	**483**		M-30	151	00:00:55	**00:27:21.70**	**00:28:16.85**	+00:11:38 (42.5%)	5:28	11 (57.6%)
467	**SYBILA Michał**	**689**	VENEZUELA TEAM	M-30	151	00:01:02	**00:27:21.70**	**00:28:23.75**	+00:11:38 (42.5%)	5:28	11 (57.6%)
469	**CZAJKOWSKI Kamil**	**216**	IMS SOFA	M-20	78	00:00:12	**00:27:21.85**	**00:27:34.50**	+00:11:38 (42.5%)	5:28	11 (57.6%)
470	**CHYŁKA Mikołaj**	**1084**		M-20	79	00:00:38	**00:27:22.70**	**00:28:01.20**	+00:11:39 (42.6%)	5:28	11 (57.6%)
471	**CIEPŁOWSKI Robert**	**29**		M-40	136	00:00:57	**00:27:23.90**	**00:28:21.55**	+00:11:40 (42.6%)	5:28	11 (57.6%)
472	**RYMER Adam**	**1055**		M-40	137	00:00:39	**00:27:24.10**	**00:28:03.95**	+00:11:40 (42.6%)	5:28	10.9 (57.1%)
473	**DZIEKAN Wojciech**	**930**	KABEL TEAM BYDGOSZCZ	M-40	138	00:00:56	**00:27:24.40**	**00:28:20.65**	+00:11:41 (42.6%)	5:28	10.9 (57.1%)
474	**SIKORSKI Norbert**	**325**		M-50	55	00:00:17	**00:27:26.30**	**00:27:44.00**	+00:11:43 (42.7%)	5:29	10.9 (57.1%)
475	**PASZKIET Witold**	**172**	TKKF KOLEJARZ BYDGOSZCZ	M-60+	14	00:01:01	**00:27:26.40**	**00:28:27.80**	+00:11:43 (42.7%)	5:29	10.9 (57.1%)
476	**HOŁOWNIA Wojciech**	**389**		M-60+	15	00:00:34	**00:27:27.90**	**00:28:02.65**	+00:11:44 (42.8%)	5:29	10.9 (57.1%)
477	**KUSA Piotr**	**1153**	ROLLTEAM BYDGOSZCZ	M-40	139	00:00:23	**00:27:33.00**	**00:27:56.85**	+00:11:49 (42.9%)	5:30	10.9 (57.1%)
478	**NOWAK Leon**	**259**	AKADEMIA MISTRZÓW SPORTU	M-10	37	00:00:44	**00:27:33.20**	**00:28:18.10**	+00:11:49 (42.9%)	5:30	10.9 (57.1%)
479	**BOROWIEC Michał**	**660**	VENEZUELA TEAM	M-30	153	00:01:01	**00:27:33.25**	**00:28:34.65**	+00:11:49 (42.9%)	5:30	10.9 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
480	**MAZUR Wojciech**	**610**	BYDGOSZCZ NA START	M-50	56	00:00:52	**00:27:34.25**	**00:28:26.40**	+00:11:50 (43.0%)	5:30	10.9 (57.1%)
481	**CZERNIAK Marcin**	**1001**		M-30	154	00:01:03	**00:27:36.10**	**00:28:39.60**	+00:11:52 (43.0%)	5:31	10.9 (57.1%)
482	**RĘDZINA Michał**	**977**		M-40	140	00:01:02	**00:27:36.85**	**00:28:39.35**	+00:11:53 (43.1%)	5:31	10.9 (57.1%)
483	**ANDRYSZCZYK Paweł**	**1128**		M-10	38	00:00:41	**00:27:38.00**	**00:28:19.25**	+00:11:54 (43.1%)	5:31	10.9 (57.1%)
484	**KORPALSKI Andrzej**	**1068**		M-40	141	00:01:08	**00:27:38.30**	**00:28:47.20**	+00:11:55 (43.1%)	5:31	10.9 (57.1%)
485	**WIŚNIEWSKI Nikodem**	**776**		M-10	39	00:00:21	**00:27:39.75**	**00:28:00.95**	+00:11:56 (43.2%)	5:31	10.8 (56.5%)
486	**CZARNY Ryszard**	**639**		M-60+	16	00:00:14	**00:27:40.25**	**00:27:54.30**	+00:11:56 (43.2%)	5:32	10.8 (56.5%)
487	**KAMIŃSKI Łukasz**	**16**	BIEGAJĄCY_Z_WILKAMI	M-30	155	00:00:18	**00:27:44.00**	**00:28:02.70**	+00:12:00 (43.3%)	5:32	10.8 (56.5%)
488	**KOSIEDOWSKI Jacek**	**771**		M-50	57	00:00:14	**00:27:44.65**	**00:27:59.50**	+00:12:01 (43.3%)	5:32	10.8 (56.5%)
489	**WALCZAK Maciej**	**95**		M-40	142	00:00:27	**00:27:47.15**	**00:28:14.65**	+00:12:03 (43.4%)	5:33	10.8 (56.5%)
490	**SKOPOWSKI Krzysztof**	**176**	SALUS	M-40	143	00:01:21	**00:27:47.55**	**00:29:08.70**	+00:12:04 (43.4%)	5:33	10.8 (56.5%)
491	**NAGÓRSKI Ryszard**	**238**		M-60+	17	00:00:18	**00:27:49.55**	**00:28:08.20**	+00:12:06 (43.5%)	5:33	10.8 (56.5%)
492	**SARNECKI Waldemar**	**12**		M-30	156	00:00:43	**00:27:51.55**	**00:28:35.30**	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
493	**KASZUBOWSKI Daniel**	**148**		M-30	157	00:01:20	**00:27:51.75**	**00:29:12.05**	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
494	**KOPCZYŃSKI Marcin**	**1099**		M-40	144	00:01:12	**00:27:51.85**	**00:29:03.90**	+00:12:08 (43.6%)	5:34	10.8 (56.5%)
495	**STEPNIEWSKI Karol**	**456**		M-40	145	00:00:26	**00:27:53.20**	**00:28:19.65**	+00:12:09 (43.6%)	5:34	10.8 (56.5%)
496	**ARENT Jan**	**303**		M-50	58	00:00:53	**00:27:55.25**	**00:28:49.10**	+00:12:11 (43.7%)	5:35	10.7 (56.0%)
497	**SOSNA Mikolaj**	**127**		M-40	146	00:00:20	**00:27:56.25**	**00:28:17.15**	+00:12:12 (43.7%)	5:35	10.7 (56.0%)
498	**JANUSZEWSKI Marcin**	**621**		M-40	147	00:01:03	**00:27:56.95**	**00:29:00.80**	+00:12:13 (43.7%)	5:35	10.7 (56.0%)
499	**WOJTYSIAK Szymon**	**692**		M-30	158	00:00:21	**00:27:58.90**	**00:28:20.15**	+00:12:15 (43.8%)	5:35	10.7 (56.0%)
500	**BALCEREK Marcin**	**79**	YOGA BLISKO NATURY	M-40	148	00:01:06	**00:27:59.10**	**00:29:05.80**	+00:12:15 (43.8%)	5:35	10.7 (56.0%)
501	**SIEDLECKI Rafał**	**1062**		M-30	159	00:01:21	**00:27:59.75**	**00:29:21.20**	+00:12:16 (43.8%)	5:35	10.7 (56.0%)
502	**GODZIUK Roman**	**917**		M-60+	18	00:00:50	**00:27:59.80**	**00:28:50.10**	+00:12:16 (43.8%)	5:35	10.7 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
503	**DAMBECKI Piotr**	**262**	POLISH AIR FORCE FAMILY FAN CLUB	M-40	149	00:00:55	**00:28:00.40**	**00:28:55.80**	+00:12:17 (43.9%)	5:36	10.7 (56.0%)
504	**BINDEK Łukasz**	**61**		M-40	150	00:00:29	**00:28:02.40**	**00:28:31.70**	+00:12:19 (43.9%)	5:36	10.7 (56.0%)
505	**JAKUBCZAK Łukasz**	**87**	PESA	M-30	160	00:00:35	**00:28:03.95**	**00:28:39.85**	+00:12:20 (44.0%)	5:36	10.7 (56.0%)
506	**SZCZERBA Dariusz**	**254**		M-40	151	00:01:12	**00:28:05.90**	**00:29:17.95**	+00:12:22 (44.0%)	5:37	10.7 (56.0%)
507	**PALIWODA Marcin**	**327**		M-30	161	00:00:55	**00:28:13.60**	**00:29:08.75**	+00:12:30 (44.3%)	5:38	10.6 (55.5%)
508	**BURY Tomasz**	**829**		M-30	162	00:00:35	**00:28:13.85**	**00:28:49.10**	+00:12:30 (44.3%)	5:38	10.6 (55.5%)
509	**MAGDZIARZ Leszek**	**152**		M-60+	19	00:00:40	**00:28:14.90**	**00:28:55.40**	+00:12:31 (44.3%)	5:38	10.6 (55.5%)
510	**CICHOWICZ Tomasz**	**609**		M-30	163	00:00:53	**00:28:15.85**	**00:29:09.25**	+00:12:32 (44.4%)	5:39	10.6 (55.5%)
511	**BYCZKOWSKI Michał**	**926**	INDYWIDUALNIE	M-20	80	00:01:04	**00:28:16.20**	**00:29:20.30**	+00:12:32 (44.4%)	5:39	10.6 (55.5%)
512	**CIACHERA Ireneusz**	**840**	INDYWIDUALNIE	M-50	59	00:00:25	**00:28:16.35**	**00:28:42.00**	+00:12:33 (44.4%)	5:39	10.6 (55.5%)
513	**JÓŹWIK Jacek**	**371**	PARKRUN	M-70+	2	00:00:15	**00:28:16.80**	**00:28:31.90**	+00:12:33 (44.4%)	5:39	10.6 (55.5%)
514	**CIEŚLICKI Krzysztof**	**636**	SISU TEAM	M-30	164	00:01:15	**00:28:16.90**	**00:29:32.65**	+00:12:33 (44.4%)	5:39	10.6 (55.5%)
515	**SIUDA Bartosz**	**200**		M-30	165	00:00:31	**00:28:17.75**	**00:28:48.85**	+00:12:34 (44.4%)	5:39	10.6 (55.5%)
515	**WŁODARCZYK Sławomir**	**546**		M-40	152	00:00:37	**00:28:17.75**	**00:28:54.75**	+00:12:34 (44.4%)	5:39	10.6 (55.5%)
517	**PERLAK Maciej**	**1074**		M-20	81	00:01:12	**00:28:18.60**	**00:29:31.20**	+00:12:35 (44.5%)	5:39	10.6 (55.5%)
518	**ZUREK Mateusz**	**253**		M-30	166	00:00:30	**00:28:20.35**	**00:28:50.65**	+00:12:37 (44.5%)	5:40	10.6 (55.5%)
519	**ŻUCHOWSKI Dariusz**	**163**	PARKRUN BYDGOSZCZ	M-50	60	00:00:27	**00:28:22.85**	**00:28:50.00**	+00:12:39 (44.6%)	5:40	10.6 (55.5%)
520	**SAJDAK Marcin**	**911**	PĘDZĄCE ŻÓŁWIE	M-40	153	00:00:27	**00:28:23.50**	**00:28:51.40**	+00:12:40 (44.6%)	5:40	10.6 (55.5%)
521	**MAKUSZEWSKI Łukasz**	**899**	8KPBOT	M-40	154	00:00:22	**00:28:25.55**	**00:28:47.90**	+00:12:42 (44.7%)	5:41	10.6 (55.5%)
521	**ANDRZEJEWSKI Łukasz**	**936**		M-30	167	00:01:17	**00:28:25.55**	**00:29:43.20**	+00:12:42 (44.7%)	5:41	10.6 (55.5%)
523	**ELIJASZ Rafał**	**1220**		M-40	155	00:01:05	**00:28:25.80**	**00:29:31.55**	+00:12:42 (44.7%)	5:41	10.6 (55.5%)
524	**SOŚNICKI Bartosz**	**136**		M-30	168	00:01:05	**00:28:27.60**	**00:29:33.30**	+00:12:44 (44.8%)	5:41	10.5 (55.0%)
525	**WOJTCZAK Arkadiusz**	**1198**		M-30	169	00:01:06	**00:28:28.70**	**00:29:35.20**	+00:12:45 (44.8%)	5:41	10.5 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
526	**KASPRZAK Wojciech**	**205**		M-40	156	00:00:16	**00:28:29.20**	**00:28:45.20**	+00:12:45 (44.8%)	5:41	10.5 (55.0%)
527	**KROPIDŁOWSKI Bartosz**	**167**		M-40	157	00:00:56	**00:28:30.15**	**00:29:26.90**	+00:12:46 (44.8%)	5:42	10.5 (55.0%)
528	**PAPIS Piotr**	**208**		M-40	158	00:00:32	**00:28:31.50**	**00:29:04.05**	+00:12:48 (44.9%)	5:42	10.5 (55.0%)
529	**BITNER Jan**	**298**		M-30	170	00:00:17	**00:28:37.65**	**00:28:55.25**	+00:12:54 (45.1%)	5:43	10.5 (55.0%)
530	**ROCHOWIAK Michał**	**1100**		M-30	171	00:00:33	**00:28:40.55**	**00:29:13.70**	+00:12:57 (45.2%)	5:44	10.5 (55.0%)
531	**POSKROP Jacek**	**848**		M-40	159	00:01:22	**00:28:40.60**	**00:30:03.20**	+00:12:57 (45.2%)	5:44	10.5 (55.0%)
532	**BICZEL Przemił**	**1013**		M-10	40	00:00:57	**00:28:43.60**	**00:29:41.10**	+00:13:00 (45.3%)	5:44	10.4 (54.5%)
533	**ŻUBKOWSKI Jakub**	**818**		M-20	82	00:01:07	**00:28:46.20**	**00:29:53.50**	+00:13:02 (45.4%)	5:45	10.4 (54.5%)
534	**JURYS Łukasz**	**1097**		M-30	172	00:01:25	**00:28:46.55**	**00:30:11.55**	+00:13:03 (45.4%)	5:45	10.4 (54.5%)
535	**PROKOPOWICZ Paweł**	**725**		M-40	160	00:01:19	**00:28:46.75**	**00:30:05.80**	+00:13:03 (45.4%)	5:45	10.4 (54.5%)
536	**SERGOTT Gracjan**	**452**		M-20	83	00:00:01	**00:28:48.85**	**00:28:50.65**	+00:13:05 (45.4%)	5:45	10.4 (54.5%)
537	**ORZECHOWSKI Zbigniew**	**525**	ORZECH BIEGA	M-40	161	00:00:20	**00:28:52.55**	**00:29:13.15**	+00:13:09 (45.6%)	5:46	10.4 (54.5%)
538	**BURNICKI Mariusz**	**688**		M-50	61	00:00:31	**00:28:54.25**	**00:29:26.20**	+00:13:10 (45.6%)	5:46	10.4 (54.5%)
539	**KRUCZYŃSKI Łukasz**	**106**		M-20	84	00:00:26	**00:28:55.15**	**00:29:21.85**	+00:13:11 (45.6%)	5:47	10.4 (54.5%)
540	**WÓJCIK Tomasz**	**183**		M-50	62	00:00:49	**00:28:56.60**	**00:29:46.40**	+00:13:13 (45.7%)	5:47	10.4 (54.5%)
541	**ISKRA Jacek**	**368**		M-40	162	00:00:13	**00:28:57.95**	**00:29:11.65**	+00:13:14 (45.7%)	5:47	10.4 (54.5%)
542	**NIELEK Piotr**	**1189**	TUCHOLANKA	M-40	163	00:00:53	**00:28:59.70**	**00:29:52.90**	+00:13:16 (45.8%)	5:47	10.4 (54.5%)
543	**BANDOCH Jacek**	**704**		M-30	173	00:01:09	**00:29:00.85**	**00:30:10.10**	+00:13:17 (45.8%)	5:48	10.3 (53.9%)
544	**PORĘBA Paweł**	**376**	ORANGE	M-30	174	00:00:11	**00:29:06.25**	**00:29:17.50**	+00:13:22 (46.0%)	5:49	10.3 (53.9%)
545	**REINKE Kajetan**	**429**		M-10	41	00:00:02	**00:29:11.25**	**00:29:14.15**	+00:13:27 (46.1%)	5:50	10.3 (53.9%)
546	**KAZUBOWSKI Jeremiasz**	**718**	KAZUBKI TEAM	M-20	85	00:00:28	**00:29:11.65**	**00:29:39.90**	+00:13:28 (46.1%)	5:50	10.3 (53.9%)
547	**TOCZKO Jarosław**	**118**		M-40	164	00:01:05	**00:29:21.70**	**00:30:26.90**	+00:13:38 (46.5%)	5:52	10.2 (53.4%)
548	**CHMIELEWSKI Ireneusz**	**104**		M-60+	20	00:00:25	**00:29:29.75**	**00:29:55.55**	+00:13:46 (46.7%)	5:53	10.2 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
549	**DORNIAK Krzysztof**	**31**		M-40	165	00:00:42	**00:29:37.50**	**00:30:20.30**	+00:13:54 (46.9%)	5:55	10.1 (52.9%)
550	**MAJDAN Adam**	**556**		M-40	166	00:01:08	**00:29:37.90**	**00:30:45.95**	+00:13:54 (46.9%)	5:55	10.1 (52.9%)
551	**SIELSKI Kamil**	**477**	WISŁA FORDON	M-30	175	00:01:18	**00:29:39.90**	**00:30:58.55**	+00:13:56 (47.0%)	5:55	10.1 (52.9%)
552	**KULPA Szymon**	**1135**	BRONIEWO	M-30	176	00:01:06	**00:29:42.50**	**00:30:48.50**	+00:13:59 (47.1%)	5:56	10.1 (52.9%)
553	**ŻURAWSKI Marcin**	**234**		M-30	177	00:00:36	**00:29:46.30**	**00:30:23.15**	+00:14:03 (47.2%)	5:57	10.1 (52.9%)
554	**LEWANDOWSKI Marek**	**1196**	ROLLTEAM	M-40	167	00:00:23	**00:29:46.80**	**00:30:10.10**	+00:14:03 (47.2%)	5:57	10.1 (52.9%)
555	**GAWŁOWSKI Kamil**	**1176**		M-20	86	00:01:13	**00:29:47.80**	**00:31:01.65**	+00:14:04 (47.2%)	5:57	10.1 (52.9%)
556	**MUDŁO Michał**	**596**		M-30	178	00:00:11	**00:29:50.75**	**00:30:02.60**	+00:14:07 (47.3%)	5:58	10.1 (52.9%)
557	**WANCZURA Jacek**	**1216**		M-40	168	00:00:35	**00:29:51.00**	**00:30:26.85**	+00:14:07 (47.3%)	5:58	10.1 (52.9%)
558	**GRZELAK Robert**	**1023**	GGB	M-50	63	00:00:56	**00:29:51.85**	**00:30:48.30**	+00:14:08 (47.4%)	5:58	10.1 (52.9%)
559	**KOTECKI Paweł**	**939**		M-20	87	00:01:17	**00:29:52.70**	**00:31:09.70**	+00:14:09 (47.4%)	5:58	10 (52.4%)
560	**DYBIONA Damian**	**344**		M-40	169	00:00:46	**00:29:57.65**	**00:30:43.80**	+00:14:14 (47.5%)	5:59	10 (52.4%)
561	**DĄBROWSKI Michał**	**351**		M-30	179	00:01:16	**00:29:59.95**	**00:31:16.05**	+00:14:16 (47.6%)	5:59	10 (52.4%)
561	**GOTOWICZ Maciej**	**871**		M-10	42	00:00:59	**00:29:59.95**	**00:30:59.80**	+00:14:16 (47.6%)	5:59	10 (52.4%)
563	**DUDZIAK Tomasz**	**705**		M-40	170	00:01:07	**00:30:00.30**	**00:31:08.00**	+00:14:17 (47.6%)	6:00	10 (52.4%)
564	**ZYGIEL Marcin**	**349**		M-30	180	00:00:39	**00:30:00.75**	**00:30:40.30**	+00:14:17 (47.6%)	6:00	10 (52.4%)
565	**JAROCHA Michał**	**747**		M-30	181	00:00:55	**00:30:05.60**	**00:31:01.25**	+00:14:22 (47.8%)	6:01	10 (52.4%)
566	**ZAKRZEWSKI Adam**	**983**		M-20	88	00:01:06	**00:30:07.45**	**00:31:14.10**	+00:14:24 (47.8%)	6:01	10 (52.4%)
567	**SARNECKI Adrian**	**1217**		M-40	171	00:00:35	**00:30:08.80**	**00:30:44.70**	+00:14:25 (47.8%)	6:01	10 (52.4%)
568	**KRYWALD Michał**	**712**		M-30	182	00:01:03	**00:30:11.35**	**00:31:14.95**	+00:14:28 (47.9%)	6:02	9.9 (51.8%)
569	**SZYMCZAK Jacek**	**1219**		M-50	64	00:00:33	**00:30:17.70**	**00:30:50.75**	+00:14:34 (48.1%)	6:03	9.9 (51.8%)
570	**FURMANIAK Tomasz**	**1089**		M-30	183	00:01:16	**00:30:19.55**	**00:31:35.55**	+00:14:36 (48.2%)	6:03	9.9 (51.8%)
571	**KUK Patryk**	**670**		M-10	43	00:01:15	**00:30:21.80**	**00:31:37.25**	+00:14:38 (48.2%)	6:04	9.9 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
572	**GÓRSKI Łukasz**	**357**	HARPAGAN RUNNERS	M-30	184	00:00:49	**00:30:22.80**	**00:31:12.55**	+00:14:39 (48.2%)	6:04	9.9 (51.8%)
573	**JASIŃSKI Kacper**	**534**		M-10	44	00:00:00	**00:30:25.15**	**00:30:26.00**	+00:14:41 (48.3%)	6:05	9.9 (51.8%)
574	**JASIŃSKI Grzegorz**	**533**		M-30	185	00:00:01	**00:30:25.40**	**00:30:26.85**	+00:14:42 (48.3%)	6:05	9.9 (51.8%)
575	**PUZYREWSKI Michał**	**153**		M-40	172	00:00:29	**00:30:32.15**	**00:31:01.95**	+00:14:48 (48.5%)	6:06	9.8 (51.3%)
576	**SMOLAREK Szymon**	**833**	BTW	M-10	45	00:00:46	**00:30:32.65**	**00:31:19.50**	+00:14:49 (48.5%)	6:06	9.8 (51.3%)
577	**ZIÓŁKOWSKI Piotr**	**922**		M-20	89	00:01:13	**00:30:36.80**	**00:31:49.80**	+00:14:53 (48.6%)	6:07	9.8 (51.3%)
578	**DALKIEWICZ Igor**	**311**		M-20	90	00:01:10	**00:30:38.35**	**00:31:48.60**	+00:14:55 (48.7%)	6:07	9.8 (51.3%)
579	**MLICKI Marcin**	**25**		M-40	173	00:01:13	**00:30:38.95**	**00:31:52.35**	+00:14:55 (48.7%)	6:07	9.8 (51.3%)
580	**GOCHOWSKI Piotr**	**962**		M-40	174	00:00:48	**00:30:41.60**	**00:31:30.25**	+00:14:58 (48.8%)	6:08	9.8 (51.3%)
581	**OBRZANOWSKI Bartosz**	**585**		M-10	46	00:00:48	**00:30:44.45**	**00:31:33.10**	+00:15:01 (48.9%)	6:08	9.8 (51.3%)
582	**FIUT Kazimierz**	**809**		M-60+	21	00:01:19	**00:30:46.00**	**00:32:05.95**	+00:15:02 (48.9%)	6:09	9.8 (51.3%)
583	**BADOWSKI Krzysztof**	**805**		M-60+	22	00:00:25	**00:30:46.30**	**00:31:11.40**	+00:15:03 (48.9%)	6:09	9.8 (51.3%)
583	**CHOLEWCZYŃSKI Dariusz**	**816**		M-Open	1	00:00:24	**00:30:46.30**	**00:31:11.10**	+00:15:03 (48.9%)	6:09	9.8 (51.3%)
585	**SZULAKOWSKI Rafał**	**686**	TERENOWA MASAKRA TEAM	M-40	175	00:01:05	**00:30:48.40**	**00:31:53.80**	+00:15:05 (49.0%)	6:09	9.7 (50.8%)
586	**LAPKE Michał**	**751**		M-30	186	00:00:36	**00:30:48.60**	**00:31:25.15**	+00:15:05 (49.0%)	6:09	9.7 (50.8%)
587	**RYMER Jarosław**	**870**		M-10	47	00:01:21	**00:30:49.90**	**00:32:10.90**	+00:15:06 (49.0%)	6:09	9.7 (50.8%)
588	**KUK Piotr**	**569**	KABEL TEAM	M-40	176	00:01:15	**00:30:51.25**	**00:32:06.55**	+00:15:07 (49.0%)	6:10	9.7 (50.8%)
589	**GOTOWICZ Kacper**	**896**		M-20	91	00:00:58	**00:30:51.90**	**00:31:50.65**	+00:15:08 (49.1%)	6:10	9.7 (50.8%)
590	**KWASIGROCH Wiktor**	**1149**		M-20	92	00:00:37	**00:30:52.25**	**00:31:29.60**	+00:15:08 (49.1%)	6:10	9.7 (50.8%)
591	**WICHTOWSKI Radosław**	**645**	SWEETVET TEAM	M-30	187	00:01:13	**00:30:52.85**	**00:32:06.45**	+00:15:09 (49.1%)	6:10	9.7 (50.8%)
592	**BĄKOWSKI Dawid**	**600**		M-40	177	00:00:49	**00:30:54.05**	**00:31:43.90**	+00:15:10 (49.1%)	6:10	9.7 (50.8%)
593	**RZEPCZYNSKI Tomasz**	**332**	POLONIA BYDGOSZCZ	M-40	178	00:00:26	**00:30:54.75**	**00:31:21.25**	+00:15:11 (49.1%)	6:10	9.7 (50.8%)
594	**GRUZDOWSKI Jakub**	**878**		M-20	93	00:01:14	**00:30:57.25**	**00:32:11.50**	+00:15:13 (49.2%)	6:11	9.7 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
595	**STANECKI Janusz**	**612**	BYLE DO METY	M-30	188	00:00:44	**00:30:58.10**	**00:31:42.55**	+00:15:14 (49.2%)	6:11	9.7 (50.8%)
596	**KUKLIŃSKI Rafał**	**299**		M-40	179	00:00:53	**00:30:58.60**	**00:31:52.10**	+00:15:15 (49.2%)	6:11	9.7 (50.8%)
597	**OWCZARSKI Krzysztof**	**873**		M-30	189	00:00:38	**00:30:59.05**	**00:31:37.10**	+00:15:15 (49.3%)	6:11	9.7 (50.8%)
598	**JANKOWSKI Tomasz Michał**	**235**	RUN DELFIN	M-50	65	00:00:51	**00:30:59.85**	**00:31:51.10**	+00:15:16 (49.3%)	6:11	9.7 (50.8%)
599	**LUTOWSKI Wojciech**	**435**		M-30	190	00:00:31	**00:31:01.20**	**00:31:33.00**	+00:15:17 (49.3%)	6:12	9.7 (50.8%)
600	**LUTOWSKI Filip**	**436**		M-10	48	00:00:31	**00:31:01.70**	**00:31:33.40**	+00:15:18 (49.3%)	6:12	9.7 (50.8%)
601	**KOBUS Arkadiusz**	**496**		M-40	180	00:00:54	**00:31:09.15**	**00:32:03.85**	+00:15:25 (49.5%)	6:13	9.6 (50.3%)
602	**QUAAS Mateusz**	**1174**		M-10	49	00:00:42	**00:31:13.65**	**00:31:55.70**	+00:15:30 (49.7%)	6:14	9.6 (50.3%)
603	**QUAAS Łukasz**	**159**		M-40	181	00:00:42	**00:31:15.35**	**00:31:57.70**	+00:15:32 (49.7%)	6:15	9.6 (50.3%)
604	**BRZÓSKA Kacper**	**135**		M-40	182	00:00:28	**00:31:16.35**	**00:31:44.35**	+00:15:33 (49.7%)	6:15	9.6 (50.3%)
605	**WIŚNIEWSKI Jacek**	**657**		M-40	183	00:00:37	**00:31:16.65**	**00:31:54.15**	+00:15:33 (49.7%)	6:15	9.6 (50.3%)
606	**TAFLIŃSKI Michał**	**933**		M-30	191	00:00:52	**00:31:18.95**	**00:32:11.10**	+00:15:35 (49.8%)	6:15	9.6 (50.3%)
607	**PRZYBYSZEWSKI Marcin**	**211**		M-40	184	00:00:22	**00:31:20.65**	**00:31:43.60**	+00:15:37 (49.8%)	6:16	9.6 (50.3%)
608	**ŚWIETLIK Dawid**	**631**		M-30	192	00:00:52	**00:31:22.50**	**00:32:14.85**	+00:15:39 (49.9%)	6:16	9.6 (50.3%)
609	**OBRZANOWSKI Maciej**	**574**		M-50	66	00:00:48	**00:31:25.80**	**00:32:14.10**	+00:15:42 (50.0%)	6:17	9.5 (49.7%)
610	**KOTECKI Marcin**	**418**	GANG KOCURA	M-40	185	00:01:03	**00:31:28.10**	**00:32:31.75**	+00:15:44 (50.0%)	6:17	9.5 (49.7%)
611	**BERNATAJTYS Daniel**	**70**	LOTTO BYDGOSTIA	M-40	186	00:00:32	**00:31:29.20**	**00:32:01.25**	+00:15:45 (50.1%)	6:17	9.5 (49.7%)
612	**BERNATAJTYS Ignacy**	**76**	LOTTO BYDGOSTIA	M-10	50	00:00:31	**00:31:29.65**	**00:32:01.55**	+00:15:46 (50.1%)	6:17	9.5 (49.7%)
613	**SZKOPIAK Marcin**	**273**		M-40	187	00:00:18	**00:31:32.80**	**00:31:51.00**	+00:15:49 (50.2%)	6:18	9.5 (49.7%)
614	**JAWORSKI Marek**	**855**	STOWARZYSZENIE DZIĘKI WAM	M-10	51	00:00:28	**00:31:36.75**	**00:32:05.60**	+00:15:53 (50.3%)	6:19	9.5 (49.7%)
615	**KARSKI Hubert**	**144**		M-70+	3	00:01:03	**00:31:36.80**	**00:32:40.70**	+00:15:53 (50.3%)	6:19	9.5 (49.7%)
616	**KARSKI Przemysław**	**149**		M-30	193	00:01:03	**00:31:37.40**	**00:32:40.50**	+00:15:54 (50.3%)	6:19	9.5 (49.7%)
617	**CZAJKA Michał**	**650**		M-20	94	00:01:06	**00:31:37.50**	**00:32:44.10**	+00:15:54 (50.3%)	6:19	9.5 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
618	**KWIATKOWSKI Piotr**	**685**		M-30	194	00:00:51	**00:31:38.75**	**00:32:30.15**	+00:15:55 (50.3%)	6:19	9.5 (49.7%)
619	**GUZIKOWSKI Mateusz**	**713**		M-20	95	00:00:50	**00:31:39.10**	**00:32:30.05**	+00:15:55 (50.3%)	6:19	9.5 (49.7%)
620	**SZCZESIK Damian**	**529**		M-40	188	00:00:47	**00:31:42.35**	**00:32:29.85**	+00:15:59 (50.4%)	6:20	9.5 (49.7%)
621	**GATNER Adam Marek**	**709**	LUKS' "SEROCK"	M-60+	23	00:00:43	**00:31:44.85**	**00:32:28.00**	+00:16:01 (50.5%)	6:20	9.5 (49.7%)
622	**PAPROCKI Rafał**	**47**		M-40	189	00:00:30	**00:31:52.75**	**00:32:23.05**	+00:16:09 (50.7%)	6:22	9.4 (49.2%)
623	**BORZYSZKOWSKI Grzegorz**	**221**	STARY FORDON	M-40	190	00:00:15	**00:31:53.00**	**00:32:08.60**	+00:16:09 (50.7%)	6:22	9.4 (49.2%)
624	**WIERZBOWSKI Max**	**945**		M-10	52	00:00:35	**00:31:56.45**	**00:32:32.30**	+00:16:13 (50.8%)	6:23	9.4 (49.2%)
625	**BYCZKOWSKI Zenon**	**903**		M-50	67	00:00:57	**00:31:59.95**	**00:32:57.00**	+00:16:16 (50.9%)	6:23	9.4 (49.2%)
626	**MAŁAS Marcin**	**255**		M-30	195	00:00:35	**00:32:00.50**	**00:32:35.90**	+00:16:17 (50.9%)	6:24	9.4 (49.2%)
627	**LIWOCH Grzegorz**	**142**		M-50	68	00:00:55	**00:32:01.25**	**00:32:56.90**	+00:16:17 (50.9%)	6:24	9.4 (49.2%)
628	**KOSIOROWSKI Przemysław**	**65**		M-40	191	00:01:04	**00:32:01.45**	**00:33:05.45**	+00:16:18 (50.9%)	6:24	9.4 (49.2%)
629	**WIŚNIEWSKI Krzysztof**	**302**	TRISPACE/TREK	M-50	69	00:00:39	**00:32:03.20**	**00:32:42.80**	+00:16:19 (51.0%)	6:24	9.4 (49.2%)
630	**KRZEMIŃSKI Łukasz**	**75**		M-30	196	00:01:20	**00:32:07.70**	**00:33:27.85**	+00:16:24 (51.1%)	6:25	9.3 (48.7%)
631	**PRZERACKI Mirosław**	**337**	PGB SPORTOWA PACZKA	M-50	70	00:00:42	**00:32:16.05**	**00:32:58.35**	+00:16:32 (51.3%)	6:27	9.3 (48.7%)
632	**KAZUBOWSKI Michał**	**1166**	KAZUBKI TEAM	M-20	96	00:00:28	**00:32:16.60**	**00:32:44.95**	+00:16:33 (51.3%)	6:27	9.3 (48.7%)
632	**WOŹNIAK Bartłomiej**	**952**		M-40	192	00:01:21	**00:32:16.60**	**00:33:37.65**	+00:16:33 (51.3%)	6:27	9.3 (48.7%)
634	**CIOSEK Patryk**	**960**		M-20	97	00:01:06	**00:32:25.05**	**00:33:31.25**	+00:16:41 (51.5%)	6:29	9.3 (48.7%)
635	**WIŚNIEWSKI Tadeusz**	**680**	NIEZESZONY	M-60+	24	00:00:22	**00:32:26.25**	**00:32:48.25**	+00:16:42 (51.5%)	6:29	9.2 (48.2%)
636	**SŁODKI Sebastian**	**642**	SWEETVET TEAM	M-40	193	00:01:14	**00:32:27.50**	**00:33:42.40**	+00:16:44 (51.6%)	6:29	9.2 (48.2%)
637	**KOWALEWSKI Blazej**	**1093**		M-10	53	00:00:00	**00:32:30.00**	**00:32:30.00**	+00:16:46 (51.6%)	6:30	9.2 (48.2%)
637	**KOWALEWSKI Mariusz**	**1092**		M-30	197	00:00:00	**00:32:30.00**	**00:32:30.00**	+00:16:46 (51.6%)	6:30	9.2 (48.2%)
639	**WRZOCHALSKI Jakub**	**837**		M-20	98	00:01:02	**00:32:30.25**	**00:33:32.45**	+00:16:46 (51.6%)	6:30	9.2 (48.2%)
640	**BOŃCZYK Damian**	**988**		M-40	194	00:00:00	**00:32:30.70**	**00:32:30.70**	+00:16:47 (51.6%)	6:30	9.2 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
641	**CZEKALSKI Patryk**	**479**		M-30	198	00:01:18	**00:32:45.00**	**00:34:03.70**	+00:17:01 (52.0%)	6:33	9.2 (48.2%)
642	**STABRYŁA Łukasz**	**841**		M-30	199	00:00:51	**00:32:45.50**	**00:33:37.05**	+00:17:02 (52.0%)	6:33	9.2 (48.2%)
643	**BUTOWSKI Michał**	**287**		M-40	195	00:00:58	**00:32:50.20**	**00:33:48.65**	+00:17:06 (52.1%)	6:34	9.1 (47.6%)
644	**JEDRZEJCZYK Jacek**	**901**		M-50	71	00:01:10	**00:32:50.40**	**00:34:00.85**	+00:17:07 (52.1%)	6:34	9.1 (47.6%)
645	**WIOSNA Tomasz**	**266**	KLUB MAZDASPEED	M-30	200	00:01:17	**00:32:51.15**	**00:34:08.85**	+00:17:07 (52.1%)	6:34	9.1 (47.6%)
646	**REZMER Kamil**	**356**		M-20	99	00:00:59	**00:32:51.20**	**00:33:50.20**	+00:17:07 (52.1%)	6:34	9.1 (47.6%)
647	**STOŻEK Michał**	**503**		M-40	196	00:00:45	**00:32:51.80**	**00:33:37.65**	+00:17:08 (52.2%)	6:34	9.1 (47.6%)
648	**GRZESZCZUK Filip**	**323**		M-10	54	00:01:09	**00:32:52.15**	**00:34:01.20**	+00:17:08 (52.2%)	6:34	9.1 (47.6%)
649	**GRZESZCZUK Karol**	**319**		M-40	197	00:01:09	**00:32:52.50**	**00:34:01.60**	+00:17:09 (52.2%)	6:34	9.1 (47.6%)
650	**PIĄTEK Andrzej**	**493**		M-70+	4	00:00:30	**00:32:55.65**	**00:33:26.15**	+00:17:12 (52.3%)	6:35	9.1 (47.6%)
651	**TWARDOWSKI Krzysztof**	**346**		M-20	100	00:00:21	**00:32:57.20**	**00:33:18.60**	+00:17:13 (52.3%)	6:35	9.1 (47.6%)
652	**DELIK Mikołaj**	**1017**	SH HORYZONT	M-20	101	00:01:01	**00:32:57.40**	**00:33:59.30**	+00:17:14 (52.3%)	6:35	9.1 (47.6%)
653	**CISEWSKI Mateusz**	**1047**		M-30	201	00:01:05	**00:33:04.85**	**00:34:10.25**	+00:17:21 (52.5%)	6:36	9.1 (47.6%)
654	**CIECHANOWSKI Arkadiusz**	**410**		M-40	198	00:00:44	**00:33:05.95**	**00:33:50.00**	+00:17:22 (52.5%)	6:37	9.1 (47.6%)
655	**GOTOWICZ Mariusz**	**222**		M-60+	25	00:01:00	**00:33:10.75**	**00:34:10.90**	+00:17:27 (52.6%)	6:38	9 (47.1%)
656	**BINDER Sebastian**	**372**	ORANGE	M-30	202	00:00:23	**00:33:15.40**	**00:33:39.25**	+00:17:32 (52.7%)	6:39	9 (47.1%)
657	**SCHMIDT Sebastian**	**169**	BB ACTIVE TEAM	M-10	55	00:00:29	**00:33:17.20**	**00:33:46.40**	+00:17:33 (52.8%)	6:39	9 (47.1%)
658	**KOZAK Adam**	**1021**	BB ACTIVE TEAM	M-10	56	00:00:30	**00:33:17.70**	**00:33:47.80**	+00:17:34 (52.8%)	6:39	9 (47.1%)
659	**KŁONOWSKI Kacper**	**409**		M-20	102	00:01:09	**00:33:19.95**	**00:34:29.25**	+00:17:36 (52.8%)	6:39	9 (47.1%)
660	**MUSIAŁA Adam**	**393**		M-40	199	00:01:00	**00:33:24.30**	**00:34:24.70**	+00:17:41 (52.9%)	6:40	9 (47.1%)
661	**JOCHIM Łukasz**	**1141**		M-30	203	00:01:16	**00:33:30.55**	**00:34:46.85**	+00:17:47 (53.1%)	6:42	9 (47.1%)
662	**TOMCZAK Wojciech**	**987**		M-10	57	00:00:44	**00:33:31.20**	**00:34:16.10**	+00:17:47 (53.1%)	6:42	9 (47.1%)
663	**KRÓL Wiesław**	**812**		M-50	72	00:01:20	**00:33:34.60**	**00:34:55.30**	+00:17:51 (53.2%)	6:42	8.9 (46.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
664	**WESOŁOWSKI Paweł**	**548**		M-40	200	00:00:16	**00:33:35.25**	**00:33:51.65**	+00:17:51 (53.2%)	6:43	8.9 (46.6%)
665	**DAMBECKI Mateusz**	**265**		M-10	58	00:00:54	**00:33:42.65**	**00:34:36.75**	+00:17:59 (53.4%)	6:44	8.9 (46.6%)
666	**GOŹDZIK Tomasz**	**111**	UKS KOPERNIK BYDGOSZCZ	M-30	204	00:00:29	**00:33:56.85**	**00:34:26.15**	+00:18:13 (53.7%)	6:47	8.8 (46.1%)
667	**MAJEWSKI Daniel**	**1120**		M-20	103	00:01:06	**00:34:24.15**	**00:35:30.65**	+00:18:40 (54.3%)	6:52	8.7 (45.5%)
668	**LENC Janusz**	**455**	TKKF KOLEJARZ BYDGOSZCZ	M-60+	26	00:00:34	**00:34:24.50**	**00:34:59.20**	+00:18:41 (54.3%)	6:52	8.7 (45.5%)
669	**LEWANDOWSKI Jacek**	**1028**	AKADEMIA MISTRZÓW SPORTU	M-40	201	00:00:47	**00:34:48.70**	**00:35:35.95**	+00:19:05 (54.8%)	6:57	8.6 (45.0%)
670	**DRZEWIECKI Rafał**	**626**	AKADEMIA MISTRZÓW SPORTU	M-40	202	00:00:44	**00:34:51.70**	**00:35:35.90**	+00:19:08 (54.9%)	6:58	8.6 (45.0%)
671	**OSIŃSKI Dominik**	**867**		M-30	205	00:00:46	**00:35:01.75**	**00:35:48.45**	+00:19:18 (55.1%)	7:00	8.6 (45.0%)
672	**DEMBOWSKI Łukasz**	**865**		M-20	104	00:00:47	**00:35:04.70**	**00:35:52.10**	+00:19:21 (55.2%)	7:00	8.6 (45.0%)
673	**DANIELEK Adam**	**521**	BIEGAM, ŻEBY SIĘ NIE SPOCIĆ!	M-40	203	00:01:01	**00:35:08.75**	**00:36:10.05**	+00:19:25 (55.3%)	7:01	8.5 (44.5%)
674	**ZALEWSKI Łukasz**	**1105**		M-40	204	00:00:54	**00:35:10.25**	**00:36:04.35**	+00:19:26 (55.3%)	7:02	8.5 (44.5%)
675	**ZALEWSKI Franciszek**	**1106**		M-10	59	00:00:53	**00:35:10.55**	**00:36:04.45**	+00:19:27 (55.3%)	7:02	8.5 (44.5%)
676	**NIEDZIELSKI Tomasz**	**1083**		M-50	73	00:00:37	**00:35:11.55**	**00:35:48.85**	+00:19:28 (55.3%)	7:02	8.5 (44.5%)
677	**KNUT Leszek**	**625**		M-40	205	00:01:19	**00:35:19.45**	**00:36:39.05**	+00:19:36 (55.5%)	7:03	8.5 (44.5%)
678	**KOSNOWICZ Maksymilian**	**1201**		M-10	60	00:00:09	**00:35:19.65**	**00:35:29.55**	+00:19:36 (55.5%)	7:03	8.5 (44.5%)
679	**GOŁATTA Tomasz**	**189**	BYDGOSKI KLUB TURYSTYKI ROWEROWEJ "GRYF"	M-40	206	00:01:19	**00:35:19.90**	**00:36:38.90**	+00:19:36 (55.5%)	7:03	8.5 (44.5%)
680	**PALACZ Dawid**	**579**		M-10	61	00:00:16	**00:35:21.90**	**00:35:38.60**	+00:19:38 (55.5%)	7:04	8.5 (44.5%)
681	**RUDNIKOWSKI Andrzej**	**109**		M-50	74	00:00:41	**00:35:32.60**	**00:36:14.35**	+00:19:49 (55.8%)	7:06	8.4 (44.0%)
682	**BOSIACKI Mateusz**	**1086**		M-20	105	00:00:57	**00:35:36.85**	**00:36:34.25**	+00:19:53 (55.9%)	7:07	8.4 (44.0%)
683	**KWIATKOWSKI Roman**	**1016**		M-60+	27	00:01:17	**00:35:39.20**	**00:36:56.25**	+00:19:55 (55.9%)	7:07	8.4 (44.0%)
684	**LEWANDOWSKI Robert**	**120**	FUNDACJA SZTUKA WYBORU	M-50	75	00:01:04	**00:35:47.15**	**00:36:51.25**	+00:20:03 (56.1%)	7:09	8.4 (44.0%)
685	**GROCHALA Michał**	**17**		M-30	206	00:00:39	**00:35:51.70**	**00:36:30.80**	+00:20:08 (56.2%)	7:10	8.4 (44.0%)
686	**SOBKO Artur**	**246**	STASIU TEAM	M-30	207	00:01:01	**00:35:54.60**	**00:36:55.80**	+00:20:11 (56.2%)	7:10	8.4 (44.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
687	**WOJTOWICZ Mateusz**	**291**		M-20	106	00:01:19	**00:35:59.35**	**00:37:19.20**	+00:20:16 (56.3%)	7:11	8.3 (43.5%)
688	**JAGODZIŃSKI Karol**	**73**		M-50	76	00:01:11	**00:36:15.85**	**00:37:27.10**	+00:20:32 (56.6%)	7:15	8.3 (43.5%)
689	**TYKWIŃSKI Krzysztof**	**821**		M-40	207	00:00:25	**00:36:32.90**	**00:36:58.80**	+00:20:49 (57.0%)	7:18	8.2 (42.9%)
690	**ALEXANDER Marek**	**83**		M-50	77	00:00:53	**00:36:38.80**	**00:37:32.30**	+00:20:55 (57.1%)	7:19	8.2 (42.9%)
691	**BARAŃCZAK Paweł**	**471**		M-30	208	00:01:11	**00:36:52.25**	**00:38:03.60**	+00:21:08 (57.4%)	7:22	8.1 (42.4%)
692	**KOLCZYŃSKI Dawid**	**119**		M-20	107	00:01:24	**00:37:22.90**	**00:38:47.80**	+00:21:39 (57.9%)	7:28	8 (41.9%)
693	**GOŁĘBIEWSKI Paweł**	**505**		M-40	208	00:01:11	**00:37:29.70**	**00:38:40.80**	+00:21:46 (58.1%)	7:29	8 (41.9%)
694	**FAC Kacper**	**355**	TRI SUNRISE SYSTEM	M-20	108	00:00:32	**00:37:46.35**	**00:38:18.95**	+00:22:03 (58.4%)	7:33	7.9 (41.4%)
695	**KULIK Marceli**	**1200**		M-30	209	00:00:31	**00:37:47.90**	**00:38:19.00**	+00:22:04 (58.4%)	7:33	7.9 (41.4%)
696	**PILECKI Gustaw**	**1029**	BRZOZA BIEGA	M-70+	5	00:00:28	**00:37:54.20**	**00:38:22.70**	+00:22:10 (58.5%)	7:34	7.9 (41.4%)
697	**URBANSKI Piotr**	**925**	RUNTEAM PRUSZCZ	M-40	209	00:01:20	**00:37:55.45**	**00:39:15.60**	+00:22:12 (58.5%)	7:35	7.9 (41.4%)
698	**KOSNOWICZ Krzysztof**	**824**		M-40	210	00:00:37	**00:37:55.95**	**00:38:33.75**	+00:22:12 (58.6%)	7:35	7.9 (41.4%)
699	**KUBIAK Jarosław**	**74**		M-40	211	00:01:21	**00:37:59.75**	**00:39:21.70**	+00:22:16 (58.6%)	7:35	7.9 (41.4%)
700	**SORUCU Ufuk**	**916**		M-30	210	00:00:40	**00:38:01.25**	**00:38:41.60**	+00:22:17 (58.6%)	7:36	7.9 (41.4%)
701	**APTOWICZ Damian**	**714**		M-20	109	00:00:27	**00:38:05.40**	**00:38:32.65**	+00:22:22 (58.7%)	7:37	7.9 (41.4%)
702	**ORCHOWSKI Rafał**	**892**		M-30	211	00:01:15	**00:38:14.15**	**00:39:29.65**	+00:22:30 (58.9%)	7:38	7.8 (40.8%)
703	**ANTCZAK Krzysztof**	**1041**		M-40	212	00:00:04	**00:38:20.30**	**00:38:24.50**	+00:22:37 (59.0%)	7:40	7.8 (40.8%)
704	**POSTÓJSKI Juliusz**	**67**		M-10	62	00:00:46	**00:38:23.45**	**00:39:09.90**	+00:22:40 (59.0%)	7:40	7.8 (40.8%)
705	**WÓJCIK Mikołaj**	**181**		M-10	63	00:00:49	**00:38:23.90**	**00:39:13.00**	+00:22:40 (59.1%)	7:40	7.8 (40.8%)
706	**CZUBEK Konrad**	**1103**		M-10	64	00:01:14	**00:38:41.80**	**00:39:56.60**	+00:22:58 (59.4%)	7:44	7.8 (40.8%)
707	**BIELIŃSKI Maciej**	**1169**		M-40	213	00:00:45	**00:38:50.95**	**00:39:35.95**	+00:23:07 (59.5%)	7:46	7.7 (40.3%)
708	**IWANIUK Jacek**	**317**		M-40	214	00:00:53	**00:38:56.30**	**00:39:49.65**	+00:23:13 (59.6%)	7:47	7.7 (40.3%)
709	**KNUT Damian**	**93**		M-40	215	00:01:19	**00:39:05.80**	**00:40:25.10**	+00:23:22 (59.8%)	7:49	7.7 (40.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
710	**PIERZGALSKI Jarek**	**97**	ZAMULONE OSTRYGI	M-50	78	00:00:53	**00:39:06.60**	**00:40:00.05**	+00:23:23 (59.8%)	7:49	7.7 (40.3%)
711	**PULC Marcin**	**345**		M-40	216	00:01:04	**00:39:17.10**	**00:40:21.90**	+00:23:33 (60.0%)	7:51	7.6 (39.8%)
712	**WOLAN Krzysztof**	**702**	OBY DO PRZODU BEZ ZATRZYMANIA	M-40	217	00:01:18	**00:39:36.70**	**00:40:55.10**	+00:23:53 (60.3%)	7:55	7.6 (39.8%)
713	**BURCHARD Remigiusz**	**957**		M-40	218	00:00:48	**00:40:17.75**	**00:41:06.70**	+00:24:34 (61.0%)	8:03	7.4 (38.7%)
714	**ANGIEL Władysław**	**457**	TKKF KOLEJARZ BYDGOSZCZ	M-70+	6	00:00:24	**00:40:18.40**	**00:40:42.50**	+00:24:35 (61.0%)	8:03	7.4 (38.7%)
715	**PRZYBYLSKI Filip**	**605**		M-10	65	00:00:45	**00:40:20.90**	**00:41:06.40**	+00:24:37 (61.0%)	8:04	7.4 (38.7%)
716	**PRZYGOCKI Szymon**	**1076**		M-10	66	00:00:00	**00:40:51.20**	**00:40:51.20**	+00:25:07 (61.5%)	8:10	7.3 (38.2%)
717	**KUGLARZ Dominik**	**767**		M-40	219	00:01:07	**00:41:27.95**	**00:42:35.20**	+00:25:44 (62.1%)	8:17	7.2 (37.7%)
718	**TOMCZEWSKI Wojtek**	**768**		M-10	67	00:01:04	**00:41:28.45**	**00:42:33.35**	+00:25:45 (62.1%)	8:17	7.2 (37.7%)
719	**JAWORSKI Adam**	**854**	STOWARZYSZENIE DZIĘKI WAM	M-40	220	00:00:30	**00:41:48.35**	**00:42:18.90**	+00:26:05 (62.4%)	8:21	7.2 (37.7%)
	MARCINIAK Robert	**998**	STARYCH TREPÓW	M-40		DNF	**DNF**	**DNF**		-	- (0.0%)
	OGONOWSKI Radosław	**245**		M-50		DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 721 wynik(ów)