

ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 10KM - 10/6

Wydarzenie: ENEA POLISH NORDIC WALKING CUP 6/10 WĄGROWIEC
Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2022-07-17
Miejsce: Wągrowiec
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Lap 2.5km 2.5km	Laps_5km 5km	Lap 7.5km 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**MARCZAK Tomasz**	**35**	NORDIC TEAM CZĘSTOCHOWA	M18-29	1			00:14:44	00:30:10	00:45:20	**01:01:08.50**		6:06	9.8 (100%)
2	**WOJTOWICZ Tomasz**	**57**	LUKI TEAM POLSKA	M30-39	1			00:14:43	00:30:29	00:46:33	**01:02:34.95**	+00:01:26 (2.3%)	6:15	9.6 (98.0%)
3	**SKIBA Krzysztof**	**45**	KGHM METRACO	M60-69	1	2		00:15:34	00:31:18	00:47:13	**01:03:55.40**	+00:02:46 (4.4%)	6:23	9.4 (95.9%)
4	**PRZYBORKIEWICZ Kriss**	**39**	PIERNIKI TORUŃ	M40-49	1			00:15:28	00:31:45	00:48:25	**01:05:22.20**	+00:04:13 (6.5%)	6:32	9.2 (93.9%)
5	**POŁUBIAK Paweł**	**37**		M30-39	2			00:15:28	00:32:01	00:49:07	**01:05:56.75**	+00:04:48 (7.3%)	6:35	9.1 (92.9%)
6	**ZACZYŃSKA-SKIBA Anna**	**59**	KGHM METRACO	K40-49	1			00:16:37	00:32:55	00:49:30	**01:06:10.30**	+00:05:01 (7.6%)	6:37	9.1 (92.9%)
7	**BIBKO Martin**	**5**	SPEEDBAR	M40-49	2			00:15:46	00:32:45	00:49:41	**01:06:18.85**	+00:05:10 (7.8%)	6:37	9 (91.8%)
8	**BARTOSIEWICZ Łukasz**	**4**	LUKI TEAM POLSKA	M30-39	3			00:16:30	00:33:21	00:50:01	**01:06:20.80**	+00:05:12 (7.8%)	6:38	9 (91.8%)
9	**JUREK Adam**	**23**	KGHM METRACO	M60-69	2	1		00:16:22	00:33:01	00:50:06	**01:06:23.35**	+00:05:14 (7.9%)	6:38	9 (91.8%)
10	**PRZYSTARZ Grzegorz**	**41**	OBORYGENI	M50-59	1			00:16:13	00:32:55	00:49:39	**01:06:25.55**	+00:05:17 (8.0%)	6:38	9 (91.8%)
11	**HELWICH Stefan**	**18**	KGHM MERTACO	M60-69	3			00:16:27	00:33:03	00:50:09	**01:06:32.45**	+00:05:23 (8.1%)	6:39	9 (91.8%)
12	**SIWAK Piotr**	**44**	KGHM METRACO	M60-69	4			00:16:23	00:33:02	00:50:09	**01:06:47.20**	+00:05:38 (8.5%)	6:40	9 (91.8%)
13	**KABATA Jarosław**	**24**	NORDIC SPORT 2021	M50-59	2	1		00:15:32	00:32:26	00:49:49	**01:07:23.65**	+00:06:15 (9.3%)	6:44	8.9 (90.8%)
14	**BIELECKA Zuzanna**	**6**	NW CZŁAPSKI TEAM	K40-49	2			00:16:38	00:33:06	00:50:11	**01:07:36.60**	+00:06:28 (9.6%)	6:45	8.9 (90.8%)

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15	**WOJTASIŃSKI Daniel**	**56**	NORDIC TEAM CZĘSTOCHOWA	M40-49	3			00:16:25	00:33:29	00:50:38	**01:07:42.70**	+00:06:34 (9.7%)	6:46	8.9 (90.8%)
16	**CHYRA Janusz**	**8**	NORDIC SPORT 2021	M40-49	4			00:16:30	00:33:43	00:50:59	**01:07:57.80**	+00:06:49 (10.0%)	6:47	8.8 (89.8%)
17	**MĄDRY Grzegorz**	**36**	KIJKOWE TRZEMESZNO	M60-69	5			00:16:24	00:33:20	00:50:44	**01:08:10.60**	+00:07:02 (10.3%)	6:49	8.8 (89.8%)
18	**JĘDRASIAK Renata**	**20**	KGHM METRACO	K50-59	1			00:16:38	00:33:25	00:50:33	**01:08:16.10**	+00:07:07 (10.4%)	6:49	8.8 (89.8%)
19	**LABUS Marzena**	**30**	NORDIC SPORT 2021	K30-39	1			00:16:40	00:34:00	00:51:32	**01:08:48.90**	+00:07:40 (11.2%)	6:52	8.7 (88.8%)
20	**CZŁAPSKI Krzysztof**	**10**	NW CZŁAPSKI TEAM	M50-59	3			00:16:46	00:34:01	00:51:30	**01:08:54.20**	+00:07:45 (11.3%)	6:53	8.7 (88.8%)
21	**SZCZUDLIK Małgorzata**	**52**	KIJKOWE TRZEMESZNO	K40-49	3			00:16:58	00:34:25	00:51:58	**01:09:45.20**	+00:08:36 (12.3%)	6:58	8.6 (87.8%)
22	**PRZYBYSZ Grzegorz**	**40**		M40-49	5			00:17:14	00:35:03	00:53:02	**01:10:14.50**	+00:09:06 (13.0%)	7:01	8.5 (86.7%)
23	**KLIMCZAK Adam**	**25**	GOSADI NORDIC TEAM	M50-59	4			00:17:10	00:34:46	00:52:35	**01:10:17.75**	+00:09:09 (13.0%)	7:01	8.5 (86.7%)
24	**ABRAMOWICZ Małgorzata**	**1**	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	2			00:16:51	00:34:24	00:52:18	**01:10:18.40**	+00:09:09 (13.0%)	7:01	8.5 (86.7%)
25	**RAJEK Magdalena**	**42**	NORDIC TEAM CZĘSTOCHOWA	K40-49	4			00:17:32	00:35:15	00:53:06	**01:10:52.50**	+00:09:44 (13.7%)	7:05	8.5 (86.7%)
26	**MAKLAKIEWICZ Łukasz**	**34**	SERCE NORDICA WŁOCŁAWEK	M40-49	6			00:17:43	00:36:00	00:53:52	**01:11:49.55**	+00:10:41 (14.9%)	7:10	8.4 (85.7%)
27	**FRANCZAK Małgorzata**	**15**	NW CZŁAPSKI TEAM	K18-29	1			00:17:39	00:35:34	00:53:43	**01:11:56.15**	+00:10:47 (15.0%)	7:11	8.3 (84.7%)
28	**LEWANDOWSKI Bartłomiej**	**32**	TSK ORZEŁ OSIEK	M18-29	2	1		00:17:34	00:35:52	00:54:22	**01:13:29.70**	+00:12:21 (16.8%)	7:20	8.2 (83.7%)
29	**KOWACZ Agata**	**27**	SPEEDBAR	K40-49	5			00:17:56	00:36:22	00:55:09	**01:13:38.90**	+00:12:30 (17.0%)	7:21	8.1 (82.7%)
30	**SZCZĘŚNIAK Zbigniew**	**51**	NORDIC TEAM CZĘSTOCHOWA	M60-69	6	1		00:18:01	00:36:36	00:55:20	**01:13:52.80**	+00:12:44 (17.2%)	7:23	8.1 (82.7%)
31	**GOŁĘBIEWSKI Edward**	**17**	MARSZ PO ZDROWIE	M70+	1			00:18:43	00:36:50	00:55:28	**01:14:16.60**	+00:13:08 (17.7%)	7:25	8.1 (82.7%)
32	**BALON Marek**	**3**		M50-59	5			00:18:13	00:37:02	00:55:56	**01:14:37.00**	+00:13:28 (18.1%)	7:27	8 (81.6%)
33	**KUŁAKOWSKA Halina**	**28**	KATOWICKI NORDIC WALKING	K40-49	6			00:18:01	00:36:41	00:55:35	**01:14:38.35**	+00:13:29 (18.1%)	7:27	8 (81.6%)
34	**TOMCZYK Edward**	**54**	MARSZ PO ZDROWIE	M70+	2	1		00:19:11	00:37:35	00:56:07	**01:14:42.95**	+00:13:34 (18.2%)	7:28	8 (81.6%)
35	**CZAJKA Urszula**	**9**		K60-69	1			00:18:06	00:36:45	00:55:39	**01:14:45.00**	+00:13:36 (18.2%)	7:28	8 (81.6%)
36	**ŚLUSARCZYK Andrzej**	**53**	WESOŁY BORSUK TEAM	M70+	3			00:18:56	00:37:56	00:57:05	**01:15:34.65**	+00:14:26 (19.1%)	7:33	7.9 (80.6%)
37	**CZMOCH Marian**	**11**	PUKS JEDYNKA	M70+	4			00:18:53	00:37:36	00:56:36	**01:15:36.00**	+00:14:27 (19.1%)	7:33	7.9 (80.6%)

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38	**STAWNIAK Karol**	**48**	KGHM METRACO	M70+	5			00:18:50	00:37:34	00:56:35	**01:15:57.10**	+00:14:48 (19.5%)	7:35	7.9 (80.6%)
39	**LACHNIK Hubert**	**31**		M70+	6			00:18:57	00:37:57	00:57:07	**01:15:58.70**	+00:14:50 (19.5%)	7:35	7.9 (80.6%)
40	**JARUGA Beata**	**19**		K40-49	7			00:18:23	00:37:18	00:56:42	**01:16:00.35**	+00:14:51 (19.6%)	7:36	7.9 (80.6%)
41	**FRANCZAK Dariusz**	**16**	NW CZŁAPSKI TEAM	M50-59	6			00:19:14	00:38:41	00:57:41	**01:16:41.15**	+00:15:32 (20.3%)	7:40	7.8 (79.6%)
42	**DYLEWICZ Weronika**	**12**	EKSTREMUM	K18-29	2			00:18:40	00:38:11	00:57:46	**01:17:31.45**	+00:16:22 (21.1%)	7:45	7.7 (78.6%)
43	**POSTEK Danuta**	**38**	MARSZ PO ZDROWIE	K50-59	2			00:19:25	00:38:59	00:58:55	**01:19:29.70**	+00:18:21 (23.1%)	7:56	7.5 (76.5%)
44	**SOROKA-MITUŁA Grażyna**	**46**		K40-49	8			00:19:23	00:39:30	00:59:44	**01:20:20.55**	+00:19:12 (23.9%)	8:02	7.5 (76.5%)
45	**JÓŹWIAK Łukasz**	**21**	SERCE NORDICA WŁOCŁAWEK	M50-59	7			00:19:53	00:40:00	01:00:14	**01:20:26.75**	+00:19:18 (24.0%)	8:02	7.5 (76.5%)
46	**SULEJA Joanna**	**49**	SKL	K60-69	2			00:20:38	00:41:55	01:02:42	**01:23:35.05**	+00:22:26 (26.9%)	8:21	7.2 (73.5%)
47	**SAPUŁA Wiktoria**	**43**	NORDIC TEAM CZĘSTOCHOWA	K18-29	3			00:20:19	00:41:27	01:02:31	**01:23:52.35**	+00:22:43 (27.1%)	8:23	7.2 (73.5%)
48	**STANKOWSKA Marzena**	**47**	KIJKOWE TRZEMESZNO	K40-49	9			00:20:35	00:41:56	01:03:30	**01:25:05.90**	+00:23:57 (28.2%)	8:30	7.1 (72.4%)
49	**JUREK Kamila**	**22**	CHODZEBOLUBIE SZAMOCIN	K30-39	3			00:20:37	00:41:58	01:03:32	**01:25:07.95**	+00:23:59 (28.2%)	8:30	7 (71.4%)
50	**WOJTYCZKA Alicja**	**58**	NORDIC SPORT 2021	K60-69	3			00:20:45	00:42:03	01:03:44	**01:25:37.85**	+00:24:29 (28.6%)	8:33	7 (71.4%)
51	**FRANCZAK Anna**	**14**	NW CZŁAPSKI TEAM	K50-59	3			00:21:13	00:42:42	01:04:20	**01:26:16.65**	+00:25:08 (29.1%)	8:37	7 (71.4%)
52	**CHOLEWKA Jolanta**	**7**	MARSZ PO ZDROWIE	K60-69	4			00:21:07	00:42:35	01:04:39	**01:27:47.05**	+00:26:38 (30.4%)	8:46	6.8 (69.4%)
53	**SWITAŁA Magdalena**	**50**	NIEZRZESZONA	K40-49	10			00:22:55	00:45:48	01:08:07	**01:31:05.65**	+00:29:57 (32.9%)	9:06	6.6 (67.3%)
DQ	**KOŃCZAK Adam**	**26**	KGHM METRACO	M60-69			1	00:18:51 DQ	00:38:14 DQ	00:57:55 DQ	**DQ**			(0.0%)
DQ	**ŁOPIŃSKI Aleksy**	**33**	FABRYKA NORDICA TRZCIANKA	M70+			1	00:20:48 DQ	00:42:06 DQ	DQ	**DQ**			(0.0%)

Znaleziono 55 wynik(ów)