6. PKO PÓŁMARATON GLIWICKI

# GLIWICKA DYCHA

B4SPORT INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019
**Organizator:** Fundacja Bieg Rzeźnika
**Data:** 2019-10-26
**Miejsce:** Gliwice
**Dystans:** 10 km

## Klasyfikacja: Wszyscy

Punkt pomiarowy: 10,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 1 | **LYSKO Jakub** | **2290** | WKB META LUBLINIEC | M-30 | 00:00:01 | 00:16:18 | 00:33:10 |
| 2 | **BABULA Przemysław** | **2001** | GKS PIAST GLIWICE | M-20 | 00:00:01 | 00:18:15 | 00:36:25 |
| 3 | **URBAŃCZYK Karol** | **2559** | | M-20 | 00:00:01 | 00:18:09 | 00:36:51 |
| 4 | **SLADEK Dawid** | **2472** | | M-30 | 00:00:02 | 00:18:24 | 00:37:39 |
| 5 | **WYSOCKI Mariusz** | **2600** | LECYMY DURŚ | M-40 | 00:00:02 | 00:19:00 | 00:38:21 |
| 6 | **PISKUŃ Piotr** | **2643** | | M-20 | 00:00:02 | 00:19:06 | 00:38:49 |
| 7 | **KACZOR Marceli** | **2190** | MAFIA TEAM LUBLINIEC | M-40 | 00:00:04 | 00:19:21 | 00:39:07 |
| 8 | **FOLTYN Jakub** | **2102** | WAY2CHAMP.COM | M-20 | 00:00:06 | 00:19:53 | 00:39:07 |
| 9 | **OCHMAN Paweł** | **2351** | FUTURE PROCESSING RUNNING TEAM | M-30 | 00:00:02 | 00:19:15 | 00:39:12 |
| 10 | **RODAK Paweł** | **2428** | | M-20 | 00:00:02 | 00:19:35 | 00:39:46 |
| 11 | **NIESLON Marek** | **2341** | NIGHT RUNNERS GLUWICE | M-30 | 00:00:04 | 00:18:59 | 00:39:46 |
| 12 | **ŻERDKA Michał** | **2632** | VIKING TRAINING CENTER/TEAM PAPRY | M-30 | 00:00:00 | 00:19:16 | 00:39:49 |
| 13 | **PROKOP Bartosz** | **2415** | CHOPY Z ŻELAZA | M-20 | 00:00:01 | 00:19:08 | 00:39:56 |
| 14 | **DZIDA Janusz** | **2096** | | M-30 | 00:00:02 | 00:19:29 | 00:40:09 |
| 15 | **DOLATA Krzysztof** | **2077** | SOCIOS SILESIA | M-30 | 00:00:01 | 00:19:45 | 00:40:12 |
| 16 | **POLACZEK Alexander** | **2654** | | M-40 | 00:00:03 | 00:19:36 | 00:40:23 |
| 17 | **WIERNEK Tomek** | **2571** | LC'S | M-40 | 00:00:05 | 00:19:49 | 00:40:23 |
| 18 | **SADŁO Sebastian** | **2684** | #SZYMITEAM | M-20 | 00:00:02 | 00:19:22 | 00:40:34 |
| 19 | **CHUDY Dominik** | **2056** | | M-20 | 00:00:03 | 00:20:16 | 00:40:34 |
| 20 | **BLUS Marcin** | **2026** | | M-40 | 00:00:03 | 00:19:50 | 00:41:12 |
| 21 | **HALMAN Tomasz** | **2150** | KLAVA | M-30 | 00:00:01 | 00:19:59 | 00:41:41 |
| 22 | **CIECIAK Grzegorz** | **2059** | MEGAWAT RUNNING TEAM | M-40 | 00:00:08 | 00:20:53 | 00:41:45 |
| 23 | **CZAJA Jarosław** | **2065** | FUTURE PROCESSING RUNNING TEAM | M-40 | 00:00:08 | 00:20:53 | 00:42:13 |
| 24 | **LILLA Piotr** | **2281** | KLUB WYSOKOGÓRSKI JASTRZĘBIE - ZDRÓJ | M-30 | 00:00:02 | 00:20:23 | 00:42:18 |
| 25 | **ZABRZEWSKI Patryk** | **2602** | | M-30 | 00:00:03 | 00:20:50 | 00:42:18 |
| 26 | **GIEMZA Piotr** | **2122** | BREMBO | M-30 | 00:00:03 | 00:20:39 | 00:42:33 |
| 27 | **BIEDROŃ Dariusz** | **2019** | | M-40 | 00:00:07 | 00:20:53 | 00:42:34 |
| 28 | **PODYMA Mikołaj** | **2406** | | M-20 | 00:00:04 | 00:20:35 | 00:42:36 |
| 29 | **JEZUSEK Piotr** | **2181** | BENQ - CO JA BIEGNE | M-30 | 00:00:12 | 00:20:51 | 00:42:36 |
| 30 | **KUKURBA Mikołaj** | **2255** | ROMET FACTORY TEAM | M-30 | 00:00:03 | 00:20:05 | 00:42:43 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 31 | **KUCHARCZYK Jakub** | **3144** | UKS KOMETA GLIWICE | M-20 | 00:00:01 | 00:20:00 | 00:42:44 |
| 32 | **NAPIÓRKOWSKI Adam** | **2334** | | M-30 | 00:00:08 | 00:20:53 | 00:42:45 |
| 33 | **SAŁAMACHA Dawid** | **2447** | DRIV | M-20 | 00:00:38 | 00:20:40 | 00:42:46 |
| 34 | **SKOWRON Marcin** | **2466** | | M-40 | 00:00:08 | 00:20:58 | 00:42:49 |
| 35 | **MUCHA Mateusz** | **2331** | PARKRUN KATOWICE | M-20 | 00:00:01 | 00:20:26 | 00:42:53 |
| 36 | **LEWICKA Elżbieta** | **2279** | NIEZRZESZONA | K-40 | 00:00:01 | 00:20:58 | 00:42:56 |
| 37 | **KONDERAK Dawid** | **2672** | | M-30 | 00:00:06 | 00:21:11 | 00:43:17 |
| 38 | **KAMIŃSKI Jacek** | **2196** | ROMET FACTORY TEAM | M-30 | 00:00:03 | 00:20:39 | 00:43:19 |
| 39 | **DONIGIEWICZ Mariusz** | **2080** | | M-40 | 00:00:18 | 00:21:43 | 00:43:20 |
| 40 | **SZCZEPAŃSKI Paweł** | **2512** | | M-30 | 00:00:22 | 00:21:04 | 00:43:27 |
| 41 | **SŁOMKOWSKI Mateusz** | **2476** | | M-20 | 00:00:07 | 00:20:55 | 00:43:42 |
| 42 | **BĄBSKI Szymon** | **2012** | WYMIATACZE UJSOŁY | M-40 | 00:00:06 | 00:21:12 | 00:43:47 |
| 43 | **MACHEJ Remigiusz** | **2294** | MARO TEAM JASTRZĘBIE - ŻORY | M-30 | 00:00:00 | | 00:43:50 |
| 44 | **CZARNOZYNSKI Aleksander** | **2067** | GTT INTERPROJEKT | M-50 | 00:00:06 | 00:21:55 | 00:43:53 |
| 45 | **BORYCZKO Bartłomiej** | **2030** | BARRE STATION FITNESS | M-40 | 00:00:11 | 00:20:45 | 00:43:59 |
| 46 | **KARCHNIWY Ewa** | **2200** | NIGHT RUNNERS GLIWICE | K-20 | 00:00:09 | 00:21:06 | 00:44:09 |
| 47 | **LEBIECKA Karolina** | **2270** | | K-20 | 00:00:50 | 00:21:51 | 00:44:09 |
| 48 | **CZABAŃSKI Rafał** | **2064** | RUNHOGS TYCHY | M-40 | 00:00:25 | 00:22:12 | 00:44:13 |
| 49 | **CIUPEK Adrian** | **2062** | | M-20 | 00:00:05 | 00:21:46 | 00:44:27 |
| 50 | **GRUDZIŃSKI Radosław** | **2143** | | M-30 | 00:00:10 | 00:21:57 | 00:44:27 |
| 51 | **KOTRA Jacek** | **2228** | | M-30 | 00:00:03 | 00:21:44 | 00:44:32 |
| 52 | **ZALESKI Maciej** | **2607** | | M-20 | 00:00:15 | 00:21:48 | 00:44:34 |
| 53 | **LANGE Beata** | **2637** | BP RUNNING TEAM | K-40 | 00:00:12 | 00:22:45 | 00:44:37 |
| 54 | **HAŁKA Oliwia** | **2636** | BP RUNNING TEAM | K-20 | 00:00:11 | 00:22:47 | 00:44:38 |
| 55 | **JACHYM Arkadiusz** | **2165** | SILESIA SOCIOS | M-40 | 00:00:05 | 00:21:39 | 00:44:53 |
| 56 | **ALKER Zbigniew** | **2000** | ALKER TEAM | M-50 | 00:00:16 | 00:22:18 | 00:44:54 |
| 57 | **NIEPOŃ Michał** | **2339** | FLUOR | M-30 | 00:00:51 | | 00:45:11 |
| 58 | **MICHAŁUSZEK Sebastian** | **2317** | BIEG - UNKA | M-40 | 00:00:04 | 00:22:25 | 00:45:19 |
| 59 | **SOBOLEWSKI Maciej** | **2664** | | M-40 | 00:00:09 | 00:22:14 | 00:45:20 |
| 60 | **DYRCZ Anna** | **2095** | | K-40 | 00:00:15 | 00:22:37 | 00:45:26 |
| 61 | **BARTNIK Nikodem** | **2010** | | M-20 | 00:01:36 | 00:23:04 | 00:45:26 |
| 62 | **SKOLUDEK Robert** | **2464** | KOLEGIUM SĘDZIÓW ZABRZE | M-20 | 00:00:00 | | 00:45:35 |
| 63 | **TOWAREK Michał** | **3139** | UKS KOMETA GLIWICE | M-20 | 00:00:10 | 00:21:53 | 00:45:38 |
| 64 | **SZCZOTKA Andrzej** | **2516** | | M-50 | 00:00:29 | 00:22:34 | 00:45:39 |
| 65 | **WOJAKOWSKI Krzysztof** | **2585** | K&K RUN | M-40 | 00:00:03 | 00:21:22 | 00:45:40 |
| 66 | **OCZKO Dominik** | **2353** | | M-40 | 00:00:05 | 00:22:41 | 00:45:47 |
| 67 | **GANSZCZYK Rafał** | **2116** | OPEL ACTIVE TEAM | M-40 | 00:00:09 | 00:22:44 | 00:45:54 |
| 68 | **MACIĄŻEK Marek** | **2667** | INŻYNIERIA BIEGANIA TEAM | M-50 | 00:00:06 | 00:22:54 | 00:45:55 |
| 69 | **KURZELA Kuba** | **2263** | GIBKIE SZŁAPY | M-30 | 00:00:10 | 00:22:05 | 00:45:56 |
| 70 | **ROJCZYK Krzysztof** | **2432** | DRIV | M-30 | 00:01:08 | | 00:45:57 |
| 71 | **GÓRALEWSKI Rafał** | **2133** | | M-20 | 00:00:03 | 00:21:52 | 00:46:07 |
| 72 | **CITUK Rajmund** | **2061** | BIEGAMNACZTERECHŁAPACH | M-20 | 00:00:20 | 00:23:39 | 00:46:20 |
| 73 | **KURCZYK Kamil** | **2260** | | M-20 | 00:00:46 | 00:23:23 | 00:46:20 |
| 74 | **WITEK Grzegorz** | **2580** | DAR-BUD TEAM | M-30 | 00:00:29 | 00:23:21 | 00:46:29 |
| 75 | **DREWUSZEWSKI Maciej** | **2083** | 4M | M-40 | 00:00:08 | 00:22:27 | 00:46:39 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 76 | **PROKOPIUK Krzysztof** | **2416** | | M-20 | 00:00:22 | 00:23:36 | 00:46:49 |
| 77 | **JASIK Grzegorz** | **2175** | SRTG GLIWICE | M-40 | 00:00:17 | 00:23:20 | 00:46:50 |
| 78 | **SZYMAŃSKI Piotr** | **2534** | | M-40 | 00:00:09 | 00:22:41 | 00:46:51 |
| 79 | **STALMACH Damian** | **2490** | LECYMY DURŚ | M-40 | 00:00:16 | 00:23:09 | 00:46:52 |
| 80 | **TOMASZEWSKA Joanna** | **2548** | | K-30 | 00:00:06 | 00:21:52 | 00:46:53 |
| 81 | **MIELNIK Krzysiek** | **2323** | | M-30 | 00:00:26 | 00:23:26 | 00:46:56 |
| 82 | **SZEREMETA Maciej** | **2519** | | M-40 | 00:00:58 | 00:23:44 | 00:47:11 |
| 83 | **PACANA Patryk** | **2374** | DRUŻYNA ŚWIĘTEGO MARCINA | M-20 | 00:00:11 | 00:22:46 | 00:47:19 |
| 84 | **FOLTYN Pawel** | **2103** | FOLKI | M-30 | 00:00:14 | 00:23:19 | 00:47:23 |
| 85 | **LUKASZCZYK Marek** | **2288** | | M-20 | 00:00:54 | 00:24:36 | 00:47:24 |
| 86 | **NOWAKOWSKI Zenon** | **2350** | | M-60 | 00:00:36 | 00:23:40 | 00:47:26 |
| 87 | **KUMOR Dagmara** | **2258** | RUNNERS TEAM KALKA | K-30 | 00:00:09 | 00:23:25 | 00:47:30 |
| 88 | **MIERA Wiktoria** | **2681** | #SZYMITEAM | K-20 | 00:00:02 | 00:22:47 | 00:47:33 |
| 89 | **OLEJNICZAK Tomasz** | **2635** | | M-40 | 00:00:45 | 00:24:10 | 00:47:35 |
| 90 | **KRZYMINSKA Patrycja** | **2251** | MIRAZ RACE TEAM | K-30 | 00:00:27 | 00:23:35 | 00:47:40 |
| 91 | **JAKUBCZYK Krzysztof** | **2168** | | M-30 | 00:00:32 | 00:23:29 | 00:47:42 |
| 92 | **WOJAKOWSKA Katarzyna** | **2584** | K&K RUN | K-40 | 00:00:03 | 00:23:19 | 00:47:46 |
| 93 | **LEMPART Tomasz** | **2272** | | M-40 | 00:00:11 | 00:22:24 | 00:47:49 |
| 94 | **ŚMIERCIAK Paweł** | **2539** | DOLINA SPORTOWA | M-30 | 00:00:36 | 00:23:57 | 00:47:53 |
| 95 | **WOCHNIK Dawid** | **2583** | CF ZABRZE | M-30 | 00:00:44 | 00:24:27 | 00:47:55 |
| 96 | **ULFIK Bartłomiej** | **2555** | | M-40 | 00:00:06 | 00:22:49 | 00:47:56 |
| 97 | **BIAŁAS Andrzej** | **2691** | | M-40 | 00:00:05 | 00:22:45 | 00:48:01 |
| 98 | **TURAK Rafał** | **2554** | | M-40 | 00:00:31 | 00:23:29 | 00:48:04 |
| 99 | **HEROK Piotr** | **2157** | | M-30 | 00:00:11 | 00:22:49 | 00:48:06 |
| 100 | **BIAŁAS Robert** | **2641** | | M-40 | 00:00:56 | 00:24:01 | 00:48:06 |
| 101 | **HODOR Robert** | **2159** | | M-40 | 00:00:27 | 00:23:41 | 00:48:07 |
| 102 | **TIAHNYBOK Paweł** | **2545** | DECATHLON&PRZYJACIELE | M-40 | 00:00:14 | 00:23:13 | 00:48:12 |
| 103 | **ŚWIĘTEK Marcin** | **2542** | | M-30 | 00:01:15 | 00:24:24 | 00:48:13 |
| 104 | **SIKORA Karolina** | **2458** | | K-40 | 00:00:02 | 00:23:18 | 00:48:17 |
| 105 | **JÓZEFOWICZ Piotr** | **2183** | | M-40 | 00:00:30 | 00:23:17 | 00:48:21 |
| 106 | **KOWALSKI Marcin** | **2235** | | M-20 | 00:01:02 | 00:23:51 | 00:48:21 |
| 107 | **WILMA Krzysztof** | **2575** | | M-40 | 00:00:23 | 00:23:40 | 00:48:24 |
| 108 | **GĘBCZYŃSKI Paweł** | **2120** | | M-40 | 00:00:38 | 00:23:47 | 00:48:25 |
| 109 | **OCHOJSKI Łukasz** | **2352** | | M-20 | 00:01:38 | 00:24:17 | 00:48:26 |
| 110 | **SOCZAWA Wojciech** | **2484** | | M-40 | 00:00:35 | 00:24:10 | 00:48:30 |
| 111 | **GARBALA Kamil** | **2117** | | M-30 | 00:00:00 | | 00:48:31 |
| 112 | **POGODA Kinga** | **3137** | UKS KOMETA GLIWICE | K-20 | 00:00:12 | 00:22:59 | 00:48:31 |
| 113 | **STANISZEWSKI Janusz** | **2492** | | M-50 | 00:00:29 | 00:23:47 | 00:48:32 |
| 114 | **OGONOWSKI Dariusz** | **2356** | | M-30 | 00:00:23 | 00:23:55 | 00:48:33 |
| 115 | **DREWUSZEWSKA Ewa** | **2082** | | K-40 | 00:00:23 | 00:24:01 | 00:48:44 |
| 116 | **KRZANOWSKI Marcin** | **2249** | OASIS TEAM SPORT | M-30 | 00:00:50 | 00:24:16 | 00:48:53 |
| 117 | **MACIEJEWSKI Paweł** | **2299** | | M-20 | 00:01:23 | 00:24:25 | 00:48:57 |
| 118 | **STAROSTA Robert** | **2495** | | M-30 | 00:00:36 | 00:24:03 | 00:48:58 |
| 119 | **GRZEBNIEWSKA Judyta** | **2147** | | K-30 | 00:00:43 | 00:24:26 | 00:48:58 |
| 120 | **GODLEWSKI Łukasz** | **2126** | HIRSCHVOGEL | M-20 | 00:00:31 | 00:24:13 | 00:49:02 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 121 | **ROMIK Artur** | **2435** | | M-40 | 00:01:42 | 00:24:13 | 00:49:04 |
| 122 | **MARCZYK Darek** | **2311** | FLUOR | M-30 | 00:00:31 | 00:23:38 | 00:49:06 |
| 123 | **ZWOLSKI Dymitr** | **2628** | | M-30 | 00:00:26 | 00:24:21 | 00:49:13 |
| 124 | **PAROL Tomasz** | **2381** | PROPOINT | M-30 | 00:00:29 | 00:23:59 | 00:49:20 |
| 125 | **KWIATKOWSKI Marcin** | **2266** | | M-30 | 00:00:32 | 00:23:30 | 00:49:27 |
| 126 | **RUDZIŃSKI Kamil** | **2439** | | M-30 | 00:00:44 | 00:25:28 | 00:49:27 |
| 127 | **PILSZYK Kazimierz** | **2398** | SENIORZY | M-60 | 00:00:59 | 00:24:39 | 00:49:29 |
| 128 | **RUDZIŃSKI Jacek** | **2440** | | M-30 | 00:00:42 | 00:25:30 | 00:49:30 |
| 129 | **STRZELECKI Daniel** | **2503** | | M-40 | 00:01:25 | 00:24:39 | 00:49:39 |
| 130 | **PAWLINA Piotr** | **2387** | | M-40 | 00:00:00 | 00:25:31 | 00:49:42 |
| 131 | **WATOŁA Marek** | **2566** | M&M | M-40 | 00:00:07 | 00:23:01 | 00:49:43 |
| 132 | **FOREMSKI Grzegorz** | **2106** | KABANOS RUNNING CREW | M-30 | 00:01:24 | 00:24:47 | 00:49:44 |
| 133 | **GOŹDZIŃSKA Magdalena** | **2130** | | K-40 | 00:00:21 | 00:24:56 | 00:49:46 |
| 134 | **ŻYWKO Krzysztof** | **2634** | | M-20 | 00:00:27 | 00:24:22 | 00:49:48 |
| 135 | **SZWARCZYŃSKI Michał** | **2530** | | M-30 | 00:00:07 | 00:23:04 | 00:49:49 |
| 136 | **KRZYK Jarosław** | **2250** | | M-40 | 00:00:23 | 00:24:46 | 00:49:54 |
| 137 | **KŁODA Dorota** | **2212** | | K-20 | 00:00:03 | 00:22:58 | 00:49:55 |
| 138 | **BORCZ Tomasz** | **2028** | | M-40 | 00:00:05 | 00:23:18 | 00:49:55 |
| 139 | **PACAN Tomasz** | **2373** | | M-40 | 00:00:34 | 00:24:04 | 00:49:57 |
| 140 | **SZOŁTYSIK Łukasz** | **2649** | | M-30 | 00:01:18 | 00:25:11 | 00:49:57 |
| 141 | **ZYCHLA Grzegorz** | **2655** | SU07 | M-30 | 00:00:42 | 00:25:41 | 00:49:59 |
| 142 | **ZAJĄC Mateusz** | **2604** | | M-30 | 00:01:09 | 00:25:24 | 00:50:00 |
| 143 | **MACH Marcin** | **2297** | | M-40 | 00:00:12 | 00:24:04 | 00:50:01 |
| 144 | **NOWAK Łukasz** | **2347** | AVANTOR PERFORMANCE MATERIALS POLAND | M-30 | 00:00:54 | 00:24:52 | 00:50:06 |
| 145 | **KARBOWNIK Joanna** | **2665** | | K-30 | 00:00:22 | 00:24:34 | 00:50:09 |
| 146 | **PORĘBSKI Grześ** | **2410** | | M-20 | 00:00:09 | 00:24:44 | 00:50:14 |
| 147 | **WIETRZYCKI Mariusz** | **2572** | MOMO TEAM | M-30 | 00:00:04 | 00:24:05 | 00:50:15 |
| 148 | **WIETRZYCKI Zenon** | **2573** | MOMO TEAM | M-60 | 00:00:04 | 00:24:16 | 00:50:15 |
| 149 | **SŁOWIŃSKI Jacek** | **2478** | | M-30 | 00:01:14 | 00:25:58 | 00:50:19 |
| 150 | **LEDWIG Iwona** | **2271** | MAMAX2 | K-30 | 00:00:08 | 00:24:08 | 00:50:20 |
| 151 | **WARDAK Piotr** | **2565** | | M-30 | 00:00:27 | 00:24:15 | 00:50:21 |
| 152 | **TOKAJ Dominik** | **2546** | | M-20 | 00:00:43 | 00:24:58 | 00:50:21 |
| 153 | **LASKOWSKI Sebastian** | **3129** | KATA GUROMA | M-40 | 00:01:53 | 00:25:27 | 00:50:21 |
| 154 | **PEPEL Katarzyna** | **2390** | LUXTORPEDA CZERWIONKA | K-30 | 00:00:47 | 00:25:02 | 00:50:32 |
| 155 | **LASIUK Paweł** | **2268** | HIRSCHVOGEL | M-30 | 00:00:30 | 00:25:11 | 00:50:42 |
| 156 | **LEWANDERSKI Dariusz** | **2277** | HIRSCHVOGEL | M-30 | 00:00:31 | 00:25:10 | 00:50:42 |
| 157 | **HEINE Andrzej** | **2156** | PKO BANK POLSKI | M-30 | 00:01:58 | 00:24:49 | 00:50:42 |
| 158 | **ORACZ Arkadiusz** | **2366** | PROPOINT | M-20 | 00:01:13 | 00:25:20 | 00:50:43 |
| 159 | **PIECHOWIAK Wojciech** | **2392** | | M-30 | 00:00:26 | 00:24:13 | 00:50:44 |
| 160 | **SŁODKIEWICZ Grzegorz** | **2475** | | M-40 | 00:00:13 | 00:24:34 | 00:50:46 |
| 161 | **SZULC Sebastian** | **2527** | EXLABS | M-30 | 00:00:41 | 00:23:46 | 00:50:48 |
| 162 | **PIOTROWSKI Kajetan** | **2401** | DECATHLON&PRZYJACIELE | M-20 | 00:01:13 | 00:25:29 | 00:50:50 |
| 163 | **PIONTEK Piotr** | **2399** | MEGAWAT RUNNING TEAM | M-40 | 00:01:19 | 00:25:31 | 00:50:52 |
| 164 | **SEMLA Tomasz** | **2454** | | M-30 | 00:00:35 | 00:24:33 | 00:50:54 |
| 165 | **IGNACZAK Robert** | **2650** | | M-40 | 00:01:18 | 00:25:20 | 00:50:56 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 166 | **DWORNICZAK Szymon** | **2093** | CHAHARY ZE STAREGO | M-40 | 00:01:32 | 00:26:52 | 00:50:56 |
| 167 | **WÓJCIK Anna** | **2595** | | K-40 | 00:00:32 | 00:25:03 | 00:50:57 |
| 168 | **EICHHOF Joanna** | **2097** | | K-40 | 00:00:36 | 00:25:17 | 00:50:57 |
| 169 | **BLADYN Dawid** | **2024** | DECATHLON&PRZYJACIELE | M-20 | 00:01:13 | 00:25:29 | 00:50:57 |
| 170 | **JANOSZ Sławomir** | **2170** | BIURO INŻYNIERSKIE IEC | M-30 | 00:00:23 | 00:23:49 | 00:51:00 |
| 171 | **UNIEJEWSKI Tomasz** | **2556** | | M-40 | 00:00:48 | 00:25:09 | 00:51:00 |
| 172 | **DREWNIAK Łukasz** | **2674** | | M-30 | 00:00:43 | 00:25:40 | 00:51:05 |
| 173 | **STROJEK Piotr** | **2499** | | M-40 | 00:01:11 | 00:25:21 | 00:51:06 |
| 174 | **STAWARCZYK Krystian** | **2646** | OPEL ACTIVE TEAM | M-40 | 00:01:47 | 00:26:27 | 00:51:06 |
| 175 | **ZIOMEK Katarzyna** | **2625** | | K-40 | 00:00:17 | 00:24:33 | 00:51:07 |
| 176 | **MICHULEC Jakub** | **2656** | EKO-OKNA RUNNERS | M-30 | 00:00:42 | 00:25:41 | 00:51:07 |
| 177 | **PIWOWARCZYK Agnieszka** | **2403** | | K-30 | 00:00:29 | 00:25:24 | 00:51:10 |
| 178 | **WOJTAS Marcin** | **2586** | ISTA BIEGAMY | M-30 | 00:01:04 | 00:26:20 | 00:51:10 |
| 179 | **WOCH Szymon** | **2582** | STUDIO ENERGIA TEAM RYBNIK | M-30 | 00:00:18 | 00:25:21 | 00:51:16 |
| 180 | **WIŚNIEWSKI Tomasz** | **2577** | | M-30 | 00:00:48 | 00:25:33 | 00:51:18 |
| 181 | **OGONOWSKI Edward** | **2355** | ŻÓŁWIK OPOLE | M-60 | 00:00:55 | 00:25:49 | 00:51:28 |
| 182 | **CHEGE Danson** | **2048** | DECATHLON CAR GLIWICE | M-30 | 00:00:15 | 00:23:51 | 00:51:35 |
| 183 | **KULA Jan** | **2256** | DECATHLON I PRZYJACIELE | M-30 | 00:00:13 | 00:26:04 | 00:51:36 |
| 184 | **FABER Jacek** | **2638** | | M-30 | 00:00:29 | 00:24:53 | 00:51:36 |
| 185 | **JAŚKIEWICZ Sławomir** | **2179** | | M-30 | 00:00:53 | 00:24:59 | 00:51:41 |
| 186 | **MAZUR Marcin** | **555** | | M-20 | 00:01:31 | 00:26:21 | 00:51:44 |
| 187 | **SOSADA Nicol** | **2486** | ISTA BIEGAMY | K-20 | 00:01:02 | 00:25:53 | 00:51:45 |
| 188 | **MUSIOŁ Krzysztof** | **2333** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | M-40 | 00:00:17 | 00:24:58 | 00:51:54 |
| 189 | **SZMIGIEL Daniel** | **2520** | | M-30 | 00:00:32 | 00:25:21 | 00:51:55 |
| 190 | **SZCZOTKA Ilona** | **2515** | | K-50 | 00:00:29 | 00:25:21 | 00:51:56 |
| 191 | **LISIECKI Dawid** | **2283** | KNURÓW-SIMTECH | M-30 | 00:00:53 | 00:26:04 | 00:52:01 |
| 192 | **ŻAAK Michał** | **2629** | | M-30 | 00:00:54 | 00:25:57 | 00:52:02 |
| 193 | **ZIELIŃSKI Wojciech** | **2619** | | M-20 | 00:01:11 | 00:23:43 | 00:52:02 |
| 194 | **WIŚNIEWSKA Beata** | **2576** | | K-20 | 00:00:49 | 00:25:53 | 00:52:05 |
| 195 | **BANIAK Przemyslaw** | **2006** | | M-40 | 00:00:29 | 00:25:38 | 00:52:07 |
| 196 | **SANOCKI Jacek** | **2453** | DRUŻYNA JASNEJ | M-40 | 00:01:27 | 00:26:00 | 00:52:07 |
| 197 | **BALIŃSKA-SANOCKA Aneta** | **2003** | DRUŻYNA JASNEJ | K-40 | 00:01:26 | 00:26:57 | 00:52:08 |
| 198 | **DRECHSLER Oskar** | **2081** | | M-30 | 00:00:46 | 00:25:05 | 00:52:09 |
| 199 | **GOŹDZIŃSKI Wojciech** | **2131** | | M-40 | 00:00:20 | 00:24:38 | 00:52:10 |
| 200 | **KOKOT Marcel** | **2218** | DECATHLON CAR GLIWICE | M-20 | 00:01:30 | 00:25:59 | 00:52:12 |
| 201 | **TOMCZAK Rafał** | **2550** | ZABIEGANI NAUCZYCIELE | M-40 | 00:00:28 | 00:25:39 | 00:52:14 |
| 202 | **LYSKO Agnieszka** | **2291** | | K-30 | 00:00:49 | 00:26:13 | 00:52:16 |
| 203 | **DRZYMALSKI Przemysław** | **2088** | PROPOINT | M-30 | 00:01:12 | 00:27:01 | 00:52:21 |
| 204 | **NIEMIEC Sławomir** | **2337** | INTERGRAFIK POLSKA | M-30 | 00:00:46 | 00:25:50 | 00:52:25 |
| 205 | **LISOŃ Julia** | **2284** | DRUŻYNA POLITECHNIKI ŚLĄSKIEJ SPORT WSPIERA(MY) NAUKOWO | K-20 | 00:00:31 | 00:25:57 | 00:52:27 |
| 206 | **DOBOSZ Mariusz** | **2075** | GO-LEASING | M-30 | 00:00:29 | 00:25:57 | 00:52:28 |
| 207 | **SZCZERZEK Zbigniew** | **2514** | | M-60 | 00:00:41 | 00:25:24 | 00:52:28 |
| 208 | **GOLIASZ Bartłomiej** | **2127** | | M-30 | 00:00:54 | 00:26:43 | 00:52:28 |
| 209 | **CZĄSTKIEWICZ Marcin** | **2069** | | M-30 | 00:00:26 | 00:25:17 | 00:52:32 |
| 210 | **CHAROWSKI Marcin** | **2047** | | M-30 | 00:01:02 | 00:26:40 | 00:52:35 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 211 | **PACAN Krzysztof** | **2372** | | M-40 | 00:00:44 | 00:25:22 | 00:52:36 |
| 212 | **PIETRZAK Waldemar** | **2395** | GOK PILCHOWICE | M-30 | 00:01:47 | 00:26:16 | 00:52:39 |
| 213 | **OGAZA Mariusz** | **2354** | | M-30 | 00:00:03 | 00:25:35 | 00:52:46 |
| 214 | **CYROŃ Marcin** | **2686** | | M-30 | 00:00:33 | 00:26:30 | 00:52:49 |
| 215 | **KOWALCZYK Robert** | **2229** | ISTA BIEGAMY | M-50 | 00:01:02 | 00:25:54 | 00:52:51 |
| 216 | **WÓJCIAK Katarzyna** | **2592** | | K-40 | 00:00:37 | 00:26:45 | 00:52:52 |
| 217 | **DWORACZEK Grzegorz** | **2092** | TRIDIVISION TRIATHLON TEAM | M-40 | 00:00:49 | 00:26:24 | 00:52:56 |
| 218 | **GRUDZIŃSKA Magdalena** | **2142** | | K-30 | 00:00:54 | 00:26:35 | 00:52:58 |
| 219 | **PĘCHERCZYK Piotr** | **2391** | | M-50 | 00:00:55 | 00:25:52 | 00:52:59 |
| 220 | **TROSKO Adam** | **2552** | | M-40 | 00:01:09 | 00:24:39 | 00:52:59 |
| 221 | **ISKRZAK Izabela** | **2164** | | K-30 | 00:00:31 | 00:26:08 | 00:53:02 |
| 222 | **POPŁAWSKA-WAL Agata** | **2409** | ZF | K-30 | 00:00:53 | 00:26:44 | 00:53:03 |
| 223 | **ZAWIERUCHA Aleksander** | **2611** | MARO-TEAM JASTRZĘBIE-ŻORY | M-50 | 00:00:34 | 00:26:29 | 00:53:04 |
| 224 | **DYMEK Dariusz** | **2094** | | M-40 | 00:00:08 | 00:26:07 | 00:53:09 |
| 225 | **OLEŚ Monika** | **2671** | | K-30 | 00:01:06 | 00:27:13 | 00:53:10 |
| 226 | **DYTO Michał** | **2682** | | M-20 | 00:01:48 | 00:25:21 | 00:53:10 |
| 227 | **SZUMIATA Piotr** | **2529** | | M-20 | 00:00:19 | 00:25:42 | 00:53:11 |
| 228 | **GARNCARZ Jakub** | **2118** | | M-30 | 00:00:46 | 00:26:32 | 00:53:11 |
| 229 | **DĘBOWSKI Krzysztof** | **2074** | | M-30 | 00:01:06 | 00:26:11 | 00:53:13 |
| 230 | **MICHOŃ Maciej** | **2319** | | M-20 | 00:01:06 | 00:26:52 | 00:53:14 |
| 231 | **PREJS Karol** | **2413** | | M-30 | 00:01:39 | 00:27:07 | 00:53:21 |
| 232 | **BAJURA Grzegorz** | **2002** | | M-30 | 00:01:40 | 00:27:06 | 00:53:21 |
| 233 | **HOMA Dorota** | **2161** | NOGAMI DO PRZODU | K-30 | 00:01:07 | 00:26:27 | 00:53:26 |
| 234 | **ZIEMBA Grzegorz** | **2620** | | M-40 | 00:01:54 | 00:26:59 | 00:53:31 |
| 235 | **KOWALCZYK Grzegorz** | **2230** | | M-40 | 00:00:16 | 00:25:19 | 00:53:32 |
| 236 | **CHĘCIŃSKI Tomasz** | **2050** | | M-40 | 00:00:33 | 00:25:44 | 00:53:34 |
| 237 | **ROLEK Marcin** | **2434** | | M-30 | 00:00:56 | 00:26:41 | 00:53:34 |
| 238 | **KOZIOL Ryszard** | **2240** | SOSNICA | M-60 | 00:00:14 | 00:25:54 | 00:53:35 |
| 239 | **OPALIŃSKI Tomasz** | **2365** | ZF TEAM | M-30 | 00:00:54 | 00:26:43 | 00:53:35 |
| 240 | **BEHERNOT Jan** | **2680** | | M-20 | 00:00:56 | 00:26:33 | 00:53:36 |
| 241 | **ZAKRZOWSKI Krzysztof** | **2606** | DRIV | M-20 | 00:00:33 | 00:25:54 | 00:53:39 |
| 242 | **URBANIAK Dawid** | **2558** | AVANTOR PERFORMANCE MATERIALS POLAND | M-20 | 00:00:53 | 00:25:39 | 00:53:39 |
| 243 | **SERWACH Mateusz** | **2455** | FALUSSO BERGAMO | M-20 | 00:00:18 | 00:25:43 | 00:53:42 |
| 244 | **SMOK Weronika** | **2479** | | K-20 | 00:00:37 | 00:26:37 | 00:53:43 |
| 245 | **ŻEBROWSKI Łukasz** | **2630** | ZF TEAM | M-30 | 00:00:51 | 00:27:04 | 00:53:46 |
| 246 | **SZCZERBAK-RUTA Aleksandra** | **2513** | | K-30 | 00:01:34 | 00:27:00 | 00:53:46 |
| 247 | **SŁOWIŃSKI Kamil** | **2477** | DRUŻYNA POLITECHNIKI ŚLĄSKIEJ | M-30 | 00:01:13 | 00:26:17 | 00:53:47 |
| 248 | **MARCINIAK Paulina** | **2309** | | K-30 | 00:01:14 | 00:26:34 | 00:53:48 |
| 249 | **SZYMAŃSKI Piotr** | **2535** | | M-40 | 00:01:32 | 00:27:01 | 00:53:48 |
| 250 | **SAMOL Grzegorz** | **2448** | GLIWICE | M-50 | 00:00:38 | 00:26:07 | 00:53:50 |
| 251 | **CZEPIGA Bożena** | **2070** | | K-40 | 00:00:10 | 00:25:54 | 00:53:55 |
| 252 | **MATULICZ Damian** | **2313** | | M-40 | 00:00:20 | 00:25:25 | 00:53:59 |
| 253 | **JAROŃ Grzegorz** | **2174** | | M-40 | 00:01:11 | 00:26:52 | 00:53:59 |
| 254 | **GRĄBCZEWSKI Marcin** | **2139** | | M-30 | 00:01:03 | 00:26:42 | 00:54:00 |
| 255 | **PAWLETA Michał** | **2383** | BPRT | M-40 | 00:01:14 | 00:27:00 | 00:54:01 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 256 | **SPYRA Jacek** | **2488** | PROPOINT | M-20 | 00:01:09 | 00:27:03 | 00:54:02 |
| 257 | **PAUL Violetta** | **2382** | BPRT | K-40 | 00:01:14 | 00:27:00 | 00:54:02 |
| 258 | **SANOCKA Dorota** | **2452** | DRUŻYNA JASNEJ | K-40 | 00:01:26 | 00:26:59 | 00:54:03 |
| 259 | **HEINCE Łukasz** | **2155** | PROPOINT | M-20 | 00:01:14 | 00:26:40 | 00:54:04 |
| 260 | **PUCHALSKI Rafał** | **2421** | FLUOR | M-30 | 00:01:30 | 00:27:22 | 00:54:09 |
| 261 | **DOBROWOLSKA Basia** | **2076** | | K-20 | 00:01:33 | 00:27:00 | 00:54:10 |
| 262 | **KOZŁOWSKI Mariusz** | **2243** | KB ODRA OPOLE | M-40 | 00:00:52 | 00:27:22 | 00:54:12 |
| 263 | **OLEJNICZAK Aleksandra** | **2360** | | K-20 | 00:00:29 | 00:26:14 | 00:54:17 |
| 264 | **BEDNAREK Jakub** | **2014** | | M-30 | 00:00:47 | 00:26:20 | 00:54:17 |
| 265 | **MOĆKO Artur** | **2330** | | M-30 | 00:01:31 | 00:27:44 | 00:54:19 |
| 266 | **RUDZIŃSKI Łukasz** | **2438** | | M-30 | 00:00:44 | 00:26:55 | 00:54:43 |
| 267 | **WYCIŚLIK Marcin** | **2598** | HIRSCHVOGEL | M-30 | 00:00:33 | 00:26:26 | 00:54:44 |
| 268 | **PIETRZAK Łukasz** | **2396** | MECHTAL CITY | M-30 | 00:00:48 | 00:26:34 | 00:54:44 |
| 269 | **MAŃKA Adam** | **2307** | | M-40 | 00:01:20 | 00:28:04 | 00:54:46 |
| 270 | **FIRSZT Marta** | **2101** | | K-20 | 00:00:15 | 00:26:38 | 00:54:52 |
| 271 | **URBAŃSKI Maciej** | **2561** | | M-50 | 00:00:15 | 00:26:37 | 00:54:52 |
| 272 | **SUPERNAK Marcin** | **2507** | | M-40 | 00:01:48 | 00:27:25 | 00:54:54 |
| 273 | **HERUD Tomasz** | **2663** | | M-30 | 00:01:44 | 00:27:49 | 00:54:55 |
| 274 | **MAGURNO Franco** | **2677** | | M-40 | 00:00:44 | 00:26:49 | 00:54:57 |
| 275 | **WĄTROBA Tomasz** | **2567** | | M-30 | 00:00:56 | 00:26:41 | 00:54:59 |
| 276 | **KOZA Paulina** | **2236** | KJ TRACHY GLIWICE | K-30 | 00:00:30 | 00:26:01 | 00:55:03 |
| 277 | **SALA Katarzyna** | **2445** | | K-30 | 00:00:12 | 00:26:54 | 00:55:08 |
| 278 | **SZYMOS Damian** | **2536** | RYWAL GLIWICE | M-30 | 00:02:01 | 00:26:44 | 00:55:08 |
| 279 | **CHOLEWA Grzegorz** | **2054** | | M-40 | 00:00:12 | 00:26:54 | 00:55:09 |
| 280 | **GĘBCZYŃSKI Oliwier** | **2121** | | M-20 | 00:00:38 | 00:25:11 | 00:55:09 |
| 281 | **SZASTOK Katarzyna** | **2509** | | K-40 | 00:00:57 | 00:28:08 | 00:55:14 |
| 282 | **STĘPAK Patrycja** | **2497** | | K-20 | 00:00:24 | 00:27:34 | 00:55:15 |
| 283 | **STUDZIŃSKI Grzegorz** | **2505** | ZABRZE CITY M&A | M-30 | 00:01:53 | 00:27:45 | 00:55:19 |
| 284 | **PSIUK Piotr** | **2419** | | M-30 | 00:00:29 | 00:26:16 | 00:55:22 |
| 285 | **SOKOŁOWSKI Łukasz** | **2485** | | M-30 | 00:01:04 | 00:27:28 | 00:55:25 |
| 286 | **KUKLA Bartosz** | **3143** | UKS KOMETA GLIWICE | M-20 | 00:01:13 | 00:25:26 | 00:55:29 |
| 287 | **SZOPIŃSKI Grzegorz** | **2523** | DECATHLON&PRZYJACIELE | M-20 | 00:01:16 | 00:28:14 | 00:55:30 |
| 288 | **CZĄSTKIEWICZ Alicja** | **2068** | POWERGIRLS | K-30 | 00:01:10 | 00:27:32 | 00:55:33 |
| 289 | **SKURA Adam** | **2470** | FLUOR | M-30 | 00:01:40 | 00:27:53 | 00:55:33 |
| 290 | **SŁABOŃ Roma** | **2657** | | K-30 | 00:01:10 | 00:27:32 | 00:55:34 |
| 291 | **KOZAK Kamila** | **2683** | | K-20 | 00:01:21 | 00:28:02 | 00:55:35 |
| 292 | **GAJ Kamila** | **2112** | NIGHT RUNNERS GLIWICE | K-50 | 00:00:18 | 00:27:00 | 00:55:38 |
| 293 | **WIECZOROWSKI Krzysztof** | **2570** | MOSTOSTAL ZABRZE UNITED | M-30 | 00:00:50 | 00:26:41 | 00:55:39 |
| 294 | **BRYLIŃSKI Ryszard** | **2038** | | M-60 | 00:00:11 | 00:27:00 | 00:55:44 |
| 295 | **OKOŃ Zdzisław** | **2358** | | M-60 | 00:00:41 | 00:28:37 | 00:55:44 |
| 296 | **JASTO Mateusz** | **2177** | | M-20 | 00:01:02 | 00:27:26 | 00:55:48 |
| 297 | **POWROŹNIK Paulina** | **2412** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | K-20 | 00:00:44 | 00:26:50 | 00:55:53 |
| 298 | **HAŁAKUC Joanna** | **2152** | | K-20 | 00:00:09 | 00:26:59 | 00:55:54 |
| 299 | **KUKUCZKA Ewa** | **2254** | | K-30 | 00:01:05 | 00:27:13 | 00:55:54 |
| 300 | **KARBOWNIK Marcin** | **2666** | | M-20 | 00:00:22 | 00:26:35 | 00:55:55 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 301 | **KANIA Krystyna** | **2197** | | K-60 | 00:02:01 | 00:27:50 | 00:55:57 |
| 302 | **KRÓLIK Arkadiusz** | **2246** | MARO TEAM JASTRZĘBIE-ŻORY | M-40 | 00:00:30 | 00:27:32 | 00:56:02 |
| 303 | **DUCH Weronika** | **2089** | DECATHLON CAR ŁÓDŹ | K-20 | 00:00:21 | 00:28:47 | 00:56:06 |
| 304 | **BOSAKOWSKA Ela** | **2031** | | K-40 | 00:00:13 | 00:25:47 | 00:56:08 |
| 305 | **ZDANOWICZ Michał** | **2614** | | M-40 | 00:00:13 | 00:26:02 | 00:56:09 |
| 306 | **SAFERNA Przemek** | **2443** | | M-30 | 00:00:25 | 00:28:12 | 00:56:10 |
| 307 | **ROSAK-SZYROCKA Asia** | **2436** | MIELEWCZYK RUNNING TEAM | K-40 | 00:00:27 | 00:27:34 | 00:56:10 |
| 308 | **ZACZYŃSKA Dagmara** | **2603** | | K-30 | 00:01:13 | 00:28:23 | 00:56:11 |
| 309 | **MARKER-DZIUBOSZ Agnieszka** | **2312** | | K-40 | 00:00:40 | 00:27:16 | 00:56:14 |
| 310 | **JANOSZKA Piotr** | **2172** | BANDA Z POŁUDNIA | M-30 | 00:01:44 | 00:28:35 | 00:56:16 |
| 311 | **KAZIMIERSKI Martin** | **2675** | BANDA Z POŁUDNIA | M-20 | 00:01:44 | 00:28:36 | 00:56:16 |
| 312 | **OSTROWSKI Ziemowit** | **2371** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | M-40 | 00:01:22 | 00:28:08 | 00:56:19 |
| 313 | **SKULSKI Tomasz** | **2469** | LILA LOGISTIK | M-40 | 00:00:37 | 00:26:53 | 00:56:23 |
| 314 | **BAŃKA Jakub** | **2007** | | M-30 | 00:00:40 | 00:27:10 | 00:56:23 |
| 315 | **MARYNIAK Wojciech** | **2676** | | M-30 | 00:01:56 | 00:28:51 | 00:56:23 |
| 316 | **MUSIAŁ Piotr** | **2332** | | M-20 | 00:00:47 | 00:28:33 | 00:56:25 |
| 317 | **GORELL Bogumiła** | **2128** | | K-30 | 00:01:09 | 00:27:50 | 00:56:25 |
| 318 | **ZŁOTEK Katarzyna** | **2626** | OPEL ACTIVE TEAM | K-30 | 00:00:19 | 00:27:07 | 00:56:27 |
| 319 | **WOJTASIK Adrian** | **2587** | | M-20 | 00:01:19 | 00:28:06 | 00:56:31 |
| 320 | **OKOŃ Monika** | **2357** | | K-40 | 00:00:40 | 00:28:38 | 00:56:32 |
| 321 | **JAROŃ Katarzyna** | **2173** | | K-40 | 00:01:11 | 00:27:30 | 00:56:33 |
| 322 | **MAJEWSKA Agata** | **2303** | | K-20 | 00:00:22 | 00:28:33 | 00:56:38 |
| 323 | **KOZŁOWSKI Przemysław** | **2242** | ZACHODNIE GEPARDY | M-30 | 00:00:45 | 00:26:40 | 00:56:40 |
| 324 | **CHOJKOWSKI Michał** | **2051** | | M-40 | 00:00:57 | 00:27:33 | 00:56:40 |
| 325 | **BARCHANOWSKA Joanna** | **2008** | | K-30 | 00:00:15 | 00:26:36 | 00:56:42 |
| 326 | **CZARNECKI Michał** | **2066** | | M-20 | 00:01:20 | 00:28:05 | 00:56:51 |
| 327 | **SZOZDA Ewa** | **2524** | | K-30 | 00:00:40 | 00:27:10 | 00:56:53 |
| 328 | **OLSZEWSKI Łukasz** | **2361** | FLUOR | M-30 | 00:01:14 | 00:28:05 | 00:56:53 |
| 329 | **SZWIEC Sandra** | **2531** | ZABIEGANI NAUCZYCIELE | K-30 | 00:00:39 | 00:28:10 | 00:56:54 |
| 330 | **GAŁEK Andrzej** | **2678** | ZF TEAM | M-30 | 00:01:13 | 00:28:00 | 00:56:57 |
| 331 | **KUMOR Marcin** | **2259** | | M-30 | 00:00:33 | 00:26:46 | 00:57:00 |
| 332 | **TREFON-RADZIEJEWSKA Dominika** | **2551** | | K-30 | 00:00:43 | 00:28:45 | 00:57:01 |
| 333 | **KACZMARSKI Jacek** | **2189** | | M-30 | 00:01:13 | 00:27:58 | 00:57:02 |
| 334 | **MAJ Viktoria** | **2300** | | K-20 | 00:01:22 | 00:28:19 | 00:57:02 |
| 335 | **WITKOWSKA Natalia** | **2687** | | K-30 | 00:01:38 | 00:28:26 | 00:57:05 |
| 336 | **OLEARCZUK Grzegorz** | **2359** | | M-40 | 00:01:58 | 00:27:31 | 00:57:07 |
| 337 | **BUJNAROWSKA Barbara** | **2043** | | K-30 | 00:00:49 | 00:27:48 | 00:57:10 |
| 338 | **KLONEK-FRYŚ Sylwia** | **2211** | | K-30 | 00:00:49 | 00:27:48 | 00:57:10 |
| 339 | **MACHOCZEK Patryk** | **2296** | | M-30 | 00:01:44 | 00:28:46 | 00:57:10 |
| 340 | **KOWALSKA Karolina** | **2233** | | K-30 | 00:01:40 | 00:28:18 | 00:57:12 |
| 341 | **BARTELA Łukasz** | **2645** | | M-30 | 00:02:11 | 00:28:30 | 00:57:14 |
| 342 | **STANISZ Michał** | **2491** | | M-30 | 00:00:50 | 00:26:39 | 00:57:15 |
| 343 | **KOTLARSKA Anna** | **2227** | | K-40 | 00:01:10 | 00:29:55 | 00:57:15 |
| 344 | **DULĘBA Juliusz** | **2090** | | M-30 | 00:01:12 | 00:30:25 | 00:57:16 |
| 345 | **POLEWKA Beata** | **3138** | UKS KOMETA GLIWICE | K-40 | 00:00:39 | 00:28:10 | 00:57:18 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 346 | **GAWŁOWSKI Piotr** | **2119** | PKO BANK POLSKI | M-20 | 00:01:57 | 00:29:04 | 00:57:21 |
| 347 | **SIODŁAK-BLACHNIO Justyna** | **2461** | | K-40 | 00:00:29 | 00:27:33 | 00:57:26 |
| 348 | **GŁOWACKA Katarzyna** | **2125** | K2 | K-30 | 00:00:56 | 00:28:36 | 00:57:30 |
| 349 | **SZOŁTYSIK Marta** | **2522** | | K-30 | 00:00:37 | 00:27:39 | 00:57:33 |
| 350 | **LEŚNIEWSKI Mateusz** | **2276** | | M-30 | 00:00:40 | 00:28:30 | 00:57:33 |
| 351 | **KOWALCZYK Kamila** | **2232** | | K-30 | 00:00:40 | 00:28:30 | 00:57:35 |
| 352 | **ŚWIDER Tomasz** | **2540** | LARMO TEAM | M-40 | 00:02:05 | 00:28:52 | 00:57:35 |
| 353 | **BOREK Wojciech** | **2029** | | M-30 | 00:00:29 | 00:27:24 | 00:57:38 |
| 354 | **ZALESKI Arkadiusz** | **2608** | | M-40 | 00:01:29 | 00:27:07 | 00:57:38 |
| 355 | **SZCZEGÓLSKA Anna** | **2510** | | K-30 | 00:02:03 | 00:28:59 | 00:57:40 |
| 355 | **SZCZEGÓLSKI Jarosław** | **2511** | | M-40 | 00:02:03 | 00:28:59 | 00:57:40 |
| 357 | **STARCZAŁA Piotr** | **2494** | MEGAWAT RUNNING TEAM | M-40 | 00:01:19 | 00:28:27 | 00:57:41 |
| 358 | **KACZOROWSKI Grzegorz** | **2191** | | M-20 | 00:01:08 | 00:28:26 | 00:57:42 |
| 359 | **GRYCMAN Michał** | **2145** | PROPOINT | M-20 | 00:01:09 | 00:28:26 | 00:57:43 |
| 360 | **HERUD Sandra** | **2662** | | K-30 | 00:01:43 | 00:27:54 | 00:57:43 |
| 361 | **KURZYK Elżbieta** | **2264** | | K-30 | 00:00:15 | 00:29:06 | 00:57:51 |
| 362 | **SOBOLEWSKA Stefania** | **2483** | | K-40 | 00:01:07 | 00:28:26 | 00:57:52 |
| 363 | **KELLER Aneta** | **2202** | | K-30 | 00:00:15 | 00:27:09 | 00:57:53 |
| 364 | **PIERZCHAŁA Jacek** | **2394** | | M-40 | 00:00:41 | 00:29:01 | 00:57:57 |
| 365 | **ONOPIUK Natalia** | **2363** | | K-20 | 00:01:00 | 00:28:40 | 00:58:00 |
| 366 | **TABOR Andrzej** | **2543** | | M-30 | 00:01:59 | 00:28:08 | 00:58:08 |
| 367 | **KOŚLACZ Katarzyna** | **2226** | | K-40 | 00:01:36 | 00:29:27 | 00:58:09 |
| 368 | **LINDENBERG Jarosław** | **2282** | | M-30 | 00:01:23 | 00:27:26 | 00:58:17 |
| 369 | **STROJEK Agnieszka** | **2500** | | K-40 | 00:01:11 | 00:29:03 | 00:58:20 |
| 370 | **SAMOL Iwona** | **2449** | | K-40 | 00:00:54 | 00:28:50 | 00:58:22 |
| 371 | **WYPCHOŁ Piotr** | **2599** | | M-50 | 00:01:24 | 00:29:52 | 00:58:24 |
| 372 | **KOTOWSKI Piotr** | **2658** | | M-40 | 00:01:15 | 00:28:35 | 00:58:25 |
| 373 | **PACZKOWSKI Jacek** | **2375** | | M-40 | 00:01:22 | 00:28:41 | 00:58:25 |
| 374 | **GRYBOŚ Patrycja** | **2144** | | K-20 | 00:00:41 | 00:29:08 | 00:58:28 |
| 375 | **KORDECKI Bartosz** | **2225** | | M-40 | 00:01:50 | 00:28:44 | 00:58:30 |
| 376 | **MAJCZAK Wojciech** | **2302** | | M-30 | 00:00:15 | 00:28:18 | 00:58:31 |
| 377 | **PROKOP Iwona** | **2414** | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | K-40 | 00:00:37 | 00:29:03 | 00:58:31 |
| 378 | **MACHOŚ Adrianna** | **2685** | | K-20 | 00:00:14 | 00:27:07 | 00:58:32 |
| 379 | **ZAREMBA Tadeusz** | **2609** | STARY HANGAR | M-60 | 00:00:36 | 00:28:24 | 00:58:33 |
| 380 | **MALSKA- WYROZUMSKA Małgorzata** | **2306** | | K-30 | 00:01:40 | 00:28:18 | 00:58:34 |
| 381 | **FABIAN Katarzyna** | **2098** | | K-40 | 00:01:35 | 00:29:04 | 00:58:35 |
| 382 | **BRZEZIŃSKA Teresa** | **2040** | NIGHT RUNNERS GLIWICE | K-40 | 00:00:30 | 00:28:33 | 00:58:36 |
| 383 | **MIŁKOWSKI Andrzej** | **2327** | | M-60 | 00:00:25 | 00:28:33 | 00:58:50 |
| 384 | **FORYCIARZ Robert** | **2107** | | M-40 | 00:01:42 | 00:29:40 | 00:58:50 |
| 385 | **TATUŚ Sebastian** | **2544** | | M-40 | 00:01:12 | 00:29:02 | 00:58:53 |
| 386 | **PAWLIK Rafał** | **2386** | POBORSZÓW | M-20 | 00:01:13 | 00:28:41 | 00:58:56 |
| 387 | **SMUDA Grzegorz** | **2481** | AKMB PĘDZIWIATR GLIWICE | M-30 | 00:01:58 | 00:29:24 | 00:58:57 |
| 388 | **STRYSIK-KRĘŻEL Iwona** | **2501** | PROPOINT | K-30 | 00:01:00 | 00:28:48 | 00:59:00 |
| 389 | **RYBAK Andrzej** | **2441** | HIRSCHVOGEL | M-30 | 00:00:30 | 00:27:53 | 00:59:01 |
| 390 | **WEJNER Marcin** | **2568** | | M-40 | 00:01:54 | 00:28:49 | 00:59:01 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 391 | **BLAUT-KUBANEK Anna** | **2025** | | K-30 | 00:00:59 | 00:28:12 | 00:59:04 |
| 392 | **STRZELCZYK Grażyna** | **2502** | | K-30 | 00:00:13 | 00:29:20 | 00:59:05 |
| 393 | **CIOK Anna** | **2060** | | K-30 | 00:00:13 | 00:29:20 | 00:59:05 |
| 394 | **ŁADA Mirek** | **2293** | | M-40 | 00:01:59 | 00:29:02 | 00:59:07 |
| 395 | **ZDZIEBKO Artur** | **2615** | | M-40 | 00:01:41 | 00:29:21 | 00:59:15 |
| 396 | **ZDZIEBKO Jakub** | **2616** | | M-20 | 00:01:41 | 00:29:21 | 00:59:15 |
| 397 | **WLACH Anna** | **2581** | | K-40 | 00:01:44 | 00:30:11 | 00:59:16 |
| 398 | **BORYCZKA Dawid** | **2700** | NIGHT RUNNERS GLIWICE | M-20 | 00:01:44 | 00:30:11 | 00:59:16 |
| 399 | **FRANIA Andrzej** | **2109** | JUDO TEAM MASTERS GLIWICE | M-40 | 00:01:52 | 00:29:56 | 00:59:16 |
| 400 | **SLUZALEK Małgorzata** | **2474** | | K-40 | 00:00:45 | 00:28:42 | 00:59:17 |
| 401 | **PIÓRKOWSKI Tomasz** | **2402** | | M-40 | 00:00:45 | 00:28:42 | 00:59:17 |
| 402 | **KOWALSKI Włodzimierz** | **2234** | JUDO TEAM MASTERS GLIWICE | M-30 | 00:01:51 | 00:29:57 | 00:59:17 |
| 403 | **BRUDEK Grzegorz** | **2035** | | M-30 | 00:01:41 | 00:30:02 | 00:59:22 |
| 404 | **SOBEL Natalia** | **3142** | UKS KOMETA GLIWICE | K-20 | 00:00:12 | 00:28:41 | 00:59:25 |
| 405 | **MIECZNIKOWSKA Ida** | **2322** | | K-20 | 00:01:05 | 00:28:29 | 00:59:26 |
| 406 | **BANDURA Aleksandra** | **2005** | EUVIC | K-20 | 00:01:29 | 00:29:48 | 00:59:32 |
| 407 | **NIESLER Magdalena** | **2340** | NIGHT RUNNERS GLIWICE | K-30 | 00:02:04 | 00:29:44 | 00:59:33 |
| 408 | **SKWARA Katarzyna** | **2471** | HIRSCHVOGEL | K-30 | 00:00:51 | 00:29:27 | 00:59:35 |
| 409 | **DRGAS Małgorzata** | **2084** | | K-30 | 00:00:51 | 00:29:28 | 00:59:35 |
| 410 | **HILDEBRAND Justyna** | **2158** | | K-30 | 00:01:29 | 00:28:58 | 00:59:38 |
| 411 | **LESZKOVEN Piotr** | **2274** | FLUOR | M-40 | 00:01:23 | 00:30:15 | 00:59:39 |
| 412 | **ROJEK Michał** | **2433** | WKURW_TEAM | M-40 | 00:01:00 | 00:29:29 | 00:59:44 |
| 413 | **KOŁAK Alicja** | **2219** | | K-30 | 00:01:18 | 00:28:48 | 00:59:45 |
| 414 | **SKOCZYKŁODA Paweł** | **2463** | | M-30 | 00:01:30 | 00:29:04 | 00:59:50 |
| 415 | **WRÓBLEWSKA Magdalena** | **2689** | | K-40 | 00:00:37 | 00:28:54 | 00:59:53 |
| 416 | **MICZKA Łukasz** | **2320** | | M-30 | 00:01:11 | 00:28:38 | 00:59:54 |
| 417 | **MICZKA Justyna** | **2321** | | K-40 | 00:01:11 | 00:28:38 | 00:59:54 |
| 418 | **GRADZIŃSKI Artur** | **2138** | FLUOR | M-40 | 00:01:44 | 00:29:57 | 00:59:55 |
| 419 | **MALINOWSKI Przemysław** | **2305** | | M-40 | 00:00:27 | 00:29:28 | 00:59:58 |
| 420 | **PSIUK-MAKSYMOWICZ Krzysztof** | **2420** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | M-30 | 00:02:00 | 00:30:16 | 00:59:58 |
| 421 | **SKOTNICKI Michał** | **2642** | | M-30 | 00:00:26 | 00:29:09 | 01:00:05 |
| 422 | **KOZŁOWSKI Andrzej Jerzy** | **2241** | | M-60 | 00:00:55 | 00:29:05 | 01:00:07 |
| 423 | **MISZCZAK Kasia** | **2328** | EKIPA NA KIJACH | K-40 | 00:01:19 | 00:28:54 | 01:00:09 |
| 424 | **MAZUR Magda** | **2315** | | K-40 | 00:00:13 | 00:28:56 | 01:00:11 |
| 425 | **SKÓRA Joanna** | **2467** | | K-40 | 00:01:11 | 00:28:59 | 01:00:14 |
| 426 | **STANKIEWICZ Kamila** | **2493** | | K-20 | 00:01:47 | 00:29:30 | 01:00:19 |
| 427 | **WOŹNIACKI Tomasz** | **2590** | | M-20 | 00:01:47 | 00:29:28 | 01:00:19 |
| 428 | **GÓRA Marek** | **2132** | DRIV | M-50 | 00:00:08 | 00:30:01 | 01:00:24 |
| 429 | **DOLATA Magdalena** | **2078** | AVANTOR | K-30 | 00:01:29 | 00:30:10 | 01:00:26 |
| 430 | **ORLICKI Ireneusz** | **2368** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | M-30 | 00:00:45 | 00:30:07 | 01:00:28 |
| 431 | **MACIEJEWSKA SIWY Ela** | **2298** | | K-30 | 00:00:41 | 00:29:40 | 01:00:30 |
| 432 | **KARBOWNICZEK Dawid** | **2199** | | M-30 | 00:01:55 | 00:31:20 | 01:00:31 |
| 433 | **WACŁAWEK Tomek** | **2562** | | M-20 | 00:00:42 | 00:28:38 | 01:00:32 |
| 434 | **BARTŁOMIEJCZYK Sylwia** | **2009** | | K-30 | 00:01:30 | 00:30:09 | 01:00:32 |
| 435 | **NIWIŃSKI Michał** | **2344** | PKO BANK POLSKI | M-30 | 00:01:58 | 00:31:18 | 01:00:35 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 436 | **DACZYŃSKI Kajetan** | **2073** | | M-20 | 00:00:58 | 00:29:31 | 01:00:37 |
| 437 | **PANKIEWICZ Katarzyna** | **2379** | | K-40 | 00:00:58 | 00:29:31 | 01:00:38 |
| 438 | **GOWIK Agata** | **2129** | | K-20 | 00:00:53 | 00:29:06 | 01:00:39 |
| 439 | **OSTROWSKA Anna** | **2647** | | K-40 | 00:01:22 | 00:29:40 | 01:00:49 |
| 440 | **NARUSZEWICZ Krzysztof** | **2335** | | M-30 | 00:01:14 | 00:29:46 | 01:01:02 |
| 441 | **WÓJCIK Jakub** | **2593** | | M-30 | 00:00:00 | 00:30:00 | 01:01:05 |
| 442 | **ŁĄCKA Karolina** | **2696** | | K-30 | 00:00:47 | 00:30:41 | 01:01:08 |
| 443 | **HAŁAKUC Aleksandra** | **2151** | | K-20 | 00:01:39 | 00:30:01 | 01:01:17 |
| 444 | **ZNÓJ-MULARCZYK Teresa** | **2627** | BIEGNIJ LOLA BIEGNIJ | K-60 | 00:00:15 | 00:29:39 | 01:01:22 |
| 445 | **KOZIEŁ Łukasz** | **2239** | ING | M-30 | 00:01:35 | 00:30:45 | 01:01:22 |
| 446 | **OLSZOK Dawid** | **2362** | HIRSCHVOGEL | M-30 | 00:00:33 | 00:28:57 | 01:01:25 |
| 447 | **WITAŁA Rafał** | **2578** | | M-30 | 00:01:09 | 00:30:05 | 01:01:28 |
| 448 | **KLAKLA Henryk** | **2208** | ZF TEAM | M-30 | 00:00:56 | 00:28:22 | 01:01:29 |
| 449 | **NIEMIEC Rafał** | **2338** | INTERGRAFIK POLSKA | M-40 | 00:01:21 | 00:30:05 | 01:01:31 |
| 450 | **PALENGA Adrian** | **2378** | ZF TEAM | M-30 | 00:00:51 | 00:28:27 | 01:01:34 |
| 451 | **LUKOSZEK Weronika** | **2289** | | K-20 | 00:01:45 | 00:31:22 | 01:01:35 |
| 452 | **KNOPKA Michał** | **2644** | | M-30 | 00:02:12 | 00:30:55 | 01:01:40 |
| 453 | **GAJEWSKA Izabela** | **2113** | FRELKA | K-40 | 00:00:32 | 00:29:59 | 01:01:41 |
| 454 | **PAPROCKI Roman** | **2380** | | M-50 | 00:01:38 | 00:31:49 | 01:01:43 |
| 455 | **BAJKACZ Tomasz** | **2690** | | M-20 | 00:01:09 | 00:31:06 | 01:01:51 |
| 456 | **MALEŃKA Jolanta** | **2304** | OAT | K-40 | 00:00:19 | 00:29:53 | 01:01:58 |
| 457 | **STANGEL Michał** | **2648** | | M-40 | 00:00:32 | 00:30:18 | 01:01:59 |
| 458 | **NOWAK Ewa** | **2346** | | K-50 | 00:01:10 | 00:29:56 | 01:01:59 |
| 459 | **DROZD Krzysztof** | **2085** | | M-30 | 00:01:57 | 00:29:29 | 01:01:59 |
| 460 | **KAŁUSKA Magdalena** | **2194** | | K-30 | 00:00:15 | 00:30:53 | 01:02:03 |
| 461 | **LUDWIKOWSKA Paulina** | **2287** | JURASSIC RUNNERS | K-30 | 00:01:24 | 00:29:59 | 01:02:06 |
| 462 | **CHĘCIŃSKA Agnieszka** | **2049** | | K-40 | 00:01:30 | 00:30:15 | 01:02:08 |
| 463 | **SIKORSKA Katarzyna** | **2460** | POPKULTURA RELOKACYJNA W KATOWICACH | K-30 | 00:02:01 | 00:29:51 | 01:02:08 |
| 464 | **STANCHLY Jakub** | **2668** | | M-30 | 00:01:47 | 00:31:54 | 01:02:18 |
| 465 | **RUDKIEWICZ Aneta** | **2437** | LILA LOGISTIK | K-30 | 00:01:12 | 00:30:26 | 01:02:20 |
| 466 | **STRASSBERGER Katarzyna** | **2652** | | K-50 | 00:01:33 | 00:31:13 | 01:02:24 |
| 467 | **BOMASTYK Beata** | **2653** | | K-40 | 00:01:33 | 00:31:13 | 01:02:25 |
| 468 | **ONYSZKIEWICZ Iwona** | **2364** | | K-30 | 00:00:00 | | 01:02:29 |
| 469 | **WOŹNY Remigiusz** | **2591** | FLUOR | M-30 | 00:01:41 | 00:31:37 | 01:02:30 |
| 470 | **PAWLUS Marzena** | **2388** | | K-20 | 00:00:24 | 00:28:43 | 01:02:31 |
| 471 | **WERKOWSKI Marek** | **2569** | | M-40 | 00:00:41 | 00:29:05 | 01:02:31 |
| 472 | **KRYCZAŁO Paulina** | **2247** | | K-40 | 00:01:23 | 00:30:56 | 01:02:34 |
| 473 | **PORWOŁ Adam** | **2411** | | M-20 | 00:01:09 | 00:31:06 | 01:02:40 |
| 474 | **STACHOWSKA Aleksandra** | **2489** | | K-40 | 00:00:41 | 00:29:47 | 01:02:42 |
| 475 | **GÓRECKI Janusz** | **2135** | | M-50 | 00:01:06 | 00:30:40 | 01:02:48 |
| 476 | **GÓRECKA Weronika** | **2134** | | K-20 | 00:01:06 | 00:30:40 | 01:02:48 |
| 477 | **ŻYDAK Kamil** | **2633** | DRIV | M-30 | 00:01:50 | 00:29:24 | 01:02:50 |
| 478 | **HRYCYSZYN Julia** | **2162** | AVANTOR | K-30 | 00:01:02 | 00:30:37 | 01:02:56 |
| 479 | **KONIECZNY Agnieszka** | **2221** | | K-30 | 00:01:02 | 00:30:57 | 01:02:56 |
| 480 | **CICHY Agnieszka** | **2058** | | K-30 | 00:01:07 | 00:30:57 | 01:03:00 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 481 | **GRABYSZ Witold** | **2137** | | M-50 | 00:00:27 | 00:31:08 | 01:03:03 |
| 482 | **KACZYŃSKI Marek** | **2192** | MOSTOSTAL ZABRZE UNITED | M-30 | 00:00:26 | 00:31:07 | 01:03:04 |
| 483 | **KOZIBĄK Tomasz** | **2238** | FLUOR | M-30 | 00:01:24 | 00:30:20 | 01:03:06 |
| 484 | **JOOSTBERENS Aleksandra** | **2182** | FLUOR | K-20 | 00:01:41 | 00:31:37 | 01:03:06 |
| 485 | **KIJANKA Damian** | **2205** | HIRSCHVOGEL COMPONENTS POLAND | M-30 | 00:00:37 | 00:32:16 | 01:03:11 |
| 486 | **STASZEWSKA Marzena** | **845** | PKO BANK POLSKI/ INŻYNIERIA BIEGANIA | K-30 | 00:01:17 | 00:28:12 | 01:03:13 |
| 487 | **KOJ Krzysztof** | **2217** | PPP GLIWICE | M-30 | 00:01:54 | 00:31:38 | 01:03:15 |
| 488 | **LENARTH Aleksandra** | **2273** | | K-30 | 00:00:22 | 00:30:44 | 01:03:21 |
| 489 | **KAPTACZ Magdalena** | **2198** | | K-40 | 00:01:02 | 00:30:30 | 01:03:25 |
| 490 | **BAL-BURZAWA Renata** | **2639** | HIRSCHVOGEL | K-40 | 00:00:17 | 00:33:03 | 01:03:26 |
| 491 | **PRZYGOCKI Robert** | **2418** | | M-40 | 00:00:34 | 00:29:50 | 01:03:26 |
| 492 | **BISZ Magdalena** | **2023** | | K-30 | 00:00:22 | 00:30:45 | 01:03:30 |
| 493 | **BILNICKA Paulina** | **2022** | FLUOR | K-20 | 00:01:58 | 00:31:44 | 01:03:34 |
| 494 | **HOLIK Marek** | **2160** | | M-40 | 00:01:53 | 00:29:43 | 01:03:50 |
| 495 | **CHOLEWA Magdalena** | **2052** | | K-40 | 00:00:22 | 00:30:38 | 01:03:53 |
| 496 | **KOPEĆ Marek** | **2673** | | M-40 | 00:01:23 | 00:30:08 | 01:04:03 |
| 497 | **KUBICA Bożena** | **2252** | ZABIEGANI NAUCZYCIELE | K-50 | 00:00:40 | 00:31:10 | 01:04:04 |
| 498 | **BEM Andrzej** | **2015** | OAT | M-50 | 00:00:20 | 00:30:30 | 01:04:05 |
| 499 | **PIENIAK Karolina** | **2393** | | K-20 | 00:00:25 | 00:30:47 | 01:04:05 |
| 500 | **CIESZYŃSKI Marek** | **2692** | | M-60 | 00:01:25 | 00:31:30 | 01:04:05 |
| 501 | **GIERCZYCKI Michał** | **2123** | | M-30 | 00:01:21 | 00:32:35 | 01:04:06 |
| 502 | **MICHAŁUSZEK Dorota** | **2318** | BIEG - UNKA | K-30 | 00:01:51 | 00:32:24 | 01:04:08 |
| 503 | **JUROWICZ Damian** | **2184** | | M-20 | 00:00:46 | 00:31:22 | 01:04:26 |
| 504 | **KRYSKA Aleksandra** | **2248** | | K-40 | 00:01:24 | 00:31:44 | 01:04:26 |
| 505 | **MICHALEK Lukasz** | **2316** | | M-30 | 00:01:55 | 00:31:20 | 01:04:29 |
| 506 | **KACZMAREK Katarzyna** | **2187** | SRTG GLIWICE | K-40 | 00:00:19 | 00:35:33 | 01:04:30 |
| 507 | **ZIEMBIŃSKA- BUCZYŃSKA Aleksandra** | **2621** | COMPANEROS ASFALT TEAM | K-30 | 00:01:31 | 00:31:35 | 01:04:30 |
| 508 | **ORLICKA Marlena** | **2367** | POLITECHNIKA ŚLĄSKA SPORT WSPIERA(MY) NAUKOWO | K-30 | 00:00:45 | 00:33:05 | 01:04:36 |
| 509 | **ŚWIETLIK Joanna** | **2541** | | K-30 | 00:01:10 | 00:30:57 | 01:04:36 |
| 510 | **ŻEROMSKI Stefan** | **2651** | | M-50 | 00:02:09 | 00:32:27 | 01:04:38 |
| 511 | **GRZONKA Małgorzata** | **2148** | | K-20 | 00:01:38 | 00:32:05 | 01:04:42 |
| 512 | **FOREMSKI Paweł** | **2105** | RZ 3,21 | M-30 | 00:01:25 | 00:29:28 | 01:04:44 |
| 513 | **RATKA Dawid** | **2423** | | M-30 | 00:00:46 | 00:30:33 | 01:04:54 |
| 514 | **SKRZYPEK Wiola** | **2468** | #BIEGACZE | K-20 | 00:01:05 | 00:30:44 | 01:04:58 |
| 515 | **TIMOFIEJCZUK Anna** | **2660** | | K-40 | 00:01:20 | 00:32:30 | 01:04:59 |
| 516 | **POPIÓŁ Izabela** | **3074** | | K-30 | 00:00:22 | 00:31:47 | 01:05:11 |
| 517 | **SZRAJBER Elżbieta** | **2525** | | K-30 | 00:01:36 | 00:29:56 | 01:05:17 |
| 518 | **GILLNER Rafał** | **2124** | | M-40 | 00:02:01 | 00:32:04 | 01:05:18 |
| 519 | **KRUCZYŃSKI Paweł** | **2670** | OTK RZEŹNIK | M-20 | 00:01:27 | 00:31:45 | 01:05:30 |
| 520 | **SOWA Ireneusz** | **2487** | SOWA TEAM | M-40 | 00:01:42 | 00:32:19 | 01:05:30 |
| 521 | **KOPEĆ-BRUDEK Magdalena** | **2224** | | K-30 | 00:01:40 | 00:33:04 | 01:05:46 |
| 522 | **MAJ Małgorzata** | **2301** | MOSTOSTAL ZABRZE UNITED | K-40 | 00:00:57 | 00:32:31 | 01:05:48 |
| 523 | **REJNAT Agata** | **2426** | | K-20 | 00:00:22 | 00:32:01 | 01:05:54 |
| 524 | **ZIMNY Marcin** | **2623** | | M-30 | 00:01:26 | 00:31:16 | 01:05:54 |
| 525 | **ZAJĄC Ewa** | **2605** | RCU UBEZPIECZENIA CIESZANÓW | K-40 | 00:01:50 | 00:31:59 | 01:05:55 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 526 | **LITWIN-BUCKA Dorota** | **2285** | | K-40 | 00:02:08 | 00:32:38 | 01:06:02 |
| 527 | **ZAWISZA Julia** | **2613** | | K-20 | 00:00:39 | 00:31:57 | 01:06:06 |
| 528 | **MIGDAŁ Grzegorz** | **2325** | | M-40 | 00:01:58 | 00:32:09 | 01:06:14 |
| 529 | **MIGDAŁ Iwona** | **2324** | | K-40 | 00:01:57 | 00:32:10 | 01:06:15 |
| 530 | **WALCZYK Joanna** | **2563** | PWC SERVICE DELIVERY CENTER | K-20 | 00:01:21 | 00:33:29 | 01:06:16 |
| 531 | **WÓJCIK Agnieszka** | **2594** | | K-20 | 00:01:21 | 00:33:29 | 01:06:16 |
| 532 | **TOKARZ Dominik** | **2547** | ENERGY OŚWIĘCIM | M-40 | 00:00:19 | 00:32:36 | 01:06:20 |
| 533 | **PŁOSKONKA Tomasz** | **2404** | | M-30 | 00:00:37 | 00:32:06 | 01:06:27 |
| 534 | **OSIŃSKI Krzysztof** | **2369** | DTIQ POLAND | M-40 | 00:01:43 | 00:32:43 | 01:06:28 |
| 535 | **REWERS Marzena** | **2427** | | K-40 | 00:00:35 | 00:32:09 | 01:06:29 |
| 536 | **JACHYMOWSKA Dominika** | **2166** | | K-30 | 00:02:09 | 00:32:08 | 01:06:42 |
| 537 | **JANOSZKA Izabela** | **2171** | HIRSCHVOGEL | K-20 | 00:00:49 | 00:31:47 | 01:06:45 |
| 538 | **OSOWSKA Katarzyna** | **2693** | | K-40 | 00:02:05 | 00:32:18 | 01:06:51 |
| 539 | **KAŹMIERCZAK-BAŁATA Anna** | **2201** | | K-40 | 00:00:43 | 00:33:07 | 01:06:52 |
| 540 | **KUCZERA-KULAGA Magdalenakulaga** | **2253** | | K-40 | 00:01:51 | 00:32:35 | 01:06:58 |
| 540 | **BRIANSKA-KORDECKA Aleksandra** | **2032** | | K-30 | 00:01:52 | 00:32:34 | 01:07:00 |
| 542 | **JUSZCZAK Ewa** | **2185** | | K-50 | 00:01:07 | 00:32:39 | 01:07:01 |
| 543 | **KOBIERSKA-SLADEK Anna** | **2214** | | K-30 | 00:01:03 | 00:33:00 | 01:07:14 |
| 544 | **BENTKOWSKI Lesław** | **2016** | DIRTY SPARROWS | M-60 | 00:00:16 | 00:33:26 | 01:07:29 |
| 545 | **PAWLIK Michał** | **2385** | | M-30 | 00:01:11 | 00:31:25 | 01:07:33 |
| 546 | **SUPIŃSKA Beata** | **2508** | ELZAB ACTIVE TEAM | K-40 | 00:00:05 | 00:32:42 | 01:07:38 |
| 547 | **KAŁUŻYŃSKA Mariola** | **2195** | | K-20 | 00:00:21 | 00:32:40 | 01:07:41 |
| 548 | **STRANCZYK Anna** | **2498** | FLUOR | K-30 | 00:01:20 | 00:33:07 | 01:07:46 |
| 549 | **WILCZEK Magdalena** | **2574** | FLUOR | K-40 | 00:01:41 | 00:32:11 | 01:07:47 |
| 550 | **OLSZEWSKA Izabela** | **2688** | OLSZAKTEAM | K-30 | 00:01:46 | 00:32:23 | 01:08:09 |
| 551 | **PAJĄK Dorota** | **2377** | | K-30 | 00:01:02 | 00:31:36 | 01:08:25 |
| 552 | **BRODIUK Norbert** | **70** | NIGHT RUNNERS GLIWICE | M-40 | 00:00:58 | 00:31:58 | 01:08:28 |
| 553 | **MACHERA Katarzyna** | **2295** | | K-20 | 00:01:17 | 00:33:26 | 01:08:37 |
| 554 | **JASTO Sławomir** | **2176** | | M-40 | 00:01:02 | 00:33:59 | 01:08:48 |
| 555 | **GALICZEK Bronisław** | **2114** | OPEL ACTIVE TEAM | M-50 | 00:01:25 | 00:33:59 | 01:08:50 |
| 556 | **GALICZEK Lidia** | **2115** | OPEL ACTIVE TEAM | K-50 | 00:01:25 | 00:33:59 | 01:08:50 |
| 557 | **STUCHLIK Izabela** | **2504** | | K-40 | 00:00:38 | 00:33:45 | 01:08:53 |
| 558 | **CHWALISZEWSKA Agnieszka** | **107** | | K-40 | 00:00:51 | 00:32:57 | 01:08:57 |
| 559 | **RAŁ Zdzisława** | **2422** | | K-40 | 00:01:10 | 00:32:38 | 01:08:57 |
| 560 | **HRYSZKIEWICZ Barbara** | **2163** | FIS-SST TEAM | K-40 | 00:01:52 | 00:33:21 | 01:08:57 |
| 561 | **GROSS Teresa** | **2141** | | K-40 | 00:01:52 | 00:33:21 | 01:08:57 |
| 562 | **KLAJMON Joanna** | **2207** | | K-40 | 00:01:56 | 00:33:33 | 01:09:00 |
| 563 | **SALAMON Dawid** | **2446** | | M-30 | 00:00:37 | 00:32:16 | 01:09:05 |
| 564 | **MIKOŁAJCZYK Michał** | **2326** | | M-30 | 00:01:53 | 00:32:43 | 01:09:38 |
| 565 | **LYSZCZYK Patrycja** | **2292** | | K-20 | 00:01:30 | 00:32:36 | 01:09:57 |
| 566 | **GROS Michał** | **2140** | | M-20 | 00:00:18 | 00:32:16 | 01:09:58 |
| 567 | **KOŃCZAK ŁABAS Magdalena** | **2223** | HURAGAN LIGOTA | K-40 | 00:01:05 | 00:35:51 | 01:10:02 |
| 568 | **WYSOCZAŃSKI Andrzej** | **989** | | M-30 | 00:01:56 | 00:28:51 | 01:10:04 |
| 569 | **KOCHANEK Aleksandra** | **388** | | K-40 | 00:02:03 | 00:36:12 | 01:10:04 |
| 570 | **PROKOPOWICZ Anna** | **2417** | | K-30 | 00:01:38 | 00:33:20 | 01:10:12 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 571 | **KOZACZKIEWICZ Helena** | **2237** | | K-60 | 00:00:26 | 00:33:50 | 01:10:16 |
| 572 | **WOJTUKIEWICZ Justyna** | **2589** | | K-30 | 00:00:26 | 00:33:52 | 01:10:33 |
| 573 | **POPKO Iwona** | **2408** | | K-30 | 00:00:59 | 00:34:12 | 01:10:45 |
| 574 | **CEBULA Wojciech** | **2046** | | M-60 | 00:02:07 | 00:32:22 | 01:10:50 |
| 575 | **NIEUŻYŁA Marta** | **2342** | | K-30 | 00:00:59 | 00:34:57 | 01:11:06 |
| 576 | **BRYCHLEC-WOŹNIAK Justyna** | **2036** | | K-30 | 00:01:43 | 00:34:08 | 01:11:13 |
| 577 | **BRYCHLEC Renata** | **2037** | SZARE MORSY | K-50 | 00:01:43 | 00:34:07 | 01:11:13 |
| 578 | **KOŁODZIEJCZAK Dominika** | **2220** | | K-20 | 00:00:41 | 00:34:00 | 01:11:19 |
| 579 | **BURKACKA Eliza** | **2045** | | K-30 | 00:02:04 | 00:35:10 | 01:11:19 |
| 580 | **RODEK-NOWAK Magdalena** | **2429** | | K-30 | 00:00:38 | 00:34:04 | 01:11:37 |
| 581 | **HANULA Bartłomiej** | **2153** | | M-20 | 00:02:05 | 00:34:50 | 01:11:41 |
| 582 | **NOGIEĆ Jakub** | **2345** | PROPOINT | M-20 | 00:00:22 | 00:32:02 | 01:11:45 |
| 583 | **SZYSZKA Bożena** | **2538** | | K-30 | 00:01:24 | 00:33:47 | 01:12:12 |
| 584 | **BRATEK Maja** | **2669** | OTK RZEŹNIK | K-20 | 00:01:27 | 00:33:55 | 01:12:17 |
| 585 | **DROŻDŻ Michał** | **2087** | RYWAL GLIWICE | M-30 | 00:02:00 | 00:34:07 | 01:12:21 |
| 585 | **DROŻDŻ Alicja** | **2086** | | K-30 | 00:01:59 | 00:34:09 | 01:12:22 |
| 587 | **BIENIEK Bozena** | **2020** | | K-30 | 00:00:59 | 00:34:15 | 01:12:31 |
| 588 | **MOCZULSKI Wojciech** | **2659** | | M-60 | 00:01:20 | 00:35:12 | 01:12:31 |
| 589 | **PAWLICZEK Łukasz** | **2384** | | M-30 | 00:01:36 | 00:34:34 | 01:12:31 |
| 590 | **ZIĘTEK Anna** | **2622** | DRIV | K-30 | 00:01:35 | 00:34:35 | 01:12:32 |
| 591 | **KOCHANEK Jarosław** | **2215** | MOMO TEAM | M-40 | 00:02:03 | 00:37:29 | 01:12:41 |
| 592 | **BIEŃKOWSKA Maria** | **2021** | | K-30 | 00:02:05 | 00:36:07 | 01:12:48 |
| 593 | **FRANCZYK Kinga** | **2108** | | K-40 | 00:02:00 | 00:33:49 | 01:12:51 |
| 594 | **JAKSIK Monika** | **2167** | | K-40 | 00:02:00 | 00:33:48 | 01:12:51 |
| 595 | **ROGÓŻ Sonia** | **2430** | | K-40 | 00:01:57 | 00:34:44 | 01:12:57 |
| 596 | **ROGÓŻ Marcin** | **2431** | | M-50 | 00:01:57 | 00:34:42 | 01:12:57 |
| 597 | **ŻELEZNY Tomasz** | **2631** | | M-30 | 00:02:01 | 00:33:28 | 01:13:07 |
| 598 | **SZENDZIELORZ Marek** | **2518** | | M-40 | 00:00:35 | 00:34:53 | 01:13:08 |
| 599 | **FRYDRYCH Przemysław** | **2110** | | M-30 | 00:00:35 | 00:34:53 | 01:13:08 |
| 600 | **JAŚNIEWICZ Sandra** | **2180** | DECATHLON&PRZYJACIELE | K-20 | 00:00:21 | 00:34:54 | 01:13:16 |
| 601 | **ZIOŁKOWSKA Basia** | **2624** | LARMO TEAM | K-40 | 00:02:04 | 00:34:08 | 01:13:21 |
| 602 | **JANAS-SUCHON Agata** | **2169** | | K-20 | 00:02:04 | 00:35:10 | 01:14:01 |
| 603 | **GABOR Aleksandra** | **2111** | | K-30 | 00:01:48 | 00:36:39 | 01:14:18 |
| 604 | **WRONA Barbara** | **2596** | | K-30 | 00:02:08 | 00:36:33 | 01:14:49 |
| 605 | **SITARZ Joanna** | **2462** | | K-20 | 00:01:25 | 00:34:56 | 01:14:52 |
| 606 | **KONOPACKA Krystyna** | **2222** | | K-60 | 00:00:59 | 00:34:50 | 01:14:56 |
| 607 | **LASAK Monika** | **2267** | | K-30 | 00:01:27 | 00:39:25 | 01:15:14 |
| 608 | **KOWALCZYK Angelika** | **2231** | | K-30 | 00:01:27 | 00:39:25 | 01:15:14 |
| 609 | **PAWŁOWSKA Katarzyna** | **2389** | | K-30 | 00:01:27 | 00:39:25 | 01:15:14 |
| 610 | **SMOLARSKA Paulina** | **2480** | | K-30 | 00:01:40 | 00:36:24 | 01:15:47 |
| 611 | **KLOC Sabina** | **2210** | STG GLIWICE | K-20 | 00:00:18 | 00:35:36 | 01:16:05 |
| 612 | **CZULUK Gosia** | **2071** | | K-30 | 00:02:05 | 00:36:13 | 01:17:05 |
| 613 | **GORAJ-ZAJĄC Aleksandra** | **2699** | NIGHT RUNNERS GLIWICE | K-40 | 00:00:06 | 00:38:09 | 01:17:45 |
| 614 | **URBANIAK Anna** | **2557** | | K-40 | 00:01:10 | 00:38:36 | 01:19:36 |
| 615 | **NĘDZA Ryszard** | **2336** | HIRSCHVOGEL | M-50 | 00:00:34 | 00:38:02 | 01:20:08 |

| Msc | Zawodnik | Numer | Klub | Kategoria | Czas startu | 5_15_km 5km | 20_km 10km |
|---|---|---|---|---|---|---|---|
| 616 | **DUNAJ Łukasz** | **2091** | HIRSCHVOGEL | M-30 | 00:00:34 | 00:38:03 | 01:20:08 |
| 617 | **STELMASZCZUK Damian** | **2496** | | M-40 | 00:00:11 | 00:40:07 | 01:25:28 |
| 618 | **KULIG Maciej** | **2257** | | M-30 | 00:01:54 | 00:42:10 | 01:28:04 |
| 619 | **JUSZCZAK - WIŚNIEWSKA Agata** | **2186** | | K-30 | 00:01:59 | 00:44:00 | 01:30:26 |
| 620 | **ŻOCHOWSKI Mirosław** | **3127** | | M-50 | 00:00:00 | 00:41:50 | 01:33:26 |
| 621 | **REITER Hanna** | **2424** | SLOW JOGGING GLIWICE | K-40 | 00:01:55 | 00:46:22 | 01:34:20 |
| 622 | **REITER Dominika** | **2425** | SLOW JOGGING GLIWICE | K-20 | 00:01:55 | 00:46:22 | 01:34:20 |
| 623 | **ĆWIK Paweł** | **2072** | | M-50 | 00:01:08 | 00:28:04 | 01:53:31 |
| 624 | **ŻOCHOWSKA Liliana** | **3128** | | K-40 | 00:00:00 | 00:41:58 | |
| 625 | **DOMAN Łukasz** | **2079** | SOCIOS SILESIA | M-40 | 00:00:43 | | |

Znaleziono 625 wynik(ów)