GOLDEN MOUNTAINS TRAIL - 33 KM

Wydarzenie: Dolnośląski Festiwal Biegów Górskich
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-07-14
Miejsce: Lądek-Zdrój
Dystans: 33 km

Klasyfikacja: Senior II K - 30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Lądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	**GARGAS Ewa**	**6186**	TEAM PRZEDWOJEWSKI	Senior II K - 30	1	00:00:22	01:04:43	01:53:01	02:46:09	**03:48:36.15**	**03:48:36.15**		6:55	8.7 (100%)
2	**STACHURSKA Ilona**	**6505**	KUGUAR XTREME RUNNERS	Senior II K - 30	2		01:05:09	01:57:05	02:47:31	**03:54:38.55**	**03:54:38.55**	+00:06:02 (2.6%)	7:06	8.4 (96.6%)
3	**WALCZAK Adela**	**6112**	TRAIL IS OUR WAY TEAM	Senior II K - 30	3	00:00:08	01:10:06	02:05:54	02:57:42	**03:59:15.60**	**03:59:15.60**	+00:10:39 (4.5%)	7:15	8.3 (95.4%)
4	**SZOSTAK Anna**	**6277**	UKS OLIMPIA ZABRZE	Senior II K - 30	4	00:00:06	01:12:34	02:04:29	03:03:00	**04:11:04.70**	**04:11:04.70**	+00:22:28 (9.0%)	7:36	7.9 (90.8%)
5	**GÓRNA Anita**	**6312**	LPP TEAM	Senior II K - 30	5	00:00:03	01:10:08	02:02:55	03:08:17	**04:12:01.80**	**04:12:01.80**	+00:23:25 (9.3%)	7:38	7.9 (90.8%)
6	**ŻYCHSKA Anna**	**6512**		Senior II K - 30	6	00:00:08	01:05:35	01:57:12	03:01:19	**04:13:29.15**	**04:13:29.15**	+00:24:53 (9.8%)	7:40	7.8 (89.7%)
7	**BIAŁA Weronika**	**6268**		Senior II K - 30	7	00:00:22	01:10:25	02:03:54	03:04:41	**04:14:22.95**	**04:14:22.95**	+00:25:46 (10.1%)	7:42	7.8 (89.7%)
8	**PACIOREK Ewa**	**6445**	KOBIETA BIEGA	Senior II K - 30	8		01:09:35	02:03:43	03:07:01	**04:14:25.20**	**04:14:25.20**	+00:25:49 (10.1%)	7:42	7.8 (89.7%)
9	**PLEWA Katarzyna**	**6204**		Senior II K - 30	9	00:00:08	01:07:53	02:01:24	03:05:19	**04:15:46.90**	**04:15:46.90**	+00:27:10 (10.6%)	7:45	7.7 (88.5%)
10	**FRYCA Karolina**	**6530**		Senior II K - 30	10	00:00:05	01:10:46	02:04:54	03:09:43	**04:16:56.50**	**04:16:56.50**	+00:28:20 (11.0%)	7:47	7.7 (88.5%)
11	**WINNIK Ela**	**6295**		Senior II K - 30	11	00:00:09	01:10:56	02:03:00	03:08:54	**04:19:11.30**	**04:19:11.30**	+00:30:35 (11.8%)	7:51	7.6 (87.4%)
12	**RUDOLFOVÁ Tereza**	**6458**	TEAM BLACK HILL/ LAWI /MONTURA	Senior II K - 30	12	00:00:02	01:40:32	02:26:41	03:23:08	**04:21:54.25**	**04:21:54.25**	+00:33:18 (12.7%)	7:56	7.6 (87.4%)
13	**DEMUSZ Natalia**	**6122**		Senior II K - 30	13	00:01:06	01:14:30		03:11:56	**04:23:11.85**	**04:23:11.85**	+00:34:35 (13.1%)	7:58	7.5 (86.2%)
14	**WÓJCIK Karolina**	**6523**		Senior II K - 30	14	00:00:08	01:12:49	02:08:19	03:11:58	**04:23:40.50**	**04:23:40.50**	+00:35:04 (13.3%)	7:59	7.5 (86.2%)
15	**CĄKAŁA Zuzanna**	**6301**	ZAŁOGA GÓRSKA	Senior II K - 30	15	00:01:03	01:07:58	01:56:48	03:20:15	**04:34:42.00**	**04:34:42.00**	+00:46:05 (16.8%)	8:19	7.2 (82.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Lądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
16	**GUZIK Joanna**	**6207**	NKB CHYŻY NOWY TOMYŚL	Senior II K - 30	16	00:00:01	01:10:36	02:09:01	03:22:40	**04:37:22.35**	**04:37:22.35**	+00:48:46 (17.6%)	8:24	7.1 (81.6%)
17	**KRUPIŃSKA Andżelika**	**6189**	AKTYWNI RAZEM/ BIEGAJĄCE KREJZOLE	Senior II K - 30	17	00:00:17	01:13:39	02:12:11	03:22:05	**04:38:25.20**	**04:38:25.20**	+00:49:49 (17.9%)	8:26	7.1 (81.6%)
18	**KARPIŃSKA Barbara**	**6383**	RUNNERS TEAM NYSA	Senior II K - 30	18	00:00:30	01:19:32		03:26:13	**04:40:32.05**	**04:40:32.05**	+00:51:55 (18.5%)	8:30	7.1 (81.6%)
19	**WALKOWIAK Dominika**	**6381**	#BIEGAJLESZNO	Senior II K - 30	19	00:00:56	01:26:55		03:39:22	**04:58:56.75**	**04:58:56.75**	+01:10:20 (23.5%)	9:03	6.6 (75.9%)
20	**DROŻYŃSKA Iwona**	**6094**	LUCEK PAZUR TEAM	Senior II K - 30	20	00:00:44	01:25:18		03:47:21	**04:59:50.30**	**04:59:50.30**	+01:11:14 (23.8%)	9:05	6.6 (75.9%)
21	**SZAL Małgorzata**	**6453**	TENIS CENTRUM AS	Senior II K - 30	21	00:01:07	01:29:06		03:49:14	**05:03:30.95**	**05:03:30.95**	+01:14:54 (24.7%)	9:11	6.5 (74.7%)
22	**JAGŁA Ewelina**	**6141**		Senior II K - 30	22	00:01:01	01:29:40		03:48:04	**05:04:23.50**	**05:04:23.50**	+01:15:47 (24.9%)	9:13	6.5 (74.7%)
23	**PAWLUK Anna**	**6205**	WAWRZYNTEAM	Senior II K - 30	23	00:00:29	01:24:15		03:48:04	**05:05:39.70**	**05:05:39.70**	+01:17:03 (25.2%)	9:15	6.5 (74.7%)
24	**ŻYLIŃSKA Agnieszka**	**6526**	555	Senior II K - 30	24	00:00:54	01:28:51	02:29:53	03:51:06	**05:08:43.90**	**05:08:43.90**	+01:20:07 (26.0%)	9:21	6.4 (73.6%)
25	**ZAJKOWSKA Ewa**	**6131**	VEGE RUNNERS	Senior II K - 30	25	00:01:14	01:29:26	02:32:23	03:48:48	**05:09:45.00**	**05:09:45.00**	+01:21:08 (26.2%)	9:23	6.4 (73.6%)
26	**ROBAKOWSKA Joanna**	**6190**	NIGHT RUNNERS	Senior II K - 30	26	00:00:51	01:31:24	02:36:15	03:55:31	**05:16:34.35**	**05:16:34.35**	+01:27:58 (27.8%)	9:35	6.3 (72.4%)
27	**ZIELEŃ-PUSZCZECKA Marta**	**6444**		Senior II K - 30	27	00:00:55	01:32:36	02:39:07	03:56:29	**05:16:34.45**	**05:16:34.45**	+01:27:58 (27.8%)	9:35	6.3 (72.4%)
28	**OCZKOWICZ Beata**	**6304**	MOCNA GRUPA CEZARA	Senior II K - 30	28	00:01:03	01:34:01	02:41:38	03:57:30	**05:17:38.55**	**05:17:38.55**	+01:29:02 (28.0%)	9:37	6.2 (71.3%)
29	**KĘDZIORA Alicja**	**6481**		Senior II K - 30	29	00:00:17	01:31:28		03:57:15	**05:18:37.85**	**05:18:37.85**	+01:30:01 (28.3%)	9:39	6.2 (71.3%)
30	**MATKOWSKA Martyna**	**6441**		Senior II K - 30	30	00:01:14	01:29:26	02:32:19	03:48:49	**05:19:21.20**	**05:19:21.20**	+01:30:45 (28.4%)	9:40	6.2 (71.3%)
31	**MAKOWCZYNSKA Agata**	**6493**	OBORYGENI	Senior II K - 30	31	00:01:14	01:33:54	02:41:32	04:01:33	**05:28:16.05**	**05:28:16.05**	+01:39:39 (30.4%)	9:56	6 (69.0%)
32	**WILCZEK Małgorzata**	**6233**	RAJSPORT ACTIVE	Senior II K - 30	32	00:00:57	01:36:19	02:44:10	04:04:47	**05:30:34.05**	**05:30:34.05**	+01:41:57 (30.8%)	10:01	6 (69.0%)
33	**ANUSZ Roksana**	**6430**		Senior II K - 30	33	00:00:30	01:31:01		04:01:46	**05:31:57.20**	**05:31:57.20**	+01:43:21 (31.1%)	10:03	6 (69.0%)
34	**JAKUBOWSKA Kamila**	**6262**	KB GEPARD MUROWANA GOŚLINA	Senior II K - 30	34	00:00:30	01:27:28	02:38:45	04:01:46	**05:35:23.85**	**05:35:23.85**	+01:46:47 (31.8%)	10:09	5.9 (67.8%)
35	**PATELSKA Katarzyna**	**6422**		Senior II K - 30	35	00:00:30	01:27:28	02:38:55	04:01:51	**05:35:31.95**	**05:35:31.95**	+01:46:55 (31.9%)	10:10	5.9 (67.8%)
36	**ŁYSIAK Kasia**	**6282**		Senior II K - 30	36	00:00:18	01:33:52	02:44:04	04:11:20	**05:44:33.75**	**05:44:33.75**	+01:55:57 (33.7%)	10:26	5.7 (65.5%)
37	**CEBULAK Katarzyna**	**6259**	GOGOKLUB	Senior II K - 30	37	00:00:13	01:31:20	02:46:41	04:13:19	**05:49:35.80**	**05:49:35.80**	+02:00:59 (34.6%)	10:35	5.7 (65.5%)
38	**CIEŚLA-NIECHWIADOWICZ Aneta**	**6456**		Senior II K - 30	38	00:01:00	01:42:48		04:20:04	**05:50:10.95**	**05:50:10.95**	+02:01:34 (34.7%)	10:36	5.7 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start Lądek 0.01km	A1 9km	Czernica 14km	D1 24km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
39	**JADASZ Anna**	**6297**	GOGOLIN BIEGA	Senior II K - 30	39	00:00:55	01:29:42	02:35:11	04:19:27	**05:53:00.90**	**05:53:00.90**	+02:04:24 (35.2%)	10:41	5.6 (64.4%)
40	**SŁODKIEWICZ Dagmara**	**6229**	KNEIPPTEAM	Senior II K - 30	40	00:00:55	01:29:24	02:41:55	04:15:04	**05:53:44.35**	**05:53:44.35**	+02:05:08 (35.4%)	10:43	5.6 (64.4%)
41	**MIKOŁAJEWSKA Zofia**	**6019**	ORT	Senior II K - 30	41	00:00:10	01:30:43	02:55:44	04:22:24	**05:55:32.10**	**05:55:32.10**	+02:06:55 (35.7%)	10:46	5.6 (64.4%)
42	**ADAMCZAK Joanna**	**6255**	KB SZAMOTUŁY	Senior II K - 30	42	00:00:56	01:34:18		04:27:27	**06:08:49.75**	**06:08:49.75**	+02:20:13 (38.0%)	11:10	5.4 (62.1%)
43	**JANSON Marleen**	**6374**	LEIDEN ATLETIEK	Senior II K - 30	43	00:00:49	01:49:53	03:01:42	04:31:00	**06:09:04.80**	**06:09:04.80**	+02:20:28 (38.1%)	11:11	5.4 (62.1%)
44	**ŁUŻNY Agnieszka**	**6070**		Senior II K - 30	44	00:00:17	01:38:22	03:00:25	04:30:28	**06:11:39.80**	**06:11:39.80**	+02:23:03 (38.5%)	11:15	5.3 (60.9%)
45	**BEKAS Paulina**	**6005**	NIGHT RUNNER	Senior II K - 30	45	00:01:04	01:45:06	03:06:11	04:41:55	**06:25:38.90**	**06:25:38.90**	+02:37:02 (40.7%)	11:41	5.1 (58.6%)
46	**KRUPIŃSKA Paulina**	**6461**		Senior II K - 30	46	00:00:39	01:40:56	03:11:08	04:51:05	**06:37:06.10**	**06:37:06.10**	+02:48:29 (42.4%)	12:02	5 (57.5%)
47	**ŚCIUBA Anita**	**6272**	AMATORUNKA	Senior II K - 30	47	00:01:11	01:52:20	03:12:41	04:54:06	**06:42:41.25**	**06:42:41.25**	+02:54:05 (43.2%)	12:12	4.9 (56.3%)
48	**GŁÓWKA Barbara**	**6284**		Senior II K - 30	48	00:01:09	01:40:55	03:30:13		**06:45:02.10**	**06:45:02.10**	+02:56:25 (43.6%)	12:16	4.9 (56.3%)
49	**GŁUCHOWSKA Ewelina**	**6215**		Senior II K - 30	49	00:01:09	01:40:57	03:30:06		**06:45:02.35**	**06:45:02.35**	+02:56:26 (43.6%)	12:16	4.9 (56.3%)
50	**KLAJA Agnieszka**	**6264**		Senior II K - 30	50	00:01:07	02:01:29	03:22:35	04:59:27	**06:45:04.90**	**06:45:04.90**	+02:56:28 (43.6%)	12:16	4.9 (56.3%)
51	**BOROWIK Agata**	**6061**	CAŁA OLEŚNICA BIEGA	Senior II K - 30	51	00:00:36	01:48:41	03:15:45	04:54:20	**06:51:53.35**	**06:51:53.35**	+03:03:17 (44.5%)	12:28	4.8 (55.2%)
Przekroczony limit czasu: 07:00:00														
52	**ZAKRZEWSKA Beata**	**6057**		Senior II K - 30	52	00:00:31	01:39:17	03:00:54	04:57:54	**07:27:03.95**	**07:27:03.95**	+03:38:27 (48.9%)	13:32	4.4 (50.6%)
	NARKUN Ewa	**6513**		Senior II K - 30		00:00:37 DNF	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 53 wynik(ów)