

III BIEG BEZ SPINY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Gmina Malechowo
Data: 2022-08-20
Miejsce: Malechowo
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	PERLIK Tomasz	26	7PRO TEAM	M-30	1	00:34:55.53		3:29	17.2 (100%)
2	KĘPKA Adrian	19		M-18	1	00:36:42.73	+00:01:47 (4.9%)	3:40	16.3 (94.8%)
3	WILCZEWSKI Krzysztof	32	KB SPOKO SŁAWNO	M-30	2	00:38:58.73	+00:04:03 (10.4%)	3:53	15.4 (89.5%)
4	GUZOWSKI Dariusz	13	TALEX BORZYTUCHOM	M-50	1	00:39:58.01	+00:05:02 (12.6%)	3:59	15 (87.2%)
5	ŻUWDA Tomasz	37	CW FANZA KOŁOBRZEG	M-40	1	00:40:17.01	+00:05:21 (13.3%)	4:01	14.9 (86.6%)
6	PICK Tomasz	44	BIEGOLAS	M-50	2	00:40:22.14	+00:05:26 (13.5%)	4:02	14.9 (86.6%)
7	SMOŁUCH Marcin	43	KB BRYZA POSTOMINO	M-30	3	00:40:30.61	+00:05:35 (13.8%)	4:03	14.8 (86.0%)
8	JABŁOŃSKI Tomasz	16	KB SPOKO SŁAWNO	M-40	2	00:40:48.10	+00:05:52 (14.4%)	4:04	14.7 (85.5%)
9	WITKIEWICZ Eryk	36	KB 10 BIAŁOGARD	M-40	3	00:41:11.05	+00:06:15 (15.2%)	4:07	14.6 (84.9%)
10	STERNIK Tomasz	30	PASJA TEAM	M-40	4	00:41:20.76	+00:06:25 (15.5%)	4:08	14.5 (84.3%)
11	WĄSOWSKI Mateusz	38	MARO TUR	M-18	2	00:43:11.17	+00:08:15 (19.1%)	4:19	13.9 (80.8%)
12	CHUDY Henryk	8	K S OLSZEWSKI I SYNOWIE	M-60	1	00:44:09.52	+00:09:13 (20.9%)	4:24	13.6 (79.1%)
13	KLUCZEWSKA Emilia	20	RUNASTYCZNI TEAM BYTÓW	K-30	1	00:44:54.02	+00:09:58 (22.2%)	4:29	13.4 (77.9%)
14	BAKALARZ Adam	4	DARŁOWSKIE CHARTY	M-30	4	00:44:57.16	+00:10:01 (22.3%)	4:29	13.3 (77.3%)
15	HARBUTIAK Monika	15		K-30	2	00:45:11.85	+00:10:16 (22.7%)	4:31	13.3 (77.3%)
16	NOWAK Jacek	23		M-50	3	00:45:43.92	+00:10:48 (23.6%)	4:34	13.1 (76.2%)
17	OLESZEK Jerzy	24	SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ	M-50	4	00:45:52.89	+00:10:57 (23.9%)	4:35	13.1 (76.2%)
18	MAJKOWSKI Krzysztof	22	KALIOP POLAND	M-30	5	00:47:31.64	+00:12:36 (26.5%)	4:45	12.6 (73.3%)
19	CHMIELEWSKI Łukasz	42		M-30	6	00:47:31.94	+00:12:36 (26.5%)	4:45	12.6 (73.3%)
20	OLSZAN Grzegorz	35		M-40	5	00:48:23.87	+00:13:28 (27.8%)	4:50	12.4 (72.1%)
21	SKOWYRSKI Janusz	29	TKKF. BIEGOLAS KOSZALIN	M-60	2	00:48:47.12	+00:13:51 (28.4%)	4:52	12.3 (71.5%)
22	GAWĘDA Emil	11	DARŁOWSKIE CHARTY	M-30	7	00:48:52.88	+00:13:57 (28.6%)	4:53	12.3 (71.5%)
23	GOSTOMCZYK Krzysztof	12	KB SPOKO SŁAWNO	M-40	6	00:48:54.77	+00:13:59 (28.6%)	4:53	12.3 (71.5%)
24	KACZMAREK Marta	39	SPOKO SŁAWNO	K-30	3	00:49:01.71	+00:14:06 (28.8%)	4:54	12.2 (70.9%)
25	KONECKI Dariusz	21	KB SPOKO SŁAWNO	M-50	5	00:50:09.65	+00:15:14 (30.4%)	5:00	12 (69.8%)
26	PERLIK Katarzyna	41		K-30	4	00:50:36.81	+00:15:41 (31.0%)	5:03	11.9 (69.2%)

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27	KASPRZYK Bogdan	18		M-40	7	00:51:05.32	+00:16:09 (31.6%)	5:06	11.7 (68.0%)
28	APANEL Marta	2		K-40	1	00:51:14.30	+00:16:18 (31.8%)	5:07	11.7 (68.0%)
29	ART Kamila	3		K-30	5	00:51:38.65	+00:16:43 (32.4%)	5:09	11.6 (67.4%)
30	STRUŚ Artur	40	KB BRYZA POSTOMINO	M-50	6	00:51:48.43	+00:16:52 (32.6%)	5:10	11.6 (67.4%)
31	PROTASEWICZ Andrzej	28	KB SPOKO SŁAWNO	M-40	8	00:52:03.45	+00:17:07 (32.9%)	5:12	11.5 (66.9%)
32	DRULIK-HOŁUB Marta	10		K-40	2	00:52:35.84	+00:17:40 (33.6%)	5:15	11.4 (66.3%)
33	KANIOWSKI Jacek	17	W.P.K SŁOŃ TEAM USTKA	M-40	9	00:53:25.48	+00:18:29 (34.6%)	5:20	11.2 (65.1%)
34	BAKALARZ Katarzyn	5	DARŁOWSKIE CHARTY	K-30	6	00:53:58.43	+00:19:02 (35.3%)	5:23	11.1 (64.5%)
35	JAWORSKI Rafał	45	KB BRYZA POSTOMINO	M-40	10	00:57:22.75	+00:22:27 (39.1%)	5:44	10.5 (61.0%)
36	TELESIEWICZ Henryk	31	KB SPOKO SŁAWNO	M-60	3	00:58:53.48	+00:23:57 (40.7%)	5:53	10.2 (59.3%)
37	KACZMARSKA Natalia	47		K-30	7	01:00:01.08	+00:25:05 (41.8%)	6:00	10 (58.1%)
38	BUTOWICZ Adam	7		M-60	4	01:00:29.39	+00:25:33 (42.3%)	6:02	9.9 (57.6%)
39	PODBERCZNA Monika	48		K-40	3	01:05:43.53	+00:30:47 (46.9%)	6:34	9.1 (52.9%)
40	CISEK-MUSOLF Stanisława	9		K-30	8	01:14:36.27	+00:39:40 (53.2%)	7:27	8 (46.5%)
41	ADAMSKA -JANISIAK Madzia	1	JTCNW	K-18	1	01:14:37.94	+00:39:42 (53.2%)	7:27	8 (46.5%)
42	CHMISZUZ Marcin	46	OSP	M-40	11	01:14:43.19	+00:39:47 (53.3%)	7:28	8 (46.5%)

Znaleziono 42 wynik(ów)