

IV EDYCJA BIEGU TROPEM WILCZYM - KOSZALIN - 1963M

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-02-28
Miejsce: Koszalin
Dystans: 1.963 km

HERKULES
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
1	**BARAŃSKI Przemysław**	**407**	KM PSP SZCZECIN/ MLUKS TRZEBIATÓW	M-18	1	00:00:00		**00:06:28.10**	**00:06:28.10**		3:17	18.2 (100%)
2	**KOZAK Paweł**	**603**	TKKF KOSZALIN	M-14	1	00:00:00		**00:06:36.05**	**00:06:36.05**	+00:00:07 (2.0%)	3:22	17.8 (97.8%)
3	**PEC Marek**	**536**		M-40	1	00:00:00		**00:06:40.85**	**00:06:40.85**	+00:00:12 (3.2%)	3:24	17.6 (96.7%)
4	**SKIERKA Grzegorz**	**557**	MKS ŚWIĘC SŁAWNO	M-30	1	00:00:00		**00:06:48.65**	**00:06:48.65**	+00:00:20 (5.0%)	3:28	17.3 (95.1%)
5	**TATYS Bartosz**	**575**	GIMNAZJUM ŚWIDWIN	M-14	2	00:00:00		**00:06:51.70**	**00:06:51.70**	+00:00:23 (5.7%)	3:29	17.2 (94.5%)
6	**ZBOIŃSKI Wojciech**	**598**		M-40	2	00:00:00		**00:07:01.00**	**00:07:01.00**	+00:00:32 (7.8%)	3:34	16.8 (92.3%)
7	**JAŹWIŃSKI Dawid**	**462**	TKKF KOSZALIN	M-14	3	00:00:00		**00:07:05.45**	**00:07:05.45**	+00:00:37 (8.8%)	3:36	16.6 (91.2%)
8	**ŚWITLIŃSKI Damian**	**574**	RAMS TRAINING HOUSE	M-18	2	00:00:00		**00:07:12.50**	**00:07:12.50**	+00:00:44 (10.3%)	3:40	16.3 (89.6%)
9	**EMILIT Grzegorz**	**440**		M-30	2	00:00:00		**00:07:17.60**	**00:07:17.60**	+00:00:49 (11.3%)	3:42	16.1 (88.5%)
10	**LEMANCZYK Andrzej**	**509**	DORIAN TEAM SLAWNO	M-30	3	00:00:00		**00:07:22.85**	**00:07:22.85**	+00:00:54 (12.4%)	3:45	16 (87.9%)
11	**BIERKUS Mirosław**	**608**	TKKF KOSZALIN	M-60	1	00:00:00		**00:07:28.55**	**00:07:28.55**	+00:01:00 (13.5%)	3:48	15.8 (86.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
12	**WEBER Paweł**	**586**	AMADEUSCROSSGYM	M-30	4	00:00:00		**00:07:28.95**	**00:07:28.95**	+00:01:00 (13.6%)	3:48	15.8 (86.8%)
13	**CHUDY Henryk**	**431**	K SOLSZEWSKI I SYNOWIESŁAWSKO	M-60	2	00:00:00		**00:07:29.00**	**00:07:29.00**	+00:01:00 (13.6%)	3:49	15.7 (86.3%)
14	**HRYCYK Anna**	**633**		K-13	1	00:00:00		**00:07:29.85**	**00:07:29.85**	+00:01:01 (13.7%)	3:49	15.7 (86.3%)
15	**BADUREK Michał**	**532**	CSSP KOSZALIN	M-18	3	00:00:00		**00:07:31.15**	**00:07:31.15**	+00:01:03 (14.0%)	3:50	15.6 (85.7%)
16	**PINDRAL Piotr**	**538**	PARKRUN SZCZECINEK	M-40	3	00:00:00		**00:07:33.00**	**00:07:33.00**	+00:01:04 (14.3%)	3:51	15.6 (85.7%)
17	**BOGDANOWICZ Krzysztof**	**615**	TKKF KOSZALIN	M-50	1	00:00:00		**00:07:33.65**	**00:07:33.65**	+00:01:05 (14.4%)	3:51	15.6 (85.7%)
18	**BORGUL Kamil**	**419**		M-13	1	00:00:00		**00:07:35.45**	**00:07:35.45**	+00:01:07 (14.8%)	3:52	15.5 (85.2%)
19	**LEBIODA Wojciech**	**507**		M-13	2	00:00:00		**00:07:37.95**	**00:07:37.95**	+00:01:09 (15.3%)	3:53	15.4 (84.6%)
20	**ŻMIEJKO Łukasz**	**601**	COBRA TEAM	M-30	5	00:00:00		**00:07:39.05**	**00:07:39.05**	+00:01:10 (15.5%)	3:54	15.4 (84.6%)
21	**WOLAŃSKI Maciej**	**593**		M-14	4	00:00:00		**00:07:40.65**	**00:07:40.65**	+00:01:12 (15.7%)	3:54	15.3 (84.1%)
22	**BILEK Sebastian**	**411**	DORIAN TEAM SLAWNO	M-18	4	00:00:00		**00:07:43.90**	**00:07:43.90**	+00:01:15 (16.3%)	3:56	15.2 (83.5%)
23	**LIPSKI Michał**	**512**		M-30	6	00:00:00		**00:07:44.75**	**00:07:44.75**	+00:01:16 (16.5%)	3:56	15.2 (83.5%)
24	**PETKA Rafał**	**537**	CSSP KOSZALIN	M-18	5	00:00:00		**00:07:48.50**	**00:07:48.50**	+00:01:20 (17.2%)	3:58	15.1 (83.0%)
25	**FRONTCZAK Izabela**	**644**	TKKF KOSZALIN	K-18	1	00:00:00		**00:07:59.65**	**00:07:59.65**	+00:01:31 (19.1%)	4:04	14.7 (80.8%)
26	**JANUS Grzegorz**	**456**	RONIN GOLD TEAM/RAMS	M-30	7	00:00:00		**00:08:05.65**	**00:08:05.65**	+00:01:37 (20.1%)	4:07	14.5 (79.7%)
27	**MATUS Robert**	**502**	CSSP KOSZALIN	M-18	6	00:00:00		**00:08:11.35**	**00:08:11.35**	+00:01:43 (21.0%)	4:10	14.4 (79.1%)
28	**SKRZYPEK Tomasz**	**559**	CSSP KOSZALIN	M-18	7	00:00:00		**00:08:12.65**	**00:08:12.65**	+00:01:44 (21.2%)	4:11	14.3 (78.6%)
29	**STACH Adrian**	**560**	CSSP KOSZALIN	M-18	8	00:00:00		**00:08:13.40**	**00:08:13.40**	+00:01:45 (21.3%)	4:11	14.3 (78.6%)
30	**GAWROŃSKI Paweł**	**443**	OGIEŃ W SZOPIE	M-18	9	00:00:00		**00:08:16.00**	**00:08:16.00**	+00:01:47 (21.8%)	4:13	14.2 (78.0%)
31	**REMPLAKOWSKI Krzysztof**	**543**	CSSP KOSZALIN	M-40	4	00:00:00		**00:08:20.80**	**00:08:20.80**	+00:01:52 (22.5%)	4:15	14.1 (77.5%)
32	**GAWIECKI Piotr**	**617**		M-40	5	00:00:00		**00:08:28.40**	**00:08:28.40**	+00:02:00 (23.7%)	4:19	13.9 (76.4%)
33	**PEC Daniel**	**535**		M-13	3	00:00:00		**00:08:29.65**	**00:08:29.65**	+00:02:01 (23.8%)	4:19	13.9 (76.4%)
34	**JANUS Wojciech**	**457**		M-18	10	00:00:00		**00:08:32.45**	**00:08:32.45**	+00:02:04 (24.3%)	4:21	13.8 (75.8%)

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35	**PŁOSKI Krzysztof**	**632**		M-30	8	00:00:00		**00:08:33.75**	**00:08:33.75**	+00:02:05 (24.5%)	4:21	13.8 (75.8%)
36	**KACZMAREK Arkadiusz**	**630**		M-14	5	00:00:00		**00:08:35.90**	**00:08:35.90**	+00:02:07 (24.8%)	4:22	13.7 (75.3%)
37	**NAPIERAJ Adrian**	**529**	CSSP KOSZALIN	M-18	11	00:00:00		**00:08:35.95**	**00:08:35.95**	+00:02:07 (24.8%)	4:22	13.7 (75.3%)
38	**JABŁOŃSKI Adrian**	**451**	WOJOWNICY WÓDY	M-18	12	00:00:00		**00:08:37.30**	**00:08:37.30**	+00:02:09 (25.0%)	4:23	13.6 (74.7%)
39	**CZAPSKI Kacper**	**610**		M-18	13	00:00:00		**00:08:37.55**	**00:08:37.55**	+00:02:09 (25.0%)	4:23	13.6 (74.7%)
40	**MALEK Marcel**	**519**		M-13	4	00:00:00		**00:08:38.35**	**00:08:38.35**	+00:02:10 (25.1%)	4:24	13.6 (74.7%)
41	**BORGUL Hubert**	**420**		M-13	5	00:00:00		**00:08:38.75**	**00:08:38.75**	+00:02:10 (25.2%)	4:24	13.6 (74.7%)
41	**BOBER Jakub**	**611**		M-30	9	00:00:00		**00:08:38.75**	**00:08:38.75**	+00:02:10 (25.2%)	4:24	13.6 (74.7%)
43	**KRZEMIŃSKI Michał**	**503**	SKY PRO CYCYLING	M-30	10	00:00:00		**00:08:39.75**	**00:08:39.75**	+00:02:11 (25.3%)	4:24	13.6 (74.7%)
44	**SZUBERT Julia**	**571**		K-14	1	00:00:00		**00:08:43.65**	**00:08:43.65**	+00:02:15 (25.9%)	4:26	13.5 (74.2%)
45	**NIEMIEC Waldemar**	**531**	ZG POLKOWICE-SIEROSZOWICE	M-50	2	00:00:00		**00:08:45.70**	**00:08:45.70**	+00:02:17 (26.2%)	4:27	13.4 (73.6%)
46	**WRÓBLEWSKI Jacek**	**594**		M-14	6	00:00:00		**00:08:46.60**	**00:08:46.60**	+00:02:18 (26.3%)	4:28	13.4 (73.6%)
47	**BOBER Sebastian**	**612**		M-40	6	00:00:00		**00:08:46.95**	**00:08:46.95**	+00:02:18 (26.3%)	4:28	13.4 (73.6%)
48	**KLIMEK Jarosław**	**483**	WOJSKO POLSKIE	M-18	14	00:00:00		**00:08:49.95**	**00:08:49.95**	+00:02:21 (26.8%)	4:29	13.3 (73.1%)
49	**DĄBROWSKA Alicja**	**436**	ROZBIEGANY KOSZALIN	K-50	1	00:00:00		**00:08:50.45**	**00:08:50.45**	+00:02:22 (26.8%)	4:30	13.3 (73.1%)
50	**FORNALIK Jan**	**566**	CSSP KOSZALIN	M-18	15	00:00:00		**00:08:50.60**	**00:08:50.60**	+00:02:22 (26.9%)	4:30	13.3 (73.1%)
51	**LEMANCZYK Alina**	**508**	DORIAN TEAM SLAWNO	K-30	1	00:00:00		**00:08:52.00**	**00:08:52.00**	+00:02:23 (27.0%)	4:31	13.3 (73.1%)
52	**JANKOWSKA Barbara**	**454**	CSSP KOSZALIN	K-18	2	00:00:00		**00:08:54.95**	**00:08:54.95**	+00:02:26 (27.5%)	4:32	13.2 (72.5%)
53	**SZUBERT Alicja**	**572**		K-13	2	00:00:00		**00:08:57.00**	**00:08:57.00**	+00:02:28 (27.7%)	4:33	13.1 (72.0%)
54	**STACHOWIAK Gracjan**	**562**		M-13	6	00:00:00		**00:08:57.30**	**00:08:57.30**	+00:02:29 (27.8%)	4:33	13.1 (72.0%)
55	**SIMONOWICZ Aneta**	**556**		K-30	2	00:00:00		**00:08:59.05**	**00:08:59.05**	+00:02:30 (28.0%)	4:35	13.1 (72.0%)
56	**ZACHCIAŁ-PEC Joanna**	**595**		K-40	1	00:00:00		**00:09:03.45**	**00:09:03.45**	+00:02:35 (28.6%)	4:37	13 (71.4%)
57	**KOPCZEWSKI Dariusz**	**489**		M-50	3	00:00:00		**00:09:06.65**	**00:09:06.65**	+00:02:38 (29.0%)	4:38	12.9 (70.9%)

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58	**BRĘK Ania**	**426**	OGIEŃ W SZOPIE	K-18	3	00:00:00		**00:09:07.70**	**00:09:07.70**	+00:02:39 (29.1%)	4:39	12.9 (70.9%)
59	**CHORUŻY Zdzisław**	**430**		M-30	11	00:00:00		**00:09:08.30**	**00:09:08.30**	+00:02:40 (29.2%)	4:39	12.9 (70.9%)
60	**RAŹNIEWSKI Mateusz**	**542**	CSSP KOSZALIN	M-18	16	00:00:00		**00:09:09.35**	**00:09:09.35**	+00:02:41 (29.4%)	4:40	12.9 (70.9%)
61	**WĄSICKI Jacek**	**585**	STOPA SŁUPSK	M-40	7	00:00:00		**00:09:11.35**	**00:09:11.35**	+00:02:43 (29.6%)	4:41	12.8 (70.3%)
62	**WĄSICKA Wiktoria**	**584**	STOPA SŁUPSK	K-13	3	00:00:00		**00:09:11.70**	**00:09:11.70**	+00:02:43 (29.7%)	4:41	12.8 (70.3%)
63	**WALERIAŃCZYK Kinga**	**582**		K-14	2	00:00:00		**00:09:12.00**	**00:09:12.00**	+00:02:43 (29.7%)	4:41	12.8 (70.3%)
64	**DALECKI Marcin**	**435**	CSSP KOSZALIN	M-18	17	00:00:00		**00:09:12.10**	**00:09:12.10**	+00:02:44 (29.7%)	4:41	12.8 (70.3%)
65	**BOROWSKI Mateusz**	**421**	CSSP KOSZALIN	M-18	18	00:00:00		**00:09:12.30**	**00:09:12.30**	+00:02:44 (29.7%)	4:41	12.8 (70.3%)
66	**GŁOWACKI Włodzimierz**	**444**	NIEZRZESZONY	M-70+	1	00:00:00		**00:09:13.55**	**00:09:13.55**	+00:02:45 (29.9%)	4:42	12.8 (70.3%)
67	**KRYSIAK Adam**	**501**	CSSP KOSZALIN	M-40	8	00:00:00		**00:09:26.35**	**00:09:26.35**	+00:02:58 (31.5%)	4:48	12.5 (68.7%)
68	**PIROŃSKI Kuba**	**648**		M-14	7	00:00:00		**00:09:28.55**	**00:09:28.55**	+00:03:00 (31.7%)	4:49	12.4 (68.1%)
69	**PAWELCZUK Szymon**	**618**		M-14	8	00:00:00		**00:09:29.30**	**00:09:29.30**	+00:03:01 (31.8%)	4:50	12.4 (68.1%)
70	**MEJER Aleksandra**	**524**	GIMNAZJUM W MANOWIE	K-14	3	00:00:00		**00:09:36.15**	**00:09:36.15**	+00:03:08 (32.6%)	4:53	12.3 (67.6%)
71	**JAŹWIŃSKI Dominik**	**463**		M-13	7	00:00:00		**00:09:37.05**	**00:09:37.05**	+00:03:08 (32.7%)	4:54	12.2 (67.0%)
72	**KOLANEK Michał**	**484**		M-14	9	00:00:00		**00:09:37.15**	**00:09:37.15**	+00:03:09 (32.8%)	4:54	12.2 (67.0%)
73	**ZŁOTOWICZ Tomasz**	**600**	PREP	M-30	12	00:00:00		**00:09:38.90**	**00:09:38.90**	+00:03:10 (33.0%)	4:54	12.2 (67.0%)
74	**ROGANOWSKI Rafał**	**544**		M-40	9	00:00:00		**00:09:41.60**	**00:09:41.60**	+00:03:13 (33.3%)	4:56	12.1 (66.5%)
75	**RASIŃSKA Alicja**	**541**	HKTP PTTK SEZAM	K-14	4	00:00:00		**00:09:44.15**	**00:09:44.15**	+00:03:16 (33.6%)	4:57	12.1 (66.5%)
76	**KRÓL Jan**	**499**		M-13	8	00:00:00		**00:09:47.20**	**00:09:47.20**	+00:03:19 (33.9%)	4:59	12 (65.9%)
77	**BOROWSKA Karolina**	**631**		K-30	3	00:00:00		**00:09:48.50**	**00:09:48.50**	+00:03:20 (34.1%)	5:00	12 (65.9%)
78	**KAJKOWSKI Rafał**	**466**	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M-40	10	00:00:00		**00:09:54.05**	**00:09:54.05**	+00:03:25 (34.7%)	5:03	11.9 (65.4%)
79	**BĄK Zbigniew**	**410**	RUNNERSWALDE	M-30	13	00:00:00		**00:09:54.90**	**00:09:54.90**	+00:03:26 (34.8%)	5:03	11.9 (65.4%)
80	**SARAMAK Paweł**	**555**	CSSP KOSZALIN	M-18	19	00:00:00		**00:09:56.60**	**00:09:56.60**	+00:03:28 (34.9%)	5:04	11.8 (64.8%)

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81	**BARCIKOWSKI Piotr**	**621**		M-30	14	00:00:00		**00:09:57.65**	**00:09:57.65**	+00:03:29 (35.1%)	5:04	11.8 (64.8%)
82	**KUBIŃSKA Beata**	**505**		K-40	2	00:00:00		**00:10:01.70**	**00:10:01.70**	+00:03:33 (35.5%)	5:06	11.7 (64.3%)
83	**WOCH Małgorzata**	**592**		K-50	2	00:00:00		**00:10:02.25**	**00:10:02.25**	+00:03:34 (35.6%)	5:07	11.7 (64.3%)
84	**KOMOROWSKA Beata**	**486**	BEZ KLUBU	K-30	4	00:00:00		**00:10:04.05**	**00:10:04.05**	+00:03:35 (35.8%)	5:08	11.7 (64.3%)
85	**JUSZCZAK Wojtek**	**465**	SP5 KOŁOBRZEG	M-13	9	00:00:00		**00:10:04.25**	**00:10:04.25**	+00:03:36 (35.8%)	5:08	11.7 (64.3%)
86	**LIPIŃSKA Agnieszka**	**510**	DORIAN TEAM SŁAWNO	K-18	4	00:00:00		**00:10:05.30**	**00:10:05.30**	+00:03:37 (35.9%)	5:08	11.7 (64.3%)
87	**ŚLIWA Rafał**	**573**	OGIEŃ W SZOPIE	M-18	20	00:00:00		**00:10:06.10**	**00:10:06.10**	+00:03:38 (36.0%)	5:09	11.6 (63.7%)
88	**WIŚNIEWSKI Artur**	**590**		M-40	11	00:00:00		**00:10:07.20**	**00:10:07.20**	+00:03:39 (36.1%)	5:09	11.6 (63.7%)
89	**SOBOLEWSKI Mateusz**	**623**		M-13	10	00:00:00		**00:10:08.85**	**00:10:08.85**	+00:03:40 (36.3%)	5:10	11.6 (63.7%)
90	**HAŁAJKO Magdalena**	**620**		K-30	5	00:00:00		**00:10:09.25**	**00:10:09.25**	+00:03:41 (36.3%)	5:10	11.6 (63.7%)
91	**TROŚNIAK Tomasz**	**578**	GIMNAZJUM NR1 BIAŁOGARD	M-14	10	00:00:00		**00:10:10.15**	**00:10:10.15**	+00:03:42 (36.4%)	5:11	11.6 (63.7%)
92	**NAGÓRSKA Karolina**	**607**		K-30	6	00:00:00		**00:10:11.00**	**00:10:11.00**	+00:03:42 (36.5%)	5:11	11.5 (63.2%)
93	**KRASKA Sławomir**	**496**	CSSP KOSZALIN	M-18	21	00:00:00		**00:10:12.55**	**00:10:12.55**	+00:03:44 (36.6%)	5:12	11.5 (63.2%)
94	**SAGAN Edyta**	**616**		K-14	5	00:00:00		**00:10:13.25**	**00:10:13.25**	+00:03:45 (36.7%)	5:12	11.5 (63.2%)
95	**DĄBROWSKA Katarzyna**	**437**		K-18	5	00:00:00		**00:10:14.25**	**00:10:14.25**	+00:03:46 (36.8%)	5:13	11.5 (63.2%)
96	**KOSZOWSKI Krystian**	**492**		M-30	15	00:00:00		**00:10:19.05**	**00:10:19.05**	+00:03:50 (37.3%)	5:15	11.4 (62.6%)
97	**KASZUBA Łukasz**	**476**	CSSP KOSZALIN	M-18	22	00:00:00		**00:10:20.35**	**00:10:20.35**	+00:03:52 (37.4%)	5:16	11.4 (62.6%)
98	**SAGAN Karolina**	**554**	SP5 KOŁOBRZEG	K-13	4	00:00:00		**00:10:20.95**	**00:10:20.95**	+00:03:52 (37.5%)	5:16	11.4 (62.6%)
99	**KRUPA Paweł**	**500**		M-14	11	00:00:00		**00:10:21.05**	**00:10:21.05**	+00:03:52 (37.5%)	5:16	11.4 (62.6%)
100	**NIEMCZUK Anna**	**530**		K-50	3	00:00:00		**00:10:21.70**	**00:10:21.70**	+00:03:53 (37.6%)	5:16	11.4 (62.6%)
101	**PAULIŃSKI Jan**	**534**		M-60	3	00:00:00		**00:10:21.80**	**00:10:21.80**	+00:03:53 (37.6%)	5:16	11.4 (62.6%)
102	**JARZĄBEK Arkadiusz**	**461**	CSSP	M-18	23	00:00:00		**00:10:22.90**	**00:10:22.90**	+00:03:54 (37.7%)	5:17	11.3 (62.1%)
103	**URBANEK Adrian**	**649**		M-14	12	00:00:00		**00:10:23.40**	**00:10:23.40**	+00:03:55 (37.7%)	5:17	11.3 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
104	**KAZIMIERCZAK Leszek**	**635**	CS SP KOSZALIN	M-30	16	00:00:00		**00:10:25.40**	**00:10:25.40**	+00:03:57 (37.9%)	5:18	11.3 (62.1%)
105	**KAMECKI Marcel**	**468**	SP5 KOŁOBRZEG	M-13	11	00:00:00		**00:10:26.05**	**00:10:26.05**	+00:03:57 (38.0%)	5:19	11.3 (62.1%)
106	**STACHOWIAK Pamela**	**561**		K-13	5	00:00:00		**00:10:26.15**	**00:10:26.15**	+00:03:58 (38.0%)	5:19	11.3 (62.1%)
107	**ZŁOTKOWSKI Jakub**	**599**	CSSP KOSZALIN	M-18	24	00:00:00		**00:10:27.05**	**00:10:27.05**	+00:03:58 (38.1%)	5:19	11.3 (62.1%)
108	**BIAŁOKOWICZ Leon**	**614**		M-13	12	00:00:00		**00:10:27.35**	**00:10:27.35**	+00:03:59 (38.1%)	5:19	11.3 (62.1%)
109	**RUSIECKI Paweł**	**548**	FAJNE CHŁOPAKI	M-40	12	00:00:00		**00:10:30.15**	**00:10:30.15**	+00:04:02 (38.4%)	5:21	11.2 (61.5%)
110	**KOWALSKI Sławomir**	**494**	CS SP KOSZALIN	M-50	4	00:00:00		**00:10:31.60**	**00:10:31.60**	+00:04:03 (38.6%)	5:21	11.2 (61.5%)
111	**GAWIECKA Mariola**	**442**	ROZBIEGANY KOSZALIN	K-40	3	00:00:00		**00:10:32.40**	**00:10:32.40**	+00:04:04 (38.6%)	5:22	11.2 (61.5%)
112	**KRZYŻANIAK Justyna**	**606**		K-18	6	00:00:00		**00:10:39.10**	**00:10:39.10**	+00:04:11 (39.3%)	5:26	11 (60.4%)
113	**KUCHALSKA Justyna**	**613**		K-30	7	00:00:00		**00:10:41.25**	**00:10:41.25**	+00:04:13 (39.5%)	5:27	11 (60.4%)
114	**JUREWICZ Rajmund**	**464**	GARNIZON DRAWSKI	M-60	4	00:00:00		**00:10:42.15**	**00:10:42.15**	+00:04:14 (39.6%)	5:27	11 (60.4%)
115	**URBAŃSKI Aleksander**	**580**	17WOG KOSZALIN	M-40	13	00:00:00		**00:10:42.65**	**00:10:42.65**	+00:04:14 (39.6%)	5:27	11 (60.4%)
116	**BORSKOWICZ Mateusz**	**422**		M-18	25	00:00:00		**00:10:44.30**	**00:10:44.30**	+00:04:16 (39.8%)	5:28	11 (60.4%)
117	**RYBACZEK Łucja**	**550**	FORMA ROSNOWO	K-13	6	00:00:00		**00:10:48.45**	**00:10:48.45**	+00:04:20 (40.1%)	5:30	10.9 (59.9%)
118	**ROGOŻA Natalia**	**545**	BIEGNIJMY.PL	K-14	6	00:00:00		**00:10:52.85**	**00:10:52.85**	+00:04:24 (40.6%)	5:32	10.8 (59.3%)
119	**RASIŃSKA Patrycja**	**636**		K-14	7	00:00:00		**00:10:53.15**	**00:10:53.15**	+00:04:25 (40.6%)	5:33	10.8 (59.3%)
120	**TETER Marta**	**576**	ONR KOSZALIN, GWARDIA KOSZALIN	K-18	7	00:00:00		**00:10:56.25**	**00:10:56.25**	+00:04:28 (40.9%)	5:34	10.8 (59.3%)
121	**OLKOWSKA Krysia**	**641**		K-18	8	00:00:00		**00:10:57.75**	**00:10:57.75**	+00:04:29 (41.0%)	5:35	10.7 (58.8%)
122	**RASINSKI Krzysztof**	**637**		M-13	13	00:00:00		**00:10:58.65**	**00:10:58.65**	+00:04:30 (41.1%)	5:35	10.7 (58.8%)
123	**JAŁYŃSKI Adam**	**453**	OGIEŃ W SZOPIE	M-40	14	00:00:00		**00:10:59.00**	**00:10:59.00**	+00:04:30 (41.1%)	5:36	10.7 (58.8%)
124	**CZARNECKI Dominik**	**474**	CSSP KOSZALIN	M-18	26	00:00:00		**00:11:00.20**	**00:11:00.20**	+00:04:32 (41.2%)	5:36	10.7 (58.8%)
125	**BONISŁAWSKI Paweł**	**417**		M-18	27	00:00:00		**00:11:01.00**	**00:11:01.00**	+00:04:32 (41.3%)	5:37	10.7 (58.8%)
126	**MAJCHER-ROSOWSKA Natalia**	**518**		K-30	8	00:00:00		**00:11:01.80**	**00:11:01.80**	+00:04:33 (41.4%)	5:37	10.7 (58.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
127	**CINCIO Wojciech**	**646**		M-13	14	00:00:00		**00:11:03.85**	**00:11:03.85**	+00:04:35 (41.5%)	5:38	10.6 (58.2%)
128	**BARTCZAK Klaudyna**	**408**	CSSP KOSZALIN	K-18	9	00:00:00		**00:11:04.35**	**00:11:04.35**	+00:04:36 (41.6%)	5:38	10.6 (58.2%)
129	**KAMELSKI Piotr**	**470**	B/K	M-40	15	00:00:00		**00:11:08.05**	**00:11:08.05**	+00:04:39 (41.9%)	5:40	10.6 (58.2%)
130	**KOROL Elżbieta**	**490**		K-40	4	00:00:00		**00:11:09.25**	**00:11:09.25**	+00:04:41 (42.0%)	5:41	10.5 (57.7%)
131	**JAKUBOWSKA Anna**	**452**		K-18	10	00:00:00		**00:11:09.50**	**00:11:09.50**	+00:04:41 (42.0%)	5:41	10.5 (57.7%)
132	**JARCZAK Katarzyna**	**460**	.	K-18	11	00:00:00		**00:11:10.60**	**00:11:10.60**	+00:04:42 (42.1%)	5:41	10.5 (57.7%)
133	**KOWALCZYK Maciej**	**493**		M-30	17	00:00:00		**00:11:15.95**	**00:11:15.95**	+00:04:47 (42.6%)	5:44	10.5 (57.7%)
134	**NOWAK Bożena**	**638**		K-50	4	00:00:00		**00:11:18.85**	**00:11:18.85**	+00:04:50 (42.8%)	5:45	10.4 (57.1%)
135	**ŁAPCZUK Patrycja**	**516**	SP5 KOŁOBRZEG	K-13	7	00:00:00		**00:11:23.95**	**00:11:23.95**	+00:04:55 (43.3%)	5:48	10.3 (56.6%)
136	**KRAMARZ Stanisław**	**495**	ROSSBIEGANI	M-13	15	00:00:00		**00:11:26.05**	**00:11:26.05**	+00:04:57 (43.4%)	5:50	10.3 (56.6%)
137	**POLAN Jarosław**	**642**		M-50	5	00:00:00		**00:11:27.15**	**00:11:27.15**	+00:04:59 (43.5%)	5:50	10.3 (56.6%)
138	**IMIOŁEK Marcel**	**609**		M-13	16	00:00:00		**00:11:28.70**	**00:11:28.70**	+00:05:00 (43.6%)	5:51	10.3 (56.6%)
139	**SUBEL Anna**	**629**		K-18	12	00:00:00		**00:11:31.85**	**00:11:31.85**	+00:05:03 (43.9%)	5:52	10.2 (56.0%)
140	**TUSK Aleksandra**	**602**		K-30	9	00:00:00		**00:11:33.35**	**00:11:33.35**	+00:05:05 (44.0%)	5:53	10.2 (56.0%)
141	**KRAMARZ Aneta**	**634**		K-30	10	00:00:00		**00:11:33.85**	**00:11:33.85**	+00:05:05 (44.1%)	5:53	10.2 (56.0%)
142	**BOGUSŁAWSKI Filip**	**413**		M-13	17	00:00:00		**00:11:36.10**	**00:11:36.10**	+00:05:08 (44.2%)	5:55	10.1 (55.5%)
143	**ANDRUSZKIEWICZ Barbara**	**626**		K-14	8	00:00:00		**00:11:36.25**	**00:11:36.25**	+00:05:08 (44.3%)	5:55	10.1 (55.5%)
144	**KALETA Cezary**	**467**	SP NR 18	M-13	18	00:00:00		**00:11:37.80**	**00:11:37.80**	+00:05:09 (44.4%)	5:55	10.1 (55.5%)
145	**KASZTELAN Urszula**	**627**	TKKF TRIATHLON	K-30	11	00:00:04	00:10:28	**00:11:38.60**	**00:11:42.60**	+00:05:10 (44.4%)	5:56	10.1 (55.5%)
146	**DYMECKA Joanna**	**622**		K-30	12	00:00:00		**00:11:39.15**	**00:11:39.15**	+00:05:11 (44.5%)	5:56	10.1 (55.5%)
147	**HAUSMAN Andrzej**	**449**	KSR ROWERIA	M-60	5	00:00:00		**00:11:39.75**	**00:11:39.75**	+00:05:11 (44.5%)	5:56	10.1 (55.5%)
148	**JANKOWSKI Patryk**	**455**	CSSP KOSZALIN	M-18	28	00:00:00		**00:11:42.40**	**00:11:42.40**	+00:05:14 (44.7%)	5:58	10.1 (55.5%)
149	**GODLEWSKI Mateusz**	**445**		M-13	19	00:00:00		**00:11:46.35**	**00:11:46.35**	+00:05:18 (45.1%)	6:00	10 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
150	**BAGIŃSKA Agnieszka**	**404**	BAJADERKI KOSZALIN	K-30	13	00:00:00		**00:11:58.05**	**00:11:58.05**	+00:05:29 (46.0%)	6:06	9.8 (53.8%)
151	**KONSEK Ola**	**487**		K-13	8	00:00:00		**00:11:58.90**	**00:11:58.90**	+00:05:30 (46.0%)	6:06	9.8 (53.8%)
152	**SZARA Michał**	**569**		M-14	13	00:00:00		**00:12:10.35**	**00:12:10.35**	+00:05:42 (46.9%)	6:12	9.7 (53.3%)
153	**DERDA Ewa**	**438**		K-14	9	00:00:00		**00:12:10.65**	**00:12:10.65**	+00:05:42 (46.9%)	6:12	9.7 (53.3%)
154	**TROŚNIAK Katarzyna**	**577**	SP 4 BIAŁOGARD	K-13	9	00:00:00		**00:12:19.50**	**00:12:19.50**	+00:05:51 (47.5%)	6:17	9.5 (52.2%)
155	**KONSEK Jakub**	**488**		M-13	20	00:00:00		**00:12:22.20**	**00:12:22.20**	+00:05:54 (47.7%)	6:18	9.5 (52.2%)
156	**ŁĄTKA Aneta**	**517**		M-30	18	00:00:00		**00:12:22.30**	**00:12:22.30**	+00:05:54 (47.7%)	6:18	9.5 (52.2%)
157	**BARAN Ewa**	**406**		K-18	13	00:00:00		**00:12:28.35**	**00:12:28.35**	+00:06:00 (48.1%)	6:21	9.4 (51.6%)
158	**RADZIEWICZ Dariusz**	**539**		M-40	16	00:00:00		**00:12:29.15**	**00:12:29.15**	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
158	**RUPNIEWSKI Piotr**	**547**		M-30	19	00:00:00		**00:12:29.15**	**00:12:29.15**	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
160	**FOJUT Kamila**	**441**		K-30	14	00:00:00		**00:12:29.35**	**00:12:29.35**	+00:06:01 (48.2%)	6:22	9.4 (51.6%)
161	**KAMIŃSKA Beata**	**475**	GRUPA BIEGOWA GARNIZONU DRAWSKIEGO	K-40	5	00:00:00		**00:12:40.80**	**00:12:40.80**	+00:06:12 (49.0%)	6:27	9.3 (51.1%)
162	**KREIS-GROCHOWSKA Dominika**	**498**		K-30	15	00:00:00		**00:12:41.60**	**00:12:41.60**	+00:06:13 (49.0%)	6:28	9.3 (51.1%)
163	**KUBIAK Maria**	**504**		K-30	16	00:00:00		**00:12:51.65**	**00:12:51.65**	+00:06:23 (49.7%)	6:33	9.2 (50.5%)
163	**KULIŃSKI Marek**	**506**		M-30	20	00:00:00		**00:12:51.65**	**00:12:51.65**	+00:06:23 (49.7%)	6:33	9.2 (50.5%)
165	**MAZUREK Hanna**	**523**	BABECZKI KOSZALIN	K-13	10	00:00:00		**00:12:54.10**	**00:12:54.10**	+00:06:26 (49.9%)	6:34	9.1 (50.0%)
166	**VON BARDELEBEN Tarryn**	**581**	BABECZKI KOSZALIN	K-13	11	00:00:00		**00:12:54.20**	**00:12:54.20**	+00:06:26 (49.9%)	6:34	9.1 (50.0%)
167	**KISIEL Anna**	**640**		K-18	14	00:00:00		**00:13:01.15**	**00:13:01.15**	+00:06:33 (50.3%)	6:38	9 (49.5%)
168	**LUDKA Amelia**	**515**	ZHP	K-14	10	00:00:00		**00:13:13.30**	**00:13:13.30**	+00:06:45 (51.1%)	6:44	8.9 (48.9%)
169	**RAMA Ewa**	**540**	KLUB	K-50	5	00:00:00		**00:13:16.55**	**00:13:16.55**	+00:06:48 (51.3%)	6:46	8.9 (48.9%)
170	**CIEŚLEWICZ Kacper**	**432**	SP5 KOŁOBRZEG	M-13	21	00:00:00		**00:13:22.25**	**00:13:22.25**	+00:06:54 (51.6%)	6:49	8.8 (48.4%)
171	**WILKOWSKA Anastazja**	**589**		K-13	12	00:00:00		**00:13:25.15**	**00:13:25.15**	+00:06:57 (51.8%)	6:50	8.8 (48.4%)
172	**WILKOWSKA Beata**	**588**		K-30	17	00:00:00		**00:13:25.40**	**00:13:25.40**	+00:06:57 (51.8%)	6:50	8.8 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
173	**WILKOWSKA Małgorzata**	**587**		K-30	18	00:00:00		**00:13:26.00**	**00:13:26.00**	+00:06:57 (51.8%)	6:51	8.8 (48.4%)
174	**HYNDA Irena**	**450**		K-50	6	00:00:00		**00:13:28.55**	**00:13:28.55**	+00:07:00 (52.0%)	6:52	8.7 (47.8%)
175	**BONISŁAWSKA Maria**	**415**		K-13	13	00:00:00		**00:13:40.55**	**00:13:40.55**	+00:07:12 (52.7%)	6:58	8.6 (47.3%)
176	**BONISŁAWSKI Wojciech**	**418**		M-40	17	00:00:00		**00:13:40.60**	**00:13:40.60**	+00:07:12 (52.7%)	6:58	8.6 (47.3%)
177	**KAMELSKI Szymon**	**469**	PRZEDSZKOLE CHALABALY	M-13	22	00:00:00		**00:13:44.85**	**00:13:44.85**	+00:07:16 (52.9%)	7:00	8.6 (47.3%)
178	**SKOWRON Bartek**	**645**		M-13	23	00:00:00		**00:13:48.05**	**00:13:48.05**	+00:07:19 (53.1%)	7:02	8.5 (46.7%)
179	**SKOWRON Adam**	**558**		M-30	21	00:00:00		**00:13:48.55**	**00:13:48.55**	+00:07:20 (53.2%)	7:02	8.5 (46.7%)
180	**MIKLASINSKA Monika**	**526**	B/K	K-30	19	00:00:00		**00:13:48.80**	**00:13:48.80**	+00:07:20 (53.2%)	7:02	8.5 (46.7%)
181	**ANTCZAK Justyna**	**403**	SP5 KOŁOBRZEG	K-30	20	00:00:00		**00:13:52.15**	**00:13:52.15**	+00:07:24 (53.4%)	7:04	8.5 (46.7%)
182	**KORZENIOWSKA Aleksandra**	**491**	SP5 KOŁOBRZEG	K-13	14	00:00:00		**00:13:52.30**	**00:13:52.30**	+00:07:24 (53.4%)	7:04	8.5 (46.7%)
183	**KAWALEC Adrian**	**477**	HKTP PTTK,, DREPTAK'	M-13	24	00:00:00		**00:14:01.55**	**00:14:01.55**	+00:07:33 (53.9%)	7:09	8.4 (46.2%)
184	**KAMIŃSKA Weronika**	**471**		K-13	15	00:00:00		**00:14:04.75**	**00:14:04.75**	+00:07:36 (54.1%)	7:10	8.4 (46.2%)
185	**KAMIŃSKI Robert**	**473**		M-30	22	00:00:00		**00:14:05.30**	**00:14:05.30**	+00:07:37 (54.1%)	7:11	8.4 (46.2%)
186	**STASZEK Mariola**	**563**	NIEZRZESZONA	K-50	7	00:00:00		**00:14:18.20**	**00:14:18.20**	+00:07:50 (54.8%)	7:17	8.2 (45.1%)
187	**RYBARCZYK Miłosz**	**552**		M-OPEN	1	00:00:00		**00:14:19.95**	**00:14:19.95**	+00:07:51 (54.9%)	7:18	8.2 (45.1%)
188	**RYBARCZYK Robert**	**553**		M-40	18	00:00:00		**00:14:20.30**	**00:14:20.30**	+00:07:52 (54.9%)	7:18	8.2 (45.1%)
189	**RYBARCZYK Joanna**	**551**		K-30	21	00:00:00		**00:14:20.35**	**00:14:20.35**	+00:07:52 (54.9%)	7:18	8.2 (45.1%)
190	**BORUCH Katarzyna**	**423**	:)	K-40	6	00:00:00		**00:14:31.15**	**00:14:31.15**	+00:08:03 (55.4%)	7:24	8.1 (44.5%)
191	**KAMIŃSKA Małgorzata**	**472**		K-40	7	00:00:00		**00:14:51.15**	**00:14:51.15**	+00:08:23 (56.4%)	7:34	7.9 (43.4%)
192	**ZAŁÓG Tomek**	**596**		M-14	14	00:00:00		**00:15:15.95**	**00:15:15.95**	+00:08:47 (57.6%)	7:46	7.7 (42.3%)
193	**SUGIER Alicja**	**639**		K-13	16	00:00:00		**00:15:25.35**	**00:15:25.35**	+00:08:57 (58.1%)	7:51	7.6 (41.8%)
194	**SUGIER Michał**	**567**	NMC	M-30	23	00:00:00		**00:15:25.40**	**00:15:25.40**	+00:08:57 (58.1%)	7:51	7.6 (41.8%)
195	**LIPIŃSKA Wiktoria**	**511**	ZHP	K-14	11	00:00:00		**00:15:25.60**	**00:15:25.60**	+00:08:57 (58.1%)	7:51	7.6 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.805km	Czas netto 1.963km	Czas brutto 1.963km	Różn	Tempo min/km	Tempo km/h
196	**SZOCIK Aleksandra**	**570**	HKTP PTTK,, DREPTAK'	K-14	12	00:00:00		**00:15:26.50**	**00:15:26.50**	+00:08:58 (58.1%)	7:52	7.6 (41.8%)
197	**RUSZKOWSKA Agnieszka**	**624**		K-14	13	00:00:00		**00:15:27.20**	**00:15:27.20**	+00:08:59 (58.1%)	7:52	7.6 (41.8%)
198	**WESOŁOWSKI Dawid**	**647**		M-14	15	00:00:00		**00:15:30.50**	**00:15:30.50**	+00:09:02 (58.3%)	7:54	7.6 (41.8%)
199	**GUDANIEC Dorota**	**628**	TKKF TRIATHLON	K-50	8	00:10:56	00:14:24	**00:15:49.35**	**00:26:45.60**	+00:09:21 (59.1%)	8:04	7.4 (40.7%)
200	**BONISŁAWSKA Zuzanna**	**414**	TITKI TATITKI I DWIE KITKI	K-13	17	00:00:00		**00:15:52.00**	**00:15:52.00**	+00:09:23 (59.2%)	8:05	7.4 (40.7%)
201	**CHORĄŻY Karolina**	**429**		K-18	15	00:00:00		**00:15:52.80**	**00:15:52.80**	+00:09:24 (59.3%)	8:05	7.4 (40.7%)
202	**BONISŁAWSKI Jarosław**	**416**	TITKI TATITKI I DWIE KITKI	M-30	24	00:00:00		**00:15:53.10**	**00:15:53.10**	+00:09:25 (59.3%)	8:06	7.4 (40.7%)
203	**MORAWSKI Tomasz**	**528**	ROWERIA	M-50	6	00:00:00		**00:16:01.80**	**00:16:01.80**	+00:09:33 (59.6%)	8:10	7.3 (40.1%)
204	**PUZYREWSKA Małgorzata**	**604**		K-13	18	00:00:00		**00:16:54.25**	**00:16:54.25**	+00:10:26 (61.7%)	8:37	7 (38.5%)
205	**PUZYREWSKI Wojciech**	**605**		M-30	25	00:00:00		**00:16:54.65**	**00:16:54.65**	+00:10:26 (61.8%)	8:37	7 (38.5%)
206	**JANUSZEWSKI Patryk**	**459**		M-14	16	00:00:00		**00:17:12.15**	**00:17:12.15**	+00:10:44 (62.4%)	8:46	6.8 (37.4%)
207	**KAWALEC Lidia**	**478**	HKTP PTTK,, DREPTAK'	K-13	19	00:00:00		**00:17:14.15**	**00:17:14.15**	+00:10:46 (62.5%)	8:47	6.8 (37.4%)
208	**HAJEC Matylda**	**448**	HKTP PTTK,, DREPTAK'	K-13	20	00:00:00		**00:17:14.85**	**00:17:14.85**	+00:10:46 (62.5%)	8:47	6.8 (37.4%)
209	**LUBKE Marta**	**514**	HKTP PTTK,, DREPTAK'	K-13	21	00:00:00		**00:17:17.35**	**00:17:17.35**	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
210	**KILAR Weronika**	**481**	HKTP PTTK,, DREPTAK'	K-14	14	00:00:00		**00:17:17.50**	**00:17:17.50**	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
211	**LIS Maja**	**513**	HKTP PTTK,, DREPTAK'	K-13	22	00:00:00		**00:17:17.60**	**00:17:17.60**	+00:10:49 (62.6%)	8:49	6.8 (37.4%)
212	**BORUCH Anna**	**424**	:)	K-13	23	00:00:00		**00:20:33.65**	**00:20:33.65**	+00:14:05 (68.5%)	10:29	5.7 (31.3%)

Znaleziono 212 wynik(ów)