



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Półmaraton Gliwicki 2017
Fundacja Bieg Rzeźnika
2017-10-22
Gliwice
21.1 km

IV PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	IVERUK Mykhaylo	1246	LKB RUDNIK	M-40	00:00:00	00:16:44	00:33:48	00:50:47
2	JAMIŃSKI Adam	1227		M-20	00:00:00	00:17:23	00:34:06	00:51:19
3	CIEPŁAK Marcin	1212	CHEMIK RYBNIK	M-20	00:00:00	00:17:21	00:34:04	00:51:19
4	CZAPLA Kamil	1211	INŻYNIERIA BIEGANIA TEAM	M-20	00:00:00	00:17:21	00:34:05	00:51:56
5	LABZIUK Oleksander	1234	ACHILLES LESZNO	M-30	00:00:00	00:17:24	00:34:12	00:52:22
6	BEZNER Kamil	1239	MAESTRO BEZNER	M-30	00:00:00	00:17:23	00:34:21	00:52:29
7	BIELIŃSKI Piotr	1130	SOKÓŁ KNURÓW	M-20	00:00:00	00:17:24	00:34:27	00:52:55
8	OWCZAREK Tomasz	964		M-30	00:00:02	00:17:42	00:35:23	00:53:56
9	ŻABA Marek	1037	MAGNETI MARELLI TRIATHLON X-TEAM	M-30	00:00:01	00:18:14	00:36:11	00:55:19
10	KOZIARZ Przemysław	612	RUNONLINE TEAM	M-20	00:00:01	00:18:16	00:36:34	00:55:48
11	MUSKIETORZ Piotr	162		M-20	00:00:01	00:18:34	00:36:49	00:56:06
12	SZCZECIŃSKI Maciej	858	INŻYNIERIA BIEGANIA	M-30	00:00:01	00:18:53	00:37:15	00:56:14
13	NOWICKI Michał	760	SAKWA AGH/KW GLIWICE	M-20	00:00:02	00:18:55	00:37:26	00:56:49
14	GROŃ Krystian	1024	OASIS SPORT TEAM	M-20	00:00:02	00:18:37	00:37:13	00:56:50
15	ŚLIWIŃSKI Piotr	109	OPEL ACTIVE TEAM	M-30	00:00:00	00:18:55	00:37:28	00:56:51
16	BARTNIK Sebastian	531	GB GALOPUJĄCE ŚLIMAKI	M-40	00:00:02	00:18:40	00:37:10	00:56:54
17	RYSZ Robert	619		M-30	00:00:00	00:18:58	00:37:42	00:57:41
18	BASA Przemysław	770	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-40	00:00:06	00:19:08	00:37:51	00:57:48
19	MARSZAŁ Mariusz	822		M-30	00:00:01	00:18:58	00:37:57	00:57:53
20	CHYBA Szymon	623	KS KROTOSZ KROTOSZYN	M-30	00:00:02	00:19:26	00:38:20	00:58:14
21	KRZESIAK Marcin	716		M-30	00:00:03	00:19:26	00:38:21	00:58:14
22	POTERIUK Vita	1247	LKB RUDNIK	K-30	00:00:01	00:19:22	00:38:22	00:58:15
23	SOREMSKI Marek	967	THESORWBIEGU.PL	M-30	00:00:01	00:19:06	00:38:10	00:58:21
24	RZEPKA Piotr	17	PARKRUN KATOWICE	M-20	00:00:08	00:19:40	00:38:47	00:58:47
25	NIESŁON Marek	24	AKMB PEDZIWIATR GLIWICE	M-30	00:00:02	00:19:13	00:38:35	00:58:51
26	KUCHARSKA Ewa	1240	CA AKTYWNI	K-30	00:00:01	00:19:40	00:38:50	00:58:59
27	GŁOWINKOWSKI Jarosław	675	ZIEMIA CIESZYŃSKA	M-40	00:00:02	00:19:29	00:38:46	00:59:07
28	DUŻNIAK Dominik	658	STEP-DANCE RUN GLIWICE	M-30	00:00:01	00:19:19	00:38:49	00:59:32

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
29	KUZYK Agnieszka	792	WKB META LUBLINIEC	K-40	00:00:01	00:19:43	00:38:57	00:59:34
30	POŚNIAK Tomasz	200	ISTA BIEGAMY	M-20	00:00:02	00:19:56	00:39:29	00:59:49
31	STAWINOJA Janusz	581	HIRSCHVOGEL	M-40	00:00:20	00:20:05	00:39:42	01:00:09
32	SZECÓWKA Aneta	949		K-30	00:00:04	00:19:40	00:39:15	01:00:14
33	DWORNICZAK Łukasz	808		M-30	00:00:02	00:20:16	00:39:57	01:00:20
34	SZWAJA Mateusz	1179		M-18	00:00:01	00:19:34	00:39:26	01:00:25
35	KOŹDOŃ Jarek	928	PACEMAKER	M-30	00:00:03	00:20:13	00:39:57	01:00:26
36	KOWOLIK Maciej	554		M-20	00:00:05	00:20:14	00:39:56	01:00:26
37	FAJGER Jarosław	562		M-30	00:00:04	00:20:09	00:39:56	01:00:36
38	BANDURA Szymon	1010	BKT ADVANTAGE BIELSKO-BIAŁA	M-18	00:00:31	00:20:09	00:39:54	01:00:45
39	KULKA Regina	909		K-20	00:00:02	00:20:00	00:39:58	01:00:55
40	ŻOŁĄDŹ Piotr	1147		M-20	00:00:02	00:20:03	00:39:58	01:00:55
41	WYLEŻAŁEK Alina	57		K-30	00:00:04	00:20:13	00:39:57	01:00:57
42	MALINA Dawid	1089	PACEMAKER	M-20	00:00:02	00:20:15	00:39:59	01:00:58
43	KUMOR Tomasz	1079	MACIEJ BODNAR COACHING	M-30	00:00:04	00:20:28	00:40:20	01:01:11
44	LASKOWSKI Tomasz	264		M-30	00:00:04	00:20:13	00:39:55	01:01:22
45	URBASEK Łukasz	987		M-30	00:00:05	00:20:52	00:40:48	01:01:29
46	NOSZCZYK Michał	590	KB JÓZEFINKA	M-40	00:00:06	00:20:12	00:40:13	01:01:45
47	CHROBOK Łukasz	315	NIGHT RUNNERS ZABRZE	M-30	00:00:06	00:20:27	00:40:28	01:01:51
48	KIELAK Leszek	1055	ENTRE RUNNING	M-30	00:00:11	00:21:26	00:41:18	01:01:55
49	BUJALSKI Michał	916		M-30	00:00:08	00:20:52	00:40:56	01:02:17
50	KLIMCZAK Piotr	673	DONT GIVE UP!	M-20	00:00:04	00:21:30	00:41:38	01:02:32
51	LEWICKI Tomasz	155	AKMB PĘDZIWIATR GLIWICE	M-30	00:00:05	00:20:31	00:40:55	01:02:32
52	KSIĄŻEK Dominik	128		M-30	00:00:04	00:21:03	00:41:17	01:02:39
53	WIECHUŁA Marcin	624		M-30	00:00:06	00:20:10	00:40:57	01:02:51
54	MOTYL Piotr	1023		M-50	00:00:06	00:21:07	00:41:41	01:03:12
55	LATOŃ Adam	482		M-30	00:00:06	00:20:33	00:41:21	01:03:13
56	BEHOUNEK Leszek	1106	TV SOKÓŁ ZAKOPANE	M-50	00:00:04	00:21:09	00:41:44	01:03:15
57	PIEKARCZYK Sławomir	326	UNIWERSYTET ŚLĄSKI	M-20	00:00:03	00:20:14	00:40:59	01:03:19
58	ZAGÓRNY Robert	1142	ENTRE RUNNING	M-40	00:00:10	00:21:27	00:41:53	01:03:22
59	PUCHAŁA Michał	419		M-30	00:00:03	00:20:01	00:40:27	01:03:33
60	GROCHOLEWSKI Włodzimierz	1163	TRUCHTACZ MYSŁOWICE	M-40	00:00:10	00:21:17	00:41:56	01:03:39
61	CZEKAŁA Krzysztof	765	EKO-OKNA RUNNERS	M-30	00:00:45	00:21:26	00:42:24	01:03:48
62	MYKAŁA Rafał	1205		M-40	00:00:12	00:21:35	00:42:23	01:03:52
63	GRZYB Dariusz	855		M-40	00:00:03	00:20:17	00:41:30	01:03:53
64	SVENSRUD Erik	825		M-30	00:00:22	00:21:52	00:42:29	01:03:53
65	OCHMAN Rafał	119	OPEL ACTIVE TEAM	M-30	00:00:08	00:21:38	00:42:27	01:03:56
66	DAMEC Olek	66	OCHAJORUN&FRIENDS	M-40	00:00:05	00:22:22	00:43:01	01:04:10
67	WIERZBICKI Łukasz	776	VEGE RUNNERS	M-30	00:00:31	00:21:16	00:42:05	01:04:17
68	ORZECH Michał	662		M-30	00:00:05	00:20:44	00:41:53	01:04:19
69	MICHALSKI Jarosław	16	HETMAN TARNOWSKIE GÓRY	M-30	00:00:03	00:21:01	00:41:54	01:04:20
69	PODGÓRSKI Tomasz	641		M-30	00:00:15	00:22:02	00:42:51	01:04:20
71	FURMANEK Łukasz	29	KLUB BIEGACZA SANTANDERA	M-30	00:00:08	00:21:55	00:42:48	01:04:25
72	PACZKA Michał	735	RUNONLINE.PL TEAM	M-50	00:00:16	00:21:18	00:41:59	01:04:31
73	NOGAJ Janusz	1167	OCHAJORUN & FRIENDS	M-40	00:00:13	00:21:35	00:42:37	01:04:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
74	PIEJKO Jakub	1066	-	M-20	00:00:14	00:20:17	00:41:37	01:04:41
75	BARAN Łukasz	1036		M-30	00:00:14	00:21:34	00:42:34	01:04:41
76	KOWARA Piotrek	301	NOGAMI DO PRZODU	M-20	00:00:17	00:21:33	00:42:35	01:04:41
77	SZEJA Paweł	985		M-30	00:00:12	00:21:40	00:42:39	01:04:42
78	KASPRZAK Radosław	1216		M-20	00:00:07	00:21:38	00:42:35	01:04:44
79	MIKOS Marcin	823	NIGHT RUNNERS	M-20	00:00:15	00:21:35	00:42:35	01:04:44
80	BROSZ Michał	722		M-40	00:00:07	00:21:40	00:42:34	01:04:45
81	MADEJCZYK Tomasz	54	MTM IB TEAM	M-30	00:00:08	00:21:39	00:42:34	01:04:45
82	PIELA Mateusz	671		M-20	00:00:10	00:21:37	00:42:41	01:04:45
83	CZOSNOWSKI Tomasz	495	OTK RZEŹNIK	M-30	00:00:07	00:21:41	00:42:36	01:04:46
84	SZYMURA Wojciech	766		M-40	00:00:09	00:21:37	00:42:42	01:04:46
85	ANGRES Paweł	1059		M-20	00:00:06	00:21:41	00:42:41	01:04:47
86	WILK Dawid	1170	PACEMAKER	M-20	00:00:07	00:21:39	00:42:41	01:04:47
87	KRĘŻOŁEK Daniel	767		M-30	00:00:10	00:21:39	00:42:40	01:04:47
88	NOWAK Mateusz	869	PRZEBIEGA.PL	M-20	00:00:26	00:20:31	00:41:43	01:04:48
89	OKOŃ Łukasz	91		M-30	00:00:08	00:21:29	00:42:35	01:04:49
90	JÓSKOWSKI Rafał	1206	KRS JASTRZĄB RUDA ŚLĄSKA	M-40	00:00:06	00:21:24	00:42:34	01:04:52
91	SZCZESZAK Tomasz	852	EWSASZ TEAM	M-30	00:00:05	00:20:33	00:42:05	01:05:17
92	KRAWCZYK Dawid	1128	BIEGAJ Z BANANEM	M-20	00:00:47	00:21:28	00:43:00	01:05:24
93	SZASTAK Damian	743	HARPAGAN SOSNOWIEC	M-40	00:00:10	00:21:47	00:43:01	01:05:25
94	SKORUPKA Adam	306		M-18	00:00:37	00:21:25	00:42:15	01:05:29
95	GIGOŃ Dariusz	406	KB MCKIS JAWORZNO	M-50	00:00:34	00:22:16	00:43:32	01:05:44
96	NOGAJ Paweł	389	KB MCKIS JAWORZNO	M-40	00:00:34	00:22:12	00:43:32	01:05:44
97	KRÓLIKOWSKI Bartłomiej	1132	ORKIESTRA WOJSKOWA W BYTOMIU	M-30	00:00:38	00:20:57	00:42:30	01:05:44
98	WALIGÓRSKI Robert	440	PARKRUN KĘDZIERZYN-KOŹLE	M-40	00:00:04	00:21:28	00:42:47	01:05:45
99	BEŚKA Sławomir	63	OCHAJORUN & FRIENDS	M-40	00:00:13	00:22:22	00:43:31	01:05:48
100	KAŁAMARZ Mariusz	111	PRYZMAT SALON OPTYCZNY GLIWICE CH ARENA	M-40	00:00:14	00:21:38	00:42:48	01:05:48
101	SZOLC Sebastian	151		M-40	00:00:26	00:22:24	00:43:43	01:05:53
102	TROCHIMCZYK Marcin	681		M-20	00:00:22	00:21:52	00:43:10	01:05:55
103	SCHAB Bartłomiej	14		M-20	00:00:10	00:21:11	00:42:44	01:05:59
104	KOCOŃ Mariusz	798	BOLKO OPOLE	M-40	00:00:12	00:22:05	00:43:27	01:06:03
105	ARTER-KRZYŻEK Angelika	1032	KRAKOWSKA IZBA ADWOKACKA	K-30	00:00:03	00:21:10	00:42:50	01:06:06
106	NAWRAT Piotr	578		M-30	00:02:01	00:21:33	00:43:15	01:06:06
107	KUKUCZKA Mateusz	606		M-30	00:00:08	00:21:40	00:42:49	01:06:08
108	SIKORA Rafał	677		M-30	00:00:08	00:21:37	00:42:54	01:06:10
109	HALCZOK Janusz	1062	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:09	00:21:56	00:43:29	01:06:10
110	STAWARCZYK Krystian	1034	OPEL ACTIVE TEAM	M-30	00:00:14	00:22:13	00:43:40	01:06:21
111	GOŁĘBIEWSKI Bartek	786	KS GOŁĘBNIK	M-40	00:00:15	00:22:02	00:43:57	01:06:28
112	KOMANIECKI Łukasz	660	PRZYJACIÓŁ PUCHACZY	M-30	00:00:09	00:22:18	00:43:57	01:06:30
113	LASKOWSKA Katarzyna	265	BIEGAJ Z TRENERAMI GLIWICE	K-40	00:00:12	00:22:16	00:43:55	01:06:30
114	ŁYZIŃSKI Jan	781		M-50	00:00:12	00:21:52	00:43:30	01:06:31
115	SADŁO Tomasz	569	@SĘDZIABIEGA	M-30	00:00:05	00:21:59	00:43:49	01:06:39
116	TKACZ Paweł	584	BBL GŁUCHOŁAZY	M-30	00:00:20	00:21:33	00:43:28	01:06:40
117	BORZĘCKI Damian	782	JASTEŃ	M-30	00:01:07	00:22:35	00:44:11	01:06:40
118	WIECZOREK Lucjan	669	VEGE RUNNERS	M-30	00:01:36	00:22:48	00:44:09	01:06:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
119	PŁAWIAK Rafał	172	IPA KĘDZIERZYN-KOŹLE	M-30	00:00:40	00:21:45	00:43:33	01:06:42
120	KANIA Michał	248		M-40	00:00:07	00:22:07	00:43:53	01:06:44
121	KROCZEK Andrzej	1159		M-50	00:00:12	00:22:01	00:43:41	01:06:47
122	WIECZOREK Dawid	541	PSYCHONAUCI	M-30	00:00:24	00:22:00	00:43:39	01:06:54
123	PIENIAŻEK Krzysztof	33		M-40	00:00:22	00:22:29	00:44:18	01:06:55
124	WANIEWSKI Michał	773		M-30	00:00:04	00:21:46		01:06:58
125	IMIOLEK Krzysztof	533		M-30	00:00:15	00:22:20	00:44:03	01:07:01
126	PIETRAS Sylwia	488	MIECHOWICKA GRUPA BIEGOWA	K-20	00:00:17	00:22:34	00:44:18	01:07:06
127	MACH Samuel	1065		M-30	00:00:19	00:22:18	00:44:16	01:07:06
128	CZAUDERNA Adrian	463	OCHAJORUN & FRIENDS	M-40	00:00:50	00:22:47	00:44:16	01:07:06
129	BEZUSZKO Tomasz	193	4. WOJSKOWY ODDZIAŁ GOSPODARCZY	M-40	00:00:05	00:21:51	00:43:54	01:07:11
130	PRYSZCZ Mirosław	22		M-40	00:00:11	00:22:39	00:44:23	01:07:12
131	KONIK Andrzej	1098	AMATOR	M-30	00:00:14	00:22:36	00:44:46	01:07:16
132	KRÓL Dariusz	543	SPELEOKLUB DĄBROWA GÓRNICZA	M-30	00:00:15	00:22:30	00:44:25	01:07:20
133	JEREMICZ Krzysztof	1250	RAFKO SA	M-40	00:00:32	00:22:26	00:44:29	01:07:22
134	BRYKOWSKI Przemysław	442	RUN AND FUN	M-40	00:00:31	00:22:32	00:44:29	01:07:23
135	MALINA Krzysztof	1202	INŻYNIERIA BIEGANIA TEAM	M-50	00:00:09	00:22:10	00:44:18	01:07:30
136	SZYDŁO Grzesiu	981	LUCKY LOSERS	M-20	00:00:12	00:21:55	00:44:14	01:07:38
137	SUTKOWSKI Marcin	749	AKADEMIA BIEANIA SWIERKLANY	M-20	00:00:12	00:22:00	00:44:02	01:07:40
138	BUCHTA Adam	1005		M-30	00:00:34	00:22:31	00:44:18	01:07:41
139	NIEDZIELA Janusz	592		M-30	00:00:12	00:21:38	00:43:34	01:07:44
140	URBAN Wiktor	969	NIGHT RUNNERS ZABRZU	M-20	00:00:06	00:21:40	00:43:40	01:07:46
141	JACHYM Arkadiusz	239	SOCIOS GÓRNIK	M-30	00:00:55	00:22:27	00:44:37	01:07:50
142	BORSIAK Sebastian	107	TATA DWÓCH SYNKÓW	M-30	00:00:10	00:22:05	00:44:11	01:07:51
143	SZPILOWSKA Paulina	483	KS OLKUSZ	K-20	00:00:09	00:22:37	00:44:40	01:07:52
144	DŁUGAJ Andrzej	1044		M-40	00:00:27	00:24:24	00:45:59	01:07:54
145	ZYCHOWICZ Artur	1123	-	M-50	00:00:16	00:21:48	00:44:08	01:07:56
146	BAÑBUŁA Grzegorz	27		M-30	00:00:09	00:22:20	00:44:30	01:08:00
147	JARECKA Monika	900	IMPERIUM SPORTU TEAM	K-30	00:00:06	00:22:43	00:44:43	01:08:02
148	STASIAK Mirosław	203	NIGHT RUNNERS GLIWICE	M-30	00:00:01	00:21:51	00:44:26	01:08:05
149	KĘDZIOR Łukasz	894	HOLBOX RUNNERS	M-30	00:00:09	00:21:43	00:43:55	01:08:06
150	FLEGERT Ewa	1144	CHEMIK RYBNIK	K-50	00:00:04	00:23:07	00:45:08	01:08:07
151	BĄBSKI Szymon	309	KS HALNY WĘGIERSKA GÓRKA	M-30	00:00:39	00:22:29	00:44:43	01:08:09
152	BEHRENDT Jakub	124	LECE BO CHCE	M-40	00:00:14	00:22:30	00:44:47	01:08:13
153	BRODEK Andrzej	173		M-40	00:00:06	00:21:59	00:44:19	01:08:14
154	DZIDA Janusz	233	EXME BERGER GROUP	M-30	00:00:00	00:22:11	00:44:24	01:08:16
155	PYZIK Tomasz	966	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:04	00:22:06	00:44:33	01:08:17
156	MAJERANOWSKI Marek	259	SMOLEŃ BYTOM	M-30	00:00:08	00:21:42	00:43:57	01:08:17
157	PRACKI Dariusz	305		M-30	00:00:29	00:23:00	00:45:14	01:08:21
158	RYBIŃSKI Łukasz	258	EŁKA TEAM	M-30	00:00:14	00:21:53	00:44:22	01:08:23
159	ZWIERZYŃSKI Piotr	1115	UNATCO	M-40	00:00:16	00:22:41	00:44:53	01:08:23
160	WAWRZAK Ryszard	729	NIGHT RUNNERS GLIWICE	M-40	00:00:23	00:22:34	00:44:56	01:08:29
161	SZEWCZYK Urszula	1148	AUGUSTEAM	K-40	00:00:13	00:22:31	00:44:49	01:08:32
162	KORCZ Daniel	400	KB MCKIS JAWORZNO	M-30	00:00:32	00:23:26	00:45:40	01:08:42
163	ZWOLAK Tomasz	295	NIGHT RUNNERS ZABRZE	M-30	00:00:33	00:23:45	00:46:30	01:08:42

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
164	MULARCZYK Marek	212	BYLE DO PRZODU	M-20	00:00:43	00:22:30	00:45:00	01:08:43
165	ŁOBKO Adam	421	ŚLĘZAK TEAM	M-40	00:00:07	00:22:55	00:45:11	01:08:45
166	BAGAN Grzegorz	283	GOGGLE PAE TEAM	M-40	00:00:37	00:23:30	00:46:08	01:08:45
167	KRAJEWSKI Michał	848		M-30	00:00:33	00:23:39	00:45:59	01:08:48
168	MASZKA Marcin	708	MK TEAM	M-20	00:00:29	00:23:19	00:45:32	01:08:50
169	NIŻNIKIEWICZ Grzegorz	684		M-40	00:00:25	00:23:05	00:45:24	01:08:55
170	KAWECKI Damian	1117	ITMANAGE	M-40	00:00:28	00:22:45	00:45:12	01:08:55
171	HORZELA Błażej	176	BETA-TRANS	M-20	00:00:25	00:22:47	00:45:15	01:08:57
172	NOWAK Adam	956	TAB2	M-40	00:00:39	00:23:11	00:45:10	01:08:59
173	CZAJA Jarosław	256	FP RUNNING TEAM	M-30	00:00:24	00:23:19	00:45:18	01:09:00
174	STAŃCZAK Grzegorz	910		M-30	00:00:11	00:22:54	00:45:27	01:09:02
175	FILIPEK Hieronim	1196		M-30	00:01:08	00:23:21	00:45:31	01:09:02
176	KARLIK Mateusz	883	PROPOINT	M-20	00:00:23	00:23:11	00:45:48	01:09:08
177	KRAWCZYK Jarosław	1111		M-40	00:01:22	00:24:28	00:46:28	01:09:13
178	CHMURKO Michał	190	STAMINA TEAM	M-30	00:01:58	00:22:54	00:45:33	01:09:15
179	KUSEK Andrzej	1119		M-40	00:00:23	00:23:44	00:46:02	01:09:18
180	KĘDZIERSKI Alfred	1047		M-50	00:00:54	00:22:28	00:45:07	01:09:20
181	SITKO Mateusz	273		M-30	00:00:58	00:23:37	00:45:52	01:09:23
182	WALUKIEWICZ Dariusz	670	KUŹNIA TRIATHLONU	M-40	00:00:31	00:23:50	00:46:17	01:09:24
183	SBECZKA Rafał	942	EASY RUN RACIBÓRZ	M-20	00:01:12	00:22:46	00:45:56	01:09:24
184	ZIELONKA Jacek	367		M-30	00:00:37	00:23:25	00:45:57	01:09:25
185	DZIAŁOSZYŃSKI Witold	992	X-BIONIC POLSKA	M-30	00:00:22	00:23:11	00:45:47	01:09:27
186	ZIELIŃSKI Łukasz	1213		M-30	00:00:05	00:23:01	00:45:39	01:09:31
187	WAWRZY尼亚K Mariusz	945		M-30	00:00:29	00:23:06	00:45:34	01:09:35
188	WRĘCZYCKI Ireneusz	1110	AUGUSTEAM	M-50	00:00:13	00:22:31	00:45:13	01:09:42
189	SZCZEPAŃSKI Rafał	871	OPEL ACTIVE TEAM	M-40	00:00:35	00:23:27	00:45:59	01:09:43
190	RYŃSKI Robert	457		M-30	00:00:12	00:23:11	00:45:42	01:09:44
191	KOLKA Piotr	409	KB MCKIS JAWORZNO	M-30	00:00:33	00:23:32	00:46:18	01:09:45
192	BOGUS Rafał	963	CYCLING JURA	M-40	00:00:12	00:22:52	00:45:37	01:09:47
193	PISINGAS Mariusz	774	SEKCJA BIEGOWA FAMILIA	M-30	00:00:24	00:23:55	00:46:24	01:09:47
194	PIFKO Bartłomiej	809		M-20	00:00:12	00:23:13	00:45:32	01:09:48
195	KOTAS Adam	224	FUTURE PROCESSING RUNNING TEAM	M-20	00:00:37	00:23:37	00:46:21	01:09:49
196	NIESLER Michał	868		M-30	00:00:37	00:23:37	00:46:19	01:09:51
197	CHROBOK Mateusz	318	NIGHT RUNNERS ZABRZE	M-20	00:00:36	00:23:40	00:46:19	01:09:52
198	SUCHARZEWSKI Eugeniusz	1200		M-20	00:01:46	00:23:49	00:46:23	01:09:55
199	PIETRZAK Dariusz	1143		M-30	00:00:21	00:22:33	00:45:15	01:09:56
200	MASNY Michał	206		M-20	00:00:34	00:23:28	00:46:13	01:09:57
201	DZIECIAŃKOWSKI Jarosław	31	OPEL ACTIVE TEAM	M-40	00:00:35	00:22:59	00:45:56	01:09:59
202	JASIŃSKI Leszek	983	LUCKY LOSERS	M-40	00:00:11	00:22:39	00:45:37	01:10:01
203	SOSNA Adrian	761		M-30	00:00:25	00:23:34	00:46:13	01:10:01
204	LEWICKA Justyna	563	AKMB PĘDZIWIATR GLIWICE	K-30	00:00:12	00:23:09	00:45:48	01:10:02
205	KACZOR Rafał	826	PKO BANK POLSKI	M-40	00:00:26	00:23:49	00:46:41	01:10:03
206	HOŁYŃSKI Tomasz	551	SOKÓŁ KNURÓW	M-40	00:00:41	00:23:53	00:46:31	01:10:07
207	BANAŚ Mateusz	1181		M-30	00:00:39	00:23:45	00:46:34	01:10:11
208	WALTER Marcin	999		M-40	00:00:56	00:24:11	00:46:55	01:10:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
209	HADZIK Rafal	32		M-30	00:00:10	00:23:24	00:46:33	01:10:19
210	BARAN Ryszard	529	RAFAKO S.A.	M-50	00:00:32	00:23:18	00:46:13	01:10:19
211	CHRZANOWSKA Barbara	1231	ZDZIERAJ KAPCIE	K-30	00:00:28	00:23:39	00:46:22	01:10:21
212	GOLA Daniel	574	DO GÓRY NOGAMI	M-20	00:00:23	00:23:39	00:46:41	01:10:22
213	FAMUŁA Tomasz	762	FUTURE PROCESSING RUNNING TEAM / TRI DIVISION TRIATHLON TEAM	M-30	00:00:37	00:23:37	00:46:19	01:10:27
214	GOLDA Piotr	739		M-40	00:01:58	00:25:26	00:47:48	01:10:28
215	MAZUR Krzysztof	637	NOWA GLIWICE	M-40	00:00:51	00:23:33	00:46:11	01:10:29
216	ROGALSKI Tomasz	738		M-30	00:00:52	00:23:28	00:46:20	01:10:29
217	MAREK Grzegorz	918		M-30	00:00:33	00:23:27	00:46:26	01:10:32
218	LESZCZYŃSKI Mariusz	271		M-40	00:01:07	00:23:54	00:46:38	01:10:32
219	GIRYCKI Tomasz	892		M-50	00:00:20	00:23:41	00:46:27	01:10:33
220	BRYŁA Grzegorz	448		M-40	00:00:49	00:23:29	00:46:22	01:10:33
221	WALCZYSZYN Andrzej	1029		M-50	00:00:13	00:23:13	00:46:11	01:10:35
222	GUZDEK Sławomir	1078		M-30	00:00:37	00:23:31	00:46:21	01:10:35
223	SZYNWELSKI Michał	225	SOCIOS GÓRNIK	M-30	00:00:41	00:23:53	00:46:32	01:10:37
224	LOSKA Tomasz	20		M-20	00:00:28	00:23:48	00:46:38	01:10:38
225	SUTKOWSKI Jan	803	OPINION SP. Z O.O.	M-30	00:00:49	00:23:41	00:46:23	01:10:38
226	SKRZYPCZYK Paweł	1053		M-40	00:00:10	00:23:10	00:46:24	01:10:39
227	CZARNOZYNSKI Aleksander	628	GTT INTERPROJEKT	M-50	00:00:04	00:23:39	00:46:38	01:10:40
228	BANACH Magda	575	DO GÓRY NOGAMI	K-20	00:00:23	00:23:40	00:46:42	01:10:40
229	HORWAT Jan	993	ROZBIEGAMY TO MIASTO - CZECHOWICE - DZIEDZICE	M-50	00:00:29	00:23:48	00:46:40	01:10:40
230	SKOWROŃSKI Michał	870		M-20	00:00:30	00:23:38	00:46:25	01:10:40
231	JĘCZMIONKA Szymon	833	PKM GLIWICE	M-20	00:00:27	00:23:50	00:46:42	01:10:42
232	RASZEWSKI Wojciech	1219	AUGUSTEAM	M-40	00:00:29	00:23:33	00:46:34	01:10:42
233	KOTOWICZ Tomasz	487	PRO-RUN WROCŁAW	M-40	00:00:47	00:23:57	00:47:00	01:10:42
234	FRANKIEWICZ Artur	687		M-30	00:00:50	00:23:33	00:46:31	01:10:43
235	BIELA Rafał	355		M-30	00:00:44	00:23:40	00:46:30	01:10:47
236	TŁOŁKA Michał	490		M-30	00:00:44	00:23:40	00:46:30	01:10:47
237	KLIMALA Jacek	1008		M-40	00:00:11	00:22:38	00:45:40	01:10:51
238	SALASOWICZ Jerzy	508		M-50	00:00:37	00:23:48	00:46:33	01:10:51
239	RIMPLER Łukasz	494	BIEGNĘ DLA ZUZI	M-30	00:00:38	00:23:38	00:46:33	01:10:51
240	JAWOREK Jacek	793	TEAM JBC	M-30	00:00:46	00:23:43	00:46:52	01:10:51
241	DATKA Robert	195	ŻYJ BEZ OGRANICZEŃ	M-30	00:00:30	00:23:22	00:46:31	01:10:54
242	HAMERLA Adam	381		M-30	00:00:38	00:23:42	00:46:34	01:10:54
243	KIEŁBASA Artur	944		M-30	00:00:30	00:24:05	00:47:01	01:10:55
244	RUBIN Andrzej	83	KB MCKIS JAWORZNO	M-40	00:00:34	00:24:04	00:46:42	01:10:55
245	JACHIMOWSKI Waldemar	382	VIBOVIT KNURÓW	M-40	00:00:38	00:23:40	00:46:37	01:10:55
246	STASZEWSKI Łukasz	510		M-40	00:01:57	00:23:48	00:46:43	01:10:57
247	GRZESIKIEWICZ Mariusz	316		M-30	00:00:33	00:23:49	00:46:44	01:10:58
248	WENGLORZ Marcin	697	PROPOINT	M-20	00:00:33	00:23:46	00:46:41	01:10:58
249	UJMA Michał	383		M-30	00:00:32	00:23:45	00:46:39	01:10:59
250	DANIŁOWSKI Tomasz	957	PARKRUN KATOWICE	M-40	00:00:33	00:23:43	00:46:38	01:10:59
251	GIŻYŃSKI Damian	1082	PACEMAKER	M-30	00:00:28	00:23:47	00:46:42	01:11:00
252	WASZKIEWICZ Tomasz	1085	PACEMAKER	M-40	00:00:28	00:23:47	00:46:41	01:11:00
253	BULA Daniel	1192	RKG NOCEK	M-30	00:00:29	00:23:47	00:46:41	01:11:00

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
254	STEFAŃSKI Zbigniew	959	HEBEL LIBIAŻ,	M-40	00:00:30	00:23:46	00:46:42	01:11:00
255	KOCHUIEVSKYI Oleksandr	640		M-20	00:01:50	00:23:47	00:46:44	01:11:00
256	CZAJKA Roman	131		M-40	00:00:25	00:23:52	00:46:45	01:11:01
257	OSTROWSKI Rafał	199		M-40	00:00:29	00:23:48	00:46:43	01:11:01
258	SKOWRON Marcin	313		M-40	00:00:29	00:23:52	00:46:44	01:11:01
259	JEZUSEK Piotr	321		M-30	00:00:23	00:24:16	00:46:55	01:11:02
260	MIECZNIKOWSKI Jacek	639		M-40	00:00:28	00:23:50	00:46:45	01:11:02
261	LASKOWSKI Sebastian	1186		M-30	00:00:09	00:22:52	00:45:44	01:11:03
262	BĘBENEK Mieczysław	523	NIEZRZESZONY	M-50	00:00:40	00:23:48	00:46:54	01:11:04
263	JODEŁŁO Piotr	348		M-30	00:00:19	00:24:08	00:46:57	01:11:05
264	MARCOLA Łukasz	796		M-40	00:00:37	00:23:57	00:46:51	01:11:05
265	NAWROCKI Szymon	903		M-40	00:00:54	00:24:16	00:47:35	01:11:06
266	SUCHY Łukasz	859	HIRERIGHT RUNNING TEAM	M-30	00:01:32	00:23:24	00:46:36	01:11:09
267	MOKRZYCKI Patryk	1091	SAINT-GOBAIN SQUAD	M-40	00:00:29	00:23:47	00:46:44	01:11:12
268	CIEŚLIK Paweł	545		M-40	00:00:34	00:23:56	00:46:56	01:11:12
269	KOWALEWSKI Artur	458	NIE	M-30	00:00:31	00:23:51	00:46:45	01:11:15
270	KWAŚNIEWSKI Dominik	466		M-30	00:01:22	00:24:39	00:47:32	01:11:16
271	KUCHARSKI Rafał	393	KBMCKIS JAWORZNO	M-30	00:00:35	00:24:04	00:46:49	01:11:19
272	NITARSKI Patryk	1108		M-30	00:00:11	00:23:55	00:47:09	01:11:23
273	KURCZEK Tomasz	1203		M-40	00:00:40	00:23:55	00:47:10	01:11:25
274	ZEMCZAK Kamil	599		M-20	00:01:56	00:23:47	00:47:08	01:11:31
275	ŁOWICKA Magdalena	243		K-30	00:00:47	00:24:25	00:47:27	01:11:35
276	UZDOWSKI Jarosław	665	KS DEGENERAT	M-30	00:00:20	00:24:00	00:47:11	01:11:36
277	MICHAŁOWSKI Bolesław	1207	NIGHT RUNNING TEAM KRAKÓW	M-40	00:00:03	00:23:26	00:46:48	01:11:37
278	GALIŃSKI Rafał	1018	STOWARZYSZENIE POWER WALK	M-40	00:00:34	00:24:16	00:47:37	01:11:40
279	ADAMSKI Daniel	1224	JW3940	M-30	00:01:13	00:24:42	00:47:39	01:11:41
280	MALEC Arkadiusz	472		M-30	00:00:55	00:23:12	00:46:34	01:11:47
281	NOWAK Mariusz	530	HIRSCHVOGEL	M-40	00:00:47	00:24:10	00:47:26	01:11:50
282	ZIELONKA Tomasz	169		M-20	00:00:37	00:23:25	00:46:24	01:11:53
283	JANECZEK Marek	532		M-40	00:00:41	00:23:53	00:47:07	01:11:55
284	MOSIO Mariusz	842		M-30	00:00:45	00:24:22	00:47:40	01:11:55
285	PATYNEK Sebastian	484		M-30	00:00:55	00:24:10	00:47:35	01:11:55
286	CHAŁADYN Sławek	478	SBRT GLIWICE	M-30	00:00:55	00:24:10	00:47:35	01:11:56
287	KLAPUCH Michał	1165		M-30	00:00:38	00:23:56	00:47:18	01:11:58
288	GŁÓWKA Rafał	663	DOLINIARZE.COM	M-40	00:00:53	00:24:35	00:47:40	01:11:58
289	MACIASZEK Maciek	415	AMATOR	M-30	00:00:17	00:24:44	00:48:00	01:12:00
290	WALISKO Bartłomiej	603		M-20	00:00:48	00:24:16	00:47:40	01:12:01
291	MACHURA Arkadiusz	863		M-40	00:00:47	00:24:19	00:47:46	01:12:02
292	KOSTORZ Konrad	707		M-20	00:00:25	00:23:53	00:47:18	01:12:03
293	TRACZUK Marek	438		M-40	00:00:48	00:24:17	00:47:43	01:12:03
294	KOWALECZKO Dariusz	514		M-30	00:00:46	00:24:18	00:47:43	01:12:04
295	BATKO Janusz	1080		M-40	00:00:56	00:23:54	00:47:20	01:12:04
296	BOGACKA Sabina	1084	PACEMAKER	K-20	00:00:44	00:24:20	00:47:44	01:12:05
297	KRÓTKI Alicja	1096	PACEMAKER	K-30	00:00:44	00:24:19	00:47:44	01:12:05
298	KOŹMIENKO Beata	390	KB MCKIS JAWORZNO	K-30	00:00:31	00:24:27	00:47:58	01:12:06

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
299	MAZUREK Piotr	401	KB MCKIS JAWORZNO	M-30	00:00:32	00:23:58	00:47:04	01:12:07
300	ŁĘCKI Piotr	158		M-30	00:00:40	00:23:39	00:47:12	01:12:08
301	FLIS Dariusz	633	OLIMP ZABRZE	M-50	00:00:43	00:24:24	00:47:48	01:12:09
302	GAWELKO Janusz	693		M-50	00:00:43	00:24:23	00:47:51	01:12:09
303	JAJUGA Tomasz	255		M-40	00:00:36	00:24:04	00:47:34	01:12:11
304	GIERADA Grzegorz	1068		M-20	00:00:41	00:24:17	00:47:51	01:12:11
305	CHOMIK Rafał	1026	T2 TEAM / WAY 2 CHAMP	M-40	00:00:28	00:23:35	00:47:09	01:12:12
306	ADAMEK Hubert	845	IPA KĘDZIERZYN-KOŹLE	M-30	00:00:39	00:24:08	00:47:42	01:12:14
307	MASARCZYK Wojciech	279		M-20	00:00:23	00:24:43	00:48:13	01:12:17
308	BOŚ Przemysław	404	KB MCKIS JAWORZNO	M-30	00:00:33	00:24:32	00:47:59	01:12:18
309	ZAWADA Sebastian	1145	ENDURANCE SOLIDARNI KNUROW	M-30	00:00:05	00:22:42	00:46:45	01:12:19
310	PIETRYSIAK Stefan	759	S.A.S ZABRZE	M-50	00:00:29	00:23:51	00:47:00	01:12:21
311	POPIEL-KRUK Aleksandra	1150		K-30	00:00:36	00:23:42	00:47:16	01:12:21
312	TYCZYŃSKI Ryszard	361	FIGHT CLUB KNURÓW/COMBAT 56	M-30	00:00:30	00:24:08	00:47:26	01:12:23
313	PTASZNIK Jacek	1131		M-40	00:00:40	00:23:48	00:47:13	01:12:24
314	GRONDECKI Grzegorz	153	BIEGAMY Z SERCEM.PL	M-40	00:00:24	00:24:10	00:47:33	01:12:27
315	NOWAK Sebastian	780	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:16	00:24:06	00:47:52	01:12:28
316	PACAN Tomasz	589		M-40	00:00:29	00:23:47	00:46:45	01:12:28
317	DAMIAN MARCZEWSKI Damian	1126		M-20	00:00:57	00:24:17	00:47:56	01:12:34
318	PANZ Krzysztof	672		M-30	00:00:50	00:23:33	00:47:14	01:12:35
319	PROŃ Adam	64	IPRONMAN	M-40	00:00:04	00:23:39	00:47:33	01:12:36
320	WILK Andrzej	915		M-30	00:00:13	00:22:53	00:46:48	01:12:36
321	MAREK Franciszek	1064	ENERGOPROJEKT KATOWICE	M-30	00:00:38	00:24:20	00:47:50	01:12:40
322	SOSINOWSKI-MRÓZ Tomasz	1007	MIECHOWICKA GRUPA BIEGOWA	M-30	00:00:44	00:24:22	00:47:52	01:12:44
323	PARUZEL Ireneusz	876		M-40	00:01:07	00:24:44	00:48:15	01:12:44
324	SZOŁTYSEK Adrian	812		M-30	00:00:10	00:24:47	00:48:17	01:12:47
325	GANSZCZYK Rafał	130	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:24	00:48:03	01:12:48
326	SZOJDA Marcin	668	KS DEGENERAT	M-30	00:00:20	00:24:08	00:47:21	01:12:58
327	RAWŁUSZAEWICZ Maksymilian	379		M-20	00:00:09	00:24:14	00:47:53	01:12:59
328	RAWŁUSZEWICZ Waldemar	378		M-50	00:00:08	00:24:15	00:47:53	01:13:00
329	WÓJCIK Rafał	1040		M-30	00:00:15	00:24:23	00:48:05	01:13:06
330	BRZozowski Piotr	398	KB MCKIS JAWORZNO	M-40	00:00:33	00:24:05	00:47:39	01:13:08
331	STACHOWIAK Adam	654		M-40	00:01:33	00:24:38	00:48:16	01:13:17
332	SOWA Andrzej	695		M-30	00:01:13	00:24:34	00:48:24	01:13:22
333	KOŹLIK Paweł	857		M-20	00:01:11	00:24:38	00:48:06	01:13:23
334	WASKI Łukasz	715		M-30	00:01:13	00:25:30	00:49:10	01:13:23
335	BIERNAT Wojciech	152	OPEL ACTIVE TEAM	M-40	00:01:36	00:24:52	00:48:39	01:13:24
336	CICHOSZ Arkadiusz	524		M-40	00:00:45	00:24:23	00:48:16	01:13:25
337	BUCZYŃSKI Radosław	1149	NIGHT RUNNERS GLIWICE	M-30	00:01:07	00:24:44	00:48:29	01:13:29
338	MUSIOŁ Janusz	266	FIS-SST TEAM	M-30	00:00:57	00:24:49	00:48:38	01:13:31
339	GRAJNY Piotr	840	MOCNI POMOCNI	M-40	00:00:47	00:24:52	00:48:41	01:13:32
340	JABŁOŃSKI Łukasz	303	UNISONO / FIS-SST TEAM	M-20	00:00:56	00:24:50	00:48:44	01:13:32
341	KLIKS Andrzej	86	FIS-SST TEAM	M-40	00:00:55	00:24:51	00:48:45	01:13:33
342	ŁUSIAK Mariusz	970	WATAHA TEAM	M-30	00:00:43	00:24:22	00:47:52	01:13:34
343	WIKTORCZYK Przemysław	249		M-30	00:00:02	00:23:40	00:47:50	01:13:35

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
344	SKRZYPIEC Konrad	818	OPEL ACTIVE TEAM	M-40	00:00:42	00:24:23	00:48:14	01:13:35
345	RUTKOWSKI Bartłomiej	134		M-30	00:00:07	00:24:26	00:48:40	01:13:38
346	RUTKOWSKI Michał	40		M-30	00:00:07	00:24:26	00:48:40	01:13:38
347	SOŚNIAK Tomasz	441	KUDŁATY ART ACTIVE TEAM	M-30	00:00:08	00:24:34	00:48:25	01:13:38
348	KWIATKOWSKI Grzegorz	1141		M-40	00:01:16	00:24:40	00:47:59	01:13:38
349	SZENDZIELORZ Adam	89		M-50	00:00:53	00:24:40	00:48:41	01:13:41
350	LIS Monika	87		K-30	00:00:54	00:24:39	00:48:41	01:13:41
351	KUCH Paweł	906		M-50	00:00:10	00:24:51	00:48:19	01:13:45
352	GÓRKA Szymon	60		M-30	00:00:55	00:24:37	00:48:20	01:13:45
353	FOJCIK Rafał	582	OPEL ACTIVE TEAM	M-30	00:00:43	00:24:22	00:48:01	01:13:46
354	GAWROŃSKI Zbigniew	1222		M-40	00:01:19	00:25:09	00:48:50	01:13:46
355	SWOBODA Jarosław	71	NIGHT RUNNERS GLIWICE	M-40	00:00:59	00:25:02	00:48:55	01:13:50
356	STUDENT Arkadiusz	980	LUCKY LOSERS	M-30	00:00:10	00:23:21	00:47:15	01:13:54
357	KACZKIEWICZ Damian	411	NIGHT RUNNERS GLIWICE	M-40	00:00:59	00:25:02	00:48:55	01:13:56
358	WRÓBEL Piotr	1120	ITMBW KRAKÓW	M-30	00:00:52	00:24:11	00:47:57	01:13:57
359	NARUSZEWICZ Arkadiusz	1011	VEOLIA - PWIK TARNOWSKIE GÓRY	M-40	00:00:19	00:24:45	00:48:36	01:14:00
360	BARTOSIEWICZ Dariusz	156		M-50	00:00:45	00:24:22	00:48:12	01:14:01
361	FRĄCZEK Łukasz	520		M-20	00:02:02	00:24:53	00:48:59	01:14:02
362	STOLARCZYK Robert	55	NIGHT RUNNERS GLIWICE	M-40	00:00:45	00:25:01	00:49:08	01:14:04
363	DIDYK Grzegorz	802	WWW.MIASTO-NIERUCHOMOSCI.PL	M-30	00:00:20	00:24:48	00:48:43	01:14:05
364	ŁAZOWSKI Maciej	899	PURE FIRE TEAM	M-20	00:00:20	00:24:48	00:48:43	01:14:06
365	SZUŚCIK Piotr	147	OPEL ACTIVE TEAM	M-50	00:01:39	00:25:44	00:49:35	01:14:10
366	IMIOŁEK Arkadiusz	230	ED-CERT RUN	M-40	00:00:12	00:24:41	00:48:58	01:14:11
367	JELEŃ Michał	384		M-40	00:00:24	00:24:26	00:48:36	01:14:11
368	WISZNIOWSKI Krzysztof	177		M-30	00:01:45	00:24:09	00:48:02	01:14:11
369	ZDANIEWICZ Radosław	625	PSYCHONAUCI	M-30	00:01:04	00:25:22	00:49:19	01:14:12
370	JANY Kamil	473		M-40	00:00:19	00:24:45	00:48:37	01:14:15
371	SITEK Grzegorz	141	TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE	M-40	00:00:30	00:25:17	00:49:21	01:14:15
372	NIKODON Paweł	718	BIEGAJ Z TRENERAMI	M-30	00:01:26	00:24:57	00:48:46	01:14:17
373	TUREK Maciej	251		M-40	00:00:13	00:24:01	00:48:19	01:14:18
374	NOWICKI Jakub	849		M-30	00:00:46	00:24:26	00:48:42	01:14:18
375	PIETRZAK Marcin	93		M-40	00:00:46	00:24:26	00:48:42	01:14:19
376	HEINRICH Mariusz	1076		M-30	00:01:11	00:24:39	00:48:52	01:14:21
377	ŻOŁNOWSKI Piotr	304		M-30	00:00:55	00:24:52	00:49:00	01:14:22
378	PACUŁA Piotr	126	OPEL ACTIVE TEAM	M-50	00:00:01	00:24:18	00:48:43	01:14:23
379	OSETEK Paweł	1243		M-20	00:00:07	00:22:46	00:46:43	01:14:25
380	STAŚKO Marcin	375		M-30	00:00:18	00:25:03	00:49:17	01:14:25
381	BOREK Dariusz	1164		M-40	00:00:08	00:24:28	00:48:24	01:14:27
382	ZYMELA Dawid	764		M-30	00:00:48	00:24:21	00:48:45	01:14:27
383	STANEK Rafał	481	ZABIERZÓW BIEGA	M-50	00:00:30	00:23:50	00:47:38	01:14:28
384	SMALIRA Beata	866	PRO-RUN WROCŁAW	K-20	00:00:47	00:24:56	00:49:03	01:14:28
385	OSTASZEWSKI Grzegorz	211		M-30	00:01:06	00:25:19	00:49:32	01:14:28
386	TKOCZ Rafał	366		M-30	00:00:16	00:24:09	00:48:32	01:14:31
387	ULIASZ Krzysztof	604	OPEL ACTIVE TEAM	M-30	00:00:42	00:24:45	00:48:38	01:14:32
388	KROCZYK Lesław	1105	SZTAFETA WOŚP	M-40	00:01:13	00:25:11	00:49:19	01:14:32

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
389	NOWAKOWSKI Dominik	1178		Mieszkańcy Gliwic	00:00:36	00:24:07	00:48:49	01:14:34
390	PALEWICZ Wojciech	897	DENTYSTAZGLIWIC.PL	M-30	00:00:47	00:24:50	00:49:02	01:14:34
391	FIGIEL Ewa	363		K-40	00:00:47	00:24:49	00:49:02	01:14:34
392	KUBICA Gerard	1104		M-40	00:00:26	00:24:08	00:48:56	01:14:41
393	SKOTNICKI Paweł	13		M-20	00:00:46	00:24:17	00:48:43	01:14:44
394	DROZD Grzegorz	163		M-20	00:00:42	00:24:34	00:48:55	01:14:49
395	JAROSZ Maciej	1201		M-40	00:00:57	00:25:04	00:49:19	01:14:49
396	SZCZEPAŃSKI Tomasz	839		M-30	00:01:17	00:25:53	00:50:18	01:14:50
397	NOWAKOWSKI Jarek	806	TRI DIVISION FOR GOSIA	M-40	00:00:25	00:25:13	00:49:16	01:14:51
398	BŁASZCZYSZYN Łukasz	222		M-30	00:01:12	00:25:07	00:49:24	01:14:53
399	ŚWIĘTEK Marcin	896		M-20	00:01:19	00:25:01	00:49:29	01:14:59
400	CHWALISZEWSKI Jarosław	59	NIGHT RUNNERS GLIWICE	M-40	00:01:08	00:25:30	00:49:38	01:15:03
401	ŚWIDEREK Andrzej	332	MIECHOWICKA GRUPA BIEGOWA	M-50	00:01:08	00:25:03	00:49:25	01:15:05
402	SZWAJNOCH Piotr	1193		M-30	00:01:00	00:24:59	00:49:37	01:15:06
403	KAWKA Maciej	1039	ETICOD	M-30	00:00:14	00:25:46	00:49:24	01:15:07
404	GULBA Stanisław	873		M-50	00:01:08	00:25:32	00:49:40	01:15:08
405	KASZUBSKI Andrzej	974		M-30	00:02:22	00:24:49	00:49:20	01:15:08
406	WOJAKOWSKI Krzysztof	325	K&K RUN	M-40	00:01:04	00:25:54	00:49:45	01:15:09
407	BAJOREK Dawid	854		M-20	00:01:07	00:25:32	00:49:41	01:15:10
408	GRYSZYN Michał	1140		M-20	00:00:19	00:23:30	00:47:14	01:15:11
409	KULCZYK Anna	725	MUZEUM W GLIWICACH	K-30	00:00:51	00:24:54	00:49:20	01:15:11
410	KUCZMA Jarosław	432		M-40	00:01:02	00:25:30	00:49:52	01:15:13
411	KRZESIAK Michał	372		M-40	00:00:40	00:24:54	00:49:15	01:15:17
412	WIORA Łukasz	594		M-30	00:00:43	00:24:45	00:49:23	01:15:17
413	FAŁEK Krzysztof	804	ŁAMIGNATY	M-40	00:01:15	00:26:09	00:49:37	01:15:17
414	ĆWIKŁA Kamil	78	HARPAGANY	M-30	00:00:15	00:24:35	00:49:15	01:15:21
415	RENKE Piotr	631	EWA BUGDOŁ TEAM	M-40	00:00:36	00:23:49	00:48:13	01:15:21
416	HETMAŃCZYK Jakub	1225	HIRERIGHT RUNNING TEAM	M-30	00:01:31	00:24:42	00:49:08	01:15:21
417	FILUS Michał	1237		M-30	00:01:09	00:25:37	00:50:01	01:15:22
418	GOŁKOWSKI Radostaw	622	ZIN	M-30	00:00:10	00:25:06	00:49:38	01:15:23
419	PRZYBYLSKI Mariusz	146	PGB SPORTOWA PACZKA	M-40	00:00:48	00:25:18	00:49:46	01:15:25
420	GRABOWSKA Joanna	1070		K-40	00:00:49	00:24:19	00:48:42	01:15:27
421	TOMCZAK Mariusz	179	GWARDZIŚCI	M-30	00:00:50	00:26:09	00:50:04	01:15:28
422	CZAUDERNA Klaudia	462	OCHAJORUN & FRIENDS	K-40	00:01:10	00:25:22	00:49:36	01:15:30
423	WYSOCKI Tomasz	322	OCHAJORUN & FRIENDS	M-40	00:01:10	00:25:21	00:49:38	01:15:30
424	MARYNIAK Piotr	730	MIECHOWICKA GRUPA BIEGOWA	M-40	00:01:48	00:25:27	00:50:02	01:15:32
425	SROCZYŃSKI Dariusz	810		M-30	00:01:01	00:25:43	00:50:14	01:15:33
426	FAJGER Sebastian	744		M-30	00:01:11	00:26:06	00:50:55	01:15:33
427	ORZECH Michał	784		M-30	00:00:47	00:25:05	00:49:38	01:15:34
428	RYZIŃSKA Aneta	25		K-40	00:00:10	00:25:12	00:49:39	01:15:35
429	MICHALSKI Bartosz	694	ABM	M-40	00:01:28	00:25:08	00:50:04	01:15:35
430	PODLEWSKI Piotr	1012		M-30	00:01:02	00:25:29	00:49:37	01:15:37
431	PRYMAS Krystian	39		M-30	00:00:51	00:25:22	00:49:42	01:15:39
432	DZIEDZIC Andrzej	573	BHP	M-50	00:00:38	00:24:29	00:49:08	01:15:40
433	DOBOSZ Daniel	1042		M-40	00:01:01	00:23:58	00:48:10	01:15:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
434	BOCHEŃSKA Agnieszka	1249	MOMO	K-30	00:00:23	00:25:15	00:49:38	01:15:41
435	ORLIK Jerzy	385		M-50	00:00:25	00:24:53	00:49:33	01:15:46
436	ŁUKASZKIEWICZ Michał	274	POŻERACZE KILOSÓW	M-30	00:00:14	00:25:11	00:49:52	01:15:49
437	GLISZCZYŃSKI Paweł	1155	ORZEŁ BIAŁY S.A.	M-30	00:01:15	00:25:24	00:50:02	01:15:51
438	KONIECKO Łukasz	610	WKURW_TEAM	M-30	00:01:14	00:25:55	00:50:03	01:15:54
439	WEGNER Tomasz	1156	ORZEŁ BIAŁY S.A.	M-30	00:01:10	00:25:34	00:50:06	01:15:58
440	DZIAŁKOWSKI Adam	377	4ACTIVE TEAM	M-40	00:00:35	00:24:29	00:48:16	01:15:59
441	PAPROTNY Witold	284		M-30	00:01:21	00:25:56	00:50:24	01:16:02
442	BELZYT Edmund	598	ZABIEGANI CZĘSTOCHOWA	M-60	00:00:25	00:25:11	00:49:58	01:16:06
443	KOWACZEK Marek	1135		M-30	00:00:50	00:25:26	00:50:19	01:16:06
444	GRESZTA Grzegorz	474	JAH RASTAFARAJ	M-30	00:00:03	00:23:18	00:48:28	01:16:08
445	HASA Adam	1129	SZTAFETA NA WOŚP	M-40	00:01:13	00:25:11	00:49:22	01:16:13
446	BUDZIŃSKI Krzysztof	1006	SCUBA DIVE	M-40	00:01:56	00:25:52	00:50:39	01:16:14
447	WOJDA Maksymilian	396	MAKSYMILIAN WOJDA	M-30	00:00:42	00:25:27	00:50:11	01:16:17
448	GOLEC Przemysław	1139		M-40	00:01:58	00:25:51	00:49:59	01:16:18
449	KREMPA Sławomir	1041		M-30	00:00:30	00:24:12	00:48:34	01:16:20
450	JAMRÓZ Wojciech	1174	KW GLIWICE	M-40	00:00:39	00:25:21	00:50:04	01:16:24
451	MIELNIK Krzysiek	550		M-30	00:00:41	00:26:17	00:50:32	01:16:24
452	GAWINEK Adam	991		M-30	00:00:41	00:26:27	00:51:02	01:16:29
453	HERZ Krzysztof	77	ANEMIKI	M-20	00:00:48	00:24:58	00:49:54	01:16:29
454	GARYGA Łukasz	167	RUNHOGS	M-30	00:00:48	00:24:58	00:49:54	01:16:29
455	GRACH Aleksandra	125	RUN AND FUN TEAM	K-40	00:00:45	00:25:00	00:49:44	01:16:30
456	GRUSZCZYŃSKI Bogusław	634		M-60	00:00:46	00:25:08	00:49:59	01:16:30
457	ADAMSKI Dawid	161		M-30	00:00:52	00:25:52	00:50:45	01:16:33
458	DAWIEC Michał	96	ARKADIA FIT ZABRZE	M-30	00:00:16	00:25:48	00:50:33	01:16:34
459	TRESKA Piotr	1228	RUNHOGS	M-30	00:00:47	00:26:29	00:51:21	01:16:34
460	TOMASZEWSKA Olga	872		K-30	00:00:47	00:26:29	00:51:21	01:16:34
461	KUMOR Dagmara	734		K-30	00:00:58	00:26:14	00:51:01	01:16:44
462	LUBICKI Wojciech	15	TRIUMF	M-50	00:00:27	00:24:33	00:49:23	01:16:45
463	MAY-MAJEWSKI Michał	345	4 M	M-30	00:01:00	00:25:39	00:50:35	01:16:45
464	KWAPIEŃ Paweł	1183		M-40	00:00:08	00:25:17	00:50:19	01:16:46
465	DREWUSZEWSKI Maciej	342	4M	M-30	00:01:00	00:25:39	00:50:34	01:16:46
466	ZIOBER Grzegorz	1107	SPARTA PLATFUS	M-30	00:01:05	00:25:27	00:50:34	01:16:48
467	KOPLIN Kasia	45	FRAZOCHY	K-30	00:01:25	00:25:22	00:50:06	01:16:48
468	WILSZ Adam	92	FIS-SST TEAM	M-40	00:00:55	00:25:58	00:50:55	01:16:49
469	WIECHOWSKI Artur	1077	SPARTA PLATFUS	M-30	00:01:05	00:25:27	00:50:34	01:16:49
470	PRENZENA Paweł	47		M-20	00:00:29	00:24:04	00:49:05	01:16:51
471	ZDZIEBKO Artur	44		M-40	00:00:58	00:26:06	00:50:58	01:16:51
472	TURNIAK Miłosz	860	HIRERIGHT RUNNING TEAM	M-30	00:01:31	00:25:40	00:50:37	01:16:51
473	PATRZYK Jacek	1114		M-40	00:01:03	00:25:46	00:50:48	01:16:52
474	AUGUŚCIK Paweł	746	EKO-OKNA RUNNERS	M-30	00:01:11	00:26:00	00:50:44	01:16:52
475	KALITA Artur	535	ANTONTEAM	M-40	00:00:07	00:26:17	00:51:55	01:16:55
476	BORC Jacek	73		M-40	00:01:10	00:25:47	00:50:35	01:16:57
477	GRAMATYKA Paweł	585		M-40	00:01:18	00:25:49	00:50:40	01:17:00
478	WELM Grzegorz	506	ZABIEGANI CZĘSTOCHOWA	M-40	00:01:40	00:26:10	00:51:18	01:17:00

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
479	BAJ Tomasz	145		M-20	00:00:46	00:25:34	00:50:22	01:17:01
480	DYMNICKI Andrzej	75	OCHAJORUN&FRIENDS	M-40	00:01:13	00:25:46	00:51:06	01:17:02
481	MOCEK Roman	613		M-50	00:01:55	00:26:08	00:51:02	01:17:02
482	KOPCIK Tomasz	229	COMBAT56	M-30	00:01:16	00:26:01	00:51:09	01:17:03
483	TOCZYDŁOWSKI Łukasz	819		M-30	00:01:55	00:26:08	00:51:03	01:17:03
484	BEŁKOT Akradiusz	1214		M-40	00:01:11	00:25:38	00:50:43	01:17:04
485	SZTECHMILER Grzegorz	864	ARNOLDS	M-30	00:01:11	00:25:43	00:50:46	01:17:04
486	CZEKA Rudolf	1046		M-50	00:01:13	00:25:42	00:50:40	01:17:04
487	CHMIELARZ Grzesiek	758	PATO KATO RUNNING TEAM	M-20	00:01:10	00:25:38	00:50:41	01:17:05
488	RATAJCZAK Krystian	1050		M-30	00:01:10	00:25:54	00:50:49	01:17:06
489	POPIEL Artur	51		M-40	00:01:07	00:25:43	00:50:48	01:17:08
490	ZAWIS Marek	285		M-50	00:00:59	00:25:49	00:50:52	01:17:10
491	NIEMCZYK Rafał	405	KB MCKIS JAWORZNO	M-30	00:00:39	00:26:26	00:51:28	01:17:11
492	GAŁUSZKA Michał	180		M-18	00:01:05	00:25:43	00:50:47	01:17:11
493	RAŚ Natalia	241	BRAK	K-20	00:01:03	00:25:45	00:50:50	01:17:12
494	WOŹNIAK Przemysław	867		M-30	00:01:22	00:27:37	00:52:32	01:17:12
495	KOŹLIK Robert	914		M-30	00:00:49	00:25:07	00:50:45	01:17:13
496	MELICH Tomek	853	SOCIOS GÓRNIK	M-20	00:00:57	00:26:16	00:51:13	01:17:13
497	ROSADA Zdzisław	513		M-50	00:01:00	00:25:48	00:50:51	01:17:14
498	WÓJCIK Katarzyna	1233		K-40	00:00:59	00:26:11	00:51:00	01:17:15
499	PILCH-NANOWSKA Agnieszka	434		K-40	00:00:57	00:25:50	00:50:54	01:17:16
500	BORSUK Mirosław	330	PACEMAKER	M-40	00:00:58	00:25:50	00:50:52	01:17:16
501	LEWANDOWSKI Henry	728		M-40	00:01:02	00:26:00	00:50:56	01:17:16
502	SZADKOWSKI Paweł	1009	PACEMAKER	M-30	00:00:57	00:25:50	00:50:53	01:17:17
503	WIERZBICA Adrian	356		M-30	00:00:59	00:25:52	00:50:58	01:17:17
504	PAWIŃSKI Wojciech	165		M-40	00:01:01	00:26:20	00:51:24	01:17:17
505	STEC Marcin	287	KW GLIWICE	M-30	00:00:59	00:25:41	00:50:43	01:17:20
506	MIERZWA Adam	261		M-40	00:00:35	00:25:47	00:50:44	01:17:21
507	KOZŁOWSKI Zbigniew	314	OFIARY KAMIEŃCA	M-40	00:00:56	00:25:58	00:50:43	01:17:24
508	DEWOR Marek	418	OPEL ACTIVE TEAM	M-40	00:01:18	00:26:30	00:51:29	01:17:24
509	BIEŃKOWSKI Piotr	352	PROMUR	M-20	00:00:57	00:25:52	00:50:58	01:17:26
510	WIETRZYCKI Mariusz	289	BIEGAJ Z TRENERAMI	M-30	00:00:43	00:25:39	00:50:16	01:17:28
511	WIETRZYCKI Zenon	290	BIEGAJ Z TRENERAMI	M-50	00:00:44	00:25:38	00:50:19	01:17:28
512	MAREK Sławomir	2525		M-50	00:00:52	00:26:12	00:51:06	01:17:28
513	ZAPOTOCZNY Przemek	358		M-40	00:01:32	00:26:18	00:51:18	01:17:28
514	KLEPACKA-GANCARZ Barbara	486	MUSTANGI GLIWICE	K-40	00:00:11	00:25:09	00:50:27	01:17:29
515	DĄBROWSKA Halina	1242	ŚWIDNICKA GRUPA BIEGOWA	K-30	00:01:06	00:25:11	00:50:33	01:17:30
516	KRZYWICKI Jan	674		M-60	00:00:56	00:25:31	00:50:20	01:17:31
517	DĄBROWSKI Piotr	1241	ŚWIDNICKA GRUPA BIEGOWA	M-30	00:01:04	00:25:13	00:50:33	01:17:31
518	POPŁAWSKA-WAL Agata	1103	OPEL ACTIVE TEAM	K-30	00:00:59	00:26:10	00:51:02	01:17:33
519	BRZOZOWSKA Teresa	399	KB MCKIS JAWORZNO	K-40	00:00:40	00:26:13	00:51:12	01:17:37
520	LASICZ Aleksandra	753		K-40	00:00:59	00:26:25	00:51:35	01:17:38
521	DADAŚ Janusz	11		M-40	00:00:41	00:25:34	00:51:00	01:17:39
522	WIEKIERA Adam	118		M-30	00:00:35	00:25:57	00:51:11	01:17:41
523	BORUCKI Witold	977	TAKENAKA	M-30	00:01:37	00:26:35	00:51:45	01:17:41

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
524	WIKIERSKI Michał	48		M-30	00:01:03	00:26:13	00:51:16	01:17:43
525	STRASZAK Marek	732	KGB	M-40	00:01:23	00:25:39	00:50:45	01:17:43
526	FERDYNANDZKI Dominik	930		M-30	00:01:25	00:25:43	00:50:31	01:17:44
527	HOMA Dorota	280		K-20	00:00:49	00:26:13	00:51:13	01:17:46
528	PACAN Krzysztof	721		M-30	00:00:27	00:26:22	00:51:25	01:17:47
529	WOJNAROWSKA Sylwia	489		K-20	00:01:33	00:27:15	00:52:01	01:17:47
530	MORDARSKI Artur	924		M-40	00:00:52	00:26:20	00:51:15	01:17:48
531	IZDEBSKI Adrian	344		M-30	00:00:42	00:26:16	00:51:39	01:17:54
532	TRAM Tomasz	1217		M-30	00:01:44	00:26:07	00:51:06	01:17:59
533	WALCZAK Bartłomiej	882		M-30	00:01:09	00:26:29	00:51:35	01:18:01
533	WALCZAK Dorota	881		K-30	00:01:09	00:26:29	00:51:34	01:18:01
535	WOJTAS Magdalena	1226		K-30	00:00:35	00:26:13	00:51:13	01:18:02
536	SZOŁTYSEK Piotr	308		M-40	00:01:01	00:26:25	00:51:23	01:18:02
537	SZOŁTYSEK-GRZESIKIEWICZ Anna	317	TORCIDA GLIWICE	K-30	00:01:01	00:26:25	00:51:26	01:18:03
538	DANIELIK-SŁODKOWSKA Sylwia	380		K-40	00:01:19	00:25:40	00:50:57	01:18:04
539	MICHALAK Grzegorz	666	TOTALNY AMATOR	M-40	00:00:12	00:25:27	00:50:54	01:18:05
540	NIŻNIKIEWICZ Elżbieta	683		K-30	00:01:16	00:25:51	00:51:14	01:18:08
541	MAJEWSKI Grzegorz	185	BEZ KLUBU	M-30	00:00:55	00:26:05	00:51:24	01:18:09
542	MAZUR Sylwia	410	INIEMASLABYCH.PL	K-40	00:01:06	00:26:00	00:51:25	01:18:10
543	ZELIK Bronisław	844	TSUNAMI BYTKÓW	M-60	00:01:00	00:26:29	00:51:54	01:18:11
544	NASIENIAK-CZECH Anna	990		K-40	00:00:21	00:26:41	00:51:59	01:18:12
545	KWAPIEŃ Aleksander	1184		M-30	00:00:09	00:25:22	00:51:11	01:18:13
546	KOWALSKI Zbyszek	615	MARYSIA & SZYMEK TEAM	M-30	00:00:57	00:25:57	00:51:14	01:18:13
547	KWIATKOWSKA Kinga	682		K-20	00:01:33	00:27:15	00:52:06	01:18:14
548	KRAKOWCZYK Adam	120	SBRT	M-40	00:01:03	00:25:55	00:51:06	01:18:18
549	WOJAKOWSKA Katarzyna	324	K&K RUN	K-30	00:01:04	00:25:55	00:51:03	01:18:18
550	PĘDOWSKI Wojciech	727	OK! SPORT	M-50	00:02:11	00:27:12	00:52:25	01:18:18
551	BODUCH Marcin	636		M-20	00:00:19	00:25:21	00:50:47	01:18:22
552	MUSIALIK Rafal	1160		M-30	00:00:24	00:25:08	00:50:21	01:18:22
553	SIKORA Marek	865	W POGONI ZA DUCHEM	M-40	00:00:50	00:26:14	00:51:53	01:18:22
554	GRUSZKA Michal	374	KUŹNIA TRIATHLONU	M-40	00:00:32	00:25:41	00:51:34	01:18:23
555	UCHNAST Sebastian	679	KUŹNIA TRIATHLONU	M-40	00:00:33	00:25:40	00:51:32	01:18:23
556	DOROS Adam	254		M-40	00:00:59	00:26:10	00:51:42	01:18:24
557	LAMPA Alicja	307		K-20	00:01:05	00:26:12	00:51:37	01:18:27
558	ZYCH Wiktor	779		M-30	00:00:21	00:25:22	00:51:10	01:18:30
559	ZAMOJSKI Bartek	829	MIECHOWICKA GRUPA BIEGOWA	M-40	00:01:39	00:25:50	00:51:29	01:18:31
560	KLYTA Wojciech	1185		M-40	00:01:53	00:25:57	00:51:42	01:18:36
561	SMUDA Grzegorz	1093		M-30	00:01:28	00:26:11	00:51:46	01:18:41
562	NOWARA Andzej	1229		M-50	00:00:18	00:25:48	00:51:26	01:18:45
563	BUCHAL Grzegorz	1099		M-40	00:00:18	00:25:48	00:51:26	01:18:46
564	SULIN Marek	1015	SPARTANIE DZIECIOM	M-40	00:00:44	00:26:30	00:51:52	01:18:46
565	PĘDOWSKA Bożena	726	INDYWIDUALNIE	K-50	00:02:47	00:26:28	00:51:59	01:18:46
566	KĄCKA - CICHY Ewa	667	PARKUN CHRZANÓW	K-30	00:00:48	00:25:48	00:51:08	01:18:48
567	MADZIARSKA Monika	364	MARZENIA GÓRSKIE	K-30	00:01:10	00:26:23	00:51:48	01:18:49
568	LUDWIG Marcin	338	4M	M-30	00:00:58	00:27:11	00:52:26	01:18:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
569	SPANDEL-PIWOWAR Izabela	843	EASY RUN	K-40	00:01:12	00:26:30	00:51:50	01:18:53
570	BROM Tomasz	629		M-40	00:01:33	00:27:00	00:52:35	01:18:55
571	GROCHOWSKA Anna	493		K-30	00:01:44	00:26:24	00:52:10	01:18:56
572	KOWALSKA Barbara	936		K-30	00:01:57	00:26:23	00:52:00	01:18:56
573	ZELMANOWICZ Jacek	932	ANTONTEAM	M-40	00:00:06	00:26:18	00:52:03	01:18:59
574	GRABSKI Paweł	790		M-20	00:01:18	00:26:37	00:52:21	01:18:59
575	STACHERA Agnieszka	1087		K-40	00:01:05	00:26:20	00:51:56	01:19:07
576	BRZEZINA Arkadiusz	139		M-30	00:00:45	00:26:35	00:52:17	01:19:10
577	PRUSKO Adrian	685		M-40	00:01:22	00:26:35	00:52:22	01:19:13
578	CZARNIK-PECIAK Aleksandra	184	BRAK	K-40	00:00:31	00:26:03	00:51:44	01:19:17
579	PAŁYGA Agnieszka	194	FUTURE PROCESSING RUNNING TEAM	K-30	00:01:16	00:27:18	00:53:10	01:19:17
580	POPIELA Mirosław	1188	FITBULL	M-40	00:00:07	00:24:46	00:50:37	01:19:18
581	ODOSZEWSKI Roman	454	OASIS SPORT TEAM	M-40	00:01:27	00:26:35	00:52:20	01:19:19
582	RZESZOWSKI Arkadiusz	1101	EKOOKNA RUNNERS	M-40	00:00:45	00:26:38	00:52:24	01:19:20
583	GIERAS Mirosław	1019		M-40	00:00:10	00:26:20	00:52:15	01:19:23
584	PIWOWAR Grzegorz	841	EASY RUN	M-40	00:01:11	00:26:32	00:52:21	01:19:24
585	SKÓRA Aneta	783	NIGHT RUNNERS GLIWICE	K-30	00:01:44	00:26:24	00:52:10	01:19:24
586	KUROWSKI Michał	789	NIGHT RUNNER'S GLIWICE	M-30	00:01:44	00:26:24	00:52:11	01:19:24
587	SZKUDLAREK Michał	144	RUN-LOG.COM	M-30	00:01:28	00:25:26	00:51:19	01:19:25
588	SARKOWICZ Adam	1081	NIEZRZESZONY	M-50	00:00:56	00:26:52	00:52:41	01:19:27
589	GÓRECKI Janusz	175		M-50	00:00:16	00:25:21	00:51:22	01:19:31
590	WOLAŃCZYK Kamila	703		K-30	00:00:03	00:25:28	00:51:25	01:19:37
591	KOWALCZYK Józef	1198		M-40	00:00:55	00:26:01	00:51:52	01:19:38
592	CZAPLA Arkadiusz	498		M-40	00:02:09	00:26:58	00:51:43	01:19:38
593	SIERADZKI Dariusz	293	BIEGAJ Z TRENERAMI	M-30	00:01:31	00:27:16	00:52:56	01:19:41
594	CIASTO Sebastian	800		M-30	00:00:32	00:25:41	00:51:09	01:19:44
595	CYRAN Adam	1048	PF	M-40	00:00:28	00:26:48	00:52:50	01:19:47
596	JĘDRYKA Piotr	1157	TENNECO AUTOMOTIVE EASTERN EUROPE	M-40	00:00:27	00:25:06	00:51:06	01:19:49
597	KOŁAKOWSKI Bartosz	982		M-30	00:02:08	00:25:56	00:52:05	01:19:50
598	CZAJA Łukasz	1204		M-30	00:01:18	00:27:34	00:53:04	01:19:51
599	SELIGA Paweł	291	BIEGAJ Z TRENERAMI	M-30	00:01:17	00:27:34	00:53:06	01:19:52
600	ŁATAK - SKRABUT Barbara	349	MUSTANGI	K-30	00:01:28	00:26:29	00:52:10	01:19:54
601	SIUDYGA Tomasz	1022		M-40	00:00:05	00:26:48	00:52:50	01:19:56
602	KRAJEWSKI Radosław	320		M-30	00:00:40	00:28:19	00:53:36	01:19:56
603	ZAWADZKI Robert	1002		M-30	00:00:54	00:26:30	00:52:39	01:19:58
604	MIZERA Robert	81		M-40	00:01:31	00:27:14	00:53:03	01:19:58
605	KOŁAK Szymon	480		M-20	00:00:30	00:26:02	00:52:25	01:20:01
606	ŚWIĘS Robert	975	TAKENAKA	M-30	00:01:38	00:26:43	00:52:21	01:20:06
607	SZYMIK Michał	1051		M-30	00:01:48	00:26:38	00:52:48	01:20:06
608	SZYMCZYSZYN Jerzy	1004	SCUBA DIVE	M-40	00:01:56	00:27:07	00:53:21	01:20:07
609	DĄBROWSKI Marcin	154		M-30	00:00:14	00:25:58	00:52:37	01:20:08
610	MILER Ireneusz	369		M-40	00:01:44	00:27:00	00:52:45	01:20:08
611	OSETEK Wiesław	1102	OSETEK TEAM	M-20	00:00:07	00:23:50	00:50:41	01:20:12
612	CIMAŁA Rafał	652	ISTA BIEGAMY	M-40	00:01:39	00:27:07	00:53:14	01:20:12
613	STACHOWSKI Wojciech	142		M-40	00:00:14	00:26:27	00:52:41	01:20:13

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
614	GAŁECZKA Michał	247		M-20	00:01:12	00:26:01	00:52:19	01:20:13
615	ROZWADOWSKI Dariusz	1060		M-40	00:01:14	00:26:42	00:53:01	01:20:14
616	SZCZYRA Jan	552		M-30	00:01:35	00:27:11	00:53:19	01:20:16
617	JEGLA Sebastian	439	4T SP. Z O.O.	M-40	00:00:53	00:26:19	00:52:38	01:20:25
618	MULARCZYK Agnieszka	1033		K-30	00:00:51	00:26:03	00:52:06	01:20:26
619	BAUMERT Rafał	577	ISTA BIEGAMY	M-30	00:01:35	00:27:41	00:53:20	01:20:27
620	KORCZAK Krzysztoff	1088		M-40	00:01:47	00:27:15	00:53:28	01:20:29
621	PINKAWA Olgierd	1073		M-40	00:00:27	00:26:49	00:52:51	01:20:31
622	KLESZCZ Marcin	901		M-30	00:01:14	00:26:40	00:52:58	01:20:34
623	PLOCH Tomasz	5	MOMO TEAM	M-30	00:00:44	00:26:47	00:52:57	01:20:37
624	SALA Nela	691		K-30	00:00:45	00:26:47	00:52:58	01:20:38
625	FIT Olga	861	HIRERIGHT RUNNING TEAM	K-30	00:01:32	00:26:18	00:52:25	01:20:39
626	CZORNIK Jarosław	979	LUCKY LOSERS	M-30	00:00:10	00:26:25	00:52:50	01:20:41
627	OCHMAN Ireneusz	70	OPEL ACTIVE TEAM	M-50	00:01:18	00:27:30	00:53:55	01:20:41
628	HANO Jan	1061		M-70	00:00:40	00:26:42	00:53:05	01:20:45
629	KOWALCZYK Grzegorz	159	BIEGAJ Z TRENERAMI	M-40	00:01:07	00:26:34	00:52:44	01:20:48
630	KOCIELSKA Anna	661	AKMB PĘDZIWIATR GLIWICE	K-30	00:01:08	00:26:38	00:52:42	01:20:48
631	SKURZYŃSKA Kaja	751		K-20	00:01:17	00:26:41	00:52:41	01:20:49
632	WOZNIAK Marek	938	CISCO RUNNING TEAM	M-30	00:01:05	00:26:11	00:52:19	01:20:51
633	MICHNA Wojciech	1177		M-20	00:01:12	00:26:00	00:52:39	01:20:51
634	ŻYNDA Łukasz	648		M-20	00:00:14	00:27:06	00:53:38	01:20:56
635	WĄSOWSKI Marek	939	MAXIMUS	M-40	00:01:12	00:27:08	00:53:21	01:20:57
636	STAWSKA Joanna	35	BIEGAJ Z TRENERAMI	K-50	00:00:49	00:27:05	00:53:22	01:21:01
637	DOBOSZ Mariusz	138	GO-LEASING	M-30	00:01:02	00:27:19	00:53:30	01:21:05
638	RYGIEL Sebastian	702		M-30	00:00:51	00:26:30	00:52:43	01:21:06
639	PENKALA Artur	137	GO-LEASING	M-30	00:01:01	00:27:19	00:53:31	01:21:06
640	LEWANDERSKI Dariusz	547	HIRSCHVOGEL	M-30	00:01:30	00:27:36	00:53:53	01:21:06
641	CZEMPIEL Łukasz	655		M-30	00:02:12	00:27:13	00:53:16	01:21:08
642	GAWEŁ Krzysztof	216		M-50	00:00:26	00:26:15	00:52:36	01:21:10
643	PIERZCHALSKI Krystian	1056		M-30	00:01:36	00:27:47	00:53:45	01:21:12
644	GRABOWSKI Maciej	922		M-30	00:01:22	00:27:25	00:53:42	01:21:14
645	SZULC Michał	336	4M	M-40	00:01:01	00:27:18	00:53:50	01:21:16
646	PROKOP Elżbieta	100	BIEGAJ Z TRENERAMI	K-50	00:00:34	00:27:13	00:53:30	01:21:17
647	JEZIOR Bartosz	1153	TENNECO AUTOMOTIVE EASTERN EUROPE	M-30	00:02:40	00:27:11	00:53:16	01:21:17
648	JEZIORNY Ryszard	451	WIELUŃ BIEGA	M-50	00:00:21	00:28:31	00:54:42	01:21:23
649	KANIA Dominik	1075	R.R. MARTIN PISZ JUŻ TE KSIĄŻKI	M-30	00:01:15	00:27:42	00:54:08	01:21:24
650	OSIŃSKI Paweł	140	BIEGAJ Z TRENERAMI	M-30	00:02:00	00:26:32	00:52:39	01:21:32
651	POLAK Krzysztof	133	OPEL ACTIVE TEAM	M-40	00:01:06	00:28:06	00:54:42	01:21:36
652	WIECZORKE Marcin	553		M-40	00:00:37	00:25:54	00:52:19	01:21:37
653	SIKORA Grzegorz	420		M-40	00:01:47	00:27:43	00:53:09	01:21:37
654	ROGÓŻIK Szymon	1232		M-30	00:01:13	00:26:33	00:53:07	01:21:41
655	NANCKA Brygida	204		K-40	00:00:50	00:27:11	00:53:41	01:21:45
656	MORITZ-PIĄTEK Kasia	67		K-40	00:01:05	00:27:04	00:53:23	01:21:46
657	KUCZERA Łukasz	540		M-30	00:01:40	00:27:42	00:54:10	01:21:50
658	OLESIŃSKI Tomasz	299		M-40	00:00:11	00:27:38	00:54:04	01:21:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
659	OLESIŃSKA Joanna	298		K-40	00:00:12	00:27:38	00:54:04	01:21:51
660	RYZIŃSKI Dariusz	19	SAN ESCOBAR	M-50	00:00:10	00:25:56	00:52:48	01:21:52
661	SMUDA Andrzej	157	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:25	00:27:14	00:53:45	01:21:52
662	MUSZYŃSKA Ewa	559	FIZJOFUNK	K-30	00:00:45	00:27:37	00:54:16	01:21:56
663	KRZYSZKOWSKA Agnieszka	65		K-30	00:00:46	00:26:40	00:53:35	01:21:56
664	RADUCKI Andrzej	1001	WIELUŃ BIEGA	M-40	00:00:50	00:28:20	00:54:51	01:21:58
665	LINEK Mariusz	1180		M-40	00:00:29	00:27:07	00:53:48	01:21:59
666	BIELECKI Adam	576	CHÂTEAU CHALIN	M-40	00:01:01	00:26:56	00:53:49	01:22:03
667	KOWALCZYK Robert	664	ISTA BIEGAMY	M-40	00:01:35	00:27:11	00:53:20	01:22:06
668	ŁOSIK Konrad	2405		M-40	00:01:59	00:26:40	00:53:18	01:22:14
669	PAWLIK Rafał	591	POBORSZÓW	M-20	00:01:56	00:27:37	00:53:34	01:22:17
670	KALATA Grzegorz	564		M-20	00:01:57	00:26:32	00:53:07	01:22:18
671	SZCZĘŚNIAK Krzysztof	1124		M-30	00:01:43	00:27:42	00:53:52	01:22:19
672	PRUCHNIK Andrzej	88	OPEL ACTIVE TEAM	M-50	00:00:15	00:26:06	00:52:36	01:22:20
673	BOGDAŁ Michał	768		M-30	00:01:03	00:28:36	00:55:11	01:22:22
674	DYMAREK Łukasz	351	KM PSP GLIWICE	M-30	00:01:07	00:26:31	00:53:07	01:22:22
675	KUCZMA Joanna	433		K-40	00:01:00	00:27:33	00:54:26	01:22:30
676	PIŁAT Jarosław	74	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-30	00:01:21	00:28:04	00:55:34	01:22:30
677	POLEWSKI Piotr	1090		M-50	00:01:46	00:27:40	00:54:17	01:22:30
678	STEINHOFF-TRACZEWSKI Marek	704		M-20	00:00:20	00:25:52	00:52:14	01:22:32
679	CYBA Marek	129		M-40	00:01:42	00:27:43	00:54:17	01:22:34
680	GAWRYŚ Bartek	2409		M-30	00:01:59	00:26:39	00:53:17	01:22:34
681	POKRYSZKA Bartosz	30		M-30	00:01:20	00:28:03	00:54:26	01:22:35
682	STALICA Wojciech	984	IZOERG	M-40	00:01:16	00:28:07	00:54:30	01:22:39
683	KORDECKI Bartosz	778	BALLENA MORADA	M-30	00:01:19	00:27:46	00:54:34	01:22:40
684	DRZEWIECKA Julita	733	KGB	K-40	00:01:24	00:26:56	00:54:01	01:22:53
685	NAWROT Agnieszka	1133		K-40	00:00:17	00:27:27	00:54:07	01:22:56
686	MARKIEWICZ Rafał	1134		M-40	00:00:18	00:27:26	00:54:06	01:22:56
687	BIOLIK Piotr	527		M-50	00:00:20	00:26:06	00:53:05	01:22:56
688	POPIEL Adriana	50		K-30	00:01:05	00:27:47	00:54:39	01:22:57
689	GŁÓWKA Alfred	965	KARCZMA U FRED A	M-50	00:00:40	00:27:18	00:54:30	01:22:58
690	KONOPKA Agnieszka	235		K-30	00:00:56	00:27:40	00:54:24	01:22:58
691	TYLMAN-MADEJCZYK Marta	53	MTM IB TEAM	K-30	00:01:18	00:28:10	00:54:44	01:22:59
692	FLORECKI Andrzej	82	AKMB PĘDZIWIATR GLIWICE	M-60	00:01:08	00:26:41	00:53:29	01:23:01
693	PERZANOWSKI Piotr	414		M-20	00:01:41	00:27:48	00:54:39	01:23:01
694	LACH Grzegorz	917	BLOOD MANTRA	M-30	00:02:24	00:27:29	00:54:20	01:23:01
695	BOJDA Dawid	477		M-20	00:00:31	00:27:10	00:54:37	01:23:06
696	PRZESTALSKI Marian	1169		M-20	00:01:52	00:28:19	00:55:03	01:23:08
697	PRZESTALSKI Kornel	1168		M-20	00:01:52	00:28:19	00:55:07	01:23:08
698	DWORNICZAK Paweł	880		M-30	00:01:53	00:28:02	00:55:13	01:23:08
699	WOLIŃSKI Józef	36		M-50	00:01:40	00:28:00	00:54:48	01:23:11
700	WALEWSKI Kamil	888	PROPOINT	M-30	00:00:09	00:26:00	00:54:08	01:23:13
701	SERAFIN Patryk	847		M-20	00:01:23	00:28:23	00:55:08	01:23:13
702	MAŁKOWSKI Tomasz	557	NIGHT RUNNERS ZABRZE	M-30	00:01:11	00:28:08	00:54:53	01:23:14
703	PASSIA Robert	445		M-30	00:01:17	00:28:09	00:55:39	01:23:15

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
704	SCHWARZ Jarosław	1189		M-30	00:00:09	00:26:23	00:53:20	01:23:17
705	ŚLIWIŃSKA Alicja	102	NIGHT RUNNER GLIWICE	K-30	00:01:09	00:28:01	00:54:58	01:23:18
706	KOŁODZIEJ Jacek	890	NIGHT RUNNERS GLIWICE	M-40	00:01:09	00:28:00	00:55:01	01:23:19
707	BIAŁECKI Jan	347	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M-60	00:01:34	00:27:52	00:54:35	01:23:19
708	JAKUBIK Witold	692		M-60	00:00:15	00:27:25	00:54:28	01:23:24
709	MANISTA Paweł	651		M-20	00:01:20	00:28:07	00:55:07	01:23:24
710	PŁONKA Krzysztof	621		M-40	00:01:29	00:27:57	00:55:05	01:23:25
711	ROŻEK Michał	276		M-50	00:01:20	00:27:58	00:54:58	01:23:27
712	ROŻEK Agata	277		K-18	00:01:20	00:27:58	00:54:57	01:23:27
713	BOGUSZ Damian	49		M-30	00:01:26	00:27:16	00:54:16	01:23:27
714	PATRYARCHA Piotr	851		M-40	00:01:54	00:28:07	00:55:05	01:23:27
715	BLASZKE Waldemar	328	NR GLIWICE	M-50	00:01:37	00:28:00	00:54:54	01:23:29
716	CZERNEK Marek	549	BIEGAJ Z TRENERAMI	M-40	00:01:42	00:28:10	00:55:23	01:23:29
717	KOWALCZYK Tomasz	713	LIFE COACH	M-30	00:01:24	00:27:57	00:55:01	01:23:31
718	ĆWIOK Marek	426	TUV RHEINLAND	M-40	00:00:55	00:27:26	00:55:00	01:23:36
719	OSTROMĘCKI Andrzej	424	PĘDZĄCA KREWETKA	M-30	00:01:32	00:27:56	00:55:25	01:23:38
720	WOŹNIAK Marek	337		M-40	00:01:17	00:28:08	00:55:12	01:23:41
721	CHODAWSKA Dorota	731	OPEL ACTIVE TEAM	K-30	00:01:21	00:28:04	00:55:23	01:23:42
722	SOBEL Łukasz	801	OPEL ACTIVE TEAM	M-30	00:01:21	00:28:04	00:55:23	01:23:43
723	KOZACZKA Włodzimierz	192	BB EL-PROJEKT TEAM	M-40	00:01:22	00:28:00	00:55:18	01:23:43
724	MOJ Adam	1003		M-30	00:01:47	00:27:13	00:54:14	01:23:44
725	WEBER Tomasz	23	HUSARIA RACE TEAM	M-20	00:01:22	00:28:36	00:55:36	01:23:48
726	PUCHAŁA Ewelina	1086	PACEMAKER	K-30	00:01:17	00:28:08	00:55:46	01:23:52
727	SOROKA Krzysztof	1083		M-30	00:01:51	00:28:01	00:55:13	01:23:52
728	BŁACH Piotr Buła	968	PACEMAKER	M-50	00:01:16	00:28:08	00:55:38	01:23:53
729	KALBARCZYK Arkadiusz	954	EASY RUN RACIBÓRZ	M-30	00:01:18	00:27:58	00:55:17	01:23:53
730	KROCZEK Liliana	452	KNIGHT RUNNERS GLIWICE	K-40	00:01:15	00:28:10	00:55:45	01:23:56
731	MICHALAK Patryk	509		M-20	00:01:09	00:28:16	00:55:47	01:24:01
732	WÓJCIK Anna	935		K-30	00:00:49	00:28:09	00:55:43	01:24:04
733	LESISZ Katarzyna	920		K-40	00:00:49	00:28:09	00:55:43	01:24:04
734	MĄCZKO Jan	1045		M-50	00:00:51	00:28:41	00:55:54	01:24:04
735	RYMASZEWSKI Wojtek	1054		M-30	00:01:04	00:28:14	00:55:53	01:24:05
736	BIAŁAS Krzysztof	797	ŁAMIGNATY	M-40	00:01:15	00:28:51	00:56:22	01:24:07
737	HERUD Magdalena	996	EKO-OKNA RUNNERS	K-30	00:01:23	00:28:30	00:55:42	01:24:10
738	KOPPEL Bartłomiej	68	NIGHT RUNNERS GLIWICE	M-30	00:01:27	00:28:16	00:55:37	01:24:10
739	DYNIA Krystian	1218		M-30	00:02:03	00:28:15	00:55:06	01:24:12
740	URBAŃSKI Marek	1021	WORK4	M-40	00:01:12	00:27:48	00:55:25	01:24:15
741	WIDURSKA Magdalena	941		K-30	00:01:52	00:28:31	00:55:51	01:24:15
742	KOŻUCH Agnieszka	940	LECZYMY DURŚ	K-40	00:01:52	00:28:31	00:55:51	01:24:15
743	MAKOSZ Barbara	105	RUNTEAM PAWŁOWICE	K-40	00:02:01	00:28:17	00:55:11	01:24:15
744	GDULA Teodozja	269		K-60	00:01:45	00:28:10	00:55:15	01:24:19
745	PAWLIK Michał	245		M-30	00:01:06	00:27:53	00:55:28	01:24:22
746	KANIOWSKI Andrzej	431		M-30	00:00:29	00:27:45	00:55:12	01:24:23
747	BATEJKO Beata	164	BEETEAM	K-40	00:00:50	00:27:41	00:55:23	01:24:23
748	MAŚLANKA Ireneusz	464	NIGHT RUNNERS GLIWICE	M-50	00:01:18	00:28:10	00:55:32	01:24:23

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
749	ZEMŁA Piotr	267		M-40	00:00:56	00:27:55	00:55:52	01:24:26
750	KOPER Tomasz	365		M-30	00:00:13	00:28:56	00:56:20	01:24:28
751	LATUSEK Krzysztof	373	PIERDZĄCY KALAFIOR	M-30	00:00:13	00:28:56	00:56:19	01:24:28
752	SZCZECH Krzysztof	742		M-40	00:01:14	00:28:03	00:55:24	01:24:28
753	BUKOWSKI Adam	234		M-20	00:00:44	00:27:43	00:55:52	01:24:29
754	MASIAREK Mariusz	327	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:01:11	00:28:13	00:55:45	01:24:30
755	OZYP Mariusz	232	ODRIVE	M-20	00:00:01	00:28:30	00:56:23	01:24:35
756	ZIMOCH Grzegorz	240		M-30	00:01:46	00:29:09	00:56:25	01:24:35
757	MAKSYMIUK- KONOPKA Ewa	226		K-40	00:00:36	00:27:39	00:54:48	01:24:36
758	SZCZYPKA Marianna	885		K-40	00:01:05	00:28:34	00:56:10	01:24:37
759	WŁOSZCZYŃSKA Ewa	103	IB TEAM	K-30	00:01:17	00:28:42	00:55:46	01:24:40
760	KUREK Jacek	205		M-30	00:00:19	00:27:01	00:54:51	01:24:42
761	ZIMNY Marcin	737		M-30	00:01:19	00:28:02	00:55:26	01:24:43
762	KOWALCZYK Anna	567	HIRSCHVOGEL	K-40	00:01:28	00:28:46	00:56:10	01:24:44
763	GRADOŃ Włodzimierz	850		M-50	00:01:10	00:28:22	00:55:38	01:24:47
764	GRABSKI Michał	548	KOMBO KURCZAKI	M-30	00:01:16	00:28:07	00:55:33	01:24:49
765	ŚLIWKA Janusz	630		M-30	00:01:24	00:28:10	00:55:35	01:24:49
766	JANICKA Dagna	632	DREAM TEAM	K-30	00:01:24	00:28:10	00:55:35	01:24:50
767	KLEJNOWSKI Mateusz	461		M-20	00:00:58	00:28:11	00:55:48	01:24:51
768	PUKAS-STĘCŁIK Karolina	428		K-30	00:01:09	00:28:55	00:56:37	01:24:52
769	PIELA Monika	238		K-20	00:02:01	00:28:16	00:55:47	01:24:52
770	KLEJNOWSKA Katarzyna	453		K-20	00:00:58	00:28:11	00:55:51	01:24:53
771	JAWORECKI Paweł	1112		M-50	00:01:00	00:26:41	00:54:37	01:24:55
772	JAKUBIAK Arkadiusz	12	OPEL ACTIVE TEAM	M-40	00:01:19	00:28:10	00:55:43	01:24:55
773	KRAKOWSKI Jacek	1121	IPA II KATOWICE	M-40	00:01:45	00:28:11	00:55:53	01:24:55
774	ORŁOWSKI Daniel	838	BESTWHISKYMARKET.COM	M-40	00:01:25	00:28:20	00:55:59	01:24:59
775	KLIMAS Jarosław	360	JAVAPPA	M-30	00:00:51	00:27:20	00:55:00	01:25:02
776	MUSIAŁ Bożena	921		K-30	00:00:50	00:28:07	00:55:43	01:25:08
777	SZAFRUGA Michał	499	W POGONI ZA DUCHEM	M-40	00:01:49	00:28:13	00:55:29	01:25:08
778	BARTAS Agnieszka	500	ISTA BIEG A MY	K-30	00:01:48	00:28:14	00:55:26	01:25:09
779	KNEBEL Patrycja	919		K-30	00:00:48	00:28:09	00:55:45	01:25:10
780	GĘBCZYŃSKI Paweł	143		M-30	00:01:43	00:28:06	00:55:58	01:25:10
781	MISIURA Artur	1057		M-20	00:00:45	00:28:42	00:56:24	01:25:15
782	JANCZAŁA Sabina	642	SBRT	K-20	00:01:14	00:28:23	00:55:56	01:25:16
783	ŁUBKOWSKI Robert	1100		M-40	00:01:49	00:28:58	00:56:31	01:25:16
784	KONOPKA Marek	228		M-40	00:00:35	00:27:45	00:55:22	01:25:17
785	ZAPOTOCZNA Renata	359		K-40	00:01:32	00:28:02	00:55:30	01:25:18
786	KWIATKOWSKA Katarzyna	72		K-40	00:00:46	00:28:01	00:55:44	01:25:19
787	ZAMOJSKA Iwona	828	MIECHOWICKA GRUPA BIEGOWA	K-30	00:01:39	00:27:47	00:55:08	01:25:19
788	WYPCHOŁ Piotr	646		M-50	00:01:21	00:29:07	00:56:15	01:25:27
789	CZERNIAK Żaneta	846		K-40	00:01:23	00:28:23	00:55:39	01:25:27
790	MACHNOWSKI Wojciech	207	NIGHT RUNNERS GLIWICE	M-30	00:01:20	00:28:08	00:55:45	01:25:29
791	BRZEŻNIAK Krzysztof	1152	TENNECO AUTOMOTIVE EASTERN EUROPE	M-40	00:02:32	00:28:26	00:56:18	01:25:29
792	LEWANDOWSKI Grzegorz	1025		M-30	00:01:23	00:28:35	00:56:24	01:25:30
793	UNIEJEWSKI Tomasz	961		M-30	00:01:25	00:28:04	00:55:40	01:25:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
794	SYGUŁA Katarzyna	132	KB MCKIS JAWORZNO	K-40	00:00:41	00:27:53	00:55:59	01:25:31
795	PADOŁ Zbigniew	278		M-50	00:00:12	00:29:22	00:56:59	01:25:32
796	BALIŃSKA-SANOCKA Aneta	208		K-40	00:01:22	00:28:46	00:56:27	01:25:32
797	SANOCKA Dorota	286		K-40	00:01:23	00:28:45	00:56:25	01:25:32
798	PIEKARA Piotr	653	NIGHT RUNNERS	M-20	00:00:46	00:29:29	00:57:04	01:25:34
799	HAMANN Sławomir	294		M-30	00:01:38	00:27:52	00:56:18	01:25:34
800	JAROSZEK Artur	491		M-30	00:01:40	00:29:09	00:56:39	01:25:34
801	POPIELUCH Daniel	492		M-30	00:01:39	00:29:10	00:56:38	01:25:35
802	MRÓZ Adrian	647	TS IRON MAN GOGOLIN	M-40	00:01:20	00:28:07	00:55:41	01:25:37
803	NIEDŹWIECKI Paweł	958	OCHOTNICZA STRAŻ POŻARA W KOTUSZOWIE	M-30	00:01:12	00:29:23	00:57:08	01:25:39
804	BĄK-CESARZ Damian	596	TAKENAKA	M-40	00:01:13	00:28:47	00:56:36	01:25:39
805	WIECZOREK Tomasz	807		M-40	00:01:38	00:28:00	00:55:46	01:25:39
806	CESARZ Alicja	597		K-30	00:01:13	00:28:48	00:56:35	01:25:40
807	KUCHNO Marcin	978		M-40	00:01:38	00:29:03	00:57:17	01:25:41
808	ZAWADA Agnieszka	525	GOOD TIME MACIEJ KAMECKI	K-40	00:01:27	00:27:47	00:55:18	01:25:43
809	KAMECKI Maciej	875		M-30	00:01:42	00:29:22	00:57:11	01:25:44
810	MAZUR Sławek	408		M-40	00:01:19	00:28:46	00:56:38	01:25:45
811	BZOWSKA Aleksandra	41		K-30	00:01:25	00:29:42	00:56:34	01:25:46
812	KUBIAK Grzegorz	650	KOMBO KURCZAKI	M-30	00:00:20	00:27:30	00:55:21	01:25:51
813	STYGIENKO Małgorzata	814		K-30	00:01:44	00:29:03	00:56:29	01:25:51
814	GUŁA Błażej	635		M-30	00:01:25	00:28:54	00:56:49	01:25:54
815	SEROCKI Michał	907		M-30	00:00:47	00:29:02	00:56:27	01:25:55
816	POKRYSZKA Wojciech	242	KOMBO KURCZAKI	M-20	00:01:20	00:27:40	00:55:46	01:25:56
817	DEMBOWSKA Bożena	771		K-30	00:01:51	00:28:54	00:57:17	01:25:56
818	DRAMSKA-KUŹMA Julia	395		K-20	00:00:43	00:28:41	00:56:29	01:25:58
818	KUŹMA Jakub	407		M-30	00:00:43	00:28:41	00:56:29	01:25:58
820	WÓJCIK Rafał	824	ZDZIERAJ KAPCIE	M-40	00:01:19	00:28:34	00:56:46	01:25:59
821	BOJANEK Tomasz	1191		M-30	00:00:23	00:26:24	00:53:11	01:26:01
822	ZEGARTOWSKI Grzegorz	649		M-40	00:02:13	00:29:30	00:57:18	01:26:01
823	BLACH Damian	791		M-20	00:02:13	00:29:30	00:57:17	01:26:02
824	NOGA Łukasz	788	ZDZIERAJ KAPCIE	M-30	00:00:45	00:28:28	00:56:06	01:26:05
825	ZIĘBA Michał	889		M-20	00:01:41	00:27:39	00:55:49	01:26:05
826	GRABOWSKI Zbigniew	923		M-60	00:01:24	00:28:25	00:56:16	01:26:14
827	MALSKA-WYROZUMSKA Małgorzata	178		K-30	00:01:44	00:28:12	00:55:58	01:26:14
828	BĄCZEK Grzegorz	973	DAR-BUD TEAM	M-30	00:02:56	00:29:10	00:57:02	01:26:15
829	WYSZYŃSKA Karina	895		K-30	00:01:23	00:28:36	00:56:11	01:26:16
830	ZIĘBA Anna	1013		K-30	00:01:24	00:28:37	00:56:17	01:26:16
831	STYCZEŃ Justyna	805		K-30	00:01:24	00:28:09	00:55:36	01:26:17
832	TETLAK TEACZ Barbara	913	LECZYMY DURŚ	K-30	00:01:45	00:28:59	00:56:58	01:26:19
833	OLSZEWSKI Bartosz	1244		M-20	00:01:26	00:29:12	00:57:16	01:26:28
834	CIEŚLA Anna	937		K-30	00:01:52	00:28:32	00:55:51	01:26:29
835	BARWICKA-KISIEL Sabina	1028		K-30	00:01:29	00:28:26	00:56:40	01:26:32
836	KACZMARSKI Jacek	502	NIGHT RUNNERS GLIWICE	M-30	00:01:45	00:27:58	00:56:40	01:26:32
837	CZERNIK Andrzej	884		M-60	00:02:55	00:28:08	00:56:23	01:26:38
838	LEDWOŃ Aneta	340		K-40	00:01:11	00:28:41	00:56:47	01:26:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
839	JEZUSEK Piotr	210	REBELIA	M-30	00:01:41	00:28:24	00:56:12	01:26:46
840	BOROWICZ Roksana	362	NIGHT RUNNERS GLIWICE	K-20	00:01:02	00:28:29	00:56:31	01:26:50
841	LACH Iwona	772	NIGHT RUNNERS PYSKOWICE	K-30	00:02:07	00:28:41	00:57:07	01:26:57
842	GUJA Bogusław	197	KB MCKIS JAWORZNO	M-60	00:00:41	00:28:33	00:56:53	01:26:58
843	KWAŚNIOK Rafał	150	NIGHT RUNNERS GLIWICE	M-20	00:02:07	00:28:41	00:57:07	01:26:58
844	SPODZIEJA Aleksandra	339		K-20	00:01:31	00:29:22	00:57:27	01:27:00
845	HAJNRICH Maciej	1058		M-30	00:00:35	00:28:43	00:56:51	01:27:02
846	HANZEL Anna	99	AKMB PĘDZIWIATR	K-50	00:01:04	00:28:15	00:56:47	01:27:02
847	KULESZA Łukasz	1094		M-30	00:00:34	00:28:44	00:56:52	01:27:03
848	STANISZEWSKI Krzysiek	706	ZARAZIĆ PASJĄ	M-20	00:01:07	00:28:15	00:55:33	01:27:03
849	KOŁODZIEJCZYK Karolina	386	GMINA STRZELCE OPOLSKIE	K-30	00:01:28	00:29:42	00:58:16	01:27:04
850	PIETRUCHA-WALCZYSZYN Anna	1030		K-40	00:00:17	00:28:17	00:56:25	01:27:12
851	RUSIECKI Dawid	1097		M-30	00:01:06	00:27:19	00:55:22	01:27:17
852	KOTARSKA Angelika	986	TAKEKAKA	K-20	00:01:38	00:29:06	00:57:33	01:27:17
853	NOWORYTA Bogusław	1074	FLUOR SA	M-30	00:02:19	00:29:13	00:57:33	01:27:17
854	SMIESZKOŁ-BRYKOWSKA Sonia	443	RUN AND FUN	K-30	00:01:31	00:29:08	00:57:24	01:27:18
855	ZIMOCH Beata	231		K-30	00:01:46	00:29:09	00:56:26	01:27:18
856	BARAŃSKI Grzegorz	416		M-30	00:01:51	00:29:46	00:57:41	01:27:23
857	WOŹNICZKO Robert	312	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	M-30	00:00:17	00:27:37	00:56:08	01:27:26
858	JACEK Alina	1175		K-30	00:00:17	00:27:38	00:56:09	01:27:26
859	JANKOWSKA Anna	795		K-30	00:01:46	00:28:58	00:56:58	01:27:27
860	BUK Marcin	244		M-20	00:02:05	00:30:42	00:58:59	01:27:36
861	CZERNIK Rafał	333	RAFI TEAM	M-30	00:02:08	00:28:57	00:57:12	01:27:36
862	KOSAKOWSKA Elżbieta	323	SPARTA DĄBROWA GÓRNICZA	K-30	00:01:17	00:28:20	00:57:07	01:27:37
863	OSIŃSKI Robert	310	RAFI TEAM	M-30	00:02:07	00:28:58	00:57:12	01:27:37
864	GAJDA Marek	689		M-40	00:01:34	00:28:54	00:57:24	01:27:41
865	GAJDA Małgorzata	690		K-40	00:01:34	00:28:53	00:57:24	01:27:41
866	LEŚNIAK Ewa	331		K-40	00:01:46	00:29:35	00:57:53	01:27:41
867	SZOTA Magdalena	1116		K-40	00:00:54	00:26:42	00:54:58	01:27:45
868	GRADZIŃSKA Agnieszka	1069		K-20	00:01:29	00:28:57	00:57:31	01:27:46
869	PAWLIK Sebastian	507		M-30	00:01:43	00:29:18	00:57:59	01:27:46
870	MACIASZEK Grzegorz	736	CROSSFIT CZĘSTOCHOWA BASTION	M-20	00:00:24	00:29:52	00:58:57	01:27:49
871	KAPIAS Krystian	166		M-40	00:00:53	00:27:28	00:55:34	01:27:51
872	TOMANEK Paweł	948		M-20	00:01:20	00:28:55	00:57:36	01:27:53
873	BŁASZCZYK Paulina	237		K-30	00:01:51	00:28:54	00:57:19	01:27:55
874	KLAWENDER Ryszard	186	BIEGAMY Z SERCEM.PL	M-50	00:01:30	00:29:06	00:57:38	01:28:02
875	SUSEŁ Alek	1245		M-20	00:00:01	00:27:28	00:53:47	01:28:04
876	DZIOBEK Jacek	816		M-40	00:00:13	00:28:39	00:56:18	01:28:07
877	URBANEK Martin	618	ISTA BIEGAMY	M-30	00:01:38	00:28:22	00:57:37	01:28:08
878	HERLICZKA Tomasz	714		M-40	00:01:31	00:29:15	00:57:54	01:28:10
879	CHROBAK Kamila	246		K-30	00:01:23	00:29:14	00:57:31	01:28:17
880	KRAWCZYK Franciszek	113		M-18	00:01:23	00:29:38	00:57:24	01:28:17
881	GOLEC Katarzyna	811		K-20	00:01:26	00:28:15	00:56:53	01:28:17
882	JURASZCZYK Katarzyna	1071		K-40	00:01:43	00:29:07	00:57:48	01:28:19
883	BOBKOWSKI Maciej	46	PYSKOWICKIE KROKUSY	M-40	00:00:19	00:28:38	00:57:36	01:28:20

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
884	MIERNICKI Mariusz	188	1959	M-50	00:02:00	00:28:40	00:57:31	01:28:20
885	PODOLAK Alfred	501	LAKS FRETPOŁ	M-50	00:01:57	00:27:01	00:55:21	01:28:32
886	OPALIŃSKI Tomasz	874	BETANIA	M-30	00:01:43	00:29:22	00:58:36	01:28:33
887	HONISZ Andrzej	1063		M-30	00:01:42	00:28:58	00:57:51	01:28:37
888	KAMIŃSKA Aleksandra	688		K-20	00:00:43	00:29:49	00:58:36	01:28:38
889	KMIEĆ Zbigniew	754	CERTUM	M-30	00:01:40	00:29:15	00:58:09	01:28:40
890	IBROM-JASIŃSKA Justyna	904	ANGEL ART STUDIO	K-30	00:01:26	00:28:37	00:57:10	01:28:41
891	DZIEDZIC Dominik	26	PINCETPLUS	M-30	00:01:33	00:29:08	00:58:01	01:28:42
892	PUDEŁKO Dariusz	343	OPEL ACTIV TEAM	M-50	00:01:36	00:29:40	00:58:43	01:28:44
893	MOTYL Adrian	170		M-30	00:02:40	00:30:54	00:59:09	01:28:45
894	KASZUBA-ŚMIEJA Małgorzata	698		K-40	00:01:32	00:29:07	00:57:56	01:28:46
895	DYGOŃ Małgorzata	288	RUN&FUN	K-40	00:01:32	00:29:07	00:57:58	01:28:46
896	FAŁEK Dorota	832	NIEZRZESZONA	K-50	00:01:46	00:28:13	00:56:53	01:28:46
897	GÓRNY Magdalena	927	PACEMAKER	K-30	00:01:30	00:29:09	00:58:00	01:28:47
898	MAZUR Ewelina	101	RUN&FUN	K-40	00:01:31	00:29:08	00:57:59	01:28:47
899	ŁAGOSZ Katarzyna	926	PACEMAKER	K-30	00:01:30	00:29:09	00:58:00	01:28:48
900	RATAJCZYK Beata	750	SAS ZABRZE	K-30	00:01:30	00:29:13	00:58:03	01:28:52
901	TKACZYK Agata	275		K-20	00:01:31	00:29:20	00:58:07	01:28:54
902	ZGÓRSKI Grzegorz	830	SBRT GLIWICE	M-40	00:01:39	00:28:59	00:57:54	01:28:57
903	HAJOK Magda	831		K-30	00:01:39	00:28:59	00:57:55	01:28:58
904	ŻAK Sonia	354		K-20	00:01:03	00:29:07	00:58:20	01:29:05
905	MAŁYSA Łukasz	620		M-30	00:01:14	00:29:25	00:58:18	01:29:05
906	GRZELA Jacek	1199		M-30	00:00:42	00:29:25	00:58:02	01:29:11
907	GĄSZCZAK Tadeusz	593		M-70	00:00:21	00:29:34	00:58:17	01:29:13
908	ADAMCZYK Jan	106	JOHN JAN ADAMCZYK	M-30	00:00:15	00:27:33	00:57:00	01:29:21
909	BUDZIŃSKA Ania	319		K-30	00:00:13	00:27:55	00:56:54	01:29:24
910	JĘDRZEJEWSKI Piotr	187		M-50	00:01:35	00:29:37	00:57:59	01:29:26
911	KOWALCZYK Kamila	1016		K-30	00:00:28	00:28:24	00:57:34	01:29:27
912	HEJNE Agnieszka	56		K-30	00:01:05	00:28:30	00:57:35	01:29:27
913	POGORZELSKA-KLIKS Agata	98	FIS-SST TEAM	K-40	00:02:12	00:30:29	00:58:54	01:29:32
914	PIETRAS Marcin	931		M-40	00:01:33	00:29:07	00:58:15	01:29:37
915	KOZIOŁ Ryszard	595		M-50	00:00:30	00:27:46	00:56:53	01:29:38
916	CZERNIEWICZ Anna	423		K-40	00:01:59	00:29:42	00:58:44	01:29:41
917	FIEDOR Anna	799		K-30	00:02:00	00:29:42	00:58:44	01:29:41
918	BIEŃKOWSKI Paweł	609		M-30	00:01:34	00:29:52	00:59:09	01:29:42
919	WRÓBLEWSKA Ewa	1209		K-40	00:02:04	00:29:54	00:58:52	01:29:42
920	MATUSZNY Barbara	1208		K-40	00:02:04	00:29:54	00:58:51	01:29:42
921	PEREK Justyna	422		K-30	00:01:59	00:29:42	00:58:43	01:29:43
922	GADAWSKI Bartłomiej	189	SBRT GLIWICE	M-20	00:01:14	00:29:17	00:58:10	01:29:49
923	DAWIDKO Paweł	717		M-20	00:01:14	00:29:17	00:58:10	01:29:49
924	BARNAS Ilona	821	PRETTYFITTYTEAM	K-30	00:00:43	00:28:57	00:57:57	01:29:50
925	SIERADZKA Weronika	546		K-20	00:02:01	00:29:42	00:58:45	01:29:51
926	JANAS Piotr	700	NIGHT RUNNERS	M-40	00:00:29	00:29:07	00:58:13	01:29:52
927	STEMBALSKI Remigiusz	427	NIGHT RUNNERS ZABRZE	M-30	00:01:36	00:30:00	00:59:03	01:29:54
928	JARASZ Aleksander	449	NIGHT RUNNERS ZABRZE	M-40	00:01:37	00:29:59	00:59:00	01:29:54

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
929	GRZEGORCZYK Monika	183	NIGHT RUNNERS ZABRZE	K-30	00:01:37	00:29:59	00:59:02	01:29:54
930	BIENIEK Adam	444	NIGHT RUNNERS ZABRZE	M-30	00:01:38	00:29:57	00:59:01	01:29:54
931	STOJAK Paweł	740		M-30	00:01:57	00:29:42	00:58:37	01:29:54
932	KWIATKOWSKA-STOJAK Ewelina	741		K-30	00:01:57	00:29:42	00:58:39	01:29:54
933	DELEWSKA Dorota	268	NIGCHT RUNNERS ZABRZE	K-40	00:01:34	00:30:02	00:59:02	01:29:55
934	MASTALSKA Marzena	950	OPEL ACTIVE TEAM	K-30	00:01:35	00:30:01	00:59:03	01:29:55
935	SZELUGA Jerzy	555		M-40	00:01:37	00:30:00	00:59:05	01:29:55
936	ROLIŃSKI Tymoteusz	1118		M-20	00:01:37	00:29:59	00:59:00	01:29:55
937	CZAJKA Edward	122	NIGHT RUNNERS ZABRZE	M-40	00:01:35	00:30:02	00:59:04	01:29:56
938	ROSA Anna	1166	-	K-50	00:00:22	00:30:11	00:59:09	01:29:57
939	BIZUGA Łukasz	946	EWSASZ	M-30	00:00:22	00:29:19	00:57:44	01:29:59
940	KOWALCZYK Owidiusz	104	RADIO WROCŁAW	M-40	00:00:18	00:30:07	00:59:17	01:30:01
941	FILIPEK Beata	1197	KB CENTRUM	K-40	00:02:10	00:30:00	00:59:13	01:30:01
942	SUFLETA Aneta	253		K-40	00:00:18	00:30:07	00:59:17	01:30:02
943	DUDEK Marzena	250		K-40	00:00:18	00:30:07	00:59:17	01:30:02
944	PIETRZYK Agnieszka	1223	HUSARIA RACE TEAM	K-30	00:01:59	00:29:41	00:58:57	01:30:05
945	WTORKOWSKI Eryk	1158	JUDO CZĘSTOCHOWA	M-30	00:01:15	00:29:41	00:58:39	01:30:07
946	SAMOL Aleksandra	270		K-20	00:01:44	00:29:59	00:59:01	01:30:08
947	STARONIEWICZ Janusz	1127	KJB RABKA-SŁONE	M-60	00:00:52	00:30:02	00:59:18	01:30:12
948	BŁASZCZYSZYN Michał	392		M-20	00:02:27	00:30:10	00:59:19	01:30:14
949	MULEWSKI Bogdan	181		M-40	00:01:11	00:30:25	00:59:27	01:30:19
950	GORUS Anna	403	NIGHT RUNNERS ZABRZE	K-30	00:01:10	00:28:09	00:59:25	01:30:21
951	KURIATA Janek	1000	GRYF KIETRZ	M-40	00:02:21	00:28:28	00:58:08	01:30:34
952	WILSZ Ewa	90	FIS-SST TEAM	K-40	00:01:54	00:30:13	00:59:47	01:30:39
953	BROŻEK Anna	1043		K-30	00:00:49	00:29:36	00:59:08	01:30:46
954	BUFNAL Krzysztof	219		M-40	00:01:17	00:28:55	00:59:13	01:30:47
955	PŁOTEK Tomasz	1236		M-30	00:01:20	00:30:29	00:59:57	01:30:47
956	CIEŚLAK Sylwia	397	MUSTANGI GLIWICE	K-30	00:01:17	00:28:44	00:58:28	01:30:48
957	STYGIENKO Daniel	813		M-40	00:01:45	00:30:27	00:59:57	01:30:48
958	POLEWKA Tomasz	988	UKS KOMETA GLIWICE	M-40	00:00:03	00:30:03	00:59:39	01:31:00
959	POLEWKA Beata	989	UKS KOMETA	K-40	00:00:03	00:30:03	00:59:39	01:31:01
960	NAWRAT Joanna	1017		K-40	00:02:01	00:27:29	00:57:36	01:31:01
961	CODOGNI Adam	601	BNI SILESIA	M-30	00:01:25	00:30:33	01:00:27	01:31:09
962	KRUSZYŃSKI Marcin	388	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:18	00:28:18	00:57:22	01:31:11
963	ŚWIDEREK Michał	600		M-30	00:01:27	00:30:31	01:00:30	01:31:19
964	DYLONG Natalia	785		K-20	00:01:23	00:31:18	01:01:07	01:31:32
965	ĆWIOK Barbara	94	FIS-SST TEAM	K-40	00:01:53	00:30:15	00:59:48	01:31:43
966	STEMPNIAK Izabela	539		K-40	00:01:27	00:29:47	00:59:38	01:31:56
967	ŚWIĄTKO Aleksandra	878		K-20	00:01:26	00:30:36	01:00:40	01:32:00
968	CHOJOWSKI Oskar	470		M-40	00:01:18	00:30:00	00:59:51	01:32:01
969	SMOŁA Mieczysław	446	AKMB PĘDZIWIATR GLIWICE	M-60	00:01:05	00:29:49	00:59:09	01:32:13
970	RECZKO Mariusz	608		M-50	00:00:33	00:29:44	01:00:14	01:32:16
971	MIRKA Arkadiusz	544		M-30	00:02:05	00:30:40	01:00:55	01:32:18
972	KMIECIK Marciin	370		M-30	00:02:08	00:29:51	00:59:02	01:32:25
973	HERLICZKA Renata	837		K-30	00:01:30	00:30:32	01:00:34	01:32:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
974	JURETKO Agata	1230		K-18	00:01:24	00:29:23	00:58:54	01:32:33
975	KUNA Krzysztof	815		M-30	00:00:13	00:28:54	00:59:24	01:32:39
976	DUSCHA Damian	1220		M-30	00:00:47	00:30:59	01:01:24	01:32:44
977	MAREK Robert	447	MUSTANGI GLIWICE	M-40	00:01:35	00:30:09	01:00:37	01:32:47
978	OPANOWSKA Anna	536		K-40	00:01:41	00:29:50	00:59:48	01:32:47
979	KAMPA Iza	586	ISTA BIEGAMY	K-30	00:02:07	00:31:17	01:01:53	01:32:54
980	SZUBERT Barbara	465		K-40	00:00:20	00:29:34	00:58:46	01:33:05
981	JASIŃSKI Sebastian	817		M-18	00:01:09	00:30:06	01:00:12	01:33:07
982	HANKE Klaudia	834		K-40	00:00:50	00:29:43	01:00:05	01:33:24
983	MONRZYCKI Dawid	1248		M-30	00:01:03	00:30:54	01:00:37	01:33:46
984	CISEK Stanisław	570		M-30	00:02:07	00:31:39	01:01:05	01:33:55
985	CISEK Agnieszka	571		K-30	00:02:06	00:31:40	01:01:15	01:33:57
986	MACKIEWICZ Katarzyna	227		K-50	00:01:33	00:30:13	01:00:29	01:34:09
987	CIEŚLAK Michał	526		M-30	00:01:48	00:30:31	01:01:11	01:34:11
988	GOŁOFIT Aneta	260		K-30	00:00:35	00:30:31	01:00:13	01:34:15
989	LATOS Marek	436	ZABRZAŃSKIE TOWARZYSTWO TRAITHLONOWE	M-30	00:02:29	00:29:11	01:09:31	01:34:21
990	MARUMO Keishi	976	TAKENAKA	M-50	00:00:16	00:30:37	01:01:04	01:34:37
991	KĄŁUŻNA Anna	182		K-50	00:00:17	00:30:07	01:00:33	01:34:38
992	KORLAGA Barbara	1067		K-20	00:00:04	00:29:37	01:00:51	01:34:40
993	KAWECKI Dariusz	1072	ETISOFT RUNNING TEAM	M-40	00:01:23	00:31:26	01:02:36	01:34:55
994	SKURA Adam	1052	FLUOR SA	M-20	00:01:53	00:31:51	01:02:43	01:35:00
995	GOŁĘBIEWSKA Aleksandra	368		K-50	00:01:25	00:30:44	01:01:17	01:35:05
996	ESTKO Anna	607		K-30	00:00:49	00:31:29	01:02:32	01:35:12
997	MACHACZKA Mariusz	1038	WSOP	M-30	00:01:45	00:31:51	01:02:53	01:35:16
998	PORĘBA Gabriela	468		K-40	00:01:55	00:31:12	01:02:11	01:35:19
999	NOWAK Michał	1136		M-30	00:01:35	00:30:24	01:01:47	01:35:24
1000	GRUCHALSKI Jakub	572	BIEGAMY	M-30	00:01:40	00:31:23	01:03:22	01:35:52
1001	MIKOŁAJCZYK Michał	209		M-20	00:00:38	00:32:16	01:03:46	01:35:53
1002	URBAŃCZYK Olga	214		K-20	00:02:07	00:31:55	01:02:59	01:35:53
1003	URBAŃCZYK Agnieszka	292		K-40	00:02:05	00:31:57	01:03:02	01:35:55
1004	LIS Iwona	334		K-30	00:01:23	00:30:40	01:01:54	01:36:12
1005	KASPEREK Ireneusz	136	FIS-SST	M-40	00:02:10	00:31:51	01:03:10	01:36:17
1006	KASPEREK Magdalena	135	FIS - SST	K-40	00:02:09	00:31:52	01:03:09	01:36:18
1007	PIKULSKA Beata	43	NIGHT RUNNERS	K-30	00:01:04	00:30:09	01:01:45	01:36:25
1008	ONAK Iza	58	OCHAJORUN&FRIENDS	K-40	00:01:57	00:31:57	01:04:23	01:36:28
1009	STELMACH Michał	429		M-20	00:01:56	00:31:03	01:02:41	01:36:33
1010	RECHMAN-NOWAKOWSKA Dorota	79	NIGHT RUNNERS	K-40	00:01:04	00:30:10	01:01:48	01:36:34
1011	ADAMSKI Michał	955	GALLUP ARTERIA MANAGEMENT SP Z O.O. S.K.A.	M-30	00:02:06	00:32:00	01:03:54	01:36:37
1012	ZDEB Barbara	80	NIGHT RUNNERS ZABRZE	K-30	00:02:06	00:32:08	01:03:54	01:36:37
1013	OBEIDAT Gabriela	891		K-30	00:01:58	00:31:28	01:03:07	01:36:40
1014	ŻABICKI Mariusz	566	KLUB SYNKA ADASIA	M-30	00:01:57	00:32:04	01:03:36	01:36:45
1015	GREGONIS Katarzyna	747		K-20	00:00:13	00:30:19	01:02:36	01:37:04
1016	BOMASTYK Beata	1146		K-40	00:02:03	00:33:01	01:04:58	01:37:48
1017	STRASSBERGER Katarzyna	542	SPORT-RELAKS	K-40	00:02:03	00:33:01	01:04:59	01:37:49
1018	KUJDA Katarzyna	638		K-20	00:02:04	00:31:40	01:02:32	01:37:52

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
1019	STEINHOFF Adam	213	WIKTOR TEAM	M-40	00:01:56	00:31:19	01:02:25	01:37:54
1020	STAŃCZYK Paulina	311	NIGHT RUNNERS GLIWICE	K-30	00:01:55	00:30:41	01:02:17	01:37:57
1021	SAMULEWICZ Marcin	201		M-40	00:01:54	00:30:43	01:02:18	01:37:58
1022	MATUSEK Roksana	1173		K-20	00:01:57	00:33:01	01:04:50	01:38:01
1023	JANIA Alina	479	BIEGAM BO PONIEWAŻ	K-30	00:02:09	00:31:19	01:03:15	01:38:10
1024	MISKIEWICZ Magdalena	296	AKT WATRA	K-30	00:02:19	00:31:43	01:03:56	01:38:12
1024	KIEŁTYKA Justyna	300		K-30	00:02:20	00:31:42	01:03:50	01:38:13
1026	GRABALSKI Kamil	171		M-20	00:01:43	00:33:14	01:05:03	01:38:15
1027	FLOREK Anna	281		K-30	00:02:06	00:33:12	01:04:34	01:38:24
1028	POLOK Adrian	21	OPEL ACTIVE TEAM	M-30	00:01:40	00:30:18	01:02:56	01:38:30
1029	GROSS Teresa	215	UNISONO / FIS-SST TEAM	K-40	00:02:12	00:30:32	01:03:14	01:38:32
1030	KASZTELAN-HUNIA Ewa	602	WKURW_TEAM	K-40	00:02:09	00:32:17	01:04:31	01:38:44
1031	BUREK Jadwiga	1235	KS KOZIOŁEK	K-30	00:01:41	00:32:19	01:04:33	01:38:48
1032	WOŁOWSKI Michał	413	SLAM DRINKERS BŁĘGORAJ	M-20	00:01:41	00:32:19	01:04:32	01:38:48
1033	FLOREK Wojciech	769	EZUNIVERSE	M-20	00:02:19	00:30:29	01:02:53	01:38:52
1034	WIEDERMANN Krzysztof	925	PEDRAFORCA	M-40	00:03:04	00:32:16	01:04:34	01:38:54
1035	BEDNARCZYK Łukasz	719	BRAK	M-20	00:01:48	00:31:31	01:02:26	01:38:59
1036	GAWLIK-RYBIŃSKA Kasia	257	EŁKA TEAM	K-30	00:01:48	00:31:30	01:02:26	01:38:59
	MALCZYK Janusz	933	GOPR BESKIDY	M-40	DNF	00:33:20 DNF	01:04:45 DNF	01:39:04 DNF
1038	MALCZYK Adela	934		K-40	00:00:00	00:33:17	01:04:47	01:39:07
1039	KUBIAK Celina	558		K-40	00:00:41	00:31:49	01:03:39	01:39:17
1040	WĄSIK Rafał	886	#KRONIKIBIEGOWE	M-30	00:01:58	00:32:32	01:04:04	01:39:20
1041	CZAPEK Anna	568	NIGHT RUNNERS GLIWICE	K-40	00:02:37	00:32:35	01:04:31	01:39:23
1042	CZAPEK Marek	467	NIGHT RUNNERS GLIWICE	M-40	00:02:36	00:32:37	01:04:32	01:39:24
1043	TUROWSKA Anna	911		K-40	00:02:28	00:32:55	01:05:16	01:39:28
1044	STEFAŃSKA Beata	912		K-40	00:02:29	00:32:54	01:05:17	01:39:28
1045	PALICZUK Aleksandra	709		K-30	00:01:08	00:32:25	01:04:47	01:39:31
1046	NOWAK-BODUCH Joanna	605	NIGHT RUNNERS GLIWICE	K-50	00:02:22	00:31:40	01:03:38	01:39:35
1047	SOWULA Mateusz	485		M-30	00:01:48	00:32:40	01:05:12	01:39:41
1048	NOWAKOWSKI Radosław	560	WWW.RA-NO.PL	M-30	00:01:48	00:32:40	01:05:12	01:39:41
1049	ZIMNY Michał	168		M-30	00:02:38	00:34:31	01:05:13	01:39:43
1050	REKUS Jolanta	475		K-30	00:02:07	00:32:42	01:05:32	01:39:50
1051	PANENKA Małgorzata	117	FIS-SST TEAM	K-40	00:02:04	00:33:19	01:05:42	01:39:51
1052	MARUT Katarzyna	515	NIGHT RUNNERS GLIWICE	K-30	00:02:08	00:33:15	01:05:34	01:39:51
1053	ADAMOWSKI Jacek	745	NIGHT RUNNERS GLIWICE	M-40	00:02:03	00:33:16	01:05:44	01:39:53
1054	PAUL Violetta	469	PACEMAKER	K-40	00:02:02	00:33:17	01:05:45	01:39:54
1055	BOGDANOWICZ Maja	329		K-30	00:02:02	00:33:17	01:05:46	01:39:55
1056	MENDEL Justyna	1049	WIELUŃ BIEGA	K-30	00:00:20	00:31:48	01:04:21	01:39:56
1057	MOCHEL Kinga	879	NIGHT RUNNERS	K-40	00:01:59	00:32:06	01:04:44	01:39:57
1058	FRĄC Dariusz	34	PACEMAKER	M-40	00:02:02	00:33:21	01:05:47	01:39:57
1059	KAPICKI Jan	862		M-60	00:00:11	00:30:34	01:03:28	01:39:59
1060	WAJMAN Katarzyna	18		K-30	00:02:01	00:33:20	01:05:46	01:39:59
1061	KOWALCZYK Arkadiusz	614		M-20	00:02:37	00:33:27	01:05:46	01:40:16
1062	ZIĘTEK Anna	1154	TENNECO AUTOMOTIVE EASTERN EUROPE	K-20	00:01:07	00:31:00	01:02:34	01:40:34
1063	SZWARCZYŃSKI Jakub	1215	JAZZY	M-30	00:01:00	00:31:41	01:05:40	01:40:48

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5 km 5km	10 km 10km	15 km 15km
1064	NOWAK-KASPRZAK Anna	643		K-30	00:02:07	00:32:28	01:05:03	01:41:01
1065	KACZMARSKA Małgorzata	503		K-40	00:01:45	00:33:09	01:05:49	01:41:23
1066	PIETRZAK Agnieszka	148		K-40	00:01:45	00:31:58	01:04:57	01:41:24
1067	PIETRZAK Maciej	149		M-40	00:01:45	00:31:58	01:04:57	01:41:25
1068	THIESEN Monika	108	LAUF TEAM THIESEN	K-40	00:01:43	00:31:59	01:04:58	01:41:26
1069	DOMAŃSKI Marcin	52		M-40	00:01:44	00:31:58	01:04:57	01:41:26
1070	GÓRSKA Agnieszka	522	NIGHT RUNNERS GLIWICE	K-30	00:00:32	00:31:48	01:06:14	01:41:32
1071	WŁODARSKA Magdalena	521		K-40	00:00:31	00:31:49	01:06:14	01:41:33
1072	MIGDAŁ Grzegorz	116		M-40	00:02:21	00:33:18	01:06:48	01:41:50
1072	MIGDAŁ Iwona	115		K-40	00:02:20	00:33:19	01:06:49	01:41:51
1074	WOŹNIAK Barbara	110	KS LIMANOWA FORREST	K-60	00:01:21	00:33:52	01:07:06	01:43:22
1075	ŚLIWA-WROCŁAWSKA Hanna	1161	1980	K-30	00:02:35	00:33:31	01:06:57	01:43:52
1076	KURKOWSKA Aldona	1092	'PACEMAKER'	K-50	00:02:33	00:34:49	01:09:03	01:46:01
1077	MŁOCEK Ewelina	1031		K-30	00:02:34	00:34:48	01:09:02	01:46:01
1078	MOKRZYCKA Justyna	112	BIEGAMY Z SERCEM	K-30	00:02:34	00:34:47	01:09:02	01:46:01
1079	ZAWISZA Joanna	1014		K-20	00:02:33	00:34:50	01:09:05	01:46:02
1080	RZEPKA Magdalena	38	PACEMAKER	K-30	00:02:32	00:34:49	01:09:03	01:46:03
1081	MAJSNEROWSKA Ewelina	376		K-30	00:02:32	00:34:51	01:09:06	01:46:04
1082	REITER Hanna	341	BIEGAMY Z SERCEM	K-40	00:02:33	00:35:09	01:09:26	01:46:13
1083	STEBEL Damian	394		M-20	00:02:25	00:35:11	01:09:01	01:46:19
1084	BARON Katarzyna	1221		K-30	00:02:27	00:34:37	01:09:08	01:46:19
1085	HANKE Jerzy	835		M-50	00:01:02	00:35:15	01:10:32	01:48:59
1086	KOCYAN Małgorzata	456	BIEGAJ Z TRENERAMI	K-50	00:01:48	00:33:07	01:08:09	01:49:02
1087	WĘGIEL Kacper	775	FUNDACJA,,BIEGAMY Z SERCEM'	M-20	00:02:34	00:32:39	01:04:34	01:51:18
1088	LATOS Barbara	435	ZABRZAŃSKIE TOWARZYSTWO TRATLONOWE	K-60	00:02:26	00:36:20	01:13:27	01:53:36
1089	ZAKLIŃSKA Katarzyna	272		K-40	00:01:52	00:34:56	01:12:53	01:55:15
1090	JAKUBOWSKA Jolanta	450	WIELUŃ BIEGA	K-50	00:01:12	00:35:39	01:13:33	01:55:54
1091	MATUSZEWSKA Monika	537	NIGHT RUNNERS GLIWICE	K-40	00:01:10	00:38:05	01:16:34	01:59:21
1092	CYBULSKI Krzysztof	1210		M-50	00:00:06	00:42:24	01:26:45	02:20:30
1093	WALKOWIAK Artur	951	MAFIA TEAM LUBLINIEC	M-40	00:00:00			
1094	KUŹNICKI Tomasz	820		M-30	00:00:00			
1095	PALICZKA Tomasz	676		M-40	00:00:00			
	GIESE Michał	1113		M-30	DNF	00:23:55 DNF	00:48:33 DNF	DNF
	PRZEWOŹNY Daniel	1190		M-20	DNF	00:28:55 DNF	00:57:41 DNF	DNF

Znaleziono 1097 wynik(ów)