



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Półmaraton Gliwicki 2017
Fundacja Bieg Rzeźnika
2017-10-22
Gliwice
21.1 km

IV PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KULKA Regina	909		K-20	1	00:00:02	00:20:00	00:39:58	01:00:55	01:26:15.80	01:26:18.15		4:05	14.7 (100%)
2	PIETRAS Sylwia	488	MIECHOWICKA GRUPA BIEGOWA	K-20	2	00:00:17	00:22:34	00:44:18	01:07:06	01:34:16.75	01:34:34.55	+00:08:00 (8.5%)	4:28	13.4 (91.2%)
3	SZPILOWSKA Paulina	483	KS OLKUSZ	K-20	3	00:00:09	00:22:37	00:44:40	01:07:52	01:35:12.05	01:35:21.60	+00:08:56 (9.4%)	4:30	13.3 (90.5%)
4	BANACH Magda	575	DO GÓRY NOGAMI	K-20	4	00:00:23	00:23:40	00:46:42	01:10:40	01:39:52.10	01:40:15.85	+00:13:36 (13.6%)	4:43	12.7 (86.4%)
5	BOGACKA Sabina	1084	PACEMAKER	K-20	5	00:00:44	00:24:20	00:47:44	01:12:05	01:45:04.95	01:45:49.65	+00:18:49 (17.9%)	4:58	12 (81.6%)
6	SMALIRA Beata	866	PRO-RUN WROCŁAW	K-20	6	00:00:47	00:24:56	00:49:03	01:14:28	01:45:54.30	01:46:41.75	+00:19:38 (18.5%)	5:01	12 (81.6%)
7	RAŚ Natalia	241	BRAK	K-20	7	00:01:03	00:25:45	00:50:50	01:17:12	01:48:40.45	01:49:43.55	+00:22:24 (20.6%)	5:09	11.7 (79.6%)
8	WOJNAROWSKA Sylwia	489		K-20	8	00:01:33	00:27:15	00:52:01	01:17:47	01:48:41.45	01:50:14.70	+00:22:25 (20.6%)	5:09	11.6 (78.9%)
9	LAMPA Alicja	307		K-20	9	00:01:05	00:26:12	00:51:37	01:18:27	01:50:26.35	01:51:31.35	+00:24:10 (21.9%)	5:14	11.5 (78.2%)
10	HOMA Dorota	280		K-20	10	00:00:49	00:26:13	00:51:13	01:17:46	01:50:47.00	01:51:36.05	+00:24:31 (22.1%)	5:15	11.4 (77.6%)
11	KWIATKOWSKA Kinga	682		K-20	11	00:01:33	00:27:15	00:52:06	01:18:14	01:50:47.40	01:52:20.90	+00:24:31 (22.1%)	5:15	11.4 (77.6%)
12	SKURZYŃSKA Kaja	751		K-20	12	00:01:17	00:26:41	00:52:41	01:20:49	01:56:33.20	01:57:51.05	+00:30:17 (26.0%)	5:31	10.9 (74.1%)
13	PIELA Monika	238		K-20	13	00:02:01	00:28:16	00:55:47	01:24:52	01:59:23.70	02:01:25.55	+00:33:07 (27.7%)	5:39	10.6 (72.1%)
14	KLEJNOWSKA Katarzyna	453		K-20	14	00:00:58	00:28:11	00:55:51	01:24:53	02:00:02.20	02:01:00.85	+00:33:46 (28.1%)	5:41	10.5 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
15	JANCZAŁA Sabina	642	SBRT	K-20	15	00:01:14	00:28:23	00:55:56	01:25:16	02:02:19.05	02:03:33.40	+00:36:03 (29.5%)	5:47	10.4 (70.7%)
16	DRAMSKA-KUŻMA Julia	395		K-20	16	00:00:43	00:28:41	00:56:29	01:25:58	02:02:40.80	02:03:23.85	+00:36:25 (29.7%)	5:48	10.3 (70.1%)
17	BOROWICZ Roksana	362	NIGHT RUNNERS GLIWICE	K-20	17	00:01:02	00:28:29	00:56:31	01:26:50	02:03:02.15	02:04:04.85	+00:36:46 (29.9%)	5:49	10.3 (70.1%)
18	GRADZIŃSKA Agnieszka	1069		K-20	18	00:01:29	00:28:57	00:57:31	01:27:46	02:03:57.75	02:05:27.15	+00:37:41 (30.4%)	5:52	10.2 (69.4%)
19	KOTARSKA Angelika	986	TAKEKAKA	K-20	19	00:01:38	00:29:06	00:57:33	01:27:17	02:04:15.95	02:05:54.85	+00:38:00 (30.6%)	5:53	10.2 (69.4%)
20	SPODZIEJA Aleksandra	339		K-20	20	00:01:31	00:29:22	00:57:27	01:27:00	02:04:58.80	02:06:29.95	+00:38:43 (31.0%)	5:55	10.1 (68.7%)
21	KAMIŃSKA Aleksandra	688		K-20	21	00:00:43	00:29:49	00:58:36	01:28:38	02:05:55.45	02:06:39.00	+00:39:39 (31.5%)	5:58	10.1 (68.7%)
22	ŻAK Sonia	354		K-20	22	00:01:03	00:29:07	00:58:20	01:29:05	02:06:54.25	02:07:57.40	+00:40:38 (32.0%)	6:00	10 (68.0%)
23	GOLEC Katarzyna	811		K-20	23	00:01:26	00:28:15	00:56:53	01:28:17	02:07:02.20	02:08:28.70	+00:40:46 (32.1%)	6:01	10 (68.0%)
24	TKACZYK Agata	275		K-20	24	00:01:31	00:29:20	00:58:07	01:28:54	02:07:10.80	02:08:42.75	+00:40:55 (32.2%)	6:01	10 (68.0%)
25	DYLONG Natalia	785		K-20	25	00:01:23	00:31:18	01:01:07	01:31:32	02:07:45.85	02:09:09.75	+00:41:30 (32.5%)	6:03	9.9 (67.3%)
26	SIERADZKA Weronika	546		K-20	26	00:02:01	00:29:42	00:58:45	01:29:51	02:08:02.70	02:10:04.40	+00:41:46 (32.6%)	6:04	9.9 (67.3%)
27	SAMOL Aleksandra	270		K-20	27	00:01:44	00:29:59	00:59:01	01:30:08	02:08:55.50	02:10:39.65	+00:42:39 (33.1%)	6:06	9.8 (66.7%)
28	ŚWIĄTKO Aleksandra	878		K-20	28	00:01:26	00:30:36	01:00:40	01:32:00	02:10:14.95	02:11:41.35	+00:43:59 (33.8%)	6:10	9.7 (66.0%)
29	URBAŃCZYK Olga	214		K-20	29	00:02:07	00:31:55	01:02:59	01:35:53	02:15:49.50	02:17:56.70	+00:49:33 (36.5%)	6:26	9.3 (63.3%)
30	KORLAGA Barbara	1067		K-20	30	00:00:04	00:29:37	01:00:51	01:34:40	02:16:46.85	02:16:51.55	+00:50:31 (36.9%)	6:28	9.3 (63.3%)
31	GREGONIS Katarzyna	747		K-20	31	00:00:13	00:30:19	01:02:36	01:37:04	02:18:33.70	02:18:47.55	+00:52:17 (37.7%)	6:34	9.1 (61.9%)
32	MATUSEK Roksana	1173		K-20	32	00:01:57	00:33:01	01:04:50	01:38:01	02:18:38.70	02:20:36.55	+00:52:22 (37.8%)	6:34	9.1 (61.9%)
33	KUJDA Katarzyna	638		K-20	33	00:02:04	00:31:40	01:02:32	01:37:52	02:18:40.80	02:20:45.30	+00:52:25 (37.8%)	6:34	9.1 (61.9%)
34	ZAWISZA Joanna	1014		K-20	34	00:02:33	00:34:50	01:09:05	01:46:02	02:27:14.25	02:29:47.75	+01:00:58 (41.4%)	6:58	8.6 (58.5%)
35	ZIĘTEK Anna	1154	TENNECO AUTOMOTIVE EASTERN EUROPE	K-20	35	00:01:07	00:31:00	01:02:34	01:40:34	02:28:01.05	02:29:08.60	+01:01:45 (41.7%)	7:00	8.6 (58.5%)