

IX ULTRAMARATON BIESZCZADZKI - 14 KM

B4SPORT

Wydarzenie: IX ULTRAMARATON BIESZCZADZKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-10-09
Miejsce: Cisna
Dystans: 14 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 14km	Czas brutto 14km	Różn	Tempo min/km	Tempo km/h
1	BOLECHOWSKA Dominika	3301	ALPIN SPORT HOKA ONE ONE TEAM	K40	1	01:28:00.05	01:28:02.70		6:17	9.5 (100%)
2	MALECKA-LEŃ Patrycja	3150	STAJNIA BALONA	K40	2	01:30:17.40	01:30:22.10	+00:02:19 (2.6%)	6:26	9.3 (97.9%)
3	CIECIOROWSKA Aleksandra	3030		K20	1	01:30:28.50	01:30:45.45	+00:02:42 (3.0%)	6:27	9.3 (97.9%)
4	MATŁOSZ Jolanta	3156		K30	1	01:32:34.70	01:32:39.90	+00:04:37 (5.0%)	6:36	9.1 (95.8%)
5	SZTORC Joanna	3239		K30	2	01:33:15.05	01:33:18.05	+00:05:15 (5.6%)	6:39	9 (94.7%)
6	WALANIA-BRONHARD Kinga	3314	GŁOGOVIA GŁOGÓW MAŁOPOLSKI	K30	3	01:33:20.10	01:33:23.90	+00:05:21 (5.7%)	6:40	9 (94.7%)
7	BUSZ Monika	3023		K30	4	01:34:14.95	01:34:21.80	+00:06:19 (6.7%)	6:43	8.9 (93.7%)
8	WOJCIESZAK Katarzyna	3262	ŚCO BIEGA	K40	3	01:35:55.10	01:36:23.40	+00:08:20 (8.7%)	6:51	8.8 (92.6%)
9	MUDŹ Anna	3290	CENTRUM SZKOLENIA MARYNARKI WOJENNEJ	K20	2	01:36:22.65	01:36:29.95	+00:08:27 (8.8%)	6:53	8.7 (91.6%)
10	GRZECHYNKA Agnieszka	3073	GO PUBLIC	K30	5	01:36:37.15	01:36:40.95	+00:08:38 (8.9%)	6:54	8.7 (91.6%)
11	GRABARCZYK Ilona	3069		K40	4	01:39:41.60	01:39:50.05	+00:11:47 (11.8%)	7:07	8.4 (88.4%)
12	PĘKALA Kamila	3159		K20	3	01:40:21.70	01:40:40.20	+00:12:37 (12.5%)	7:10	8.4 (88.4%)
13	POTERA Krystyna	3195		K30	6	01:40:47.00	01:40:51.85	+00:12:49 (12.7%)	7:11	8.3 (87.4%)
14	WÓJCIK Sylwia	3266	NIE WIEM, NIE OBCHODZI MNIE TO	K20	4	01:40:27.50	01:41:00.55	+00:12:57 (12.8%)	7:10	8.4 (88.4%)
15	RZESZUTEK Wiktoria	3216		K20	5	01:40:59.65	01:41:04.70	+00:13:02 (12.9%)	7:12	8.3 (87.4%)
16	MALISZEWSKA Justyna	3151		K20	6	01:41:15.30	01:41:45.30	+00:13:42 (13.5%)	7:13	8.3 (87.4%)
17	TADLA Izabela	3248		K30	7	01:41:47.15	01:41:58.00	+00:13:55 (13.7%)	7:16	8.3 (87.4%)
18	WITEK Gabriela	3259		K20	7	01:42:37.10	01:42:43.05	+00:14:40 (14.3%)	7:19	8.2 (86.3%)
19	DUDEK Kamila	3041	POWER TRAINING	K30	8	01:42:38.70	01:42:56.60	+00:14:53 (14.5%)	7:19	8.2 (86.3%)
20	BOCHENEK Sylwia	3014	STALOWOWOLSKI KLUB BIEGACZA	K30	9	01:43:01.50	01:43:28.70	+00:15:26 (14.9%)	7:21	8.2 (86.3%)
21	HOŁOWATY Renia	3080	BIESZCZADZKA WATAHA	K20	8	01:43:28.10	01:43:53.50	+00:15:50 (15.3%)	7:23	8.1 (85.3%)
22	RAJCA Monika	3205	PIOTRIMONIABIEGA	K20	9	01:43:53.70	01:44:02.90	+00:16:00 (15.4%)	7:25	8.1 (85.3%)
23	ZAJĄC Marzena	3269		K40	5	01:46:01.60	01:46:06.75	+00:18:04 (17.0%)	7:34	7.9 (83.2%)
24	HAFFKE Olga	3078		K18	1	01:46:13.20	01:46:16.40	+00:18:13 (17.2%)	7:35	7.9 (83.2%)
25	STYKAŁA Adrianna	3231		K20	10	01:46:13.00	01:46:16.50	+00:18:13 (17.2%)	7:35	7.9 (83.2%)
26	TOMCZYK Beata	3250	VEGE RUNNERS	K30	10	01:46:45.40	01:47:07.55	+00:19:04 (17.8%)	7:37	7.9 (83.2%)
27	MOŁDA Urszula	3162		K20	11	01:47:02.30	01:47:18.10	+00:19:15 (17.9%)	7:38	7.8 (82.1%)
28	KORYSZKO Klaudia	3102		K20	12	01:48:31.85	01:48:39.15	+00:20:36 (19.0%)	7:45	7.7 (81.1%)
29	GAWLIK Justyna	3059		K20	13	01:49:14.30	01:49:26.05	+00:21:23 (19.5%)	7:48	7.7 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 14km	Czas brutto 14km	Różn	Tempo min/km	Tempo km/h
30	KOTOWICZ Iwona	3277		K40	6	01:50:16.50	01:50:28.40	+00:22:25 (20.3%)	7:52	7.6 (80.0%)
31	DOBEK Halina	3038	GORLICKA GRUPA BIEGOWA	K40	7	01:50:49.70	01:50:55.80	+00:22:53 (20.6%)	7:54	7.6 (80.0%)
32	KIJANKA Jadwiga	3294	OSP ROKIETNICA	K30	11	01:51:09.45	01:51:13.65	+00:23:10 (20.8%)	7:56	7.6 (80.0%)
33	SŁUPSKA Zuzanna	3226		K20	14	01:51:08.05	01:51:41.20	+00:23:38 (21.2%)	7:56	7.6 (80.0%)
34	NIEMASZ Aleksandra	3169	SKIBASPORT.PL	K20	15	01:51:40.40	01:51:57.40	+00:23:54 (21.4%)	7:58	7.5 (78.9%)
35	PLISZKO Anna	3192		K40	8	01:52:59.30	01:53:19.00	+00:25:16 (22.3%)	8:04	7.4 (77.9%)
36	NOSARZEWSKA Klaudia	3171		K20	16	01:53:41.45	01:54:14.45	+00:26:11 (22.9%)	8:07	7.4 (77.9%)
37	MADEJ Weronika	3140		K20	17	01:55:36.40	01:55:48.65	+00:27:45 (24.0%)	8:15	7.3 (76.8%)
38	BALAJEWICZ Anna	3001		K40	9	01:55:35.95	01:55:54.20	+00:27:51 (24.0%)	8:15	7.3 (76.8%)
39	LIS Paulina	3129	GLOGOVIA GLOGOW MAŁOPOLSKI	K30	12	01:55:26.20	01:55:54.90	+00:27:52 (24.0%)	8:14	7.3 (76.8%)
40	PIOTROWSKA Anna	3190		K40	10	01:56:18.90	01:56:34.00	+00:28:31 (24.5%)	8:18	7.2 (75.8%)
41	FOLTA Anita	3051	GRUPA BIEGOWA ZARSZYN	K50	1	01:56:52.60	01:56:59.00	+00:28:56 (24.7%)	8:20	7.2 (75.8%)
42	OCHYRA Karolina	3282		K20	18	01:56:59.10	01:57:08.40	+00:29:05 (24.8%)	8:21	7.2 (75.8%)
43	SUKIENNIK Anna	3234		K30	13	01:57:24.70	01:57:47.35	+00:29:44 (25.3%)	8:23	7.2 (75.8%)
44	MASZOTA Estera	3154		K30	14	01:57:28.40	01:58:01.45	+00:29:58 (25.4%)	8:23	7.2 (75.8%)
45	KUBALA Alicja	3116		K40	11	01:58:50.25	01:58:58.85	+00:30:56 (26.0%)	8:29	7.1 (74.7%)
46	PIETRUSZKA Anna	3188		K30	15	01:58:45.80	01:59:01.25	+00:30:58 (26.0%)	8:28	7.1 (74.7%)
47	BOBOWIK Barbara	3013		K30	16	01:58:59.55	01:59:15.45	+00:31:12 (26.2%)	8:29	7.1 (74.7%)
48	RACZYŃSKA Natalia	3203		K20	19	01:59:27.00	01:59:47.30	+00:31:44 (26.5%)	8:31	7 (73.7%)
49	WLACHOS Monika	3291	RADOSNY DOM SENIORA	K40	12	02:01:22.75	02:01:28.50	+00:33:25 (27.5%)	8:40	6.9 (72.6%)
50	MAGER Olga	3141		K40	13	02:02:16.15	02:02:30.55	+00:34:27 (28.1%)	8:44	6.9 (72.6%)
51	KIERUZALSKA Małgorzata	3308		K40	14	02:02:14.55	02:02:36.25	+00:34:33 (28.2%)	8:43	6.9 (72.6%)
52	MORADEWICZ-PASZKO Ewa	3163		K30	17	02:02:16.05	02:02:36.45	+00:34:33 (28.2%)	8:44	6.9 (72.6%)
53	SZYMKIEWICZ Ewa	3244		K40	15	02:02:30.75	02:02:38.40	+00:34:35 (28.2%)	8:45	6.9 (72.6%)
54	SLIWINSKA Katarzyna	3225		K40	16	02:02:20.05	02:02:40.15	+00:34:37 (28.2%)	8:44	6.9 (72.6%)
55	MAKOWSKA Wanda	3147		K50	2	02:04:44.55	02:05:01.20	+00:36:58 (29.6%)	8:54	6.7 (70.5%)
56	KUMOR Anna	3119		K30	18	02:04:47.30	02:05:06.60	+00:37:03 (29.6%)	8:54	6.7 (70.5%)
57	BZDUŁA Bogumiła	3024		K40	17	02:04:49.35	02:05:10.60	+00:37:07 (29.7%)	8:54	6.7 (70.5%)
58	KUŚ Małgorzata	3303		K40	18	02:06:52.05	02:06:55.85	+00:38:53 (30.6%)	9:03	6.6 (69.5%)
59	BIELECKA Beata	3009	TOMASZOWSKA GRUPA BIEGOWA/MORSY SPOD MŁYNA	K40	19	02:06:50.40	02:07:02.30	+00:38:59 (30.7%)	9:03	6.6 (69.5%)
60	HOŁUB Agata	3081	JAROSŁAWSKI BIEGACZ	K50	3	02:07:25.30	02:07:37.95	+00:39:35 (31.0%)	9:06	6.6 (69.5%)
61	PIWOWARSKA Kinga	3191		K20	20	02:09:06.20	02:09:15.80	+00:41:13 (31.9%)	9:13	6.5 (68.4%)
62	PRZYJEMSKA Dorota	3197		K40	20	02:09:16.85	02:09:22.20	+00:41:19 (31.9%)	9:14	6.5 (68.4%)
63	KAPUSTA-WESOŁOWSKA Marta	3087	KKM KALORYFER	K40	21	02:09:26.60	02:09:35.80	+00:41:33 (32.1%)	9:14	6.5 (68.4%)
64	TRAN Nhuyen	3251		K20	21	02:09:04.00	02:09:45.10	+00:41:42 (32.1%)	9:13	6.5 (68.4%)
65	DUDA Justyna	3040		K30	19	02:09:07.35	02:09:48.35	+00:41:45 (32.2%)	9:13	6.5 (68.4%)
66	LEWANDOWSKA Anna	3278	UBEZPIECZENIA@KUPNAJLEPSZE.PL	K30	20	02:10:26.75	02:10:32.70	+00:42:30 (32.6%)	9:19	6.4 (67.4%)
67	MATŁOSZ Ewa	3157		K40	22	02:10:57.40	02:11:03.10	+00:43:00 (32.8%)	9:21	6.4 (67.4%)
68	PASZEK Krystyna	3183	DOGOŃ GRODZISK MAZOWIECKI	K60	1	02:11:29.90	02:11:54.20	+00:43:51 (33.3%)	9:23	6.4 (67.4%)
69	KAMIŃSKA Patrycja	3086		K30	21	02:11:49.65	02:12:14.95	+00:44:12 (33.4%)	9:24	6.4 (67.4%)
70	KSIĄŻEK-BARCIK Ewa	3115		K30	22	02:12:29.95	02:12:52.10	+00:44:49 (33.7%)	9:27	6.3 (66.3%)
71	SERAFIN Monika	3220	MARATOŃCZYK DĘBICA	K40	23	02:13:04.80	02:13:14.25	+00:45:11 (33.9%)	9:30	6.3 (66.3%)
72	RYŻYŃSKA Agnieszka	3214	CHEŁM BIEGA	K40	24	02:13:10.20	02:13:30.85	+00:45:28 (34.1%)	9:30	6.3 (66.3%)
73	KRUPA Ewa	3111		K20	22	02:13:53.85	02:14:01.50	+00:45:58 (34.3%)	9:33	6.3 (66.3%)

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74	CIEĆKIEWICZ Paulina	3032		K20	23	02:13:44.65	02:14:07.90	+00:46:05 (34.4%)	9:33	6.3 (66.3%)
75	NICIEJA Anna	3168		K40	25	02:14:11.75	02:14:28.70	+00:46:26 (34.5%)	9:35	6.3 (66.3%)
76	ŚLEMP Małgorzata	3246		K30	23	02:14:25.85	02:15:00.95	+00:46:58 (34.8%)	9:36	6.2 (65.3%)
77	PRZYTARSKA Dominika	3198	BIEGAMY	K20	24	02:15:27.35	02:15:49.25	+00:47:46 (35.2%)	9:40	6.2 (65.3%)
78	OPALINSKA Malgorzata	3174		K30	24	02:15:37.80	02:15:57.10	+00:47:54 (35.2%)	9:41	6.2 (65.3%)
79	KULA Milena	3118		K30	25	02:16:45.25	02:16:55.50	+00:48:52 (35.7%)	9:46	6.1 (64.2%)
80	URBAN Paulina	3252		K20	25	02:16:57.15	02:17:08.35	+00:49:05 (35.8%)	9:46	6.1 (64.2%)
81	KLISOWSKA Zofia	3302		K18	2	02:18:43.75	02:19:12.95	+00:51:10 (36.8%)	9:54	6.1 (64.2%)
82	LIPIŃSKA Beata	3128		K40	26	02:18:47.65	02:19:17.90	+00:51:15 (36.8%)	9:54	6.1 (64.2%)
83	SARNA Agata	3219	WKURW_TEAM	K40	27	02:18:47.95	02:19:18.15	+00:51:15 (36.8%)	9:54	6.1 (64.2%)
84	PĘKAŁSKA Anna	3185		K50	4	02:19:08.90	02:19:22.85	+00:51:20 (36.8%)	9:56	6 (63.2%)
85	KLISOWSKA Anna	3094		K40	28	02:18:57.35	02:19:26.55	+00:51:23 (36.9%)	9:55	6 (63.2%)
86	HYBIŃSKA Joanna	3284		K40	29	02:19:33.55	02:19:40.55	+00:51:37 (37.0%)	9:58	6 (63.2%)
87	BUJNOWSKA Sylwia	3020		K40	30	02:19:33.05	02:19:40.70	+00:51:38 (37.0%)	9:58	6 (63.2%)
88	TRACZ Agnieszka	3310		K30	26	02:21:11.25	02:21:26.80	+00:53:24 (37.8%)	10:05	5.9 (62.1%)
89	LEWANDOWSKA Edyta	3125		K20	26	02:21:37.25	02:21:42.15	+00:53:39 (37.9%)	10:06	5.9 (62.1%)
90	BĄK - SPALIŃSKA Magdalena	3002		K30	27	02:21:37.55	02:22:04.60	+00:54:01 (38.0%)	10:06	5.9 (62.1%)
91	RAKOCZY Anna	3208		K40	31	02:22:32.95	02:22:49.35	+00:54:46 (38.4%)	10:10	5.9 (62.1%)
92	FURMAN Agnieszka	3056	OCHAJORUN & FRIENDS	K30	28	02:22:55.20	02:23:29.20	+00:55:26 (38.6%)	10:12	5.9 (62.1%)
93	DZIADCZYK Teresa	3043		K40	32	02:27:33.85	02:28:00.15	+00:59:57 (40.5%)	10:32	5.7 (60.0%)
94	KOBOS Beata	3279		K30	29	02:27:35.65	02:28:12.20	+01:00:09 (40.6%)	10:32	5.7 (60.0%)
95	KIPER Elżbieta	3091	JAROSŁAWSKI BIEGACZ	K30	30	02:28:38.65	02:28:51.95	+01:00:49 (40.9%)	10:37	5.7 (60.0%)
96	SZOŁTYSEK Beata	3238	OCHAJORUN & FRIENDS	K50	5	02:30:14.00	02:30:22.00	+01:02:19 (41.4%)	10:43	5.6 (58.9%)
97	STYKAŁA Magdalena	3229		K40	33	02:31:53.50	02:31:59.80	+01:03:57 (42.1%)	10:50	5.5 (57.9%)
98	MAJER Katarzyna	3145		K50	6	02:34:22.65	02:34:43.90	+01:06:41 (43.1%)	11:01	5.4 (56.8%)
99	GRZEGORCZYK Dorota	3074	ORANGE POLSKA SA	K50	7	02:39:41.70	02:39:48.55	+01:11:45 (44.9%)	11:24	5.3 (55.8%)
100	PYTEL Anna	3202	IZBICKO W BIEGU	K40	34	02:45:55.70	02:46:23.70	+01:18:21 (47.1%)	11:51	5.1 (53.7%)
101	SZYPULSKA Katarzyna	3245	SKS CHMIELOWICE	K40	35	02:46:05.25	02:46:33.35	+01:18:30 (47.1%)	11:51	5.1 (53.7%)
102	JĘDRZEJOWSKA-DEC Anna	3315		K40	36	02:46:48.90	02:47:26.20	+01:19:23 (47.4%)	11:54	5 (52.6%)
103	WĄSOWSKA Jagoda	3316	KS PEGAZ PIASECZNO	K50	8	02:46:49.50	02:47:26.50	+01:19:23 (47.4%)	11:54	5 (52.6%)
104	BŁASZCZYK Magdalena	3012		K30	31	03:14:24.25	03:14:53.45	+01:46:50 (54.8%)	13:53	4.3 (45.3%)
105	KOLASIŃSKA Joanna	3099		K40	37	03:15:10.45	03:15:29.75	+01:47:27 (55.0%)	13:56	4.3 (45.3%)
106	HAFFKE Sylwia	3076		K40	38	03:16:09.90	03:16:47.95	+01:48:45 (55.3%)	14:00	4.3 (45.3%)
107	HAFFKE Martyna	3079		K20	27	03:16:09.65	03:16:48.00	+01:48:45 (55.3%)	14:00	4.3 (45.3%)
108	POGORZELSKA Bogusława	3194		K40	39	03:17:36.95	03:17:55.25	+01:49:52 (55.5%)	14:06	4.3 (45.3%)
109	KOŁEK-ZAJĄC Ewa	3100		K30	32	03:20:44.40	03:21:24.40	+01:53:21 (56.3%)	14:20	4.2 (44.2%)
110	LITWIN Joanna	3292		K40	40	03:26:46.15	03:27:13.35	+01:59:10 (57.5%)	14:46	4.1 (43.2%)
111	KLIŚ Dominika	3096		K30	33	03:26:46.15	03:27:13.50	+01:59:10 (57.5%)	14:46	4.1 (43.2%)
112	KAWA Anna	3088		K30	34	03:26:45.50	03:27:13.65	+01:59:10 (57.5%)	14:46	4.1 (43.2%)
113	SOKOŁOWSKA Magdalena	3299		K40	41	03:30:01.65	03:30:33.90	+02:02:31 (58.2%)	15:00	4 (42.1%)
114	PACUŁA-CHWASTA Monika	3178		K40	42	03:34:20.00	03:34:36.20	+02:06:33 (59.0%)	15:18	3.9 (41.1%)
115	PAPROCKA Ewa	3181		K40	43	03:40:58.60	03:41:29.95	+02:13:27 (60.3%)	15:47	3.8 (40.0%)
116	KOLASA Anna	3098	SII RUNNING TEAM	K30	35	03:42:02.20	03:42:34.20	+02:14:31 (60.4%)	15:51	3.8 (40.0%)
117	SOKOŁOWSKA Agnieszka	3288		K20	28	03:42:04.20	03:42:36.60	+02:14:33 (60.4%)	15:51	3.8 (40.0%)

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118	GRONCZEWSKA Agnieszka	3072	ROLLING	K40	44	03:47:00.30	03:47:25.85	+02:19:23 (61.3%)	16:12	3.7 (38.9%)
119	SKARBOWSKA Izabela	3221	RAK'N'ROLL	K40	45	03:47:00.85	03:47:26.40	+02:19:23 (61.3%)	16:12	3.7 (38.9%)
120	ŁUGOWSKA Marta	3136	RAK'N'ROLL	K30	36	03:47:02.85	03:47:29.15	+02:19:26 (61.3%)	16:13	3.7 (38.9%)
121	ŁUGOWSKA Bogusia	3137	RAKNROLL	K60	2	03:47:10.15	03:47:35.20	+02:19:32 (61.3%)	16:13	3.7 (38.9%)
122	ZIOŁA Sabina	3274		K40	46	03:47:14.80	03:47:51.40	+02:19:48 (61.4%)	16:13	3.7 (38.9%)
123	SZMIT Iwona	3237		K40	47	03:47:15.15	03:47:51.70	+02:19:49 (61.4%)	16:13	3.7 (38.9%)
124	GÓRKA Agnieszka	3068		K40	48	03:54:27.35	03:54:41.70	+02:26:39 (62.5%)	16:44	3.6 (37.9%)
125	ŁYSEK Olga	3139		K30	37	03:57:55.45	03:58:06.00	+02:30:03 (63.0%)	16:59	3.5 (36.8%)
126	EBERT Agata	3046		K50	9	03:59:22.15	03:59:27.30	+02:31:24 (63.2%)	17:05	3.5 (36.8%)
127	ZAŁĘSKA Renata	3270	TBD	K40	49	04:27:32.50	04:27:45.80	+02:59:43 (67.1%)	19:06	3.1 (32.6%)
128	MICHAŁEK Sylwia	3158	RAK'N'ROLL	K40	50	05:14:15.85	05:14:40.20	+03:46:37 (72.0%)	22:26	2.7 (28.4%)
129	ŁUCZAK Anna	3134	RAK'N'ROLL	K40	51	05:14:20.90	05:14:44.90	+03:46:42 (72.0%)	22:27	2.7 (28.4%)

Znaleziono 129 wynik(ów)