

JUMP & RUN CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Jump & Run
Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2022-09-25
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MODLIŃSKI Łukasz	87		Open M	1	00:00:01	00:24:06.05	00:24:07.35		4:49	12.4 (100%)
2	SKIBSKI Maciej	127		Open M	2	00:28:28	00:24:06.75	00:52:35.05	+00:00:00 (0.0%)	4:49	12.4 (100%)
3	SKIBSKA Dorota	126		Open K	1	00:28:28	00:26:04.75	00:54:32.85	+00:01:58 (7.6%)	5:12	11.5 (92.7%)
4	MAŁDOCH Hubert	81		Open M	3	00:02:09	00:26:43.00	00:28:52.55	+00:02:36 (9.8%)	5:20	11.2 (90.3%)
5	BORYS Mateusz	15		Open M	4	00:01:14	00:27:02.45	00:28:16.95	+00:02:56 (10.9%)	5:24	11.1 (89.5%)
6	JUTKOWIAK Dawid	200		Open M	5	00:03:13	00:28:48.65	00:32:01.80	+00:04:42 (16.3%)	5:45	10.4 (83.9%)
7	PULTIN Dominik	110		Open M	6	00:36:06	00:28:58.95	01:05:05.25	+00:04:52 (16.8%)	5:47	10.4 (83.9%)
8	CLESTESKI Mateusz	196		Open M	7	00:08:05	00:29:47.10	00:37:52.80	+00:05:41 (19.1%)	5:57	10.1 (81.5%)
9	SPRAWSKI Oskar	328		Open M	8	00:33:41	00:30:11.95	01:03:53.30	+00:06:05 (20.2%)	6:02	9.9 (79.8%)
10	BESZCZYŃSKI Dominik	10		Open M	9	00:29:23	00:31:00.75	01:00:24.10	+00:06:54 (22.3%)	6:12	9.7 (78.2%)
11	SKAWIŃSKI Tomasz	187		Open M	10	00:11:03	00:31:10.95	00:42:14.40	+00:07:04 (22.7%)	6:14	9.6 (77.4%)
12	SERAFIN Kamil	198		Open M	11	00:08:05	00:31:23.25	00:39:28.65	+00:07:17 (23.2%)	6:16	9.6 (77.4%)
13	KAWCZYŃSKI Patryk	259		Open M	12	00:01:14	00:31:36.50	00:32:50.80	+00:07:30 (23.8%)	6:19	9.5 (76.6%)
14	KRASKA Maria	67		Open K	2	00:39:50	00:31:43.05	01:11:33.55	+00:07:37 (24.0%)	6:20	9.5 (76.6%)
15	GLAZIŃSKA Paulina	252		Open K	3	00:00:23	00:32:34.70	00:32:58.20	+00:08:28 (26.0%)	6:30	9.2 (74.2%)
16	NIEDŹWIECKA Małgorzata	93		Open K	4	00:00:01	00:33:26.10	00:33:27.75	+00:09:20 (27.9%)	6:41	9 (72.6%)
17	ZBIRANEK Remigiusz	156		Open M	13	00:00:02	00:33:31.15	00:33:33.85	+00:09:25 (28.1%)	6:42	9 (72.6%)
18	CHOJECKI Sebastian	249		Open M	14	00:00:02	00:33:31.25	00:33:33.65	+00:09:25 (28.1%)	6:42	9 (72.6%)
18	GRZESIAK Łukasz	494		Open M	14	00:57:20	00:33:31.25	01:30:51.50	+00:09:25 (28.1%)	6:42	9 (72.6%)
20	ROGAŁSKA Justyna	208		Open K	5	00:02:10	00:33:39.60	00:35:49.75	+00:09:33 (28.4%)	6:43	8.9 (71.8%)
21	JANKOWSKA Urszula Anna	50		Open K	6	00:01:14	00:34:18.95	00:35:33.25	+00:10:12 (29.8%)	6:51	8.7 (70.2%)
22	MARCINIAK Paweł	83		Open M	16	00:10:07	00:34:38.15	00:44:45.95	+00:10:32 (30.4%)	6:55	8.7 (70.2%)
23	KLEPACKI Mikołaj	279		Open M	17	00:28:29	00:36:09.40	01:04:38.50	+00:12:03 (33.3%)	7:13	8.3 (66.9%)
24	JAROSIŃSKI Miłosz	52		Open M	18	00:05:37	00:36:27.80	00:42:05.05	+00:12:21 (33.9%)	7:17	8.2 (66.1%)
25	KOZIOL Łukasz	66		Open M	19	00:02:10	00:36:35.75	00:38:46.40	+00:12:29 (34.1%)	7:19	8.2 (66.1%)
26	DRZEWIECKI Mikołaj	206		Open M	20	00:02:10	00:36:35.95	00:38:46.30	+00:12:29 (34.1%)	7:19	8.2 (66.1%)
27	DONAT Tomasz	169		Open M	21	00:04:40	00:36:37.50	00:41:17.65	+00:12:31 (34.2%)	7:19	8.2 (66.1%)
28	WIŚNIEWSKI Leszek	151		Open M	22	00:09:21	00:36:38.95	00:45:59.95	+00:12:32 (34.2%)	7:19	8.2 (66.1%)
29	LEWANDOWSKI Krzysztof	219		Open M	23	00:09:21	00:36:39.10	00:46:00.15	+00:12:33 (34.2%)	7:19	8.2 (66.1%)

							Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	5km			
30	KLINOWSKI Radosław	506		Open M	24	00:43:15	00:37:30.95	01:20:46.80	+00:13:24 (35.8%)	7:30	8 (64.5%)
31	LUBISZEWSKI Dawid	78		Open M	25	00:43:15	00:37:54.50	01:21:10.05	+00:13:48 (36.4%)	7:34	7.9 (63.7%)
32	LINKE Radek	467		Open M	26	00:45:17	00:37:55.15	01:23:13.05	+00:13:49 (36.4%)	7:35	7.9 (63.7%)
33	PIĄTKOWSKI Mateusz	286		Open M	27	00:10:07	00:37:57.80	00:48:05.35	+00:13:51 (36.5%)	7:35	7.9 (63.7%)
34	LACH Paweł	223		Open M	28	00:09:20	00:38:31.50	00:47:52.25	+00:14:25 (37.4%)	7:42	7.8 (62.9%)
35	BUREK Dorota	250		Open K	7	00:00:01	00:38:33.70	00:38:35.15	+00:14:27 (37.5%)	7:42	7.8 (62.9%)
36	GAUDYN Daniel	31		Open M	29	00:10:09	00:38:39.90	00:48:48.90	+00:14:33 (37.7%)	7:43	7.8 (62.9%)
37	PRZYBYLSKI Adrian	303		Open M	30	00:59:36	00:38:41.75	01:38:18.00	+00:14:35 (37.7%)	7:44	7.8 (62.9%)
38	MASNY Paweł	359		Open M	31	00:51:34	00:39:06.95	01:30:41.60	+00:15:00 (38.4%)	7:49	7.7 (62.1%)
39	JÓŻWIK Daniel	363		Open M	32	00:51:34	00:39:07.05	01:30:41.75	+00:15:01 (38.4%)	7:49	7.7 (62.1%)
40	GOŁONKA Tomasz	34		Open M	33	00:57:20	00:39:40.30	01:37:01.15	+00:15:34 (39.2%)	7:56	7.6 (61.3%)
41	ŻULEWSKI Jakub	491		Open M	34	00:57:20	00:40:10.60	01:37:31.15	+00:16:04 (40.0%)	8:02	7.5 (60.5%)
42	ŻULEWSKI Marcin	492		Open M	35	00:57:20	00:40:11.35	01:37:31.40	+00:16:05 (40.0%)	8:02	7.5 (60.5%)
43	KOCHOWICZ Jakub	224		Open M	36	00:33:42	00:40:11.55	01:13:54.00	+00:16:05 (40.0%)	8:02	7.5 (60.5%)
44	ANTOŁOK Kamil	225		Open M	37	00:33:42	00:40:11.80	01:13:54.00	+00:16:05 (40.0%)	8:02	7.5 (60.5%)
45	ADAMCZYK Kamil	1		Open M	38	00:33:41	00:40:12.30	01:13:54.15	+00:16:06 (40.1%)	8:02	7.5 (60.5%)
46	DZWONIARSKI Damian	24		Open M	39	00:36:06	00:40:19.20	01:16:26.10	+00:16:13 (40.2%)	8:03	7.4 (59.7%)
47	NIEWOLAK Dawid	94		Open M	40	00:08:05	00:40:34.60	00:48:40.00	+00:16:28 (40.6%)	8:06	7.4 (59.7%)
48	SZCZĘŚNIAK Maciej	287		Open M	41	00:03:58	00:40:50.45	00:44:49.35	+00:16:44 (41.0%)	8:10	7.3 (58.9%)
49	PIETRZAK Piotr	171		Open M	42	00:01:14	00:40:52.90	00:42:07.60	+00:16:46 (41.0%)	8:10	7.3 (58.9%)
50	GŁOWACKI Damian	172		Open M	43	00:01:13	00:40:53.90	00:42:07.80	+00:16:47 (41.1%)	8:10	7.3 (58.9%)
51	KONOP Tomasz	288		Open M	44	00:03:58	00:40:54.55	00:44:53.00	+00:16:48 (41.1%)	8:10	7.3 (58.9%)
52	STESSEL Bartosz	130		Open M	45	00:03:13	00:41:06.70	00:44:20.15	+00:17:00 (41.4%)	8:13	7.3 (58.9%)
53	BIELSKI Sebastian	274		Open M	46	00:03:13	00:41:07.00	00:44:20.45	+00:17:00 (41.4%)	8:13	7.3 (58.9%)
54	BĄK Julianna	168		Open K	8	00:04:40	00:41:27.20	00:46:07.35	+00:17:21 (41.9%)	8:17	7.2 (58.1%)
55	LEMBKE Karol	293		Open M	47	00:29:23	00:41:39.65	01:11:03.50	+00:17:33 (42.1%)	8:19	7.2 (58.1%)
56	BŁASZKIEWICZ Malwina	317		Open K	9	00:29:23	00:41:44.10	01:11:07.75	+00:17:38 (42.3%)	8:20	7.2 (58.1%)
57	GRABOWSKI Michał	290		Open M	48	00:03:59	00:41:54.30	00:45:53.40	+00:17:48 (42.5%)	8:22	7.2 (58.1%)
58	MROTEK Marcin	89		Open M	49	00:03:58	00:41:54.60	00:45:53.50	+00:17:48 (42.5%)	8:22	7.2 (58.1%)
59	MICHALAK Oliwia	310		Open K	10	00:43:15	00:41:56.35	01:25:11.80	+00:17:50 (42.5%)	8:23	7.2 (58.1%)
60	BAJMLER Anna	4		Open K	11	00:05:37	00:42:08.65	00:47:45.80	+00:18:02 (42.8%)	8:25	7.1 (57.3%)
60	ZWOLANOWSKI Mateusz	162		Open M	50	00:12:38	00:42:08.65	00:54:47.10	+00:18:02 (42.8%)	8:25	7.1 (57.3%)
62	PRZYWOCKA Marta	266		Open K	12	00:12:38	00:42:09.15	00:54:47.85	+00:18:03 (42.8%)	8:25	7.1 (57.3%)
62	HĄNKO Patryk	267		Open M	51	00:12:38	00:42:09.15	00:54:47.75	+00:18:03 (42.8%)	8:25	7.1 (57.3%)
64	ŻARECKI Paweł	174		Open M	52	00:05:37	00:42:10.40	00:47:47.55	+00:18:04 (42.9%)	8:26	7.1 (57.3%)
65	KRUPINSKI Hubert	350		Open M	53	00:43:15	00:42:24.65	01:25:40.55	+00:18:18 (43.2%)	8:28	7.1 (57.3%)
66	CHRUŚCIELSKI Patryk	17		Open M	54	00:54:04	00:42:28.60	01:36:33.40	+00:18:22 (43.3%)	8:29	7.1 (57.3%)
67	MADEJ Ania	80		Open K	13	00:43:15	00:42:31.70	01:25:47.40	+00:18:25 (43.3%)	8:30	7.1 (57.3%)
68	KATKA Bartosz	170		Open M	55	00:04:40	00:42:39.90	00:47:20.35	+00:18:33 (43.5%)	8:31	7 (56.5%)
69	GÓRNY Marcin	37		Open M	56	00:28:28	00:42:41.90	01:11:10.85	+00:18:35 (43.6%)	8:32	7 (56.5%)
70	KATNER Adrian	503		Open M	57	00:42:10	00:43:03.05	01:25:13.05	+00:18:57 (44.0%)	8:36	7 (56.5%)
71	NOROŻNY Daniel	277		Open M	58	00:28:29	00:43:13.90	01:11:43.00	+00:19:07 (44.3%)	8:38	6.9 (55.6%)
72	SZABLEWSKI Michał	134		Open M	59	00:50:31	00:43:14.10	01:33:45.95	+00:19:08 (44.3%)	8:38	6.9 (55.6%)
73	SZABLEWSKA Aleksandra	496		Open K	14	00:50:31	00:43:14.75	01:33:46.60	+00:19:08 (44.3%)	8:38	6.9 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
74	NOWAKOWSKI Marcin Cinuch	95		Open M	60	00:03:59	00:43:20.95	00:47:19.95	+00:19:14 (44.4%)	8:40	6.9 (55.6%)
75	GRACZYK Daria	40		Open K	15	00:37:15	00:43:32.65	01:20:48.55	+00:19:26 (44.7%)	8:42	6.9 (55.6%)
76	STRZĘBAŁA Adrian	278		Open M	61	00:28:29	00:43:41.55	01:12:11.30	+00:19:35 (44.8%)	8:44	6.9 (55.6%)
77	KAMIŃSKI Marek	59		Open M	62	00:00:02	00:43:54.65	00:43:56.70	+00:19:48 (45.1%)	8:46	6.8 (54.8%)
78	WERKOWSKI Michał	247		Open M	63	00:09:22	00:43:56.55	00:53:18.85	+00:19:50 (45.2%)	8:47	6.8 (54.8%)
79	MAZUR Dawid	497		Open M	64	00:46:48	00:44:13.00	01:31:01.95	+00:20:06 (45.5%)	8:50	6.8 (54.8%)
80	ŻUREK Anna	164		Open K	16	00:46:48	00:44:14.10	01:31:02.55	+00:20:08 (45.5%)	8:50	6.8 (54.8%)
81	FIEDOR Sławomir	294		Open M	65	00:29:24	00:44:26.20	01:13:50.45	+00:20:20 (45.8%)	8:53	6.8 (54.8%)
82	OCHNIEWSKI Dawid	484		Open M	66	00:33:41	00:44:43.50	01:18:24.90	+00:20:37 (46.1%)	8:56	6.7 (54.0%)
83	WERKOWSKA Justyna	246		Open K	17	00:09:21	00:44:58.55	00:54:19.60	+00:20:52 (46.4%)	8:59	6.7 (54.0%)
84	RAMS Kacper	118		Open M	67	00:11:03	00:45:04.10	00:56:07.30	+00:20:58 (46.5%)	9:00	6.7 (54.0%)
85	SKIBIŃSKI Mikołaj	125		Open M	68	00:11:03	00:45:04.40	00:56:07.70	+00:20:58 (46.5%)	9:00	6.7 (54.0%)
86	KACPERSKA Anna	251		Open K	18	00:00:01	00:45:04.75	00:45:06.10	+00:20:58 (46.5%)	9:00	6.7 (54.0%)
87	OCHNIEWSKI Wojciech	98		Open M	69	00:33:41	00:45:05.85	01:18:47.80	+00:20:59 (46.6%)	9:01	6.7 (54.0%)
88	DRUBKOWSKI Damian	21		Open M	70	00:33:41	00:45:09.50	01:18:51.35	+00:21:03 (46.6%)	9:01	6.6 (53.2%)
89	GRACZYK Dawid	39		Open M	71	00:39:50	00:45:13.45	01:25:03.65	+00:21:07 (46.7%)	9:02	6.6 (53.2%)
90	WITKOWKA Katarzyna	220		Open K	19	00:09:20	00:45:13.85	00:54:34.75	+00:21:07 (46.7%)	9:02	6.6 (53.2%)
91	SIEROCKI Mikołaj	469		Open M	72	00:39:49	00:45:15.20	01:25:05.05	+00:21:09 (46.7%)	9:03	6.6 (53.2%)
92	KOPCZYŃSKI Piotr	471		Open M	73	00:39:50	00:45:30.65	01:25:20.85	+00:21:24 (47.0%)	9:06	6.6 (53.2%)
93	KATRA Artur	175		Open M	74	00:43:15	00:45:31.95	01:28:47.70	+00:21:25 (47.1%)	9:06	6.6 (53.2%)
94	WOJCIECHOWSKI Wojciech	501		Open M	75	00:42:10	00:46:24.85	01:28:35.15	+00:22:18 (48.1%)	9:16	6.5 (52.4%)
95	BEUTLER Malgorzata	11		Open K	20	00:42:10	00:46:25.40	01:28:36.25	+00:22:19 (48.1%)	9:17	6.5 (52.4%)
96	KAMIŃSKA Anna	500		Open K	21	00:42:10	00:46:25.50	01:28:35.95	+00:22:19 (48.1%)	9:17	6.5 (52.4%)
97	KAMIŃSKI Sławomir	58		Open M	76	00:42:10	00:46:26.80	01:28:37.60	+00:22:20 (48.1%)	9:17	6.5 (52.4%)
98	BEUTLER Sławomir	504		Open M	77	00:42:10	00:46:27.10	01:28:37.95	+00:22:21 (48.1%)	9:17	6.5 (52.4%)
99	PIETRZAK Kamila	173		Open K	22	00:01:14	00:46:31.10	00:47:45.20	+00:22:25 (48.2%)	9:18	6.4 (51.6%)
99	GŁOWACKA Monika	33		Open K	22	00:01:14	00:46:31.10	00:47:45.50	+00:22:25 (48.2%)	9:18	6.4 (51.6%)
101	KAROLCZAK Maciej	470		Open M	78	00:39:50	00:46:46.20	01:26:36.50	+00:22:40 (48.5%)	9:21	6.4 (51.6%)
102	TOMASZEWSKA Agnieszka	142		Open K	24	00:40:54	00:46:49.45	01:27:43.85	+00:22:43 (48.5%)	9:21	6.4 (51.6%)
103	RÓŻYCKA-WOJTYSIAK Alicja	324		Open K	25	00:40:54	00:46:49.55	01:27:43.90	+00:22:43 (48.5%)	9:21	6.4 (51.6%)
104	MOCZULSKA Magdalena	325		Open K	26	00:40:54	00:46:49.60	01:27:43.95	+00:22:43 (48.5%)	9:21	6.4 (51.6%)
105	MOCZULSKI Tomasz	323		Open M	79	00:40:54	00:46:49.75	01:27:44.10	+00:22:43 (48.5%)	9:21	6.4 (51.6%)
106	SZYMAŃSKA Zuzanna	326		Open K	27	00:40:54	00:46:49.90	01:27:44.10	+00:22:43 (48.5%)	9:21	6.4 (51.6%)
107	KAMIŃSKA Małgorzata	248		Open K	28	00:00:01	00:46:53.90	00:46:55.55	+00:22:47 (48.6%)	9:22	6.4 (51.6%)
108	DZIRBA Magda	313		Open K	29	00:03:12	00:47:03.30	00:50:16.00	+00:22:57 (48.8%)	9:24	6.4 (51.6%)
109	LASZCZKOWSKA Adrianna	75		Open K	30	00:34:55	00:47:13.05	01:22:08.05	+00:23:07 (49.0%)	9:26	6.4 (51.6%)
110	JANASZ Krzysztof	47		Open M	80	00:46:49	00:47:18.05	01:34:07.50	+00:23:12 (49.0%)	9:27	6.3 (50.8%)
111	SZKOPIAK-NOWAKOWSKA Oliwia	137		Open K	31	00:46:48	00:47:18.85	01:34:07.50	+00:23:12 (49.1%)	9:27	6.3 (50.8%)
112	OSIŃSKI Marcin	99		Open M	81	00:37:16	00:47:19.95	01:24:36.75	+00:23:13 (49.1%)	9:27	6.3 (50.8%)
113	BURCHAROLT Karol	197		Open M	82	00:08:05	00:47:23.10	00:55:28.50	+00:23:17 (49.1%)	9:28	6.3 (50.8%)
114	SZYCHULSKI Damian	480		Open M	83	00:38:27	00:47:26.80	01:25:54.30	+00:23:20 (49.2%)	9:29	6.3 (50.8%)
115	HALARENIA Joanna	193		Open K	32	00:06:22	00:47:27.05	00:53:49.80	+00:23:21 (49.2%)	9:29	6.3 (50.8%)
115	PRIERZ Bartosz	194		Open M	84	00:06:22	00:47:27.05	00:53:49.65	+00:23:21 (49.2%)	9:29	6.3 (50.8%)
117	BURZYCH Alicja	195		Open K	33	00:06:22	00:47:27.15	00:53:49.85	+00:23:21 (49.2%)	9:29	6.3 (50.8%)

							Czas netto	Czas brutto			Tempo	Tempo
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	5km	Różn	min/km	km/h	
117	PRIETZ Monika	107		Open K	33	00:06:22	00:47:27.15	00:53:49.85	+00:23:21 (49.2%)	9:29	6.3 (50.8%)	
117	HALARENIA Artur	192		Open M	85	00:06:22	00:47:27.15	00:53:50.05	+00:23:21 (49.2%)	9:29	6.3 (50.8%)	
120	MURAWSKA Paulina	478		Open K	35	00:38:27	00:47:56.60	01:26:23.95	+00:23:50 (49.7%)	9:35	6.3 (50.8%)	
121	MICHTA Kamil	241		Open M	86	00:52:26	00:48:16.30	01:40:42.35	+00:24:10 (50.1%)	9:39	6.2 (50.0%)	
122	RODOSZESKI Marcin	280		Open M	87	00:33:41	00:48:31.60	01:22:12.95	+00:24:25 (50.3%)	9:42	6.2 (50.0%)	
123	RAMLO-RUDZIŃSKA Iga	117		Open K	36	00:30:41	00:48:33.90	01:19:15.10	+00:24:27 (50.4%)	9:42	6.2 (50.0%)	
124	RUDZIŃSKI Maciej	477		Open M	88	00:30:41	00:48:34.30	01:19:15.95	+00:24:28 (50.4%)	9:42	6.2 (50.0%)	
125	NOWIŃSKI Jarosław	97		Open M	89	00:03:58	00:48:37.55	00:52:36.35	+00:24:31 (50.4%)	9:43	6.2 (50.0%)	
126	ZMORZYŃSKI Arkadiusz	161		Open M	90	00:33:41	00:48:48.25	01:22:29.75	+00:24:42 (50.6%)	9:45	6.1 (49.2%)	
127	PAWSKI Przemysław	209		Open M	91	00:02:10	00:48:59.35	00:51:09.85	+00:24:53 (50.8%)	9:47	6.1 (49.2%)	
128	WITOSŁAWSKI Marcin	153		Open M	92	01:02:41	00:49:15.45	01:51:56.75	+00:25:09 (51.1%)	9:51	6.1 (49.2%)	
129	MARCINIAK Jakub	82		Open M	93	00:30:41	00:49:18.95	01:20:00.60	+00:25:12 (51.1%)	9:51	6.1 (49.2%)	
130	SKIBIŃSKA Dagmara	507		Open K	37	00:30:41	00:49:19.25	01:20:00.60	+00:25:13 (51.1%)	9:51	6.1 (49.2%)	
131	FIGURSKA Nadia	315		Open K	38	00:29:23	00:49:25.50	01:18:49.45	+00:25:19 (51.2%)	9:53	6.1 (49.2%)	
132	BŁĄŻEJEWSKI Marcin	316		Open M	94	00:29:24	00:49:25.85	01:18:50.10	+00:25:19 (51.2%)	9:53	6.1 (49.2%)	
133	FICEK Kacper	27		Open M	95	01:02:06	00:49:47.90	01:51:54.10	+00:25:41 (51.6%)	9:57	6 (48.4%)	
134	KOWALSKA Aleksandra	222		Open K	39	00:09:21	00:49:58.75	00:59:19.95	+00:25:52 (51.8%)	9:59	6 (48.4%)	
135	ŻURAWSKA Magdalena	221		Open K	40	00:09:20	00:49:59.25	00:59:20.05	+00:25:53 (51.8%)	9:59	6 (48.4%)	
136	MIKULSKI Włodzimierz	213		Open M	96	00:00:24	00:49:59.65	00:50:23.75	+00:25:53 (51.8%)	9:59	6 (48.4%)	
137	BOŁKA Piotr	211		Open M	97	00:00:23	00:50:00.50	00:50:24.30	+00:25:54 (51.8%)	10:00	6 (48.4%)	
138	KRZYWAŃSKA Aleksandra	70		Open K	41	00:00:23	00:50:01.05	00:50:24.65	+00:25:55 (51.8%)	10:00	6 (48.4%)	
139	NOWAK Agnieszka	210		Open K	42	00:00:23	00:50:03.75	00:50:27.10	+00:25:57 (51.9%)	10:00	6 (48.4%)	
140	ZBIRANEK Artur	214		Open M	98	00:00:24	00:50:08.65	00:50:32.85	+00:26:02 (51.9%)	10:01	6 (48.4%)	
141	ZSINONEK Beata	212		Open K	43	00:00:23	00:50:28.15	00:50:51.95	+00:26:22 (52.2%)	10:05	5.9 (47.6%)	
142	PAWLICKA Marta	105		Open K	44	00:36:06	00:50:30.05	01:26:36.65	+00:26:24 (52.3%)	10:06	5.9 (47.6%)	
143	PASTWESKA Jagoda	104		Open K	45	00:36:06	00:50:31.45	01:26:38.00	+00:26:25 (52.3%)	10:06	5.9 (47.6%)	
144	SETLAK Sara	122		Open K	46	01:02:06	00:50:35.55	01:52:42.20	+00:26:29 (52.4%)	10:07	5.9 (47.6%)	
144	SYKUŁA Natalia	133		Open K	46	01:02:06	00:50:35.55	01:52:41.95	+00:26:29 (52.4%)	10:07	5.9 (47.6%)	
146	MORYSON Mieczysław	88		Open M	99	00:03:13	00:50:46.75	00:54:00.35	+00:26:40 (52.5%)	10:09	5.9 (47.6%)	
147	DUSZYŃSKA Kasia	23		Open K	48	00:03:13	00:50:50.75	00:54:04.25	+00:26:44 (52.6%)	10:10	5.9 (47.6%)	
148	RUMIŃSKA Laura	481		Open K	49	00:38:27	00:51:09.90	01:29:37.25	+00:27:03 (52.9%)	10:13	5.9 (47.6%)	
149	GLINIECKI Bartłomiej	32		Open M	100	00:07:13	00:51:12.35	00:58:25.55	+00:27:06 (52.9%)	10:14	5.9 (47.6%)	
150	KOŁODZIEJ Martyna	177		Open K	50	00:07:13	00:51:12.50	00:58:25.95	+00:27:06 (52.9%)	10:14	5.9 (47.6%)	
151	STUCKI Marek	176		Open M	101	00:07:13	00:51:12.65	00:58:25.65	+00:27:06 (52.9%)	10:14	5.9 (47.6%)	
151	OPOZOLA Piotr	179		Open M	101	00:07:13	00:51:12.65	00:58:25.90	+00:27:06 (52.9%)	10:14	5.9 (47.6%)	
153	KRYKOWSKA Żaneta	178		Open K	51	00:07:12	00:51:13.35	00:58:26.30	+00:27:07 (52.9%)	10:14	5.9 (47.6%)	
154	PUSTUŁA Agnieszka	111		Open K	52	01:01:23	00:51:18.45	01:52:41.75	+00:27:12 (53.0%)	10:15	5.8 (46.8%)	
155	HAFFKE Olga	329		Open K	53	01:05:00	00:51:51.40	01:56:51.40	+00:27:45 (53.5%)	10:22	5.8 (46.8%)	
156	ZIÓŁKOWSKA Beata	331		Open K	54	01:05:00	00:51:51.45	01:56:51.45	+00:27:45 (53.5%)	10:22	5.8 (46.8%)	
157	DERDOWSKA Agnieszka	332		Open K	55	01:05:00	00:51:52.00	01:56:52.00	+00:27:45 (53.5%)	10:22	5.8 (46.8%)	
158	BARCZYŃSKA Dorota	5		Open K	56	01:04:59	00:51:52.05	01:56:51.85	+00:27:46 (53.5%)	10:22	5.8 (46.8%)	
159	WALEWSKI Andrzej	370		Open M	103	01:03:46	00:51:56.55	01:55:43.35	+00:27:50 (53.6%)	10:23	5.8 (46.8%)	
160	SOBEL Jagoda	487		Open K	57	00:56:20	00:51:59.35	01:48:19.75	+00:27:53 (53.6%)	10:23	5.8 (46.8%)	
161	STEC-BRZEZIŃSKA Patrycja	488		Open K	58	00:56:20	00:51:59.45	01:48:20.20	+00:27:53 (53.6%)	10:23	5.8 (46.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
162	PLUSKOTA Agnieszka	106		Open K	59	00:56:20	00:51:59.65	01:48:20.05	+00:27:53 (53.6%)	10:23	5.8 (46.8%)
163	WIKARSKA Dominika	489		Open K	60	00:56:20	00:51:59.70	01:48:20.20	+00:27:53 (53.6%)	10:23	5.8 (46.8%)
164	SOBEL Maciej	490		Open M	104	00:56:20	00:52:01.10	01:48:21.10	+00:27:55 (53.7%)	10:24	5.8 (46.8%)
165	DZIRBA Joanna	312		Open K	61	00:03:12	00:52:13.90	00:55:26.85	+00:28:07 (53.9%)	10:26	5.7 (46.0%)
166	JAWORSKA Mirosława	53		Open K	62	00:03:13	00:52:20.95	00:55:34.75	+00:28:14 (54.0%)	10:28	5.7 (46.0%)
167	NAMOWICZ Mateusz	306		Open M	105	00:29:24	00:52:24.50	01:21:49.40	+00:28:18 (54.0%)	10:28	5.7 (46.0%)
168	PANTKOWSKA Karolina	282		Open K	63	00:10:07	00:52:29.10	01:02:36.60	+00:28:23 (54.1%)	10:29	5.7 (46.0%)
169	GLAMOWSKA Monika	284		Open K	64	00:10:07	00:52:29.40	01:02:37.30	+00:28:23 (54.1%)	10:29	5.7 (46.0%)
170	GALUS Filip	272		Open M	106	00:30:41	00:52:31.45	01:23:13.35	+00:28:25 (54.1%)	10:30	5.7 (46.0%)
171	KUCHARSKA Justyna	71		Open K	65	00:30:41	00:52:31.55	01:23:12.55	+00:28:25 (54.1%)	10:30	5.7 (46.0%)
172	IWICKA Klaudia	45		Open K	66	00:07:13	00:52:53.75	01:00:07.00	+00:28:47 (54.4%)	10:34	5.7 (46.0%)
173	MANIKIEWICZ Zuzanna	322		Open K	67	00:07:13	00:52:53.95	01:00:07.10	+00:28:47 (54.4%)	10:34	5.7 (46.0%)
174	HEGER Beata	309		Open K	68	00:29:24	00:52:54.25	01:22:19.05	+00:28:48 (54.4%)	10:34	5.7 (46.0%)
175	KRUK Natalia	69		Open K	69	00:05:36	00:52:54.55	00:58:31.15	+00:28:48 (54.4%)	10:34	5.7 (46.0%)
176	MIREK Krzysztof	86		Open M	107	00:00:22	00:53:03.00	00:53:25.75	+00:28:56 (54.6%)	10:36	5.7 (46.0%)
177	SZYMAŃSKA Katarzyna	139		Open K	70	00:00:22	00:53:03.85	00:53:26.70	+00:28:57 (54.6%)	10:36	5.7 (46.0%)
178	MONASTYRSKA Sylwia	271		Open K	71	00:45:17	00:53:27.45	01:38:44.50	+00:29:21 (54.9%)	10:41	5.6 (45.2%)
179	RADTKE Sebastian	115		Open M	108	00:45:16	00:53:27.90	01:38:44.85	+00:29:21 (54.9%)	10:41	5.6 (45.2%)
179	MATUSZESKA Monika	270		Open K	72	00:45:17	00:53:27.90	01:38:44.90	+00:29:21 (54.9%)	10:41	5.6 (45.2%)
181	ŚWIGOŃ Aneta	268		Open K	73	00:45:17	00:53:28.00	01:38:45.25	+00:29:21 (54.9%)	10:41	5.6 (45.2%)
182	SARNECKI Bartosz	269		Open M	109	00:45:17	00:53:28.05	01:38:45.45	+00:29:22 (54.9%)	10:41	5.6 (45.2%)
183	STOPA Kamil	132		Open M	110	00:14:04	00:53:30.55	01:07:34.65	+00:29:24 (55.0%)	10:42	5.6 (45.2%)
184	MAKAREWICZ Łukasz	217		Open M	111	00:14:04	00:53:30.80	01:07:35.25	+00:29:24 (55.0%)	10:42	5.6 (45.2%)
185	NOWICKA Iwona	242		Open K	74	00:30:42	00:53:31.25	01:24:13.25	+00:29:25 (55.0%)	10:42	5.6 (45.2%)
186	NOWICKI Artur	96		Open M	112	00:30:42	00:53:31.30	01:24:13.40	+00:29:25 (55.0%)	10:42	5.6 (45.2%)
187	JUSZCZAK Adam	243		Open M	113	00:30:42	00:53:31.95	01:24:14.05	+00:29:25 (55.0%)	10:42	5.6 (45.2%)
188	BARTNIK Katarzyna	368		Open K	75	01:03:47	00:53:41.80	01:57:29.10	+00:29:35 (55.1%)	10:44	5.6 (45.2%)
189	BAWAJ Weronika	7		Open K	76	00:02:10	00:53:49.65	00:56:00.00	+00:29:43 (55.2%)	10:45	5.6 (45.2%)
190	DALKE Natalia	281		Open K	77	00:28:28	00:53:54.60	01:22:22.80	+00:29:48 (55.3%)	10:46	5.6 (45.2%)
191	ZIELIŃSKA Wioletta	159		Open K	78	00:15:22	00:53:58.45	01:09:21.30	+00:29:52 (55.3%)	10:47	5.6 (45.2%)
192	DRABEK Marcin	20		Open M	114	01:02:07	00:54:18.75	01:56:25.90	+00:30:12 (55.6%)	10:51	5.5 (44.4%)
193	RAK Tomasz	182		Open M	115	00:11:55	00:54:22.90	01:06:18.20	+00:30:16 (55.7%)	10:52	5.5 (44.4%)
194	KOWALSKA Jolanta	181		Open K	79	00:11:54	00:54:24.50	01:06:19.15	+00:30:18 (55.7%)	10:52	5.5 (44.4%)
195	PILECKA Katarzyna	202		Open K	80	00:04:41	00:54:25.10	00:59:06.15	+00:30:19 (55.7%)	10:53	5.5 (44.4%)
196	DADELSKA Beata	201		Open K	81	00:04:41	00:54:25.35	00:59:06.65	+00:30:19 (55.7%)	10:53	5.5 (44.4%)
197	KRAZIŃSKA Maja	204		Open K	82	00:04:41	00:54:25.50	00:59:06.50	+00:30:19 (55.7%)	10:53	5.5 (44.4%)
198	OSUCH Kamila	101		Open K	83	00:04:41	00:54:25.55	00:59:06.80	+00:30:19 (55.7%)	10:53	5.5 (44.4%)
199	RÓŻYCKA Ewelina	203		Open K	84	00:04:40	00:54:25.65	00:59:06.35	+00:30:19 (55.7%)	10:53	5.5 (44.4%)
200	RUTKOWSKA Agnieszka	119		Open K	85	00:04:41	00:54:27.45	00:59:08.70	+00:30:21 (55.7%)	10:53	5.5 (44.4%)
201	LUBAKA Michał	180		Open M	116	00:11:54	00:54:29.45	01:06:24.15	+00:30:23 (55.8%)	10:53	5.5 (44.4%)
202	RAK Justyna	116		Open K	86	00:11:54	00:54:30.95	01:06:25.65	+00:30:24 (55.8%)	10:54	5.5 (44.4%)
203	CISŁO Rafał	305		Open M	117	00:11:54	00:54:38.85	01:06:33.80	+00:30:32 (55.9%)	10:55	5.5 (44.4%)
204	GADAWSKI Karol	307		Open M	118	00:11:55	00:54:43.15	01:06:38.50	+00:30:37 (56.0%)	10:56	5.5 (44.4%)
205	ŻUCHOWSKI Marek	216		Open M	119	00:14:04	00:54:48.15	01:08:52.60	+00:30:42 (56.0%)	10:57	5.5 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
206	SACHA Artur	183		Open M	120	00:11:55	00:55:01.30	01:06:56.40	+00:30:55 (56.2%)	11:00	5.5 (44.4%)
207	WĘGIERSKA Weronika	190		Open K	87	00:11:55	00:55:06.75	01:07:01.80	+00:31:00 (56.3%)	11:01	5.4 (43.5%)
208	NIEDZIALKOWSKA Iwona	92		Open K	88	00:38:27	00:55:25.80	01:33:53.45	+00:31:19 (56.5%)	11:05	5.4 (43.5%)
209	STANOWSKA Maja	264		Open K	89	00:11:55	00:55:50.15	01:07:45.20	+00:31:44 (56.8%)	11:10	5.4 (43.5%)
210	SZOSTEK Piotr	318		Open M	121	00:06:24	00:56:06.35	01:02:30.70	+00:32:00 (57.0%)	11:13	5.3 (42.7%)
211	DUMA Łukasz	321		Open M	122	00:06:23	00:56:06.70	01:02:30.20	+00:32:00 (57.0%)	11:13	5.3 (42.7%)
212	MAĆZYŃSKA Karolina	85		Open K	90	00:06:22	00:56:07.70	01:02:30.40	+00:32:01 (57.1%)	11:13	5.3 (42.7%)
213	OLERADZKI Rafał	320		Open M	123	00:06:23	00:56:09.15	01:02:32.25	+00:32:03 (57.1%)	11:13	5.3 (42.7%)
214	JANICKA Weronika	48		Open K	91	00:29:24	00:56:10.35	01:25:34.50	+00:32:04 (57.1%)	11:14	5.3 (42.7%)
215	BŁAŻEJEWSKI Wojciech	314		Open M	124	00:29:23	00:56:10.45	01:25:34.30	+00:32:04 (57.1%)	11:14	5.3 (42.7%)
216	FRĄC Patryk	301		Open M	125	00:59:36	00:56:13.75	01:55:49.90	+00:32:07 (57.1%)	11:14	5.3 (42.7%)
217	DYBUS Justyna	319		Open K	92	00:06:23	00:56:20.65	01:02:43.65	+00:32:14 (57.2%)	11:16	5.3 (42.7%)
218	BISKUPSKI Robert	13		Open M	126	00:15:22	00:56:21.05	01:11:43.95	+00:32:15 (57.2%)	11:16	5.3 (42.7%)
219	GRABOWSKI Borys	38		Open M	127	00:15:23	00:56:22.35	01:11:45.50	+00:32:16 (57.2%)	11:16	5.3 (42.7%)
220	BARTNIK Adam	6		Open M	128	01:03:47	00:56:22.90	02:00:10.00	+00:32:16 (57.3%)	11:16	5.3 (42.7%)
221	KRZEMIŃSKI Maciej	362		Open M	129	00:51:34	00:56:40.95	01:48:15.75	+00:32:34 (57.5%)	11:20	5.3 (42.7%)
222	WÓJCIK Żaneta	499		Open K	93	00:55:26	00:56:45.15	01:52:11.20	+00:32:39 (57.5%)	11:21	5.3 (42.7%)
223	WÓJCIK Magda	155		Open K	94	00:55:26	00:56:45.45	01:52:11.95	+00:32:39 (57.5%)	11:21	5.3 (42.7%)
224	WÓJCIK Tomasz	498		Open M	130	00:55:26	00:56:48.55	01:52:15.05	+00:32:42 (57.6%)	11:21	5.3 (42.7%)
225	SZCZERBA Dariusz	135		Open M	131	00:55:26	00:56:48.80	01:52:15.15	+00:32:42 (57.6%)	11:21	5.3 (42.7%)
226	DLEJNIK Marta	476		Open K	95	00:44:14	00:57:21.00	01:41:35.25	+00:33:14 (58.0%)	11:28	5.2 (41.9%)
227	WIŚNIEWSKA Agnieszka	150		Open K	96	00:44:13	00:57:21.40	01:41:35.25	+00:33:15 (58.0%)	11:28	5.2 (41.9%)
228	KWAYZER Anna	473		Open K	97	00:44:13	00:57:21.50	01:41:35.45	+00:33:15 (58.0%)	11:28	5.2 (41.9%)
229	GATZKE Izabela	474		Open K	98	00:44:13	00:57:21.60	01:41:35.40	+00:33:15 (58.0%)	11:28	5.2 (41.9%)
230	LEWANDOWSKA Ewelina	475		Open K	99	00:44:13	00:57:21.65	01:41:35.30	+00:33:15 (58.0%)	11:28	5.2 (41.9%)
231	. Michał	505		Open M	132	00:44:13	00:57:21.90	01:41:35.25	+00:33:15 (58.0%)	11:28	5.2 (41.9%)
232	KUŹNIACKI Mateusz	304		Open M	133	00:59:35	00:57:37.40	01:57:13.10	+00:33:31 (58.2%)	11:31	5.2 (41.9%)
233	GORDON Jan	262		Open M	134	00:53:18	00:57:38.65	01:50:57.40	+00:33:32 (58.2%)	11:31	5.2 (41.9%)
234	MICHTA Marcin	261		Open M	135	00:53:19	00:57:38.85	01:50:57.95	+00:33:32 (58.2%)	11:31	5.2 (41.9%)
235	ĆWIK-KOTWICA Patrycja	19		Open K	100	00:03:58	00:57:53.60	01:01:52.30	+00:33:47 (58.4%)	11:34	5.2 (41.9%)
236	BRONISZ Marcin	254		Open M	136	00:13:18	00:57:54.45	01:11:13.25	+00:33:48 (58.4%)	11:34	5.2 (41.9%)
237	BOGDAŃSKA Justyna	253		Open K	101	00:13:18	00:57:55.75	01:11:14.50	+00:33:49 (58.4%)	11:35	5.2 (41.9%)
238	JAHNKE Patryk	46		Open M	137	00:34:55	00:57:56.55	01:32:51.65	+00:33:50 (58.4%)	11:35	5.2 (41.9%)
239	NOWAK Katarzyna	255		Open K	102	00:13:18	00:57:58.15	01:11:17.00	+00:33:52 (58.4%)	11:35	5.2 (41.9%)
240	LORKOWSKI Paweł	256		Open M	138	00:13:18	00:57:58.25	01:11:17.00	+00:33:52 (58.4%)	11:35	5.2 (41.9%)
241	PRUSS Patrycja	109		Open K	103	00:34:54	00:57:59.35	01:32:54.30	+00:33:53 (58.4%)	11:35	5.2 (41.9%)
242	WABNIC Anna	147		Open K	104	00:34:55	00:57:59.45	01:32:54.75	+00:33:53 (58.4%)	11:35	5.2 (41.9%)
243	GACA Natalia	30		Open K	105	00:08:45	00:57:59.65	01:06:44.80	+00:33:53 (58.4%)	11:35	5.2 (41.9%)
244	SZELBRACIKOWSKA Katarzyna	136		Open K	106	00:34:54	00:57:59.85	01:32:54.75	+00:33:53 (58.4%)	11:35	5.2 (41.9%)
245	RYŻEK Patrycja	120		Open K	107	00:08:44	00:58:00.55	01:06:45.10	+00:33:54 (58.5%)	11:36	5.2 (41.9%)
246	TRAWCZYŃSKA Kasia	143		Open K	108	00:13:19	00:58:02.60	01:11:21.95	+00:33:56 (58.5%)	11:36	5.2 (41.9%)
247	SOBIECHOWSKI Adrian	129		Open M	139	00:08:44	00:58:05.95	01:06:50.50	+00:33:59 (58.5%)	11:37	5.2 (41.9%)
248	SOBIECHOWSKA Patrycja	128		Open K	109	00:08:44	00:58:06.05	01:06:50.60	+00:34:00 (58.5%)	11:37	5.2 (41.9%)
249	LEWANDOWSKI Damian	77		Open M	140	00:08:45	00:58:06.30	01:06:51.50	+00:34:00 (58.5%)	11:37	5.2 (41.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
250	CHYZHYK Wiktor	235		Open M	141	00:08:44	00:58:06.70	01:06:51.25	+00:34:00 (58.5%)	11:37	5.2 (41.9%)
251	LEWANDOWSKA Magdalena	234		Open K	110	00:08:44	00:58:07.05	01:06:51.65	+00:34:01 (58.5%)	11:37	5.2 (41.9%)
251	TWARDOKUS Anna	145		Open K	110	00:08:44	00:58:07.05	01:06:51.60	+00:34:01 (58.5%)	11:37	5.2 (41.9%)
253	KIEŁPIŃSKA Agnieszka	236		Open K	112	00:08:45	00:58:08.05	01:06:53.05	+00:34:02 (58.5%)	11:37	5.2 (41.9%)
254	KIEŁPIŃSKI Paweł	237		Open M	142	00:08:44	00:58:08.40	01:06:53.05	+00:34:02 (58.5%)	11:37	5.2 (41.9%)
255	ECKERT Aleksandra	25		Open K	113	00:12:38	00:58:22.45	01:11:01.35	+00:34:16 (58.7%)	11:40	5.1 (41.1%)
256	FOKS-JANIKOWSKA Katarzyna	28		Open K	114	00:12:38	00:58:22.75	01:11:01.45	+00:34:16 (58.7%)	11:40	5.1 (41.1%)
257	BĄCZKOWSKA Paulina	8		Open K	115	00:12:38	00:58:22.90	01:11:01.60	+00:34:16 (58.7%)	11:40	5.1 (41.1%)
258	K Faustyna	56		Open K	116	00:12:38	00:58:23.10	01:11:01.80	+00:34:17 (58.7%)	11:40	5.1 (41.1%)
259	SKÓRCZEWSKI Daniel	297		Open M	143	00:59:36	00:58:24.55	01:58:00.65	+00:34:18 (58.7%)	11:40	5.1 (41.1%)
260	OLEJNICZAK Dorota	215		Open K	117	00:14:04	00:58:27.00	01:12:31.35	+00:34:20 (58.8%)	11:41	5.1 (41.1%)
261	DAŃCZYSZYN Dominika	218		Open K	118	00:14:04	00:58:28.25	01:12:32.40	+00:34:22 (58.8%)	11:41	5.1 (41.1%)
262	MAJEWSKA Karolina	184		Open K	119	00:11:03	00:58:36.75	01:09:40.35	+00:34:30 (58.9%)	11:43	5.1 (41.1%)
263	KILUK Karolina	185		Open K	120	00:11:03	00:58:37.05	01:09:40.45	+00:34:31 (58.9%)	11:43	5.1 (41.1%)
263	RACKA Iga	114		Open K	120	00:11:03	00:58:37.05	01:09:40.25	+00:34:31 (58.9%)	11:43	5.1 (41.1%)
265	SOBIECH Bogna	188		Open K	122	00:11:03	00:58:37.15	01:09:40.75	+00:34:31 (58.9%)	11:43	5.1 (41.1%)
266	KONOWALSKI Łukasz	295		Open M	144	00:59:36	00:58:37.30	01:58:13.40	+00:34:31 (58.9%)	11:43	5.1 (41.1%)
267	KŁOSOWSKI Kamil	479		Open M	145	00:38:27	00:58:57.90	01:37:25.10	+00:34:51 (59.1%)	11:47	5.1 (41.1%)
268	PANTKOWSKA Marta	103		Open K	123	00:10:08	00:59:07.65	01:09:15.65	+00:35:01 (59.2%)	11:49	5.1 (41.1%)
269	ŻELEZIK Joanna	283		Open K	124	00:10:07	00:59:09.75	01:09:17.55	+00:35:03 (59.3%)	11:49	5.1 (41.1%)
270	BARTNIK Andrzej	369		Open M	146	01:03:47	00:59:15.15	02:03:02.25	+00:35:09 (59.3%)	11:51	5.1 (41.1%)
271	JAROSIŃSKA Romana	364		Open K	125	00:05:37	00:59:30.45	01:05:07.65	+00:35:24 (59.5%)	11:54	5 (40.3%)
271	JAROSIŃSKA Romana	51		Open K	125	00:05:37	00:59:30.45	01:05:07.65	+00:35:24 (59.5%)	11:54	5 (40.3%)
273	HECKERT Ewelina	365		Open K	127	00:05:36	00:59:30.75	01:05:07.25	+00:35:24 (59.5%)	11:54	5 (40.3%)
273	GAPIŃSKA Danuta	367		Open K	127	00:05:36	00:59:30.75	01:05:07.45	+00:35:24 (59.5%)	11:54	5 (40.3%)
275	WITKOWSKA Joanna	366		Open K	129	00:05:36	00:59:31.05	01:05:07.55	+00:35:25 (59.5%)	11:54	5 (40.3%)
276	KABACIŃSKA Natalia	298		Open K	130	00:58:14	00:59:46.60	01:58:00.80	+00:35:40 (59.7%)	11:57	5 (40.3%)
277	DOLIŃSKI Patryk	257		Open M	147	00:54:04	00:59:59.85	01:54:04.75	+00:35:53 (59.8%)	11:59	5 (40.3%)
278	SERWIŃSK Marcin	308		Open M	148	00:52:26	01:00:06.95	01:52:33.20	+00:36:00 (59.9%)	12:01	5 (40.3%)
279	KACZMAREK Klaudia	311		Open K	131	00:52:25	01:00:07.35	01:52:33.20	+00:36:01 (59.9%)	12:01	5 (40.3%)
280	KOSZELAK Paweł	65		Open M	149	00:50:31	01:00:32.85	01:51:04.40	+00:36:26 (60.2%)	12:06	5 (40.3%)
281	FORTAS Daria	335		Open K	132	00:50:31	01:00:33.00	01:51:04.25	+00:36:26 (60.2%)	12:06	5 (40.3%)
282	GURYN Wiktor	41		Open M	150	00:08:07	01:00:47.05	01:08:54.10	+00:36:41 (60.4%)	12:09	4.9 (39.5%)
283	WILCZYK Agnieszka	258		Open K	133	00:54:05	01:01:08.55	01:55:13.55	+00:37:02 (60.6%)	12:13	4.9 (39.5%)
284	KOSZELAK Magdalena	333		Open K	134	00:50:31	01:01:14.05	01:51:45.60	+00:37:08 (60.6%)	12:14	4.9 (39.5%)
285	KOSZELAK Kamil	334		Open M	151	00:50:31	01:01:14.30	01:51:46.00	+00:37:08 (60.6%)	12:14	4.9 (39.5%)
286	RUTKOWSKA-STESSEL Małgorzata	273		Open K	135	00:03:13	01:01:19.85	01:04:33.10	+00:37:13 (60.7%)	12:15	4.9 (39.5%)
287	WRÓBLEWSKA Samanta	275		Open K	136	00:03:13	01:01:19.90	01:04:33.05	+00:37:13 (60.7%)	12:15	4.9 (39.5%)
288	JÓŻIK Luiza	361		Open K	137	00:51:34	01:01:29.75	01:53:04.35	+00:37:23 (60.8%)	12:17	4.9 (39.5%)
289	KĘPA Weronika	360		Open K	138	00:51:34	01:01:29.90	01:53:04.50	+00:37:23 (60.8%)	12:17	4.9 (39.5%)
290	WARCHOŁ Mariola	148		Open K	139	00:53:18	01:01:36.75	01:54:55.50	+00:37:30 (60.9%)	12:19	4.9 (39.5%)
291	ANTCZAK Natalia	351		Open K	140	00:54:05	01:01:39.10	01:55:45.00	+00:37:33 (60.9%)	12:19	4.9 (39.5%)
291	GOŁĘBIEWSKI Paweł	35		Open M	152	00:54:05	01:01:39.10	01:55:44.75	+00:37:33 (60.9%)	12:19	4.9 (39.5%)
293	BARCZYŃSKI Łukasz	330		Open M	153	01:04:59	01:01:42.30	02:06:42.05	+00:37:36 (60.9%)	12:20	4.9 (39.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
293	MICHTA Bogusława	263		Open K	141	00:53:19	01:01:42.30	01:55:01.35	+00:37:36 (60.9%)	12:20	4.9 (39.5%)
295	DOLAŁA Magdalena	357		Open K	142	00:49:24	01:01:49.90	01:51:14.15	+00:37:43 (61.0%)	12:21	4.9 (39.5%)
296	KUNICKI Krzysztof	73		Open M	154	00:49:24	01:01:50.35	01:51:15.25	+00:37:44 (61.0%)	12:22	4.9 (39.5%)
297	KUNICKI Łukasz	352		Open M	155	00:49:24	01:01:51.10	01:51:15.65	+00:37:45 (61.0%)	12:22	4.9 (39.5%)
297	KMIECIAK Wiktoria	353		Open K	143	00:49:24	01:01:51.10	01:51:15.50	+00:37:45 (61.0%)	12:22	4.9 (39.5%)
299	KUNICKA Luiza	289		Open K	144	00:49:24	01:01:51.20	01:51:15.45	+00:37:45 (61.0%)	12:22	4.9 (39.5%)
299	KIEDROWSKI Bartłomiej	62		Open M	156	00:49:24	01:01:51.20	01:51:15.50	+00:37:45 (61.0%)	12:22	4.9 (39.5%)
301	WOJTCZAK Paweł	189		Open M	157	00:13:19	01:02:34.40	01:15:53.75	+00:38:28 (61.5%)	12:30	4.8 (38.7%)
302	WOJTCZAK Anna	154		Open K	145	00:13:19	01:02:34.50	01:15:53.65	+00:38:28 (61.5%)	12:30	4.8 (38.7%)
303	ŚMIERZCHALSKA Joanna	238		Open K	146	00:52:25	01:02:34.85	01:55:00.70	+00:38:28 (61.5%)	12:30	4.8 (38.7%)
304	MACKI Dal	239		Open M	158	00:52:25	01:02:38.40	01:55:04.35	+00:38:32 (61.5%)	12:31	4.8 (38.7%)
305	MASTERNAK Nicola	240		Open K	147	00:52:26	01:02:55.05	01:55:21.20	+00:38:49 (61.7%)	12:35	4.8 (38.7%)
306	TUCHÓŁKA Marta	144		Open K	148	00:15:23	01:02:58.10	01:18:21.10	+00:38:52 (61.7%)	12:35	4.8 (38.7%)
307	WILCZYŃSKA Paulina	468		Open K	149	00:15:23	01:02:59.85	01:18:23.80	+00:38:53 (61.7%)	12:35	4.8 (38.7%)
308	MASTERNAK Izabela	84		Open K	150	00:52:26	01:03:02.95	01:55:29.00	+00:38:56 (61.8%)	12:36	4.8 (38.7%)
309	DOLATA Zofia	391		Open K	151	00:48:10	01:03:03.80	01:51:14.75	+00:38:57 (61.8%)	12:36	4.8 (38.7%)
310	SOŚNICKI Michał	355		Open M	159	00:48:11	01:03:04.05	01:51:15.25	+00:38:58 (61.8%)	12:36	4.8 (38.7%)
311	SOŚNICKA Joanna	354		Open K	152	00:48:10	01:03:04.35	01:51:15.05	+00:38:58 (61.8%)	12:36	4.8 (38.7%)
312	DOLAŁA Grzegorz	358		Open M	160	00:48:10	01:03:04.45	01:51:15.05	+00:38:58 (61.8%)	12:36	4.8 (38.7%)
313	DOLATA Anna	463		Open K	153	00:48:10	01:03:04.75	01:51:15.15	+00:38:58 (61.8%)	12:36	4.8 (38.7%)
314	KIEDROWSKA Magdalena	356		Open K	154	00:48:10	01:03:05.00	01:51:15.55	+00:38:58 (61.8%)	12:37	4.8 (38.7%)
315	ŻMIJEWSKA Agata	302		Open K	155	00:58:14	01:03:07.80	02:01:21.95	+00:39:01 (61.8%)	12:37	4.8 (38.7%)
316	MILA Karolina	299		Open K	156	00:58:14	01:03:16.90	02:01:31.60	+00:39:10 (61.9%)	12:39	4.7 (37.9%)
317	FRĄC Beata	300		Open K	157	00:58:14	01:03:21.05	02:01:36.00	+00:39:15 (62.0%)	12:40	4.7 (37.9%)
318	TOMASIK Przemek	141		Open M	161	00:36:06	01:03:35.50	01:39:42.05	+00:39:29 (62.1%)	12:43	4.7 (37.9%)
319	KOWALSKA Jagoda	265		Open K	158	00:14:04	01:03:36.60	01:17:41.00	+00:39:30 (62.1%)	12:43	4.7 (37.9%)
320	ADAMSKI Łukasz	3		Open M	162	00:14:04	01:03:36.70	01:17:41.15	+00:39:30 (62.1%)	12:43	4.7 (37.9%)
321	ZIELIŃSKI Mateusz	296		Open M	163	00:59:36	01:03:58.60	02:03:35.05	+00:39:52 (62.3%)	12:47	4.7 (37.9%)
322	PADUSZEK Justyna	102		Open K	159	01:00:30	01:04:04.00	02:04:34.95	+00:39:57 (62.4%)	12:48	4.7 (37.9%)
323	BIEDRZYCKA Katarzyna	12		Open K	160	01:00:30	01:04:07.75	02:04:38.40	+00:40:01 (62.4%)	12:49	4.7 (37.9%)
323	KACZMAREK Olga	57		Open K	160	01:00:30	01:04:07.75	02:04:38.40	+00:40:01 (62.4%)	12:49	4.7 (37.9%)
325	KARDASZ Kamil	60		Open M	164	01:01:23	01:04:23.75	02:05:47.30	+00:40:17 (62.6%)	12:52	4.7 (37.9%)
326	KARDASZ Monika	61		Open K	162	01:01:23	01:04:24.55	02:05:47.95	+00:40:18 (62.6%)	12:52	4.7 (37.9%)
327	ŁOJK Adrian	337		Open M	165	00:32:03	01:04:30.35	01:36:33.75	+00:40:24 (62.6%)	12:54	4.7 (37.9%)
328	ULATOWSKA Iwona	146		Open K	163	01:00:31	01:04:36.25	02:05:07.35	+00:40:30 (62.7%)	12:55	4.6 (37.1%)
329	GOTOWICZ Kacper	343		Open M	166	00:32:01	01:04:46.15	01:36:48.05	+00:40:40 (62.8%)	12:57	4.6 (37.1%)
330	ADAMETZ Monika	2		Open K	164	01:00:30	01:04:54.35	02:05:25.15	+00:40:48 (62.9%)	12:58	4.6 (37.1%)
331	MARKIEWICZ Łukasz	260		Open M	167	00:53:18	01:05:01.40	01:58:20.05	+00:40:55 (62.9%)	13:00	4.6 (37.1%)
332	ŁOJKO Grzegorz	336		Open M	168	00:32:03	01:05:03.65	01:37:06.75	+00:40:57 (63.0%)	13:00	4.6 (37.1%)
333	RYMER Monika	342		Open K	165	00:32:02	01:05:04.15	01:37:06.95	+00:40:58 (63.0%)	13:00	4.6 (37.1%)
334	WOZIKOWSKI Michał	344		Open M	169	00:32:03	01:05:04.45	01:37:07.45	+00:40:58 (63.0%)	13:00	4.6 (37.1%)
335	GOTOWICZ Joanna	36		Open K	166	00:32:02	01:05:04.50	01:37:07.00	+00:40:58 (63.0%)	13:00	4.6 (37.1%)
336	MIELCAREK Małgorzata	340		Open K	167	00:32:02	01:05:04.65	01:37:07.45	+00:40:58 (63.0%)	13:00	4.6 (37.1%)
337	GOTOWICZ Mariusz	341		Open M	170	00:32:02	01:05:05.10	01:37:07.70	+00:40:59 (63.0%)	13:01	4.6 (37.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
338	FRATCZA Beata	339		Open K	168	00:32:01	01:05:05.30	01:37:07.05	+00:40:59 (63.0%)	13:01	4.6 (37.1%)
339	WETERLE Marta	338		Open K	169	00:32:01	01:05:05.45	01:37:07.15	+00:40:59 (63.0%)	13:01	4.6 (37.1%)
340	ZIELIŃSKI Matthew	160		Open M	171	00:58:14	01:05:20.90	02:03:35.25	+00:41:14 (63.1%)	13:04	4.6 (37.1%)
341	PIENIAK Łukasz	186		Open M	172	00:08:05	01:05:22.25	01:13:28.15	+00:41:16 (63.1%)	13:04	4.6 (37.1%)
342	DUDZIAK Michał	22		Open M	173	00:55:26	01:05:54.80	02:01:21.65	+00:41:48 (63.4%)	13:10	4.6 (37.1%)
343	JANICKA Kinga	49		Open K	170	00:11:03	01:06:15.45	01:17:19.25	+00:42:09 (63.6%)	13:15	4.5 (36.3%)
344	MAJDA Karolina	327		Open K	171	00:11:03	01:06:16.95	01:17:20.25	+00:42:10 (63.6%)	13:15	4.5 (36.3%)
345	SZYMAŃSKA Emilia	349		Open K	172	00:15:23	01:06:29.20	01:21:52.35	+00:42:23 (63.8%)	13:17	4.5 (36.3%)
346	REMUS Dawid	347		Open M	174	00:15:22	01:06:29.45	01:21:52.35	+00:42:23 (63.8%)	13:17	4.5 (36.3%)
347	ZBYLSKA Olga	346		Open K	173	00:15:22	01:06:29.90	01:21:52.75	+00:42:23 (63.8%)	13:17	4.5 (36.3%)
348	RAKOCY Dorian	348		Open M	175	00:15:22	01:06:30.00	01:21:52.90	+00:42:23 (63.8%)	13:18	4.5 (36.3%)
349	RYNKIEWICZ Łukasz	205		Open M	176	00:02:11	01:06:37.35	01:08:48.45	+00:42:31 (63.8%)	13:19	4.5 (36.3%)
350	KOWALSKA Iwona	207		Open K	174	00:02:10	01:06:38.00	01:08:48.45	+00:42:31 (63.8%)	13:19	4.5 (36.3%)
351	ŻAK Magdalena	163		Open K	175	00:10:08	01:07:47.95	01:17:56.45	+00:43:41 (64.5%)	13:33	4.4 (35.5%)
352	DZIEŻA Andrzej	191		Open M	177	00:10:08	01:07:50.35	01:17:59.05	+00:43:44 (64.5%)	13:34	4.4 (35.5%)
353	FIAŁKOWSKA Magdalena	26		Open K	176	01:01:23	01:08:42.05	02:10:05.65	+00:44:36 (64.9%)	13:44	4.4 (35.5%)
354	KLUSZCZYŃSKA Aleksandra	244		Open K	177	00:09:22	01:09:19.25	01:18:41.55	+00:45:13 (65.2%)	13:51	4.3 (34.7%)
355	WERKOWSKA Agnieszka	245		Open K	178	00:09:21	01:09:19.95	01:18:41.45	+00:45:13 (65.2%)	13:51	4.3 (34.7%)
356	FRĄSZCZAK Ewelina	345		Open K	179	00:37:16	01:09:27.95	01:46:44.05	+00:45:21 (65.3%)	13:53	4.3 (34.7%)
357	RACINIEWSKA Ewelina	113		Open K	180	00:37:16	01:09:32.55	01:46:48.80	+00:45:26 (65.3%)	13:54	4.3 (34.7%)
358	WITOSŁAWSKA Aleksandra	152		Open K	181	01:02:41	01:11:30.70	02:14:12.20	+00:47:24 (66.3%)	14:18	4.2 (33.9%)
359	MUCHA Izabela	167		Open K	182	00:03:59	01:12:50.25	01:16:49.25	+00:48:44 (66.9%)	14:34	4.1 (33.1%)
360	KNAPIŃSKA Joanna	64		Open K	183	01:00:31	01:13:41.20	02:14:12.25	+00:49:35 (67.3%)	14:44	4.1 (33.1%)
361	SUSZEK Magdalena	226		Open K	184	00:08:06	01:13:42.35	01:21:48.35	+00:49:36 (67.3%)	14:44	4.1 (33.1%)
362	KUZIEMSKA Monika	232		Open K	185	00:08:06	01:13:42.50	01:21:49.15	+00:49:36 (67.3%)	14:44	4.1 (33.1%)
362	SOBOLEWSKA Aleksandra	233		Open K	185	00:08:05	01:13:42.50	01:21:48.35	+00:49:36 (67.3%)	14:44	4.1 (33.1%)
364	SUSZEK Katarzyna	227		Open K	187	00:08:06	01:13:42.70	01:21:49.00	+00:49:36 (67.3%)	14:44	4.1 (33.1%)
365	LUZAK Magdalena	79		Open K	188	00:08:05	01:13:42.80	01:21:48.50	+00:49:36 (67.3%)	14:44	4.1 (33.1%)
366	OSSETE-KLIMCZYK Pamela	100		Open K	189	01:02:41	01:16:29.55	02:19:10.75	+00:52:23 (68.5%)	15:17	3.9 (31.5%)
367	KLIMCZYK Bartosz	63		Open M	178	01:02:41	01:16:30.15	02:19:11.65	+00:52:24 (68.5%)	15:18	3.9 (31.5%)
368	KRÓLIKOWSKA Jolanta	68		Open K	190	01:01:23	01:17:46.25	02:19:09.80	+00:53:40 (69.0%)	15:33	3.9 (31.5%)
369	TOR Yunus	472		Open M	179	00:00:00	01:18:29.30	01:18:29.30	+00:54:23 (69.3%)	15:41	3.8 (30.6%)
370	SZYMAŃSKA Amelia	140		Open K	191	00:00:00	01:21:52.25	01:21:52.25	+00:57:46 (70.6%)	16:22	3.7 (29.8%)
371	GUSS Rafał	42		Open M	180	00:04:39					(0.0%)
372	BOGUSIA Bogusia	14		Open K	192	00:09:20					(0.0%)
373	WĄSIK Ewa	149		Open K	193	01:02:06					(0.0%)

Znaleziono 373 wynik(ów)