# KOBIETY POW 35 LAT - 3KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Mistrzostwa 7 BOW w biegach przełajowych
**Organizator:** 1.Lęborski Batalion Zmechanizowany
**Data:** 2023-02-02
**Miejsce:** Lębork
**Dystans:** 3 km




## Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 1km | 2km | Czas netto 3km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | **PPOR. RACZYŃSKA Anna** | **39** | DAS | | | 00:04:20 | 00:09:01 | **00:13:31.84** | | 4:30 | 13.3 (100%) |
| 2 | **ST.SZER. NOWAK Agnieszka** | **37** | BLOG | | | 00:04:19 | 00:09:04 | **00:14:01.99** | +00:00:30 (3.6%) | 4:40 | 12.8 (96.2%) |
| 3 | **SZER. KĘSIK Agnieszka** | **40** | DAS | | | 00:04:36 | 00:09:28 | **00:14:22.50** | +00:00:50 (5.9%) | 4:47 | 12.5 (94.0%) |
| 4 | **SZER. SAMP Agnieszka** | **41** | DPLOT | | | 00:04:57 | 00:10:00 | **00:14:45.37** | +00:01:13 (8.3%) | 4:55 | 12.2 (91.7%) |
| 5 | **SZER. KOŁRZAN Barbara** | **25** | 5 KLOG | | | 00:04:43 | 00:09:52 | **00:15:02.86** | +00:01:31 (10.1%) | 5:00 | 12 (90.2%) |
| 6 | **KPR. KOMAR Beata** | **33** | 2 BZ | | | 00:05:01 | 00:10:07 | **00:15:14.40** | +00:01:42 (11.2%) | 5:04 | 11.8 (88.7%) |
| 7 | **SZER. WITALA Beata** | **29** | 6 KZ | | | 00:04:56 | 00:10:09 | **00:15:26.80** | +00:01:54 (12.4%) | 5:08 | 11.7 (88.0%) |
| 8 | **ST.SZER.SPEC. RECZUCH Urszula** | **24** | 2 KWSP | | | 00:05:12 | 00:10:45 | **00:15:52.23** | +00:02:20 (14.7%) | 5:17 | 11.3 (85.0%) |
| 9 | **SZER. MYTYCH Katarzyna** | **34** | 2 BZ | | | 00:05:11 | 00:10:46 | **00:16:15.05** | +00:02:43 (16.7%) | 5:25 | 11.1 (83.5%) |
| 10 | **KPR. GAĆKOWSKA Marzena** | **35** | BDOW | | | 00:05:10 | 00:10:47 | **00:16:29.88** | +00:02:58 (18.0%) | 5:29 | 10.9 (82.0%) |
| 11 | **SZER. PAWŁOWSKA Anna** | **31** | 8 KZ | | | 00:05:12 | 00:11:08 | **00:16:32.51** | +00:03:00 (18.2%) | 5:30 | 10.9 (82.0%) |
| 12 | **ST.SZER. DYBAŁA-MAKURAT Dagna** | **27** | 5 KZ | | | 00:05:21 | 00:11:08 | **00:16:54.50** | +00:03:22 (20.0%) | 5:38 | 10.7 (80.5%) |
| 13 | **SZER. SUCHODOLSKA Anna** | **28** | 5 KZ | | | 00:05:13 | 00:11:08 | **00:17:06.14** | +00:03:34 (20.9%) | 5:42 | 10.5 (78.9%) |
| 14 | **SZER. SUCHAN Kamila** | **38** | BLOG | | | 00:06:17 | 00:13:21 | **00:20:46.56** | +00:07:14 (34.9%) | 6:55 | 8.7 (65.4%) |
| 15 | **ST.SZER. BETKOWSKA Beata** | **30** | 7 KZ | | | 00:07:04 | 00:14:01 | **00:20:46.67** | +00:07:14 (34.9%) | 6:55 | 8.7 (65.4%) |
| DQ | **ST.SZER. SZULC Katarzyna** | **26** | 5 KLOG | | | 00:07:06 DQ | DQ | **DQ** | | | (0.0%) |

Znaleziono 16 wynik(ów)