KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 10 KM

Wydarzenie: PUCHAR POLSKI NORDIC WALKING
Organizator: Polska Federacja Nordic Walking
Data: 2018-06-02
Miejsce: Kolbuszowa
Dystans: 10 km

HERKULES
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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**NIECHWIEJCZYK Piotr**	**444**	UNIA MIAST	M40-49	1			00:15:18	00:31:12	00:47:23	**01:03:48.20**		6:22	9.4 (100%)
2	**HELWICH Stefan**	**412**	KS METRACOPOLKOWICE	M60-69	1			00:15:44	00:31:58	00:48:30	**01:04:32.30**	+00:00:44 (1.1%)	6:27	9.3 (98.9%)
3	**SIWAK Piotr**	**463**	KS METRACO POLKOWICE	M50-59	1			00:16:03	00:32:20	00:48:35	**01:04:56.15**	+00:01:07 (1.7%)	6:29	9.2 (97.9%)
4	**JANOCHA Robert**	**415**	MUKS PODKARPACIE JEDLICZE	M50-59	2			00:16:07	00:32:24	00:48:39	**01:05:05.70**	+00:01:17 (2.0%)	6:30	9.2 (97.9%)
5	**BIŁEK Artur**	**395**	UNIA MIAST	M30-39	1			00:15:29	00:31:33	00:48:08	**01:05:09.70**	+00:01:21 (2.1%)	6:31	9.2 (97.9%)
6	**HAŁAS Marcin**	**411**	UNIA MIAST	M30-39	2			00:15:52	00:32:12	00:48:55	**01:05:34.80**	+00:01:46 (2.7%)	6:33	9.1 (96.8%)
7	**BORKOWSKI Dariusz**	**396**	NOWI SIEDLCE	M40-49	2			00:15:53	00:32:40	00:49:21	**01:06:16.15**	+00:02:27 (3.7%)	6:37	9.1 (96.8%)
8	**STĘPAK Piotr**	**490**	ZG REJON NW WINNING TEAM	M18-29	1			00:16:25	00:33:17	00:50:27	**01:07:04.75**	+00:03:16 (4.9%)	6:42	8.9 (94.7%)
9	**GŁOWA Michał**	**406**	UNIA MIAST	M18-29	2			00:16:27	00:33:07	00:50:31	**01:07:10.60**	+00:03:22 (5.0%)	6:43	8.9 (94.7%)
10	**JUREK Adam**	**419**	KS METRACO POLKOWICE	M50-59	3			00:16:23	00:32:52	00:50:01	**01:07:23.35**	+00:03:35 (5.3%)	6:44	8.9 (94.7%)
11	**MIELECKA Agnieszka**	**442**	KS IDMAR RACING TEAM	K40-49	1			00:16:07	00:32:51	00:50:07	**01:07:34.40**	+00:03:46 (5.6%)	6:45	8.9 (94.7%)
12	**SIEROŃ Jacek**	**461**	MOSIR/TSA SANDOMIERZ	M50-59	4			00:16:03	00:32:44	00:50:17	**01:07:46.60**	+00:03:58 (5.9%)	6:46	8.9 (94.7%)
13	**RYCHLIK Grzegorz**	**460**	FUNDACJA 'W TE PĘDY'	M30-39	3			00:15:43	00:32:04	00:49:24	**01:07:47.20**	+00:03:59 (5.9%)	6:46	8.9 (94.7%)
14	**KUSTAL Marcin**	**436**	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	4			00:15:54	00:33:18	00:50:52	**01:08:10.10**	+00:04:21 (6.4%)	6:49	8.8 (93.6%)
15	**KUBIAK Przemysław**	**432**	KS IDMAR RACING TEAM	M40-49	3			00:16:46	00:34:20	00:52:08	**01:09:44.60**	+00:05:56 (8.5%)	6:58	8.6 (91.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
16	**KUBISZYN Małgorzata**	**584**	NWPL	K30-39	1			00:16:33	00:34:07	00:52:04	**01:09:45.80**	+00:05:57 (8.5%)	6:58	8.6 (91.5%)
17	**SPYCHAŁA Lesław**	**496**	WESOŁY BORSUK TEAM	M50-59	5			00:16:30	00:33:51	00:51:41	**01:09:54.05**	+00:06:05 (8.7%)	6:59	8.6 (91.5%)
18	**JĘDRASIAK Renata**	**418**	KS METRACO POLKOWICE	K50-59	1			00:16:43	00:34:06	00:51:51	**01:10:06.55**	+00:06:18 (9.0%)	7:00	8.6 (91.5%)
19	**KLIMCZAK Adam**	**423**		M50-59	6			00:17:09	00:35:12	00:52:52	**01:10:19.40**	+00:06:31 (9.3%)	7:02	8.5 (90.4%)
20	**ZAGAJA Janusz**	**495**	WESOŁY BORSUK TEAM	M60-69	2			00:16:29	00:34:13	00:52:20	**01:10:32.10**	+00:06:43 (9.5%)	7:03	8.5 (90.4%)
21	**LENZ Andrzej**	**439**	MUSZKIETEROWIE	M50-59	7			00:16:59	00:34:30	00:52:24	**01:10:51.95**	+00:07:03 (10.0%)	7:05	8.5 (90.4%)
22	**BILIK Wojciech**	**394**		M40-49	4			00:17:05	00:34:49	00:53:07	**01:11:16.05**	+00:07:27 (10.5%)	7:07	8.4 (89.4%)
23	**PASIKOWSKA Mariola**	**452**	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	2			00:16:53	00:34:46	00:53:06	**01:11:33.05**	+00:07:44 (10.8%)	7:09	8.4 (89.4%)
24	**GRZYBAŁA Piotr**	**407**		M40-49	5			00:17:24	00:35:20	00:53:35	**01:11:36.85**	+00:07:48 (10.9%)	7:09	8.4 (89.4%)
25	**STYŚ Elżbieta**	**468**		K50-59	2			00:16:54	00:34:39	00:52:48	**01:11:41.70**	+00:07:53 (11.0%)	7:10	8.4 (89.4%)
26	**PASIKOWSKI Marcin**	**453**	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	5			00:17:03	00:35:04	00:53:46	**01:11:56.10**	+00:08:07 (11.3%)	7:11	8.3 (88.3%)
27	**KOŃCZEWSKA Bozena**	**424**	MKS HALICZ KLUB BIEGACZA BK NORDIC WALKINGUSTRZYKI DOLNE	K50-59	3			00:16:46	00:34:38	00:53:13	**01:12:24.10**	+00:08:35 (11.9%)	7:14	8.3 (88.3%)
28	**DARIUSZ Bul**	**402**	WESOŁY BORSUK TEAM	M40-49	6			00:17:24	00:35:37	00:54:26	**01:12:31.80**	+00:08:43 (12.0%)	7:15	8.3 (88.3%)
29	**SZARSZUNOWICZ Anna**	**472**	KS METRACO POLKOWICE	K30-39	3			00:17:28	00:35:34	00:54:10	**01:12:56.10**	+00:09:07 (12.5%)	7:17	8.2 (87.2%)
30	**BUJNICKI Marcin**	**397**	NORDIC WALKING PASŁĘK	M40-49	7			00:17:43	00:36:00	00:54:32	**01:13:16.90**	+00:09:28 (12.9%)	7:19	8.2 (87.2%)
31	**LATUSZEK Bogdan**	**438**	KLUB NW 'WŁÓCZYKIJE'	M50-59	8			00:17:09	00:35:36	00:54:26	**01:13:23.65**	+00:09:35 (13.1%)	7:20	8.2 (87.2%)
32	**SMUL Andrzej**	**466**	MARSZ PO ZDROWIE POZNAN	M60-69	3			00:16:33	00:34:51	00:54:07	**01:13:36.30**	+00:09:48 (13.3%)	7:21	8.2 (87.2%)
33	**KRAKOWIAN Piotr**	**427**	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49	8			00:17:43	00:36:14	00:54:43	**01:13:36.65**	+00:09:48 (13.3%)	7:21	8.2 (87.2%)
34	**KUKLIŃSKI Arkadiusz**	**433**	ZG REJON NW WINNING TEAM	M18-29	3			00:17:45	00:36:26	00:55:11	**01:13:49.15**	+00:10:00 (13.6%)	7:22	8.1 (86.2%)
35	**HRYNDIO Jerzy**	**413**	UNIA MIAST	M60-69	4			00:17:53	00:36:22	00:55:05	**01:13:51.90**	+00:10:03 (13.6%)	7:23	8.1 (86.2%)
36	**WOLNIEWICZ Katarzyna**	**491**	UNIA MIAST	K40-49	2			00:17:41	00:35:55	00:54:38	**01:14:00.10**	+00:10:11 (13.8%)	7:24	8.1 (86.2%)
37	**BERESZKO Waldemar**	**393**	MOSIR TKKF SATURN CZELADŹ	M60-69	5			00:18:13	00:37:04	00:56:01	**01:14:48.20**	+00:11:00 (14.7%)	7:28	8 (85.1%)
38	**MALINOWSKA Katarzyna**	**441**	LECYMY DURŚ	K30-39	4			00:18:04	00:36:51	00:55:47	**01:14:53.75**	+00:11:05 (14.8%)	7:29	8 (85.1%)
39	**STAWNIAK Karol**	**467**	KS METRACO POLKOWICE	M70+	1			00:18:05	00:36:28	00:55:24	**01:14:55.10**	+00:11:06 (14.8%)	7:29	8 (85.1%)

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40	**PIESIAK Piotr**	**454**		M50-59	9			00:18:18	00:36:44	00:55:53	**01:15:00.95**	+00:11:12 (14.9%)	7:30	8 (85.1%)
41	**WIEŃSKO Ryszard**	**481**	NIEZRZESZONY	M60-69	6			00:18:44	00:37:41	00:56:35	**01:15:36.85**	+00:11:48 (15.6%)	7:33	7.9 (84.0%)
42	**KURZAWSKA Jolanta**	**434**	KS METRACO POLKOWICE	K60-69	1			00:18:19	00:37:16	00:56:33	**01:15:54.60**	+00:12:06 (15.9%)	7:35	7.9 (84.0%)
43	**CZAJKA Urszula**	**401**	FACE NORDIC WALKING TEAM	K60-69	2			00:18:20	00:37:16	00:56:33	**01:15:55.40**	+00:12:07 (16.0%)	7:35	7.9 (84.0%)
44	**TEODOROWSKI Dariusz**	**476**	UNIA MIAST	M40-49	9			00:18:22	00:37:36	00:56:55	**01:15:58.15**	+00:12:09 (16.0%)	7:35	7.9 (84.0%)
45	**ŚLUSARCZYK Andrzej**	**374**	WESOŁY BORSUK TEAM	M60-69	7			00:18:10	00:37:25	00:56:45	**01:15:59.55**	+00:12:11 (16.0%)	7:36	7.9 (84.0%)
46	**MOLENDA Magdalena**	**443**	KS IDMAR RACING TEAM	K30-39	5			00:18:24	00:37:32	00:56:50	**01:16:12.40**	+00:12:24 (16.3%)	7:37	7.9 (84.0%)
47	**WÓJCIK Barbara**	**485**		K50-59	4			00:18:32	00:37:38	00:57:06	**01:16:15.20**	+00:12:27 (16.3%)	7:37	7.9 (84.0%)
48	**ZACHARCZUK Zofia**	**486**	NOWI SIEDLCE - NW WSCHÓD	K60-69	3			00:18:24	00:37:22	00:56:42	**01:16:22.05**	+00:12:33 (16.5%)	7:38	7.9 (84.0%)
49	**MACHOWSKA Urszula**	**494**		K30-39	6			00:18:47	00:38:03	00:57:22	**01:16:35.05**	+00:12:46 (16.7%)	7:39	7.8 (83.0%)
50	**TROJAN Elżbieta**	**478**	KLUB NW 'WŁÓCZYKIJE'	K40-49	3			00:18:46	00:37:49	00:57:08	**01:16:37.75**	+00:12:49 (16.7%)	7:39	7.8 (83.0%)
51	**KOŁPAK Jan**	**492**	LKS ZANTYR	M70+	2			00:18:22	00:37:30	00:57:06	**01:16:57.65**	+00:13:09 (17.1%)	7:41	7.8 (83.0%)
52	**ŚLUSARCZYK Grzegorz**	**375**	WESOŁY BORSUK TEAM	M40-49	10			00:18:55	00:38:39	00:57:50	**01:17:15.55**	+00:13:27 (17.4%)	7:43	7.8 (83.0%)
53	**CHARCZUK Zenon Michał**	**383**	WESOŁY BORSUK TEAM	M60-69	8			00:18:28	00:37:39	00:57:24	**01:17:19.30**	+00:13:31 (17.5%)	7:43	7.8 (83.0%)
54	**DOBROWOLSKA-ŚWIĄTEK Elżbieta**	**403**		K50-59	5			00:18:41	00:38:08	00:57:45	**01:17:22.20**	+00:13:34 (17.5%)	7:44	7.8 (83.0%)
55	**SZYMCZYK Magdalena**	**475**	NOWI SIEDLCE/NW WSCHÓD	K30-39	7			00:18:47	00:38:05	00:57:51	**01:17:30.50**	+00:13:42 (17.7%)	7:45	7.7 (81.9%)
56	**NIETRZEBKA Aleksandra**	**447**	MIĘDZYBORÓW	K18-29	1			00:18:28	00:37:53	00:57:30	**01:17:43.60**	+00:13:55 (17.9%)	7:46	7.7 (81.9%)
57	**SŁOWIŃSKA Alicja**	**465**	NOWI SIEDLCE NW WSCHÓD	K50-59	6			00:16:52	00:36:25	00:57:23	**01:18:04.55**	+00:14:16 (18.3%)	7:48	7.7 (81.9%)
58	**ŚLUSARCZYK Marcin**	**376**	WESOŁY BORSUK TEAM	M30-39	6			00:18:29	00:37:57	00:58:10	**01:18:17.30**	+00:14:29 (18.5%)	7:49	7.7 (81.9%)
59	**CHYRA Janusz**	**400**	UNIA MIAST	M40-49	11			00:19:11	00:38:45	00:58:42	**01:18:17.70**	+00:14:29 (18.5%)	7:49	7.7 (81.9%)
60	**WIERZBA Lilla**	**482**	PASJA NORDIC WALKING	K50-59	7			00:18:40	00:38:21	00:58:22	**01:18:36.65**	+00:14:48 (18.8%)	7:51	7.6 (80.9%)
61	**GWÓŹDŻ Andrzej**	**506**	WICHURA JAROSŁAW	M50-59	10			00:19:20	00:39:07	00:58:56	**01:18:37.90**	+00:14:49 (18.9%)	7:51	7.6 (80.9%)
62	**SURIAK Michał**	**469**	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	7			00:19:39	00:39:52	00:59:24	**01:18:41.35**	+00:14:53 (18.9%)	7:52	7.6 (80.9%)
63	**URBAN Robert**	**480**	KOLBUSZOWSKI KLUB NORDIC WALKING	M40-49	12			00:18:45	00:38:24	00:58:14	**01:18:50.90**	+00:15:02 (19.1%)	7:53	7.6 (80.9%)

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64	**GWAREK Anita**	**408**	PASJA NORDIC WALKING	K40-49	4			00:18:42	00:38:28	00:58:47	**01:18:57.55**	+00:15:09 (19.2%)	7:53	7.6 (80.9%)
65	**KOTULA Jakub**	**426**	UNIA MIAST	M30-39	8			00:19:14	00:39:19	00:59:10	**01:19:08.10**	+00:15:19 (19.4%)	7:54	7.6 (80.9%)
66	**POZNAŃSKI Wiesław**	**457**		M60-69	9			00:18:16	00:37:53	00:57:41	**01:19:14.45**	+00:15:26 (19.5%)	7:55	7.6 (80.9%)
67	**KORDOWSKA Bogusława**	**425**	NOWA HUTA TEAM	K40-49	5			00:18:56	00:38:58	00:59:27	**01:19:15.85**	+00:15:27 (19.5%)	7:55	7.6 (80.9%)
68	**JEDYNAK Stanislaw**	**417**	PASJA NORDIC WALKING	M70+	3			00:19:08	00:39:26	01:00:15	**01:20:10.30**	+00:16:22 (20.4%)	8:01	7.5 (79.8%)
69	**SURIAK Ewelina**	**470**	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:19:33	00:39:59	01:00:06	**01:20:11.65**	+00:16:23 (20.4%)	8:01	7.5 (79.8%)
70	**GAWOR Renata**	**405**	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	8			00:20:26	00:40:43	01:01:12	**01:21:01.55**	+00:17:13 (21.3%)	8:06	7.4 (78.7%)
71	**PALUCH Pawel**	**451**	AVOCADO WELLNESS CLUB	M50-59	11			00:19:16	00:39:53	01:00:42	**01:21:15.25**	+00:17:27 (21.5%)	8:07	7.4 (78.7%)
72	**THOMALLA Bogdan**	**477**	SILESIA NORDIC TEAM	M70+	4			00:19:26	00:39:32	01:00:09	**01:21:26.00**	+00:17:37 (21.6%)	8:08	7.4 (78.7%)
73	**GWÓŹDŹ Urszula**	**409**	WICHURA JAROSŁAW	K50-59	9			00:20:00	00:40:34	01:00:54	**01:21:26.40**	+00:17:38 (21.7%)	8:08	7.4 (78.7%)
74	**AGARWAL Ritu**	**392**		K40-49	6			00:20:07	00:40:24	01:01:07	**01:21:59.70**	+00:18:11 (22.2%)	8:12	7.3 (77.7%)
75	**KASPRZYK Elżbieta**	**420**	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	10			00:20:29	00:41:01	01:01:36	**01:22:06.70**	+00:18:18 (22.3%)	8:12	7.3 (77.7%)
76	**NIEMCZYK Bogusław**	**446**	KLUB NW 'WŁÓCZYKIJE'	M50-59	12			00:20:52	00:41:43	01:02:24	**01:22:33.20**	+00:18:45 (22.7%)	8:15	7.3 (77.7%)
77	**KIDAWA Danuta**	**422**	SANTANDER CONSUMER BANK	K40-49	7			00:20:11	00:40:51	01:01:48	**01:23:07.20**	+00:19:19 (23.2%)	8:18	7.2 (76.6%)
78	**CHOLEWKA Jolanta**	**399**	MARSZ PO ZDROWIE POZNAŃ	K60-69	4			00:19:56	00:40:50	01:01:53	**01:23:08.00**	+00:19:19 (23.3%)	8:18	7.2 (76.6%)
79	**NIETRZEBKA Paweł**	**448**	MIĘDZYBORÓW	M30-39	9			00:19:16	00:39:27	01:01:01	**01:23:44.45**	+00:19:56 (23.8%)	8:22	7.2 (76.6%)
80	**WORONKO-ZACZYNSKA Janina**	**484**	KS METRACO POLKOWICE	K70+	1			00:20:36	00:41:40	01:02:58	**01:24:37.30**	+00:20:49 (24.6%)	8:27	7.1 (75.5%)
81	**OMARSKA Grażyna**	**449**	PASJA NORDIC WALKING	K60-69	5			00:20:45	00:41:50	01:03:15	**01:24:54.70**	+00:21:06 (24.9%)	8:29	7.1 (75.5%)
82	**KICIŃSKI Wojciech**	**421**		M40-49	13			00:20:11	00:41:46	01:03:25	**01:25:34.45**	+00:21:46 (25.4%)	8:33	7 (74.5%)
83	**SIMKO Zbigniew**	**462**	KLUB NW 'WŁÓCZYKIJE'	M60-69	10			00:19:34	00:41:12	01:03:31	**01:25:34.70**	+00:21:46 (25.4%)	8:33	7 (74.5%)
84	**ZDZIECH Dorota**	**487**		K30-39	8			00:20:31	00:41:52	01:03:56	**01:25:56.25**	+00:22:08 (25.8%)	8:35	7 (74.5%)
85	**ŻMUDA Jaromir**	**554**	KLUB SANTANDER KONSUMER BANK	M40-49	14			00:21:14	00:43:24	01:05:12	**01:25:58.30**	+00:22:10 (25.8%)	8:35	7 (74.5%)
86	**POCAŁUŃ Adam**	**455**	RELAKS ZAGÓRZ	M70+	5			00:20:09	00:41:43	01:04:11	**01:26:09.00**	+00:22:20 (25.9%)	8:36	7 (74.5%)
87	**HAJNUS Wojciech**	**410**		M50-59	13			00:19:53	00:41:15	01:04:06	**01:26:12.40**	+00:22:24 (26.0%)	8:37	7 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
88	**KRYSZCZUK Kacper**	**429**	NOWI SIEDLCE / NW WSCHÓD	M18-29	4			00:20:26	00:42:17	01:04:27	**01:26:26.45**	+00:22:38 (26.2%)	8:38	6.9 (73.4%)
89	**OWCZAREK Magdalena**	**450**	MIĘDZYBORÓW	K50-59	11			00:20:58	00:42:37	01:05:09	**01:26:29.10**	+00:22:40 (26.2%)	8:38	6.9 (73.4%)
90	**JAROSZ Anna**	**416**	KLUB NW 'WŁÓCZYKIJE'	K60-69	6			00:21:15	00:43:10	01:04:56	**01:26:49.45**	+00:23:01 (26.5%)	8:40	6.9 (73.4%)
91	**VEKLYCH Olena**	**498**	KS METRACOPOLKOWICE	K50-59	12			00:20:12	00:42:04	01:04:10	**01:26:56.15**	+00:23:07 (26.6%)	8:41	6.9 (73.4%)
92	**LATUSZEK Małgorzata**	**437**	KLUB NW 'WŁÓCZYKIJE'	K50-59	13			00:21:29	00:43:39	01:05:07	**01:27:08.10**	+00:23:19 (26.8%)	8:42	6.9 (73.4%)
93	**SZEWCZYK Marek**	**473**	FACE NORDIC WALKING TEAM	M50-59	14			00:20:49	00:42:16	01:04:35	**01:27:12.70**	+00:23:24 (26.8%)	8:43	6.9 (73.4%)
94	**RACŁAWSKA Joanna**	**458**	AMATOR	K50-59	14			00:20:36	00:42:17	01:04:45	**01:28:04.05**	+00:24:15 (27.6%)	8:48	6.8 (72.3%)
95	**LIGĘZA Elżbieta**	**440**		K50-59	15			00:21:42	00:43:49	01:05:52	**01:28:21.75**	+00:24:33 (27.8%)	8:50	6.8 (72.3%)
96	**KRZYŚCIN Rafał**	**430**	SANTANDER CONSUMER BANK	M40-49	15			00:21:18	00:43:25	01:06:09	**01:28:59.30**	+00:25:11 (28.3%)	8:53	6.7 (71.3%)
97	**CHDZIK Katarzyna**	**533**		K40-49	8			00:21:29	00:44:08	01:06:53	**01:29:22.10**	+00:25:33 (28.6%)	8:56	6.7 (71.3%)
98	**ADAMCZYK Izabela**	**391**		K40-49	9			00:21:31	00:44:09	01:06:54	**01:29:23.00**	+00:25:34 (28.6%)	8:56	6.7 (71.3%)
99	**GRYGORIEWA Ludmila**	**497**	KS METRACO POLKOWICE	K60-69	7			00:20:28	00:42:31	01:06:20	**01:29:44.55**	+00:25:56 (28.9%)	8:58	6.7 (71.3%)
100	**NIEDZIELSKA Teresa**	**445**		K50-59	16			00:21:46	00:44:14	01:07:05	**01:30:18.40**	+00:26:30 (29.3%)	9:01	6.6 (70.2%)
101	**SZEWCZYK Agnieszka**	**474**	FACE NORDIC WALKING TEAM	K40-49	10			00:22:10	00:44:45	01:07:19	**01:30:22.55**	+00:26:34 (29.4%)	9:02	6.6 (70.2%)
102	**BEDNARZ Lucyna**	**384**		K50-59	17			00:22:08	00:44:49	01:07:30	**01:30:23.00**	+00:26:34 (29.4%)	9:02	6.6 (70.2%)
103	**ŻMIHORSKA Krystyna**	**489**		K60-69	8			00:21:24	00:43:58	01:07:23	**01:31:50.50**	+00:28:02 (30.5%)	9:11	6.5 (69.1%)
104	**SIWCZYK Grażyna**	**464**	LECYMY DURŚ	K60-69	9			00:22:45	00:46:31	01:09:48	**01:32:08.25**	+00:28:20 (30.8%)	9:12	6.5 (69.1%)
105	**SURMIAK Ryszard**	**471**	RZESZOWSKI KLUB MORSOW 'SOPELEK'	M70+	6			00:22:01	00:44:59	01:08:48	**01:33:02.60**	+00:29:14 (31.4%)	9:18	6.4 (68.1%)
106	**FIJOŁEK Grażyna**	**404**		K50-59	18			00:22:16	00:45:00	01:09:05	**01:33:22.00**	+00:29:33 (31.7%)	9:20	6.4 (68.1%)
107	**KUSAJ Jakub**	**435**	OSP ZAWADA	M18-29	5			00:21:52	00:45:22	01:09:40	**01:33:25.85**	+00:29:37 (31.7%)	9:20	6.4 (68.1%)
108	**ZIĘBA Julia**	**488**	UNIA MIAST	K70+	2			00:22:47	00:46:46	01:11:00	**01:35:31.80**	+00:31:43 (33.2%)	9:33	6.3 (67.0%)
109	**FRYC Karol**	**493**		M60-69	11			00:22:27	00:47:07	01:12:57	**01:36:41.50**	+00:32:53 (34.0%)	9:40	6.2 (66.0%)
110	**KRZYŚCIN Mirosława**	**431**	SANTANDER CONSUMER BANK	K40-49	11			00:23:28	00:48:20	01:13:10	**01:38:33.80**	+00:34:45 (35.3%)	9:51	6.1 (64.9%)

Znaleziono 110 wynik(ów)