ŁEMKO TRAIL 30

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2022-10-22
Miejsce: Komańcza
Dystans: 29 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	**LEŚNIAK Kamil**	**3002**	HOKA GARMIN TEAM	Open M	1		01:14:28	**02:03:09.00**	**02:03:10.20**		4:14	14.1 (100%)
2	**ŚLIWA Arkadiusz**	**3346**		Open M	2		01:14:35	**02:12:53.30**	**02:12:55.80**	+00:09:45 (7.3%)	4:34	13.1 (92.9%)
3	**WILK Maciej**	**3004**	RAMBO 3	Open M	3		01:14:31	**02:13:06.55**	**02:13:08.20**	+00:09:58 (7.5%)	4:35	13.1 (92.9%)
4	**WOJTCZAK Jakub**	**3005**	SPORT GENERATION	Open M	4		01:14:40	**02:14:38.60**	**02:14:41.05**	+00:11:30 (8.5%)	4:38	12.9 (91.5%)
5	**MAZAN Piotr**	**3003**	FINISZ RYMANÓW / #R	Open M	5			**02:18:28.65**	**02:18:30.20**	+00:15:20 (11.1%)	4:46	12.6 (89.4%)
6	**KNAPIK Sebastian**	**3158**	BUTYJANA	Open M	6			**02:20:39.80**	**02:20:41.80**	+00:17:31 (12.5%)	4:51	12.4 (87.9%)
7	**SZKOŁA Wojciech**	**3343**	NATURAL BORN RUNNERS	Open M	7		01:14:54	**02:23:09.60**	**02:23:11.75**	+00:20:01 (14.0%)	4:56	12.2 (86.5%)
8	**ŁAGUNA Kacper**	**3215**		Open M	8		01:14:53	**02:23:31.05**	**02:23:31.05**	+00:20:20 (14.2%)	4:56	12.1 (85.8%)
9	**PUŁKOWSKI Jakub**	**3420**	#PYZANAGIGANCIE TEAM	Open M	9		01:15:19	**02:28:34.20**	**02:28:35.90**	+00:25:25 (17.1%)	5:07	11.7 (83.0%)
10	**MAZAN Beata**	**3001**	FINISZ RYMANÓW / #R	Open K	1		01:16:54	**02:30:42.35**	**02:30:43.55**	+00:27:33 (18.3%)	5:11	11.5 (81.6%)
11	**KULIGA Sławomir**	**3188**	POSMAKUJ RUN TEAM	Open M	10		01:19:29	**02:31:51.55**	**02:31:52.95**	+00:28:42 (18.9%)	5:14	11.5 (81.6%)
12	**ROSIAK Piotr**	**3306**	ASSECO ACTIVE TEAM	Open M	11		01:20:06	**02:33:27.15**	**02:33:29.75**	+00:30:19 (19.8%)	5:17	11.3 (80.1%)
13	**LEWANDOWSKA Magdalena**	**3202**	SPORT GENERATION	Open K	2		01:19:45	**02:33:58.20**	**02:34:00.35**	+00:30:50 (20.0%)	5:18	11.3 (80.1%)
14	**FRANCUZ Konrad**	**3076**	VEGE RUNNERS	Open M	12		01:21:29	**02:36:54.70**	**02:36:58.05**	+00:33:47 (21.5%)	5:24	11.1 (78.7%)
15	**WILCZKIEWICZ Daniel**	**3372**	ENDEGO	Open M	13		01:21:07	**02:36:53.75**	**02:37:03.00**	+00:33:52 (21.6%)	5:24	11.1 (78.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
16	**ALTEWĘGIER Jarosław**	**3007**	140MINUT.PL	Open M	14		01:23:37	**02:38:52.65**	**02:38:52.65**	+00:35:42 (22.5%)	5:28	11 (78.0%)
17	**ŁASKI Tomasz**	**3216**	PTASIE RADIO BRZOZÓW	Open M	15		01:22:28	**02:39:43.25**	**02:39:45.45**	+00:36:35 (22.9%)	5:30	10.9 (77.3%)
18	**WALASZCZYK Lucyna**	**3423**	NATURAL BORN RUNNERS TEAM	Open K	3		01:23:12	**02:39:50.60**	**02:39:50.60**	+00:36:40 (22.9%)	5:30	10.9 (77.3%)
19	**LEŚNIAK Dawid**	**3201**	LHO	Open M	16		01:23:19	**02:40:11.65**	**02:40:15.05**	+00:37:04 (23.1%)	5:31	10.9 (77.3%)
20	**STRZELCZAK Robert**	**3332**	TRAIL IS OUR WAY TEAM / EUROVENT ATHLETICS	Open M	17			**02:40:31.20**	**02:40:35.50**	+00:37:25 (23.3%)	5:32	10.8 (76.6%)
21	**WINTER Piotr**	**3375**	NIGHT RUNNERS	Open M	18		01:24:50	**02:42:05.00**	**02:42:06.85**	+00:38:56 (24.0%)	5:35	10.7 (75.9%)
22	**MAJORCZYK Gerard**	**3221**		Open M	19		01:26:38	**02:42:15.70**	**02:42:15.70**	+00:39:05 (24.1%)	5:35	10.7 (75.9%)
23	**WÓJCIK Tomek**	**3392**	DĄBROWSKI TEAM PIEKARY ŚLĄSKIE	Open M	20		01:26:25	**02:41:56.00**	**02:42:16.90**	+00:39:06 (24.1%)	5:35	10.7 (75.9%)
24	**LEWCZAK Mateusz**	**3205**	ULANI TEAM	Open M	21		01:24:31	**02:42:36.35**	**02:42:40.20**	+00:39:30 (24.3%)	5:36	10.7 (75.9%)
25	**WOJTAS Piotr**	**3384**		Open M	22		01:25:12	**02:43:31.35**	**02:43:38.70**	+00:40:28 (24.7%)	5:38	10.6 (75.2%)
26	**BEKAS Marcin**	**3021**		Open M	23		01:25:32	**02:43:53.80**	**02:43:57.20**	+00:40:47 (24.9%)	5:39	10.6 (75.2%)
27	**SIKORA Łukasz**	**3317**	GRUPA NOMAX	Open M	24		01:25:47	**02:44:12.80**	**02:44:15.85**	+00:41:05 (25.0%)	5:39	10.6 (75.2%)
28	**KUŚMIERZAK Piotr**	**3193**	PRZEDWOJEWSKI TEAM /STAY INSANE	Open M	25		01:24:23	**02:45:02.35**	**02:45:05.10**	+00:41:54 (25.4%)	5:41	10.5 (74.5%)
29	**GALUSKIN Alexey**	**3087**	GRUPA NOMAX	Open M	26			**02:45:09.95**	**02:45:12.40**	+00:42:02 (25.4%)	5:41	10.5 (74.5%)
30	**CIENKOSZ Przemysław**	**3050**		Open M	27		01:25:21	**02:46:53.40**	**02:47:02.85**	+00:43:52 (26.3%)	5:45	10.4 (73.8%)
31	**KACZKOWSKI Miłosz**	**3134**	DĄBROWSKI TEAM	Open M	28			**02:47:48.90**	**02:47:52.75**	+00:44:42 (26.6%)	5:47	10.4 (73.8%)
32	**WESOŁOWSKI Krzysztof**	**3369**	LASKOWE LUDKI	Open M	29		01:26:26	**02:48:38.95**	**02:48:45.20**	+00:45:35 (27.0%)	5:48	10.3 (73.0%)
33	**KUBEJKO Bogumił**	**3185**	THE OLD HEMP	Open M	30		01:26:15	**02:51:46.25**	**02:51:54.80**	+00:48:44 (28.4%)	5:55	10.1 (71.6%)
34	**ŻUREK Krzysztof**	**3419**	RUCH IZBICA	Open M	31		01:34:14	**02:54:00.30**	**02:54:19.60**	+00:51:09 (29.3%)	6:00	10 (70.9%)
35	**STRZĘPEK Dariusz**	**3334**		Open M	32		01:35:05	**02:54:41.35**	**02:55:00.50**	+00:51:50 (29.6%)	6:01	10 (70.9%)
36	**DĄBSKI Piotr**	**3059**		Open M	33		01:36:00	**02:55:20.90**	**02:55:25.50**	+00:52:15 (29.8%)	6:02	9.9 (70.2%)
37	**WOJTAS Marcin**	**3383**		Open M	34		01:33:29	**02:55:49.80**	**02:55:58.05**	+00:52:47 (30.0%)	6:03	9.9 (70.2%)
38	**BREMER Bronisław**	**3038**		Open M	35		01:34:39	**02:55:05.70**	**02:56:15.90**	+00:53:05 (30.1%)	6:02	9.9 (70.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
39	**BODZIONY Michał**	**3030**	WADOMA TEAM	Open M	36		01:29:29	**02:57:17.40**	**02:57:33.40**	+00:54:23 (30.6%)	6:06	9.8 (69.5%)
40	**DADEJ Grzegorz**	**3057**	JORDAN KRAKÓW B3T	Open M	37		01:36:23	**02:58:06.90**	**02:58:06.90**	+00:54:56 (30.8%)	6:08	9.8 (69.5%)
41	**BIERNAT Jakub**	**3024**	WISEŁKA	Open M	38		01:36:23	**02:58:03.90**	**02:58:07.25**	+00:54:57 (30.9%)	6:08	9.8 (69.5%)
42	**OGNIEWSKI Marcin**	**3263**		Open M	39		01:36:20	**02:58:00.70**	**02:58:11.80**	+00:55:01 (30.9%)	6:08	9.8 (69.5%)
43	**WALCZAK Adela**	**3365**	TRAIL IS OUR WAY TEAM	Open K	4		01:35:29	**02:58:39.25**	**02:58:43.50**	+00:55:33 (31.1%)	6:09	9.7 (68.8%)
44	**ZIELONY Łukasz**	**3413**		Open M	40			**02:58:39.95**	**02:58:48.05**	+00:55:37 (31.1%)	6:09	9.7 (68.8%)
45	**PASELA Bartosz**	**3274**	SMASHINGPĄPKINS/#TEAMKRASUS	Open M	41		01:35:39	**02:58:52.35**	**02:58:52.35**	+00:55:42 (31.1%)	6:10	9.7 (68.8%)
46	**KRUŻOŁEK Monika**	**3182**	TURBOPTYSIE	Open K	5		01:36:25	**02:59:01.80**	**02:59:22.10**	+00:56:11 (31.3%)	6:10	9.7 (68.8%)
47	**WIWATOWSKA Dagmara**	**3380**		Open K	6		01:36:58	**02:59:48.55**	**02:59:55.60**	+00:56:45 (31.5%)	6:12	9.7 (68.8%)
48	**GANCZEWSKI Paweł**	**3088**		Open M	42		01:37:08	**03:02:50.55**	**03:02:54.60**	+00:59:44 (32.7%)	6:18	9.5 (67.4%)
49	**GALIK Piotr**	**3086**	-	Open M	43		01:41:18	**03:02:43.60**	**03:03:05.00**	+00:59:54 (32.7%)	6:18	9.5 (67.4%)
50	**SKALSKI Daniel**	**3319**	LKS BŁĘKITNI ŻEGLCE	Open M	44		01:35:44	**03:03:19.20**	**03:03:21.40**	+01:00:11 (32.8%)	6:19	9.5 (67.4%)
51	**KOWALSKI Sebastian**	**3175**		Open M	45		01:35:58	**03:03:27.20**	**03:03:42.10**	+01:00:31 (33.0%)	6:19	9.5 (67.4%)
52	**HURAS Monika**	**3117**	WOLSKI KOLEKTYW BIEGOWY	Open K	7		01:36:30	**03:03:41.90**	**03:03:47.50**	+01:00:37 (33.0%)	6:20	9.5 (67.4%)
53	**TRYBUŁA Marcelina**	**3358**	WIECZORNE BIEGANIE WE WROCŁAWIU	Open K	8		01:38:17	**03:03:56.40**	**03:04:02.50**	+01:00:52 (33.1%)	6:20	9.5 (67.4%)
54	**BRYTAŃCZYK Mateusz**	**3040**		Open M	46		01:35:21	**03:04:18.20**	**03:04:25.60**	+01:01:15 (33.2%)	6:21	9.4 (66.7%)
55	**GÓRECKI Rafał**	**3100**	UKS MELO BŁONIE	Open M	47		01:36:05	**03:04:31.50**	**03:04:34.60**	+01:01:24 (33.3%)	6:21	9.4 (66.7%)
56	**HOŁOWATY Renata**	**3116**	SANOK BIEGA	Open K	9		01:36:49	**03:05:19.25**	**03:05:19.25**	+01:02:09 (33.5%)	6:23	9.4 (66.7%)
57	**WRÓBEL Arkadiusz**	**3398**	FINISZ RYMANÓW	Open M	48		01:36:46	**03:06:45.30**	**03:07:08.55**	+01:03:58 (34.2%)	6:26	9.3 (66.0%)
58	**DZIEWONSKI Pawel**	**3069**	SAMPOLECE	Open M	49		01:36:30	**03:07:29.80**	**03:07:39.35**	+01:04:29 (34.4%)	6:27	9.3 (66.0%)
59	**DUDKO Adam**	**3066**	PEPE	Open M	50		01:35:54	**03:07:55.50**	**03:07:55.50**	+01:04:45 (34.5%)	6:28	9.3 (66.0%)
60	**PETRENKO Galyna**	**3282**		Open K	10		01:39:47	**03:08:03.75**	**03:08:07.10**	+01:04:56 (34.5%)	6:29	9.3 (66.0%)
61	**KOSTKA Małgorzata**	**3172**	CUBE TEAM	Open K	11		01:37:13	**03:09:15.90**	**03:09:18.85**	+01:06:08 (34.9%)	6:31	9.2 (65.2%)

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62	**FIGIEL Bartosz**	**3075**		Open M	51		01:37:04	**03:09:42.20**	**03:09:59.05**	+01:06:48 (35.2%)	6:32	9.2 (65.2%)
63	**KAŁOWSKI Tomasz**	**3136**		Open M	52		01:39:02	**03:10:52.60**	**03:11:04.65**	+01:07:54 (35.5%)	6:34	9.1 (64.5%)
64	**GAŚ Piotr**	**3089**	HUMANSPORT	Open M	53		01:41:27	**03:11:32.95**	**03:11:39.70**	+01:08:29 (35.7%)	6:36	9.1 (64.5%)
65	**DASZKOWSKA Olga**	**3058**	BŁĘKITNA XVII	Open K	12		01:38:38	**03:11:58.75**	**03:12:15.25**	+01:09:05 (35.9%)	6:37	9.1 (64.5%)
66	**DOMURAT Marian**	**3062**	STRĄCZEK WIATROPĘDNY	Open M	54		01:39:02	**03:11:52.35**	**03:12:16.65**	+01:09:06 (35.9%)	6:36	9.1 (64.5%)
67	**JURDZIŃSKI Grzegorz**	**3131**	MOCNA GRUPA CEZARA	Open M	55		01:38:27	**03:12:54.15**	**03:13:01.60**	+01:09:51 (36.2%)	6:39	9 (63.8%)
68	**TYSZKIEWICZ Rafal**	**3362**	COLUMBIA	Open M	56		01:39:06	**03:12:45.15**	**03:13:26.20**	+01:10:16 (36.3%)	6:38	9 (63.8%)
69	**JAZY Szymon**	**3125**	NBR	Open M	57		01:38:32	**03:14:05.50**	**03:14:05.50**	+01:10:55 (36.5%)	6:41	9 (63.8%)
70	**JUCHA Rafał**	**3130**		Open M	58		01:41:01	**03:13:41.95**	**03:14:08.05**	+01:10:57 (36.6%)	6:40	9 (63.8%)
71	**ROZWOD Marcin**	**3308**		Open M	59		01:36:27	**03:13:47.90**	**03:14:13.60**	+01:11:03 (36.6%)	6:40	9 (63.8%)
72	**MICHAŁOWSKI Piotr**	**3237**		Open M	60		01:41:12	**03:15:12.05**	**03:15:22.75**	+01:12:12 (37.0%)	6:43	8.9 (63.1%)
73	**ILCZUK Paweł**	**3118**		Open M	61		01:41:51	**03:15:10.30**	**03:15:23.15**	+01:12:12 (37.0%)	6:43	8.9 (63.1%)
74	**KOWALSKI Kuba**	**3174**	TEAM ZABIEGANEDNI	Open M	62		01:39:14	**03:15:27.95**	**03:15:36.40**	+01:12:26 (37.0%)	6:44	8.9 (63.1%)
75	**MATUSZAK Jakub**	**3231**	NOWOCZESNYSPORT.PL	Open M	63		01:42:32	**03:15:35.20**	**03:15:48.35**	+01:12:38 (37.1%)	6:44	8.9 (63.1%)
76	**RELICH Marek**	**3303**	BRAK	Open M	64		01:39:10	**03:15:58.20**	**03:16:18.70**	+01:13:08 (37.3%)	6:45	8.9 (63.1%)
77	**MNICH Jan**	**3244**	ULTRA WYJADACZE	Open M	65		01:42:18	**03:16:21.50**	**03:16:52.45**	+01:13:42 (37.4%)	6:46	8.9 (63.1%)
78	**RĄCZKA Rafał**	**3300**		Open M	66		01:39:04	**03:17:26.45**	**03:17:29.20**	+01:14:19 (37.6%)	6:48	8.8 (62.4%)
79	**ZAWADZKI Bartłomiej**	**3409**		Open M	67			**03:17:17.50**	**03:17:40.45**	+01:14:30 (37.7%)	6:48	8.8 (62.4%)
80	**STALMACH Damian**	**3330**	LECYMY DURŚ	Open M	68		01:45:43	**03:17:18.55**	**03:17:40.60**	+01:14:30 (37.7%)	6:48	8.8 (62.4%)
81	**JEDZINIAK Kamila**	**3126**	KOLARSKI EU	Open K	13		01:48:19	**03:17:51.45**	**03:17:51.45**	+01:14:41 (37.7%)	6:49	8.8 (62.4%)
82	**PASTOR Kamil**	**3275**		Open M	69		01:41:02	**03:18:43.50**	**03:18:58.25**	+01:15:48 (38.1%)	6:51	8.8 (62.4%)
83	**KOZIOŁ-KWAŚNICKA Weronika**	**3178**		Open K	14		01:38:20	**03:18:58.40**	**03:19:05.90**	+01:15:55 (38.1%)	6:51	8.7 (61.7%)
84	**STRZELCZYK Tomasz**	**3333**		Open M	70		01:45:42	**03:19:55.50**	**03:20:16.75**	+01:17:06 (38.5%)	6:53	8.7 (61.7%)

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85	**LEJMAN Adam**	**3198**		Open M	71		01:45:07	**03:19:54.60**	**03:20:27.80**	+01:17:17 (38.6%)	6:53	8.7 (61.7%)
86	**MAKÓWKA Justyna**	**3222**	LASKOWE LUDKI	Open K	15		01:39:06	**03:21:00.10**	**03:21:05.00**	+01:17:54 (38.7%)	6:55	8.7 (61.7%)
87	**PEDA Piotr**	**3278**		Open M	72		01:42:38	**03:21:20.60**	**03:21:24.90**	+01:18:14 (38.8%)	6:56	8.6 (61.0%)
88	**KANIA Rafał**	**3142**		Open M	73		01:39:20	**03:22:19.55**	**03:22:42.50**	+01:19:32 (39.2%)	6:58	8.6 (61.0%)
89	**IRLA Arkadiusz**	**3119**		Open M	74		01:49:35	**03:23:10.15**	**03:23:37.40**	+01:20:27 (39.5%)	7:00	8.6 (61.0%)
90	**KOSTKA Andrzej**	**3173**	CUBE TEAM	Open M	75		01:50:35	**03:23:21.00**	**03:23:38.20**	+01:20:28 (39.5%)	7:00	8.6 (61.0%)
91	**NAPORA Marcin**	**3247**		Open M	76		01:45:46	**03:23:16.20**	**03:23:48.75**	+01:20:38 (39.6%)	7:00	8.6 (61.0%)
92	**GORCZYCA Mariusz**	**3098**		Open M	77		01:47:55	**03:23:10.15**	**03:23:49.00**	+01:20:38 (39.6%)	7:00	8.6 (61.0%)
93	**ŚLIWA Karolina**	**3347**	WADOMA TEAM	Open K	16		01:49:09	**03:24:38.85**	**03:24:53.85**	+01:21:43 (39.9%)	7:03	8.5 (60.3%)
94	**ZAWADKA Marta**	**3407**		Open K	17		01:48:15	**03:25:06.45**	**03:25:17.05**	+01:22:06 (40.0%)	7:04	8.5 (60.3%)
95	**KWIECIEŃ - LIPIŃSKA Kamila**	**3194**	TIGERS TEAM	Open K	18		01:46:10	**03:25:13.15**	**03:25:17.85**	+01:22:07 (40.0%)	7:04	8.5 (60.3%)
96	**MASIUKIEWICZ Jacek**	**3227**		Open M	78		01:45:39	**03:25:01.80**	**03:25:21.80**	+01:22:11 (40.0%)	7:04	8.5 (60.3%)
97	**PIEJKO Joanna**	**3284**	BŁĘKITNA XVII-TKA	Open K	19		01:48:56	**03:25:20.85**	**03:25:37.20**	+01:22:27 (40.1%)	7:04	8.5 (60.3%)
98	**WYJATEK Wojciech**	**3402**		Open M	79		02:07:21	**03:25:47.90**	**03:25:56.35**	+01:22:46 (40.2%)	7:05	8.5 (60.3%)
99	**POWIERTOWSKI Adam**	**3295**		Open M	80		02:07:17	**03:25:48.80**	**03:25:57.35**	+01:22:47 (40.2%)	7:05	8.5 (60.3%)
100	**CZEMPIŃSKI Jan**	**3056**		Open M	81		02:07:22	**03:26:01.35**	**03:26:30.40**	+01:23:20 (40.4%)	7:06	8.4 (59.6%)
101	**WÓJCICKI Marcin**	**3391**	ŁĘCZNA BIEGA / SOLET RUNNING TEAM	Open M	82		01:45:49	**03:26:35.40**	**03:26:40.90**	+01:23:30 (40.4%)	7:07	8.4 (59.6%)
102	**ORZECHOWSKI Robert**	**3268**	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	Open M	83		01:50:01	**03:26:57.80**	**03:27:14.65**	+01:24:04 (40.6%)	7:08	8.4 (59.6%)
103	**MIKULSKI Hubert**	**3241**	BLUE DOGS	Open M	84		01:44:55	**03:27:04.20**	**03:27:39.20**	+01:24:29 (40.7%)	7:08	8.4 (59.6%)
104	**KOŁODZIEJ Marcin**	**3162**		Open M	85		01:49:46	**03:27:05.85**	**03:27:41.35**	+01:24:31 (40.7%)	7:08	8.4 (59.6%)
105	**ZAWADKA Darek**	**3408**		Open M	86		01:48:18	**03:27:35.10**	**03:27:45.50**	+01:24:35 (40.7%)	7:09	8.4 (59.6%)
106	**PIETRZAK Rafał**	**3285**		Open M	87		02:07:01	**03:28:05.05**	**03:28:20.70**	+01:25:10 (40.9%)	7:10	8.4 (59.6%)
107	**GRANOWSKI Krzysztof**	**3105**		Open M	88		01:30:34	**03:29:09.00**	**03:29:14.50**	+01:26:04 (41.1%)	7:12	8.3 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
108	**WILK Grzegorz**	**3374**	RUN LOVING ANIMALS	Open M	89		01:46:05	**03:29:00.45**	**03:29:19.15**	+01:26:08 (41.2%)	7:12	8.3 (58.9%)
109	**GÓRSKI Bartosz**	**3103**	KROSSKI REMSPORT	Open M	90		01:50:21	**03:29:17.75**	**03:29:27.95**	+01:26:17 (41.2%)	7:13	8.3 (58.9%)
110	**GRUCELA Sebastian**	**3109**	RUN LOVING ANIMALS	Open M	91		01:48:10	**03:29:32.00**	**03:29:32.00**	+01:26:21 (41.2%)	7:13	8.3 (58.9%)
111	**CIOĆ Robert**	**3052**		Open M	92		01:41:21	**03:29:24.30**	**03:29:33.90**	+01:26:23 (41.2%)	7:13	8.3 (58.9%)
112	**TOMKIEWICZ Łukasz**	**3356**		Open M	93		01:49:57	**03:29:15.85**	**03:29:44.45**	+01:26:34 (41.3%)	7:12	8.3 (58.9%)
113	**WÓŁKIEWICZ Dorota**	**3394**		Open K	20		02:08:29	**03:31:02.00**	**03:31:09.20**	+01:27:59 (41.7%)	7:16	8.2 (58.2%)
114	**JASIŃSKA Anna**	**3122**	BIEGAJĄCY ŚWIDNIK	Open K	21		01:50:32	**03:31:20.25**	**03:31:25.35**	+01:28:15 (41.7%)	7:17	8.2 (58.2%)
115	**MOŻEJKO Jadwiga**	**3245**	NIEPOŁOMICE BIEGAJĄ	Open K	22		02:07:50	**03:31:31.30**	**03:31:37.90**	+01:28:27 (41.8%)	7:17	8.2 (58.2%)
116	**BOŻEK Grzegorz**	**3036**	DZIKIE ŻYCIE RUN TEAM	Open M	94		01:48:33	**03:32:35.05**	**03:32:39.20**	+01:29:29 (42.1%)	7:19	8.2 (58.2%)
117	**KARCZMARCZYK Tomasz**	**3147**		Open M	95		02:07:01	**03:32:26.80**	**03:32:58.30**	+01:29:48 (42.2%)	7:19	8.2 (58.2%)
118	**WOŹNIAKOWSKI Jan**	**3388**	OPEL ACTIVE TEAM	Open M	96		02:10:06	**03:33:05.05**	**03:33:05.05**	+01:29:54 (42.2%)	7:20	8.2 (58.2%)
119	**TOMCZYK Beata**	**3355**	VEGE RUNNERS	Open K	23		01:50:23	**03:33:46.45**	**03:34:12.45**	+01:31:02 (42.5%)	7:22	8.1 (57.4%)
120	**BORYCKI Artur**	**3035**		Open M	97		02:06:47	**03:33:49.70**	**03:34:13.55**	+01:31:03 (42.5%)	7:22	8.1 (57.4%)
121	**SMYRAK Emil**	**3321**		Open M	98		01:48:59	**03:34:20.55**	**03:34:38.00**	+01:31:27 (42.6%)	7:23	8.1 (57.4%)
122	**BOGUSZ Konrad**	**3031**		Open M	99		01:49:47	**03:34:59.00**	**03:35:25.60**	+01:32:15 (42.8%)	7:24	8.1 (57.4%)
123	**MICHNIAK Łukasz**	**3238**	BYLE PRZED ŁYSYM	Open M	100		01:49:41	**03:34:59.20**	**03:35:25.70**	+01:32:15 (42.8%)	7:24	8.1 (57.4%)
124	**BARAŃSKA Monika**	**3016**		Open K	24		02:08:08	**03:35:52.90**	**03:36:03.00**	+01:32:52 (43.0%)	7:26	8.1 (57.4%)
125	**FUKS Wiktoria**	**3083**		Open K	25		02:07:29	**03:36:01.60**	**03:36:32.40**	+01:33:22 (43.1%)	7:26	8.1 (57.4%)
126	**TARNAWSKA Monika**	**3352**		Open K	26		02:07:25	**03:36:37.75**	**03:36:58.85**	+01:33:48 (43.2%)	7:28	8 (56.7%)
127	**CISKOWSKA Weronika**	**3053**		Open K	27			**03:37:14.40**	**03:37:38.90**	+01:34:28 (43.4%)	7:29	8 (56.7%)
128	**BARTECKI Tomasz**	**3019**		Open M	101		02:10:14	**03:38:27.35**	**03:38:36.70**	+01:35:26 (43.7%)	7:31	8 (56.7%)
129	**OSTROWSKI Sławomir**	**3269**		Open M	102		02:09:32	**03:38:31.40**	**03:38:37.70**	+01:35:27 (43.7%)	7:32	8 (56.7%)
130	**WRÓBEL Barbara**	**3397**	BEGAJĄCY ŚWIDNIK	Open K	28		02:09:25	**03:38:32.40**	**03:38:38.00**	+01:35:27 (43.7%)	7:32	8 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
131	**PABIAŃCZYK Małgorzata**	**3271**		Open K	29		02:07:39	**03:38:55.95**	**03:39:21.75**	+01:36:11 (43.9%)	7:32	7.9 (56.0%)
132	**ZYCH Aneta**	**3416**		Open K	30		02:09:11	**03:39:24.25**	**03:39:24.25**	+01:36:14 (43.9%)	7:33	7.9 (56.0%)
133	**FIAŁKOWSKI Jan**	**3073**	NIGHT RUNNERS	Open M	103		02:09:41	**03:39:17.65**	**03:39:30.30**	+01:36:20 (43.9%)	7:33	7.9 (56.0%)
134	**KOLASA Marcin**	**3161**		Open M	104		02:08:02	**03:39:48.90**	**03:40:10.70**	+01:37:00 (44.1%)	7:34	7.9 (56.0%)
135	**POPĘDA Paulina**	**3292**	HARPAGAN SOSNOWIEC	Open K	31			**03:40:31.95**	**03:40:44.30**	+01:37:34 (44.2%)	7:36	7.9 (56.0%)
136	**GROCHOWSKA Daria**	**3106**	ADIDAS RUNNERS WARSAW	Open K	32			**03:40:41.40**	**03:40:46.80**	+01:37:36 (44.2%)	7:36	7.9 (56.0%)
137	**MROCZKOWSKI Mateusz**	**3246**		Open M	105		02:08:54	**03:40:26.45**	**03:40:49.15**	+01:37:38 (44.2%)	7:36	7.9 (56.0%)
138	**PERLIŃSKI Mirosław**	**3280**	ASSECO ACTIVE TEAM	Open M	106		02:09:17	**03:40:39.00**	**03:41:04.75**	+01:37:54 (44.3%)	7:36	7.9 (56.0%)
139	**STAŃCZUK Wojciech**	**3331**	GRUPA BIEGOWA CHTMO	Open M	107		02:08:47	**03:40:50.05**	**03:41:09.95**	+01:37:59 (44.3%)	7:36	7.9 (56.0%)
140	**PENCONEK Agata**	**3279**		Open K	33		02:08:31	**03:41:07.00**	**03:41:16.15**	+01:38:05 (44.3%)	7:37	7.9 (56.0%)
141	**REDEK Sylwia**	**3301**	TEAM ZABIEGANEDNI	Open K	34			**03:41:09.35**	**03:41:20.20**	+01:38:10 (44.4%)	7:37	7.9 (56.0%)
142	**BILSKA Anna**	**3025**		Open K	35		02:10:58	**03:41:15.95**	**03:41:26.80**	+01:38:16 (44.4%)	7:37	7.9 (56.0%)
143	**NÝVLT Martin**	**3257**	COLUMBIA MONTRAIL	Open M	108		01:54:51	**03:41:22.85**	**03:41:58.30**	+01:38:48 (44.5%)	7:38	7.9 (56.0%)
144	**JURKOWSKI Szczepan**	**3132**	SUSKA GRUPA BIEGOWA	Open M	109		01:48:33	**03:42:03.45**	**03:42:10.20**	+01:39:00 (44.6%)	7:39	7.8 (55.3%)
145	**TADROWSKI Tomasz**	**3351**		Open M	110		02:09:41	**03:41:51.40**	**03:42:11.10**	+01:39:00 (44.6%)	7:39	7.8 (55.3%)
146	**REJEWSKA Eliza**	**3302**		Open K	36		02:09:48	**03:41:52.30**	**03:42:12.40**	+01:39:02 (44.6%)	7:39	7.8 (55.3%)
147	**ZWIERZYŃSKI Roman**	**3415**	LECĘ BO CHCĘ	Open M	111		02:08:48	**03:42:37.50**	**03:42:48.70**	+01:39:38 (44.7%)	7:40	7.8 (55.3%)
148	**GLICA Monika**	**3094**		Open K	37		01:54:56	**03:42:46.75**	**03:43:02.50**	+01:39:52 (44.8%)	7:40	7.8 (55.3%)
149	**NOWAK Maciej**	**3253**	SUPERNOVA	Open M	112		02:08:22	**03:43:19.55**	**03:43:27.25**	+01:40:17 (44.9%)	7:42	7.8 (55.3%)
150	**CZABAN Katarzyna**	**3055**	KULAM SIĘ JAK GUMIKLYJZY	Open K	38		02:10:36	**03:43:26.90**	**03:43:41.70**	+01:40:31 (44.9%)	7:42	7.8 (55.3%)
151	**GAWRYSZEWSKI Michał**	**3092**		Open M	113			**03:44:08.35**	**03:44:22.30**	+01:41:12 (45.1%)	7:43	7.8 (55.3%)
152	**ZIOMBKA Kuba**	**3414**		Open M	114		02:07:24	**03:44:03.35**	**03:44:23.30**	+01:41:13 (45.1%)	7:43	7.8 (55.3%)
153	**KOCZY-ŁUSIAK Sylwia**	**3160**	3COACH	Open K	39			**03:45:58.00**	**03:45:58.00**	+01:42:47 (45.5%)	7:47	7.7 (54.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
154	**FIGAS Joanna**	**3074**	PREDATORS WAŁBRZYCH	Open K	40			**03:46:13.50**	**03:46:18.30**	+01:43:08 (45.6%)	7:48	7.7 (54.6%)
155	**NIEMIRO Dominika**	**3250**	JAGODOWO-KALINOWY TEAM	Open K	41		02:10:24	**03:46:12.80**	**03:46:30.75**	+01:43:20 (45.6%)	7:48	7.7 (54.6%)
156	**NIEMIRO Paweł**	**3251**	JAGODOWO-KALINOWY TEAM	Open M	115		02:10:18	**03:46:12.30**	**03:46:30.80**	+01:43:20 (45.6%)	7:48	7.7 (54.6%)
157	**CZACHOWSKI Michał**	**3424**		Open M	116		02:11:34	**03:47:20.50**	**03:47:20.50**	+01:44:10 (45.8%)	7:50	7.7 (54.6%)
158	**JANIEC Tomasz**	**3120**		Open M	117			**03:46:58.25**	**03:47:32.50**	+01:44:22 (45.9%)	7:49	7.7 (54.6%)
159	**WYSOCKI Rafał**	**3403**	KKM KALORYFER	Open M	118		01:54:54	**03:47:06.10**	**03:47:33.65**	+01:44:23 (45.9%)	7:49	7.7 (54.6%)
160	**WRONA Kamila**	**3395**		Open K	42		02:07:30	**03:46:24.05**	**03:47:38.35**	+01:44:28 (45.9%)	7:48	7.7 (54.6%)
161	**ŚMIECHOWSKA Małgorzata**	**3349**		Open K	43			**03:47:28.40**	**03:47:45.40**	+01:44:35 (45.9%)	7:50	7.6 (53.9%)
162	**BABICKI Grzegorz**	**3009**		Open M	119		02:09:26	**03:47:47.45**	**03:48:17.75**	+01:45:07 (46.0%)	7:51	7.6 (53.9%)
163	**PRAŻANOWSKI Mariusz**	**3297**		Open M	120			**03:47:57.00**	**03:48:22.15**	+01:45:11 (46.1%)	7:51	7.6 (53.9%)
164	**ŚWIERCZEK Marta**	**3350**		Open K	44			**03:48:19.30**	**03:48:33.40**	+01:45:23 (46.1%)	7:52	7.6 (53.9%)
165	**KOPERSKI Maciej**	**3168**	KOPERSKI TEAM	Open M	121		02:08:37	**03:48:29.05**	**03:48:41.00**	+01:45:30 (46.1%)	7:52	7.6 (53.9%)
166	**BARSZCZOWSKA Ewelina**	**3018**	NOCNY BÓR	Open K	45			**03:48:43.85**	**03:48:49.45**	+01:45:39 (46.2%)	7:53	7.6 (53.9%)
167	**WÓJCICKA Agnieszka**	**3390**	ŁĘCZNA BIEGA	Open K	46		02:10:52	**03:48:49.70**	**03:48:56.10**	+01:45:45 (46.2%)	7:53	7.6 (53.9%)
168	**GÓRSKA Alicja**	**3101**		Open K	47		02:11:06	**03:48:49.40**	**03:48:56.20**	+01:45:46 (46.2%)	7:53	7.6 (53.9%)
168	**KOŁODZIEJCZYK Marta**	**3164**	ŁĘCZNA BIEGA	Open K	47		02:10:49	**03:48:49.35**	**03:48:56.20**	+01:45:46 (46.2%)	7:53	7.6 (53.9%)
170	**DZIERŻANOWSKA Katarzyna**	**3068**		Open K	49			**03:48:26.00**	**03:48:59.65**	+01:45:49 (46.2%)	7:52	7.6 (53.9%)
171	**PUPEK Anna**	**3299**		Open K	50		02:11:33	**03:49:02.70**	**03:49:20.80**	+01:46:10 (46.3%)	7:53	7.6 (53.9%)
172	**BACZUK Jakub**	**3012**		Open M	122			**03:49:34.00**	**03:49:34.00**	+01:46:23 (46.3%)	7:54	7.6 (53.9%)
173	**PODSIADŁY Maciej**	**3289**	KS STASZEWSCY	Open M	123			**03:49:39.35**	**03:49:47.95**	+01:46:37 (46.4%)	7:55	7.6 (53.9%)
174	**SPORNIAK Krzysztof**	**3326**		Open M	124		01:55:17	**03:49:52.45**	**03:49:52.45**	+01:46:42 (46.4%)	7:55	7.6 (53.9%)
175	**ROJEK Magdalena**	**3305**	DZIKIE FOKI	Open K	51		02:09:59	**03:49:50.50**	**03:50:06.55**	+01:46:56 (46.5%)	7:55	7.6 (53.9%)
176	**NICIEJA Anna**	**3248**		Open K	52		02:10:13	**03:49:51.60**	**03:50:06.60**	+01:46:56 (46.5%)	7:55	7.6 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
177	**BOKSA Anna**	**3032**	KKM KALORYFER	Open K	53			**03:49:56.25**	**03:50:23.35**	+01:47:13 (46.5%)	7:55	7.6 (53.9%)
178	**DOPIERAŁA Kinga**	**3063**	JENOTY TEAM	Open K	54			**03:50:00.55**	**03:50:24.60**	+01:47:14 (46.5%)	7:55	7.6 (53.9%)
179	**ZAWITKOWSKI Bartosz**	**3411**		Open M	125		02:09:30	**03:50:17.85**	**03:50:33.85**	+01:47:23 (46.6%)	7:56	7.6 (53.9%)
180	**MADEJ Katarzyna**	**3219**	ALE TEMPO	Open K	55			**03:50:15.45**	**03:50:38.10**	+01:47:27 (46.6%)	7:56	7.6 (53.9%)
181	**ONUFROWICZ Michał**	**3267**	ALE TEMPO	Open M	126			**03:50:38.15**	**03:50:38.15**	+01:47:27 (46.6%)	7:57	7.5 (53.2%)
182	**WIĘCKOWSKA Beata**	**3371**	HEŃTEAM	Open K	56			**03:50:44.25**	**03:50:44.25**	+01:47:34 (46.6%)	7:57	7.5 (53.2%)
183	**OBARZANOWSKI Michał**	**3258**		Open M	127			**03:50:45.45**	**03:51:04.75**	+01:47:54 (46.7%)	7:57	7.5 (53.2%)
184	**RESPONDEK Marcin**	**3304**	LECYMY DURŚ / NOWAK TEAM	Open M	128			**03:51:00.50**	**03:51:21.60**	+01:48:11 (46.8%)	7:57	7.5 (53.2%)
185	**KARCZEWSKI Maciej**	**3145**	ENDURANCE	Open M	129			**03:51:09.95**	**03:51:28.15**	+01:48:17 (46.8%)	7:58	7.5 (53.2%)
186	**KOSOWSKI Seweryn**	**3170**		Open M	130		02:08:36	**03:51:33.55**	**03:51:49.90**	+01:48:39 (46.9%)	7:59	7.5 (53.2%)
186	**CIURYK Julia**	**3054**		Open K	57			**03:51:49.90**	**03:51:49.90**	+01:48:39 (46.9%)	7:59	7.5 (53.2%)
188	**JARECKA Katarzyna**	**3121**		Open K	58			**03:51:41.20**	**03:52:08.60**	+01:48:58 (46.9%)	7:59	7.5 (53.2%)
189	**TOMASZEWSKA Julia**	**3353**		Open K	59			**03:51:52.75**	**03:52:21.40**	+01:49:11 (47.0%)	7:59	7.5 (53.2%)
190	**PARYSZ Anna**	**3273**	STARE BABICE BIEGAJĄ	Open K	60			**03:53:06.00**	**03:53:19.45**	+01:50:09 (47.2%)	8:02	7.5 (53.2%)
191	**GRANOWSKA Marta**	**3104**		Open K	61			**03:53:05.10**	**03:53:20.40**	+01:50:10 (47.2%)	8:02	7.5 (53.2%)
192	**GAWĘDA Marta**	**3091**		Open K	62			**03:53:03.60**	**03:53:24.85**	+01:50:14 (47.2%)	8:02	7.5 (53.2%)
192	**PISKORSKA Natalia**	**3287**		Open K	62			**03:52:48.40**	**03:53:24.85**	+01:50:14 (47.2%)	8:01	7.5 (53.2%)
194	**SILCZUK Andrzej**	**3318**		Open M	131			**03:52:48.50**	**03:53:24.95**	+01:50:14 (47.2%)	8:01	7.5 (53.2%)
195	**OBERC Łukasz**	**3260**	FINISZ RYMANÓW	Open M	132		02:10:24	**03:53:01.75**	**03:53:25.15**	+01:50:14 (47.2%)	8:02	7.5 (53.2%)
196	**BARCZENTEWICZ Przemysław**	**3017**		Open M	133			**03:54:08.40**	**03:54:08.40**	+01:50:58 (47.4%)	8:04	7.4 (52.5%)
197	**HOFMAN Piotr**	**3115**	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	Open M	134		02:09:40	**03:53:29.10**	**03:54:08.85**	+01:50:58 (47.4%)	8:03	7.5 (53.2%)
198	**ŻUK Agata**	**3418**	HEŃTEAM	Open K	64			**03:54:18.75**	**03:54:23.20**	+01:51:13 (47.5%)	8:04	7.4 (52.5%)
199	**GAWEŁ Sebastian**	**3090**	SPARTA LUBLIN	Open M	135			**03:53:51.45**	**03:54:25.25**	+01:51:15 (47.5%)	8:03	7.4 (52.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
200	**PETA Iwona**	**3281**		Open K	65			**03:54:03.00**	**03:54:27.30**	+01:51:17 (47.5%)	8:04	7.4 (52.5%)
201	**WYSZOWSKA Agnieszka**	**3404**	PREDATORS WAŁBRZYCH	Open K	66			**03:54:22.80**	**03:54:28.00**	+01:51:17 (47.5%)	8:04	7.4 (52.5%)
202	**MILC Szymon**	**3242**		Open M	136		02:07:40	**03:54:28.55**	**03:54:28.55**	+01:51:18 (47.5%)	8:05	7.4 (52.5%)
203	**BEKER Katarzyna**	**3022**		Open K	67		02:12:11	**03:54:35.45**	**03:54:35.45**	+01:51:25 (47.5%)	8:05	7.4 (52.5%)
204	**PISZCZYŃSKA Izabela**	**3288**		Open M	137			**03:55:07.85**	**03:55:07.85**	+01:51:57 (47.6%)	8:06	7.4 (52.5%)
205	**WITYŃSKA Joanna**	**3379**		Open K	68		02:13:13	**03:55:14.20**	**03:55:20.30**	+01:52:10 (47.7%)	8:06	7.4 (52.5%)
205	**KAPUŚCIŃSKA Diana**	**3143**	PODIUM	Open K	68		01:26:43	**03:55:20.30**	**03:55:20.30**	+01:52:10 (47.7%)	8:06	7.4 (52.5%)
207	**BUJOCZEK Małgorzata**	**3044**		Open K	70		02:11:59	**03:55:07.05**	**03:55:24.80**	+01:52:14 (47.7%)	8:06	7.4 (52.5%)
208	**BUJOCZEK Leszek**	**3043**		Open M	138		02:12:02	**03:55:06.60**	**03:55:25.10**	+01:52:14 (47.7%)	8:06	7.4 (52.5%)
209	**ONDRUSZ Filip**	**3266**		Open M	139		02:12:01	**03:55:22.80**	**03:55:52.65**	+01:52:42 (47.8%)	8:06	7.4 (52.5%)
210	**NOGAJEWSKI Karol**	**3252**		Open M	140		02:08:56	**03:55:26.80**	**03:55:56.80**	+01:52:46 (47.8%)	8:07	7.4 (52.5%)
211	**STACHURSKI Paweł**	**3329**	KRULOWIE ŻYCIA	Open M	141			**03:55:24.75**	**03:56:00.05**	+01:52:49 (47.8%)	8:07	7.4 (52.5%)
212	**GOŁOSZ-ROMAŃSKA Sylwia**	**3097**	KKTJ	Open K	71			**03:55:44.25**	**03:56:12.10**	+01:53:01 (47.9%)	8:07	7.4 (52.5%)
213	**SELWESTRUK Izabela**	**3312**		Open K	72			**03:55:53.05**	**03:56:32.80**	+01:53:22 (47.9%)	8:08	7.4 (52.5%)
214	**NYKIEL Artur**	**3256**		Open M	142		02:11:42	**03:57:14.25**	**03:57:14.25**	+01:54:04 (48.1%)	8:10	7.3 (51.8%)
215	**NYKIEL Marlena**	**3255**		Open K	73		02:11:12	**03:56:47.65**	**03:57:14.55**	+01:54:04 (48.1%)	8:09	7.3 (51.8%)
216	**FĄFARA Agnieszka**	**3071**	BIEGNIĘTE LASKI	Open K	74		02:12:00	**03:56:58.20**	**03:57:26.35**	+01:54:16 (48.1%)	8:10	7.3 (51.8%)
217	**KACZMAREK Aleksandra**	**3135**		Open K	75		02:11:45	**03:57:22.90**	**03:57:33.20**	+01:54:23 (48.2%)	8:11	7.3 (51.8%)
218	**SORNAT Mariusz**	**3323**		Open M	143			**03:57:37.90**	**03:57:57.45**	+01:54:47 (48.2%)	8:11	7.3 (51.8%)
219	**VOISIN Guillaume**	**3364**		Open M	144			**03:57:57.55**	**03:57:57.55**	+01:54:47 (48.2%)	8:12	7.3 (51.8%)
219	**AOUTIN Mathieu**	**3008**		Open M	144			**03:57:39.60**	**03:57:57.55**	+01:54:47 (48.2%)	8:11	7.3 (51.8%)
221	**WRÓBLEWSKI Borys**	**3399**		Open M	146		02:08:53	**03:57:57.15**	**03:58:07.55**	+01:54:57 (48.3%)	8:12	7.3 (51.8%)
222	**JURYŚ Sławomir**	**3133**	JSYSTEM	Open M	147		02:12:07	**03:58:03.50**	**03:58:37.75**	+01:55:27 (48.4%)	8:12	7.3 (51.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
223	**BACHURSKI Daniel**	**3010**		Open M	148			**03:58:36.90**	**03:58:46.60**	+01:55:36 (48.4%)	8:13	7.3 (51.8%)
224	**SELWESTRUK Tomasz**	**3313**		Open M	149			**03:58:13.25**	**03:58:53.15**	+01:55:42 (48.4%)	8:12	7.3 (51.8%)
225	**KUŁAKOWSKI Piotr**	**3190**		Open M	150			**03:58:44.55**	**03:59:17.65**	+01:56:07 (48.5%)	8:13	7.3 (51.8%)
226	**PIECYK Artur**	**3283**	BLUE DOG	Open M	151			**03:59:28.10**	**04:00:03.85**	+01:56:53 (48.7%)	8:15	7.3 (51.8%)
227	**SZELĄG Piotr**	**3341**		Open M	152		02:12:37	**04:01:14.75**	**04:01:46.75**	+01:58:36 (49.1%)	8:19	7.2 (51.1%)
228	**BREWCZAK Maciej**	**3039**	SAVE LIFE	Open M	153		02:08:27	**04:01:41.75**	**04:01:46.85**	+01:58:36 (49.1%)	8:20	7.2 (51.1%)
229	**BUK Kamil**	**3045**		Open M	154		02:09:16	**04:01:40.60**	**04:01:47.20**	+01:58:37 (49.1%)	8:20	7.2 (51.1%)
230	**KOSOWSKI Maciej**	**3171**		Open M	155			**04:01:30.30**	**04:01:47.60**	+01:58:37 (49.1%)	8:19	7.2 (51.1%)
231	**POTOCKI Jakub**	**3294**		Open M	156		02:11:19	**04:02:39.55**	**04:03:19.95**	+02:00:09 (49.4%)	8:22	7.2 (51.1%)
231	**POTOCKA Julia**	**3293**		Open K	76			**04:02:40.50**	**04:03:19.95**	+02:00:09 (49.4%)	8:22	7.2 (51.1%)
233	**ZAWADZKI Piotr**	**3410**		Open M	157		02:11:35	**04:03:36.55**	**04:03:48.35**	+02:00:38 (49.5%)	8:24	7.1 (50.4%)
234	**SZEWCZUK Joanna**	**3342**	HEŃTEAM	Open K	77		02:17:44	**04:04:40.70**	**04:04:46.20**	+02:01:36 (49.7%)	8:26	7.1 (50.4%)
235	**KURCZUK-SAMODULSKA Agnieszka**	**3192**	HEŃTEAM	Open K	78		02:17:54	**04:05:12.45**	**04:05:12.45**	+02:02:02 (49.8%)	8:27	7.1 (50.4%)
236	**KOPERSKI Dominik**	**3167**	KOPERSKI TEAM	Open M	158			**04:05:31.45**	**04:05:42.90**	+02:02:32 (49.9%)	8:27	7.1 (50.4%)
237	**ŚLEMP Małgorzata**	**3345**	TURLAM SIĘ DO METY	Open K	79		02:19:12	**04:05:17.50**	**04:05:47.90**	+02:02:37 (49.9%)	8:27	7.1 (50.4%)
238	**CHMURA-SKERCZYŃSKA Natalia**	**3049**		Open K	80		02:10:46	**04:05:22.55**	**04:05:51.60**	+02:02:41 (49.9%)	8:27	7.1 (50.4%)
239	**SZCZUREK Aleksandra**	**3338**		Open K	81		02:18:52	**04:05:50.55**	**04:06:12.05**	+02:03:01 (50.0%)	8:28	7.1 (50.4%)
240	**OCHREMIAK Aleksandra**	**3262**		Open K	82		02:17:21	**04:06:11.00**	**04:06:34.85**	+02:03:24 (50.0%)	8:29	7.1 (50.4%)
241	**KAMIŃSKI Marcin**	**3141**	SFORA OJCA DYREKTORA	Open M	159			**04:06:45.40**	**04:06:45.40**	+02:03:35 (50.1%)	8:30	7.1 (50.4%)
242	**BACZA Agnieszka**	**3011**	ŁĘCZNA BIEGA	Open K	83		02:12:45	**04:06:53.55**	**04:06:53.55**	+02:03:43 (50.1%)	8:30	7 (49.6%)
243	**JOZWIK Agnieszka**	**3129**		Open K	84		02:12:23	**04:07:14.75**	**04:07:27.15**	+02:04:16 (50.2%)	8:31	7 (49.6%)
244	**HANGIEL Urszula**	**3112**	ŻWAWE ŻÓŁWIE	Open K	85		02:19:07	**04:07:32.15**	**04:07:45.80**	+02:04:35 (50.3%)	8:32	7 (49.6%)
245	**SERAFIN Sebastian**	**3314**	SIMS	Open M	160		02:17:27	**04:07:39.40**	**04:08:07.85**	+02:04:57 (50.4%)	8:32	7 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
246	**GROSZAK Joanna**	**3108**		Open K	86		02:12:05	**04:08:11.30**	**04:08:29.35**	+02:05:19 (50.4%)	8:33	7 (49.6%)
247	**JAWORSKI Bartek**	**3124**		Open M	161		02:18:17	**04:08:29.20**	**04:08:53.70**	+02:05:43 (50.5%)	8:34	7 (49.6%)
248	**WOŹNIAK Mateusz**	**3387**		Open M	162			**04:08:28.95**	**04:08:54.15**	+02:05:43 (50.5%)	8:34	7 (49.6%)
249	**KOSIŃSKI Tomasz**	**3169**	EXTREME WAYS	Open M	163			**04:10:25.90**	**04:10:55.35**	+02:07:45 (50.9%)	8:38	6.9 (48.9%)
250	**PIORUNKIEWICZ Lukasz**	**3286**		Open M	164		02:18:08	**04:10:29.20**	**04:10:59.20**	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
251	**LUBOWIECKA Paulina**	**3213**		Open K	87		02:17:33	**04:10:45.25**	**04:10:59.50**	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
252	**PRZETAKIEWICZ Magdalena**	**3298**		Open K	88		02:21:37	**04:10:46.35**	**04:10:59.80**	+02:07:49 (50.9%)	8:38	6.9 (48.9%)
253	**JELINSKI Sebastian**	**3127**	IBM	Open M	165		02:17:31	**04:11:10.70**	**04:11:43.85**	+02:08:33 (51.1%)	8:39	6.9 (48.9%)
254	**RYBIENIK Lech**	**3310**		Open M	166		02:17:47	**04:13:02.85**	**04:13:14.80**	+02:10:04 (51.4%)	8:43	6.9 (48.9%)
255	**KIJEWSKA Karolina**	**3153**		Open K	89			**04:13:03.85**	**04:13:15.00**	+02:10:04 (51.4%)	8:43	6.9 (48.9%)
256	**KOZŁOWSKA-SAWICKA Małgorzata**	**3179**	KONDYCJA PIASECZNO	Open K	90		02:19:10	**04:12:49.95**	**04:13:15.65**	+02:10:05 (51.4%)	8:43	6.9 (48.9%)
257	**KLAUS Monika**	**3156**	KONDYCJA PIASECZNO	Open K	91		02:17:35	**04:12:49.40**	**04:13:15.90**	+02:10:05 (51.4%)	8:43	6.9 (48.9%)
258	**WILGUS-KUBICA Katarzyna**	**3373**		Open K	92		02:22:06	**04:14:56.00**	**04:14:56.00**	+02:11:45 (51.7%)	8:47	6.8 (48.2%)
259	**KEMPISTY Anna**	**3151**	12TRI.PL	Open K	93		02:18:01	**04:15:06.65**	**04:15:19.55**	+02:12:09 (51.8%)	8:47	6.8 (48.2%)
260	**JEMIOŁA Wojciech**	**3128**	POGÓRZA ULTRA TRAIL	Open M	167		02:19:18	**04:14:45.00**	**04:15:23.40**	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
261	**GRODZKI Tomasz**	**3107**	POGÓRZE ULTRA TRAIL	Open M	168		02:19:16	**04:14:45.60**	**04:15:23.50**	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
262	**PATRYN Łukasz**	**3277**	POGÓRZE ULTRA TRAIL	Open M	169		02:19:12	**04:14:46.65**	**04:15:23.95**	+02:12:13 (51.8%)	8:47	6.8 (48.2%)
263	**TWARDZIK Laura**	**3359**		Open K	94		02:19:42	**04:15:45.20**	**04:16:12.30**	+02:13:02 (51.9%)	8:49	6.8 (48.2%)
264	**OZIMINA Samuel**	**3270**		Open M	170		02:19:01	**04:15:46.05**	**04:16:13.10**	+02:13:02 (51.9%)	8:49	6.8 (48.2%)
265	**STABRAWA Marcin**	**3328**		Open M	171		02:19:50	**04:15:53.50**	**04:16:16.75**	+02:13:06 (51.9%)	8:49	6.8 (48.2%)
266	**OLSZEWSKI Kamil**	**3264**		Open M	172		02:19:54	**04:15:54.95**	**04:16:17.45**	+02:13:07 (51.9%)	8:49	6.8 (48.2%)
267	**FRANEK Aneta**	**3078**		Open K	95		02:19:19	**04:17:16.65**	**04:17:22.35**	+02:14:12 (52.1%)	8:52	6.8 (48.2%)
268	**MARGOŁA Marta**	**3226**	ROZBIEGAJMY RADOMSKO	Open K	96		02:21:08	**04:18:27.95**	**04:18:57.80**	+02:15:47 (52.4%)	8:54	6.7 (47.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
269	**GÓRECKA Katarzyna**	**3099**		Open K	97		02:19:52	**04:19:44.20**	**04:19:59.20**	+02:16:49 (52.6%)	8:57	6.7 (47.5%)
270	**MATLAK Piotr**	**3229**	VELUX	Open M	173		02:22:35	**04:20:46.35**	**04:20:57.55**	+02:17:47 (52.8%)	8:59	6.7 (47.5%)
271	**KOZACZKA Włodzimierz**	**3176**		Open M	174		02:20:26	**04:20:39.35**	**04:21:15.80**	+02:18:05 (52.9%)	8:59	6.7 (47.5%)
272	**HIRTH Jasmin**	**3114**		Open K	98		02:20:47	**04:21:20.25**	**04:21:32.30**	+02:18:22 (52.9%)	9:00	6.7 (47.5%)
273	**EVANS Paul**	**3070**		Open M	175		02:19:34	**04:21:21.10**	**04:21:33.15**	+02:18:22 (52.9%)	9:00	6.7 (47.5%)
274	**KAZIMIERAK Kamil**	**3150**		Open M	176		02:21:24	**04:22:37.85**	**04:22:54.05**	+02:19:43 (53.1%)	9:03	6.6 (46.8%)
275	**GRZESZCZAK Małgorzata**	**3111**	BIEGAMYRAZEM.PL	Open K	99		02:22:24	**04:23:06.25**	**04:23:06.25**	+02:19:56 (53.2%)	9:04	6.6 (46.8%)
276	**MALEC Basia**	**3224**		Open K	100		02:21:19	**04:22:19.95**	**04:23:44.65**	+02:20:34 (53.3%)	9:02	6.6 (46.8%)
277	**KAMIŃSKI Łukasz**	**3140**		Open M	177		02:20:44	**04:23:25.40**	**04:23:47.10**	+02:20:36 (53.3%)	9:05	6.6 (46.8%)
278	**GOLA Karolina**	**3096**		Open K	101		02:22:54	**04:23:52.45**	**04:23:52.45**	+02:20:42 (53.3%)	9:05	6.6 (46.8%)
279	**BREMER Helena**	**3037**		Open K	102		02:20:16	**04:23:27.55**	**04:24:06.85**	+02:20:56 (53.4%)	9:05	6.6 (46.8%)
280	**ŻAK Grzegorz**	**3417**	SPARTA	Open M	178		02:17:35	**04:26:09.80**	**04:26:44.05**	+02:23:33 (53.8%)	9:10	6.5 (46.1%)
281	**KOŁODZIEJCZYK Aleksandra**	**3163**	JENOTY TEAM	Open K	103		02:19:37	**04:26:47.25**	**04:27:11.55**	+02:24:01 (53.9%)	9:11	6.5 (46.1%)
282	**LEWANDOWSKA Ewa**	**3203**		Open K	104		02:22:31	**04:27:13.65**	**04:27:40.10**	+02:24:29 (54.0%)	9:12	6.5 (46.1%)
283	**DOMINIAK Emilia**	**3061**		Open K	105		02:22:15	**04:27:57.80**	**04:27:57.80**	+02:24:47 (54.0%)	9:14	6.5 (46.1%)
284	**BUGAJSKA-JUCHA Renata**	**3042**	CARBO ASECURA	Open K	106		02:22:09	**04:30:59.80**	**04:31:08.40**	+02:27:58 (54.6%)	9:20	6.4 (45.4%)
285	**BAJUS-LEWKOWICZ Oksana**	**3014**	VISON, PIOTR LEWKOWICZ	Open K	107		02:21:57	**04:31:26.80**	**04:31:26.80**	+02:28:16 (54.6%)	9:21	6.4 (45.4%)
286	**LEWKOWICZ Piotr**	**3207**		Open M	179		02:21:43	**04:31:07.30**	**04:31:27.05**	+02:28:16 (54.6%)	9:20	6.4 (45.4%)
287	**SZYMAŃSKI Mariusz**	**3344**	MKB DREPTAK	Open M	180		02:23:03	**04:33:24.90**	**04:33:32.75**	+02:30:22 (55.0%)	9:25	6.4 (45.4%)
288	**KUPIEC Dariusz**	**3191**	MKB DREPTAK	Open M	181			**04:33:25.60**	**04:33:33.05**	+02:30:22 (55.0%)	9:25	6.4 (45.4%)
289	**WARDA Agnieszka Tonny**	**3367**	SPARTA LUBLIN	Open K	108		02:21:40	**04:32:59.75**	**04:34:34.85**	+02:31:24 (55.1%)	9:24	6.4 (45.4%)
290	**MATUSIK Agnieszka**	**3230**		Open K	109		02:22:41	**04:34:35.85**	**04:34:58.20**	+02:31:48 (55.2%)	9:28	6.3 (44.7%)
291	**LASOŃ Magdalena**	**3197**	ALETEMPO	Open K	110		02:22:43	**04:34:34.70**	**04:34:58.25**	+02:31:48 (55.2%)	9:28	6.3 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
292	**KLUŚ Sylwester**	**3421**	MESMERIK RUNNERS	Open M	182		02:18:55	**04:35:13.15**	**04:35:50.65**	+02:32:40 (55.3%)	9:29	6.3 (44.7%)
293	**TOMASZUK Ewelina**	**3354**	NO LIMITS RUNNING TEAM	Open K	111		02:21:58	**04:36:31.25**	**04:36:41.70**	+02:33:31 (55.5%)	9:32	6.3 (44.7%)
294	**WOJCIECHOWSKI Kacper**	**3381**	SWORDS ATHLETICS	Open M	183		02:12:14	**04:38:54.85**	**04:38:54.85**	+02:35:44 (55.8%)	9:37	6.2 (44.0%)
295	**TRODLER Ina**	**3357**	CITYLAUF-VEREIN DRESDEN	Open K	112		02:23:56	**04:39:12.45**	**04:39:20.70**	+02:36:10 (55.9%)	9:37	6.2 (44.0%)
296	**GIERUT Agata**	**3093**		Open K	113		02:25:17	**04:41:32.60**	**04:41:42.60**	+02:38:32 (56.3%)	9:42	6.2 (44.0%)
297	**KOBUS-DUNAJ Lidia**	**3159**		Open K	114		02:23:02	**04:41:53.45**	**04:42:16.25**	+02:39:06 (56.4%)	9:43	6.2 (44.0%)
298	**FRANCUZ Patrycja**	**3077**	WIELKA WIEŚ BIEGA	Open K	115		02:39:31	**04:42:35.15**	**04:42:56.85**	+02:39:46 (56.5%)	9:44	6.2 (44.0%)
299	**LAMPRYCHT-JANEK Natalia**	**3195**		Open K	116		02:22:23	**04:42:52.10**	**04:43:11.10**	+02:40:00 (56.5%)	9:45	6.2 (44.0%)
300	**WOJTKOWIAK Łukasz**	**3386**	BIEGACZAMATOR	Open M	184		02:22:12	**04:42:51.85**	**04:43:11.20**	+02:40:01 (56.5%)	9:45	6.2 (44.0%)
301	**ŚLUSARCZYK Tomek**	**3348**	MUUKREACJE.PL	Open M	185		02:22:26	**04:42:42.25**	**04:43:17.20**	+02:40:07 (56.5%)	9:44	6.2 (44.0%)
302	**OLZACKI Piotr**	**3265**		Open M	186		02:20:33	**04:42:46.60**	**04:43:24.40**	+02:40:14 (56.5%)	9:45	6.2 (44.0%)
303	**TYLMAN Radosław**	**3360**		Open M	187		02:21:43	**04:42:47.15**	**04:43:24.65**	+02:40:14 (56.5%)	9:45	6.2 (44.0%)
304	**POLAK Agnieszka**	**3290**		Open K	117		02:10:00	**04:44:18.65**	**04:44:31.50**	+02:41:21 (56.7%)	9:48	6.1 (43.3%)
305	**WIŚNIEWSKI Adam**	**3377**		Open M	188		02:23:38	**04:44:27.70**	**04:44:36.10**	+02:41:25 (56.7%)	9:48	6.1 (43.3%)
306	**PASZKIEL Agnieszka**	**3276**	LUB	Open K	118		02:23:12	**04:44:32.15**	**04:44:48.50**	+02:41:38 (56.8%)	9:48	6.1 (43.3%)
307	**MATLAK Lidia**	**3228**	ZAWSZE W BIEGU	Open K	119		02:39:33	**04:45:15.95**	**04:45:25.10**	+02:42:14 (56.8%)	9:50	6.1 (43.3%)
308	**TYMBURSKI Michal**	**3361**	SPARTA LUBLIN	Open M	189		02:22:07	**04:45:03.30**	**04:46:49.50**	+02:43:39 (57.1%)	9:49	6.1 (43.3%)
309	**GLIWKA Małgorzata**	**3095**	SPARTA LUBLIN	Open K	120		02:22:16	**04:45:04.40**	**04:46:49.55**	+02:43:39 (57.1%)	9:49	6.1 (43.3%)
310	**SIĘCIO Kamil**	**3316**		Open M	190		02:23:11	**04:47:16.40**	**04:47:48.90**	+02:44:38 (57.2%)	9:54	6.1 (43.3%)
311	**WOJTKOWIAK Dorota**	**3385**		Open K	121		02:38:46	**04:50:05.75**	**04:50:39.10**	+02:47:28 (57.6%)	10:00	6 (42.6%)
312	**WRONKOWSKA Katarzyna**	**3396**		Open K	122		02:23:51	**04:50:50.85**	**04:51:06.25**	+02:47:56 (57.7%)	10:01	6 (42.6%)
313	**FUS Jacek**	**3084**		Open M	191		02:21:02	**04:51:11.25**	**04:51:24.00**	+02:48:13 (57.7%)	10:02	6 (42.6%)
314	**MHADHBI Joanna**	**3235**		Open K	123		02:27:34	**04:52:15.25**	**04:52:15.25**	+02:49:05 (57.9%)	10:04	6 (42.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja Łemkowie	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
315	**BIELIŃSKI Michał**	**3023**		Open M	192		02:24:48	**04:53:32.90**	**04:54:14.70**	+02:51:04 (58.1%)	10:07	5.9 (41.8%)
316	**BOR Monika**	**3033**	KOBIETY BIEGAJĄ / POBIEDZISKA RUNNING TEAM	Open K	124		02:39:20	**04:54:17.10**	**04:54:45.55**	+02:51:35 (58.2%)	10:08	5.9 (41.8%)
317	**MĄKOSA Konrad**	**3234**		Open M	193		02:39:57	**04:55:01.40**	**04:55:07.50**	+02:51:57 (58.3%)	10:10	5.9 (41.8%)
318	**BALEWSKI Robert**	**3015**		Open M	194		02:39:42	**04:55:14.30**	**04:55:30.20**	+02:52:20 (58.3%)	10:10	5.9 (41.8%)
319	**RZENNO Dagmara**	**3311**	MIECHOWICKA GRUPA BIEGOWA	Open K	125		02:39:25	**04:56:45.30**	**04:57:00.30**	+02:53:50 (58.5%)	10:13	5.9 (41.8%)
320	**ZARAŃSKA Izabela**	**3406**	MIECHOWICKA GRUPA BIEGOWA	Open K	126		02:39:14	**04:56:44.60**	**04:57:00.50**	+02:53:50 (58.5%)	10:13	5.9 (41.8%)
321	**FRANKOWSKA Ania**	**3080**	MIECHOWICKA GRUPA BIEGOWA	Open K	127		02:39:30	**04:56:44.85**	**04:57:01.25**	+02:53:51 (58.5%)	10:13	5.9 (41.8%)
322	**KOPCZA Dariusz**	**3166**		Open M	195		02:09:31	**04:58:15.05**	**04:58:34.45**	+02:55:24 (58.7%)	10:17	5.8 (41.1%)
323	**FELENCZAK Michał**	**3072**		Open M	196		02:40:08	**04:58:34.80**	**04:58:34.80**	+02:55:24 (58.7%)	10:17	5.8 (41.1%)
Przekroczony limit czasu: 05:00:00												
324	**WIŚNIEWSKA-PIĄTY Katarzyna**	**3376**		Open K	128		02:39:46	**05:16:33.45**	**05:17:02.50**	+03:13:52 (61.2%)	10:54	5.5 (39.0%)
325	**DRATWICKA Agnieszka**	**3064**	12TRI.PL	Open K	129		02:40:03	**05:21:22.75**	**05:21:37.40**	+03:18:27 (61.7%)	11:04	5.4 (38.3%)
326	**CHMIELEWSKI Marcin**	**3048**	BIEGAM BEZ SPINY	Open M	197		02:51:38	**05:49:39.50**	**05:49:59.70**	+03:46:49 (64.8%)	12:03	5 (35.5%)
327	**WESOŁOWSKI Adam**	**3368**		Open M	198		04:06:59	**07:26:43.05**	**07:27:14.15**	+05:24:03 (72.5%)	15:24	3.9 (27.7%)
	SOLAN Radek	**3322**		Open M			01:46:09 DNF	**DNF**	**DNF**		-	- (0.0%)
	LEMIEC Agnieszka	**3199**		Open K			02:13:13 DNF	**DNF**	**DNF**		-	- (0.0%)
	ŁAŻEŃSKI Łukasz	**3217**		Open M			DNF	**DNF**	**DNF**		-	- (0.0%)
	OBERC Grzegorz	**3259**	FINISZ RYMANOW	Open M			DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 331 wynik(ów)