

MISTRZOSTWA IWSZ RP W BIEGU ULICZNYM - 10KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Organizator: 1BLog
Data: 2022-11-16
Miejsce: Bydgoszcz
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ST.SZER.GOSIEWSKI Krzysztof	96	1BLOG	M35	1	00:16:05	00:31:33.70	00:31:35.65		3:09	19
2	SZER.SOKOŁOWSKI Ryszard	49	1 RBLOG	M35	2	00:16:06	00:32:35.40	00:32:37.35	+00:01:01	3:15	18.4
3	SZER.MALINOWSKI Paweł	94	1BLOG	M35	3	00:16:09	00:32:52.60	00:32:54.90	+00:01:19	3:17	18.3
4	ST.SZER.FLAGA Przemysław	37	2 RBLOG	M45	1	00:16:47	00:33:28.30	00:33:30.75	+00:01:55	3:20	17.9
5	SZER.NALEWALSKI Rafał	95	1BLOG	M35	4	00:16:47	00:33:29.70	00:33:32.15	+00:01:56	3:20	17.9
6	SIERŻ.KŁOPOTEK Damian	26	CENTRUM SZKOLENIA LOGISTYKI	M45	2	00:17:05	00:34:18.20	00:34:21.10	+00:02:45	3:25	17.5
7	KPR.GOŁDYN Sebastian	98	1BLOG	M35	5	00:17:37	00:34:53.05	00:34:55.85	+00:03:20	3:29	17.2
8	KPR.DOROŻYŃSKI Szymon	59	10 BLOG	M35	6	00:17:37	00:35:06.30	00:35:08.45	+00:03:32	3:30	17.1
9	ST.SZER.DEROŃ Waldemar	97	1BLOG - PK	M35	7	00:17:37	00:35:33.75	00:35:37.55	+00:04:01	3:33	16.9
10	KPT.OSSOWSKI Mateusz	51	1 RBLOG	M35	8	00:18:06	00:36:13.30	00:36:16.35	+00:04:40	3:37	16.6
11	SZER.KRAWCZUK Paweł	62	10 BLOG	M35	9	00:18:20	00:36:20.20	00:36:22.70	+00:04:47	3:38	16.5
12	ST.SZER.MALCZEWSKI Daniel	61	10 BLOG	M35	10	00:18:06	00:36:26.85	00:36:29.90	+00:04:54	3:38	16.5
13	ST.SIERŻ.BIAŁEK Dawid	102	1BLOG	M35	11	00:18:19	00:36:34.70	00:36:37.75	+00:05:02	3:39	16.4
14	ST.SZER.SZYSZKA Mariusz	100	1BLOG	M45	3	00:18:06	00:36:35.20	00:36:38.10	+00:05:02	3:39	16.4
15	SZER. SZOT Bartosz	99	1BLOG	M45	4	00:18:06	00:36:58.85	00:37:01.80	+00:05:26	3:41	16.2
16	ST.SZER.SKOWRONEK Kamil	64	10 BLOG	M45	5	00:18:23	00:37:05.90	00:37:09.45	+00:05:33	3:42	16.2
17	ST. KPR.EJDYS -TOMASZEWSKA Sylwia	80	4 RBLOG	K36+	1	00:18:40	00:37:15.15	00:37:18.35	+00:05:42	3:43	16.1
18	SZER.NOWAKOWSKA Anna	90	1BLOG	K35	1	00:18:38	00:37:48.60	00:37:51.95	+00:06:16	3:46	15.9
19	MŁ.CHOR.SIKUT Arkadiusz	53	1 RBLOG	M46+	1	00:18:46	00:37:57.00	00:38:00.35	+00:06:24	3:47	15.8
20	SZER.PIOTROWSKI Piotr	60	10 BLOG	M35	12	00:18:46	00:38:26.45	00:38:29.65	+00:06:54	3:50	15.6
21	SIERŻ.FROM Piotr	24	CENTRUM SZKOLENIA LOGISTYKI	M45	6	00:18:50	00:38:29.50	00:38:33.55	+00:06:57	3:50	15.6
22	ST.KPR.NOCEK Paweł	87	1BLOG	M45	7	00:18:59	00:38:39.35	00:38:39.35	+00:07:03	3:51	15.5
23	ST.CHOR.SZT.STACHOWICZ Wiesław	3	BDOW IWSP SZ	M46+	2	00:19:49	00:39:25.00	00:39:28.75	+00:07:53	3:56	15.2
24	ST.SZER.BYCKOWSKI Krystian	58	1 RBLOG	M35	13	00:19:57	00:39:33.90	00:39:40.00	+00:08:04	3:57	15.2
25	ST.CHOR.SZT.PIETKUN Sławomir	46	1 RBLOG	M46+	3	00:19:45	00:39:55.55	00:40:00.05	+00:08:24	3:59	15
26	KPR.KARASZEWSKI Norbert	11	BDOW IWSP SZ	M35	14	00:19:29	00:40:15.75	00:40:18.85	+00:08:43	4:01	14.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
27	PLUT.RADOMSKI Kamil	36	2 RBLOG	M45	8	00:19:59	00:40:23.40	00:40:28.80	+00:08:53	4:02	14.9
28	MŁ.CHOR.ŁOPUSZYŃSKI Rafał	54	1 RBLOG	M45	9	00:19:59	00:40:31.10	00:40:35.60	+00:08:59	4:03	14.8
29	SIERŻ.GÓRNY Maciej	25	CENTRUM SZKOLENIA LOGISTYKI	M45	10	00:19:49	00:40:35.65	00:40:39.90	+00:09:04	4:03	14.8
30	POR.GAŁKA Piotr	8	BDOW IWSP SZ	M45	11	00:19:58	00:40:41.05	00:40:46.95	+00:09:11	4:04	14.7
31	MŁ.CHOR.ŻYŁKA Paweł	65	10 BLOG	M45	12	00:20:38	00:41:07.65	00:41:12.05	+00:09:36	4:06	14.6
32	SIERŻ.RONOWICZ Mateusz	52	1 RBLOG	M35	15	00:20:36	00:41:14.40	00:41:20.95	+00:09:45	4:07	14.6
33	ST.SZER.KORALEWSKA Barbara	74	10 BLOG	K35	2	00:20:39	00:41:21.15	00:41:24.80	+00:09:49	4:08	14.5
34	KPR.PENC Grzegorz	63	10 BLOG	M35	16	00:20:00	00:41:50.25	00:41:53.70	+00:10:18	4:11	14.3
35	KMDR.POR.ŻAL Robert	4	BDOW IWSP SZ	M45	13	00:20:48	00:41:50.20	00:41:58.15	+00:10:22	4:11	14.3
36	MŁ. CHOR.ROZUMEK Adam	77	4 RBLOG	M45	14	00:21:07	00:42:06.65	00:42:11.30	+00:10:35	4:12	14.3
37	ST.SZER.CZUSZEL Marcin	34	2 RBLOG	M45	15	00:20:42	00:42:20.50	00:42:20.50	+00:10:44	4:14	14.2
38	PPŁK BARCZAK Piotr	5	BDOW IWSP SZ	M46+	4	00:21:05	00:42:30.70	00:42:34.45	+00:10:58	4:15	14.1
39	MŁ. CHOR.GRYDZIUSZKO Marcin	76	4 RBLOG	M46+	5	00:21:18	00:42:45.85	00:42:50.85	+00:11:15	4:16	14
40	ST.KPR.SOLICH Paweł	66	10 BLOG - PK	M45	16	00:20:45	00:42:48.40	00:42:53.10	+00:11:17	4:16	14
41	ST.CHOR.SZT.PAWLICKI Maciej	68	10 BLOG	M46+	6	00:21:06	00:43:03.20	00:43:07.15	+00:11:31	4:18	13.9
42	CHOR.KRELA Andrzej	86	1BLOG	M46+	7	00:21:23	00:43:15.50	00:43:19.50	+00:11:43	4:19	13.9
43	KPR.CYPRYCH Katarzyna	50	1 RBLOG	K35	3	00:21:55	00:43:27.30	00:43:31.00	+00:11:55	4:20	13.8
44	ST. SZER.SMYRSKI Rafał	82	4 RBLOG	M35	17	00:22:00	00:43:29.75	00:43:36.60	+00:12:00	4:20	13.8
45	ST.SZER.BILKIEWICZ Adrian	39	2 RBLOG	M35	18	00:21:37	00:43:32.00	00:43:37.90	+00:12:02	4:21	13.8
46	CHOR.GRYSZPANOWICZ Piotr	29	2 RBLOG	M46+	8	00:21:18	00:43:35.65	00:43:38.10	+00:12:02	4:21	13.8
47	PPOR.BRYŚ Daria	75	10 BLOG	K35	4	00:21:46	00:43:40.20	00:43:44.30	+00:12:08	4:22	13.7
48	ST.CHOR.SZT.ZBIRANEK Remigiusz	101	1BLOG	M46+	9	00:21:06	00:43:41.55	00:43:45.80	+00:12:10	4:22	13.7
49	PPOR. ZATORSKA - SKUBIS Paulina	72	10 BLOG	K35	5	00:21:36	00:43:47.90	00:43:52.80	+00:12:17	4:22	13.7
50	ST.SZER.BRYKNER Kacper	27	CENTRUM SZKOLENIA LOGISTYKI	M35	19	00:22:02	00:43:58.30	00:44:04.55	+00:12:28	4:23	13.6
51	SZER.KACZOR Krystian	85	4 RBLOG	M45	17	00:21:40	00:44:09.15	00:44:16.60	+00:12:40	4:24	13.6
52	SIERŻ.KIEDA Łukasz	23	CENTRUM SZKOLENIA LOGISTYKI	M45	18	00:21:36	00:44:21.55	00:44:26.75	+00:12:51	4:26	13.5
53	ST.SZER.REMBECKI Marcin	48	1 RBLOG	M45	19	00:22:26	00:44:42.60	00:44:47.00	+00:13:11	4:28	13.4
54	POR.SZUBA Jagoda	73	10 BLOG	K35	6	00:21:37	00:44:57.50	00:45:01.30	+00:13:25	4:29	13.3
55	POR.LESISZ Agata	57	1 RBLOG	K36+	2	00:22:35	00:45:25.10	00:45:29.40	+00:13:53	4:32	13.2
56	SZER.DULAT Agnieszka	88	1BLOG	K35	7	00:22:34	00:45:26.60	00:45:31.20	+00:13:55	4:32	13.2
57	CHOR.KAMIŃSKI Arkadiusz	21	CENTRUM SZKOLENIA LOGISTYKI	M46+	10	00:22:31	00:45:46.35	00:45:52.85	+00:14:17	4:34	13.1
58	CHOR.PRZYBYLSKI Andrzej	67	10 BLOG	M46+	11	00:22:33	00:45:49.80	00:45:55.00	+00:14:19	4:34	13.1
59	MŁ. CHOR.KUŹMIAK Jarosław	79	4 RBLOG	M45	20	00:22:30	00:45:51.40	00:45:58.60	+00:14:22	4:35	13.1
60	POR.KOWALCZYK Kamila	2	BDOW IWSP SZ	K35	8	00:22:53	00:46:00.90	00:46:08.00	+00:14:32	4:36	13
61	ST.SIERŻ.DUDA Adam	35	2 RBLOG	M45	21	00:22:51	00:46:20.70	00:46:27.45	+00:14:51	4:38	12.9
62	KPR.PAŁUSKA Paweł	28	CENTRUM SZKOLENIA LOGISTYKI	M35	20	00:22:14	00:46:33.60	00:46:40.05	+00:15:04	4:39	12.9
63	KPT.KURZAWA Maria	1	BDOW IWSP SZ	K35	9	00:23:29	00:47:05.00	00:47:11.30	+00:15:35	4:42	12.7
64	KPT.ULAN Natalia	91	1BLOG	K35	10	00:23:28	00:47:17.95	00:47:23.35	+00:15:47	4:43	12.7
65	PPOR.ŚWIERCZYŃSKA Justyna	89	1BLOG - PK	K35	11	00:22:46	00:47:39.90	00:47:44.80	+00:16:09	4:45	12.6
66	SZER.LEWANDOWSKI Mikołaj	38	2 RBLOG	M35	21	00:23:07	00:47:43.15	00:47:49.10	+00:16:13	4:46	12.6
67	ST.CHOR.SZT.KARABOWICZ Zygmunt	30	2 RBLOG	M46+	12	00:23:42	00:47:55.45	00:48:02.20	+00:16:26	4:47	12.5
68	PPOR. ZAMORA - REMBIASZ Katarzyna	71	10 BLOG	K36+	3	00:24:13	00:48:20.10	00:48:25.50	+00:16:49	4:50	12.4
69	ST.SZER.TEODOROWICZ Karol	12	BDOW IWSP SZ	M35	22	00:24:09	00:48:34.65	00:48:42.90	+00:17:07	4:51	12.4
70	SZER.FILOCHOWSKI Krystian	41	2 RBLOG - PK	M35	23	00:24:07	00:48:38.20	00:48:44.15	+00:17:08	4:51	12.3

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71	ST.SZER.BIGAŚ Mariusz	40	2 RBLOG - PK	M35	24	00:24:07	00:48:39.25	00:48:45.80	+00:17:10	4:51	12.3
72	CHOR.KĘDZIERSKI Krzysztof	22	CENTRUM SZKOLENIA LOGISTYKI	M46+	13	00:23:46	00:48:49.75	00:48:56.95	+00:17:21	4:52	12.3
73	SZER.HOFFMAN Dariusz	84	4 RBLOG	M35	25	00:24:41	00:48:59.80	00:49:07.35	+00:17:31	4:53	12.2
74	KPT.KASPRZYK Ewelina	70	10 BLOG	K36+	4	00:24:26	00:49:13.90	00:49:19.70	+00:17:44	4:55	12.2
75	PPŁK LENARCIK Arkadiusz	32	2 RBLOG	M46+	14	00:24:07	00:49:16.00	00:49:22.60	+00:17:46	4:55	12.2
76	SZER.RANISZEWSKI Jarosław	10	BDOW IWSP SZ	M35	26	00:24:18	00:49:16.15	00:49:24.90	+00:17:49	4:55	12.2
77	KPT. BIERNACKA Magdalena	92	1BLOG	K35	12	00:24:39	00:50:20.40	00:50:25.60	+00:18:49	5:02	11.9
78	SIERŻ.SZUBART Grzegorz	6	BDOW IWSP SZ	M35	27	00:25:47	00:51:36.35	00:51:44.00	+00:20:08	5:09	11.6
79	ST.SZER.PARDEJ Liliana	47	1 RBLOG	K35	13	00:25:49	00:52:22.95	00:52:29.85	+00:20:54	5:14	11.5
80	PPOR.KWIATKOWSKA Dominika	69	10 BLOG - PK	K35	14	00:25:46	00:52:55.60	00:53:01.40	+00:21:25	5:17	11.3
81	ST.SZER.KLOSKOWSKI Adam	9	BDOW IWSP SZ	M45	22	00:25:47	00:52:53.95	00:53:01.60	+00:21:25	5:17	11.3
82	PPOR.LAZAROWSKI Leszek	33	2 RBLOG	M45	23	00:26:34	00:54:28.00	00:54:35.65	+00:23:00	5:26	11
83	ST.SZER.SETLAK Michał	16	BDOW IWSP SZ - PK	M45	24	00:26:46	00:54:55.25	00:55:02.90	+00:23:27	5:29	10.9
84	SZER.KULWICKI Karol	15	BDOW IWSP SZ	M45	25	00:26:47	00:54:55.05	00:55:03.20	+00:23:27	5:29	10.9
85	SZER.ŻEBROWSKI Michał	18	BDOW IWSP SZ - PK	M35	28	00:26:46	00:55:14.95	00:55:23.50	+00:23:47	5:31	10.9
86	ST. SZER.PACIOREK Marcin	83	4 RBLOG	M45	26	00:27:49	00:56:21.50	00:56:29.30	+00:24:53	5:38	10.6
87	KPR.PODGÓRNY Kamil	81	4 RBLOG	M35	29	00:27:48	00:56:21.15	00:56:29.40	+00:24:53	5:38	10.6
88	ST.CHOR.SZT.PIEKARSKI Marcin	31	2 RBLOG	M46+	15	00:27:39	00:56:25.50	00:56:34.70	+00:24:59	5:38	10.6
89	MŁ. CHOR.KMERA Andrzej	78	4 RBLOG	M46+	16	00:27:14	00:57:45.30	00:57:50.25	+00:26:14	5:46	10.4
90	PPOR.MIELCARSKA Marcelina	19	CENTRUM SZKOLENIA LOGISTYKI	K35	15	00:29:25	01:00:49.25	01:00:58.00	+00:29:22	6:04	9.9
91	ST.SZER.WOJTALAK Monika	42	2 RBLOG	K35	16	00:33:09	01:06:48.00	01:06:56.60	+00:35:20	6:40	9
92	SZER.DELIKAT Aleksandra	43	2 RBLOG	K35	17	00:33:09	01:08:51.50	01:09:00.05	+00:37:24	6:53	8.7
93	ST.SZER.NIEWIADOMA Żaklina	44	2 RBLOG	K36+	5	00:34:23	01:10:00.65	01:10:10.20	+00:38:34	7:00	8.6
93	ST.SZER.CZARKOWSKA Katarzyna	45	2 RBLOG	K36+	5	00:34:23	01:10:00.60	01:10:10.20	+00:38:34	7:00	8.6

Znaleziono 94 wynik(ów)