



NORDIC WALKING - 5KM

B4SPORT

Wydarzenie: XIII Bieg Charytatywny im. chor. Kazimierza Masiowskiego
Organizator: Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek
Data: 2023-03-12
Miejsce: Czaplinek
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PYREK Krzysztof	188	1 RBLOG	M-Open	1	00:16:21	00:34:08.90		6:49	8.8 (100%)
2	WOJTCZAK Roman	192	LECH CZAPLINEK	M-Open	2	00:18:16	00:36:55.50	+00:02:46 (7.5%)	7:23	8.1 (92.0%)
3	WOJTCZAK Urszula	191	CZAPELKI	K-Open	1	00:18:16	00:36:56.05	+00:02:47 (7.5%)	7:23	8.1 (92.0%)
4	BANY Mirela	161		K-Open	2	00:19:41	00:39:39.75	+00:05:30 (13.9%)	7:55	7.6 (86.4%)
5	KNITTER Monika	177		K-Open	3	00:19:41	00:39:40.80	+00:05:31 (13.9%)	7:56	7.6 (86.4%)
6	NIEDŹWIEDŹ Ewa	183	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	4	00:19:38	00:40:34.30	+00:06:25 (15.8%)	8:06	7.4 (84.1%)
7	KARCZ Ryszard	176		M-Open	3	00:21:36	00:43:03.45	+00:08:54 (20.7%)	8:36	7 (79.5%)
8	HRYBOWICZ Joanna	171	RUNDORFINA	K-Open	5	00:21:20	00:43:41.65	+00:09:32 (21.8%)	8:44	6.9 (78.4%)
9	PODGÓRSKA Agata	187	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open	6	00:21:45	00:44:15.75	+00:10:06 (22.9%)	8:51	6.8 (77.3%)
10	KRANC Anna	180	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	7	00:22:42	00:45:10.25	+00:11:01 (24.4%)	9:02	6.6 (75.0%)
11	ILCZYSZYN Magdalena	172	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	8	00:23:24	00:48:04.05	+00:13:55 (29.0%)	9:36	6.2 (70.5%)
12	KOWALSKA Grażyna	178	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	9	00:24:24	00:49:36.40	+00:15:27 (31.2%)	9:55	6 (68.2%)
13	KOZŁOWSKI Piotr	109	KLUB SPORTOWY HUSARIA SZCZECINEK	M-Open	4	00:25:42	00:50:13.30	+00:16:04 (32.0%)	10:02	6 (68.2%)
14	OSTRYCH Iwona	185		K-Open	10	00:24:26	00:50:52.20	+00:16:43 (32.9%)	10:10	5.9 (67.0%)
15	DERKACZ Renata	165	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	11	00:26:00	00:51:01.25	+00:16:52 (33.1%)	10:12	5.9 (67.0%)
16	KOZŁOWSKA Emilia	179	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open	12	00:25:42	00:51:16.65	+00:17:07 (33.4%)	10:15	5.9 (67.0%)
17	JAŃCZAK Krystyna	173		K-Open	13	00:26:01	00:51:18.65	+00:17:09 (33.4%)	10:15	5.8 (65.9%)
18	OBUCHOWICZ Mariola	184		K-Open	14	00:26:02	00:51:19.60	+00:17:10 (33.5%)	10:15	5.8 (65.9%)
19	ROMANÓW Małgorzata	190		K-Open	15	00:26:02	00:51:19.85	+00:17:10 (33.5%)	10:15	5.8 (65.9%)
20	ZIARNIK Danuta	193	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	16	00:26:02	00:51:50.45	+00:17:41 (34.1%)	10:22	5.8 (65.9%)
21	RAŚ Katarzyna	189	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	17	00:26:15	00:52:03.90	+00:17:55 (34.4%)	10:24	5.8 (65.9%)
22	CZEREPIANAK Dorota	164	NWT BŁYSKAWICE KALISZ POMORSKI	K-Open	18	00:25:55	00:52:05.10	+00:17:56 (34.4%)	10:25	5.8 (65.9%)
23	BOŃKOWSKA Agata	89		K-Open	19	00:27:20	00:53:52.25	+00:19:43 (36.6%)	10:46	5.6 (63.6%)
24	BOŃKOWSKA Karolina	162		K-Open	20	00:27:21	00:53:53.35	+00:19:44 (36.6%)	10:46	5.6 (63.6%)
25	BETLEJA Ewa	88		K-Open	21	00:27:43	00:56:24.60	+00:22:15 (39.5%)	11:16	5.3 (60.2%)
26	BEDOSŁAW Piotr	195		M-Open	5	00:27:44	00:56:25.30	+00:22:16 (39.5%)	11:17	5.3 (60.2%)
27	BOŃKOWSKI Cezar	163	RUNDORFINA	M-Open	6	00:31:16	00:59:41.60	+00:25:32 (42.8%)	11:56	5 (56.8%)

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28	GOŁUCKA Małgorzata	169		K-Open	22	00:31:31	01:03:30.30	+00:29:21 (46.2%)	12:42	4.7 (53.4%)
	JAWDYŃSKA Teresa	174		K-Open		DNF	DNF		-	- (0.0%)
	JĘDRZEJEWSKA Ewa	175		K-Open		DNF	DNF		-	- (0.0%)

Znaleziono 30 wynik(ów)