

# NORDIC WALKING- 5KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organizator:** Familijny Poznań, Polska Federacja Nordic Walking  
**Data:** 2015-08-30  
**Miejsce:** Poznań  
**Dystans:** 5 km



Klasyfikacja: M 55-59

| Msc | Zawodnik                       | Numer     | Klub | Kategoria | Mkat | Czas startu | Czas netto 5km  | Czas brutto 5km | Różn              | Tempo min/km | Tempo km/h   |
|-----|--------------------------------|-----------|------|-----------|------|-------------|-----------------|-----------------|-------------------|--------------|--------------|
| 1   | <b>WOROCH Roman</b>            | <b>9</b>  |      | M 55-59   | 1    | 00:02:39    | <b>00:22:07</b> | <b>00:24:46</b> |                   | 4:25         | 13.6 (100%)  |
| 2   | <b>ANDRZEJEWSKI Mieczysław</b> | <b>22</b> |      | M 55-59   | 2    | 00:02:40    | <b>00:23:24</b> | <b>00:26:04</b> | +00:01:17 (5.5%)  | 4:40         | 12.8 (94.1%) |
| 3   | <b>KLEBAN Janusz</b>           | <b>27</b> |      | M 55-59   | 3    | 00:02:42    | <b>00:29:42</b> | <b>00:32:24</b> | +00:07:35 (25.5%) | 5:56         | 10.1 (74.3%) |
| 4   | <b>ŁANKIEWICZ Janusz</b>       |           |      | M 55-59   | 4    | 00:02:41    | <b>00:31:38</b> | <b>00:34:19</b> | +00:09:31 (30.1%) | 6:19         | 9.5 (69.9%)  |
| 5   | <b>KLAPECKI Leszek</b>         | <b>41</b> |      | M 55-59   | 5    | 00:02:40    | <b>00:31:44</b> | <b>00:34:24</b> | +00:09:37 (30.3%) | 6:20         | 9.5 (69.9%)  |

Znaleziono 5 wynik(ów)